

# The Leavenworth Echo

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Upper Valley News Since 1904  
A Ward Media Publication

 leavenworthecho.com



**NCW Tech Alliance honors regional innovators at 23<sup>rd</sup> Annual Awards Luncheon**  
Community | A2



*Holiday*  
— HOSTING —

Flavorful dishes and deserts for the season of celebrating | A4, B1, B2

## Construction progresses on irrigation improvement project to boost Icicle Creek flow



TAYLOR CALDWELL / WARD MEDIA

The pressurized pump system is being built at the end of Shore Street, at river mile 1.9 on Icicle Creek.

By **TAYLOR CALDWELL**  
Ward Media Staff Reporter

LEAVENWORTH – Significant progress has been made on the Cascade Orchard Irrigation Company (COIC) Improvement Project, which will increase flow in Icicle Creek and upgrade a century-old irrigation system. Construction will continue for as long as weather permits, then pick up for an anticipated timely completion in the spring. The project will transition from a gravity-fed canal system that diverts water from river mile 4.5 on Icicle

Creek and delivers it to over 200 shareholders for irrigation in the lower Icicle Valley, to a pressurized pump system that will divert water closer to the confluence with the Wenatchee River. The pump station, located at the end of Shore Street, will divert water from river mile 1.9, then pump water back up to its service area. The change is expected to increase flow by 11.9 cubic feet per second (cfs) in a stretch of the Icicle that is critical for fish recovery. “It’s a disruption now, but it’s a real interesting project, being involved with it...So far, as a resident here,



TAYLOR CALDWELL / WARD MEDIA

COIC former and current presidents overlook the water intake alongside the project engineer.

I’ve been real happy with the way the project has went,” said Norm Stoddard, current COIC President and Shore Street resident. The COIC Improvement Project is a facet of the Icicle Strategy, a water resource management plan to meet the demands from domestic water supply and agricultural irrigation while also improving and protecting critical habitat for fish. The strategy is led by the Icicle Work Group (IWG), which is made up of stakeholders representing local, state and federal agencies, tribes, irrigation and agricultural interests, and environmental organizations,

such as Washington Water Trust. “Icicle Creek, in the Wenatchee basin, is an extremely high priority system. It’s got cold water. It’s a really strong producer of steelhead in particular...If we can ensure long term flows on the Icicle and into perpetuity, it’s going to have an enormous restoration value,” said Washington Water Trust Program Director Greg McLaughlin. With high mountain snowmelt offering a coldwater refuge, Icicle Creek is one of the most important rivers in the region for fish recovery.

See **ICICLE CREEK** Page A3

## Mike Bedard appointed for vacant City Council seat

By **TAYLOR CALDWELL**  
Ward Media Staff Reporter

LEAVENWORTH – Mike Bedard has been appointed to fill the city council seat left vacant by former council member Rhona Baron. “I think more time you spend in all with anything, the more you realize just how much there’s to do...To make this place stay is vibrant and fun, and all of the great things we have going on, it just takes people doing the work,” said Bedard. Bedard was a firefighter for the City of Everett for 17 years and a captain for six. He also holds a construction management degree from the University of Washington.

See **MIKE BEDARD** Page A3



COURTESY OF MIKE BEDARD

Mike Bedard has a background in fire and construction. He also owns the Suites on Main.

## Chelan PUD proposed budget focused on modernizing dams, technology

NCW News  
Ward Media

WENATCHEE — Chelan County Public Utility District commissioners reviewed a preliminary 2025 budget that emphasizes modernizing hydroelectric facilities and upgrading technology infrastructure, with a projected positive bottom line of \$159 million. The proposed budget represents a 27% increase from last year’s adopted budget, driven primarily by increased revenue from long-term energy contracts. Operating expenses are set to rise, attributed to higher utility insurance premiums, Fifth Street redevelopment costs, and distribution maintenance projects. The utility’s capital spending plan allocates approximately \$207 million for projects in 2025, marking a 5% decrease from 2024. Major initiatives include extensive modernization work at Rock Island Dam, affecting multiple generating units at both Powerhouse I and Powerhouse II. The project includes replacing the downstream parapet wall, which provides support for gantry crane railways. At Rocky Reach Dam, the utility is undertaking an environmental

upgrade, rebuilding two turbines with an innovative water-filled hub design. This forms part of the PUD’s broader strategy to maintain reliable, carbon-free hydropower generation capacity for future decades. The budget also encompasses significant recreational infrastructure improvements, including completion of upgrades at Riverfront Park. The renovations feature installation of a splash pad, playground equipment, pavilion, and enhanced safety measures along heavily trafficked sections of the Apple Capital Loop Trail. Additional projects include construction of a new distribution substation in Leavenworth and investments in software systems aimed at enhancing operational efficiency, security, and customer service capabilities. Financial forecasts indicate the utility will maintain strong fiscal health, with debt levels remaining below the organization’s policy thresholds through the next five-year period. The budget process continues with a second public hearing scheduled for November 18, followed by a final board vote planned for December 2.

COURTESY OF CHELAN PUD  
A Chelan County PUD hydroelectric turbine. The turbine features an innovative water-filled hub design that will help ensure decades of reliable, carbon-free power generation.



## Cascadia Prescribed Burn Association: empowering landowners for a fire-resilient future



PHOTOS COURTESY OF CASCADIA PRESCRIBED BURN ASSOCIATION

Cascadia Prescribed Burn Association volunteers working this fall up the Chumstick corridor.



By **CAROLINE MENNA**  
Ward Media Intern

LEAVENWORTH, WA — As fall rains begin, so ends the late summer and early fall prescribed burn season in the Upper Wenatchee Valley. Prescribed burning is a proactive approach to forest management by intentionally setting controlled fires under specific conditions that consider weather, fuel moisture levels, and smoke dispersal

patterns, land managers reduce hazardous fuels, improve wildlife habitat, and promote healthy forest regeneration. For centuries, low-intensity fires played a natural role in the ecosystem of the eastern Cascades. Those fires cleared out underbrush, reduced fuel loads, and promoted the growth of fire-adapted species. However, decades of fire suppression have

See **PRESCRIBED BURN** Page A2

## CCFD #3 Fire Chief Kelly O'Brien retires after 36 years of service

The Leavenworth Echo  
Ward Media

LEAVENWORTH – After nearly four decades of dedicated service, Chelan County Fire District #3 (CCFD #3) announced the retirement of Chief Kelly O'Brien. Chief O'Brien started his career in 1988 as a volunteer. In 1994, he was hired as CCFD #3's second paid full-time employee. Over the years, Chief O'Brien rose through the ranks, working as a firefighter and Emergency Medical Technician (EMT), and up to Captain and

See **KELLY O'BRIEN** Page A3



COURTESY OF CCFD #3

Fire Chief Kelly O'Brien began his career in fire as a volunteer in 1988.

## Inside The Echo this Week

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The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Pass the Canvas Paint Night

The Leavenworth Art Haus will host Pass the Canvas Paint Night on Friday, November 15, from 7 to 9:30 p.m.

"Laughter to abound this night of creativity," the event page states.

For tickets and more information, visit leavenwortharthaus.com.

Book Signing: Love and Worth by Halley Royal Hupp

A Book for All Seasons will host a book signing with author Halley Royal Hupp on Saturday, November 16, from 1-3 p.m.

"Join us for a book signing with author Halley Royal Hupp for his new book, Love and Worth, a second chance romance set in Leavenworth at Christmas," the event page states. "Come meet the author,

chat about and purchase the book, and get it signed."

For more information, visit abookforallseasons.com.

Snowmobiling Expo

The Festhalle will host a Snowmobiling Expo Event on Saturday, November 16, from 10 a.m. to 5 p.m.

"For those who have a love of snowmobiling and a respect for the opportunity to ride, and share the backcountry with other winter recreationalists," the event page states. "Come to Snowfest to load up on new gear for the season, support Boondockers and other clubs, see the latest and greatest products, get some awesome tacos, win a prize from our famous Boondockers raffle, or try a chance to win a huge toolbox, and so much more."

For more information, visit bavarianboondockers.com.

Live Bluegrass

Cashmere Community Concerts will host live Bluegrass and Old Time Music by Eli West and Forrest Marowitz on Saturday, November 16, from 7-9:30 p.m.

"Cashmere Community Concerts presents Eli West. Eli, a multi-instrumentalist singer/songwriter with Northwest roots, is highly regarded in the bluegrass and old-time music scene," the event page states. "Joining Eli will be Forrest Marowitz; also highly skilled and accomplished. He is sure to bring depth and resonance to the music."

Tickets are \$5 at the door, with a "Pass the Hat" for musicians with a suggested donation of \$8 to \$15. For more information, visit cashmerecommunityconcerts.com.

5 THINGS TO DO THIS WEEK



Eli West

Community Thanksgiving meal

The Leavenworth Methodist Church will host an early Thanksgiving meal at their Community Dinner on Tuesday, November 19, from 5:00-7:00 PM

"Join your neighbors and friends for a delicious turkey,

mashed potato, and stuffing dinner," the event page states. "This event is for our entire community...singles, couples, seniors, kids, and families."

No RSVP is required. The Community Dinner is free, but donations are accepted.

Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

Nov 1

- 0:57:05 Trespass, 221 8th St# B; Ducks And Drake
- 1:37:43 Domestic Distur, 8460 Main St, Peshastin
- 7:10:19 Alarm, 1401 Nighthawk Ridge Ln
- 11:21:30 Trespass, 200 Ward Strasse; Willkomm
- 14:03:39 Atl/Atc, Snow Lakes
- 14:12:19 Atl/Atc, Lake Viviane
- 16:26:56 Vehicle Prowl, oblkc Derby Canyon Rd, Peshastin
- 17:06:52 Traffic Offense, Chumstick Hwy Mp 11
- 19:45:20 Accident No Inj, Icicle Rd & Wilson St
- Chumstick Hwy
- 10:50:14 Accident No Inj, 116 River Bend Dr; Safeway Lv
- 13:12:01 Civil, 215 Clinton St
- 13:32:21 Assist Public, 500 Pine St; Alpine Lakes
- 14:54:35 Disturbance, 8859 Josephine Ave, Dryden
- 15:01:25 Assist Public, 86 Old Icicle Ln
- 16:01:05 Accident Injury, 7200blk Icicle Rd
- 16:19:50 Hazard, E Leavenworth Rd Mp3
- 17:29:10 Hazard, Icicle Rd & Alpine P
- 18:01:36 Assist Agency, 11756 Us Hwy 2; Jerrys Auto
- 20:12:30 Assist Public, 817 Commercial St; Cascade Medical
- 20:46:16 Domestic Distur, 8785 School St, Dryden
- 20:53:04 Suspicious, 100 Ward Strasse

Nov 2

- 9:02:20 Burglary, Derby Canyon Rd Mp3, Peshastin
- 9:41:09 Theft, 116 River Bend Dr; Safeway
- 13:32:38 Suspicious, 9089 Deadman Hill Rd, Dryden
- 14:47:46 Malicious Misch, 256 Prospect St
- 19:21:57 Domestic Distur, 817 Commercial St; Cascade Medical
- 23:15:54 Suspicious, 10851 Chumstick Hwy

Nov 3

- 2:42:38 Alarm, 9020 Icicle Rd
- 6:41:46 Property, 520 Pine St# Main; Lofc,
- 9:01:58 Trespass, 157 River Valley Ln, Plain
- 10:52:32 Property, 922 Commercial St; Obertal
- 14:40:53 Suspicious, 707 Front St; Nutcracker H
- 16:13:37 Parking/Abandon, 13th St & Commercial St
- 17:40:16 Parking/Abandon, 1214 Commercial St
- 18:15:47 Suspicious, River Rd & Beaver Valley R
- 18:44:03 Civil, Leavenworth
- 19:19:08 Animal Problem, 17480 Chumstick Hwy
- 22:29:00 Weapons Violation, 8300blk Lake St, Peshastin

Nov 4

- 2:42:38 Alarm, 9020 Icicle Rd
- 7:17:19 Vehicle Theft, 100 Ward Strasse
- 9:03:16 Welfare Check, 10190 Chumstick Hwy
- 10:36:29 Suspicious, 10381
- 0:44:37 Sex Offense, 829 Front St# C; Gingerbread
- 8:32:55 Parking/Abandon, oblkc Josephine Ave, Dryden
- 9:54:20 Vehicle Prowl, oblkc Derby Canyon Rd, Peshastin
- 11:32:58 Suspicious, Leavenworth
- 16:51:14 Welfare Check, 130 Whitman St
- 18:05:06 Assist Public, 990 Us Hwy 2; Park & Ride

Letters to the Editor

CSD seek community volunteers

My name is Judy Derpack. I am a Cascade School District school board member, District 2. What brings you joy? What skill set could you share with the Upper Valley community? Cascade School District is hoping to build our lists of volunteers. Do you enjoy reading or playing with young children? Sign up to help in the classroom or encourage pro-social interactions at playground duty once a week. Perhaps you are passionate about local sports.

Sign up for selling tickets at a local game. An easy on-line background check and forms can be sent.

Perhaps you would like to attend a board meeting. We try to keep them light and fun. We even had a senior student state "That was a fun meeting!" last night!

The opportunities are endless. We appreciate your consideration and passion for our students.

Sign up at www.cascadesd.org/ochs/page/become-a-volunteer

Judy Derpack, Leavenworth

Prescribed Burn

Continued from page A1

led to unnaturally dense forests, increasing the risk of catastrophic wildfires, such as the 1994 Hatchery Complex fire that posed an existential threat to Leavenworth and the Lake Wenatchee areas.

Federal, state, and county agencies such as the U.S. Forest Service, Bureau of Land Management, the Washington Departments of Natural Resources (DNR) and Fish and Wildlife, and local fire districts have long been involved in the use of prescribed fire as a tool for forest management in the Upper Valley, particularly within the Okanogan-Wenatchee National Forest and other surrounding public lands.

While those federal and state agencies are key contributors to prescribed burn efforts, private organizations such as the Cascadia Prescribed Burn Association (CPBA) have also made significant strides in increasing prescribed fire use.

The CPBA is a non-profit group collaborative network of community members, organizations, and local agencies dedicated to enhancing forest resilience and protecting against catastrophic wildfires through prescribed burns.

"Our mission really is to bring prescribed fire back to private lands and to increase education, training, and cultural norms around prescribed fire," explains Colin Sternagel, the CPBA Coordinator. "One of the main benefits that really got everyone talking about prescribed burns is the fact that they can reduce the severity of wildfires, and better protect homes, communities, forest, and ecological systems that have evolved to thrive with fire."

Founded in 2017, the CPBA has become an important local player in the growing movement to bring prescribed fire back to private lands, tribal



lands, and national forests. The organization works directly with landowners, local communities, and public agencies to increase awareness about the benefits of prescribed fire and provide the training and resources necessary for successful burns.

"Once an owner's property is ready to go - after thinning and mastication [fuel reduction treatment methods such as mulching] - we put together a burn plan, which may include local agencies. We obtain the required DNR permit, take care of local notifications, and organize the burn day, including volunteers, and all the equipment. The PBA owns a burn trailer that has thousands of feet of hose, pumps, and personal protection equipment. All we ask of the owner is to throw a good bar-b-que at the end of the day."

Through a network of trained professionals, the CPBA coordinates prescribed burns on a variety of landscapes, including grasslands, shrublands, and forests. They also focus on engaging local communities in the process, offering opportunities for training and involvement in prescribed fire operations. By empowering residents to participate in fire management, the CPBA helps build fire-resilient landscapes while strengthening community ties.

In the Leavenworth area, prescribed burns are typically conducted in the spring and fall when conditions are most favorable. Residents and visitors can expect to

see smoke in the vicinity of the burn areas, but fire managers work closely with local communities to minimize disruptions.

"We understand that smoke is a concern and challenge for everyone, including us," said Sternagel. "We always try to mitigate it by planning around the weather, and encourage people to stay informed about planned burns and take precautions if they are sensitive to smoke."

As the smoke clears from the latest prescribed burn season, it is a reminder that fire can be a force for both destruction and renewal. As Sternagel puts it: "By embracing the power of prescribed fire, as did the Indigenous peoples for thousands of years on this land, we can help ensure that our forests remain healthy, vibrant, and resilient for years to come."

Prescribed burns are a critical strategy in the fight against wildfire risk and ecological degradation. With strong federal and state involvement, as well as grassroots initiatives like the PBA, the region is working to restore fire to the land in a safe and effective way.

If you are interested in learning more about prescribed burning or joining the CPBA, please visit their website at https://www.cascadiapba.org/.

Caroline Menna is an intern for Ward Media and a senior at Cascade High School, where she serves as Editor-in-Chief of the school's Publications Group.

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# Community Calendar

## Wednesday

**Children and Youth Program**, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.

**Alpine Water District**, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

**Ukulele Circle**, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

**Cascade Medical Board**, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

**Senior Center, Lunch**, noon, \$8 per meal

## Thursday

**Leavenworth Lions Club**, Meetings are 1st Thurs. at 6:30pm and 3rd Thurs. at 9 am at Kristalls Restaurant. For more info contact president Tony Maffey at (509)470-6743.

**Peshastin Community Council meeting**, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

**Caregiver Support Group**, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

**Parkinson's Support Group** Mountain Meadows Assisted Living 320 Park Avenue Leavenworth, WA 98826. Event Date, Last Thursday of every month, time 9:30 a.m. - 10:30 a.m., Contact Cascade Medical 509-548-3420 x 3873

Find strength in community. Join our People with Parkinson's Support Group for valuable connections, shared experiences, and support. Navigate challenges, celebrate victories, and empower each other on this journey. You are not alone. Join us.

## Friday

**Veteran Service Office**, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us

**Leavenworth Rotary Club**, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.

**Senior Center**: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

## Monday

**Upper Valley Free Clinic**, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.

**Leavenworth Mosquito District** board meeting 1st & 3rd Monday of each month at 7pm via ZOOM link posted at <https://leavenworthmosquitocontrol.org/notices-updates/>

**Cascade School board meetings**, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)

**Chelan Douglas Republican Women**, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

## Tuesday

**Peshastin Water District**, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

**Icicle & Peshastin Irrigation Districts Meeting** Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)

**Cascade Education Foundation**, Contact: CEF@cascade.org

**LWSC Alpine Committee**, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)

**Leavenworth Masons**, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. [www.leavenworthmasons.org](http://www.leavenworthmasons.org). (1st Tues.)

**Cascade Garden Club**, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)

**The Chelan County Cemetery District #2** (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

**Senior Center, Exercise**, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com

**Greater Leavenworth Museum board meeting** 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

## NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at [ncwlibraries.org](http://ncwlibraries.org) and its Facebook page. Go to [NCWLIBRARIES.ORG](http://NCWLIBRARIES.ORG) or 1-800-426-READ (7323) for more information, and updates.

**Leavenworth Public Library**. Located at 700 Hwy. 2, Call 509-548-7923 or online [leavenworth@ncwlibraries.org](mailto:leavenworth@ncwlibraries.org)

Open on Tues., 10-5, Wed., 11-6, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.

**Peshastin Public Library**. Located at 8396 Main St. Call (509) 548-7821 or email [peshastin@ncwlibraries.org](mailto:peshastin@ncwlibraries.org). Open on Tues., 2-6pm, Wed., 2-6pm. Thurs., 10am-6pm, Fri., 10am-6pm, Sat., 10am-2pm, closed Sun. and Mon.

## Other events

**The Greater Leavenworth Museum**, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at [leavenworthmuseum.org](http://leavenworthmuseum.org) for updates and information.

**Leavenworth Fish Hatchery**, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

**Note**: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to [news@ward.media](mailto:news@ward.media) or call 509-548-5286. Otherwise we are not responsible for any misinformation.

# Meeting Schedules For AA, Alanon, Celebrate Recovery

**AA Meetings**: Call for the Zoom link to Leavenworth AA meetings: 541-480-8946. Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939, 509-548-1627, 548-4522, 664-6469, 206-719-3379. Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin. Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

**Alanon Meetings**, Call 509-548-7939. **Renewed Celebrate Recovery**, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: [CelebrateRecoveryLCN@gmail.com](mailto:CelebrateRecoveryLCN@gmail.com) or 509- 596-1510.

## Icicle Creek

Continued from page A1

However, consumptive use and drought years have contributed to low flows and warming water temperatures, threatening habitat.

Through a series of improvement projects such as COIC's, IWG hopes to increase Icicle Creek's flow to a minimum of 60 cfs in drought years, with a short-term goal of a 100 cfs minimum in non-drought years.

Increasing stream flow will improve fish passage and lower temperatures, particularly during critical fish migration months such as August and

September. According to Icicle Strategy's website, 40 cfs is needed in flow improvements to meet the minimum goals.

Recognizing COIC's senior water rights and outdated irrigation system, Washington Water Trust worked closely with the company for a decade in order to fund and implement a new system that would increase stream flow and improve system management. The Chelan County Natural Resource Department is overseeing the construction contract.

"This one is one of those few projects that it's a win-win for both the users and the environment," said former

COIC president Dan Wilkinson.

The present-day system has an 11.9 cfs water right, with the capacity to send 8 cfs through approximately two miles of unlined ditch along Icicle Creek Road and five lateral pipes, until discharging into the Wenatchee River just upstream from the confluence. Over the years, the open ditch canal system has required significant seasonal maintenance to remove tree debris and sediment each spring, as well as the repair and replacement of old pipes.

The updated design would not only increase flow, but it would also minimize costly maintenance, improve water

pressure, and allow for system isolation in the event of a leak.

The \$9 million project received funding support for construction from the Washington State Department of Ecology, Confederated Tribes of the Colville Reservation, Habitat Subcommittee of the Priest Rapids Coordinating Committee, Rock Island Habitat Conservation Plan Tributary Committee, Bureau of Reclamation Water SMART, Washington State Recreation and Conservation Office - Salmon Recovery Funding Board, and Microsoft.

Taylor Caldwell: 509-433-7276 or [taylor@ward.media](mailto:taylor@ward.media)



The NCW News network provides timely, accurate, local news stories that are accessible at any time. Readers can access news from across North Central Washington and from our network of community newspapers, Lake Chelan Mirror, Leavenworth Echo, Cashmere Valley Record, Quad City Herald, and the Wenatchee Business Journal.

[www.ncw.news](http://www.ncw.news)

## Mike Bedard

Continued from page A1

Bedard and his wife Lisa moved to Leavenworth 10 years ago, and own and operate the Suites on Main. He has also previously served on the Residential Advisory Committee and Parking Advisory Committee.

Through running their business, building their home, and running a bed and breakfast over their garage, Bedard says he has gained a unique perspective of how the city functions.

"We've interfaced with the city in a number of ways, and it's been interesting just to see the process. And some of it has gone really well. Some of it has gone really poorly...It is just good to have experienced things that a lot of people complain about," said Bedard.

Bedard said he would like to see public infrastructure such as sidewalks, roads, and the city's water supply receive improvements. In his interview with the City Council, he also listed housing as one of the city's most pressing issues.

"One thing I would really like to see is some way of promoting development of attainable real estate ownership for the working class around here, for people who were like me, when I was just young and getting my feet on the ground. Right now, it's just really difficult to motivate developers to develop modest homes because there's not a lot of money in it," said Bedard.

Taylor Caldwell: 509-433-7276 or [taylor@ward.media](mailto:taylor@ward.media)

## Kelly O'Brien

Continued from page A1

Assistant Chief. Chief O'Brien also served as the department's training officer and acting Fire Marshal for the City of Leavenworth. He was hired as the Fire Chief in 2004.

Chief O'Brien oversaw the development of the resident program and high school

cadet program, as well as the annexation of the City of Leavenworth into the fire district. He also oversaw the passing of a levy in 2017, which allowed the department to move to the next level of service for an evolving community.

Throughout his tenure, Chief O'Brien furthered the safety and well-being of CCFD #3 residents by championing fuels

reduction efforts, encouraging wildfire risk education, and forming key partnerships with community organizations and local agencies.

"We express our deep appreciation for his 36 years of dedicated service," said CCFD #3 in its announcement.

CCFD #3 will host the community for an open house on Nov. 21, from 2 p.m. to 4 p.m., at 228 Chumstick Highway.



“One thing I love most about my school is my friends and the school is like a community. It's really supportive, and it helps me learn a lot and focus, and I can get all of the information I need.”

**Ellie Mae Barker**  
Alpine Lakes Elementary School  
Grade 5

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# Holiday HOSTING

## FLAVORFUL DISHES AND DESSERTS FOR THE SEASON OF CELEBRATING

### Tips to simplify holiday *cooking*

Food is an important component of the holiday season for millions of people across the globe. Many a holiday host has wrestled with what to serve for their gathering and how to prepare meals while still finding time to spend with loved ones. Sometimes simplicity is the way to go when hosting for the holidays. Just because certain dishes are less labor-intensive to prepare does not mean they lack flavor. Hosts can consider these tips to simplify holiday cooking this year.

- **Utilize shop-from-home services.** Supermarkets can be particularly busy this time of year. By shopping from the comfort of home, holiday hosts can sort through their lists and let someone else

navigate crowded store aisles. The small fee involved for this service can be well worth the time saved.

- **Scale back the sides.** Some hosts feel an impressive dinner spread is one with plenty of options. Several side dishes requires a lot of time and money, and such foods may take away from the star of the table. Guests might fill up on rolls, potatoes and salads, leaving little room for the main course. Scaling back on sides creates more time for hosts to mingle with family and ensures everyone gets their fill of the main course.
- **Delegate some of the work.** Asking guests to bring a little something to the meal doesn't immediately turn it

into a potluck. However, it can reduce some of the work the host has to do. Figure out who is bound to be an early arrival, and ask that person to bring an appetizer. Individuals who like to be fashionably late can bring side dishes or desserts. Delegating beverage detail also can be a time-saver.

- **Familiar is often fabulous.** A major holiday is seldom the right time to experiment with a new, labor-intensive dish. Rather than risk an epic fail, hosts should stick to meals they have prepared before. Also, familiar flavors may appeal to a greater number of guests.
- **Include some prepared foods.** While it is perfectly alright to cater the entire

dinner, that can prove costly. If budget doesn't allow for a fully catered meal, supplement with some prepared dishes to help save time, particularly those recipes that can be complicated.

- **Make it a buffet.** Sit-down dinners require careful timing to ensure all foods are set out hot and ready-to-eat. A buffet-style meal involves preparing trays of food in advance, and then setting them to heat in chafing dishes until meal time. This involves far less strategizing with meal preparation and frees up time for hosts to spend with guests. Holiday meals require a lot of effort, but some handy suggestions can ensure hosts have ample time to spend with loved ones.



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## Give this beloved side a tasty *twist* this holiday season

Hosts have free rein when it comes to planning a holiday menu. Despite that freedom, many hosts feel obligated to prepare some holiday season staples their guests will surely expect when they sit down at the dinner table.

Stuffing is a dish many celebrants can't wait to see on the holiday dinner table. For hosts trusted with preparing holiday meals, the beauty of stuffing lies in its versatility. A host of unique ingredients can be added to holiday stuffing without adversely affecting the popularity of this beloved side dish. In fact, adding some unique ingredients can make people love stuffing even more. Such could be the case with this recipe for "Pecan-Cherry Bread Stuffing" from Lines+Angles.



**Preparation time:** 30 minutes  
**Cooking time:** 50 minutes  
**Resting time:** 5 minutes

### PECAN-CHERRY BREAD STUFFING

Makes 8 servings:

- 1 loaf crusty white or wheat bread, cut into 3/4-inch cubes
  - 3 tablespoons unsalted butter, plus extra for baking dish
  - 1 medium yellow onion, peeled and diced
  - 2 large celery stalks, rinsed, trimmed and diced
  - 4 cloves garlic, peeled and roughly chopped
  - 1 cup packed dried tart cherries
  - 1 cup roughly chopped toasted pecans
  - 2 tablespoons chopped fresh sage leaves
  - 1 tablespoon crushed fennel seed
  - Coarse salt, to taste
  - Freshly ground black pepper, to taste
  - 1/4 cup fresh chopped parsley
  - 3 large eggs, lightly beaten
  - 3 cups low-sodium chicken broth
1. **Preheat oven to 400° F.** Position oven racks in the middle and lower third of

the oven. Arrange bread in a single layer on two rimmed baking sheets. Toast until dry and golden brown, 10 to 12 minutes. Let cool.

2. **Lightly butter a 9 x 13-inch baking dish.** In a large skillet, melt butter over medium heat. Add onion, celery and garlic and cook, stirring frequently, until onion and celery are softened, about 7 minutes. Add cherries, pecans, sage, and fennel seed; cook, stirring for 1 minute. Transfer to a large bowl and season with salt and pepper.
3. **Add parsley, eggs and bread to the cherry mixture; stir to combine.** Add broth in two additions, stirring until absorbed. Season generously with salt and pepper; transfer stuffing to butter baking dish. Bake on middle rack until the top is deep golden brown, about 25 to 30 minutes. Let sit for 5 minutes before serving.

## Show guests this much maligned staple is a *tasty* treat

Few foods garner the types of responses generated by the mere mention of fruitcake, which drives many holiday celebrants to run for the hills. But fruitcake may not deserve its reputation, particularly when individuals brave enough to prepare it serve it covered in a sugary glaze. Such is the case with this recipe for "Gluten-Free Fruitcake With Sugar Glaze" courtesy of Lines+Angles.



**Preparation & Cooking time:** 2 hours and 45 minutes  
**Resting time:** 12 hours

### GLUTEN-FREE FRUITCAKE WITH SUGAR GLAZE

For the cake:

- 4 ounces golden raisins
  - 2 ounces chopped candied orange peel
  - 8 ounces candied cherries, quartered
  - 6 ounces raisins
  - 3 1/2 tablespoons sherry
  - 4 ounces butter
  - 1 cup sugar
  - 1 pinch salt
  - 1 pinch grated nutmeg
  - 1 teaspoon ground mixed spice
  - 3 eggs, beaten
  - 1 cup self-raising gluten-free flour
  - 6 ounces chopped almonds, blanched
- For the icing:
- 1 cup confectioner's sugar
  - 3 tablespoons water
1. **For the cake:** Place all the fruit in a bowl with the sherry, stir well, cover and leave to stand overnight.

2. **Heat the oven to 325° F.** Grease a loaf pan and line the base with parchment paper.
3. **Beat the butter with the sugar, salt and spices** in a mixing bowl until light and creamy, then gradually beat in the eggs.
4. **Gently fold in the flour,** followed by the soaked fruits and almonds, stirring well.
5. **Spoon into the pan and bake for 2 to 2 1/4 hours** until cooked through. Leave to cool in the pan.
6. **For the icing:** Mix the sugar with a little water, adding a little at a time, until it is thick and smooth.
7. **Spread the icing** on top of the cake, allowing it to run down the sides. Leave to set.

## Gifts for holiday *hosts*

Millions of people open their homes to relatives and friends each holiday season. Taking on the task of holiday host can be a labor of love, as it involves not only a commitment of time, but also a financial investment. Lending Tree reported that 60 percent of Americans considering hosting holiday gatherings in 2023 expected to spend an average of \$556 on their celebrations. Six-figure earners planned to spend even more, indicating they expected to spend \$764 on holiday hosting.

Guests benefitting from holiday hosts' hospitality can offer tokens of their appreciation upon arrival. The following are some great gifts to offer hosts this holiday season.

- **Holiday ornament or decorative piece:** Guests can offer ornaments for the tree or another decorative item for hosts who are repeat entertainers. Dating the decoration or having it engraved can transform it into a memento hosts can relish through the years.
- **Comfort and care assortment:** Hosting takes effort, so a box of items to pamper holiday hosts can be a great gift. Fill the box with a loofah, bath bombs, shower gel, moisturizing cream, and massage oil.  
Holiday hosts invest time and money into making their homes welcoming spaces to spend the holidays. Guests can treat these hosts with gifts to show how much their efforts and hospitality are appreciated.
- **Beverage of choice:** A bottle of wine or another spirit can be a great gift for holiday gatherings. Let hosts decide if they want to serve it with the meal or save it to enjoy at a later time.
- **Curated food basket:** A guest can put together a basket of different foods, including crackers, cheeses, jams, bread sticks, and other items that can be enjoyed as snacks or appetizers.
- **Holiday plant:** A poinsettia or Christmas cactus may be fitting this time of year, and a holiday host can enjoy seeing it grow during the season.
- **Kitchen tools or serving items:** A beautiful olive wood serving platter or cutting board might be appreciated, particularly if guests arrive with it covered in a charcuterie spread.
- **Scented candle:** Hosts can set the mood and add to the ambiance of an entertaining space with lit, scented candles, which make for a great gift. Guests can inquire as to the hosts' preferred aromas or stick with safe bets like vanilla or cinnamon.



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# Tips to make holiday dinners more *affordable*

“Eat, drink and be merry” is a familiar refrain come the holiday season. Hosting a holiday dinner is a great way to welcome family and friends and encourage them to embrace the festive nature of the season. However, the high cost of foods and other essentials may have certain holiday hosts rethinking their menus and their guest lists this year.

A 2024 Pew Research Poll showed Americans worried about the state of the economy cite the price of food and the cost of housing as their

foremost concerns. More than 90 percent of Americans say they are “very” or “somewhat” concerned about the cost of food and consumer goods.

Average annual food-at-home prices were 5 percent higher in 2023 than in 2022, according to the USDA Economic Research Service. Inflation has been a key topic of discussion for much of the last three years. While data from the U.S. Bureau of Labor Statistics indicates inflation continues to cool off from all-time highs, consumers are still anxious about how food prices

are affecting their bottom lines and their holiday entertaining plans. According to FarmDoc Daily, which offers agriculture-based data analysis, 68 percent of U.S. consumers expected rising food prices to impact their holiday meals in 2023. Similar concerns may prevail in 2024.

Stretching holiday entertaining dollars comes down to being savvy. With that in mind, hosts can consider these meal modification strategies this holiday season.

- **Replace a high-cost protein with a more affordable alternative.** Sometimes a holiday meal calls for pulling out all of the stops, and that may mean spending more on a special main dish. Rather than a luxury like beef tenderloin or prime rib roast, consider a less expensive dish, such as a pork tenderloin, roasted chicken

or even seafood.

- **Add extra side dishes.** Incorporate an inexpensive item like rice, beans or an extra vegetable side dish into the meal so that plates can be filled with the less expensive foods and fewer high-cost items.
- **Shop the sales.** Plan meals around a supermarket circular. While you may have had one holiday dinner idea in mind, once you see what the stores are putting on sale you can stock up on those items and build the dinner around them. If you find a good deal several weeks away from the holidays, buy the items and freeze them until they’re needed.
- **Buy generic or store brands.** Chances are no one will notice if you use generic or store brand ingredients, which can be considerably cheaper than their brand-

name counterparts. Many are even manufactured in the same facilities that produce the name brand stuff.

- **Make an affordable drink.** Alcohol costs can add up when you try to cater to everyone’s tastes and preferences. Make one or two bulk drinks, like a holiday punch or signature cocktail, so you can keep alcohol costs in check.
- **Stretch the snacks.** Instead of a charcuterie board filled with expensive cheeses and meats, opt for dips and raw vegetables or a low-cost cheese ball made with cream cheese and herbs with crackers. Keep snacks to a minimum; otherwise, guests may fill up and then not have room for dinner.

Holiday hosts can embrace various strategies to save money on family meals this season.



## CHOCOLATE OATMEAL NO BAKE COOKIES

No-Bake Chocolate Oatmeal Cookies are an old-timey favorite and one of the easiest and most delicious cookies you’ll ever make. I think pretty much everyone has had these cookies at one time or another and pretty much everyone loves them.

Tasty no-bake cookies made with oatmeal, peanut butter and cocoa. Start timing when mixture reaches a full rolling boil; this is the trick to successful cookies. If you boil too long the cookies will be dry and crumbly. If you don’t boil long enough, the cookies won’t form properly.

This is a great recipe for the old favorite. The only thing I did differently

was add about 1/4 cup more peanut butter (and I use creamy style) and also 1/2-3/4 cup coconut just for extra flavor. Meanwhile A TIP for those that complained about the texture...it’s all about the boiling time. If you under boil you will get cookies that won’t set, if you over boil, you will get cookies that will crumble and not form at all. This recipe calls for 1 1/2 minutes. My suggestion for the perfect cookie is to time it from a full boil and do 1 1/2 minutes from that point. If you count from a simmer (just barely bubbling) then make it 2 – 2 1/2 mins tops. You will have to play with it to see how your stove heat, etc. Hope that helps. Good cookies tho. 5 stars.

- Ingredients:*
- 1/2 cup Butter
  - 2 cup Sugar
  - 1/2 cup Milk
  - 4 Tbsp. Cocoa
  - 1/2 cup Peanut Butter
  - 3 1/2 cup Quick Cooking Oats
  - 2 tsp. Vanilla
- Instructions:*
- Add the first 4 ingredients in a saucepan. Bring to a rolling boil, and boil for 1 minute. Stir in the next 3 ingredients and drop onto wax/foil paper. Let cool until set.



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Public Notices

NOTICE OF PUBLIC HEARING ON CITY OF CASHMERE FINAL 2025 BUDGET

The City of Cashmere Preliminary 2025 Budget has been filed with the City Clerk-Treasurer. The Cashmere City Council will hold a public hearing on the Final 2025 Budget for the City of Cashmere on Monday, November 25, 2024, at 6:00 p.m. at the Cashmere City Hall.

Public Notices

CITY OF LEAVENWORTH ACCEPTING SEALED BIDS FOR SNOW MAKER

The City of Leavenworth is soliciting bids to surplus a 2014 Snow Machines, Inc. Snow Maker. This item currently has 146 hours of use with the City being the only owner.

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of JAMES FRANKLIN COGGINS, SR Deceased (March 22, 2024). No. 24-4-00415-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

Public Notices

NOTICE OF PUBLIC HEARING ON CITY OF LEAVENWORTH FINAL 2025 - 2026 BUDGET

The City of Leavenworth preliminary 2025 - 2026 budget has been filed with the Finance Director. The Leavenworth City Council will hold a public hearing on the final 2025 - 2026 Budget for the City of Leavenworth on Tuesday, November 26, 2024, at 7:00 PM at the Leavenworth City Hall.



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Public Notices

City of Leavenworth Request for 2025 Comprehensive Plan Amendment (Docket) Proposals

The City of Leavenworth is entering into the annual Comprehensive Plan (20-year visioning document) amendment cycle and is requesting community input for ideas, suggestions and proposals regarding amendments, including changes to the Land Use Designation Map. Amendments will be finalized and addressed in the 2025 Planning Commission Docket.

Public Notices

CITY OF LEAVENWORTH NOTICE OF PLANNED FINAL ACTION ON CONDEMNATION

NOTICE IS HEREBY GIVEN that the Leavenworth City Council has scheduled on its agenda consideration of final action upon the following proposed ordinance: AN ORDINANCE OF THE CITY OF LEAVENWORTH, WASHINGTON, AUTHORIZING THE CONDEMNATION, APPROPRIATION, TAKING AND DAMAGING OF LAND AND OTHER PROPERTY WITH ALL NECESSARY APPURTENANCES AND PROPERTY RIGHTS NECESSARY FOR INGRESS AND EGRESS TOGETHER WITH ALL RIGHTS APPURTENANT THERETO, INCLUDING ACCESS WHERE APPLICABLE, FOR PURPOSES OF REPAIRING, REPLACING AND UPDATING AND REVISING THE CITY'S EXISTING SEWER LINE. THIS ORDINANCE DIRECTS THE CITY ATTORNEY, OR DESIGNEE, TO PROSECUTE THE APPROPRIATE LEGAL PROCEEDINGS, TOGETHER WITH THE AUTHORITY TO ENTER INTO SETTLEMENTS, STIPULATIONS OR OTHER AGREEMENTS; AND ACKNOWLEDGES A PORTION OF THE REAL PROPERTY AFFECTED IS LOCATED WITHIN THE CITY LIMITS OF THE CITY OF LEAVENWORTH, IN CHELAN COUNTY, WASHINGTON; AUTHORIZING PAYMENT THEREOF FROM THE CITY'S GENERAL FUND, UTILITY FUND OR FROM SUCH GRANTS OR OTHER MONIES THAT THE CITY MAY HAVE AVAILABLE OR ATTAIN FOR THE ACQUISITION; AND ESTABLISHING AN EFFECTIVE DATE. Date/Time of planned final action: Tuesday, November 26, 2024 at 7:00 p.m. or at such later time as scheduled on the November 26, 2024 Agenda Location of planned final action: City of Leavenworth Council Chambers 700 Hwy. 2 Leavenworth, Washington. 98826 Property affected: Tax Parcel Number 241711818010 Property Address: 225 Prospect Street Leavenworth, WA 98826 Property owner: REBEKAH L. SUBIDO The full legal descriptions of the property proposed for condemnation can be obtained from the City of Leavenworth, WA 98826 - telephone (509) 548-5275. At the above-stated date, time and location of final action, condemnation of the above-described properties will be considered, and the Leavenworth City Council will decide whether or not to authorize the condemnation of the property. Published in the Leavenworth Echo/Cashmere Valley Record on November 13, 20, 2024. #8880

Public Notices

Bid Advertisement Leavenworth Winter Sports Club (LVSC) is soliciting bids for Ski Hill Restroom Project located on Ski Hill Drive north of the Leavenworth City Limits.

The City of Leavenworth is soliciting bids for Ski Hill Restroom Project located on Ski Hill Drive north of the Leavenworth City Limits. The bid documents, including plans and specifications, are available at PNW Plan Center (pnwplancenter.com) in Wenatchee, Washington. There two bid packages for the Ski Hill Project to be bid during the month of November 2024: C-02r Concrete Work, and C-03r Building Construction Contract. THIS Bid Package soliciting now is CONCRETE WORK C-02r If you are a member of PNW Plan Center, login using your standard login and if you are not a member then login as follows. ID: jhenri Password: LSH1024pc (I suggest

Public Notices

ORDINANCE 1330 AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON, AUTHORIZING THE GENERAL PROPERTY TAX LEVY TO BE COLLECTED IN 2025. THE DOLLAR AMOUNT OF THE INCREASE OVER THE ACTUAL LEVY AMOUNT FROM THE

AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON, AUTHORIZING THE GENERAL PROPERTY TAX LEVY TO BE COLLECTED IN 2025. THE DOLLAR AMOUNT OF THE INCREASE OVER THE ACTUAL LEVY AMOUNT FROM THE

Public Notices

you copy and paste the password) There will be a NON-Mandatory pre-bid Site Walk for this bid package on Wednesday, November 13, 2024, at the site at 11:00 am. Bids will be received until 2:00 PM on Thursday November 21, 2024, by Leavenworth Winter Sports Club. All bids shall be binding for 30 days thereafter. Bids will be publicly opened at the Ski Hill Lodge immediately following receipt of the bids. Bidders requesting additional information during the bid period are requested to address their inquiries to James Munry (509) 860-2177. Published in the Leavenworth Echo, Cashmere Valley Record, and Lake Chelan Mirror online November 5 - 21, 2024 and in print on November 13, 2024. #8858

PREVIOUS YEAR SHALL BE \$7,162.37 WHICH IS A PERCENTAGE INCREASE OF 1% FROM THE PREVIOUS YEAR. APPROVED OCTOBER 28, 2024 Published in the Cashmere Valley Record/Leavenworth Echo on November 13, 2024. #8867

Public Notices

SUMMONS (CITACION JUDICIAL)

Notice to Defendant (Aviso al demandado): CHARLOTTE LABARRE You are being sued by Plaintiff (Lo está demandando el demandante): ASHORINA YUOHANNA Case Number (Numero del caso): 22STCV14201

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le queda más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso. The name and address of the court is: (El nombre y dirección de la corte es): Superior Court of California - County of LOS ANGELES 111 NO. HILL STREET, LOS ANGELES, CA 90012 CASE NUMBER: (Número del Caso): 22STCV14201 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la dirección y número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Brian L. Larsen, Esq. (SBN 158252) Law Offices of Brian L. Larsen 530 Jackson St., 2d Fl. San Francisco, CA 94133 TELEPHONE NO.: 415/398-5000 FAX NO (Optional): 415/398-5080 Date (Fecha): 04/28/2022 Clerk, by (Secretario), Sherri R. Carter, Executive Officer/Clerk of Court, Deputy (Adjunto) R. Perez, Deputy Clerk Published in the Cashmere Valley Record/Leavenworth Echo on October 30, November 6, 13, 20, 2024. #8624

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- ncw.news/
leavenworthecho.com
cashmerevalleyrecord.com
lakechelanmirror.com
qcherald.com



**Public Notices**

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**NOTICE OF TRUSTEE'S SALE** Pursuant to the Revised Code of Washington 61.24, et seq. **108 1st Ave South, Suite 450 Seattle, WA 98104** Trustee Sale No.: **WA-24-991921-SW Title Order No.: 02-24001019** Reference Number of Deed of Trust: **Instrument No. 2546998** Parcel Number(s): **222015645100** Grantor(s) for Recording Purposes under RCW 65.04.015: **JORDAN J THOMAS, A SINGLE MAN** Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): **Guild Mortgage Company LLC** Current Trustee of the Deed of Trust: **QUALITY LOAN SERVICE CORPORATION** Current Loan Mortgage Servicer of the Deed of Trust: **Guild Mortgage Company LLC** I. **NOTICE IS HEREBY GIVEN** that **QUALITY LOAN SERVICE CORPORATION**, the undersigned Trustee, will on **12/13/2024, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801** sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of **CHELAN, State of Washington, to-wit LOTS 21 AND 22, KAYWOOD ADDITION TO WENATCHEE, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 4 OF PLATS, PAGE 132, CHELAN COUNTY, STATE OF WASHINGTON. EXCEPT THE EAST 17.5 FEET OF SAID LOT 21; AND EXCEPT THE WEST 2 FEET OF SAID LOT 22. More commonly known as: 609 LYNN ST, WENATCHEE, WA 98801** Subject to that certain Deed of Trust dated **6/17/2021**, recorded **6/24/2021**, under **Instrument No. 2546998** records of CHELAN County, Washington, from **JORDAN J THOMAS, A SINGLE MAN**, as grantor(s), to **FIDELITY NATIONAL TITLE COMPANY OF WASHINGTON, A WASHINGTON CORP.**, as original trustee, to secure an obligation in favor of **MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. AS SOLELY, AS NOMINEE FOR GUILD MORTGAGE COMPANY LLC, ITS SUCCESSORS AND ASSIGNS**, as original beneficiary, the beneficial interest in which was subsequently assigned to **Guild Mortgage Company LLC**, the Beneficiary, under an assignment recorded under Auditors File Number **2595610 II**. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: **\$15,001.56**. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of **\$283,499.73**, together with interest as provided in the Note from

**1/1/2024** on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on **12/13/2024**. The defaults referred to in Paragraph III must be cured by **12/2/2024** (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before **12/2/2024** (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the **12/2/2024** (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of **7/3/2024**. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. **NOTICE TO OCCUPANTS OR TENANTS** – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are

not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. **THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME.** You may be eligible for mediation. You have only until **90 calendar days BEFORE the date of sale** listed in this Notice of Trustee Sale to be referred to mediation. If this is an amended Notice of Trustee Sale providing a 45-day notice of the sale, mediation must be requested no later than **25 calendar days BEFORE the date of sale** listed in this amended Notice of Trustee Sale. **DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW** to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. **SEEKING ASSISTANCE** Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: **1-877-894-HOME (1-877-894-4663)** or Web site: [http://www.dfi.wa.gov/consumers/homeownership/post\\_purchase\\_counselors\\_foreclosure.htm](http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm) The United States Department of Housing and Urban Development: Toll-free: **1-800-569-4287** or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sfh/hcc/foia/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcfc> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: **1-800-606-4819** or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is **WA-24-991921-SW**. Dated: **8/8/2024** **QUALITY LOAN SERVICE CORPORATION**, as Trustee By: **Jeff Stenman**, President Trustee's Address: **QUALITY LOAN SERVICE CORPORATION 108 1st Ave South, Suite 450, Seattle, WA 98104** For questions call toll-free: (866) 925-0241 Trustee Sale Number: **WA-24-991921-SW** Sale Line: **800-280-2832** or Login to: <http://www.qualityloan.com> IDS Pub #0213780 11/13/2024 12/4/2024 Published in the Cashmere Valley Record/Leavenworth Echo on November 13, December 4, 2024. #8278.

**Public Notices**

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**TS #: 24-69101**  
**Title Order #: 02-2400869-01S**  
**NOTICE OF TRUSTEE'S SALE**  
Grantor: **FREDERIC FROST MARLIN, AS HIS SEPERATE ESTATE**  
Current beneficiary of the deed of trust: **Carrington Mortgage Services, LLC**  
Current trustee of the deed of trust: **North Star Trustee, LLC**  
Current mortgage servicer for the deed of trust: **Carrington Mortgage Services LLC**  
Reference number of the deed of trust: **2392281**  
Parcel Number(s): **231904488020**  
I. **NOTICE IS HEREBY GIVEN** that the undersigned Trustee, **North Star Trustee, LLC** will on **12/13/2024**, at **9:00 AM** at the main entrance of the Chelan County Courthouse, **350 Orondo Street, Wenatchee, WA 98801** sell at public auction to the highest and best bidder, payable at the time of sale, the following described real property, situated in the County of Chelan, State of Washington, to-wit:  
**THE SOUTHERLY 45 FEET OF LOT 3, BRIDGEVIEW ADDITION TO CASHMERE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 4 OF PLATS, PAGE 14.**  
Commonly known as:  
**127 RIVERFRONT DR**  
**CASHMERE, WASHINGTON 98815-1155**  
which is subject to that certain Deed of Trust dated **10/25/2013**, recorded **11/1/2013**, as Instrument No. **2392281**, records of Chelan County, Washington, from **FREDERIC FROST MARLIN, AS HIS SEPERATE ESTATE**, as Grantor(s), to **RECON TRUST COMPANY, N.A., as Trustee**, to secure an obligation in favor of **BANK OF AMERICA, N.A., as Beneficiary**, the beneficial interest in which was assigned to **Carrington Mortgage Services, LLC**, under an Assignment recorded under Auditor's File No. **2577706**.  
**II.** No action commenced by the Beneficiary of the Deed of Trust is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust.  
**III.** The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears:  
**PAYMENT INFORMATION**  
FROM THRU NO.PMT AMOUNT TOTAL  
**1/1/2024 05/01/2024 5 \$922.51 \$4,612.55**  
**6/1/2024 07/23/2024 2 \$1,088.51 \$2,177.02**  
Escrow Advances:  
\$2,622.31  
Corporate Advances:  
\$906.64  
Other Fees  
\$30.00  
**LATE CHARGE INFORMATION**  
TOTAL LATE CHARGES **TOTAL**

Trustee to the Borrower and Grantor at the following addresses:  
NAME ADDRESS  
**ASHLEY A. MARLIN 127 RIVERFRONT DR**  
**CASHMERE, WA 98815-1155**  
**ASHLEY A. MARLIN 521 N HIGGINS AVE**  
**MISSOULA, MT 59802-4534**  
**ASHLEY A. MARLIN AKA ASHLEY ALYSSIA 200 APLETS WAY**  
**MARLIN, PR OF THE ESTATE OF CASHMERE, WA 98815**  
**FREDERIC MARLIN AKA FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN, DECEASED C/O J.C. BROWN LAW OFFICE, PLLC**  
**ASHLEY A. MARLIN AKA ASHLEY ALYSSIA PO BOX 384**  
**MARLIN, PR OF THE ESTATE OF CASHMERE, WA 98815**  
**FREDERIC MARLIN AKA FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN, DECEASED C/O J.C. BROWN LAW OFFICE, PLLC**  
**ASHLEY A. MARLIN, PR OF THE 127 RIVERFRONT DRIVE**  
**ESTATE OF FREDERIC MARLIN CASHMERE, WA 98815-1155**  
**AKA FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN, DECEASED**  
**ASHLEY A. MARLIN, PR OF THE 220 9TH ST, STE F**  
**ESTATE OF FREDERIC MARLIN LEAVENWORTH, WA 98826**  
**AKA FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN, DECEASED**  
**ASHLEY A. MARLIN, PR OF THE 521 N HIGGINS AVE**  
**ESTATE OF FREDERIC MARLIN MISSOULA, MT 59802-4534**  
**AKA FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN, DECEASED**  
**FREDERIC MARLIN AKA 127 RIVERFRONT DR**  
**FREDERIC F. MARLIN AKA CASHMERE, WA 98815-1155**  
**FREDERIC FROST MARLIN**  
**FREDERIC MARLIN AKA 220 9TH ST, STE F**  
**FREDERIC F. MARLIN AKA LEAVENWORTH, WA 98826**  
**FREDERIC FROST MARLIN**  
**THE ESTATE OF FREDERIC MARLIN 127 RIVERFRONT DR**  
**AKA FREDERIC F. MARLIN AKA CASHMERE, WA 98815-1155**  
**FREDERIC FROST MARLIN**  
**THE ESTATE OF FREDERIC MARLIN 220 9TH ST, STE F**  
**MARLIN AKA FREDERIC F. MARLIN LEAVENWORTH, WA 98826**  
**AKA FREDERIC FROST MARLIN**  
**THE HEIRS AND DEVISEES OF 127 RIVERFRONT DR**  
**FREDERIC MARLIN AKA CASHMERE, WA 98815-1155**  
**FREDERIC F. MARLIN AKA FREDERIC FROST MARLIN**  
**THE HEIRS AND DEVISEES OF 220 9TH ST, STE F**  
**FREDERIC MARLIN AKA FREDERIC LEAVENWORTH, WA 98826**  
**F. MARLIN AKA FREDERIC FROST MARLIN**

**X. NOTICE TO OCCUPANTS OR TENANTS** – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants and tenants. After the 20th day following the sale the purchaser has the right to evict occupants and tenants by summary proceedings under the Unlawful Detainer Act, Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060.  
**THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME.**  
You have only until **90 calendar days BEFORE the date of sale** listed in this Notice of Trustee Sale to be referred to mediation. If this is an amended Notice of Trustee Sale providing a 45-day notice of the sale, mediation must be requested no later than **25 calendar days BEFORE the date of sale** listed in this amended Notice of Trustee Sale.

**DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW** to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help.

**SEEKING ASSISTANCE** - Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following:

The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Telephone: **1-877-894-HOME (1-877-894-4663)** Web site: <http://www.dfi.wa.gov/consumers/homeownership/>

The United States Department of Housing and Urban Development: Telephone: **1-800-569-4287** Web site: <http://portal.hud.gov/hudportal/HUD>

The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys Telephone: **1-800-606-4819** Web site: <http://www.ocla.wa.gov/>

This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation.

DATED: **07/23/2024**

**North Star Trustee, LLC**, as Trustee  
**Lisa Hackney**, Vice President of Trustee Operations  
Address for service:  
**North Star Trustee, LLC**  
**6100 219th ST SW, Suite 480**  
**Mountlake Terrace, Washington 98043**  
Trustee Phone No: (206) 866-5345  
Trustee Fax No: (206) 374-2252  
Beneficiary / Servicer Phone: (800)561-4567

STATE OF WASHINGTON )  
) ss.  
COUNTY OF SNOHOMISH )

I certify that I know or have satisfactory evidence that **Lisa Hackney** is the person who appeared before me, and said person acknowledged that (he/she) signed this instrument, on oath stated that (he/she) was authorized to execute the instrument and acknowledged it as the Vice President of Trustee Operations of **North Star Trustee, LLC** to be the free and voluntary act of such party for the uses and purposes mentioned in the instrument.

Dated: **07/23/2024**  
**Jasmine Turner**  
NOTARY PUBLIC in and for the State of Washington, residing at **Everett, Washington**  
My commission expires **3/14/2028**  
**EPP 40718 Pub Dates 11/13 & 12/04/2024**  
Published in the Cashmere Valley Record and Leavenworth Echo, November 13, and December 4, 2024. #8227

**My Favorite Remedies of 2024**



It's almost the end of 2024, and I'd like to share the tools and remedies I've found most helpful over the past year as recommended to patients and myself.  
**1. New Skin® to seal and protect hangnails and paper cuts.**  
I hate hangnails. I can go for months with perfectly intact cuticles, and then all of a sudden, I have 3 hangnails all at once, just begging me to bite at them. Then there are paper cuts. I absolutely DREAD the sting of a paper cut, especially when using alcohol gel on my hands. Band-Aids® are convenient to apply over hangnails and paper cuts to protect them, but what happens when you wash your hands? Ugh, who wants to wear a

soggy Band-Aid®?  
New Skin® is a sealant that dries clear and protects hangnails, paper cuts, and minor abrasions from the sting of soapy water and alcohol sanitizing gels. I always keep a bottle of New Skin® at work to patch myself up if I get cut, or any dreaded hangnails appear. One bottle will last you years. The active ingredient is benzethonium chloride as an antiseptic and anti-infective.  
**2. New Skin® to discourage ingrown toenails.**  
I've spent decades battling the tendency for my big toes to develop ingrown toenails. I used to use Outgrow®, a liquid that contained tannins. When applied to the skin

around a toenail, it "toughened" it up so that the nail couldn't penetrate the skin. This not only relieved the pain but helped the toenail grow out normally.  
Then the company changed the original formulation. It no longer worked! I suffered with ingrown toenails until I discovered New Skin® liquid bandage.  
First, soften your toenails by soaking your feet or taking a shower or bath. Dry them, then grab a couple of toothpicks and a bottle of liquid bandage. Brush a thin layer of liquid bandage along the skin of the nail trying to curl under.  
While still wet, use one toothpick to lift your toenail and the other toothpick to push the liquid bandage underneath the nail. You get it between your nail and your skin. Let it dry, then apply another "coat."  
If your toenail is already cutting

into your skin, you may need to trim away the nail first. The antiseptic in the liquid bandage will discourage infection. A single application will last weeks and encourage your toenail to grow out straight instead of curling under and cutting into your skin.  
**3. Uu-du® adhesive remover.**  
I hate trying to peel off stickers from bottles and book covers. Un-du is a gentle and effective remover for stubborn stickers and adhesive residue. A bonus is that it rarely damages the surface underneath, unlike other adhesive removers I have tried.  
Un-du® has a standard liquid cap that is attached to a spatula-like plastic tool. First, unscrew the cap and let the liquid remover feed into the spatula-like part. Then, tip the top so that it feeds the liquid onto the sticker or are with the adhesive residue.  
After letting it soak in for just a

few seconds, take the flat spatula-like part and begin slipping it under and lifting up on the sticker, much like lifting a pancake off a pan. IT WORKS, and there is no damage to the book if you wipe it off as soon as it is removed. The only place I have found un-du Remover is online.  
**4. Tick Tornado® to remove ticks.**  
NOTHING BEATS this tool for tick removal! This week alone, I have removed 3 ticks from our dogs, easily and COMPLETELY. ALL of the tick comes out, without having to touch or squeeze the tick. I no longer use tweezers, which can squeeze the tick's infectious saliva into a dog or human.  
To use a Tick Tornado tool, first choose the size you need. Most packages contain two sizes, one for very small ticks and one for normal sized ticks.

Each tool has a slot at the bottom. Slide that slot underneath the tick between the skin and the base of the tick. Start pulling up in a steady fashion while putting a little twist in it. Pull STEADY, don't jerk! As long as you have all of the slot under the tick, you only have to twist a little bit as you pull.  
To remove a tick from the Tick Tornado®, turn it so that the open part of the slot faces down and tap it. This will dislodge the tick. I do it over a toilet bowl, then flush.  
*Dr. Louise Achey, Doctor of Pharmacy, is a 45-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2024 Louise Achey*