

Quad City Herald

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Brewster city judge values connections over collections

By **MIKE MALTAIS**
Ward Media Staff Reporter

BREWSTER—After listening to Judge Alex Thomason’s approach to citizens who appear in his chambers at city hall, one almost wants to get a citation just to experience the creative and engaging manner he adopts with locals and visitors alike.

Judge Thomason of Valor Law Group in Pateros has presided over Brewster’s city court for more than two years now. While he jokingly refers to his office as “the world’s smallest and least influential position,” it is an important position “because I get a chance to interact with citizens and visitors,” Thomason told councilmembers.

Thomason is astutely aware of the

influence his decisions have over the attitudes of both residents and visitors regarding the law, the city, and even themselves.

“I run a court not for purposes of making a collection around but an education around,” said Thomason.

As an example, Thomason explained that when a visitor is cited for a vehicle infraction, he not only takes the time to learn more about the out-of-towners but also the oversights that led to the citation and how the city can provide greater clarity for future visitors. He often reduces payment for an infraction to a minimum for an offender who acknowledges the city’s costs for policing and signage in fairness to both parties of the issue.

“Every single person has thanked

me because we get the chance to walk through the law and municipal code,” Thomason said of what is a valuable teaching tool he uses for his high school cases.

Thomason highlighted one occasion with a student where his investment in explaining the law and prompting reasoned defense produced enlightened results. The student protested his citation for driving without headlights after dusk. Thomason had a suggestion.

“Let’s read the statute,” said Thomason.

Together they reviewed the applicable Brewster Municipal Code. Thomason asked for specific details:

What time was the ticket?
What day was it?
What time was sunset?

Revisiting each detail the student discovered the time of his citation was at 8:15 p.m.

“Oh wait,” he noticed. “Hey, sunset wasn’t until 8:17!”

“What’s your point?” Thomason asked.

“That means I couldn’t get a ticket because it wasn’t after sunset,” the student said.

“Do you have a motion or request of the court?” Thomason asked.

“Yes, I don’t think I should have a ticket,” was the response.

“Why don’t you rephrase it in a way that I would consider it,” Thomason asked.

By the end of the exchange, the student realized that he could not only



MIKE MALTAIS/WARD MEDIA

Judge Alex Thomason

See **BREWSTER JUDGE** Page B2

Berryman Park renovation nears completion in Bridgeport



MIKE MALTAIS/WARD MEDIA

A new gazebo will soon be standing on a new pad poured for the replacement.



MIKE MALTAIS/WARD MEDIA

A safety pad will be installed around new playground equipment.



MIKE MALTAIS/WARD MEDIA

Workmen confer at the new sports court under installation in Berryman Park.

By **MIKE MALTAIS**
Ward Media Staff Reporter

BRIDGEPORT—Berryman Park is sporting a new look as the final pieces of its facelift fall into place this month. The Quad City Herald spoke with Public Works Superintendent Stuart Dezellem last week as the safety mat

was being installed around the new playground.

Paint stripes for the new fenced sports court and the ADA parking lot was on deck.

“I think the overall design will work well,” said Dezellem. “The community will get a lot of good use out of it.”

Dezellem said, freshening up the

old stone fireplace turned out well.

“The contractor sandblasted the stone and grout, and we got new fire brick installed on both the fireplace side and the barbecue side,” said Dezellem. “It really came out nice. I’m glad we kept it.”

New sod is in place, and the remaining hydroseeding is scheduled

for next spring, Dezellem said.

Earlier in the project, some park vandalism prompted the city council to establish a reward fund through the Chamber of Commerce to quickly stop further damage. City Clerk/Treasurer Judy Brown said that so far, about \$200 has been donated by citizens.

In Bouska Park across from city

hall, a new gazebo is scheduled to be installed on a newly completed concrete pad. The previous deteriorating wooden gazebo served its purpose but needed replacement following a structure inspection.

Mike Maltais: 360-333-8483 or michael@ward.media

Bridgeport Library invites public to shape future design



COURTESY OF NCW LIBRARIES

Bridgeport Public Library, set to undergo interior redesign, invites community input at an upcoming town hall on October 23. The branch is part of NCW Libraries’ multi-year “Reimagining Spaces” project aimed at modernizing library facilities across its five-county system.

NCW News
Ward Media

BRIDGEPORT — The Bridgeport Public Library will host a community engagement event as part of a larger initiative to reimagine

library spaces across North Central Washington. The October 23 event will gather public input on potential improvements to the library’s interior design.

NCW Libraries is holding a town hall meeting from 11:30 a.m. to

12:30 p.m. at the Bridgeport Public Library, located at 1206 Columbia Avenue. The event is open to all community members, regardless of age, and will feature a presentation

See **BRIDGEPORT LIBRARY** Page B2

Brewster swings for the fences with \$20 million EPA grant application



COURTESY OF CITY OF BREWSTER

A concrete channel routes Swamp Creek water behind a warehouse.

By **MIKE MALTAIS**
Ward Media Staff Reporter

BREWSTER —It’s a long shot with a short application window, but the City of Brewster is applying to the Environmental Protection Agency (EPA) in pursuit of a \$20 million grant to fund flood control measures.

City Director of Finance Misty Ruiz advised the September city council meeting that she had just learned of the opportunity when she attended an Economic Alliance training session, where an EPA presentation disclosed one-time funds it had available. The money is part of the \$2 billion 2022 Inflation Reduction Act funds the EPA can invest in environmental and climate justice activities.

“EPA does not attend the annual Infrastructure Assistance Coordinating Council (IACC) conference, so we do not learn about their opportunities,” Ruiz said.

She could see where a large block of funds might be available to address the pricey solution to the city’s new floodplain designation.

“It is part of the Environmental

See **EPA GRANT** Page B2

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WARD MEDIA

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Website:
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News E-mail:
news@ward.media
advertising e-mail:
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Office hours

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Contact information

CEO & Publisher
Terry Ward

509-731-3284
terry@ward.media

COO & Co-Owner

Amy M. Yaley

509-731-3321
amy@ward.media

Reporter/Photographer

Michael Maltais

michael@ward.media

Reporter

Quinn Propst

quinn@ward.media

Advertising

Multimedia Sales Manager

Sherrie Harlow

253-255-5920
sherrie@ward.media

Classifieds/Legals

Laura Husa

classifieds@ward.media

Circulation:

Laura Husa

509-293-6780
laura@ward.media

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The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: terry@ward.media

Corrections

Quad City Herald regrets any errors. If you see an error, please call **509-689-2507**. We will publish a correction

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Have an idea for a story? Call Quad City Herald at **509-548-5286**

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



5 THINGS TO DO THIS WEEK

Zombie 5K Fun Run/Walk

Manson's Zombie 5K Fun Run/Walk will be held on Saturday, October 19, from 9 a.m. to 1 p.m.

"Mark your calendar for an incredible Zombie 5K Fun Run/Walk on the beautiful Echo Ridge Trails in Manson, WA," the event page states. "This 5K is great for all ages and fitness levels."

For more information and to register, visit hauntedmanson.com.

Pateros Pumpkin Painting Party

The Pateros Library will host a Pumpkin Painting Party on Saturday, October 19 from

11:30 a.m. to 1:30 p.m. "Visit us at the library to paint a mini pumpkin," the event page states. "All materials provided (while supplies last). Fun for all ages."

For more information, visit nculibraries.org.

Harvest Hustle

The Chelan Chapter of Future Business Leaders of America will host the Harvest Hustle 5k at Chelan High School on Sunday, October 20, at 8:30 a.m.

"Join us for the First Annual Harvest Hustle, a fun run hosted by the Chelan Chapter of Future Business Leaders of America," the event page states. "Whether you're a

seasoned runner or just looking to enjoy a day of fitness and fun, this 5K is perfect for all ages and skill levels."

All proceeds will benefit the FBLA club's initiatives and community projects.

For more information and to register, visit chelanfbla.org.

FFA Harvest Festival

The Chelan High School FFA will hold a Harvest Festival on Sunday, October 20, from 10 a.m. to 4 p.m. at the Chelan River Park.

"The Chelan High School FFA is putting on a harvest

festival with fun and games for everyone in the family," the event page states.

Brewster Pumpkin Painting Party

The Brewster Library will host a Pumpkin Painting Party on Wednesday, October

23, from 4-6 p.m. "Visit us at the library to paint a mini pumpkin," the event page states. "All materials provided (while supplies last). Fun for all ages."

For more information, visit nculibraries.org.

Okanogan & Douglas County Sheriff, Brewster Police Dept Report

This report is compiled from records provided by the Okanogan & Douglas County Sheriff, Brewster Police Dept. The publisher cannot certify the complete accuracy of the information provided.



Douglas County

Oct 4

10:52:13 Juvenile Problem, 1400 Tacoma Ave, Bridgeport
11:47:41 AtL/Atc, 1636 Fisk Ave# 4, Bridgeport
13:53:28 Animal Problem, 20 Dion Dr, Bridgeport Bar
14:19:25 Harass/Threat, 217 S Jefferson St, Waterville
21:09:55 Miscellaneous, 1220 Kryger St, Bridgeport

Oct 5

18:48:23 Assist Agency, 10th St & Maple St, Bridgeport
20:27:41 Dui, Sr 17 Mp 136, Bridgeport
23:53:52 Sex Offense, 929 Maple St# 39, Bridgeport

Oct 6

13:13:30 Welfare Check, 1001 S Mission St, Bridgeport

Oct 7

11:53:06 Assist Agency, 522 S Central Ave, Waterville
13:25:54 Civil, 2400 Tacoma Ave# 9, Bridgeport

Oct 9

7:53:50 Civil, 44 Washburn Ave, Bridgeport
9:33:50 Sex Offense, 1912 Fisk Ave, Bridgeport
20:49:04 Assist Agency, 1206 Douglas Ave, Bridgeport

Brewster Police Department

Oct 4

09:58:12 Mal Mischief, W Cliff Ave, Brewster
3:37:23 Civil, Highway 97, Brewster
20:20:59 Suspicious, S 7th St, Brewster, Subjects Wearing Masks Carrying Knives In The Parking Lot. One Male On Each Side Of Rp's Veh, She Sped Out Of There. Checked The Area, Utl Anybody In The Parking Lot

Oct 5

16:10:14 Agency Assist, Highway 97, Brewster, Male Slashed Son Veh Tires He Is Now Outside The Res. Subj Has

Been Released. Parties Have Agreed To Stay Separated
20:33:18 Domestic Dispute, S 7th St, Brewster, W Rp Advd There Is A Male And Fem Cussing And Aruging For The Past Hour, Door Slamming, Verbal-Only Parties Have Separated

Oct 6

03:56:29 Suspicious, Highway 97, 2 Males Walked In And Grabbed A Pack Of Coors Light And Walked Out.
07:42:17 Animal Problem, Methow Ave, Brewster, Neighbors Dog On Rp's Property, Chasing Her Animals.

Oct 7

08:22:06 911 Transfer, Highway 97 & B - O Rd, Malott, Bus Driver, Disputing W/ Passenger Over Politics. Req He Be Removed. Obhc Called Advised Subj Was Threatening To Step In Front Of The Next Semi Drove By.

Oct 8

14:54:36 Attempt-Loc, Nt Hospital Way, 3 Rivers Hospital, Pt Physic Hold Left Loc, Lsw Paper Hospital Gown Ls 2 Ago Unk Direction
14:55:52 Alarm Other, Hospital Way,Trh, Brewster, 911 Er Panic Alarm
18:36:35animal Stray, S 3rd St & E Indian Ave, Area Between Loose German Shepherd Is Being Aggressive And Is In A Way, Blocking Rp's Way Out Of Leaving His Res.
20:48:44 Suspicious, S 3rd St, Brewster

Oct 10

08:59:24 Medical, Hospital Way, Brewster, 45yom Numbness In Right Side Of Body And Difficulty Speaking.
15:39:10 Cps Referral, S Bridge St, Brewster
17:33:42 Theft Automobil W Indian Ave, Brewster, Gry 2008 Toyota Corolla Missing. Rp Has Been Utc Son, Unk If Runaway Or Missing. Believe The Veh To Be Stolen By Son.

22:19:59 Agency Assist, Sr 173 Hwy, Bridgeport, Traffic Stop Req Another Unit.

Okanogan County Sheriff

Oct 4

00:48:06 Suspicious, Hacienda Ln, Brewster, Hx Of Suicidal Person
09:52:40 Civil, Stennes Point Dr, Pateros, Rp Advsd Neighbor Sprayed Trees On Prop W/ Round Up. Advsd Thousands In Damage.
19:49:59 Animal Noise, Pioneer Rd, Brewster, Barking Has Been Ongoing For The Past 30 Mins.

Oct 5

13:27:47 Fraud, Pit Rd, Brewster Son Father Used Son's Social Security Number For Employment.
16:10:14 Mal Mischief, Highway 97, Brewster, Male Slashed Son, Veh Tires Now Outside The Res No Damage To The Tire The Air Was Just Let Out. No Crime Occurred. Parties Have Agreed To Stay Separated
19:00:04 Suspicious, Lakeshore Dr, Patero Rp Advd A Male Threatened The Rp. He stated The Male Said "I Know You" Rp Advd It Started Because The Rp Was Driving Too Fast.

Oct 7

08:20:19 Animal Problem, Highway 153, Pateros, Neighbors Dogs Terrizing Neighborhood And Knocking Over Garbage Cans, Bothering Cats. Rp Req Options.
09:06:40 Civil, Pit Rd, Brewster, Male Staying In Motor Home Across From Loc. Assaulted Rp On Wednesday & Thurs. Would Like Him Tres From Rps Loc.
14:14:15 Abandoned Vehicle, Old Hwy 97, Brewster, Abandoned Veh, Appears Wrecked, Spray Painted, Stripped Tires. Has Been At Loc 2-3 Mo.

Oct 8

12:48:09 Citizen Dispute, Pit Rd; Brewster, Rp Has An Order Against Subj. Rp Is Unsure If He Has Been Served.
14:28:55 Threatening, Pit Rd, Brewster, Mother Recd Threatening Message From Rps Partner

Oct 9

11:03:41 Mal Mischief, W Warren Ave, Pateros
23:07:16 Suspicious Lakeshore Dr, Pateros, Male In A Gry Nissan SUV Is Slowlydriving By, Now Out On Foot. Rp

Advd He Is Looking For The Rp. Both Parties Are Paranoid Of Each Other

Oct 10

09:59:17 Accident Hitrun, E Lakeshore Dr, Pateros, Customer's Veh At The Body Shop Was Hit While The Business Was Closed.
17:33:42 Theft Automobile, W Indian Ave, Brewster, Rp Advd His Veh Gry 2008 Toyota Corolla And Son Are Both Missing. Son Did Not Have Permission To Use The Veh. Rp Has Been Utc Son, Unk If Runaway Or Missing.

Death Announcements

Louis A. Cartwright

Louis A. Cartwright, 84, of Bridgeport, Washington passed away on October 7, 2024. Barnes Chapel is handling the arrangements for the family.

Ronald Bisque

Ronald Bisque, 71, of Bridgeport, Washington passed away on October 4, 2024. Arrangements by Chapel of the Valley, East Wenatchee.

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Section of Upper Columbia River to open for hatchery steelhead and coho

NCW News
Ward Media

BREWSTER - A section of the Upper Columbia River will open for hatchery steelhead and coho salmon fishing on October 16.

The Washington Department of Fish and Wildlife (WDFW) has announced that fishing will be permitted from the Beebe Bridge (Highway 97) to the Highway 173 Bridge at Brewster, starting one hour before official sunrise on the opening date.

This conservation fishery addresses hatchery steelhead returning to select areas of the Upper Columbia River in excess of spawning escapement and broodstock needs. Anglers removing excess hatchery fish will increase the proportion of wild steelhead on the spawning grounds.

The daily limit is two hatchery steelhead or two

coho, or one of each. The minimum size for steelhead is 20 inches, while coho must be at least 12 inches. All other salmon species and wild steelhead must be released.

Regulations include mandatory retention of hatchery steelhead and immediate release of steelhead with an intact adipose fin. These fish must be released unharmed and cannot be removed from the water prior to release.

Selective gear rules will be in effect, but bait is allowed. A night closure will be implemented for the duration of the fishing season.

The WDFW will monitor this fishery and may close it if allowable impact rates to wild steelhead are met. Anglers can check the WDFW website at <https://ncw.social/mterckm7> for emergency rule updates or subscribe to the Fishing Rule Changes email list.

Small Towns, Big Fight: Screen for breast cancer!

Rural residents are less likely to get cancer screenings, but screening is available in your community.

Call 509-645-3313 to schedule your 3D breast cancer screening (and get a free gift) in Brewster today!

Pictured: Charlene Dovich, Mammography Tech

Community Bulletin Board

Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Garage and Yard Sale Ads are paid events, please email: classifieds@ward.media . To submit info call 509-548-5286 or email: ruth@ward.media

Meetings

Mondays

Okanogan County Fair Advisory Committee: Second Monday, 6 p.m. Meetings are open to the public. Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

Family and friends Support Group: Third Monday, 7-8:30 p.m., Grace Lutheran Church, 1408 Washington Street, Wenatchee. Contact: 509-860-3620, website at: tcfwenatcheevalley.org

Tuesday

Okanogan County PUD: The commission meets the second and fourth Tuesday of the month at 3 p.m. Information: okanoganpud.org

Douglas County PUD meetings: The commission meets the first and third Tuesday of the month at 1:30 p.m. in the East Wenatchee office. Information: douglaspu.org

Survivors of Suicide Loss Support Group: Second Tuesday, 7-8:30 p.m., Grace Lutheran Church, 1408 Washington Street, Wenatchee. Contact: 509-860-3620, website at: tcfwenatcheevalley.org

Survivors of Suicide Loss Support Group
WENATCHEE - Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Wednesday
American Legion Post #97: Current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the American

Legion Post in Brewster. Information: Greg Wagg, 206-550-6474.

American Legion Auxiliary #97: Meets the first Wednesday of each month, at 5 p.m. at the American Legion Post in Brewster.

Brewster Chamber of Commerce: Meets the third Wednesday of each month at 6 p.m. at the Senior Center, 109 Bridge Street. Information email: brewsterwachamber@gmail.com

Death Cafe Chelan: Third Wednesday, 11:30 a.m.-12:30 p.m., Chelan Public Library, 216 N. Emerson Street; and 5:30-6:30 p.m., Chelan Senior Center, 534 Trow Avenue. Contact: Concie Luna or Vita Monteleone at monte419@nwi.net.

Thursdays

Brewster bus trips: OCTN takes Brewster area residents to Wenatchee, second Thursday of the month. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Family Caregivers/Support Group: Third Thursday, 10 a.m.-11:30 a.m., Lake Chelan Chamber of Commerce, Coldwell Banker Board Room, 216 E. Woodin Avenue, Chelan.

Other Events/meetings

Okanogan County School Retirees' Association (OCSRA) will meet 11 a.m., Tuesday, October 29 at the

Community Presbyterian Church of Omak, 9 S. Birch St. Omak. Fall Grant winners will be selected. Information: Carol Payne, 509-322-5788

Brewster Senior Meals: The Senior Center serves meals at noon on Tuesdays, Wednesdays and Fridays. Home delivered meals are delivered those same days. Call 509-689-2815 to reserve meals. For those over age 60 \$5. For those 60 and under \$12.

Senior Center Thrift Store: The Brewster- Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

Brewster American Legion events: Bingo every Thursday night at 6 p.m. Open to the public. Friday Steak Dinner starts at 5 p.m.; Sunday 9 a.m. to 12 p.m., order from the full breakfast menu. Daily lunch specials except for Mondays and Saturday when they are closed.

Chelan Valley Hope: Chelan Valley Hope's Winter Coat Drive has officially launched for the season! We are accepting new and gently used coats, hats, scarves, gloves, and new socks. All sizes are needed. Donation bins can be found at the following locations: Chelan Valley Hope, Chelan Fire Dept., Manson Fire Dept., Lake Chelan Eagles, North Shore Bible Church, Chelan Public Library, Wheatland/North Cascades Bank, Cashmere Valley Bank, Lake Chelan Building Supply in Manson, and Even Keel Roadhouse. If you are in need of warm winter wear please call or visit us at Chelan Valley Hope, open Monday through Thursday 9 a.m.-3 p.m. Call 509-888-2114 for more information or to schedule an appointment.

Can Citrus Bergamot Lower Cholesterol?

2022 was not a good year for Joyce, a dear friend of mine. She turned 80 years old and two weeks later was informed that her breast cancer had returned and spread to her bones. Luckily, she responded well to the medications given to her to suppress it.

The main issue was her "bad" cholesterol, the LDL. It was too high. She had been trying to get it under control for the last several years, eating a low-fat diet and walking 2 miles daily. It stubbornly refused to drop any further.

Her family doctor recommended starting a statin medication to bring down her LDL. Because she experienced joint and muscle aches while taking her estrogen-blocking medicine for breast cancer, she was reluctant to take another medication that could cause muscle pain or weakness and kept looking for another alternative.

Her daughter suggested she try a citrus bergamot supplement. "Mom, I took citrus bergamot for 6 months,

and now my cholesterol level is normal. My doctor is amazed. You should try it."

Citrus bergamot has been getting a lot of attention, which it deserves. This lesser-known citrus fruit can provide many of the benefits of a prescription statin medication but without its side effects, like muscle pain and weakness. Pharmaceutical scientists are intrigued by how bergamot extracts could reduce complications from heart disease.

Bergamot works to reduce cholesterol in three different ways. The first way is like a statin medication. In fact, two compounds found in bergamot are almost identical in structure to prescription statin medications given for cholesterol control. It's believed bergamot blocks the last step in making cholesterol at the same place and in the same way as prescription-only statin drugs do.

Another way bergamot lowers bad cholesterol is by interfering with how your body gathers sterols, the building



Ask...
Dr. Louise

blocks your body needs for making cholesterol.

Bergamot also mimics the action of another major prescription medicine, metformin. A leading medication for Type 2 diabetes, metformin works by activating a beneficial pancreatic enzyme called AMPK, which reduces insulin resistance.

Bergamot also boosts the action of AMPK. Increasing AMPK decreases blood sugar, "bad" cholesterol (LDL), and triglycerides while increasing "good" cholesterol (HDL).

Finally, bergamot reduces the inflammation of blood vessels that leads to atherosclerosis. It does this by inhibiting the oxidation of bad cholesterol (LDL) into breakdown products that trigger inflammation of blood vessels. In fact, bergamot has been shown to protect the blood vessels of the kidneys and liver from atherosclerotic damage.

Could citrus bergamot be harmful?

YES, if you take medicines that interact with grapefruit.

In a similar way to grapefruit, bergamot may affect the absorption of some medicines. Unfortunately for my friend Joyce, one of her breast cancer medicines interacts with grapefruit. That means that she should NOT



STOCK PHOTO

See **DR. LOUISE** Page B1

BUSINESS & SERVICE DIRECTORY

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Okanogan County Republican Party

Recommendations for the November 2024 General Election

US President
★ Donald Trump

US Senator
★ Raul Garcia

US Representative
★ Jerrod Sessler

Initiatives - Vote YES, pay LESS

- ★ Yes on I-2066 (Stop Natural Gas Ban)
- ★ Yes on I-2109 (Stop Income Tax)
- ★ Yes on I-2117 (Stop Hidden Gas Tax)
- ★ Yes on I-2124 (Give Workers a Choice)

Governor
★ Dave Reichert

Lieutenant Governor
★ Dan Matthews

Secretary of State
★ Dale Whitaker

Attorney General
★ Pete Serrano

State Auditor
★ Matt Hawkins

Superintendent of Public Instruction
★ David Olson

State Treasurer
★ Sharon Hanek

Commissioner of Public Lands
★ Jaime Herrera Beutler

Insurance Commissioner
★ Phil Fortunado

State Supreme Court Justice
★ Dave Larson (position 2)

Legislative District 7 Representatives

- ★ Andrew Engell (position 1)
- ★ Hunter Abell (position 2)

County Commissioners

- ★ Nick Timm or ★ Marc Doney (dual endorsement for position 1)
- ★ Andy Hover (position 2)

PUD Commissioner
★ Wayne Stevie

Please vote as early as you can!

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Baptist Church

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SPORT SCHEDULE

Football		
Fri, Oct 18,	7:00 PM Brewster vs. Okanogan,	Away
Fri, Oct 18,	6:00 PM Bridgeport vs. Pateros,	Away
Fri, Oct 18,	6:00 PM Pateos vs. Bridgeport,	Home
Sat, Oct 19,	6:00 PM Waterville-Mansfield vs. MLCA,	Away
Soccer - Girls		
Thu, Oct 17,	4:00 PM Brewster vs. Cascade (Leavenworth),	Home
Thu, Oct 17,	4:30 PM Bridgeport vs. Oroville,	Away
Thu, Oct 17,	4:30 PM Pateros vs. Lake Roosevelt,	Away
Sat, Oct 19,	1:00 PM Brewster vs. Bridgeport,	Home
Sat, Oct 19,	1:00 PM Bridgeport vs. Brewster,	Away
Tue, Oct 22,	4:30 PM Pateros vs. Okanogan,	Home
Volleyball - Girls		
Thu, Oct 17,	6:30 PM Brewster vs. Manson,	Away
Thu, Oct 17,	5:00 PM Bridgeport vs. Lake Roosevelt,	Home
Thu, Oct 17,	6:15 PM Pateros vs. Garden City Academy,	Home
Thu, Oct 17,	6:30 PM Waterville-Mansfield vs. Entiat,	Home
Sat, Oct 19,	2:30 PM Waterville-Mansfield vs. Omak,	Away
Mon, Oct 21,	5:00 PM Bridgeport vs. Wilson Creek,	Home
Mon, Oct 21,	6:00 PM Pateros vs. Cascade Christian Academy,	Home
Tue, Oct 22,	6:30 PM Brewster vs. Okanogan,	Away
Tue, Oct 22,	6:30 PM Pateros vs. Entiat,	Away
Tue, Oct 22,	6:30 PM Waterville-Mansfield vs. Oroville,	Away

Bridgeport falls to Waterville-Mansfield on homecoming, crowns dual kings



COURTESY OF BRAD SKIFF/BRIDGEPORT SCHOOL DISTRICT
King Jonathan Medina and Queen Vanessa Perez.



COURTESY OF BRAD SKIFF/BRIDGEPORT SCHOOL DISTRICT
Bridgeport's Giovanni Garcia, 2, runs the balls against visiting Waterville-Mansfield during Homecoming Night, Oct. 4. It was the second meeting of the two teams this season. The Mustangs lost the first high-scoring game, 62-52, on Sept. 6, and fell to the Shockers, 48-6, at Homecoming. Brothers Jose and Jonathan Medina shared the throne as Homecoming kings.



COURTESY OF BRAD SKIFF/BRIDGEPORT SCHOOL DISTRICT
King Jose Medina and Queen Jacky Soto.

SCOREBOARD

Football		
Fri, Oct 11,	Bridgeport 12, Entiat 78	Loss
Fri, Oct 11,	Pateros 6, Moses Lake Christian Academy 50,	Loss
Sat, Oct 12,	Waterville-Mansfield 14, La Conner 22	Loss
Soccer - Girls		
Thu, Oct 10,	Brewster 3, Omak 2	Win
Thu, Oct 10,	Bridgeport 1, Pateros 0	Win
Thu, Oct 10,	Pateros 0, Bridgeport 1	Loss
Volleyball - Girls		
Thu, Oct 10,	Brewster 1, Omak 3	Loss
Thu, Oct 10,	Bridgeport 0, Pateros 3	Loss
Thu, Oct 10,	Pateros 3, Bridgeport 0	Win
Thu, Oct 10,	Waterville-Mansfield 3, Garden City 0	Win
Sat, Oct 12,	Brewster 3, Waterville-Mansfield 2	Win
Sat, Oct 12,	Bridgeport 3, Oroville 0	Win
Sat, Oct 12,	Waterville-Mansfield 2, Brewster 3,	Loss

Bridgeport's early lead slips away in 11-1 loss to Cascade



SEBASTIAN MORAGA/SPECIAL TO WARD MEDIA
Ximena Nava unloads a shot past the mark of Cascade's Adilene Castañeda. Bridgeport struck early, taking a 1-0 lead, but Cascade ended up taking the W.



SEBASTIAN MORAGA/SPECIAL TO WARD MEDIA
Yathziri Rivera tries to maneuver the ball past two Cascade players in Leavenworth last Saturday. Bridgeport took an early lead but gave up a handful of late goals that put the game away in favor of the Kodiaks, 11-1.

Bears rout Kodiaks 21-12 at Homecoming



MIKE MALTAIS/WARD MEDIA
From left Homecoming royalty includes freshmen Alex Aparicio and Ruby Reed, sophomores William Reynolds and Nia Arellano, juniors Anthony Martinez and Hyleah Aparicio, senior king Jason Madrid and Queen Zoe Arellano.



MIKE MALTAIS/WARD MEDIA
Junior Adrian Gomez cradles one of two Cascade interceptions that helped Brewster score two touchdowns late in the first half for a 21-0 lead.



MIKE MALTAIS/WARD MEDIA
Alex Aparicio and Ruby Reed



MIKE MALTAIS/WARD MEDIA
King Jason Madrid and Queen Zoe Arellano

By MIKE MALTAIS
Ward Media Staff Reporter

BREWSTER – Homecoming was a winner in more ways than one for the Bears varsity football team last Friday, Oct. 11, as they capitalized on two back-to-back touchdowns late in the first half to take a 21-0 lead over visiting Cascade that the Kodiaks could not catch.

With a 6-0 lead through much of the first half the Bears capitalized in a pair of interceptions and a trick double handoff and pass play to put 14 points on the board

in the space of less than two minutes. The half ended with Brewster up 21-0.

After halftime ceremonies that saw seniors Jason Madrid and Zoe Arellano crowned Homecoming King and Queen, Cascade punched in for its first score early in the second half and added six more points near the end of the game for a 21-12 final. The win ties the Bears with Okanogan for in the 2B Central. Cascade stands at 3-2 in the 1A Caribou Trail League.

Mike Maltais: 360-333-8483 or michael@ward.media

Pateros sweeps Bridgeport



MIKE MALTAIS/WARD MEDIA
Bridgeport's Lindsay Garcia digs a serve from visiting Pateros during action in the Middle School gym last Thursday, Oct. 10.



MIKE MALTAIS/WARD MEDIA
Nannies varsity player Lexi Vargas sets up a return against Bridgeport. Pateros won the match in three straight sets.



MIKE MALTAIS/WARD MEDIA
William Reynolds and Nia Arellano



MIKE MALTAIS/WARD MEDIA
Juniors Anthony Martinez and Hyleah Aparicio

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Legislative candidates weigh in on STEM education at Wenatchee forum



District 12 candidates left to right: Rep. Keith Goehner, Heather Koellen, Rep. Mike Stelle, and Daniel Scott. Brian Burnett attended via Zoom.

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

WENATCHEE – Legislative candidates from Districts 7, 12, and 13 shared their thoughts on the future of STEM education and career-connected learning for youth through a forum on Oct. 7.

The forum was hosted by the Apple STEM Network in partnership with the North Central Educational Service District (NCESD) and NCW Tech Alliance.

“I was really excited with how many of the candidates came forward and participated, and they all seem to have done their homework and really [tried] to educate themselves about education through connected learning...It was really enlightening to get a sense of their thoughts around what we do here,” said Holly Bringman, NCESD STEM Network Coordinator.

Wenatchee Valley College President Dr. Faimous Harrison moderated the discussion for 7th Legislative District position two candidates, Andrew Engell and Soo Ing-Moody and position one candidate Hunter Abell.

Apple STEM Network

data shows that 68 percent of family-sustaining jobs in NCW require some sort of credential after high school, but only 28 percent of local youth are on track to earn one.

Position two candidates were asked what the most important actions needed to ensure more students are prepared to fill those roles in the next year.

Both Engell and Ing-Moody were in favor of early exposure to different pathways. Engell encouraged career fairs that provide access to pre-apprenticeship programs, while Ing-Moody stressed the importance of legislative support in collaboration, addressing concerns shared by community colleges and school districts of having to compete for enrollment due to Running Start.

“If [kids] don’t see the clear pathways, it’s a challenge. Depending on what your interests are, you need to find your way,” said Ing-Moody.

When posed with a similar question, Abell said he was interested in promoting messaging that supported alternative pathways in addition to traditional four-year degrees.

“I’m interested in having different messages that are out there, one that models technical programs, one that models community colleges, and one that really shows these students that there are various other pathways out there,” said Abell.

Candidates also addressed the challenges of utilizing a High School and Beyond platform for students to connect to opportunities beyond school. Ing-Moody addressed the need to ensure access to technology is equitable, and the opportunity to utilize partnerships with Microsoft and other organizations for tools and training. While Engell was in support of more educational opportunities, he stressed the need for more options and less mandates, especially for rural communities.

“And when we do have mandates, we need to make sure the state’s fully funding them,” said Engell.

In a panel led by Big Bend Community College President Dr. Sara Thompson Tweedy, District 13 Representatives Tom Dent and Alex Ybarra, who are running unopposed and for separate positions,



District seven candidates Hunter Abell, Soo Ing-Moody, and Andrew Engell.

discussed digital equity, early learning, and rural access to postsecondary resources.

Rep. Ybarra discussed the work they are currently doing, such as increasing broadband access, and promoting digital equity through programs that provide technology education and financial assistance for computers.

For early learning, Rep. Dent stressed the need to increase support for childcare centers who are overburdened by regulations, and said he was working on a bill to make childcare centers more viable and promote early learning.

“Early learning is a pathway out of dependence. Okay, we don’t need welfare reform. We need to teach people so they can take care of themselves...I truly believe that, and to give them a pathway out of attendance to be the way to go,” said Rep. Dent.

When addressing access to secondary education, Rep. Ybarra and Rep. Dent emphasized the importance of having conversations with experts from community colleges and school districts to learn what they need on a legislative level.

Lastly, the panel for District

12 candidates was moderated by Dr. Tracey Edou, Superintendent of Cascade School District. Participating panelists included candidates for position one Brian Burnett and Heather Koellen, position two candidates Daniel Scott and Representative Mike Steele, and Representative Keith Goehner.

Edou asked Burnett and Koellen how they would ensure digital equity with a number of online requirements such as the High School and Beyond platform. Burnett said he would work across the aisle to ensure broadband access is expanded.

“I don’t necessarily have the answers, but I know that we need to come together and work as a team to make that happen,” said Burnett.

Koellen said there was a need to increase accessible and consistent broadband, as well as expand education on how to use technology.

“We also need to ensure strong partnerships between local industries, community colleges and high schools to create a seamless transition from school to work in fields like healthcare, renewable energy, manufacturing and

tech,” said Koellen.

Edou asked Scott and Rep. Steele how they would ensure schools in rural and under-resourced areas would have access to necessary technology and qualified teachers in place to meet a proposal to have computer science as a graduation requirement.

While the efforts would be challenging, Scott said he would bring unique insight to the legislature with an engineering background.

“We do need to make sure that we educate the teachers on how to educate the children, on how to use these devices, and we need to make sure that there are systems in place to do that. This proposed requirement, this computer science requirement for all students, I think it’s pretty valuable,” said Scott.

Rep. Steele emphasized the importance of ensuring that the class fits appropriately into the school day and students’ curriculum, with proper state to ensure the proposed mandate doesn’t become another burden on students and educators.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Dr. Louise

Continued from page A3

take bergamot because it could cause an exaggerated effect of that medicine.

Although most pills dissolve in your stomach, they don’t enter your bloodstream until they enter your small intestine. From there, vitamins, minerals, nutrients, and medications move from

your small intestine into your bloodstream with the help of special cells and enzymes.

Grapefruit juice, fresh grapefruit, and citrus bergamot contain natural compounds that inactivate a protein enzyme called CYP3A4. CYP3A4 takes apart and changes the shape of certain medicines, neutralizing part of each dose before it gets to your bloodstream. Without this enzyme, you absorb more

medicine, up to 50% more. It’s like taking an extra half tablet of medication.

I broke the bad news to Joyce. She asked, “Would it help if I take the bergamot and my medicine at different times?”

“No. The effect of grapefruit or bergamot on CYP3A4 lasts for up to 3 days after just one serving. The only way to avoid the interaction is to avoid grapefruit and bergamot completely while on the

medication.”

Here are 3 Tips for Taking Citrus Bergamot Safely:

1. Check for a grapefruit interaction.

Any medicines affected by grapefruit can also be affected by bergamot. Look for a small sticker on the side of the prescription bottle, or ask your pharmacist if it is safe to have grapefruit with your medicines. Other citrus fruits like lemons, limes, and

oranges are safe.

2. Avoid red yeast rice.

Red yeast rice is the source of the original statin medicine, lovastatin. Grapefruit can affect lovastatin. Until more is known about this potential interaction, avoid combining red yeast rice supplements with bergamot.

3. Kick back on caffeine.

Bergamot may increase the level of caffeine in your system, causing shakiness,

stomach burning, or blood pressure elevation.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can’t Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.* ©2024 Louise Achey

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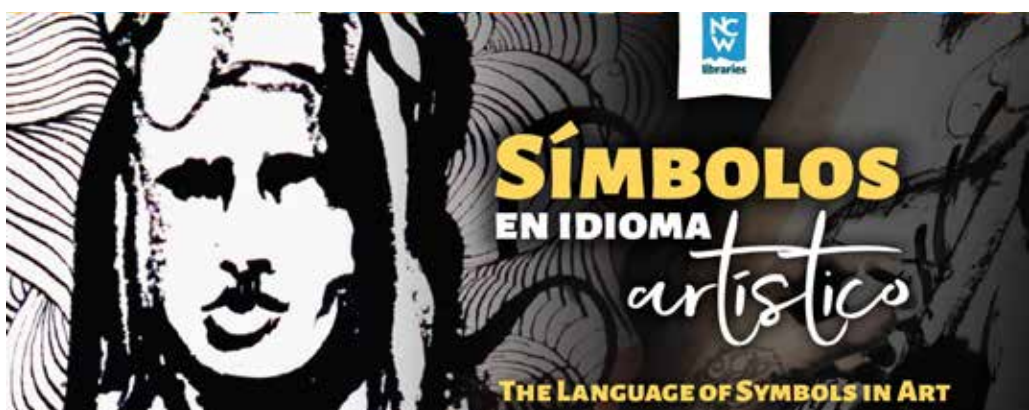
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NCW Libraries to host artist Lupillo Beltran for symbolic art presentations



Local artist Lupillo Beltran's work combines bold graphic elements with cultural symbolism, as seen in this striking black and white portrait surrounded by swirling patterns and a vibrant orange accent. Beltran will explore the use of symbols in art during his upcoming presentations at NCW Libraries.

EPA grant

Continued from page A1

and Climate Justice Community Change Grant Program, but it's only open until November," said Ruiz. "It will not be open again."

Brewster is not passing up the one-time shot despite short notice.

"I just wish we would have had more time to complete a more intense application," Ruiz said.

"The nice thing is we do check all the boxes," said Ruiz. "We have the facilities that need the help and a population base that fits the criteria."

The funds are allotted to benefit communities most impacted by climate change, legacy pollution, and historical disinvestments.

"This is the first time I have had any workings with the EPA," said Ruiz. "I try to attend every meeting that has potential funding opportunity programs. If I can find enough and put them together, maybe we will make a good project, and this is it."

That approach has served Ruiz and the city well in the past with the millions she has sourced for water, reservoir, well, wastewater treatment, and infrastructure grants since the 2014 Carlton Complex wildfire.

A recent unusual project in June 2023 called "ice pigging" by a New Jersey-based company called American Pipeline Solutions flushed the city water lines of accumulated manganese and other impurities. The service was funded by federal dollars and produced such good results that the city plans to periodically repeat it.

FEMA floodplain guidelines alarm

The city was recently informed by the Federal Emergency Management Agency (FEMA) that a large portion of the community and surrounding area is in a floodplain, which was defined

in the most recent flood risk analysis and mapping. Essential power, community, and agricultural infrastructure exist within the proposed floodplain.

FEMA's modeling indicates that over 200 structures, including residential homes, mobile homes, apartment buildings, commercial buildings, and religious facilities, lie within the 100-year floodplain boundary. Using a replacement value of buildings, estimated at an average of \$100 per square foot, the estimated damage to structures in the city would exceed \$19 million.

NRCS study describes the problem.

Brewster engaged the USDA National Resources Conservation Service (NRCS) to complete a Preliminary Investigation and Feasibility Report (PIFR) on the Swamp Creek—Columbia Watershed, which new FEMA guidelines have designated a floodplain. The 54-page report was completed last May.

The report summarized the threat to the city.

The existing watershed has limiting conditions where Swamp Creek enters the Brewster city limits. The drainage is restricted by narrow undersized culverts, sharp turns to avoid existing infrastructure, and flows beneath existing buildings in portions. The drainage nearing, and within, city limits is prone to debris build-up, creating additional channel narrowing. During high flow events, this portion of the drainage backs up, causing flooding of existing infrastructure and buildings, including critical power and transportation.

The report also outlined the benefit of a Watershed Flood Prevention Operation.

A WFPO would help to prevent and mitigate the flooding of the existing power, transportation, and commercial infrastructure. It would also reduce the

substantial daily maintenance required allowing staff to focus more on the operation and maintenance of the potable water distribution and wastewater collection system.

An additional benefit to addressing this drainage is to update the proposed FEMA mapping and reduce the predicted floodway for future flood events to match the area. As proposed the FEMA mapping will negatively impact the existing commercial/industrial corridor and limit future development in a large portion of the city.

Alternatives presented

Of the four alternatives evaluated in the PIFR, two would correct the threat:

- Alternative 2:**
 - Upgrade undersized infrastructure in the Swamp Creek drainage.
 - Install a flood protection berm/levee to protect substation infrastructure.
- Alternative 4:**
 - Improve stream alignment and increase conveyance capacity.
 - Install a flood protection berm/levee to protect substation infrastructure.
 - Develop a greenway corridor along the drainage within the City of Brewster.
 - Incorporate public trails within the greenway.
 - Install a detention basin upstream of the City of Brewster.
 - Develop an aquifer recharge system.

With many parts of Okanogan County declared floodplain under FEMA's new and more comprehensive modeling, Brewster has proactively engaged the agency to mitigate its designation by finding a solution to the problem. If the EPA grant application results in the awarding of the needed funds, the city will have once again knocked one out of the park.

Mike Maltais: 360-333-8483 or michael@ward.media

Brewster judge

Continued from page A1

work with the legal system but also liked it, enough so to consider it a career path.

"I think I want to be a lawyer," he told Thomason.

"That turns your head," Thomason told the council.

He noted that the county is reconsidering some practices to reduce financial hardship cases.

"It used to be that if you had your license suspended third degree, it was a crime, an arrestable offense," said Thomason. "Here we don't charge that way...and the county is actually switching that very shortly, and the

county prosecutor's office is not going to charge that either."

Thomason explained that the old process perpetuates cases where people are stuck in a cycle of poverty, no auto insurance, and penalties that endlessly repeat. He cited his own efforts to break that cycle as an example of a more positive outcome.

"I have people I have been able to...continue their hearings every few months and walk them through how to get their license and how to get their insurance," said Thomason. "Now they are driving with licenses, with insurance. We have four or five of those people who had

never had a license before, and now they have it."

"I like your approach," said Mayor Art Smyth. "Nobody is looking for a court or local tickets as a cash cow. We want to educate and change behavior."

Thomason said he encouraged any feedback from his audience.

"I serve at the pleasure of the council and the mayor," said Thomason. "I see this as a way to interact with people and make them come into the city. I welcome any thoughts that you want the court to focus on."

Mike Maltais: 360-333-8483 or michael@ward.media

Bridgeport Library

Continued from page A1

by Library Forward, a nationally recognized design firm specializing in library spaces.

"Our goal is to reach as many members of the community as possible, both current library users and non-users," said Michelle Orosco, Bridgeport Librarian. "Please come share your ideas for how the library can better serve your needs."

Following the town hall, representatives from the library and design team will be available from 3:00 p.m. to 4:30

p.m. at a pop-up kiosk outside the library and city hall to answer questions and collect additional feedback.

For those unable to attend in person, an online survey is available at www.ncwlibraries.org/bridgeport/. Paper copies of the survey in both English and Spanish can be obtained at the Bridgeport Library.

The community engagement initiative is part of NCW Libraries' broader "Reimagining Spaces" project, a multi-year effort to redesign interiors of all branch libraries across its five-county system. Bridgeport will be the eighth library to undergo this process.

NCW Libraries has enlisted the services of Library Forward and Forte Architects of Wenatchee to spearhead community engagement efforts and develop interior design plans. The design phase for Bridgeport's new interior spaces will begin in early 2025, with completion of the redesign and additions expected in early 2026.

For more information about the Bridgeport Library community engagement and the Reimagining Spaces Project, interested parties should visit ncwlibraries.org/reimagining-spaces/.

NCW News
Ward Media

WENATCHEE - NCW Libraries will host local artist Lupillo Beltran at three locations in October and November, exploring how humans utilize symbols to communicate and share stories and traditions.

Beltran's presentation, "The Language of Symbols in Art," will highlight examples from the Aztecs, modern Mexico, and his family history from Guanajuato, Mexico.

The library system provided a bilingual announcement for the event: "¡Se le invita!

A una plática informal con el grabador local Lupillo Beltrán, para explorar cómo los humanos utilizan símbolos en arte para comunicarse y compartir historias y tradiciones. Su presentación destacará ejemplos de los

Mexicas, el México moderno y la trayectoria de su familia desde Guanajuato."

The program will be offered at these locations:



- Wenatchee Public Library on Tuesday, October 22, from 5:30 p.m. to 6:30 p.m.
- Leavenworth Public

Library on Thursday, November 7, from 6:00 p.m. to 7:00 p.m.

Moses Lake Public Library on Friday, November 8, from 5:00 p.m. to 6:00 p.m.

Beltran graduated from Wenatchee High School in 2002. He has lived and worked in the Pacific Northwest since the 1990s, coming to the area as a migrant worker. Calling the West Coast his second home, his life journey spans from La Paz, Baja California, Mexico, to Juneau, Alaska, and many points in between. He has been creating illustrated art and murals since 2000, starting with the Ferry Street mural in Wenatchee.

For more information, interested parties can visit the Wenatchee and Moses Lake Facebook Event Pages, as well as Lupillo Beltran's official website at www.lupillo-beltran.jimdosite.com.

Recycling, composting panel set for October 29 in Wenatchee

NCW News
Ward Media

WENATCHEE — A panel discussion on recycling and composting practices in Chelan and Douglas Counties will take place on October 29.

The event, scheduled from 6:30 to 8:30 p.m. at the Pybus Market Event Room, is part of the Pybus University series and is organized by Sustainable NCW. The panel discussion begins at 7:00 PM and is free to attend.

Experts from Waste Mana-

gement, Waste Loop, Tekni-Plex, Winton Mfg. Compost Works, the Washington State Department of Ecology, and Zero Waste Washington will participate in the discussion. The event will cover what materials can and cannot be recycled or composted in the region. Attendance options include in-person, online streaming, and on-demand viewing of a recorded version after the event. Spanish interpretation services will be available.

Before the panel discussion, from 6:30 PM to 7:00 PM,

Confluence Rotary will offer e-waste recycling. Accepted items include computers, tablets, cell phones, e-readers, and charging cords. Monitors, printers, copiers, keyboards, mice, and TVs will not be accepted.

For more information, interested parties can contact Marlene Farrell at marlene@sustainablencw.org or 509-885-8887, or visit www.sustainablencw.org/events/recycling-composting-fact-vs-fiction-a-panel-discussion-1.



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Miscellaneous

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Schedule a **FAST, FREE** vehicle pickup and receive a top tax deduction! Call Veteran Car Donations at 1-877-225-8568 today!

PREPARE FOR POWER OUTAGES
today with a GENERAC home standby generator. \$0 money down + low monthly payment options. Request a **FREE** Quote. Call now before the next power outage: 1-888-674-7053.

We Buy Houses for Cash AS IS!
No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-720-3848

General Interest

Conflict Resolution
509 521 6441
NCW
Mediation
Chelan & Manson

Employment

Help Wanted

CITY OF LEAVENWORTH
THE BAVARIAN VILLAGE WA
The City of Leavenworth is hiring for:
• City Engineer
Details at cityofleavenworth.com/employment/. EOE

Help Wanted

Hospitality Specialist (Enzian Inc. Leavenworth, Wa)
We are seeking dedicated and customer focused Hospitality Specialists to join our team. Flexibility to work weekends, Evenings, and Holidays as required. Wages starting at \$18.00 to \$20.00 per Hour: Paid time off: Health Insurance Email Resume and Cover letter to: cindy@enzianinn.com

Real Estate

Rentals

MOUNTAIN VALLEY ADULT TRAILER PARK
Brewster, Washington
Trailer For Rent
References are a must
First. Last and Deposit Required
Non Smoker
(509) 686-7037
Ask for Doreen

Vehicles

Boats & Trailers

GLACIER WEST BOAT STORAGE
Premium indoor boat storage at Lake Chelan! Enclosed boat/trailer storage, flexible lease options, 24-hour security surveillance, and a friendly team of professionals. Call 509-715-2473

Legals

Public Notices

THE CITY OF PATEROS PUBLIC INFORMATIONAL MEETING NOTICE IS HEREBY GIVEN
The City of Pateros is holding a public informational meeting October 21, 2024, at 4:30 pm, at 113 Lakeshore Drive, Pateros Washington, regarding the update to the Park and Rec Plan for the City of Pateros. Community input is welcome. Any questions can be directed to city hall at 509-923-2571. Published online in the Quad City Herald October 7-15, and in print on October 16, 2024. #8713

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of MATTHEW G. ROLLINS, Deceased.
No. 24-4-00365-04
PROBATE NOTICE TO CREDITORS
RCW 11.40.030
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: October 2, 2024
Personal Representative: Douglas E. Rollins
Attorney for the Personal Representative: David J. Bentsen
Address for Mailing or Service: Speidel Bentsen LLP
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 24-4-00365-04
DOUGLAS E. ROLLINS
Personal Representative
Attorneys for Personal Representative: SPEIDEL BENTSEN LLP
By: DAVID J. BENTSEN
WSBA No. 42107
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807
Published in the Quad City Herald on October 2, 9, 16, 2024. #8600

Public Notices

Notice of Election Okanogan County, State of Washington General Election
Tuesday, November 5, 2024
A General election will be held in the below mentioned districts for the purpose of submitting to the voters for their approval or rejection the following. President/Vice President of the United States, U.S. Senate, Congressional District 4 U.S. Representative, Governor, Lt. Governor, Secretary of State, State Treasurer, State Auditor, Attorney General, Commissioner of Public Lands, Superintendent of Public Instruction, Legislative District 7, State Representative Pos. 1, Legislative District 7, State Representative Pos. 2, Okanogan County Commissioner District 1, Okanogan County Commissioner District 2, Okanogan Public Utility District Commissioner 2, Douglas and Okanogan Hospital District 1 Proposition 1, and City of Tonasket Proposition 1.
The registration deadline for online registrations, mail-in registrations and transfers is October 28th, 2024. Any qualified elector who is not registered to vote in the State of Washington may register to vote in person at the Auditor's Office up to and including November 5th, 2024. You can register or obtain registration forms at the Auditor's Office, on line at www.votewa.gov, and Department of Licensing.
The Okanogan County Auditor's Office, 149 3rd Ave N, Room 104, at the County Courthouse, will be open so voters may obtain replacement ballots, drop off voted ballots, obtain provisional ballots, and use the Accessible Voting Units, at the following times.
Monday - Friday 8:00 AM - 4:30 PM October 18th - November 4th, 2024
On Election Day only, November 5th, 2024, 8:00 AM - 8:00 PM.
Drop box locations around the county for this election.
Okanogan County Auditor- 149 3rd Ave. N, Okanogan
Oroville - Police Station, 1105 Main St., Oroville
Tonasket - City Hall/Library Complex, 209 S Whitcomb Ave., Tonasket
Omak - Next to Police Station, 8 N Ash, Omak
Omak - 12 Tribes Casino, 28968 Hwy 97, Omak
Pateros - 180 Pateros Mall in parking lot, Pateros
Brewster- Library 108 S. 3rd St., Brewster
Twisp - City Hall, 110 E 2nd St, Twisp
Coulee Dam - City Hall, 300 Lincoln Ave, Coulee Dam
Nespelem - Outside Agency, 21 Colville St., Nespelem
Winthrop - Library, 112 Norfolk Rd, Winthrop
Riverside- 101 1st St, Riverside
Drop boxes will close at 8:00PM on Election Day
Voters needing additional information or assistance with voter registration forms or voting may call (509) 422-7240. Voters unable to use the mail-in ballot may use the Accessible Voting Unit available at the County Auditor's Office.
Ballots require no postage and must be postmarked no later than the day of the election. Check with your local Post Office for deadlines to have your ballot postmarked properly.
For additional information on the election or regarding voter registration, votewa.gov
Local newspaper, radio, and TV
www.pdc.wa.gov
Meetings of the Okanogan County Canvassing Board are open, public meetings and shall be continued until the activities for which the following meetings are held have been completed. Canvass Board meetings are held in the Okanogan County Auditor's Office, 149 3rd Ave N, Room 104, at the County Courthouse, in Okanogan.
Tuesday, November 19th, 2024 and Thursday, November 21st, 2024 at 11:00 AM to determine the status of any provisional or challenged ballots
Tuesday, November 25th, 2024 at 2:00 PM to canvass the votes cast and certify the election
This notice is in accordance with RCW 29A.52.
Dated at Okanogan, Washington this 12th day of September, 2024.
Cari Hall, Okanogan County Auditor and Ex-Officio Supervisor of Elections
By Jamie Grooms, Chief Deputy/Elections Administrator
Published in the Quad City Herald on October 16, 2024. #8579

Public Notices

Like us on facebook
NCW News Network
Leavenworth Echo
Cashmere Valley Record
Lake Chelan Mirror
Quad City Herald

Every ad you place runs in print and online.
To place a Classified Ad email: classifieds@ward.media
Call 509-293-6780 or go online: ncw.news/

HALLOWEEN WORD SEARCH

WORDS

- BONE
- BOO
- CANDY
- CAT
- COSTUME
- DRACULA
- GOBLIN
- GRAVE
- HALLOWEEN
- HAUNTED
- MONSTER
- MOON
- NIGHT
- OCTOBER
- PUMPKINS
- SCARE
- SCREAM
- SKELETON
- SPIDER
- SPOOKY
- TREAT
- TRICK
- VAMPIRE
- WITCH

Find the words hidden vertically, horizontally, diagonally, and backwards.

Directions: Play this game with a friend or a family member. When you see a person doing each of the respectful behaviors on the bingo card, mark it off. Who can complete one row first? Can you cross off all the behaviors?

The Winning Game

The Game of Respect

Why Play a Game That Everyone Wins?

To be a winner or to be successful in life, you need to be smart in a lot of different ways. Reading, writing and arithmetic are very important, but so is knowing how to get along with others.

Game Rules:

- 2-4 players or teams
- Find a marker for each player or team.
- Flip a coin to move. Heads: move two spaces. Tails: move one space.
- Play until everyone finishes and you are all winners!

Standards Link: Follow multiple-step directions. Recall information. Connect prior knowledge.

Bonus Challenge:

How can you turn losing a game into a win?

Extra! Extra!

What is fairness?

Cut words and photos from the newspaper to show what you think fairness sounds like, looks like and feels like.

Standards Link: Make reasonable assertions through supportive citation. Analyze text.

START

Spoke kindly to family member. **FREE TURN!**

GO!

Fed your pet. **TAKE THE SHORTCUT!**

Describe something your family did together.

Respected your sister's or brother's privacy. **MOVE AHEAD TWO SPACES!**

Cleaned your room without complaining. **Do a cheer!**

Shared your toys. **Give a high five to the person next to you.**

Find a newspaper article about people cooperating.

Act out making your bed.

Asked permission to play outside. **MOVE AHEAD ONE SPACE.**

Name two ways you and the person on your right are alike.

PUT-DOWNS! YELLING! INSULTS! LOSE A TURN!

Compliment the person on your left.

LISTEN

Find an example in the newspaper of someone helping their community. Tell why you respect this person.

Tell about a time you helped at school.

Name a volunteer job you could do.

Planted flowers. **TAKE THE SHORTCUT!**

GO!

Gossiping? **LOSE A TURN.**

Close your eyes and draw your home.

Name something you own that is reusable.

Forgot to take out trash. **LOSE A TURN.**

Reduce: Find something you could do without.

BE HELPFUL

Tell what it feels like to be treated with respect.

Find something at home you could recycle.

Local News

Find a newspaper article that shows teamwork. Explain why you chose it.

Tell how you help keep your classroom clean.

Polite to school custodian. **MOVE AHEAD ONE SPACE!**

Talked when teacher was giving directions. **DO NOT TALK UNTIL NEXT TURN!**

Name two classmates who are respectful to others.

Listened quietly while a classmate spoke. **MOVE AHEAD ONE SPACE.**

Helped someone carry something. **FREE TURN!**

Name a law you must obey.

Shake hands with the person on your right.

SMILE!

PROTECT OUR ENVIRONMENT

Tell about a time someone was kind to you.

Talk about things that make you feel better when you're sad.

Cut through a neighbor's yard. **LOSE A TURN!**

Talk about things that make you feel better when you're sad.

Name three great things about another player.

Talk about a time you showed kindness.

FREE TURN!

Help without being asked. **MOVE AHEAD ONE SPACE.**

Act out helping someone carry a big bag of groceries.

Thank another player for playing this game with you.

You treat others with respect despite differences in age, gender, race or religion. **YOU ARE A WINNER!**

FINISH

BE TOLERANT

Interrupting. **LOSE A TURN.**

Compliment each player.

You helped a younger student. Nice!

Polite to yard duty teacher. **TAKE THE SHORTCUT!**

BE HELPFUL

Find something at home you could recycle.

BE TOLERANT

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FINISH

HOLDING A DOOR OPEN FOR SOMEONE	SOMEONE SAYING "PLEASE"	SOMEONE SAYING "THANK YOU"
TWO PEOPLE SHAKING HANDS	SOMEONE SHARING WITH ANOTHER	SOMEONE PICKING UP LITTER
SOMEONE BEING KIND TO ANIMALS	SOMEONE LISTENING WITH RESPECT	SOMEONE SAYING A KIND WORD
FRIENDS HELPING EACH OTHER	SOMEONE SAYING "I'M SORRY"	SHOWING A POSITIVE ATTITUDE

HOLDING A DOOR OPEN FOR SOMEONE	SOMEONE SAYING "PLEASE"	SOMEONE SAYING "THANK YOU"
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Kid Scoop VOCABULARY BUILDERS

This week's word: **RESPECT**
 The noun **respect** means treating people, animals and things in a kind and thoughtful way.

Anya showed **respect** for her neighborhood by picking up litter.

Try to use the word **respect** in a sentence today when talking with your friends and family members.

Kid Scoop Puzzler

FAIRNESS

Draw lines to divide the pizza into equal slices to share with your friends. Name friends you are sharing pizza with:



Standards Link: Recognize, name and compare fractional parts.

Double Double Word Search

- CHEER
- CLEAN
- DRAW
- FIND
- FINISH
- LISTENED
- KINDLY
- NICE
- POLITE
- RESPECTED
- START
- TWO
- TURN
- WIN
- WORDS

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

F	B	Y	L	D	N	I	K	R	Y
J	I	L	I	S	T	E	N	E	D
K	W	N	C	N	R	U	T	S	A
N	V	Z	D	H	Q	Y	B	P	F
S	I	T	X	R	E	C	W	E	I
T	J	C	W	N	A	E	L	C	N
A	B	V	E	O	U	W	R	T	I
R	A	H	P	O	L	I	T	E	S
T	W	O	R	D	S	N	Q	D	H

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

EXPLORE THE WORLD WITH YOUR LOCAL LIBRARY.

AT YOUR LIBRARY

- Storytimes
- After school events & activities
- Check out books, comics, movies, & more

NCWLIBRARIES.ORG

- Free homework help
- Britannica Library
- Stream books, comics, movies, & more

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