

The Leavenworth Echo



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Volume 124 • No. 41

Upper Valley News Since 1904
A Ward Media Publication

leavenworthecho.com

From the publisher | A2
Supporting nonprofits is essential for thriving communities. Nonprofits are the threads that bind our communities together.

\$10
SPAGHETTI MEAL WITH DESSERT
All are welcome, regardless of age
Oct 12~ 5:30 to 7:30pm
Leavenworth Senior Center | 423 Evans St

The signmakers that shape Bavarian Leavenworth: Gibbs Graphics celebrates 20 years

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

LEAVENWORTH – Gibbs Graphics, the creative force behind Leavenworth’s iconic signs and murals, celebrated 20 years of business on Oct. 3.

Over the last two decades, the business has adorned the town with its work, such as the Nutcracker Museum’s three dimensional signs and six-foot tall nutcracker replica, the Leavenworth Reindeer farm’s reindeer sculpture, and murals on the Festhalle, Icicle Village Resort, the Wood Shop and Hat Shop, and many, many more.

“We’re in the business of helping create positive first impressions on people, whether it’s a sign or a mural,” said co-owner Rusty Gibbs.

Owners Rusty and Amanda Gibbs run their business out of their Leavenworth studio with just under ten employees, designing and creating signs, logos, environments, and sculptures for Leavenworth, as well as businesses and organizations across the country.

Rusty and Amanda Gibbs met in college while studying fine arts and, for practicality, graphic design. They never planned to be sign makers, but the right combination of location, timing, and community support made it a possibility.

“I don’t even think I knew of sign makers coming out of college,” said



Rusty and Amanda Gibbs, owners of Gibbs Graphics, celebrate 20 years of shaping Leavenworth’s iconic signs and murals. The couple started the business after moving back to Rusty’s hometown of Leavenworth and have since become integral to the town’s Bavarian aesthetic.

Amanda.

After traveling post-college, the couple came back to Rusty’s hometown of Leavenworth to reset. At that time, the town’s former

signmaker and a Gibbs family friend Dan Tuttle was reaching retirement, and hired Rusty to help complete his remaining projects. One of his first signs was for Ducks and Drakes.

“We were living in [Rusty’s] mom’s house, who was living in town at that time. He painted that

See **GIBBS GRAPHICS** Page **B4**

Chelan County initiates public engagement on Hazard Mitigation Plan update

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

CHELAN COUNTY – Chelan County is currently in its public engagement phase of the Hazard Mitigation Plan (HMP) update, seeking feedback on the draft plan until Oct. 17.

The HMP is used to reduce risks from natural disasters within county lines. It must be updated every five years in order to maintain accurate information and ensure eligibility for federal grant funding under the Disaster Mitigation Act of 2000 (DMA). The last update occurred in 2019, and expires Dec. 2024.

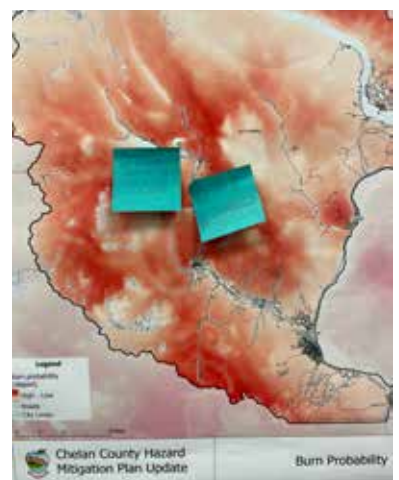
The HMP identifies and ranks the top risks faced within the county: wildfire and wildfire smoke, drought, earthquake, flood, landslides, severe weather, and avalanches. Wildfires

and severe weather are ranked the highest risks countywide, with avalanches ranked as low risks. The plan includes actions to reduce or eliminate long-term risk to lives and property and hazard maps for each considered risk.

The plan covers Cashmere, Chelan, Entiat, Leavenworth, Wenatchee, the unincorporated areas of Chelan County, and nine special purpose districts: Chelan County Flood Control Zone District, Cascadia Conservation District, Lake Chelan Reclamation District, and six fire districts.

The 2024 comprehensive update process was led by the Chelan County Natural Resources Department and the Cascadia Conservation District, with partners from municipalities

See **HAZARD MITIGATION** Page **B4**



Taylor Caldwell / Ward Media
Post-It notes providing feedback from attendees. The county is asking for the public’s input through Oct. 17.



Taylor Caldwell / Ward Media
Chelan County officials said Leavenworth’s meeting had impressive attendance, compared to an empty open house in Wenatchee earlier that day.

Historic building reopens as Dryden Roadhouse



Taylor Caldwell / Ward Media
The entrance of the newly opened Dryden Roadhouse on Main Street in Dryden. The restaurant, owned by Terri Morris and John Bryant, is housed in a historic 1928 building that once served as the beloved Duffy’s Tavern.

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

DRYDEN – The Dryden Roadhouse, located in Duffy’s former space, opened its doors to the public on Oct. 4.

Owned and operated by Terri Morris and John Bryant, the restaurant and bar offers both a bar for ages 21 and up, and a family friendly area.

“I want people to be able to come here, have a good time, relax... [It’s] a place for community,” said Bryant.

Dryden Roadhouse, located in a historic 1928 building, intends to revive the spirit of a town tavern that was well-loved by the

community for decades.

“I have an affinity for the building. I have an affinity for the people who live here,” said Bryant. “There are individuals in the Upper Valley that were coming into this bar 50 years ago, when George Valeson, a.k.a. Duffy, had it back in the day.”

According to previous Cashmere Valley Record reporting, the building was built by John Valeson, a Greek man who had left gold mining in Alaska to experience the “merits of the Valley” told to him by his nephew and owner of Cashmere Cafe, Gus Valissarakos.

Valeson settled in Dryden, and in

See **ROADHOUSE** Page **B4**

CHS Student Caroline Menna named National Merit Scholar semifinalist

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

LEAVENWORTH – Cascade High School student Caroline Menna was named a 2025 National Merit Scholar semifinalist, representing North Central Washington as the only semifinalist in the region.

“I’m really honored to be named a semifinalist. I’m just super honored to represent my school, my area,” said Menna.

Menna joins over 300 students across Washington state who achieved the highest scores on the 2023 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT), qualifying them to compete in the National Merit Scholarship Corporation’s annual scholarship competition.

Out of over three million students who take the PSAT/NMSQT in their junior year, only about 1.3 million meet the requirements to enter the competition, according to the National Merit Scholarship Corporation website. Of those participants, only about 16,000 are named semifinalists.

Throughout her academic career, Menna has been both challenged and supported by her parents, sister, and teachers to pursue her endeavors and strive for excellence. In addition to standard classes, Menna has taken online classes and completed additional coursework outside of school to make the most out of her education.

“Caroline combines a natural giftedness with a strong work ethic, high level of professionalism, dedication to her personal dreams, and a proactive approach to education. She is also personable and able to manage a team with grace,” wrote Roselyn Robison, Menna’s English and Publications teacher, in an email to Ward Media.

As a four-year member of the CHS Publications team and this year’s Editor-In-Chief, Menna “regularly requests to cover stories that require extensive investigation and explore systemic needs for change in our small community,” said Robison.

Menna’s ambition reaches far beyond high school publications. As a Ward Media intern, she has covered significant community issues for The Leavenworth Echo, including the history and uncertain future of the fruit industry, the “Upper Valley Cross,” and the 30th anniversary of the 1994 fires.

Menna is also president emeritus of the Sustainability Club, where she works with the local nonprofit Waste Loop to improve sustainability practices within the high school and throughout town.

Outside of extracurriculars, Menna has been proactive in her community. For instance, she helped develop

See **CAROLINE MENNA** Page **B4**



Caroline Menna

Inside The Echo this Week

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509-548-5286

www.leavenworthecho.com

The Leavenworth Echo

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Services

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\$15.00 for first 30 words .10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

LEANNA SHANNON FACEBOOK PAGE

Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



Leanna Shannon

5

THINGS TO DO THIS WEEK

Friends of the Library meeting

The Friends of the Leavenworth Library will meet on Thursday, October 10, from 9 to 10 a.m. in the City Hall Council Chambers.

"Interested members of the public are welcome," the event page states.

For more information, visit ncwlibraries.org.

Autumn Ambles

The Wenatchee River Institute will host Autumn Ambles on Friday, October 11, from 10 a.m. to 12 p.m. at the Waterfront Park in Leavenworth.

"Walk with us through Waterfront Park as the air begins to cool and the leaves

turn gold," the event page states. "You will learn about the natural and cultural history of Leavenworth with many scenic views along the way."

The cost for the amble is to pay what you can. For more information and to register, visit wenatcheeriverinstitute.org.

Oktoberfest 2024

Oktoberfest 2024 returns to downtown Leavenworth on October 11-12 and 18-19.

"Oktoberfest returns to Leavenworth this fall with longstanding traditions of music, dancing, and the ceremonial tapping of the kegs," the event page states. "Sit under our clear-topped

tent enjoying tasty local and German beers, lively music, and mountain views for days."

For tickets and information, visit leavenworth.org/oktoberfest.

Live music by Leanna Shannon

Icicle Ridge Winery Uptown will host live music by Leanna Shannon on Monday, October 14, from 6:30 to 8 p.m.

"Come enjoy local wine and live music at Uptown," the event page states.

For more information, visit icicleridgewinery.com.

Spaghetti Feed

The Leavenworth Senior Center will host a Spaghetti Feed on Saturday, October 12, from 5:30-7:30 p.m.

"A full-course meal including dessert for \$10," the event page states. "Spaghetti with meat sauce topped

with fresh parmesan cheese, served with a slice of warm garlic bread, and balanced with a lovely lettuce salad. For dessert, expect a freshly-baked chocolate cookie, a freshly baked Apple Blossom or other sweet delight to satisfy the palate."

Supporting nonprofits is essential for thriving communities

Across North Central Washington, nonprofits are the threads that bind our communities together, weaving a fabric of support, compassion, and progress. From food banks that nourish the hungry to shelters that offer refuge, from crisis counselors who lend an ear to arts programs that inspire – these organizations form an essential safety net and enrichment system that neither government nor private enterprise can fully provide.

The value of nonprofits is immeasurable, yet their resources are often scarce. Operating on the generosity of donors and the dedication of volunteers, these organizations face a perpetual balancing act between meeting critical needs and maintaining financial stability. It is important for us, as members of the community, to recognize that the vitality of these indispensable institutions hinges on our collective support.

To view our contributions to nonprofits merely as acts of charity is to underestimate their true impact. In reality, every dollar donated, every hour volunteered, is an investment in the health and vibrancy of our shared community. When we support a local food bank, we're not just filling empty stomachs; we're nourishing the potential for a more equitable society. When we contribute to mental health services, we're not just aiding individuals; we're strengthening the resilience of our entire community.

The dividends of this investment are far-reaching. Nonprofits don't just serve; they stimulate local economies, create jobs, and foster a spirit of empathy that ripples through our neighborhoods. They are often the first responders in



From the Publisher

TERRY WARD

times of crisis and the steady hands guiding long-term community development. Their ability to adapt quickly to emerging needs makes them invaluable assets, especially during unforeseen challenges like natural disasters or public health emergencies.

However, the effectiveness of nonprofits is directly proportional to the support they receive – not just during times of high-profile crises, but consistently, throughout the year. While financial contributions are crucial, support can take many forms.

Volunteering time, offering professional skills, or even simply raising awareness through social media can make a significant impact. The key is engagement – showing up and being part of the solution.

As we look to the future, let us recognize that the strength of our communities lies not just in economic indicators or technological advancements, but in our capacity for compassion and collective action. Supporting our local nonprofits is more than a charitable act; it's a declaration of our values and an investment in the kind of world we wish to inhabit.

In the coming months, I urge you to explore the nonprofits

operating in our region. Find an organization whose mission resonates with you and inquire about ways to contribute. Your involvement, whatever form it takes, will help ensure that our communities continue to thrive and that no one is left behind.

Together, we can build a stronger, more resilient, and more compassionate North Central Washington.

Terry Ward is the CEO of Ward Media and the publisher of NCW News, Cashmere Valley Record, Lake Chelan Mirror, The Leavenworth Echo, Quad City Herald, and the Wenatchee Business Journal. He can be reached at terry@ward.media.

Get rid of all that extra stuff with an ad in the Ward Media Classifieds. **Call us at 509-548-5286**

Leavenworth seeks applicants for vacant city council seat

The Leavenworth Echo Ward Media

LEAVENWORTH—The City of Leavenworth is accepting applications to fill a vacant seat on its City Council. Position No. 4, previously held by Rhona Baron, will be open for appointment starting November 2024.

Applications are due by 4:00 p.m. on October 25. The City Council has 90 days to appoint a new member following the vacancy.

The Leavenworth City Council meets at 7:00 p.m. on the second and fourth Tuesdays of each month in the Council Chambers at City Hall. Regular meetings typically last 1.5 to 2 hours, though they may extend longer depending on public comments or the number of action items. Study Sessions are held at 5:30 p.m. on the same days to discuss various issues, with no actions taken during these sessions.

Council members oversee the creation and administration of city-related subcommittees and advisory committees. The mayor and

mayor pro tempore assign committees annually. These committee meetings, which include City Councilmembers and designated City Staff, are open to the public and held in the Council Chambers in City Hall.

According to Washington State law, qualified applicants must be registered voters, reside within the City limits, and have lived within the City limits for at least one year. The appointed individual will serve until December 31, 2025, which is the remainder of the current term. The position offers a salary of \$600 per month.

Interested residents must submit a letter of interest outlining relevant experience and qualifications, as well as a completed City Council Vacancy Application and Questionnaire form (<https://ncw.social/35canpzy>), by the specified deadline.

A complete application packet should be submitted to the City of Leavenworth, Attn: Andrea Fischer, 700 Hwy 2 | PO Box 287, Leavenworth, WA 98826, or emailed to afischer@cityofleavenworth.com.

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Leavenworth Community Visioning Recap

FIRE HALL | 6-9PM
228 Chumstick Hwy

A PATH FORWARD
October 14

Community Calendar

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.
Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.
Senior Center, Lunch, noon, \$8 per meal

Thursday

Leavenworth Lions Club, Meetings are 1st Thurs. at 6:30pm and 3rd Thurs. at 9 am at Kristalls Restaurant. For more info contact president Tony Maffey at (509)470-6743.
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Parkinson's Support Group Mountain Meadows Assisted Living 320 Park Avenue Leavenworth, WA 98826. Event Date, Last Thursday of every month, time 9:30 a.m. - 10:30 a.m., Contact Cascade Medical 509-548-3420 x 3873
Find strength in community. Join our People with Parkinson's Support Group for valuable connections, shared experiences, and support. Navigate challenges, celebrate victories, and empower each other on this journey. You are not alone. Join us.

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahalia Murphy-Martin, 206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Leavenworth Mosquito District board meeting 1st & 3rd Monday of each month at 7pm via ZOOM link posted at https://leavenworthmosquitocontrol.org/notices-updates/
Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.lpid@nwi.net (2nd Tues.)
Cascade Education Foundation, Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center, Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com
Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org
Open on Tues., 10-5, Wed., 11-6, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St. Call (509) 548-7821 or email peshastin@ncwlibraries.org. Open on Tues., 2-6pm, Wed., 2-6pm. Thurs., 10am-6pm, Fri., 10am-6pm, Sat., 10am-2pm, closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
 Please note that if your organization changes dates, or hours please send us your updates to news@ward.media or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.



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Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

Sept 27

11:52:54 Fraud/Forgery, 24011 White River Rd, Lake 1
 13:11:58 Civil, 821 Front St; Boudreaux Ce Lv
 13:55:35 Traffic Offense, River Bend Dr & Us Hwy 2, Lv
 14:47:15 Welfare Check, 100 Enchantment Park Way# Lv
 15:01:13 Harass/Threat, 10851 Chumstick Hwy, Leave 6
 16:36:09 Atl/Atc, X-120.8336 Y: 475080, Le
 17:28:51 Suspicious, Tumwater Mtn, Leavenworth, 3fs
 18:56:43 Extra Patrol, 10788 Us Hwy 2, Peshastin, 6
 20:02:49 Parking/Abandon, 920 Front St; Wok About Gr Lv
 22:41:38 Disturbance, 1117 Front St; Wanderlust Lv
 23:05:22 Alarm, 7375 Icicle Rd; Quail Conf 6

Creek Rd Mp 2, Leave
 18:44:35 Malicious Misch, 725 Front St, Leavenworth,
 20:33:03 Welfare Check, Peshastin, Peshastin, Wa
 21:02:28 Noise, 221 8th St# B; Ducks And
 23:35:30 Traffic Offense, Us Hwy 2 & Icicle Rd, Leav

Sept 29

6:38:12 Hazard, E Leavenworth Rd Mp 2, Lea
 7:00:25 Hazard, 12814 Fish Hatchery Rd, Le
 12:22:00 Hazard, 707 Us Hwy 2; Hartwig Buil
 12:36:36 Hazard, Chiwawa Loop Rd Mp 7, Lake
 12:53:46 Suspicious, Donder Rd & Thomson Rd, La
 14:51:28 Animal Problem, 1100blk Front St, Leavenwo
 15:04:35 Hazard, Chiwawa Loop Rd Mp 7, Lake
 16:40:04 Accident Injury, 955 Autumn Lily Ln, Peshas
 18:34:11 Atl/Atc, Lake Stuart, Leavenworth,
 20:16:32 Suspicious, 14528 Us Hwy 2, Lake Wenat
 23:53:59 Alarm, 10461 Stemm Rd; Smallwoods

Sept 28

9:01:19 Malicious Misch, 9342 Icicle Rd; Leavenwort
 9:23:22 Assist Public, 126 Fish Pond Ln, Lake Wen
 11:29:33 Alarm, 10221 Peshastin Mill Rd#
 11:47:41 Theft, 905 Commercial St# 6; Ben
 12:13:37 Off Road Vehicl, Beaver Valley Rd & Hill St
 13:06:50 Welfare Check, 330 Prospect St# 1, Leave
 15:29:29 Civil, 622 Cedar St, Leavenworth,
 18:16:52 Traffic Offense, Eagle

Sept 30

4:17:33 Accident Injury, Icicle Rd Mp 7, Leavenwort 3fs
 7:08:25 Welfare Check, 709 Front St; Muenchen Hau Lv
 8:40:22 Harass/Threat, 8460

Main St# C, Peshasti 6
 11:25:08 Scam, 122 Zelt Strasse, Leavenwo Lv
 12:42:18 Trespass, 12688 Chumstick Hwy, Leave 6
 13:00:38 Extra Patrol, Icicle Rd & Shore St, Leav 6
 13:18:00 Fraud/Forgery, 12692 Ranger Rd, Leavenwor 6
 17:18:23 Welfare Check, 3412 Ingalls Ln, Peshastin 6
 17:23:22 Property, Leavenworth, Leavenworth,
 21:14:59 Animal Problem, Mine St & Marson Dr, Leave Lv
 21:55:45 Weapons Violati,
 10000blk Merry Canyon Rd, 6

Oct 1

10:43:37 24c10672 Trespass, 21207 Stetson Rd, Plain, W
 11:15:28 24c10673 Alarm, 18632 Beaver Valley Rd; Ju
 12:03:23 24c10676 Civil, 10 Beaver Brook Ln, Plain,
 12:30:04 24c10677 Welfare Check, 7375 Icicle Rd; Sleeping L
 12:37:32 24c10678 Alarm, 18632 Beaver Valley Rd; Ju
 12:56:08 Suspicious, 309 8th St; Posthotel Leav Lv
 16:04:20 Malicious Misch, 8721 School St# 1/2, Dryd 6
 21:12:44 Suicide Threat, 21608 Camp 12 Rd, Plain, W 1
 21:12:56 Civil, 3234 Allen Ln, Peshastin, 6
 21:53:15 Assist Public, 705 Pine St, Leavenworth, Lv
 22:36:27 Theft, 935 Front St; Icicle Brew! Lv

Oct 2

0:02:37 Traffic Offense, 116 River Bend Dr; Safeway Lv
 1:55:32 Noise, 8915 Icicle Rd, Leavenwort 6
 1:55:32 Noise, 8915 Icicle Rd, Leavenwort
 18:59:06 Welfare Check, Blackbird Island, Leavenwo Lv
 19:07:07 Animal Problem, 12696 Ranger Rd; Area, Lea 6
 20:37:34 Disturbance, 1505 Alpensee Strasse; Alp Lv

Oct 3

5:54:21 Parking/Abandon, 10001 School St; Peshastin 6
 6:31:25 Suspicious, 114 W Center St, Leavenwor Lv
 8:16:12 Assist Agency, Us Hwy 2 Mp 105 Wb, Dryden 6
 10:45:41 Suspicious, 3412 Ingalls Ln, Peshastin 6
 11:56:22 Disturbance, 12790 Fish Hatchery Rd; Ca 6
 14:46:01 Theft, 827 Front St; Mountain Mod Lv
 15:44:26 Theft, 11756 Us Hwy 2; Jerrys Aut Lv
 16:01:30 Hazard, North Rd & Anderson Canyon 6
 18:09:54 Trespass, 116 River Bend Dr; Safeway Lv
 18:21:52 Assist Public, 22744 Lake Wenatchee Hwy, 1
 18:24:12 Trespass, Camas Creek Rd & Tip Top R 6
 21:12:20 Suspicious, 3261 Hansel Ln, Peshastin, 6

October is Breast Cancer awareness month

"My new medicine is making me ache all over. My doctor says I have to take it for the next 5 years? I can't take this for another 5 weeks, let alone 5 years," insisted Anna, a 66-year-old breast cancer survivor.

After completing chemotherapy and surgery 6 months ago, Anna's doctor prescribed an anti-estrogen medicine called Arimidex® (anastrozole) to help prevent it coming back. He wants her to take it for 5 years. But 2 weeks after starting it, she wanted to quit.

Anti-estrogen medicines are widely used to treat and prevent breast cancer. There are two types of anti-estrogen medications: those that reduce estrogen production, and those that block its action on the body.

In women who have gone through menopause, an enzyme called aromatase is needed to create estrogen. Medications interfering with estrogen production by aromatase are called aromatase inhibitors. Anastrozole (Arimidex®) and letrozole (Femara®) are aromatase inhibitors often prescribed for 5 years after initial breast cancer treatment to decrease the risk of recurrence.

Estrogen-blocking medicines prevent estrogen from binding to breast tissue. The estrogen blocker tamoxifen (Nolvadex®) is used alone or with other drugs to treat breast cancer and avoid its recurrence in high-risk women.

Anti-estrogen medicines' most common side effects are aching muscles or joints, hot flashes or night sweats, weight gain, dry skin and hair, and vaginal dryness and discomfort.

One way to combat dry skin and hair is to eat a "good fat" diet with olive oil like in the Mediterranean diet or coconut oil instead of vegetable oil or butter. I prefer avocado oil, which has a buttery flavor.

Hot flashes and night sweats are common side effects of tamoxifen or aromatase inhibitors. Unfortunately, hot flashes from these medicines don't seem to respond to eating soy, black cohosh (Remifemin®) or red clover supplements.

Unfortunately, Remifemin® and some herbal products sold for menopausal symptoms like hot flashes CAN act like estrogen in breast tissue. You DON'T need this if you trying to decrease your risk of breast cancer.

Fortunately, some prescription medicines can help relieve menopausal symptoms without estrogen. Antidepressants like venlafaxine, citalopram, and nerve medications like gabapentin can ease hot flush and night sweats.

Like Anna, nearly half of

women taking aromatase inhibitors experience aching muscles or painful joints. Although non-prescription medicines may offer relief, no one option stands out as being superior.

One option is Tylenol 8-Hour® or Tylenol Arthritis® Extended Relief, which lasts twice as long as Tylenol® Extra Strength. Anna could try one or two of the 650mg tablets twice daily every day.

Anti-inflammatory medications may also help muscle aches and joint pain, like Ibuprofen (Motrin-IB), naproxen (Aleve®), fish oil capsules, or cannabidiol (CBD). Glucosamine may offer relief and has minimal side effects; it can also be added to other medicines without causing problems. I recommend glucosamine powder twice daily because it is less expensive and better absorbed than taking the pill form. Allow 4-6 weeks of taking glucosamine to see the full effect before deciding if it's helping you. Collagen is another natural option.

People differ widely in how drugs and supplements affect them. There are several aromatase inhibitor drugs available. Switching to a different medicine can make a huge difference.

Here are 5 Tips for Living with Anti-Estrogen Medicines:

1. Try a "good fat" diet.
 To relieve dry skin and hair, switch from a "low-fat" to a "good-fat" diet like the Mediterranean diet. "Good fats" include coconut, avocado, and olive oil. Taking a fish oil supplement may also help.

2. Avoid soy and menopause relief supplements.

Don't take concentrated soy products and herbal supplements marketed for hot flush symptoms. Although weaker than prescription-strength estrogen, these alternatives can have similar effects on breast tissue and should be avoided by women at risk for breast cancer.

3. Keep moving.

Physical activity discourages weight gain, boosts mood, and may reduce the muscle aches and joint pain experienced by nearly half of women who take an aromatase inhibitor. If your muscles or joints ache, don't blame old age; it may instead be due to your medicine.


Glucosamine powder, Tylenol® Arthritis (650mg tablets), Aleve® (naproxen), Motrin-IB (ibuprofen), fish oil capsules, collagen, and even CBD elixirs can help you stay more active.

4. Talk to your doctor.

For hot flashes and night sweats, prescription medicines like the antidepressants venlafaxine and citalopram or anti-seizure gabapentin may help.

5. Don't suffer, speak up!

Talk to your doctor if your muscles or joints hurt.

Ask... 

Dr. Louise

Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2024 Louise Achey

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CASCADE SPORTS SCHEDULES

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Fri, Oct 11,	7:00 PM Cascade vs. Brewster,	Away
Soccer- Girls		
Sat, Oct 12,	1:00 PM Cascade vs. Bridgeport	Home
Tue, Oct 15,	4:00 PM Cascade vs. Chelan,	Away
Volleyball - Girls		
Wed, Oct	9:6:30 PM Cascade vs. Liberty Bell	Away
Sat, Oct 12,	2:30 PM Cascade vs. Sultan,	Home

SCOREBOARD

Football		
Fri, Oct 4,	Cascade 28, Tonasket 14	Win
Soccer - Girls		
Tues, Oct 1,	Cascade 3, Pateros 1,	Win
Volleyball		
Tues, Oct 1,	Cascade 0, Chelan 3,	Loss

Upper Columbia Region receives \$5.07 million in salmon recovery grants

NCW News
Ward Media

WENATCHEE — The Upper Columbia region has been awarded \$5,071,069 in state grants for salmon recovery projects, as part of a \$50.3 million funding initiative approved by the Salmon Recovery Funding Board (SRFB) for Washington state in 2024.

The Upper Columbia Salmon Recovery Board (UCSRB) reports that 19 projects in the region will receive funding. The grants will support initiatives aimed at restoring and protecting salmon habitats in Chelan and Okanogan counties.

Of the total regional funding, \$3,549,943 will be allocated to 14 projects in Chelan County,

while \$1,521,126 will fund five projects in Okanogan County. The projects include riparian restoration, floodplain reconnection, fish passage improvements, and habitat enhancement.

Ariel Edwards, a spokesperson for the UCSRB, stated, "The 2024 grant round was a particularly successful one for the region, with a total of 19 projects receiving funding from the SFRB. One project fell short of its full ask by a whopping \$74, but it's safe to say we're considering 2024's grant round to be a huge win!"

Currently, 14 population groups of salmon in the state are listed as "threatened" or "endangered" under the Endangered Species Act, including Upper Columbia spring Chinook.

Of the statewide funding, \$21.6 million has been earmarked for projects addressing riparian ecosystems. This includes \$2.18 million allocated to seven projects in the Upper Columbia region focusing on riparian functions, such as shoreline restoration, riverbank improvement, and solutions to protect streams from cattle.

The SRFB has approved a total of \$216.3 million in funding for projects statewide, with \$23.8 million contingent on the Climate Commitment Act (CCA) remaining in place after the November election. An additional \$142.1 million for projects will be submitted for funding consideration by the state legislature in 2025.

Local organizations

receiving grants include Cascade Fisheries, Chelan County Natural Resources, Chelan-Douglas Land Trust, Methow Salmon Recovery Foundation, Trout Unlimited, and the Yakama Nation. These entities will lead projects ranging from habitat connectivity improvements to riparian protection and restoration.

The selection process for these projects involves watershed-based groups known as lead entities, comprising tribes, local governments, and nonprofit organizations. The UCSRB serves as the lead entity coordinator for the SRFB in North Central Washington, supporting local organizations in submitting project proposals.

ATHLETE OF THE WEEK

Caroline Menna Cross Country Senior

Senior captain Caroline Menna continues to set the pace for Cascade High School's cross-country team. Her remarkable consistency this season is evident in her string of top finishes at the four large invitational meets she has run in this year, placing 2nd, 3rd, 4th, and 7th. Menna's outstanding performances have earned her a place in Cascade's record books as the fifth fastest cross country runner in school history. Her leadership extends beyond race day, as she sets a high standard at every practice with her amazing work ethic. As a team captain, Menna's dedication encourages



her fellow runners to push their limits and strive for excellence. Her combination of individual achievement and team leadership makes Caroline Menna an exemplary choice for Athlete of the Week.

Haunted Museum returns to Wenatchee Valley for 'Ringmaster's Revenge'

NCW News
Ward Media

WENATCHEE—The Wenatchee Valley Museum and Cultural Center has announced the return of its annual "Haunted Museum" event for October. This year's theme, "Ringmaster's Revenge," will feature a circus-themed

haunted experience.

The event will run on select dates from October 18 to October 30, with check-in times between 6 and 9 p.m. Tickets are priced at \$20 for pre-registered attendees and \$25 at the door. The museum recommends early ticket purchases to secure spots and save money, as tickets have

sold out quickly in previous years.

On October 25, the museum will host a special "Rocky Horror Picture Show" sing-along, encouraging attendees to dress as their favorite characters from the film.

For families seeking a less intense experience, a "Not-So-Spooky Haunted Museum"

event is scheduled for October 31 from 3-5 p.m. This daytime event will offer a family-friendly version of the haunted museum with lights on and treat stations throughout the building.

The museum has issued safety warnings for potential attendees, noting the use of special effects, including

flashing lights, lasers, fog machines, and loud noises. They advise against participation for individuals with certain medical conditions or those under the influence of alcohol or drugs. The Haunt is not recommended for children under 13, and the museum states no refunds will be issued.

The event is supported by grant funding from the City of

Wenatchee and Apple Valley Honda.

The Wenatchee Valley Museum and Cultural Center is a 501(c)(3) nonprofit organization supported by the cities of Wenatchee and East Wenatchee. Its mission is to gather, engage, and educate people to celebrate and preserve the region's history, arts, sciences, and rich diversity.

The NCW News network provides timely, accurate, local news stories that are accessible at any time. Readers can access news from across North Central Washington and from our network of community newspapers, Lake Chelan Mirror, Leavenworth Echo, Cashmere Valley Record, Quad City Herald, and the Wenatchee Business Journal.

NCW NEWS

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OPEN CITY COUNCIL SEAT: APPLICATIONS BEING ACCEPTED

The City will begin the process of filling City Council position No. 4 that was held by Councilmember Rhona Baron by accepting letters of interest and application. Under WA State law, the City Council has 90 days to appoint a city resident to fill the vacancy. Residents interested in serving in the position are encouraged to submit an application packet that will include a letter of interest and completed application to City Clerk Andrea Fischer at Leavenworth City Hall by 4:00 PM on October 25, 2024.

For more information please see our website at cityofleavenworth.com

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CONNECTING COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON

Plug-In NCW's EV Line Up champions electric vehicle adoption in North Central Washington



COURTESY OF PLUG-IN NORTH CENTRAL WASHINGTON

A variety of electric vehicles line the access road at Rocky Reach Dam Park on October 2 for Plug-In NCW's second annual "EV Line Up," part of National Drive Electric Week.

By CAROLINE MENNA
Ward Media Intern

WENATCHEE – On October 2, Plug-In North Central Washington (Plug-In NCW) hosted its second annual 'EV Line Up' at Rocky Reach Dam Park, as part of National Drive Electric Week, which ran from September 27 to October 6 this year. Sponsored by the National Electric Auto Association, the event aimed to educate the public about the environmental benefits, cost savings, and latest

advancements in electric vehicles (EVs). The EV Line Up, according to the chairman of Plug-In NCW's board, Randy Brooks of Chelan, is "an opportunity for the NCW community to see a variety of EVs and ask questions about driving electric." Brooks, who has been involved with the organization since 2005, continued: "We try to gather as many EV makes and models as possible to showcase them, make their owners available to the public for questions about driving an EV in North Central

Washington (NCW), and build interest in electric vehicles more broadly." Plug-In NCW aims to build interest in electric vehicles, advocate for the electrification of all transportation, educate the public on EV benefits, and coordinate the installation of free fast-charging stations across NCW. The non-profit was established as a subsidiary of the North Central Washington Economic Development District, a federally designated economic development district, and

501(c)(3) corporation serving the NCW region covering Okanogan, Douglas, and Chelan counties and the Colville Confederated Tribes. In addition to the Line Up at Rocky Reach, the organization regularly hosts other EV-centered events, such as those at the Chelan County Fair and Earth Day celebrations in Leavenworth, Wenatchee, and Chelan. These events aim to engage both current EV drivers and those interested in making the switch. One of about a dozen

regularly active members of Plug-In NCW, David Morgan, describes the group's mission as "promoting the electrification of almost anything that has an internal combustion engine, including everything from bikes and cars to buses and agricultural equipment to lawnmowers and chainsaws. We even post stories [on our website] about electric boats and plane technology." "Another key thing we do is help to install electric chargers," explained Morgan. "With a grant the organization obtained several years ago, we installed [twenty-two] stations, including several in greater Leavenworth, including three at Sleeping Lady, another at the 59er Diner at Coles Corner. Today, with nearly 900 new chargers installed weekly in the U.S. and with rapid advancements in battery technology, the electric vehicle landscape has evolved dramatically since Plug-In NCW was founded. Here in NCW, fast chargers—such as those at Safeway and Tesla Superchargers by Dan's—have been installed, expanding the charging network, and reducing 'range anxiety.'" Morgan continued: "For those who don't own an electric car and think to themselves when contemplating one, 'I don't see many charging

stations," remember that unlike a gas station with a big canopy and a line of cars coming and going, most of the time, EV stations have minimal infrastructure. Most of the time, they're not as visible, but they're available when you need them. In Wenatchee alone, for example, there are more than 50 charging stations. [EV charging] in the last decade has really become akin to the difference between a flip phone and a smartphone." "I think we have largely helped to normalize the use of electric vehicles in North Central Washington," concluded Morgan. "Through our outreach, I think the local public has become much more educated. And in a region like NCW, where electricity is both inexpensive and largely renewable, our carbon footprint is already lower than average. By reducing the number of gas cars, we can lower it even further, leading to cleaner air, a healthier environment, and save people a bunch of money." For more information on Plug-In NCW, visit their website: plugincw.com

Caroline Menna is an intern for Ward Media and a senior at Cascade High School. She serves as Editor-in-Chief of the Cascade High School Publications Group.

Cashmere's Kyle Davenport sets sights on hydro racing crown

By MIKE MALTAIS
Ward Media Staff Reporter

CASHMERE – If local resident and hydroplane racer Kyle Davenport had agreed to his rival's offer, he would be the Pacific Northwest Boat Racing Association (PNBRA) 2.5 stock high points trophy winner for the season. What was the offer? The rival Monkey Business Race Team, which led the points race the whole season up to the Hampton Cup Regatta in Hampton, Virginia, on Sept. 21-22, suggested that the two rivals forgo another cross-country trip to the East Coast – this time to Lakeland, Florida – and stake it all on the Manson Hydrofest on Manson Bay, Sept. 28-29. The two teams were in a virtual dead heat for first place, with Davenport holding a mere three-point lead. Davenport passed on the offer.

Despite some engine issues, Davenport won three of the four heats in his boat Bantam at Manson to emerge as the 2.5 stock points leader. "I had a bad day on Saturday," said Davenport. "I won the first heat, and he (Monkey Business driver and Gold Cup winner J. Michael Kelly) took third. That win put Davenport 13 points up on his rival. "In the second heat, for the third time this year, the motor experienced a coil failure, and I had a did-not-finish," said Davenport. "Suddenly, I was down by 87 points and feeling pretty upset." To add to his problems, the Bantam's Pinto engine has a warped head, increasing the risk of major damage to the power plant. When Davenport discovered more water than oil in the oil pan, he consulted with his engine builder. They decided that rather than quit

the competition, they would change the Bantam's oil after each race. "It worked," said Davenport. "I won two more victories on Sunday." The Monkey Business meanwhile encountered more mechanical problems and was unable to finish the Sunday heats. Per the earlier offer, had the rivals agreed to call their season at Manson, Davenport would have emerged as the winner. Now, he will make a 6,000-mile round trip to the Orange Cup Regatta on Lake Hollingsworth in Lakeland, Florida, on Oct. 19-20, to decide the issue. "I feel pretty confident about my chances," said Davenport. "It's slightly more complicated than this, but basically, he's got to finish one place ahead of me in all four races in Florida to beat me – if I don't break down – and he has not been able to do that all year." With the winner's trophy



MIKE MALTAIS/WARD MEDIA
Kyle Davenport performs a final check on the Bantam before the start of the Terry Troxell Memorial race in Pateros last August. Davenport's meticulous preparation helped him secure the 2.5 stock points lead in the tight Pacific Northwest Boat Racing Association season.



MIKE MALTAIS/WARD MEDIA
Kyle Davenport (right) with crew members in the hydro pit at the Tony Newton Memorial Regatta in Brewster last month. Davenport's teamwork and preparation have been key to his success as he chases the 2.5 stock points title.

comes "a big fat ring like the Super Bowl ring," Davenport said. Davenport has mounted a GoPro action camera behind his cockpit and posts videos of his races on his YouTube channel, BozGoz (youtube.com/@BozGozRacing).

Davenport has been racing the Bantam for five years. His civilian job is at Rocky Reach Dam, where he has been chief hydro operator since 2018.

Mike Maltais: 360-333-8483 or michael@ward.media

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CONNECTING COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON

Washington State to close 14 motorized Sno-Parks for 2024-25 season



COURTESY OF WASHINGTON STATE PARKS

A map detailing the 14 motorized Sno-parks in Washington state slated for temporary closure during the 2024-25 winter season. The closures, marked in red, are part of a response to a 25% reduction in funds from snowmobile registrations that support the Washington State Parks Winter Recreation Program.

NCW News Ward Media

OLYMPIA — The Washington State Parks Winter Recreation Program will temporarily close fourteen motorized Sno-parks for the 2024-25 winter season. This decision is due to a roughly 25 percent reduction in funds available from snowmobile registrations to support the motorized part of the program.

for temporary closure are Echo Valley, Skate Creek, Bethel Ridge/Soup Creek, Crow Creek, Cloverland, Elk Heights, Fish Creek, French Cabin, Nile, Taneum, Reecer Creek, Crawfish, Nine Bark and Clear Lake. The snowmobile program is self-funded from snowmobile registration fees and a percentage of the gas tax. The program currently receives \$94.20 per registered snowmobile. These funds

are used to pay for services at motorized Sno-parks such as snow removal, sanitation, education, enforcement and trail grooming.

The number of registered snowmobiles has decreased by 52 percent over the past two decades, from a high of 38,331 in 2002 to 18,434 in 2024. The closures are for the 2024-25 winter season, pending future funding availability.

The Winter Recreation Program worked with the Snowmobile Advisory Committee, local snowmobile clubs, and managers of lands on which the Sno-parks are located to finalize the list of closures. The principal goal was continuing operation of the most used Sno-parks and preserving access to the broader network of groomed snowmobile trails.

The Winter Recreation Program at Washington State Parks manages Sno-parks around the state for both motorized and non-motorized use. The program provides snow removal, sanitation, and education and enforcement at Sno-parks and grooming of over 800 miles non-motorized trails and 2,300 miles of snowmobile trails around the state.

Designated non-motorized Sno-parks supporting activities like snowshoeing or cross-country skiing are not impacted by this decision.

Okanogan Valley Soroptimists offer \$1,500 education grant for women

NCW News Ward Media

OKANOGAN VALLEY - Soroptimist International of Okanogan Valley has announced the opening of applications for its Live Your Dream: Education and Training Awards for Women program. The initiative offers financial assistance to women who are the primary wage earners for their families and are seeking to further their education or professional training.

The local club will provide at least one cash award of \$1,500 to a selected recipient, who will then advance to the Soroptimist Northwestern Region level, where recipients could receive up to an additional \$5,000. The program culminates with three finalists and \$10,000 awards at the international level.

Applications are available by contacting Marie Falmo at (509) 429-4352 or by email at siokanganvalley@soroptimist.net.

The application deadline is November 15.

Recipients can use the Live Your Dream Award to offset costs associated with their efforts to attain higher education or additional skills and training. This includes tuition, books, childcare, carfare, or any other education-related expense.

The Live Your Dream Award provides over \$2.8 million in cash awards to head-of-household women in need each year. Since the program's inception in 1972, more than \$40 million has helped tens of thousands of women achieve their dreams of a better life for themselves and their families.

A study conducted by The Fels Institute of Government, a research and consulting organization based at the University of Pennsylvania, confirmed the efficacy and impact of this program. It found that the award improves the recipients' quality of life, builds their confidence, strengthens

their self-determination, and makes them want to, in turn, help others.

The Okanogan Valley club is part of Soroptimist International of the Americas, a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment. Soroptimist, a 501(c)(3) organization, relies on charitable donations to support its programs and also powers LiveYourDream.org, an online community offering offline volunteer opportunities in support of women and girls.

Women interested in applying for the Live Your Dream Award can contact the Okanogan Valley club for more information before the November 15 application deadline.

For more information about how Soroptimist improves the lives of women and girls, visit www.soroptimist.org.

Cascadia Conservation District to hold board meeting on Oct. 18

NCW News Ward Media

WENATCHEE - The Cascadia Conservation District will hold its Regular Board meeting on Friday, October 18, at 1:30 p.m. The meeting will be conducted in a hybrid format, offering

both in-person and remote attendance options.

The in-person meeting will take place at 1350 McKittrick St., Suite B, Wenatchee. Due to limited space, those wishing to attend in person must call the office in advance.

Remote participation will be available via call-in or

Zoom. Detailed information and instructions for attendance will be posted on the District's website at cascadiacd.org.

For more information, interested parties can visit the website or contact the District office at 509-436-1601.

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Dryden section listing churches: Seventh Day Adventist Church, Spirit Life Center, Dryden Community Church, Mid-Valley Baptist Church. Peshastin section listing churches: Light in the Valley Community Church, New Life Foursquare Church.

Plain section listing churches: Plain Community Church. Cashmere section listing churches: Cashmere Presbyterian Church, Cashmere Community Church, Christ Center, St. James Episcopal Church. Monitor section listing churches: United Methodist Church.



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Hospitality Specialist (Enzian Inc. Leavenworth, Wa)
We are seeking dedicated and customer focused Hospitality Specialists to join our team. Flexibility to work weekends, Evenings, and Holidays as required. Competitive salary: Paid time off: Health Insurance Email Resume and Cover letter to: cindy@enzianinn.com

CASCADE SCHOOL DISTRICT
School District is seeking qualified applicants for the following position:
• Cascade High School Boys' Asst Basketball Coach
• Icicle River Middle School Boys' Basketball 2 assistant & 1 head coach
Fast Track application process and information can be found on our website at www.cascadesd.org EOE

Real Estate
Rentals

MOUNTAIN VALLEY ADULT TRAILER PARK Brewster, Washington
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References are a must First, Last and Deposit Required
Non Smoker (509) 686-7037 Ask for Doreen

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Legals
Public Notices

SUPERIOR COURT OF THE STATE OF WASHINGTON KING COUNTY
In the Matter of the Estate of
H. EINAR THOR A/K/A HENRY EINAR THOR, Deceased.
No. 24-4-06215-4 SEA
PROBATE NOTICE TO CREDITORS
RCW 11.40.030

The personal representative named below has been appointed and has qualified as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FILING: September 18, 2024
DATE OF FIRST PUBLICATION: September 25, 2024
Judith Moser
Personal Representative
Attorney for the Personal Representative:
DAVIS WRIGHT TREMAINE LLP
By Matthew A. Widmyer, WSBA No. 54878
Address for Mailing or Service: c/o Davis Wright Tremaine LLP 920 Fifth Avenue Suite 3300 Seattle, Washington 981041610 (206) 6223150
Court of Probate Proceedings and Cause Number: King County Superior Court, Seattle, Washington Cause Number: 24-4-06215-4 SEA
Published in the Leavenworth Echo/Cashmere Valley Record on September 25, October 2, 9, 2024. #8583

Public Notices

NOTICE OF PUBLIC HEARING ON CITY OF LEAVENWORTH PRELIMINARY 2025-2026 BUDGET TO DETERMINE PROPERTY TAX RATE / AD VALOREM TAX
The Leavenworth City Council will hold a public hearing on Tuesday, October 22, 2024 at 7:00 PM at the Leavenworth City Hall on the City of Leavenworth preliminary 2025-2026 budget to review a possible increase in property taxes in review of the ad valorem tax for the 2025 year. Additional Public Hearings for the Budget will occur in November 2024. Copies of the preliminary budget will be available on or before November 8, 2024 at Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday. The public is invited to attend said hearings and make comment. Published in the Leavenworth Echo/Cashmere Valley Record on October 9, 2024. #8501

CRYPTO FUN
Solve the code to discover words related to dog adoption. Each number corresponds to a letter. (Hint: 2 = E)
A. 9 20 12 5 17
Clue: Bring into the family
B. 22 18 2 11 17 2 14
Clue: Where pets wait for home
C. 5 23 5 5 26
Clue: Young dog
D. 14 2 22 1 23 2
Clue: Animal organization

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Allyson Romer - 509-630-9898
Baily Brown - 425- 407-2692

Public Notices

CITY OF LEAVENWORTH REQUEST FOR PROPOSAL FOR 2026 COMPREHENSIVE PLAN HOUSING & LAND USE APPENDICES
The City of Leavenworth (City) is soliciting proposals from qualified consulting firms (Consultants) to provide professional services for the 2026-2046 Periodic Update cycle, as required under the Washington State Growth management Act (GMA). The City is seeking consultant support from firms experienced in land use planning and zoning, housing policy, community engagement, and other comprehensive planning aspects, in accordance with the Department of Commerce Guidelines.
The City of Leavenworth has been awarded grant funding through the Department of Commerce to complete required updates to the Leavenworth Comprehensive Plan. The City of Leavenworth is seeking an experienced long-range planning consulting firm to assist the City through phases of this process. The current phase of the project includes completion of the Housing Element and the Land Use Element Appendices by June 13, 2025.
The complete Request for Proposal (RFP) document can be found on the City of Leavenworth's request for bids/proposals webpage: <https://cityofleavenworth.com/documents/category/requests-for-bids-proposals>. It is the sole responsibility of the Consultant to obtain any RFP updates or addenda from the City's website. Submissions shall be sent electronically to Andrea Fischer, City Clerk, at afischer@cityofleavenworth.com by 4:00 PM on Wednesday, November 6, 2024. Late or incorrectly submitted submissions will be automatically disqualified from consideration. Any qualifications received after the specified date and time will not receive any further consideration by the City.
The City of Leavenworth in accordance with Section 504 of the Rehabilitation Act (Section 504) and the Americans with Disabilities Act (ADA), commits to nondiscrimination on the basis of disability, in all of its programs and activities. This material can be made available in an alternate format by emailing Maggie Boles, Community Development Director at mboles@cityofleavenworth.com, or by calling (509) 548-5275.
The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252.42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all consultants that will affirmatively ensure that any contract entered into pursuant to this request for qualifications, disadvantaged business enterprises will be afforded full and fair opportunity to submit proposal in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Published in the Leavenworth Echo/Cashmere Valley Record on October 9, 16, 2024. #8704

Public Notices

CITY OF LEAVENWORTH NOTICE OF PLANNED FINAL ACTION ON CONDEMNATION
NOTICE IS HEREBY GIVEN that the Leavenworth City Council has scheduled on its agenda consideration of final action upon the following proposed ordinance: **AN ORDINANCE OF THE CITY OF LEAVENWORTH, WASHINGTON, AUTHORIZING THE CONDEMNATION, APPROPRIATION, TAKING AND DAMAGING OF LAND AND OTHER PROPERTY WITH ALL NECESSARY APPURTENANCES AND PROPERTY RIGHTS NECESSARY FOR INGRESS AND EGRESS TOGETHER WITH ALL RIGHTS APPURTENANT THERETO, INCLUDING ACCESS WHERE APPLICABLE, FOR PURPOSES OF REPAIRING, REPLACING AND UPDATING AND REVISING THE CITY'S EXISTING SEWER LINE. THIS ORDINANCE DIRECTS THE CITY ATTORNEY, OR DESIGNEE, TO PROSECUTE THE APPROPRIATE LEGAL PROCEEDINGS, TOGETHER WITH THE AUTHORITY TO ENTER INTO SETTLEMENTS, STIPULATIONS OR OTHER AGREEMENTS; AND ACKNOWLEDGES A PORTION OF THE REAL PROPERTY AFFECTED IS LOCATED WITHIN THE CITY LIMITS OF THE CITY OF LEAVENWORTH, IN CHELAN COUNTY, WASHINGTON; AUTHORIZING PAYMENT THEREOF FROM THE CITY'S GENERAL FUND, UTILITY FUND OR FROM SUCH GRANTS OR OTHER MONIES THAT THE CITY MAY HAVE AVAILABLE OR ATTAIN FOR THE ACQUISITION; AND ESTABLISHING AN EFFECTIVE DATE.**
Date/Time of planned final action: Tuesday, October 22, 2024 at 7:00 p.m. or at such later time as scheduled on the October 22, 2024 Agenda Location of planned final action: City of Leavenworth Council Chambers 700 Hwy. 2 Leavenworth, Washington, 98826
Property affected: Tax Parcel Number 241711818010
Property Address: 225 Prospect Street Leavenworth, WA 98826
Property owner: REBEKAH L. SUBIDO
The full legal descriptions of the property proposed for condemnation can be obtained from the City of Leavenworth, WA 98826 - telephone (509) 548-5275. At the above-stated date, time and location of final action, condemnation of the above-described properties will be considered, and the Leavenworth City Council will decide whether or not to authorize the condemnation of the property. Published in the Leavenworth Echo/Cashmere Valley Record on October 2, 9, 16, 2024. #8621

Public Notices

SHERIFF'S PUBLIC NOTICE OF SALE OF REAL PROPERTY IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN OPEN BANK, Plaintiff(s), vs. MARATHON ENTERPRISES, INC., a Washington Corporation; BALRAJ SINGH, individually, and the marital community composed of BALRAJ SINGH and "SPOUSE" SINGH, a married couple. Defendant(s).
Cause No. 24-2-00412-04
Judgment Rendered On: 7-12-24
Order of Sale Issued: 9-4-24
Date Received: 9-24-24
Date of Levy: 9-25-24
The Superior Court of Chelan County has directed the undersigned Sheriff of Chelan County to sell the property described below to satisfy a judgment in the above-entitled action. The property address is in Washington and legally described as:
LEGAL DESCRIPTION: Lot 11, Cascade Crest Division 3, Chelan County, Washington, according to the Plat thereof recorded in Volume 21 of Plats, Pages 85 and 86.
The Assessor's Tax Parcel ID Number: 232016516110
Property Address: 3639 Ridgeview Blvd., Wenatchee WA 98801
The sale of the above-described property is to take place:
Time 9:30 AM
Date Friday, November 8, 2024
Place <https://www.bid4assets.com/chelancountysheriffsales>
The judgment debtor can avoid the sale by paying the judgment amount of **Two million, five hundred thirty-one thousand, seven hundred fifty-five dollars and eighty-one cents (\$2,531,755.81)** plus interest, costs, and fees before the sale date. For the exact amount, contact the sheriff at the address stated below.
DATED: September 25, 2024
MIKE MORRISON, SHERIFF CHELAN COUNTY, WASHINGTON
By: Jen Ramm, Civil Deputy P.O. Box 36 98807 0036 401 Washington Street, Level One Wenatchee, Washington 98801 Sheriff's Civil Process No. C24-00976 509 667 6876
Published in the Cashmere Valley Record/Leavenworth Echo Dates of Publication: October 2, 2024; October 9, 2024; October 16, 2024; October 23, 2024. #8609

SUDOKU
Fun By The Numbers
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!
Level: Intermediate
Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

				2	1			
	9	3			8			
2					6		7	
	4		6	3				
	7				9		8	
								1
		9	5	2				
		8					7	4
	5	3						

Answers: A. adopt B. shelter C. puppy D. rescue

Caroline Menna

Continued from page A1

an outreach program with her ski team to improve the sport's accessibility to Hispanic families in the region, and started a food program for underprivileged students over school breaks with her family.

"I try to be as involved in my community as possible, because this community has helped me so much, and I want to try to give back a little

bit," said Menna.

Looking beyond her senior year, Menna is interested in pursuing science communication, where she can continue writing while sharing important scientific developments, particularly in rural areas.

"I feel like I've seen firsthand, especially during the pandemic, what misinformation or lack of information does to communities, and I'd like to be a part of changing that," said Menna.

About 95 percent of the semifinalists are expected to be named finalists in February. First, students must provide information about their academic record and extracurricular activities, write an essay, and earn an SAT or ACT score that confirms their PSAT performance. Finalists will be eligible for 6,870 scholarships worth nearly \$26 million.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Hazard Mitigation

Continued from page A1

and special districts, as well as participation from community-based organizations. This year, the update process was also integrated with the Community Wildfire Protection Plan (CWPP) planning process.

The 2024 updates to the 2019 Chelan County HMP include revisions to the mission statement, goals, plan, and priorities, such as broadening considerations of vulnerability and impacts to "people, structures, systems, natural, historic, and cultural resources, activities of value, and agriculture."

It also includes new data for flood risk assessment and updated risk assessments, as well as a revision under the chapter for dams to meet the updated requirements in the 2022 FEMA planning process.

The public is encouraged to familiarize themselves with the 2024 HMP, take a survey, and provide public comment on the draft plan by Oct. 17. The draft, survey, and an option to leave public comment can be found on the Chelan County website.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Roadhouse

Continued from page A1

1924 built a two-story building that housed the Golden Gate Cafe on the first floor, and apartments on the second. Four years later, he built the tavern next door, where his son George "Duffy" Valeson would later take over, the Record reported.

Duffy operated the tavern from 1940 until his passing in 1980, creating a reputation of a generous and trusting personality throughout the town.

"Duffy would actually just go to sleep next to the wood stove...Everybody would help themselves to beer. And some of the old timers tell stories about, you know, 'I didn't have the quarter for the beer, so I'd go up and I would shake the cigar box as if I was putting a quarter in, and I'd catch it next time,'" said Bryant.

Since then, the building has hosted a number of different owners and businesses over the years, such as a Mexican cantina, an Irish pub, and even a cannabis retailer, said Bryant.

Bryant found his way to the building in 2005, where he leased the space for a number of years, followed by Morris's

short stint with it around 2009. Together, the two moved on, opening and operating a number of pubs and catering services throughout the valley. Eventually, Bryant returned to the space to open Duffy's in 2018, but the tavern closed shortly before the pandemic.

"I've been promising people for the last year we're going to get this place open, and that probably is my biggest motivation, is delivering stuff in the community that I said I would do," said Bryant.

The restaurant and bar currently offers sandwiches, salads, smoked meats, and pizzas. For entertainment, the space includes foosball, pool, and darts, with plans for occasional live music. As the business grows, Morris and Bryant plan to expand the menu options and add an outdoor beer garden.

"[We] really want to turn this into a steak [and] seafood house," said Morris. "We're doing this just on our dime... So the more we can generate in here, the quicker we can get the big kitchen in."

Dryden Roadhouse is located at 8459 Main St., and is open Thursday through Monday, from 3 p.m. to 9 p.m.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

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Gibbs Graphics

Continued from page A1

in an extra closet. We made a makeshift art studio in a, what, six by eight closet...It was a good sign. [It] lasted for a long time," said Amanda.

As sign making picked up, other community members started asking for murals. Candice Dillhoff offered Amanda Gibbs a mural project at an inn, and Bob Smith recruited them to paint the Festhalle.

"Any mural that came my way, I was like, 'Sweet. How lucky am I?' But I never really

thought it would keep going... There's no way I can make a living doing murals for the rest of my life. Well, I was wrong," said Amanda.

Leavenworth's strict code that adheres buildings to the Old World Bavarian Alpine Theme proved to be a gold mine for a sign making and mural business. Gibbs Graphics educated themselves on the Design Review Board's (DRB) permitting process and requirements, familiarizing themselves with specific fonts, colors, and shapes. They even started studying specific Bavarian style brackets to hang the signs.

"Signs really are the best merger of fine art and graphic design. You still need great layout, and you have to know text and how to influence people's vision and what they actually read esthetically. But then the town only does hand painted signs or carved signs, so it forced us to only do really cool signs," said Amanda.

The Gibbs steadily grew their business over the next ten years. They worked out of their home and off of solar power, with revenue from each project going towards new tools and paintbrushes. By 2012, they hired their first

employee, and by 2014 they moved out of their home studio and into their current shop.

Gibbs Graphics grew exponentially when it opened up its three dimensional sign services to the rest of the country in 2017, which now makes up half of their business. Their work has been shipped all over the U.S., but one of their most memorable projects is displayed at a pub in

Centerville, Tennessee.

"It was a dry town...It was the first bar in that town, and they were waiting for our sign for Skeeter's Pub and Grub that had like a three dimensional mosquito on it...The mayor came out and they did a ribbon cutting. The town was really excited for our sign," said Amanda.

Twenty years in, the Gibbs Graphics team now has

the opportunity to choose projects more conscientiously, asking themselves a series of questions before picking up a project, with 'Will it be fun?' as a top priority.

"It's been quite the journey. [I'm] definitely proud of ourselves for sticking through those early years," said Rusty.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

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Dr. Spud Wants to Know!

Can you taste the difference between an apple, a potato and an onion? Believe it or not, it is difficult to taste the difference between a potato and an onion if you can't smell it. Don't believe me? Try my experiment!

Dr. Spud's Tasteless Experiment

STUFF YOU'LL NEED:

- raw apple, peeled
- raw potato, peeled
- raw onion, peeled
- grater
- 3 bowls

- Grate the apple, potato and onion separately. Wash the grater before grating each of the foods. Put each grated food in a separate bowl.
- Blindfold a friend or partner. Have your partner hold their nose tightly.
- Place a small amount (about ¼ teaspoon) of one of the foods on your friend's tongue. Tell your friend not to chew the food, but to roll it around their mouth. Ask your friend to guess which food is in their mouth.
- Repeat with each of the foods. Be sure to have your friend rinse their mouth between tastings. Do three taste tests with each food item. Use the chart to keep track of the taste tests.

WHAT WAS TASTED	WHAT TASTER THOUGHT IT WAS

Potato Maze
Find your way through this spud-filled maze!

SECRET CODE

A =	█	N =	▣
E =	█	P =	▣
L =	█	S =	▣
M =	█	V =	▣

Find 5
Look through today's newspaper to find:
 5 words that describe a taste
 5 snack foods
 5 fruits or vegetables

Standards Link: Use the newspaper to locate information.

Kid Scoop Puzzler

French Fry Fun

Look closely! Can you find the two identical boxes of fries?

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

S	J	E	L	G	E	T	A	T	S
T	M	C	B	L	V	S	F	W	P
A	Y	E	P	I	H	C	O	L	Z
S	J	P	L	O	Q	B	O	N	V
T	A	M	K	L	T	E	D	O	C
E	B	A	E	Z	B	A	Y	N	H
S	W	O	C	H	A	R	T	I	E
T	I	J	W	O	R	L	D	O	W
S	C	U	H	L	V	X	U	N	Z

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together

The Potato Chip Story

Replace the missing words.

PEEL CONSUME
RESTAURANTS
SNACK YEAR
EXPENSIVE INVENTION

The first potato chips were a rare and _____ treat, served only at special _____.

That was because it took a long time to _____ potatoes by hand.

Then in 1920, with the _____ of the mechanical potato peeler, potato chips jumped from a special restaurant treat to a top-selling _____ food.

Today, Americans _____ more potato chips than any other people in the world. We eat about 1.85 billion pounds each _____. That's an average of about 6.6 pounds per person!

FROM THE Kid Scoop LESSON LIBRARY

One Potato, Two Potato . . .

Find examples of one-syllable, two-syllable, three-syllable and four-syllable words. Find the words themselves, or cut out the letters to spell the words. Paste words with the same number of syllables into groups on a chart.

Standards Link: Recognize syllables in words.

Write On!

Ode to a Spud

Write a poem about a potato or your favorite way to eat one. Be sure to include descriptions using the five senses.

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