



From the publisher:

In a world of noise, silence is golden | A2



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NCW News | B1, B2, B4

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Cashmere's 9/11 Memorial Ceremony unites community and honors heroes

By Will Nilles

Ward Media Staff Reporter

CASHMERE – Remembering the tragedy of September 11, solemn on-lookers, both local and international, gathered around the Spirit of America 9/11 Memorial in a thoughtful ceremony of song, shared memories, and national unity in the face of disaster.

With performances from the Seattle Police Pipes and Drums alongside words from multiple notable speakers, including veterans, a retired American Airlines flight attendant, and the president of the Spirit of America 9/11 Memorial Foundation, the event honored those lost with hope for the future.

Kicking off the ceremony, retired

Army Veteran and folk singer Hank Cramer performed the National Anthem as well as Tom Paxton's tribute to 9/11 first responders, The Bravest. As Cramer spoke, he mentioned the vital importance of remembering that grief always passes and love never dies.

Cramer later commented on his enjoyment of performing at remembrance ceremonies.

"I love doing the Star Spangled Banner because it means a lot to me. But, I also appreciate having the opportunity to speak... and Taps always moves me. That bugle call at the end. If you've been a soldier, if you've lost someone, it always hits here," he shared, pointing to his heart.

Each year, the Spirit of America

Memorial Foundation presents a community member with its award for leadership and service. This year, Foundation President Doug Jones presented local member Tom Green with the Spirit of America Award, citing his immense dedication in spearheading the creation and maintenance of the 9/11 Memorial.

Jones expressed the foundation's aim to educate and foster local memories of 9/11 and similar important dates in US history.

"The board's mission is really to honor, educate, and remember," Jones explained. And that is really what we're all committed to, ensuring that as memory fades and the lives of people that were actually alive during that time and memories of people

that were alive, we don't forget them. And it's just a privilege to be able to do that. We draw people from all over, and it's amazing. And this year, people from around the world, new citizens."

Preceding the remembrance ceremony, dozens of local immigrants underwent the final step in their naturalization process at the memorial site, securing full US citizenship. These freshly naturalized neighbors then joined the 9/11 remembrance ceremony as special guests, representing the United States' ability to unite people from around the world, even in times of unrest.

A unique and inspiring guest speaker also took the stage to share his story from 9/11, retired American



WILL NILLES/WARD MEDIA

Wenatchee Valley Fire District Battalion Chief Albert Torres acts as Master of Ceremonies, leading the event with a passion for honoring those lost on 9/11.

Airlines Flight Attendant Robb Todd. Todd, if not called to work as an instructor on September 11, would have been on American Airlines Flight 77, which was hijacked by members of

See MEMORIAL CEREMONY Page B4

Sheriff Morrison discusses local issues with Cashmere City Council

By Will Nilles

Ward Media Staff Reporter

CASHMERE – In the hopes of promoting region-wide public transparency, Chelan County Sheriff Mike Morrison visited the Cashmere City Council and delivered the previous year's detailed annual report, taking note of local concerns and explaining ongoing projects.

In illuminating the Chelan County Sheriff's Office 2023 Annual Report, Sheriff Morrison focused on his agency's ongoing goals in establishing and maintaining high standards for local law enforcement.

"So, it's been a balancing act," Sheriff Morrison mentioned, "because, of course, we want to make sure we're in compliance, that we're training the best standards, and that we're setting that bar in a lot of cases. And I think we're headed in the right direction so far, in 2024, it seems like we're on pace."

Sheriff Morrison also revealed many of the ongoing successes and challenges of 2024, giving updates on the progress made since 2023.

Notably, the Chelan County Sheriff's Office is currently in the process of adding two more deputies to its team, hoping to keep up with its massive coverage of around 80,000 residents.



WILL NILLES/WARD MEDIA

Sheriff Morrison addresses Cashmere City Council, providing an overview of his office's 2023 successes and challenges.

With this inclusion, the Sheriff's Office law enforcement team is set to increase to 59 total deputies.

Additionally, Sheriff Morrison mentioned his agency's success in securing federal funding for the county-wide use of body cameras, a joint effort with State Representa-

tive Kim Schrier to promote further transparency within local law enforcement.

"Our hope is that we're going to get those on our personnel starting here in January," he commented,

See SHERIFF MORRISON Page A3

Kyle Davenport chases points title at Manson Hydrofest

By Mike Maltais

Ward Media Staff Reporter

CASHMERE – When Cashmere resident Kyle Davenport makes the 34-mile drive from the Brewster Thunderfest held on Sept. 7-8, to the Manson Hydrofest on Sept. 28-29, he's going to take the long way.

Long, as in about 6,000 miles, round trip.

Davenport, owner/driver of the Bantam 2.5 litre stock hydro is currently second in Pacific Northwest Boat Racing Association class. He hopes to pick up enough points racing in the Hampton Cup Regatta in Hampton, Virginia, Sept. 21-22, to close the gap with leader J. Michael Kelly, winner of this year's Gold Cup National title at Seattle Seafair.

Competing at Pateros

The Record caught up with Davenport and crew at the Terry Troxell Memorial Regatta in Pateros.

The fire engine red No. 6 Bantam is powered by a four-cylinder Pinto engine capable of reaching speeds in excess of 100 mph. Davenport's crew of six at Pateros included crew chief Tony Parisi from Richland, Chris

and JoAnn Carson, from Hoodport, Oregon, Matt Otulo from Wenatchee, and a grandfather/granddaughter duo, Azura Dugger and Randy Ogle,

See MANSON HYDROFEST Page A2



COURTESY OF CHRIS DENSLAW/DIGITAL ROOSTERTAILS

Kyle Davenport, with a Brewster Thunderfest trophy, stands next to a likeness of the late Tony Newton. Pictured at left is Rilynn Bernard.

30 new U.S. Citizens take oath at 9/11 Memorial



TAYLOR CALDWELL / WARD MEDIA

Manuel Barbosa Romero proudly holds up his Certificate of Naturalization.



TAYLOR CALDWELL / WARD MEDIA

Margarita A De Luna waves the American flag.



TAYLOR CALDWELL / WARD MEDIA

Thirty individuals took the Oath of Allegiance on Sept. 11.

By Taylor Caldwell

Ward Media Staff Reporter

CASHMERE – Thirty individuals from eight different countries took the Oath of Allegiance and became naturalized U.S. citizens at the 9/11 Spirit of America Memorial in Cashmere on Sept. 11, prior to the 9/11 remembrance ceremony.

"We looked at the memorial service as honoring those who have sacrificed so much for this country, things that happened on that day, on Sept. 11... A lot of sacrifices were made to really keep the American Dream and American spirit alive,

which is what continues to be the beacon of hope to many in other countries, that really translates into kind of what we're doing," said Doug Jones, president of the 9/11 Spirit of America Memorial Foundation.

The ceremony was organized by Norma Gallegos, Program Director of Hand in Hand Immigration Services, an accredited, Wenatchee-based nonprofit that assists legal permanent residents in obtaining U.S. citizenship. Gallegos collaborated with Jones and United States Citizenship and Immigration Services (USCIS) to ensure the thirty new citizens, some of whom live and

work in the Upper Valley, were able to celebrate their significant accomplishments among friends, family, and the community.

Legal permanent residents who want to naturalize must go through a lengthy, complicated process. It involves a costly fee, paperwork, a background check, an interview, and a test. It often takes multiple trips to either Spokane or Yakima, where the closest USCIS offices are located.

Hand in Hand Immigration Services assists over 100 people in getting naturalized each year but typically always has around 250

open cases, said Gallegos.

"The need is bigger than people think. It's not just filling out paperwork, it's walking [people through it], that's why our name is very fitting, Hand in Hand. Sometimes we hold people's hand. There's times that people don't want to go to an interview, they're so scared... And I have to take them. I [say], 'You have to go... You're not going to quit on the eighth step,'" said Gallegos.

Of the thirty individuals taking the oath on Sept. 11 was 94-year-old Margarita A De Luna. A De Luna first came to the U.S. in her 30's, said her grandson, Arturo Rodriguez.

"She always wanted to be a U.S. citizen, but because she used to go back and forth between the U.S. and Mexico, she never decided to do it. Until last year, we were talking, and she's like, 'You know what? I want to become a U.S. citizen, because I want to have the right to vote,'" said Rodriguez.

After nearly a year of going through the process, she proudly took the oath. The new citizens had the opportunity to register to vote shortly after the ceremony.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Inside The Record this Week

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



5 THINGS TO DO THIS WEEK

Adult spelling bee

Ground Control will host Sip & Spell, an adult spelling bee, on Thursday, September 19, from 6 - 8 p.m.

"Were you a Words With Friends GOAT? A wiz at Wordle? Did you dominate your 4th Grade Spelling Bee? Join us for Ground Control's 3rd Bi-Annual Sip + Spell: Adult Spelling Bee," the event page states.

For more information and to register, visit groundcontrolwenatchee.com.

Paint "Pumpkins a'Plenty"

Class with a Glass will host a paint "Pumpkins a'Plenty" class with acrylics on Friday, September 20, from 6:30 to 9 p.m. "It's pumpkin season, ya'll," the event page states. "Let's

paint some at this class at our Wenatchee studio. Beginners welcome. All art supplies plus expert instruction included, and beverages from the bar are available for an additional purchase."

For more information, visit classwithaglass.com.

Friday Night Flick

Ohme Gardens will host a Friday Night Flick on Friday, September 20, from 7:45 - 9:45 p.m. "Step into the enchanting world of Disney's Elemental and embark on unforgettable adventures alongside magical characters," the event page states. "Let your imagination soar as you explore a world filled with wonder and excitement. Get ready to be captivated by the magic - join

us on this extraordinary journey today."

For more information, visit ohmegardens.org.

Apple Annie flea market

Apple Annie Antiques will host their semi-annual flea market on Saturday, September 21, from 9 a.m. to 5 p.m.

The semi-annual flea market takes place the 3rd Saturday in May and the 3rd Saturday in September in the Apple Annie parking lot at 100 Apple Annie Ave. in Cashmere. "We hold the event rain or shine," the event page states. "It features 50 booths filled with antiques, arts and crafts from vendors throughout our region."

For more information, visit appleannieantiques.com.

Salmon Festival

Saturday, September 21 is the Salmon Festival free Community Day from 10 a.m. to 5 p.m. at the Rocky Reach Park and Discovery Center. "Bring your families to enjoy

a day of interactive games, art, storytelling, entertainment, food, exhibits and fun," the event page states.

"Learn the art of canoe-carving, listen to sacred stories, and navigate the life-cycle of a migrating salmon."

For more information, visit salmonfest.org.

In a world of noise, silence is golden

In our hyperconnected world of constant notifications, streaming media, and 280-character hot takes, a vital human skill is quietly slipping away: the art of listening.



From the Publisher

TERRY WARD

True listening - giving one's full, undivided attention to another person's words and meaning - has become increasingly rare. We nod along in conversations while our minds wander to unanswered emails. We craft responses before the other person has finished speaking.

We reduce complex ideas to oversimplified soundbites, missing nuances and depths that could enrich our understanding.

This decline in listening skills is not merely anecdotal. Research in recent years has suggested a concerning trend.

For instance, some studies have indicated a significant decrease in empathy among college students compared to previous generations, with researchers pointing to factors such as decreased face-to-face interactions and increased screen time as potential contributors.

In the business world,

surveys have found that while executives spend a majority of their workdays communicating, only a small fraction of that time is dedicated to active listening.

The costs of this erosion are profound and far-reaching. In our personal relationships, it breeds misunderstanding and emotional distance. Couples report feeling unheard and undervalued, leading to increased conflict and decreased intimacy.

Parents struggle to connect with their children, missing important cues about their emotional well-being.

In our civic discourse, poor listening fuels polarization as we talk past one another, entrenching our own views rather than seeking common ground.

Political debates devolve into shouting matches, with each side more interested in scoring points than finding solutions.

The echo chambers of social media amplify this effect, surrounding us with voices that merely confirm our existing beliefs.

In our workplaces, the inability to listen stifles innova-

tion and collaboration. Ideas are dismissed before they're fully formed, and valuable insights from quieter team members go unheard.

Customer needs are misunderstood, leading to products and services that miss the mark. The cost to businesses in lost productivity and missed opportunities is immeasurable.

Reclaiming the art of listening requires intention and practice. It means setting aside our devices, resisting the urge to interrupt, and truly seeking to understand rather than simply waiting for our turn to speak. It requires us to be comfortable with silence and to ask thoughtful follow-up questions.

Active listening techniques, such as paraphrasing what we've heard to confirm understanding, can dramatically improve our ability to absorb and retain information.

The rewards of deep listening are equally profound. It builds empathy, strengthening our connections with others and fostering a sense of community.

In business, better listening leads to improved customer satisfaction, more effective teamwork, and stronger leadership. In education, it en-

hances learning outcomes and critical thinking skills.

On a personal level, becoming a better listener can transform our relationships. It allows us to offer genuine support to friends and loved ones, creating deeper bonds of trust and understanding. It opens us to new perspectives, challenging our assumptions and broadening our worldview.

In a world of noise, the ability to truly listen is a superpower.

There are encouraging signs that some are recognizing the value of this lost art. Mindfulness and meditation practices, which often incorporate listening exercises, have surged in popularity.

Some schools are introducing listening skills into their curricula, recognizing its importance for academic and social success.

Forward-thinking companies are offering listening workshops to their employees, seeing it as a crucial leadership skill.

Yet these efforts, while commendable, are just a start. To truly reclaim the art of listening, we need a cultural shift.

We must recognize that in our rush to express ourselves,

we've neglected the equally important skill of reception. We need to reframe listening not as a passive activity, but as an active, engaged process that requires energy and attention.

As we navigate the challenges of our modern era - from political division to technological disruption to global crises - perhaps it's time we tune out the clamor and tune in to one another.

Our ability to solve problems, to innovate, to heal divisions, and to forge meaningful connections may all depend on rediscovering this lost art.

In the words of the Greek philosopher Epictetus, "We have two ears and one mouth so that we can listen twice as much as we speak."

As we move forward in this noisy, complex world, let's challenge ourselves to embody this ancient wisdom. Our shared future may depend on it.

Terry Ward is the CEO of Ward Media and the publisher of NCW News, Cashmere Valley Record, Lake Chelan Mirror, The Leavenworth Echo, Quad City Herald, and the Wenatchee Business Journal. He can be reached at terry@ward.media.

Manson Hydrofest

Continued from page A1

from Cashmere.

Davenport has a GoPro action camera mounted behind his cockpit and posts videos of his races on YouTube channel, BozGoz (youtube.com/@BozGozRacing).

Viewers can log on and speed around the course buoys from a favorite easy chair at 90-miles-plus without ever getting wet.

Davenport has been racing the Bantam for five years and used to run two classes, the 2.5 stock and 2.5 modified.

The mod is the faster of the two classes.

"The mod class is not very big," explained Davenport.

"They need three boats to make a class so I would bump up a class and race there, too."

When Davenport decided to compete for a national high points championship, he gave up the mod portion.

"Two classes put too much wear and tear on me and the boat," Davenport said.

Staying competitive and keeping the equipment likewise is more than a full-time commitment during the circuit.

"About midway through during the dog days of the season, I often ask myself why I am punishing myself like this?" said Davenport. "Then when it's over I miss it, start getting excited, and cannot wait until the season starts again."

When he's not behind the wheel of the Bantam, Davenport

can be Found at Rocky Reach Dam, where he has been the chief hydro (water, not boat) operator since 2018.

Dugger, the youngest crew member, accompanied her grandfather and crew member Ogle to only her second race so far. A Cashmere High senior this year, Dugger is pursuing an auto tech certificate at Wenatchee Valley College.

"I'd love to get into bodywork and maybe NASCAR," said Dugger. "I like the racing environment, the competitiveness."

Wins at Thunderfest

Davenport returned for the Brewster Thunderfest - Tony

Newton Memorial Regatta on Sept. 7-8, just up the road from Pateros. There he tied his best career performance.

"We ran four heats, two on Saturday and two on Sunday," said Davenport. "I won the first three and finished second in the final on Sunday."

A first was worth 100 points, and second, 95, so Davenport added 395 to his total.

Both Davenport and Kelly will travel to Hampton, Virginia, for the Summer Nationals, Sept. 21-22. What happens there will determine the leader at the upcoming Hydrofest in Manson, Sept. 28-29.

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MIKE MALTAIS/WARD MEDIA

Davenport prepares to strap in.



MIKE MALTAIS/WARD MEDIA

Crew members Azura Dugger, left, Randy Ogle, center, and Chris Carson work on the Bantam.

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Sheriff Morrison

Continued from page A1

looking forward to implementing the new technology and improving his agency's ability to hold both its deputies and those involved in cases to more accurate accountability.

A different type of camera held the focus of Sheriff Morrison's overview, however, a license plate camera system with the ability to identify specific vehicles on public roadways.

Though the notion of increased roadway surveillance may make some uneasy, those worried about the increased likelihood of speeding tickets may rest assured, these cameras won't be giving out tickets or reporting infractions.

In fact, as Sheriff Morrison revealed, these cameras won't be directly making any money.

"They're not speeding cameras, they're not red light cameras, and we don't collect or store facial recognition information," Sheriff Morrison explained.

"It's specifically designed for collecting information on vehicles.

Instead of issuing tickets, these cameras can help with more urgent law enforcement issues, such as thefts, missing persons, and interlocal searches.

"One example I can give you of this system is, let's say we

have a burglary out of Lake Wenatchee, and the camera down on the residence there just gets a side image and we know that it's a white truck with a toolbox and has front passenger side damage. I can type that into the system and say, 'I'm looking for a vehicle match in this description that went through this area at these time frames. Cameras, what do you have?'"

Hoping to initiate a pilot program within the next year, Sheriff Morrison showed confidence in the improved camera system's ability to help law enforcement identify and apprehend possibly dangerous suspects.

In support of its integration within most of their partnered communities, the Sheriff cited Omak Police Department's success in solving an Okanogan County homicide.

"There had been a young lady who had been murdered... and they were able to use the camera to collect images of the suspect vehicle," he shared. It went up there clean and came back down covered in dust. They were able to take that piece of information about the suspect and ultimately solve the case."

Curious about the cameras, City Council member, Jayne Stephenson, spoke up with a question for the Sheriff.

"For the cameras," she asked, "will other departments be able to utilize those too for, like, statewide man-hunts?"

Responding to Council Member Stephenson's question, Sheriff Morrison assured the Council that the use of these improved cameras is made possible through the teamwork of various local agencies and municipalities.

"This was a coordinated effort between Wenatchee PD, East Wenatchee, Douglas County, and ourselves," he explained, focusing on the importance of including as many partners as possible in the life-saving potential of an upgraded license plate camera system.

As Sheriff Morrison concluded the overview of his agency's ongoing projects, he turned to the City Council and addressed their local concerns, chiefly the increasing homeless population within Chelan County.

The Sheriff offered his agency's constant help in ensuring that any homeless

individuals arriving in the area are legally escorted from city property and connected to resources like the Chelan-Douglas Homeless Housing Network.

Curious about ways to assist local homeless individuals, Council Member Shela Pistorosi wondered about the effects of mental illness on the local homeless community.

"As you're encountering people," Pistorosi asked, "how much of [local homelessness] is caused by mental health issues, since we do have the Behavioral Health Unit."

The Sheriff turned to Corporal Monika Haynes, who works closely with the Behavioral Health Unit, to further explain the complex combinations of issues that can affect, cause, and be caused by homelessness.

"The vast majority of it," she answered, "they're co-occurring. And all your [home-

less] residents that we have here are co-occurring, and usually, you'll see that when they start to act out that maybe they're using [drugs], and then when they'll not use for a while, we won't see them for a while. And so it is a multi-faceted problem, there's no one way to deal with it." Monika Haynes

Haynes continued to explain the complexity of homelessness and the issues that help to cause it, revealing that confronting such issues requires interlocal teamwork and access to a variety of mental health, food, and housing resources.

Though the struggle to confront homelessness and other local issues remains ongoing, Sheriff Morrison feels confident in his agency's progress in addressing them.

"I think that our agency's hitting the mark" he commented. "I recognize that our

contract is coming up next year for negotiation, and we're certainly hoping that we've delivered that level of service that the city. We certainly view you as partners and allies with ensuring the quality of life [in the region]."

As 2024 begins winding down into Autumn and Winter, the Chelan County Sheriff's Office looks forward to continuing its service to its many partnered NCW communities.

Hoping to equip deputies and roadways with high-quality tech and further expand its team, the Sheriff's Office continues to push forward with passion.

For an online copy of the Chelan County Sheriff's Office 2023 Annual Report, visit co.chelan.wa.us/files/sheriff/documents/annual_report.pdf.

Will Nilles: (509) 731-3211 or will@ward.media

Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

September 6

1:34:56 Harass/Threat,127 Riverfront Dr
1:51:07 Theft,300 Woodring St
8:14:13 Trespass,101 Pioneer Ave: Vale Elementary
12:59:27 Fraud/Forgery,101 Mission View Pl
22:28:36 Traffic Offense,Locust Ln & Kimber Rd,
22:56:28 Alarm,702 Pioneer Ave: Pioneer Mca

Orchard Rd, M
21:25:24 Domestic Distur,5700 Wescott Dr
22:18:35 Trespass,5501 Sunset Hwy

September 9

0:30:57 Warrant,Squilchuck Rd & Pitcher
9:14:56 Assist Agency,319 Wynnie Ln
10:05:21 Trespass,8396 Taber Rd
13:02:12 Assist Public,3853 Old Monitor Rd
13:44:14 911,300 Aplets Way: Hometown Mca
14:24:07 Fraud/Forgery,7888 Stine Hill Rd, Dryden
15:08:13 Traffic Offense,Pioneer Ave & S Divisions
15:30:39 Property,5700 Wescott Dr
16:53:46 Welfare Check,423

Elberta Ave
21:04:17 Traffic Offense,102 Titchenal Way: Bjs

September 10

7:53:29 Assist Agency,5570 Wescott Dr
9:18:11 Theft,3358 Red Apple Rd
9:44:49 Accident No Inj,5700 Wescott Dr
9:58:57 Assault,5700 Wescott Dr
11:38:00 Trespass,5500 Sullivan St
12:30:12 Trespass,130 Titchenal Way: Martins
12:48:45 Trespass,329 Tigner Rd: Cashmere High School
13:34:31 Trespass,117 Aplets Way
15:05:13 Disturbance,207 Riverfront Dr
16:31:18 Disturbance,102

Titchenal Way: Bjs
16:56:25 Welfare Check,127 Riverfront Dr
17:08:22 Trespass,5500 Sullivan St
17:46:39 Disturbance,Cottage Ave Bridge
18:30:58 Civil,5420 Pine Flats Loop Rd
19:29:21 Accident No Inj,715 Pioneer Ave
20:55:50 Disturbance,200 River St
23:18:42 Welfare Check, 917 Pioneer Ave

September 11

8:06:19 Assist Agency,5555 Tigner Rd
12:35:28 Juvenile Problem,329 Tigner Rd
15:24:31 Extra Patrol,804 Pioneer Ave

Community Calendar

Wednesday

Cashmere Rotary Club. meets at Cashmere Presbyterian Church hall, noon. President Mark Shorb. 509-885-0676.

Thursday

Caregiver Support Group. 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble. 509-393-0789. (1st & 3rd Thurs.)

Cashmere Sportsman Assoc., (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James. 509-782-3099.

Cashmere American Legion Post #64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro. 509-782-4973. (1st Thurs. of every month, August - June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham. 509-679-0243. (1st Thurs. of every month, August - June).

Sunday

CHURCH: See the church page for local service times & events.

Monday

Cashmere Wacoka Kiwanis Club. 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton. 509-669-3159. (4th Mon.)

Tillicum Riders. 7 p.m. Chelan County Fairgrounds. Call Cindy. 509-662-5984. (1st Mon.)

Cashmere City Council. 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting. 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).

Cashmere Fire Department. Business management, 7 p.m., above City Hall. Call Chief Cy. 509-782-3513. (3rd Mon.)

Cashmere Fire Department. meeting, 8 p.m., above City Hall. Call Chief Cy. 509-782-3513. (3rd Mon.)

Cashmere School Board Work Session. Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit www.cashmere.wednet.edu

Cashmere School Regular Board Meetings. are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit www.cashmere.wednet.edu for the most up to date info.

Chelan Douglas Republican Women. Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President. 509-668-1105 (1st Mon.)

Tuesday

Icicle & Peshastin Irrigation Districts. Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)

Peshastin Water District. meets at 4:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)

The Chelan County Cemetery District #2, (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Cashmere Public Library: 509-782-3314
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).

Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2.
Closed Sun. 300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org

Cashmere Museum and Pioneer Village

Call for more information 509-782-3230
Chelan County Historical Society Board meets. 7 p.m., Cashmere Museum, 600 Cottlets Way. Call Nicky 509-782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

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Sports

CASHMERE SPORTS SCHEDULES

Football			
Fri, Sept. 20	6:00 PM	College Place	Away
Soccer - Girls			
Thu, Sep 19	6:00 PM	Connell	Away
Sat, Sep 21	1:00 PM	Wapato	Home
Tue, Sep 24	6:00 PM	Naches	Away
Volleyball - Girls			
Thu, Sept. 19	6:30 PM	Connell	Away
Sat, Sept. 21	12:30 PM	Wapato	Home
Tue, Sept. 24	6:30 PM	Naches Valley	Away

ATHLETE OF THE WEEK

TOM McDEVITT Junior Cashmere Boys Football

McDevitt (WR/DB) had another big game on Friday, Sept. 13, in the Bulldogs 68-0 victory over Kiona-Benton. He intercepted two passes and returned one for a touchdown. He also recovered a fumble and hauled in a 32-yard acrobatic touchdown reception.

Coach Bremer: "Simply put, Tom is a gamer. He recorded his 2nd & 3rd interceptions of the

season, and found the endzone on offense for the second time this season. Tom has a knack for making big plays when the Bulldogs need it the most. More importantly, not only is he an incredible football player, but he is an even better teammate. Tom consistently puts others above himself, and positively represents the Cashmere community and Bulldog football."

Girls Varsity Soccer

Bulldogs defeat Royal 5-0

By JEFF CARLSON
Cashmere Bulldogs Athletics

CASHMERE - The Cashmere Bulldogs girls soccer team continued their impressive run in SCAC play with a commanding 5-0 victory over the Royal Knights at home on Tuesday, September 10. With this win, the Bulldogs improved to 3-0 in SCAC play and remain unbeaten in the conference.

The match saw the Bulldogs take a 4-0 lead into halftime, thanks to goals from four different players. Erin Irelan opened the scoring with a goal in the 6th minute, assisted by senior Ginny Pruitt. Sophomore Brynne Patrick doubled the lead with an unassisted goal in the 16th minute. In the 32nd minute, Savannah Tom-

linson scored from close range, thanks to an assist from Gwen Ledesma. The fourth goal of the half came from sophomore Addie Talley, who finished off a perfect service from defender Quinn Pace in the 34th minute.

In the second half, Royal adopted a more defensive stance, but the Bulldogs continued to pressure and were eventually rewarded with a penalty kick after a handball in the box. Gwen Ledesma converted the penalty to seal the 5-0 win.

Royal had a chance to make a dent in the scoreline when awarded a penalty kick in the 65th minute. However, Royal's attempt missed wide, and the Bulldogs' defense, anchored by senior Adysen Bjorklund, Quinn Pace, and Ginny Pruitt,

CASHMERE SCOREBOARD

Football		
Fri, Sept. 13	Cashmere 68, Kiona 0	Win
Soccer - Girls		
Tues, Sept. 10	Cashmere 6, Wahluke 0	Win
Thu, Sept. 12	Cashmere 5, Royal 0	Win
Volleyball - Girls		
Tues, Sept. 10	Cashmere 3, Wahluke 0	Win
Thu, Sept. 12	Cashmere 3, Royal 1	Win

ATHLETE OF THE WEEK

GINNY PRUITT Senior Cashmere Girls Soccer

Pruitt has had an outstanding start to the 2024 fall season. She has led the Bulldogs to an undefeated 3-0 start in SCAC play. The senior captain leads the team in both scoring (6 goals) and assists (5). She has also showed her versatility by not only playing the attacking position as a forward, but has also dropped back and played the defensive center back position.

Coach Tronson: "Ginny is a true match player taking her skills to another level on both offensive and defense. This year she has added a new leadership role to motivate her teammates both on and off the field to work to achieve our team goals in each match. For me as a coach, the leadership and relationships she is cultivating is a key for our program as we move forward."

Girls Varsity Volleyball

Bulldogs defeat Royal to remain undefeated

By JEFF CARLSON
Cashmere Bulldogs Athletics

CASHMERE - The Cashmere Bulldogs extended their perfect start to the season with a decisive 4-set victory over the Royal Knights on Thursday at Ron Doane Gymnasium. With set scores of 25-11, 25-16, 17-25, and 25-11, the Bulldogs improved to 3-0 on the season. This sets the stage for an exciting matchup next Thursday, as Cashmere will travel to Connell to face the Eagles, who are also unbeaten at 3-0 in

the SCAC. Along with contributions from Brynne Patrick and freshman Peyton Irelan, secured their third consecutive shutout of the season.

With the victory, the Bull-

dogs hold a perfect 3-0 record in SCAC play, putting them in sole possession of first place. They will next face the Connell Eagles in a road match on Thursday, September 19.

dogs hold a perfect 3-0 record in SCAC play, putting them in sole possession of first place. They will next face the Connell Eagles in a road match on Thursday, September 19.

Boys Varsity Football

Cashmere Bulldogs dominate in 68-0 rout of Kiona-Benton



SEBASTIAN MORAGA / SPECIAL TO WARD MEDIA

Grey Jacobson heads toward the end zone during the first half of the game between Cashmere and Kiona-Benton last Sept. 13. The Bulldogs ran all over the Bears, in a game that was pretty much over by halftime, and which ended 68-0 in favor of Cashmere.

CASHMERE - The Cashmere Bulldogs delivered a dominant performance Friday night, overwhelming the Kiona-Benton Bears with a resounding 68-0 victory in high school football action.

The Bulldogs' offense fired on all cylinders from the opening whistle, with quarterback Rylan Hatmaker leading

the charge. Hatmaker connected with multiple receivers for touchdowns, including a 14-yard strike to Isaac Zavala and a 32-yard pass to Tom Mcdevitt in the first quarter alone.

Cashmere's defense proved equally formidable, forcing several turnovers that quickly turned into points. Mcdevitt made his presence felt on both

sides of the ball, returning an interception 25 yards for a touchdown early in the game.

The Bulldogs' ground game also contributed significantly, with Grey Jacobson and Thomas Bergren each finding the end zone on rushing plays. By halftime, Cashmere had built an insurmountable 61-0 lead.



SEBASTIAN MORAGA / SPECIAL TO WARD MEDIA

Rylan Hatmaker gains some yards with his feet during the Cashmere Bulldogs' romp over the Kiona-Benton Bears last Friday Sept. 13. The Bulldogs won 68-0.



SEBASTIAN MORAGA / SPECIAL TO WARD MEDIA

The Cashmere Bulldogs' football team flattened the Kiona-Benton Bears 68-0 in the Bulldogs' home opener. Next up are the College Place Hawks in Walla Walla and then the toughest test yet, a visit by powerhouse Royal on Oct. 4.

Cross Country

Cashmere Cross Country shows promise at competitive Quincy Invite

Cashmere Valley Record
Ward Media

QUINCY - The Cashmere Bulldogs cross country team faced tough competition at the Quincy Invite on Thursday, finishing eighth in the varsity boys team standings and third in the varsity girls division.

In the 5,000-meter varsity boys race, Cashmere's top finisher was sophomore Rylan Reiber, who placed 18th with a time of 18:22.25.

The Bulldogs' next scorer

was freshman Emmett Brown in 32nd place, clocking 19:42.47.

The Cashmere girls team had a stronger showing, led by freshman Maggie Butcher, who finished 18th overall with a time of 23:42.87.

Sophomore Ruby Edwards followed closely behind in 21st place, crossing the finish line at 23:55.48.

The Bulldogs faced stiff competition from powerhouse teams like Ellensburg and Cascade (Leavenworth), who dominated the top spots in

both the boys' and girls' races.

Despite the challenging field, Cashmere's young roster showed promise, with several underclassmen contributing to the team's performance.

The Bulldogs will look to build on this experience as they continue their season.

The Quincy Invite, held at Colockum Ridge Golf Course, featured teams from across central Washington, providing valuable early-season competition for the participating schools.

Are You Wasting Money on Supplements?



Ask...
Dr. Louise

A cup of coffee gives me a pleasant boost in the afternoon, but if my husband drinks coffee after 1 pm, he's wide awake until midnight. While my partner can enjoy several beers with little effect, I'm looking for the nearest flat surface for a nap if I have more than one.

One of my co-workers at the 200-bed hospital I worked for some years ago avoided taking the anti-inflammatory drug ibuprofen (Motrin-IB→, Advil→) because it made her too groggy to drive a car safely. My best friend always chose naproxen (Aleve→) over ibuprofen because ibuprofen gave her no relief while naproxen worked like magic. We are amazingly unique individuals when it comes to medicines and supplements. No medicine works the same in everyone. Medicines and supplements that work fine for some people may not work at all for others.

At the hospital where I worked, the pharmacy staff was responsible for storing and delivering special pumps that

delivered intravenous pain medicine directly by pressing a button attached to the machine.

Patients liked them because it was better than waiting in agony until a busy nurse found enough time to come and give them a shot. Sometimes, a hospital patient wouldn't get much relief from their pain medicine despite receiving multiple doses from the machine and their nurse. It seemed that that particular drug just didn't work for them. They got relief after just one dose when switched to a different pain medicine.

When a doctor prescribes a medicine, they expect it to help you; most of the time, that's exactly what happens. But if a physician gives you a prescription drug to treat your problem and nothing happens, something needs to change. What if you start taking a blood pressure medicine, but your elevated blood pressure doesn't decrease? Your doctor must either increase your dosage or change you to a different medicine.

Most of us seek ways to improve our health and increase our energy. When I ask someone taking a particular supplement why they take it, they don't always know. Then, when I ask them if their sup-

plement is helping them, they shrug their shoulders. Since no medicine or supplement works for everyone, how can you tell if your supplement is actually helping you?

One of the best ways to do that is to start a symptom diary before you start on any new supplement.

Memory is a funny thing. Our ability to recall exactly what happened before a particular event is not nearly as complete or accurate as we think.

In the world of human research, the difference between how a study participant remembers events before and after that event is called "Recall Bias."

Most studies are carefully designed to avoid recall bias because the difference between what is remembered later by a study participant is often startlingly different from what happened. A symptom diary can document both your before and after. You can compare your "before" description of your symptoms or energy level to how you are doing "after" you start taking that new herbal product or supplement.

If you wait until AFTER you've been on a supplement to

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Washington State releases 2024 hunting prospects, emphasizes new regulations

NCW News
Ward Media

OLYMPIA – The Washington Department of Fish and Wildlife (WDFW) has released its annual hunting prospects for the upcoming fall season, providing crucial information for hunters across the state.

The reports, compiled by district wildlife biologists, offer detailed insights into field conditions and hunting opportunities for big game, waterfowl, and upland game birds in various areas of Washington. "Our district wildlife biologists write these popular reports to give an in-depth look at what field conditions could look like this year," said Anis Aoude, WDFW game division manager.

"These documents have a lot of useful information that can help both new and experienced hunters plan their seasons."

In addition to the hunting prospects, the WDFW has made available an interactive Hunt Planner web map (www.geodataservices.wdfw.wa.gov/hunt-planner) to assist hunters in finding permit and general season hunts based on various criteria.

Aoude highlighted several important considerations for hunters this season, including

potential wildfire impacts on hunting opportunities and the requirement for hunters to pass a black bear identification test in certain game management units.

Of particular note is the recent confirmation of the first case of chronic wasting disease (CWD) in Washington, detected in north Spokane County.

The WDFW has implemented rule changes to mitigate the spread of the disease and urges hunters to familiarize themselves with these new regulations.

The department also announced youth-only hunting dates for pheasant and waterfowl, encouraging young hunters to participate in these special events.

Hunters are advised to consult the WDFW's annual regulation pamphlets, available online at www.wdfw.wa.gov/hunting/regulations and in print, for comprehensive information on hunting regulations throughout the state.

As the fall hunting season approaches, the WDFW's efforts to provide detailed prospects and planning tools underscore the importance of informed and responsible hunting practices in Washington's diverse ecosystems.

Tickets on sale for Chelan's popular 'Brews on the Bridge' event

By QUINN PROPST
Ward Media Staff Reporter

CHELAN – Tickets are now on sale for one of Chelan's most popular events, Brews on the Bridge, set to take place on Sunday, October 6 from 1-5 p.m.

The event, which sells out every year, is an opportunity to enjoy regional beer, cider, food, and live music in one of Lake Chelan's most iconic settings – the bridge.

"This is a really unique event, because we're trying to showcase sort of all the other options for beverages in the lake, it's an opportunity to enjoy regional beer and cider and food," Lake Chelan Chamber of Commerce Executive Director Mike Steele said.

The event includes an educational component that highlights the area's agrarian history and culture, featuring local apple orchards that have transitioned to cider production and local brewers crafting beer.

"It's just an opportunity to showcase that craft and do it in an iconic setting, right? Everybody associates the bridge with Lake Chelan," Steele said. "It's really fun."

Steele said Brews on the Bridge is one of the most popular local events and tickets sell out quickly every year.

"A lot of the locals come down to enjoy the bridge," Steele said. "The weather is perfect."

"This year we have an amazing artist," he said.

"She was featured on The Voice on season 20, and she's gonna be fantastic. So, great music, great beer, great food, great environment, you know, and again, good hang out with all your friends here locally."

This year's Brews on the Bridge will feature live music by Savanna Woods, a talented artist who gained national attention as a contestant on The Voice.

For the first time this year, a VIP experience is being offered.

VIP ticket holders will be able to enter the event an hour early for exclusive tastings and will receive branded pint glasses to take home.

Proceeds from the event will go to support a local non-profit organization.

For more information and



The 2024 Lake Chelan Brews on the Bridge is set for Oct. 6.

PHOTOS COURTESY OF THE LAKE CHELAN CHAMBER OF COMMERCE

to purchase tickets visit lakechelan.com/brews/.

Quinn Propst: 509-731-3590 or quinn@ward.media



Chelan's popular Brews on the Bridge event showcases local beers and ciders.



Attendees enjoy local beers and ciders at the Brews on the Bridge.

Local P.E.O. Chapter awards scholarships to four Wenatchee Valley women

NCW News
Ward Media

LEAVENWORTH – The P.E.O. Chapter JF - Leavenworth has announced the recipients of its local scholarship for the 2024-25 academic year. The organization, which supports women in their educational pursuits, awarded scholarships to four women over 30 in the Wenatchee Valley area.

The recipients, each pursuing different educational goals, represent a diverse range of career aspirations and backgrounds:

Molly Elder, a resident near Plain, is working towards a nursing degree at Wenatchee Valley College. With experience as an EMT, in-home health care provider, and at Cascade Medical Center, Elder aims to become a Hospice Nurse, focusing on end-of-life care.

Jenna Floyd of Wenatchee



Jenna Floyd



Molly Elder

currently serves as an academic advisor in the TRIO department at Wenatchee Valley College. Floyd is pursuing a master's degree in academic advising through Kansas State University's online program. "Her passion is serving non-traditional and under-represented students as they pursue their dreams," the organization stated.

Brianna Lane, raised in

Leavenworth and now residing in Peshastin, works as a paraeducator at Alpine Lakes Elementary in the Cascade School District.

Lane is studying at Wenatchee Valley College to obtain dual certification in Early Childhood General and Special Education.

Abby Rivas, originally from Wenatchee, is attending the WSU School of Medicine to complete her degree in Nutrition and Exercise Physiology. According to the announcement, Rivas "is passionate about providing resources, to adults and children so they have the tools they need to ensure a healthy lifestyle."

The P.E.O. Chapter JF - Leavenworth expressed gratitude for the continued support from Leavenworth and surrounding communities. Those interested in more information or wishing to donate can contact peoleavenworth@nwi.net.



Abby Rivas



Brianna Lane

Lake Chelan welcomes fall with wine harvest celebration

By QUINN PROPST
Ward Media Staff Reporter

CHELAN – The Lake Chelan Wine Harvest is a roughly two-month-long celebration of the wine harvest in Lake Chelan Valley.

It offers a chance to discover limited-edition and newly released wines, learn from wine-

makers about the winemaking process, and experience grape stomps, vineyard tours, live music, and gourmet cuisine.

"So the Lake Chelan Wine Harvest is actually the first day of fall through Thanksgiving, and it's really just about experiencing, you know, the beauty of harvest in the Lake Chelan Valley, and specifically the

beauty of the wine harvest," Lake Chelan Chamber of Commerce Executive Director Mike Steele said. "And all season long, they do, you know, different food pairings, harvest dinners, grape stomps, live music throughout the valley," Steele said. "And of course,

See WINE HARVEST Page B4

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Autumn Leaf Festival to celebrate 60 years

By TAYLOR CALDWELL
Ward Media Staff Reporter

LEAVENWORTH – The Autumn Leaf Festival returns for its 60th celebration over the last weekend of September.

“I’m really looking forward to the community coming out and supporting the parade, actually, Leavenworth’s oldest festival, one of our first festivals here,” said Grand Marshal Rob Eaton.

Founded in 1964, the Autumn Leaf Festival was created to celebrate the turning of the leaves, and to also say thank you to the community and the visitors for coming, said Eaton.

“We have an incredible community here. We have worked over the decades to not only create a thriving business community, but also worked hard to create a very good, strong community,” said Eaton.

This year, the Autumn Leaf Festival will have an array of family friendly events, such as a pumpkin pie eating contest and a scavenger hunt of rocks painted by local artist Candice Ann.

The festival is partnering with Leavenworth Arthaus for pumpkin painting, followed by pumpkin rolling down the hill of Front Street Park.

“It’s Americana. It’s what I grew up with, going to parades, going to events, family friendly stuff, fairs, barbecues, and this is what we try and create in this Northwest Festival Hosting Group, so you get that feeling of family,” said Royal Lady Linda Bradshaw.

Bradshaw has spent the entire spring and summer traveling from one parade to another across the Pacific Northwest, representing Leavenworth and the Autumn Leaf Festival Association (ALFA) as this year’s Royal Lady.

Bradshaw even won the Stenberg Award for most creative mini-float at the Portland Rose Festival, with a horse and carriage float made with a golf cart and all organic materials.

Now, parade groups from each of the towns Bradshaw visited over the summer will gather in Leavenworth to witness and participate in the historic Autumn Leaf Festival, alongside residents and other



COURTESY OF CHARLOTTE LEY / AUTUMN LEAF FESTIVAL ASSOCIATION
Former Royal Ladies Cindy Hassinger and Jane Turnbull Wray.

visitors.

“It’s just always exciting to be in front of your hometown, for people to recognize what Autumn Leaf does, because there’s a lot of new people in Leavenworth over the last 15 to 20, years, and a lot of them don’t know the history of Autumn Leaf... This is a pretty big deal,” said Bradshaw.

The Grand Parade is scheduled for 12 p.m. on Sept. 28. The festival will have live

music and entertainment all weekend.

“I think what people should know is: make sure you go and get out your leaves. That’s one, and put them out along the Front Street in the parade route, put them on the street posts, put them in your yard, put them on your business, in front of your businesses,” said Eaton.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Wenatchee Valley Dispute Resolution Center honors founder, recognizes community peacebuilder

NCW News / Ward Media

WENATCHEE — The Wenatchee Valley Dispute Resolution Center (WVDRC) honored its founding director and recognized a community peacebuilder during its 2024 Annual Celebration. The sold-out event, titled “Honoring our Roots, Celebrating our Growth,” was held at the Wenatchee Valley Museum and Cultural Center. It marked a significant milestone in the organization’s community engagement efforts.

Lynn Yialelis, the WVDRC’s founding director, was honored for her role in establishing the center. Attendees heard about Yialelis’s journey that led to the center’s creation. In 2006, thanks to Yialelis’s efforts and support from the founding board, Chelan County Commissioners Keith Goehner, Buell Hawkins, and Ron Walters approved the WVDRC’s establishment.

Alicia McRae, a founding board member and Executive Director of the Housing Authority of Chelan County & City of Wenatchee, and Brett

McDonald, current WVDRC Board president, presented the award to Yialelis.

Bob Mark received the inaugural Community Peacebuilder Award. Mark, who serves as the Human Services Director for Upper Valley MEND, was recognized for his passion and extensive training in nonviolent and compassionate communication.

Mark’s approach to his work involves applying compassionate communication principles when interacting with clients, staff, and volunteers. He has shared his knowledge with MEND staff, providing training and assisting in addressing challenging situations using peacebuilding and non-violent communication techniques. The WVDRC noted that Mark’s approach has significantly impacted the culture at Upper Valley MEND, fostering empathy and understanding.

For more information about WVDRC services and educational opportunities, interested parties can visit www.wvdr.org or call 509-888-0957.



COURTESY OF CHARLOTTE LEY / AUTUMN LEAF FESTIVAL ASSOCIATION
VFW marches in a past Autumn Leaf Festival parade.



COURTESY OF CHARLOTTE LEY / AUTUMN LEAF FESTIVAL ASSOCIATION
Autumn Leaf is known among other parades for leading the chicken dance.

Ask Dr. Louise

Continued from page B1

recall how you were feeling or doing before you started it, your description will likely be inaccurate. It’s surprising how many people continue taking supplements, hoping for amazing results, but can’t decide if they are making any difference.

Since not everyone responds to a particular medicine or supplement, why continue to waste your time and spend money on something that isn’t helping you? A symptom diary removes the uncertainty of whether your supplement works or not.

Here are 3 tips on using a symptom diary:

- 1. Decide WHAT you expect/hope the supplement will do for you.** Do you hope it will help you sleep? Reduce your knee pain or stiffness? If it worked, how would life improve for you?
- 2. BEFORE starting your new supplement, score yourself first.** Choose the symptoms

bothering you the most or which you want to improve. Score the intensity of each symptom on a scale of 1-5 or 1-10. The key is to record your symptoms or what you hope will change BEFORE your first dose. Start scoring at least a couple of days beforehand, and weekly thereafter.

3. Compare your “before” scores to your “after” scores.

In the words of a Chinese proverb, “The palest ink is better than the best memory.” A symptom diary can show whether your supplement is making you feel better. Using one will help you decide whether it is worth purchasing again.

Dr. Louise Achey, Doctor of Pharmacy, is a 45-year veteran of pharmacology and author of *Why Dogs Can’t Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.* ©2024 Louise Achey

Friday Sept. 20
Saturday Sept. 21
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Upper Valley Church Guide

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	CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke • www.cashmerepres.org	
	CASHMERE COMMUNITY CHURCH 213 S Division St - 509-782-3811 Worship Service at 11:00 AM, Sunday Office Hours: Mon-Thurs, • 10 AM to 1 PM • Pastor Lilia Felicitas-Malana	
	CHRIST CENTER Sunday Worship Service at 10 am Lead Pastor Steve Haney • 5800 Kimber Rd., Cashmere • 509-295-8006 christcentercashmere.com	
	ST. JAMES EPISCOPAL CHURCH • 509-860-0736 • 222 Cottage Ave., 9 am Formation of Faith, 10 am Worship. Combined service with Grace Lutheran Church. Pastor Rob Gohl	
Dryden		
	DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday Worship at 11 am • Prayer Meeting Wed. at 6 pm. Pastor Bill Clem	
	MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., • Sunday School, 9 a.m. • Pastor Mike Moore www.midvalleybaptist.org	
Peshastin		
	LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org	
	NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com	
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	PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org	
Leavenworth		
	CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 • 11025 Chumstick Hwy. • Please join us Sunday mornings, 9 a.m., Sunday School, 10:30 a.m., Worship Service	
	LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619 10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout leavenworthumc.org leavenworthumc@outlook.com	
	FAITH LUTHERAN CHURCH - ELCA “Reconciling in Christ Congregation” 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following Eva Jensen, Pastor https://www.flcleavenworth.com	
	FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509-470-7745 Sunday Worship: 11 a.m. www.leavenworthbaptist.com Email: info@leavenworthbaptist.com	
	LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org	
	SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. • Worship 11 a.m. 509-860-3997	
	SPIRIT LIFE CENTER 210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. • Wednesday Bible Study 6:30 p.m. • Pastor Russell Esparza	
Monitor		
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Public Notices

NOTICE OF RESCHEDULED CITY COUNCIL PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Leavenworth City Council will hold a public hearing on a petition for annexation by Gustavo Hoyos, for approximately 0.52 acres located at 9646 Marson Dr, Leavenworth, parcel number 241711130150, and further described as Lot 1 of Boundary Line Adjustment 2365, within Leavenworth's Urban Growth Area (UGA) Multifamily Residential zone. Also included is the annexation of all that portion of Mine Street lying westerly of the existing city limits boundary. The original hearing date has been rescheduled to October 8, 2024, at 7:00 PM in the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington and via Zoom (<https://cityofleavenworth.com/your-city-hall/calendar/>). Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Maggie Boles, Community Development Director, at City Hall, phone 509-548-5275 or email mboles@cityofleavenworth.com. Published in the Leavenworth Echo/Cashmere Valley Record on September 18, 2024. #8555

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- leavenworthecho.com
- cashmerevalleyrecord.com
- lakechelanmirror.com
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Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE

In the Matter of the Estate of VERNON DAVID BRUNNER, Deceased.
NO. 24-4-00336-04
PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: September 11, 2024
By /s/Dolores M. Brunner DOLORES M. BRUNNER, Personal Representative
Address: 5830 Tigner Road Cashmere, WA 98815
Dated: 8-28-2024
Attorneys for Personal Representative: GATENS GREEN WEIDENBACH, PLLC
By /s/Lindsey J. Weidenbach LINDSEY J. WEIDENBACH, WSBA No. 43523
305 Aplets Way Cashmere, WA 98815
CHELAN COUNTY CLERK'S OFFICE
Chelan County Superior Court 350 Orondo Avenue, Suite 501 Wenatchee, WA 98801-2885
Published in the Cashmere Valley Record/Leavenworth Echo, Lake Chelan Mirror on September 11, 18, 25, 2024. #8408

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In the Matter of the Estate of: JAMES ELTON FLETCHER, Deceased.
NO. 24-4-00313-04
PROBATE NOTICE TO CREDITORS
RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: September 18, 2024
Personal Representative: Joanne Palmer
Attorney for Personal Representative: Nicholas Yedinak
Address for Mailing of Service: 435 Orondo Avenue P.O. Box 1667 Wenatchee, WA 98807-1667
DATED this 15 day of August, 2024.
JOANNE PALMER
Personal Representative
KOTTKAMP, YEDINAK & ESWORTHY, P.L.L.C.
Attorneys for Estate
NICHOLAS YEDINAK, WSBA # 20113
435 Orondo Avenue P.O. Box 1667 Wenatchee, WA 98807-1667
(509) 667-8667
Published in the Leavenworth Echo/Cashmere Valley Record on September 18, 25, October 2, 2024. #8558



- NCW News Network
- Leavenworth Echo
- Cashmere Valley Record
- Lake Chelan Mirror
- Quad City Herald

Public Notices

ORDINANCE NO. 1329

AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON ESTABLISHING THE CASHMERE TRANSPORTATION BENEFIT DISTRICT NO. 1, SETTING FORTH THE PURPOSE AND AUTHORITY OF THE DISTRICT, AND SPECIFYING THAT THE BOUNDARIES OF THE DISTRICT WILL COINCIDE WITH CITY BOUNDARIES. APPROVED SEPTEMBER 9, 2024
Published in the Cashmere Valley Record/Leavenworth Echo on September 18, 2024. #8480

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S A F U E N O I S N E T G T A H V T I B
L L S M U P B N Q I O O I T C C G A D F
A H D K Q N A R A N M T G T H T L P O A
G M K C I F Q G H M C B O R P T E C B F
O G C F L T I O V H U N O C A P L A D N
N A G R P D L C I P F H Q C L G L E O H
I D T D P E L N M M C F K G N S L A I O
A E A F A R G L T N Q V I I F A C I N G
R G T R M K E F A T A R S T S R H R S S
G V I T T E H M T Q R A K E I R N K E Q
C G C S A R A A B L C K N N V G N H L C
P B N K T C E O C P D D P A P N B D V T
M F F K H L B F M L T K T O H U C C E F
L L S I P B O A N M L P I G V L U E D O
K D N A I N E D F R E I T U T N L E G K
N E T N G S Q K N S R H B I A S I C E V

WORDS

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APPLIQUE
BASTE
BIAS
BOBBIN
BODICE
BUTTONHOLE
CASING
DART
FACING
FOLD
GRAIN
HEM
LENGTH
MACHINE
NOTCH
PATTERN
PINS
PLEAT
SEAM
SELVEDGE
STITCHING
TACK
TENSION

Find the words hidden vertically, horizontally, diagonally, and backwards.

P V N M Q B A S T E R E S Q M D E N O P
E Q C E S N K U P L K L D U B U D R S I
B R B H D B F O L D E M B U U V Q E E N
A N O G Q R D U E N D N T T S U I T C S
S A F U E N O I S N E T G T A H V T I B
L L S M U P B N Q I O O I T C C G A D F
A H D K Q N A R A N M T G T H T L P O A
G M K C I F Q G H M C B O R P T E C B F
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N A G R P D L C I P F H Q C L G L E O H
I D T D P E L N M M C F K G N S L A I O
A E A F A R G L T N Q V I I F A C I N G
R G T R M K E F A T A R S T S R H R S S
G V I T T E H M T Q R A K E I R N K E Q
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P B N K T C E O C P D D P A P N B D V T
M F F K H L B F M L T K T O H U C C E F
L L S I P B O A N M L P I G V L U E D O
K D N A I N E D F R E I T U T N L E G K
N E T N G S Q K N S R H B I A S I C E V

Hot Tubs Liquidators expands to Wenatchee

By Will Nilles
Ward Media Staff Reporter

WENATCHEE – Hot Tubs Liquidators, a local Chelan business, continues to prove itself as one of the most affordable spa businesses in the region.

Owners John and Carol Aldrich look forward to the grand opening celebration of their new Wenatchee location.

Local spa business game changers the Aldriches have been working together in hot tub retail for around 30 years, providing spas to buyers from all around the NCW at impressively low prices.

Since the beginning, Carol and John have worked together, initially buying a hot tub together as friends and falling in love with each other and the spa business.

John Aldrich, also known as 'Hot Tub John,' looked back at his and his wife's long history in the spa business together.

"We've always been equal



COURTESY OF JOHN ALDRICH

Carol and John Aldrich posing together in 2011, partners in life and business through a shared love of the spa industry.

partners and very supportive of each other," he said. "We both love the spa business. We've been in it together for probably 30 years. We actually were friends, and we bought a hot tub together... we saw the love, and we started doing spas."

Ever since then, the two have worked as partners, opening their first store together in Woodinville in 1997, where they began a long and colorful career of connecting

NCW residents to affordable yet luxurious spa systems.

Now, the couple runs their business out of Chelan, where buyers travel for hours and even cross the Canadian border to get their hands on the Aldriches' one-of-a-kind hot tub prices and availability.

What Hot Tub John argues makes his business different from any others in the area is its ability to provide high-quality hot tubs at a fraction of competitor prices while maintaining rapid availability for buyers. For this impressive feat, the Aldriches brand themselves as truly different hot tub dealers within the region.

As Hot Tub John explains, this impressive business model is viable through high-volume purchases of spa systems rather than singular purchases of customizable systems, which can take up to months to arrive. By keeping such a constant inventory and providing less customizable but still fully-equipped hot tubs, Hot



WILL NILLES/WARD MEDIA

Hot Tubs Liquidator's new Wenatchee location officially opens, providing the valley with low-priced luxury spa experiences.

Tubs Liquidators can sell their products for incredibly lower prices than their competition.

"We are literally thousands of dollars cheaper than our competitors," he shared. "I buy trucks at a time, you know, around 10 spas at a time. When you go into another spa dealer and you order, they may have just brought in a half dozen spas for four other people. So, now you've got to wait maybe

a couple of months just for them to be able to get a truck together."

With their business model flourishing and bringing in demand from Seattle to Canada, the Aldriches are excited to run their new storefront in Wenatchee, located at 1625 N. Wenatchee Ave. Their grand opening celebration is set September 28.

However, Hot Tubs Liquidators' Wenatchee location has already opened the doors to its showroom, welcoming in local



RUTH KEYS/WARD MEDIA

Hot Tubs Liquidator's classic Chelan location continues to open the doors to its showroom, servicing communities across the NCW with hot tubs and spas.

business to their storefront.

As they continue to spread their brand as the most affordable spa dealers in the region, John and Carol Aldrich plan on opening a future location in Moses Lake to better Eastern Washington communities. To learn more about Hot Tubs Liquidators, visit their website at hot-tubsliquidators.com.

Will Nilles: (509) 731-3211 or will@ward.media

Memorial Ceremony

Continued from page A1

Al-Qaeda and flown into the West side of the Pentagon.

Todd spoke of his experiences that day as he watched from an airport in Washington, D.C. Knowing flight attendants from each plane and that he could have been in one of their positions, Todd is on a mission to tell his story and educate others on the important duties that flight attendants are prepared to perform while on the job.

"This is the 23rd year anniversary, and there are people who were not even born when September 11 took place," Todd explained, "and for most of them, this day is simply a page in a history book. And I cannot allow my friends and colleagues who were heroes on that day, for they memory to be simply a page in a history



COURTESY OF JOHN ALDRICH

Local Army Veteran and folk singer, Hank Cramer, performs Tom Paxton's song, The Bravest, a salute to the first responders who gave their lives to save others on September 11.

book, their story needs to be told."

Notably, Todd drove home the fact the flight attendants are often a passenger's first line of defense in a dangerous situation and that, as was the case on September 11, they're trained to put the safety of their passengers above all else.

"If you get a coke and a bag



COURTESY OF JOHN ALDRICH

Robb Todd, retired American Airlines flight attendant, shares his experience as someone who nearly ended up on one of the day's devastating flights.

of pretzels, that's the gravy on top," he mentioned, "but number one priority is safety. And, God forbid something like this were to happen, they are all trained to handle something like that."

The ceremony's words of remembrance closed with a poem from Idahoan Kelsie Patterson, who first wrote her piece, The Eagle, shortly after the events

of September 11, at 11 years old. Following her reading, the Seattle Police Pipes and Drums closed with a somber playing of Taps alongside the American Legion Post 10's sobering 21-gun salute.

A Chelan County Sheriff's Office helicopter then performed a flyover, saluting those below with security and peace of mind.

As the ceremony wrapped up, the Foundation President Jones invited attendees for free food and cake at the Riverside Center. With few refusing the opportunity for free food, the 9/11 Spirit of America Memorial and Riverside Center bustled full of locals and visitors alike, sharing stories and smiles as they came together.

To learn more about the 9/11 Spirit of America Memorial Foundation, visit 911memoial-wa.org.

Will Nilles: (509) 731-3211 or will@ward.media

Wine Harvest

Continued from page B1

you're taking in the stunning transition of the season, but also views of the lake. And it's just magical."

The season culminates with fall barrel tastings in November. Since the Lake Chelan Valley received its American Viticultural Area (AVA) designation, wineries have celebrated the harvest with various events, consistently focusing on the region's agricultural heritage. The celebration aligns with the valley's long-standing tradition of tree fruit farming, which has continued for over 100 years, Steele said.

The harvest season in Lake Chelan is a busy time, with both grape and other fruit harvests taking place.

"The buzz in the air is really

fun," Stelle said. "Everybody's energy is really ramped up, because, you know, you're finally at the point where you're harvesting all the fruits of your labor, and it's just a great time to be here."

"The pace is different than the summer; crowds are different," he said. The demographic is different. So folks are just here because they're really looking for a quiet and quaint, relaxing time of the year, and again, to experience the natural beauty of the fall in Lake Chelan is pretty amazing."

For more information and a schedule of events during the Wine Harvest, visit lakechelanwinevalley.com/events/wine-harvest/.

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