The Leavenworth Echo

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Upper Valley News Since 1904

A Ward Media Publication





From the publisher

The bias binding us. Thoughts about our cognitive blind spots: confirmation bias and motivated reasoning. | A2

Leavenworth swimmers shine at league championships

Community | B4



Outdoor hydrotherapy spa slated to open in Leavenworth this fall

By Taylor Caldwell Ward Media Staff Reporter

LEAVENWORTH - An outdoor spa named The Springs is slated to open this fall, as one of the latest developments getting built behind Safeway.

In 90-minute time slots, visitors will be able to rotate between a sauna, cold plunge, medium and hot pools, and an outdoor lounge area, often referred to as a hydrotherapy circuit. The Springs will stay open year-round, with pool temperatures adjusted to suit each season.

"We're trying to provide a great place to hang out after you spend the day in Leavenworth. You go on the river, or you go mountain biking, or you go Nordic skiing, or whatever it is you do, and we want to just be this place to come back to and hang out

and socialize," said co-owner Marco Scheuer.

Designed to emulate the experience of a natural hot spring. The Springs will be set around granite boulders and native plants, facing the Enchantments. The location's building, which was built by Scheuer and co-owner Vincent LaBelle, features European-style, hand-crafted details, such as scalloped edges and arched windows.

"We're really trying to make something here that is for this place, and is kind of, of this place...We're not trying to ram some business in here and maximize profits. We're trying to make a really nice experience that sort of captures this lovely spot and hopefully services locals and the people who like to recreate out here,'

See SPA Page B2 The Springs will feature a sauna, cold plunge, and pools in an outdoor setting.



TAYLOR CALDWELL / WARD MEDIA

Scheuer and Vincent LaBelle (left to right) are designing the outdoor spa to be a place for people to relax and



The Springs co-owners Marco

Leavenworth's Oktoberfest to return for three weekends in October



OURTESY OF LEAVENWORTH CHAMBER OF COMMERCE Leavenworth's annual Oktoberfest will return Oct. 4-5, 11-12, and 18-19. The Leavenworth Echo Ward Media

LEAVENWORTH - Leavenworth's annual Oktoberfest will return this vear for three weekends of beer gardens and entertainment. The event will span Oct. 4-5, 11-12, and 18-19.

The beer gardens, located at the Leavenworth Festhalle and Front Street Park, will host three stages with a schedule packed with entertainment. The festival will feature polka variety bands, such as

See **OKTOBERFEST** Page **B2**

Local businesses get life-saving defibrillators



COURTESY OF ERIN ADAMS / CASCADE MEDICAL A new AED recently installed by Cascade Medical sits at München Haus.

By Taylor Caldwell Ward Media Staff Reporter

socialize after their activities.

LEAVENWORTH - Businesses in downtown Leavenworth received eight new automated external defibrillators (AEDs) thanks to a collaborative initiative between Cascade Medical Foundation (CMF) and Cascade Medical.

AEDs are potentially life-saving devices that can be used to treat a person whose heart has suddenly stopped beating. In total, over 30

See **DEFIBRILLATORS** Page **B2**

Evergreen Mountain Bike Alliance constructs new trail on Rattlesnake Hill



EMBA Central Chapter President Tony Feeney stands on the new trail while pointing to the steep and narrow footpath previously used.

By Taylor Caldwell Ward Media Staff Reporter

LEAVENWORTH - A new trail on Rattlesnake Hill, located behind Icicle River Middle School and Cascade High School, is being built by the Evergreen Mountain Bike Alliance (EMBA) Central Chapter. The trail crew hopes to complete construction by the end of August.

"We are halfway up that hillside right now, so that is amazing, and it's neat to see this process finally started," said James Munly, a head trail builder for EMBA.

For years, Rattlesnake Hill has been utilized for educational and recreational purposes by classrooms, sports teams, and dog walkers. Through this use, a system of narrow, haphazard paths has been etched into the steep hillside. However, no trail had been permanently established.

"It became this thing that was getting so much use, that it just made sense to have a designated,

See MOUNTAIN BIKE Page B2

UPPER VALLEY MEND

TAYLOR CALDWELL / WARD MEDIA

The mobile pantry provides fresh produce at a migrant worker camp. The migrant camp in Monitor is the largest camp in the area, housing up to 300



Valdez hands a pamphlet to a resident of the migrant worker camp. To best serve the community, UV MEND aims to bring culturally relevant produce, and provides information in both Spanish and English.

Mobile food pantry brings fresh produce to migrant workers

By Taylor Caldwell Ward Media Staff Reporter

MONITOR – Last year, Upper Valley MEND's food programs took a significant step in expanding its impact by adding a Mobile Food Pantry to its services. Now, it's providing fresh produce to migrant worker camps across the valley.

"It's one of my favorite programs. You can just feel the appreciation and gratitude from folks that we're just, you know, giving free produce to. And they're always so thankful and surprised it's free," said Food Programs Manager Rachel Bishop.

For years, Upper Valley MEND's gleaning program has harvested surplus produce from local farms for the Community Cupboard food pantry. In recent years, the program received a refrigerated Sprinter van through a grant from the Washington State

Department of Agriculture, allowing it to mobilize its pantry.

"We are often gleaning so much produce it's too much to give away just at the Community Cupboard,' said Bishop. "So with the refrigerated van, we created this new program called the Mobile Produce Pantry."

Last year, the mobile pantry served 742 people and distributed

See FOOD PANTRY Page B4

Inside The Echo this Week

Business Directory.....

Marketing Matters.....

Advertising Flyers: Safeway, Dan's Food Market



509-548-5286

Phone:

Community Calendar..... Sheriff Report.. .A3 Classifieds. .B3

www.leavenworthecho.com

The Leavenworth Echo

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Subscriptions may be transferred to another individual or organization.



newsprint with soy ink. Please recycle.

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call **509-548-5286**. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Classified ads can be placed during normal office hours by calling 509-293-6780 or by emailing classifieds@leavenworthecho.com.

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Obituaries can be placed during normal business hours by calling 509-548-5286 or by emailing obits@ward.media

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at **quinn@ward.media**. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Sip and paint wine glasses

Neu Flessenow Cellars will host a Sip and Paint wine glasses night on Thursday, August 8, from 6:30 to 8:30 p.m.

"Create your own personalized pair of wine glasses while enjoying a glass of your choice from our award-winning wines," the event page states. Vicki Hough from Bend, Oregon, who has been leading these types of events for 30 years, will be your instructor. You're guaranteed a great time."

 $For \ more \ information, \ visit \\ neufless enowwinery. com.$

Beauty and the Beast

The Leavenworth Summer Theater will present Disney's Beauty and the Beast on Friday, August 9, from 8 to 10 p.m.

"Step into the enchanted world of Broadway's classic Disney musical Beauty and the Beast, one of the most beloved musicals of all time," the event page states. This heartwarming tale as old as time astounds with lavish musical numbers and spectacular costumes and sets."

For more information, visit leavenworthsummertheater. ora.

Benevolent Night at Wok About Grill

Wok About Grill in Leavenworth will host a benevolent night on Wednesday, August 14, from 4 p.m. to closing to benefit the Cascade Medical Foundation.

Proceeds from the event will go toward a vehicle for Cascade Medical's new Mobile Integrated Health program, which is expected to be fully launched by the end of this year.

"This is our eighth "benevolent" event this year in which our generous hosts donate a portion of the evening's proceeds to the

Cascade Medical Foundation.

It offers a wonderful excuse to enjoy an evening out and support a worthy cause.

Live music by Sergio Cuevas

Bushel and Bee Taproom will host live music by Sergio Cuevas on Tuesday, August 13, from 7-9 p.m.

"Live music with Sergio is always a treat," the event page states. "Grab your favorite beverage or a hot cider, and get ready for your favorite tunes from one of our favorite musicians."

For more information, visit bushelandbee.com.

Basics of pine needle basket making

The Wenatchee River Institute will host a Basics of Pine Needle Basket Making class at the Red Barm on Wednesday, August 7, from 6 to 8:30 p.m.

THINGS TO DO

THIS WEEK

"Learn how to make simple and functional coiled baskets out of local and abundant material," the event page states. "This is a great intro to coiled basket techniques, which have been utilized by indigenous peoples across the globe."

For more information, visit wenatcheeriverinstitute.org.

Friday night flick

Ohme Gardens will host Friday Night Flicks on Friday, August 9, from 8:30 to 9:30 p.m.

"Embark on an unforgettable naval adventure with Down Periscope, a hilarious comedy that will keep you entertained from start to finish," the event page states. "Add Down Periscope to your collection and get ready for a laughterfilled movie night."

For more information, visit ohmegardens.org.

The bias binding us

information overload, we fancy ourselves discerning consumers of facts. We pride ourselves on our critical thinking, our ability to separate wheat from chaff in the digital deluge. Yet, we are all susceptible to a pair of cognitive blind spots that warp worldviews: confirmation bias

motivated reasoning.

Confirmation bias is our mind's eager yes-man, always ready to affirm what we already believe. It's the reason your uncle shares dubious Facebook posts that align with his politics, while dismissing reputable sources that don't. It's why, scrolling through X, formerly Twitter, we pause on headlines that flatter our preconceptions and breeze past those that challenge them.

Motivated reasoning is confirmation bias's industrious sibling, working overtime to interpret information in ways that support our existing beliefs. It's the mental gymnastics we perform to justify our favorite politician's latest gaffe, or the tortured logic we employ to explain away inconvenient scientific findings.

These biases aren't the exclusive domain of the uninformed or the extremists. They afflict us all, from the corner office to the corner store. They shape how we vote, what we buy, whom we trust, and how we understand the world around us.

The consequences far from trivial. Political polarization deepens as we retreat into echo chambers, each side viewing the other with increasing incomprehension and hostility. Conspiracy theories flourish, fed by selectively interpreted events and an inability to seriously consider alternative explanations. Even in the hallowed halls of academia, these biases can skew research questions and interpretations, potentially hampering scientific progress.

But recognizing the problem is the first step toward addressing it. We must cultivate intellectual humility, acknowledging that our cherished beliefs might



Publisher Terry

From the

TERRY In our newsrooms

WARD and classrooms, we need to emphasize the and teaching of critical thinking

teaching of critical thinking skills. Not just the ability to spot logical fallacies, but the harder task of recognizing our own biases and motivated reasoning.

As consumers of information, we must be willing to do the uncomfortable work of engaging with ideas that challenge us. It's easy to dismiss those we disagree with as misinformed or malicious. It's harder, but far more valuable, to seriously consider why intelligent, well-meaning people might see the world differently than we do.

The stakes are high. In a complex, interconnected world, our ability to solve pressing problems depends on our capacity to understand different perspectives and find common ground. Climate change, inequality, technological disruption – these challenges require collaborative solutions that transcend our tribal instincts.

Overcoming confirmation bias and motivated reasoning isn't just about being right. It's about being open – to new ideas, to changing our minds, to seeing the world in all its messy complexity. It's about approaching life with humility, curiosity, and a genuine desire to understand.

In doing so, we might just find that the world is richer, more nuanced, and more interesting than our biases would have us believe. And in bridging the divides of understanding, we may discover that what unites us is far greater than what separates us.





The Leavenworth Mosquito Control District

(509) 548-5904 • www.LeavenworthMosquitoControl.org "Stopping mosquitoes at their source."

OBITUARY

Henry Einar 'Hank' Thor

94 yrs old

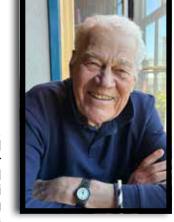
Hank passed away at his home in Leavenworth, WA on Saturday July 27 2024 after a short battle with an illness.

Born February 1, 1930 outside of Chicago, IL to Einar and Marta Lunden Thor.

After a few years in Chicago and Beverly Hills, CA, the family eventually ended up buying a farm in Lawler, MN in 1936. Hank has many memories from his time on the farm. Some memories were, learning to xc ski, first becoming interested in flying, enjoying a good sauna and helping his parents around the farm. In the summer of 1939, the family was talked into moving back to Sweden to help run his maternal grandfather's, 1,500 acre. farm in Trädet. This was just as WWII began and some of Hank's earliest memories from this time were having to ration fuel, which meant their only means of transportation were by bike during dry months and by xc ski during the winter months. This lead to ski racing, which he did on most weekends during the winter. After graduating High School in 1946, Hank was 1 of 10 kids given a scholarship to Alleberg soaring school in Sweden, where he learned to fly gliders. He began college in the fall of 1946 in Sweden,

focusing on pre-engineering

courses in math & physics. The family decided to head back to the US in the summer of 1948 and Hank was asked to try out for the US XC Ski Team, he declined, deciding to focus on his studies instead. Dad was accepted at Northrop Aeronautical Institute in Hawthorne, CA. After graduating in 1951, Hank was immediately hired by Northrup Aircraft Co. During his time in CA, Hank became an avid sailor, even racing the Transpacific Yacht Race from L.A. to Honolulu in 1959. Later, Hank enrolled at USC and earned a degree in Architecture. Hank settled down in Southern California, working as an architect and raising a family together with his wife Kerstin. Weekends continued to be spent outdoors. After having a small stroke Hank and the family decided to simplify and bought a motel in Wenatchee, WA, in 1976. During his time in Wenatchee, he and some friends started the Bavarian Nordic Club. He also helped resurrect the Glider Club at Pangborn Airport, renaming it the Cascade Soaring Society. He continued to stay competitive in sports, racing in the Vasaloppet, Birkebeiner, Ridge to River and many other local races. In 2000, Leavenworth became his home after his first wife passed away. He designed and built a home up Icicle Rd. for he



and his second wife, Judy. You may have seen them over the years riding their bikes through town on their daily 9 mile loop out East Leavenworth Rd.

When you think of Hank, please remember his years as an active man. His time was spent flying, skiing, sailing, biking, fishing, hiking, running, building, fixing, creating and spending time with his friends and family. He was a true 'jack-of-all-trades' and a truly fascinating man.

Hank is survived by his wife of 26 years, Judith Moser. He is also survived by his daughters, Kaisa Helena Thor, Wenatchee and Anna Maria Thor (Michael Goldsberry), Lake Bluff, IL as well as his beloved grandchildren Elsa Kerstin and Henrik Thor Goldsberry of Lake Bluff, IL. He was predeceased by his parents, Einar Isak Thor and Marta Alvida Lunden Thor, as well as his wife of 30 years, Kerstin Ingeborg Johansson Thor.

A celebration of life will be held in Leavenworth 8/8/24.

For more information, please reach out to Anna at flyskisail30@gmail.com



Community Calendar

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292. Alpine Water District, meets at the Lake Wenatchee Fire and

Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935. Ukulele Circle, 5:30-6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet

Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Senior Center, Lunch, noon, \$8 per meal

Thursday

Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com Peshastin Community Council meeting, Peshastin Memorial Hall. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.Sandoval@co.chelan.wa.us Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.

Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.

Leavenworth Mosquito District board meeting 1st & 3rd Monday of each month at 7pm via ZOOM link posted at https:// leavenworthmosquitocontrol.org/notices-updates/

Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)

Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)

Cascade Education Foundation, Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).

The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

Senior Center, Exercise, 11 a.m-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com Leavenworth Museum board 5-7 p.m. Everyone is invited as a guest. Contact info@ leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-6, Thurs., 10-7, Fri., 10-5 Sat.,10-2. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

The Peshastin Public Library is currently closed for renovations and will re-open in mid to late summer.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to news@ward.media or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, Call 509-548-7939

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@ gmail.com or 509-596-1510.



Chelan County Sheriff's Report

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

July 26

0:12:42 Trespass, 7546 Us Hwy 97; Farmer Joe 9:37:51 Theft, 308 Zelt Strasse;

Pine Village 10:32:21 Property, 228

Chumstick Hwy; Cc3 Sta 12:28:15 Welfare Check, 10851 Chumstick Hwy

12:53:17 Malicious Misch, 309 8th St; Posthotel

13:37:44 Trespass, 308 Zelt Strasse; Pine Village 14:28:18 Traffic Offense, 262

Mine St 15:14:46 Extra Patrol, 9280 E Leavenworth Rd

15:43:35 Accident No Inj, 639 Front St; Outwest Trad 16:10:21 Abuse, 7580 Icicle Rd 16:55:51 Animal Problem, Commercial St & Divisions

18:26:41 Accident Unk, E Leavenworth Rd & Sundog 18:29:33 Malicious Misch, 12235

W Shugart Flats Rd 19:38:30 Theft, 116 River Bend Dr; Safeway Lv

19:57:12 Civil, 10581 Chumstick 21:47:53 Traffic Offense, 7824 Mountain Home Rd

July 27

10:14:35 Suspicious, 185 Us Hwy 2; Fairbridge

11:09:39 Hazard, Waterfront Park 13:43:02 Extra Patrol, 58 Norling

Ln, Leavenworth 6 13:45:37 Vehicle Theft, 11431 Clark Canyon Rd

14:31:38 Parking/Abandon, 9002

15:24:09 Welfare Check, 116 River Bend Dr; Safeway 15:33:10 Theft, 116 River Bend Dr; Safeway

19:20:32 Accident No Inj, 9342 Icicle Rd 19:21:07 Animal Problem, 9th St

& Commercial St 2:34:13 Welfare Check, 308 Zelt

Strasse; Pine Village 19:44:18 Animal Problem, 1000 Front St# B; Blewett 20:42:04 Noise, 68 Misty

Meadow Ln 22:20:11 Weapons Violati, 7375 Icicle Rd; Sleeping Lady 23:01:33 Accident No Inj,

Chumstick Hwy Mp 5

July 28

0:56:30 Atl/Atc, Cannon

Mountain 2:34:13 Welfare Check, 308 Zelt Strasse; Pine Village

5:49:54 Accident Injury, 18095 Chumstick Hwy

12:48:40 Suicide Threat, Us Hwy 97 Mp 182, Peshastin 13:09:58 Parking/Abandon, 58

Norling Ln 13:13:40 Weapons Violati, 11007 Us Hwy 2; Preys Fruits 15:44:49 Burglary, 25310 Saddle

20:59:46 Noise, 8316 Lynn St, Peshastin

July 29

0:56:30 Search And Resc, Cannon Mountain 8:53:23 Trespass, 13951 Chumstick Hwy 9:03:37 Traffic Offense, 263 Mine

St; Berg Rose Apa 9:49:23 Vehicle Prowl, Snow Lakes Trailhead 10:37:05 Court Order Vio, 510

Cone St# A, 12:11:13 Harass/Threat, Lake Wenatchee Hwy & Wye 13:15:40 Animal Problem,

1000blk Front St 13:38:25 Warrant, 10851 Chumstick Hwy

15:56:44 Suspicious, 116 River Bend Dr; Safeway

17:41:09 Alarm, 817 Commercial St; Cascade

July 30

10:53:17 Disturbance, 308 Zelt Strasse; Pine Village 13:35:30 Littering, 9800blk School St, Peshastin

Creek Rd, Lake Wenatchee 16:38:10 Animal Problem, 8400blk Dempsey Rd 19:56:42 Assist Public, 263 Mine St# 113

16:06:17 Sex Offense, 19083 Gill

July 31

0:44:43 Animal Problem, 8722 School St, Dryden 3:16:29 911, 16953 Chumstick

Hwy 9:39:58 Theft, 321 9th St; Loge 11:19:27 Fraud/Forgery, 301

Ward Strasse; Hampton Inn 17:44:48 Traffic Offense, 263 Mine St; Berg Rose

Apartments 18:07:17 Trespass, 116 River Bend Dr; Safeway

20:18:39 Marine, 17499 N Shore

22:45:51 Alarm, 7375 Icicle Rd; Sleeping Lady

Aug 1

7:40:52 Assist Public, 12790 Fish Hatchery Rd

8:25:33 Parking/Abandon, 100 Ward Strasse

8:43:48 Civil, 12891 Chumstick Hwy

8:51:12 Civil, 77 Stage Rd; Silvara Vineyards

8:56:18 Civil, 8349 Main St,

Peshastin 9:10:05 Harass/Threat, 116 River

Bend Dr; Safeway 9:17:20 Theft, 18 Old Icicle Ln 9:43:22 Assist Public, 306

Cascade St 9:48:04 Malicious Misch, 9792

Dye Rd 10:32:13 Parking/Abandon, 17946 Nason Ridge Rd, Lake Wenatchee

12:01:48 Welfare Check, Ranger Rd & Ski Hill Dr

12:14:19 Property, 116 River Bend Dr; Safeway

12:51:46 Domestic Distur, 9th St & Main St

12:53:37 Malicious Misch, 116 Cowboy Ln, Lake Wenatchee 12:55:55 Assist Agency, Us Hwy 2 Mp 89, Lake Wenatchee

14:26:23 Hazard, Chumstick Hwy Mp 6 20:24:03 Suspicious, 15255 Us

Hwy 2; Coles Corn 20:27:55 Suspicious, 1010 Main

St; Barn Beach 20:49:09 Burglary, oblk Morning Star Ln, Plain

21:38:34 Traffic Offense, 300 **Enchantment Park Way**

Attorney Russell J. Speidel named to Super Lawyers list

NCW News Ward Media

WENATCHEE — Russell J. Speidel, an estate planning and probate attorney based in Wenatchee, has been recognized in the 2024 edition of Washington Super Lawyers, marking his continued

excellence in the legal field. The prestigious designation, awarded to only five percent of lawyers statewide, highlights Speidel's expertise and standing among his peers. This recognition is not new for Speidel, who has consistently earned a spot on the Super Lawyers list since 2007.

Mr. Speidel is the only Estate Planning and Probate lawyer in North Central Washington to receive this honor.

Super

Lawyers

selection process is known for its rigorous and multifaceted approach. It begins with peer nominations and proceeds through independent evaluation by the publication's attorney-led research staff. Candidates then undergo a

peer review by practice area,

followed by a thorough check of their professional standing and disciplinary record.

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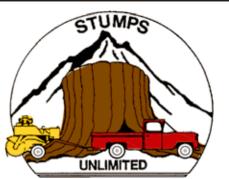


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Oktoberfest

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\$30 - Saturday

\$40 - Combo

HOURS

6pm to 12am | FRI **12pm** to **12am | SAT**

(Front St. Park closes at 10pm both nights)



2024

16 LIVE BANDS

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2024 Hat Pins to the first 700 registered locals through the gate on "Local's Night"

LOCAL'S NIGHT

Friday, Oct 4th

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Last year we welcomed over 900 residents of the Cascade School District for an evening of beer, music, yodeling, chicken dancing and bouncy

To help us better prepare and properly manage the number of tickets we sell to the public, this year we are requiring locals complete and submit an RSVP form for your household.

Once registered, you will be added to our "Local's Guest List" and on the evening of the event, you and your party of registered attendees will need to go through the Local's Entrance Gate. Here each name/address on the list will be matched to your photo ID. If your ID does not reflect your Cascade School District home or business address, you will need to bring a current piece of mail addressed to you at the address.

In addition to free admission, the first 700 registered locals that come through the local's gate will receive a special 2024 Woody Goomsba hat pin to mark this festive occasion!





Visit Us Online

LEAVENWORTH. ORG/OKTOBERFEST

Buy tickets, get entertainer bios & dates, review the 2024 beer menu, and learn more about what is new for this year's Oktoberfest.

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NIGHT RSVP QR CODE



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Fall marketing strategies: capitalize on autumn opportunities in NCW

(smokey) days of summer give way to crisp autumn air, business owners in North Central Washington face new opportunities. Fall brings unique challenges and possibilities, especially for our region's small and mediumsized businesses. Whether you're in construction, real estate, or running a local winery, adapting your marketing strategy for the fall season can help you finish the year strong financially.

Understand Our Autumn Market

Fall in North Central Washington is a special time. When summer tourists start heading home, we see a different kind of visitor: those seeking colorful foliage, harvest experiences, cooler hiking days, and a taste of our famous wines. Local consumers also change their habits, focusing more on home improvements before winter and looking for indoor



activities as the weather cools.

For construction and real estate businesses, this can mean a push for last-minute outdoor projects or a focus on interior renovations. Wineries might see an uptick in visitors eager to experience the harvest season firsthand. Understanding these shifts is key to crafting effective marketing strategies.

Tailor Your Marketing for Fall

Event-Based Marketing: Fall fairs, farmer's markets, and harvest festivals are perfect opportunities to showcase your business. Construction companies might demonstrate winterization techniques, real estate agents could highlight cozy homes perfect for the colder months, and wineries can offer special harvest tours or tastings.

Target Autumn Tourism: Fall in North Central Washington brings a fresh wave of visitors, each with their own interests and needs. Real estate agents might create "relocation packages" that showcase the region's year-round appeal, highlighting our four seasons and activities unique to each season. Wineries can promote special autumn wine tours that combine the appeal of hiking with the excitement of harvest season. Construction businesses could partner with local accommodations to offer "fall fix-up" packages for vacation homeowners.

Leverage Autumn Activities: Tie your promotions to popular fall activities. For example, a construction company could offer a "pre-winter checklist" service at the County Fair, real estate agents might host pumpkin-picking events at properties with land, and wineries can create harvestthemed tasting experiences.

Digital Marketing for Fall

In today's world, your online presence is crucial. Use social media to showcase the beauty of North Central Washington in autumn. Share photos of homes with stunning fall views, time-lapse videos of construction projects racing to beat the winter weather, or behind-the-scenes glimpses of the wine-making process during harvest. Keep in mind, that social media should not be your only digital presence. Current algorithms only reach a small percentage of your

Consider running geotargeted ads to reach potential visitors from other areas like Spokane, Ellensburg, or the west side. Digital display marketing campaigns can keep

your local customers informed about fall specials or remind them of important seasonal services (like winterizing homes or stocking up on wine for holiday entertaining).

Adapt Your Offerings for Autumn

Think about how you can tweak your products or services for the season. Construction businesses might offer fall maintenance packages. Real estate agents could create cozy autumn staging for home viewings. Wineries can introduce limited-edition harvest blends or host special fall-themed events.

For businesses, consider limited-time autumn promotions. These create a sense of urgency and can drive sales during what might otherwise be a slower period.

Measure Your Success

It's important to track how well your fall marketing efforts are working. Keep an eye on your sales figures, website traffic, and customer engagement. Many free or lowcost tools can help you monitor these metrics. This data will be invaluable for refining your strategies, not just for this fall but for future seasons as well.

MARKETING MATTERS By Amy Yaley COO of Ward Media

Plan Ahead

As you implement your fall marketing plan, start thinking about the upcoming holiday season. How can you transition your autumn promotions into winter ones? For construction and real estate, this might mean shifting focus to indoor projects or cozy winter homes. Wineries can start promoting their wines as perfect holiday gifts or for New Year's celebrations.

Embrace Autumn's Opportunities

Fall in North Central Washington offers a wealth of marketing opportunities for businesses of all types. By understanding the unique

characteristics of our autumn market, tailoring your strategies to the season, and leveraging both traditional and digital marketing techniques, you can make the most of this beautiful time of year.

Remember, the key to successful seasonal marketing is to start planning early and be willing to adapt as you learn what works best for your business. Embrace the changing seasons, and let the natural beauty and bounty of our region inspire your marketing efforts.

Amy Yaley is the COO of Ward Media and the co-owner of Apple Capital Marketing & Northwest Swag Works. She can be reached at amy@ward.

Wenatchee area sees job losses and rising unemployment

Ward Media

WENATCHEE - The Wenatchee Metropolitan Statistical

Area, comprising Chelan and Douglas counties, saw its unemployment rate rise and nonfarm employment decline in June compared to the previous year, according to a report released by the Washington State Employment Security Department. compiled

The report, by Donald W. Meseck, Regional Labor Economist at the Employment Security

Department, provides a detailed analysis of the area's labor market trends.

The unemployment rate in the Wenatchee MSA increased to 3.9% in June 2024, up from 3.3% in June 2023. This rise occurred despite growth in the civilian labor force, which expanded by 1,243 residents to reach 68,835, a 1.8% increase year-over-year.

"This year-over-year increase in the number of unemployed overpowered the expansion in the local labor force, causing the unemployment rate to rise sixtenths of a point, from 3.3% in June 2023 to 3.9% in June 2024," Meseck stated in the report.

Total nonfarm employment in the two-county area decreased by 900 jobs, or 1.8%, from 50,800 in June 2023 to 49,900 in June 2024. This marks a reversal from the area's previous trend of job growth.

According to the report, "Year over year, the Wenatchee MSA's nonfarm market expanded for 37 months (April 2021 through April 2024) before contracting in May and June 2024."

Key industries showing job

losses included construction, which declined by 200 jobs or 4.9% year-over-year. However, some sectors did see growth, including education and health services, which added 300 jobs,

a 3.7% increase. The leisure and hospitality sector, crucial to the area's economy, continued its growth trend, adding 200 jobs for a 2.7% increase compared to June 2023. This growth outpaced the statewide trend, where leisure and hospitality employment actually declined slightly.

"Job growth rates in this local

industry have been more rapid than leisure and hospitality job growth rates statewide in each of the past 10 months (September 2023 through June 2024)," the report noted.

The report also provided insight into long-term trends in agricultural employment, a significant sector in both Chelan and Douglas counties. In Chelan County, agricultural jobs decreased from 9,327 in 2013 to 8,187 in 2023, a 12.2% decline over the decade. Douglas County saw an even steeper drop of 21% in agricultural employment over the same period.

Despite the job losses,

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agricultural wages in both counties showed modest growth when not adjusted for inflation. The report suggested several possible explanations for this trend, including "automation, the gradual conversion of some seasonal agricultural jobs to year-round positions, and the increased use of H-2A agricultural labor." The full impact of these

changes on the local economy remains to be seen, but the data suggests a shifting landscape in the Wenatchee area's labor market, with traditional agricultural jobs declining while some service sectors continue to grow.

Community Choir seeks new voices for Christmas season

The Leavenworth Echo Ward Media

LEAVENWORTH — The Leavenworth Village Voices, a community choir with a 42-year history in the region, is preparing for its 2024 season and seeking new members.

The choir, known for its Christmas performances, will host its annual Season Opener picnic on Tuesday, August 13, at 6:00 p.m. at Lions Club Park in Leavenworth. This event allows prospective members to meet current singers, share a meal, and learn about the choir's activities before rehearsals begin.

interest. To generate the group recently held a "Christmas in July" event at the Leavenworth Farmers Market. Choir members performed Christmas carols for approximately 30 minutes, despite temperatures reaching 90 degrees Fahrenheit.

Regular rehearsals for the 2024 season will start on Monday, August 19, from 6:30 to 8:30 p.m. at New Life Church in Peshastin. The choir has a nonaudition policy and welcomes singers of all skill levels.

The Leavenworth Voices focuses prima- on the choir's website at

performances, with concerts and caroling events scheduled for late November and December. The group has finalized dates for the 2024 concert series, allowing potential audience members to plan ahead.

Those interested in joining or attending performances can find more information rily on Christmas-themed LeavenworthVillageVoices.org.



Leavenworth Village Voices perform at one of their Christmas concerts, led by Choir Director Mindy Wall, with Accompanist Leah Moats at the piano. Young Swayze Fromm (center) joins the ensemble, adding a touch of youthful enthusiasm to the holiday performance.





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Mountain Bike

 $Continued\ from\ page\ A1$

legitimate trail," said EMBA Central Chapter President Tony Feeney.

Once finished, the trail will cover about three-quarters of a mile in switchbacks to the top. The trail will be marked with signage, widened, flattened, and laid with gravel.

"Now there's [going to be] a little safer trail to run on than the old, historical little trail that's kind of just been there for years...So I'm excited to see more people up there using this hillside," said Munly.

While a potential trail has been speculated for many years, the idea came to life when Munly and Cascade School District's Brett Johnson drew up plans and started seeking funding about six to seven years ago.

According to Feeney, EMBA garnered about \$35,000 for the project through a combination of partnerships and funding from key players such as

Cascade School District, City of Leavenworth, and Chelan-Douglas Land Trust.

"There was a lot of thought and work and planning that kind of went into just getting something as simple as a three-quarter mile trail up here," said Feeney.

Construction started on July 8. As Munly excavates the trail, fellow trail builder Tom Ford sculpts and refines the path. Throughout the process, the crew has run into some challenges, such as adhering to fire danger restrictions when operating machinery, as well as removing many granite boulders.

Due to the risk of fallen rock and debris during construction, EMBA requests that the public stay off the hill until the trail officially opens.

"We want to make sure that we're building this trail safely, and that nobody gets hurt in the process," said Munly.

The trail will be located on the south face of the hill, which is owned by Cascade

School District. Eventually, EMBA hopes to add an outdoor education space at the top of the hill for classrooms.

"That really is going to be a great tool for the schools to get up there with all the kids. You know, if Biology wants to get up there, and they want to go look at plants and different animals that are up there, or the art department wants to go up there and paint pine cones. And the P.E. department wants to be able to run up there," said Munly.

Plans have also been drawn for additional trails on other sides of the hill. However, agreements must be made with landowners before they are pursued. EMBA is hopeful landowners will be interested in adding trails once the main stem is complete

"Once it's already up here, it makes it a lot easier to have that conversation," said

Taylor Caldwell: 509-433-7276 or taylor@ward.media



TAYLOR CALDWELL / WARD MEDIA

The new three-quarter mile trail on Rattlesnake Hill will provide safe and accessible access for public recreation and classroom education.

Defibrillators

Continued from page A1

AED devices are available locations across community.

Some of the businesses to receive their first, or second, AED were Wenatchee River Institute, Der Sportsmann, Mountain Modern Supply Co., München Haus, J5 Coffee, and Gustav's.

The new Physio Control CR2 AEDs were available to businesses free of charge, with the option to add a cabinet for the device, a window sticker, and a response kit, which includes items such as gloves and a pocket mask. Cascade Medical handles the installation, maintenance, and annual inspection. Those receiving the devices can also arrange a First Aid/CPR class with Cascade Medical for their employees.

"There's a plethora of different types of AEDs out there. The [Physio Control] CR2's are kind of just the new latest and greatest AEDs. They're Wi-Fi capable. They do updates automatically because they're Wi-Fi capable," said Erin Adams, Medical Supervising Officer at Cascade

Medical. In addition to automatic updates, the new AEDs can alert Adams when one has been used and track data. This information can help Adams better understand resuscitation performance and

apply it to training. "If the AED was used prior to the ambulance getting there, I can take the AED data and I can take the ambulance data and put them together, and you can see this whole chapter of the event, start to finish," said Adams.

CMF's efforts to expand the number of new devices available began in 2021, with the goal of replacing 15 old devices and then adding more, according to CMF Administrator Nevonne McDaniels. With the help of the city's Lodging Tax Grant, Leavenworth Rotary, Cascade School District, and the Chamber of Commerce, it was able to fundraise over \$40,000 for the purchase of 21 AEDs.

"Having AEDs made available to the public is extremely important to me," said CMF Board Chair Shannon Keller.

Keller joined the board once AED efforts were already underway, but has supported the continuation of it for personal reasons. In 1980, Keller's father was playing basketball with her 15-yearold brother when his heart stopped beating. A nearby medical student performed CPR on him, and others called an ambulance, but her 49-year-

old father had passed away. "Of course, the technology for AEDs wasn't available back then - but it is now. I can't help

but wonder if having an AED in the gymnasium might have saved my father. It's possible that others will be saved, now that we have access to public AEDs," said Keller.

For this round of AEDs, CMF provided \$15,737 for the purchase of the AEDs via grants and donations. CMF utilized a \$6,500 lodging tax grant from the City of Leavenworth and over \$3,600 raised during last year's Community Foundation of NCW's Give NCW online fundraising campaign. The remainder was provided by other CMF donations. Additionally, Cascade Medical purchased cabinets and response kits for the AEDs, totaling the project to \$17,000.

CMF plans to continue working with Cascade Medical's Emergency Medical Services (EMS) Department to expand the number of AEDs in the community while replacing old devices. Fundraising from this fall's Give NCW campaign will likely go towards the purchase of more AEDs.

"Fortunately, we can do that

one device at a time, if needed. Or if we come across a grant, or some opportunity to pay for a bunch, we can do that, too. If anyone is interested in donating funds, give me a shout!" said McDaniels.

Cascade Medical and CMF are currently making a list of businesses and organizations interested in obtaining an AED. To be added to the list, email aed@cascademedical.

"It's better to get it and not need it, than to not get it and need it. Don't be afraid of it, and learn how to use it," said

Adams said those interested in arranging a First Aid/ CPR Class can contact the Ambulance Department at Cascade Medical.

A map of AED locations in the community and instructional how-to an video are available at cascademedicalfoundation. org, under 'Projects.'

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Continued from page A1

said co-owner Vincent LaBelle. The Springs is Scheuer and LaBelle's first entrepreneurial venture. The duo met while working at a small bouldering gym in Seattle. LaBelle, who has eleven years of experience building climbing gyms, was the gym's Director of Design and Experience. Scheuer started doing maintenance at the gym and later worked on programming, using his previous outdoor education experience.

Both LaBelle and Scheuer grew up in Washington state, with some of their earliest childhood memories occurring in Leavenworth, from climbing to attending summer camps. When Scheuer came up with the idea for The Springs in 2019, Leavenworth was top of mind.

"Leavenworth was one of the top places on my list of perfect [places] to put something like this. And because neither Vince [or] I had the capital to purchase land or build this thing, I sort of wrote off Leavenworth as not an option, because we didn't have any access to land. You know, commercial land here is really, really, really expensive," said Scheuer.

Scheuer looked in other locations and even started developing the idea for Sultan,

WA. Then, his friends started building a climbing gym in Leavenworth and told Scheuer about the adjacent land for lease with a landowner who loved the idea. Around that time, LaBelle had come on board, and everything started to fall into place. In 2023, the two hit the ground running and started fundraising, designing,

"Basically, I've never raised money before. I've never worked a corporate job before. Like, I was working as a maintenance guy in a climbing gym, right? That does not equate to starting a business. So I had to ask a lot of questions and we went around to other businesses, like, "How did you

and permitting the project.

get your start? What did you do?" said Scheuer.

Scheuer and LaBelle broke ground last fall, and have been slowly building out the site themselves. The two plan to open The Springs in two phases, offering three pools and a sauna this fall, then adding additional pools in a second phase. Eventually, they hope to add on class programming in the lounge and lawn area, as well as alcohol sales.

"Have beer, have a soak, look at the mountains, hang out," said Scheuer.

The Springs is located at 200 Zelt Strasse, Leavenworth.

Taylor Caldwell: 509-433-7276 $or\ taylor@ward.media$



TAYLOR CALDWELL / WARD MEDIA

Located at 200 Zelt Strasse, the outdoor spa will have views of the Enchantments.

Oktoberfest

Continued from page A1

the Canadian S Bahn Band, the Californian West Coast Prost, and the Austrian band Die Jungen Weststeirer, playing both Polka and Oberkreiner Oktoberfest music. Austrian band Pech und Schwefel and Manuela Horn, the Yodelin' Queen, will also grace the stage.

Enzian Schuhplattler of Seattle and the Tirolean Dancers of Oregon will serve up traditional German-style dances. The PNW-based cover band Aqua-Nets and rock band the Hosen Ones are expected to keep the party going.

Fan favorites such as Smilin Scandinavians, AlpenFolk, The Europa Band, The Ted Lunka Polka Band, European Takeout, the Leavenworth Alphorns, and more will provide well-loved traditional Oktoberfest music.

Festival-goers will get to enjoy vendors, food, and beer, as well as a larger Kinderplatz area complete with a 62-foot Ferris wheel, a rootbeer garden, and lots of free games for the kids. This year, the festival will have a special area for adults to enjoy lawn and leisure games.

The festival will also be introducing a new streamlined payment system utilizing a commemorative smartcard wristband. wristband offers tap-andpay purchases for a cashless event. Those wishing to use cash will be able to pre-load their wristband. Attendees will also have the option to pay via credit/debit or mobile pay app.

Oktoberfest in Leavenworth is produced by the Leavenworth Chamber of Commerce, which also organizes Christmastown. Winter Karneval, Love from Leavenworth, and Maifest.

Additional entertainment support will be provided by sponsors Andreas Keller Restaurant and the Rhein Haus. München Haus will be sponsoring the Kinderplatz. Love Leavenworth Vacation Rentals, SOUTH, and Sleeping Lady Resort are supporting efforts to make Oktoberfest a zero-waste event.

Oktoberfest in Leavenworth was recently named one of the top 13 outdoor festivals in the country by Outside Magazine.

"A lot of towns throw Oktoberfests, but nobody pulls it off quite like Leavenworth, a Bavarian-themed village in central Washington's Cascade Range. This Oktoberfest is so popular, it's spread over three weekends," the publication

 $More\ information\ about$ the event can be found at leavenworth.org

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Employment

Help Wanted



Douglas PUD has an opening for:

Hatchery Specialist

Details at www.douglaspud.org<htt p://www.douglaspud.org



The City of Leavenworth is hiring for:

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Details at cityofleavenworth.com/ employment/. EOE

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Help Wanted



School District is seeking qualified applicants for the following position:

 Alpine Lakes Intervention Para Educator

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EOE

PUD No. 1 of **Okanogan County** is seeking to fill an accountant / payroll position.

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EXERTION

EXTREME

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Sunset Marina, Chelan. Oct. 1, 2024 to April 1, 2025. \$400 a Month 808-298-1031.

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Sunset Marina, Chelan 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking.

808-298-1031 Seller is licensed Realtor Maui, HI

Legals

Public Notices

Pursuant to RCW 35.21.157 and the contract between WM and the City of Cashmere, WM hereby provides notice to the public of rate changes for solid waste and recycling collection pursuant to the Solid Waste Collection Service agreement between WM and the City of Cashmere. The Rate Adjustment will be effective October 1, 2024. More information concerning the 2024 Rate Adjustment can be obtained by calling WM at (877) 466-4668 or www.wmnorthwest.com/cashmere/ index.html

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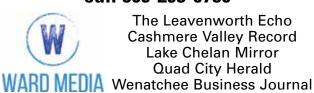
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Leavenworth swimmers shine at league championships



Leavenworth teammates Del Lang and Betty Delzer stand on deck in Wenatchee waiting to swim their legs of a relay.



Swimmers from the Wenatchee Valley Summer Swim League dive off the starting blocks during the annual championship races. The event marks the culmination of a season focused on teamwork and personal achievement.

By Caroline Menna Ward Media Intern

WENACTCHEE - Under bright blue skies at the Wenatchee City Pool on Saturday, July Wenatchee Valley Summer Swim League's (WVSSL) season culminated with its annual championships. Six hundred racers, aged 6-18, from Leavenworth, Ephrata, Wenatchee, Quincy, Waterville, East Wenatchee, and Cashmere took to the starting blocks with hopes of ribbons, personal records, and fun.

The six weekly dual meets between the seven teams have been a summer rite of passage in the greater Wenatchee Valley since the volunteer run, recreational league was established in 1987. All kids are welcome, with the only barrier to entry being the ability to swim 25 yards. Most teams even hold pre-season sessions to get swimmers prepped.

The Leavenworth Swim Team (LST) was coached this summer by Carson Rieke, who was assisted by Tierra Groff, David Ising, and Isabel Menna, all of whom are LST and Cascade High School

alumni. Rieke, who has been in his position for the last three years, relates: "My parents signed me up for swim team when I was nine or ten and I haven't looked back since."

WVSSL and LST both emphasize the importance of teamwork, perseverance, and sportsmanship. The league's structured practices, which in Leavenworth begin after school lets out for the year and are held five mornings a week at the city's Howard Hopkins Memorial Pool, provide, as the league states, "young athletes with opportunities to set personal goals, work hard to achieve them, and celebrate their successes. Workouts give kids a chance to perfect their swim skills, improve their fitness, and experience the fun of being part of a team."

The weekly meets and end-of-season champs are lively community events, with parents and spectators cheering enthusiastically from the poolside, creating a highly social atmosphere of encouragement and support.

Reflecting on the season, during which Leavenworth won all but one of its dual meets and finished second

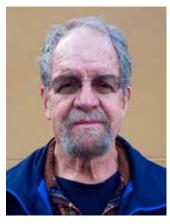
at champs, Rieke stated: "Regardless of race results, we gauge our season by how well we have helped to grow strong swimmers and create a culture of community. All these brave kids who get up every morning at the crack of dawn and push themselves. We strive to make that fun. That's how we measure success. And personally, I just love getting to know all these little humans."

"What's really special about the Leavenworth Swim Team is that it's becoming a self-perpetuating program: all the coaches were once on the team, some will hopefully become board members one day, and then have their own kids in the pool."

For more information about the LST and WVSSL, visit their websites at https://www. leavenworthswimteam.com and www.wvssl.org.

Caroline Menna is an intern for Ward Media and a rising senior (Class of 2025) at Cascade High School. She will serve as Editor-in-Chief of the Cascade High School Publications Group for the 2024-2025 academic year.

Cascade Medical Foundation board names new Vice Chair



COURTESY OF CASCADE MEDICAL

Wade Nash, recently appointed Cascade Medical Foundation vice chair, has been a Leavenworth resident for over 15 years and has over six years of experience serving on the board.

NCW NEWS The Leavenworth Echo

LEAVENWORTH—Cascade Medical Foundation board member Wade Nash has been selected as the new vice chair of the volunteer board.

Nash will be finishing out a two-year term previously filled by former vice chair Shari Campbell, who was recently appointed to the Cascade Medical Commission.

Nash and his wife Kathi both served on the CMF board for six years. After taking a required one-year leave in 2023, they rejoined in 2024. Prior to the CMF board, Nash served on Cascade Medical's non-resident advisory board for three years. The couple has lived in Leavenworth for over 15 years. He is a retired small business owner, and she is a retired teacher.

'We both felt the board was a very worthwhile outlet for our desire to support the local community," Nash said in a press release. "We enjoy the camaraderie and the thrill of [an] achievement when our projects are successful."

Nash will serve alongside current chair Shannon Keller, Treasurer Strode Weaver, Secretary Dana Wilson, and board members-at-large Ann MacPherson and Bob Adamson.

With Campbell's resignation and the upcoming conclusion of three members' terms at the end of the year, CMF is now recruiting new board members. Those interested in learning more can visit cascademedicalfoundation. com or call 509-548-2523.



"Mini Shredders" ready to take on a challenging, fun .75-mile racecourse at Ski Hill as part of the

Icicle Fund Executive Director to step down after nine years of leadership

NCW News Ward Media

Icicle Fund, a nonprofit organization supporting arts, history, and environmental initiatives in North Central Washington, announced that Executive Director Christine Morgan will be stepping down after nine years of leadership.



COURTESY PHOTO Christine Morgan, Executive Director of Icicle Fund, will step down from her role in September after nine years of leading the nonprofit organization that supports arts, history, and environmental initiatives in the region.

The organization's board is now seeking applicants for the position to guide the Icicle LEAVENWORTH -- The Fund into its next phase of

development. Morgan, who has been credited with steering the organization through significant milestones, will remain in her role through September to ensure a smooth transition.

tenure, During her Morgan oversaw several key developments, including the acceptance of Sleeping Lady Mountain Resort as a gift from founder Harriet Bullitt in 2019, an increase in support for local nonprofits during the COVID-19 pandemic, and the implementation of a trust-based community grant

In a statement, Morgan expressed gratitude for her time with the organization, saying, "Icicle Fund is a unique local, place-based funder of the arts, environment, and history. It is a rare community treasure, and this region would be a very different place to live and visit without it. I feel deep gratitude to Harriet and the NCW community for the opportunity to serve and steward the Fund for a while. The organization is strong and well positioned for future impact. I am looking forward to my next chapter of service elsewhere and to opening the door for the next leader of the Icicle Fund."

Mitsu Iwasaki, Icicle Fund Board President, praised Morgan's contributions, stating, "We are grateful to Christine's unwavering dedication to the communities and organizations that make North Central Washington special. Under her vision, the Fund has had a profound impact on the arts, history, culture, and the environment throughout our valley and beyond. We look forward to identifying the next director who will help shape the Icicle Fund into its next iteration."

The Icicle Fund, established in 1998 by Harriet Bullitt, has invested more than \$45 million in over 100 nonprofits North Central Washington. The organization focuses on strengthening connections between people and place through support artistic expression, historical understanding, and environmental conservation.

Those interested in the Executive Director position can find more information on the Icicle Fund's website at www.iciclefund.org.



COURTESY OF MOUNTAIN SPROUTS The voungest bikers at the Summer Shred event, on their strider bikes, rip past the

checkered flags. By Caroline Menna

Ward Media Intern

LEAVENWORTH — "Summer Shred," a day of bike racing kids of all ages presented by Mountain Sprouts preschool at Leavenworth's mountain biking hub, Ski Hill, was held on July 21 to benefit the Mountain Sprouts Scholarship Program. Title sponsor Arlberg Sports provided an on-site mechanic and other volunteers for the event, which saw over one hundred participants and raised \$5,000 for the scholarship program.

The festivities kicked off with a course preview and skills practice to set the stage for a day of competitive spirit and community camaraderie. Then the youngest riders took center stage in the "Strider Shredders" ride for children of any age straddling strider bikes. Shortly after, the "Pedal Shredders," consisting of kids five years and under on pedal bikes, navigated two short laps

on a gentle course.

The excitement continued with the "Mini Shredders" event, during which riders aged five to eight tackled a .25-mile loop with a modest climb and descent. For those seeking more of a challenge, an extension added an additional .75-mile loop, making it a full mile ride. The "Squarely School Age Shredders" took to the pedals next, racing a 1.0-mile loop with varying terrain, followed by the "Rebel Shredders" who faced a 1.5-mile course designed to test their climbing and descending skills. The fixtures culminated with a teen costume relay race.

After the contests, the event transitioned into a lively afternoon of post-race festivities. Kids played and rode around while parents enjoyed a bustling beer garden with brews from Icicle and Blewett breweries. Bavarian Bagel Co., La Javelina, and Kauai Girls Shave Ice supplied the food, while Seth Garrido and Sergio Cuevas played music throughout the afternoon, followed by The

Welter Brothers. It was a day filled with a spirit of inclusivity and enthusiasm for mountain biking across all ages as members of Icicle Bicycle Club, the local middle and high school racing team, and an array of other mountain bike advocates, participated and volunteered. The day's contagion of exuberance may have been best expressed by Mountain Sprouts' Director, Hannah Pick: "The first annual Mountain Sprouts Summer Shred at Ski Hill was incredible! We plan to host this event annually, and we are thrilled by the amount of community support we received in our inaugural year."

Caroline Menna is an intern for Ward Media and a rising senior (Class of 2025) at Cascade High School. She will serve as Editor-in-Chief of the Cascade High School Publications Group for the 2024-2025 academic year.

Food pantry

Continued from page A1

over 3,400 pounds of produce. It partnered with a series of organizations across the valley to distribute produce, such as Small Miracles and CAFÉ.

largest However, its partner was Columbia Valley Community Health (CVCH), serving migrant worker camps. From about May to October, CVCH makes rotational visits to approximately 20 camps housing seasonal agricultural workers, or H-2A workers, providing medical and dental care out of a mobile clinic.

"I invite other community partners to attend as well, because a lot of times maybe not every one of the 200 H-2A

workers that are in one camp, maybe they all don't need just medical or dental services, but maybe they could really benefit from getting free food, or from getting other community resources," said CVCH Outreach Coordinator Bryan Cadena.

Last year, the mobile pantry served 376 workers and distributed nearly 2,000 pounds of produce.

"Locally grown organic produce is one of the more expensive things you can buy at a grocery store, so [we're] being able to provide that to people who definitely wouldn't have access otherwise," said Bishop.

At the site, the mobile pantry mimics a farmers market setup, placing the produce in nice baskets with signage, to

make people feel welcome. UV MEND provides grocery bags, and people are able to take as much as they want.

"We try and make sure that we're bringing, if it's available, culturally important produce to the people, so that they're actually used when they're cooking. So for a lot of the migrant camps, we're trying to bring onions, and cilantro, and tomatoes, fruit, peppers, zucchini, potatoes, all that kind of stuff," said Bishop.

In situations where the gleaning program harvested a large amount of an unpopular vegetable, the pantry will try to provide a familiar recipe. For kale, UV MEND staff member Natalie Valdez was able to provide a kale-chimichurri recipe in both Spanish and English for people to take home.

"[For] a lot of people here, Spanish is their main language and you know, you really want to be able to communicate with them and make them feel more comfortable," said Valdez.

Due to seasonal challenges this year, UV MEND has had less produce to glean, causing it to scale back its mobile pantry. Because of this, it's focusing on migrant camps when it has produce available. Fortunately, the program is able to supplement through its Farm to Food Pantry program with the state, in which it can buy produce from local

 $Taylor\ Caldwell:\ 509\text{-}433\text{-}7276$ or taylor@ward.media



TAYLOR CALDWELL / WARD MEDIA

UV MEND staff member Natalie Valdez and volunteer Robin