

Quad City Herald

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Bridgeport City Council proposes mandatory fence permits

By **MIKE MALTAIS**
Ward Media Staff Reporter

BRIDGEPORT – The Bridgeport City Council discussed amending the municipal code to require a fence permit during its regular monthly meeting on June 18. The proposed change aims to ensure that fences do not obstruct off-street parking spaces, which are mandatory for all residential properties in the city.

“Right now, it is not required to have a fencing permit,” said Mayor Sergio Orozco opening the

discussion.

Superintendent of Public Works Stuart Dezellem explained the mandatory permit may be necessary.

“The city has operated off a volunteer system, and the fence permit came with no cost,” said Dezellem. “It was this way when I came to work for the city 17 years ago.”

Lately, the city has been trying to encourage more off-street parking on residential property to help clear the city rights-of-way for easier snow removal, weed spraying, and other

street maintenance work,

“Reading the code one day, I realized that there is an off-street parking requirement,” said Dezellem. “Property owners must provide an open space for two vehicles.”

To provide that space, fences must include an access opening for vehicle parking.

Recently a new customer wanted to surround his entire property with a fence. Dezellem denied permit because the fence did not include the two off-street parking sites. The customer discovered that the BMC

as written does not mandate a fence permit, therefore he is free to build the fence he prefers.

“If we do not have a permit, we cannot interact with the customer about the fence,” said Dezellem. “We must change the code and mandate the fence permit, and if it’s mandated, it’s probably going to come with a cost.”

Mayor Sergio Orozco agrees that a mandated permit will require staff time to monitor and will cost money.

Both the mayor and Dezellem clarified that the city is not trying to

discourage property fences.

“A fence is one of the best ways to minimize dogs running at large,” said Dezellem. “But the fence cannot obstruct the off-street parking space.”

Councilmember Matthew Schuh recommended that staff draft an addition to the existing ordinance clarifying the off-street parking and permit requirements for review at its July meeting.

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Brewster Pool off limits for derby as Okanogan and Similkameen chinook stocks struggle to recover



MIKE MALTAIS/WARD MEDIA

Despite Brewster pool closure, big chinook like this are still a possibility for determined anglers in the 18th annual Brewster King Salmon Derby, as organizers adjust boundaries following catastrophic losses of juvenile salmon in the Okanogan and Similkameen rivers.

By **MIKE MALTAIS**
Ward Media Staff Reporter

BREWSTER – The boundaries for the upcoming 18th annual Brewster King Salmon Derby have been adjusted after the Washington Department of Fish and Wildlife (WDFW) announced the 2024 seasons for the Columbia and Snake Rivers. A favorite chinook anchorage will be off limits this year after a crippling weather event dealt a blow to juvenile fish four

years ago.

WDFW Regional Fish Program Manager Chad Jackson said the popular Brewster pool at the mouth of the Okanogan River will be off limits for Chinook to protect brood stocks.

“For the fishery above Priest Rapids Dam which we call the Upper Columbia the only change we had was closure of the Brewster pool only between the Brewster Bridge upstream to a line drawn between Pelican Point and Gunn Club Road

just above the confluence above the Okanogan River,” said Jackson. “We are not anticipating very many hatchery or wild summer chinook returning to the Okanogan and Similkameen rivers.”

Sport fishermen will still be able to pursue chinook below the Brewster Bridge and above the Pelican Point/Gunn Club Road boundary.

Derby organizer Mike Mauk, owner of Brewster Bait and Tackle, said the sockeye run predicts 400,000 fish this year, and some big chinook are available outside the pool boundaries.

“One year, a 40-pound king was caught above Wells,” Mauk recalled. Jackson cited “some pretty catastrophic events that occurred in 2021 with the juvenile salmon. The fish that were out-migrating experienced a 1,000-year flood event in the Canadian portion of the Similkameen River.”

Jackson said the water conditions were so severe that the juveniles had to be released in an emergency in December to avoid being lost in the acclimation ponds.

What Jackson described as the “weird rain on snow event” that caused the loss was localized to the Okanogan and Similkameen system.

“The hatchery fish are pit tagged, and there was minimal detection downstream,” said Jackson, who added that wild stocks suffered similar losses. “We are not confident that the adult returns this year are going to be very large.”

Jackson said the closure is all about restoring the health and numbers of future runs.

“The outlook is grim,” said Jackson. “We want to provide some relief for those fish returning to the Okanogan and Similkameen that hold in the Brewster pool.”

The Okanogan and Similkameen rivers will be closed to salmon fishing as well.

See **CHINOOK STOCKS** Page **B2**

Iconic Flour Tower in Bridgeport sells for \$900,000



COURTESY OF REALTOR.COM

The iconic Flour Tower, converted into an eclectic private residence, towers over neighboring homes along the Columbia River near Chief Joseph Dam. The unique 5-story property has been on the market since 2023 and recently sold for \$900,000.

By **MIKE MALTAIS**
Ward Media Staff Reporter

BRIDGEPORT –The iconic Flour Tower, a 1910-era grain storage elevator turned eclectic private residence, sold last month after being on the market since 2023. A notice on the online brokerage site Redfin said the 6,500+ square foot property sold for \$900,000 on May 20.

Little has been disclosed about the purchasing party other than it is a west side resident who plans to use the Flour Tower as a second home. One issue that the new owner will have to address is winter ice buildup on the north side roof of the house. During the severe 2022 winter conditions ice fell several stories and crashed through the roof of the ground floor sunroom addition that overlooks the river.

The five-story, four-bedroom, six-and-a-half-bath home at 1313 Jefferson Avenue was the vision of owner Capt. Winfield “Scott” Wright who purchased the vacant tower in 2006 and spent the ensuing years converting the declining derelict into the grand residence it told him it wanted to be.

“It just spoke to me,” Wright once

said upon first laying eyes on the building.

Whatever it said should be bottled and sold because Wright tackled a challenge that would give pause to a man in his prime. Wright was then a spry 80 years young when he started remodeling. Over the span of three years, Wright and longtime companion Kathy Thompson breathed a second life into the 70-foot-tall behemoth. Well before Wright died at age 91 in 2023, his reborn residence provided him with years of pride, peace, and comfort.

Countless accounts have been recorded over the years about the bold project on the Bridgeport riverbank, the most recent being a KING 5 Evening piece by writer/producer Anne Erickson last December that featured Wright’s daughter, Lela, from Hondo, New Mexico, and RE/MAX listing agent Mary Signorelli of Chelan. The Quad City Herald was on hand to report on Erickson’s visit that included a segment on the city’s two dozen tree carvings and an interview with then-Mayor Janet Conklin.

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Pateros issues mandatory survey for lead pipes, cross-connections

By **MIKE MALTAIS**
Ward Media Staff Reporter

PATEROS—One of the major projects that City Administrator Jord Wilson is working on now is a mandatory survey being mailed to every city water user to complete a lead service line inventory and a cross-connections survey to comply with Environmental Protection Agency (EPA) and state Department of Health requirements.

Wilson explained the dual project

to the city council at its regular monthly meeting on June 17

The Lead Service Line Inventory and Replacement Program survey includes instructions from the state Department of Health on how to go through the house and check for lead pipes.

“It’s pretty simple,” said Wilson. “This is mandatory. If you do not turn in the survey, we have to deem it as lead because we don’t know what it is.”

Wilson said the city will follow

up with personal contacts with any water account that does not return the survey.

The city has completed part of the lead inspection already. The remaining piece is from meter to house.

“We surveyed all the service lines at the meter, and we have not found any lead in the city,” said Wilson.

As part of its Cross Connection Control and Backflow Prevention Program, the city has included a cross-connection survey to determine

who has or not.

Wilson explained the requirement. “Anytime that you have a swimming pool, a spa, a sprinkler system, booster pump, anything that can overpower the system and reverse water flow back into the community system, you need to have a check valve or restricted device that stops that,” said Wilson. “It’s required by law.”

“These will be mandatory, so if people do not turn them in, we will be making phone calls for the next

month,” said Wilson. “

Wilson said property owners can also call city hall and request assistance, and city water staff will respond.

The city’s new website, pateros.com, provides comprehensive additional information about the mandatory programs. Select Departments-Public Works-Water to learn more about both.

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Inside The Quad City Herald this Week

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



5th Anniversary Party

Lone Point Cellars in Brewster will host a 5th Anniversary Party on Saturday, June 29, from 5 to 9 p.m.

"Join us for an unforgettable evening filled with delicious food, exquisite wine, and live music from the talented Jumpers Flats band," the event page states. "This is a night you won't want to miss! Come raise a glass with us as we toast to five incredible years."

Special features include a door prize for the first 50 guests, a raffle, a delectable food menu, and live music.

For more information, visit lonelocellars.com.

Resin creations

The Brewster Library will host a resin creations crafting afternoon on Wednesday, July 3, from 3 to 4 p.m.

"Make a resin creation using the various molds we'll have available," the event page states. "This is an advanced craft, but younger kids are welcome to participate with help from an adult. Your piece will need to stay at the library to cure overnight."

For more information, visit ncwlibraries.org.

Fourth of July Fireworks Show

The Fourth of July Fireworks Show in Manson Bay will be held on Thursday, July 4 with fireworks starting at 10:15 p.m.

"This event is a wonderful experience for the entire family and will create some great memories," the event page states. "The fireworks are staged from a barge anchored in Manson Bay so viewers can enjoy the beauty of our community while

waiting for the show at nightfall."

"The fireworks show starts off with music in Manson Bay Park by one of our favorite local groups, The LakeBoys featuring Greg Kennedy and Arthur Dunn, starting at 7 p.m.," the event page states.

For more information visit mansonchamber.com.

Book Signing with Teri Fink

Fielding Hills Winery in Chelan will host a book signing with author Teri Fink on Saturday, June 30, from 2 to 5 p.m.

"Join us on June 29th for a book signing with Teri Fink, the author of The Clovis Dig and her newest novel, The Restless Lake, from 2-5 p.m.,"

the event page states. "The Restless Lake takes place right here in the Chelan/Stehekin area."

For more information, visit fieldinghills.com.

Straw rocket craft

The Pateros Library will

host a Straw Rocket Craft on Tuesday, July 2, from 11 a.m. to 12 p.m.

"Join us for a guided summer craft at the library," the event page states. "All materials are provided while supplies last."

For more information, visit ncwlibraries.org.

Wenatchee Valley College appoints Carolyn Goolsby as Dean of Omak campus

NCW News
Ward Media

OMAK — Wenatchee Valley College (WVC) has named Carolyn Goolsby as the new Dean of its Omak campus, effective Aug. 16, the college announced on Tuesday.

In her role, Goolsby will oversee operations, finances,

and strategic planning for the Omak campus. She will also support students, faculty, and staff while serving as a liaison with the community and overseeing partnerships, including those with the Colville Confederated Tribes, the Area Health Education Center, and the Rural Library College Alliance.

Goolsby brings over 30 years of management experience to the position. Most recently, she served as the director of the University of Alaska Fairbanks Kuskokwim Campus, the university's largest rural campus, where she was responsible for all aspects of campus operations and functions.

"I'm honored to be named dean of the Omak campus. The WVC Omak campus boasts a dedicated staff and faculty that serve the community in an inclusive and welcoming environment while honoring and celebrating the tribal heritage of the region," Goolsby said. "I was so attracted to the position because of Omak's lovely location and the energy and positivity I've experienced from everyone there. I very much look forward to working with our Okanogan communities, the Colville Confederated Tribe, WVC administration, and our students, faculty, and staff as we continue to meet our students where they are and instill confidence in their abilities, their preparation and their identity."

WVC President Dr. Faimous Harrison emphasized the importance of an inclusive leader for the Omak campus. "Our Omak campus dean must be an inclusive leader, someone who can support our diverse group of students, faculty and staff, and someone who can foster our important partnerships in the Okanogan Valley and throughout the region," Harrison said. "With her professional experience in higher education, especially at a rural campus, Ms. Goolsby will be a great addition to our campus community. Her ability to develop important

relationships with community stakeholders is essential to the growth of our Omak campus and institution as a whole."

Goolsby holds a Master of

Library Science degree from the University of Maryland and a Bachelor of Arts degree from Georgia Southern University's Armstrong Campus.

New three-district bus barn rises at Brewster High School



COURTESY OF MIKE MAUK

A new three-district bus barn is well on its way to completion along Sunset Avenue west of Brewster High School.

By MIKE MALTAIS
Ward Media Staff Reporter

BREWSTER — The Brewster School District is currently constructing a new transportation facility with approval and assistance from the state.

Former Brewster School Superintendent Eric Driessen, who now works with the district on construction-related issues, said a co-op was developed with three local school districts, Brewster, Bridgeport, and Pateros, to be more efficient, save money, and work together. As a result of this co-op, the state is helping fund the transportation facility. Driessen said Brewster is providing most of the local funding. Since Brewster is centrally located, the new structure is being built on school property on Sunset Avenue.

Brewster School District was able to leverage much of

its Elementary and Secondary School Emergency Relief (ESSER) COVID funds to use for construction. Combining COVID money with conservation budget planning allowed the district to use \$2 million dollars toward the new facility and leverage the state match of \$4 million for a total of \$6 million dollars for the project.

The structure will comprise about 15,000 square feet and house three bus bays, bus/vehicle wash station, four vehicle bays, updated equipment, a classroom, the IT department, and offices.

"With the new facility, the district will be able to perform more of its own mechanic work, in addition to doing the mechanic work for Pateros and Bridgeport, providing a significant savings for all three districts," Driessen said.

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COURTESY OF WENATCHEE VALLEY COLLEGE

Wenatchee Valley College has named Carolyn Goolsby as the new Dean of its Omak campus, effective Aug. 16.

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Bridgeport High School seniors earn top honors and scholarships

Quad City Herald
Ward Media

BRIDGEPORT - In a display of academic and athletic excellence, Bridgeport High School announced its senior class awards and scholarships for the graduating class of 2024. Genesis Valeria Moreno Perez and Daniel Trejo-Bernal were named Students of the

Year, recognizing their overall academic performance and contributions to the school community.

The Senior Athletes of the Year awards went to Cesar Said De Dios-Priest and Rosa Linda Hernandez-Barragan. Both students were also recognized as Central Washington "B" League Scholar Athletes, along with classmates Keyshia

Nava-Gonzalez and Joanna Isabel Vazquez.

Several students received scholarship awards. Cesar De Dios-Priest garnered multiple scholarships from Washington State University, including a Regents Scholarship worth \$4,000 over four years. He also received scholarships from the University of Washington, the McFadden Family Scholar-Athlete Fund, and the Matt Hull Memorial.

Daniel Trejo-Bernal was awarded the Washington State Opportunity Scholarship, valued at \$22,500 over four years, as well as a renewable Presidential Scholarship from Eastern Washington University.

Other notable scholarship recipients included Luz Herrera, who received a \$24,000 per year scholarship from Gonzaga University, and Rosalinda Hernandez, who was awarded the Washington State University Achievement Award.

The awards underscored the diverse talents and bright futures of Bridgeport High School's graduating seniors, many of whom will be continuing their education at prestigious institutions across the state.



Don't Sweat It A Guide to Antiperspirants

Q: What's the difference between an underarm antiperspirant and a deodorant?

In 1984, the Gillette Company launched one of the most successful advertising campaigns of all time, making its Dry Idea® antiperspirant a household name.

Using famous celebrities, including a fashion designer, actress, comedian, and NFL football head coach, each advertisement featured an individual who shared three pieces of "advice" with their audience, starting with the word "Never..."

The first two "neverisms" related to the celebrity's profession. The third piece of advice was always the same. It was a short tagline created to market Dry Idea® antiperspirant: "Never Let Them See You Sweat."

Well, sweat happens. The average adult makes between 0.5 and 1.5 liters of sweat every day. Created inside special glands called sweat glands, sweat is delivered to the skin through tiny tubes called sweat ducts.

Humans have 2 types of sweat glands: eccrine glands, which are active from birth, and apocrine glands, which don't become active until puberty. The sweat from eccrine glands is odorless and nearly 100% water. In contrast, apocrine glands secrete a thicker, oily substance with a musky scent.

Sweat glands concentrate in certain areas, including your forehead and temples, armpits, the palms of your hands, and the soles of your feet. Although you have far more eccrine sweat glands than scent-producing apocrine glands, both can be triggered by excessive body temperature or the stress of anxiety, fear, or pain.

Although the sweat from your eccrine glands is odorless when secreted, it creates an odor when bacteria on your skin digest it. Eccrine sweat also makes the smellier sweat from your apocrine glands much more noticeable.

There are four ways to combat the body odor and wetness created by sweating. The first is by using good hygiene, like showering or bathing regularly. This removes both types of sweat deposited on your skin before it can be digested by bacteria and also reduces the number of bacteria on your skin available to digest it.

You can also block perspiration from appearing on your skin by applying an antiperspirant product to the areas with the most sweat glands, like your underarms.

Two other ways to prevent the development of body odor from sweat include inhibiting bacterial digestion of the sweat already on your skin by applying an antimicrobial substance and by using a fragrance to offset body odor.

All topical antiperspirants contain compounds called astringents. When applied to the skin, astringents cause the proteins in your skin cells to clump together.

The astringent's clumping action blocks the sweat ducts on your skin where you apply it, making that skin feel dry. All antiperspirants also work as deodorants because they have an antimicrobial action that interferes with bacteria on your skin.

Most antiperspirants contain aluminum salts, either alone or in combination with zinc. The most desirable antiperspirants keep skin dry without caking or flaking off, damaging fabrics, or causing skin irritation.

The most common antiperspirant ingredients in use are aluminum zirconium,



aluminum chloride, and aluminum sulfate, also called alum.

Because of the increased concentration of aluminum in the brains of people with Alzheimer's dementia, there is concern that daily use of antiperspirants containing aluminum could increase your risk of developing Alzheimer's.

Underarm deodorants that don't contain antiperspirant ingredients are antimicrobial compounds that interfere with the digestion of sweat by bacteria on your skin. Vitamin E and benzalkonium chloride are the most common antimicrobials in underarm deodorants.

Benzalkonium chloride is a mild astringent and antimicrobial widely used in products for use on skin and mucous membranes. It is also a preservative commonly used in contact lens solutions and non-prescription eye drops.

Here are 4 Tips for Selecting an Underarm Antiperspirant or Deodorant:

- 1. Choose between an antiperspirant/deodorant or deodorant-only product.**
I prefer deodorant-only products because while antiperspirants may keep my armpits dry, the moisture is diverted to other places. I've experienced my entire back becoming totally soaked in sweat.
- 2. To minimize exposure to aluminum, look for natural or aluminum-free products.**
Aluminum-free options include most deodorants and "natural" antiperspirants that do not contain alum or aluminum salts.
- 3. Choose based on your**

See DR. LOUISE Page B2



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MIKE MALTAIS/WARD MEDIA

The Pateros gateway sign that has been a longtime downtown fixture made its final stand Tuesday, June 18.



COURTESY OF MIKE MAUK
A construction crew dismantled the old veteran on Wednesday, June 19, to make way for a pair a new look.



COURTESY OF CITY OF PATEROS

A pair of Recreation Base Camp towers depicted in the city's new Downtown Market Study will anchor the mall makeover.

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Home fire sprinklers cut death risk by 82%, USFA reports

NCW News
Ward Media

OLYMPIA -- Home fire sprinklers significantly reduce the risk of death in residential fires, according to recent data from the United States Fire Administration (USFA).

The USFA reports that a combination of fire sprinklers and smoke alarms can decrease the risk of fire-related fatalities by 82%. This statistic underscores the critical role of home sprinkler systems in enhancing life safety during fire incidents.

The National Fire Protection Association notes that property and content losses in fires are reduced by 55% when sprinklers are present. Additionally, the USFA estimates the installation cost in new homes at approximately \$1.35 per

square foot, with potential insurance rate reductions of 5 to 15 percent for meeting code requirements. Residential sprinkler systems can be installed in both new and existing structures. These systems are designed to activate independently based

on elevated temperatures, not smoke, ensuring targeted response to affected areas and minimizing the risk of accidental activation. Notably, sprinkler systems use 91% less water to extinguish a fire compared to traditional fire department responses,

offering a more efficient and less damaging solution to fire suppression. For further information, residents are encouraged to contact the State Fire Marshal's Office at (360) 596-3904.

U.S. acknowledges historic and ongoing negative impacts of Columbia River dams on tribes

By TAYLOR CALDWELL
Ward Media Staff Reporter

WASHINGTON, D.C. – In a report released on June 18, the U.S. Department of the Interior acknowledged Columbia River dams have had historic and ongoing negative impacts on tribal communities.

“The Yakama Nation has always spoke for the water, fish, and cultural resources that cannot speak-up for themselves. I am hopeful that through this report, federal entities will listen to Yakama People,” said Gerald Lewis, Yakama Tribal Council Chairman, in a press release.

The analysis highlighted ways in which the hydroelectric system on the Columbia

and lower Snake Rivers blocked critical migration for anadromous fish and flooded thousands of acres of land, sacred sites, and ancestral burial grounds. In doing so, the report acknowledged the system's adverse cultural, physical, spiritual, and economic impacts on Indigenous populations.

“The Department understands that honoring the government's trust responsibility and the sovereignty of Tribal Nations includes advancing equity and self-governance, correcting environmental injustices, and supporting Tribal Nations to ensure the spiritual, cultural, physical, and economic well-being of their members,” the report stated.

According to the report, the current annual return of naturally produced salmon and steelhead is less than 10 percent of historical runs, stating “around two million salmon and steelhead return to the Columbia Basin annually, with hatchery-origin fish making up two-thirds of that total.”

“It's been a long time coming. I've been working on the Columbia River most of my career. We've fought for salmon restoration and increased funding. We've sort of known what we need to do for salmon rebuilding, salmon recovery, and we always get about 25 percent of what we ask for as far as habitat restoration or actions at the dams, even our hatchery

funding,” said Tom Iverson, Yakama Nation Fisheries Regional Coordinator.

The report concluded with a series of recommendations, such as prioritizing treaty and trust responsibilities in resource management and protection, considering impacts on cultural resources in future actions, recognizing the cumulative impact of historic and current conditions, and giving weight to the disproportionate environmental burden on tribes, particularly in the National Environmental Policy Act (NEPA).

The report also called for recognizing that status quo conditions of the river and its contained species reflect a

degraded baseline, particularly in the National Environmental Policy Act (NEPA).

“When the Endangered Species Act was adopted in the 90's for Columbia River salmon, it actually lowered the bar for the federal government...the standard for the Endangered Species Act is to avoid jeopardy. Which means, you can't do harm that will cause a species to go extinct, but it means you can do some harm, as long as it's not going to drive the fish to extinction,” said Iverson.

The analysis looked into 11 Columbia River Basin dams, and the circumstances of eight of the basin's Tribal Nations immediately affected. It fulfills a commitment by the Interior

Department to look into how hydroelectric operations on the Columbia River have affected Tribes as part of an agreement to pause a lawsuit in the U.S. District Court of Oregon.

This agreement, called the Resilient Columbia Basin Agreement, was signed on December 14, 2023, by the U.S. government, the states of Washington and Oregon, several Native American tribes, and the National Wildlife Federation. The agreement will work towards restoring wild salmon and other native species while expanding and strengthening a clean energy grid in the basin.

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Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Garage and Yard Sale Ads are paid events, please email: classifieds@ward.media. To submit info call 509-548-5286 or email: ruth@ward.media

Brewster

June 25-26, July 2-3

Senior meals served Tuesday, Wednesday, Friday at Senior Center and home delivery

The Senior Center is serving meals at noon at the center on Tuesdays, Wednesdays and Fridays. Home delivered meals are delivered those same days. Call 509-689-2815 to reserve meals. For those over age 60 \$5. For those 60 and under \$12. June 26: Chicken Strips, Jo Jo's; Broccoli Salad, WW Roll, Strawberry Shortcake; June 28, Spaghetti & Meat Sauce, Caesar Salad, Sliced Peaches, Garlic Bread, Dessert; July 2: Tater Tot Casserole, Garden Salad, Peaches, WW Roll, Oatmeal Cookie; July 3: Cheese Ravioli with Meat Sauce, Venetian Vegetables, Caesar Salad, Chilled Pears, Dessert.

June 26-29, July 1-3, 5-6

Senior Center Thrift Store
The Brewster- Pateros-Bridgeport Senior Center Thrift Store is open Monday-Saturday, 10 a.m.-2 p.m. Donations accepted when they are open. They are also the

Brewster Visitor Information Center and the Brewster Chamber of Commerce meeting room.

June 27, 28, 30

American Legion events
Brewster American Legion Bingo holds every Thursday night at 6 p.m. Open to the public. Come early to buy your bingo cards and dinner. Upcoming dinners: Every Friday Steak Dinner starts at 5 p.m., 8 ounce sirloin, baked potato, garlic bread and salad, \$16.50. Every Sunday 9 a.m. to 12 p.m., order from the full breakfast menu. They also also offer daily lunch specials except for Mondays and Saturday when they are closed.

July 3, 17

American Legion meeting
American Legion Post #97 current members meetings are on the 1st and 3rd Wednesday of each month at 6 p.m. at the Post. For information call Greg Wagg at 206-550-6474.

July 3

American Legion Auxiliary to meet
The American Legion

Auxiliary #97 meets the first Wednesday of each month, at the American Legion Hall at 5 p.m.

July 10

Brewster Chamber to meet
The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, July 10, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information email them: brewsterwachamber@gmail.com

July 11, 18

Brewster bus trips
OCTN takes Brewster area residents to Wenatchee, second Thursday of the month. That next trip is July 11. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Thursday of each month, July 18 riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public,

\$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat

Chelan

Chelan Evening Farmers Market: June 27

Chelan Farmers Market is held on Thursdays, 2-6 p.m. The market will run through October 31, every Thursday at Riverwalk Park, corner of Wapato Avenue and Emerson Street. Enjoy 25-60 local vendors carrying fresh fruit, veggies, flowers, crafts. There will also be food trucks, live music and much more. One of the many remarkable aspects of shopping at farmers' markets is getting to know the farmers and vendors working hard to bring their beautiful offerings to market. To become a member or sign up for their newsletter chelanfarmersmarket.org.

July 17

Death Cafe Chelan:
The Death Cafe is a national organization started by Jon Underwood and the Chelan organization meets the Third Wednesday of the month, at

the Chelan Public Library on Emerson Street, 11:30 a.m.-12:30 p.m.; and 5:30-6:30 p.m. at the Chelan Senior Center on Trow Avenue. All are welcome. Please join them for coffee and cake. For more information: Contact Concie Luna or Vita Monteleone at monte419@nwi.net.

Wenatchee

July 2, 16

Douglas County PUD meetings

The next meeting of the Douglas County PUD Commission is at 1:30 p.m. in the East Wenatchee office. The commission now meets the first and third Tuesday of the month. For more information douglaspudd.org

July 9

Survivors of Suicide Loss Support Group

Survivors of Suicide Loss Support Group meets the 2nd Tuesday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

July 15

Family and friends Support Group

Family and friends Support Group meets the 3rd Monday of every month, 7-8:30 p.m., at Grace Lutheran Church, 1408 Washington Street, Wenatchee. For information, call 509-860-3620 or visit their website at: tcfwenatcheevalley.org

Okanogan

July 8

Okanogan County Fair Advisory Committee

The Okanogan County Fair Advisory Committee meets the second Monday of the month and is always looking for volunteers. The meetings are open to the public and begin at 6 p.m. in the Okanogan County Commissioners' hearing room, 123 N. Fifth Ave., Okanogan.

July 9, 23

Okanogan County PUD meeting

The next meeting of the Okanogan County PUD Board of Commissioners is at 3 p.m. For more information okanoganpudd.org

How to grocery shop for one without wasting food and money



COURTESY OF PEGGY CORMARY FOR THE WASHINGTON POST
This recipe for Lamb Pita Sandwiches With Tzatziki is designed to serve only two.

By Aaron Hutcheron
The Washington Post

Grocery shopping for a single person is hard. It's something I've more or less had to do all of my adult life. When I lived with roommates, we would occasionally share things we cooked and would split kitchen staples, like oils and seasonings, but otherwise we focused on feeding ourselves when we made trips to the grocery store. Now that I've been living alone for the past few years, shopping just for myself has only become more challenging.

The issue with single households is that it's easy to over-shop at the grocery store, which means wasted food and money - two things I hate. The problem is caused by the desire to enjoy a variety of foods, use loads of fresh ingredients, and not take up too much time and effort. Unfortunately, it's nearly impossible to have all three while still being friendly to the planet and your wallet. (Heck, sometimes it's difficult to get to two.)

But not all is lost! You don't need to just throw your hands up in despair and eat peanut butter and jelly sandwiches for every meal. Here are my tips for intentionally and efficiently grocery shopping for one person, with delicious possibilities.

Know thyself

Some weeks, I have the best of intentions about what I think I'm going to eat. I dream of smoothies in the morning, salads at lunch, and something delicious and homemade for dinner. But in reality, most

days I have a piece of fruit or granola bar in the morning (or skip breakfast entirely), am running too late to pack anything to bring for lunch, and resort to takeout or delivery for dinner because I'm too exhausted to lift a finger at the end of the workday. Throw in the recipe tests that become meals and my weekly eating schedule can be difficult to predict.

We need to be real with ourselves about what we actually eat each week. Here are some questions to get started: How often do you prepare your own food versus having someone else prepare it for you? Are leftovers okay for the week, or would you rather be one and done with your meals? If you freeze leftover food, will you remember to eat it down the road? Can you stick to a strict food plan, or do you need some level of flexibility built in?

Make a plan

Once you've answered those questions, you can start making a plan, which is paramount to the goal of cutting back on buying excess groceries. Start by picking just one or two dishes you plan to make that week - don't forget to check how many servings they make - and look at the ingredients required for each. For the fresh ingredients, are you able to buy them in a quantity where you'll use them up for the recipe, or will there be some part remaining, such as a half bunch of fresh herbs or a few stalks of celery? With that answer, you can think up ways to make use of those ingredients in other

meals (within their expected life span) or make a note to yourself to repurpose them for later, such as drying the herbs to store in your spice cabinet or freezing the celery to eventually make stock.

Take inventory

Coinciding with making a plan, you need to know what ingredients you already have and which ones you need to consume imminently. Buying a new box of pasta only to discover four more sitting in your cupboard waiting to be cooked isn't the end of the world. But avoiding overbuying is imperative with perishable items, such as the head of cabbage you've been meaning to do something with for weeks or the avocados on your counter that you've been carefully waiting to ripen for days. One trick to help you remember is to keep perishable things in clear eyesight. For refrigerated items, bring the produce to the front of the shelves and consider taking things out of drawers.

Stock up on pantry items

Having a well-stocked pantry will simplify your cooking and shopping, so it's a good idea to buy as many shelf-stable items as make sense when you're on a grocery run. There are the obvious things, such as rice, beans and pasta, but I'm also talking frozen seafood and vegetables; fermented things, such as kimchi and sauerkraut; and frozen meals, such as frozen pizza and dumplings. Knowing that you already have what you need to put together meals with minimal



COURTESY OF PEGGY CORMARY FOR THE WASHINGTON POST
Grating cucumber for tzatziki.

fresh ingredients gives you more flexibility when you don't have many available.

Buy perishable goods in small quantities

For the most part, you want to limit how much bread, fresh produce, dairy, meat and seafood you purchase at once. And even still, the right storage and changing the types of certain items you purchase can have a large impact on how long they last. Unless you're buying commercially baked bread that contains preservatives, your loaves will last only a couple of days at room temperature. (Though you can always freeze bread.) Lettuces and herbs can go bad quickly, particularly if you don't store them properly. I don't drink much milk, so I always purchase organic when it's on my shopping list because it lasts much longer than nonorganic milk. Fresh meat should be cooked or frozen within a few days of purchasing, and I'd plan to use fresh seafood within one day. Though the family pack of chicken thighs might be more affordable, you'll need to keep this timeline in mind.

Shop more frequently

If possible, try to make smaller, more frequent shopping trips. Making a couple of smaller trips each week to just get what you need is a great way to prevent you from buying too much. It's when you try to "save time" and grocery shop for the next week or two that you can find yourself in trouble. More than once, I've loaded up on fresh

fruit and vegetables with a plan to eat more healthfully, only to barely make a dent in them before they need to head to the compost bin.

Embrace and freeze leftovers

I know not everyone loves leftovers, but making recipes that lead to more meals later on can make grocery shopping - and life in general - so much easier. I'm all for simply reheating and eating the same meal three or so times over a few days. But if that's not your speed, maybe portioning and freezing the meal to eat in a few weeks or months is more appetizing. Or you can also repurpose, say, a rotisserie chicken, batch of tomato sauce or pot of beans to use in curries, dips, quesadillas, shakshuka, salads, tacos, grain bowls and more. Enjoying a new, freshly prepared meal three times a day would be a joy, but it's simply not practical for most of us. Leftovers can work wonders if you give them a chance.

To put all this advice into practice, let's say you want to make Lamb Pita Sandwiches With Tzatziki this week. Featuring cinnamon- and garlic-scented lamb patties and cool, creamy tzatziki, this recipe is adapted from "The Complete Cooking for Two Cookbook" by America's Test Kitchen (America's Test Kitchen, 2024), meaning you can eat one serving for dinner the night you make it and save the other for lunch later in the week.

It originally called for 12 ounces of ground lamb, which you could get from the meat counter or a butcher shop. But

if you just go to the meat aisle, you're more likely to find it sold in one-pound packages. In this instance, instead of freezing 4 ounces of lamb or trying to find another use for such a small amount, I modified the recipe to list a range so that you can just cook it all at once and each sandwich will get slightly more lamb.

You need only one cucumber total, part of which gets grated for the tzatziki and the rest of which gets sliced and stuffed into the pita. The remaining pitas can be use for more sandwiches, used as the base for pizzas or repurposed into chips. If you buy a large tub of yogurt, the rest can be eaten for breakfast, blended into smoothies, baked into cakes and used to marinate meats, just to name a few options. Any extra tomatoes and lettuce can easily be made into a salad (or stuffed into more pita sandwiches). And the rest of the recipe ingredients are pantry staples that you don't need to think about.

With this jump-start on making a plan, give it a try and see how these tips work for you.

Lamb Pita Sandwiches With Tzatziki

Total time: 30 minutes

Servings: 2 (makes 2 sandwiches)

Cinnamon- and garlic-scented lamb patties and cool, creamy tzatziki star in these pita sandwiches. This recipe is designed for two, but it can easily be scaled up to feed

Peace Run passing through Brewster



COURTESY OF PEACERUN.COM

Sri Chinmoy Oneness-Home Peace runners will be in Brewster Saturday morning, June 29.

By MIKE MALTAIS
Ward Media Staff Reporter

BREWSTER -- The Sri Chinmoy Oneness-Home Peace Run (peacerun.org), history's largest peace torch relay, will be in Brewster on the morning of Saturday, June 29. The Peace Run will cover 78 miles on the 29th running from Twisp to Grand Coulee on Rte.173-E passing the Peace Torch along the way.

Race spokesperson Prakhara Harter said the runners departing from Twisp should arrive in Brewster between 10 and 11 a.m.

The international team is from seven different countries and will be on the road for four months to promote peace, harmony, and friendship. Along the route

they meet with schools, youth organizations, local officials and attend events to pass the Peace Torch.

An estimated 50,000 children in more than 1,000 cities and towns along the route are expected to participate when the Peace visits schools, youth organizations and local events. Runners will offer educational presentations that promote self-esteem and the oneness of humanity.

For over 35 years the Peace Run has traversed over 160 nations throughout the Americas, Europe, Asia, Africa, and Australia as a symbol of humanity's universal aspiration for a more peaceful world.

A team of runners left New York City in April passing the Torch along the over 10,000-

mile route. The continuous relay will also run through three provinces of Canada during the four-month journey before arriving back in New York mid-August. The European Peace Run started in Portugal in March and concludes in Hungary in October.

Since the inaugural Run in 1987, more than seven million people have participated. Commendations have come from many world figures including Pope Francis (who lit the Peace Torch in March at the Vatican), President Nelson Mandela, President Mikhail Gorbachev, Mother Teresa, Olympians, state governors, city mayors and celebrities across the world.

Carl Lewis, nine-time Olympic Gold-medalist, said,

"By carrying the Torch, you will be bridging cultural and social barriers, and all the boundaries that separate nation from nation. You will be the living proof of the ancient vision of having a beautiful and harmonious world."

Visionary Sri Chinmoy inspired the Peace Run to give citizens a dynamic way to express their own hopes and dreams for a more harmonious world. An athlete, philosopher, artist, musician and poet, Sri Chinmoy dedicated his life to advancing the ideals of world harmony and said, "How can we have peace? Not by talking about peace, but by walking along the road of peace."

Mike Maltais: 360-333-8483 or michael@ward.media

Grocery

Continued from page B1

more. Adding lettuce, tomato and cucumber is just one way to assemble the sandwiches; other possibilities include hummus, harissa, baba ganoush, pickles, olives, feta and more.

Storage: Refrigerate the lamb patties and tzatziki separately for up to 3 days.

INGREDIENTS

- One (6-ounce) cucumber
- 1/2 cup plain whole or low-fat Greek yogurt
- 1 teaspoon minced fresh mint or dill
- 2 garlic cloves, minced or finely grated, divided
- 3/4 teaspoon fine salt, divided, plus more to taste
- 12 to 16 ounces ground lamb
- 1/2 teaspoon ground cinnamon
- 1/8 teaspoon freshly ground black pepper
- 1 teaspoon neutral oil, such as canola or vegetable
- Two (8-inch) pitas
- 1/2 romaine lettuce heart, thinly sliced
- 1 medium tomato, thinly sliced

DIRECTIONS

Grate about two-thirds of the cucumber into a small bowl. (Thinly slice the rest and reserve for the sandwiches.) Add the yogurt, mint or dill, half of the garlic, and 1/4 teaspoon of the salt, and stir to combine. Taste, and season with more salt, if desired. This is your tzatziki. Cover and refrigerate until ready to serve. Break up the ground lamb into small pieces in a medium bowl, and add the cinnamon,

pepper, remaining garlic and 1/2 teaspoon salt. Lightly mix with your hands until combined. Pinch off and shape the mixture into six to eight 1/2-inch-thick patties (about 2 ounces each).

Line a plate with towels and set it near your stove. In a large (12-inch) nonstick skillet over medium-high heat, heat the oil until just smoking. Add the patties and cook until well browned on the bottom, about 4 minutes. Flip the patties, reduce the heat to medium and cook until well browned on the other side, about 4 minutes. Transfer to the towel-lined plate.

Cut off the top 2 inches from each pita. Place the pitas on a plate, cover and microwave on HIGH until warm, about 30 seconds. (Alternatively, wrap in foil and place in a moderate oven, toaster oven or air fryer until warm.) Spread half of the tzatziki inside each pita, then fill each with half of the lettuce, sliced cucumber, tomato and the lamb patties. Serve warm.

Substitutions:

- Fresh herbs >> 1/2 teaspoon dried herbs.
- Romaine >> another crunchy lettuce.
- Nutritional Facts, per serving (1 sandwich with 3 lamb patties), using 12 ounces of lamb | Calories: 760; Fat: 47g; Saturated Fat: 20g; Carbohydrates: 45g; Sodium: 1289mg; Cholesterol: 140mg; Protein: 39g; Fiber: 3g; Sugar: 5g

Adapted from "The Complete Cooking for Two Cookbook" by America's Test Kitchen (America's Test Kitchen, 2024). Tested by Aaron Hutcherson.

Dr. Louise

Continued from page A3

preferred scent instead of by gender.

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strength of aluminum zirconium, with 20% aluminum zirconium instead of 15%. Another option is the non-prescription antiperspirant Drysol®, which includes 20% aluminum chloride hexahydrate.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.* ©2024 Louise Achey

Okanogan & Douglas County Sheriff, Brewster Police Dept Report

This report is compiled from records provided by the Okanogan & Douglas County Sheriff, Brewster Police Dept. The publisher cannot certify the complete accuracy of the information provided.



Douglas County

Eash St, Waterville

June 14

7:46:08 Suicide Threat, 309 W 1st St, Waterville
13:25:17 Marine, 600blk Pearl Hill Rd, Bridgeport

June 16

08:45:33 Malicious Misch, 306 S Adams St, Waterville

June 17

8:20:10 Weapons Violation, 120 Pine St# 1, Bridgeport
8:21:59 Fraud/Forgery, 612 E Birch St, Waterville
15:24:24 Civil, 465 S Mansfield Blvd, Mansfield

June 19

12:24:45 Malicious Misch, 405

June 20

11:00:47 Burglary, 215 Edson St, Bridgeport

Brewster Police Department

June 13

00:01:08 Domestic Dispute, S 7th St, Brewster

June 14

15:41:43 Other Calls Officer: Curtis Dt

June 17

01:51:16 Mal Mischief, W Cliff Av, Brewster

June 18

12:52:50 Fire Wildland, Paradise Hill Rd, Brewster

June 19

12:40:15 Alarm Burglary N 7th St, Brewster
18:25:21 Unknown Problem Highway 97, Brewster

Okanogan County Sheriff

June 13

10:14:28 Accident Unkinj, Valley Rd, Brewster
10:17:03 Noise Complaint, Golf Course Dr, Pateros
14:00:05 911 Abuse, Highway 153, Pateros
14:29:56 Pursuit, Valley Rd, Brewster
21:56:53 Noise Complaint

Peder-sen Rd, Area, Pateros

June 15

15:22:27 Accident Noninj Alta Lake Rd, Pateros
19:13:40 Civil, Methow Pl, Pateros

June 17

10:00:07 Fraud, West Indian Ave, Brewster
11:59:19 Mal Mischief, W Warren Ave, Pateros

June 18

15:41:34 Agency Referral, Beach St, Pateros
18:33:31 Suspicious, Old Hwy 10 Spur, Paterosaa

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QUAD CITY CHURCH GUIDE

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"With men this is impossible; but with God all things are possible."
~ Matthew 19:26

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Employment
Help Wanted

PUBLIC WORKS-TRUCK DRIVER/LABORER
The Chelan County Public Works Department seeks applicants for two Truck Driver/Laborer positions one each in Wenatchee and Leavenworth Districts. The duties include a wide variety of maintenance activities, such as flagging; performing manual labor; driving trucks with pups, sanders and plows; paving and chip sealing; and/or operating light and heavy equipment. The salary range is Step 4 at \$25.65 per hour up to Step 9 at \$32.44 per hour. Starting salary is Step 4 at \$25.65 per hour. Employees receive an ANNUAL progression of steps until reaching Step 9. Work includes opportunities for overtime. The position includes a state retirement system, with a deferred comp program available. Health insurance package includes Medical, Dental, Vision and county contributions to a personal health savings account. Typical work schedule is four 10-hour days during the summer and five 8-hour days in the winter. Includes 10 holidays and 2 or 3 floating personal holidays (dependent on hire date). This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsement. We prefer candidates have current First Aid/CPR and flagging cards, but we will work with you to obtain within 4 months of employment. Applications and a detailed job description are available at the Chelan County Human Resources Career Opportunities page: <https://www.co.chelan.wa.us/human-resource/s/jobs>
The application, letter of interest and resume must be returned to the Chelan County Human Resources Department, 400 Douglas Street, Suite #201, Wenatchee, WA, 98801, or emailed to human.resources@co.chelan.wa.us
Positions will remain open until filled.

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EOE

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• Cascade High School Fastpitch Coach
Fast Track application process and information can be found on our website at www.cascadesed.org
EOE

CASCADE SCHOOL DISTRICT
School District is seeking qualified applicants for the following position:
• Physical Therapy Assistant
Fast Track application process and information can be found on our website at www.cascadesed.org
EOE

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Help Wanted

Bus Drivers/Operators - 2 Full Time Positions
Organization: Okanogan County Transit Authority (TranGO)
TranGO IS HIRING 2 DRIVERS; Full-time (36+ hours per week) positions available now; hourly non-exempt. Compensation is \$21.64-\$23.41 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement (see website for benefit details), sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S 2nd Avenue, S, Suite A, Okanogan. Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an

Brewster School District is Hiring!
• HS CTE Family & Consumer Teacher
• Social Worker
• ELL Migrant/Bilingual Teacher
• HS Counselor
• Elementary Counselor
• HS Culinary
• SPED Early Childhood Teacher
• Special Education Director
• SLP-Speech Language Pathologist
Positions will remain open until filled. A completed application consists of:
• District Application
• Resume
• Three Reference Letters
• Letter of Interest
Applications may be obtained on the district website, www.brewsterbears.org or by contacting the district office at 509-689-3418.

For Sale

Garage & Yard Sale
Patty's Animal Rescue

10th Annual Rummage Sale & Fundraiser 'Every Paw Counts' **Friday, June 28 Saturday, June 29 9 a.m.-5 p.m.**
Morgen Owings Elementary 407 E. Woodin Avenue Chelan
* Amazing Deals
* Bake Sale
* BBQ Hot Dog Lunch
* Themed Raffle Basket
* Face Painting
All funds raised benefit animals cared for by Patty's Animal Rescue

Real Estate
Boat Slip For Sale

Priced Reduce to \$136,500

Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking.
808-298-1031
Seller is licensed Realtor Maui, HI

Legals
Public Notices

In the Superior Court of the State of Washington for the county of Okanogan
Margarita Hernandez Plaintiff,
vs.
Jose Sanchez Acosta Defendant.
No. 24-3-00098-24
The State of Washington to the said Jose Sanchez Acosta. You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 26th day of June, 2024, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff, Margarita Hernandez and serve a copy of your answer upon the undersigned Margarita Hernandez, plaintiff, at her address below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. Petition for Divorce. Plaintiff, Margarita Hernandez P.O. Box 1125 Brewster, WA. 98812 County, Okanogan Washington. Published in the Quad City Herald on June 26, July 3, 10, 17, 24, 31, 2024. #8019

Public Notices

CITY OF PATEROS, WASHINGTON
ADVERTISEMENT FOR BIDS PEDESTRIAN IMPROVEMENTS & COMMERCIAL AVE.
MULTIMODAL IMPROVEMENTS
The City of Pateros, Washington (Owner) is requesting Bids for the work described below. Bids for construction of the Project will be received by the Owner via electronic submission only, until **1:30 PM, July 9, 2024** local time. Bids will be opened and read aloud virtually via the following link: meet.google.com/hmy-egmn-jmm
Join by phone (US) +1 505-738-2379
PIN: 525 238 875 #
A bid summary will be issued after opening, emailed to all bidders, and posted on the website. This project will provide street facility improvements, including the following:
The Project includes construction of the City of Pateros Pedestrian Improvements and Commercial Avenue Multimodal Improvements. Major elements of work generally include: asphalt pavement removal, new curb and gutter, new sidewalk and pedestrian curb, ADA curb ramps, crosswalks, asphalt patching, minor stormwater improvements, street lighting and associated electrical, as well as aesthetic and landscaping upgrades, and associated work. The BIDDING DOCUMENTS may be viewed at the following locations:
1. Varela Engineering & Management 601 W. Mallon Ave. Suite A, Spokane, WA 99201 (509) 328-6066
2. Visit www.varelaaplanroom.com under "Public Jobs". Prospective bidders may view digital files at no cost.
To Bid the project, **Bidder shall register and be on the Plan Holders List.** After registering, Bidder shall download and print a full set of the BIDDING DOCUMENTS from www.varelaaplanroom.com under "Public Jobs". Bids shall be submitted in accordance with the Instructions to Bidders. Additional bid acceptance and contract award provisions are specified in the Contract Documents. All bid proposals shall be accompanied by a bid proposal deposit in cash, certified check, cashier's check, or surety bond in the amount equal to five percent (5%) of the amount of such bid proposal. Should the successful bidder fail to enter into such contract and furnish satisfactory performance bond within the time stated in the specifications, the bid proposal deposit shall be forfeited to the City of Pateros.
For additional information regarding this project, contact Peter Cowger or Kurt Holland at Varela Engineering & Management by phone at (509)328-6066, pcowger@varela-engr.com, kholland@varela-engr.com
The project is being funded by Transportation Improvement Board funds P-E-883(P05)-1 and P-E-883 (001)-1.
The City of Pateros is in accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 U.S.C. 2000d to 2000d-4 and Title 49, Code of Federal Regulations, Department of Transportation, subtitle A, Office of the Secretary, Part 21, nondiscrimination in federally assisted programs of the Department of Transportation issued pursuant to such Act, hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color or national origin in consideration for an award. The City of Pateros is an equal opportunity employer and encourages women and minority-owned businesses to submit bids. The City of Pateros has the right to reject any or all bids. Published in the Quad City Herald on June 19, 26, 2024. #8001

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CRYPTO FUN
⚣ ⚥ ⚧ ⚩ ⚫ ⚭ ⚯ ⚱ ⚳ ⚵ ⚷ ⚹ ⚻ ⚽ ⚿
Determine the code to reveal the answer!

Solve the code to discover words related to the great outdoors. Each number corresponds to a letter. (Hint: 14 = R)

A. 25 11 4 7 25 25 14 1
Clue: Areas outside

B. 18 24 4 11 14 3
Clue: External world

C. 12 22 14 7 1
Clue: Winged animals

D. 4 14 3 3 1
Clue: Tall plants

Answers: A: outdoors B: nature C: birds D: trees

Guess Who?

I am an entrepreneur born in South Africa on June 28, 1971. I attended the Wharton School of the University of Pennsylvania, where I studied economics and physics. I am an engineer who became a billionaire with my many innovative projects.

Answer: Elon Musk

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Are you an eagle-eyed reader? Circle the five mistakes in this article. Then write it correctly on the lines or a sheet of paper.

Legends of the Shapes and Shadows

Look at the face of a full moon. What do you thought the shapes and shadows look like?

Today, people know that the shapes and shadows on the fill moon are craters, mountains, valleys and plains. Long ago, people made up stories to try and explain these shapes and shadows. Some people thought the mon was made of cheese.

Some ancient Greeks beleeved a goddess lived in the moon, while the French saw a giant rabbit on the moon. And some Native Americans saw the shapes as a frog weaving a basket.

Standards Link: Understand the origins of myths and legends.



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Kid Scoop VOCABULARY BUILDERS

This week's word: **PHASE**
The noun **phase** means a step in a process of change.

The moon is very bright when it's in its full **phase**.

Try to use the word **phase** in a sentence today when talking with your friends and family members.

Does the Moon Change Shape?

It might look like the moon changes shape, but it really doesn't. Do the phases of the moon experiment to see why it seems to change shape.

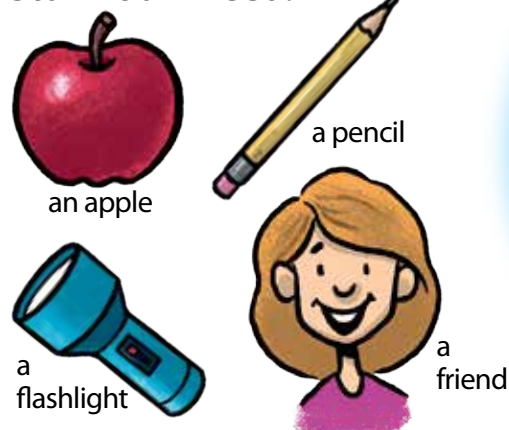
PHASES OF THE MOON



Standards Link: Science: Understand cyclical phases of moon.

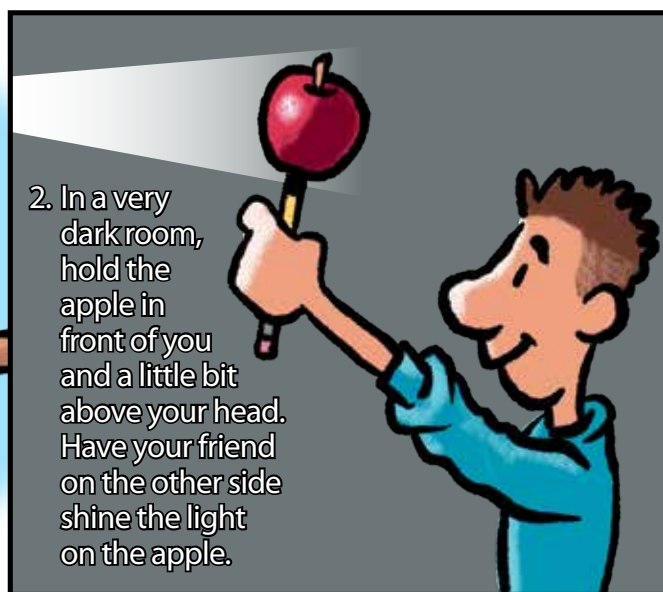
Phases of the Moon Experiment

Stuff You'll Need:



1. Stick the apple on the pencil.

The apple is the moon, and your head is Earth. The flashlight is the sun.



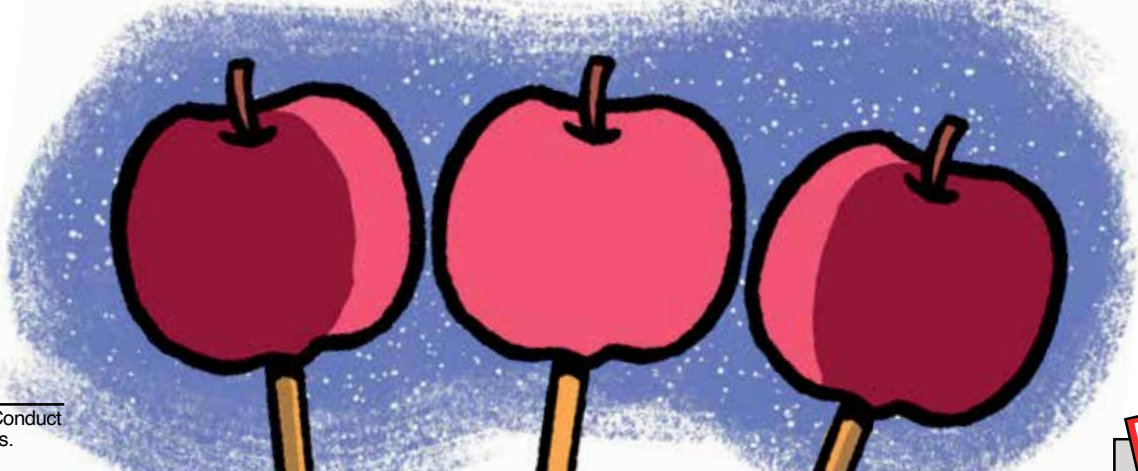
2. In a very dark room, hold the apple in front of you and a little bit above your head. Have your friend on the other side shine the light on the apple.

3. When you see only the dark side of the apple, this is like a new moon. When the sun is directly behind the moon and blocks the sunlight, that phase is called the new moon.

4. Stay in the same spot and turn your body slowly. Soon you will see a small part of the apple (moon) lit up. This is called a crescent moon.

5. Keep turning and you'll see more and more of the apple (moon) light up. At one point, one whole side of the apple will be in the light. This is the full moon phase.

6. Keep turning and you will see less and less of the apple (moon) lit up. When you can no longer see any of the apple (moon) lit up, you will have seen all the phases of the apple—er, moon!

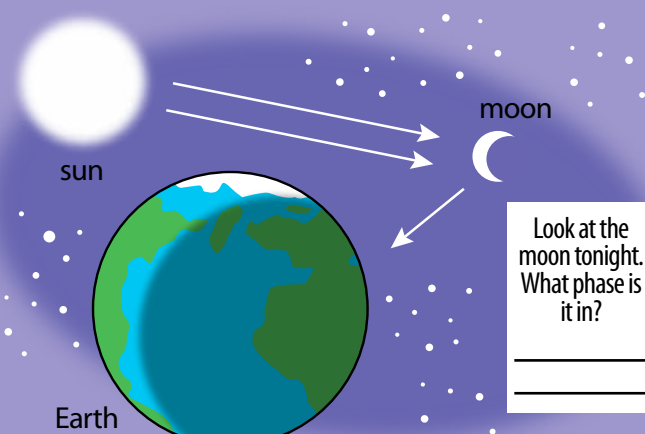


Standards Link: Science: Conduct simple science experiments.

Does the moon really shine?

To discover the answer, cross out all the words below that rhyme with STAR.

THE CAR MOON TAR DOES GUITAR ARE NOT RADAR ACTUALLY JAR SHINE. IT IS SCAR LIKE A FAR MIRROR AND AVATAR REFLECTS THE JAGUAR LIGHT OF PAR THE HANDLEBAR SUN.



Look at the moon tonight. What phase is it in?

Extra! Extra! Pack for the Moon

What would you take if you were going to the moon? Look through the newspaper for five things you would pack.

Standards Link: Use the newspaper to locate information.

Kid Scoop Puzzler

First on the Moon

On July 20, 1969, American astronaut Neil Armstrong became the first person to set foot on the moon. Use the code to find out what Armstrong's first words were when he set foot on the moon's surface.

CODE	A=10	M=5
	E=9	N=4
	G=8	P=3
	I=7	S=2
	L=6	T=1

“That's one $\frac{2}{2} \frac{5}{1} \frac{10}{9} \frac{6}{3}$ for man, one $\frac{8}{7} \frac{7}{10} \frac{4}{4} \frac{6}{9} \frac{10}{3}$ for mankind.”

— NEIL ARMSTRONG

Standards Link: Follow written directions.



Double Double Word Search

- APPLE
- CRESCENT
- DARK
- EARTH
- HALF
- LESS
- MIRROR
- MOON
- SEE
- SHAPE
- SHINE
- SPOT
- SUN
- TURN
- UP

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

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