

The Leavenworth Echo

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Volume 124 • No. 18

Upper Valley News Since 1904
A Ward Media Publication

 leavenworthecho.com

5 things to do this week

Five of the most captivating events of the week | A2



EZ MAY IS NATIONAL HAMBURGER Month
Buy 1 Regular Burger GET 1 FREE
EZ's Burger Deluxe 1950 N Wenatchee Ave 1 coupon per car Expires Aug 31, 2024

Models dress to impress at WRI's Trashion Show

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

LEAVENWORTH—Using trash as their medium, seventeen teams showcased their best artistic and fashion skills at Wenatchee River Institute's third annual Trashion Show on Apr. 19.

Every year, the fashion show garners a large crowd of viewers to see models strut down the grassy runway in trash transformed into complete, wearable fashion pieces. In addition to creating an outfit, teams must also come up with a factoid and a message about being better stewards of the planet, in honor of Earth day.

Models sported dresses made of Amazon packaging, coffee filters, and cans. Others used more unconventional materials, such as creating a cape out of cat food containers, or making hats out of milk cartons and pool noodles. Every outfit was fit to impress, but only a few walked away with the prize.

The Willards took first place in the family category for "Bride of the Sea,"

See **TRASHION** Page **B2**



TAYLOR CALDWELL / WARD MEDIA
Team "Space Goddess" used pool noodles and other plastic materials, creating "trashion" pieces for all three of their members.



TAYLOR CALDWELL / WARD MEDIA
Trash Dragon won first place in the adult category.

Grizzly Bears to return to North Cascades ecosystem

COURTESY OF USFWS L HUPP
The National Park Service and U.S. Fish & Wildlife Service plan to actively restore Grizzly Bears to the North Cascades ecosystem after decades of absence. The decision aims to re-establish a thriving grizzly bear population, with the translocation of three to seven bears per year from other regions, ultimately enhancing the biodiversity and ecological balance of the area.



See **STORY** Page **B2**

Cascade Medical Employees receive scholarships in honor of former administrator



COURTESY OF CASCADE MEDICAL FOUNDATION

Back row (from left): Cascade Medical Foundation Board Members Shannon Keller, Terri Judy and Bob Adamson present the first-ever Mark Judy Memorial Caregiver Education Fund scholarship award certificates to (front row, from left) Cascade Medical employees Taylor Hendrickson, Janeth Baltazar Lopez and Brandi Weems.

The Leavenworth Echo
Ward Media

LEAVENWORTH - Cascade Medical Foundation has launched a new scholarship program to honor former administrator Mark Judy and support the professional growth of healthcare professionals. The Mark Judy Memorial Caregiver Education Fund has awarded a total of \$2,500 in scholarships to three Cascade Medical employees.

Taylor Hendrickson, a certified medical assistant, received \$750 to help with prerequisite courses for the registered nursing (RN) program at Wenatchee Valley College. Brandi Weems, an X-ray and CT tech, was awarded \$750 for education and

See **CASCADE MEDICAL** Page **B2**



State Senator Brad Hawkins announces run for Chelan County Commissioner

NCW News
Ward Media

WENATCHEE - Republican State Senator Brad Hawkins of Wenatchee announced that he plans to forgo his Senate re-election bid to run for the open Chelan County Commission - District 3 position.

Hawkins shared, "My family has been through a lot in past weeks due to the drastic changes in district maps and our relocation to Wenatchee. With our wildly reconfigured district now extending far away from home, I realized that I need to refocus on my family and opportunities for local service."

"It's been my highest honor serving the people of the 12th District and all steps were directed toward my re-election effort, but life happens sometimes and it doesn't always make sense. Avoiding long periods of time away from my family and bringing my public service closer to home is where my heart is leading me."

He added, "I hope the people of Chelan County - the county where I was raised - will support my commitment to keep serving them. If given the opportunity, I know I could do a great job in the commissioner's role and also serve well into the future."

The two-term 12th District Senator is known for his bipartisanship, good communication, and putting public service before politics. He has served in the State Senate since 2017 and is a former State Representative and school board member.

Hawkins has a Master's Degree from George Washington University's School of Public Policy and Administration in Washington, DC, and a Bachelor's Degree with honors from Central Washington University. He received his K-12 education in the Wenatchee School District.

Brad and his wife Shawna have been married since 2002 and have two teenage boys. His family has a proud history of service, including his father Buell, who served two terms as Chelan County Commissioner for District 3 years ago before retiring early to care for his ailing wife.

"The more I thought about it and reflected on the opportunity, the more I realized what a good fit it could be, not only because of how I approach



Brad Hawkins

my service and my dedication to Chelan County, but also because of my family's unique history with this position."

Hawkins said, "I pride myself in being a good communicator, sharing facts, working effectively, and getting results. I have gained valuable experience throughout my career and hope to put that to the best use for the people of Chelan County."

He added, "Chelan County is a growing and diverse area and, like many counties, has both opportunities and challenges. I am eager to be a part of the team, work effectively with other officials, and continue to find solutions."

Hawkins' Priorities

- Growing our county economy
- Maintaining a balanced budget
- Promoting local tourism
- Reducing our wildfire risks
- Ensuring public safety
- Preserving critical infrastructure
- Supporting our agricultural base
- Delivering housing solutions
- Encouraging our tech sector
- Partnering with city governments
- Mitigating growing property taxes
- Identifying transportation solutions
- Enhancing outdoor recreation
- Supporting local officials and staff

Hawkins said, "These are all priorities I would bring to the Commission, one which I believe is doing a great job."

The third district comprises North Wenatchee, Sunnyslope, Entiat, Chelan, and Manson.

Rep. Keith Goehner announces State Senate run

NCW News
Ward Media

DRYDEN - Representative Keith Goehner has announced his candidacy for the State Senate in the 12th legislative district. The announcement follows the decision by current 12th Legislative District Senator Brad Hawkins not to seek re-election in 2024.

Goehner, a third-term representative serving the 12th District since 2018, is the Ranking Member on the



Keith Gohner

House Local Government Committee and serves on the Transportation and Environment & Energy committees.

Prior to his role in the Legislature, Rep. Goehner served four terms as a Chelan County Commissioner and held elected positions on the Winter Pear Committee, Blue Star Growers Board, and the Peshastin-Dryden School Board.

Goehner's bid for the State Senate is supported by Senator Hawkins, his 12th District seatmate, House Deputy Leader Mike Steele, and Senate Republican Leader John Braun.

Keith Goehner and his wife, Lisa, have raised their three children on the family orchard in Dryden. They have seven grandchildren.

As the race for the State Senate in the 12th District begins, Representative Keith Goehner's announcement marks the start of his campaign. With his experience and support, Goehner aims to make a strong case for his candidacy in the upcoming election.

Inside The Echo this Week

| | | | | | |
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\$1.00



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509-548-5286

www.leavenworthecho.com

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| Letters to the Editor: | Noon, Friday |
| Display Advertising: | 5:00 p.m., Thur. |
| Legal Notices: | Noon Friday |
| Classified Ads: | Noon Friday |

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| | |
|--|-------------|
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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-293-6780 or by emailing classifieds@leavenworthecho.com.

Legal Advertising

Legal ads can be placed during normal business hours by calling 509-293-6780 or by emailing legals@ward.media

Obituaries

Obituaries can be placed during normal business hours by calling 509-548-5286 or by emailing obits@ward.media

Services

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Live Music

The Leavenworth Alphorns will perform at the Front Street Gazebo on Sunday, May 5 from 2-2:30 p.m.

"The Leavenworth Alphorns take great pleasure in showcasing the alphorn and promoting the alpine theme in Leavenworth and beyond," the event page states. "Their public appearances often include a bit of alphorn education and, of course, photo ops."

Power Tools 101 for Women Only

NCW Woodshop and Waste Loop will host the class Power Tools 101 for Women Only! On Sunday, May 5 from 2-5 p.m.

"We will dive into power hand tools," the event page states. "We will strive to touch each and every tool in the shop and help you get comfortable

with the following: power drills, impact drivers, jig saws, circular saws, power sanders, track saws, hand tools, and a few varieties of nail guns."

"No question is too basic and not only will you walk away with the knowledge of the shop but you will have the confidence to safely tackle and trouble-shoot your own DIY projects," the event page states.

For more information and to sign up for the class visit ncwoodshop.com.

Benevolent Night

München Haus will host Benevolent Night for the Leavenworth Community Farmers Market on Tuesday, May 7 from 4-8 p.m.

The München Haus will donate 25% of all sales during

that time to the Leavenworth Community Farmers Market.

"Leavenworth Community Farmers Market promotes health, equity, and sustainability by creating vibrant markets in our valley that foster community connection and support local farmers and artisans," the event page states.

For more information visit munchenhaus.com.

Trivia

Rocky Pond Winery will host Trivia on Tuesday, May 7 from 5:30-7 p.m.

"Bring your thinking caps," the event page states. "Five rounds with 10 questions. A

mix of all knowledge! No buy in. Max of 4 players per team. Come early to get a seat, first come first serve."

For more information visit rockypondwinery.com.

Literary open mic

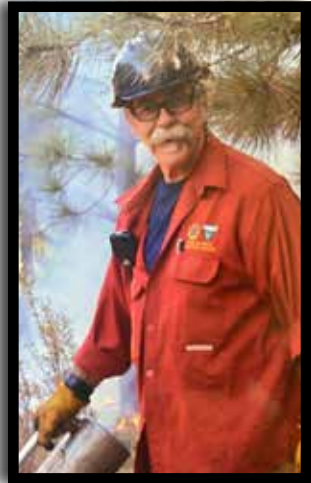
Bushel & Bee will host LitMic: NCW Loudest Literary

Open Mic on Tuesday, May 7 from 7-9 p.m.

"Join us for LitMic this month," the event page states. "This is NCW's loudest, rowdiest, and most supportive literary open mic and we can't wait to see what you all have to read for us. Grab a drink and get ready for an evening of laughter, tears, and cheering on your favorite local artists."



OBITUARY Gilbert Lee Eggleston



Gilbert Lee Eggleston, lifelong firefighter, passed away on February 17, 2024 after an intense short struggle with metastatic esophageal cancer. He died at home, as he wished, with his family by his side.

Gil was born in Susanville, CA, to parents Kenneth, a former Navy pilot, and Edna, an in-home daycare provider. He is survived by his wife of nearly 42 years, F. Margo Hornback, older brother, Kenneth, known as Kip (Sandra), of Willow, AK, and younger sister Kimberley Hoover of Citrus Springs, FL. Gil also left behind his two loving daughters, Shana Klein (Stephen) of Minneola, FL, and Heather Eggleston (David Flores), of Kirkland, WA, and three grandchildren, Elizabeth Klein, Olivia Grace Klein, and Alex Flores, as well as nephews Donnie, Matthew, Justin, and Mike, niece Kendra, and their families, his sisters in law Maureen McMahan, and Mauricia Vandegrift, and brother-in-law Bart Vandegrift, and their daughter, his niece, Blair Grimes, and her family.

Gil's long career in fire began with the U.S. Forest Service right out of high school.

He served from 1968 to 1972 in the U.S. Air Force, with overseas duty in South Korea during the Vietnam era. He then attended Lassen Community College's fire program, but returned to USFS the next fire season. He joined CA Division of Fire and graduated second in his class at the Academy at Lone. After CalFire, he moved to the Olympic National Forest, and there learned how to burn massive amounts of slash and made life-long friends.

Gil went to Alaska on vacation in 1979 and stayed to work for the Bureau of Land Management as a Helitack Crew Boss. He met Margo in Galena in 1981 and they married in 1982.

Gil became Assistant Fire Management Officer in the Upper Yukon Zone, based at Fort Yukon. In 2001 he graduated from USC with a Certificate in Aviation Safety. He became deeply involved in aviation management. and ended his BLM career as State Aviation Manager for all government owned or contracted aircraft and operations.

Leaving Alaska, Gil served one year with FEMA administering fire contracts to WA rural fire departments statewide, then retired from federal service. As he had several winters of volunteer service but didn't feel done with fire, Gil applied for and was selected as Assistant Chief of Chelan County Fire District 3 in Leavenworth, on the condition that he could maintain his wildland fire qualifications. Through eleven seasons at CCFD3, he was twice selected as Firefighter or Officer of the Year and enjoyed deployments with the Oregon/Washington Type II Team. During that time he built two fire engines from the frame out, one of which is still in use. He retired fully when he learned of his diagnosis with Parkinson's Disease in 2015.

In 2009, Gil and Margo completed their new home, The Roadhouse, named for homes along the Alcan Highway that took in weary travelers. Over the years The Roadhouse welcomed many family and friends. That tradition continues and Gil's presence always will be felt and missed.

Margo thanks the family members who cared for Gil, Hospice of Confluence, CCFD3, and the Parkinson's group Rock Steady, for their support.

OBITUARY Harvey Allen Strand



Harvey Allen Strand went to be with the Lord on April 5, 2024. He was born September 2, 1930 on the family farm in Selby, South Dakota to Harold Sigurd Strand and Lena Mertz. His grandparents were Norwegian immigrants and his mother was of Ukrainian and German descent. Early years on the farm, with his brother Dean, were ideal until the Great Depression and crop failures forced the family to move west in 1936, eventually settling in Idaho Falls, ID.

Upon graduation from Idaho Falls H.S., Harvey furthered his education at Idaho State College, where he met the love of his life, Shirley Driskell. They married following graduation in 1953 and moved to Seattle where he attended the University of Washington School of Dentistry, graduating in 1957. Next was a move to Merced, CA where he served for 3 years in the Air Force Dental Corps. Returning to Seattle, he practiced dentistry and taught at the UW School of Dentistry and Shoreline C.C. Dental Hygiene Program. He served on multiple committees and boards at the local, state,

and national levels.

Harvey was a dedicated husband, father, and friend. Road trips to visit extended relatives, camping, hiking, and ski trips were all highlights of his life. Harvey and Shirley were generous hosts and graciously opened their home to others, including a refugee family beginning a new life in the USA. Their home in Leavenworth was a retreat for many, hosting lovely dinners and overnight guests. Harvey was always eager to support and inquire about everyone's latest endeavors. He was a kind and generous gentleman. His heart for others extended into the community through his dedication and service as a Shoreline School District Board member, Habitat for Humanity laborer, Cascade Medical grant writer, and planner for Mountain Meadows.

A deep faith in the Lord led him to serve as an elder in the Presbyterian Church. He and Shirley cherished their time with their "Upper Valley" group from Cashmere Presbyterian Church and their years of fellowship within the Leavenworth Methodist Church.

Harvey loved music!

He attended the Seattle Symphony, was in the church choir, and in retirement, sang with the Leavenworth Village Voices.

He is survived by his children Sandra (James) Thomas, Karen Strand, and Roger (Anne) Strand; blessed with four grandchildren and seven great-grandchildren; survived by sisters Lisa Bennett and Stephanie Reed; and predeceased by wife Shirley and brother Dean.

Special thanks to Mountain Meadows, Cascade Medical Center, and Hospice of Chelan County.

A Celebration of Life will be held at the Leavenworth Community United Methodist Church on Thursday, May 16, 2024, at 11 A.M.

Donations in his name may be made to: Cascade Medical Foundation, 817 Commercial St, Leavenworth, WA 98826

Community Engagement Night

Tuesday, May 7, 2024 | 4pm - 7pm
Leavenworth Festhalle

Come engage with us about ongoing and upcoming City projects and learn more from our community partners.

Bring the kiddos and invite your neighbors, too! *Light snacks and refreshments provided.*

FREE parking in adjacent lots
(Aasgard, Blewett, Colchuck) after 4pm that evening.

See you there!

Community Calendar

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.
Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.
Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Thursday

Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Leavenworth Mosquito District board meeting 1st & 3rd Monday of each month at 7pm via ZOOM link posted at https://leavenworthmosquitocontrol.org/notices-updates/
Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Cascade Education Foundation, Contact: CEF@cascade.org
IWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center. Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com
Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org
 Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
The Peshastin Public Library is currently closed for renovations and will re-open in mid to late summer.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Get rid of all that extra stuff with an ad in the Ward Media Classifieds.

Call us at 509-548-5286

Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

April 19

0:35:34 Suspicious, 8151 Icicle Rd
 15:10:30 Animal Problem, 78 Horsetail Ln, Plain
 17:13:47 Scam, 22744 Lake Wenatchee Hwy
 18:07:22 Hazard, 11460 Freund Canyon Rd
 18:38:43 Scam, 12500 Chumstick Hwy
 19:32:46 Alarm, 10461 Stemm Rd; Smallwoods

11:18:08 Alarm, 9073 Us Hwy 2; Dryden
 14:20:06 Suspicious, 933 Front St# A
 15:07:54 Assist Public, Us Hwy 2 & 9th St
 16:19:49 Assist Agency, Stevens Pass, Stevens Pass
 17:18:22 Traffic Offense, 108 Commercial St
 18:32:46 g11, 13470 Chumstick Hwy
 19:32:45 Dui, 25800blk Camp 12 Rd, Plain
 21:41:09 Traffic Offense, 221 8th St# B; Ducks And Drake

Club Park
 15:50:43 Accident No Inj, 3rd St & Us Hwy 2
 17:39:14 Vehicle Prowl, Snow Lakes Trailhead
 19:00:19 Animal Problem, 126 Amas Pl, Peshastin
 19:53:25 Alarm, g101 Icicle Rd

April 23

1:23:07 Domestic Distur, 7854 Icicle Rd
 11:04:21 Traffic Offense, 252 Scholze St
 11:35:02 Suspicious, g151 Icicle Rd# E
 12:22:42 Assist Agency, 19115 Beaver Valley Rd, Plain
 12:58:41 Civil, 7854 Icicle Rd
 14:08:46 Accident No Inj, 1329 Us Hwy 2; Dans Food Market
 15:15:33 Assist Public, 9501 Jeske Rd; Big Y Parking Lot

April 20

0:35:34 Suspicious, 8151 Icicle Rd
 2:00:07 Suspicious, Ski Hill Dr & Us Hwy 2
 2:09:54 Suspicious, 185 Us Hwy 2; Fairbridge Inn
 10:08:06 Civil, 8780 Deadman Hill Rd, Dryden
 10:13:10 Assist Public, 110 Icicle Rd# F
 10:23:32 Property, 0blk Front St

April 21

2:00:07 Suspicious, Ski Hill Dr & Us Hwy
 2:09:54 Suspicious, 185 Us Hwy 2; Fairbridge Inn
 2:29:35 Assist Public, 820 Front St; Gazebo Park
 13:44:10 Parking/Abandon, 8200 Icicle Rd
 14:58:09 Welfare Check, Lions

April 22

0:44:34 Bomb Threat, 735 Front St; Nutcracker
 1:23:07 Disturbance, 7854 Icicle Rd, Leavenworth
 10:23:02 Parking/Abandon, 11720 Pear Tree Ct
 10:48:37 Scam, 16376 N Shore Dr, Lake Wenatchee
 11:49:27 Assist Agency, 520 Pine St# Main
 12:36:17 Assist Public, 18512 Hazel St, Plain
 12:55:42 Alarm, 7375 Icicle Rd; Sleeping Lady Resort
 15:58:31 Assault, 10190 Chumstick Hwy
 22:27:34 Animal Problem, 9329 E Leavenworth Rd

April 24

0:49:44 Dui, 90 Mill St; Dot Lot
 4:40:36 Animal Problem, 11687 Sunitsch Canyon Rd
 7:10:08 Alarm, 20110 Beaver Valley Rd, Plain
 14:37:26 Assist Agency, 404 Cedar St
 18:12:55 Trespass, 90 Mill St
 22:45:46 Animal Problem, 13688 Chumstick Hwy

Candidate Filing Week 2024 begins May 6

NCW News
 Ward Media

OLYMPIA — Interested in running for public office in Washington? The opportunity to formally declare candidacy for the 2024 elections opens online on May 6 at 8 a.m. and at elections offices across the state. This year, candidate filing week is a week earlier than in previous years. Mailed declarations are being accepted now and must be received with payment by 5 p.m. on May 10, when filing week ends. During the May 6-10 filing period, candidacies can be declared for more than 400 federal, state, judicial, legislative, county, and other offices scheduled for 2024 elections. All statewide Executive offices, all

Congressional seats, a U.S. Senate position, and the majority of state Legislature seats will be on the ballot. In Chelan County, there are a number of seats that will be on the ballot. The U.S. Representative Congressional District 8 seat, currently held by Kim Schrier, will be up for a vote. Also on the ballot will be the State Representative Pos. one Legislative District seven-seat, currently held by Jacquelin Maycumber. Chelan Superior Court Judge positions one, two, and three, and Chelan County District Judge position two are up for a vote. The Legislative District Seven State Representative Pos. two, currently held by Joel Kretz, will also be on the ballot. State Senator Legislative District 12 is up for reelection. Brad Hawkins currently serves in this role but will not seek reelection. Also, in District 12, two State Senator positions, held by Keith Goehner and Mike Steele, are up for a vote. Keith Gohner has announced he will run for the LD12 Satte Senate position. Other positions on the ballot include County Commissioner in Districts one and three. Also up for a vote are Public Utility District Commissioner Two and Public Utility District

Commissioner A. For the first time this year, candidates for Superior Court and all legislative districts must file with the Office of the Secretary of State. This can be done via the office's website, by mail, or in person. The Office of the Secretary of State's Elections website provides full information on state offices and filing fees. Applicants are encouraged to file online if possible. "Filing for candidacy online is the easiest option, and you can do it from the convenience of home," Secretary of State Steve Hobbs said. "This year, the candidate filing period is a week earlier than in prior years, so we're providing notice to the public early to ensure everyone interested in running can get prepared." Applicants who do not wish to file online can print a Declaration of Candidacy form and mail it along with a check payable to the Office of the Secretary of State, P.O. Box 40229, Olympia, WA, 98504-0229. State candidates may also file in person at the Secretary of State's office in the Legislative Building, 416 Sid Snyder Ave. SW in Olympia. All candidates for federal, statewide, legislative, Court of Appeals, and Superior Court positions must file with the Office of the Secretary of State online, in person, or by

mail. For filing information and state Voters' Pamphlets guidelines, see the State Candidate Guide. For a complete list of FAQs and deadlines, visit the Candidate Filing FAQ page. For filing questions, contact the Elections office at (800) 448-4881 or elections@sos.wa.gov. "Serving as an elected official is an opportunity to help your community," Secretary Hobbs said. "Holding office enables you to be involved with crucial decisions, whether at the local, state, or federal level." Washington's Office of the Secretary of State oversees various aspects of state government, including managing state elections, registering corporations and charities, and governing the use of the state flag and seal. The office also operates the State Archives and the State Library, documents extraordinary stories in Washington's history through Legacy Washington, and administers the Combined Fund Drive for charitable giving by state employees and the Productivity Board state employee suggestion program to provide incentives for efficiency improvements. The Secretary of State also oversees the state's Address Confidentiality Program to help protect survivors of crime.

WARD MEDIA
Cashmere Valley Record
The Leavenworth Echo

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How Long Do You Need to Take Bone Building Medicines



Q: My doctor wants me to start taking a particular medication once a week to strengthen my bones. How long do I have to take it?

Our bones can lose strength as we age, making them thinner and more likely to break.

How long do you need to take a bone-building medicine? That depends both on how thin your bones currently are and whether you have already experienced a fracture or not.

May is National Osteoporosis Awareness and Prevention Month. Osteoporosis is a disease that causes your bones to become less dense. When you have osteoporosis, a simple fall can shatter a bone, causing months of painful rehabilitation and, for some, permanent disability and loss of independence.

When heavy equipment resurfaces a highway lane, it removes the top layer of the road surface, mixes it with hot tar, then pours it back onto the road surface.

Our bones follow a similar pattern, continuously recycling the calcium, phosphorus, and other minerals they contain. Like machines that chew up the top layer of a roadway, then remix it before laying it

down as a new surface, our body continuously takes up bone cells, then puts them back into our bones.

When we are young adults, this process results in increasing bone density. While recycling bone cells, our body puts back more bone cells than it takes out, making our bones denser. However, after age 35, the balance starts to shift, and our bone recycling process no longer replaces all the cells it takes out. Over time, our bones become thinner.

Certain conditions accelerate the process of losing bone cells. For women, going through menopause triggers a doubling of the rate of bone loss. Taking prednisone for months to years decreases bone density, smoking cigarettes and a sedentary lifestyle also accelerate bone loss.

Sometimes, bones become so weak that they break spontaneously. If this happens, your hip fracturing causes a fall instead of being the result of one. The vertebrae of your spine can become so frail that they collapse, causing deformity and pain from broken bones, twisted muscles and pinched nerves.

Luckily, there is a way to assess the density of your bones. A painless imaging procedure called a DXA or DEXA scan can measure bone thickness in several critical areas to estimate your risk of a future fracture.

During a DEXA scan, two low-dose X-rays are sent into

the pelvis, hip, and lower spine bones. The lower the density of those particular bones, the greater your fracture risk.

If your bone density is low, further bone loss can be slowed with treatment. You have an increased risk of having thin bones if you are post-menopausal or have taken certain drugs frequently, especially prednisone.

About half of repeat fractures from osteoporosis can be prevented with appropriate treatment.

Bone-building drugs called bisphosphonates are the first choice for boosting thin bones. Powerful medicines like alendronate (Fosamax®), risedronate (Actonel®), and Boniva® have complicated directions and are easier to take as a once weekly or once monthly formulation. These drugs must be taken with a full glass of water on a completely empty stomach, and you must sit upright for at least 30 minutes afterward.

Keeping yourself upright and drinking a full glass of water helps avoid irritating your esophagus. An empty stomach is essential because only 2-3% of the medicine in each tablet is absorbed into your body.

However, what does get into your body stays there. These drugs become part of your bone cells and help build up your bones for months, even years after you stop taking them.

One form of bisphosphonate is a yearly infusion. This is



STOCK PHOTO

convenient for those who cannot take the pills because of problems with their stomach or esophagus.

So how long must you take Fosamax®, Actonel®, or Boniva®? That depends. You and your doctor should decide together.

Five years of treatment should be enough if you

have not yet had a fracture, and take a bisphosphonate as prevention only. Both alendronate (Fosamax®) and risedronate (Actonel®) help to prevent hip and vertebral fractures for up to ten years, even after you stop taking them.

Taking a bisphosphonate for more than five years increases

your risk of experiencing a rare dental emergency called osteonecrosis of the jaw.

Bisphosphonates are not the only bone-building treatment option. Parathyroid hormone is also available, as a daily injection.

Getting adequate calcium and vitamin D, plus weight-bearing exercise can also help strengthen your bones. Check with your doctor about your risk of osteoporosis and your options for treatment.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2024 Louise Achey

Leavenworth Reindeer Farm Having Babies And Taking Names!

New baby names to honor iconic Bavarian Village locations

LEAVENWORTH — Spring is the season when reindeer start having their babies, and two newborns have already arrived at Leavenworth Reindeer Farm - Baby Gustav (named after Leavenworth's famous onion-domed pub, Gustav's Grill and Beer Garden) and Baby Whistlepunk (named in honor of Leavenworth's own Whistlepunk Ice Cream Co.).

More babies are still on the way at Leavenworth Reindeer Farm and the family-owned operation has announced that all 2024 newborns will be given names that honor iconic sites, themes and things to do around the beautiful mountain town of Leavenworth.

In the past, new babies might receive names from favorite movies - Sven and Elsa, for example, were inspired by the movie 'Frozen.' Others were named based on their individual circumstances, such as Yeti, born last year with a pure white coat.

That's all changing now. "We adore this beautiful place we call home and we adore every new baby on the farm. It seemed like a natural fit to start giving them names that reflect the best of Leavenworth," said Erika Bowie, general manager.

SUBMIT YOUR OWN NAMING IDEAS

Leavenworth Reindeer Farm is open to ideas, as well. If you have a favorite Leavenworth spot that you think would make a great moniker for

one of the new arrivals, drop it in the comments at @leavenworthreindeerfarm on Instagram or Facebook.

MEET THE BABIES

Spring farm tours have just begun at Leavenworth Reindeer Farm. Farm tours are offered by reservation, Fridays - Mondays. Bookings are available at leavenworthreindeer.com.

Leavenworth Reindeer Farm is one of the few places in the world where guests can go inside an actual reindeer enclosure for a hands-on experience with these incredible animals.

To find out more, visit leavenworthreindeer.com or email Erika Bowie at info@leavenworthreindeer.com.

Peshastin Public Library closed for renovations; Bookmobile to make special visits

The Leavenworth Echo Ward Media

PESHASTIN—The Peshastin Public Library is currently closed for renovations and is expected to reopen in mid-to late summer. During the closure, the NCW Libraries

Bookmobile will make special visits to the Peshastin Library parking lot to ensure the community still has access to library materials.

The Bookmobile, a library on wheels, will visit Peshastin on Tuesday, May 7, and Tuesday, May 21, from 4:30 to 5:30 p.m. It

will bring a variety of materials that patrons would typically find in a branch library, including books, DVDs, music, and more.

Community members are encouraged to take advantage of the Bookmobile visits during the library closure.

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Cascade Kodiaks Schedule

| BOYS BASEBALL | |
|---------------------|---------------------------------|
| May 4: | Quincy; Home 11 a.m. |
| May 4: | Quincy; Home 1 p.m. |
| GIRLS SOFTBALL | |
| May 4: | Quincy; Home 11 a.m. |
| May 4: | Quincy; Home 1 p.m. |
| May 7: | Kittitas; Away 5 p.m. |
| BOYS & GIRLS TENNIS | |
| May 2: | Entiat; Home 4 p.m. |
| BOYS & GIRLS GOLF | |
| May 2: | Warden; Home 2 p.m. |
| BOYS & GIRLS TRACK | |
| May 3: | Pieke Invitational; Home 4 p.m. |

Kodiaks Scoreboard

| BOYS BASEBALL | |
|----------------|----------------------------|
| Apr. 23: | Cascade 8, Omak 6; Win |
| Apr. 27: | Cascade 3, Chelan 13; Loss |
| Apr. 27: | Cascade 4, Chelan 8; Loss |
| GIRLS SOFTBALL | |
| Apr. 23: | Cascade 3, Omak 10; Loss |
| Apr. 27: | Cascade 1, Chelan 17; Loss |
| Apr. 27: | Cascade 3 Chelan 13; Loss |
| BOYS SOCCER | |
| Apr. 23: | Cascade 3, Quincy 0; Win |
| Apr. 25: | Cascade 5, Omak 0; Win |

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ATHLETE OF THE WEEK

Teyva Dillon Track and Field Junior

Last week Teyva competed in 4 events at the Cashmere Invitational and 4 events at our home Track Meet. In those two competitions, Teyva set 2 personal records in the Javelin and the Long Jump and two season bests in the 200 and 400 meter dash. She was also a member of the 4x2 team that placed 4th at a very competitive Cashmere Invite.

Teyva is by far the most versatile athlete on the team, with the ability to compete at a high level in a multitude of different events. Teyva is also the undeniable leader. The



Kodiak Track and Field team is fortunate to have her leadership and her impressive athletic ability.

STUDENT SPOTLIGHT

Cascade High School 12th Grade AVID Class Outstanding Achievement Representing Club or Class: Senior AVID Class - Seniors



The 12th Grade AVID class has been working hard this year to prepare themselves for their future college and career journeys. This group of first-generation college students have applied and been accepted to every public university and many private universities in Washington State, including the University of Washington, Gonzaga, Whitworth, Seattle University and Washington State University. As a group, they have applied for more than 100 national, state, and/or local scholarships. Go AVID!

Frontier myth vilified the California grizzly, Science tells a new story

By IAN ROSE
Special to The Washington Post

In April 1924, a road crew was working in Sequoia National Park, near the spectacular granite dome of Moro Rock, when a large shape emerged from the woods. These workers had previously been stationed with the Park Service at Yellowstone, and they were familiar with the animal that walked by their camp. In their report, they noted its cinnamon-colored fur and the prominent hump on its back, both telltale signs of a grizzly bear.

A century later, that report remains, in most experts' eyes, the last credible sighting of a grizzly in California. An animal that had once numbered as many as 10,000 in the state, living in almost all its varied ecosystems and gracing its state flag, had been hunted to local extinction.

The grizzly, a subspecies of brown bear, has long held a place in mainstream American myth as a dangerous, even bloodthirsty creature. Its scientific name, *Ursus arctos horribilis*, means "the horrible bear." But that image is being challenged by a new set of studies that combine modern biochemical analysis, historical research and Indigenous knowledge to bring the story of the California grizzly from fiction to fact.

In January, a team of experts led by Middlebury College paleontologist Alexis Mychajliw published a paper in the Proceedings of the Royal Society B about the diet of the California grizzly bear and how that influenced its extinction. The results challenge virtually every aspect of the bear's established story.

"Pretty much everything that I thought I knew about these animals turned out to be wrong," said Peter Alagona, an ecologist and historian at the University of California at Santa Barbara and co-author of the study.

The myth of 'the horrible bear'

Much of the grizzly bear's long-standing narrative comes from stories, artwork and early photographs depicting California grizzlies as huge in

size and aggressive in nature. Many of these reports, which found wide readership in newspapers elsewhere in the West and in the cities back East, were written by what Alagona calls the Californian influencers of their time.

"They were trying to get rich and famous by marketing themselves as these icons of the fading frontier," Alagona said. "A lot of the historical sources that we have about grizzlies are actually not camp. In their report, they noted its cinnamon-colored fur and the prominent hump on its back, both telltale signs of a grizzly bear."

The team of ecologists, historians and archivists compared the image of California grizzlies from these frontier reports to harder data in the form of bear bones from museum collections all over the state.

The frontier myth had painted the California bears as larger than grizzlies elsewhere in the country, but the bone analysis revealed that they were the same size and weight, about 6 feet long and 440 pounds for the average adult.

In an even larger blow to the popular story of the vicious grizzly, the bones showed that before 1542, when the first Europeans arrived, the bears were only getting about 10 percent of their diet from preying on land animals. They were primarily herbivores, surviving on a varied diet of acorns, roots, berries, fish and occasionally larger prey such as deer.

As European-style farming and ranching began to dominate the landscape, grizzlies became more like the stories those frontier influencers were telling about them. The percentage of meat in their diet rose to about 25 percent, probably in large part because of the relative ease of catching a fenced-in cow or sheep compared to a wild elk.

Colonialism forced so many changes on the California landscape so quickly, affecting every species that the bears ate and interacted with, that the exact cause of this change will be difficult to ever fully understand.

Still, grizzlies were never as vicious or purely predatory as the stories made them out to be. The narrative of the huge

killer bear instead fed a larger settler story of a landscape - and a people - that could not coexist with the settlers themselves. And that story became a disaster for more than just bears.

Genocide, survival and restoration

Although we will never have exact numbers, experts agree that hundreds of thousands of Indigenous people were living in what is now California before White settlers arrived. One frequently cited estimate puts the population at 340,000.

By 1900, that number had been slashed by more than 95 percent to around 16,000 surviving tribal members throughout the state. Eliminating the bear and the vast majority of California's Indigenous people can be seen as parts of the same concerted effort to replace one landscape - and one set of stories - with another.

"The annihilation of the California grizzly bear was part of a much larger campaign of annihilation," Alagona said. "I think it's clear that what happened in California meets the legal definition of a genocide. But in a way, it was even more than that, because these were not just attempts to eliminate groups of people. These were attempts to destroy an entire world."

Along with this almost complete destruction of the region's Indigenous people, with their dozens of language groups and hundreds of communities and tribes, came a wholesale change in how the land was managed. For thousands of years, people had used cultural fire to maintain wildlife habitat and food supplies over large swaths of the region. Relationships and practices that had developed over millennia were replaced, in just decades, by European systems of agriculture and land management with no history or connection to the landscapes of the West Coast.

But even after devastating outbreaks of introduced disease and a focused campaign of violence over centuries, Indigenous people remain today in California, and the descendants of the



COURTESY OF U.S. FISH AND WILDLIFE SERVICE

A grizzly bear stands on a rock overlooking Glacier National Park in Montana. The bear's range in North America has been significantly reduced over the past century.

people who lived alongside bears for thousands of years are now helping researchers understand that relationship, and how it might inform the grizzly's future.

"We know the abundance that the southern end of the valley had," said Octavio Escobedo III, chairman of the Tejon Indian Tribe, which now includes over 1,200 members in the Bakersfield and Kern County area of Southern California. "We know that the bear was revered here, especially by the Tejon people."

According to Escobedo, the Tejon relationship with bears was far from the fearful and adversarial one taken up by White settlers. He recounts oral histories of bear cubs being given as gifts to neighboring tribal leaders. Though most large animals would be hunted for sustenance, Escobedo said, his people did not eat grizzlies.

"We coexisted in peace together here," he added. "As long as we respected their space and they respected our space, there was almost a symbiotic relationship there between the Indigenous people and the grizzly."

Farther north, the Yurok people also had a long history of coexistence with grizzlies. Tiana Williams-Claussen,

director of the Yurok Tribe's wildlife department, says that even their homes were designed with the bears in mind.

"We actually built our houses specifically with a small round doorway that they were too big to get through, so that you wouldn't find them snacking on your salmon in the middle of the night," she said.

Now the idea of reintroducing grizzlies to California, once an impossible dream, is gaining momentum. Roughly 95 percent of U.S. brown bears live in Alaska. There is also a stable population in and around Yellowstone National Park, and rare sightings in northern Montana, Idaho and Washington state. The bears are listed as threatened in the Lower 48 states.

The Yurok Tribe led the effort to reintroduce another iconic California species once extinct in the wild: the California condor. In 2022, after 16 years of preparation, research and habitat restoration, the first condors in more than a century soared over Yurok land. Williams-Claussen is quick to point out that while there are lessons that could be applied from her condor work, grizzlies are a very different species.

"Even though the tribe is committed to these sorts of restorations, we know that it has to be done in community to have any chance of success," she said. "And I think that's going to be doubly true of a species that's more controversial, like the grizzly bear."

Everyone involved with the grizzly research team agrees that the process, if it ever moves forward, will be a long one.

"Whether a person thinks that grizzlies should be reintroduced to California or whether they think that they should not, I still think it's a productive conversation to have," said Andrea Adams, a UCSB ecologist and co-author of the paper. "It's bringing all of these things to light: about extinction being real, about carnivores being persecuted, about California's history."

For his part, Escobedo is cautiously optimistic about the early stages of a reintroduction plan.

"I think it's a wonderful concept," he said. "I don't know if the general California resident is ready for those conversations, but it starts with some education, and I think that's where we're at right now."

Cascade Medical

Continued from page A1

registry exam fees for CT (computed tomography), which includes X-rays, ultrasound, and CAT scans. Janeth Baltazar Lopez, a financial counselor at Cascade Medical, received \$1,000 to complete a national billing certification.

The scholarships, announced in late March, are the first to be awarded from the education fund created last year by Cascade Medical Foundation in honor of Mark Judy, who passed away in March 2023.

"In his 45 years as a hospital administrator, including several years at Cascade Medical, the most important thing to him was his staff," said Terri Judy, who continues to serve on the Foundation board and is co-chair of CMF's education fund committee. "He

wanted everyone to rise up to their potential. He would be thrilled at this opportunity to help you, as the first recipients, and to the others that will follow."

The new scholarship program also benefits Cascade Medical.

"The nature of the healthcare industry, with its scarce workforce and rapidly evolving demands, means continuing education is a critical focus for healthcare organizations," Cascade CEO Diane Blake said. "This effort, by the Foundation, generous donors and Mark's family, not only helps us invest in highly skilled and difficult-to-recruit employees, but it also sends a message to our staff of the value our community places on them and their professional growth."

The scholarship winners were selected by a committee

of four Foundation members and two Cascade Medical staff members, considering criteria such as education and career plans, financial need, and whether the training fills a strategic or personnel need for Cascade Medical.

The education fund, currently at about \$40,000, aims to provide annual scholarships in perpetuity. Contributions to the core fund included a \$6,000 Regional Improvement Grant from the Community Foundation of NCW and a \$10,000 grant from the family of Cascade Medical Commissioner Bruce Williams. The next scholarship application period will open in January 2025.

To make a donation or learn more about Mark Judy and the education fund, visit cascademicalfoundation.org/mark-judy-memorial-caregiver-education-fund.



COURTESY OF CASCADE MEDICAL FOUNDATION

The 2024 Mark Judy Memorial Caregiver Education Fund scholarship recipients, from left, Taylor Hendrickson, Janeth Baltazar Lopez and Brandi Weems.



TAYLOR CALDWELL / WARD MEDIA

"Bride of the Sea" won first place in the family category.

Trashion

Continued from page A1

in which model Sola Willard wore her grandmother's 51-year-old wedding dress, covered in common plastics found littered across the ocean.

"This is the bride of the sea that fell off a garbage barge and she collected all this garbage. This is more garbage than the creatures of the sea," said Teri, her grandmother and artist.

"School Style," a dress made

out of homework, took first for the youth category. A plastic water bottle outfit titled, "Dark Floral" took first in the high school category. The first place winner of the adult category created wings made of plastic bags and cardboard, with paper claws, calling the piece "Trash Dragon."

Team "Renew-derhosen" received the coveted People's Choice award, winning the audience over with a Mai Fest themed duo. Model Aria Knutson

sported a dirndl made of old curtains and retired climbing rope, holding a homemade maibaum, or maypole. A boy in lederhosen accompanied Knutson in lederhosen made of cork material, suspenders made of raffle tickets, and homemade accordion as a prop. The two stopped halfway down the runway to do the traditional Mai fest dance.

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Grizzly Bears to return to North Cascades ecosystem

NCW News
Ward Media

SEDRO-WOOLEY - The National Park Service and U.S. Fish & Wildlife Service have announced their decision to actively restore grizzly bears to the North Cascades region of Washington, where the animals once thrived for thousands of years. The last confirmed sighting of a grizzly bear in the U.S. portion of the North Cascades ecosystem was in 1996, and populations have declined primarily due to direct killing by humans.

The decision, outlined in the recently released Record of Decision, aims to restore grizzly bears to the ecosystem through the translocation of three to seven bears per year from other ecosystems in the Rocky Mountains or interior British Columbia. The goal is to establish an initial population of 25 bears over a period of five to 10 years.

"We are going to once again see grizzly bears on the landscape, restoring an important thread in the fabric of the North Cascades," said Don Striker, Superintendent of North Cascades National Park Service Complex.

The U.S. portion of the North Cascades ecosystem spans roughly 9,800 square miles, an area larger than the state of New Jersey, and contains some of the most intact wildlands in the contiguous U.S. Approximately 85% of the mountainous region is under federal management.

Under the decision, grizzly bears in the North Cascades will be designated as a nonessential experimental population under section 10(j) of the Endangered Species Act. This designation provides authorities and land managers with additional management tools that would not otherwise be available under existing Endangered Species Act regulations.

"The final 10(j) rule is based on extensive community engagement and conversations about how the return of a grizzly bear population in the North Cascades will be actively managed to address concerns about human safety, property and livestock, and grizzly bear recovery," said Brad Thompson, State Supervisor for the U.S. Fish & Wildlife Service. "It provides an expanded set of management tools in recognition that grizzly bear recovery in the North Cascades is dependent on community tolerance of grizzly bears."

Public feedback played a crucial role in the decision-making process. During the fall 2023 public comment period, more than 12,000 comments were received on both the draft Environmental Impact Statement and the proposed 10(j) rule.

The National Park Service has not yet set a timeline for when the translocation of grizzly bears to the ecosystem may begin. Updates will be published on the park website, and partners and the public will be notified of implementation plans as they develop.

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Upper Valley Church Guide

To Place Information In The Church Guide Call 509-548-5286

| Cashmere | Leavenworth |
|--|---|
| <p>CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke • www.cashmerepres.org</p> <p>CHRIST CENTER Sunday Worship Service at 10 am Lead Pastor Steve Haney • 5800 Kimber Rd., Cashmere • 509-295-8006 christcentercashmere.com</p> <p>ST. JAMES EPISCOPAL CHURCH • 509-860-0736 • 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl</p> | <p>CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School, 10:30 a.m., Worship Service</p> <p>LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619 10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com</p> <p>CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school). Church: 509-548-7667 Meetings: Sunday - 10 a.m.</p> <p>FAITH LUTHERAN CHURCH - ELCA "Reconciling in Christ Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following Eva Jenson, Pastor https://www.flcleavenworth.com</p> <p>FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509-470-7745 Sunday Worship: 11 a.m. www.leavenworthbaptist.com Email: info@leavenworthbaptist.com</p> <p>LEAVENWORTH COMMUNITY CHURCH OF THE NAZARENE 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org</p> <p>SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 509-860-3997</p> |
| <p style="text-align: center;">Dryden</p> <p>DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. 509-782-2935 Sunday Worship at 11 am. Prayer Meeting Wed. at 6 pm. Pastor Bill Clem</p> <p>MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., • Sunday School, 9 a.m. • Pastor Mike Moore www.midvalleybaptist.org</p> | |
| <p style="text-align: center;">Peshastin</p> <p>LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org</p> <p>NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall newlifeleavenworth@gmail.com FB page: newlifeleavenworth.com www.newlifeleavenworth.com</p> | |
| <p style="text-align: center;">Plain</p> <p>PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org</p> | <p>SPIRIT LIFE CENTER 210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. • Wednesday Bible Study 6:30 p.m. • Pastor Russell Esparza</p> |



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Employment

Help Wanted


The City of Leavenworth is hiring for:
• Building Official
Details at cityofleavenworth.com/employment/. EOE

Help Wanted



The City of Leavenworth is hiring for the summer pool season!
Lifeguards and Swim Instructors
\$22.40 - \$24.80 per hour
Details at cityofleavenworth.com/employment/. EOE



Douglas PUD has an opening for:

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Details at www.douglaspu.org <http://www.douglaspu.org>

Lake Chelan School District has openings for the following positions:

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Other District Positions:
• Substitute Teachers
• Substitute Paraeducators
• Coaches

Job postings and applications are available online at:
www.chelanschools.org
Call 509-682-3515 EOE

Office/Contract Assistant
US Electrodynamics, Inc is looking for an Office/Contract Assistant to help in the front office. This is a part time position but could become full time for the right candidate. Must have basic office, computer and customer service skills and working knowledge of Microsoft Word, Excel, Outlook and QuickBooks. Hourly Wage Range: \$18.00 - \$25.00 per hour depending upon experience. Paid Medical, Dental, life & Disability Ins, paid holidays, and paid time off for employee, Family Medical & Dental available, and 401K available. To apply please mail Resume and cover letter to USEI, ATTN: HR, PO Box 430, Brewster, WA 98812 or email to rpfitzer@usei-teleport.com Applications will be accepted until April 30, 2024. USEI is an EQUAL OPPORTUNITY EMPLOYER

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Legals

Public Notices

NOTICE OF CITY COUNCIL HEARING
NOTICE IS HEREBY GIVEN that the Leavenworth City Council will hold a public hearing based on the Planning Commission recommendation to adopt code changes on May 14, 2024 at 7:00 PM in the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington and via Zoom (<https://cityofleavenworth.com/you-r-city-hall/calendar/>) to take public testimony on amendments to Leavenworth Municipal Code (LMC) Chapter 14.24 Flood Damage Prevention Standards, Chapter 21.91 Definitions and Section 15.04.030 General requirements for all referenced codes. The City determined that these amendments are exempt from State Environmental review pursuant to WAC 197-11-800(19). Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Community Development Director, Lilith Vespier at City Hall, phone 509-548-5275 or email lvespier@cityofleavenworth.com. Published in the Leavenworth Echo/Cashmere Valley Record on May 1, 2024. #7698

Public Notices

CITY OF CASHMERE SUMMARY OF ORDINANCE NO. 1327
On the 22 day of April, 2024 the City Council of the City of Cashmere, Washington passed Ordinance No. 1327. A summary of the content provides as follows: **AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON, AMENDING PORTIONS OF SECTION 17.18.020 (DISTRICT USE CHART) AND CHAPTER 17.52 OF THE CASHMERE MUNICIPAL CODE TO AMEND AND UPDATE THE RECREATIONAL VEHICLE PARK LAND USE PERMIT PROCESS, STANDARDS AND REGULATIONS, INCLUDING A SEVERABILITY PROVISION, AND SETTING AN EFFECTIVE DATE..** Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815. Published in the Cashmere Valley Record/Leavenworth Echo on May 1, 2024. #7684

Public Notices

CITY OF LEAVENWORTH
On the 23th day of April, 2024, the City Council of the City of Leavenworth, Washington passed the following ordinance. A summary of the contents provides as follows: **Ordinance 1691:** An ordinance of the City of Leavenworth, WA, vacating a portion of alley right-of-way, within the plat of Leavenworth Land Company's First Addition. A full copy of the ordinance is available at Leavenworth City Hall or will be mailed to you upon your request to Andrea Fischer, City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in the Leavenworth Echo/Cashmere Valley Record on May 1, 2024. #7690

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Public Notices

CALL FOR BIDS CITY OF LEAVENWORTH 2024 SCRUB SEAL - REBID
Notice is hereby given that Sealed Proposals will be received by the City of Leavenworth for the 2024 Scrub Seal project. Proposals will be received by the City Clerk at Leavenworth City Hall in person: 700 US 2, Leavenworth, Washington 98826 or by US Mail: P.O. Box 287, Leavenworth, Washington 98826, up to 10:00 A.M.; local time on Wednesday, May 15, 2024, for furnishing the necessary labor, materials, equipment, tools, and guarantees thereof to construct the 2024 Scrub Seal. The Proposals will be publicly opened and read aloud shortly after the time and date stated above. Proposals are to be submitted only on the form provided with the Bid Documents. All Proposals must be accompanied by a certified check, postal money order, cashiers check, or Proposal bond payable to the "City of Leavenworth" and in an amount of not less than five percent (5%) of the total Proposal amount. This Contract provides for the Citywide pavement preservation, including, but not limited to, surface preparation, application of emulsified asphalt and aggregate for Scrub Seal, application of emulsified asphalt for fog seal, temporary pavement markings, striping, and other work all in accordance with the attached Contract Plans, these Special Provisions and the Standard Specifications. The Work shall be physically complete within 60 working days after the commencement date stated in the Notice to Proceed. All bidding and construction is to be performed in compliance with the Contract Provisions and Contract Plans for this project and any addenda issued thereto that are on file at the office of the City Clerk, City Hall, Leavenworth, Washington. All work performed on the project will be subject to State prevailing wage rates. Bidders may download the digital bid documents for \$22.00 by entering Quest project #9102578 on the website's Project Search page. Please contact QuestCDN.com at (952) 233-1632 or info@questcdn.com for assistance in free membership registration, downloading, and working with this digital information. A review set will be at the Leavenworth City Hall, 700 US 2, Leavenworth, Washington 98826. Financing of the Project has been provided by the Washington State Transportation Improvement Board, and the City of Leavenworth, Washington. The City of Leavenworth expressly reserves the right to reject any or all Proposals and to waive minor irregularities or informalities in any Proposal. Contract questions shall be directed only to the office of the Project Engineer by calling (509) 4534833. The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. The Contractor shall assure to City of Leavenworth that all services provided through this contract shall be completed in full compliance with the Americans with Disabilities Act ("ADA"). No bidder may withdraw their proposal after the hours set for the opening thereof, or before award of contract, unless said award is delayed for a period exceeding forty-five (45) days. Published in the Leavenworth Echo/Cashmere Valley Record on May 1, 8, 2024. #7713

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of CARL A. ROSENDAHL, Deceased. No. 24-4-00146-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: April 24, 2024
Personal Representative: Sydney Groen
Attorney for the Personal Representative: Russell J. Speidel
Address for Mailing or Service: Speidel Bentsen LLP
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 24-4-00146-04 /s/ Sydney Groen SYDNEY GROEN
Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP
By: /s/ Russell J. Speidel RUSSELL J. SPEIDEL
WSBA No. 12838
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807
Published in the Leavenworth Echo/Cashmere Valley Record on April 24, May 1, 8, 2024. #7668

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of TYSON C. CUTFORTH, Deceased. No. 24-4-00126-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: April 17, 2024
Personal Representative: Jennifer Watson
Attorney for the Personal Representative: David J. Bentsen
Address for Mailing or Service: Speidel Bentsen LLP
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881
Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 24-4-00126-04 JENNIFER WATSON
Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP
By: DAVID J. BENTSEN WSBA No. 42107
7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807
Published in the Leavenworth Echo/Cashmere Valley Record on April 17, 24, May 1, 2024. #7612

Guess Who?
I am an actress born in Texas on April 25, 1969. I made my big screen debut in the film "Empire Records" in 1994. I am widely known for a number of films, including one movie musical and another in which I played a famous movie star from yesteryear, a role that earned me an Academy Award.
Answer: Renée Zellweger

WORD SCRAMBLE
Rearrange the letters to spell something pertaining to gardens.
W R E T A

| | | | | |
|--|--|--|--|--|
| | | | | |
|--|--|--|--|--|

Answer: Water

Kid Scoop

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Kid Scoop Together: Busy Beavers!

Busy beavers chewed some words from this list of fun beaver facts. Replace the words to find out some amazing things about beavers.

- SLOW
- COIN
- TREES
- AGE
- YEARS
- ALARM
- TAIL
- WEIGH
- BARK

Buddy B. Beaver's Goals

Buddy shows us how to reach a big goal by breaking it down into smaller steps.



Beavers don't just use trees to build dams. When Buddy looks up at this tall tree, he sees food and housing for his family.



But chopping down a big tree can seem like an awfully big goal for a little beaver.



Buddy sees the **big job** as a series of **small jobs**.

Jobs that start as taking small bites of the tree, one at a time.



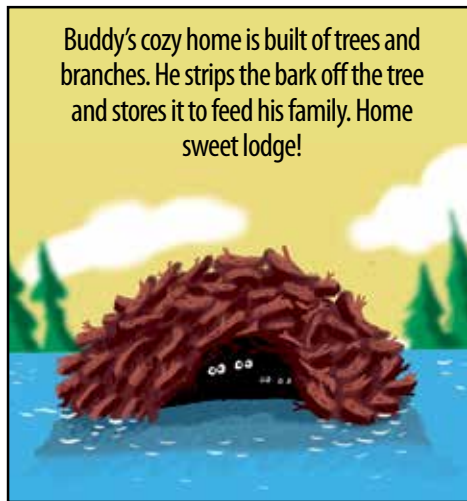
Buddy gnaws at the trunk of a tree, taking lots of tiny bites.



He chews and chews away at the tree trunk, until finally ...



... the tree topples over! Buddy takes the tree to a nearby stream and builds a home for his family.



Buddy's cozy home is built of trees and branches. He strips the bark off the tree and stores it to feed his family. Home sweet lodge!

Be Like Buddy: How to Reach a Goal

Sometimes there are things you want in life that are not possible right now. For example, maybe you want to buy something that is expensive. If you are serious about that purchase, make buying it a **goal**.

In order to reach that goal, be like Buddy. Make a list of small steps or small goals that would help you reach your big goal.

EXAMPLE: Angie wants to buy a new coat. The coat costs \$50.

Angie decides that instead of trying to earn \$50 all at once, she will make ten goals that will help her reach her big goal. She makes a goal of earning \$5. If she earns \$5 ten times, she will reach her big goal of \$50!



Extra! Extra! Busy Builders

Beavers are builders. Look through the newspaper for examples of things people build. What are the kinds of jobs people do to build things?

Standards Link: Use the newspaper to locate information.

ANGIE'S GOAL: Earn \$50 for a new coat!

- Mowed the lawn: \$3.00
- Made my bed: \$0 (Mom expects me to do this every morning!)
- Walked the dog: \$2.00
- Took out the trash: \$1.00
- Did the dishes: \$2.00

How can Angie earn \$5? Put a check in the box next to each of Angie's jobs. If you checked the right boxes, they add up to exactly \$5.

If Angie can earn \$5 per week and save the money, how long until she will have enough money to buy the coat?

MY GOAL: _____

JOBS I CAN DO TO EARN THE MONEY:

| |
|-------|
| _____ |
| _____ |
| _____ |
| _____ |

HOW MUCH I CAN EARN:

| |
|----------|
| \$ _____ |
| \$ _____ |
| \$ _____ |
| \$ _____ |

HOW LONG UNTIL I REACH MY GOAL? _____

Kid Scoop Puzzler

Can you put these mixed-up beaver facts in the correct order?

- are powerful swimmers that can swim
- the second largest in the world. Beavers
- shut to keep water out. Transparent inner eyelids
- underwater for up to 15 minutes.
- When a beaver swims underwater, its nose and ears
- built-in swimming goggles!
- Beavers are the largest rodent in North America and
- close over each eye to help the beaver see like

Double Double Word Search

EXPENSIVE
PURCHASE
EARNING
EYELIDS
TOPPLES
RODENT
BEAVER
STREAM
LODGE
WATER
BITES
BARK
SWIM
GOAL
TREE

Find the words in the puzzle. How many of them can you find on this page?

E A R N I N G S W T
S Y I M M K R A B N
A R E T A W I N E E
H S E L P P O T A D
C W R B I T E S V O
R I T G R D O D E R
U M A E R T S E R N
P T E G D O L A O G
S E V I S N E P X E

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

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Kid Scoop VOCABULARY BUILDERS

This week's word: SAVE
The verb **save** means to keep or store something for use in the future.

Jeremy plans to **save** his allowance for three weeks to buy a gift for his sister.

Try to use the word **save** in a sentence today when talking with friends and family members.

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