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Chelan City Council applauded for flood control efforts; advances Park Development and Hazard Plan

By **MIKE MALTAIS**
Ward Media Staff Reporter

CHELAN – Chelan Hills residents Paul and Carol Rogers addressed the bi-monthly meeting of the Chelan city council on Feb. 27 and expressed their appreciation for the city's proactive response to flood control issues facing their neighborhood. The Rogers' praised the quarter-million-dollar Department of Energy grant that will fund a study of storm-water problems. Public Works Director Jake Youngren announced the

\$248,900 grant at the Feb. 13 council meeting.

During June and July 2002 torrential rainstorms that some describe as a 100-year event caused flooding and property damage to many Chelan Hills properties.

In other business ranging from park development to the county's hazard mitigation plan the council:

- Approved the city's contribution of \$3,000 for its planning partnership portion of the Chelan County Multi-Jurisdiction Natural Hazard Mitigation and Community Wildfire

Protection Plan.

City administrator Wade Farris explained the county received a grant to upgrade the county hazard mitigation plan – one designed to prevent hazards like wildfire and chemical spills from happening. Farris said the city also contributes to the county to do an emergency management plan if something happens. The requested contribution, spread among the cities of the county, is Chelan's portion toward the required matching funds. The last plan upgrade was in 2018.

- Adopted the 2024 Comprehensive

Plan and Development Regulations Planning Commission Docket.

Community Development Director John Ajax said that with a major 2026 plan update ahead, the 2024 amendments are relatively minor items except for the land use element regarding downtown mixed-use. Ajax said a potential map amendment will be explored with the neighborhood of single-family homes on the periphery of the mixed-use to see if there is interest to keep those homes in perpetuity.

- Approved the \$30,000 profession-

al services agreement with Geyer Coburn Hutchins landscape architectural firm for the Park Street Road End Park.

The agreement will move the Park Street Park further along through the \$30,000 bid process, said Parks and Recreation Director Paul Horne.

"We think we can still meet the spring construction that we anticipate so we can get this project done before summer," Horne said.

Mike Maltais: 360-333-8483 or michael@ward.media

12th District lawmakers secure over \$26M for local projects in unanimous capital budget approval

Ward Media / Lake Chelan Mirror

OLYMPIA – House Republican Deputy Leader Mike Steele and Rep. Keith Goehner have announced the inclusion of more than \$26 million in district-funded projects in the 2024 supplemental capital budget, 2ESSB 5949.

The budget received unanimous approval from House lawmakers on March 6 in Olympia.

The announcement by the 12th District lawmakers highlights their commitment to securing funding for their communities.

These allocated funds will support a variety of essential projects aimed at enhancing infrastructure, bolstering community services, and promoting economic development within the region.

Steele, assistant ranking member on the Capital Budget Committee, expressed his satisfaction with the collaborative effort that led to the final budget's crafting.

"This is a good budget," said Steele, R-Chelan. "Through bipartisan coop-



REP. MIKE STEELE

REP. KEITH GOEHNER

eration, we deployed funds across Washington to address crucial areas such as affordable housing, infrastructure, school construction, and job creation. This budget not only stimulates employment but also fosters economic growth, benefiting communities of all sizes throughout our state. I am grateful for the trust my caucus has placed in me to negotiate this budget on their behalf, and I am committed to serving our constituents effectively."

Goehner, R-Dryden, emphasized the significance of these projects for the prosperity of the 12th District.

"The inclusion of more than \$26 million in district-funded projects in the 2024 supplemental capital budget is a significant win for our communities," said Goehner.

"These funds will support critical initiatives that will enhance the quality of life for residents and contribute to the long-term prosperity of our districts. I am grateful for the opportunity to advocate for these projects and deliver results to the people we represent."

12th District-funded project highlights include:

- Chelan Municipal Airport Extension: \$1 million
- Crail Cottages: \$248,000
- Leavenworth Affordable Workforce Rental Housing (Leavenworth): \$1.3 million
- Sky Valley Youth Center: \$1.53 million
- Alatheia Capacity building Capital

- Project: \$150,000
- Chelan County Hazard Mitigation: \$98,000
- Manson Grange Hall Improvement Project: \$193,000
- Old Swim Hole Revitalization Project: \$206,000
- Regional Sports Complex-Site Evaluation and Pre-Design: \$300,000
- Town of Index Safety and ADA Access Improvements: \$25,000
- Wenatchee Valley College: Softball Facilities: \$462,000
- Wenatchee Valley Technical Skills Center: \$14.463 million
- Eagle Creek Barrier Design and Replacement: \$354,000
- Peoples Creek Fish Passage: \$380,000
- Middle Fork Snoqualmie: \$835,000
- Morning Star: \$3.5 million
- CBPS SBCTC Statewide: Utility Submeters for Clean Buildings Act: \$147,000

Public Schools:

- PG Skykomish: \$27,000

- SD Skykomish: \$1.234 million

The final 2024 supplemental capital budget allocates a total of \$1.33 billion, including \$130.6 million in bonds.

The plan makes significant investments throughout the state in K-12 school construction, behavioral health and substance abuse treatment facilities, and early learning facilities, leaving \$547,000 in remaining bond capacity.

Investigation continues for missing Chelan woman



Adriana Nunez-Gutierrez

Ward Media / Lake Chelan Mirror

CHELAN – The Chelan County Sheriff's Office continues its search for 37-year-old Adriana Nunez-Gutierrez, who disappeared more than two weeks ago. Last seen at her residence on the evening of Feb. 15, Nunez-Gutierrez's absence was reported by Morgan Owings Elementary School, where she is a frequent volunteer, on Feb. 23.

In the early stages of the investigation, detectives learned of a text message sent from Nunez-Gutierrez's phone between 2 and 3 a.m. on Feb. 16. Despite efforts, the location of her phone remains undetermined after it lost power following the message. The missing woman's employer confirmed that she has yet to collect her recent paycheck and has missed several appointments.

Although there was a potential sighting of Nunez-Gutierrez at a local Walmart, deputies, after reviewing surveillance footage, have ruled out the lead. Nunez-Gutierrez, described as a Hispanic female, stands 5'3" tall, weighs approximately 110 pounds, has dark hair, and is known to wear a black sweatshirt or dark jacket. Family members also note she has a noticeable limp.

The Chelan County Sheriff's Office, emphasizing the role of community support, urges anyone with information regarding Nunez-Gutierrez's disappearance to contact the CCSO tip line at (509) 667-6845 or email Detective Cy Bowthorpe at cy.bowthorpe@co.chelan.wa.us.

Washington State takes steps to reduce ballot rejection with new signature verification law

By **ASPEN ANDERSON**
Washington State Journal

OLYMPIA – Washington State is recognized for its effective voting processes, but officials say too many ballots are rejected because signatures don't match.

"I think we can do a lot better in Washington State," Thurston County Auditor Mary Hall said.

"Updating how our offices reach out to voters is a simple step to ensuring both integrity and voter access."

Signature verification is done to prove the mailed ballot was filled out by the person it was sent to, but too often, people change the way they sign their names or don't sign their ballot at all, which results in the ballot being rejected.

Senator Javier Valdez (D-Seattle) introduced SB 5890 after reviewing statistics on ballot rejection rates in the state.

The bill received unanimous approval in the House and Senate and now awaits the Governor's signature.

The report, conducted by the University of Washington, showed people of color and younger voters are the demographics most likely to have their ballots rejected.

Ballot rejection rates among Black voters are 50% higher than white voters. Latino or Asian voters are also much more likely than white voters to have their ballots rejected.

"If you are a younger voter between 18 and 25, in 2022 there was a 5% chance that your ballot had been rejected... when you compare it to, if you are 46 to 65 years old, your percentage was .8%," Valdez said.

Hispanic and Asian voters are also more likely to have their ballots rejected, potentially due to language barriers or complex names.

Voters of color, according to the study, were less likely to sign their envelope when compared to white voters, which they argue could point further to a language barrier.

To improve outcomes, the bill mandates materials be available in English, Spanish, and any other language required by the federal Voting Rights Act.

It also requires county auditors to contact voters by phone or email if their ballot still needs to be signed or if the signature doesn't match the one on file. Currently, they are required to use first-class mail to contact voters.

"Removing the requirement of first-class mail, will result in a few things: tremendous savings, but it will also allow us to reach voters where they are, via phone or via email because that's what people use these days," Hall said.

King County provides an online form for updating a signature if your signature has changed. Election officials advise people to submit a current signature before the next election, with the form due eight



COURTESY OF SENATE DEMOCRATS

Sen. Javier Valdez has introduced various bills this session to try and improve our state election process.

days before election day unless submitted in person.

Hall supports most aspects of this bill but is concerned that notifying people after every election could cause fatigue.

"We contact them a lot," Hall said. "But if we were to contact them after every election, that would be five times this year, and we don't want voters to get fatigued with us reach-

ing out."

The bill also instructs the Secretary of State to create consistent rules for verifying signatures across the state, and to develop a manual to train people on how to apply the rules so everyone follows the rules correctly.

"This bill creates an opportunity for every Washington voter to gain increased education and understand the importance of their ballot signature," said Calista Jahn from the University of Washington Evans School of Public Policy and Governance.

Under the new law, auditors also must create an outreach plan to educate communities about signature verification.

In addition, the bill creates a work group with the Secretary of State, at least two county auditors, and a representative from the University of Washington Evans School of Public Policy and Governance to be implemented in the 2026 primary.

While some concerns about voter fatigue were raised, overall, there was strong support for updating outreach methods to ensure integrity and voting access.

After the Governor signs the bill, it will take effect 90 days after the end of the session.

The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation.

Inside Lake Chelan Mirror this Week

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Shamrock Shuffle 5k

The Chelan Lion's Club will host the Shamrock Shuffle 5k on Saturday, March 16 at 9:30 a.m. at the Riverwalk Park.

Registration and check in runs from 8:30-9:30 a.m.

"Enjoy one of the first fun runs of the season with us," the event page states. "The Shamrock Shuffle is a Lions Club fundraiser for kids with Type 1 Diabetes so they can go to an exceptional summer camp. This 5K is for expert runners, walkers, strollers and even dog walkers."

For more information visit lakechelanlions.org.

St. Patrick's Day reubens

The Chelan Eagles will sell St. Patrick's Day Reubens on

Saturday, March 16 from 11 a.m. to 5 p.m. at 209 E. Woodin Ave., Chelan.

"Come on down to the Lake Chelan Eagles Club for a delicious reuben sandwich, while taking in the Wayne Kelly Top Dog Parade," the event page states. "These sandwiches are not to be missed. See ya there."

St. Patrick's Day Party

Endless Orchard Hard Pressed Cider will host a St. Patrick's Day Party on Saturday, March 16 from 11 a.m. to 7 p.m.

Musician Gavin McLaughlin will perform live from 3-6 p.m. Irish food will be available along with green drinks and there will be prizes for the best costume.

For more information visit historicchelan.org.

endlessorchardcider.com.

Top Dog Parade

Historic Downtown Chelan will host the Wayne Kelly Top Dog Parade on Saturday, March 16.

"Calling all dogs for the 36th Annual Wayne Kelly Top Dog Parade," the event page states.

"Dress up you, your dogs and kids in green to try your hand at bringing home the 'TOP DOG' award."

Parade line-up begins at 11:30 a.m. behind Wells Fargo Bank.

The parade starts at 12 p.m. in Historic Downtown Chelan.

For more information visit historicchelan.org.



5 THINGS TO DO THIS WEEK

Live music with Megan Johnson

Succession Wines in Manson will host live music by Megan Johnson on Sunday, March 17 from 2-5 p.m.

Favoring blues, bluegrass, country, folk and pop songs, Megan Johnson was once a Nashville-based recording

artist, but is now a local Chelan musician. Having played with Eric Church and at the iconic Bluebird in Music City, she has the heart of a small town girl with a big city sound.

For more information visit successionwines.com.

POINT OF VIEW Climate Commitment Act needs accountability, not scare tactics

Washington state's Climate Commitment Act (CCA) was passed in 2021 with the goal of reducing and phasing out carbon emissions.

Unfortunately, there have been several problems with its passage. With that, more than 465,000 Washington citizens signed Initiative 2117 that would repeal the CCA and its cap-and-trade system.

With the initiative verified and certified, it was forwarded to the Legislature for consideration.

The majority party in Olympia has indicated they do not plan on taking any action on I-2117. If not, the people will get to weigh in when it is on the general election ballot in November.

However, the scare tactics being used in Olympia associated with I-2117 have resulted in false information being circulated about the CCA monies and how they relate to the transportation budget.

Some are stating that if I-2117 is repealed, CCA money for transportation projects would go away. This is not accurate. The CCA funding does not go toward roads, bridges, and ferries. You already pay for these projects through the state's gas tax. It is imperative our citizens are aware of these intimidating and deceptive tactics. A repeal would not impact critical infrastructure.

That is not the only concern with the CCA. The cap-and-trade program was enacted with the understanding the



REP. MIKE STEELE REP. KEITH GOEHNER

agricultural industry would be exempt from the increased costs created by the carbon emissions market. However, the way the money is collected with its implementation, the responsibility is resting with the farm-fuel users to pursue a refund. If the CCA is repealed, there is no provision for farmers to be refunded the amount they paid unnecessarily for the past year. There could be \$30 million in the final operating budget to reimburse farmers, but some estimates show that number should be in the \$150 million to \$200 million range. The agricultural industry would be getting a small fraction of what it is owed.

The cap-and-trade program, or carbon credit fee, is supposed to address climate change by requiring polluters to pay for and steadily reduce their carbon pollution. Yet, according to the Environmental Protection Agency, Washington was one of only four states that saw CO2 emissions increase in 2023 from power generation.

The citizens of Washington should be able to observe the changes that have been made to climate policy and understand our return on investment. That

is not happening.

Finally, our state has an affordability crisis. The regressive carbon credit fee has directly increased the cost of gas, food, energy, and indirectly increased the cost of other goods and services in Washington. Road users are paying about 50 cents more at the fuel pump since the CCA went into effect.

The CCA certainly has not materialized as proponents expected. This includes the governor who said, "This is going to have a minimal impact, if any. Pennies. We are talking about pennies" at the pump.

We all care about the environment, but there clearly needs to be transparency with the actual costs on families, farmers, and all Washingtonians. It is also important you know that no matter what happens with I-2117, the road projects so critical to our strained transportation system are not in jeopardy.

Our state agencies and elected officials must be honest with the taxpayers on I-2117 and the CCA. The government is entrusted to spend taxpayer dollars in a responsible manner. After all, our state government can only spend what the taxpayers are providing.

Rep. Keith Goehner is the ranking Republican on the House Local Government Committee and serves on the Environment and Energy, and Transportation committees. Rep. Mike Steele is the Deputy Minority Leader and serves on the House Capital Budget and Education committees.

Washington State mandates zero-emission transition for school buses amid concerns

By MARY MURPHY
Washington State Journal

OLYMPIA – School districts are required to transition to zero-emission school buses under a law recently approved by the state House and Senate.

The bill received numerous amendments after districts voiced concerns over reliability, range and the time allowed to make the switch.

Introduced by Rep. Tana Senn, D-Mercer Island, HB 1368 is an effort to reduce emissions and prioritize the health of children. Six other states have zero-emission school bus transitions already written into law.

"We as a student body are exposed to five to 15 times more air pollution than adults as a result of school bus emissions alone," said Moa Valentin, President of the Mercer High School Green Team.

Diesel fumes produced by school buses contain toxic particulates that can affect student cognitive learning and growth. The matter can have long-term effects on lungs, the brain and the immune system.

"We are going to school to learn, not to inhibit our learning abilities in our mind or body," Valentin said.

The "Zero-Emission School Bus Grant Program," totaling \$14 million and managed by the Department of Ecology, will cover the transition costs for schools. Funds from the Climate Commitment Act will also

support schools. These expenses include planning, acquiring buses, fueling, charging, scrapping old diesel buses, driver training and more.

Senn said the state will primarily target low-income schools and communities disproportionately affected by

health issues stemming from climate change, particularly air pollution.

Many school officials say they worry about some of the plan's details.

"We have had technology be

See **ELECTRIC BUSES** Page A10

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Chelan County Sheriff Report



March 1

- 1:11:06 Disturbance, 210 Griffith Ranch Rd, Manson
- 1:25:00 Dui, 112 E Woodin Ave; Senor Frogs
- 10:19:02 Accident No Inj, 1200blk Upper Joe Creek Rd
- 13:24:23 Alarm, 602 Division St, Manson
- 14:33:03 Traffic Offense, 105 Iowa Ct
- 14:36:25 Domestic Distur, 949 Manson Blvd, Manson
- 19:00:03 Malicious Misch, 155 Upper Joe Creek Rd, Manson

- 11:02:34 Suspicious, 181 Us Hwy 97a
- 11:48:46 Parking/Abandon, 400blk Gorge Rd
- 13:47:24 911, 419 E Highland Ave
- 13:54:22 Abuse, 4105 Us Hwy 97a # B
- 14:18:04 Domestic Distur, 72 Wapato Way# 1, Manson
- 16:08:09 911, 101 E Johnson Ave; Wafd
- 16:28:31 Harass/Threat, 2331 Albin Dr# 1, Entiat
- 16:45:01 Harass/Threat, 12 Dietrich Rd

March 2

- 9:29:44 Disturbance, 309 E Gibson Ave# 20
- 13:57:48 Noise, 270 Upper Joe Creek Rd; Manson
- 14:54:33 Theft, 128 E Woodin Ave; Kellys Hardward
- 16:13:12 Traffic Offense, Us Hwy 97a Mp 231

- March 6
- 0:59:54 Disturbance, 112 E Woodin Ave; Senor Frogs
- 8:18:46 Littering, 1700blk Upper Joe Creek Rd Manson

March 3

- 1:56:46 Domestic Distur, 210 W Gibson Ave# 14
- 2:31:37 Trespass, 455 Wapato Lake Rd; 12 Tribes
- 12:47:00 Noise, 712 E Wapato Ave
- 13:06:21 Civil, 108 N Apple Blossom Dr
- 13:25:10 Alarm, 4010 Sr 150, Manson
- 13:55:54 Disturbance, 14565 Us Hwy 97a # 4, Entiat
- 17:13:59 Assist Public, 128 E Woodin Ave; Kellys Hardware
- 18:44:45 Assist Public, 504 N Sanders St# 3
- 18:54:52 Suspicious, Us Hwy 97a & Pine Meadows
- 18:57:04 Welfare Check, 2790 First Creek Rd
- 18:59:40 Alarm, 4010 Sr 150, Manson
- 21:14:14 Dui, W Webster Ave & Slake St

- 11:22:54 Trespass, 67 Wapato Lake Rd; Colvill Manson
- 13:47:32 Assist Public, 14907 Us Hwy 97a; Entiaqua Entiat
- 15:52:59 Harass/Threat, 1694 Cottontail Ln
- 17:12:37 Disturbance, 450 Boyd Loop Rd
- 22:26:18 Noise, 315 E Wapato Ave.

March 4

- 4:57:34 Diversion, 200 Green Ave# 14, Manson
- 9:26:18 Assist Public, 260 Blueberry Ln, Manson

- March 7
- 0:59:54 Disturbance, 112 E Woodin Ave; Senor Frog's
- 1:02:47 Dui, No See Um Roundabout
- 1:52:59 Assist Agency, 917 E Wapato Ave
- 10:06:40 911, 214 Barkley Rd, Manson
- 11:25:28 Welfare Check, 819 E Johnson Ave
- 13:07:59 Civil, 1234 Greens Landing Rd, Manson
- 19:57:35 Warrant, Nebraska Ct & S Bradley St
- 20:18:15 Welfare Check, 222 Mystic Creek Ln

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Miss Lake Chelan

Chloe Desgroseillier crowned Miss Lake Chelan



RUTH KEYS/WARD MEDIA
Chloe Desgroseillier was crowned Miss Lake Chelan for 2024 by Miss Lake Chelan Scholarship Association board member Emma Keller. Crowned princesses were Eva Marron and Kyla Mae Otom. Miss Lake Chelan will receive a \$3,000 scholarship and the princesses will each receive \$1,500 scholarships. The Miss Lake Chelan pageant, a hallmark of community tradition and youth empowerment, made its return Saturday, March 9, hosted at the Chelan High School Performing Arts Center. Candidates Chloe Desgroseillier, Eva Marron and Kyla Mae Otom each answered two impromptu questions and gave their speeches before those in attendance. Earlier in the day they each spent time with judges for the pageant Stefani Morgan, Debbie Edinger and Erica Anaya. MC for the evening was Chelan High School Principal Jamie Pancho.



RUTH KEYS/WARD MEDIA
Master of Ceremony for the evening was Chelan High School Principal Jamie Pancho.



RUTH KEYS/WARD MEDIA
Candidate Eva Marron a senior at Chelan High School was escorted by Christian Pimental.



RUTH KEYS/WARD MEDIA
Miss Lake Chelan Chloe Desgroseillier (center) with Princess Eva Marron (left), Princess Kyla Mae Otom (right).



RUTH KEYS/WARD MEDIA
Candidate Chloe Desgroseillier a junior at Chelan High School was escorted by David Kelly.



RUTH KEYS/WARD MEDIA
Candidate Kyla Mae Otom a junior at Chelan High School was escorted by Jarren McKenzie.



RUTH KEYS/WARD MEDIA
Manson Apple Blossom Royalty pose for a photo with the newly crowned Miss Lake Chelan and her royalty court. Left to right are: Manson Apple Blossom Princess Natalee Reyna, Princess Eva Marron, Miss Lake Chelan Chloe Desgroseillier, Manson Apple Blossom Queen Isabelle Harris, Princess Kyla Mae Otom, and Manson Apple Blossom Princess Liliana Narvaez.

Congratulations

509-682-4567
1058 E. Woodin Ave.
Chelan

Congratulations on your new leadership role.
Miss Lake Chelan 2024

509-682-5752
514 E. Woodin Ave.
Chelan

Congrats!
MISS LAKE CHELAN
2024

LAKE CHELAN
CHAMBER OF COMMERCE

New bill advances equal professional opportunities for immigrants

By **MARY MURPHY**
Washington State Journal

OLYMPIA – Undocumented individuals are now a small step away from pursuing careers in nursing, dentistry, architecture, psychology, and much more under a bill now waiting for the governor's signature.



COURTESY OF WASHINGTON HOUSE DEMOCRATS.

Prime Sponsor Rep. Amy Walen, D-Kirkland, who is urging for equal work opportunities for undocumented immigrants, speaks on House floor.

Careers like these monitored by the Department of Licensing were previously denied on the basis of citizenship status. HB1889 allows undocumented individuals to apply for these licenses using their Individual Taxpayer Identification Number, instead of a Social Security Number.

The bill was introduced by Rep. Amy Walen, D-Kirkland, who personally ran into barriers in pursuing a law license in the U.S. after living abroad as a child.

"If someone can pass rigorous standards we have in the state of Washington and show that they are competent to deliver services, why does the state need to know about their federal documentation status?" Walen asked.

Many young undocumented individuals currently studying at universities across the state said they spent years on a college degree, only to be informed too late they did not qualify for the job they studied to obtain.

Maria Barrios, a Yakima resident, moved from Mexico in 2008. She recalls working to support her family for most of her childhood, moving often from city to city.

Barrios graduated from Heritage University with a bachelor's degree in biology and psychology and wishes to pursue more school for a career in dentistry, but she was told she could not.

"I am worried about not finding work because my status does not allow it," Barrios said. "If I could access a professional license, I would be pursuing something that I am actually passionate about."

The bill gained bipartisan support, notably from Nikki Torres, R-Pasco, a first-generation immigrant.

"I have many family and friends that are DACA or undocumented and they are hard-working people," Torres said. "Some of them have professional licenses in their country of origin and when they come to the U.S., unfortunately aren't able to use those professional licenses. They are taxpaying people, and they want to contribute back to our society."

Many lawmakers referenced workforce shortages all over Washington for things like nursing, teaching and other professions.

"We are having trouble filling occupations that are crucial to Washington consumers," Walen said. "Every person is essential, and every person's contribution is essential."

Another bill, sponsored by Sen. John Lovick, D-Mill Creek, a former state trooper, allows DACA recipients to enter law enforcement and other civil service positions such as firefighters or corrections officers.

Private investigators, security guards, and bail bond recovery agents are not covered under Walen's professional license bill.

The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation. Learn more at wastatejournal.org.

POINT OF VIEW

Legislative Session Recap: Budget updates and initiatives highlight a fast-paced 60-day session

The Legislature adjourned its 60-day session on March 7 as scheduled. The session was a busy time as I continued as the Senate Early Learning and K-12 Education Committee's Ranking Member. This session was fast paced for all matters, especially for education issues.



SEN. BRAD HAWKINS

The Legislature approved all three budget updates for the 2023-25 biennium, which ends June 30, 2025. The updated operating, transportation, and capital budgets were finalized in the final days of the session after much negotiation. I voted against the updated operating budget but for the transportation and capital budget updates. Here are some noteworthy items:

Operating Budget (\$71.9 billion)

The operating budget funds the day-to-day operations of the state, including early learning, K-12 education, higher education, health and human services, criminal justice, natural resources, courts, and other areas. State revenues have remained slightly positive, although less growth is anticipated in the coming years. The updated operating budget is now projected to spend \$71.9 billion during the 2023-25 biennium. I voted against the budget update because I have concerns about its sustainability if future revenues slow down or decrease.

Transportation Budget (\$14.6 billion)

The transportation budget funds the construction and maintenance of the state's transportation system, including the preservation of roads, bridges, and ferries. This budget also funds state agencies and commissions that serve our transportation system, including the Washington State

Patrol, Department of Licensing, and Department of Transportation. Numerous previously approved road projects are funded based on construction schedules. I voted for the budget update because it essentially continues current projects.

Capital Budget (\$10.3 billion)

The capital budget funds improvements to state buildings, public schools, higher education facilities, public lands, state parks, and other assets. This year's budget update was helpful to our region and placed a focus on K-12 school facilities. It includes \$14.5 million for the Wenatchee Valley Technical Skills Center, \$1.3 million for affordable housing in Leavenworth, \$300,000 for Regional Sports Complex Site Evaluation, and other projects. I voted for the budget update.

My Senate Bill 5670 approved

Running Start is a "dual credit" program, first created in the 1990s, to allow students to earn tuition-free college credits while in high school. My Senate Bill 5670 expands Running Start by allowing students who have completed 10th grade

but haven't yet started 11th grade to earn up to 10 credits during the summer. This option will ease students into their Running Start experience and help them gain familiarity with their college campus. I call my bill a "Walking Start to Running Start."

Initiatives to the Legislature: Lawmakers received six initiatives to the Legislature from signatures gathered in 2023, related to the capital gains tax, climate commitment act, long-term care, police pursuits, income tax, and parental rights in education. The legislature approved the police pursuits, income tax, and parental rights initiatives. The remaining initiatives (repealing the capital gains tax, climate commitment act, and long-term care program) were not considered and will advance directly to a statewide vote this November.

K-12 Education Funding: Many school districts have struggled with increasing insurance, utilities, and special education costs. Last year, the legislature enhanced special education funding. We took another step forward this session. We also provided support for Materials Supplies and Operating Costs (MSOC) and paraeducator staffing. The Legislature also expanded school bond grant funding for

school facilities within its bipartisan capital budget, which could benefit Eastmont School District.

Transportation Cost Escalations: The legislature approved a 16-year, \$17 billion transportation investment plan in 2022 called "Move Ahead Washington." Since its approval, several major transportation projects have experienced cost escalations due to recent inflation. Legislators approved steps this session to resolve some funding shortfalls and is deferring other decisions until next session. Continuing with the projects now will result in significant savings later.

Apple Blossom Royalty and WHS Volleyball

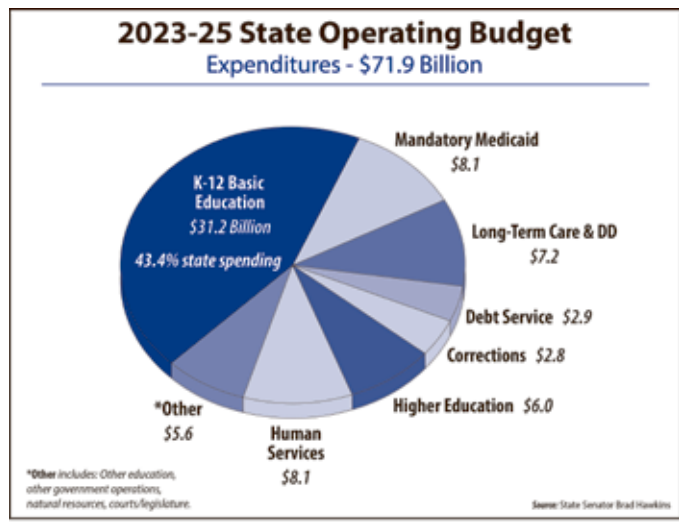
I was honored to host the Apple Blossom Royalty and State Champion Wenatchee High School Girls Volleyball Team at the State Capitol this session. The Royalty were excellent ambassadors for our festival, which is scheduled for April 25 – May 5. Last fall, the WHS Volleyball Team won its first state championship in 40 years. They visited Governor Insee, Reps. Steele and Goehner, and were honored in the Senate.

Looking ahead to next session

The state Legislature meets annually every January. With the three budgets approved and updated for the 2023-2025 biennium, lawmakers will not likely meet again in session until January 2025. The Legislature's makeup could be different depending on new members taking office.

If you have any questions, please contact me at senator-bradhawkins.org or call our Legislative Hotline at 1-800-562-6000. Thank you for the opportunity to serve as your state senator.

Brad Hawkins serves as State Senator for the 12th District.



Community Bulletin Board

Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Garage and Yard Sale Ads are paid events. To submit info call 509-682-2213 or email: ruth@ward.media

March 16 St. Patty's Top Dog Parade



RUTH KEYS /WARD MEDIA FILE PHOTO

Dogs of all sizes, shapes and dressed in their green apparel along with their owners, and enjoyed the warm sunshine during the 2023 St. Pat's Top Dog Parade.



RUTH KEYS /WARD MEDIA FILE PHOTO

Several preschools with students and parents marched the parade route dressed in their green for the 2023 St. Pat's Top Dog parade.

CHELAN - The Wayne Kelly Memorial St. Patty's Top Dog Parade will be held on Saturday, March 16, starting at noon in downtown Chelan. Dress up yourself, dogs, children, and cars in green and join in the fun. Staging for the parade starts at 11:30 a.m. behind Wells Fargo Bank.

Shamrock Shuffle: March 16

CHELAN - The Shamrock Shuffle is coming. Get your green on and walk, run, or shuffle along with the Lake Chelan Lions Club on Saturday, March 16. This 5K event supports the Lake Chelan Lions Club program to send kids with Type One Diabetes to Camp Stix and promote local awareness about Diabetes for all ages. There will be Best Dressed prizes for male, female, child and dog. All ages are welcome on Saturday, March 16 just prior to the Top Dog Parade in downtown Chelan. Registration will be 8:30-9:15 a.m. in the the covered area at Riverwalk Park, with the run starting at 9:30 a.m. Bring your Kelly Green Beanie you received if you participated last year and receive a 2024 pin to wear on it. New Beanies and pins will also be given out. Register now at EVENTBRITE.com and search Shamrock Shuffle 5K.

Free Blood Pressure Checks: March 13, 20

LAKE CHELAN VALLEY - The Chelan Valley Community Nurse program does not require insurance or a physician's orders and is available to provide blood pressure and medication checks to vulnerable seniors and others who need assistance and guidance with medical needs. They also provide referrals to additional community resources. The nurses are currently providing free, weekly blood pressure checks to the public starting at 11:15 a.m.-12:30 p.m. on Wednesdays at the Chelan Senior Center at 534 E. Trow Avenue. If you have questions about their organization, please call Catharine at 509-679-9059 or email

them at chelanvalleycommunitynurse@gmail.com. Donations are gratefully accepted; PO Box 2987, Chelan 98816 or at facebook@ChelanValley-CommunityNurse.

SAIL Exercise Classes: March 13, 14, 15

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

Chelan Senior Meals: March 13-15, 18-20

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is now \$5. Fee for persons under age 60 is now \$12. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at www.octn.org and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. March 13: Country Fried Steak, Mashed Potatoes/Gravy, Chuck Wagon Corn, Tossed, Green Salad, WW Roll, Apple Crisp; March 14: Scalloped Potato and Ham Casserole, Buttered Peas, Pineapple, WW Roll, Oatmeal Cookies; March 15: Ryebein Sandwich, Jo Jo's, Spiced Salad, Mandarin Oranges, Dessert; March 18: Cheeseburger Pie, Pea Salad, Fruit Tray, Dessert; March 19: Baked Fish, Rice Pilaf, Normandy Veggies, Tossed Salad, Apple Celery Salad, Garlic Bread, Dessert; March 20: Veggie Lasagna, Caesar Salad, Orange Quarters, Dessert.

Chelan Valley Hope: March 13-14, 18-21

Serving Chelan, Manson, Chelan Falls, Bridgeport, Mansfield, Waterville, Orondo
CHELAN - It's Disability Awareness Month and during this month Chelan Valley Hope would like to bring awareness to inclusion, resources, and accessibility. At Hope, we take several steps to accommodate clients with disabilities and ensure they have equal access to the services and resources offered. Hope offers Sight and Hearing Assistance with the Lions Club. The Cornerstone building has designated handicapped parking along with a handicap-accessible entrance and bathroom. Then, our wonderful team is ready to provide access support for clients with hearing, speech, or learning disabilities. March provides an opportunity to come together to celebrate diversity, promote accessibility, and advocate for the rights of people with disabilities. For more information about donations, services, or volunteer opportunities, you may call or visit us Monday - Thursday, 9 a.m.-3 p.m. (closed Noon to 1 p.m.), and speak with one of our helpful volunteers.

Zumba Fitness: March 13, 14, 15

MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), 8:30-9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

Latex paint now accepted - Drop off Saturday, April 6

WENATCHEE - Drop-off Saturday is held at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday

at the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>

Thrive Teen Center: March 14, 19, 21

CHELAN: The Thrive Teen Center will be open on Tuesdays and Thursdays from October-May. The hours are 3:30-6:30 p.m. and dinner is served each night. The Teen Center is located in the basement of the Lake Chelan United Methodist Church and is available to all middle and high school students in the valley. There are volunteers to help with homework, pool tables, board games, air hockey, craft supplies, foosball, free clothing and hygiene closets, and more. If you have any questions, email stefani@thrivechelanvalley.com.

Chelan Museum: March 14-16

CHELAN - The Chelan Museum will reopen Friday, March 1. Hours will be Thursday-Saturday 11 a.m.-3 p.m. For more information: 509-682-5644.

Lions Club: March 21

MANSON - The Lake Chelan Lions Club holds bi-monthly meetings at the Manson Parks Building at 142 Pedoi St. in Manson. Meetings are held the 1st and 3rd Thursdays of each month at 9 a.m.

VFW #6853 Post Coffee/Donuts: March 15

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

Glass recycle: March 16

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m. to noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials pro-

duced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the

community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to www.g11glassrescue.org, and click on the volunteer tab on the home page.

More events at www.lakechelanmirror.com

Erma Faletto celebrates 100th birthday

Ward Media
Lake Chelan Mirror

WENATCHEE - Erma Joyce Faletto, formerly of Chelan, celebrated her 100th birthday at Prestige Colonial Vista Senior Living in Wenatchee on March 2, with family and friends in attendance.

Erma was born on February 29, 1924, in Troy, Idaho. She moved to Omak, Washington at age two, before moving back to Troy at age 12. While at Troy High School, Erma played basketball on the school's State Championship team and was honored as an All-State player. In 1942, Erma moved to Chelan and in 1944 married Martin Faletto on February 27. They were married for 56 years. She made her home in Chelan until 2006 before moving to Wenatchee where she now resides.

She has two children Janell Faletto Hinckley (Bob) of Issaquah and Terry Faletto (Bonnie) of Chelan; five grandchildren Jonas Hinckley (Amy) of Portland; Kyle Hinckley (Alicia) of Queen Creek, Arizona; Aaron Faletto (Pamela) of Newcastle, Washington; Andy Faletto (Jenny) of Chelan; and Amy Hitchcock (Dave) of Papamoa Beach, New Zealand; 12 great-grandchildren Archer and Bishop Hinckley; KJ



COURTESY OF BONNIE FALETTA

Erma Joyce Faletto celebrated her 100th birthday with family and friends on March 2 in Wenatchee.

and Prescott Hinckley; Colin, Katelyn, and Laura Faletto; Luca and Trevor Faletto; and Henry, Tilly, and Tommy Hitchcock.

Before retiring, Erma worked with Martin operating Chelan's historic Ruby Theater for 22 years. She also enjoyed packing apples part-time at North Country and other Chelan warehouses. She retired in 2000.

Those wishing to send cards can send them to: Erma Faletto, 601 Okanogan Avenue #103, Wenatchee, WA 98801



Thomas H Anglin

6/16/47-10/13/23

Celebration of Life will be held on March 23, 2024, 2:00 p.m. Northshore Bible Church 123 Wapato Point Parkway Manson, Washington.

Conrad Clementson

Conrad Clementson age 85, of Chelan, Washington passed away in Snohomish County, Washington on March 3, 2024. Precht Rose Chapel will be handling the arrangements for the family.

Joy Ross

Joy Ross age 90, of Chelan, Washington passed away on March 2, 2024. Precht Rose Chapel will be handling the arrangements for the family.

Teresa Crandall

Teresa Crandall, 64, of Chelan, Washington passed away on January 16, 2024. A Celebration of Life will be held at the Lake Chelan Eagles on March 16, 2024 from 1:00 p.m. to 4:00 p.m. Bring your stories and join us for some light refreshments and reflections.

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CHURCH GUIDE



• CHELAN

CHELAN CHRISTIAN CHURCH
Morning Worship 10 am
509-682-2025 • 210 E. Wapato Ave.
Pastor Mark Wilton

CHURCH OF THE NAZARENE
Sunday School 10 am
Worship 11 am & 6 pm
Youth Group - Friday 7 pm for 13-18 years of age
509-682-5135 • Sanders St. & Okanogan Ave.

LAKE CHELAN LUTHERAN CHURCH
Please join us for Sunday Worship In Person or via
Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.
509-682-9063 • 216 W. Nixon Ave.

• CHELAN

LAKE CHELAN UNITED METHODIST CHURCH
Worship 10 am
509-682-2241
Corner of Johnson & Emerson

ST. ANDREW'S EPISCOPAL CHURCH
Worship 10 am
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816
509-682-2851
www.standrewschelan.org

• MANSON

MANSON UNITED METHODIST CHURCH
10:00 am Worship,
Holy Communion the first Sunday of the month
"Come as you are, all are welcome"
687-3311, at the corner of Green and Boetzkes
Sermon-by-Phone 509-423-7514 to hear
our own Pastor Mike O'Neal deliver his weekly sermon

• METHOW

METHOW CALVARY CHAPEL FELLOWSHIP
1107 HWY. 153 • Methow, WA 98834
Pastor Jason Getzin • 509-923-2782
Visit us at Youtube
@Through the Bible with Pastor Jason
Please see our facebook for special guest speakers!
www.facebook.com/methowcc

"With men this is impossible; but with God all things are possible."

- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • ruth@ward.media

Spring Sports

Chelan, Manson, Entiat

BASEBALL - SOFTBALL - SOCCER - TENNIS - TRACK - GOLF



CHELAN ATHLETE OF THE WEEK



Estee Flynn

Sophomore Estee Flynn played her first ever varsity singles tennis match at the opening jamboree, and played the best tennis she's ever played. She was only narrowly defeated by Omak's #1 singles player by a score of 6-8, and in her follow-up match, rattled off 7 games in a row to defeat her Manson opponent 8-3. Congratulations Estee!



BOYS VARSITY BASEBALL

Mar. 16	Chelan vs. Colville; Away at 12 p.m.
Mar. 16	Manson vs. Warden; Away at 11 a.m.
Mar. 16	Manson vs. Warden; Away at 1 p.m.

GIRLS VARSITY SOFTBALL

Mar. 14	Chelan vs. Tonasket; Home at 4:30 p.m.
Mar. 19	Manson vs. Bridgeport; Home at 4 p.m.

BOYS VARSITY GOLF

Mar. 14	Chelan vs. Ephrata; Lakeview GCC at 2:30 p.m.
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GIRLS VARSITY GOLF

Mar. 14	Chelan vs. Ephrata; Lakeview GCC at 2:30 p.m.
Mar. 15	Chelan - Wenatchee Valley Girls Invitational @ Eastmont at 11:30 a.m.

BOYS & GIRLS VARSITY TENNIS

Mar. 13	Manson vs. Pateros; Away at 4 p.m.
Mar. 15	Manson vs. Cashmere; Away at 4 p.m.
Mar. 16	Chelan vs. East Valley; Away at 11 a.m.
Mar. 19	Chelan vs. Quincy; Home at 4 p.m.

BOYS VARSITY SOCCER

Mar. 13	Chelan vs. Liberty Bell; Home at 4 p.m.
Mar. 14	Manson vs. Okanogan; Home at 4:30 p.m.
Mar. 15	Chelan vs. The Bear Creek School; Home at 4:15 p.m.
Mar. 16	Chelan vs. The Bear Creek School; Away at 2 p.m.
Mar. 16	Manson vs. Oroville; Away at 11 a.m.
Mar. 19	Chelan vs. Quincy; Home at 4 p.m.
Mar. 19	Manson vs. Tonasket; Home at 4:30 p.m.

BOYS VARSITY TRACK

Mar. 14	Chelan - Bridgeport Jamboree Track Meet at 3:30 p.m.
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SCOREBOARD BOYS VARSITY SOCCER

Mar. 9	Chelan 0, Colville 0: Tie
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Chelan High School Baseball PreSeason Outlook

By EVAN REISTER
Chelan High School Athletics

CHELAN - CHS Baseball looks to make its 6th straight State Tournament appearance.

Coming off a 15 and 9 record and a 1st place finish in the Caribou Trail League, the Goats open this weekend with a Jamboree at Mountain Goat Field starting at 11am. Manson and Warden will be in attendance as well.

Mountain Goat baseball welcomes a new head coach in Brandon Boyd. Boyd was an assistant for the past 7 years and steps in to take over for Coach Papasadero. Boyds will be assisted by Damian Smith, Michael Mack, and Former CTL MVP Gage Estes.

Win/Loss Record
Last Season: 15-9

CTL Place in Standings Last Season: 1st place tie

Number of Returning Players: 4 letter winners

Number of Seniors: 2

Number of All-Conference Returners: 3

Notable Leading Returning Players:

Lukas Hollenbeck - Senior (1st Team All League)
Ryan Rainville - Senior
Kellen Reinhart - Junior (2nd Team All League)

Tanner Orestad - Freshman (Honor Mention All League)

Notable Newcomers:

Christian Cruz - Junior
Maddoc Finch - Freshman

Notable Player Losses from Last Year:
Braiden Boyd - Pitcher (1st Team All League)
Austin McCardle - Catcher (1st Team All League)

General Season Outlook:

The Goats are coming off a solid 15-9 record and a shared 1st place standing in the CTL from the previous season. Retaining their entire pitching staff, except for Braiden Boyd, the team is poised to rely on their experience on the mound. With two seniors and four returning letter winners, the Goats anticipate integrating new faces into the lineup and look to their younger players for significant contributions.

Player to watch, Luke Hollenbeck, has undergone notable physical development during the off-season, showcasing growth that's impressive even for a 1st Team All-League player. Ryan Rainville's veteran leadership is expected

See **BASEBALL OUTLOOK** Page A10

Chelan High School Tennis PreSeason Outlook

By EVAN REISTER
Chelan High School Athletics

CHELAN - Mountain Goat Tennis looks to reclaim its CTL tennis title after finishing the season undefeated in league for both the boys and the girls.

Head Coach Marty Rothlisberger in his 22nd year is excited for the upcoming season and the large turnout for the team.

This season Marty will be assisted by multiple coaches including Christie Rothlisberger, Megan Ellis, Katelyn Deal, Britt Guertin, Cynthia Duffus, Alan Grossberg, and Frants Holm-Nielsen.

The Goats open their season this Saturday 3/9 with a jamboree that includes Omak and Manson at Lake Chelan Shores.

Win/Loss Record Last Season:

- Boys: 8-0 in CTL, 11-3 overall

- Girls: 8-0 in CTL, 13-1 overall

CTL Place in Standings Last Season:

- Boys: 1st in CTL

- Girls: 1st in CTL, District Champs, 3rd in State

Number of Returning Players:

- 14 girls, 12 boys

Number of Seniors:

- 6 girls, 7 boys

Returning Letter Winners:

Boys:

- Rylen Moody: CTL Player of the Year, 1st Team All League, 5th in 1A State

- Cray Silva: 2nd Team All League, 11-5 regular season

- Tristan Sanderson: All League Honorable Mention, 11-3 regular season

- Wade Sanderson: All League Honorable Mention, 11-5 regular season

- Caleb Sanderson: 10-4 regular season

- Ian Garfoot

- Sawyer Jeffries

Girls:

- Maya Cowan: 1st Team All League, 2nd in 1A State girls doubles, 10-2 regular season

- Josie Garfoot: 2nd Team All League, 17-1 regular season

- Ellie McLemore: 2nd Team All League, 14-5 regular season

Notable Newcomers:

Boys:

- George Neff (12th), Sean Rynd (10th): Practiced with the varsity last year and will challenge for varsity playing time this year

- Elijah Moody (9th): Made strong improvements in the offseason

- Angel Mendez (9th): First-year player with an impressive first week of practice

- Owen Sanderson (8th): Bright future, rallying with the varsity at a young age

Girls:

- Brooklyn Foyle (9th): Practiced with the varsity as an 8th grader in 2023, a key player this year

- Madeline Cowan (9th): Strong JV player last year with significant offseason improvements

- Taylor Hatherell (11th), Estee Flynn (10th), Keira Gjerde (11th), Josie Bekel (9th): Top JV players last year, challenging for varsity roles

- Alison Horner (9th), Kyla Otom (11th): First-year players with an impressive first week of practice

Notable Player Losses from Last Year:

Boys:

- Luke Christopherson (international exchange): 2nd Team All League, State Tournament alternate in boys doubles

Girls:

- Liv Strandberg: 2nd Team All League, 12-4 regular season

- Caelan Rothlisberger: 2nd

Team All League, 13-6 regular season

- Piper Grossberg: 1st Team All League, 2nd in 1A State girls doubles, 16-1 regular season

- Arden Paglia: 2nd in CTL, 1st Team All League, State Tournament appearance in singles, 11-4 regular season

- Candice Ducrocq: 8-4 regular season

- Irene Hernandez

General Season Outlook:

Boys: Despite losing two all-league players, the boys' team returns from an undefeated CTL season, boasting a majority of the varsity lineup. With CTL Player of the Year Rylen Moody leading the charge, the team anticipates seamless competition with top regional teams right from the start.

The ladder showcases consistent talent, ensuring a strong performance across all positions.

Girls: Last year's triumphant girls' team, securing consecutive league and district titles and placing 3rd at state, faces a significant roster turnover.

Graduating 7 out of the top 10 players, the team will rely on returning seniors Maya Cowan, Josie Garfoot, and Ellie McLemore for leadership.

The infusion of new, talented players from last year's dominant JV squad brings optimism for significant growth throughout the season.

Despite the initial challenge, the girls aim to compete strongly against top regional teams in the latter part of the season.

For the latest information on the Chelan Mountain Goats, visit chelanathletics.com

Chelan High School Track and Field PreSeason Outlook

By EVAN REISTER
Chelan High School Athletics

CHELAN - CHS Track and Field look to start their season at the Bridgeport Jamboree on 3/14.

The Goats Track and Field Team will have a new head coach in Michael Dols.

Michael is a graduate of Chelan and a state champion multiple times during his time here at CHS. He is joined by his staff that includes, Mark Anderson, Eric Romero, and Chris Fayant.

With large numbers this spring the track team is excited to compete within the CTL and throughout North

Central Washington.

CTL Place in Standings Last Season:

- Boys: 5th

- Girls: 5th

Number of Returning Players: 25

Number of Seniors: 8

Number of All-Conference Returners: 5

Notable Leading Returning Players:

Boys:

- Lance Gogal: Honorable Mention CTL in 2023, Placed 1st in Districts with a 11.50 100m.

- Cesar Padilla: Top freshman in CTL in 2023 in both Shot Put and Discus. PR's of 35' 11.5" in Shot and 123"0" in

Discus.

- Holden Alteio: Finished 2nd at Districts in the 800m as a freshman with a 2:06.77 (PR)

Girls:

- Abby Ludwig: Finished 2nd at Districts in the 3200m as a freshman with a 13:23.40

- Peyton Bodle: 1st place at CTL Championships, 2nd in Districts in Javelin with a PR of 108'0"

Notable Player Losses from Last Year:

- Jason Pritchard: 1st place in Javelin at districts, 12th place at state. 124'9" PR

- Olga Filipovic: 2nd in 110m hurdles at districts

See **TRACK OUTLOOK** Page A10

Women's HEALTH



5 common health conditions that affect women

MENTAL HEALTH

Did you know?

HEAR TO THRIVE

Millions neglect hearing loss signs, risking safety and well-being

Advocating for equal treatment and comprehensive care

It isn't every day that a woman goes to her primary care provider's office for medical care. Most of us are living busy lives, and healthcare, frequently, is not priority one. So, when we do find time to see our PCP, we hope the visit is efficient and effective. We hope our preventative care screenings, like pap smears and mammograms and bone scans, all come back with negative and normal results. And we really hope – yes, this is a big one – that our concerns are heard and addressed.

It is true that women are frequently treated differently than men in medical settings. Studies have shown that, for pain of the same severity, women wait significantly longer for pain treatments than men. Women are prescribed less and weaker pain medications than men after similar major surgeries such as coronary artery bypass, even after accounting for weight differences. Women are more likely to be prescribed sedatives rather than pain medications. In fact, a well-known study from 2000 showed that women are seven times more likely than men to be misdiagnosed and discharged while having a heart attack. (N Engl J Med, 2000) A more recent study showed that middle-aged women with chest pain and other heart disease symptoms were twice as likely to be diagnosed with mental illness compared to men with the same symptoms. (J Women's Health, 2008)

Treatment disparities are not limited to pain management, or to women. Medical conditions involved include everything from mental health diagnoses to chronic disease management to substance use disorder



LAUREN KENDALL, MD
Family Physician,
Clinic Medical
Director
Cascade Medical
Center

treatment to hormone therapy and beyond. People who are Black, Asian, Indigenous, Latinx, ethnically diverse, and gender diverse encounter more unequal treatment. Discrimination of women within these groups is further magnified.

Feeling a little defensive? This is not an article intended to demonize medical professionals or men, or to stress the women who worry they don't seek or explain their issues effectively. We are all living and working within a complex culture and medical system, and we're doing what we can to succeed. The vast majority of medical professionals, women, and men I know would never intentionally treat people differently based on gender.

Instead, I want to take this opportunity to let women know that the issue of treatment inequality is well-known. If you feel unheard, you are probably not imagining it. If you feel misunderstood, you are not alone. We want to hear you, we want to see and understand you. In the medical world, we absolutely want to work with you to address your concerns. The honest truth is, sometimes we need your help to hear and to truly listen.

So, I encourage you to come to your medical provider's office and tell us how you feel. Tell us how you REALLY feel. Please don't worry about things you might think are too embarrassing, or too personal, or too emotional – we must know your true experiences to match them with support and/or solutions. It's ok to be nervous. It's ok to be frank. It's ok to bring a friend or family for emotional support if that is helpful, and it's ok to ask them to step out for a moment (or

even the whole appointment). If you feel something is off but you can't pinpoint what, say that. And, if you feel what we are doing to help is not working, say that too.

When a medical professional offers a solution, it's almost universally based on information presented, experience, and many years of training. If, however, that solution does not address the problem, say something. So often, people get discouraged or frustrated and just give up. Please don't! Come back to the clinic and tell us what is going on, as solutions and treatment often come in a step-wise pattern and we very likely have another step of the plan in mind. It's ok to take notes or make bullet points for yourself – bring your thoughts, your questions, your theories and we can work together to keep moving forward in the interest of your health.

An ounce of prevention is worth a pound of cure, and

prevention thrives in family medicine clinics such as ours. Here are preventative medicine screenings most women should be sure to address with their primary care provider. (* denotes available at Cascade Medical)

- **Pap smear*** – screening for cervical cancer; most women between the ages of 21 and 65, usually every 3-5 years.
- **Mammogram*** - screening for breast cancer; most women over 40, every 1-3 years
- **Cologuard*** (take home test) or **Colonoscopy*** - screening for colon cancer; starting at age 45, every few years depending on results
- **DEXA scan*** – screening for osteoporosis (bone thinning); some women over 50 and most women over 65, as often as every 2 years
- **Low-dose CT scan*** - screening for lung cancer; certain women with a

history of smoking who are also between 50 and 80, every 1 year

- **Bloodwork including cholesterol*** – screening for blood disorders; most women 25 and older, every 1-3 years
- **HIV screening*** - recommended for all at least once between 13 and 64 years old
- **Hepatitis C screening*** - recommended for all at least once at 18 years and older, recommended for women with each pregnancy
- **Screening for depression and anxiety*** - all people 13 and over, every 1 year

Yes, all of these preventative care tests are available at Cascade Medical. We firmly believe in knowledge and in prevention when possible.

When prevention is not possible and further studies or treatments are needed, please be aware that Cascade Medical also offers many other tools like physical and occupational therapy, cardiac testing,

Xrays, diagnostic CT scans, and so much more. We now have a cardiac rehabilitation center. We can provide hormone therapy for perimenopausal and menopausal women. We also have a new LGBTQIA+ resource page (<https://cascademical.org/lgbtqia>), and we can discuss and provide hormone therapy for gender-affirming care. We'll soon have colposcopy services for women with abnormal pap smears. We always have dietitian and counseling services.

This Women's History Month, I want all women, girls, people assigned female at birth and people who identify as female to know that we in medicine realize the world isn't perfect, nor are any of the folks in it (including ourselves!). But, you as a patient can prepare, trust others, and advocate for yourself and each other when you see your PCP. You deserve to be fully heard and we want to listen.



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Women's HEALTH

8 things women should know about stress

Stress can be paradoxical. A certain amount of stress can motivate people to get things done. But having too much can cause a person to resist doing anything at all. The Cleveland Clinic says stress is the body's response to daily events that occur in life. When stress becomes chronic, it can be negative and destructive, making it hard to adapt and cope.



Chronic stress is a concern for many women. The Office on Women's Health says women are more likely than men to report symptoms of stress, including headaches and upset stomach. They're also more likely to have mental health conditions that are exacerbated by stress, including anxiety and depression.

Learning the facts about stress can help women care for their mental well-being. Here are eight things to know.

1. Stress can manifest in emotional, cognitive or physical symptoms. Notable physical symptoms

include muscle tension and headaches as well as fatigue and low energy. Emotional symptoms may include increased worry, mood swings or irritability.

2. Stress can lead to unhealthy habits. Women have higher risk of overeating due to stress, and may become inactive or smoke to cope with stress, says the American Heart Association.

3. Common causes of long-term stress include poverty and financial

worries. Women in poverty who care for children or other family members may develop more severe stress, says the Office of Assistant Secretary for Health.

4. Women respond to stress differently. Healthline indicates women have a higher percentage of perception of stress than men, and also are more apt to realize they must manage it. Seventy percent of women have tried to reduce stress over the past five years.

5. Research reported on by the American Psychological Association says women are more likely to internalize stress, leading more readily to both physical and mental disorders. Men tend to be better at disassociating from stress.

6. Women are more likely to cancel plans due to stress than men, despite realizing they could use more social support.

7. Stress can disrupt hormonal balance in women, leading to menstrual irregularities.

8. Stress can trigger increased pain sensitivity, making women more prone to tension headaches and migraine attacks.

Stress can take its toll on anyone, including women. Recognizing help is needed, setting measurable targets and being realistic about managing stress can help women feel better.

Family Health Centers Brings Personalized Care to Our Pregnant Patients

Here's How...
BY FAMILY HEALTH CENTERS

The establishment of the Women's Health Care Coordinator position in 2021, funded by a CHPW grant, aims to enhance the quality of care provided to our OB patients. This role takes an inclusive approach to serve as a pivotal point of contact, enabling patients to communicate their individual needs and preferences for personalized care.

Upon confirmation of a positive pregnancy test, we initiate comprehensive patient tracking to ensure the availability of all pregnancy-related benefits. Through proactive discussions that feature cultural humility and active listening, we introduce available resources and programs to support our patients at every stage of their pregnancy journey.

Our support extends to facilitating internal referrals and services such as WIC benefits, dental examinations, assistance with insurance enrollment, childbirth classes, facilitation of insurance rewards where applicable, access to child safety technician

services, distribution of newborn care packages, coordination of breast pump requests, assistance with FMLA paperwork, provision of postpartum birth control options, and referral to specialists as needed.

The Women's Health Care Coordinator role also streamlines the exchange of obstetric records between our clinic and delivery hospitals, ensuring seamless transfer of essential information. By overseeing the entire medical chart, laboratory tests, and imaging during pregnancy, we maintain a centralized record of each patient's prenatal and postpartum care, enhancing efficiency and coordination.

Collaboration with external organizations is a cornerstone of our approach, as we actively engage with partners to optimize care delivery for our patients and the wider community.

Family Health Centers is committed to providing excellent, inclusive and relevant care to growing families in our community that demonstrates respect for their individual needs, preferences and culture."

5 common health conditions that affect women



can recognize that various conditions and diseases are more common than others. The following are five common and notable health issues affecting women today.

• Heart disease: Heart disease affects more than 60 million women in the United States and is the leading cause of death for women. Heart disease can affect women of all ages. Despite this, the Centers for Disease Control and Prevention says only 56 percent of women recognize the prevalence of heart disease. In addition, it's important to note that most women between the ages of 40 and 60 have at least one or more risk factors for heart disease and likely do not even realize it.

• Breast cancer: Routine mammograms and other

breast cancer screenings can help women detect breast cancer at its earliest stage when it is most treatable.

• Cervical and ovarian cancer: Cervical cancer originates in the cervix, which is part of the lower uterus, while ovarian cancer begins in the fallopian tubes and ovaries. Pap smears can detect cervical cancer, but currently there is no screening test for ovarian cancer. A pelvic exam and ultrasound or other imaging may be recommended if doctors suspect the presence of ovarian cancer.

• Reproductive health issues: The Orlando Clinical Research Center says that reproductive issues can have a major affect on women's

quality of life and overall health. Some common issues include uterine fibroids, gynecological cancers, interstitial cystitis, endometriosis, and polycystic ovary syndrome. Pain, heavy or irregular periods and other discharge may be symptoms of these types of conditions.

• Mental health concerns: Rates of anxiety and depression are higher among women than men. The Anxiety Disorders Association of America reports that, from the time a girl reaches puberty until about the age of 50, she is twice as likely to have an anxiety disorder as a man. Recognition of the most common health issues to affect women can help them get the care they need to live long, healthy lives.

Men and women share various health concerns. However, certain health issues affect women differently and more frequently than men. In addition, certain health conditions, such as cervical cancer, are exclusive to women.

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Empowering Women Through Literacy Health

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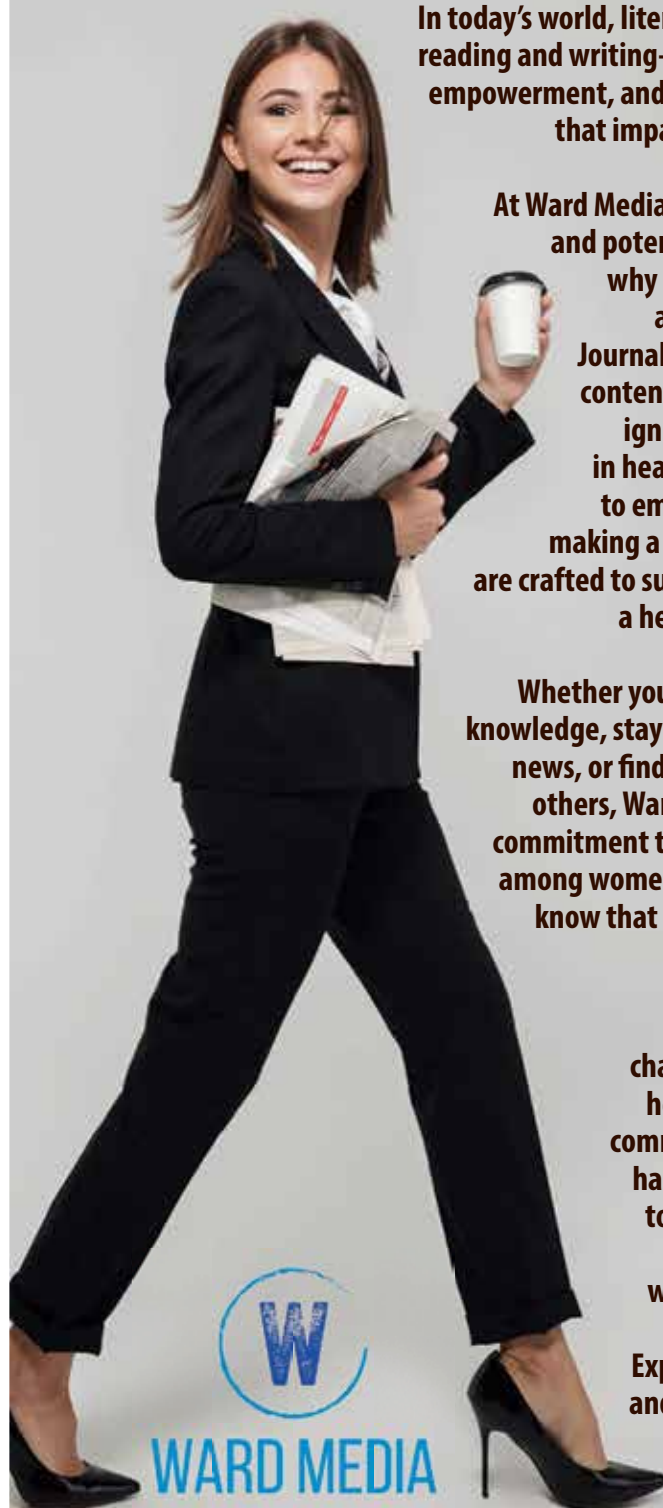
In today's world, literacy health is not just about reading and writing—it's about understanding, empowerment, and making informed decisions that impact our lives and well-being.

At Ward Media, we believe in the strength and potential of every woman. That's why our community newspapers and the Wenatchee Business Journal are dedicated to delivering content that informs, inspires, and ignites change. From the latest in health trends and wellness tips to empowering stories of women making a difference, our publications are crafted to support your journey towards a healthier, more informed life.

Whether you're looking to enhance your knowledge, stay abreast of the latest health news, or find inspiration in the stories of others, Ward Media is here for you. Our commitment to promoting literacy health among women is unwavering because we know that when women are informed, they are unstoppable.

Join us at Ward Media as we champion the cause of literacy health. Together, let's build a community where every woman has the information she needs to thrive. Ward Media: Where literacy meets health, and women meet their potential.

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Women's HEALTH

Millions neglect hearing loss signs, risking safety and well-being

"What's that?" My friend leans over the table. I try to keep a smile on my face and to not sound as frustrated as I feel. I repeat myself again. "I said 'Maybe we should go camping at Beebe this summer, last year was fun'" and mutter under my breath "Why do I always have to repeat myself?" My friend smiles at me and nods, but I know she still didn't understand what I said. I sigh and stand up, move closer and tell her earnestly "Have you noticed that you don't hear me very well?" She blushes and shakes her head at me, "I'm fine, it's just that you've got to speak up a bit."

My friend is not alone. There are an estimated 48 million

Americans experiencing some degree of hearing loss. On average, people wait seven years from the time they first notice trouble hearing to getting their hearing tested. Many people feel like they're getting by with their hearing loss, or that having it is a natural part of aging. But ignoring hearing loss can have substantial consequences. These consequences include negative impacts on academic and career success, social relationships, physical safety (e.g., increasing the risk of falls and/or not heeding warning signals such as smoke alarms), and even



MEGAN CARTER
DOCTOR OF
AUDIOLOGY
OWNER,
BETTER
HEARING

cognition as one ages (including earlier onset of dementia). Hearing plays a crucial role in alerting us to potential dangers in our environment, such as approaching vehicles, alarms, or emergency sirens. Protecting your hearing ensures that you can remain vigilant and react appropriately to potential safety hazards. Have you ever noticed how noisy our world is? Loud noises like power tools, heavy equipment, fireworks, and live music can be hazardous to our hearing. Exposure to loud noise is the

most common cause of hearing loss, and it is preventable with some simple steps.

- **Protect yourself from excessive noise.** Wear hearing protection (well-fitting earmuffs for young children and earplugs for older children and adults) when you're in noisy environments. Take a listening break and leave noisy areas at least once per hour to give your ears a rest and be mindful of the volume on your personal devices such as smartphones and tablets. This is especially important when you use earbuds and headphones. Keep the device volume to

half or less. Hearing loss can often be overlooked or dismissed as a temporary inconvenience. Understanding and recognizing the signs of hearing loss is crucial for early intervention and effective management.

- **Learn the signs of hearing loss.** Signs include ringing, buzzing, or pain in the ear; having difficulty following a conversation when more than one person is talking; having trouble hearing in noisy places like a restaurant or on the phone; and frequently perceiving that sounds seem muffled or people seem to be mumbling. In children, signs of hearing loss can also include pulling or tugging at their ears, displaying delays in speech and language development, or seeming unhappy or socially isolated. Learn more at <http://IdentifytheSigns.org>.

If you suspect you have a hearing loss, it's important to take proactive steps to address the issue. Schedule a hearing test with an audiologist, a professional who specializes in the prevention, diagnosis, and treatment of hearing loss. Not sure where to start? Talk to your primary care provider about your concerns and they can lead you in the right direction.

It took my friend a while, but she eventually heeded my advice and got her hearing checked. Her hearing loss was treatable through the use of hearing aids. She is amazed at the things she can hear now, even things she didn't know she was missing. She often tells me she wished she didn't wait so long to do something about her hearing. As for me, I'm glad I don't have to repeat myself as much as I used to.

For more information about hearing loss, visit the American Speech Language Hearing Association's website at www.asha.org/public and the Hearing Loss Association of America website at www.hearingloss.org.

Megan Carter, AuD, is an audiologist and the owner of Better Hearing in Wenatchee and Omak.

Warning signs of developing mental health issues

Various mental illnesses are more common among women than men, including depression and anxiety. The Mayo Clinic says it's common to have mental health concerns from time to time, but when one of those concerns becomes frequent or affects one's ability to function, it becomes an illness.



According to Clearview Treatment Programs, women often live with mental illness for months, even years before seeking treatment. Individuals may not realize the severity of their conditions, or they may mistake mental illness for stress or feeling overwhelmed. Even though the stigma surrounding mental health issues has decreased considerably in recent years, women still face societal barriers, says McLean Mass General Brigham Hospital. Women may not be inclined to discuss their issues and, in turn, fail to receive prompt

care. Signs of mental illness vary, depending on the disorder and additional variables. A condition may affect a person's emotions, behaviors and thoughts. Some signs of a burgeoning mental illness include:

- Significant changes in sleep habits, which may include sleeping more or not at all.
- Changes in eating behaviors, which may

include binge eating or going without food.

- Women tend to internalize mental illness, and symptoms can include ruminating, withdrawal from activities and generally retreating from life.
- Physical conditions that cannot be explained, such as headaches, stomach aches, chronic pain, and even high blood pressure.
- Emotional lability, which

means rapid mood swings from happiness to anger and sadness.

- Confused thinking or a reduced ability to concentrate.
- Excessive fears or worries.
- Detachment from reality, resulting in delusions.
- Trouble relating to situations and people.
- Changes to sex drive.
- Excessive anger or hostility.
- Suicidal thoughts or attempts.

Mental illness can affect anyone. According to research, women may have a higher propensity to develop certain mental health conditions and thus need to be aware of the symptoms of those disorders. Anyone in crisis should call 911 or their local emergency number immediately. In the United States and Canada, women can call or text 988 to reach suicide and crisis support.



Women should pay careful attention to their physical health, but it's worth noting the importance of tending to one's mental well-being as well. Data concerning women and mental health highlights some eye-opening disparities between women and men. The American Psychiatric Association says each year one in five women in the

United States experiences a mental health problem. Twice as many women as men experiences depression. In addition, compared with men, women are twice as likely to experience post traumatic stress disorder or anxiety (both generalized anxiety disorder or panic disorder). Women also are more likely to attempt suicide than men, but men are four times more likely to die by suicide. Women exhibit higher rates of various mental health disorders than men (rates of impulse control disorders and substance abuse disorders are higher among men than women). It is important to note that many mental health issues can be successfully treated and women should seek the assistance of a mental health professional if they need help.

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Employment

Help Wanted

PUD No. 1 of Okanogan County is seeking to fill a public information officer position. Please see www.okanoganpud.org for job description and requirements; and submit application with resume. Okanogan PUD is an equal opportunity provider and employer.

www.lakechelanmirror.com

Help Wanted

Utility Maintenance Worker (Full-Time, Weekends Required)
The City of Leavenworth, an equal opportunity employer, is now accepting applications for the position of Utility Maintenance Worker. This position is full-time/permanent, union covered, and requires weekends. Salary range is \$5,073 - \$5,713 per month. Requirements: Minimum 18 years of age and Washington State driver's license with record acceptable to the City. Position will require a pre employment drug/alcohol screening and physical evaluation. This position requires a CDL which means individuals will be subject to applicable federal regulations, including random drug testing. Individuals must be able to work weekends, holidays, and required overtime. Duties involve assistance in basic maintenance and repair of, which includes but is not limited to, garbage and cardboard collection, streets and roadways, sidewalks, ROW maintenance, buildings and structures, municipal water distribution system, sewer and stormwater collection system, cemetery grounds, headstones, restrooms, and which includes but is not limited to the scope of functions and duties listed. The typical schedule is five days per week; although, schedules may vary to support requested needs of the City. Weekend work will be required to accommodate the work demands and service requirements of the City in order to ensure safety, cleanliness, and aesthetic appeal, as well as to meet public needs and standards. The full job description, job application, and instructions on how to apply are available at City Hall, 700 US Hwy. 2, from 9:00 AM to 5:00 PM, online at www.cityofleavenworth.com, or by contacting us at (509) 548-5275. First review date for submitted application(s) is Friday, March 22, 2024. Position will remain open until filled.

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The monthly income range for this position is between \$4,911 and \$5,970. (\$28.33-\$34.44 per hour) Benefits include PERS retirement, medical, dental, vision insurance, paid vacation, holidays, and sick leave. Application materials are located on the City's website: <https://cityofchelan.us/Jo>bs. First review of applications will be Monday March 25th, 2024. Position is open until filled.



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Legals

Public Notices
SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY
Estate of **CRAIG L. DAY, Deceased.**
No. 24-4-01396-0 SEA
PROBATE NOTICE TO CREDITORS
RCW 11.40.020, .030
Jeffrey L. Day has been appointed as personal representative ("personal representative") of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the attorney of the personal representative at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) 30 days after the attorney served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: March 13, 2024. Jeffrey L. Day, Personal Representative Attorneys for Personal Representative: Nicole R. Searing, WSBA #54206 Perkins Coie LLP 1201 Third Avenue, Suite 4900 Seattle, WA 98101 (206) 359-8000 Published in the Lake Chelan Mirror on March 13, 20, 27, 2024. #7417

Public Notices

CITY OF CHELAN CONDITIONAL USE PERMIT APPLICATION SEPA REFERRAL AND REQUEST FOR AGENCY AND PUBLIC COMMENT
March 13, 2024
The City of Chelan has received a land use application for the following proposed project and is seeking agency and public comment.
APPLICATION DETAILS
Agency File Number: CUP2024-01 / SEPA2024-01
Determination of Complete Application Date: March 1, 2024
Project Location: 417 S Bradley St, Chelan, WA 98816
Chelan County Tax Parcel No.: 27-22-13-410-100
Project Applicant: Lake Chelan Food Bank
Applicant's Agent: Jim Batdorf, PO Box 2684, Chelan WA, 98816
PROJECT DESCRIPTION
The proposal includes a 2,200 square feet addition to the south side of the existing 3,200 square foot, food bank facility, along with the construction of a drive-through on the north side of the existing structure.
PUBLIC COMMENT PERIOD
Agencies, tribes, and the public are encouraged to review the proposed project as a Conditional Use Permit and provide comments. Written comments must be submitted by the specified deadline and include your name and contact information for verification purposes. Anonymous comments will not be considered. Comments received after this date must be submitted or presented at the Public Hearing.
Comment Due Date: March 27, 2024, 4 p.m.
HOW TO SUBMIT COMMENTS
Written comments can be submitted via mail or email to: John Ajax, Community Development Director P.O. Box 1669, Chelan, WA 98816
Email: jajax@cityofchelan.us
Phone: (509) 682-8017
PUBLIC HEARING DATE
A public hearing before the City of Chelan Hearing Examiner is scheduled for Tuesday, April 9, 2024, at 2:30 p.m. in the Council Chambers at 135 E Johnson Ave, Chelan, WA. Any person has the right to appear and provide testimony at the public hearing and receive a copy of the Hearing Examiner's decision / recommendation once made. A copy of the application, all documents and evidence relied upon by the applicant and applicable criteria are available for inspection at no cost and copies will be provided at the requestor's cost. A copy of the staff report will be available for inspection at no cost at least ten calendar days prior to the hearing and copies will be provided at the requestor's cost.
ADDITIONAL INFORMATION
SEPA Environmental Review: The City of Chelan, as SEPA lead agency, has reviewed the proposed project for probable adverse environmental impacts and expects to issue a determination of non-significance (DNS). The optional DNS process in WAC 197-11-355 is being used. This may be your only opportunity to comment on the environmental impacts of this phase of the proposed project. A copy of the threshold determination may be obtained upon request. Other Permits: Other required permits not included in the application, to the extent known by the City of Chelan include: Building Permit, Right-of-Way Permit Applicable Policies and Requirements: Project mitigation and consistency will be assessed based on the following development regulations: City of Chelan Comprehensive Plan, City of Chelan Municipal Code, City of Chelan Development Standards, International Building Code (IBC), International Fire Code (IFC), Applicable State and Federal regulations. Required Studies: TBD
Published in the Lake Chelan Mirror on March 13, 2024. #7444

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CRYPTO FUN
Determine the code to reveal the answer!
Solve the code to discover words related to basketball. Each number corresponds to a letter. (Hint: 20 = T)
A. 11 7 19 19
Clue: Toss ball
B. 11 1 21 12 20 19
Clue: Score
C. 4 1 24 14 20
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D. 2 7 19 15 9 20
Clue: Hoop
Answers: A. pass B. points C. court D. basket

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Legislature approves initiative banning state income tax amidst public support and equity concerns

By ASPEN ANDERSON
Washington State Journal

OLYMPIA – An initiative prohibiting imposition of a state income tax was approved on March 5 by the state Legislature. “This is a great day for everyone in Washington,” said Rep. Jim Walsh, R-Aberdeen, Walsh. “Codifying Washington’s long-standing tradition of opposing any state tax on personal income will help working families and local economies... When common-sense conservative policies lead the way, things get better for everyone.”

At the hearing on the initiative, every chair in the joint Senate and House hearing was full and citizens lined up outside the door as citizen-led initiative 2111 was heard.

Overwhelmingly, people signed in to testify in favor of adopting this initiative.

“Taxpayers are waking up to the fact that the problem is not more money for government. It’s a need for better policy,” said Steve Cordon from Concerned Taxpayers of Washington State said. “This lack of trust is really the reason that this initiative is necessary.”

Not all spoke in favor, pointing out that Washington’s tax system is regressive. People with lower incomes pay



ASPEN ANDERSON / WASHINGTON STATE JOURNAL
Every seat was full as the legislature hears the first initiative of the 2024 legislative session.

a higher percentage of their incomes than people at the top of the income scale.

Microsoft manager Sharon Chen said she is one of the 0.2% of Washingtonians who pay the capital gains excise tax. She spoke out about supporting a more equitable tax code in Washington State.

“Shouldn’t the wealthiest pay our share?” Chen asked. “Washington has one of the most upside-down tax codes in the country and wealthy people like me pay a lower effective

tax rate here than in almost any state in the country, and low-income Washingtonians pay a tax rate of 3 times higher than the wealthiest Washingtonians.”

According to the Washington Department of Revenue, low-income households pay 15.7 percent of their income for all excise and property taxes, while the wealthiest households pay only 4.4 percent.

A city council member in Port Angeles, Lindsey Schromen-Wawrin, said Port Angeles

struggles yearly to maintain roads and parks, pay wages to sustain staff, and improve resident safety and welfare. The city has made the state tax structure a major legislative priority.

“For poor communities like ours, decades of disinvestment have left us unable to afford to address our communities’ needs,” Schromen-Wawrin said. “We need the state to step up and raise revenue from the ultra-wealthy and individuals and corporations throughout Washington state that are able to pay what they owe.”

The initiative passed out of the Senate and House and will be delivered to the office or the Secretary of State. It takes effect 90 days after the end of the session.

Sen. Lyna Wilson (R-Vancouver) the Operating Budget leader thinks this is a great action for the state.

“It assures us at least through this year that an income tax cannot be created,” Wilson said. “Not having an income tax is a benefit for us. People move in because there is no income tax.”

The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation. Learn more at wastatejournal.org.

Track Outlook

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General Season Outlook:

Chelan’s track and field team is poised for a competitive season, with several athletes expected to contend for spots at the state level. Notable returners include Lance Gogal, who has proven himself in both

CTL and Districts, and Cesar Padilla, a standout freshman in Shot Put and Discus. The team benefits from experienced leadership, and with District 6 now having two allocations for state, the prospects for multiple qualifying athletes look promising.

Coaches Quote About the Upcoming Season:

“With a fairly young team, we are fortunate to have talented senior leadership from athletes like Lance Gogal and Peyton Bodle, our CTL champion in 2023. Returning state performer Lance Gogal sets the bar high for our team. Seniors, along with top freshmen from last year like Abby Ludwig, Cesar Padilla, and Holden Alteio, contribute to

the depth and potential of our squad. Our coaching staff is enthusiastic about developing our young talent and is committed to sending our seniors out on a high note, aiming for success both individually and as a team.”

For the latest information on the Chelan Mountain Goats, visit chelanathletics.com

Electric Buses

Continued from page A2

over promised before, and we’re hoping this is not another case of that,” Mike Hoover of Washington State School Directors Association, said.

“We are very much in support of the concept of zero emission, but we have to make it work in every area of our state, and that 2027 timeline is coming up very fast.”

Senn explained timeline for compliance has been eliminated. According to Senn, schools are now only required to start the transition to a zero-emission fleet “once the total cost of ownership of zero-emission buses is less than or equal to that of diesel buses.”

If school districts get to this point of the cost evening out and still feel this transition is not feasible, they can “request an extension” for extra time, but it can’t be more than five years.

“I understand the anxiety about this big change, but we just can’t wait any longer,” Senn said. “Our children’s future depends on it.”

Another concern from schools was how functional and reliable these buses are.

“I have attended many informational sessions on electric or zero emission vehicles, and each and every one of these sessions the consistent message is that the technology is not there, but they hope that it will be,” Paul Marquardt, Executive Director of Operations for the Bethel School District.

Marquardt suggested explicitly adding propane and hybrid options to the bill to combat some of their worries.

“The current range of an electric school bus is 75 miles, with a 30% reduction on cold days,” Marquardt said.

“In Bethel, an average bus run is 80 miles. We would not be able to complete one bus run with an electric bus.”

Senn assured this technology exists, and that 24 different models and manufacturers have been identified for schools to choose from.

Leah Missik, of Climate Solutions, stressed the urgency of this legislation.

“When people talk about climate, oftentimes they talk about their grandkids,” Missik said. “But I want to emphasize that climate is not just about our grandkids, but our kids right now.”

Baseball Outlook

Continued from page A5

to be a crucial asset for the team, providing guidance to a younger roster.

Keep an eye on freshman Maddoc Finch, who, despite being a newcomer, has already impressed the coaching staff during the initial week of practice, displaying a level of maturity and skill beyond his grade.

Coaches Quote About the Upcoming Season:

“The coaching staff is thrilled about the upcoming season, fueled by a mix of returning players and dedicated

newcomers with the potential to excel. One of our team’s strengths lies in our pitching staff, featuring the return of All-League pitchers Luke Hollenbeck and Kellen Reinhart, supplemented by promising newcomers Christian Cruz and Maddoc Finch.

“With these four reliable arms on the mound, we believe our pitching staff will hold its own against any competition in the league.

“Our ultimate goal is the ‘trifecta’: winning the league, securing districts, and competing in the state tournament. We’re aiming high, and the team is ready for the challenge.”

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Marie Curie

Helping Through Science

Marie Curie was a scientist in a time when few women had a chance to study science. She won two Nobel Prizes for her discoveries.

She also is the only person – man or woman – to win the Nobel Prize in two different sciences.

A Love of Learning

Marie Skłodowska was born in Poland on November 7, 1867. Her father was a teacher. He taught math and science. Marie loved learning and wanted to study science in college. In those days, Poland’s universities did not allow women.

Marie headed to Paris, where she could study at a famous university called the Sorbonne.

In 1895, Marie married Pierre Curie. He was also a scientist. They discovered two new elements, the tiniest pieces of chemicals. They called one **polonium** after the country where Marie was born. They called the other **radium**. They won a Nobel Prize for this work, making Marie the first woman to win a Nobel Prize.

Marie’s studies of radium led her to make X-rays better so that doctors could better see inside bodies.

Standards Link: Read expository/informational text.

What is an X-ray?

Imagine a special flashlight that’s so strong, its light can go through almost anything, even your body.

Doctors use X-rays to take pictures inside your body to see your bones and other important parts without having to open you up.

Draw a line from each X-ray to the part of the body it shows.

Women in the News

Watch the newspaper for a week or a month for pictures of women who are making a difference. Cut them out and make a collage with everything you find. Can you come up with a name for your collage?

Standards Link: Use a variety of media in art.

Help Marie travel from Warsaw to Paris.

Color each matching piece of lab equipment the same color.

Standards Link: Science: Identify human systems.

Kid Scoop Puzler

What is a Nobel Prize?

The Nobel Prize is one of the most important awards in the world. Nobel Prizes are given in physics, chemistry, medicine, literature, peace and economics. The prizes honor people who have done outstanding work that makes the world better.

Find the two identical medals to see what the Nobel Prize looks like.

Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

WORD LIST: BODY, BONES, BORN, COLLEGE, CURIE, GO, LIGHT, MATH, PARIS, POLAND, PRIZE, SCIENCE, STUDY, WEEK, WORLD

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

Science Helping

Look through the newspaper for a picture of or an article about a kind of technology you use in your life. If this didn’t exist, what would you do instead?

Standards Link: Write to express an opinion.

Write On!

A Woman I Admire

Who is a woman you admire? Explain what you admire about her.

Standards Link: Language Arts: Write using descriptive details.

Kid Scoop Together

Proof It

Are you an eagle-eyed reader? Circle the eight mistakes in the article below. (The first one is done for you.) Then, rewrite the article correctly.

Little Curies Saved Millions

During World War I, Marie Curie wuz a war hero. Her X-ray machines helped doctors save lives. But the X-ray machines were only in large city at that tyme.

Curie inventor the furst “X-ray car” called a “Little Curie.” It was a car with an X-ray machine and a darkroom to print the X-ray images. Her car was driven to battlefields, and army surgeon used the X-rays to guide life-saving surgeries.

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