February 28, 2024

The Leavenworth Echo

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Upper Valley News Since 1904 A Ward Media Publication

Ieavenworthecho.com



Upper Valley Empty Bowls Gala and Artist Bowl Auction set for March

Community celebrates Austyn Robinson's crowning as **Chelan County Rodeo Queen**



Community | A2

Cascade Mobile Clinic meets patients in their communities



The Mobile Clinic is complete with an exam room, waiting room, and restroom, and is built to reach patients in inclement weather.

By Taylor Caldwell Ward Media Staff Reporter

LEAVENWORTH - For just over a year, Cascade Medical has been working outside its traditional brickand-mortar, bringing the clinic to patients by way of wheels. The Cascade Mobile Clinic stations itself in Plain or Peshastin every Tuesday, so patients don't have to make the trip to downtown Leavenworth.

"We're increasing access to care, especially to those that have barriers to access, whether it's transportation needs, financial needs, scheduling needs. We have to open up more opportunities so people can work around their daily schedule," said Pat Songer, Cascade Medical's COO and Chief of EMS.

From 9 a.m. to 4:30 p.m., Sam Linn,

medical care.

"It's just kind of a first line, simple way for patients to get in for things that are urgent but might not require an emergency room. It wouldn't require any kind of imaging, but just need to get in and be seen," said Linn.

For the Mobile Clinic, convenience and visibility is the key to promoting a healthy community. When Linn parks in Peshastin, she can treat patients at the fruit packing facility on their lunch break. The Mobile Clinic's team is bilingual, which has allowed them to start conversations about healthcare with **The Mobile Clinic team** Spanish speakers is seeking community

and then we can get them transferred to establish care with a provider longterm at Cascade, at the main clinic,' said Linn.

As the Mobile Clinic overcomes time and language barriers, it also actively educates people about how to access

care more affordably. While the Mobile Clinic isn't a free clinic, it gives Linn and her team an opportunity to educate the public about Cascade Medical's financial program. assistance which can help patients receive affordable care at the Mobile Clinic and COURTESY OF beyond.

CASCADE MEDICAL In Plain, parents will take their kids to the Mobile Clinic for minor injuries or immunizations after picking them up from Beaver Valley next door. On snowy days, patients can make

the short trip to the clinic instead of taking a winding, icy road into town. Its small operation also offers patients the benefit of privacy.

COURTESY OF CASCADE MEDICAL

"We really enjoy being the front desk, and being the medical assistants, doing the check in and doing the appointment from start to finish just to get people in and out. It's a more personal experience, I think," said Linn.

The Mobile Clinic team is small, but its impact has been mighty, thanks to enormous help from the community and team at Cascade Medical. Mike Pirotto, who assists Plain residents with tasks like shoveling or grocery deliveries, will coordinate visits to the clinic when he notices a community member in need of medical attention, such as unusually high blood pressure. When Linn prescribes medicine, he'll

Chelan County reevaluates future of Leavenworth brush drop-off site amid cost concerns

By Taylor Caldwell Ward Media Staff Reporter

LEAVENWORTH - In response to cost ineffectiveness, Chelan County Solid Waste Council is considering

options for the Leavenworth brush drop-off yard's future, including potentially closing the site permanently. The site, located at the intersection of East Leavenworth and Icicle Road,

typically opens in late March and operates once a week until November. It opened in 2017 as a way for people living in the apple maggot quarantine area to properly dispose of their yard waste.

According to the county, the site has not been self-sustaining in years past. Costs have exceeded revenue, with staffing and hauling material from the site considered its two largest expenditures. The Chelan County Solid Waste Council recommended closing the site if it continued to be cost-ineffective.

"The county is currently reviewing costs and considering other potential options, such as increasing fees at the site, offering a reduced service or closing the site. Chelan County Public Works expects to have a determination next month," said Chelan County Public Information Officer Jill FitzSimmons, in an email to Ward Media.

For residents and businesses located in the apple maggot quarantine area, options for disposal are limited. The Dryden Transfer Station does not allow any sort of yard waste from the quarantine zone and will refuse solid waste if it contains yard material. The City of Leavenworth provides two pickups for residents located within city limits in the spring and fall. Those within city limits can drop off excess yard waste at the Leavenworth Recycling Center, which is then hauled to Winton Manufacturing Compost Works near Cole's Corner. "Currently at the Recycling Center, during large yard waste drop-off periods, it is overwhelmed, and within 30 minutes I've seen that yard waste 20-yarder full, and so people often go and then they have to come home with it," said Robette Schmidt of Winton Manufacturing. At the City Council Study Session on Feb. 13, Schmidt proposed a partnership with the city to offer curbside pickup, simplifying both yard and food waste disposal for residents. Currently, Winton Manufacturing has 144 residents participating in a composting program in which residents drop off their food waste at various locations in town. Schmidt offered a few different options for curbside pickup, in which residents could opt in for either a food waste or yard waste bin or comingle both streams in one larger bin. The City of Leavenworth would be able to set the rates, and Winton Manufacturing would handle the pick-up and hauling. At the Community Engagement Night, Schmidt took a poll of 63 people who visited her table, in which 50 percent of people resided within the city and said they would participate in the curbside program, and 20 percent of residents lived outside the city, but also wanted to participate. Only 10 percent said they were happy with the compost program as is, and 20 percent were either not asked or indifferent. "I think a lot more people will participate. I think we're pretty lucky to have 144 that do participate already. They're physically going somewhere to drop it off instead of just participating in front of their door," said Schmidt.



Community | A10

Left to Right: Sam Linn, PA-C, Medical Assistant Oasis Avina Diaz, Medical Assistant Lucy Sanchez see patients inside the Mobile Clinic every Tuesday in Plain or Peshastin.

PA-C (physician assistant, certified), will treat patients inside the Mobile Clinic, an ice-cream truck-shaped vehicle complete with a restroom, waiting room, exam room, and all the equipment needed to perform basic

the hospital due to locations, and care. language barriers.

"So we kind of get can complete a short their foot in the door so survey for the clinic by to speak and see them, scanning the QR code.

who have avoided feedback about time. **Upper Valley residents**

drive patients to pick it up.

"It's just been really great to get to know more of the community up there and know that we can get eyes

See CASCADE MOBILE Page A8

Leavenworth's Carolyn Phillips wins at National Master Skier Championship



COURTESY OF KAREN KILIAN One of the several times Carolyn Phillips got to stand atop the podium, this time for winning **Overall Combined National** Champion, with Lilla Andrews in second.

By Marlene Farrell Special to Ward Media

LEAVENWORTH Carolyn -Phillips has racked up many podium finishes over her long racing career-in skiing and previously also in crew and triathlons-but this



COURTESY PHOTO Carolyn Phillips carves a tight line near a gate in her slalom run at Nationals.

year is significant. Phillips is now the reigning national champion in her age group in three events! She is a versatile racer, which equipped her for success in giant slalom, parallel giant slalom, and super G. She also

See CAROLYN PHILLIPS Page A8

City makes moves to improve downtown garbage collection with "smart" bins

By Taylor Caldwell Ward Media Staff Reporter

LEAVENWORTH - After getting City Council approval during the Feb. 13 meeting, Public Works Staff are planning to lease and install 55 new garbage bins for the downtown corridor.

The bins will be leased for 60 months from Bigbelly Solar, LLC. Of the 55 bins, 45 will be Sense Max Bins, which can compact trash in order to accommodate up to 150 gallons. They will replace most of the current downtown trash cans, which only have a

32-gallon capacity. "This is gonna

be a big help for operations," said Works Public Director Tom Wachholder during the meeting.

The City will also be investing in 10 Smart Max bins, which are more expensive but can both compact trash

See BINS Page A10



COURTESY OF CITY OF LEAVENWORTH

Overflowing public garbage bin on Front Street during an unexpectedly busy weekend in late November 2023.

The City is in the process of replacing downtown trash receptacles with 55 new Bigbelly garbage bins.

Taylor Caldwell: 509-433-7276 or taylor@ward.media



A4

A3







www.leavenworthecho.com

Inside The Echo this Week

5 Things to do this Week A2 Classifieds..... Dr. Louise

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A10	Advertising Flyers:
overage A4	Safeway, Dan's Food Market



Get your event in the spotlight with Ward Media!

in Peshastin for their Empty

Bowls Showcase and Gala

Reception on Sunday, March 3

from 5:30-7:30 p.m.

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

Ski Patrol Jam

The Stevens Pass Professional Ski Patrol Union will host the fundraiser Patrol Jam at the Icicle Creek Center for the Arts on Saturday, March 2 from 5:30 to 10:30 p.m. 'Support your local ski

patrol and dance the night away at Patrol Jam featuring music from DJ Abe Martinez and The Run Out," the event page states. "Great community vibes, raffle, live jam music, and local brews will make for a great night out."

Stevens Pass Professional Ski Patrol Union is working towards earning livable wages," the event page states. "They are fundraising for bargaining compensation, team building, experienced patroller retention, and community

To purchase tickets visit icicle. org.

Empty Bowls Gala

Join the Upper Valley Mend at Icicle Ridge Winery

for an evening of art, wine, appetizers and music," the event page states. "Meet the featured artists and potters and raise funds for the Community Cupboard food

bank with a \$40 suggested donation at the door.' The Gala will be the initial opportunity to preview the artist bowls and platters for the online Upper Valley Empty Bowls Auction that runs from 8 a.m. March 10 through 10 p.m. March 20 at the Upper Valley Empty Bowls website: www.uvemptybowls.org.

Archaeological webinar

Join the Wenatchee River Institute and the Methow Conservancy for a webinar presentation about new evidence of hunting the extinct North American horse on Tuesday, March 5 from 7-8 p.m.

"Recent re-analysis of selected artifacts from a 1974 archaeological sal-**THINGS TO DO** vage excavation at the precontact Rock Island Overlook site, 45CH204, in central Washington state indicates that cultural deposits are much older than previously reported," the event page states. "Projectile point chronology and obsidian hydration dating suggest the Rock Island Overlook site was first occupied 13 to 16 thousand years ago at the end of the last Ice Age (Pleistocene). The assemblage also contains evidence of hunting now extinct Pleistocene horses."

For more information visit wenatcheeriverinstitute.org.

Planetarium Night Sky Viewing

The Wenatchee River Institute will host a planetarium night sky viewing on Thursday, March 7 from 5:30-8 p.m.

THIS WEEK

"Join WRI to explore the stars and our solar system,' the event page states. "We will start our evening by entering our dome shaped planetarium for a realistic view of our night sky. Witness the sky during different seasons throughout the year, learn winter constellations and get to know our sun, moon and stars like never before."

For more information visit wenatcheeriverinstitute.org.

Live music with Charlie Solbrig

Château Faire Le Pont Winery in Wenatchee will host live music by musician Charlie Solbrig on Saturday, March 2 from 6-9 p.m.

"He is an incredibly talented flamenco strummer and has some of the most amazing covers he performs," the event page states.

For more information visit fairelepont.com.

Upper Valley Empty Bowls Gala and Artist Bowl Auction set for March



Calendar Listings	Noon, Friday
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
Display Advertising:	5:00 p.m., Thur.
Legal Notices:	Noon Friday
Classified Ads:	Noon Friday

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2023 Artist Bowls Gala

Cashmere Valley Record Ward Media

crafted by local artists and the Icicle Ridge Winery in potters will be auctioned at Peshastin. The event offers an www.uvemptybowls.org. The

evening of art, wine, appetizers,

COURTESY OF HEIDI SWOBODA • Amber Zimmerman's "Honeysuckle Fairy" Artist bowl ❷ Teara Dillon's "Party Pineapple" Artist bowl

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A2

The

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WARD MEDIA

On the Internet

Website: www.leavenworthecho.com

E-mail:

news@ward.media

Office hours

Hours: 9 a.m. - 5 p.m. except

weekends, or call 509-548-5286

Contact information

CEO & Publisher

Terry Ward

509-731-3284

terry@ward.media

COO & Co-Owner

Amy M. Yaley

509-731-3321

amy@ward.media

Multimedia Sales Manager

Sherrie Harlow

253-255-5920

sherrie@ward.media

Reporter **Taylor Caldwell**

taylor@ward.media Reporter **Quinn Propst**

> quinn@ward.media Circulation

"Join your friends and fellow community members

outreach initiatives."

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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PESHASTIN - The Upper Valley Empty Bowls (UVEB) Festival, now in its 28th year, continues its tradition of uniting art, community, and charity. The event, known for gathering local artists, restaurants, and community members, serves donated soup and bread to raise funds for the Community Cupboard Food Bank under Upper Valley MEND (Meeting Each Need with Dignity).

The Artist Bowl Auction is a highlight of the festival, which runs online from March 10 at 8:00 am to March 20 at 10:00 pm. This year, twentyone unique bowls and platters

The Leavenworth Echo

LEAVENWORTH — A

snowmobiling accident in

the Mo Ridge area, roughly

12 miles from Eagle Creek

Road SnoPark, resulted in one

fatality and one injury on Feb. 22, according to Sheriff Mike

Morrison. RiverCom dispatch

was alerted to the incident

around 2:00 p.m. after a rental

company received information

from a rider at the scene.

Ward Media

collection includes ceramic serving bowls, platters, a woodturned bowl by Scot Brower, an etched glass bowl by Teri Zimmerman, hand-made mugs by Momi Palmieri, and more, featuring various designs. These pieces are also available for immediate purchase with a "buy it now" price. Historically, the auction has significantly contributed to the festival's proceeds, raising over \$7,000 annually for the Community Cupboard, with \$1,000 supporting art grants for local youth.

The Upper Valley Empty Bowls Artist Showcase and Gala will take place on Sunday, March 3, from 5:00-7:00 pm at

Snowmobile accident near Leavenworth

Chelan County Sheriff's

Office, Chelan County Fire

District 3, Cascade Medical

Center, and Airlift Northwest

responded. Two air medics

were transported to the site

by Fire District 3, arriving

approximately at 2:45 p.m.

to attend to the victims. A

51-year-old woman suffered

severe chest and leg injuries

and was pronounced dead at

the scene. A 14-year-old girl

Investigations revealed both

sustained leg injuries.

claims one life, injures another

and music, providing an opportunity to meet the artists behind the bowls. Admission is a suggested \$40 donation at the door. Attendees can view the bowls, participate in a live auction, and enter raffles.

The auction bowls will also be displayed in Leavenworth shop windows, including Benchmark Jewelers, Der Sportsmann, Inside & Out, Icicle Ridge Winery, and others, starting in early March. These pieces will also be featured at the March 21 Soup Supper at the Leavenworth Festhalle, allowing the community to view the artwork while enjoying a communal meal.

victims, who were from the

Seattle area, were on the same

snowmobile when it veered

off the trail and descended an

embankment, colliding with a

fallen tree. The impact caused

fatal injuries to the older

Please recycle

victim.

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Wenatchee Area Genealogical Society announces hybrid meeting

NCW News Ward Media

WENATCHEE -The Wenatchee Area Genealogical Society is set to host a hybrid meeting on Monday, March 11, at 2:00 p.m., featuring a special presentation by Erin Fonville from the Chelan County Assessor's Office. Fonville

will delve into the "Historic Records in Chelan County," providing attendees with insights into the area's rich history through its archived documents.

Participants can choose to attend the meeting in person at the FamilySearch Center, located at 667 10th Street NE, East Wenatchee, or join

virtually via Zoom. Those interested in the online option are encouraged to contact the society at Library@wags-web. org for the necessary Zoom details.

The event is free and open to the public. For general information, please call 509-782-4046.



Community Calendar

Wednesday

- Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
- Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
- Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666. Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin
- Library. Please come 15 minutes early to tune and get sheet music.
- Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Thursday

- Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com
- Peshastin Community Council meeting, p.m. Peshastin Memorial Hall. (2nd Thurs.)
- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

- Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.Sandoval@co.chelan.wa.us
- Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information
- Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

- Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
- Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
- Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

- Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
- Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
- Cascade Education Foundation, Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)
- Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons. ora. (1st Tues.)
- Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).
- The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
- Senior Center, Exercise, 11 a.m-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com Music, call Steve, 509-548-7048. (1st and 3rd Tues.)
- Greater Leavenworth Museum board meeting
- 5-7 p.m. Everyone is invited as a guest. Contact info@ leavenworthmuseum.org for meeting information. (1st Tues.)

Chelan County Sheriff's Report

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

February 16

- 12:22:37 Trespass, 10461 Stemm Rd; Smallwoods 14:15:19 Civil, 11684 Sunitsch
- Canyon Rd 17:44:57 Atl/Atc, 11689 Sunitsch
- Canyon Rd 23:36:36 Assist Agency, 843
- Front St; The Loft Bar 23:55:20 Diversion, 90
- Deep Powder Ln, Lake Wenatchee

February 17

- 13:08:40 Traffic Offense, Ski Hill Dr & Village View
- 15:38:00 Sex Offense, 8859 Josephine Ave, Dryden
- 19:51:10 Suspicious, 820 Front St; Gazebo Park 20:27:10 911, 185 Us Hwy 2; Fairbridge Inn

10:41:37 Harass/Threat, 17325 Us Hwy 2, Lake Wenatchee 10:50:47 Juvenile Problem, 10144 Main St# 1, Peshastin 11:50:12 Parking/Abandon, 708

5:15:28 Welfare Check, 9255

February 18

Foster Rd; Bjs Food

Us Hwy 2; Wafd 12:06:46 Accident No Inj, 1003 Commercial St

13:23:17 Trespass, 1300 Commercial St# 102 15:58:36 Assist Public, Eagle Creek Rd & Van Creek 19:01:44 Accident No Inj, 100

Ward Strasse # D258, L 21:11:23 Suspicious, 911 Commercial St

February 20

0:02:51 Dui, E Leavenworth Rd Mp 2

LWFR as a cadet at the

age of 16, before he could

become a firefighter at 18.

He has been volunteering

for 22 years and is currently

the EMS Captain. Over the

years, Stanford has secured

some of the department's

largest grants and was the

primary catalyst to getting

the department the first two

wildfire detection cameras in

Stanford has had a broad

other

assisting

departments in the region with

obtaining cameras and serving

on multiple boards across

Central Washington. Stanford

has also worked as an EMT for

Cascade Medical over the last

people that are as dedicated

both to fire and EMS service

in general, and particularly to

this community. He would go

"There are not too many

Washington state.

reach,

decade.

5:05:46 Burglary, 1300 Commercial St# 102 10:08:52 Suspicious, 7651 Saunders Rd; Dryden

- 12:23:25 Alarm, 215 14th St; East Side
- 14:57:24 Assist Public, 500blk Pine St
- 15:11:24 Vehicle Prowl, 817 Commercial St: Cascade 17:04:17 Hazard, 10600blk Merry
- Canyon Rd 17:51:03 Property, 116 River
- Bend Dr; Safeway 22:39:23 Welfare Check, 622 Cedar St

February 21

14:07:44 Assist Public, Merry Canyon Rd & Moon Can 18:04:18 Harass/Threat, 12235 W Shugart Flats Rd 18:21:27 Atl/Atc, 11689 Sunitsch

Canyon Rd

18:53:41 Theft, 116 River Bend Dr; Safeway

February 22

- 3:12:40 Animal Problem, 129 W Whitman St
- 7:46:54 Welfare Check, 8554 Orchard St, Peshastin 12:00:17 Hazard, 9th St & Us Hwy 2
- 12:19:44 Fraud/Forgery, 111 Dos Brothers Ln, Plain 12:25:47 Suspicious, 980 Us
- Hwy 2; Park N Ride 1:09:09 Disturbance, 330
- Prospect St; Bavarian Inn 1:53:43 Search And Resc, Eagle Creek Sno Park
- 4:53:04 Suspicious, Evans St & Sherbourne St
- 9:51:31 Theft, 116 River Bend Dr; Safeway
- 11:20:48 Suspicious, 100 Ward Strasse # C144

A GoFundme has been

started to support Lake

who is facing a severe

over 20 years.

said Walker.

medical emergency and

Wenatchee Fire and Rescue

EMS Captain Mike Stanford,

rehabilitation. Stanford has

served the department for

to someone who has done so

much for all of us, collectively,"

Taylor Caldwell: 509-433-7276

Community rallies to support Lake Wenatchee Fire and Rescue Captain in medical emergency

By Taylor Caldwell

Ward Media Staff Reporter

-The PLAIN Plain community is raising money to support Lake Wenatchee Fire and Rescue (LWFR) Captain Mike Stanford, who had a significant medical emergency on Feb. 11.

The emergency left him hospitalized, facing a rehabilitation that is estimated to be months long, if not longer. The community aims to raise \$50,000 on GoFundMe to meet his medical, rehabilitation, and life costs over the coming months. In just under a day, the GoFundMe page raised over \$5,000.

"He cares so much for this community and gives his all. It's time to give back," said donor Jenni Bunkelman on the GoFundMe page.

Stanford started with

Dealing with intestinal gas

A few years back, I was sitting with my sister Mary in her dining room having coffee. "Bones," her new Black Lab puppy she had recently adopted from her local shelter, lay snoozing at our feet. She was describing the latest escapade of her mother-in-law when my ears picked up a soft hissing sound, like air escaping from an automobile tire.

or sparkling cider, or eat foods with whipped ingredients like sponge cake, a milkshake, or whipped cream, you're putting gas directly into your stomach.

Swallowing air is a common way to create intestinal gas. Eating too quickly, gulping while eating or drinking, chewing gum, drinking water out of a water fountain or through a straw, and smoking a

on absolutely as many calls as he could possibly go on. On difficult days, and whenever it's needed, he is the one that you can almost always guarantee would show up. He'd be the guy that's out there giving themselves to take care of somebody else. It's just the way he was wired," said LWFR Chief David Walker.

According to Walker, Stanford's recovery costs could exceed their estimated fundraising goal, making the community's support even more critical. Those interested in donating to his recovery fund can scan the QR Code, or visit gofund.me/f1645a04.

"He and his family are not people who typically ask for help. They are very accustomed to being the ones that give the help. And in this case, this is the time when this community can give back

intolerance digest the lactose

in dairy products and avoid

by the FDA for reducing

flatulence is an enzyme called

alpha-galactosidase, marketed

as Beano®. Approved by the

FDA as a food, Beano® comes

from a mold called Aspergillus.

This enzyme helps break down

specific complex carbohydrates

called oligosaccharides, which

avoids the creation of gas in

your stomach and intestine.

Another product approved

painful bloating.

or taylor@ward.media Ask...

4. Keep a food journal.

LOUIS

Recording what you eat helps identify which foods give you gas. Common culprits are beans, corn, and dairy products. Other troublemakers include fruits like raisins, prunes, apricots, bananas. green leafy vegetables like Brussels sprouts and cabbage, and onions and fatty foods. You may be sensitive to dairy foods or food containing wheat or gluten.

A3



NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page.

Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.

Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or peshastin@ncwlibraries.org Open Tues.,10-1:30; and 2:30-7, Wed.,10-2, and 2:30-7, Thurs., and Fri.,1-5:30 and Sat., 10 a.m- 2 p.m. Closed Sun. and Mon.

Other events

- The Greater Leavenworth Museum, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at leavenworthmuseum.org for updates and information.
- Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Alanon Meetings, Call 509-548-7939

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@ gmail.com or 509- 596-1510.

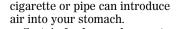
Moments later, we were assaulted with a rotten egg stench coming from the sleeping puppy. Grabbing our mugs of coffee, we escaped to her front porch. Bones eventually grew into a 100pound hunk of doggy devotion, a fabulous watchdog with a dubious superpower: he could pass nearly silent and deadly eye-watering gas.

Intestinal can attack you in three ways: bloating, belching, and flatulence. Bloating is a painful pressure in your stomach or intestines from excessive gas. Belching is when you expel gas through your mouth. Removing gas from your rectum is called flatulence, "breaking wind," "passing gas," or "farting." Experiencing flatulence is a normal body process and a perpetual source of practical jokes, like hiding whoopie cushions under seats.

Intestinal gas afflicts millions of Americans, including those with lactose intolerance, celiac disease, and irritable bowel syndrome, as well as those who happen to eat or drink something that "doesn't agree" with them.

What can cause intestinal gas?

Eating or drinking something that contains air can give you intestinal gas. When you drink a glass of beer, carbonated water, soda,



Certain foods can also create gas. Approximately 50 million Americans cannot fully digest lactose because they lack an enzyme called lactase. Eating cheese or other dairy products causes bloating and intestinal cramps for a lactase-deficient person.

Eating candy or chewing gum containing sugar substitutes like sorbitol or mannitol can cause a chemical reaction in your stomach and intestine, creating intestinal gas.

The food considered most likely to cause gas is beans. Most beans and many other high-fiber foods contain large amounts of compounds called oligosaccharides. These oligosaccharides are hard to digest, creating gas that results in bloating or flatulence.

What can you do to relieve intestinal gas symptoms?

Simethicone (Gas-X®) is a defoaming agent that helps reduce surface tension in your stomach and intestines. Decreasing surface tension helps shrink gas bubbles, making them smaller, less painful, and easier to eliminate. Simethicone stays in your stomach and intestine and has no significant side effects.

Lact-Aid® supplies lactase, an enzyme needed to digest milk products. Lactase helps those with lactose or milk



Adding a few drops of Beano[®] to your food right as you start eating it can make you a LOT more comfortable when eating new foods or foods that give you trouble. It's particularly helpful when eating high-fiber foods like beans, broccoli, Brussels sprouts, corn, cauliflower, lettuce, peanuts, and peas.

Here are 5 Tips for **Minimizing Intestinal** Gas:

1. Eat slowly, with your mouth closed.

Eating smaller meals and eating when relaxed also help.

2. Avoid swallowing air.

Chewing gum, sucking on hard candies, sipping liquids from straws, drinking at water fountains, and smoking cigarettes or pipes can result in swallowing air.

3. Avoid beverages that are carbonated or contain artificial sweeteners.

Avoid carbonated waters, sodas, sparkling ciders, and beer. Drinks with sweeteners like sorbitol and mannitol can set off a chain reaction that leads to painful intestinal gas.

5. Try Beano® on your food. If all else fails, simethicone (Gas-X®) can provide some relief.

Dr. Louise Achey, Doctor of Pharmacy, is a 45-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2024 Louise Achey



Leavenworth Women's Exchange to welcome new librarian at March luncheon

The Leavenworth Echo Ward Media

LEAVENWORTH - The Leavenworth Women's Exchange will host its monthly luncheon on Wednesday, March 13, 2024, at 12:00 pm at the Icicle Inn Restaurant at 505 Highway 2, Leavenworth. The event is priced at \$26.50 per person, covering a lunch buffet, beverage, tax, and gratuity.

Attendees will have the opportunity to meet Hannah Kwon, the newly

appointed branch librarian for Leavenworth. Kwon will discuss her background and share her favorite books and authors. Payments are accepted in check or cash to LWE only. Note that cancellations post-March 7, 2024, will incur the full cost of the lunch.

Reservations are required by March 7 and can be made by contacting Ann Callahan at 509 548-2065.



POINT OF VIEW

My "Walking Start to Running Start" bill will provide more options for students and families

he Washington State Legislature is quickly approaching its adjournment date of March 7. I'm pleased to share that my Senate Bill 5670, expanding the state's Running Start program, is successfully moving through the process. It was unanimously approved by the Senate on Feb. 2 and received a public hearing on Feb. 15 in the House Education Committee.

Running Start is a "dual credit" program

Running Start is free tuition "dual credit" opportunity for 11th and 12th graders, which was first implemented in Washington in the 1990s. The program allows students to earn tuition-free college credits while in high school. The credits earned count towards a student's high school and college degree requirements.

Students can participate in Running Start as part-time or full-time students, dedicating some or all of their school days to their college courses. This program provides students a "running start" to college by allowing them to accumulate credits during their high school years. State funding mostly follows students to their Running Start college, but some funding is retained by their high schools.

Senate Bill 5670 approved by Senate

My Senate Bill 5670, first introduced during the 2023 session, would expand Running Start opportunities for high schoolers by allowing students who have

completed 10th grade but haven't yet begun their fall term in 11th grade to earn up to 10 credits during their summer term. The bill took a major step forward on Feb. 2. As amended, the Senate approved the bill unanimously.

Higher Education & Workforce Development Committee and support the Running Start program because students can complete their two-year degrees while also earning high school diplomas. This opportunity saves the students money, reduces their likelihood of debt, and advances them closer to earning a four-year degree.

Bill advancing in House of Representatives

My bill received House Education Committee hearing on Feb. 15. It was great to return to the committee room, as a former committee member, to advocate for my Senate bill. Wenatchee Valley College President Faimous Harrison



Sen. **Brad Hawkins**

I'm a member of the Senate's

testified in support of the bill along with Running Start seniors Ella Crawford from Eastmont and Anthony Zavala from Cashmere. The bill would

make permanent a summer term funded temporarily in the 2023-2025 budget. I

strongly support the Running Start program as an option for students and families, especially for students of middle-class families who may not otherwise qualify for financial aid. The program provides a proven way to build credits and put students on a degree path.

For new Running Start students starting the program as juniors, a full load of college classes can shock the system and be very stressful. Allowing students to gradually begin the program during the summer months would help ease them into college and help them experience success. You have to walk before you run, so I'm calling my bill a "Walking Start to Running Start."

Brad Hawkins is State Senator for the 12th District. He serves on both the Senate's Early Learning & K-12 Education Committee and the Higher Education & Workforce Development Committee.

Holocaust education bill dies

More work needed with stakeholders to define issues

By Mary Murphy Washington State Journal

OLYMPIA - An effort to make Holocaust and genocide education mandatory in Washington public schools has failed to win enough support to pass in this year's Legislature.

'We've been trying diligently to reach out to stakeholders to get agreed upon wording that would make this workable and fundable," said Sen. Lisa Wellman, D-Mercer Island, Chair of the Early Learning & K-12 Education Committee. "This bill just needs more time to be worked through.'

Sponsored by Rep. Travis Couture, R-Allyn, HB 2037 and its companion bill in the Senate received a lot of testimony during public hearings.

Over 2,000 people registered to testify in its early days. genocide. Survivors of activists, and students spoke in general support of the idea



COURTESY OF WASHINGTON STATE HOUSE REPUBLICANS Prime Sponsor of HB2037 Rep. Travis Couture, R-Allyn, speaks on the House floor.

but voiced concern about a lack of inclusivity.

On Feb. 10, the bill was debated on the floor of the House, and an amendment was introduced by Democrats, which caught Couture and his Republican counterparts off-

> guard. The amendment called for collaboration from non-profit groups beyond the Jewish community and the inclusion of other genocides.

The bill said any curriculum should include "diasporic communities with lived experiences of surviving, being made refugees by, or otherwise being directly impacted by genocide."

"Jewish people were already removed from their homeland when they were in Europe and then systematically destroyed during the Holocaust," Couture said, referring to Israel. "So, they were not 'made refugees by' anything."

Rep. Drew Stokesbary, R-Auburn, said that while he supports the goal of inclusivity by Democrats, he worried this could unintentionally have

negative impacts, presumably referencing current events.

"I'm concerned about the potential politicization of the concept of the bill," Stokesbary said. "My concern is that the policy contained in the bill could inadvertently lead to folks being accused of genocide who have not actually committed genocide."

After the amendment was adopted, Stokesbary urged a vote yes on the bill but reemphasized his opinions about the amendment.

"Jewish people deserve a homeland, but the Holocaust is not what drove them from that and my concern is that this amendment detracts from that important and historical fact," Stokebary said.

Wellman said many people did not feel comfortable voting in favor of the bill without "agreeable language."

"I tried to shut down any discussion of current events relating to the bill," Wellman said. "When you get into politics that may happen in the classroom, that was not the intention of running this bill." Wellman said that she

spoke with Sen. John Braun, R-Centrailia, who introduced the Senate version of the bill. She said lawmakers intend to continue this work.

"We intend to work through it, and hopefully bring back a solution that better addresses the issue," Wellman said. "Part of the problem with a bill that is both an important topic to be discussed in education, but it's also something that is very much happening in the moment. And getting those conflated can be challenging, dangerous and uncomfortable.'

Foster parents rally for change in state law amid rising fentanyl crises

By Aspen Anderson Washington State Journal

OLYMPIA - As the prevalence of fentanyl rises, so too does the frequency of critical incidents related to parental substance abuse among foster children, often resulting in fatalities or nearfatalities. This alarming trend spurred foster mothers from across the state to gather and protest on the steps of the capitol.

They say a recently adopted

Together Act, since 2018, there has been a 35.6% decrease in the number of children in foster care. However, since 2020 they have reported an increase of high-risk cases, with 48 fentanyl related critical incidents in 2023, compared to 41 cases in 2022. said Ortiz-Self a

disproportionate number of Black, brown, and Native American children are removed from homes statewide, and that's another reason to be careful about

highlights that one-third of the children removed from home are returned within 30 days. That suggests there was insufficient danger initially. She said it is not the government's role to predict potentially dangerous situations.

Tracie Jefferson, a foster mom and key event organizer, opposes family separation but said families are not being kept together when kids are dying.

Jefferson reports that in the past six months. DCYF documented 45 critical incidents, mostly linked to substance abuse, placing children under two, our most vulnerable, in high-risk situations without advocacy. Stacy Hulse, a foster mom of 15 years and protestor, recently adopted a little girl after a two-and-a-half-year case. the girl, sporting a pink puffer coat, held a sign that read: "Kids first every step."

Legislature to hear three citizen-led initiatives amid debate on Police Pursuit, Parental Rights, and State Income Tax

By Mary Murphy, Aspen ANDERSON

Washington State Journal

OLYMPIA - Three citizenled initiatives will receive hearings in this session of the Legislature, said Senate Majority Leader Andy Billig, D-Spokane, and Speaker of the House Laurie Jinkins, D-Tacoma

The Legislature will debate

a partial repeal of the Climate Commitment Act, I-2109, a repeal of the capital gains tax; and I-2124, which allows people to opt out of Washington's long-term care retirement program.

Rep. Jim Walsh, R-Aberdeen, helped write the initiatives and advocated for hearings throughout the session. On his Facebook page, Walsh said:

"Resist tyranny. Do it happily. Our beautiful state deserves to be defended by free people. Peaceful non-compliance with bad government action is a powerful tool for change." Walsh and other Republicans are not satisfied with hearings on just three of the initiatives. They said they believe the public deserves to hear the arguments by lawmakers both against and for the other three initiatives, particularly with capital gains and the Climate Control Act. 'We are not going to have a hearing on the capital gains tax or the Climate Commitment Act repeal. Both of those will take our state dramatically in the wrong direction," Billig

said, adding the Democrats think that repeal of those two initiatives would be "devastating to the people of Washington State."

Democrats say the capital gains tax repeal could take away \$5 billion from early K-12 education.

Republicans reject that view. "They're trying to fearmonger," Braun said. "They're counting on you only

state law makes it harder to remove children from homes for the evidence of substance abuse alone, and that is putting children in danger. They are backing a new law that would allow children to be removed from homes where the use of high-potency synthetic opioids like fentanyl are used.

"The bill's goal was to keep families together, said foster parent Tristan Fujita, referring to the current law. "But you are permanently severing the ability for a family to be together.'

Keeping Families The Together Act went into effect in July 2023. Known by its bill number 1227, It prevents the state from removing children from their families due to substance abuse alone. The law was adopted with strong bipartisan support and was vetted by foster parents on both sides of the aisle and the Department of Children and Family Services (DCYF).

"Before 1227, there have been child fatalities, and after 1227, there will be child fatalities," Prime sponsor of the act, Lillian Ortiz-Self (D-Mukilteo), said. "And that is a shame on us."

Fifteen foster parents and two foster kids came to the capitol steps in Olympia with their umbrellas, rain jackets, and colorful signs that said things like, "HB1227 belongs in the grave, not our kids," and "It's a grown-up's job to keep kids safe." They were always planning to testify against HB 1227, but felt after several tragedies, they needed to act now.

According to Fujita, the recently adopted bill's goal was to reduce the removal of children in foster care by 25%, and it was successful in doing that. However, she said that the number of "critical incidents," where there is a near fatality or fatality, has increased by 54%.

According to DCYF's 2023 report on the Keeping Families

removing children from families.

"The generational trauma that has been caused to families is irrevocable." Ortiz-Self said. "We cannot continue to operate on a 100-year-old child welfare law that removes children without proving they are in danger."

Fujita said race is not the issue. Individuals of any race or economic status can safely parent their children if they aren't using drugs. However, she emphasized that if parents are using drugs, they cannot safely care for their kids.

Fujita noted that while Ortiz-Self argued the newly adopted law didn't alter everything, after attending all of the training sessions from DCYF, she said she believed it "changed everything."

Fujita usually picks up children and babies from hospitals while their parents are getting help for substance abuse and has had the delight of returning them to their biological parents when they are ready. She says sometimes this can take days and other times years.

"Imagine trying to parent a newborn that is not sleeping, when you do not have any healthy coping mechanisms when your coping mechanism has been [drug] use," Fujita said.

Ortiz-Self argues that removing children from homes without proving imminent danger constitutes government overreach. She

KIDS FIRST EVERY

"Habitual illegal drug use plus parenting equals not safe for kids," Hulse said. "It's like a math equation. You add those two things together, and it's a disaster waiting to happen."

Ortiz-Self admits judicial ambiguity exists regarding the dangers of fentanyl, prompting the drafting of a new bill this legislative session to provide clarity on when children should be removed from families due to this drug.

SB 6109 clarifies child removal procedures for highpotency synthetic opioids, linking child abuse and neglect to parents using opioids to assess imminent physical harm. It mandates services for affected children, with a 90-day enactment period after passage. Having passed the Senate, it awaits a public hearing in the House.

The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation.

PHOTO BY ASPEN ANDERSEN A handful of foster moms and foster kids came to the state capitol's north steps in Olympia, urging legislators to put foster children first.

I-2113 on reasonable police pursuit, I-2081 on restoring parent's "right to know," and I-2111, on prohibiting a state income tax.

Washington voters will hear a lot between now and November on any initiatives that end up on the ballot," Billig and Jinkins said in a press release. "It will be up to them to decide what sort of state they want to live in."

If not adopted by March 7, lawmakers could propose alternatives to be put on the ballot in November.

Three other initiatives won't get hearings in the Democratcontrolled Legislature and instead will go straight to the ballot this fall. They are I-2117,

hearing the word devastating, \$5 billion, and not being experts."

For the initiatives to become law. Gov. Jay Inslee does not need to sign them. Despite this, Insee offered his opinion on what he would do if initiatives came to his desk.

"Life is too short to have to think about those difficult things," Inslee said. "Obviously there are some I would not sign...there are some I possibly could sign...Is that sufficiently obscure?" Inslee joked.

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Community

Young athletes in Leavenworth find joy and skills on the basketball court



COURTESY AMY RIEKE

From left to right, Edith Perez, Aaliyah Anthony, Ryann Johnson, Sydney Melody, Blayk Morrison, Lola Rieke, Daisy Swart, and Rylie Songer celebrate their win at a tournament in Cashmere, earning them their fourth qualification for State.

By MARLENE FARRELL

Special to Ward Media

LEAVENWORTH - On a recent Tuesday afternoon in the Peshastin Dryden Elementary gym, volunteer coach and dad, Nate Melody, and ten first and second-grade girls had a pretty smooth routine down for their 75-minute-long basketball practice. They were a few practices into this new development program, and the participants showed a growing confidence controlling their ball.

Warm-ups included grapevines, lunges, and jumping jacks with basketball raised above their heads. When someone suggested they do them backward, Melody said, "Sure, I've never heard of that, but let's do them backward!" After watching the girls complete the challenge, he said he'd have his other team, sixth-grade boys, also do them.

Dribbling practice was with the right hand and then the left hand. "You need to be equally good with both hands," Melody said, explaining that this will help them immensely.

Ball handling is tricky. The girls wriggled a little as they coaxed balls to circle around their bodies, swapping them from hand to hand. They wore satisfied smiles when they felt more control through the fingertips of their outstretched hands. During the interval when the participants could practice shooting, they set about it with eagerness, taking turns and frequently getting the ball to drop through the net. They hovered around the two hoops that had been lowered to about seven feet high, the ideal height for learning to shoot in first and second grade.

The practice ended with relays. Melody considers relays as a way to appeal to kids' desire for competition while being sensitive to the varying levels of ability and keeping it fun. Divided into two teams, girls dribbled as fast as they could around a series of cones before tagging a teammate. For one relay, athletes had to touch each cone they passed while continuing to dribble with their other hand. In another relay, they had to switch dribbling hands at each cone.

Melody praised their focus, saying, "I love the thinking that is going on; this is basketball!" Leavenworth's Youth Basketball program is having a heyday. Not only are parents like Melody introducing the fundamentals to younger athletes, but there are also many rec league teams, making basketball accessible, fun, and local. And there's a burgeoning number of AAU teams toothis year, seven teams based in Leavenworth-for those ready

for longer seasons, advanced

tactics, and wider travel.

Similar to the program Melody is getting off the ground, Micah and Amy Rieke did the same seven years ago, starting "Little Dribblers" for first graders, including their daughter, Lola, who is now an eighth grader. The Riekes have been deeply involved ever since. Micah Rieke currently coaches two AAU teams, eighth-grade girls and sixth-grade girls; their other daughter is sixth-grader Violet.

Amy Rieke has taken on the role of program director, coordinating the logistics for all the rec and AAU teams, including updating the website, scheduling gyms for playing time, and registering teams for tournaments. The Riekes recognize that they are just two of the many people involved. "Volunteers are making this work at every level," said Amy Rieke.

The Rec League runs from October to December, while AAU can be run yearround. In Leavenworth, with a nod to the importance of other sports and activities, the AAU program has been starting in late October and finishing in mid-March. The middle schoolers mostly play on their school team as well while competing with AAU at weekend tournaments.

The consistency of having AAU teams, made up of roughly the same kids year after year, is leading to strong showings in the region and beyond. Ten tournaments, most of which are multi-day, pack the AAU schedule. Last year, the two teams coached by Micah Rieke played about 50 games each. Not surprisingly, the sixth and eighth-grade girls' teams have both qualified for state this year by coming in first or second in a tournament.

About the sixth-grade team, Micah Rieke said, "This is a pivotal year. They are starting to play together more, and they're thinking more."

The eighth-grade girls are dominating because they've qualified with four firsts at tournaments held on the east



MARLENE FARRELL/FOR WARD MEDIA In the foreground, Kinley Lewman and Nora Stokes, and teammates behind, build strength and coordination with jumping jacks that include raising a ball up and down.

and west side of the Cascades. The eight girls on that team have been, for the most part, playing together for five years. With only eight, they each get lots of game time. They make up the entirety of the A team at Icicle River Middle School. "They can all play all positions—guard, post, wing—and they have the skills—dribbling, shooting and passing," said Micah Rieke.

Eighth-grade teammate Rylie Songer does other sports but loves basketball because, as she said, "It's competitive and also there's formality with rules. It's a fast-paced game." She also spoke of the strong friendship with her teammates and how that gives them an edge. "We're close knit. You have to know what each other's thinking and know where you're supposed to be. We know each other's strengths and play to that."

They've built up stamina too. Teams play four to six games in a tournament, which is a lot of sprinting, bounding, and maneuvering action over two to three days. Tournaments demand the team to communicate and problem-solve because they're encountering new teams whose actions cannot be predicted.

Commitment of the families to the sport is essential. "AAU families are dedicated to follow their athlete's passion," said Micah Rieke.

"We get to spend a lot of time together," Parent Jaime Songer said about going to practices and tournaments with Rylie. "That's time to listen to your kid. We also get to meet her peers' parents. The team is like a family. We look out for each other."

AAU culminates in a threeday State tournament in Spokane in mid-March. This will be the eighth graders' second year going. Last year, they surprised themselves by finishing well in fourth. This year is looking even more promising. "We have a lot of confidence," Rylie Songer said. "We are strong offensively with great shooters and drivers, and this year our defense has improved."

At a recent middle school game, these athletes were clearly in their element, diving for the ball, forcing turnovers, passing swiftly to each other, and making the most of windows for clear shots. In the breaks between quarters, part of their fan base, elementary girls, swarmed the court to pass and shoot.

It's clear that Upper Valley kids are fortunate for this basketball program (and other sports programs) that begins with a foundation of fun, teamwork, and play and grows success that incorporates skill, grit, and shared joy on the court.



MARLENE FARRELL/FOR WARD MEDIA

Sedona Melody dribbles quickly and reaches out to touch a cone while Ainsley Hansen, Etta Murphy and Livia Coverdell wait their turns in a relay.

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Chelan PUD considers Public Power Benefit Funding for Peshastin water projects

By Taylor Caldwell Ward Media Staff Reporter

A6

PESHASTIN The Chelan County PUD Board of Commissioners explored Public Power Benefit (PPB) funding as another option for the Peshastin Water District's (PWD) capital improvement projects during their meeting on Feb. 20.

With PWD's impending merge into PUD's system this spring, PUD and the Peshastin community have held a number of meetings to discuss how to fund the PWD's necessary capital improvement projects, originally estimated at \$3.1 million in 2022, and refined to \$2.67 million in Jan. 2024.

funding However, some projections still consider the original estimated cost.

In initial discussions, the PUD took PWD's valuation of \$1 million in water rights and \$500,000 in system capital into account and proposed the implementation of a rate adder, which would burden PWD customers with the remainder of the costs.

However, at the Board's request from previous meetings, PUD Treasurer Heather Irelan and Customer Service Program Analyst Cathy Melton presented options for utilizing PPB funding as another option.

The Public Power Benefit program allocates funding to community-minded projects within the PUD's domain, using earnings from surplus power sold on the wholesale power market. The options could either eliminate or minimize the rate adder, which has been widely unpopular amongst residents, businesses, and even PUD commissioners.

The PPB has about \$10 million in funding to allocate for 2024, \$8.35 million of which is spoken for in other projects. The first option Irelan and Melton presented was to use the entirety of the remaining \$1.65 million for PWD.

"The upside to that is that it would provide certainty and transfer the funds immediately," said Irelan.

However, the allocation would not allow time to apply for grants and would not allow for other community projects to receive funding. Similar considerations were presented in option two, which would plan for lump sum funding in the 2025 allocations, which is estimated to be only \$6 million.

Commissioners were unanimously in support of utilizing PBB funding and largely in support of option three, which would align the funding allocation with the capital project schedule and allow time to seek out grant funding.

"My recommendation is to use Public Power Benefit to begin that process with a clean slate, not ask for any adder of any kind, and to give our staff as well as the community just a clean foundation. You know, welcome to the PUD utility group; you're going to pay what everybody else pays... And we're going to run a great program for that community as we do in other communities," said PUD Commissioner Steve Mckenna.

Both Ray Schmitten and Shawn Cox of Blue Bird Inc. and Hi-Up Growers expressed gratitude and favorability to the new proposals. Both had attended a majority of the recent meetings to voice their concerns about the rate adder.

"We feel listened to. We feel like the community of Peshastin had some concerns.

They voiced their concerns. We were allowed to express the way we felt it should be, and it feels good to see the process work," said Schmitten. Commissioners decided to

defer funding decisions to a later date in order to better study the options at hand.

"Hopefully one of the takeaways is that this commission really does care about Peshastin as a community, and we want to do what's right and fair for not only Peshastin, but for all of our customer owners," said PUD Commissioner Kelly Allen.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Ski Buddies and Wenatchee Pride carve paths of inclusivity at Stevens Pass Pride event

By Taylor Caldwell Ward Media Staff Reporter

SKYKOMISH – Stevens Pass partnered with Wenatchee Pride and Seattle-based Ski Buddies to host its annual Pride event on Saturday, Feb. 24. The event commenced with an on mountain parade down Daisy, which was followed by après in the Pacific Crest Lodge. The après event had live music from DJ Myztic, and pride-themed food and drink.

"We want to create a

pride flag.

more welcoming community for folks who identify as LGBTQIA+, and so I'm happy that we can be part of this and promote it, and let people know that we are welcome in these spaces," said Paula Arno Martinez, Wenatchee Pride Board Member.

For Wenatchee Pride, the event was an opportunity to bring people together from the East side who either already ski or may have always wanted to try, but faced barriers of access. The ski resort offered

30 passes for the nonprofit to share.

"It aligns with our goals of breaking down barriers and creating spaces that weren't necessarily meant for us, and then also just kind of inviting more people just to have fun together. It's bringing lots of different people together to have fun," said Wenatchee Pride Events Chair Suzanne Nierra.

For Ski Buddies, a Pacific Northwest LGBTQIA+ winter sports club, the Pride event was a welcomed addition to an annual trip that has been happening for over 40 years. Every year, the group rents out a nearby lodge for a long weekend to connect with each other over a shared passion for skiing and snowboarding.

"You're skiing on the slopes and then afterwards, you can have dinner, and you can have conversations with people where you don't feel like you have to hide yourself," said Ski Buddies President Nick Eckert.

The organization has members and meetups all over the world, but one of its most popular trips has been Stevens Pass, due to its affordability and proximity. Although the trip is continually booked out year after year, Eckert says the Pride event is a great way to build up a community of LGBTQIA+ skiers and snowboarders beyond the organization.

"It's really more of a comarketing with Stevens Pass and Wenatchee Pride, and being able to bring more opportunities for gay and lesbian people to go up and ski. And really for us as a club, we're trying to focus on the next generation, the youth that are out there, we're talking 20-somethings 30-somethings that can come in and enjoy as well," said Eckert.

While the event was an opportunity to connect LGBTQIA+ skiers and snowboarders to the two organizations, it was ultimately about coming together and experiencing unadulterated joy at the ski resort.

"I think it's especially important, and especially in this political climate, and just all the hateful rhetoric, and states that are passing these super dehumanizing laws, especially for trans folks, that we have to make queer joy

whenever we can, and this is a perfect opportunity to do that," said Arno Martinez.

More information about Wenatchee Pride and how to get involved in upcoming events can be found at wenatcheepride.org. Ski Buddies has members all over the state, country and even the world. Events range from potlucks to snowshoeing, to day and overnight ski trips. More information can be found at skibuddies.org.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

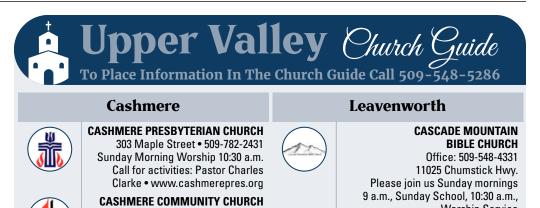


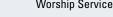
COURTESY OF DELANEY ADRIAN / STEVENS PASS The Stevens Pass Pride event started with a parade at the top of the Daisy chairlift on Feb. 24.



COURTESY OF DELANEY ADRIAN / STEVENS PASS

Skiers and snowboarders ride down the mountain with the





CORNERSTONE CHURCH

Leavenworth Grange Hall 621, Front St. info@cornerstoneleavenworth.com Sunday Worship - 10 a.m.

LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619

10 a.m.Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school). Church: 509-548-7667 Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA

"Reconciling in Christ Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following Eva Jenson, Pastor https://www.flcleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292 Sunday Worship 10 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 509-860-3997

SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. • Wednesday Bible Study 6:30 p.m. • Pastor Russell Esparza

Plain

111 PCC

PLAIN COMMUNITY CHURCH

Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana cashmerecommunitychurch@gmail.com

CHRIST CENTER



GRACE LUTHERAN CHURCH • 509-860-0736 • 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. • Pastor Rob Gohl



• 509-860-0736 • 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

Dryden

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. 509-782-2935 Sunday Worship at 11 am. Prayer Meeting Wed. at 6 pm. P astor Bill Clem



Monitor



MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon 509-782-2601 In-person service. Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

LIGHT IN THE VALLEY

COMMUNITY CHURCH

Peshastin





8455 Main Street Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org **NEW LIFE FOURSQUARE CHURCH** 7591 Hwy. 97 • 509-548-4222

Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com





















STETNER

The Leavenworth Echo February 28, 2024

Classifieds





INSURANCE! A recent study shows that a majority of people struggle to pay for

health coverage. Let us show you how much you can save. Call Now for a no-obligation quote: 1-877-765-1117. You will need to have your zip code to connect to the right provider.

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details, 855-635-4229.

ADVERTISE STATEWIDE with a \$325 classified listing or \$1600 for a display ad. Call this newspaper or 360-344-2938 for details.





Douglas PUD has an opening for:

Seasonal Fish Counter

Details at www.douglaspud.org<htt p://www.douglaspud.org

For Sale

Furniture



Antique Monterey stamped,

Full bed, mattresses, chest of drawers, night stand, vanity/ mirror /bench, \$4,900, OBO, needs restored, (chest restored online \$4k), must pick up in Moses

Lake, 509-750-2801.

Real Estate

Rentals

For Rent Pateros Mobile Home Partially Furnished 2 Bedroom & 2 Bath Water & Garbage Paid Available March 2024 No Dogs \$1,000 a Month First, Last & \$500 Deposit Call (509) 881-7075

to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 31st day of January, 2024, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiff, James C. Gray and Deborah L. Gray, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiff, James C. Gray and Deborah L. Gray, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the clerk of said court.

title, estate, lien, or interest in the

real estate described in the

YOU ARE HEREBY SUMMONED

Complaint herein.

The object of this action is to quiet title in Plaintiff to real estate in Washington, County, Chelan described as:

The East half of the Northwest guarter of the Northeast guarter of the Southeast quarter, and the Northeast quarter of the Northeast quarter of the Southeast quarter, Section 31, Township 23 North, Range East. Willamette 19 Chelan Meridian, County, Washington, lying westerly of the westerly right-of-way of Mission Creek Road, except Parcel E depicted on Boundary Line Adjustment

No. 2587, recorded July 7, 1992, under Chelan County Auditor's File No. 920707006.

against the claim of the Defendants and any one of them. DATED this 25th day of January, 2024

DAVIS, ARNEIL LAW FIRM, LLP Attorneys for Plaintiff By

STEVE D. SMITH WSBA #16613 Office and Post Office Address: 617 Washington Street Wenatchee, WA 98801 Published in the Cashmere Valley Record/Leavenworth Echo on January 31, February 7, 14, 21, 28, March 6, 2024. #7204



NOTICE OF PUBLIC HEARING The Cashmere Hearing Examiner will hold a public hearing on Tuesday, March 19, 2024, at 10:30 a.m. at the Cashmere City Hall, 101 Woodring Street, to review and consider the following consolidated permit applications submitted by FCS International,

Public Notices

2024 #7331

Inc. A major subdivision application to divide a parcel into 18 separate lots for single family homes. The property is approximately 190,596 sq ft, the lots are proposed to range in size from approximately 7,015 sq/ft to 20,331 sq/ft. The property is located on the North Kimber Rd, between side of Evergreen Dr and Locust Lane, in the City of Cashmere, Chelan County,

Washington. The Chelan County Assessor's Parcel # is 23-19-05-210-725.

The purpose of this hearing is for the Hearing Examiner to review these proposals and take testimony from the public. The Hearing Examiner may approve, approve with conditions or deny the application and shall issue a written decision on the applications within 10 working days of the close of public testimony. The public is invited to attend and to make comments.

Published in the Cashmere Valley Record/Leavenworth Echo on February 28, 2024. #7262

Follow us on Facebook at: Facebook.com *NorthCentral* Washington

(952) 233-1632 or info@questcdn.com

for assistance with free membership registration, downloading, and working with this digital information. A review set will be at the Leavenworth City Hall, 700 US 2

plan set for \$22.00 by entering

Quest project #8913375 on the

website's Project Search page.

Please contact QuestCDN.com at

Leavenworth, WA 98826.

Leavenworth City of accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 USC 2000d to 2000d-4 and Title 49, Code of Federal Regulations, Department Transportation, Subtitle A, Office of the Secretary, Part 21 Nondiscrimination in Federally-Assisted Programs of the Department of

Transportation issued pursuant to such Act, hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this invitation, disadvantaged business enterprises as defined in 49 CFR Part 26 will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, national origin, or sex in consideration for an award.

Questions regarding this project shall be submitted in writing to the Architect, Jeff Wandasiewicz, via email

wandasiewicz@arcarchitects.com Bidders shall submit questions no later than 5pm local time

on Friday, March 15th, 2024. Answers to questions received by this deadline shall be posted in an addendum no later than Monday March 18th, 2024.

City of Leavenworth reserves the right to reject any and all bids, and to waive any informalities in the bidding, and to make the award to the lowest, responsive, responsible bidder as best serves their interests. No bids may be withdrawn within sixty (60) calendar days after the actual date of the bid opening. Published in the Leavenworth Echo/Cashmere Valley Record on February 28, March 6, 2024. #7329



Public Notices

2. Code Consistency: Amendments

to City of Leavenworth Code

Definitions; Chapter 21.03

Administration; Chapter 17.14

Development Standards; Chapter

17.04 Boundary Line Adjustments;

Building Codes; Chapter 14.28

Lighting Standards; Chapter 14.12

and Parking; Chapter 18.36

Conditional Uses; and, Chapter

Architectural Theme. Additionally,

amendments include creation of

new Leavenworth Municipal Code

Chapter

Chapter 18.30 Dimensional

14.08 Old World Bavarian

Regulations;

18.52

Chapter 21.90

Chapter 15.04

Off-Street Loading

Supplementary

Standards:

General Subdivision

Public Notices

A8

SUPERIOR COURT OF WASHINGTON IN AND FOR **CHELAN COUNTY In the Matter** of

the Estate of CARMEN A. JENSEN, Deceased. No. 24-4-00049-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Administrator named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as RCW provided under . 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: February 21, 2024 PERSONAL **REPRESENTATIVE:** Maggie D. Norris ATTORNEY FOR PERSONAL **REPRESENTATIVE:** Thomas D. Overcast ADDRESS FOR MAILING OR SERVICE: Overcast Law Offices Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 COURT PROBATE OF PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, Cause No. 24-4-00049-04 Overcast Law Offices By: /s/ Thomas D. Overcast, WSBA No. 14486 Attorney for Personal Representative in Published Leavenworth the Echo/Cashmere Valley Record on February 21, 28, March 6, 2024. #7302

www.leavenworthecho.com www. cashmerevalleyrecord.com

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate

of EDWARD PREMRO, Deceased. 24-4-00051-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

representative The personal named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor provided under RCW as 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: February 21, 2024 Personal Representative: Richard Premro Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 24-4-00051-04 **RICHARD PREMRO** Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in the Leavenowrth Echo/ Cashmere Valley Record on February 21, 28, March 6, 2024, #7290

Public Notices

CITY OF LEAVENWORTH NOTICE OF CHANGE OF MEETING TIME

AND PUBLIC HEARING NOTICE IS HEREBY GIVEN that the Leavenworth City Planning Commission has changed the March meeting date to March 13, 2024. This meeting will include three public hearings on amendments to City of Leavenworth Code.

Cottage Housing Options: Amendments to City of Leavenworth Code Chapter 21.90 Chapter Definitions: 18.36

Supplementary Regulations; Chapter 18.25 District Uses;

and Chapter 18.30 Dimensional Standards. All amendments related to proposed

cottage housing development options.

AMENDED NOTICE OF TRUSTEE'S SALE 108 1st Ave South, Suite 450 Seattle, WA 98104 TS No.: WA-22-946999-BB APN No.: 222010525090 Title Order No.: 220595983-WA-MSW Pursuant to the Revised Code of Washington 61.24.130(4) Reference Number of Deed of Trust: Instrument No. 2495162 Parcel Number(s): 222010525090 Grantor(s) for Recording Purposes under RCW 65.04.015: KRISTY Ν RIEVE. AN UNMARRIED PERSON Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING Current Trustee of the Deed of Trust: QUALITY LOAN SERVICE CORPORATION Current Loan Mortgage Servicer of the Deed of Trust: NewRez LLC. f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing As the federal bankruptcy stay has been lifted, this an amended notice as to the Notice of Trustee's Sale recorded 5/10/2023 under **CHELANCountyAuditorInstrument** Number 2581220. I. NOTICE IS HEREBY GIVEN that QUALITY LOAN SERVICE CORPORATION, the undersigned Trustee, will on 3/8/2024 , at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, THE EAST 60 FEET OF LOTS 7 AND 8, BLOCK 2, COLUMBIA HEIGHTS ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE

Chapter 12.18 Streets, Sidewalks 97. More commonly known as: 520 SPOKANE ST, WENATCHEE, WA 98801-2949 which is subject to that certain Deed of Trust dated 4/25/2019, recorded 4/29/2019. under Instrument No. 2495162 records of CHELAN County, Washington , from KRISTY N RIEVE, AN UNMARRIED PERSON, as grantor(s), to FIRST AMERICAN TITLE INSURANCE COMPANY, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. AS NOMINEE FOR CALIBER HOME LOANS, INC., ITS SUCCESSORS AND ASSIGNS, as original b eneficiary, the beneficial interest in which was subsequently assigned to NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING , the Beneficiary, under an assignment recorded under Auditors File Number 2571595 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arr ears: \$36,243.92 . IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$175,763.09, together with interest as provided in the Note from 1/1/2022 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 3/8/2024 . The defaults referred to in Paragraph III must be cured by 2/26/2024 (11 days before the

Public Notices

& Public Property Construction, Repair & Maintenance; Chapter 12.50 Traffic Impact Analysis; and,

Chapter 14.50 Fees, Bonds, Development Agreements and Cost Sharing. Amendments are intended to address consistency in processing permits, correct code conflicts, support clarity

of regulations or provide minor amendments to regulations. 3. Flood Regulation: Amendments

to City of Leavenworth Code Chapter 21.90 Definitions and Chapter 14.24 Flood Damage Prevention Standards and Chapter 15.04 Building Codes. All amendments related to flood regulations.

These public hearings will be held March 13, 2024 at 7:00 PM in the

sale date), subject to the terms of the Note and Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 2/26/2024 (11 days before the sale), subject to the terms of the Note and Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 2/26/2024 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust. and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower (s) and Grantor (s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 4/4/2023 . VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-

Public Notices

City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington and via ZOOM Webinar, see City Calendar https://cityofleavenworth.com/ your-city-hall/calendar/. The City of Leavenworth has determined that these amendments are procedural exempt from SEPA determination, per WAC 197-11-800(19).

Interested citizens are encouraged to comment and/or attend public hearing. Questions the may be directed to Community Development within City Hall, phone 509-548-5275 or email lvespier@cityofleavenworth. com. Published in the Leavenworth Echo/Cashmere Valley Record on February 28, 2024. #7314

described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS -The purchaser at the Trustee's Sale is entitled to possession of the property on the 20 th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenantoccupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. Additional Information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan, in which case this letter is intended to exercise the Note holders right's against the real property only. The Trustee's Sale Number is WA-22-946999-BB. Dated: 1/8/2024 QUALITY LOAN SERVICE CORPORATION, as Trustee By: Robert McDonald, Vice President Trustee's Address: QUALITY LOAN SERVICE **CORPORATION 108**

1st Ave South, Suite 450, Seattle WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-946999-BB Sale Line: 800-280-2832 or Login to: http://www.qualityloan. com IDSPub #0190348 Published in the Cashmere Valley Record/ Leavenworth Echo on February 7. 28, 2024. #7147

Carolyn Phillips

Continued from page A1

Thinking back on her races, Phillips said, "I was really happy with the super G." The

Cascade Mobile

Continued from page A1



COURTESY PHOTO Phillips, in yellow, with other racers, awaits her turn to race slalom.



Phillips's hardware collection won at Nationals.

won first in a separate super G race in the 2024 A Racer's Edge National Speed Series.

The first foray of Phillips, now 84, into the arena of national circuit master's ski racing was in 2001. Over 300 competitors converged on Sun Valley for Nationals for a week of training runs, elimination rounds, and finals. Back then, skiers had to qualify to be part of the quota allowed to represent each region. It hooked Phillips. When she retired from teaching in 2004, she and her husband Jim made ski racing a part of every winter.

The scene has shrunk to less than 100 at this year's Nationals, Phillips lamented, partly due to pandemic derailment but also because younger masters are not renewing the ranks. And Phillips' age class—originally eleven strong and full of fierce competitors-is down to four, with two traveling rarely.

So at Nationals, Phillips found herself in a battle with longtime friend and rival, Lilla Andrews, in the technical slalom, giant slalom, parallel giant slalom, and the two speedoriented super Gs. Andrews bested Phillips in the slalom, while Phillips claimed victory in the remaining events.

Master's Nationals were held at Granite Peak Ski Area in Wisconsin, one of the oldest ski areas in the country, and, with snowmaking, it could host these races even with unseasonably warm and dry winter weather in the Midwest.

Phillips liked the snow conditions. "The snow was very firm and icy on [the ski run] Exhibition. That's good for racing because ruts don't develop." While Phillips says she lacks the flexibility of younger racers—one won't see the same extreme angles in her body-she's as focused as any racer on carving, which is apparent when the ski bases are visible, and there's no trail of spray.

course alternated between flat and steep sections. Each racer did it twice for a cumulative time because Granite Peaks lacked the vertical for one long super G. A former pro skier complimented Phillips' final run, saying her line was perfect with no spraying of snow. Each of her course preview times had gotten consecutively faster, and while she felt almost out of control for the final run, Phillips said that is the edge all racers seek.

Nationals Attending and other races is also about friendships forged in competition that are warm and affable off the slopes. When organizers delayed the slalom races by four hours, Phillips and other women racers instinctively chose to head to town together for brunch.

She has been skiing for over 60 years. Skiing is in the family's "blood," and Phillips occasionally gets to cheer for grandkids who have taken up the mantle of ski racing.

"I'm lucky. My knees are holding up." However, it's more than luck because Phillips' quality training prepares her for racing and prevents injury. Most winter days, she exercises on a skier's edge machine, an ergometer, and her bike, which is attached to a trainer. She works with a racing coach at Snoqualmie Pass on Tuesdays and at Mission Ridge on some Wednesdays. Summers will find Phillips making time to run, bike, and hike with Jim.

Attending races comes with a lot of equipment; Phillips explains she has four pairs of skis, slalom, giant slalom, super G, and all mountain, which Jim tunes for her.

Phillips will keep ski racing because she loves the community and the challenge. "I'm always thinking about technique, being centered on my skis." She added, smiling broadly, "Carving—you go really fast!"

on someone or listen to their lungs or listen to their heart or things like that from so much closer to where they live," said Linn.

At the hospital, a team of departments helps ensure the Mobile Clinic has everything it needs each Tuesday. Family Clinic Director Whitney Lak ensures the team has all the necessary medical equipment stocked, the housekeeping team sanitizes the rooms, the maintenance team is checking the vehicle and emptying the sewer tank, and IT is making sure the team has remote access to the medical system. That way, all Linn's team has to do is find a level parking spot, set up the sandwich board signs, plug into a generator or Fire Station power, unlock cabinets, log into the remote desktop, and see patients.

How the Mobile Clinic got its Start

The idea for the Mobile Clinic started a few years ago, when CEO Diane Blake saw the area's staggering poverty levels in a Community Health Assessment (CHA).

The 2019-2021 CHA looked at federal poverty levels, as well as households that earned above those levels, but not enough to afford "a barebones household budget," which is labeled as ALICE (Asset Limited, Income Constrained, Employed). Federal poverty and ALICE rates in Peshastin were 50 percent, rates in Dryden were 64 percent, and rates in Leavenworth/Plain were 40 percent in 2018.

"And that, coupled with feedback we had about the challenges with transportation and other ways to connect with services in general, really put us down the road of starting to think differently about how we best serve the community and whether there were opportunities to take our services on the road, so to speak, and meet patients where

\$1.8 million in medical equipment for the hospital since 1992, rallied behind the idea. The foundation raised over \$200,000 through grants and community fundraising events, helping make the Mobile Clinic a reality.

Cascade Medical Foundation

(CMF), which has purchased

they're at," said Blake.

"We did a lot of advertising before we went out, through social media, through letter campaigns, and things like that, and it was very favorable. I mean, the people community really, really felt like we needed something like that, especially for the surrounding areas outside of Leavenworth," said Bob Adamson, one of CMF's board members at large.

How to Get Treatment:

As the Mobile Clinic continues to gain traction within the communities it operates, Cascade Medical hopes to expand its services and hours of operation. Currently, services are provided between 9 a.m. to 4:30 p.m. on alternating Tuesdays in Peshastin (Fire Hall, 8493 Main St.), or in Plain (Lake Wenatchee Fire Station, 19015 Beaver Valley Road).

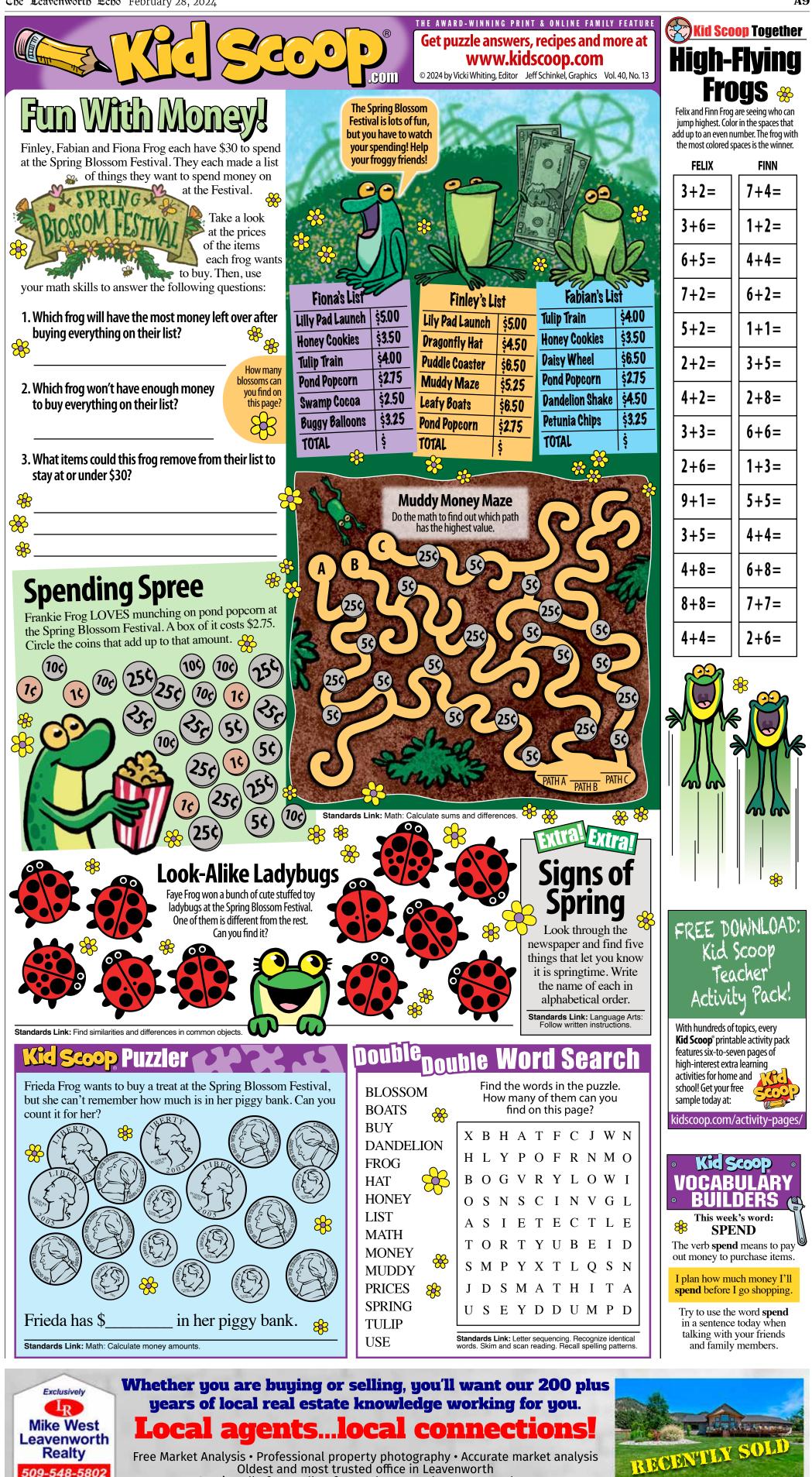
For those interested in seeking care, the Mobile Clinic accepts walk-ins, or appointments can be made by calling 509-548-5815. The team advises new patients to reach out prior to visiting in order to establish care and streamline the visit.

The Financial Assistance Program is available to patients seeking care both at the Mobile Clinic and the main clinic. More information can be found by speaking to a financial counselor: 509-548-3436.

"It's available for people who are uninsured or who have insurance, but maybe they have a high deductible or a regular deductible that they're struggling to meet," said Blake.

More information about the Mobile Clinic and financial assistance can also be found at cascademedical.org.

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Community celebrates Austyn Robinson's crowning as Chelan County Rodeo Queen



COURTESY OF THE CHELAN COUNTY FAIR AND RODEO

Chelan County Fair and Rodeo Queen Austyn Robinson was officially crowned on Saturday Feb. 10 at her Fundraiser and Coronation Kickoff Party at the Mission Creek Community Club Building in Cashmere. Pictured left to right are: Benton Franklin Fair & Kennewick Rodeo Queen Lexi Hagins, Moses Lake Round Up Rodeo Queen Alexis Shoults, Othello Rodeo Queen Milie Cobb. Center Chelan County Fair and Rodeo Queen Austyn Robinson, Coulee City Last Stand Rodeo Kaylee Stump, Appleatchee Riders Queen Izzy Black, Caribou Trail Junior Rodeo Queen Camri Peterson (not pictured Omak Stampede Rodeo Queen Eryne Anderson).

By QUINN PROPST

Ward Media Staff Reporter

CHELAN COUNTY - Chelan County Fair and Rodeo Queen Austyn Robinson was officially crowned on Saturday, Feb. 10, 2024.

The Chelan County Fair

and Rodeo Queen Fundraiser and Coronation Kickoff Party was held at the Mission Creek Community Club Building in Cashmere.

Kristen Mattson, a member of the Chelan County Fair Board and the Chelan County Rodeo Queen Committee, said

the event was a success. "It was a packed house," Mattson said. "Filled with local supporters, friends, and family who came to support Austyn."

Other area rodeo queens attended the event to support Robinson. Rodeo queens in attendance were Benton

Franklin Fair and Kennewick Rodeo Queen Lexi Hagins, Moses Lake Round-Up Rodeo Queen Alexis Shoults, Othello Rodeo Queen Milie Cobb, Coulee City Last Stand Rodeo Queen Kaylee Stump, Appleatchee Riders Queen Izzy Black, Caribou Trail Junior Rodeo Queen Camri Peterson and Omak Stampede Rodeo Queen Eryne Anderson.

As a rodeo queen, Robinson serves as an ambassador for the sport of rodeo, the fair, and her community. With this role there will be a lot of travel to promote the fair and rodeo and support other rodeo queens.

"Funds were raised to help Austyn travel to other rodeos this year representing the Chelan County Fair and Rodeo," Mattson said. "There was a 50/50 raffle, silent and live auction, and also a desert dash."

On Feb. 16 and 17, Robinson and her horse Cookie attended the first rodeo in the Columbia River Rodeo Circuit, the Yakima Showdown at the Sundome.

Quinn Propst: 509-731-3590 or quinn@ward.media.

Bins

Continued from page A1

and send alerts when nearing its 150-gallon capacity. 'These have proprietary technology that senses the level of the garbage and can send an alert to our staff so that we can avoid the situation we had in late November, early December this year when we Deputy Director Andi Zonteck-Backstrum during the meeting.

Projects Manager Kara Raftery



COURTESY OF THE CHELAN COUNTY FAIR AND RODEO Chelan County Fair and Rodeo Queen Austyn Robinson and her horse Cookie attended the first rodeo for the 2024 Columbia River Rodeo Circuit, the Yakima Showdown at the Sundome on Feb. 16 and 17.

> the bins can also be emptied using the City's automated garbage truck, saving staff from manually changing out bags. The design also makes the bins animal-resistant by preventing direct access to previously disposed waste.

> City staff do not have a set date as to when the bins will be installed but are anticipating the bins will be ready prior to Maifest, as Bigbelly delivery estimates a 4 to 6-week delivery time. However, this may change due to unforeseen delivery or installation coordination delays.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Commissioners, county directors plan March community meetings

Events set in each of the county's 3 commissioner districts

NCW News

Ward Media

WENATCHEE -- The Chelan County team is coming to a community near you.

In March, Chelan County commissioners and various department directors will hold community-led discussions in each of the three districts commissioners represent.

The community events will be:

District 2: 6 to 7:30 p.m. on Wednesday, March 6, at Leavenworth Fire Hall, 228 Chumstick Highway. Commissioner Shon Smith will host the meeting.

area), 1101 Millerdale Ave. Commissioner Kevin Overbay will host the meeting.

Chelan County Sheriff Mike Morrison and county directors will be joining the discussions, representing the following departments: Community Development, Public Works, Natural Resources, Economic Services, and the Regional Justice Center. Each of the meetings will have different directors attending.

"The commissioners and department directors will not present any presentations but rather will open up the community-led discussions with questions from the public," said Jill FitzSimmons, public information officer for Chelan County. "It is our hope that these meetings focus

a joint outreach effort, with individual district meetings planned in March and then again in September.

"If we find we need more than 90 minutes, or people would like a more formal approach to the meetings, we will adjust for those September meetings," FitzSimmons said. "If you have a topic you'd like to hear more about, or a concern or question, I encourage you to attend an event in your district."

The three-member Board of County Commissioners each represents a district in Chelan County. District 1, represented by Commissioner Kevin Overbay, consists of the Malaga area and most of Wenatchee. District 2, represented by Commissioner Shon Smith, consists of parts of the Sunnyslope area north

weren't expecting our tourism to be as high as it was and we ended up having bins that were overflowing with stacks trash all around them," said Public Works

approximately \$7,300 per Communications and Special month. This is partly due to their capacity and sensors, but



says staff are currently deciding

how to strategically place the 10

Smart Max Bins in order to be

placement may occur to best

serve the needs of downtown

while addressing accessibility

with our automated garbage

The bins will have a one-

time shipping fee of \$11,630 and

will incur a total monthly cost

of \$5,790 to lease. However,

the staff report estimated the

bins would save Public Works

approximately 31 in staff hours

per week, equivalent to saving

truck," added Raftery.

"A few adjustments to final

most effective.

- District 3: 6 to 7:30 p.m. on Wednesday, March 13, at Chelan City Hall, 135 E. Johnson Ave. Commissioner Tiffany Gering will host the meeting.
- District 1: 6 to 7:30 p.m. on Wednesday, March 20, at Wenatchee High School (new commons

on the individual concerns of the people living in each district. It's an opportunity for the public to drive the conversations."

In the past, each commissioner has hosted meetings in their districts throughout the year. This year, the county is planning

to Leavenworth, Plain, Lake Wenatchee, and the northern parts of the county. District 3, represented by Commissioner Tiffany Gering, consists of parts of the Sunnyslope area west to the Entiat, Chelan, and Manson areas. The district maps are available on the county website.

Chelan County Auditor announces ballots have been mailed for the March 12 Presidential Primary

NCW News Ward Media

WENATCHEE — Chelan County Auditor Skip Moore announced that ballots for the

March 12 presidential primary have been dispatched. Voters must ensure their ballots are postmarked or placed in an official ballot drop box by 8 p.m. on March 12.

For more details, visit the website at www.elections. chelancountywa.gov. If you haven't received your ballot, please call the elections office at 509-667-6808.

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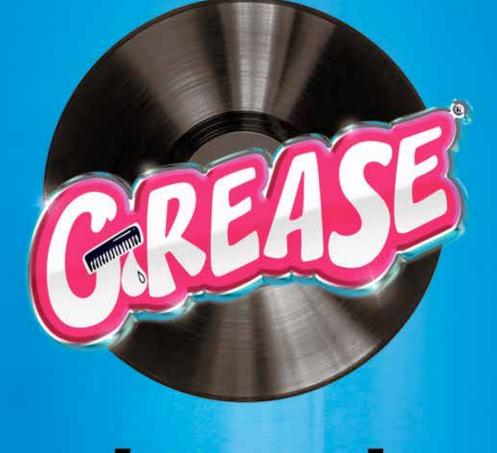
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