

# The Leavenworth Echo

\$1.00  
Volume 124 • No. 6

Upper Valley News Since 1904  
A Ward Media Publication

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## P.E. classes introduce Nordic skiing, despite weather challenges

Community | A2

## Hydropower is the cornerstone of a reliable, clean energy future

Point of View | A6



# A lifetime of learning: Leavenworth Branch librarian retires



TAYLOR CALDWELL / WARD MEDIA

Grace Camp and former Branch Librarian Amy Massey, who retired last month.

By TAYLOR CALDWELL  
Ward Media Staff Reporter

LEAVENWORTH – Leavenworth Branch Librarian Amy Massey officially retired at the end of January. Massey started working for NCW Libraries as a Library Assistant substitute in 2015. In 2021, she stepped into the role of Leavenworth's Branch Librarian.

"[Amy] deeply cares about people, about the relationships, and about the partnerships that she's built within the community. It truly really means a lot to her and she has given her all to making the library a welcoming place, and a safe place, and a place [where] people are just excited to come and participate," said NCW Libraries Area Manager Nick Husted.

During her time, Massey reopened and revitalized the library after its pandemic closure, led Baby Storytime, created the "Booktoberfest" celebration,

installed the local history section, and strengthened collaborations with the Peshastin and Cashmere libraries. To those around her, Massey's legacy could be defined by her ability to forge meaningful interactions and community events that fostered connection and learning.

"Amy is so good at connecting with people and being sort of a face that people know they can go to, to get help and like, I think she does that better than anyone... I've learned a lot from her about making sure that I'm kind and available and able to help even if I don't feel like I'm able to," said Grace Camp, Leavenworth Library's Customer Service Technician.

Massey became a librarian because it checked all of her boxes. It was fun, she could help people, and most importantly, she would be a lifelong learner.

"I would love to think that anyone at any age is always open to learning something new and maybe the



TAYLOR CALDWELL / WARD MEDIA

Massey's final project before retiring was the installation of the NCW Libraries mission statement above the help desk.



TAYLOR CALDWELL / WARD MEDIA

Friends of the Library Ruth Drewniany, Sandra Hoyt, Amy Massey, Lisa Koblenz, and Linda Rees cheer for kids in their costumes during Halloween Bash.

library is a place where you can discover that. Like, [if someone says] "Well, I don't know how to do that." Well, we can learn. We can figure it out. We can try it out. We can tinker and play, and read and discover, and do art and grow," said Massey.

Over her career, Massey worked in a variety of libraries across the state, including law firm libraries in Seattle, the Skagit County Law in Mt. Vernon, the Darrington and other Sno-Isle public libraries, and the Icicle River Middle School library.

Her favorite, however, has been the Leavenworth Library.

"I was so lucky to work with a

great team, including [my] co-worked Gracie Camp, who brings talents of art, music, literature, and depth of fun ideas that include the Dungeons and Dragons programs, community read-alouds, and preschool storytimes that include dancing, singing and lots of giggles. The library has a team of Library Assistants, many of whom have worked for many years and keep the library on track, and a crew of volunteers that are vital to the programs and the everyday functioning," said Massey.

The Friends of the Library group,

See **LIBRARIAN** Page **A6**

# Bilingual Career Night inspires young students



TAYLOR CALDWELL / WARD MEDIA

Wenatchee Valley College representative shows electronics technology.

By TAYLOR CALDWELL  
Ward Media Staff Reporter

LEAVENWORTH – Students from Kindergarten to 5th grade were encouraged to explore their interests and dream big at the second annual Bilingual Career Night hosted by Alpine Lakes and Peshastin-Dryden elementary schools on Jan. 31.

The event had six tables with activities and representatives covering job areas such as agriculture and natural resources, health services, arts and communication, business and management, engineering and technology, and human services.

"We don't want kids to have to

choose what they want to do when they're adults right now, but we want to show them that there's a variety of things that they can be interested in," said Peshastin-Dryden Principal Emily Ross.

Career night wasn't a one-time event, but a culmination of the work School Counselor Meche Grace has been doing with both elementaries over the past month. At this age, the focus is less about work, and more about self-discovery and exploration. Kids are encouraged to ask themselves what they enjoy doing most in their free time, what others would say their strengths are,

See **BILINGUAL** Page **A5**

# Families and schools learn how to navigate digital world together

By TAYLOR CALDWELL  
Ward Media Staff Reporter

LEAVENWORTH – Cascade School District kicked off the first of a four-part community event to help students and parents better understand and navigate the digital world on Jan. 29.

The event showed a documentary called Screenagers, Growing up in the Digital Age, which is the first film of a three-part series. The following two films will be screened on Feb. 12 and Mar. 18 at Cascade High School Auditorium. The fourth event will be a community Q and A and discussion on Mar. 25.

"We as a community need to come together and help guide our young people through this "digital world," if you will. We give them this power. We give them this computer in their hand, but then - and no judgment - but sometimes we don't offer them the tools and skills to actually use it well," said Icicle River Middle School Principal James Swanson before the screening.

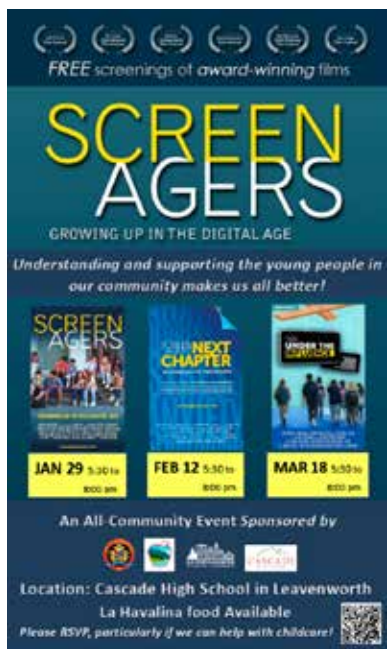
The first film dove into the struggles of families handling social media, video games, and academics, and looked into solutions such as setting clear boundaries with phone use and having an open dialogue about technology.

The second film in the trilogy is called Screenagers Next Chapter: Addressing Youth Mental Health in the Digital Age. The third film is called Screenagers Under The

Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age.

A community event on Mar. 25 will host a panel Q and A, foster group discussions, and share resources

See **SCREENAGERS** Page **A5**



COURTESY OF CASCADE SCHOOL DISTRICT

Three films being showcased are focused on developing healthier relationships with technology. Cascade will host a fourth event to engage the community in conversation about the films.

# Community gathers to discuss potential park at Peshastin Mill Site

By TAYLOR CALDWELL  
Ward Media Staff Reporter

PESHASTIN – Peshastin residents gave their input for a new community park during a workshop on Jan. 30. The meeting was hosted by the Peshastin Community Council, Chelan County Department of Natural Resources, and SCJ Alliance, a consulting agency.

In Aug. 2023, Natural Resources received a \$35,000 grant to partner with the community and seek consultation from SCJ Alliance to determine the feasibility and vision of a potential park.

The county and community are considering the 65 acres of land at the former Peshastin Mill Site. The acreage is privately owned by Bill Goebel, who is currently allowing public use of the area and is open to the establishment of a park.

The community workshop was the first step to deciding what should be considered during the feasibility study and not to make any concrete decisions.

"This is, as we said, a feasibility study. Is this a practical thing to do? Is it something that people are really interested in? What would they like to see? So, I'm really pleased to see as many people as there are here tonight. It's a pretty good turnout, and so I think we'll get some pretty good opinions on this," said Community Councilmember Steve Keene.

SCJ Alliance presented three display options of low, medium, or high-impact park designs. Each display was accompanied by optional amenities such as restrooms and benches or uses such as trails, playgrounds, and fields. Residents were given a written survey to complete as well as stickers to select desired amenities and uses on the board of their preferred impact level.

"Right now, we're in this public engagement process. Our plan is to bring an update back to the Peshastin Community Council at the regular February meeting... We'll provide a summary report of the feedback. We'll probably make some recommendations on elements that we could progress," said Brandon Mauseth of SCJ Alliance.

A majority of stickers landed on low to medium displays, with very few votes for a high-impact design. Many residents were in favor of trash collection, dog waste stations, trails, and habitat restoration.

"The Community Council is in favor of the minimalist [design], that's pretty much just trails and restoration of natural vegetation and whatnot. They're not interested in ballparks or stuff like that at all. I think you'll find that most people here probably feel the same way because they like it a lot the way it is right now, being able to walk down there pretty much anywhere and take the dogs or whatnot, and it's such a beautiful spot," said Keene.

According to Mauseth, SCJ Alliance is aiming to come up with a preferred plan by the end of April or the beginning of May but predicts a later date will be more likely.

"Since we've gotten so much attention and interest in the project, I'm expecting that might get pushed, just so we can be considerate of what the community wants and what the county and the council needs," said Mauseth.

Once the community decides on

See **MILL SITE** Page **A5**

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**\$1.00**



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# The Leavenworth Echo

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### Deadlines

Calendar Listings:	Noon, Friday
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
Display Advertising:	5:00 p.m., Thur.
Legal Notices:	Noon Friday
Classified Ads:	Noon Friday

### Subscriptions

In Chelan County (yearly) **\$40**  
**\$5.00** to include online subscription  
In State-Out of County (yearly) **\$50**  
Online E-edition **\$40**

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.



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### Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

The Leavenworth Echo (USPS 308 160) is published every Wednesday by Ward Media, LLC, 29 S. Wenatchee Ave., Suite A, Wenatchee, WA 98801 Telephone: 509-548-5286. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices). Postmaster: Send address corrections to: Leavenworth Echo, 131 S. Apple Blossom Drive #109, Chelan, WA 98816

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**\$15.00** for first 30 words. **10** for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

## Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at [quinn@ward.media](mailto:quinn@ward.media). We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!

### Wenatchee Pride Snowshoe Stroll

The Wenatchee River Institute, Wenatchee Pride, and Mountain Queers will host a snowshoe stroll on Saturday, Feb. 10, from 10 a.m. to noon at the Leavenworth National Fish Hatchery.

"This is a safe, judgment-free space for members of the LGBTQIA+ community to come and enjoy the wintery outdoors," the event page states. "No previous snowshoeing experience necessary, and snowshoes are provided. This outing is designed for queer folks to connect with each other, maybe try out something new, and enjoy spending some time in nature. Be sure to dress warmly and wear sturdy boots if you have them."

For more information, visit [wenatcheeriverinstitute.org](http://wenatcheeriverinstitute.org).

### Valley-times Day Market

The Wenatchee Convention Center will host Valley-times Day Market on Saturday, Feb. 10, from 10 a.m. to 4 p.m.

"Bring your valentine, galentine, or special individual in your life out to our Valentine's Day Market in the Wenatchee Valley," the event page states. "Show your local Small Businesses some love this Valentine's Day. Enjoy local food trucks/drink trailers, shop 50 plus local vendors, and more."

Admission is free.

### Community dinner

The Leavenworth Community Methodist Church will host a community dinner on Tuesday, Feb. 13 from 5 - 7 p.m. "This community event will have a Valentine's Day theme," the event page

states. "Everyone is welcome: seniors, singles, families and children. Come join neighbors and friends for a yummy meal and good conversation."

Reservations are not required.

### Ukulele Circle

The Peshastin Library will host a Ukulele Circle on Wednesday, Feb. 14, from 5:30 - 6:30 p.m.

"Join us for a ukulele strum along at the Peshastin Library on Wednesdays at 5:30 p.m.," the event page states. "All levels welcome. Music packets will be provided."

For more information, visit [ncwlibraries.org](http://ncwlibraries.org).

# 5 THINGS TO DO THIS WEEK

### Birding by the river

The Wenatchee River Institute will host Birding by the River on Wednesday, Feb. 14 from 8 - 9:30 a.m. on the WRI campus starting outside the River Haus.

"Go birding with knowledgeable WRI staff around the WRI campus," the event page states. "All birding skill levels are

welcome. Need binoculars that you can borrow?"

"Total walking distance is ½ mile, over a gravel path with two moderate hills," the event page states. "Come prepared for the weather."

For more information, visit [wenatcheeriverinstitute.org](http://wenatcheeriverinstitute.org).

## P.E. classes introduce Nordic skiing, despite weather challenges



COURTESY OF JENNI BUNKELMAN / ICICLE RIVER MIDDLE SCHOOL  
IRMS P.E. Teacher Micah Reike teaches students the techniques of Nordic skiing before gearing up.

By TAYLOR CALDWELL  
Ward Media Staff Reporter

LEAVENWORTH - For at least a few days, Icicle River Middle School, Peshastin-Dryden, and Alpine Lakes Elementaries had just enough snow and decent weather for students to learn the basics of Nordic skiing during P.E. class.

"This year has been very tricky because normally we have a lot more [snow]...We're going to go as long as we can," said Icicle River P.E. Teacher Micah Reike.

Leavenworth Winter Sports

Club groomed the school tracks on Jan. 28, allowing the students to get on their skis just before the rain. Elementary school P.E. Teacher Isabelle Auty was able to get her classes on skis the first two and a half days before calling it Wednesday afternoon.

To make the most of the situation, Auty used the bad weather as an opportunity to start a conversation with her students about mental toughness, taking extra precautions, and being extra prepared when being outdoors. "At Alpine [Lakes], they have

character traits of the month, and the trait [this] month was perseverance. So, trying and trying through obstacles, and today our obstacle was the rain," said Auty.

At Icicle River, the track started to melt the day after LWSC groomed it, due to the warm temperatures.

"It was a little harder for the kids to keep their skis in the grooves of the tracks because they basically melted. It's been a little challenging this year," said Reike.

See NORDIC Page A10



COURTESY OF JENNI BUNKELMAN / ICICLE RIVER MIDDLE SCHOOL  
Students ski during their P.E. class on a ski track groomed by Leavenworth Winter Sports Club.

## Chelan County announces Lodging Tax Capital Grants application period

Ward Media  
The Leavenworth Echo

WENATCHEE — The Chelan County Lodging Tax Advisory Committee (LTAC) has opened the application process for lodging tax dollars aimed at funding capital projects. This initiative is designed to support ventures that will draw overnight visitors to the area. Eligible projects include those that focus on the acquisition, development, and improvement of tourism-related facilities.

Under the stipulations of RCW 67.28.1815-1816, funds from the county's lodging tax revenue are allocated for the promotion of tourism and the acquisition and operation of tourism-centric facilities. The current application cycle is specifically targeted at capital expenditures in tourism-related infrastructure.

Capital projects qualify if they involve investment in

land, building enhancements, parking facilities, vehicles, equipment, art or historical items, and essential infrastructure like roads, bridges, and water systems. Applications must detail the intended use of funds in these areas to be considered.

The submission deadline is Mar. 15 at 5 p.m. LTAC plans to review the applications during its March session, with funding decisions based on the project's potential to increase tourism, promote overnight stays, and stimulate the local economy. The available budget for these capital grants totals \$420,000.

Applications are accessible via a fillable PDF form on the Chelan County website, with completed forms to be emailed to the LTAC. Applicants must submit a comprehensive budget showcasing organizational and county matching funds, explicitly excluding administrative costs.

Post-project completion, a

detailed report is mandatory within 90 days, illustrating the project's community impact, including data on attendance, sales, and publicity. This report should also include receipts detailing the expenditure of the allocated funds.

Lodging tax revenues, sourced from local accommodation providers, support various tourism-related activities and organizations within Chelan County. This includes funding for local chambers, the Cascade Loop, Ohme Gardens, TREAD, and the county's own Visit Chelan County campaign. Grants are distributed annually, with separate application periods for Events, Marketing, and Capital projects.

For more information on the application process and to view the list of successful 2023 capital grant recipients, visit [Chelan County's official website](http://Chelan County's official website).

## 2024 Writers competition now open

Ward Media  
The Leavenworth Echo

WENATCHEE - The 2024 Writers Competition is now accepting submissions. Established in 2007, the competition has recognized over eighty regional authors with awards of \$300, \$200, and \$100 for their unpublished fiction or nonfiction works, covering any theme or subject. Winners will have the opportunity to showcase their entries online and participate as guest artists at the Four

Minutes of Fame open mic event this spring.

This year, Write On the River collaborates with the Wenatchee Valley Museum and Cultural Center to host the competition. Interested participants can submit their entries for a \$20 fee, with an additional \$20 for those opting for written critiques.

The deadline for submissions is March 1. For more information on submission guidelines and how to enter, visit [writeontheriver.org](http://writeontheriver.org).

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## Community Calendar

### Wednesday

**Children and Youth Program**, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.  
**Alpine Water District**, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.  
**Senior Center**, Lunch, noon, \$8 per meal. RSVP 509-548-6666.  
**Ukulele Circle**, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.  
**Cascade Medical Board**, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

### Thursday

**Leavenworth Lions Club**, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com  
**Peshastin Community Council meeting**, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)  
**Caregiver Support Group**, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

### Friday

**Veteran Service Office**, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us  
**Leavenworth Rotary Club**, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.  
**Senior Center**: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

### Monday

**Upper Valley Free Clinic**, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.  
**Cascade School board meetings**, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)  
**Chelan Douglas Republican Women**, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

### Tuesday

**Peshastin Water District**, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)  
**Iceicle & Peshastin Irrigation Districts Meeting** Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)  
**Cascade Education Foundation**, Contact: CEF@cascade.org  
**LWSC Alpine Committee**, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)  
**Leavenworth Masons**, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)  
**Cascade Garden Club**, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)  
**The Chelan County Cemetery District #2** (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)  
**Senior Center, Exercise**, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com  
**Music**, call Steve, 509-548-7048. (1st and 3rd Tues.)  
**Greater Leavenworth Museum board meeting** 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

### NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at [ncwlibraries.org](http://ncwlibraries.org) and its Facebook page. Go to [NCWLIBRARIES.ORG](http://NCWLIBRARIES.ORG) or 1-800-426-READ (7323) for more information, and updates.  
**Leavenworth Public Library**. Located at 700 Hwy. 2, Call 509-548-7923 or online [leavenworth@ncwlibraries.org](mailto:leavenworth@ncwlibraries.org)  
 Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.  
**Peshastin Public Library**. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or [peshastin@ncwlibraries.org](mailto:peshastin@ncwlibraries.org) Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m- 2 p.m. Closed Sun. and Mon.

### Other events

**The Greater Leavenworth Museum**, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at [leavenworthmuseum.org](http://leavenworthmuseum.org) for updates and information.  
**Leavenworth Fish Hatchery**, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.  
**Note**: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com) or call 509-548-5286. Otherwise we are not responsible for any misinformation.

## Wenatchee Area Genealogical Society hosts hybrid meeting on "The Railroad Built the Pacific Northwest"

Ward Media  
The Leavenworth Echo

WENATCHEE - The Wenatchee Area Genealogical Society invites the public to a special hybrid meeting on Monday, February 12, at 2:00 p.m., featuring a presentation by Mary Horabik, an esteemed educator at the Northwest Railway Museum in Snoqualmie. The talk, titled "The Railroad Built the Pacific Northwest," will explore the pivotal role of railroads in the development of the region. Attendees can join the meeting in person at the FamilySearch Center located

at 667 10th Street NE, East Wenatchee, or participate virtually via Zoom. Those interested in attending the online session are encouraged to contact the society at [wags-web.org](mailto:wags-web.org) to obtain the necessary Zoom details.

For additional information about the event, the public is encouraged to call 509-782-4046. This informative session is free and open to everyone interested in the history of railroads in the Pacific Northwest and their significant impact on the region's growth and development.

## OBITUARY

# Betty Lou Norman

Betty Lou Norman, long-time resident of Leavenworth, died on January 18th at the age of 89. She was born in Omak, WA and spent most of her life in Leavenworth, meeting her future husband at age 15. She and Bud spent nine years in Canada with their four young children, returning to Leavenworth for good in 1968.

Betty's passion was keeping her home and gardens immaculate and beautiful. Lush with flowers, it was often photographed

by passing tourists. She loved cooking and hosted countless large family gatherings. She adored babies and dogs. She loved God. Seahawks games and Mill Bay gave her joy and frustration in equal measure. For 55 years, all the neighbors were enjoyed and welcomed into the life of this social butterfly, and she happily inserted herself into theirs. Her wit and spirit were legendary, and her work ethic unmatched.

Betty is survived by daughters Paula (& Steve)

Lemons, Judy (& Ron) Kuch, Colleen (& John) O'Brien, and son Scott Norman. Betty & Bud have 8 grandchildren, 11 greats, and 4 great-greats. She was preceded in death by husband Robert "Bud" in 2012, her seven brothers and sisters, and great-grandson Lane.

Her last puppy love was schnauzer Angel, her companion for 15 years. Betty was a supporter of the Wenatchee Valley Humane Society, should you wish to honor her by donation.



The family is planning a celebration of life gathering in the spring, when sunshine and flowers return and Betty was happiest, planning her garden for the summer. She will be missed always, until we meet again.

## Chelan County Sheriff's Report

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.



### January 26

2:41:51 Parking/Abandon, 100 Ward Strasse  
 8:22:45 Assist Public, Leavenworth City  
 10:19:34 Assist Public, 11687 Sunitsch Canyon Rd  
 11:39:04 Traffic Offense, 15251 US Hwy 2  
 15:39:45 Traffic Offense, Chumstick Hwy Mp 7  
 16:27:13 Parking/Abandon, Eagle Creek Sno Park  
 17:27:55 Harass/Threat, 100 Ward Strasse # D360  
 17:31:06 Welfare Check, 9301 Derby Canyon Rd, Peshastin  
 18:52:00 Welfare Check, 100 Enchantment Park Way  
 20:49:16 Assist Agency, US Hwy 2 Mp 100; Wb

8:11:13 Accident No Inj, Sr 207 & Beaver Valley Rd  
 14:57:25 Welfare Check, 7505 Cyo Rd  
 16:03:11 911, 590 Us Hwy 2; Enzian Motor  
 18:24:30 Accident No Inj, 417 Cascade St  
 18:34:07 Assist Agency, US Hwy 97 Mp 169, Peshastin  
 18:48:32 Accident No Inj, 920 US Hwy 2  
 21:54:55 Assist Agency, 116 River Bend Dr; Safeway  
 22:22:34 Disturbance, 9th St & Commercial St  
 23:07:36 Assault, 213 9th St

15:57:32 Weapons Violation, Sr 207 & Cedar Brae Rd  
 15:57:33 Welfare Check, 3153 Hansel Ln, Peshastin  
 17:34:17 Traffic Offense, 7944 Eagle Creek Rd

15:02:04 Weapons Violation, 11684 Sunitsch Canyon Rd  
 18:59:19 911, 85 Avey River Ln, Peshastin  
 21:05:42 Domestic Disturbance, 104 Chelsie Ln  
 21:50:11 Burglary, 8200 E Leavenworth Rd

### January 29

00:06:35 Assist Public, 8935 E Leavenworth Rd  
 08:46:20 Alarm, 10781 Lone Pine Dr, Peshastin  
 08:55:11 Suspicious, 7500 Icicle Rd  
 14:20:06 Domestic Disturbance, 6339 Campbell Rd, Peshastin  
 16:04:18 Assist Public, 22744 Lake Wenatchee Hwy  
 17:38:09 Theft, 149 W Benton St  
 23:52:12 Trespass, 116 River Bend Dr; Safeway

### January 31

02:37 Assist Public, 9th St & US Hwy 2  
 6:42:08 Weapons Violati, 2201 Salal Dr  
 8:44:02 Parking/Abandon, 100 Ward Strasse  
 9:54:56 Trespass, 9255 Foster Rd; Bjs Food  
 19:36:57 Natural Disaster, 8190 US Hwy 2, Peshastin

### January 30

8:35:54 Diversion, US Hwy 2 Mp 90, Lake Wenatchee  
 14:54:05 Civil, 6310 Campbell

### February 1

02:37 Assist Public, 9th St & US Hwy 2  
 23:16:39, Alarm, 11724 River Bend Dr; Marsons

### January 27

0:01:35 Animal Problem, 200 Scholze St  
 0:11:41 Assist Agency, US Hwy 2 Mp 103, Peshastin

### January 28

0:01:35 Animal Problem, 200 Scholze St  
 0:11:41 Assist Agency, US Hwy 2 Mp 103, Peshastin  
 3:05:19 Suspicious, 922 Commercial St; Obertal  
 8:11:38 Disturbance, 13647 Chumstick Hwy  
 13:14:32 Assault, Icicle Rd Mp 8

## Travis Corbett honored as Mountain Meadows Senior Living's 2023 Employee of the Year

Ward Media  
The Leavenworth Echo

LEAVENWORTH - Mountain Meadows Senior Living has named Travis Corbett as its Employee of the Year for 2023. Corbett, who joined the company in 2020, serves as the Director of the maintenance department. His responsibilities include maintaining the facility's interior and exterior, demonstrating a keen attention to detail and a diverse range of skills. Corbett is also recognized for his commitment to the community, notably embodying the spirit of Santa Claus each Christmas to the joy of residents.

## Wenatchee Area Genealogical Society hosts hybrid meeting on "The Railroad Built the Pacific Northwest"

WENATCHEE - The Wenatchee Valley Erratics Chapter of the Ice Age Floods Institute will host a meeting on Tuesday, February 13, at 7:00 PM at the Wenatchee Valley Museum and Cultural Center, located at 127 S. Mission in Wenatchee. The meeting will also be accessible via Zoom at <https://us02web.zoom.us/j/84520197937>. Bill Burgel, traveling from

Portland, will present on Joseph T. Pardee and Glacial Lake Missoula. Pardee, a USGS Field Geologist with extensive knowledge of Western Montana, was instrumental in the early 20th-century discovery of the remnants of Glacial Lake Missoula. The talk will also explore the work of Harlan Bretz, who, in the 1920s, identified evidence of massive floods

that shaped the Channeled Scablands and dry coulees in eastern Washington without knowing their origin. Pardee later proposed that these geological features were the result of the drainage of a glacial lake, thus identifying the source of the water Bretz had hypothesized about.

This event is free and open to the public.

## A journalist assisted a woman's quest for suicide. Did he get too involved?

By JEREMY BARR  
The Washington Post

Kevin Cullen, a veteran columnist for the Boston Globe, spent months shadowing a terminally ill Connecticut woman as she campaigned for permission to have an assisted

suicide and ultimately died that way several weeks ago. The result was a heart-wrenching front-page story in the Jan. 28 edition of the newspaper.

But Cullen did more than just chronicle Lynda Bluestein's journey. He also got involved in her story by signing a legal form

attesting that she was sound of mind when she requested to die in Vermont, which granted her the right to do so.

Cullen's involvement, which was divulged in an editor's note that accompanied the

See **SUICIDE** Page **A10**

## Leavenworth Rotary News

### STUDENT OF THE MONTH Julian Valdez



Congratulations to Julian Valdez, December 2023 Leavenworth Rotary Club Student of the Month! Julian received this award due to both his academic and athletic achievements as a Senior at Cascade High School. Pictured here are Julian's parents, Rogelio Valdez and Martha Gonzalez, Julian, and Leavenworth Rotary Club President, Mahala Murphy-Martin.



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# LEGISLATIVE Coverage

## Jaywalking laws too severe, critics say

**Homeless, Black people make up big percentage of people ticketed**

By ASPEN ANDERSON  
Washington State Journal

OLYMPIA - Taking cues from California, there's a push to lighten up on jaywalking fines—a move that hits the headlines for its impact on both the homeless community and Black pedestrians.

In Washington state, Black pedestrians are stopped by police at a rate four times higher than the general population. Forty-one percent of those ticketed for jaywalking in the state are homeless.

Jaywalking is considered a non-criminal traffic violation, carrying an average fee of around \$70.

In 2023 a "Free to Walk" bill gained 700 initial supporters,

with another 200 endorsing the idea this year. If approved, the new bill, SB 5383, would decriminalize jaywalking by restricting police enforcement to instances where pedestrians abruptly enter the path of a vehicle. It does not address speed limits and exempts fully controlled limited access highways from these enforcement limits.

DeAndre Anderson, twice stopped for jaywalking, testified in favor of the bill, urging the House Transportation Committee to consider the bill's impact on "people who look like me." Anderson encouraged committee members to consider how Black men are profiled in these cases.

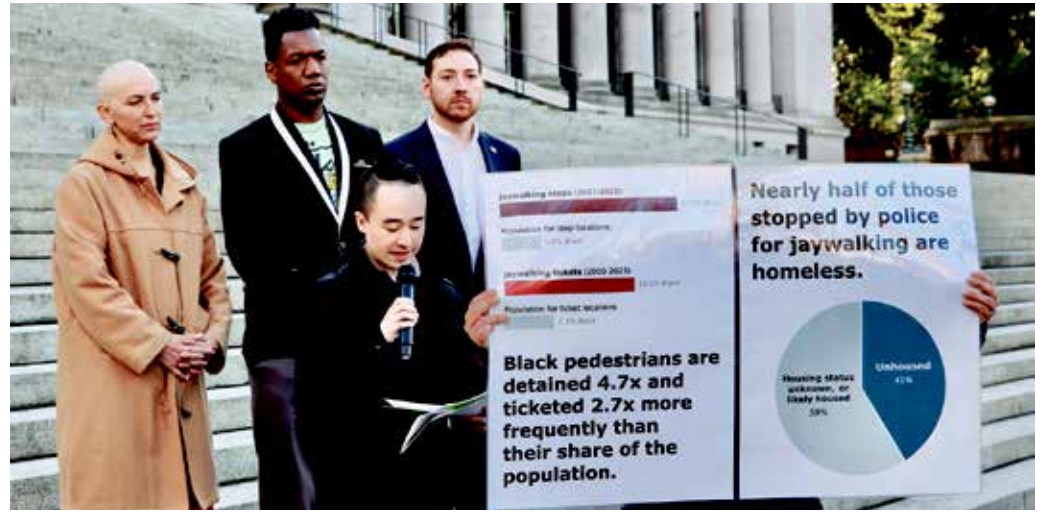
On Anderson's 18th birthday, he went to the mall for ice cream before returning home to his high

school graduation party. As he entered a crosswalk with the red hand traffic signal flashing, he was detained.

"It's a really hard experience for me to even try to cross streets, because I know that will be another excuse to be harassed," Anderson said. "I have friends that think I am ridiculous because I wait at the crosswalk until the light changes, but I know better than they do."

The second time he was ticketed, Anderson was crossing the street in Ballard with a friend to get cupcakes. An officer detained them even though there were no oncoming cars.

"I had a long conversation with the Lord in the backseat of that cop car, like what did I do to get here, why is this happening to me," Anderson said. "I know the laws are



ASPEN ANDERSON / WASHINGTON STATE JOURNAL  
Taking their arguments on jaywalking to the steps of the Capitol in Olympia are, from left in the back row: Sen. Rebecca Saldana, community member DeAndre Anderson, Advocacy Director at Transportation Choices Matthew Sutherland, holding microphone, and research partner Ethan C. Campbell. Jan. 23. Transportation Choices held a press conference on the north steps of the Washington State Capitol to unveil a new research report that shows disparate impacts of jaywalking enforcement.

supposed to be in place to help people, to help us stay safe, but it really does not feel like that."

Ethan C. Campbell, a Research Partner and community advocate at Transportation Choices, spent nearly two years on his jaywalking research report titled "Ticket to Walk: How Jaywalking Enforcement Impacts Washingtonians."

Jaywalking laws originated in the 1910s and 20s as driving became more common. The term "jay" was derogatory, denoting someone unsophisticated or uneducated, which influenced law enforcement practices, according to Campbell. He said jaywalking issues aren't new in Washington. In 1997, a crucial Washington Supreme Court ruling limited police from conducting warrant checks during jaywalking stops.

"Being detained for crossing the street is a reality for many people in Washington state," Campbell said. "People have been tackled, punched, tased, choked, and held at gunpoint during these stops.

Sen. Rebecca Saldana (D-Seattle), is the primary sponsor of the bill. The "Free to walk" legislation was introduced last year, but was not approved. She has since collaborated with 30 statewide organizations prioritizing "mobility justice."

"It's not making people safer. It's not changing habits. When you give someone a ticket, it does not create a sidewalk," Saldana said.

Taylor Gardner, representing the Washington Association of Sheriffs and Police Chiefs, said Washington roads currently pose safety risks, citing rising fatalities and injuries as evidence.

"This standard cannot stop a car when a person decides to step off a curb," Gardner says.

Gardner acknowledges the bill allows for a common-sense approach: if jaywalking is done safely and sensibly, it's allowed. The bill doesn't legalize jaywalking but outlines when it can be enforced.

Mark McKechnie of the Washington Traffic Safety Commission said if a bill is adopted, it should apply only to

roadways with posted speeds of 30 mph or lower.

He said a record spike in pedestrian deaths occurred between 2021 and 2022. From 2012 to 2022, 61% of fatalities happened outside crosswalks and 85% occurred on roads with speeds exceeding 30 mph.

In January 2023, jaywalking was decriminalized in California under the Freedom to Walk Act. Pedestrians can now cross streets anywhere without penalty.

If passed, this legislation would restrict police enforcement of pedestrian roadway laws and eliminate the obligation for pedestrians to walk facing traffic on shoulders when sidewalks are absent or inaccessible.

If passed, Washington would join California, Nevada, Virginia, Anchorage, Kansas City, and Denver in restricting jaywalking enforcement.

*The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation.*

## Mandatory process proposed to review complaints about school library books

By ASPEN ANDERSON  
Washington State Journal

OLYMPIA - A mandatory process to guide school districts should be required when protests erupt over books that deal candidly with sexual preferences and gender identity.

While proponents of that position argue a policy is crucial to protect LGBTQ+ authors, critics call the idea government overreach and argue "kids" are the only class that needs protecting.

HB 2331, now being debated in the state Legislature, prevents school districts from rejecting or censoring educational materials associated with protected classes. Additionally, the bill requires librarians to maintain culturally diverse books in their collections.

In Washington state, a majority of schools adhere to a 'model policy' for reviewing books when objections are raised. Initially, a teacher or librarian is consulted regarding a book. If a parent objects to a book, alternative material is provided for their child. If resolution isn't achieved at the classroom level, the next step is the principal's intervention. Should the matter remain unresolved, the book undergoes review by an instructional materials committee (IMC), which is appointed by the school board. The committee makes the final call.

Under the proposed bill, districts without an IMC would be mandated to form one. Members of the IMC would be appointed by the school district's chief administrative officer with approval from the school board. The committee must consist of professional staff from the district, and, at the school board's discretion, can include parents.

The primary sponsor of the bill, Rep. Monica Stonier, D-Vancouver, said she believes

an organized and politicized political movement is pushing to restrict the options for readers in schools. The necessity of this bill, according to Stonier, is that this "model policy," is not always followed when evaluating the appropriateness of a book.

Since 2021, the number of books that have been banned or challenged saw an exponential increase, according to the American Library Association.

"Limiting texts has historically and unequivocally been used to stifle the facts of history and socially elevate a narrower or limited perspective as a tool to control the thoughts and actions of people," Stonier said. "We cannot prepare our next generation for the local and global challenges we face if we do not teach the truth, whether it be inspiring or shameful."

Librarian advocates Justin McKaughan, Carolyn Logue, and Sarah Logan testified in favor of the bill. Enduring years of attacks, they've been frontline defenders against complaints about instructional materials and now seek an end to targeting books.

They say they curate age-appropriate reading materials so children see their identities reflected in what they read. They believe this bill could shield vulnerable students and foster greater engagement in school.

"We know that fascism starts when you start pulling stuff off the shelves," McKaughan said.

How schools select books is an historically significant issue and garners considerable attention. On this bill alone, 1,143 individuals signed in to testify, with 350 in support and 788 in opposition.

The main objections to books in libraries revolve around sexual content.

Concerned citizens from across Washington state said books like "Gender Queer," "Flamer," and "This Book Is Gay," cross the line. The books

contain explicit depictions of sex acts, including those involving adults and minors.

In 2021, "Gender Queer," became the most banned book in the country. Schools across the country removed this book from their shelves with some labeling it pornographic. It is a graphic memoir about adolescence and gender identity that features a handful of drawings depicting nude characters and various sexual scenarios.

Sarah Garriott, a concerned mother, said thousands of families have exited Washington state public schools, especially during the pandemic. Enrollment has dropped by over 60,000 students, with 60% failing to meet math standards and 50% unable to read at grade level. She contends that this "politically driven legislation" will drive more families away from public education.

"Trying to slip pornography into our children's education at a state level under the guise of trying to protect the LGBTQ community is disingenuous and should outrage and insult every caring gay adult who cares about the innocence of children," Garriott said.

Sharon Damoff, a concerned mother, urged the Legislature to reject the bill due to its emphasis on protected classes. She recalls reading Oscar Wilde in high school not because he was gay but because he was a "funny, brilliant, and insightful writer."

"We should focus on excellent work not the box someone checks because that is a limiting and childish way to look at people," Damoff said.

Opponents of the bill also say laws already exist against discrimination in all public schools across the state. They question the need for legislation to protect specific classes and are uncertain about its potential impact.

See LIBRARY BOOKS Page A7

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## TRAVIS CORBETT

Employee of the Year

Travis has been employed with Mountain Meadows since 2020. We are fortunate to have Travis' strong work ethic leading our maintenance department as the Director. He is known amongst the staff and residents for his upbeat attitude, sense of humor, and compassion. Travis keeps the outside property and the building in great shape with his attention to detail and broad skill set. He goes above and beyond for everyone here, including playing Santa every Christmas to the delight of the residents! Thank you Travis!

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# Apple's Vision Pro is 'spatial computing.' Nobody knows what it means.

By SHIRA OVIDE  
The Washington Post

Apple insists that its \$3,500 Vision Pro ski goggles, which officially debuted Friday, is not virtual reality but “spatial computing.”

One problem: No one agrees on the definition of spatial computing. Ask 10 people in technology and you might get 12 different answers.

What Apple calls a spatial computer, some technologists call “mixed reality” - or possibly “augmented reality,” “holographic computing,” “the metaverse” or “XR,” which some people say is shorthand for “extended reality.” Others say the letters don’t stand for anything.

Technologists parse different meanings from these terms. And this is confusing for just about everyone.

“Even I can’t get my head on straight of what things mean all of the time,” said Alex Coulombe, co-founder of Agile Lens, which calls itself an XR company. Coulombe started to tell me that spatial computing and XR are the same - but changed his mind midsentence.

It’s revelatory when a term encapsulates a product or your emotions - “podcast” or “languishing.” When a technology can’t define itself clearly, it’s a roadblock to feeling like it’s right for you.

Let’s run through the nonsense words and how the gibberish jousting shows that none of these computers for your face are what you or their creators really want.

Oh, and if you’ve assumed the Vision Pro is a virtual reality headset - you’re basically right.

## What is spatial computing, anyway?

I’m going to define it as an immersive video feed of the physical world plus the internet.

When you strap on the Vision Pro, you can watch a movie through the screen on your face and see your living room around you. You can pull up a recipe app through Apple’s headset and position virtual cooking timers above your pots as you follow the instructions.

But you’re not seeing the real world. You’re seeing a nearly live streaming video of your living room or kitchen with apps superimposed on there. Meta’s \$500 Quest 3 headset works this way, too.

Some technologists use terms such as “mixed reality” to describe a combination of virtual elements and a digital feed of your physical environment. Or “pass-through.” I’m sorry.

Some experts instead use spatial computing as a catchall term for a range of technologies, including 3D images, virtual reality and smartphone games such as “Pokémon Go.” Other people use XR as a catchall term.

An Apple representative didn’t respond when I asked how the company defines spatial computing.

Even the experts don’t agree! It’s probably best if no

one uses any of these words. (I hereby vow to avoid them.)

“The industry loves to argue about these terms,” said Anshel Sag, principal analyst with Moor Insights & Strategy. “Most of the terminologies we use today are irrelevant to the layman.”

## Actually, the Vision Pro is mostly VR

After days of conversations that left me dizzy, most experts agreed on a verbal shortcut.

Most of the digital-plus-physical experiences that companies might call spatial computing, the metaverse, mixed reality, blah blah blah, are on a continuum between virtual reality and augmented reality.

You probably know what virtual reality is. You’re immersed in a simulated digital world, typically through computer goggles. You don’t see the real world.

The flip side is augmented reality or AR. You see the world with your own eyes, and digital images are mixed in.

If you’ve peered through the Pokémon Go app on your phone and saw a real park bench with a virtual monster hopping on it, that’s augmented reality. So are Snap’s experimental Spectacles glasses through which you might look at a restaurant menu and see it morph from Japanese to English.

By this standard, the Vision Pro and Quest 3 are mostly VR with a dash of augmented reality. The Fortnite game is mostly virtual reality, though

## Bilingual

Continued from page A1

and how they want to help others.

“A night like this is all about the families, so I want conversations to start, or to continue, that it’s not just about “What do you want to be when you grow up?” that a lot of our students get as a question, but more of how can we facilitate your interests? How can we explore these different avenues? What sort of things are you curious about?” said Grace.

The event was bilingual to ensure that every family was able to facilitate those conversations with their students. Many career representatives were native Spanish speakers, and for those who weren’t, Grace recruited Spanish interpreters for those tables.

“It’s really important not just to have interpreters but also to have that representation for our students to see themselves and future careers, so that was really cool,” said Grace.

The administration was also intentional to include a wide variety of jobs. While students could still learn about doctors and nurses, they were also

able to meet a lab technician who works behind the scenes. They could to meet a mountain guide who climbs and skis for a living, or someone who isn’t just an engineer, but an engineer business manager.

“We want to include the [jobs] that kids might know about, but we want to expand things they might not know about. We want to make sure that they see the diversity in the jobs, that all kinds of people can do all kinds of things,” said Ross.

Although younger grades may not remember the lab technician at career night, the hope is that the connection lays the foundation for parents and schools to help students explore their interests and strengths. By the time they reach high school, students will feel more confident and prepared to work towards a college or career goal that suits them.

“I think for all of us, regardless of our background, our experiences, and our culture, we don’t know what else is out there until things like this can help expand our knowledge base,” said Grace.

Taylor Caldwell: 509-433-7276 or taylor@ward.media



TAYLOR CALDWELL / WARD MEDIA  
Faith Hall checks out a book at the communications table during career night.

# A dog on your lap at the dentist? ‘Yes, please.’

By CATHY FREE  
The Washington Post

Debbie Zaiger hates going to the dentist. She puts off her appointments as long as she can.

“My level of anxiety at the dentist is really high - so much so that I need laughing gas just to get my teeth cleaned,” she said.

Then last month, she learned about Ollie.

When Zaiger, 61, showed up for her hygiene appointment in downtown Minneapolis, she reclined in the dentist’s chair and Ollie, a fluffy, 80-pound English goldendoodle, hopped into her lap and sprawled across her legs.

Zaiger said she was able to relax, this time without nitrous oxide.

“While my teeth were being cleaned, I was petting Ollie and rubbing his head and ears, and he fell asleep on top of me,” she said. “He’s such a good boy, and he was really calming. I’m surprised at how much he helped.”

Ollie belongs to hygienist April Kline. She started bringing the sweet-natured 4-year-old canine to work with her at J & D Dental from time to time last year, thinking he might help comfort nervous patients.

Studies have shown that petting dogs can relax people and reduce stress, and that dogs benefit from the interaction as well. About 36 percent of Americans have dentophobia - a fear of going to the dentist, with 12 percent having an extreme fear, according to the Cleveland

Clinic.

Kline is familiar with what that anxiety looks like.

She and her family got Ollie as a pup a few years ago at the height of the pandemic and trained him to respond to basic commands. At the time, the dental office was temporarily closed because of covid.

After Kline returned to work, she said her husband and two teenage daughters came in one day to get their teeth cleaned and brought Ollie with them.

“My husband is a very anxious patient, and while he was lying in the chair, Ollie jumped on top of him and fell asleep,” said Kline, 47. “He wasn’t bothered at all by the dental noises.”

Jerry Kline Jr. and her

See DENTIST DOG Page A10



COURTESY APRIL KLINE  
Maya Norman relaxes with Ollie during a recent visit at J & D Dental in Minneapolis.



COURTESY APRIL KLINE  
Sue Heger said she's finally able to relax during dental appointments when they include petting time with Ollie.

## Screenagers

Continued from page A1

regarding the topic of the films. The conversations will be tailored around the feedback and questions received at the end of each film. The event will take place from 6:30 p.m. to 8 p.m. However, the location of the event is yet to be determined.

“I hope we have a community conversation around technology and making sure that we’re being safe for kids, but

also thinking about how adults are role models about how we can use technology safely and respectfully. I think it’ll be beneficial for the entire community,” Cascade School District Superintendent Tracey Edou.

The series was created by physician and filmmaker Delaney Ruston of Seattle, WA. Ruston was inspired to create the trilogy when she struggled with the right approach to screens with her 12 and 14-year-old and saw other

parents and schools were also struggling with their approach. As a physician, Ruston started looking at medical research to understand the negative effects of the digital world on teens and look for solutions.

The following two films will be screened at 6:30 p.m. at Cascade High School Auditorium on Feb. 12 and Mar. 18. Doors open at 5:30 p.m.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

## Mill Site

Continued from page A1

the preferred vision of the site, the next steps will be taken to secure further funding to plan and execute the project.

“It usually takes, like for a

full park planning exercise, a couple of years and a lot more money. We don’t have any identified money right now, but if the council wanted to move forward with the next step, we’re happy to participate. So, it’s really up to them. What do they want

to do next?” said Mike Kaputa, Director of Natural Resources.

Peshastin Community Council will meet next at the Peshastin Memorial Hall at 6:30 p.m. on Feb. 21.

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# Supply, not demand, is the true driver of our fentanyl crisis

By SAM QUINONES  
The Washington Post

Before Mexico's cartel wars, I lived in the country for 10 years. I didn't write much about drugs, focusing instead on immigration. But if asked, I'd have probably agreed with the Mexican line: Demand for drugs from the United States was creating supply.

Now - after years of interviewing people with addiction, their family members, cops, traffickers and dealers, drug counselors, paramedics, ER doctors and nurses, as well as writing two books on opioids, including fentanyl - I believe the opposite: Street fentanyl, indeed all opioids, are about supply creating demand.

Opioids transform our brain chemistry, creating dependency and squelching our basic instincts for survival. But it is relentless supply that perpetuates this demand by making opioids readily available - and getting sober an agony. The most recent provisional data from the Centers for Disease Control and Prevention, for a 12-month period that ended in August, estimated that there were 112,000 fatal overdoses nationwide, an increase of almost 3 percent over the 12-month period ending in August 2022.

Supply creating demand is the story of our national opioid epidemic, with an inundation of pain pills creating a population of addicted consumers that didn't before exist. Take West Virginia: In the 1990s, before it was flooded with opioid pills, it ranked near the bottom of the 50 states when it came to

overdose rate. Now, it ranks first.

Or, take the word of members of the Sackler family (who have denied wrongdoing) and Purdue Pharma (which in a settlement pleaded guilty to three felonies), whose internal emails and memos make clear they knew: Supply patients with the pill OxyContin, which includes the opioid oxycodone, and they are likely to use at ever-higher doses for years. In other words, supply creates demand was virtually the Purdue business model.

Fentanyl offers new twists on that story. The drug is a magnificent surgical anesthesia - I've had it in an operation - because it takes patients in and out of anesthesia quickly. On the street, however, fentanyl's short-lasting nature means addicts must use it repeatedly throughout the day to keep withdrawal at bay.

Plentiful fentanyl, meanwhile, drives users' tolerances to towering levels, with brutal withdrawals. This makes kicking fentanyl scary - and is why many street addicts refuse treatment and housing even at the risk of death. A drug counselor told me that, depending on the moment, their "clients are terrified of two things: dying of fentanyl and being away from fentanyl."

Our street fentanyl is manufactured in Mexico. Traffickers control Mexican ports to such an extent that they can import chemical ingredients from China and elsewhere a year-round. Those traffickers have assault weapons, many bought in the United States and smuggled south, which ensure this impunity.

The unrelenting supply the cartels create means fentanyl is now everywhere. It is mixed into counterfeit pills smuggled into the United States by the tens of millions. It is laced into many other drugs, such as meth, marijuana and cocaine. That's why Black people are now dying at a higher rate of opioid overdose than White people - and usually not for any initial demand for it. Many Black drug users die from what they believe is cocaine but is actually cocaine laced with fentanyl.

These vast supplies are also why there's no such thing as long-term fentanyl users. If they remain on the street, they die.

Dealers, meanwhile, know that if customers don't immediately die, they'll be fervent, daily buyers - for a while. Thus dealers seem unchastened when customers overdose: Dead addicts will be replaced soon enough.

Expanding drug-treatment capacity should be a national priority, though it's likely many people addicted to fentanyl will still refuse treatment or quickly run back to the drugs, as is common today. Naloxone revives people from overdose and is an essential tool. But it's foolhardy to assume we can repeatedly revive fentanyl addicts, leaving them on the street until they decide to seek treatment and stay; fentanyl or the street will kill them before that happens.

With users so outmatched by these drug supplies, we need to get them off the street and to a place where they can't leave when the dope tells them they must. One welcome change is that jail is being rethought as a place of recovery - where,

after an arrest, people with addiction can get blessed refuge while their brains heal.

It is also essential for the United States to find ways of engaging Mexico to, among other things, track and disrupt the importation of fentanyl's chemical components. In turn, the United States must step up to curtail the southward supply of assault weapons, sold so easily here, that ensure traffickers can produce the drugs killing so many Americans.

Perhaps first, though, we need to get used to the new ideas about illicit drugs that pervasive fentanyl clarifies - including that supply is creating demand.

Sam Quinones is the author of four books, including "The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth."



SALWAN GEORGES/THE WASHINGTON POST  
Officials from Mexico's attorney general's office, at their headquarters in Tijuana in October 2022, unload hundreds of pounds of fentanyl and meth seized near Ensenada. No one was arrested in connection with the seizure.

## Librarian

Continued from page A1

which fundraises, promotes literacy, and gives books to students, has also been critical to the success of the library, said Massey.

One of Massey's favorite memories has been watching Camp create the Dungeons and Dragons program.

"Each week, she has come dressed as a different character, and that has been really fun to see. Seeing Gracie just connect with the teens and the youth has been really inspiring," said Massey.

When Camp pitched the idea, she said Massey was enthusiastic about it, despite being unfamiliar with the program. It has had major success, bringing

in new library patrons and introducing new residents to like-minded people.

"She's been so, so passionate about creating new opportunities for people. Just being able to like, throw out ideas and come up with new things and be really creative, and have her be so supportive and excited about all of that has been an absolute gift and joy," said Camp.

As Massey steps back, she plans to enjoy the library as both a patron and Library Assistant. She'll spend her summers backpacking sections of the PCT with her husband and traveling in their van.

Her final project was creating a banner with the NCW Libraries' mission statement. The banner was designed by Celisse Ellis and hangs above the help desk.

The project encapsulates Massey's motivation in her years as a librarian and what she envisions for Leavenworth Library's future.

"I hope that everybody experiences the library as this place for resources and opportunities that foster individual growth and strengthen communities... There's so much more than just books available, and I hope people know that," said Massey.

In addition to a wide range of community events it hosts, the library also provides resources such as mobile hotspots, snow shoes, blood pressure monitors, full-spectrum lights, museum passes, Discover passes, and color printing.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

## POINT OF VIEW

# Hydropower is the cornerstone of a reliable, clean energy future

Affordable, plentiful energy is the root of a society that enables economic growth. It's easy to forget our community's biggest asset even though it affects everything we do. Now more than ever, our customers need to understand hydropower's role in the rapidly changing energy landscape, and how we're preparing for the future.



**KIRK HUDSON**  
General Manager  
Chelan County PUD



**GARY IVORY**  
General Manager  
Chelan County PUD



**RICH WALLEN**  
General Manager/  
CEO  
Grant County PUD

20 percent electricity load growth in the region over the next 5 years. Meanwhile, state and federal policies increasingly require that electricity be emission-free. This will entail a combination of energy storage, remote renewables, new transmission lines, and more energy innovation. It's more likely that the region will need both massive

amounts of new power AND the Snake River Dams. Otherwise, customers statewide would be impacted by less reliability and higher bills like we've seen in other parts of the country.

### Our Stewardship Responsibilities

With hydropower and energy issues so frequently in the news, we wanted to assure our customers that we are looking ahead and adapting to change. Our PUDs hosted a Clean Energy Expo in Wenatchee last month because we expect to need more energy and want to explore innovative sources. We continue to invest in our hydropower projects through modernization and dam safety investments. And we've committed to fish management programs that go above and beyond standard regulatory requirements. For example, just recently Chelan PUD achieved its 20-year standard for having "no net impact" on migrating salmon and steelhead. Both Douglas and Grant PUDs also have similar long-term programs that exceed the requirements of their federal hydropower licenses.

Stewardship is overseeing and protecting something worth preserving. Our communities have a great gift in the public-owned dams - both PUD and federal - on the Columbia River system. With this foundation of reliable, zero-carbon emitting power, we are well-positioned to respond to future change while preserving our public power legacy - and that applies to fish and clean, reliable energy for everyone.

### Bad News for Hydropower

A recent proposal illustrates this problem and highlights the growing disconnect surrounding hydropower's importance to our everyday lives. In December, the U.S. government filed an agreement in Oregon to resolve an Endangered Species Act lawsuit against federally owned dams on the Columbia and Snake Rivers. Under the agreement, the U.S. government commits to helping tribes build replacement power for the four Lower Snake River Dams. The goal is to bring the region one step closer to breaching them. Dam breaching is deeply concerning for customers served by utilities (including those in Okanogan and Kittitas counties) who purchase power from the Bonneville Power Administration, which markets the hydropower produced by the Lower Snake River Dams. It is also concerning to regional electric grid managers, who understand there are no easy replacements for the consistent carbon-free energy provided by these dams. Unfortunately, utilities were not allowed to provide input into the agreement, and many of the details are still unclear.

### Building on the Hydropower Foundation

Talk of dam breaching fails to recognize that we're entering a time of extreme change for the electric grid. Projected electricity demand is staggering as new industries and public policy shift more energy use to electricity. The Pacific Northwest Utilities Coordinating Council predicts

It's no secret that the public utility districts of Chelan, Douglas and Grant counties provide very low electric rates. Thanks to the vision of local citizens who voted to create public utility districts, and the commissioners elected to represent them, our PUDs brought low-cost public-owned hydropower to our region over 60 years ago. Today, these hydropower projects are the backbone of a clean energy economy that supports local residents and attracts new industries. As a bonus, the dams provide recreational opportunities and beautiful parks that make our communities a desirable place to live.

### Good News for Hydropower

Hydropower's reputation has seen some highs and lows over the last few years in the regional and national spotlight. The good news is that Washington State's Clean Energy Transformation Act recognizes hydropower as a clean resource that can help meet carbon reduction goals. That's a change from 20 years ago, when our existing hydropower wasn't counted as eligible under the state's renewable energy standard. At the federal level, recent laws providing billions in clean energy incentives treat hydropower more equitably than in the past. These are encouraging signs. Yet most people don't really understand hydropower's crucial role in keeping our electric grid reliable and costs affordable as coal and natural gas generators retire.

## Upper Valley Church Guide

To Place Information In The Church Guide Call 509-548-5286

Cashmere	Leavenworth
 <b>CASHMERE PRESBYTERIAN CHURCH</b> 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke • www.cashmerepres.org	 <b>CASCADIA MOUNTAIN BIBLE CHURCH</b> Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School, 10:30 a.m., Worship Service
 <b>CASHMERE COMMUNITY CHURCH</b> 213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana cashmerecommunitychurch@gmail.com	 <b>CORNERSTONE CHURCH</b> Leavenworth Grange Hall 621, Front St. info@cornerstoneleavenworth.com Sunday Worship - 10 a.m.
 <b>CHRIST CENTER</b> Sunday Worship Service at 10 am Lead Pastor Steve Haney • 5800 Kimber Rd., Cashmere • 509-295-8006 christcentercashmere.com	 <b>LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH</b> 418 Evans Street • 509-548-5619 10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout leavenworthumc.org
 <b>GRACE LUTHERAN CHURCH</b> • 509-860-0736 • 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. • Pastor Rob Gohl	 <b>CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS</b> 10170 Titus Rd. (across from middle school). Church: 509-548-7667 Meetings: Sunday - 10 a.m.
 <b>ST. JAMES EPISCOPAL CHURCH</b> • 509-860-0736 • 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl	 <b>FAITH LUTHERAN CHURCH - ELCA</b> "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following Eva Jensen, Pastor https://www.flcleavenworth.org
Dryden	 <b>FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC</b> 429 Evans Street, 509-470-7745 Sunday Worship: 11 a.m. www.leavenworthbaptist.com Email: info@leavenworthbaptist.com
 <b>DRYDEN COMMUNITY CHURCH</b> Hwy 2 at Dryden Ave. 509-782-2935 Sunday Worship at 11 am. Prayer Meeting Wed. at 6 pm. Pastor Bill Clem	 <b>LEAVENWORTH CHURCH OF THE NAZARENE</b> 111 Ski Hill Drive • 509-548-5292 Sunday Worship 10 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossset Worship Pastor-Jacob Mitchell www.LCN.org
 <b>MID-VALLEY BAPTIST CHURCH</b> 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., • Sunday School, 9 a.m. • Pastor Mike Moore www.midvalleybaptist.org	 <b>SEVENTH DAY ADVENTIST CHURCH</b> 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 509-860-3997
Monitor	 <b>SPIRIT LIFE CENTER</b> 210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. • Wednesday Bible Study 6:30 p.m. • Pastor Russell Esparza
 <b>MONITOR UNITED METHODIST CHURCH</b> 3799 Fairview Canyon 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana	 <b>PLAIN COMMUNITY CHURCH</b> Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org
Peshastin	 <b>NEW LIFE FOURSQUARE CHURCH</b> 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com
 <b>LIGHT IN THE VALLEY COMMUNITY CHURCH</b> 8455 Main Street Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org	



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**ATHLETE OF THE WEEK**

**Abbigail Carnahan**  
**Winter Cheer**

**Senior**  
Abbi, 4-year Varsity Cheerleader, is a leader in all areas of her life. Abbi's commitment to her team and her studies is one of many ways she shows Kodiak leadership. Abbi demonstrates great sportsmanship by being helpful to her teammates and respectful to her coaches. Way to go!



**Kodiaks Scoreboard**

GIRLS BASKETBALL	
Jan. 30:	Cascade 7, Cashmere 62; Loss
Feb. 1:	Cascade 29, Quincy 34; Loss
BOYS BASKETBALL	
Jan. 30:	Cascade 23, Cashmere 77; Loss
Feb. 1:	Cascade 20, Quincy 69; Loss

**Kodiaks Schedule**

BOYS WRESTLING	
Feb. 3:	Cascade Away Omak, CTL & CWB Tournament at 10 a.m.

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**Seattle Seahawks hire Ravens' Mike Macdonald as their coach**

By **MARK MASKE**  
*The Washington Post*

The Seattle Seahawks waited for their chance to interview Baltimore Ravens defensive coordinator Mike Macdonald in their head coaching search. Their patience paid off. They hired Macdonald as their coach Wednesday. The team announced the move hours after a person familiar with the leaguewide hiring process confirmed the Seahawks' choice, contingent at that point on the completion of a contract. Macdonald replaces Pete Carroll, who reluctantly agreed to step aside after the season. "We're going to be here for a long time, and we're going to win a lot of football

games," Macdonald told team employees Wednesday in a video that the Seahawks posted to social media. The Seahawks became the seventh team to select a new coach this offseason. Only the Washington Commanders continue their search. Macdonald, 36, gets his first NFL head coaching opportunity after only two seasons as the Ravens' defensive coordinator, working for Coach John Harbaugh. He had a previous seven-year stint on the Ravens' coaching staff as a coaching intern, defensive assistant, defensive backs coach and linebackers coach. Macdonald becomes the NFL's youngest head coach. He left the Ravens for one season to work for Harbaugh's brother, Jim, in the college

ranks as the defensive coordinator at Michigan in 2021, then returned to Baltimore to replace Don "Wink" Martindale as the Ravens' defensive coordinator. Jim Harbaugh, after coaching Michigan to this season's national championship, agreed to a deal last week to coach the Los Angeles Chargers. The Ravens ranked sixth in the NFL in total defense this season and entered the playoffs as the AFC's top seed. But their season ended in disappointing fashion Sunday, one win shy of the Super Bowl, with a 17-10 loss to the Kansas City Chiefs in the AFC championship game in Baltimore. Macdonald interviewed Monday with the Commanders and Tuesday with the Seahawks in Baltimore. The

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Seahawks had not interviewed Macdonald earlier in their search, meaning they had to wait until after the Ravens' season was completed, under NFL rules. Macdonald met again Wednesday with the Seahawks in Seattle, and the sides progressed toward a deal. He reportedly agreed to a six-year contract. The Seahawks chose Macdonald over a group of candidates that included Dallas Cowboys defensive coordinator Dan Quinn, New York Giants offensive coordinator Mike Kafka, Las Vegas Raiders

defensive coordinator Patrick Graham and Carolina Panthers defensive coordinator Ejiro Evero. Detroit Lions offensive coordinator Ben Johnson informed the Seahawks and Commanders on Tuesday that he was withdrawing from their coaching searches and would remain in Detroit. Macdonald inherits a Seahawks team coming off a second straight 9-8 season. Seattle made the playoffs last season but missed out this season. Carroll said at a news conference the day he stepped aside that he had "competed pretty hard to be the coach," but

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**Washington Outdoors Report**

**February 02 to February 08, 2024**  
**The Washington State Guides Association**  
By **JOHN KRUSE**  
*Special to Ward Media*

When it comes to fishing, there are quite a few special interests lobbying for their own agendas in Olympia. Some of these groups are conservation organizations such as Trout Unlimited or the Coastal Conservation Association. Commercial fishermen have lobbied for their livelihood for years. Until recently though, professional fishing guides had no unified voice. That's why the Washington State Guide Association was founded at the Washington Sportsmen's Show in Puyallup in 2018. The number of professional guides operating in Washington has seen a dramatic drop in the last five years, going from 850 guides to 500. The Washington Guide Association has 105 members. Last week, the Association held their annual meeting at the Washington Sportsmen's Show. President Doug Saint Denis and Vice President Robert Kratzer moderated the discussion, attended by some 27 guides and others who support the organization. The association main

mission is to advocate for the interests of fishing guides in Washington State. Five members of the group sit on the State's Guide Advisory Committee. The association was involved in the North of Falcom meetings, where fisheries are set along the Pacific Coast. They also have written letters to the Department of Fish and Wildlife and the Commission on various issues related to fisheries management in terms of opening and/or closing specific seasons for conservation reasons. The association has an active Facebook Page with 1100 followers. They also have an Instagram account. The association meets every month. The final North of Falcom meeting this year will be in Seattle. The Pacific Marine Fisheries Commission will have sportfishing groups meeting daily and the Guide's Association plans on having at least two members present. Doug Saint Denis and Bob Kratzer both spoke to their members about the importance of reaching out to WDFW leaders, commissioners and staff members and provide constructive criticism with well thought out solutions for the best opportunity to make change, as opposed to complaining with posts on Facebook, which does little good.

During the meeting Duane Inglin, the host of the television show Fish-Hunt Northwest, spoke to the group about the Summit Lake Kid's Trout Derby they run in Thurston County. The event targets military families and single parent families. This year's derby will take place the morning of May 18th. WDFW will be stocking some 10,000 trout in the lake a week before the derby and a kid's trout pond will also be available for very young anglers. Inglin asked the guides present if some of them would be willing to volunteer to take some kids out for a morning of fishing on derby day and several guides said they were interested in helping. Inglin says he expects 250 kids to attend this year and winners will receive medals and prizes. In fact, Inglin says every kid who attends will be going home with some sort of prize. If you are interested in participating contact Duane through the Fish-Hunt Northwest Facebook page. After this there was a spirited discussion about the subject of "limited entry," a subject being talked about at the state level that could limit the entry of both professional fishing guides and the public to highly pressured salmon and steelhead fisheries like the mouth of the Wind River,

Drano Lake in the Columbia River Gorge, and coastal streams on the Olympic Peninsula. Limited entry could result in some guides being excluded from fisheries or perhaps a cap imposed on the number of guide licenses being allowed to exist in the state. If a cap were to be enacted, it is likely that as existing guide licenses expired, new licenses would not be available for individuals wanting to be a professional fishing guide. This is something most of the members are not in favor of. Additional discussion took place about an existing directive by WDFW to limit the number of guides on the Columbia River and require guides to use log books. However, the Columbia River is co-managed by Oregon and fisheries managers in Oregon oppose limiting guides or requiring them to maintain log books of what they catch. Because of that it is unlikely, given the current situation, that these things will happen to Washington guides. You can find out more information about the Washington State Guides Association at [www.waguideassociation.org](http://www.waguideassociation.org)

*John Kruse - www.northwesternoutdoors.com and www.americaindoorsradio.com*



WA STATE GUIDES ASSOCIATION  
**Guide Marc Bush gives the thumbs up to his client that reeled in a nice Columbia River salmon**

**Library books**  
*Continued from page A4*

Stonier said if there is sexual content in a book that a parent does not want their child to read, that request should be honored. She believes parents have legitimate concerns about books their children read and this bill does not take away their rights. But she added:

"The value and contribution of our LGBTQIA authors and young readers is under attack, and I am here to say we see you," Stonier said. If passed, this bill takes effect at the start of the 2025-26 school year.

*The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation.*

**Protection for abortion doctors proposed**

**Numbers would replace names on prescription bottles**  
By **MARY MURPHY**  
*Washington State Journal*

OLYMPIA - When she treated an out-of-state patient from Idaho with pulmonary hypertension. Dr. Jennifer Chin of the American College of Obstetricians and Gynecologists (ACOG) knew her pregnant patient was at risk if she carried the pregnancy to term. She believes her patient could have died without the care she received in Washington. But increasingly, Chin said, she sees doctors becoming hesitant to give abortion care because of the threat it poses

to their safety. To protect doctors, SB5960 was introduced in the state Legislature. It allows medical professionals the option of removing their names from prescription bottles. Instead, they could use their National Practitioner Identification number (NPI) or the health care facility name. "Washington providers should not live in fear of having their name on prescription bottles dug out of trash cans, shared by anti-choice groups or being targeted by abusive partners or hostile family members," Dr. Erin Berry, of Planned Parenthood, said. Since 1977, there have been 11 murders, 42 bombings, 200 arsons, and 531 assaults

targeting abortion providers, according to the National Abortion Federation. Berry added the danger is only increasing, especially for states like Washington which act as "safe havens." "Medical providers are just trying to do their jobs," prime sponsor Sen. Noel Frame, D-Seattle, said. "[In places like] Idaho with their restrictive abortion laws, so many OBGYNs are quitting to the point that they're closing down maternity wards. This was, to me, a small thing that we can do to provide just that one additional layer of protection for them." The bill has support from the Washington State Pharmacy Association, the American

College of Obstetricians and Gynecologists and Planned Parenthood. Few people have opposed the bill, but Mary Long, from Conservative Ladies of Washington, an organization generally opposed to abortions and pressing for equal consideration of anti-abortion views, said labels without names might stop patients from getting in touch with doctors. Doctors at the hearing said that should not be a worry. Numbers on the bottles are easily trackable and the facility's name will appear on the label.

*The Washington State Journal is a non-profit news website funded by the Washington Newspaper Publishers Association Foundation.*

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**Announcements**  
**Wanted**

**Leavenworth Mosquito Control District Board member opening**  
The Leavenworth Mosquito Control District was founded in 2002 with the goal of controlling mosquitoes in the Leavenworth area by using bacterial larvicides. These larvicides are harmful only to mosquito larva and are harmless to other aquatic organisms, mammals, and humans. The five member volunteer board sets a yearly budget, oversees the seasonal district manager who carries out the larvicide applications along with a couple assistants, review and approval of program expenditures, policies and procedures. To be on the board you must:  
1) live inside the Leavenworth Mosquito Control District - see the map on our website [leavenworthmosquitocontrol.org](http://leavenworthmosquitocontrol.org)  
2) regularly attend board meetings on the 1st or 3rd Mondays throughout the mosquito control season, March through October, with possibly a few meetings outside of this timeframe. Since 2020 the meetings have been held on Zoom and typically last about an hour or less. If you are interested in joining the board please send a letter of interest to [info@leavenworthmosquitocontrol.org](mailto:info@leavenworthmosquitocontrol.org), or mail to PO Box 34, Leavenworth WA 98826

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**Employment**

**Help Wanted**

**WSU is hiring a full-time SNAP-Ed Program Assistant.**  
This position is with the WSU Extension Food Sense Nutrition Education program in Okanogan County. Bachelor's degree in nutrition or related field or equivalent education and work experience is required. To apply, visit <https://wsu.edu/jobs/> and search position number R-10091. For questions, call Margaret Viebrock, WSU Chelan-Douglas County Director at 509-745-8531. Applications are due February 6. WSU is an EO/AA Educator and Employer.



**Administrative Assistant/Receptionist:**  
Chelan Fire and Rescue, located in Chelan, WA, will be accepting applications for a full-time Administrative Assistant/Receptionist position through February 20, 2024. Starting salary of \$56,024.70. A generous benefits package that includes medical/dental, retirement, and life insurance. Application and information are available online to download at [www.chelan7.com](http://www.chelan7.com) (Operations-employment/Volunteer). For more information, contact Administrative Office Manager Carol Kibler at [carolk@cf7.org](mailto:carolk@cf7.org) or call 509-682-4476.

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**Public Notices**

AMENDED NOTICE OF TRUSTEE'S SALE 108 1st Ave South, Suite 450 Seattle, WA 98104 TS No.: WA-22-946999-BB APN No.: 222010525090 Title Order No.: 220595983-WA-MSW Pursuant to the Revised Code of Washington 61.24.130(4) Reference Number of Deed of Trust: Instrument No. 2495162 Parcel Number(s): 222010525090 Grantor(s) for Recording Purposes under RCW 65.04.015: KRISTY N RIEVE, AN UNMARRIED PERSON Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING Current Trustee of the Deed of Trust: QUALITY LOAN SERVICE CORPORATION Current Loan Mortgage Servicer of the Deed of Trust: NewRez LLC, f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing As the federal bankruptcy stay has been lifted, this an amended notice as to the Notice of Trustee's Sale recorded 5/10/2023 under CHELANCountyAuditorInstrument Number 2581220. I. NOTICE IS HEREBY GIVEN THAT QUALITY LOAN SERVICE CORPORATION, the undersigned Trustee, will on 3/8/2024, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, THE EAST 60 FEET OF LOTS 7 AND 8, BLOCK 2, COLUMBIA HEIGHTS ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE

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**Legals**

**Public Notices**

**Superior Court of Washington for Chelan County**  
In the matter of the estate of Carol Ann Sunada, Deceased.  
No. 24-4-00032-04  
**Notice To Creditors (RCW 11.40.030)**  
The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: February 7, 2024. Lisa Earhart, Personal Representative Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 24-4-00032-04 Published in the Cashmere Valley Record and Leavenworth Echo on February 7, February 14, and February 21, 2024. #7227

**Public Notices**

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR PIERCE COUNTY**  
In the matter of the Estate of: KATHLEEN RENEE WILSON, Deceased.  
No. 24-4-00069-3  
**PROBATE NOTICE TO CREDITORS**  
RCW 11.40.030  
The Administrator named below has been appointed and has qualified as Administrator of this estate. Any person having a claim against the decedent must, prior to the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: January 24, 2024 ADMINISTRATOR: JASON K. WILSON Attorney for the Administrator: Brianne M. Kampbell, WSBA# 34483 KAMPBELL LEGAL PLANNING, PLLC Address for Mailing or Service: 2501 North Alder Street Tacoma, WA 98406 Court of Probate Proceeding and Cause Number: See caption above. Published in the Leavenworth Echo/Cashmere Valley Record on January 24, 31, February 7, 2024. #7151

**Public Notices**

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN**  
In the Matter of the Estate of GARY DONALD MORSE Deceased.  
No. 23-4-00451-04  
**PROBATE NOTICE TO CREDITORS**  
RCW 11.40.030  
The personal representatives named below have been appointed as personal representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representatives' or the personal representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as to claims against both the decedent's probate and nonprobate assets. Date of first publication: January 31, 2024 Date of Filing: December 26, 2023 Personal Representative: Tyson Morse Attorney for Personal Representatives: Byron J. Moore Address for Mailing or Service: Byron J. Moore Moore Law Firm, PLLC 9116 E Sprague Avenue, #1022 Spokane Valley, WA 99206 Attorney for Estate: /S/ Byron J. Moore Byron J. Moore, Ph.D., WSBA #43624 Published in the Cashmere Valley Record/Leavenworth Echo on January 31, February 7, 14, 2024. #7203

**Public Notices**

97. More commonly known as: 520 SPOKANE ST, WENATCHEE, WA 98801-2949 which is subject to that certain Deed of Trust dated 4/25/2019, recorded 4/29/2019, under Instrument No. 2495162 records of CHELAN County, Washington, from KRISTY N RIEVE, AN UNMARRIED PERSON, as grantor(s), to FIRST AMERICAN TITLE INSURANCE COMPANY, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. AS NOMINEE FOR CALIBER HOME LOANS, INC., ITS SUCCESSORS AND ASSIGNS, as original beneficiary, the beneficial interest in which was subsequently assigned to NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING, the Beneficiary, under an assignment recorded under Auditors File Number 2571595 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$36,243.92. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$175,763.09, together with interest as provided in the Note from 1/1/2022 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 3/8/2024. The defaults referred to in Paragraph III must be cured by 2/26/2024 (11 days before the

**Public Notices**

described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20 th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. Additional Information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan, in which case this letter is intended to exercise the Note holders right's against the real property only. The Trustee's Sale Number is WA-22-946999-BB. Dated: 1/8/2024 QUALITY LOAN SERVICE CORPORATION, as Trustee By: Robert McDonald, Vice President Trustee's Address: QUALITY LOAN SERVICE CORPORATION 108 1st Ave South, Suite 450, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-946999-BB Sale Line: 800-280-2832 or Login to: <http://www.qualityloan.com> IDSPub #0190348 Published in the Cashmere Valley Record/Leavenworth Echo on February 7, 28, 2024. #7147



Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of WILLIAM G. YACINICH, Deceased. No. 24-4-00031-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: February 7, 2024 Personal Representative: Matthew J. Yacinich Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 24-4-00031-04 MATTHEW J. YACINICH Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in the Leavenworth Echo/Cashmere Valley Record on February 7, 14, 21, 2024. #7216

Public Notices

CALL FOR BIDS CITY OF LEAVENWORTH GLACIER PARKING LOT (P6) IMPROVEMENTS ENGINEER'S ESTIMATE \$2,700,000 TO \$3,000,000

Notice is hereby given that Sealed Proposals will be received by the City of Leavenworth for the Glacier Parking Lot (P6) Improvements project. Proposals will be received by the City Clerk at Leavenworth City Hall in person: 700 US 2, Leavenworth, Washington 98826 or by US Mail: P.O. Box 287, Leavenworth, Washington 98826, up to 10:00 a.m.; local time on Wednesday, February 28, 2023, for furnishing the necessary labor, materials, equipment, tools, and guarantees thereof to construct the Glacier Parking Lot (P6) Improvements. The Proposals will be publicly opened and read aloud shortly after the time and date stated above. Proposals are to be submitted only on the form provided with the Bid Documents. All Proposals must be accompanied by a certified check, postal money order, cashiers check, or Proposal bond payable to the "City of Leavenworth" and in an amount of not less than five percent (5%) of the total Proposal amount. The major items of work include Grading, HMA paving, sewer force main, water main, stormwater improvements, striping, signing, illumination, a dual bus pullout along US Highway 2, a multi-user flush-restroom facility, electric vehicle (EV) charging stations, parking ticket kiosks, bicycle storage, and construction of a sheltered parking info center. Storm water improvements include installation of storm sewer main, catch basins, bioswales, bioretention planters, oil/water separator, and connection to existing storm network. The Work shall be physically complete within 100 working days after the commencement date stated in the Notice to Proceed. All bidding and construction is to be performed in compliance with the Contract Provisions and Contract Plans for this project and any addenda issued thereto that are on file at the office of the City Clerk, City Hall, Leavenworth, Washington. All work performed on the project will be subject to State prevailing wage rates. Bidders may download the digital bid documents for \$22.00 by entering Quest project #8956707 on the website's Project Search page. Please contact QuestCDN.com at (952) 233-1632 or info@questcdn.com for assistance in free membership registration, downloading, and working with this digital information. A review set will be at the Leavenworth City Hall, 700 US 2, Leavenworth, WA 98826. Financing of the Project has been provided by the City of Leavenworth, Washington. The City of Leavenworth expressly reserves the right to reject any or all Proposals and to waive minor irregularities or informalities in any Proposal. Contract questions shall be directed only to the office of the Project Engineer by calling (509) 4534833. The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. The Contractor shall assure to City of Leavenworth that all services provided through this contract shall be completed in full compliance with the Americans with Disabilities Act ("ADA"). No bidder may withdraw their proposal after the hours set for the opening thereof, or before award of contract, unless said award is delayed for a period exceeding forty-five (45) days. Published in the Leavenworth Echo / Cashmere Valley Record on February 7, 14, 2024. #7728

Public Notices

CITY OF CASHMERE NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that the Cashmere City Council will hold a public hearing on Monday, February 26, 2024 at 6:00 PM at the Cashmere City Hall, 101 Woodring Street, Cashmere, Washington, on the request for vacation of portions of Spring Street by Al Kennedy and Blaine Smith. If you are unable to attend in person, please call City Hall or access the agenda on the City's website for login information. Written comments can be sent to Tammy Miller, Director of Planning & Building at Tammy@cityofcashmere.org. Published in the Cashmere Valley Record/Leavenworth Echo on February 7, 2024. #7237

Public Notices

Ray Rock Grocery - Proposed Removal from the Hazardous Sites List Available for Review and Comment

The Washington State Department of Ecology is providing an opportunity for the public to comment on the Proposed Removal from the Hazardous Sites List for the Ray Rock Grocery Site located at 19475 US Hwy 2 in Leavenworth. The cleanup actions performed at the site along with soil sampling confirm no petroleum contamination remains above state cleanup levels. Ecology recommends removing the site from the Hazardous Sites List. The 30-day public comment period will run from February 1, 2024 through March 4, 2024. Documents can be reviewed online at Ecology's Ray Rock Grocery cleanup site website at https://apps.ecology.wa.gov/cleanupsearch/site/10237. Documents are available for review at Leavenworth Public Library at 700 Highway 2 in Leavenworth, and at WA Department of Ecology at 1250 W. Alder Street in Union Gap. Please submit your written comments to Rhonda Luke, Public Involvement Coordinator, 1250 W. Alder Street, Union Gap, WA 98903, Rhonda.Luke@ecy.wa.gov, online at https://tcp.ecology.commentinput.com/?id=emJKDFMP or call 509-406-6931 with any questions. To request an ADA accommodation, contact Ecology at 509-575-2490 or visit https://ecology.wa.gov/accessibility. For Relay Service or TTY call 711 or 877-833-6341. Published in the Leavenworth Echo/Cashmere Valley Record on February 7, 2024. #7217.

Public Notices

Superior Court of Washington County of Walla Walla Juvenile Court Dependency of: ISRAEL DREW HAMILTON, DOB: 07/20/2017 No: 23-7-00139-03 Notice and Summons by Publication (Dependency) (SMPB)

To: Jacob Besel, Alleged Father To: To Whom It May Concern A Dependency Petition was filed on October 24, 2023. A Uncontested Fact Finding hearing will be held on this matter on: February 16, 2024 at 10:00 a.m. at: Walla Walla County Courthouse, 315 W. Main St., Walla Walla, WA 99362. You should be present at this hearing. The hearing will determine if your child is dependent as defined in RCW 13.34.030(6). This begins a judicial process, which could result in permanent loss of your parental rights. If you do not appear at the hearing, the court may enter a dependency order in your absence. To request a copy of the Notice, Summons, and Dependency Petition, call DCYF at (509) 524-4900. To view information about your rights, including right to a lawyer, go to www.atg.wa.gov/DPY.aspx. DATED this 26 day of December, 2023. Crystal Jennings DEPUTY CLERK Published in the Cashmere Valley Record/Leavenworth Echo on January 24, 31, February 7, 2024. #7135

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN JAMES C. GRAY AND DEBORAH L. GRAY, husband and wife, Plaintiff, vs. DUANE P. STEWART AND DEBORAH A. STEWART, husband and wife; and ALL PERSONS OR PARTIES UNKNOWN CLAIMING ANY RIGHT, TITLE, ESTATE, LIEN OR INTEREST IN THE REAL ESTATE DESCRIBED IN THE COMPLAINT HEREIN, Defendants. NO. 24-2-00037-04 SUMMONS BY PUBLICATION THE STATE OF WASHINGTON TO: All persons or parties unknown claiming any right, title, estate, lien, or interest in the real estate described in the Complaint herein. YOU ARE HEREBY SUMMONED to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 31st day of January, 2024, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiff, James C. Gray and Deborah L. Gray, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiff, James C. Gray and Deborah L. Gray, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the clerk of said court. The object of this action is to quiet title in Plaintiff to real estate in Chelan County, Washington, described as: The East half of the Northwest quarter of the Northeast quarter of the Southeast quarter, and the Northeast quarter of the Northeast quarter of the Southeast quarter, Section 31, Township 23 North, Range 19 East, Willamette Meridian, Chelan County, Washington, lying westerly of the westerly right-of-way of Mission Creek Road, except Parcel E depicted on Boundary Line Adjustment No. 2587, recorded July 7, 1992, under Chelan County Auditor's File No. 920707006. against the claim of the Defendants and any one of them. DATED this 25th day of January, 2024. DAVIS, ARNEIL LAW FIRM, LLP Attorneys for Plaintiff By STEVE D. SMITH WSBA #16613 Office and Post Office Address: 617 Washington Street Wenatchee, WA 98801 Published in the Cashmere Valley Record/Leavenworth Echo on January 31, February 7, 14, 21, 28, March 6, 2024. #7204

Public Notices

CITY OF LEAVENWORTH REQUEST FOR QUALIFICATIONS FOR ON-CALL UTILITY ENGINEERING

The City of Leavenworth (City) is soliciting statements of qualifications (SOQ) from qualified consulting firms (Consultants) to provide professional services for on-call utility engineering. The selected firm will be utilized under the on-call utility contract for planning, design, permitting, bidding, and construction services for various utility projects as requested by the City. The complete Request for Qualifications (RFQ) document can be found on the City of Leavenworth's request for bids/proposals webpage: https://cityofleavenworth.com/documents/category/requests-for-bids-proposals. It is the sole responsibility of the Consultant to obtain any RFQ updates or addenda from the City's website. Submissions shall be sent electronically to Andi Zontek-Backstrum, CIP Manager/Deputy Public Works Director, at azontek@cityofleavenworth.com by 2:00:00 PM on Thursday, February 29, 2024. Late or incorrectly submitted submissions will be automatically disqualified from consideration. Any qualifications received after the specified date and time will automatically be rejected and will not receive any further consideration by the City. The City of Leavenworth in accordance with Section 504 of the Rehabilitation Act (Section 504) and the Americans with Disabilities Act (ADA), commits to nondiscrimination on the basis of disability, in all of its programs and activities. This material can be made available in an alternate format by emailing Andi Zontek-Backstrum, PE, CIP Manager/Deputy Public Works Director at azontek@cityofleavenworth.com or by calling (509) 548-5275. The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all consultants that will affirmatively ensure that any contract entered into pursuant to this request for qualifications, disadvantaged business enterprises will be afforded full and fair opportunity to submit proposal in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Published in the Leavenworth Echo/Cashmere Valley Record on February 7, 2024. #7241

Public Notices

CITY OF LEAVENWORTH REQUEST FOR QUALIFICATIONS FOR ON-CALL TRANSPORTATION ENGINEERING

The City of Leavenworth (City) is soliciting statements of qualifications (SOQ) from qualified consulting firms (Consultants) to provide professional services for on-call transportation engineering. The selected firm will be utilized under the on-call contract for planning, design, permitting, bidding, and construction services for various transportation projects as requested by the City. The complete Request for Qualifications (RFQ) document can be found on the City of Leavenworth's request for bids/proposals webpage: https://cityofleavenworth.com/documents/category/requests-for-bids-proposals. It is the sole responsibility of the Consultant to obtain any RFQ updates or addenda from the City's website. Submissions shall be sent electronically to Andi Zontek-Backstrum, CIP Manager/Deputy Public Works Director, at azontek@cityofleavenworth.com by 2:00:00 PM on Thursday, February 29, 2024. Late or incorrectly submitted submissions will be automatically disqualified from consideration. Any qualifications received after the specified date and time will automatically be rejected and will not receive any further consideration by the City. The City of Leavenworth in accordance with Section 504 of the Rehabilitation Act (Section 504) and the Americans with Disabilities Act (ADA), commits to nondiscrimination on the basis of disability, in all of its programs and activities. This material can be made available in an alternate format by emailing Andi Zontek-Backstrum, PE, CIP Manager/Deputy Public Works Director at azontek@cityofleavenworth.com or by calling (509) 548-5275. The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all consultants that will affirmatively ensure that any contract entered into pursuant to this request for qualifications, disadvantaged business enterprises will be afforded full and fair opportunity to submit proposal in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Published in The Leavenworth Echo/Cashmere Valley Record on February 7, 2024. #7242

Public Notices

Superior Court of Washington for Chelan County In the matter of the estate of Lonnie C. Davis, Deceased. No. 24-4-00008-04 Notice To Creditors (RCW 11.40.030)

The person named below has been appointed as administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the administrator or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: January 24, 2024. Joy L. Hall, Administrator Attorney for the Administrator: Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 24-4-00008-04 Published in the Cashmere Valley Record and Leavenworth Echo on January 24 January 31, and February 7, 2024. #7146

Public Notices

Follow us on Facebook at Facebook.com NorthCentralWashington

CRYPTO FUN Determine the code to reveal the answer!

Solve the code to discover words related to hot breakfast. Each number corresponds to a letter. (Hint: 26 = E) A. 1 7 26 6 26 22 Clue: Egg dish B. 21 5 22 3 24 26 12 Clue: Cooking room C. 2 14 26 13 21 15 13 8 22 Clue: Morning meal D. 16 20 26 8 22 8 Clue: Visitors

Answers: A. omelet B. kitchen C. breakfast D. guests

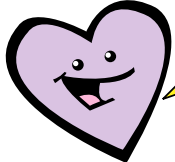


# Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE  
Get puzzle answers, recipes and more at [www.kidscoop.com](http://www.kidscoop.com)  
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## February is the month to Love Your Body!

February is Heart Month and Dental Health Month. Use the tips on today's page to exercise your heart and be sweet to your teeth!



Your heart is a muscle. And, like all of your muscles, it works best when you exercise, rest, drink water and eat healthy. Love your heart, and your heart will love you!

### Do you feel with your heart?

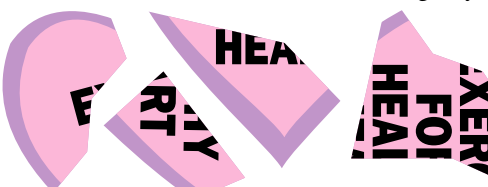
Are you making pictures of hearts and giving little heart-shaped candies to friends for Valentine's Day? When you make a promise you really, really mean, do you "cross your heart"? Or, do you listen to songs about broken hearts?

We see and hear about hearts everywhere. Long ago, people thought our feelings came from our hearts. Because strong feelings can make our hearts beat faster. Now we know feelings come from the brain, not the heart.

Standards Link: History/Social Science: Understand the purposes of and events honored in holidays.

### Broken Heart Puzzle

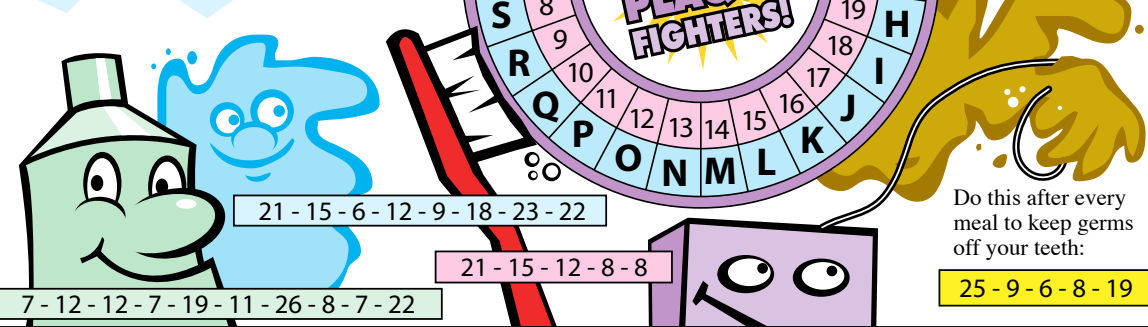
Cut out these shapes. Can you put them together to make a heart? What does the Valentine message say?



### Be Sweet to Your Teeth!

Every day a terrible troublemaker hides in your teeth, waiting to carve holes in them—PLAQUE! (Say it like *plak*, rhymes with *tack*.) You must remove it everyday, or else it will cause your teeth to decay.

How do you get rid of it? Use the secret code to find the names of the Mighty Plaque Fighters and you will learn how to keep your smile dazzling!



Standards Link: Health: Understand good personal hygiene practices that include caring for teeth.

Draw a heart around the healthy snacks. Draw an X through the unhealthy ones.

### SNACKS



Standards Link: Health: Recognize the fitness benefits from various types of foods.

### My Funny Valentine

Make a Valentine Puzzle for your special Valentine. Cut a heart shape out of some pink or red paper. Write a message on your heart. Then cut the heart into four or five puzzle pieces. Put all the pieces in an envelope and give it to your Valentine!

Standards Link: Reading Comprehension: Follow simple written directions.

### Valentine Pals

Jill and Phil are pals. They like many of the same things. How many ways can you find that Jill and Phil are the same?



Standards Link: Recognizing similarities and patterns in objects.

### Double Double Word Search

SWEET  
HEART  
EXERCISE  
VALENTINE  
PLAQUE  
CANDIES  
PICTURES  
SECRET  
PAPER  
DAZZLING  
SNACKS  
CARING  
TEETH  
SMILE  
PALS

Find the words in the puzzle. How many of them can you find on this page?

L O S E I D N A C E  
G N I L Z Z A D S N  
V E U Q A L P I E I  
S H T E E T C L R T  
K P A P E R I T U N  
C A Y E E M O R T E  
A L W X S U R A C L  
N S E C R E T E I A  
S G N I R A C H P V

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

#### Have a Heart!

Look through the newspaper for an example of someone who was "heartless" or totally lacking compassion or caring. Is there a way they can make up for their behavior?

Standards Link: Social Science: Recognize behaviors that demonstrate good character.

### Write On!

## Move!

Name three ways kids could get exercise every day.

### Kid Scoop Together: Jumping for Joy

Jumping rope is fun and it is good exercise. It is a workout for your legs, your arms and your cardiovascular system (your heart and lungs)! Jumping rope is a sport you can do almost anywhere! Try it—you'll LOVE it!



How fast can you find all of the letters of the alphabet in order?

Standards Link: Reading Comprehension: Follow simple written directions.

### FREE DOWNLOAD: Kid Scoop Teacher Activity Pack!

With hundreds of topics, every Kid Scoop printable activity pack features six-to-seven pages of high-interest extra learning activities for home and school! Get your free sample today at: [kidscoop.com/activity-pages/](http://kidscoop.com/activity-pages/)

## Suicide

Continued from page A3

story, has triggered an ethics controversy at the Globe. Journalists are traditionally required to maintain distance from their subjects, even as they often establish informal relationships with them over time, since playing a role in their lives risks a conflict of interest that could tarnish a story's credibility.

But while the Globe's editor concluded that Cullen violated the paper's standards by inserting himself into the story, his subject's husband is defending the writer's actions. Paul Bluestein said that he and his wife asked Cullen to sign the form; he didn't volunteer to step in otherwise.

"What he did may or may not have been a violation of the Globe's standards," he said in an email to The Washington Post, "but it was very much in keeping with the standards for acting like a decent human being."

A Globe spokesperson said that the newspaper learned of Cullen's signature after Lynda Bluestein died on Jan. 4, and after he filed his story to his editors.

In her note to readers, Globe editor Nancy Barnes wrote that Cullen "regrets" signing the form for Bluestein. "That it was intended primarily as a gesture of consideration and courtesy does not alter that it was out of

bounds," she wrote.

Some press critics have argued that the article should have been shelved. But a Globe staffer who spoke on the condition of anonymity because they were not authorized to comment said the newspaper felt it owed it to Bluestein to publish the story because she had trusted the journalists and granted extensive access in her final months.

The story noted that Bluestein had granted that access "hoping her story would change policy in Connecticut and elsewhere." (Only 10 states, including Vermont, have authorized medical aid in dying.)

"To have withheld it would have, in my eyes, been much the same as spitting on my dying wife," Paul Bluestein told The Post.

The paper also decided that Cullen's signature "did not meaningfully impact the outcome of this story" because Bluestein likely would have found other people to sign the form. Vermont, which now allows residents of other states to die by assisted suicide, requires signatures from two witnesses not related to them. Cullen's article includes the story of another woman who found signatories at a coffee shop and a book store.

Bluestein said he has received phone calls and emails from family, friends and strangers telling him how much

the story meant to them.

Diana Barnard, Bluestein's doctor, also said told The Post she saw "nothing wrong" with what Cullen did. "Palliative care and dying are constantly forcing us to be flexible, creative and act in the moment with the best intentions," she told The Post.

But Jane Kirtley, who teaches media ethics and law at the University of Minnesota's journalism school, said the story was hurt by Cullen's involvement.

"He did not need to be the one to sign it," she said in an interview. "They could have gotten someone else to sign it. And by signing it, he became complicit in the outcome."

While she credited the Globe's transparency, she said that readers will determine whether Cullen's role hurts the story's credibility. "I think it's a valuable story to tell, and I think it's a shame that they made this one decision that I think really does taint the story,

because it raises the question of how independent and detached the reporter really was."

Former New York Times executive editor Jill Abramson, who now teaches creative writing at Harvard University, said that Barnes "has done the correct and honest thing" by disclosing her columnist's involvement in the story.

"You can step in with some humanity during the course of reporting, but [you] need to disclose," she said. "Most important, if you get personally involved with a source, is maintaining the journalistic distance necessary to be a reporter. You need to keep asking yourself that during long reporting assignments and writing projects."

Abramson said that she once donated about \$300 to the subject of a story she is currently working on, a woman living in a public-housing project in Boston who has faced a number of emergencies and health issues. She split the cost

of a cellphone for the woman and bought her some bottled water, food and clothes.

Cullen declined to comment when reached via email, and a spokesperson for the newspaper declined to comment "on personnel matters" when asked whether the columnist had faced any punishment for his involvement in the story.

In the early 2000s, Cullen was part of the "Spotlight" team at the Globe that won the Pulitzer Prize in Public Service for a report on abuse by the Catholic Church.

In 2018, though, he was suspended for three months without pay after a Globe review determined that he "damaged his credibility" when he gave interviews in which he spun false tales about a firefighter's exploits and his own activities on the night of the 2013 Boston Marathon bombing.

But the review also concluded that Cullen rarely made mistakes in his column

and was credited by his story subjects for "his willingness to call back to confirm details."

Bluestein, in his email, praised Cullen and the Globe photographer he worked with, Jessica Rinaldi.

"Kevin and Jessica are consummate professionals," he wrote. "I thought Kevin's story was told truthfully, respectfully and extraordinarily well."

Barnard, their doctor, agreed. "It was a remarkable, beautiful, honest story of the life and death of a remarkable woman."

## Nordic

Continued from page A10

Reike plans to teach the class for as long as he can, while weather permits, because of the benefits he's seen over the seven years of teaching the class.

"We wanted the kids to have a well-rounded education. Physical activity, especially for middle school students, is so important because it helps with their well-being, [both] physically and emotionally. It's a great full-body workout for the middle school kids with low impact on their body," said Reike.

Although it's an individual sport, Reike has noticed it becomes a collective effort during class. Experienced kids will voluntarily help new kids, and even teachers from other classes will join the kids to ski during their planning period.

"It's good for the kids to see the other teachers out there also gliding on snow with them. The kids can see their teachers in a different light, not just in the classroom," said Reike.

The sport is not only a way to get kids outside of the gym during the dark and cold winter months, but it's also an opportunity to connect students to the communities and recreation available in town.

"It's exposing all of our students who aren't already entrenched in the outdoor community that is Leavenworth because we do have families that aren't into those sports. It gives them a chance to get a little bit of what the Leavenworth area has to offer," said Auty.

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## Dentist dog

Continued from page A5

daughters, Jaelyn and Abigail, loved it, she said.

"Ollie helped my husband to relax - he said he felt better having him there," Kline said. "That gave me an idea: What if Ollie could help some of our other anxious patients too?"

Dentist Jennifer Herbert, who owns the practice, thought it was a great idea. She agreed that Ollie could provide emotional support for clients who requested him, as long as other patients with appointments on those days were okay with having him in the office.

"I'm a huge dog lover," said Herbert, who occasionally brings her own dog in to hang out behind the front desk.

"Dentistry isn't an easy profession - nobody tells us that coming here is the best day of

their life," she said. "Having Ollie here has been a game changer. He brightens everyone's day and he's become a huge hit."

Even clients who don't fear dental drills like having the cute pup around, she said.

"I don't have any [dental] fears or dislikes, but I did enjoy his fluffy presence on my lap," said Maya Norman, 42, about her cleaning appointment with Ollie.

"It was a great distraction," she said. "I don't own a dog, but I do love them. An hour with Ollie and super clean teeth? Yes, please."

That's what Kline said she had in mind when she began scheduling appointments to include cuddle time with Ollie.

"He's a very chill dog," she said. "Patients tell us that having him with them made it the best appointment of their lives. They feel like they're wearing a warm weighted blanket."

For now, Ollie works about three days a month and is paid with dog treats and lots of pampering. Kline said he seemed excited to be featured recently in the Minneapolis Star-Tribune.

"We don't have him here every day because we don't want him to work too hard," said Herbert, 51. "And we want to make sure that everyone who comes to the office on those days is okay with him being here."

Most people are tickled to see him, Kline said. Ollie, who Kline keeps well groomed, rests in a dog bed in her office between appointments, and he accompanies her to greet patients in the waiting room when they show up.

"When I lay the patients back, if they want him on them, Ollie will jump in their laps, snuggle between their legs and lay his head down on their chests," she said.

According to the Centers for Disease Control and Prevention, there is no evidence that animals pose a more significant risk of transmitting infection than people do in these kinds of environments. The CDC also says that anecdotally, some people with pets at home recover from medical procedures faster than people without pets.

Ollie, who is not a service animal, is fully vaccinated to comply with OSHA guidelines and is trained not to lick patients' faces or go near their mouths, Kline said, noting that she and others who work with patients always thoroughly wash up and wear masks and gloves.

"He doesn't go near their mouths," Kline said.

Sue Heger is among the patients who wants every future appointment with Ollie.

"I had bad experiences at my childhood dentist's office - it was a scary environment

that carried over into my adult life," said Heger, 57. "So I was excited when I came across a Facebook page and learned about Ollie."

"It was the polar opposite of what I experienced as a child," she said. "For 30 minutes, I petted Ollie while he rested his upper body on me, and I've never been more relaxed."

"Even though I'm still a little nervous about going to the dentist, it's not nearly as bad now with Ollie," Heger added.

Kline said her popular pup is listed on the staff roster and is now booked up for the next several weeks, so at some point she may need to add additional time to his work schedule.

"Ollie loves being around people, and he goes to the door every morning when I grab my jacket and purse," she said. "He thinks now that he should be allowed to go to work every day."

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