

# Cashmere Valley Record

A Ward Media Publication

Serving the Cashmere Valley since 1907  
Volume 117 • No.2

January 10, 2024

[cashmerevalleyrecord.com](http://cashmerevalleyrecord.com)  
Single Copy **\$1.00**

## Nason and Peshastin Creek restoration projects receive over \$1 million in federal grant funding

By **Taylor Caldwell**  
Ward Media Staff Reporter

WASHINGTON — Floodplain restoration projects on both Nason and Peshastin Creek were two of 18 aquatic ecosystem restoration projects awarded \$51 million in funding through President Joe Biden's Investing in America agenda at the end of December.

Chelan County Natural Resources received nearly \$770,000 for its Peshastin Creek Historic Channel and Floodplain Reconnection Project.

The construction of State Route 97 in the 1950's caused the Peshastin Creek channel to straighten and reduce, disconnecting it from its historic floodplain. The project will reroute and reconnect the creek to its original floodplain, and build two highway bridges across the relocated creek. The funding will go towards the initial study and design of the project.

The Yakama Nation received \$500,000 for engineering and design costs in 2024 and 2025 of its Nason Creek Floodplain Project. The project

will realign a 0.65 mile segment of State Route 207 near Cole's Corner to adjacent uplands, avoiding interference of Nason Creek's floodplain. The current location of the segment intersects and disrupts the historic floodplain, putting the road's stability at risk and impacting crucial salmon habitat.

"Yakama Nation Fisheries has been focused on recovering and enhancing tribal priority salmon and steelhead runs in the Wenatchee Subbasin for decades, and salmon habitat restoration in Nason Creek is

a key regional priority that continues to require substantial investment to achieve the highest priority objectives in the Upper Columbia Basin Spring Chinook Salmon and Steelhead Recovery Plan," said Hans Smith, Yakama Nation Fisheries Northern Treaty Territories Special Projects Lead, in the Yakama Nation Fisheries press release.

The funding for the projects chosen in the Investing in America agenda will be supported by the U.S. Bureau of Reclamation's WaterSMART Aquatic Ecosystem Restoration

Grant Program.

"The benefits of these projects are far-reaching in terms of climate resilience and ecosystem restoration benefits," said Reclamation Commissioner Camille Calimlim Touton, in the Department of Interior's press release. "The work to restore and protect the habitat for fish and wildlife also helps to improve water quality and mitigate impacts of drought and potential flood events."

Taylor Caldwell: 509-433-7276 or [taylor@ward.media](mailto:taylor@ward.media)

## Waste Loop comes closer to opening center for reclaimed building materials and community workshops

By **Taylor Caldwell**  
Ward Media Staff Reporter

CASHMERE – Local environmental nonprofit Waste Loop is getting closer to opening a new center for environmental sustainability, currently called the Reuse Innovation Center. On Jan. 18, it will announce a new official name for the center. On Jan. 21 and 23, it is hosting volunteer work days to help reach its goal of opening in the spring.

The reuse center will be a community hub for educational workshops and repair events, and also serve as a tool library and reclaimed building material store and donation center for builders.

The center is located at 103 Railroad Avenue in Cashmere, which Waste Loop strategically chose as a midway point for both the Leavenworth area and Wenatchee residents.

"Our vision is for the center to be kind of a one stop shop for all things circular economy in Wenatchee Valley," said Amanda Close, Waste Loop's Education and Outreach Coordinator.

The main focus of the center will be its salvaged building material retail space. Homeowners or construction groups can donate leftover or salvaged materials from a project, which Waste Loop will sort and price at a much more affordable rate for community members than if they were to buy new. The center will also have a tool library, where people can check out tools for a project instead of buying.

WasteLoop's mission is to transform waste streams into sustainable resources. It has partnered with Winton MFG Compost Works on food waste and secured glass recycling in the Leavenworth area. Salvaging building materials seemed like the



COURTESY OF WASTE LOOP

A group of volunteers stand in front of Waste Loop's Reuse Innovation Center, which will likely open in the spring.

next step, and something Waste Loop has been considering for awhile.

"It's a category of waste products that is quite large...But it's one of those categories that there's not a lot of options [to recycle]," said Close.

According to the Environmental Protection Agency (EPA), construction and demolition debris includes steel, wood products, drywall and plaster, brick and clay tile, asphalt shingles, concrete, and asphalt concrete. In 2018, the EPA estimated that the United States generated 600 million tons of construction and demolition debris.

The Department of Ecology's 2020-2021 Waste Characterization Study estimated the state produced nearly 1 million tons of construction and

demolition waste. It was the third most prevalent category of waste, making up 18.5 percent of the overall waste stream, just behind paper (18.8 percent) and other materials (18.8 percent).

"We want to be part of a solution that takes that waste and puts it to good use, because oftentimes a lot of that waste was usable materials. People are just not willing to go through the trouble of sifting through it and finding what can be rehomed to a new project," said Beryl Bills, the Reuse Innovation Center Co-Manager.

Waste Loop started the project after securing a grant from the Washington Department of Commerce in late summer of 2023. The grant required

a one-to-one financial match, which Waste Loop received through Andy Thomas of Side Street Cashmere, who donated a year of free rent to the nonprofit.

"It's been pretty fast. The grant is only a year, so it's quite a fast grant cycle period. It's really forced us to kind of hit the ground running," said Close.

For the last few months, the team has been sorting through donated wood, doors, tools, and appliances. The next steps involve insulating, painting, and putting up shelving.

Once completed, the center will be a space for the community to learn how to build through DIY workshops and have the resources to complete projects sustainably and affordably.

"Oftentimes, going into box stores like Home Depot or Lowe's can be really intimidating, especially as a woman or as a new builder, to go in and ask questions. I want this space to be a place [for] anyone, no matter who you are or where you're at in your building journey, to be able to learn and feel empowered with the projects they are doing," said Bills.

The new name for the center will be announced during Waste Loop's Green Drinks event on Jan. 18, from 5 p.m. to 7 p.m. at Milepost 111 Brewery, and on social media the following day. Those interested in volunteering can find out more at [wasteloop.org](http://wasteloop.org).

Taylor Caldwell: 509-433-7276 or [taylor@ward.media](mailto:taylor@ward.media)

## Public safety must be a priority, legislators say

By **Aspen Anderson**  
Washington State Journal

OLYMPIA - Public safety should be a top priority for this year's legislative session, Gov. Jay Inslee and bipartisan state legislators said on the eve of the 2024 legislative session.

"We need additional officers on the street," Inslee told reporters. "And to help local police forces find their additional officers, I'm proposing a \$10 million grant program."

Washington State ranks 50th in the nation for the number of law enforcement officers per capita, Inslee and legislators acknowledged.

At the annual legislative preview with reporters, Republican and Democratic lawmakers and Inslee agreed they must work together to address challenges in education, housing, behavioral health, environment, and transportation.

Those priorities largely line up with the top concerns of Washington residents, as revealed in this year's Crosscut-Elway Poll. The economy this year, as in the last three years, topped the list of concerns, with public safety and homelessness closely following, along with taxes, government, and education.

Speaker of the House Laurie Jinkins, D-Tacoma, emphasized

these priorities, asserting that the Legislature can address all of them because "they are all interconnected."

Drew Stokesbary, R-Auburn, agreed that hiring more police officers and public safety should be at the forefront of this legislative session.

"We need to get rid of homeless encampments near schools, parks, and playgrounds," Stokesbary said.

In the short term, Inslee said he wants to focus on behavioral health, proposing a bill to address fentanyl and substance use prevention education.

Inslee's long-term priority for

See **PUBLIC SAFETY** Page **B4**

## Washington State Department of Health encourages student participation in Northwest Radon Poster Contest

Ward Media / Cashmere Valley Record

OLYMPIA – The Washington State Department of Health is spearheading the 2024 Northwest Radon Poster Contest, inviting students from across the Northwest to participate during Radon Action Month, which extends through Jan. 31.

The contest aims to educate youth about the dangers of radon, a colorless,

odorless, and tasteless radioactive gas. Radon is a significant health risk, leading to lung cancer in non-smokers and being the second primary cause in smokers. The Department emphasizes that testing is the only method to detect radon in homes.

Open to students aged 9 to 14 in Idaho, Oregon, and Washington, the

See **POSTER CONTEST** Page **B4**

### Inside The Record this Week

Business Directory.....	<b>A2</b>	Community Calendar.....	<b>A3</b>	Classifieds.....	<b>B2</b>
Point of View.....	<b>A2</b>	Outdoors Report.....	<b>A4</b>	Horticulture.....	<b>B3</b>
Sheriff's Report.....	<b>A3</b>	Sports.....	<b>B1</b>	Church Guide.....	<b>B3</b>
Dr. Louise.....	<b>A3</b>	Vale Students of the Month.....	<b>B1</b>	Advertising Flyers.....	Safeway



**\$1.00**  
Phone:  
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[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

Cashmere Valley Record

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On the Internet

Website: www.cashmerevalleyrecord.com
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Circulation

509-293-6780

Deadlines

Calendar Listings Noon, Friday
News Submissions Noon, Friday
Letters to the Editor Noon, Friday
Display Advertising: 5:00 p.m., Thur.
Legal Notices: Noon Friday
Classified Ads: Noon Friday

Subscriptions

In Chelan County (yearly) \$40
For print and online \$45
In State-Out of County (yearly) \$50
Online E-edition \$40
Out of State \$52

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week...



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Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number...

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Record at 509-548-5286 email news@ward.media

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Obituaries can be placed during normal business hours by calling 509-548-5286 or by emailing obits@ward.media

Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

Cashmere Valley Record (USPS 092-600) is published every Wednesday by Ward Media LLC, 29 S. Wenatchee Ave., Suite A, Wenatchee, WA 98801

Classified Weekly Rates

\$15.00 for first 30 words .10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves.



Happy Smiles Storytime

The Cashmere Library will host Happy Smile Storytime on Thursday, Jan. 11 from 10:30 to 11 a.m.

"A fun, interactive time at the Cashmere Library with action songs, fingerplays, rhyming and awesome stories by your favorite librarians," the event page states.

For more information visit nculibraries.org.

Live Music

Chateau Faire le Pont Winery in Wenatchee will host musician Dan Quigly live on Thursday, Jan. 11 from 6-9 p.m.

Join us at Chateau Faire le Pont Winery for live music with Dan Quigley "AKA Piano Man Of Chelan," the event page states.

strongly encouraged."

For more information visit fairelepont.com.

Martin Luther King Jr. Multicultural Fest

The Wenatchee Valley Museum will host the Martin Luther King Jr. Multicultural Fest on Saturday, Jan. 13 from 10 a.m. to 3 p.m.

"This free event is a celebration of the rich diversity of our region," the event page states.

For more information visit nculibraries.org.

their picture, and travel to each cultural booth where they will receive a sticker in their passports. In the Performance Area, watch as dancers, performers, and musicians light up the stage throughout the day."

For more information visit wenatcheevalleymuseum.org.

Chat and Laugh book club

The Cashmere Library will host the Chat and Laugh book club on Tuesday, Jan. 16 from 2 - 3 p.m.

"The Chat and Laugh Book Club is run by the staff at the Cashmere Library," the event page states.

what we're currently reading, please contact the Cashmere Library."

For more information visit nculibraries.org.

Stay and play Saturday

The Cashmere Library will host a stay and play Saturday on Jan. 13 from 10 a.m. to 2 p.m.

"Fun for all, all for fun," the event page states. "Every Saturday you can choose between creating your own unique LEGO builds, trying out a LEGO Build Challenge, or playing a variety of board games at the library during our open hours from 10 a.m. - 2 p.m."

For more information visit nculibraries.org.

Cashmere Valley Record welcomes freelancers and contributors to spotlight local stories

For over 116 years, the Cashmere Valley Record has been steadfast in its commitment to delivering comprehensive and captivating stories from the heart of the Cashmere Valley.



From the Publisher TERRY WARD

have a knack for uncovering hidden local treasures, a keen eye for detail, and a fervor for sharing the stories that matter most to our neighbors, we want to hear from you.

Why contribute to the Cashmere Valley Record?

- 1. Community Connection: We are deeply rooted in the Cashmere community. By contributing to the Cashmere Valley Record, you'll have the opportunity to connect with your neighbors...
2. Professional Growth: Whether you're an experienced journalist or just

embarking on your career, the Cashmere Valley Record offers an excellent platform to refine your skills, build your portfolio, and expand your network in the field of journalism.

3. Diverse Topics: From local government and education to culture, events, and human-interest stories, Cashmere offers a rich tapestry of subjects to explore and report on.

What we're looking for

We welcome contributors with diverse backgrounds, interests, and perspectives. Whether you prefer crafting features, covering local events, or delving into investigative journalism, there's a place for you at the Cashmere Valley Record.

1. Education: Report on developments in local schools, profiles of outstanding educators and students, and educational initiatives.

2. Community Events: Cover local festivals, gatherings, fundraisers, and events that bring our community together.

3. Local Heroes: Spotlight individuals and organizations making a positive impact on our community.

4. Economic Trends: Explore the economic landscape of Cashmere, from small businesses to agriculture and beyond.

5. History and Culture: Dive into the rich history and cultural heritage of Cashmere.

How to get involved

If you're interested in becoming a freelance contributor to the Cashmere Valley Record, please reach

out to me at terry@ward.media and introduce yourself. Share your areas of interest and expertise, along with any relevant writing samples or portfolio pieces.

Together, we can continue to inform, engage, and inspire our community through the power of storytelling. Join us in celebrating the vibrant tapestry of Cashmere and become a part of the Cashmere Valley Record family today.

Cashmere Valley Record - Your Voice, Your Stories, Your Community.

Terry Ward is the CEO of Ward Media and the publisher of the Cashmere Valley Record, Lake Chelan Mirror, The Leavenworth Echo, Quad City Herald, and the Wenatchee Business Journal. He can be reached at terry@ward.media.

POINT OF VIEW

Reviewing Regional Transportation Priorities

Many transportation needs in redesigned 12th District

The 12th District legislative district boundaries were recently adjusted as part of the statewide redistricting process. Among other changes, portions of Snohomish and King counties were added to the district.

Transportation infrastructure

is critical to our regional economic growth and quality of life. Having an efficient and effective transportation system is essential for getting our crops to market. Investing in our transportation system is also important for community safety.

Transportation budget (\$13.5 billion)

The 2023-2025 transportation budget funds the construction and maintenance of the state transportation system, including the maintenance and preservation of roads, bridges,

and ferries. This budget also funds the state agencies and commissions that serve our transportation system. The budget also funds numerous previously approved road projects based on their construction schedules.

In 2022, the Legislature approved a 16-year, \$16.9 billion "Move Ahead Washington" transportation investment package, primarily



By SENATOR BRAD HAWKINS



CONFLUENCE PARKWAY ILLUSTRATION

Confluence Parkway in Wenatchee seeks a second bridge across the Wenatchee River, a widened pedestrian bridge, and a roadway with a direct connection to the U.S. 97A/US 2. The project was awarded \$49 million in federal funding in 2021 and \$85 million in state funding in 2023.

for preservation and maintenance of the existing system and to complete large-scale transportation projects. The plan combines federal infrastructure funds, climate

revenues approved during a previous session, transfers from the operating budget, and license plate and driver license

See SEN. HAWKINS Page B4

Business & Service Directory Add your business or service to this directory: 509-548-5286

LeafFilter Gutter Protection advertisement with 15% OFF + 10% OFF + 0% OFF promotion and 1-888-360-1582 contact info.

Generac generator advertisement with text 'It's not just a generator. It's a power move.' and contact info 888-674-7053.

Advertise your business advertisement with a megaphone icon and 'Starting at \$15 per week' offer.

Complete Excavating Service advertisement listing Power & Water Systems, Dump Truck & Dozer, Drainfield Repair, Free Estimates, Septic Systems, Road Grading, and contact info (509) 548-3489.

Tumwater Drilling and Pump Inc. advertisement with 'Water Treatment Systems Built to Your Individual Problem' and contact info 509-548-5361.

The Dispatch Mailroom advertisement listing Mail & shipping services, Private mailbox rentals, Printing & copying, and Notary public services.

## Community Calendar

### Wednesday

**Cashmere Rotary Club**, meets at Cashmere Presbyterian Church hall, noon. President Mark Shorb. 509-885-0676.  
**Mission Creek Community Club**, meets every month, 7 p.m. (1st and 3rd Wed.).  
**Cashmere Food Bank**, open 2nd and 4th Wednesday from 3-4 p.m. Cashmere Food Distribution Center, 316 River St., for more information, call Pam, 509-245-6464  
**Ukulele Circle**, Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday, at the Peshastin Library. Please come 15 minutes early to tune and get the sheet music.

### Thursday

**Caregiver Support Group**, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)  
**Cashmere Sportsman Assoc., (Cashmere Gun Club)**, open to the public for trapshooting 7-10 p.m. Private rentals by appointment. Call Brian James, 509-782-3099.  
**Cashmere American Legion Post #64**, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 509-782-4973. (1st Thurs. of every month, August - June).  
**Cashmere American Legion Auxiliary #64**, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 509-679-0243. (1st Thurs. of every month, August - June).

### Sunday

**CHURCH:** See the church page for local service times and events.

### Monday

**Cashmere Wacoka Kiwanis Club**, 6:30 p.m., American Legion Hall, lower level. 6:30 p.m. Call Pam Leighton, 509-669-3159. (4th Mon.)  
**Tillicum Riders**, 7 p.m. Chelan County Fairgrounds. Call Cindy, 509-662-5984. (1st Mon.)  
**Cashmere City Council**, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).  
**Planning Committee Meeting**, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).  
**Cashmere Fire Department**, Business management, 7 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)  
**Cashmere Fire Department**, meeting, 8 p.m., above City Hall. Call Chief Cy, 509-782-3513. (3rd Mon.)  
**Cashmere School Board Work Session**, Board work sessions are typically held towards the beginning of the month at 6:30 a.m. with no action taken. For updated info. Visit [www.cashmere.wednet.edu](http://www.cashmere.wednet.edu)  
**Cashmere School Regular Board Meetings**, are typically held towards the end of the month at 7 p.m. with action taken. The schedule for meetings is subject to change to accommodate conflicts in schedule or special circumstances. Visit [www.cashmere.wednet.edu](http://www.cashmere.wednet.edu) for the most up to date info.  
**Chelan Douglas Republican Women**, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

### Tuesday

**Icicle & Peshastin Irrigation Districts**, Current meeting time 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or [levi.ipid@nwi.net](mailto:levi.ipid@nwi.net) (2nd Tues.)  
**Peshastin Water District**, meets at 4:30 p.m. Contact: Steve Keene for meeting location. 509-548-5266. (2nd Tues.)  
**Cashmere Chamber of Commerce**, Noon, everyone is invited to attend as a guest. Call Executive Director, for meeting location. 509-782-7404. (3rd Tues.)  
**The Chelan County Cemetery District #2**, (Peshastin) meets at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

### NCW Libraries

**Cashmere Public Library: 509-782-3314**  
 You can order your books online at [ncwlibraries.org](http://ncwlibraries.org) or call 1-800-426-READ (7323).  
 Mon., Tues., Thurs., and Fri., 9-6, Wed. 1-6 and Sat., 10-2. Closed Sun. 300 Woodring Street. Call 782-3314, or online at [cashmere@ncwlibraries.org](mailto:cashmere@ncwlibraries.org)  
**Cashmere Museum and Pioneer Village**  
 Call for more information 509-782-3230  
**Chelan County Historical Society Board meets**, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call Nicky 509-782-3230. (3rd Thurs.)  
**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

# Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

### December 28

14:41 Scam, 917 Pioneer Ave# B211  
 17:41 Trespass, 130 Titchenal Way; Martins lga

### December 29

09:17 Vehicle Prowl, 106 Mission View Pl  
 10:17 Trespass, 113 Cottage Ave  
 11:09 Suspicious, Cashmere  
 11:50 Attempt To Contact/ Locate, 5257 N Cashmere Rd  
 19:31 Theft, 102 Titchenal Way  
 21:50 Noise, 101 Cottage Ave  
 22:05 Noise, 2921 School St

### December 30

02:22 Suspicious, 5870 Evergreen Dr  
 11:55 Civil, 917 Pioneer Ave# A204  
 14:43 Accident No Injury, 4835 Mission Creek Rd

### December 31

00:58 Assist Agency, Us Hwy 2 Mp 110  
 13:05 Fireworks, Regan Rd & Binder Rd  
 14:38 Suicide Threat, 408 Elberta Ave  
 16:29 Trespass, 130 Titchenal Wy, Martins lga  
 18:47 Fireworks, E Mountain Brook Ln & W  
 19:21 Fireworks, Mission Creek Rd. & Meadows  
 19:21 Fireworks, 102 Titchenal Wy  
 19:36 Fireworks, Margaux Loop & Dixie Ln  
 19:53 Fireworks, 314 S. Division St  
 20:10 Fireworks, 1026 Lower Sunnyslope Rd  
 20:30 Assist Agency, 7401 Tarpiscan Rd  
 21:14 Traffic Offense, Cottage Ave & N Douglas St  
 22:25 Fireworks, Emerald Ave & Orchid St

### January 1

03:29 Disturbance, 241 Independence Way  
 10:15 Miscellaneous, Cashmere  
 10:31 Parking/Abandon, 5400 Blk Mill Rd  
 15:44 Suspicious, 201 Mill Rd; Old Mill Park

### January 2

09:03 Suicide Threat, 5673 Wescott Dr  
 10:02 Civil, 1450 Castlerock Ave# 1008  
 10:54 Trespass, 117 Aplets Way  
 11:54 Suspicious, 101 Pioneer Ave, Vale Elementary  
 12:36 Parking/Abandon, 4900 Blk Nahahum Canyon Rd  
 16:55 Sex Offense, 6125 Hay Canyon Rd  
 20:06 Accident No Injury, 301 Sunset Hwy; Crunch Pak  
 20:54 Traffic Offense, Us Hwy 2 & Lower Sunnyslop

### January 3

09:43 Trespass, 309 Mission Ave; Liberty Orchard  
 10:11 Vehicle Theft, 5240 N Cashmere Rd  
 10:35 Disturbance, Cottage Ave & Maple St  
 11:01 911, 408 Elberta Ave  
 11:59 Trespass, 103 Aplets Way  
 15:11 Assist Public, 312 Sullivan St  
 16:39 Domestic Disturbance, 120 Mountainside Dr  
 18:11 Parking/Abandon, Parkhill St & Cottage Ave  
 20:36 Welfare Check, 208 Cottage Ave# 2  
 21:41 Burglary, 185 Dual Peaks Ln

### January 4

11:19 Accident No Injury, 200blk Paton St  
 20:30 Vehicle Prowl, 922 Pioneer Ave  
 23:30 Suspicious, 300 Sunset Hwy; Crunch Pak

# Should you split your pills or patches?



STOCK PHOTO

Have you ever climbed into bed, and, just before falling asleep, a task left undone popped up to haunt you? This happened to me with a medication. Earlier that evening, I had forgotten to take the last dose of an antibiotic that I had been given after an outpatient procedure 3 days before.

"I REALLY SHOULD finish the whole prescription," I told myself as I reluctantly rolled out of my warm bed.

Blinking bleary eyes, I filled a glass half full of tap water, tossed the tiny capsule onto my tongue, and drank. Since it didn't feel like the pill went all the way down, I drank another half glass of water as insurance before making my way back to bed.

The following day, my lower chest felt funny, I felt a burning sensation in that spot every time I ate. Over the next couple of days, the burn got worse until it felt like a hot poker stabbing me inside my chest every time I swallowed. My doctor sent me to a hospital Emergency Department to make sure I wasn't having a heart attack. Instead, that pesky antibiotic capsule had somehow gotten stuck to my esophagus, burning a hole in it.

This happened over 20 years ago, and ever since then, I've had trouble swallowing pills. I often use a spoonful of peanut butter or a bite of banana to "slide" pills down to avoid

gagging or choking on them.

I'm not the only one with this problem. Many people have trouble swallowing pills, especially any large tablets. They often break their pills in half or crush them up before swallowing them.

But not every pill should be split in half. Which medicines

are safe to cut or crush?

Some tablets have special coatings that protect them from dissolving in your stomach. This is to protect your stomach from medicines that can cause irritation or to protect the medication from being destroyed by exposure to acids in your stomach.

Some pills and patches have unique formulations designed to release their contents over a 12 or 24-hour period. Cutting one of these open releases the drug all at once, causing an exaggerated effect like drowsiness, dizziness, or confusion.

Many tablets are "scored". A score is a straight groove running entirely across one side of the tablet. When a tablet is scored, if you split it along that line, each half will contain the same amount of medication. The score line also makes it



easier to break the tablet apart, whether with your fingers, a knife, a one-edged razor blade, or (easiest of all) a pill splitter.

Some capsules contain only powder, while others have tiny beads of medicine that can be sprinkled on food or divided into several doses. Dividing the contents of capsules can be done with less mess by placing each half inside an empty gelatin capsule. Some health food or animal supply stores carry empty gelatin capsules. A local pharmacy may be able to order some for you. They are also available online.

The gelatin capsule sizes

See **DR. LOUISE** Page **B4**

## OBITUARY

# Eloise Day

March 10, 1922 – December 20, 2023

Cashmere – Eloise Day, 101, longtime resident of Cashmere, Washington, passed away December 20, 2023. She was born March 10, 1922 to Lloyd and Margaret Frease of Cashmere. She married Lyell Day on December 22, 1944. He preceded her in death on December 1, 1990.

She is survived by her three children: Lynda Wittren of Vancouver, WA., Vic and Sue Day and Tom and Marilyn Day all of Cashmere, her sister, Margaret Carman of Concord, CA, and sisters-in-law Carolyn Fuson (Brian), Bev Jagla, Betty England and brother-in-law Jerry Day. She also leaves 7 grandchildren, 13 great-grandchildren, and 2 great-great-grandchildren,

and numerous nieces and nephews. She will be missed by all.

Eloise retired from Blue Star Growers after 30 years where she packed pears and apples. After retirement, she volunteered at the Cashmere Convalescent Center setting ladies hair every week. She also volunteered at the Cashmere Museum and especially liked baking pies for Apple Days. She was also affiliated with the American Legion Auxiliary.

She was a lifetime member of the Cashmere Presbyterian Church where she served as Deacon many times and volunteered in many capacities.

She was an avid gardener, loving roses, all flowers, and



vegetables.

We would like to give a big heartfelt thanks to all of Wenatchee Hospice and a special thank you to Adrienne for her care and compassion in taking care of our Mom. Also the caring people in Vista 2 who made Mom feel so welcome, and the staff at Prestige Colonial Vista assisted living for their help at a difficult time.

Donations may be made in her memory to Cashmere Presbyterian Church. There will be a service later in the spring.

# Washington Outdoors Report



Bonaparte Lake Ice Fishing Derby

COURTESY OF ERIC CRUZ, BONAPARTE LAKE RESORT



Conconully Outhouse Races

COURTESY OF TOWN OF CONCONULLY

### Winter Outdoors Roundup

By JOHN KRUSE  
Special to Ward Media

So, what's an outdoors enthusiast to do in January? It turns out there are several opportunities for fun this month, to include two ice fishing derbies and a chance to either watch or participate in Conconully's annual Outhouse Races. If you are in the market

for an RV, this is a good month to shop for them too with several RV shows going on in the state.

#### CONCONULLY OUTHOUSE RACES:

Tami Cochran with the Town of Conconully confirms the annual Conconully Outhouse Races will take place on January 13th. There is no snow on the ground right now but the town will make an

effort to truck some down and spread it out for the racers.

The race vehicles are wooden outhouses with one rider sitting on the outhouse seat while the other two push the outhouse down the race course. Each outhouse is outfitted with a set of skis. There are several divisions for racers to compete in. The cost to enter is \$35.

See **OUTDOORS** Page **B4**

## My Merry Christmas COLORING BOOK & CONTEST

# Winners



THANK YOU TO OUR SPONSOR CASCADE MEDICAL CENTER!



First Place  
Huxley C.  
age 11



Second Place  
Chloe C.  
age 9



Third Place  
Penelope A.  
age 4

Thank you to all of the children who participated in this contest. It was a joy to see all of the entries and we look forward to next year. Happy New Year!



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The Leavenworth Echo  
Cashmere Valley Record



# Lake Chelan WINTER FEST 2024



## January 12-21

PRESENTED BY THE LAKE CHELAN CHAMBER OF COMMERCE



## ATHLETE OF THE WEEK



### Allie McKenna Junior Cashmere Girls Basketball

Junior, Allie McKenna is the Cashmere Bulldogs Athlete of the Week! Her exceptional performance on the court is nothing short of spectacular, showcasing her remarkable skills and dedication to the game. In recent victories over Mabton and Omak, Allie demonstrated her versatility, averaging an impressive 13 points, 7 rebounds, 5 assists, and 2 steals per game. Her dynamic presence on both ends of the court is undoubtedly a driving force behind our team's success. Allie's commitment, athleticism, and leadership make her a standout player, and we are proud to have her as a vital part of the Cashmere Bulldogs. Congratulations, Allie!

## Bulldog Scoreboard



GIRLS BASKETBALL	
Jan 2:	Cashmere 67, Omak 14; Win
BOYS BASKETBALL	
Jan 2:	Cashmere 77, Omak 63; Win

## Sports Schedule

GIRLS BASKETBALL	
Jan. 12:	Cashmere vs. Cascade, Away 5:45 p.m.
Jan. 13:	Cashmere vs. Wapato, Home 3:30 p.m.
Jan. 16:	Cashmere vs. Cle Elum-Roslyn, Home 5:45 p.m.
BOYS BASKETBALL	
Jan. 12:	Cashmere vs. Cascade, Away 7:15 p.m.
Jan. 13:	Cashmere vs. Wapato, Home 5 p.m.
Jan. 16:	Cashmere vs. Cle Elum-Roslyn, Home 7:15 p.m.
GIRLS WRESTLING	
Jan. 13:	Cashmere Away at Davis, 9 a.m.
BOYS WRESTLING	
Jan. 11:	Cashmere vs. Omak, Home, 6 p.m.
Jan. 13:	Cashmere Away at Tonasket, 10 a.m.

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Way to Go Bulldogs!

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Steve Mongeon P.T., A.T.C.  
Carmen Dooley P.T.A.

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## Bulldogs defeat Omak Pioneers in boys basketball

Ward Media / Cashmere Valley Record

The Cashmere Bulldogs secured a victory over the Omak Pioneers with a final score of 77-63, marking an important win in the Caribou Trail League. Cashmere took control early, handling Omak's full-court pressure and ending the first quarter with a 31-15 lead. The Bulldogs showcased efficient ball-sharing and offensive rebounding in a fast-paced first

half. They also made four of six three-pointers before halftime, leading 46-28 at the break. Landon Baker contributed 24 points, with 15 scored in the first half, and Rylan Nelson added 24 points, 14 of which were before halftime. The third quarter ended evenly at 16-16, but the Pioneers attempted a comeback in the fourth, reducing the Bulldogs' lead to just 8 points. Saige Boyd of Omak scored 18 of his 22 points in the second half.

Cashmere's success at the free-throw line, converting 15-of-18 attempts, helped secure their victory. Tom McDevitt, in his first career start, played a strong defensive game and contributed 9 points with three three-pointers. Dalan Smart added 8 points, and Caed Wilkinson chipped in 7. This victory solidifies Cashmere's position in the Caribou Trail League with a 5-5 overall record and 2-3 in C.T.L.

## Bulldog wrestlers show resilience at Dick Pruett Classic and Sky Valley Invitational

KENT - The Cashmere Bulldogs demonstrated resilience and skill in two challenging wrestling tournaments this past Saturday.

At the Dick Pruett Classic, held at Kent-Meridian High School, the Bulldogs competed against larger schools, showcasing their talent in a highly competitive field. Senior Hugh Wheeler, a standout in the 157 lb. category, emerged victorious, pinning Sunnyside's Samuel Gonzalez, a formidable opponent with a 17-1 season record, in a mere 20 seconds during the championship match. Adding to the team's

accolades, freshman Jance Novak (150 lbs.) secured a 3rd place finish with a 4-1 record. His only defeat came at the hands of Chis Villanueva of Sunnyside. Freshman Mack Pell (113 lbs.) mirrored Novak's record and also placed 3rd, narrowly losing to Ty Satiacum of Orting. Marshall Pell (120 lbs) earned a 4th place finish after a challenging bout against Stephen Maltos of Sunnyside. Freshmen Kaiden Huber (113 lbs.) and sophomore Andrew Ratliff (144 lbs.) contributed to the team's overall performance, achieving 2-2 records. As a team, the Bulldogs ranked 9th among 19 schools,

notably being the only 1A school in the tournament. Schools like Sunnyside and Orting led the top ranks. In a simultaneous event, the Sky Valley Invitational in Sultan, the Bulldogs' JV lineup also showcased their growing potential. Competing against 11 schools, the team secured a 7th place finish. Freshman Wyatt Weatherman (150 lbs.) displayed a strong comeback by securing 3rd place after an initial defeat. Sophomores Julian Soria (144 lbs.), Ulysses Betancourt (215 lbs.), and freshman Logan Lindsay added to the team's commendable performance by winning crucial matches.

## Cashmere Bulldogs girls wrestling team shines in Quincy tournament

Ward Media / Cashmere Valley Record

The Cashmere Bulldogs' girls wrestling team traveled to Quincy for a 12-team mix-and-match event. With 120 wrestlers competing on four mats, the Lady Bulldog

wrestlers had a strong showing. CHS sophomore Quinn Pace (110 lbs.), freshman Victoria Black (125 lbs.), senior Saige O'Keefe (130 lbs.), junior Cora Yearous (130 lbs.), sophomore Sara Andrade (135 lbs.), and freshman Sydney Mazur (140

lbs.) all posted 2-1 records for the day. Freshman Vansee Wheeler (115 lbs.), freshman Haile James (135 lbs.), and sophomore Becxayra Chavez (120 lbs.) each secured a single victory. In total, the Bulldogs notched 15 wins as a team.

## CHS boys wrestlers split non-league duals

Ward Media / Cashmere Valley Record

WAPATO - Cashmere High School's boys wrestling team ventured to Wapato High School for a pair of non-league duals against two top 1A wrestling teams in the state. The Bulldogs secured a victory against the Zillah Leopards

with a score of 48-33, while facing a defeat against the Wapato Wolves with a score of 53-22. Zillah Leopards are currently ranked #3 in the 1A rankings, and Wapato Wolves hold the #4 spot. In their win over the Leopards, freshman Jance Novak (150 lbs.) pinned Zillah senior Noe Hinojosa, who

placed 6th in the state last season. Other notable pins came from freshman Mack Pell (113), freshman Marshall Pell (120), senior Hugh Wheeler (157), and junior Cruz Hesselschardt (285). In the loss to Wapato, Cashmere saw victories from the Pell brothers, Novak, and Wheeler.

## Cashmere Girls wrestling shines at Connell Invitational

CONNELL - The Cashmere High School girls wrestling team showcased their skills at the Connell Invitational on Friday, marking a significant presence among the 16 schools participating. The Bulldog wrestlers notched notable achievements, with four athletes finishing in the top five of their respective weight classes. Sophomore Quinn Pace, competing in the 110-pound category, led the team with a strong performance. Pace secured her spot in the finals

after pinning her first three opponents, eventually earning a 3-1 record despite a setback in the championship match. In the 130-pound bracket, senior Saige O'Keefe emerged as a formidable competitor. O'Keefe clinched four victories in her initial five matches, ultimately securing fourth place with a 4-2 record after the 3rd place match. The team's freshmen, Victoria Black (120) and Sydney Mazur (140), also made a commendable impact. Both athletes achieved a 5th place

finish with identical 4-2 records. Notably, Black won all her matches by pin, while Mazur claimed her final victory with an 8-6 decision in the 5th place match. Junior Cora Yearous and sophomore Becxayra Chavez contributed with 1-2 records each, adding to the team's overall performance. Collectively, the Bulldogs amassed 75 team points, placing them 10th in the tournament standings. Wapato High School emerged as the champion of the event.

## Girls Basketball

## Cashmere Lady Bulldogs secure convincing 67-14 win over Omak Pioneers

Ward Media / Cashmere Valley Record

In a dominant display, the Cashmere Lady Bulldogs secured a resounding 67-14 victory against the Omak Pioneers. Cashmere wasted no time, taking a commanding 21-0 lead right from the start. They showcased their three-point shooting skills with three

successful shots in the opening quarter, establishing an 18-0 lead after the first period. The Bulldogs continued their strong performance in the 2nd quarter, outscoring the Pioneers 16-8 and heading into halftime with a comfortable 34-8 lead. In the second half, Cashmere's defense continued to stifle the Pioneers, allowing them only 6 points. Junior Allie McKenna led the scoring

with 14 points, including six successful free throws. Senior Brianna Talley added 9 points, while sophomores Ella Kenoyer and junior Ellie Bessonette contributed 9 and 11 points, respectively. Katie Piepel and Cali Diaz each added six points. With this win, Cashmere now boasts a 6-3 season record, including an impressive 4-1 standing in Caribou Trail League play.

# VALE Students OF THE Month

## DECEMBER TRAIT OF EMPATHY

**Kinder:**  
Aiden Yazell, Daisy Perez, Hawkins Draggoo, Ethan Schnell, Ayla Holmes, Kylar Bailey, Haze Baylosis, Riley Albright, Kaleah Shales, Wesson Anderson, Azul Garcia

**First:**  
Alejandra Cortez, Kieran Lucas, Micah Allen, Meadow Brosi, Marianna Power, Josie Chance, Victoria Perez, Grayson Lowers, Raegan Theiss, Owen Smith, Kristina Stokes, Camila Guzman, Max Mendez

**Second:**  
Lennox Halle, Yulissa Barragan, Grace Smith, Tomas Damian, Bo Dundas, Malachi Medina, Emily

**Consiglio, Benson Burns, Nathan Lowers, Koah Joseph-Pierce, Neko Mulanax, Snow Barron, Andrew Marron**

**Third:**  
Max Bowen, Emmalynn Cano-Jordan, Lincoln Bagley, Madison Stewart, Eden Kovacevich, Shailene Marroquin-Nieto, Camden Betz, Michael Pina, Peyton Provo, Ivan Brown, Selena Hernandez

**Fourth:**  
Eisley Stendera, Giovanna Chamu, Molly Nick, Juan Urrutia Lira, Julian Rodriguez, Tony Mora, Morgan Theiss, Alex Betancourt, Valeria Gonzalez, Dominic Ellis, Lexi Tagle-Carreno, Naklin Yeckel

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# STUDENTS OF THE MONTH



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Cashmere Valley Record  
Lake Chelan Mirror  
Quad City Herald

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**PUBLISHER'S NOTICE**  
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

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**Legals**

**Public Notices**

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
**In re the Estate of HARRY P. MILTNER, JR. Deceased.**  
**NO. 23-4-00436-04**  
**NOTICE TO CREDITORS**  
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
Date of First Publication: January 3, 2024  
Personal Representative: David Ormiston  
Attorney for the Personal Representative: Kyle D. Flick  
Address for Mailing or Service: 222 South Mission Street, Wenatchee, WA 98801  
Court of probate proceedings and cause number: Chelan County Superior Court, Cause No. 23-4-00436-04  
DATED this 22nd day of December 2023.  
LAW OFFICE OF KYLE D. FLICK, P.S.  
By KYLE D. FLICK, WSBA #14963  
Attorney for Estate  
Published in the Leavenworth Echo/Cashmere Valley Record on January 3, 10, 17, 2024. #6976

**Public Notices**

**CITY OF CASHMERE NOTICE OF DEVELOPMENT APPLICATION SUBDIVISION**

**Name of Applicant:** Marc Spears  
**Application Number:** Subdivision Development Permit 2024-02  
**Date of Application:** November 1, 2023  
**Date Notice of Application Issued:** January 10, 2024  
**Date of Complete Application:** January 5, 2024  
**Description of Proposal and Location:** A major subdivision application to divide a parcel into 12 separate lots for single family homes. The property is approximately 168,577 sq ft, the lots are proposed to range in size from approximately 10,113 sq/ft to 22,159 sq/ft. The property is located at the northwest corner of Evergreen Drive and Kimber Rd, in the City of Cashmere, Chelan County, Washington. The Chelan County Assessor's Parcel # is 23-19-05-210-850.  
**Required Studies:** None  
**Required Permits:** SEPA Environmental Decision, Grade & Fill Permit and Building permits.  
**SEPA Environmental Review:** The City of Cashmere has reviewed the proposed project for probable adverse environmental impacts and expects to issue a Mitigated Determination of Nonsignificance (MDNS). This determination is based upon a finding that any potential impacts will be addressed through the application of city codes and standards. This determination is based upon the finding mitigation may be required to address frontage improvements on Evergreen Drive. The proposal may include mitigation measures under applicable codes, and the project review process may incorporate or require mitigation measures regardless of whether an EIS is prepared. The optional MDNS process is being used pursuant to WAC 197-11-355. This may be your only opportunity to comment on the environmental impacts of the proposed project.  
**Statement of Public Comment Period:** The 14-day comment period commences on January 10, 2024, and lasts through January 23, 2024; however, the city will accept public comments until the closure of the public record during the public hearing. Agencies, tribes, and the public are encouraged to review and comment on the proposed project and its probable environmental impacts. Any interested party has the right to comment on the proposal and request a copy of the decision once it is made.  
**Statement of Preliminary Determination:** The development regulations that will be used for the project mitigation and to provide consistency with the type of land use for the proposed site, are outlined in Titles 15, 16, 17 and 18.  
**Public Hearing:** A public hearing will be scheduled before the Hearing Examiner. A notice of public hearing will be advertised and mailed to parties of record and those who receive this notice at least ten days prior to the hearing.  
**City Contact Person:** For further information about this project, please contact Tammy Miller, Director of Planning & Building, at City Hall, 101 Woodring Street, Cashmere, WA 98815, Email: [tammy@cityofcashmere.org](mailto:tammy@cityofcashmere.org) and phone 509.782.3513.  
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 2024. #7005

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Geordie Romer - 509-679-8958  
Allyson Romer - 509-630-9898

**Public Notices**

**Chelan County Mosquito District No 1;**

Braeburn Mosquito Control District is seeking coverage under the Washington State Department of Ecology Aquatic Mosquito Control NPDES and State Waste Discharge General Permit. The proposed project applies to the following geographical area: Brae Burn Mosquito Control District. The permit allows the discharge of a specific list of pesticides for mosquito control provided permit conditions are met, however, the pesticides anticipated for use are: Bacillus thuringiensis israelensis (Bti) and Bacillus sphaericus (H-a5b), (S)-Methoprene, Larviciding Oil (mineral oil), Pyrethrins a (botanical insecticide), Prallethrin, and Sumithrin. Ecology has made a SEPA determination of non-significance with the adoption of an existing environmental document for this proposal. Any person desiring to present their views to Ecology regarding this application may do so in writing within thirty days of the last date of publication of this notice. Comments must be submitted to Ecology, Water Quality Program, Attn: Aquatic Pesticide Permit Manager, P.O. Box 47696, Olympia, WA 98504-7696  
Published in the Leavenworth Echo/Cashmere Valley Record on January 3, 10, 2024. #6974

**Public Notices**

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
**In re the Estate of FEDERICO CARRENO Deceased.**  
**NO. 23-4-00444-04**  
**NOTICE TO CREDITORS**

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
Date of First Publication: January 10 th, 2024  
Personal Representative: Monica Carreno  
Attorney for the Personal Representative: Kyle D. Flick  
Address for Mailing or Service: 222 South Mission Street, Wenatchee, WA 98801  
Court of probate proceedings and cause number: Chelan County Superior Court, Cause No. 23-4-00444-04  
DATED this 2nd day of January 2024  
LAW OFFICE OF KYLE D. FLICK, P.S.  
By KYLE D. FLICK, WSBA #14963  
Attorney for Estate  
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 24, 2024. #6993

**Public Notices**

**CITY OF CASHMERE NOTICE OF DEVELOPMENT APPLICATION SUBDIVISION**

**Name of Applicant:** FCS International, Inc  
**Application Number:** Subdivision Development Permit 2024-1  
**Date of Application:** October 24, 2023  
**Date Notice of Application Issued:** January 10, 2024  
**Date of Complete Application:** January 5, 2024  
**Description of Proposal and Location:** A major subdivision application to divide a parcel into 18 separate lots for single family homes. The property is approximately 190,596 sq ft, the lots are proposed to range in size from approximately 7,015 sq/ft to 20,331 sq/ft. The property is located on the North side of Kimber Rd, between Evergreen Dr and Locust Lane, in the City of Cashmere, Chelan County, Washington. The Chelan County Assessor's Parcel # is 23-19-05-210-725.  
**Required Studies:** None  
**Required Permits:** SEPA Environmental Decision, Grade & Fill Permit and Building permits.  
**SEPA Environmental Review:** The City of Cashmere has reviewed the proposed project for probable adverse environmental impacts and expects to issue a Mitigated Determination of Nonsignificance (MDNS). This determination is based upon a finding that any potential impacts will be addressed through the application of city codes and standards. This determination is based upon the finding mitigation may be required to address frontage improvements on Kimber Road. The proposal may include mitigation measures under applicable codes, and the project review process may incorporate or require mitigation measures regardless of whether an EIS is prepared. The optional MDNS process is being used pursuant to WAC 197-11-355. This may be your only opportunity to comment on the environmental impacts of the proposed project.  
**Statement of Public Comment Period:** The 30-day comment period commences on January 10, 2024, and lasts through February 8, 2024; however, the city will accept public comments until the closure of the public record during the public hearing. Agencies, tribes, and the public are encouraged to review and comment on the proposed project and its probable environmental impacts. Any interested party has the right to comment on the proposal and request a copy of the decision once it is made.  
**Statement of Preliminary Determination:** The development regulations that will be used for the project mitigation and to provide consistency with the type of land use for the proposed site, are outlined in Titles 15, 16, 17 and 18.  
**Public Hearing:** A public hearing will be scheduled before the Hearing Examiner. A notice of public hearing will be advertised and mailed to parties of record and those who receive this notice at least ten days prior to the hearing.  
**City Contact Person:** For further information about this project, please contact Tammy Miller, Director of Planning & Building, at City Hall, 101 Woodring Street, Cashmere, WA 98815, Email: [tammy@cityofcashmere.org](mailto:tammy@cityofcashmere.org) and phone 509.782.3513.  
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 2024. #7004

**Public Notices**

**SUPERIOR COURT, STATE OF WASHINGTON, COUNTY OF CHELAN**  
**NUMERICA CREDIT UNION, Plaintiffs,**  
**v.**  
**JUSTIN T. STUFFLEBEAM individually and any marital community of JUSTIN T. STUFFLEBEAM and JANE DOE STUFFLEBEAM, husband and wife, Defendants.**  
**NO. 23-2-00597-04**  
**SUMMONS BY PUBLICATION**

The State of Washington to the said Justin T. Stufflebeam and Jane Doe Stufflebeam:  
You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 6th day of December, 2023, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Numerica Credit Union, and serve a copy of your answer upon the undersigned attorneys' for plaintiff Numerica Credit Union, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. This is an action to recover on a Complaint for Monies Due and for defendants failure to pay. Dated this 14th day of November, 2023.  
PHILLABAUM, LEDLIN, MATTHEWS & SHELDON, PLLC  
/s/ Benjamin D. Phillabaum  
By: BENJAMIN D. PHILLABAUM, WSBA# 48089 1235 N. Post, Ste 100, Spokane, WA 99201  
Published in the Cashmere Valley Record / Leavenworth Echo on December 6, 13, 20, 27, 2023 January 3, 10, 2024. #6821



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**Guess Who?**  
I am a singer born in England on January 12, 1993. I planned to become an English teacher, but tried out for "The X Factor" as a solo artist. I was ultimately paired with other singers to form a very successful boy band before moving on to a solo career.

Answer: Zayn Malik

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# North Central Washington Tree Fruit Days Jan. 16-18 in Wenatchee, Feb. 7 in Omak

**By TIANNA DUPONT**  
Press Release, Extension Specialist, Tree Fruit Washington State Tree Fruit Research and Extension Center

WENATCHEE/OMAK - WSU Tree Fruit Extension Programs will be held in North Central Washington on Jan. 16, 17, 18, and Feb. 7, 2024.

Co-sponsored by Northwest Cherries, Pear Bureau Northwest, NCW Fieldmen's Association and the Okanogan Horticultural Association, these events provide the latest research-based information on horticulture, pest and disease management.

Pesticide update credits will be awarded for program attendance 3 to 4 credits per session. No pre-registration is required for in person sessions, but registration required for virtual participation in Apple, Pear and Stone Fruit Days. Visit [treefruit.wsu.edu/events](https://treefruit.wsu.edu/events) to register. Virtual participants will have a fee to cover live streaming audiovisual expenses.

Pre-registration is required for the networking lunch at [treefruit.wsu.edu/events](https://treefruit.wsu.edu/events) to register.

**North Central Washington Pear Day** - Tuesday, Jan. 16 from 9 a.m. to 3:30 p.m. (check-in 8:30 a.m.) at the Wenatchee Convention Center, 121 N Wenatchee Avenue, Wenatchee. Virtual option available. Co-sponsored by WSU Extension and Pear Bureau Northwest

**Session 1: Pest and Disease Management:** Managing Mites, Phenology-based IPM Panel, Scouting and Thresholds Panel, Honeydew Washing Panel, Incorporating Thresholds.

**Session 2: Preventing Pathogens:** Fire Blight in Pears, Decay Prevention Strategies.

**Session 3: Production, Quality and Profits:** High Density Pears Panel, Marketing Panel.

Agenda at <https://treefruit.wsu.edu/event/pear-day-ftds-2024/>

**North Central Washington Stone Fruit Day** - Wednesday, Jan. 17 from 9 a.m. to 3:30 p.m. (check-in 8:30 a.m.) at the Wenatchee Convention Center, 121 N Wenatchee Avenue, Wenatchee. Virtual option available. Co-Sponsored by WSU Extension and NW Cherries.

**Session 1 Pest and Disease Management:** Fungal Dieback Survey Results, Powdery Mildew Best Management, X disease - New Research on Orchard Floor Management.

**Session 2 Bird Management:** The Good, the Bad, and the Risks of Birds, Bird Management Strategies.

**Session 3: Horticulture and Markets:** Cherry Variety Research, Tough Decisions in 2023 Panel, Stone Fruit Marketing Panel, How to Prevent Overset Fruit, Cropload Management.

Agenda at <https://treefruit.wsu.edu/event/stone-fruit-day/>

**North Central Washington Apple Day** - Thursday, Jan. 18, from 9 a.m. to 3:30 p.m. (check-in 8:30 a.m.) at the Wenatchee Convention Center, 121 N Wenatchee Avenue, Wenatchee. Virtual option available. Co-Sponsored by WSU Extension and NCW Fieldmen's Association.

**Session 1: Pest and Disease Management:** Woolly Apple Aphid, New Products and Approaches for Codling Moth

Management.  
**Session 2: BioControl:** Potential and BMPs for Natural Enemy Releases, Conserving Natural Enemies, Earwig Trapping Releases and Pesticide Impacts.  
**Session 3: Technology and Mechanization:** Technology Roadmap, Mechanical Harvest, Precision Spray Application, Smart Orchard Soil Mapping and Testing Methods

Agenda at <https://treefruit.wsu.edu/event/apple-day-ftd-2024/>

**Manejo de Frutales** - Thursday, Jan. 18, 2024 from 1 p.m. to 3:30 p.m. at the Wenatchee Convention Center, 121 N Wenatchee Avenue, Wenatchee. Co-Sponsored by WSU Extension and NCW Fieldmen's Association.

**Topics include:** Diagnóstico de problemas en los árboles/ Diagnosing Tree Problems; Manejo de plagas de Pera/ Pear Pest Management; Mancha de Fuego/ Fire Blight; Manejo Integrado de Plagas de Manzanas/ Apple IPM; Uso de pesticidas con seguridad/Safe use of pesticides

Agenda at <https://treefruit.wsu.edu/event/manejo-de-frutales-2024/>

**Okanogan Horticultural Society Meeting** - Wednesday, Feb. 7, 2024 from 9 a.m. to 3 p.m. (check-in 8:30 a.m.) at Agriplex, Omak, Rodeo Trail Rd., Okanogan. Co-Sponsored by Okanogan Horticultural Society

**Topics include:** codling moth, fire blight, apple maggot, thinning, new invasive insects on the horizon, NW cherry growers marketing outlook, rootstock panel, labor policy update.  
Agenda at <https://treefruit.wsu.edu/event/okanogan-horticultural-society-meeting-2024/>



RUTH KEYS/WARD MEDIA FILE PHOTO

Springtime in North Central Washington is colorful with apple, pears and stone fruit trees blooming with their pink and white blooms. Pictured here are pears in full bloom in Manson.

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## UPPER VALLEY CHURCH GUIDE

To Place Information In The Church Guide Call 509-548-5286

New to our area? On vacation? These churches welcome you!

**CASHMERE**

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

**CASHMERE COMMUNITY CHURCH**  
213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m. until further notice.  
Pastor Lilia Felicitas-Malana  
[cashmerecommunitychurch@gmail.com](mailto:cashmerecommunitychurch@gmail.com)

**CHRIST CENTER**  
Sunday Worship Service at 10 am  
Lead Pastor Steve Haney  
5800 Kimber Rd., Cashmere  
509-295-8006  
[christcentercashmere.com](http://christcentercashmere.com)

**GRACE LUTHERAN CHURCH**  
• 509-860-0736 • 401 Elberta Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 10 a.m.  
Pastor Rob Gohl

**ST. JAMES EPISCOPAL CHURCH**  
• 509-860-0736 • 222 Cottage Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 9:00 a.m.  
Pastor Rob Gohl

**DRYDEN**

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday Worship at 11 am.  
• Prayer Meeting Wed. at 6 pm. Pastor Bill Clem

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 509-782-2616  
Worship Service, 10 a.m.,  
Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

**LEAVENWORTH**

**CASCADE MOUNTAIN BIBLE CHURCH**  
Office: 509-548-4331  
11025 Chumstick Hwy.  
Please join us Sunday mornings  
9 a.m., Sunday School  
10:30 a.m., Worship Service

**CORNERSTONE CHURCH**  
Leavenworth Grange Hall  
621 Front St.  
[info@cornerstoneleavenworth.com](mailto:info@cornerstoneleavenworth.com)  
Sunday Worship - 10 a.m.

**LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH**  
418 Evans Street • 509-548-5619  
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout  
[leavenworthumc.org](mailto:leavenworthumc.org)  
[leavenworthumc@outlook.com](mailto:leavenworthumc@outlook.com)

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
10170 Titus Rd. (across from middle school)  
Church: 509-548-7667  
Meetings: Sunday - 10 a.m.

**FAITH LUTHERAN CHURCH - ELCA**  
"Reconciling Works Congregation"  
224 Benton Street • 509-548-7010  
Worship 9:30 a.m. w/coffee following  
Eva Jensen, Pastor  
<https://www.flcleavenworth.org>

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**  
429 Evans Street, 509-470-7745  
Sunday Worship: 11 a.m.  
Website: [www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
Email: [info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 509-548-5292  
Sunday Worship 10 a.m.  
Lead Pastor: Greg Appleby  
Youth Pastor Paige Derossett  
Worship Pastor-Jacob Mitchell  
[www.LCN.org](http://www.LCN.org)

**SEVENTH DAY ADVENTIST CHURCH**  
10600 Ski Hill Drive • 509-548-4345  
Saturday Services • Bible Study 9:30 a.m.  
Worship 11 a.m. • Fred Smith • 509-860-3997

**SPIRIT LIFE CENTER**  
210 Benton Street • 509-548-7138  
Sunday Worship 10 a.m., Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

**MONITOR**

**MONITOR UNITED METHODIST CHURCH**  
3799 Fairview Canyon • 509-782-2601  
In-person service, Sunday, 9 a.m.  
Pastor Lilia Felicitas-Malana

**PESHASTIN**

**LIGHT IN THE VALLEY COMMUNITY CHURCH**  
8455 Main Street  
Sunday Worship 10 a.m. • Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

**NEW LIFE FOURSQUARE CHURCH**  
7591 Hwy. 97 • 509-548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
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