

The Leavenworth Echo

\$1.00
Volume 124 • No. 3

Upper Valley News Since 1904
A Ward Media Publication

 leavenworthecho.com



5 things to do this week
Five of the most captivating events of the week | **A2**

City Council holds first meeting of 2024 with new members



TAYLOR CALDWELL / WARD MEDIA

City Council Member Zeke Reister gets sworn in for another term.



TAYLOR CALDWELL / WARD MEDIA

City Clerk Andrea Fischer briefs new members Shane Thayer, Rhona Baron, and Travis McMaster before their first meeting.

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

LEAVENWORTH – City Council reconvened for its first meeting of 2024 on Jan. 9. The meeting included ceremonial moments, Capital Improvement updates, and the approval of two grant agreements for street projects in 2024.

Both re-elected and new members were sworn in at the start of the study session. Anne Hessburg and Zeke Reister were sworn in for a consecutive term. Shane Thayer, Rhona Baron, and Travis McMaster were welcomed into the council as brand new members.

Hessburg was voted to continue in the role of Mayor Pro Tempore, who serves as the presiding officer at City Council meetings in the Mayor's absence. Mayor Pro Tempore can also recommend City Council members to standing committees, with the appointment voted on by City Council.

Deputy Managing Director Valerie Smith of Washington State's Department of Commerce was also in

attendance via Zoom to present the City Council with a 2023 Governor's Smart Communities Award. The City of Leavenworth received the Judges Merit Award for its efforts to make Leavenworth a Washington State landmark and top tourist destination in the state.

The meeting also held a public hearing on amendments to the Comprehensive Plan's Capital Improvement Plan, however no public comments were made. The Capital Improvement Plan is an outline of potential projects that are in line with the City's Comprehensive Plan. Each year, the Planning Commission reviews the plan and makes update recommendations to the City Council.

"Most of these have been on there, and this is again, just updating them [and] adding a few, but most of the names are carried over. It's a process that we have to do every year to just keep it up to date...but this is our best guess at this point of what we're going to be doing as far as capital improvements for the next six years," said Mayor Carl Florea.

Nearly all members voted for the amendment, with the exception of new Council Member Baron who abstained.

The City Council also moved to approve the Fuel Tax Grant Agreement with the Washington State Transportation Improvement Board (TIB) for the 2024 Street Maintenance Project and the Curb Ramps Improvement Project. The agreement would accept the terms of a grant awarded to the City of Leavenworth in December of 2023. TIB's grant funding comes from motor fuel tax revenue.

"To be clear, we were awarded three totally separate projects with TIB. We only have two in front of you here tonight," said Deputy Public Works Director Andi Zontek-Backstrum.

The Curb Ramps Improvement Project would replace approximately 28 deficient curb ramps in the city to reach ADA compliance. TIB would fund 90 percent of the project, equaling \$277,992, and the City would be responsible for funding 10 percent, or \$30,888.

"Once we replace these curb ramps, it would open up a bunch of other streets for an overlay... We can't come through and grind a roadway out and repave or lay new asphalt over the top of the existing roadway if the curb ramps aren't ADA compliant," said Zontek-Backstrum.

TIB would contribute \$90,000 for the 2024 Street Maintenance Project, and the City of Leavenworth would be responsible for the remaining \$10,000. This project would target streets that will not receive a scrub seal as part of the third TIB-funded project.

"These are streets that have other improvements that are necessary and this includes crack seal, pavement repair and pre-level," said Zontek-Backstrum.

The next City Council Meeting will be held Jan. 23 at 7 p.m. A Community Engagement Night is scheduled for Jan. 30 from 5 p.m. to 8 p.m. at the Festhalle.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Highest level of protections for three Washington rivers goes into effect

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

OLYMPIA – Protections for the Napeequa River in Chelan County are set to go into effect Jan. 18, after being designated as an Outstanding Resource Water (ORW). The Napeequa River flows from the Glacier Peak Wilderness into the White River, which ultimately feeds into Lake Wenatchee.

Segments of the Napeequa, Green and Cascade rivers were the first rivers ever designated as Tier III (A) Outstanding Resource Waters in Washington State, granting the highest level of protection assigned to a water body under the state's antidegradation rule. Soap Lake was designated at a Tier III (B) ORW.

The Clean Water Act of 1972 allows for states to provide extra protections to high quality and unique waters through ORW classification. To meet the criteria, bodies of water must meet high quality water standards, have ecological importance, and/or provide unique attributes or recreational value. Under the antidegradation rule, water bodies with Tier III (A) ORW classification are protected from any and all future degradation, while Tier III (B) classification allows minor degradation under certain circumstances.

In 2021, the Department of Ecology took nominations from the public, tribes, and interests groups. The three rivers and Soap Lake were nominated for having met all or some of the criteria.

The Napeequa River received nominations from Pew Charitable Trusts, American Rivers, Cascade Forest Conservancy, Wild Salmon Center, American Whitewater, Washington Wild, and Trout Unlimited, according to Ecology. Due to its remote location, the river was chosen for its high water quality, ecological significance, and recreational value, meeting all the criteria.

"Its cold, pristine waters provide critical habitat for species, such as endangered Spring chinook and threatened bull trout. Both the White River and Lake Wenatchee rely on critical inputs from the Napeequa as a major tributary to provide high-quality water and habitat for downstream salmon and trout," said Pacific Northwest Stewardship Director Tom O'Keefe in an American Whitewater press release.

The Napeequa River Valley has high-recreational value for hikers exploring the remote wilderness, and kayakers and rafters benefiting from its water contributions to the Wenatchee River downstream.

Mountaineers.org calls the Napeequa River Valley "one of the most awesome, revered and wildest valleys in the state."

On Dec. 18, 2023 the rivers were officially designated through the adopted changes to the Water Quality Standards for Surface Waters of the State of Washington. The changes go into effect 31 days after its adoption date.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

Leavenworth had record amounts of visitors over the holiday season

By **TAYLOR CALDWELL**
Ward Media Staff Reporter

LEAVENWORTH – Thanksgiving to New Years was busier than recent years, according to visitor data recently shared by the Chamber of Commerce.

"My magic eight ball would predict that we will have a big increase in volume and retail tax for the month of December this year," said Executive Director Troy Campbell during a City Council study session.

Since 2021, the Chamber of Commerce has used footfall counts to estimate the number of visitors downtown. The method uses cameras to count the number of pedestrians passing by.

Out of the 10 highest days recorded since it began counting in July of 2021, eight of them were recorded in the last quarter of this year. From Thanksgiving to New Years, footfall counts were consistently high, with 13 days counting over 100,000 people. Prior to this period, only 14 days since July 2021 had recorded over 100,000 people.

New Year's Day, when many businesses are closed, counted over 79,000 people, which is more than a typical Saturday in August. One Saturday in December counted over 164,000 people.

"That is the most we've ever counted in one day," said Campbell.

Although the holiday season is always busy, it is unusual to have high numbers every weekend and midweek. Storms and pass restrictions usually knock down tourism, as it did on New Year's weekend in 2021 and the week of Christmas in 2022.

"This is what a year with no traffic on the passes looks like compared to years we've had major snow events," said Campbell. "If you were a day tripper, this was a great year to come to Leavenworth."

The increase in crowds was noticeably positive for some downtown businesses, such as Icele Brewing Company.

"We had a record holiday season. It was the best December ever and we had a 24% increase in revenue over last year. One of the things we noticed this year is how the business was more evenly spread through the week and not all bunched up on the weekends, which made it busy

See **VISITORS** Page **B4**



COURTESY OF MATT CADE

The Greater Leavenworth Museum's 13,000th visitors Nancy and Natalie Nelson of Bellevue, WA, pose with Board President Matt Cade.

Inside The Echo this Week

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\$1.00



Phone:
509-548-5286

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The Leavenworth Echo

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WARD MEDIA

On the Internet

Website:

www.leavenworthecho.com

E-mail:

news@ward.media

Office hours

Hours: 9 a.m. - 5 p.m. except weekends, or call 509-548-5286

Contact information

CEO & Publisher

Terry Ward

509-731-3284

terry@ward.media

COO & Co-Owner

Amy M. Yaley

509-731-3321

amy@ward.media

Multimedia Sales Manager

Sherrrie Harlow

253-255-5920

sherrrie@ward.media

Multimedia Sales Executive

Tania Huskey

509-264-6210

tania@ward.media

Reporter

Taylor Caldwell

taylor@ward.media

Reporter

Quinn Propst

quinn@ward.media

Circulation

509-293-6780

circulation@leavenworthecho.com

Deadlines

Calendar Listings Noon, Friday

News Submissions: Noon, Friday

Letters to the Editor: Noon, Friday

Display Advertising: 5:00 p.m., Thur.

Legal Notices: Noon Friday

Classified Ads: Noon Friday

Subscriptions

In Chelan County (yearly) \$40

\$5.00 to include online subscription

In State-Out of County (yearly) \$50

Online E-edition \$40

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week...



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The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number...

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

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Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

The Leavenworth Echo (USPS 308 160) is published every Wednesday by Ward Media, LLC, 29 S. Wenatchee Ave., Suite A, Wenatchee, WA 98801 Telephone: 509-548-5286. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices). Postmaster: Send address corrections to: Leavenworth Echo, 131 S. Apple Blossom Drive #109, Chelan, WA 98816

Classified Weekly Rates

\$15.00 for first 30 words .10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves.



5 THINGS TO DO THIS WEEK



Star Wars: Empire Strikes Back screening

"Star Wars - The Empire Strikes Back" will be on the big screen at the Cascade High School Auditorium on Thursday, Jan. 18 from 6-8 p.m..

All proceeds from the event will benefit the Icicle River Middle School Technology Student Association (TSA) Club's trip to the Washington State TSA Competition.

Tickets for the event are \$7 and refreshments will be available for purchase. The doors open at 5:30 p.m.

Upper Valley Empty Bowls Festival

Sleeping Lady Mountain Resort will host the Upper Valley Empty Bowls Glazing Days on Friday Jan. 19. from noon to 8 p.m., Saturday, Jan. 20 and Monday, Jan. 22 from 10 a.m. to 8 p.m. in the Woodpecker Room.

"Help feed our community's hungry, strengthen community and celebrate the arts through the Upper

Valley Empty Bowls Festival," the event page states. "Come glaze a bowl with your friends, family, and community members this year at the Sleeping Lady Mountain Resort."

"Paint your own design on a bowl, then pick up your finished bowl at the community soup supper on Thursday, March 21 at the Leavenworth Festhalle," the event page states. "You are welcome to pay for your bowl at the door, or you can pay online ahead of time and decorate your bowl when you arrive during the Glazing Days."

Proceeds from the festival support Upper Valley MEND's food bank Community Cupboard, and fund small art grants to support local youth arts programs.

To pay online, visit uemptybowls.org and click on the Glazing Days link.

Family movie night

The Wenatchee River Institute will host a free family movie night on Friday, Jan. 19

from 6-8 p.m. in the Red Barn.

Bring your family, snacks, chairs, blankets, and whatever you may want to enjoy a movie on our big screen. "This month we'll be showing 'Finding Nemo.'" Hot cocoa, tea, sparkling water, beer, and wine will all be available for purchase at the event.

For more information visit wenatcheeriverinstitute.org.

Play Dungeons and Dragons in person

The Leavenworth Library will host Let's Play "Dungeons & Dragons" In Person on Thursday, Jan 25 from 4-7 p.m. "Come to the Leavenworth Library for an evening of role-playing, dice-rolling, and monster-fighting with Gracie and a group of local D&D enthusiasts," the event page states. "All supplies will be provided for the full D&D

experience." This is a free event for ages 10 and up. No registration is required.

For more information visit ncwlibraries.org.

January Green Drinks

Waste Loop will host January Green Drinks on Thursday, Jan. 18 from 5-7 p.m. at Milepost 111 Brewery in Cashmere.

"Green Drinks is a monthly networking opportunity to connect with folks interested in and working towards sustainability in NCW," the

event page states.

"Join us for Green Drinks in January to learn more about Waste Loop's newest endeavor - developing a ReUse Innovation Center that will be opening in Cashmere in the Spring of 2024," the event page states. "Waste Loop staff will share project updates and reveal the center's name (as voted on by the community). The evening will be informal, so stop by when you can to grab a drink and connect with other eco-minded folks in the Valley."

For more information visit wasteloop.org.

Championing local milestones and the importance of shopping local

In this week's edition of The Leavenworth Echo, nestled on page A4, lies a unique celebration of local business resilience and longevity - our 'Honor Roll of Business.' This feature is not just a list but a visual narrative showcasing businesses in descending order based on their years of service. It is an homage to their persistence and a symbol of their integral role in our community.

But there's more to this feature than just acknowledgement. It underscores a crucial message: the importance of shopping

local. Each business listed represents a decision by someone in our community to choose local over distant alternatives. This choice strengthens our local economy, fosters job creation, and nurtures the community's unique character.

Shopping local isn't just a catchphrase; it's a commitment to sustaining the vibrancy and health of our economy. When we choose local businesses, we're not just



From the Publisher

TERRY WARD

buying a product or a service; we're investing in our community's future. Local businesses are more likely to recycle a much larger share of their revenue back into the local economy, enhancing the whole community's economic base.

The endurance of these businesses, highlighted in the Honor Roll of Business, also reflects their ability to build and maintain trust within our community. These are the

enterprises that have weathered economic storms and adapted to changing consumer needs while remaining steadfast in their commitment to our region.

These local businesses contribute much to the community. They sponsor local sports teams, support school events, and participate in charity drives. Their presence goes beyond the storefront; they are part of our community's fabric and are vital in shaping our local culture and identity.

As you peruse the listings on page A4, remember that each name is a call to action. It's

a reminder to support those who have invested in our community, provide local jobs, and contribute to North Central Washington's unique charm. Your choice to shop local is a powerful tool in building a strong and sustainable community.

Ward Media is proud to highlight these local pillars. We believe that recognizing their milestones is as important as understanding the impact of our shopping choices. Together, we can ensure the prosperity and vibrancy of our local business community for years to come.

Upper Valley Empty Bowls Festival returns to support Community Cupboard

Ward Media / Leavenworth Echo

LEAVENWORTH - The Upper Valley Empty Bowls (UV Empty Bowls) Festival is scheduled to return in 2024, marking its significant contribution to the Leavenworth Community Cupboard food bank. This annual event, known for its community involvement and artistic expression, plays a vital role in funding the food bank.

Upper Valley Scholarship now open for applications

Ward Media / Leavenworth Echo

LEAVENWORTH - P.E.O. Chapter JF, Leavenworth, is now accepting applications for the Upper Valley Scholarship to support women seeking higher education. This needs-based scholarship is designed for women in Chelan or Douglas County who are returning to an accredited university, college, or technical school in Washington.

The scholarship targets women aged 30 or above, especially those resuming their education after a gap of at least two years. It will cover school expenses and be paid directly to the educational institution in the Fall of 2024.

Eligible institutions include any fully accredited colleges, universities, or technical schools in Washington. The scholarship is also open to those attending out-of-state online accredited schools. Successful applicants must confirm their enrollment for the funds to be released to the school's financial department.

Applications must be submitted by April 30, 2024. Recipients can reapply annually until they complete their education programs.

For more information and to request application forms, interested applicants should contact the Scholarship Committee at peoleavenworth@nvi.net.

The festival raises over \$15,000 each year, accounting for more than half of the food bank's budget. This funding is crucial for stocking food shelves and providing food boxes to over 1,000 local households.

Event schedule and activities

The festival will commence with the Glazing Days from Jan. 19 - 22 at the Sleeping Lady Mountain Resort's Woodpecker Room. Participants of all ages are invited to paint bowls, which will later be fired and collected during the Community Soup Supper in March. This event

also includes a display by local artists, showcasing bowls created for the UV Empty Bowls Artist Bowl Auction.

The UV Empty Bowls Artist Bowl Showcase and Gala Celebration is set for March 3 at the Icicle Ridge Winery in Peshastin. This event features an opportunity to view auction bowls, enjoy music, wine, and appetizers, and engage with the local community and artists.

The online Artist Bowls Auction will take place from March 10 to March 20 and will feature 22 bowls and platters designed by local artists. These items will be available for bidding and immediate

purchase on the UV Empty Bowls website.

The festival will conclude with the Community Soup Supper on March 21 at the Leavenworth Festhalle. This event brings together community members for a meal, with food donated by local establishments. Volunteers play a key role in the success of this gathering.

Community involvement and support

The UV Empty Bowls Festival is a testament to the strong community spirit in Leavenworth, with local potters, artists, and residents actively participating and

supporting the event. The festival addresses food insecurity and celebrates local arts and community solidarity.

For more information, visit www.uvemptybowls.org.



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Community Calendar

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.
Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.
Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Thursday

Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Cascade School board meetings, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icele & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.lpid@nwi.net (2nd Tues.)
Cascade Education Foundation, Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center, Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com
Music, call Steve, 509-548-7048. (1st and 3rd Tues.)
Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m- 2 p.m. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, is open daily from 11-4, except Thanksgiving and Christmas. Check their Facebook page or website at leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Are you getting too much magnesium?

84-year-old Martha was halfway down her driveway to get her mail when she tripped and fell onto the asphalt. Luckily, her neighbor across the street witnessed her fall, rushed to help, and called 911 when she couldn't get up.

Her head, heart, lungs, and kidneys checked out fine, but the magnesium in Martha's blood was too high, which can cause muscle weakness. When asked if she was taking any magnesium supplements, Martha said no. "I only take a thyroid pill for my thyroid and a pain pill at night for my arthritis."

I asked her, "Do you take any laxatives?"

"Why, yes, nearly every night. My pain pill helps my arthritis, but it binds me up, so I take a laxative for that."

"Which one?"

"It's in a blue bottle. Phillips®, I think."

"Do you take anything for stomach acid, burning, or indigestion?"

"Sometimes. I like the mint flavored Mylanta® chews."

"How about other supplements? Do you take anything for sleep?"

"Sure. There's a powder called CALM that helps me sleep. I mix some in my chamomile tea at bedtime."

Although she wasn't taking a magnesium supplement, Martha was getting salty solution of Epsom salts dissolved in hot water can help decrease swelling and relieve aches and pains. Magnesium chloride is also available as a spray to rub in to relieve muscle cramps. Your body can absorb magnesium chloride through your skin if you soak in it or spray it on.

I find that soaking in Epsom Salts is helpful when dealing with a deep splinter. Instead of digging around after it, soaking the area first shrinks and softens the skin around the splinter, making it much easier to see and remove.

Magnesium hydroxide is a milky liquid and a significant ingredient in the antacids Maalox® and Mylanta®. It's also the main component of Phillips Milk of Magnesia®. Magnesium is also available as magnesium citrate, a clear, effervescent solution of magnesium with sodium

bicarbonate and citric acid added to make it bubbly.

Magnesium citrate and magnesium hydroxide are marketed laxatives. Magnesium relieves constipation by helping pull water out of your body into your intestine and colon as it travels through. The extra water helps to soften your stool and relieve constipation in as little as 30 minutes to 3 hours.

Although these magnesium-based laxatives work inside your intestines, some of the magnesium can also get into your bloodstream. Up to 20% of the magnesium in each dose of milk of magnesia or citrate of magnesia can be absorbed, increasing your magnesium blood level, like what happened to Martha.

Martha also was getting magnesium in her CALM for Sleep powder.

Epsom Salts are another form of magnesium. When mineral waters in Epsom, England, underwent evaporation, they produced a nearly pure form of magnesium sulfate. Today, Epsom Salts are made by evaporating water from the sea. After extracting the more desirable sodium chloride (table salt) from seawater, the brine that is left is nearly pure magnesium sulfate.

Soaking in a concentrated salty solution of Epsom salts dissolved in hot water can help decrease swelling and relieve aches and pains. Magnesium chloride is also available as a spray to rub in to relieve muscle cramps. Your body can absorb magnesium chloride through your skin if you soak in it or spray it on.

I find that soaking in Epsom Salts is helpful when dealing with a deep splinter. Instead of digging around after it, soaking the area first shrinks and softens the skin around the splinter, making it much easier to see and remove.

Here are 5 Tips on Take Magnesium Safely:

1. Watch out for multiple sources.

In addition to taking a magnesium supplement, your body can absorb magnesium from other sources. Some antacids, liquid laxatives, supplements for sleep, and

Epsom Salts all contain magnesium.

2. Know the signs of getting too much magnesium.

If you notice diarrhea, cramping, weakness, or low blood pressure, you may get too much magnesium, like Martha.

3. If you have kidney problems, avoid getting extra magnesium.

Avoid taking magnesium-containing antacids, laxatives, supplements, or using magnesium soaks or sprays if you have kidney problems or are under the care of a kidney doctor.

4. Change up your laxatives.

If you need a laxative regularly, avoid magnesium. Instead, use powdered Miralax® (polyethylene glycol 3350), which is more effective than milk of magnesia and magnesium citrate without the risk of getting extra magnesium.



Ask...
Dr. Louise

5. Don't mix magnesium with antibiotics.

Avoid taking magnesium between 1 hour before and at least 2 hours after certain antibiotics. Magnesium and other minerals like iron and calcium will attach directly to certain antibiotics, preventing you from absorbing the entire dose.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2024 Louise Achey

Cultural artifacts found during survey at new substation site

By TAYLOR CALDWELL
 Ward Media Staff Reporter

LEAVENWORTH — Artifacts were found during an archeological dig at Leavenworth's new Bavarian Substation site in December. "Chelan PUD values our relationship with our Tribal partners and regularly conducts a cultural resource survey prior to any ground-breaking activity, including substation construction. It was through this due diligence that cultural resources were identified at the proposed Bavarian Substation site," said Jennifer Burns, Environmental Cultural Resource Program Manager, in an email to Ward Media.

Findings are typically rare, said Burns. Chelan PUD could not release specifics of the findings under RCW 42.56.300, which is in place to prevent the depredation or looting of the site.

According to Burns, Chelan PUD is currently working under a permit with the Washington State Department of Archaeology and Historic Preservation (DAHP) to further investigate and characterize the archaeological site. Burns said PUD was in discussion with the Confederated Tribes of the Colville Reservation, the Yakama Nation, and the DAHP to figure out the next steps. Tribes did not respond for comment.

The Bavarian Substation is currently in the permitting phase. The cultural survey is one component of a SEPA checklist (State Environmental Policy Act) that must be completed during the permitting process. Burns said

there's always a potential for projects to be delayed, but was unable to confirm how the findings would affect the project.

Substations are an integral component of the community's electrical system, and convert voltage for residential and commercial use. The current substation in Leavenworth is nearing capacity, which prompted Chelan PUD to construct the Bavarian Substation, with plans of completion by 2025. Chelan PUD started exploring potential sites in 2015, and decided to move forward with the chosen location on the corner of Chumstick Highway and North Road in 2017.

Taylor Caldwell: 509-433-7276 or taylor@ward.media



Chelan PUD is in the process of constructing the Bavarian Substation in order to meet Leavenworth's growing electricity needs.

Chelan County Sheriff's Report



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

January 5

- 08:21 Civil, 10135 Peshastin Mill Rd
- 12:54 Welfare Check, 820 Front St: Gazebo Park
- 12:54 Accident No Injury, Ski Hill Dr & Evans St
- 15:22 Accident No Injury, oblK Evans St
- 15:50 Malicious Mischief, 1000blk Main St
- 17:36 Traffic Offense, Chumstick Hwy Mp 1
- 13:23 Dui, Chumstick Hwy & Merry Canyon

January 6

- 08:33 Suspicious, 1214 Commercial St
- 12:50 Animal Problem, 11730 Sunitsch Canyon Rd
- 13:39 Traffic Offense, Peshastin Crk Ingalls Bridge
- 14:08 Missing Person, 9th St & Front St
- 16:12 Alarm, 10190 Chumstick Hwy
- 20:12 Suspicious, 11650 Eagle Creek Rd

January 7

- 09:32 Animal Problem, 11687 Sunitsch Canyon Rd
- 11:23 911, 100 Enchantment Park Way
- 11:45 Suspicious, 429 Evans St
- 14:59 Property, 520 Pine St
- 14:59 Civil, 1250 Us Hwy 2: Mcdonalds
- 16:23 Trespass, 300 Us Hwy 2
- 18:50 Accident No Injury, 932 Front St: Starbucks

January 8

- 10:06 Littering, 9704 E Leavenworth Rd
- 11:21 Vehicle Theft, 1900 S Wenatchee Ave
- 11:58 Fraud/Forgery, 1216 Commercial St# 3
- 17:00 Accident No Injury, 9292 E Leavenworth Rd

January 9

- 06:34 Disturbance, 8620 Dryden Frontage Rd
- 08:09 Suspicious, 3717 Bridge St: Monitor
- 11:12 Civil, 10851 Chumstick Hwy
- 18:23 Welfare Check, 7305 Icicle Rd

January 10

- 07:31 Alarm, 10065 Merry Canyon Rd
- 11:27 Domestic Disturbance, Foster Rd & Saunders Rd, Peshastin
- 11:44 Parking/Abandon, 3522 Hansel Ln, Peshastin
- 11:46 Property, 1329 Us Hwy 2: Dans Food Market
- 13:07 Alarm, 9275 Lone Pine Orchards Rd, Peshastin
- 13:50 911, 309 8th St: Post Hotel
- 14:05 AtL/Atc, 617 Us Hwy 2: Gustavs
- 16:12 Parking/Abandon, 9800blk Dog House Rd, Peshastin
- 16:18 Accident No Injury, 12th St & Front St
- 15:54 Property, 11724 River Bend Dr
- 20:02 Accident No Injury, Chumstick Hwy Mp 1
- 22:53 Hazard, Chumstick Hwy Mp 1
- 23:50 Suspicious, 8955 Icicle Rd

January 11

- 00:35 Civil, 10851 Chumstick Hwy
- 06:54 Civil, 11684 Sunitsch Canyon Rd
- 10:35 Trespass, 13688 Chumstick Hwy
- 12:09 Parking/Abandon, 3669 Allen Ln, Peshastin
- 14:31 Welfare Check, 138 Trestle View Ln, Dryden
- 15:58 Scam, 19490 Chiwawa Loop Rd
- 21:33 Welfare Check, 5611 Campbell Rd, Peshastin
- 22:52 Welfare Check, 422 S Navarre St

PUBLIC MEETING

Peshastin Water District system acquisition

Members of the community are welcome to attend and to provide public comment for board consideration.

Staff will be available to answer questions.

WHEN: Wednesday, Jan. 17 at 6 p.m.
WHERE: Peshastin-Dryden Elementary School
 10001 School St
 Peshastin, WA

Comments and questions can be sent to contactus@chelanpud.org.

HONOR ROLL of Business

In a tribute to the pillars of our local economy, The Leavenworth Echo proudly announces the Honor Roll of Business. This special showcase is dedicated to celebrating the remarkable longevity and unwavering commitment of our community's enterprises.

Highlighting the resilience and pioneering spirit that defines North Central Washington's business landscape, these ads pay homage to establishments that

have stood the test of time. From family-owned shops that have been passed down through generations to innovative firms driving economic growth, each ad is a testament to the dedication and perseverance of our local entrepreneurs.

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The market operating today originally started in the early 1950s as Columbia Market. Over the years, the market had various owners until 1995, when Dan Firth took ownership and renamed it Dan's Food Market. The Worthen family acquired the store in 2011, and in May 2023, Jonathan and Kat Koncz became the new proprietors. Together, they are committed to upholding the Dan's name by continuing the tradition of offering the community fresh and locally sourced products in a warm and welcoming environment. Their goal is to ensure that customers feel at home while browsing for groceries or enjoying breakfast from the bakery or lunch from the deli.



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ATHLETE OF THE WEEK

Leslie Mata
Basketball
Junior



Junior, Leslie Mata, has made a significant impact on the Kodiaks girls' basketball team. Demonstrating her prowess as a hardworking defender, Leslie pressures the opponent the full length of the court. Her relentless hustle, unwavering work ethic, and tenacity make her a formidable force and a dedicated fighter for her team. Leslie Mata's contributions on the basketball court undoubtedly showcase her deserving nomination for this week's Athlete of the Week.



Kodiaks Scoreboard

GIRLS BASKETBALL	
Jan. 9:	Cascade 23, Omak 46; Loss
Jan. 12:	Cascade 5, Cashmere 56; Loss
BOYS BASKETBALL	
Jan. 9:	Cascade 27, Omak 68; Loss
Jan. 12:	Cascade 17, Cashmere 57; Loss

Kodiaks Schedule

GIRLS BASKETBALL	
Jan. 18:	Cascade vs. Manson, Away at 6 p.m.
Jan. 20:	Cascade vs. Liberty Bell, Home at 4:30 p.m.
Jan. 23:	Cascade vs. Chelan, Away at 5:45 p.m.
BOYS BASKETBALL	
Jan. 18:	Cascade vs. Manson, Away at 6 p.m.
Jan. 20:	Cascade vs. Liberty Bell, Home at 4:30 p.m.
Jan. 23:	Cascade vs. Chelan, Away at 5:45 p.m.
BOYS WRESTLING	
Jan. 20:	Cascade @ Quincy Mat Animal Tourn, Away at 9 a.m.
GIRLS WRESTLING	
Jan. 19:	Cascade @ Lady Huskie Invite, Away at Othello 4 p.m.
Jan. 20:	Cascade @ Lady Huskie Invite, Away at Othello 10 a.m.

CASCADE KODIAKS



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Kodiaks shine at revived Bavarian Invitational

LEAVENWORTH - A long-standing tradition, on Saturday, Jan. 6 the Cascade High School Wrestling team hosted their annual Bavarian Invitational Wrestling Tournament. It was held from 10 a.m. to 4 p.m. in the CHS athletic wing and boasted the attendance of twelve area schools. The schools that attended consisted of Cashmere, Omak, Ellensburg, White Swan, East Mont, Chelan, Naches Valley, Cle Elum, Wenatchee, Okanogan, and Highland. For the tournament, there were three matches going on at once: two in the big gym and one in the small gym.

Sandoval (11), and Tristan Sharpe (9). "I wasn't happy with my performance; moving forward I hope I can wrestle better, work harder, and not give up," explained Sharpe. All of them put up a tough fight, however, Sandoval came out on top with a first-place medal. "Damian Sandoval wrestled very well, and it was fun to watch him. Even the freshman, like Tristan Sharpe, wrestled well and had a great tournament," said coach Tim Barnes.



By RHETTA CUMMING
Cascade High School Publications Group
Special to Ward Media

to mentor and help him. As they worked together to revive the beloved tournament, they decided to change the name back to the original, Bavarian Invitational Wrestling Tournament, hoping to in corporate and promote the community more and it has been a tradition ever since. The purpose of all wrestling tournaments is to set up each athlete's wrestling records, which are used to seed the wrestlers for districts, regionals, and state tournaments. Throughout the years and progression of the tradition there have been many changes in technology.

When the final match was called, Cascade came in fourth place with 145 points. Seven Cascade wrestlers placed in the top four in their weight categories: in fourth place was Jonah Bowles (10), in third place was Abraham Gonzalez (11) and Talen Johnson (11), in second place was Axel Pacheco (12), Karsten Bowles (12), and Tristan Sharpe (9), and in first place was Damian Sandoval (11).

The Bavarian Invitational has quite a unique history. This tradition started during the '90s with hopes of expanding the wrestling program and raising money. It is a very important fundraiser for the program, there is an entry fee for each team, tickets at the door, and concessions.

The technology that is used to run the tournament, back when it originally started, I was in wrestling and they would just have poster boards to keep score," explained Barnes. After each match they had to go in and write down who won, now it is run through a system called Track Wrestling. The bookkeepers are able to go in and put the scores in and anyone can see the statistics wherever they are. "The technology has come a long ways," confirmed Barnes.

"The wrestling tournament was very exciting, confusing, and all-around a blast. There were championship matches going on all the time, and I got to see some of our Cascade wrestlers do extremely well," explained Benjamin Jerome (11).

After a few years, the wrestling program then changed the name to John Seagle Memorial Tournament to recognize a previous Cascade wrestler and coach who had passed away. Not long after that change, they took a pause in having the tournament for about seven years.

Many Kodiak wrestlers excelled this past weekend; there were four boys who competed in the finals for first place: Karsten Bowles (12), Axel Pacheco (12), Damian

A former CHS student and wrestler, Cody Fritz-O'Brien then decided he wanted to bring the tournament back for his senior project. He asked Barnes, who was the head middle school wrestling coach,

the Bavarian Invite was run much like other local tournaments; however, one small addition, the coaches' room, was a huge hit with the attendants. This room was a highlight of the event; parents and community members

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Karsten Bowles (12) finishes off his last match of the day at the Bavarian Invitational against Cle Elum, as the ref kneels to confirm the win. "The best match I probably saw was Karsten Bowles (12) last match, he pinned the guy pretty easily and it was just cool to see him dominate even though it's only his second-year wrestling," said photographer, Benjamin Jerome (11).

brought an abundance of snacks and drinks.

coaches were bragging about how well it was set up and how good the food was," he expressed.

"[My favorite part was] definitely the coach's room. I went in there and stole a lot of food," explained Sandoval. Barnes helped set up and organize this area. "All the

This year was a success; they made around \$3,500. The wrestling team uses this money to pay officials, pay for entry

fees to other tournaments, and if they need to stay in hotels for tournaments.

The next opportunity to support these athletes is by coming to their next match on Jan. 19 through the 20, boys at Quincy and girls at Othello.

Washington Outdoors Report

It's once again show season

By **JOHN KRUSE**
Special to Ward Media

Opportunities become limited for many hunters, anglers and outdoors enthusiasts during the winter months which is why promoters host sportsmen's shows as well as other consumer shows this time of year. Here's a line-up of what's happening in Washington and beyond for 2024:

TACOMA RV SHOW - Jan. 14-18, The Tacoma Dome, Tacoma

Fifteen area dealers will have a large selection of RVs for sale at the Tacoma Dome this year. Trey Carskadon with O'Laughlin Trade Shows says there are large inventories of motorhomes, trailers, toy haulers and more and attendees should expect to see show specials with prices significantly below MSRP. Better still, the Boeing Employee Credit Union will be on hand with special financing rates available if you decide to purchase an RV at the show. www.tacomarvshow.com

TRI-CITIES SPORTSMAN SHOW - Jan. 26-28, HAPO Center, Pasco

The 30th annual Tri-Cities Sportsman Show, put on every year by Merle and Bev Shuyler, promises to be a good one, attracting attendees from

both Eastern Washington and North Central Oregon. Attractions this year include a border collie performing team and the return of the Sportsman Show Marketplace, where individuals rent a table inside the show and sell new or slightly used fishing, hunting and outdoors gear to attendees.

Children will enjoy the air rifle range, balloon archery shoot, face painting and catching trout at the lunger lake. Kid's day is Sunday with a dollar off of admission and free fishing. Adults can wander the HAPO Center, visiting over 125 booths, or take in the Northwest Big Game Antler Display, the Fly-Tying Theater, axe throwing demonstrations and hourly seminars by experts sharing tips for regional fishing and hunting success. Consider dropping by the Northwest Outdoor Writers Association booth as well. I'll be there from 10 a.m. to 1 p.m. on Saturday. www.shuylerproductions.com

WASHINGTON SPORTSMEN'S SHOW - Jan. 31 - Feb. 4, Washington State Fair Event Center, Puyallup

Washington's largest show starts the last day of January with hundreds of retailers, manufacturers, guides, outfitters, boat dealers, RV dealers and more all in one place for the outdoors consumer. Well known hunting personality Randy

Newberg is back this year hosting daily seminar sessions as will survival expert Brett Stoffel, who hails from the Wenatchee Valley. Other seminar speakers include me. I'll be in the Blue Fishing Theater Saturday at 11 AM sharing my top Northwest fishing destinations for 2024. I will also have a booth at the show promoting our radio shows that air on stations in this region.

Additional reasons to attend this show include the "Fistful of Cheaters" promotion put on by area Toyota dealers where you definitely win free cheaters for steelhead fishing and with any luck, additional prizes. Addicted Fishing will be premiering a new movie on Saturday night, the Wall of Kings trophy taxidermy will be available for viewing and youth will enjoy the free kid's trout fishing pond. www.thesportshows.com

SEATTLE BOAT SHOW - Feb. 2-10, Lumen Field and Bell Harbor Marina, Seattle

If you are into boating, this show is for you. Featuring all sorts of pleasure and fishing craft, a free shuttle will run you from the Lumen Field Event Center to the Bell Harbor Marina at Pier 66 so you can take it all in. In addition to daily promotions and demonstrations of various types, there will also be a bevy of seminars covering both fishing and boating. www.seattleboatshow.com

PACIFIC NORTHWEST SPORTSMEN'S SHOW

-Feb. 14-18, Expo Center, Portland

The second biggest sportsmen's show in the nation doesn't take place in Washington but it's close, located at the Portland Expo Center on Marine Drive just south of Vancouver off of Interstate 5.

In addition to featuring the main attractions and speakers mentioned for the Washington Sportsmen's Show, Steve Rinella of MeatEater fame will be a speaker on the 15th from 2 to 4 PM. Leupold will have their popular movie night on Saturday, Born and Raised will be premiering a new film featuring an Alaska backcountry hunt and you'll

also find a big kayak sale which includes a 30-foot indoor demo tank where you can see how the kayak you are interested in feels on the water. Last but not least, Candy Yow will be hosting a "Ladies Day Out" from 2 to 4 PM on Friday. www.thesportshows.com

CENTRAL WASHINGTON SPORTSMAN SHOW

-Feb. 23-25, Yakima Sun Dome

Purchased from Merle and Bev Shuyler in 2022, Josh and Jennifer McClanathan are putting their own mark on this long-running sportsmen's show. Some of the changes include new exhibitors, a 30-foot-long water demo tank that holds some 5,000 gallons of water, and a BowSim 4D archery simulator. Fly anglers can learn to cast at the casting pool and learn to tie flies at

the Fly-Tying Theater. There are also plenty of activities for the kids ranging from an air rifle range to lunger lake where young anglers can pay \$5 to reel in trout. Sunday is Kids Day with free fishing and rumor has it Smokey the Bear will put in an appearance or two during the weekend. www.jlmproductionsllc.com

SEATTLE RV SHOW - Feb. 15-18, Lumen Field Event Center

If you can't make the Pacific Northwest Sportsmen's Show consider a trip to Lumen Field in Seattle for the Seattle RV Show. Twenty local dealers will have 400 different RVs for sale from 50 different manufacturers. www.seattlervshow.com

BIGHORN OUTDOOR ADVENTURE SHOW - March 14-17, Spokane Fair and Expo Center

Boasting some 300 exhibitors there is plenty of room to roam and visit all of them inside Washington's second biggest show, put on every year by the Inland Northwest Wildlife Council. This organization not only does on the ground work such as building ADA accessible hunting blinds, but also lobbies on behalf of hunters and anglers at the state level. This show, now in its 62nd year, is an important fundraising event for the organization. www.inwc.org



Toyota's "Fistful of Cheaters" promotion at the Washington Sportsmen's Show

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



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Employment

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We are looking for that special someone who would love to share their culinary skills with us every Wednesday at noon. We serve 30-40 lunches each week, provide a full-service commercial kitchen, one Kitchen Assistant staff member, and weekly volunteers to help wherever they are needed. This job includes creating a weekly menu, food shopping, and takes approximately 6 to 7 hours per week. Compensation is \$22/hr. Please submit a letter of interest with a brief description of your experience to leavenworthseniors@gmail.com

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Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S 2nd Avenue, S, Suite A, Okanogan. Application Deadline: Application review will continue until the position is filled.
Okanogan County Transit Authority is an Equal Opportunity Employer.

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Legals

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In re the Estate of FEDERICO CARRENO Deceased.
NO. 23-4-00444-04 NOTICE TO CREDITORS
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: January 10 th , 2024
Personal Representative: Monica Carreno
Attorney for the Personal Representative: Kyle D. Flick
Address for Mailing or Service: 222 South Mission Street, Wenatchee, WA 98801
Court of probate proceedings and cause number: Chelan County Superior Court, Cause No. 23-4-00444-04
DATED this 2nd day of January 2024
LAW OFFICE OF KYLE D. FLICK, P.S.
By KYLE D. FLICK, WSBA #14963
Attorney for Estate
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 24, 2024. #6993

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In re the Estate of HARRY P. MILTNER, JR. Deceased.
NO. 23-4-00436-04 NOTICE TO CREDITORS
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: January 3, 2024
Personal Representative: David Ormiston
Attorney for the Personal Representative: Kyle D. Flick
Address for Mailing or Service: 222 South Mission Street, Wenatchee, WA 98801
Court of probate proceedings and cause number: Chelan County Superior Court, Cause No. 23-4-00436-04
DATED this 22nd day of December 2023.
LAW OFFICE OF KYLE D. FLICK, P.S.
By KYLE D. FLICK, WSBA #14963
Attorney for Estate
Published in the Leavenworth Echo/Cashmere Valley Record on January 3, 10, 17, 2024. #6976

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Public Notices

CITY OF CASHMERE NOTICE OF DEVELOPMENT APPLICATION SUBDIVISION

Name of Applicant: FCS International, Inc
Application Number: Subdivision Development Permit 2024-1
Date of Application: October 24, 2023
Date Notice of Application Issued: January 10, 2024
Date of Complete Application: January 5, 2024
Description of Proposal and Location: A major subdivision application to divide a parcel into 18 separate lots for single family homes. The property is approximately 190,596 sq ft, the lots are proposed to range in size from approximately 7,015 sq/ft to 20,331 sq/ft. The property is located on the North side of Kimber Rd, between Evergreen Dr and Locust Lane, in the City of Cashmere, Chelan County, Washington. The Chelan County Assessor's Parcel # is 23-19-05-210-725.
Required Studies: None
Required Permits: SEPA Environmental Decision, Grade & Fill Permit and Building permits.
SEPA Environmental Review: The City of Cashmere has reviewed the proposed project for probable adverse environmental impacts and expects to issue a Mitigated Determination of Nonsignificance (MDNS). This determination is based upon a finding that any potential impacts will be addressed through the application of city codes and standards. This determination is based upon the finding mitigation may be required to address frontage improvements on Kimber Road. The proposal may include mitigation measures under applicable codes, and the project review process may incorporate or require mitigation measures regardless of whether an EIS is prepared. The optional MDNS process is being used pursuant to WAC 197-11-355. This may be your only opportunity to comment on the environmental impacts of the proposed project.

Statement of Public Comment Period: The 30-day comment period commences on January 10, 2024, and lasts through February 8, 2024; however, the city will accept public comments until the closure of the public record during the public hearing. Agencies, tribes, and the public are encouraged to review and comment on the proposed project and its probable environmental impacts. Any interested party has the right to comment on the proposal and request a copy of the decision once it is made.
Statement of Preliminary Determination: The development regulations that will be used for the project mitigation and to provide consistency with the type of land use for the proposed site, are outlined in Titles 15, 16, 17 and 18.
Public Hearing: A public hearing will be scheduled before the Hearing Examiner. A notice of public hearing will be advertised and mailed to parties of record and those who receive this notice at least ten days prior to the hearing.
City Contact Person: For further information about this project, please contact Tammy Miller, Director of Planning & Building, at City Hall, 101 Woodring Street, Cashmere, WA 98815, Email: tammy@cityofcashmere.org and phone 509.782.3513.
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 2024. #7004

Public Notices

CITY OF CASHMERE NOTICE OF DEVELOPMENT APPLICATION SUBDIVISION

Name of Applicant: Marc Spears
Application Number: Subdivision Development Permit 2024-02
Date of Application: November 1, 2023
Date Notice of Application Issued: January 10, 2024
Date of Complete Application: January 5, 2024
Description of Proposal and Location: A major subdivision application to divide a parcel into 12 separate lots for single family homes. The property is approximately 168,577 sq ft, the lots are proposed to range in size from approximately 10,113 sq/ft to 22,159 sq/ft. The property is located at the northwest corner of Evergreen Drive and Kimber Rd, in the City of Cashmere, Chelan County, Washington. The Chelan County Assessor's Parcel # is 23-19-05-210-850.
Required Studies: None
Required Permits: SEPA Environmental Decision, Grade & Fill Permit and Building permits.
SEPA Environmental Review: The City of Cashmere has reviewed the proposed project for probable adverse environmental impacts and expects to issue a Mitigated Determination of Nonsignificance (MDNS). This determination is based upon a finding that any potential impacts will be addressed through the application of city codes and standards. This determination is based upon the finding mitigation may be required to address frontage improvements on Evergreen Drive. The proposal may include mitigation measures under applicable codes, and the project review process may incorporate or require mitigation measures regardless of whether an EIS is prepared. The optional MDNS process is being used pursuant to WAC 197-11-355. This may be your only opportunity to comment on the environmental impacts of the proposed project.

Statement of Public Comment Period: The 14-day comment period commences on January 10, 2024, and lasts through January 23, 2024; however, the city will accept public comments until the closure of the public record during the public hearing. Agencies, tribes, and the public are encouraged to review and comment on the proposed project and its probable environmental impacts. Any interested party has the right to comment on the proposal and request a copy of the decision once it is made.
Statement of Preliminary Determination: The development regulations that will be used for the project mitigation and to provide consistency with the type of land use for the proposed site, are outlined in Titles 15, 16, 17 and 18.
Public Hearing: A public hearing will be scheduled before the Hearing Examiner. A notice of public hearing will be advertised and mailed to parties of record and those who receive this notice at least ten days prior to the hearing.
City Contact Person: For further information about this project, please contact Tammy Miller, Director of Planning & Building, at City Hall, 101 Woodring Street, Cashmere, WA 98815, Email: tammy@cityofcashmere.org and phone 509.782.3513.
Published in the Cashmere Valley Record/Leavenworth Echo on January 10, 17, 2024. #7005

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON FOR KING COUNTY In re the Estate of: DAVID E. SEVERANCE JR, Deceased.

NO. 24-4-00127-9 SEA PROBATE NOTICE TO CREDITORS RCW 11.40
The Administrator named below has been appointed as Administrator of this Estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or their attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty (30) days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four (4) months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Dated this 5th day of January 2024.
s/Tracy Schaaf
Tracy Schaaf, Administrator
Court of Probate Proceedings and Cause No:
See Caption Above
Date of First Publication: January 17, 2024.
Attorney for Administrator: Joshua G. R. Curtis, WSBA No. 42034
Address for Service and Mailing: Beresford Booth PLLC, 145 Third Avenue South Edmonds, WA 98020
Published in The Leavenworth Echo/Cashmere Valley Record on January 17, 24, 31, 2024. #7096


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Check the weathercams on the web before traveling over the mountain passes!
www.leavenworthecho.com www.cashmerevalleyrecord.com

Public Notices

NOTICE OF TRUSTEE'S SALE
Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 450 Seattle, WA 98104 Trustee Sale No.: WA-18-813164-BB Title Order No.: 230424372-WA-MSW Reference Number of Deed of Trust: Instrument No. 2255589 Parcel Number(s): 222009835225 Grantor(s) for Recording Purposes under RCW 65.04.015: FRANCIS T DAY AND SUSAN L DAY, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Citibank, N.A., as Trustee, in trust for registered Holders of WaMu Asset-Backed Certificates WaMu Series 2007-HE4 Trust Current Trustee of the Deed of Trust: QUALITY LOAN SERVICE CORPORATION Current Loan Mortgage Servicer of the Deed of Trust: Select Portfolio Servicing, Inc. NOTICE IS HEREBY GIVEN that QUALITY LOAN SERVICE CORPORATION, the undersigned Trustee, will on 1/26/2024, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOT 11, BLOCK 3, SADDLEROCK VISTA ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 6 OF PLATS, PAGE 2. More commonly known as: 1035 VISTA PL, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 4/30/2007, recorded 5/15/2007, under Instrument No. 2255589 records of CHELAN County, Washington, from FRANCIS T DAY AND SUSAN L DAY, HUSBAND AND WIFE, as grantor(s), to FIRST AMERICAN TITLE COMPANY, as original trustee, to secure an obligation in favor of WASHINGTON MUTUAL BANK, as original beneficiary, the beneficial interest in which was subsequently assigned to Citibank, N.A., as Trustee, in trust for registered Holders of WaMu Asset-Backed Certificates WaMu Series 2007-HE4 Trust, the Beneficiary, under an assignment recorded under Auditors File Number 2308468 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/ Mortgage. III. The default(s) for which this foreclosure is made is/ are as follows: Failure to pay when due the following amounts which are now in arrears: \$37,853.83. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$141,375.72, together with interest as provided in the Note from 7/1/2020 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument in secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 1/26/2024. The defaults referred to in Paragraph III must be cured by 1/15/2024 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 1/15/2024 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 1/15/2024 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 7/13/2018. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only until 90 calendar days BEFORE the date of sale listed in this Notice of Trustee Sale to be referred to mediation. If this is an amended Notice of Trustee Sale providing a 45-day notice of the sale, mediation must be requested no later than 25 calendar days BEFORE the date of sale listed in this amended Notice of Trustee Sale. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: <http://www.dfi.wa.gov/consumers/>

homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sfh/hcc/fo/index.cfm?webListAction=search&searchstate=WA&filterSvc=dfc> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-18-813164-BB. Dated: 9/13/2023 QUALITY LOAN SERVICE CORPORATION, as Trustee By: Jeff Stenman, President Trustee's Address: QUALITY LOAN SERVICE CORPORATION 108 1st Ave South, Suite 450, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-18-813164-BB Sale Line: 800-280-2832 or Login to: <http://www.qualityloan.com> IDSPub #0188334 12/27/2023 1/17/2024 Published in the Cashmere Valley Record/Leavenworth Echo on December 27, 2023 and January 17, 2024. #6294



Martin Luther King, Jr. DAY OF SERVICE

"Everybody can be great because everybody can serve."
- MARTIN LUTHER KING, JR.


Service was at the heart of Martin Luther King's philosophy. He urged Americans to take action to improve the lives of others.

In 1994, Congress passed the *King Holiday and Service Act* to support efforts to make the King holiday a day of service. Since then, millions of Americans have honored the memory of Dr. King by making Martin Luther King Day as a "day on" instead of a "day off."

People across the nation spend Martin Luther King Day volunteering to make their communities better places. Some will plant community gardens, clean up parks or beaches, and others will read to children or the elderly.

Take a look at this list of MLK, Jr. Day Service ideas. Then look at each picture. Number the project you think each kid chose in the circles.

1. Clearing an elderly neighbor's sidewalk.
2. Collecting canned goods for a food bank.
3. Help coach a younger child's team.
4. Help a neighbor with some yardwork.
5. Play a game at the senior center.



Kid Scoop Puzzler

Trash Bag Team

These students helped with a park clean up. How many bags of trash did each student fill? Use the clues to complete the chart.

- The 4 students filled a total of 15 bags.
- No one filled more than 7 bags.
- None of the students filled the same number of bags.
- Cassidy filled 5 bags.
- Owen filled 3 less than Cassidy.
- Sam filled the most bags.


Students	Bags
CASSIDY	
OWEN	
BODIE	
SAM	
TOTAL	15

Standards Link: Mathematical Reasoning: Use a variety of strategies to solve problems.

Kid Scoop Together

Clean Sweep!

Your family volunteered to help sweep around your school, but you'll need the key to the supply closet. Can you get to it faster than a family member?



Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

ACTION
CLUES
GARDENS
GREAT
HELPING
HOLIDAY
HOME
IDEAS
KING
PROJECT
MEMORY
DAY
READ
SERVICE
STUDENTS

S	N	E	D	R	A	G	B	Y	H
T	B	G	H	N	O	I	T	A	E
U	C	X	T	O	R	Y	A	D	L
D	V	L	S	L	M	T	A	I	P
E	T	W	U	E	P	E	V	L	I
N	A	V	M	E	R	K	I	O	N
T	E	O	J	P	S	V	K	H	G
S	R	T	S	A	E	D	I	N	J
Y	G	A	C	T	I	O	N	C	X
T	C	E	J	O	R	P	G	O	E

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

School Sign Painter

Write in the missing vowels to complete these signs.

SCH__L
CL__N UP D__Y
TH__S M__ND__Y!

USE THE
R__CYCL__ AND
C__MP__ST__B__NS!

H__LP M__KE
OUR SCH__L
B__T__FUL

Service Starts at Home

Sometimes the best place to be of service is in your own home. Make a list of five things you could do on Martin Luther King Day to help your mom, dad, a grandparent, brother, sister or neighbor.

TASK	COMPLETED
Empty the dishwasher for mom	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<input type="checkbox"/> YES <input type="checkbox"/> NO

Extra! Extra! Helping Others

Look through the newspaper to find:

- An organization that helps others
- A person helping others
- Adjectives about helping
- Martin Luther King, Jr. Day events

Standards Link: Civics: Know how various American holidays reflect values, principles and beliefs of Americans.

FROM THE Kid Scoop LESSON LIBRARY

Problems in the News

Reading your local newspaper is a great way to learn how to help your community. Look through today's newspaper and find one or more problems in your community. Is there something you could do to help?

Standards Link: Use the newspaper to locate information.

Write On!

Make a Difference

Write about how you make a difference in someone's life within your family, your school, or in your community.

FREE DOWNLOAD: Kid Scoop Teacher Activity Pack!

With hundreds of topics, every Kid Scoop printable activity pack features six-to-seven pages of high-interest extra learning activities for home and school! Get your free sample today at: kidscoop.com/activity-pages/




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WARD MEDIA

Luge like nowhere else on Bear Mountain



COURTESY OF LOUP LOUP SKI BOWL

A line of luge enthusiasts prepare to launch down the 5K run atop Bear Mountain at the Loup Loup Ski Bowl.

By MIKE MALTAIS
Ward Media Staff Reporter

LOUP LOUP SUMMIT – Winter outdoor sports lovers searching for that one-of-a-kind thrill ride will find just what they are seeking in their own backyard on Bear Mountain at the Loup Loup Ski Bowl.

Bear Mountain Luge Sledding opened for the season last Saturday, Jan. 13, with its brand of excitement not found anywhere else. Luge – a French word meaning “sledge” – employs small single or double occupancy sleds that riders sit on, control with their hands, and use their feet for breaking.

“The Loup is one of the first and only resorts in the Western US to offer luge sledding,” A Loup media release said.

Combine that with a ride in the back of an open-air snowcat to ascend 1,200 feet to reach the starting point of the five-kilometer course and you have a pair of experiences unique to the Bear Mountain variety.

Loup Loup Ski Education Foundation (LLSEF) board secretary Steve Nelson and wife, Julie, came up with the novel and inspired idea for the luge program, now in its eighth year.

“It’s kind of a total experience,” said Nelson. “An initial education, a little clinic

to tell everybody how to do it, then everybody loads in snowcats – how many people have ridden snowcats? .01 percent of the population – and then the guided trip down by our luge guides.”

With twists, turns, and plenty of speed, the course is a thrilling adventure for all ages.

“Speed is whatever the sledder wants because you control it yourself,” said Julie who manages the program. “It’s really for those who are more adventurous to go faster.”

For those adventurous types, whose daring exceeds their skill there is a border fence just like the kind used on ski racecourses to catch

errant riders.

Not surprisingly many of the sledders are return clients and multi-generational family groups that have found the perfect experience that any age can enjoy safely. Nelson said the two types of people he hears from the most are the repeat customers and those who have been trying for years to get a reservation. “This is primarily a European type of sport,” said Nelson, “We’re very unique and nobody else has really caught on.”

The 2-1/2-hour experience costs \$50 per person and includes sled, helmet, luge sledding instruction, open air snowcat ride up Bear

Mountain, and guided sledding down five-plus kilometers of groomed luge sledding.

“All of our sleds come from Europe,” said Nelson. “The manufacturer we hooked up with in Austria, they are craftsmen. They build every one of these by hand out of ash wood, all steam-bent frames. They’re extraordinarily beautiful pieces of work.”

Sledders are advised to make reservations early because the course usually books out each season. For more information and to make reservations visit skitheloup.com and select the “Luge” tab.

Mike Maltais: 360-333-8483 or michael@ward.media



COURTESY OF LOUP LOUP SKI BOWL

Each Loup Loup luge is individually handmade in Austria.

Visitors

Continued from page A1

nearly all the time but also made it more manageable for guests and staff,” said Chris Danforth, VP of Marketing and Sales at Icicle Brewing.

The Greater Leavenworth Museum also saw record numbers during December. Last year, the museum recorded just over 1,000 visitors in the last three weeks of the year. This year, it received over 2,000 in that time frame, according to Board President Matt Cade. For eight days in a row, the museum had over 100 visitors.

“That’s 800 people right there. It was insane. It was crazy. It was so much that we had a picture taken with a family at 12,000 people because we thought oh, that’s our record [amount of visitors, ever]. You know, it’s gonna hit that benchmark. And then within seven days, we hit

13,000 visitors, which we didn’t expect,” said Cade.

However, the crowds did have noticeable effects on the city. Public Works Director Tom Wachholder said the increase in pedestrian traffic resulted in a significant increase in the use of trash receptacles, which Public Works struggled to keep up with.

“This increase in demand required additional Public Works Department resources. Our Public Works team worked diligently to manage the unanticipated solid waste surge by increasing the frequency of trash collection, which required additional overtime hours,” said Wachholder.

According to Wachholder, it prompted Public Works to explore process improvements to its systems to anticipate high numbers in the future.

Taylor Caldwell: 509-433-7276 or taylor@ward.media

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The Leavenworth Echo

PUBLIC HEARING

Peshastin Water District system acquisition

Members of the community are welcome to attend and to provide public comment for board consideration.

WHEN: Monday, Jan. 22 at 1 p.m.
WHERE: Chelan PUD Service Center Board Room
203 Olds Station Rd
Wenatchee, WA

Comments and questions can be sent to contactus@chelanpud.org.

CHELAN COUNTY
www.chelanpud.org

UPPER VALLEY CHURCH GUIDE

To Place Information In The Church Guide Call 509-548-5286

New to our area? On vacation? These churches welcome you!



CASHMERE

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE COMMUNITY CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am
Lead Pastor Steve Haney
5800 Kimber Rd., Cashmere
509-295-8006
christcentercashmere.com



GRACE LUTHERAN CHURCH
• 509-860-0736 • 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl



ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 • 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday Worship at 11 a.m.
• Prayer Meeting Wed. at 6 pm. Pastor Bill Clem

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE CHURCH
Leavenworth Front Hall
621 Front St.
info@cornerstoneleavenworth.com
Sunday Worship – 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout
Leavenworthumc.org
leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
“Reconciling Works Congregation”
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
Eva Jensen, Pastor
<https://www.flcleavenworth.org>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 509-548-5292
Sunday Worship 10 a.m.
Lead Pastor: Greg Appleby
Youth Pastor Paige Derossett
Worship Pastor-Jacob Mitchell
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997



SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR



MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-548-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH
Serving Our Valley Since 1941
12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
plaincommunitychurch.org
[facebook.com/plaincommunitychurch](https://www.facebook.com/plaincommunitychurch)
office@plaincommunitychurch.org