



Photo by Mike Maltais
The Pateros Garden Apartments are no longer rent-subsidized units.

Pateros Council discusses air monitoring system, subsidized apartments

By Mike Maltais STAFF WRITER

PATEROS – Clean air and low-cost housing were two topics on the minds of Pateros City Council members at their regular monthly meeting last Monday, Sept. 17.

Council member Holly Bange proposed that the council consider an air quality monitoring technology that is being used in parts of the Methow Valley. The Clean Air Ambassador Program Bange investigated is available through a company called Purple Air (www.purpleair.com).

Bange said the system gives minute-by-minute updates on air quality by locality but has no monitors installed below the town of Methow. She added that the constant air quality readings would be particularly useful during times of heavy pollution like that produced by wildfires last July and August. Bange said users could check local stations online during such times to see if current air quality conditions are better in another area or community

SEE APARTMENTS ON PAGE A2

Pateros hosts Chelan Ridge Hawk Migration Festival



Photo by Mike Maltais
Brad Felger, owner of Air Strike Bird Control, holds one of his trained falcons. Felger has been a regular fixture at the Chelan Ridge Migration Festival.

By Mike Maltais STAFF WRITER

PATEROS – There were not as many vendors as in 2017, but this year's Chelan Ridge Hawk Migration Festival

drew several familiar faces to the Saturday gathering in Pateros Memorial Park, last Saturday, Sept. 15.

While carpools of raptor

SEE HAWK FEST ON PAGE A2

Hawkins Listing Tour pays a call on Bridgeport City Hall

By Mike Maltais STAFF WRITER

BRIDGEPORT – State Senator Brad Hawkins, representing Washington's 12th Legislative District, stopped in Bridgeport last Thursday, Sept. 13, as part of his second Listening Tour in as many years to hear what citizens in his four-county constituency have to say.

This year's three-day tour was similar to Hawkins' first in 2017 when he visited communities in Chelan, Douglas, Grant and Okanogan counties. Stops this year included Leavenworth, Cashmere, Wenatchee, Chelan, Soap Lake, Coulee City, Waterville, and Twisp along with Bridgeport.

Hawkins met with both Bridgeport Mayor Janet Conklin and city council person Anthony Perkins among others at city hall where one of the topics was a site for a second city water tower.

The city wants to build a

SEE HAWKINS ON PAGE A2



Photo by Mike Maltais
State Senator Brad Hawkins speaks with Bridgeport Mayor Janet Conklin during his Listening Tour stop in Bridgeport last Thursday.

Buried 25 years ago

Time capsule unearthed, opened at Bridgeport Elementary School

By Mike Maltais STAFF WRITER

BRIDGEPORT – A familiar quotation states: "There is no time like the present," but in the case of Bridgeport Elementary School, one might say "There is no present like the time."

That "time," 25 years ago, was revisited when a time capsule was unearthed last Friday, Sept. 14, in the presence of Bridgeport Elementary students gathered at the site of the Mega-Mansion playground. Mega-Mansion, an extensive and elaborate wooden playground funded and built 25 years ago by parents and community volunteers, is being dismantled at the conclusion of its useful life.

When the playground was first built, Bridgeport Elementary students gathered class photos, newspaper clippings, art work, letters, mementos, and other memorabilia that was then sealed in a section of large PVC pipe and buried in the playground.

As the students watched, Mario Martinez Sr., along with Mario, Jr., who was a Bridgeport kindergarten student the year the capsule was buried, set to work with shovels. To shouts and applause from the crowd, the two soon uncovered the large section of white pipe with sealed caps on both ends. With the aid of a rip saw, the end cap was removed, and the



Photos by Mike Maltais
Mario Martinez, Sr., flanked by son, Mario, Jr., left, and Bridgeport School Superintendent Scott Sattler, holds the time capsule aloft for the assembled students to see.
BELOW: A 1992-93 Michael Jordan NBA basketball trading card was placed in the time capsule by Andrew Mullen.

capsule's contents revealed for the first time in a quarter century.

Bridgeport school superintendent Scott Sattler explained the history of the Mega-Mansion to the assembled students and displayed many of the capsule's contents, occasionally acknowledging a teacher in the crowd, like Mrs. Buckingham who was on the staff when the capsule was buried 25 years ago.

Sattler said the contents of the capsule will be mounted on a display and should be ready for its public debut



within a week.

New construction will increase the capacity of the



elementary school on the site of the old playground, and

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Metal Great Blue Heron catches metal fish



Photo by Mike Maltais
This life-size metal sculpture of a Great Blue Heron sits atop a tree trunk near the junction of State Avenue and Burke Street on Bridgeport Bar.

APARTMENTS

CONTINUED FROM PAGE A1

and take higher risk persons there to breathe cleaner air. Bange said the Brewster School District plans to install the monitor but there is nothing in Pateros. “Why wouldn’t we want to know what our air is all the time?” asked Bange. “All we have now...is Alta Lake and its hours old and it’s inaccurate because they’re higher and more socked-in.” Bange said the next nearest station is in Malott “which is a half hour away and in a totally different valley.”

HAWKINS

CONTINUED FROM PAGE A1

second water tower on a one-acre parcel of land adjacent to its existing water tower, but the desired land is part of a larger piece owned by the Washington Department of Fish and Wildlife. Conklin asked Hawkins for his help with the acquisition. “My hope is that if the agency doesn’t need the land, then we can work an arrangement where that land can be transferred at no expense to the city, so they can work toward leveraging some other grants for their infrastructure,” Hawkins said. Hawkins also suggested that city officials reach out to

With the cost of installation estimated at less than \$300, “to me, it’s kind of a slam dunk,” Bange said of the modest expense. Mayor Carlene Anders said the proposal would be added to next month’s meeting agenda. Anders advised the council that the Pateros Gardens Apartments at 249 S. Dawson Street are no longer rent-subsidized units and can now charge rents based on open-market value. Anders said the building owner has agreed to hold rents at the current levels for residents until their leases come due. After that, rents will be adjusted to open market levels. Anders said a survey of the current residents conducted by the Pateros Brewster Community Resource Center found that 100 percent of the respondents said they would probably have to vacate if rents are increased. The building’s new non-subsidized status also allows for the sale of the property and Anders said the Okanogan County Housing Authority (OCHA) is interested in purchasing the complex. OCHA is holding meetings with USDA Rural Development to explore funding options for a possible purchase offer.

the United States Department of Agriculture (USDA) Rural Development Agency. “I used to work in the Senate with the person the Trump administration appointed as the director of RD,” Hawkins said. “They actually have a lot of federal grants for things like that.” Asked about restoration of the Public Works Trust Fund that provides low-interest loans to communities for infrastructure projects, an important resource for cities like Bridgeport, Hawkins said progress has been made to partially restore the PWTF. The Public Works Assistance Account, created in the mid-1980s, drew its funding from taxes on property sales, public utilities, and solid waste

HAWK FEST

CONTINUED FROM PAGE A1

watchers made the several-hour trip to the tracking and observation site on Chelan Ridge, others took in the attractions in downtown Pateros. HawkWatch biologist Dave Oleyar delivered a series of lectures and slide presentations at the Brewster Public Library, Pateros Public Library, and Pateros Fire Hall Thursday and Friday, Sept. 13-14. In the park, Daniel Anderman, from Leavenworth, with parents Paul and Terry, displayed his custom-built Bluebird houses that Daniel, who

has Down Syndrome, has been drilling and assembling for the past 15 years. Daniel has built more than 2,000 birdhouses and following the wildfires that swept through the area in 2014-15, donated many to the Okanogan Chapter of the Audubon Society. His birdhouses were installed along Buzzard Lake Road west of Okanogan to provide needed nesting sites for birds. Brad Felger, whose business, Air Strike Bird Control, specializes in chasing nuisance birds away from orchards and vineyards with trained falcons, made a return trip to Pateros with several of his raptors.

collection. Since 2013 those funds have been diverted to other uses such as funding public education. The Public Works Board announced last month that for just the second time in the past five years it has awarded funds to communities for infrastructure projects. The latest round of funding involved 10 entities around the state that received almost \$5.5 million in pre-construction loans. Hawkins said one of the leading concerns during this year’s tour is wildfire and that the state is pursuing a two-pronged effort to confront it. “One is fire suppression effort and the other is forest health,” said Hawkins. “What we’re trying to do is get the

In other business, Anders said a work crew from the LDS Church in Wenatchee will be in Pateros from 9-11 a.m. on Make a Difference Day, Saturday, Oct. 27. The church has been given a list of mostly cleanup projects, but Anders encouraged anyone with project ideas to bring them to city hall. Local volunteers are also welcome to pitch in and help that day. Council members also approved a resolution authorizing a \$19,056.99 change order for a manhole cover replacement for city pump house No. 3 as required by the state Department of Health. state in a much more proactive position regarding long term forest needs.” Hawkins said that requires a strategy to “thin the forest responsibly, do the harvesting as needed, clear the underbrush and do some prescribed burning.” “I hope we can get to the point at the state where we’re fighting fires and putting them out soon after they start rather than just getting in a situation where we’re managing them once they start burning.” Hawkins said his Listening Tour has been a valuable tool for keeping his finger on the pulse of public opinion. “Too often elected officials under-value the importance of listening,” Hawkins said.



ABOVE: Paul Anderman shows the template his son Daniel uses to drill the holes for the Bluebird houses he assembles and sells.



LEFT: HawkWatch biologist Dave Oleyar delivered a slide show presentation about small owl migration at the Pateros Fire Hall last Friday, Sept. 14.

Photos by Mike Maltais

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CORRECTION

The Pro-West Okanogan Fair Results and Winnings were left out of the story about the Okanogan in the Sept. 13 issue of the Quad City Herald. You can find the results on our website at: www.qcherald.com
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TIME CAPSULE

CONTINUED FROM PAGE A1

Sattler told the students he is working hard to replace the aging wooden icon with a new playground at an adjacent site when the school

addition is completed. Sattler said a contractor will begin work in October and that, despite cost increases caused by the delayed approval of the state's capital budget, the project is still on track to build the

same square footage. Near the conclusion of the capsule-opening ceremony, a student approached Sattler to suggest that a second time capsule be assembled and buried when the new playground is complete.



Photos by Mike Maltais

CLOCKWISE FROM TOP: Mario Martinez, Sr., left, and Mario, Jr., wield shovels to reveal the time capsule buried a quarter century ago. Students watch as Randy Hurley and Mario Martinez, Sr., cut the end cap with a rip saw. Bridgeport School Superintendent Scott Sattler shares one of the class photos from 25 years ago with students. Bridgeport School Custodial Maintenance Supervisor Randy Hurley holds up a copy of the Quad City Herald dated July 15, 1993, one of the priceless treasures contained in the sealed capsule.

PUD Shoreline stabilization continues along Columbia Cove



Photo by Mike Maltais

Rows of stabilization blocks are getting longer along the river shoreline at Brewster's Columbia Cove as PUD crews continue the ambitious project to armor the cove against water erosion.

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Senior Center S.A.I.L classes, lunch
BREWSTER – Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 11:45 a.m. Monday through Thursday; and every other Saturday 10 a.m.-2 p.m. Donations will be accepted during store hours at the back door or just knock or come on in. They take just about everything except children’s clothing. The Center will also take “small pieces of furniture and sometimes larger items. S.A.I.L (Stay Active and Independent for Life) classes are on every Tuesday and Thursday from 10-11 a.m. The Center is hosting Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. The suggested donation is \$4

Sept. 21, Oct. 12

Brewster area monthly bus trips to Omak and Wenatchee
BREWSTER - OCTN takes Brewster area residents to Wenatchee for the day, every second Friday of the month. Next trip will be Oct. 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request the destination(s); typically, it will be medical appointments, the mall, Walmart, a restaurant and so on. On the third Friday of each month, Sept. 21, riders will be taken to Omak for the day. Again, riders request their destination(s) and make a day of socializing, shopping and errands. Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/

General Public, \$2.75 suggested donation Seniors (60 plus). Call (509) 826-4391 to reserve your seat.

Sept. 22

Story Time at library
Saturday story time
BRIDGEPORT - The Washington Reading Corps Program holds a story time at the Bridgeport Public Library every Saturday morning at 10 a.m. Story Times will be for the school year and reading will be in English. For more information call Molly Westlund at (509) 449-2009

Sept. 26

School retiree’s to meet
OKANOGAN - The Okanogan County Community Action Council Board of Directors will hold their Regular Board Meeting Wednesday, Sept. 26, 2018, at 5:15 p.m. at Community Action, 424 S. 2nd Avenue, Okanogan. The public is invited and encouraged to attend. “Leading a revolt on poverty through Education, Empowerment, and Engagement” If you have questions or need additional information please contact Lael Duncan at OCCAC, (509) 422-4041.

Sept. 26, Oct. 9

Cancer Support Groups
CHELAN - The Women's Wellness Group, cancer support group, has two support groups. The second Tuesday

of each month for lunch, with lunch provided by the Wenatchee Wellness Place, at the Lake Chelan Community Hospital Board Room at 11:45 a.m.; and the fourth Wednesday of each month at LaBrisa, at 5 p.m. For more information, contact Anne at 682-8718.

Sept. 28

School retiree’s to meet
OKANOGAN - Okanogan County School Retirees’ Association meets 11:30 a.m., Friday, Sept. 28 for a no-host luncheon meeting at Roadhouse 97 (formerly Koala Street Grill), 914 Koala St., Omak. Dr. Allen Burke, Executive Director of Washington State School Retirees’ Association, will speak. Information: Jennie Hedington: (509) 422-2954

FFA collecting aluminum
PATEROS - The Pateros FFA has its aluminum collection receptacle prominently positioned in the parking lots across from Pateros Memorial Park for deposits of aluminum cans and like metal. It’s part of the group’s fundraising efforts along with barbecues at many city and school events.

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DOUGLAS COUNTY SHERIFF

Sept. 11
Alarm at 845 Columbia Ave. in Bridgeport.
Sept. 12
Animal problem at 201 Fairview Ave. in Bridgeport.
Animal problem at 529 Osprey Dr. on Bridgeport Bar.
Vehicle theft at 2220 Foster Creek Ave. in Bridgeport.
Sept. 14
Theft at The Roach, 133 State Ave. on Bridgeport Bar.
Sept. 15
Traffic offense at the 200 block of Arden Avenue on Bridgeport Bar.
Noise at State Route 173, between milepost 9-10 on Bridgeport Bar.
Noise at 613 Columbia Ave. in Bridgeport.
Sept. 16
Traffic offense at State Route 173, milepost 2 in Bridgeport.

Extra patrol at 75 Buckingham Alley on Bridgeport Bar.
Juvenile problem at 13th Street and Fairview Avenue in Bridgeport.
Agency assistance at 760 Old Highland Orchard Road in Bridgeport.
Sept. 17
Welfare check at 35 Moe Rd. on Bridgeport Bar.
Traffic offense at State Route 173, milepost 10 on Bridgeport Bar.

NCW DISTRICT FAIR RESULTS

4-H RESULTS Creative Arts Junior Reserve Champion: Dakota Grillo – Waterville Reserve Champion: Curtis Cummings – Waterville Grand Champion: Kal Cummings – Waterville Reserve Champion: Kal Cummings – Waterville Food & Nutrition Reserve Champion – Ava Mitchell – Brewster (Cookies) Vegetable Garden Best of Show – Ellie Stennes – Methow Photography Reserve Champion: Ava Cummings – Waterville Reserve Champion: Kal Cummings – Waterville Livestock Judging Reserve Champion: Elijah Weber – Waterville Beef Fitting & Showing Reserve Champion: Lindsey Jones – Okanogan Reserve Champion: Braxton Jessup – Waterville Market Beef Market Steer Grand Champion: Lindsey Jones – Okanogan Goat – Best of Show Junior Doe	Grand Champion: Aven Davis – Waterville Meat Goat Purebreds / Crosses Boer – Does under 1 year Grand Champion: Alejandro Morales – Mansfield Goat – Dairy Breeds Does under 1 year Grand Champion: Aven Davis – Waterville Market Goat Single Market Goat Grand Champion: Olivia Weber – Waterville Goat Costume Junior Grand Champion: Aven Davis – Waterville Reserve Champion: Delainey Nelson – Waterville Reserve Champion: Alejandro Morales – Mansfield Poultry – Chickens Reserve Champion: Isaac Smith - Waterville Poultry – Turkey Grand Champion: Roni Bartle Grand Champion: Keera Smith – Waterville Swine Fitting & Showing Junior Grand Champion: Ava Cummings – Waterville Reserve Champion: Jadyne Weber – Waterville	Rabbit Fitting & Showing Grand Champion: Seantel Foster – Waterville Rabbit – By Breed Mini Lop Best of Breed: Kaydence Carrington - Brewster Horse Fitting and Showing Reserve Champion: Aven Davis – Waterville Horse – Trail Class Reserve Champion: Aven Davis - Waterville Horse Groom Squad Contest 1st Place Team Olivia Weber – Waterville Alex Berthiaume – Malaga Izzy Black – East Wenatchee Brynn Kelley – East Wenatchee Ronelle Bartleson – Coulee City Meghan Haggard – Leavenworth Barn Herdsmanship Winner Cavies: Chiwawa Valley 4-H Rabbits: Backroad 4-H Horses: Appleatchee 4-H Goats: Farm Friends 4-H Poultry: Burlap & Barbed Wire 4-H and Mansfield Kritters & Kids 4-H Beef: Mansfield Kritters & Kids 4-H Swine: Mansfield Kritters & Kids 4-H Sheep: Animal Habitat 4-H Alpacas: Gone Country 4-H Dogs: Lucky Dogs 4-H
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Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

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LETTERS TO EDITOR

Which candidate has best chance of moving toward goals

Dear Editor,

In 2016, Okanogan County's voters made a clear statement on values by ousting the two county commissioners who were up for election

at that time.

Issues included: lack of transparency regarding plans for housing juvenile offenders; failure to listen to the public regarding vacation of Three Devils Road, which is needed for public egress during wildfires and for access to public lands; lack of accountability in expenditure of county tax dollars for travel expenses to promote transfer of own-

ership of public lands to the states and counties nationwide; and payments of huge legal fees resulting from lack of respect for county employees. Jokes had been made during Commissioners' public meetings about politicians of the opposite party, the "ridiculous" theory of climate change, and environmentalists.

New Commissioners Branch and Hover do not

tolerate such inappropriate public behavior. Mr. DeTro has toned down his rhetoric a bit and is up for re-election this year. Has Jim changed his opinion on important issues or not? The public and press should raise this question, since Jim was quoted in an article as deciding to run because he has "unfinished business."

Perhaps more importantly, has Jim's attitude changed

or not? My guess is "not," considering his recent Facebook promotion of a poster suggesting "spaying and neutering of all environmental extremists." His support of the takeover of Malheur National Wildlife Refuge accomplished little but hysteria. Driving an ATV into Winthrop, thereby challenging local laws and eventually causing the resignation of a good mayor, is not an indication for success in the arena of clear thinking.

Visit the web page of Salley Bull (vote4sal.com) and the Facebook page of Jim DeTro and ask yourself which candidate has the best chance of moving toward the goals of intelligent, respectful problem-solving of our county's substantial challenges.

Isabelle Spohn
Twisp

Families and Communities Can Make a Difference

Dear Editor,

Ofentimes, individuals who experience a mental or substance use disorder feel isolated and alone. Yet, every year, millions of Americans experience these conditions. It's important that we offer support to individuals facing mental and substance use disorders. In fact, we need to create environments and relationships that promote acceptance. Support from families is essential to recovery, so it's important that

family members have the tools to start conversations about prevention, treatment, and recovery. Too many people are still unaware that prevention works and that mental and substance use disorders can be treated, just like other health problems.

Having worked in the Behavioral Health field for 20 plus years in the states of Illinois, Montana and Washington, I have witnessed the positive reality of recovery. Individuals who embrace recovery achieve improved mental and physical health and form stronger relationships with their neighbors, family members, and peers.

We need to make more

people feel as though recovery is possible. Mental and substance use disorders affect people of all ethnicities, ages, genders, geographic regions, and socioeconomic levels. They need to know that help is available. These individuals can get better, both physically and emotionally, with the support of a welcoming community. Families and communities can find hope and spread the message that recovery works by celebrating the annual National Recovery Month, an initiative

Kiwana's are celebrating Recovery Month by holding an Okanogan County Recovery Event, on Saturday, Sept. 22, 2018 at the Agriplex from 2 p.m. to 6 p.m., to honor individuals and families who are in long-term recovery.

sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), within the U.S. Department of Health and Human Services (HHS). Okanogan Behavioral HealthCare in collaboration with Family Health Centers and the

Kiwana's are celebrating Recovery Month by holding an Okanogan County Recovery Event, on Saturday, Sept. 22, 2018 at the Agriplex from 2 p.m. to 6 p.m., to honor individuals and families who are in long-term recovery. Come

hear the voices of recovery, learn about the options available for prevention and treatment of mental health and substance use disorders and spend time with two special guests, Travis Rybarski and Jason Deshaw will tell their personal stories of recovery through music.

Your attendance will demonstrate the support of the recovery community, including those who provide prevention, treatment, and recovery support services. I urge all community members to join the celebration and help stem the incidence of mental and substance use disorders. Offering support to those experiencing mental and substance

use disorders can make a huge difference. Together we can help others realize the promise of recovery and give families the right support to help their loved ones.

Free, confidential help is available 24 hours a day through SAMHSA's National Helpline, 1-800-662-HELP (4357) or 1-800-487-4889 (TDD). For additional information please visit us Okanogan Behavioral HealthCare on Facebook or our website at www.okbhc.org

Look forward to seeing you!

Jim Novelli MSEd, CEO
Okanogan
Behavioral HealthCare

Numerica PAC announces September events

Zeppelin USA to perform Sept. 26, The Sandlot movie to show Sept. 28

SUBMITTED BY NUMERICA PAC

WENATCHEE - Numerica Performing Arts Center kicks off the 2018-2019 Season with a Led Zeppelin tribute band, Zeplin USA, on Sept. 28, and a Monthly Movie on the Big Screen: The Sandlot (1993)

on Sept. 26.

The Sandlot

In partnership with the Wenatchee Downtown Association, as part of Young Professionals Week, the Numerica PAC is showing The Sandlot on Sept. 26 at 6:30 p.m. When Scottie Smalls moves to a new neighborhood, he manages to make friends with a group of kids who play baseball at the sandlot. Together they go on a series of funny and touching adventures. The

boys run into trouble when Smalls borrows a ball from his stepdad that gets hit over a fence. This film is rated PG. Tickets are only \$3. Supported by media sponsor Alpha Media, Country 104.7 KKRK, ESPN Radio 900 & 1020, and 94.3 Jack FM.

Zeppelin USA

Zeppelin USA (ZUSA) is all about the music and spirit of Led Zeppelin. Instead of donning the blonde wigs, the dragon suit, and the three rings on the kick drum,

ZUSA sets themselves apart by standing on the music. Focused on getting the right tones, vocal inflections, and front mix out – borrowing from the studio and live versions – much attention is spent on delivering a true sonic Zeppelin experience. But ZUSA also believes in entertainment. The members of ZUSA (Brody Dolyniuk, Steve Zukowsky, Jon Gilcrest, and Pat Leon) are veteran musicians who've captured the sound and spirit of

the greatest rock band of all time, and promises to either introduce or remind fans of just how great the mighty Zep will always be.

This performance is sponsored by Wild Birds Unlimited of Wenatchee with support by Mike and Sheila Salmon, Washington Trust Bank, Angel Donors, Avenue Car Wash – David Noyd and Natalie Hoback-Noyd, and media sponsor Sunny FM. Tickets are \$27-\$31 with discounts for seniors (\$25-\$29)

and youth (\$21-\$25) and increased prices on show day.

For tickets and information, call (509) 663-ARTS, go to www.numericapac.org, or visit the Numerica PAC Box Office at the Stanley Civic Center, 123 N Wenatchee Avenue.

The Numerica Performing Arts Center at the Stanley Civic Center is a non-profit organization and naming partner with Numerica Credit Union.

Suicide rates in Washington continue rising, September is Suicide Prevention month

Health officials promote community action during September's Suicide Prevention Month

SUBMITTED BY THE WASHINGTON STATE DEPT. OF HEALTH

OLYMPIA -- Suicide rates in Washington have continued to rise and health officials at the

Department of Health want people to take five actions urged in the national "#Bethe1to" suicide prevention campaign.

"We want people to know there are steps they can take that can help prevent suicide," said Secretary of Health John Wiesman. "Learning these may be vitally important to those you love and care about."

In 2017, 1,300 Washingtonians died by suicide, and from 2006 to 2017 suicide in Washington state increased by an average of 2.5 percent annually.

The national #Bethe1to campaign, highlights five actions people can take to help prevent suicide.

1. Be the one to ask.

Ask the tough question. When somebody you know shows warning signs, ask them directly: "Are you thinking about killing yourself?" Take an online screening.

2. Be the one to keep them safe.

Do they have access to medications, firearms, or other means of suicide? Ask if they've thought about how they would do it and separate them from

anything they could use to hurt themselves. Learn more from WA's Safer Homes Coalition.

3. Be the one to be there.

People thinking about suicide can feel a burden to their loved ones.

If your friend is thinking about suicide, listen to their reasons for feeling hopeless and in pain. Listen with compassion and empathy without judgement. Now Matters Now has videos from people who have experienced suicidal thoughts share what individuals can do to help manage those thoughts.

4. Be the one to help them connect.

Help your friend connect to a support system, whether it's 800-273-TALK (8255), the crisis text line (text "HEAL" to 741741) family, friends, faith-based leaders, coaches, co-workers, health care professionals or therapists, so they have a network to reach out to for help. 2-1-1's online database is another way to find local resources.

5. Be the one to follow up.

Check in with the person you care about on a regular basis. Making contact with a friend

in the days and weeks after a crisis can make a difference in keeping them alive. Send a caring contact. This could be a phone call, text, email, or letter.

If you want to connect with someone anonymously, call the National Suicide Prevention Lifeline at 1-800-273-8255, chat, or text "HEAL" to 741741 to text with a trained crisis counselor.

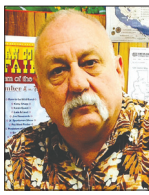
More information on suicide prevention in Washington and the state's Suicide Prevention Plan is online.

Remember the old childhood schoolhouse game of telephone?

During a recent game of "telephone" played in a church workshop meant to explain problems with human communication, someone whispered in my ear that I had ED. I said to myself - Wow! I have Extraordinary Deception! When I exclaimed my delight at discovering my newfound gift out loud in church the next Sunday after the preacher asked for testimonials, more than a few heads turned my way.

Later on at coffee in the basement community room, a young professional spoke to me quietly out of the earshot of ol' spinster Hammerschlenkle, who was munching on a carrot cake nearby.

He explained to me that

 **APPLES TO APPLES**
Gary Bégin

"ED around here means End of Democracy and you also must realize you are in a progressive community of like minded souls who truly believe in Democracy and progress. Don't you?"

He insinuated that I was a no-good conservative who hated both progress and Democracy.

An older fellow was listening in, although uninvited to do so, begged to differ and said, "No, that's not it. What

ED means around here is End of Days. Armageddon is nearing the family of man. You can tell by the events of the last few months."

He was insinuating that I was obviously not a true believer and would be "left behind" upon the Rapture.

I was finally rescued by none other than Sharon Hammerschlenkle who heard every word of every speaker and had sympathy for me, playing as I did, the lowest deckhand on a ship of fools with captains forward and aft.

"Gary, I have a wasp's nest in my car, can you get it out so I can drive home?"

Of course I can help you. By the way, can you explain what ED means so I don't faux pas

myself out of the congregation?

"Sure I can explain ED, but first get in the car and drive fast with the windows down," she said.

Well OK, but what's that all about?

"It is a way for me to explain to you that you actually have Event Depression and after just a mile or so you'll figure out that you are not an exterminator and should never have offered to have helped me."

But Sharon, I need a ride and an escape from these wise men. Besides you asked for my help.

"I just want you to drive me home. I am blind and that's why I was able to hear you

guys so well, she said."

Sharon made me feel proud again. I was able to help the handicapped and justify my feeble existence. I never did ask her how she drove to church in the first place. It was enough to know we were mutually beneficial.

Hey Sharon, I asked boldly, bracing myself for the cold hard truth, what does Event Depression mean?

"It's all about your situation in life," she said. The events of tomorrow are influenced by the events of yesterday, thus leading to whatever fate has in store for you. It is a series of events that will be certain to depress you because you have absolutely no say in the matter."

Sounds fatalistic Sharon. Does it count whether I am a registered Republican or Democrat?

"Look bud, when you go to the food trough at a buffet it all goes into the same pie hole. Need I say how that story ends?"

You mean that I voted for a Republican that was a Democrat, but it doesn't mean anything because it was a choice from a Chinese menu?

Yes, now you understand. Although you have eaten what you paid for, you are still not satisfied and you will be hungry for change again soon - real soon.

The progressive vegetarian preacher heard it all and simply said - "lettuce pray."

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28th Annual
Wenatchee River



Salmon on the Move

Salmon Festival

Free Family Fun Nature Festival Saturday, Sept. 22, 10-5 at the Leavenworth Nat'l Fish Hatchery
Reptile Man, exhibits, food booths and Native-American Village

www.salmonfest.org

The Leavenworth National Fish Hatchery is located off of Icicle Road, two miles south of the “Bavarian Village” of Leavenworth. Free Parking!

Wenatchee River Salmon Festival Directors Message 2018



Hailey Croci and Corky Broaddus
Executive Directors

Dear Residents and Friends in the Communities of the Wenatchee Valley,

The 28th Anniversary of the Wenatchee River Salmon Festival is dedicated to you! Celebrating the return of the salmon to the Wenatchee River Valley is the most important local and regional nature event of the year. From the tributaries that feed Lake Wenatchee sending glacier-fed water down the valley through Plain, Leavenworth, Peshastin, Dryden, Cashmere, Monitor and into the fresh water of the stunningly beautiful Columbia River Gorge on to the Pacific Ocean, we celebrate one of the most treasured species in this wondrous natural world of the Pacific Northwest.

The Salmon Festival is all about connecting people with nature. Living in our Wenatchee Valley are some of the most inspiring and educated local natural resource specialists and recreational leaders in the world. Salmon Fest was literally spawned in 1991 by the creative thinking of fish and wildlife biologists, tribal leaders, passionate public outreach educators, civic leaders, volunteers, non-profit organizations and multiple government agencies. This event brought together the shared vision of providing high quality outdoor education in a fun natural setting, promoting outdoor recreation, and sharing the cultural significance of salmon to all people who live, work, study, and play in our greater Wenatchee Valley backyard. We call it, “Edu-tainment”.

More than 3,000 elementary students will embark on a grand field trip to our Leavenworth National Fish Hatchery for School Days, September 20 and 21. High School students will receive community service credits for assisting outdoor educators as they share their knowledge of nature with the younger ones. Families and people of all ages are welcome to come spend ALL day on Saturday, September 22 to be inspired by artists and raptors, the Reptile Man and Birds of Prey, Native American Village, music and food, hands-on interactive exhibits, outdoor recreation adventures, and much more.

The Wenatchee River Salmon Festival is free!! It is yours to enjoy nature at its finest. Please come share in a Salmon Experience you will never forget!

Thank you,
Yours truly,
Corky Broaddus and Hailey Croci
Festival Directors

28th Annual Salmon Festival T-Shirts

Stop by the Salmon Festival Sales Booth and check out the 28th Annual Salmon Festival T-Shirts in a variety of colors. Proceeds from t-shirt sales go to the Nancy Duree Memorial Scholarship Fund, named for dedicated activity leader and festival planner Nancy Duree. Duree was a longtime employee of the Chelan County PUD, a major partner in producing the festival.

This year’s artwork for the t-shirt was created by

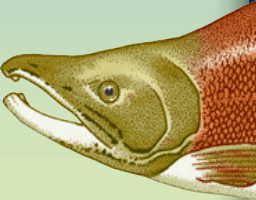
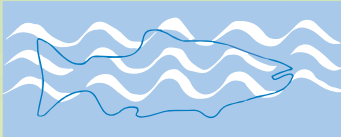


local artist Candice Dillhoff. T-shirts were made by Leavenworth Boutique.


Welcome!

Thank you for attending our 28th anniversary party!
Visit the Friends booth and learn how to join the fun!

Friends of Northwest Hatcheries



We hope you and your family have a grand time at Salmon Fest!

**O-FISH-AL
SALMON FEST SPONSOR**

Entertainment Schedule



Beau Van Winkle (left) and Brittany Jean will be performing at Salmon Festival on the Main Stage at Wenatchee River Salmon Festival on September 22.

- Beau plays acoustic rock, similar to Dave Matthews or Steve Earle, with many original tunes. He will be joined by Tony Sandoval, on guitar, and Billy Turner on drums.
- Brittany Jean is an Americana singer/songwriter in the Pacific Northwest, currently living in the tiny, apple town of Brewster. Brittany stepped into a recording studio for the first time in 2012, and she has since released three albums—all recorded in Nashville, Tenn. Her newest album, “Wander With Me”, was released in January, and it is her best yet. With songs about being brave and standing tall, to songs about learning to dance again, Brittany’s acoustic and heartfelt music is an invitation—won’t you wander with us?

Saturday, September 22

Entertainment Schedule - Main Stage at Hatchery Park

12:00 p.m. - Welcome and Awards Ceremony
12:30 - 1:30 p.m. - Reptile Man
2:00 - 2:45 p.m. - Music of Beau Van Winkle
3:00 - 3:45 p.m. - Music of Brittany Jean
4:00 - 5:00 p.m. - Reptile Man Returns!

At Gazebo on Hatchery’s Chinook Avenue
3:30 – 4:00 “Student Prince” cast ensemble

At Native American Village:
Dancing, drumming and exhibits – ALL Day

“Beyond the Frame-What it means to be Native” with
Steven Paul Judd, guest presenter

All Festival Activities run from 10 a.m. to 5 p.m.



Fun Fish Facts for You!

- Did you know a female spring Chinook salmon can carry more than 4,000 eggs?
- Salmon returning to the Wenatchee River travel 500 miles and over 7 dams from the Pacific Ocean to get to their place of birth here in Icicle Creek
- 150,000 visitors have enjoyed Salmon Fest during these past 19 years
- Fish can get sunburns
- Bobby Beaver and Sammy Salmon, mascots of Salmon Fest, have been hugged by 150,000 kids since the festival began in 1991
- Swimming Mayflies may shed their skin as many as 27 times!
- Caddisflies eats dead leaves and the fungi on the leaves may be a source of nutrition, much like peanut butter on bread
- Vocabulary Words to Know:
 - a.Redd – nest dug in gravel by female salmon to put her eggs in
 - b.Anadromous – fish that migrate from fresh water to salt water and back



- to fresh water to spawn
- The oldest known salmon is 7 years old. Count the rings on a fish scale to determine their age....much like counting the rings on a tree
 - The oldest salmon fossil found is 50 million years old
 - 5 to 6 million years ago salmon had fangs, weighed over 500 lbs. and were ten feet long
 - The intricacies of a salmon’s genetic code insist that the salmon always faces upstream into the current, so that when it navigates to the sea it swims tail first
 - When Lewis and Clark entered the lush Pacific watersheds in 1804, they discovered millions of salmon in the untamed wild Columbia River. At that time 15 to 20 million salmon lived in the pristine habitat of the mighty Columbia
 - We had 1,001 entries in this year’s student Poster Contest!
 - The Salmon Fest won the “International Best Children’s Program” from the International Festival and Events Association

28th Annual Salmon Festival Poster Winner



This year’s Salmon Festival poster contest winner, is Kate Smith, a fourth grade student from Alpine Lakes Elementary. Her parents are Julie and Todd Smith and brother Miles. More than 1,000 posters were entered in the festival’s annual contest. Way to go, Kate.



Photo by Mike Maltais
Brewster junior midfielder Halle Aparicio, No. 2, right, approaches Chelan’s goalkeeper during the overtime period with the teams tied, 2-2.
Decided by a shoot-out

Goats rally to defeat Brewster soccer girls, 3-2

By MIKE MALTAIS
STAFF WRITER

BREWSTER – No spectators left the game early last Saturday, Sept. 15, as the Brewster High School varsity girls’ soccer team hosted the non-league 1A Chelan Goats of the Caribou Trail League. That’s because Chelan tied the game in the fading seconds of regulation play and the outcome had to be decided in a five-ball shootout.

Senior midfielder Alondra Torres got Brewster on the board with a goal at the 15-minute mark in the first half. Kim Nila, Player of the Game against Oroville, Sept. 11, scored Brewster’s second goal in the 35th minute of

play.

Chelan trailed by a goal through the second half and with the clock winding down and less than a minute remaining, scored on a second rebound shot to tie the game in regulation. When the overtime period ended with the teams still knotted, a five-fall shootout decided the issue in Chelan’s favor. The Goats scored on their first four shots and blocked two attempts by the Lady Bears to pull out the win.

“I think we played great,” said Brewster head coach Alex Sanchez. “Our passing was great and created many scoring opportunities.”

Both goalkeepers were busy catching or deflecting shots on

goal as both teams kept up the offensive pressure throughout the match.

“We just have to work on finishing,” said Sanchez, “but overall, I think the team is going in the right direction.”

The Lady Bears are 2-0 in Central Washington B- 2B play with wins over Oroville, 10-0, and Lake Roosevelt, 12-0. Their only losses have been non-league contests against Okanogan, 2-0, and the 3-2 loss to the Goats.

Brewster was scheduled to play the undefeated Liberty Bell Mountain Lions on Tuesday, Sept. 18. The Lady Bears will host Bridgeport at 4:30 p.m. Thursday, Sept. 20. Brewster will be on the road at Manson on Tuesday, Sept. 25.



Photo by Mike Maltais
Bears senior running back Jeff Sonneman, (No. 4, red) gets pulled down by a Mabton tackler.

Bears vanquish Vikings at home, 48-8

By MIKE MALTAIS
STAFF WRITER

BREWSTER – “It was a great win for us over Mabton,” said Brewster head football coach Jake Johanson, as the Bears rolled over the Vikings, 48-8 in home field action last Friday, Sept. 14.

Brewster scored early in the first quarter and cruised to a 27-0 halftime lead that left little doubt of the final outcome.

“We were able to get everybody in the game and to still play good defense and offense with our younger units,” said Johanson. “I am excited for our first league game next week at Tonasket. They are always tough, and we are going

to have to bring it all week in practice to prepare for a tough league game.”

Johanson credited Alfredo Nila with some great offensive line work and making some key blocks.

“I thought our effort blocking overall was much better than it has been,” said Johanson. “We rallied on defense and were able to force four turnovers on defense and we hadn’t forced one in our first two games.”

Passing
Mason Kelly 4-7 67 yards 2TD 1INT
Gio Nila 2-2 48 yards 1TD
Rushing
Ernie Nanamkin 12 carries for 127 yards and 2 TD
Joe Taylor 9 carries for 77

yards and 1 TD
Gio Nila 9 carries for 80 yards and 1TD
Adaih Najera 3 carries for 24 yards
Jorge Ramirez 5 carries for 20 yards
Jeff Sonneman 4 carries for 17 yards
Zane Madden 3 carries for 24 yards

Receiving
Joe Taylor 3 receptions for 31 yards 2TD
Adaih Najera 2 receptions for 48 yards 1TD
Gio Nila 1 reception for 36 yards

Scoring
Miguel Chacon was 4-5 XP and Joe Taylor ran in one 2-point conversion. 1 other 2-point conversion failed.

Brewster Bantam football team takes on Tonasket



Photo courtesy of Anthony Ruiz
Brewster’s Bantam football team opened its season at Tonasket last Saturday, Sept. 15. The team, comprised of 8-to-10-year-old players, will play a seven-game schedule through Oct. 27. Opponents include Wenatchee, Lake Roosevelt, Cascade, Manson, and Okanogan. Fans can learn more about youth football online at www.ncwyouthfootball.com.



Photo by Mike Maltais
Karste Wright (No. 2, white) and Elizabeth Stam (12) attempt to block an ACH return in action last Saturday.

Brewster volleyball falls to ACH, Chelan

By MIKE MALTAIS
STAFF WRITER

BREWSTER – The Lady Bears varsity volleyball team dropped two game to non-league opponents last week. Brewster volleyball traveled to Chelan on Sept. 11 and lost 13-25, 12-25, 16-25.

“Brooklynnne Boesel led us with 10 kills, 15 digs, and 4 service aces,” said coach Marcy Boesel.

On defense, Karste Wright led the team with 10 assists while Karina Martinez had 12 digs.

“Playing Chelan is always a match we look forward to because at the end of the night you have a real clear picture of your strengths and weaknesses,” said Boesel. “Chelan consistently plays at a high level which puts a lot of pressure on their opponent”

Last Saturday, Sept. 15, Brewster lost a hard-fought

four-set match to Almira-Coulee-Hartline, 21-25, 16-25, 25-16, 21-25.

“ACH is a well-coached, disciplined team,” Boesel said.

Bears stats
Karina Martinez: 19 digs, 2 assists, 7/8 serving
Emerson Webster: 1 dig, 2 kills, 1 block assist
Bizzy Stam: 6 digs, 1 block assist, 13/13 serving
Karste Wright: 6 digs, 13 assists, 12 kills, 1 block, 11/15 serving, 3 aces

Anah Wulf: 9 digs, 3 kills, 1 block assist, 20/22 serving, 4 aces
Sammi Emigh: 1 dig, 1 assist, 5 kills, 3 blocks, 10/12 serving, 2 aces
Brooklynnne Boesel: 24 digs, 14 assists, 13 kills, 3 blocks, 7/7 serving

Brewster was scheduled to host Manson last Tuesday, Sept. 18, and will be in Okanogan on Thursday, Sept. 20.

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Supporting our young Athletes!

See B4 for more school sports coverage

Fillies field large roster for 2018 volleyball season

VOLLEYBALL 2018		
Student Last Name	Student First Name	Gr
CRUZ	ANGELICA	12
MUNSON	TAYLOR	12
OROZCO	IVETTE	12
PEREZ	DENISE	12
VALDOVINOS	BRENDA	12
GARCIA	GISELLE	11
MEDEL	FANI	11
PALACIOS	YARELI	11
ROSAS	MARIA BELEN	11
SEPULVEDA	BELEN	11
VELAZQUEZ	YOJAIRA	11
BRAVO	MARITZA	10
GARICA	JAZMIN	10
GUZMAN	CITLALY	10
MARILES	ANA	10
SANTANA	MARIA	10
TORRES	BIANCA	10
TREJO	LIZETTE	10
VALDOVINOS	NADIA	10
VELAZQUEZ	VERANIA	10
DIAZ	ALEX	9
GUZMAN	JOHANA	9
IBARRA	MYRKA	9
MEZA	LIZBETH	9
PEREZ	YAHAIDA	9
QUEZADA	CARMEN	9
RIOS	JOSIE	9
TREJO	MYRKA	9

By Mike Maltais
Staff Writer

BRIDGEPORT – Facing a tough field of talented teams in the Central Washington B-2B league this year, the

Fillies dropped their first three league matches of the young season.

Bridgeport hosted Brewster on Sept. 6, and fell in three sets, 25-8, 25-8, and 25-5.



Photo by Mike Maltais

The combined Bridgeport Fillies 2018 varsity and junior varsity soccer teams boast more than two dozen players heading to the courts this season.

Bridgeport fared better against Waterville-Mansfield on Sept. 11, taking one of four sets, 25-22, but losing the next three by narrow margins, 21-25, 26-28, and 23-25.

A 3-1 loss to visiting Tonasket Sept. 13, leaves the Fillies with some catching up to do when they face league-leading Liberty Bell at 6:30 p.m. at home Thursday, Sept. 20. Bridgeport was scheduled to take on the Eagles at Soap Lake last Tuesday, Sept. 18. Other CWB-2B opponents this season include Lake Roosevelt, Manson, and Oroville.

2018 Bridgeport Fillies Volleyball Schedule						
Date	Day	Time	Opponent	Site	Dismiss	Leave
August 20	Monday	TBD	1st Day Practice	Bridgeport		
September 6	Thursday	5:00pm	Brewster	Bridgeport		
September 11	Tuesday	5:00pm	Waterville	Waterville	2:50pm	3:05pm
September 13	Thursday	5:00pm	Tonasket	Bridgeport		
September 18	Tuesday	5:00pm	Soap Lake	Soap Lake	2:45pm	3:00pm
September 20	Thursday	5:00pm	Liberty Bell	Bridgeport		
September 25	Tuesday	5:00pm	Omak	Bridgeport		
September 27	Thursday	5:00pm	Lake Roosevelt	Bridgeport		
October 2	Tuesday	5:00pm	Oroville	Oroville	2:15pm	2:30pm
October 4	Thursday	5:00pm	Manson	Bridgeport		
October 9	Tuesday	5:00pm	Brewster	Brewster		3:40pm
October 11	Thursday	5:00pm	Waterville	Bridgeport		
October 16	Tuesday	5:00pm	Tonasket	Tonasket	2:35pm	2:50pm
October 18	Thursday	5:00pm	Soap Lake	Bridgeport	Senior Night	
October 23	Tuesday	5:00pm	Liberty Bell	Liberty Bell	2:35pm	2:50pm
Oct. 26-Nov. 2	TBD	TBD	2B Bi-Districts	TBD		
Nov. 9-10	Friday/Saturday	TBD	2B State Tournament	Yakima Sun Dome		

Head Coach: Paige Stevie
Assistant Coach: Suni Gill

Fillies hold their own in a talented field of soccer rivals

GIRLS SOCCER		
Student Last Name	Student First Name	Gr
AGUILAR	NORMA	11
ARELLENO	ANGELICA	11
EKENBARGER	BIRDIE	11
GARCIA	ESMERALDA	11
HERNANDEZ	MARISOL	11
HUERTA	AMY	11
SANTANA	ERIKA	11
ZARATE	BERENICE	11
APARICIO	BRISA	10
HERNANDEZ	REBECCA	10
JIMENEZ	ALONDRA	10
LOMBERA	JACQUELINE	10
TORRES	KARLA	10
SANTANA-GONZALEZ	MARIA BELEN	10
AGUILAR	KARLA	9
ARELLENO	GRACIELLA	9
FARIAS	JENNIFER	9
MORENO	LUPE	8
GONZALEZ	NEIDA	8

By Mike Maltais
Staff Writer

BRIDGEPORT – The Fillies varsity girls’ soccer team split its opening games in the Central Washington B-2B league with a 5-1 win over Lake Roosevelt, Sept. 6, and a 2-1 loss to Liberty Bell Sept. 11.

Sophomore Karla Torres’ three-goal hat trick helped the Fillies hold off the Raiders on Bridgeport’s home pitch. Torres scored in the 14th minute off an assist from Jaqueline Lombera. Torres scored again in the 42nd minute and, with an assist from Esmeralda Garcia, in the 55th minute. Garcia

scored Bridgeport’s final goal near the end of the game in the 79th minute.

The Fillies had a total of 23 shots on goal.

Lake Roosevelt got its only goal in the 54th minute in the second half with the only kick that got by Fillies’ goalkeeper Birdie Ekenbarger, who had four saves in the game.

Liberty Bell wins

Against the undefeated Lady Lions, the Fillies fell behind when Liberty Bell scored first in the first half of play.

Lombera tied the game later in the first with an assist from Torres.

Ekenbarger had a harder



Photo courtesy of Brad Skiff

Members of the Fillies varsity girls’ soccer team includes, front row, from left, Jaqueline Lombera, Graciela Arellano, Alondra Jimenez, Neida Gonzalez, Amy Huerta, Anissa Bustos, and Marisol Hernandez. Back row, from left, Angelica Arellano, Emma West, Maria Santana, Lesly Moreno, Karla Torres, Berenice Zarate, Birdie Ekenbarger, Becky Hernandez, and Norma Aguilar.

workout than the Raiders gave her, making 15 saves from shots on goal. The only ball that got by her in the second half was enough for the Lady Lions to grab the win.

“Birdie did a great job for the Fillies,” said coach Gabe Gonzalez, “making many important saves and keeping us close in the game.”

Bridgeport was scheduled to host Manson last Tuesday, Sept. 18, and will be at Brewster, Thursday, Sept. 20, for a 4:30 p.m. game against the Lady Bears. The Fillies host Tonasket at 4:30 p.m. next Tuesday, Sept. 25.

2018 Bridgeport Fillies Soccer Schedule						
Date	Day	Time	Opponent	Site	Dismiss	Leave
August 20	Monday	TBD	1st Day Practice	Bridgeport		
September 6	Thursday	4:30pm	Lake Roosevelt	Bridgeport		
September 11	Tuesday	4:30pm	Liberty Bell	Bridgeport		
September 13	Thursday	4:30pm	Omak	Bridgeport		
September 18	Tuesday	4:30pm	Manson	Bridgeport		
September 20	Thursday	4:30pm	Brewster	Brewster	2:55pm	3:10pm
September 25	Tuesday	4:30pm	Tonasket	Bridgeport		
September 27	Thursday	4:30pm	Oroville	Oroville	1:45pm	2:00pm
October 2	Tuesday	4:30pm	Lake Roosevelt	Lake Roosevelt	2:15pm	2:30pm
October 4	Thursday	4:30pm	Liberty Bell	Liberty Bell	1:55pm	2:10pm
October 9	Tuesday	4:30pm	Okanogan	Bridgeport		
October 11	Thursday	4:3 pm	Manson	Manson	2:15pm	2:30pm
October 16	Tuesday	4:30pm	Brewster	Bridgeport		
October 18	Thursday	4:30pm	Tonasket	Tonasket	2:00pm	2:15pm
October 23	Tuesday	4:30pm	Oroville	Bridgeport	Senior Night	
October 28-Nov 4		TBD	2B Bi-District	TBD		
Nov 9-Nov 18		TBD	2B State	Sunset Chev Stadium	TBD	TBD

Head Coach: Gabe Gonzalez
Assistant Coach: Carlos Lopez

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Rebuilding Bridgeport football program challenges 1B rivals

FOOTBALL 2018		
Student Last Name	Student First Name	Gr
GARCIA	FERNANDO	12
GARCIA	JOSE	12
GARCIA	JUAN	12
HERNANDEZ	JOHN	12
MARTINEZ	DIEGO	12
MEZA	EDGAR	12
PAKOOTAS	NICKOLLII	12
VALDOVINOS	DANIEL	12
ZARATE	ALEX	12
FLORES	JONATHAN	11
HERNANDEZ	CRISTIAN	11
MARTINEZ-BUSTOS	AXEL	11
MENDOZA	MIGUEL	11
MORALES	ENRIQUE	11
MORENO	SANTIAGO	11
PADILLA	GILBERTO	11
SANCHEZ	JULIO	11
SANCHEZ	LEONARDO	11
GOMEZ	ERIK	10
PALOMEQUE	CARLOS	10
ALVAREZ	ELMER	9
BELTRAN	JOSE	9
HERERRA	ALEXIS	9
LOPEZ-CASILLAR	EDGAR	9
LOPEZ	ISRAEL	9
POLVOS	ROBERT	9

By MIKE MALTAIS
STAFF WRITER

BRIDGEPORT – The Mustangs varsity football team, competing in the 1B ranks this year, opened its season in a three-way tie with Pateros, and defending state champion Almira-Coulee-Hartline, each with an early season 1-0 record.

Bridgeport’s first league win came over Wellpinit, 69-28, on Sept. 14. The Mustangs also scored non-league wins over Cascade JV, 45-19, Inchelium, 1-0 and tied Curlew, 0-0. Head Coach Pat McFadden lost three seniors to graduation, but has three veterans returning as seniors this year, John Hernandez, Diego Martinez, and Edgar Meza. Other



Members of the Bridgeport 2018 varsity football team include, front row, from left, Tommy Martin (manager), Elmer Alvarez Moreno, Edgar Meza, Leonardo Sanchez, Gilberto Rodriguez, John Hernandez, Israel Lopez, Alexis Herrera, and Cristian Hernandez. Back row, from left, Coach Pat McFadden, Robert Polvos, Jose Garcia, Julio Sanchez, Juan Garcia, Jose Beltran, Diego Martinez, and Assistant Coach John McDougal.

seniors listed on the team roster include Fernando Garcia, Nickollii Pakootas, Jose Garcia, Daniel Valdovinos, Juan Garcia, and Alex Zarate. Returning veteran juniors include Christian Hernandez, Julio Sanchez, Leonardo Sanchez, Axel Martinez-Bustos, Miguel Mendoza, Enrique Morales, Santiago Moreno, Jonathan Flores, and Gilberto Padilla. Bridgeport is still rebuilding its football program and will see its progress tested by the likes of league rivals Yakama Tribal, Odessa, Entiat, and Waterville-Mansfield.

2018-2019 Bridgeport Mustangs NE 1B HS Football Schedule						
Date	Day	Time	Opponent	Site	Dismiss	Leave
August 15	Wednesday	TBD	1 st Day of Practice	Bridgeport		
August 31	Friday	7:00pm	Curlew	Curlew		3:30pm
September 4	Tuesday	5:30pm	Cascade	P.D. Elementary	2:25pm	2:45pm
September 7	Friday	7:00pm	Inchelium	Bridgeport		
September 14	Friday	7:00pm	Wellpinit	Wellpinit	11:00am	11:30am
September 21	Friday	7:00pm	Waterville	Bridgeport		
September 28	Friday	7:00pm	ACH	ACH		5:10pm
October 5	Friday	7:00pm	Yakima Tribal	Bridgeport		
October 12	Friday	7:00pm	Odessa	Odessa		4:00pm
October 19	Friday	7:00pm	Pateros	Bridgeport	SENIOR	NIGHT
October 26	Friday	7:00pm	Entiat	Entiat		4:45pm
November 2	Friday	TBD	Cross-Over	TBD		

Head Coach: PAT MCFADDEN
Assistant Coach: JOHN MCDOUGAL

Bridgeport XC rivals include two-time defending state champs

CROSS COUNTRY 2018		
Student Last Name	Student First Name	Gr
AGUILAR	CHRISTAN	12
CRAIG	KARINA	12
GOMEZ	OSCAR	12
RUIZ	TONY	12
TREJO	ANAYELI	12
TREJO	LUIS	12
FLETCHER	GAGE	11
COLIN	FREDICO JR	11
MARTINEZ	CATALINA	11
PEREZ	ARTURO	11
FLORES	ANTONIO	10
FLORES	CARLOS	10
JIMENEZ	MIRIAM	10
PEREA	ALEX	10
SANCHEZ	MARLENY	10
TREJO	MONICA	10
DIAZ	YAIR	9
MARTIN	TERRI-CAMPOS	9
CAMPOS	ASHLEY	8
GARCIA	AIDEN	7
GARCIA	BRANDON	7
SEGURA	RICHARD	7
MAHR	RILEY	7

By MIKE MALTAIS
STAFF WRITER

BRIDGEPORT – The roster of Mustangs and Fillies varsity cross country runners face some stiff competition among their Central Washington B-2B opponents this season not the least being

the two-time defending state champion Liberty Bell High School XC girls’ team and second-place boys. Bridgeport XC coach Mark Ward said he also expects Manson to be strong and Tonasket “is back with most of its team.” Other league opponents



The Bridgeport cross country team recently hosted the Bridgeport 2 Miler and was scheduled to compete in the Okanogan Invitational last Tuesday, Sept. 18.

2018 Bridgeport High School Mustangs/Fillies Cross Country Schedule						
Date	Day	Time	Opponent	Site	Dismiss	Leave
August 20	Monday	3:15pm	1 st Day of Practice	Bridgeport		
September 11	Tuesday	4:30pm	Bridgeport 2 Miler	Bridgeport	2:00pm	2:15pm
September 18	Tuesday	4:30pm	Okanogan Invite	Okanogan	1:30pm	1:45pm
September 22	Saturday	10:00am	Wenatchee Invite	Wenatchee		7:30am
September 27	Thursday	4:30pm	Tonasket Invite	Tonasket	1:25pm	1:40pm
September 29	Saturday	10:00am	Pasco Invite	Pasco		6:00am
October 9	Tuesday	4:00pm	Bridgeport Invite -5k	Bridgeport	2:00pm	2:15pm
October 12	Friday	3:30pm	Oroville Invite	Oroville		
October 20	Saturday	11:00am	League Championship	Liberty Bell		8:30am
October 24	Wednesday	TBD	District Championship	Wenatchee		
November 3	Saturday	TBD	WIAA ST. Championship	Pasco		

Head Coach: Mark Ward

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Billygoats share top billing in CWB-1B football

By MIKE MALTAIS
STAFF WRITER

PATEROS – The Billygoats varsity football team is tied with Almira-Coulee-Hartline

at the top of the Central Washington B-1B league with a 1-0 record following its 70-24 win over visiting Yakama Tribal last Friday, Sept. 14.

“We were led on the ground by Kobe Thrixton with 106 yards and one touchdown,” said head coach Marcus Stennes. “That opened the passing game for (Jeremy

Piechalski who was 10-13, 174 yards, and six touchdowns.”

Ivan Cenicerros led the Billygoats in pass receptions with five for 110 yards

and four TDs, Stennes said. Andrew Gonzalez caught three passes for 66 yards and one TD.

“We now focus on the Odessa Tigers on Friday for

another league game,” said Stennes. “This will be a good challenge for us to see where we sit against one of the top teams in the league.”



Photos by Mike Maltais
LEFT: Ramiro Ambriz (82) carries the ball around left end.

ABOVE: The Eagles lost the game but won the award for most striking helmets.

Some campfires allowed; fire danger persists across Forest

SUBMITTED BY USFS

WENATCHEE - Beginning Monday, Sept. 17, 2018, forest users will once again be able to have campfires in designated recreation sites, such as campgrounds, as well as most Wilderness areas. However, fire danger remains ‘Very High’ in Chelan, Kittitas, and Yakima Counties and ‘High’ in Okanogan County.

“We’ve received enough moisture to allow campfires in some areas, but we’re not out of the woods yet,” said Deputy Forest Supervisor, Erick Walker. “Stage 1 restric-

tions will remain in effect until significant moisture arrives.”

Implementation of fire restrictions normally occurs based on a combination of carefully considered factors including current and predicted weather, fuel moisture, fire activity levels and available firefighting resources.

Stage I fire restrictions prohibit the following across the entire Forest:

Building, maintaining, attending, or using a fire, campfire, or stove fire including briquette fires, and torches, except in Forest Service designated recreation sites (mostly

fee campgrounds with campfire structures (metal rings)).

Using an explosive (always in effect).

Possessing, discharging, or using any fireworks (always in effect).

For a complete list of designated recreation sites and approved devices, please visit www.fs.usda.gov/goto/fire-restrictions. Please note this order is for public use of the Forest. USDA Forest Service permit and contract holders remain accountable to Industrial Fire Precaution Levels (IFPL) restrictions as specified.

RIGHT: A young camper enjoys marshmallows and a campfire while camping at Lake Creek Campground near Entiat, WA. Starting Monday September 17, 2018, campfires will be allowed in designated campgrounds such as Lake Creek.

Photo courtesy of USDA Forest Service by Holly Krake



Mansfield/Waterville Fall Sports Preview

All-around Ari Saucedo returns to Shockers volleyball

By MIKE MALTAIS
STAFF WRITER

MANSFIELD – Mansfield High School all-around three-sport athlete Ari Saucedo has returned as a key starting player on the Waterville-Mansfield Shockers varsity volleyball team this season.

Saucedo, a Mansfield junior was a solid contributor to the Lady Shockers 3-1 win over the visiting Bridgeport Fillies on Sept. 11. Waterville-Mansfield lost its next league game on Lake Roosevelt’s court in three sets but seems poised to give all their Central Washington B-2B league rivals a run this season.

The Lady Shockers were scheduled to host Oroville last Tuesday, Sept. 18, before traveling to Manson on Thursday, Sept. 20.

The Brewster Lady Bears, who dropped a close match to Almira-Coulee-Hartline last Saturday, Sept. 15, will host the Lady Shockers at 6:30 p.m. Tuesday, Sept. 25.



Photo courtesy of Ruben Saucedo

Mansfield junior Ari Saucedo has returned to the Waterville-Mansfield varsity volleyball team this season.

Waterville-Mansfield 2018 Varsity Volleyball Schedule

Regular Season - Completed Games

Regular Season - Remaining Games

Date	Opponent	Time	Place	
Tue, Sep 18	II Oroville	6:30 PM	Home	WHS
Thu, Sep 20	II Manson	6:30 PM	Away	MHS
Tue, Sep 25	II Brewster	6:30 PM	Away	Champion
Thu, Sep 27	Almira-Coulee-Hartline	6:30 PM	Home	WHS
Sat, Sep 29	Quincy Invitational			
	II Quincy (Host)	9:00 AM	Away	
Tue, Oct 2	II Tonasket	6:30 PM	Home	WHS
Thu, Oct 4	II Soap Lake	6:30 PM	Away	SLHS
Tue, Oct 9	II Liberty Bell	6:30 PM	Home	WHS
Thu, Oct 11	II Bridgeport	6:30 PM	Away	BPHS
Sat, Oct 13	II Liberty Bell	6:30 PM	Away	LBHS
JV starting at 5PM				
Tue, Oct 16	II Lake Roosevelt	6:30 PM	Home	WHS
Thu, Oct 18	II Oroville	6:30 PM	Away	CTA
Tue, Oct 23	II Manson	6:30 PM	Home	WHS

(Courtesy of CWBAthletics)

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DOWN

1. *Ocean color, bluish green
2. Ctrl + Z
3. Like after a novocaine shot
4. March marchers
5. Parlor piece
6. Alpine transport
7. *Snake-like fish
8. _____fire
9. Teller's partner
10. Terrestrial gastropod
11. Make children
12. Kickoff prop
13. _____
14. Furnish with a fund
15. Methane
16. _____
17. Thresh
18. Promenade in Spain
19. Formed a curve
20. SI unit of mass
21. Beatles' "Abbey _____"
22. "_____ One: A Star Wars Story"
23. Not the same one
24. *Giant mammal
25. Calf-length skirt
26. Toy block
27. Train runners
28. "Yes, Sir!" gesture
29. Party barrel
30. It's "sealed with a kiss"
31. Like allergy spray
32. *Excrement of sea birds
33. Tea or beer
34. Strange and spooky
35. Been in bed
36. Volcano in Sicily
37. Tucked in
38. Capital of boot-shaped country
39. Walk-the-dog toy
40. "You're it" game
41. _____
42. Be obliged

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REEDS	MEGA	DUEL
KODIAK	ROIL	ERE
	LENS	LEG
BELUGA	ESTUARY	
TREAT	SOT	TABOO
AERIE	AWN	ENEMY
GWYN	LEA	RODEO

3	9	7	1	8	4	6	2	5
6	8	1	5	9	2	7	4	3
4	5	2	3	7	6	9	8	1
7	1	4	9	6	5	2	3	8
8	2	6	7	3	1	4	5	9
5	3	9	4	2	8	1	7	6
1	4	3	2	5	9	8	6	7
9	7	8	6	4	3	5	1	2
2	6	5	8	1	7	3	9	4

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No Discover Pass
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Lands Day

OLYMPIA - Saturday, Sept.
22, marks the 25th anniver-
sary of National Public Lands
Day. Washington State Parks
invites the public to visit a
state park for free on this
day. No Discover Pass will be
required for day visits.
National Public Lands Day
(NPLD) is coordinated by
the National Environmental
Education Foundation.
State Parks free days are in
keeping with 2011 legisla-
tion that created the Discover
Pass, which costs \$30 an-
nually or \$10 for a one-day

visit. The pass is required
for vehicle access to state
recreation lands managed
by Washington State Parks,
the Washington Department
of Fish and Wildlife (WDFW)
and the Department of Natu-
ral Resources (DNR). The
Discover Pass legislation
directed State Parks to des-
ignate up to 12 free days
when the pass would not
be required to visit state
parks. The free days apply
only at state parks; the Dis-
cover Pass is still required on
WDFW and DNR lands.
Two more State Parks free
days are available in 2018:
• Sunday, Nov. 11 — Veter-
ans Day
• Friday, Nov. 23 — Autumn
free day
For more information about

NPLD, visit neefusa.org/npld.
The public is encouraged to
follow and participate in the
environmental stewardship
conversation on social media
using the hashtag #NPLD.
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Parks
The Washington State
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mission manages more than
100 state parks and proper-
ties totaling approximately
120,000 acres. The Commis-
sion provides a variety of
recreation opportunities
for citizens and provides
stewardship protection for a
diverse array of natural, cul-
tural and historic resources.
State Parks' statewide pro-
grams include long-distance
trails, boating safety and
winter recreation.

Red Cross: Donors urged to give blood,
help blood supply match patient diversity

SUBMITTED BY
AMERICAN RED CROSS

WINTHROP - The Ameri-
can Red Cross urges people
of all races and ethnicities
to give blood to help ensure
a diverse blood supply for
patients in need.
The vast majority of blood
types fall into one of the
major ABO groups. However,
some blood types are unique
to certain racial and ethnic
groups, so a diverse blood
supply is important to meet-
ing the medical needs of an
increasingly diverse patient
population.
Twelve-year-old Braden
Green required blood trans-
fusions to treat complica-

tions from sickle cell disease.
"It saved his life, that blood
transfusion," said his mom,
Brenda Green. "A blood do-
nation can give a patient
another chance at life or an
opportunity to get through
the day."
Blood given to patients
with rare blood types or
those who need repeated
transfusions for conditions
such as sickle cell disease or
thalassemia must be matched
very closely. Patients are less
likely to have complications
from blood donated by some-
one with a similar racial or
ethnic background.
All blood types are needed
to ensure that the right blood
product is available at the right

time for all patients. Make
an appointment to donate
blood by downloading the free
American Red Cross Blood
Donor App, visiting RedCross-
Blood.org or calling 1-800-RED
CROSS (1-800-733-2767).
As a thank-you, those who
come to donate blood or plate-
lets through Sept. 30, 2018,
will receive a coupon via
email for a free haircut at
participating Sport Clips lo-
cations. More information is
available at RedCrossBlood.
org/sport-clips.
Upcoming blood donation
opportunities: Winthrop:
Sept. 20, 11 a.m. - 5 p.m.,
Methow Valley United Meth-
odist Church, 193B Old Twisp
Highway.

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