70th See page A3

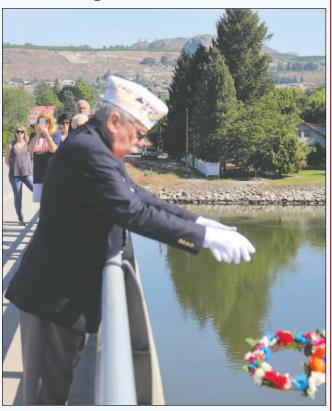
Tracksters head to state See page B1

May 23, 2019 • Volume 117, No. 21

YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

SINGLE COPY \$1.00

American Legion Post 97 schedules six Memorial Day observances



American Legion Area Three Commander Denny Pittman commits a wreath to the waters of the Columbia River in honor of Navy and Coast Guard veterans on Memorial

By Mike Maltais, Staff Writer

BREWSTER - Members of American Legion Columbia Post 97 will honor Memorial Day, with observances at six locations from Pateros to Packwood from 9 a.m. to noon on Monday, May 27.

Area Three Commander Denny Pittman said services are scheduled at the following locations and times:

9 a.m., Pateros Cemetery; 9:30 a.m. Bridge Street Bridge in Brewster; 10 a.m. Packwood Memorial Cemetery (Dyer Hill); 11 a.m. Fort Okanogan Cemetery – Monse; 11:30 a.m. Paradise Hill Cemetery – Brewster; and 12 noon Columbia Post 97 - Brewster.

Again this year the Brewster High School shop class made crosses to place on veterans' graves.

"We made 62 this year," said instructor Todd Dezellem, who turned the project over to some of his seniors.

Volunteers will gather at 9 a.m. Saturday morning at Locust Grove Cemetery to set the crosses and flags.

If you would like to help out, volunteers are needed contact Denny Pittman, 509-670-3904.

Friday, May 24 is National Poppy Day

Poppies will be distributed

May 24 in the Brewster area

"Memorial Day is the day Americans set aside to honor those brave men and women who met tragic ends while defending our freedom. It is our duty to honor their sacrifices, to pray for their families, and to bow our heads in recognition of their service.

"The Friday before Memorial Day is designated as National Poppy Day®, and on May 24, 2019, American Legion Auxiliary Unit 97 will be distributing poppies as a tribute to our fallen soldiers. Please watch for distribution locations and stop by to receive a poppy in exchange for a donation to wear in remembrance of those who paid the ultimate price for our freedom. We must never forget. The poppy, which bloomed on the battlefields of France after World War I, has grown to become an internationally known and recognized symbol of the lives sacrificed in war and the hope that none died in vain. One hundred percent of donations received will go directly to help veterans, military, and their families."

Memorial Day Parade

May 23

CHELAN - Hosted by the Lake Chelan Chamber of Commerce on the Thursday before Memorial Day, and starting at 7 p.m., in downtown Chelan, they honor soldiers, police officers and firefighters who lost their lives in the line of duty, as well as those who have served and are currently serving our country. For information www. lakechelan.com

Helicopter ball drop included

BBGC hosts fourth Gamble Sands Golf Fundraiser

By Mike Maltais Staff writer

BREWSTER - Scores of golf carts were neatly lined up on the promenade at Gamble Sands Golf Course last Monday morning, May 20, as players began arriving for the fourth annual Brewster Boys and Girls Club (BBGC) Golf Fundraiser.

Following the opening instructions, the golfers set out for their assigned holes for the 11 a.m. shotgun start. Scattered clouds and a light, warm breeze made playing conditions ideal and no rainfall kept allowed course conditions to remain dry.

BBGC Director Jamie Sluys said the event had a full turnout of players for the club's largest fundraiser of the year.

As he has since the first golf fundraiser, Bill Tsoukalas, Director of the Boys and

Girls Clubs of Snohomish County attended again this year and spoke to The Quad about future plans for more clubs in Eastern Washing-"The big picture game plan

is to have an organization like

Snohomish County based out of Wenatchee," said Tsoukalas. "We're working with the community of Malaga; they have 22 acres there.' Tsoukalas said the club has a seven-year develop-

ment window to establish ball fields and other facilities using the Brewster club as a model. A special guest at this vear's fundraiser was

Wenatchee Valley College alumnus and ESPN Sportscaster Kenny Mayne who spoke to the assembled players prior to the start of the event and announced that

SEE GOLF ON PAGE A2



Mike Maltais/QCH

Tory Wulf, right, holds lucky ball No. 22 that fell closest to the pin during the Helicopter Ball Drop at the BBGC Golf Fundraiser last Monday. Wulf won the 70-inch flat screen TV which he donated to BBGC Director Jamie Sluys, left, for use at the Boys and Girls Club.

Pateros Council approves Public Use zoning for school district property

By MIKE MALTAIS STAFF WRITER

PATEROS - City Council members approved a zoning designation change from Light Industrial to Public Use for the eight-acre Field of Dreams property the district owns along Industrial Way north of the city.

Before the unanimous vote, City contract planner Kurt Danison reported to the council that despite several meetings with planning agency members the group could not reach an agreement on whether to recommend keeping the current Light Industrial zoning in place or changing it to Public Use.

The former designation would prohibit schools but allow parks including school ball fields that would also be available for scheduled public use. The latter designation would not require the school to allow scheduled public use of its ball fields. Danison the planning group decided to refer the issue, absent a recommendation, to the council.

Council members sided with Public Use.

In other business Okanogan County Community Action Council (OCCAC) Executive Director Lael Duncan updated the council on her agency's efforts to promote community outreach on affordable housing and low-income issues in

Melinda Posner, Park Planner for the Washington State Parks and Recreation Commission (WSPRC) address council members on the Classification and Management Planning (CAMP) project directed locally at Alta Lake and Bridgeport state parks. The WSPRC is actively seeking public input from park users to help better plan future development in both parks.

Posner will address Pateros School students from grades 8-11 on Tuesday, May 28, and grades 6-8 at Bridgeport on Wednesday, May 29. Posner has also scheduled public meetings in Bridgeport on June 12, and Pateros on June 13.

Mayor Carlene Anders thanked parks personnel for working with the Pateros school to accommodate its annual weeklong sixth grade Outdoor Education camp held in Alta Lake State Park every

With only 10 volunteers currently serving on the Pateros Fire Department a public request was issued for more citizens to step forward and participate.

Pateros School Superintendent Greg Goodnight said he is speaking with fire chief Kieth Zweigle about talking with his high students about fire volunteer



Mike Maltais/QCH

Kurt Danison, City of Pateros contract planner, holds up a copy of the latest Land Use Designations map, part of the city's Comprehensive Plan.

Goodnight announced that all school positions have been filled for the coming academic year. Goodnight said Pateros will offer a College in the High

SEE **ZONING** ON PAGE A3

Drought declaration expands to 27 state watersheds

By MIKE MALTAIS STAFF WRITER

OLYMPIA - Sometimes being first is not a coveted distinction. Such as when Washington Governor Jay Inslee declared the Okanogan watershed, along with Methow and Upper Yakima Basin, as official emergency drought areas last April 4, owing to diminished moisture from below average snowpack.

It was the first such declaration in the state since 2015.

On May 20, the governor added 24 additional watersheds to the list of official emergency drought areas, an expanse that encompasses

nearly half of the state. In an official announcement released through the Department of Ecology (DOE) watersheds in Chelan, Colville, Cowlitz, Deschutes, Elwha-Dungeness, Entiat, Grays-Elochoman, Kennedy-Goldsborough, Kettle, Lower Chehalis, Lower Skagit-Samish, Lower Yakima, Lyre-Hoko, Naches, Nooksack, Queets-Quinault, Quilcene-Snow, Skokomish-Dosewallips, Soleduc, Stillaguamish, Upper Chehalis, Upper Skagit, Wenatchee, and Willapa, were added to the roster of crisis areas.

"Snowpack conditions are currently less than 50 percent of average for this time of year," said the Ecology media release. "DOE experts expect the warmer, drier weather will cause the already-diminished snowpack to melt more quickly, reducing water availability this summer when it is needed most for farms, communities and fish."

Recent rainfall in the area still left moisture levels below normal.

Two factors determine if a watershed qualifies for a drought declaration:

1. Water supply conditions currently or projected at or 75 percent of average; 2. A projection of undue hard-

"The emergency declaration allows us to expedite emergency water right permitting and make funds available to government entities to address hardships caused by drought conditions," said Ecology Director Maia Bellon.

"The 2019 Legislature appropriated \$2 million for drought response. Ecology anticipates funding for public agencies for

SEE DROUGHT ON PAGE A3



BUSINESSJOURNAL

Our Classified Ad Dept is open 24/7 **NCWMarket.com**

Place Employment, Home for Sale, Rental Ads ... Promote your Event or Business Find a Job - Buy a Car or a Home - Rent a House ...



INSIDE THIS WEEK

Community A1-4	Church Directory
Okanogan & Douglas Sheriff/EMS/Fire A4	Business & Services Directory A3
Births, Obituaries, Death Notices	
Community & Bulletin Board	Classifieds B3-B4
Sports/Community B1-B2	Public Notices B3-B4
	INSERTS: Safeway



P.O. Box 37 Brewster, WA 98812-0037 509-689-2507 www.qcherald.com

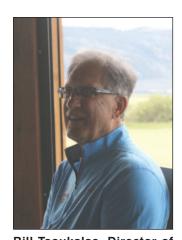
GOLF

CONTINUED FROM PAGE A1

he would offer a special prize during the auction at the conclusion of the day's events.

The bonus prize turned out to be a VIP visit for two to the Jimmy Kimmel Show in Los Angeles including a meeting with the host, Green Room perks and the whole nine yards. The winning bidder won the trip for \$600.

An added twist to the event this year was a helicopter ball drop where pre-purchased numbered golf balls were dropped from a helicopter hovering over a target on the course. The closed to the pin won a 70-inch flat screen T.V. The winner turned out to be Brewster player Tory Wulf who graciously donated the prize to the BBGC, whose own flat screen stopped working more than a month ago.



Bill Tsoukalas, Director of the Boys and Girls Clubs of Snohomish County attended the BBGC fundraiser.



CLOCKWISE FROM ABOVE: Bidders look over some of the prizes donated to the silent auction; A helicopter hovered over the course as numbered balls were dropped on a target to determine the winner of a 70-inche flat screen T.V.; A deluxe buffet was part of the fundraiser package; A line of golf carts return from the links; and Sportscaster Kenny Mayne offers a special bonus prize at the BBGC Golf auction.



Contact Mike Maltais at 360-333-8483 or qchreporter@gmail.com



© NCW Media Inc. 2019 310 E.Johnson Ave., Chelan, P.O. Box 37, Brewster, WA 98812 Phone: (509) 689-2507 Fax (509) 682-4209

Office Hours

Mon. to Fri. 9:00 a.m.-5:00 p.m.

Contact Information

Publisher

Bill Forhan • 548-5286 publisher@leavenworthecho.com **Managing Editor**

Gary Bégin 509-571-5302

gary@ncwmedia.net Reporter/Photographer

Michael Maltais gchreporter@gmail.com

Reporter/Photographer
Diana Piñon

Icmeditor@gmail.com

Advertising Sales Director carol@leavenworthecho.com

carol@leavenworthecho.com
Carol Forhan • 548-5286
echoads@leavenworthecho.com

Advertising Sales

RuthEdna Keys • 682-2213 ruthk@lakechelanmirror.com

Lindsay Timmermans • 860-7301 adexec1@ncwmedia.net

Classifieds/Legals heraldads@qcherald.com

Circulation

509-293-6780 circulation@lakechelanmirror.com

DeliveryGary Hopkins

Production Coordinator & Creative Services

RuthEdna Keys prepress@lakechelanmirror.com 509-682-2213

Bookkeeper 509-548-5286

Quad City Herald (USPS 241-920) is published every Thursday by NCW Media, Inc. 215 14th St., Leavenworth, WA

Telephone: (509) 548-5286. Fax: (509) 548-4789.

Periodical postage paid at Brewster, Wash. (and additional mailing offices)

Postmaster: Send address corrections to: Quad City Herald, P.O. Box 37,

Brewster, WA 98812



Classifieds/Legals

Classified ads can be placed during normal office hours by calling (509) 689-2507, e-mailing heraldads@qcherald. com or

online at www.qcherald.com Weekly rates:

\$12.00 for the first 30 words 50 cents each additional 5 words (over the 30 words) Borders, bold words, headlines, logos, photos subject to additional charges

Services

Back Issues are available up to one year after publication for a small fee.

Photo Reprints are available for most photos taken by staff. Ask about photos we may have not had room to print.

Deadlines

Letters to the Editor: Noon, Monday
Calendar Listings: Noon, Monday
News Submissions: Noon, Monday
Display Advertising: Noon, Monday
Legals: Noon, Tuesday
Classified Ads: Noon, Tuesday

Subscriptions

Okanogan/Douglas Counties (yearly) print \$40
Okanogan/Douglas Counties (yearly) print & web \$45
In State (yearly) \$50
Out of State (yearly) \$50
Good Neighbor (monthly) print or web, or both \$5

Quad City Herald does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.

Letters policy The Quad City Herald welc

letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

News Tips

Have an idea for a story? Call Quad City Herald at 689-2507

On The Internet

website:
www.qcherald.com
e-mail:
qchreporter@gmail.com
advertising e-mail:
heraldads@qcherald.com



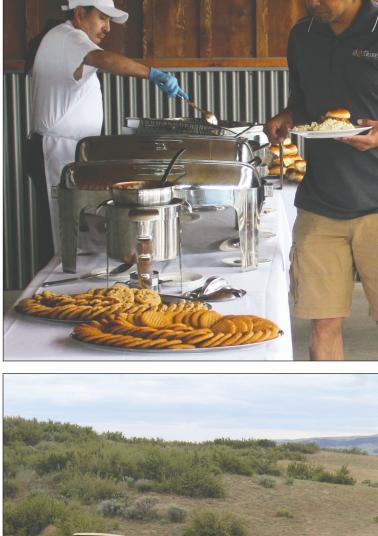
Newspaper Publishers Association Member

Washington

NCW Media Inc. prints on recycled newsprint with soy ink. Please Recycle











Senior Center will host Cherries Jubilee dessert contest

By Mike Maltais Staff writer

BREWSTER – The Pateros-Brewster-Bridgeport Senior Center will host a Cherries Jubilee Dessert Contest in conjunction with the Chamber's Cherries Jubilee celebration on Saturday, June 15. The Center doors will open at 11:30 a.m. to receive entries and dessert judging will begin at 1 p.m.

Senior Center President Kathy Lowry said the two requirements for entries are that the dessert must feature cherries as the main ingredient and must include the recipe. Lowry said she hopes to have pastry/dessert chefs from area food establishments on hand to serve as judges. First, second and third place winners will be selected.

winners will be selected.
In other business at the Center, SAIL (Stay Active and Independent for Life) classes will be held from 10-11 a.m. every Thursday throughout the summer.

'Hams' gather at 20th annual **Amateur Radio Campout**

By Mike Maltais STAFF WRITER

PATEROS - The 20th annual Okanogan County amateur Radio Club campout along the Methow River on Saturday and Sunday, May 18-19, drew some interesting members of the Amateur Radio Relay League (ARRL), a national association of amateur radio users, connecting hams around the U.S. with news, information and resources.

A gathering like the annual campout is one of the rare opportunities where amateur radio enthusiasts can actually meet one another in person and put faces to the voices that connect throughout the year. The Pateros campout drew participants as far away as Yakima, where ARRL Northwestern Division Vice Director Mark Tharp (KB7HDX) raises his antenna.

Tharp, a member of the Yakima County Radio Amateurs, **Eastern Washington Amateur** Radio Group, and the Western Washington DX Club, was licensed in 1989. He has held many volunteer positions in his organizations and has served at the Section Manager for the Eastern Washington Section for the past 15 years.

Tharp is involved with Yakima County Search and Rescue (SAR) where he serves as communications officer and participates in 4x4 and snowmobile searches.

"Yakima SAR owns a number of amateur repeaters and along with helping to maintain them I am trustee for the license, WA7SAR," Tharp said.

In his professional life Tharp is an operations and office manager at an equipment manufacturing company.

Roger Odorizzi of Chelan became a licensed ham operator in the early 1990s. He is currently president of the Lake Chelan Radio Club and Apple City Radio Club.

Odorizzi served 14-month military tour in Vietnam as a specialist combat engineer for the 19th Engineer Battalion. During his working career he Great Northern Railroad employee and spent 30 years as an

industrial electrician. Michael Pearson of Wapato was licenses in 2015 as a general class operator and owns ham shacks in Spokane and



Mike Maltais/QCH

ABOVE: Four campers at the 20th annual Okanogan County Amateur Radio Club Campout included, from left, Mike Mauk, Brewster, Roger Odorizzi, Chelan, Mark Tharp, Yakima, and Michael Pearson, Wapato. BELOW: The windsock flying from the 15-foot rod on Roger Odorizzi's camper made the campout location easy to spot.



Brewster resident Mike Mauk, who coordinated the campout, passed his technician exam in June 2010 and upgraded to a General license in Decem-

"My new hobby has given me the opportunity to talk to amateurs (hams) around the world, having made over 6,000 contacts including every state and 366 counties in the U.S., 180 countries, and six of the seven continents," Mauk said.

He has also reached into outer space.

"On May 11, 2018, I talked to an astronaut ("made voice contact") on the International space station as it passed over-

head NA1SS," Mauk said. Mauk has been a member of the Okanogan County Club since 2010, served as president for several years and is now secretary-treasurer. He is also a Volunteer Examiner qualified to administer FCC tests for amateur radio licenses.

ZONING

CONTINUED FROM PAGE A1

School program next year in partnership with the University of Washington, Central Washington University and Eastern Washington University and will offer 68 college credits next year.

Two public hearings involving zoning amendments to the comprehensive plan and the six-year street plan proceeded with public comment from Goodnight and Pateros School Board Chairman Grace Larsen who encouraged council members to approve the Public Use zoning.

Danison reviewed amendments to the comp plan with emphasis on expansion of the city's urban growth boundary. Danison said that in an attempt to facilitate more residential opportunities in the city, some areas were upzoned from residential duplex to residential medium density to high density residential.

"The idea is to create more opportunities for more hous-



Melinda Posner is the Parks Planner for the Washington **State Parks and Recreation** Commission.

ing in our city," Danison said.

Plan amendments also included a provision to allow chickens and small mammals within the city.

Council members voted to adopt the updated 2018 Comprehensive Plan. They also approved the city's six-year **Transportation Improvement** Program (TIP) to qualify for state and federal funding. The TIP will run from 2020-



NEED BONDED OFF-SITE WINE STORAGE?

Cool-Dark-Secure-Underground

509-782-1581

Jayne@cashmeremailing.com 203 Mission Ave, Room #110 - Cashmere



Director of Okanogan County

PEST CONTROL

STEVE'S PEST CONTROL

Over 35 years of experience!

Lael Duncan is Executive

BUSINESS & SERVICE

Community Action Council.

DIRECTORY TAXI SERVICE

Lake Chelan Cab + **AC Checker = Awesome Service!**

Welcome aboard Lorraine Henley **AC Checker** 509-682 TAXI (8294)

We can get you there • Concerts • Wine Tours • Airport or ?? Fast, Friendly, Reliable Service - Great Rates



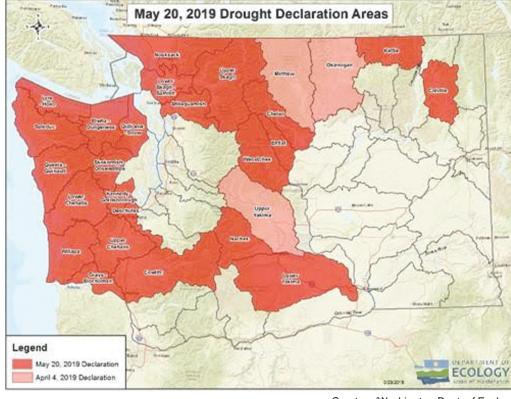
Three Rivers Hospital celebrates 70 years



Mike Maltais/QCH Three Rivers Hospital was the happening place last Friday, May 17, as staff, supporters and guests gathered to celebrate the hospital's 70th year of service together with the grand opening of its newly completed emergency room and clinic additions. Visitors were treated to refreshments, artwork, a prize drawing, special 70th anniversary cake and tours of the new facilities. **ABOVE: Framed artwork from** Methow Valley fourth grade students lined both walls of the clinic lobby. BELOW: CEO Scott Graham, center, speaks with attendees in the clinic lobby.







Courtesy/Washington Dept. of Ecology

Drought declaration areas of May 20 are shown in red. The three watersheds declared drought areas on April 4, are denoted by the salmon-shaded outlines.

DROUGHT

CONTINUED FROM PAGE A1

drought response will be available in early June," the DOE release said.

More information is available at the DOE website ecology. wa.gov/drought.





- Behavorial Health
 Orthodontics
 - Naturopathic Medicine
 - Reduced Fee Program
- Pharmacy Services
 Dental Care SE HABLA ESPAÑOL

Helping patients be their best selves . . .

with WHOLE PERSON health. Physical • Emotional • Social

1.800.660.2129

www.myfamilyhealth.org



Full Service Pest Control

 Free Inspections Crawl Space Repairs

Handyman Services

www.Steves-PestControl.com

Business or Service to this **Directory**

Call Ruth - 682-2213 or Lindsay 509-860-7301

OBITUARIES

David A. Lindeblad

David A Lindeblad, age 70, died from cancer on May 17, 2019 in Omak, WA. He left behind a wife, Elizabeth Fry, and daughter, Mary M. Lindeblad-Fry. They married June 22, 1985.

He was born on December 7, 1948. Dave grew up in Spokane, WA with his parents, Twila Anderson Lindeblad Rees (deceased), and Malvin Lindeblad (deceased). He also had a stepfather, Art Rees (deceased). He is survived by his siblings, Jim Lindeblad (Jean), John Lindeblad (Mary), Jerry Skalet, Gary Lindeblad (Kris), and Maryanne Lindeblad (Kevin Krueger). He spent his summers in North Dakota with his grandparents, Andy and Martha Anderson.

Dave graduated from North Central High School in 1967, and Eastern Washington University in 1971. He later received a master's in education history from EWU. He completed the courses, but not thesis for a Leadership in Education doctorate at Gonzaga University.

Dave spent two years in VISTA at the Puerto Rican Community Center in New London, Connecticut, where he learned Spanish. He then worked at Opportunities Industrialization Center in Spokane, WA.

In 1978 he moved to Omak, WA to teach at Wenatchee Valley College at Omak, and received tenure. He was also Dean for 15 years, and then returned to teaching. He taught Political Science, History, Philosophy and Communications. He helped many students and was greatly appreciated as a teacher, mentor, and colleague. He championed the Omak Campus in many ways and was awarded Wenatchee Valley College's Faculty Member of the Year in 2012.

He was diagnosed with Myeloid Dysplasia Syndrome in August 2017, received treatment at the Seattle Cancer Care Alliance and was in remission until February 2018. He relapsed and was diagnosed with Acute Myeloid Leukemia. He was treated in Omak.

He chaired the Omak Chamber of Commerce for two years. He also chaired and later was a member of the boards for the Okanogan Valley Orchestra and Chorus and the Performing Arts Center. He was on the board of the Okanogan County Historical Society. He was an active member of the St. Joseph Church and St. Mary's Mission.

He was a long-time member of the Okanogan Flyfishing Club. Flyfishing was his passion and he introduced many people to it. He asked that his epitaph be "Bon Vivant and Fisherman."

He was a dedicated life-long Democrat. He never had a hard word for anyone. He influenced many to continue with their educations.

People can donate to the Omak Wells Fargo Wenatchee Valley College at Omak Foundation David A Lindeblad Book Fund. account for students at Wenatchee Valley College at Omak.

The Community Rosary for Dave will be at 7 p.m. at the Omak

Long House on Friday, May 24, 2019. Dinner will follow. The Funeral Mass will be at 10 a.m. at the Omak Long House.

Breakfast will precede the Mass, and there will be dinner following. Internment will be at the Hall Creek Cemetery in Inchelium, WA after Mass.

Precht-Harris Nearents Chapel of Omak is handling the funeral arrangements, (509) 422-3333.

DEATH NOTICES

Jose Luis Martinez

Jose Luis Martinez, 78, of Bridgeport, WA. passed away on May 14, 2019. No services will be held.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

Lynda Williams

Lynda Williams, 71, of Brewster, WA. passed away on May 21, 2019. A Celebration of Life service will be Saturday, June 1, 2019, 10 a.m. at Barnes Chapel. Priviate Inurnment will follow on Saturday, June 1, 2019 at 11:30 a.m. at the Pateros Cemetery

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

COMMUNITY BULLETIN BOARD

Map Your Neighborhood Program in Pateros/Brewster

PATEROS/BREWSTER: Pateros and Brewster Citizens: Would you like to be more connected with your neighbors? Are you prepared to respond to disaster as a neighborhood? Do you know how to help or be helped in crisis situations? The Pateros/Brewster Community Resource Center has a solution! The "MAP YOUR NEIGHBORHOOD" PROGRAM. Contact Jessica at (509) 846-5101 or jessicaocdcm@ amail.com for more information.

Every Thursday through the summer

S.A.I.L classes

BREWSTER - S.A.I.L (Stay Active and Independent for Life) classes are Thursdays, 10-11 a.m. at the Brewster-Pateros-Bridgeport Senior Center.

Tuesday, Wednesday, Thursday

Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50. All diners are welcome.

Tuesday, Wednesday, Thursday

Brewster Senior Center Rummage Room

BREWSTER - Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 12:45 a.m. Tuesday through Thursday. Donations will be accepted during store hours at the back door for the Rummage Room. No children's clothing. They will take "small pieces of furniture and sometimes larger items.

May 24

Board Game Battle Royale

BRIDGEPORT - Do you have what it takes to be crowned our Board Game Battle Royale Champion? Come put your skills to the test on May 24, 3:30 p.m. at the Bridgeport Public Library. Compete in a two person team through rounds of 5 second rule, Bananagrams, Scattergories, and Taboo for your chance to participate in the final round of Jenga. There will only be one winning team, will you be on it? For additional information, contact Michelle at (509) 686-7281 or email bridgeport@ncrl.org.

May 24

Pancakes and politics

OMAK - The Okanogan County Democrats are gathering at Magoo's Restaurant (back room) in Omak on Saturday May 25, 9 -10 a.m., to have respectful, meaningful, and informal political discussions. Please join us for this casual "no host" breakfast, open to anyone interested in chatting about Democratic views. Contact Marlene Firth at (509) 997-9707 with any questions.

May 27

Study Group for Citizenship / Grupo de estudio para la ciudadanía

BRIDGEPORT - Join us at the library as we study materials and practice answering citizenship test questions on Mondays 1-2 p.m. at the Bridgeport Public Library. / Los lunes unase a nosotros en la biblioteca de Bridgeport de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 686-7281 or email atrejo@ ncrl.org.

May 27

TOPS meeting

BREWSTER - TOPS (Take Off Pounds Sensibly) meets Mondays, 10 a.m., Brewster Boys and Girls Club, 601 Cliff Ave W. Preteens, teens, adults - male, female welcome. First meeting is free. TOPS Club, Inc. ® is an affordable, nonprofit, weight-loss support and wellness education organization. Learn about nutrition, portion control, food planning, exercise, and motivation. For info: Joyce Anderson, Coordinator, (509) 922-8820, visit www.tops.org, call TOPS Headquarters, (800) 932-8677.

May 28

Citizenship Study Group/ Grupo de estudio para la ciudadanía

BREWSTER - Join us at the library as we study materials and practice answering citizenship test questions on Tuesdays 1-2 p.m. at the Brewster Public Llbrary. / Los martes unase a nosotros en la biblioteca de Brewster de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 689-4046 or email atrejo@ncrl.org.

May 29

Community Action Council board to meet

OKANOGAN - The Okanogan County Community Action Council Board of Directors will hold their Regular Board Meeting Wednesday, May 29, 5:15 p.m. at Community Action, 424 S. 2nd Avenue, Okanogan. The public is invited and encouraged to attend. "Leading a revolt on poverty through Education, Empowerment, and Engagement". If you have questions or need additional information contact Lael Duncan at OCCAC, (509) 422-4041.

Toddlers & Waddlers Storytime for Little Ones

BREWSTER - Looking for an exciting way to start off the day for your little ones? Join us at the Brewster Public Library for rhymes, stories and playtime every Wednesday at 11 a.m.

BREWSTER • BRIDGEPORT • PATEROS

For more information, Rebecca Zion at (509) 689-4046, email brewster@ncrl.org

May 29/yoga

June 11/meeting

Cancer Support Group, yoga class

CHELAN - The Women's Wellness Group, cancer support group, meets the second Tuesday of each month with lunch provided by the Wenatchee Wellness Place, at the Lake Chelan Community Hospital Board Room at 11:45 a.m. For more information, contact Anne at 682-8718.

Wellness/Restorative yoga, a guided practice of gentle yoga postures and movement designed for cancer survivors, individuals living with acute or chronic illnesses, and caregivers is available at no charge. This class is held each Wednesday at 3:45 p.m. at Yogachelan. Contact Yogachelan for more information.

June 4

American Legion Auxiliary #97 to meet

BREWSTER - American Legion Auxiliary Unit 97 of Brewster will meet Tuesday, June 4, beginning at 6 p.m. at the American Legion Post.

June 5

American Legion Post #97 to meet BREWSTER - American Legion Post 97 of Brewster will meet

Wednesday, June 5, beginning at 6 p.m. at the American Legion Post.

June 5

VFW Post #6853 to meet

CHELAN - VFW Post #6853 will meet at the Apple Cup Cafe at 6:30 p.m. They meet the first Tuesday of the month. To join the VFW call Post Commander Steve Palmbush at (509) 670-3346 or email: chelanvfw@gmail.com

June 5

North Cascades Sportsman's Club

CHELAN - The North Cascades Sportsman's Club Board meetings are held the first Wednesday of the month at 7 p.m. Meetings take place at the Chelan PUD located at 1034 E. Woodin Ave. in Chelan.

June 12

Lilac Services for the Blind meetings

WENATCHEE - The Wenatchee Valley Chapter of the Lilac Services For the Blind meets every second Wednesday of the month at 4 Kittitas St. across the street from the bus station in Wenatchee, second floor, at noon. All with sight impairment are welcome. For information: Rae Hail, (509) 888-7597. On Mondays and Tuesdays call (509) 423-5178.

June 14, 21

Brewster area monthly bus trips to **Omak and Wenatchee**

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is June 14. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month, June 21, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

June 14

VFW Auxiliary to meet - new location

CHELAN - VFW Post #6853 Auxiliary meets the second Friday of the month at the Heritage Heights Assisted Living meeting room, at 505 E. Highland Avenue, at 2 p.m. Anyone interested in joining can call Carol Palmbush at (509) 682-5624.

June 17

Compassionate Friends to meet WENATCHEE - The Compassionate Friends is an organization

offering friendship, understanding and hope to bereaved parents and their families. They are bereaved parents reaching out to bereaved parents. Anyone who has had a child or loved one die in their family is invited to their monthly meeting on Monday, June 17, 7-8:30 p.m., Grace Lutheran Church, 1408 Washington Street. For information: Carol, (509)860-3620.

FFA collecting aluminum PATEROS - The Pateros FFA has its aluminum collection recep-

tacle prominently positioned in the parking lots across from Pateros Memorial Park for deposits of aluminum cans and like metal. It's part of the group's fundraising efforts along with barbecues at many city and school events.

Subscribers - Help us, help you!

The digital age runs on email. So help us make sure we have your correct email address. Just send an email to circulation@ lakechelanmirror.com. Make sure to put your name, phone number and paper subscribed to, in the email so we can find you in our subscriber files.

Submitting your Bulletin Board item

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror.com, subject line QCH Bulletin. Deadline: Monday at 5 p.m. Be sure and include Date, time, place and cost if any.

D CITY CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

> **B**REWSTER SEVENTH-DAY ADVENTIST

CHURCH AND SCHOOL Saturday Bible Study 9:30 a.m. Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213

115 Valley Road, Brewster www.brewsteradventistschool.com Pastor Ryan Kilgore

CALVARY BAPTIST CHURCH



COMMUNITY LOG CHURCH Sunday Worship 10 a.m.

509-689-2224 • 501 W. Indian Avenue ww.communitylogchurch.com Pastor Gordon Wright

HOPE LUTHERAN CHURCH Sunday Worship 11:00 a.m. Holy Communion 1st, 3rd, & 5th Sunday

> Pastor Kevin Moore **NEW TESTAMENT BAPTIST** Sunday 10 a.m., 11 a.m. & 6 p.m.

Bible Study & Sunday School 10:00 a.m.

509-689-3106 • 1520 Sunset Dr.

Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible." - Matthew 19:26

Quad City qualifiers head for State Track Championships



Mike Maltais/QCH

Karste Wright qualified for the state high jump event.

By Mike Maltais STAFF WRITER

QUAD CITIES – More than two dozen Quad City athletes from Pateros to Waterville-Mansfield have qualified to compete in the WIAA 1B, 2B, 1A State Track and Field Championships from Thursday, May 23 - Saturday, May 25, at Eastern Washington University in Cheney.

The top five men and top four women from 1B and 2B District competition made the cut for the trip to Cheney. Among first place winners in the District round was Brewster's 4x400 men's relay team, Alfredo Nila in discus, and Karste Wright in high jump.

Issac Ochoa leads Bridgeport with a district first in the pole vault, and Yareli Palacio-Isidra finished first in discus.

Alex Poppie from Waterville-Mansfield took first in the triple jump.

Pateros sophomore Anna Williams will represent the 1B Nannies with a first in the 400 meters.

All state track qualifiers from Brewster, Bridgeport, Waterville-Mansfield and Pateros are listed as fol-

2B State Qualifiers Brewster Men

Ricky Vazquez: 4x400 Relay (1)

Jose Nila: 4x400 Relay (1),

1600M (4) Ubaldo Arellano: 4x400 Relay (1), High Jump (2), Triple Jump (2).

Ernie Nanamkin: 4x400 Relay (1), Javelin (3), Long Jump (3)

Alfredo Nila: Discus (1), Shot Put (2)

Geo Nila: Discus (4), Javelin (4)

Oscar Guzman: 1600M (4), 3200M (4)

Brewster Women Karste Wright: High Jump

Kim Nila: Javelin (3) Miriam Garcia: 4x400 (4) Halle Aparicio: 4c400 (4) Kelsey Ochoa: 4x400 (4) Melissa Garcia: 4x400 (4) Bridgeport Men

Issac Ochoa: Pole Vault (1). Triple Jump (3), Long Jump (4)

Ronaldo Ubaldo: 300M Hurdles (3)

Adrian Morales: Discus

Edgar Lopez: 110M Hur-

dles (4) Bridgeport Women

Yareli Palacio-Isidra: Discus (1), Shot Put (2)

Jennifer Farias: 4x200 Relay (3), x100 Relay (4) Josie Rios: 4x200 Relay

Monica Trejo: 4x200 Relay (3), 4x100 Relay (4)

Esmeralda Garcia: 4x200 Relay (3), 4x100 Relay (4) Anayeli Trejo: 4x100 Relay

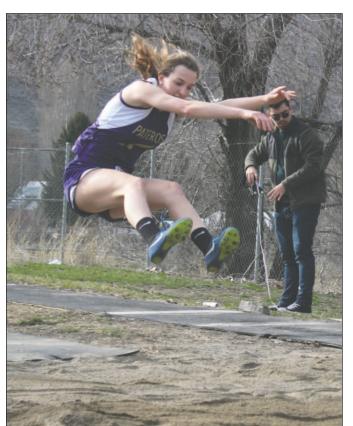
Karla Torres: Javelin (4) Waterville-Mansfield Women

Alex Poppie: Triple Jump (1), Long Jump (2), 200M (4) 1B State Qualifiers Pateros Men



Mike Maltais/QCH

Brewster's Ernie Nanamkin will compete in javelin, long jump and 4x400 relay



Mike Maltais/QCH

Pateros sophomore Anna Williams qualified for the state long jump, 100 meters, 200M and 400M.

Josh Smith: 400M (5), 4x400 Relay (5)

Danny Dowers: 4x400 Re-

lay (5)

Dilan Martinez: 4x400 Relay (5)

Elye Rachwitz: 4x400 Re-

lay (5) Pateros Women

Anna Williams: 400M (1), 100M (2), 200M (2), High Brewster senior Kim Nila will compete in javelin. Jump (2)



Courtesy Brewster Sports Facebook

Ricky Gonzalez will compete in the 4x400 relay.



Courtesy Brewster Sports Facebook

Meet Asotin May 24

Bears maul NWC, Colfax on road to state finals

By Mike Maltais, Staff writer

(Compiled from a report by coach Todd Phillips) SPOKANE - The Brewster Bears varsity baseball team is guaranteed no less than fourth place at State following two wins in Regional play against Northwest Christian (Colbert) and Colfax last Saturday, May 18.

Brewster ended the march of the NWC Crusaders, 7-0, in the first round of loser-out play at the Wenatchee Recreational Field, and grounded the Falcons, 11-1 in six innings in the round of eight later in the afternoon.

Defending state champion Tri-Cities Prep made it to the round of eight on a 3-1 win over Liberty Bell at Pete Orgill Field in Yakima but fell to Asotin, 1-0, to be eliminated. Next weekend's State finals at Centralia's Wheeler Field will pit the Bears against Asotin and Rainier against Kalama in the final four.

"We had a great day defensively against NWC," said Bears head coach Todd Phillips. "We had a pretty good day at the plate as well."

Brewster jumped out to an early 1-0 lead in the first in-

"I felt like scoring a run right off the bat gave us a slight mental edge," said Phillips adding that the only reason the

Bears didn't score two runs was prevented by a collision between runner Joe Taylor and a base umpire who was out of position. "Strangest thing ever," Phillips said.

It was quiet until the fourth inning when Ashworth walked and scored on a Logan McGuire double. McGuire stole third and scored on a Mason Kelly single.

"We really blew things open and sealed the deal in the fifth," Phillips said.

Taylor singled and went from first to third base on a failed pick-off attempt. Corey Jarrell walked and scored behind Taylor on a Quincy Vassar double.

"Pinch runner Jeff Sonneman want to third on a balk and scored on a passed ball," said Phillips. "With two outs Kade Kelpman drew a walk, stole second and scored our seventh run on another Kelly RBI single."

Phillips said the Crusaders' pitcher, Gunnar Kuehl "might have been the best straight pitcher we've seen all year" with 11 strike outs against the Bears.

Brewster's Connor Ashworth "was phenomenal on the mound again," said Phillips. "Connor took control of the game and was ready to go from the first pitch."

"We are extremely excited to punch our ticket back to the final four," said Phillips. "We are getting closer and closer to accomplishing the goals we established for ourselves this year."

Since the Bears placed second at State last year, it's not difficult to divine what one of those goals might be.

"We really came out and attacked the baseball in this game," said Phillips of the 10-run mercy rule finish. "We got an early lead when Taylor led off with a double, went to third on a passed ball and scored on a Jarrell RBI."

It just kept getting better from there as the Bears added another run in the second, two more in the third, one in the fourth, and three in the sixth. Meanwhile Colfax scored once in the second but were 10 rounds down by the sixth and final inning.

Brewster faces Asotin at 7 p.m. Friday, May 24, in Centralia. The winner will face the winner of Kalama - Rainier at 1 p.m. Saturday, May 25, for the title. The loser will play for third and fourth place at State.

Inning:	1	2	3	4	5	6	R	Н	E
Brewster:	1	1	2	1	3	3	11	9	2
Colfax:	0	1	0	0	0	0	1	3	3

Mustangs end State run with loss to Vashon Island

By Mike Maltais Staff writer

VASHON ISLAND - The

Mustangs varsity soccer team 16 bracket of the WIAA State saw its season come to an end with a 1-0 loser-out loss to Vashon Island in the round of

1A soccer Championships on Wednesday, May 15.

Bridgeport capped its season

with the Central Washington 2B League championship and third place in District 5/6 play leading up to their first round of state competition.

Last year, the Mustangs won the District 5/6 championship but lost in the first

round of state competition to Wahluke.

The Mustangs will graduate 16 seniors this year.

17TH ANNUAL CASCADE GOLF CLASSIC **LEAVENWORTH GOLF CLUB** All proceeds support the new 3D mammogram machine at Cascade Medical. Registration includes golf, cart, snacks, tee prizes, contests, team photo, dinner and more! For more info and registration: www.cascademedicalfoundation.org

Brewster softball heads to State playoffs

By Mike Maltais Staff writer

BREWSTER - The Lady Bears varsity softball team will enter the WIAA 2019 State Championships as the fourthseed team facing Chewelah

at 9 a.m. Friday, May 24, at the Gateway Sports Complex in Yakima.

In District 5/6 Regional competition at Paul Lauzier in Moses Lake last Saturday, May 18, the Lady Bears defeated Liberty Christian 13-3, before losing to Kittitas, 17-4, in the semifinals and 8-4 to Lake Roosevelt to finish in fourth place.

The winner of the round of 16 opener will face either Liberty Christian or Pe Ell.

Have a Community Story idea? Contact QCH reporter

Mike Maltais at 360-333-8483 or qchreporter@gmail.com

True Adventures of Riverboat Randy & Apple 'Apps' Aimee

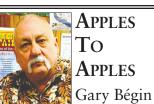
While floating along the Mighty Columbia one sunny Saturday near Lake Entiat, Riverboat Randy said to Apple Aimee, "Hey Apps, is it true that if I ate some turkey right now my system would be filled wid dem endolphins?'

That's right RR, Dem endolphins kills dem doldrums in yer system and makes you feel chipper.

"U mean dem Dems are feeding their con-sticht-chancy a bunchcha feel-good things to keep Dem votes?'

U-betcha, Apps channeled her best Sarah Palin in re-

Just then Randy had an epiphany, something he often does when conversing with Apple Aimee, as she has always been smarter than he:



"That must be why all Dem folks in Seattle are always so darn happy 'cause they got lotsa of dem endolphins swimming in that Putrid Sound.

"You betcha Apps. Speakin' of putrid, I sent the Precedent a letter about Dem folks in Olympia takin' my tax and usin' it fer Dem whales, but I never did get a response."

Of course not silly RR. You dun spelt Prezdent wrong. He probly neva got it.

"Well Apps, maybe you & I should float that way & scare some of Dem whales so they go south or north where Dem Canadian Socialists or Dem Oregon Socialists can deal wid dem?'

Why bother RR. You kno all dem folks over dat way will just pass another law sayin' we gots to feed dem whales special Washin-ton food so's day stay here and keep dem greenie folks happy.

"What you mean by 'special Washin-ton food' Apps?"

RR - now you bein' silly. If we feed dem whales edible mary jane then day be happy and dat means day would

"But Apps, it would take the entire crop of the entire country to satisfy dem whalelovin' folks cause you kno day gots dat big hunger to use up

You right Baby Boy and besides dat, we gots all dem dam Dems on dem x-clusiv river commune-ities & ain't no way we getting to the coast anyways.

"Does ya mean dam Dems or dem dams?"

Ain't no matta what you call 'em, just watch your wallet cause day be actin' like drunken sailors in Bangkok

"Apps it ain't nice to badmouth sailors that way by comparin' the two. Sailors in Bangkok have far more integrity den wastin' money on whales, even on payday.'

Being an enterprising couple, Apps and RR figured out a way to get television shows while floating on the

river using heavy duty foil tied to the mast as a receiver. That's when day heard a sportscaster say somethin' even day thought was a bit

"Apps, dat talkin' head former jock said he saw a show on TV and it was called Law & Order: SUV '

I guess it must be a show about bad guys bein' chased by cops in SUVs?

'Well Apps, I think itsa bout crimes committed while in SUVs.'

You mean like murder, rape, extortion, hacking and bad stuff like dat?

"No Apps, I mean really bad crimes like figurin' out the next project dats gonna suck-up our tax dollars once dem Dems save the whales."

You be right RR, we should devote some serious face time to decipherin' the smoke signals from the WestSide.

"Smoke is the right word Apps. Dem folks probly smoke up a storm at some all night soiree decidin' to save some other critters and not just whales."

Well RR, said Apps sarcastically, we could always use lotsa more bears and cougars roamin' the woods in North Central Washington.

"Don't forget the wolves." Look on the bright side RR, at least dem Dems hadn't yet figured out how to put feet on dem whales in dat Putrid Sound and herd dem this-away.

'True dat, Apps, true

Advisory committee to meet to discuss Title II project proposals

SUBMITTED BY USFS

WENATCHEE - The Resource Advisory Committee for the Okanogan-Wenatchee National Forest will meet on two upcoming dates to discuss potential funding for projects that benefit watersheds and forest-related resources on national forest lands in Okanogan, Chelan, Kittitas, and Yakima Counties. Thirty-five projects will be reviewed by the com-

Projects in Kittitas and Yakima counties will be reviewed on May 23, and projects for Chelan and Oka-

nogan counties on May 30. Both meetings will start at 9 a.m. and end around 3:30 p.m. and will be held at the Okanogan-Wenatchee National Forest headquarters office downstairs meeting room at 215 Melody Lane in Wenatchee.

"Initially we had planned to have three advisory committee meetings," said Deputy Forest Supervisor Erick Walker. "We received fewer project applications this year so we are able to consolidate review of all of the project proposals into two meetings instead of three. If additional time is required to complete selection and prioritization of projects, a third meeting will occur on June 13."

The Okanogan-Wenatchee National Forest has submitted 21 project proposals requesting Title II funding for toilet/outhouse replacements, burned fence repair, noxious weed control, trail maintenance and reconstruction, campground infrastructure improvements and repairs, abandoned vehicle and litter removal, road repair and stabilization work, and bulletin board and interpretive signs development.

Other projects include proposals from Chelan County and Okanogan County Noxious Weed Boards and Washington State University for noxious weed control, from Methow Valley Trails Collaborative for fuels reduction and trail work, from Evergreen Mountain Bike Alliance, The Nature Conservancy, and Chelan County Natural Resource Department for trail system maintenance and restoration, from Leavenworth Winter Sports Club for Ski Hill improvement projects, and from Mountains to Sound Greenway Trust and Mid-Columbia Fisheries Group for

and picnic shelter restoration projects.

"Many good projects have been proposed and a little over \$990,000 in Title II funds are available," Walker said. "Over the years, these funds have paid for hundreds of projects benefitting the national forest and have supported the public's use and enjoyment of the national forest."

During the past 18 years over \$10 million in Title II funding has been allocated to projects on or adjacent to the Okanogan-Wenatchee National Forest in Okanogan, Chelan, Kittitas, and Yakima counties.

Advisory committee members represent a wide variety of citizen interests and are residents of each of the four counties within the two national forests. The committee's funding recommendations will be forwarded to the Okanogan-Wenatchee National Forest Supervisor for final approval.

Funding for these projects is through Title II of the Secure Rural Schools and Community Self-Determination Act of 2000.

All committee meetings are open to the public.

Governor signs law strengthening MMR immunization requirements

SUBMITTED BY WASHINGTON STATE DEPT. OF HEALTH

VANCOUVER - Governor Jay Inslee has signed EHB 1638, updating Washington state's school and child care immunization requirements to remove the personal/philosophical exemption for the measles, mumps and rubella (MMR) vaccine.

"Measles outbreaks across the US demonstrate why this bill is so vitally important. As a nation, we must step up our leadership to educate the public about the critical role vaccines have in keeping us healthy and safe, and continue working with communities to improve vaccination rates," said Washington State Secretary of Health John Wiesman. "We're grateful for the Legislature and Governor Inslee's dedication to protecting public health and for the leadership of Representative Harris and Senator Cleveland."

The Department of Health will work with schools and child cares to make sure they are ready to take in students, track records and guide parents through the new law. The law takes effect July 28, 2019 and applies to public and private schools and child cares.

The department will also work to ensure parents and guardians are well-informed and prepared to get the right immunizations to comply with the law before they send their children to school or child care. Most parents choose to vaccinate their children and will not

be affected by the changes.

campground maintenance

Studies show the existence of personal belief exemptions, and the ease of getting them, is directly linked to reduced vaccination rates and a growing incidence of disease, particularly measles.

In the 2017-2018 school year, the kindergarten exemption rate in Washington was more than twice the national average. In addition, children with non-medical exemptions tend to live and go to school in geographic clusters. Across the

state, there are areas with high exemption levels and pockets of under-vaccinated children at risk of outbreaks.

The law also includes a new requirement for employees and volunteers at child care centers to provide records indicating they have received the MMR vaccine or proof of immunity. The requirement will help protect the young children they work with, who are most vulnerable to dis-

More information on the

implementation of the law will be available soon on the Department of Health's website. If you need to check whether you or your child meets the MMR vaccine requirements, there are several ways you can access your family's immunization records.

The DOH website is your source for a healthy dose of information. Also, find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connec-

Red Cross: Critical type O blood shortage; donors needed now

All donors who come to give by June 10 receive a \$5 Amazon. com Gift Card in thanks

SUBMITTED BY American Red Cross

WINTHROP — The American Red Cross has a critical shortage of type O blood and urges eligible donors to give now to help patients facing trauma and other life-threatening situations. As a thankyou for helping replenish the blood supply, all donors who come to give blood or platelets now through June 10 will ations. receive a \$5 Amazon.com Gift Card via email.

Right now, the Red Cross has less than a two-day supply of type O blood available for emergency rooms, where it can be most critical. That means just six units of type O blood are available for every 100,000 people, but at least 14 are needed every day. While just 7% of the U.S. population has type O negative blood, it can be transfused to patients with any blood type and is what hospital staff reach for during emergencies when there isn't time to determine a patient's blood type. Type O positive blood is the most transfused blood type and is also critical in trauma situ-

"All blood types are urgently needed, but we're facing a critical shortage of type O blood - the blood group most needed by hospitals," said Cliff Numark, senior vice president, Red Cross Blood Services. "Because it's vitally important for hospitals to have type O blood available when every second counts, type O donors are urged to donate now and make a point to donate often."

The Red Cross collected approximately 11,500 fewer type O blood donations than needed to sustain a sufficient blood supply. Spring break schedules are known to decrease blood donations, and schools, including high

schools and colleges, begin to host fewer blood drives in late spring as school years end. Because these drives account for about 20% of blood donations during the school year, less drives can also greatly affect the blood supply.

Donations needed now

Donors of all blood types, especially type O, are urged to urged to make an appointment to donate using the Blood Donor App, at Red-CrossBlood.org or by calling 1-800-RED CROSS (1-800-733-2767). Eligible donors with type O blood are encouraged to make a whole blood or Power Red donation, where available. During a Power Red donation, donors give a concentrated dose of red blood cells during a single donation, allowing them to

maximize their impact. In thanks, all those who come to donate blood or platelets with the Red Cross May 1 through June 10, 2019, will receive a \$5 Amazon.com Gift Card via email. (Restrictions apply; see amazon.com/ gc-legal. More information and details are available at RedCrossBlood.org/Together.) Additionally, those who come to give May 24-28 will receive an exclusive Red Cross-branded T-shirt, while supplies last.

How blood shortages affect hospitals

Blood shortages are not uncommon and can have a direct impact on patient care. Dr. Atif Shafqat, an oncologist and hematologist at Missouri Baptist Medical Center in St. Louis, says that hospitals face consistent shortages of blood products year-round, even causing some surgeons to delay elective procedures because of individual shortages. "When I ask our blood bank director the toughest part of her job, she always tells me it is these shortages and how to deal with them,"

he said. Despite these challenges, hospitals and the Red Cross work to ensure patients have the blood products they need, but that can only happen when a volunteer donor rolls up a sleeve to give. "This is all possible thanks to the volunteers and the blood donors who are giving this generous gift," said Shafqat.

How to help

Eligible donors can find a blood or platelet donation opportunity and schedule an appointment to donate by using the free Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767). Donation appointments and completion of a RapidPass® are encouraged to help speed up the donation process. RapidPass lets donors complete the predonation reading and answer the health history questionnaire online, on the day of their donation, from the convenience of a mobile device or computer, or through the Blood Donor App.

Those interested in hosting a blood drive can learn more and sign up to sponsor a drive this summer by visiting RedCrossBlood.org/ HostADrive.

Upcoming blood donation opportunities

Winthrop: May 23: 12 p.m. - 5 p.m., The Barn, 51 Highway 20

About the American Red Cross: The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-forprofit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us

on Twitter at @RedCross.

New hires • promotions • special training • awards Share your company's news with our communities.

Free

Keeping up with people submissions are printed as space is available.

Include a photo (opt.)

Send by: Noon on Thursday.

Send to:

Lake Chelan Mirror Quad City Herald P.O. Box 249 Chelan, WA 98816

Phone: 509-682-2213

Email:

RuthK@LakeChelanMirror.com 310 E. Johnson Avenue, Chelan

Announce your event!

·Weddings ·Engagements ·Births ·Anniversaries ·Any major milestone



509-689-2507 P.O. Box 37 Brewster, WA 98812 heraldads@qcherald.com circulation@qcherald.com



509-682-2213 315 E. Woodin Ave. P.O. Box 249 Chelan, WA 98816

mirrorads@lakechelanmirror.com

Ready to sell or buy? LESTATE

Homes • Cabins • Condos • Acreage Commercial Property • Investments • Businesses



and reach all of North Central Washington

BUSINESSJOURNAL



PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act, which SPRONTING Makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will

not knowingly accept any advertising for real estate that is in violation

of the law. To complain of discrimination call HUD at 1-800-669-9777.

The number for hearing impaired is

1-800-927-9275

CORRECTIONS: NCW Media Inc. shall be responsible fo corrections to advertisement: on the first publication only The advertiser will be responsi ble for corrections made there after. NCW Media Inc. shall no be responsible for sligh changes or typographical er rors that do not lessen the value of the advertisement NCW Media Inc.'s liability fo other errors or omissions ir connection with an advertise ment is strictly limited to the publication of the advertise ment in any subsequent issue No monetary refunds will be given. For more information call (509) 548-5286.



ORCHARDS & FARMS

We have buyers for your Pear, Apple and Cherry Orchards!

509-669-4500 information@nwi.net



BUSINESS OPPORTUNITY



Profitable Flower Shop For Sale Kashmir Gardens Florist,

is a successful, well-known, respected business, and a Cashmere mainstay since 1949. Great growth potential! Owner retiring. Asking 35K. Includes inventory, equipment, and displays. Terms-cash. Building is for sale separately. 509-782-2071 Kashmirgardens florist@yahoo.com

FOR RENT

Available now. Manson 3 bedroom, 2 bath home with shop, park-like setting on two acres with creek. \$2,000 per month. First/ last/deposit. (206) 817-3071, (425) 231-2813.

Chelan, 1 bedroom duplex. Year around. AC. No pets. \$775 month, includes all utilities. References. Deposit. 509-682-2460.



ANNOUNCEMENTS

SUBSCRIBERS WE NEED YOUR HELP!

Publishing is a new world

It's not just ink on paper anymore.

We would like you to send us your **EMAIL ADDRESS** so we can serve you more efficiently.

Please send an email

to Circulation with your name, paper(s) you subscribe to and your phone number

circulation@ lakechelanmirror.com

Thank You!

HAPPY ADS

ANNOUNCE IT IN THE **CLASSIFIEDS**

AT NCWMarket.com

*HAPPY BIRTHDAY

*I'M SORRY!!

*Happy Anniversary

Only \$15 for 30 days

*CONGRATULATIONS!

WILL YOU MARRY ME?

includes 3 photos

Lost & Found

Lost in Chelan Falls PUD Parking Lot May 13: Blue ABU Garcia reel and blue Loomis 8 foot 2-piece pole. Call Chris Dodson, 509-669-2318.

HELP WANTED

Full and Part-Time Bed Maker, Laundry and Housekeeping

_eavenworth Enzian Inn hiring for full and part-time Housekeeping Laundry / Bed Makers Enjoy competitive а wagé and positive working environment. Shifts typically begin at 9:00 and end between 2:00 -4:00 daily. Hotel ameni ties such as fitness room indoor pool and jacuzz are available to employ ees and their immediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

Part Time Dental Hygienist

Our office is a well established practice in beautiful Leavenworth. We are seeking a professional, caring, enthusiastic individual to call our dental practice home one day a week, 8 a.m.-5 p.m. Dentrix Knowledge of and Spanish software speaking a plus. Please send a cover letter and resume either by mail or drop off at: Dr. Bradford O'Brien

11779 Hwy. 2, Ste #201 Leavenworth, WA. 98826 509-548-5415 Contact: Trinice Lak.

HELP WANTED

Manson School District located on the beautiful shores of Lake Chelan is seeking applicants for the following position:

Options Teacher for the 2019-2020 school year.

Detailed job description and online application process are available at: https://www.manson.org/ Page/609. EOE.

Question please call Lorrie or Matt at (509) 687-3140

Manson School **District**

located on the beautiful shores of Lake Chelan is seeking applicants for the following positions.

Secondary Counselor for the 2019-2020 school year.

Detailed job description and online application process are available at: https://www.manson.org/ Page/60. EOE. Question please call Lorrie or Matt at (509) 687-3140



The Cascade School District is seeking qualified applicants for the following position:

Icicle River Middle School Counselor

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE



Mirror

Is looking for a talented writer/ photographer to report on the news of the Chelan Valley. Lake Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love community attend to events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:

Publisher NCW Media, Inc PO Box 39 Leavenworth, WA 98826 or email to Publisher@ leavenworthecho.com



now hiring part-time/ full-time summer help. Need to be available for and evening shifts. Fast paced envi-Come in and

Local Employee in our Classifieds Ads.

Deadline Monday at noon for the paper Lake Chelan Mirror <u>Leavenworth/</u> **Cashmere** Deadline Tuesday

at noon **Quad City Herald**

HELP WANTED

Wanted maintenance and groundkeeper for Brewster and Bridgeport area. Full-time. Roving between properties. Send resume to assistant@uminc.net.



Nurse Navigator: This position offers a \$5,000 on bonus. sign Must have two years of Cardiexperience ology and make a 2 year commitment to Confluence Health/ Relocation available DOE

Medical **Assistant** \$2,000 Sign Certified: on Bonus for experienced Certified Medical Assistants. Active DOH Washington State Medical Assistant Certification. One year Medical Assistant experience re-(MA-C) quired. One year employment commitment with Confluence Health. Relocation available DOE

For a detailed overview of job duties and to apply, please refer to our career website below: https://www.

confluencehealth.org/ career-opportunities

The Stehekin School District is seeking a qualified individual for the following position:

Elementary School Teacher

Applications are accepted on-line only. If you have any questions regarding our on-line process please contact Human Resources at NCESD, 430 Olds Station Rd., Wenatchee,

WA 98801, <u>509.667.7100</u> or http://www.ncesd.org

A completed application packet is required. **Equal Opportunity** Employer

Chelan County Cemetery District #4 in Chelan, is hiring a seasonal assistant sexton. Hours and days may vary. Ability to lift 70 lbs. required. Experience using mowand other preferred. equipment Send letters of interest to PO Box 1299, Chelan, WA 98816.

Full Charge Bookkeeper Manufacturing company serving an international customer base seeks responsible and motivated Full Charge Bookkeeper. Proficiency in Quick-Books accounting and pavroll. excellent Excel payroll, excellent spreadsheet abilities, budget creation, polished writing and communication skills are required. Send resume and references to P.O. 242, Box Leavenworth,

WA., 98826.

or part-time

Great opportunity for retired person or for younger person planning to own their own business. No experience required. Computer skills helpful. Call Ellie, Your Family Name, 933

Full

clerk.

Front Street, Suite D. 1-425-319-9869.

SUDOKU

The support you need to find quality SENIOR LIVING SOLUTIONS

A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.

There's no cost to you!

CALL (855) 439-6734

aPlaceforMom.



StatePoint Medi

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



Over built. Under priced. Was \$750,000. Now \$550,000.

Short walk to Bridgeport's no stop light, post office, medical center, sheriff's office, markets, library, etc. Where quality living on the river trumps big city location, location, location. 3,854 square feet. Three bed (possibly five), three full baths includes his, hers, and three 1/2 baths.



Large professional kitchen. Elevator to three floors. Much, much more. Call for flattering publications.

See more info at www.ncwmarklet.com

Possible owner financing. Call 602-625-5376

CROSSWORD PUZZLE 1. First notation on musical staff 57. Enthusiasm 1-888-416-7103

THEME: U.S. TRIVIA 5. Took a load off

8. Wharton degree to Earth in 1979 11. *Skylab 12. Delĥi wrap 13. Same as vial 15. FBI assignment

16. Campus hangout 7. More than one iamb 18. *Location of longest cave system in the world

20. *First Nation nation 21. What a spooked horse does, with away

23. Post-graduate "journey" 26. *Military College of South Carolina, 30. *Beehive State native 31. Expect to be true

34. *RḃG's garb 35. Tax of one tenth 37. *Rockefeller's industry 38. Type of digital storage

39. Pelvic bones 40. Caribbean rattle 42. *Anna Jarvis' honoree 43. Reusable pattern painting device 45. *State with longest coastline

47. Popular white fish 48. Winchester 30-30, e.g. 50. Country alliance 52. *World's largest office building 55. The Commodores' " House' 56. Indian music

Business," movie 60. In Tiger's bag 61. Aquarium organism 62. Electric guitar hookup 63. Greenwich time 64. Tandoori bread

1. Olden-day aerosol can propellant Julian Assange's announcement?
 Other than what's implied 4. Strip fat like a whale

5. Impertinence Middle Eastern vodka, pl. 7. Not a slob, adj 8. Play charades

*Géorge Herman Ruth's nickname 10. *Boxer and conscientious objector 12. Knight in training Lace loop 14. *First university in the U.S.

19. "And Then ____ Were None"
22. What Tom Collins and Gibson have in common 23. Skin, anatomically speaking 24. Like Tower of Pisa

25. Change shoelace knot, e.g.

26. Soda jerk's offering 27. Boarding school dwellings 28. Book on a NOOK 29. Helping theorem 32. *U.S. has the world's largest

Royale 36. *First to sign Declaration of Independence 38. Type of lily 40. Prefix for central

41. Type of tunic 44. Overly self-confident 46. Thessaloniki sea 48. Give new guns 49. Gold bar 50. Panama part

58. A Bobbsey twin

reserves of this

51. Pronounce s sound like th 52. Arrogant snob 53. Paella pot 54. Half human, half cobra in Hinduism 55. Lingerie staple

Heidleburger Drive

weekend ronment. talk to Niki.12708 Hwy. 2.

Find the Best Qualified

Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for one low price.

HELP WANTED

Full and Part-Time Breakfast Catering Staff

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. present Prepare, and serve the daily breakfast buffet and at catered functions.

Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person. 590 Hwy. 2 Leavenworth.

PUZZLE SOLUTION

С	L	Ε	F			S	Α	Т				М	В	Α
F	Ε	L	L		S	Α	R	1		Ρ	Н	1	Α	L
С	Α	S	Е	_	α	U	Α	D		\perp	Α	М	В	1
	Κ	Е	N	Т	U	С	Κ	Υ		С	R	Е	Ε	
Щ	_	_	S	Н	1	Ε	S		G	0	٧		_	
С	Α	R	Ε	Е	R			С	1	Т	Α	D	Ε	L
U	Т	Ε		R	Ε	С	K	0	Ν		R	0	В	E
T	1	Т	Н	Е		0	1	L		С	D	R	0	М
	L	1	Α	_	М	A	R	Α	С	Α		М	0	М
S	Т	Ε	N	С	1	L			A	L	Α	S	K	Α
			С	0	D	_	R	1	F	L	E	_	N	
В	В	L	0	C		Р	E	N	T A	Α	G	0	N	N
В	R	S	C K	Y		R	A R	G	N		E A		A G	-
R	M	P	n	Ť		G	M	Т	IN		A	L A	А	A N
Δ	IVI	г				G	IVI	-			IN	М	^	IN
9	Τ	4	2	2	5	Τ	6	3	3	7	Т	8	[١
5	Τ	3	6	3	1	T	8	7	7	9	T	2	2	1
7	Ť	8	1	П	2	Ť	9	7	1	5	1	3	1	3
2	Ť	6	4	ī	3	Ť	5	Ş	9	8	Ť	1	7	7
1	Ť	5	7	7	4	Ť	2	8	3	6	Ť	9	3	3
8	Ť	9	13	3	6	Ť	7	7	ī	2	Ť	4	5	5
3	Ť	7	5	5	9	Ť	4	2	2	1	Ť	6	8	3
6	Ť	1	3	9	8	Ť	3	Ę	5	4	1	7	2	2
4	T	2	8	3	7	T	1	6	3	3	T	5	3	•
1 1														

GARAGE & YARD SALE



Fill your pockets with \$\$ CASH \$\$ Let others know what items you are selling!

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth/ Cashmere Deadline Tuesday at noon Quad City Herald

Your ad will appear online and in the newspaper for one low price.

GENERAL MERCHANDISE

SPECIAL Fundraiser for Autumn Leaf Festival **Leavenworth Cards** With sayings like Happy Birthday! I Miss You--Wish You Were Here (in Leavenworth.) and many others. Regular cost \$3.99 Selling for \$1.50 Pick up one or more and donate to a family, friendly festival organization. Stop by The Leavenworth Echo 215-14th Street.



the best online promotion available

Open 9-5 weekdays.

BOATS & TRAILERS



Marina, Chelan 40 ft. deep water slip with electric and water to slip. Waste dump. Clubwith showers. lhouse lounge with TV, bar, and kitchen for members use. Lanai seating with |fire pit and barbecue. Slip B10 is best location. Secure parking. 808-298-1031.

PUBLIC NOTICES

PATEROS SCHOOL DISTRICT NO. 122-70J BOARD OF DIRECTORS REGULAR MEETING DAY & TIME CHANGE Tuesday, May 28, 2019 at 5:45 pm

As directed by the Board of Directors of the Pateros School District 122-70J; the Regular May School Board Meeting will be held at 5:45 pm on Tuesday, May 28, 2019 in the Pateros School Library.

The Pateros School District is a barrier free facility accessible to persons with disabilities. Additional information is available in the superintendent's office 509-923-2751 ext. 4.

Greg Goodnight Clerk of the Board Pateros School District Published in the Quad City Herald May 23, 2019. #85097

CITY OF PATEROS NOTICE OF PUBLIC WORKS SMALL WORKS ROSTER

The City of Pateros is accepting applications for our Public Works Small Works Roster. Small works contracts are for public works projects of which the estimated cost of construction and/or services is less than \$200,000.

A Small Works Roster application may be requested by contacting the City of Pateros at 509.923.2571 or pateros@swift-stream.com or a written request at: City of Pateros, PO Box 8, Pateros, WA

Once added to the roster, qualified firms will remain on the roster for a period of three (3)

ter for a period of three (3) years.
Published in the Quad City Herald May 23, 2019. #85204

IN THE SUPERIOR COURT OF
THE STATE OF
WASHINGTON
COUNTY OF CHELAN
IN PROBATE
In the Matter of the Estate
of
WANDA D. GODBEY,
Deceased.
NO. 19-4-00140-04
PROBATE NOTICE TO

CREDITORS
(RCW 11.40.030)
Co-Personal Representanamed below have been appointed as Co-Personal Representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be baned by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 serving on or mailing to the Co-Personal Representatives or Co-Personal Representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Co-Personal Representatives served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: May 23; 2019

By: PORTIA GODBEYPAULI, Co-Personal Representative Address: 727 Golf Course Drive Chelan,WA 98816 By: JINX GODBEY FREELS, Co-Personal Representative Address: PO Box 579

Brewster, WA 98812

Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD. P.S. By: EVAN M. MCCAULEY, WSBA No. 44285 PO Box 1688 Wenatchee,WA 98807-1688

CHELAN COUNTY CLERK'S OFFICE
Ms. Kim Morrison, Clerk
Chelan County Superior Court
350 Orondo Avenue, Suite 501
Wenatchee, WA 98801-2885
Published in the Quad City Herald
May 23, 30 and June 6, 2019.

Soothing relief for those itchy eyes due to allergies

Q:When my allergies kick up, my eyes get red and itch like crazy. Visine® eye drops don't really help me. Is there anything else I can try?

Years ago, I bought my "dream" car, a classic jet-black 1985 Jeep CJ7 hardtop. I could hardly wait to take it cruising the back roads, so we took the top off and spent the following Saturday afternoon driving through the gently rolling hills of central Ohio. Moist earth warmed by the day's mid-August heat greeted us as we crested each hill, its rows of tall stalks of corn alternating with lush fields of bushy soybeans.

Saturday afternoon was magic, but Sunday morning was a nightmare as I woke up with a completely stuffed up nose and eyes that itched like fire.

I moaned to my husband, Charlie, "What could have set off my allergies? The only thing I'm allergic to is ragweed, and we drove past corn and soybeans."

"I hate to tell you, honey, but we definitely drove past ragweed yesterday. I saw TONS of it growing thick in the ditches by the sides of the road."

"Aaargh!"

Do you need to soothe the discomfort of itchy eyes from allergies gone wild? You'll find several types of eye drops available without a prescription. How do you choose the best one?

Lubricating eye drops can ease burning and help relieve dryness. Systane®, GenTeal® or Refresh® help reduce the "sand in your eyes" feeling by flushing pesky pollens away, but can't shut down your allergic reaction once it starts.

Decongestant eye drops help your eyes look less red or "bloodshot" by shrinking the blood vessels in the whites of your eyes. They can help reduce puffiness around your eyelids but don't help reduce allergic reactions.

Naphazoline is the only decongestant eye drop available without a prescription. It's sold both as Naphcon® and combined with an antihistamine as Visine-A® and Naphcon-A® (the "A" stands for antihistamine). Eye drops containing naphazoline can cause trigger dry eyes and aggravate certain types of glaucoma, threatening your vision. Because of this risk, naphazoline eye drops are



Call now to place an ad (509) 293-6780 (509) 682-2213 ext. 6531



only for short-term use; avoid using them for more than 3 days at a time, and if you have glaucoma you should avoid naphazoline entirely.

Antihistamine eye drops help reverse eye itching and swelling from allergies. Pheniramine maleate is an antihistamine available in both Visine-A® and Naphcon-A® eye drops, but they also contain the decongestant naphazoline, which limits their safe use to only 3 days at a time.

The most effective eye drops to use when allergies strike is ketotifen. Ketotifen works both by helping prevent an allergic reaction and by calming it down once it starts.

When you come in contact with something you are allergic to, it triggers a chain reaction leading to redness, swelling and itching. This reaction is triggered by a chemical called histamine. Your body stores histamine

in special cells called mast cells, and when it recognizes pollen or cat dander as something you are allergic to, these mast cells open up and release histamine into your bloodstream, creating the misery of an allergic reaction.

Medicines called mast cell stabilizers BLOCK this chain reaction from starting by keeping histamine safely locked up inside your mast cells. Ketotifen is a mast cell stabilizer. Using ketotifen eye drops, I could drive past ditches full of blooming ragweed without suffering the next day because it keeps histamine safely inside my mast cells.

But ketotifen is not just a mast cell stabilizer, it works as an antihistamine, too, able to both prevent and relieve allergic reactions. Once sold as the prescription drug Zatidor®, ketotifen is sold both as a generic and Alaway® brand eye drops.

Here are 4 Tips on Using Eye Drops for Allergies:

1. Avoid naphazoline eye drops.

Decongestant eye drops don't address the allergic reaction, and only reduce redness. Limit naphazoline eye drops use to three days at a time, and avoid it completely if you have glaucoma.

2.Ketotifen is the best nonprescription eye drop for allergies.

Ketotifen works both as an antihistamine and mast cell stabilizer. It is available as an inexpensive generic and very safe to use, even in children as young as 3 years old.

3.Use only one drop in each eye.

Any more than one drop at a time will just run out and be wasted. Wait a bit before giving yourself another dose.

4.Keep it clean.

Always wash your hands first and avoid touching the tip of the dropper directly to your eye or to any other surface.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com. ®2019 Louise Achey



FGHO PARCHE INTERPOR RECORD On-line only - **\$40** – includes E-edition of paper exactly as printed **Your Only** FERALD MIRROR FCHO Locally Print only out of state - \$50 per year **Owned** FERALD FCEO RECORD Newspaper Company Out of Country only available as on-line edition NCW Media Inc. Attn: Circulation Ph: 509-293-6780 Fax: 509-682-4209 P.O. Box 249 Chelan, WA 98816 Email: circulation@lakechelanmirror.com Name of person ordering: Publishers of: Email: Send gift subscription to: RECORD Address: MIRROR Phone: Payment information (pay by credit card or check): Credit Card number: Paying by check? Check enclosed: □Visa □MasterCard □Discover

RYING TO AND BUSH MADE BUSH ER?



Here's a better option Advertise it on

NCWMarket.com

Run it till it sells - Automotive (\$25.00)

Don't just park your car on the side of the road with a "For Sale" sign!

Promote it on the web for one low price where local buyers can see it at their leisure.

- Includes up to 3 photos
- Includes videoUnlimited desc
- Unlimited description
- Google map to your location (or you can opt out)
- Privacy link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it. You can renew it for an additional 12 months at no additional charge.