

Mansfield knows how to throw a party



Kim and Dan Webster accept the Wall of Fame award from Brewster School Superintendent Eric Driessen.

These two kids were some of the youngest competitors for the Fancy Wheels Award at the Mansfield Playdays - The Town at the End of the Rails held on June 7-9. See B1 for story and photos



Mike Maltais/QCH Darold Brandenburg of Twisp was last year's Car Show winner with his 1968 Chev Malibu. BELOW: The Brewster Food Bank is raffling off this hand-painted crosscut saw. Many sponsors sign on

2nd annual Cherries Jubilee will be bigger

BY MIKE MALTAIS STAFF WRITER

day. Performances will include the Washington State Nashville Stars from 11 a.m.- 2 p.m., BREWSTER – If sponsor singer/songwriter Brittany participation is any measure Jean from 4-6 p.m. and more local music from 6-8 p.m. The Senior Center will feature a cherry dessert contest at 1:30 p.m. with judges Alex Hymer from Sweet River Bakery, Dennis Ferree, chef at Howards on the River and city council member Avis Erickson. Desserts must feature cherries as the main ingredient and include the recipe. Entries can be dropped off at the Senior Center from 11:30 a.m. to 12:30 p.m. Kids games, a cherry pit spitting contest and fresh pie sale, food vendors and booths will be part of the all-day activities in The Armory lot. The Brewster Food Bank has donated a hand-painted crosscut saw that will be raffled off. Tickets will be available at the Chamber booth during the Jubilee. Proceeds will go to the Food Bank.

BY MIKE MALTAIS STAFF WRITER

BREWSTER - One of the highlights of the senior commencement ceremonies is the annual induction of the latest Brewster High School alumnus into the school's Wall of Fame in recognition for meritorious service to the community. This year, Brewster School Superintendent Eric Driessen named two citizens to be so honored, Dan Webster and Roy "Spider" Riggan.

Webster, Riggan inducted into

Brewster High School Wall of Fame

Webster graduated Brewster High School in 1974, Riggan in 1950. Webster entered the family furniture business and purchased it in 1979 when his father Frank, retired. Webster's Furniture will celebrate 70 years in business this year.

Webster married Kim Moore in 1980 and the couple have three children, Gabe, Lyndsay and Cody and are also grandparents.

husband Roy, left, by Eric Driessen.

Riggan came to Brewster at age 15 as the oldest of 10 children of Roy and Laura Mae Riggan. The Riggan family purchased about 20 acres of property, 15 of those orchard, on Brewster Flat in 1949.

Riggan married Ethel Lautensleger and the couple raised four children, Del, Lori, Randy and Corey all of whom are Brewster High School graduates. Riggan purchased the family tract from his parents in the early 1960's, leased his first fruit warehouse in 1966 and eventually built Apple House. He

Mike Maltais/QCH

SEE HALL OF FAME ON PAGE A2

Hooked on Kids Fishing Derby lands another large turnout

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT – Hooked on Kids, the popular annual fishing derby for youngsters up to 14 years old hosted by the City of Bridgeport drew both good weather and a large turnout last Saturday, June 8, at the Marina Cove. Kids began wetting their hooks at 8 a.m. sharp in pursuit of some of the 400 trout, 25 of those wearing special prize tags, donated by the Washington Department of Fish and Wildlife. The narrow entrance to Marina Cove off the Columbia River was blocked by a net to prevent fish escapement and anglers fished from the bank or a floating dock.

Volunteers included Bob Fischer, Dan Peterson, Martin Landin, Cipriana Morales, Liz Jenkins, Anthony and Amanda Jenkins, Ed Conklin and, representing North 40 Outfitters, Matt Featherly.

Alyeda Ceferino won a 50 gift certificate for catch ing the largest trout. Alex Saucedo also won a \$50 certificate for hauling in the most tagged fish.



Ethel Riggan holds the Wall of Fame certificate presented to

of popularity then the second annual Cherries Jubilee celebration is riding a growing wave of recognition. The event has at least 22 money sponsors from Mountain View Espresso, the \$500 main event sponsor through \$25 contributors.

Vendors will be setting up Friday, June 14, with music provided by Karaoke and open mic performers on stage in the Armory lot from 3-8 p.m. The main event gets underway Saturday, June 15, with the 8 a.m. 3K Fun Run starting from The Armory. Three-on-three basketball will commence at 8 a.m. in the Umpqua Bank parking lot.

The parade line up begins at 9:30 a.m. at the American Legion with the procession starting at 10 a.m. and ending at The Armory.

The car show begins at 10:30 a.m. on Main Street and music kicks in at 11 a.m. on stage in the Armory lot and continues all

Those wishing to participate in Cherries Jubilee will find entry forms online at www. brewsterwachamber.com.



Courtesy Brewster Chamber

Several volunteers were on hand to make sure everyone got hooks baited properly and could land and unhook their catches.

Isaac Saucedo and Misael Lorenzano each won a bike.

Chloe West, Minam Gomez and Jacoby Saucedo won \$25 certificates.

"No one went home emptyhanded," Bridgeport Mayor Janet Conklin said.

Other prizes included fishing rods, tackle boxes, footballs, squirt guns, soccer balls, life jackets, Seahawk hat and more. Donations came from North 40, Coulee

Courtesv Janet Conklin

Aleyda Ceferino landed the lunker of the day, one that was larger than any of the 400 planted trout donated by the WDFW. It must have snuck in to see what all the excitement was about. Cederino won a \$50 North 40 certificate for her catch. See more photos on page A3 and www.qcherald.com

SEE DERBY ON PAGE A3

OCLTRG to liquidate distribution center supplies this week

BY MIKE MALTAIS STAFF WRITER

PATEROS - The Okanogan County Long Term Recovery Group (OCLTRG) has a real deal for bargain hunters. In a special Donation for

Donation Sale, OCLTRG is clearing out is clearing out its distribution center full of tools, lumber, irrigation supplies and odds and ends left over from five years of recovery and rebuilding projects.

Those affected by the 2014-15 wildfires get the first pick of the sale items from 5-7 p.m. Thursday, June 13, and 9 a.m. to noon on Friday, June 14. The sale will be open to the general public from noon to 5 p.m. Friday,

June 14, and 9 a.m. to 5 p.m. Saturday, June 15.

The sale will be held at the Pateros Mall Parking lot between the Pateros Library and Sweet River Bakery. For more information call (509) 449-3235.



Need to Place an Ad? Looking for a job? NCWMarket.com

Our Classified Ad Dept is open 24/7



Community	A1-4
Births, Obituaries, Death Notices	
Community & Bulletin Board	A4
Sports, Community	B1-B2
Opinion	B2
Okanogan & Douglas Sheriff/EMS/Fire	
• •	

Church Directory	A4
Business & Services Directory	
Classified Index	
Classifieds	B3-B4
Public Notices	B3-B4
INSERTS: Safeway	



P.O. Box 37 Brewster, WA 98812-0037 509-689-2507 www.qcherald.com

School / Community

Brewster High School Class of 2019 graduates 47 strong

BY MIKE MALTAIS STAFF WRITER

A2

BREWSTER – Threatening skies and light rain neither discouraged nor delayed 47 seniors from the Brewster High School Class of 2019 from completing outdoor commencement exercises on Champion Field last Friday evening, June 7.

Driven by a brisk north wind, raindrops began to fall on the ceremony as senior Valeria Mendivil sang the National Anthem. Superintendent Eric Driessen advised the audience that while some may need to seek shelter, the threatening weather would not cancel or delay the Class of 2019's special moment.

Julissa Olvera and Kim Nila delivered the invocation followed by the Salutatorian address by Nation Rios.

Driessen presented Hall of Fame awards to two recipients this year, Dan Webster and Roy "Spider" Riggan.

Shakira Guzman and Adriana Cobarruvias introduced graduates' family members who were themselves former Brewster High School grads.

Samanta Yanez delivered the Valedictorian address.

Brewster High School counselor Amy Stennes recognized graduates who will be entering branches of the military and conducted the presentation of graduate awards.

Dean Busching was class speaker while seniors Giselle De La Paz, Miguel Chacon and Jose Gomez presented the graduates' slide show.

The Brewster High School Recognition assembly was held the at 1:30 p.m. the previous day, Thursday, June 6.

Brewster Scholarship Summary Samanta Yanez



© NCW Media Inc. 2019 310 E.Johnson Ave., Chelan. P.O. Box 37, Brewster, WA 98812 Phone: (509) 689-2507 Fax (509) 682-4209

Office Hours

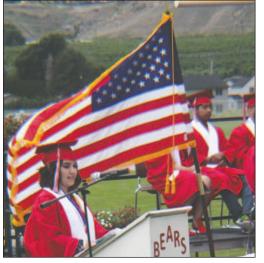
Mon. to Fri. 9:00 a.m.-5:00 p.m.

Contact Information

Publisher Bill Forhan • 548-5286 publisher@leavenworthecho.com **Managing Editor**



CLOCKWISE FROM ABOVE: The Brewster High School Class of 2019 listens to Nathan Rios deliver his Salutatorian speech; Wind and light rain persuaded some graduation spectators to shelter in place during the ceremony; Nathan Rios delivers the Salutatorian address and Samanta Yanez delivers her Valedictorian address during outdoor commencement ceremonies last Friday. See more photos at www.gcherald.com



Crane and Crane – Washington Apple Education Foundation Brewster Education Association Bud Priest Scholarship Primeros/Primeras Scholarship Honorary Scholarship of Jack and Marie Kirk Honor Society Logan Miller Scholarship Betty Martinez Pamela Rae Anderson Scholarship

Primeros/Primeras Scholarship Centennial Scholarship Community Foundation Brewster High School Rawson Scholarship Kiwanis EWU Camp Scholarship Honor Society Logan Miller Scholar ship Julissa Olvera

Classifieds/Legals

Classified ads can be placed during normal office hours by calling (509) 689-2507, e-mailing heraldads@qcherald. com or

online at www.qcherald.com Weekly rates: \$12.00 for the first 30 words 50 cents each additional 5 words (over the 30 words)

Borders, bold words, headlines, logos, photos subject to additional charges

Services

Back Issues are available up to one year after publication for a small fee.

Photo Reprints are available for most photos taken by staff. Ask

Nordic - Wash ington Apple Education Foundation Primeros/Primeras Scholarship Kiwanis Honor Society Logan Miller Scholarship

- Hamilton Youth Scholarship Maritza Silva Bud Priest Scholarship
- College Bound Scholarship Honor Society Logan Miller Scholarship
- Pell Grant
- WA Need Scholarship Alondra Torres
- Ray and Tulla Warner Scholarship
- Kiwanis Honor Society Logan Miller Scholar-
- ship UW Camp Scholarship Pell Grant
- Alondra Huerta
- Honor Society Logan Miller Scholarship
- University & Enhanced Scholarship
- Whitworth University Jose Carrillo Crane and Crane - Washington
- Apple Education Foundation Gary Goble Scholarship
- Yucilen Valdez Washington Opportunity Scholar-

HALL OF FAME

CONTINUED FROM PAGE A1

retired in 2007 after 60 years in the orchard business.

In prepared remarks delivered last Friday evening, June 6, a portion of which are included here, Driessen acknowledged both inductees: "Dan has served on the Chamber of Commerce, City Council and Three Rivers Hospital Board and Founda-

- - ship College Bound Scholarship Pell Grant Elizabeth Stam
 - Pacific Lutheran University Academic Scholarship
 - Alexia Escalera Judy Kirk Evans Scholarship
 - Nathan Rios CTE Business Scholarship
 - John Benitez Honor Society Logan Miller Scholar-
 - ship Thania Dorantes Gary Knowlton Scholarship
 - **Kimberly Nila** Primeros/Primeras Scholarship Enery Cardenas
 - BEA Teachers Scholarship Shakira Guzman Primeros/Primeras Scholarship
 - **BEA Teachers Scholarship Department Awards**
 - Art
 - Alondra Torres Julissa Olvera

tion," said Driessen. "He was given the Mayor's Award in 2002 for his active campaign for the School District's M and O levy."

"Dan is gifted with the talent of playing the guitar and singing," said Driessen. "He



Foreign Language Nathan Rios Math Samanta Yanez Music Michael Vazquez Physical Education Nathan Rios Science Alondra Torres Social Studies Nathan Rios Special Services

ment for many families in the area," said Driessen of Riggan's 60 years in the orchard business. "Those families meant a lot to Spider and were more than employees but were a part of his extended family. Spi-

Oscar Fonseca Honor Society Alondra Huerta Alondra Torres Betty Martinez Elizabeth Stam John Benitez Jose Gomez Julissa Olvera Maritza Silva Nathan Rios Samanta Yanez Shakira Guzman

chard and warehouse business serves an example of the "American dream" and "the determination and hard work needed to be successful."

"Each individual inducted into the Wall of Fame will

Giselle De La Paz

Samanta Yanez **Business Education** English

Agriculture Education Oscar Fonseca

y Degili 509-571-5302 gary@ncwmedia.net

Reporter/Photographer Michael Maltais

gchreporter@gmail.com

Reporter/Photographer

Diana Piñon Icmeditor@gmail.com

Advertising Sales Director

carol@leavenworthecho.com Carol Forhan • 548-5286 echoads@leavenworthecho.com

Advertising Sales

RuthEdna Keys • 682-2213 ruthk@lakechelanmirror.com

Lindsay Timmermans • 860-7301 adexec1@ncwmedia.net

> Classifieds/Legals heraldads@qcherald.com

Circulation 509-293-6780

circulation@lakechelanmirror.com

Delivery Gary Hopkins

Production Coordinator & Creative Services RuthEdna Keys prepress@lakechelanmirror.com 509-682-2213

Bookkeeper 509-548-5286

Quad City Herald (USPS 241-920) is published every Thursday by NCW Media, Inc. 215 14th St., Leavenworth, WA

Telephone: (509) 548-5286. Fax: (509) 548-4789

Periodical postage paid at Brewster, Wash (and additional mailing offices)

Postmaster: Send address corrections to: Quad City Herald, P.O. Box 37, Brewster, WA 98812



had room to print.

Deadlines

Letters to the Editor: Noon, Monday Calendar Listings: Noon, Monday News Submissions: Noon, Monday Display Advertising: Noon, Monday Legals Noon, Tuesday Classified Ads: Noon, Tuesday

Subscriptions

Okanogan/Douglas Counties (yearly) print \$40 Okanogan/Douglas Counties (yearly) print & web \$45 In State (yearly) Out of State (yearly) Good Neighbor (monthly) print or web, or both \$5

Quad City Herald does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week. in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.

Letters policy The Quad City Herald wel letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue

News Tips

Have an idea for a story? Call Quad City Herald at 689-2507

On The Internet

website www.qcherald.com e-mail: qchreporter@gmail.com advertising e-mail: heraldads@qcherald.com



has volunteered at Sacred Heart Parish leading the music for over 30 years. Dan is heavily involved in the church activities supporting and loving their members." "Spider provided employder has sponsored Brewster athletics from AAU basketball through high school events."

Driessen said Riggan's example of starting with nothing to build a large orhave a plaque placed on the wall in the High School Commons area as a tribute to the impact they have had since graduating from Brewster High School," Driessen said.

Senior Farmer's Market Nutrition Program voucher distribution

COMPLIED BY QUAD CITY HERALD STAFF

BREWSTER /CHELAN/EN-TIAT - The 2019 Senior Farmer's Market Nutrition Program, an annual Public Voucher Distribution Event, is put together by Aging and Adult Care of Central Washington.

Events will be held in Brewster, Chelan, Entiat on the following dates: June 18 at the Brewster Senior Center,109 S. Bridge St., Brewster, 12:30-1

p.m.; June 25, Entiat Community Center, 2084 Entiat Way, Entiat, 10-11 a.m.; June 25, Chelan Senior Center, 534 E. Trow, Chelan, 12:30-1 p.m.

All voucher distributions are on a first come, first serve basis. Participants must attest that they are age 60 or over, with income at or below 185% of the Federal Poverty Level and are current residents of Washington State. (American Indian and Alaska Natives are age eligible at age 55). \$23,107 annual \$1,926 monthly income

TAXI SERVICE

Lake Chelan Cab +

AC Checker =

Awesome Service!

Welcome aboard Lorraine Henley

AC Checker

• Concerts • Wine

Tours • Airport or ??

Fast, Friendly, Reliable

Service - Great Rates

for 1 person; \$31,284 annual \$2,607 monthly income for two people. For larger households add \$681 for each additional person.

Each qualifying senior will have an opportunity to receive a packet of vouchers worth \$40 to purchase fresh fruit, vegetables and honey at participating Farmer's Markets and Farm Stores in Adams, Chelan, Douglas, Grant, Lincoln and Okanogan counties.

Please bring your Washington State Photo Driver's License or your Washington State. Photo Identification Card so that they can verify your

age. No other documentation needed.

Funding for this program is provided by the U.S. Department of Agriculture, Washington State and Aging & Adult Care of Central Washington. Serving Older Adults and Persons with Disabilities of Adams, Chelan, Douglas, Grant, Lincoln, & Okanogan Counties and is a member of the National and Washington State Associations of Area Agencies on Aging.

For more information, please contact Kathy Wright (509) 886-0700 ext. 235 / (800) 572-4459 ext. 235 wrighka@dshs.wa.gov



BUSINESS & SERVICE DIRECTORY



 Crawl Space Repairs Handyman Services www.Steves-PestControl.com Steve is Back!

Lic#13858 Contr. STEVEC812BG ALL YOUR LOCAL BUG MAN 509-439-0358

Add your **Business or** Service to this Directory Call Ruth - 682-2213 or Lindsay 509-860-7301

Community

South Okanogan County Exhibit brings more history to annual display

STORY AND PHOTO BY MIKE MALTAIS, STAFF WRITER

BREWSTER - The third annual Southern Okanogan County History Exhibition returned to the Brewster High School auxiliary gym last Friday and Saturday, June 7-8 with even more material about pioneer life in and around the south county area.

Author and BHS alumnus Ralph Fries and assistant Inez Strange added nearly a dozen more four-by-eight-foot poster boards of research, profiles and photos to the display bringing the total of tripod-mounted pieces to about 44. Much of the recent material covers railroad and steamboat developments from 1888 to 1942.

Despite the extensive time he has devoted to compiling his early pioneer histories, Fries said he is still surprised by some of the facts he uncovers.

"The interesting thing about all this research I did since September was the steamboats and railroads," said Fries. "If

this country would be 50 years behind schedule."

Fries said the influence of steamboat traffic serving the area impressed him.

"Steamboats were the key because on the west side of the Columbia River there was no road because there is a long rock bluff at Beebe Bridge," said Fries.

Fries said his steamboat research was particularly interesting because there was not a steamboat built to serve this area that did not wreck or burn up at some point.

The last steamboat built, named the Bridgeport, was constructed in Pateros in 1917 and hauled wheat and fruit from Bridgeport to Pateros to link up with the railroad that came through in 1914, Fries said.

"It was abandoned in 1942," said Fries, pointing to a photo of the steamboat grounded on Bridgeport Bar.

One visitor to the exhibit, Vera (Bagwell) Sorensen of Entiat who lived on Stavman

it wasn't for the steamboats Flats south of Chelan as a child related a personal story about the early railroad service.

> "When I was eight years old, I would stop that train when I had 15 cents and it would take me from my home to my grandma's house in Entiat," Sorensen said.

> Fries said he underestimated the time required to complete this latest portion of his project that he started last September right after his exhibit at the Okanogan County Fair.

> "When I first started, I thought I'd be done in about a month," Fries said, "I didn't finish it until last week.'

> Fries, a 1958 graduate of Brewster High School, was inducted into the Brewster High School Wall of Fame in 2017.

Ralph Fries, left, with assistant Inez Strange, discusses one of his recent history profiles of Capt. Alexander Griggs who Fries describes as an entrepreneurial steamboater of his day. See more photos at www.gcherald.com



Sell-out crowd enjoys Culpepper & Merriweather Circus



BY MIKE MALTAIS STAFF WRITER

BREWSTER – The circus that came close to not happening drew a sell-out crowd during its one-evening, twoperformance stop in town last Thursday, June 6. The Culpepper & Merriweather Circus raised its tent on the morning of the performance in The Armory parking lot after repeated attempts by Chamber of Commerce officials to secure a suitable city location to host the circus fell through.

Just days before the circus was scheduled to pass through Brewster as part of its 32-week, 200-plus stop through 17 states, Armory owners Manny and Martin Hurtado offered The Armory parking lot as a host site for the circus.

'We are fortunate that the circus was willing to squeeze into a smaller lot than they like to," said Chamber secretary Mike Mauk. "They could not open a few of their rides like the carousel."

Derby and the rest of Saturday and Sunday there have so more of the stocked trout been 311 fish caught and still can be caught, Conklin counting," Conklin said. said. The net will remain in

The spectators who prepurchased tickets or bought them at the door, did not seem to mind the cramped quarters. It was C&M's first return trip to Brewster in the past four years.

"The circus was a huge success for us," said Mauk. "The second show was sold out. They stopped selling tickets and only accepted advance ticket holders.'

Mauk was told by circus officials that sell-outs of that scale only happen seven to 10 times a year out of more than 200 shows.

"They had people sitting on the floor in front of the arena," said Mauk. "If that isn't a success, nothing is."

A crowd including students from Brewster school gathered in the morning to watch the tent go up and other preshow preparations. During the two evening shows spectators were treated to antics by Leo the Clown and performances by a lion tamer, juggler, trapeze artist, contortionist, unicyclist, Wheel of Destiny and more.

place for an additional week

Brewster school students Jayden Smith and Allison Boesel served as guest Ringmasters.

Odds are good that the circus will schedule a return engagement next year.

Mike Maltais/QCH **RIGHT: Jayden Smith was a** guest ringmaster.

LEFT: Trapeze: Kids, don't try this at home. See more photos at www. qcherald.com

Malott man in custody for suspected homicide

BY MIKE MALTAIS STAFF WRITER

(Compiled from a report by Okanogan County Sheriff Tony Hawley)

MALOTT - A 34-year-old Malott man is in custody at the Okanogan County Jail in connection with a homicide committed Monday afternoon, June 10, at Central Street and Old Highway 97.

Okanogan County Sheriff Tony Hawley said that Okanogan County deputies, Malott Fire Department and Lifeline Ambulance responded to a call at 2:44 p.m. to a report of a female being stabbed by a male. "Deputies were in the area within seven minutes and began searching the area for the suspect who had fled on foot," said Hawley.



where deputies then established a perimeter. Deputies

then contacted the suspect. "He resisted arrest and attempted to disarm one of the deputies of his firearm," said Hawley. "Deputies and the suspect were in the river during the struggle to arrest him.'

Hawley said the suspect, Jose Mejia, was in custody about 20 minutes following the report.

The suspect's mother, Juana Ferreria Demejia, 64, died at the scene. Mejia was transported to Mid-Valley Hospital for treatment of a hand injury and later booked into the Okanogan County Jail.

A3

DERBY

CONTINUED FROM PAGE A1

"Between the Saturday Dam Federal Credit Union, Hooked on Kids Fishing

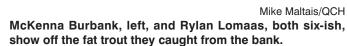
Anthony and Amanda Jen-

kins and Ed and Janet Conk-



lin

Courtesy Janet Conklin There's a first time for everything, and these are the first fish ever caught by Tucker LaGrange.



Pateros City Wide Yard Sale features 25 participants



From Riverside Drive on the west end of town to Pearl Street on the east end, 25 addresses participated in the three-day city-wide garage sale in Pateros last weekend. As usual, Warren Avenue was the hotbed of activity with eight locations where buyers could shop for treasures they didn't even know they needed. Another five were along Beach Street and four on Riverside Drive. One of the biggest collections was on the corner of Beach and North streets where four families including Evans, Baker and Varrelman had lots of loot for sale.

Mike Maltais/QCH

Bystanders assisted the deputies by pointing out an area along the Okanogan River where the suspect was hiding,

The Washington State Patrol Crime Lab assisted detectives with evidence collected at the scene.

"Okanogan County Sheriff's Office appreciates the assistance of those residents of Malott who guided deputies to the area Mejia fled," said Hawley. "Their assistance made his quick apprehension possible."





 Behavorial Health • Orthodontics Naturopathic Medicine Reduced Fee Program Pharmacy Services • Dental Care SE HABLA ESPAÑOL Helping patients be their best selves . . . with WHOLE PERSON health. Physical • Emotional • Social

1.800.660.2129 f www.myfamilyhealth.org

OBITUARIES

James Anderson Comer Smith Jr.

December 17, 1962 – May 27, 2019 Bridgeport, Washington

James A. C. Smith, Jr., "Jimmy", 56, passed away at Central Washington Hospital in Wenatchee, WA, on May 27, 2019.

Jimmy was born in San Francisco, California, on December 17, 1962, to Jim and Carol (Johnson) Smith. He attended all 12 years of school in Brewster, where he participated in basketball, football, and baseball. He is fondly remembered for his awesome left-handed curveball. In 1984, Jimmy's son DJ was born and he could not have been prouder of his son. Then again in 2000, John was born. One of the happiest moments in his life was becoming a grandpa to Benjamin.

In 2007, Jimmy met Kris, and

on August 4, 2012, they married at The Hitching Post in Coeur d'Alene, Idaho. Together they made their home on the Bridgeport bar, where they resided until his passing.

Jimmy had a passion for salmon fishing, and was an avid hunter. Many of his fellow fishermen were amazed and respected him for the success he had landing salmon. He was always given his spot at the bottom of the wall. He was a true warrior and provider.

Jimmy and Kris loved to attend all the Brewster Bears' basketball games and show their support to the team. He especially enjoyed watching his son, DJ, at his wrestling matches and track meets.

James is survived by his wife, Kris, of Brewster; children: DJ and wife, Leticia Smith, of Brewster, John Powell Smith of Omak; stepsons: Bear Ives, Josh Ives of Chicago and Tyson Lamar and Zach Holt of Brewster; mother, Carol and stepdad, John Johnson of Okanogan; sister, Tammy and Dan Townsend of Keller; brother, Jack Smith of Omak; great-grandmother, Margaret Johnson of Riverside; nephews: Garet and Jason Townsend of Keller and Levi and Shelby Holt of East Wenatchee; mother-in-law, Jackie Holt of Brewster; brother-in-law, Ron and Holly Holt of East Wenatchee; Aunt Betty and Uncle Larry Landreth of Reardan. He was preceded in death by his dad, James A. C. Smith Sr., and grandparents: John and Emily Smith and Helen and Ernie Waggoner.

A Memorial Service will be held at 11:00 a.m., on Sunday, June 23, 2019, at the Core of Engineers Park, below the Chief Joseph Dam, on the side of the salmon dedication, in Bridgeport, WA. Following the service, there will be a dinner held at the American Legion in Brewster. Friends and family are all very welcome to come and share old memories and photographs. Arrangements are in the care of Heritage Memorial Chapel, East Wenatchee & Cashmere.

DEATH NOTICES

Henry Walter Wuolle

Henry Walter Wuolle, 83, of Bridgeport, Wash., passed away on June 6, 2019.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

Adalberto Carrillo-Campos

Adalberto Carrillo-Campos, 50, of Brewster, Wash., passed away on June 6, 2019.

Services will be Friday, June 14, 11 a.m. at Sacred Heart Catholic Church in Brewster.

Catholic Church in Brewster. Please leave any thoughts and memories for the family at www.barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

Lanna Goehry

Lanna Goehry passed away peacefully, Saturday, May 25, 2019, surrounded by family and friends, after a short battle with cancer. She was 67 years old. Lanna was born in Brewster, WA, March 22, 1952, to Clinton and Marjorie Lilly. She grew up on the family farm in Bridgeport, WA, and from a young age, she was taught the value of working hard. In her spare time, she pursued her passion of riding horses with her sister, Laura.

She made many friends



through the years at her various jobs, including: driving wheat truck, packing apples, and as a bank teller at North Cascades Bank. Always proud of her family, she was a devoted wife, mother, and grandmother. You could find her rocking her grandbabies to sleep or cooking a big meal for the whole family. Known for her creativity, she enjoyed quilting, sewing, making jewelry, and woodworking. You never needed to knock; she welcomed all with hospitality and frequently enjoyed company.

She was one of Jehovah's Witnesses and learned American Sign Language to help teach the hearing impaired the Bible. Lanna's memory will be cherished and kept alive by her husband of 44 years, Ted Goehry; her four children: Lee Stocker (Sherry), Shawn Stocker (Tammy), Caleb Goehry (Hannah), and Kacena Goehry (Daniel); brother, JW Troutman; sister, Laura Lilly; nine grandchildren: Greg, Ryan, Shelli, Ashley, Aiden, Harper, Tristan, Taegan, Jovi; and three great-grandchildren.

Memorial Services will be held at the Brewster High School Gym, 503 S. 7th St., Brewster, WA, 98812, Saturday, June 15, 2019, at 2 p.m.

NORTH CENTRAL REGIONAL LIBRARY SUMMER PROGRMS

June 13-28

Summer programs scheduled for NCRL branches

PATEROS/BREWSTER/BRIGEPORT – Under the theme "A Universe of Stories" libraries across North Central Washington are preparing for a summer filled with reading challenges, science and technology, theatrical programs, crafts and more. Sign-ups begin as soon as school lets out for the summer.

Local NCRL branches will include the following summer activities: **Pateros Public Library, 509-923-2298.** June events: 2 p.m. Friday, 6-21 – Craft: Make Your Own Planet. 2 p.m. Wednesday, 6-26 – Jump for Joy: Village Rhythms from Around the World. 2 p.m.

COMMUNITY BULLETIN BOARD

Thursdays

S.A.I.L classes

BREWSTER - S.A.I.L (Stay Active and Independent for Life) classes are Thursday, 10-11 a.m. at the Brewster-Pateros-Bridgeport Senior Center.

Tuesday, Wednesday, Thursday

Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50. All diners are welcome.

Tuesday, Wednesday, Thursday

Brewster Senior Center Rummage Room

BREWSTER – Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 12:45 a.m. Tuesday through Thursday. Donations will be accepted during store hours at the back door for the Rummage Room. No children's clothing. They will take "small pieces of furniture and sometimes larger items.

June 13

Help shape future of Alta Lake State Park

PATEROS - The Washington State Parks and Recreation Commission is beginning a public process that will lead to long-term recreation and land-use plans for Alta Lake and Bridgeport state parks, located in Okanogan County. The public is invited to attend a planning meeting in Pateros 5:30-7:30 p.m. on June 13, at the Pateros Fire Station Meeting Hall, 191 Industrial Way, Pateros. The public may also provide comment or ask questions by contacting Melinda Posner, Parks Planner, at (360) 902-8671 or melinda. posner@parks.wa.gov.

June 14

VFW Auxiliary to meet

CHELAN - VFW Post #6853 Auxiliary meets the second Friday of the

Friday, 6-28 - Sticker Story.

Brewster Public Library, 509-689-4046. June events: Thursday 6-13 – Storytime and Craft. 3 p.m. Saturday, 6-15 – Game Time. 3 p.m. Wednesday, 6-19 – Teen Craft. 3 p.m. Thursday, 6-20 – Storytime and Craft. 11 a.m. Friday 6-21 – Brewster Police Program. 3 p.m. Friday, 6-21 – Movie Time: Smallfoot. 3 p.m. Wednesday, 6-23 – Karaoke for Kids. 3 p.m. Thursday, 6-27 – Storytime and Craft. 11 a.m. Friday, 6-28 – NCRL Puppet Show. 3 p.m. Saturday, 6-29 – Game Time.

Bridgeport Public Library, 509-686-7281. June events: 1 p.m. Friday, 6-21 – Puppet Show. 1 p.m. Friday, 6-28 – Jump (Again) for Joy: More Village Rhythms from Around the World.

*Events subject to change. Check online at NCRL.org/bridgeport.

June 17

Study Group for Citizenship /

Grupo de estudio para la ciudadanía

BRIDGEPORT - Join us at the library as we study materials and practice answering citizenship test questions on Mondays 1-2 p.m. at the Bridgeport Public Library. / Los lunes unase a nosotros en la biblioteca de Bridgeport de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 686-7281 or email atrejo@ncrl.org.

June 17

TOPS meeting

BREWSTER – TOPS (Take Off Pounds Sensibly) meets Mondays, 10 a.m., Brewster Boys and Girls Club, 601 Cliff Ave W. Preteens, teens, adults – male, female welcome. First meeting is free. TOPS Club, Inc. ® is an affordable, nonprofit, weight-loss support and wellness education organization. Learn about nutrition, portion control, food planning, exercise, and motivation. For info: Joyce Anderson, Coordinator, (509) 922-8820, visit www.tops.org, call TOPS Headquarters, (800) 932-8677.

June 17

Compassionate Friends to meet

WENATCHEE - The Compassionate Friends is an organization offering friendship, understanding and hope to bereaved parents and their families. They are bereaved parents reaching out to bereaved parents. Anyone who has had a child or loved one die in their family is invited to their monthly meeting on Monday, June 17, 7-8:30 p.m., Grace Lutheran Church, 1408 Washington Street. For information: Carol, (509)860-3620.

June 18

Citizenship Study Group/ Grupo de estudio para la ciudadanía

BREWSTER - Join us at the library as we study materials and practice answering citizenship test questions on Tuesdays 1-2 p.m. at the Brewster Public LIbrary. / Los martes unase a nosotros en la biblioteca de Brewster de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 689-4046 or email atrejo@ncrl.org.

OBITUARY & MEMORIAL POLICIES

NCW MEDIA, INC.

An **obituary** is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

month at the Heritage Heights Assisted Living meeting room, 505 E. Highland Avenue, at 2 p.m. Anyone interested in joining can call Carol Palmbush at (509) 682-5624.

June 14, 21

Brewster area monthly bus trips to Omak and Wenatchee

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is June 14. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month, June 21, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

June 15

Cherries Jubilee dessert contest

BREWSTER – The Pateros-Brewster-Bridgeport Senior Center will host a Cherries Jubilee Dessert Contest in conjunction with the Chamber's Cherries Jubilee celebration on Saturday, June 15. The Center doors will open at 11:30 a.m. to receive entries and dessert judging will begin at 1 p.m. Senior Center President Kathy Lowry said the two requirements for entries are that the dessert must feature cherries as the main ingredient and must include the recipe. Lowry said she hopes to have pastry/dessert chefs from area food establishments on hand to serve as judges. First, second and third place winners will be selected.

June 19

Toddlers & Waddlers Storytime for Little Ones

BREWSTER - Looking for an exciting way to start off the day for your little ones? Join us at the Brewster Public Library for rhymes, stories and playtime every Wednesday at 11 a.m. For more information, Rebecca Zion at (509) 689-4046, email brewster@ncrl.org

Subscribers - Help us, help you!

The digital age runs on email. So help us make sure we have your correct email address. Just send an email to circulation@lakechelanmirror.com. Make sure to put your name, phone number and paper subscribed to, in the email so we can find you in our subscriber files.

Submitting your Bulletin Board item

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror.com, subject line QCH Bulletin. Deadline: Monday at 5 p.m. Be sure and include Date, time, place and cost if any.



Sports / Community

Trejo receives CW2B Athletic Director's Scholarship

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT - Senior Anayeli Trejo Lugo was selected for a \$500 scholarship by the Central Washington B League Athletic Director's to assist in her future educational pursuits.

"Each year the 2B and 1B Athletic Directors of North Central Washington recognize one boy and one girl from each league for a total of four scholarships based on their athletic and academic accomplishments," said Bridgeport Athletic Director Scott Darwood. "Ana was Valedictorian of her graduating class, a three-sport athlete in cross country, basketball, and track and field, was chosen as Female Outstanding Senior Athlete of her graduating class of 2019, and was one of four Bridgeport seniors to be recognized as an Outstanding Senior Scholar Athlete for the NCW 2B League.'



Anayeli Trejo

Trejo had to maintain a 3.5 grade point average (GPA), letter in a varsity sport her senior year and be a person of high moral character to qualify for the honor, said Darwood.

Trejo's other high school accomplishments include two years as a Washington State LEAP representative, four years of FFA (President this year and District President last

Joe Taylor Makes All-State Baseball Team. Across all school levels Joe was selected to play in the All-State game this weekend at Parker Field in Yakima. Joe will play for Team Rainier which plays at 3:30 p.m. on Saturday, June 8. With a win Team Rainier will play on Sunday, June 9 at 1:30 p.m., with a loss Team Rainier will play on Sunday at 10:30 a.m.

year) Senior Class President and ASB President, a member of the Multi-Cultural Club and 2018-2019 Senior Student of the Year.

Trejo earned her AA degree from Wenatchee Valley College upon graduation, and was presented with \$144,500 in scholarships towards college.

"It is extremely impressive to see how hard Ana has worked and been involved so much these last four years in such a wide variety of athletics, academics, politics, social involvement, in clubs and has been as untiringly as she has in these pursuits," said Darwood. "I can think of no one more deserving than Ana in earning this scholarship opportunity."

Trejo plans on attending Gonzaga University this fall.

"We are quite proud at Bridgeport to be sending off such a dedicated and capable young lady to pursue her dreams," Darwood said.

Joe Taylor All-State

Track star Prestegui named WIAA Athlete of the Week

BY MIKE MAILTAS STAFF WRITER

BRIDGEPORT-Fillies High School sophomore Joanna (Jo Jo) Prestegui was named a Washington Interscholastic Activities Association (WIAA)/Wendy's State Athlete of the Week for the week of May 19-25 (Week 37) for her accomplishments at the recent State Track and Field Championships in Cheney.

Bridgeport Athletic Director Scott Darwood said Prestegui was selected for "helping to lead the Bridgeport High School girls' varsity track and field team to the 2019 Girls Track and Field Para-Combined State Championship."

Prestegui won first place in both the 100-meter run and javelin events and second in the discus and shot put in the Ambulatory Division of competition. Coupled with junior teammate Yareli Palacio's eighth place finish in the shot put and javelin events the combo won the Para-Combined title.

A letter to Prestegui from the WIAA said: "Throughout the school year, the WIAA



Mike Maltais/QCH

Joanna Prestegui, left, wears her four State Track and Field Championship medals and holds the Para-Combined State Championship trophy with co-winner Yareli Palacio.

and Wendy's honor 12 student-athletes per week from around the state. This award is designed to honor Washington's best, and your performance certainly qualifies for the recognition. We know you spend a great deal of time and energy and that participation requires dedication and discipline. The WIAA and Wendy's salute your efforts."

"Her teammates, coaches, school staff, student body and community couldn't be more proud of both Jo Jo and Yareli on their efforts and accomplishments," said Darwood. "Both the state title and the WIAA/Wendy's recognition are really quite the accomplishments!"

For a complete list of the 12 winners of the Week 37 WIAA/Wendy's Athletes of the Week visit

www.wiaa.com/subcontent. aspx?SecID=347 online.

Mansfield Playdays parties through The Town at the End of the Rails

MIDDLE, TOP TO BOTTOM: Ward and Nancy Glessner, right, were honored with the Mansfield Museum and **Historical Society annual** Award of Merit. At far left is Mayor Tom Snell and next to him Mansfield citizen Doug Tanneberg. The Glessners rode as guests of honor in the Playdays parade; These three strange animals are said to be part of The Scheibe Zoo.

See more photos at www. qcherald.com

BY MIKE MALTAIS STAFF WRITER

MANSFIELD - There was a hot time in The Town at the End of the Rails last weekend as the Town of Mansfield hosted its annual three-day Playdays celebration from Friday, June 6 through Sunday, June 9.



Mansfield Museum and Historical Society Annual Award of Merit For 2019 Ward and Nancy Glessner

Bracketed by theatrical productions on Friday and Sunday, Saturday's main event began with the presentation of the Mansfield Museum and Historical Society's annual Award of Merit to Ward and Nancy Glessner for their contributions to the community. Mayor Tom Snell presented the award after which the Glessner's were guests of honor in the parade along Main Street.

Leading the procession was the red 1964 Ford F100 pickup that belonged to 2001 Mansfield graduate Marine Lance Corporal Caleb Powers who was killed in action while serving in Iraq in 2004.





RIGHT, TOP TO BOTTOM: The Glessners received this Award of Merit before last Saturday's Mansfield parade; The 1964 Ford F100 pickup that Marine Lance **Corporal Caleb Powers** helped restore before his death in Iraq in 2004 led the procession down Main Street; The bouncy houses and slides were popular with the kids; Tomas Rios rode one of several dancing horses in the parade; and These two enterprising youngsters came prepared for the real parade payoff.









Social 'engineers'... and other geniuses that plague the land

I sometimes see the world as nothing more than an oxymoron which trisected into part Spanish means Ox y Moron (beast of burden and stupid).

The analogies, metaphors and downright vaudevillian slaps in the face permeate our lives regarding our perception of reality even if we are oblivious to them.

Some say perception is everything, so I guess that means questioning the vision pushed into our faces constantly by advertisers on television, billboards, radio and print media?

One TV station was having a "D-Day Marathon" with incredible graphic film, some never seen before. There they were, our dads, uncles, grandfathers and great grandfathers including German, Russian, French, Canadian and British troops in a bloodletting frenzy.

After the smoke clears,

Apples To Apples Gary Bégin

enter a Mercedes Benz commercial: "The best or nothing," spews its arrogant slogan. I'm sure they felt the same way when building Hitler's war machine back in the 1930s when their weapons killed our ancestors on the beaches of Normandy. Ironic, eh?

I can say the same with Japan's Mitsubishi. After building "Zero" fighter planes and millions of other weapons it turned its attention to sucking the life out of Detroit by building "better" cars consumed insatiably by Americans who can remember getting bombed by that same company under the imperial direction of

Tojo and his puppet emperor Hirohito.

My oh my what clever former opponents we have. Start a war, lose after wrecking havoc on all humanity, then let the victors (us) rebuild your respective empires and turn a fat profit.

I forgot to add, Germany and Japan even "allow" our troops to protect them up until this very day and I'm sure for another decade or 20.

Talk about repeating ancient history - 121 years ago we beat Spain and captured gobs of land and even whole countries like Cuba, Puerto Rico, Guam and the Philippines only to give half of them back.

Cuba has been a pain ever since the "Castro Convertible" brothers took over 60 years ago. They leapt from a revolutionary people's movement to a flat, gray, stagnant Communist sewer in just a few months after beating the U.S. backed dictator Generalissimo Fulgencio Batista, he of Godfather movie fame, in bed with the mob.

Because of the possibly faked bombing of the battleship Maine during Cuba's fight for independence in 1898, America received the green light to pillage and plunder the weaker Spaniards on a variety of fronts.

Who's laughing to the bank now? Guam and Puerto Rico are still sucking massive amounts of money from taxpayers as welfare states, the Philippines kicked us out after we poured billions into its economy and Cuba's Raul Castro is still smoking cigars with his feet on our sofa.

Before I die I would like to see a free, democratic and prosperous Cuba and would also love to see a million or so American Cubans return to their Motherland and show those left behind how to run a democracy as well as build a few dozen Walmarts, 7-11's and of course at least two car dealerships.

I recommend Mercedes Benz and Mitsubishi. If those two behemoths of the auto industry play their cards right, I bet the mayor of Detroit would let around 10,000 former auto workers get work visas and spend some serious time in the new Cuba building "foreign" German and Japanese cars.

They can collect Cuban food stamps, crowd Havana's emergency rooms as uninsured patients and, most fun of all, bring their cousins, wives, children and grandmothers with them. The children of course get free education all the way through college (thanks to socialism) and then return to enrich Detroit --- maybe. Or maybe they just lie on a beach somewhere in Cuba, waiting for more relatives to join them.

Next on the list would be for them to collect the Cuban version of Supplemental Security Income just like they did back home in the Motor City.

Perhaps I'll just go buy a Kia. At least the South Koreans never killed any Americans during the Korean "police action" War and I want to thank them for that.

After all, we are still protecting them too as their economy has boomed over the decades. Funny thing though, most Koreans I know actually still appreciate that protection, especially in the face of the madman midget king of North Korea.

The Germans and Japanese people don't need us or like us much anymore, that is until the Russians come calling in Europe and the Chinese in Asia.

Then they will expect us to rescue them again.

Blood donors needed to fill shortage of types A, B, and O

American Red Cross campaign urges donors to fill the Missing Types by giving blood

New survey finds widespread misconceptions about blood donation

SUBMITTED BY American Red Cross

NCW — Today, the American Red Cross launches the Missing Types campaign to raise awareness for lifesaving blood donations and urge the public to make an appointment to give blood or platelets this summer.

During the Missing Types campaign, the letters A, B and O – the letters representing the main blood groups - are disappearing from brands, social media pages, signs and websites to illustrate the critical role blood donors play in helping patients. When the letters A, B and O vanish from everyday life, the gaps are striking. And when A, B, O and AB blood types go missing from hospital shelves, patient care and medical treatments are affected. Blood transfusion is the fourth most common inpatient hospital procedure in the U.S. Blood can only come from volunteer blood donors, yet only 3 out of 100 people in the U.S. give blood. That's simply not enough to help patients who need transfusions.

dures could be delayed because blood products are not available," said Cliff Numark, senior vice president, Red Cross Blood Services. "That's why we are asking those eligible to help fill the missing types by making a donation appointment today. Don't wait for the letters A, B and O to go missing from hospital shelves again."

Donors can help fill the missing types by making an appointment to give by visiting Red-CrossBlood.org/MissingTypes, using the Red Cross Blood Donor App or calling 1-800-RED CROSS (1-800-733-2767).

Survey reveals public misconceptions about blood needs and donation

A 2019 national survey, conducted on behalf of the Red Cross, revealed a troubling disconnect between the public's perception of blood donations and the realities of patient transfusion needs.

A third (33%) of the public has never considered that blood may not be available when a loved one needs it.* Just last month, the Red Cross had only six units of type O blood available for every 100,000 people, but more than twice that is needed every day.

Clothes (69%), money (63%) and food (53%) are the primary

Upcoming blood donation
opportunities June 17-25
Douglas County
East Wenatchee
6/17/2019: 1:45 p.m 5:45 p.m., Holy Apostles Catholic Church, 1315-8th NE
6/26/2019: 10 a.m 3 p.m., Wenatchee Valley Mall, 511 Valley Mall Parkway, Suite 200
Waterville
6/20/2019: 1 p.m 6 p.m., Waterville Federated Church, 224 W
Ash Street
Chelan County
Manson
6/19/2019: 1 p.m 6 p.m., North Shore Bible Church, 123 Wa- pato Point Parkway Wenatchee
6/18/2019: 12 p.m 5 p.m., Wenatchee Community Center, 504 S. Chelan Avenue
6/21/2019: 10 a.m 3 p.m., Confluence Health, 820 North Chelan
6/24/2019: 10 a.m 3 p.m., Central Washington Hospital, 1201 S Miller Street
6/25/2010: 10 am 7 nm Dubus Market 7 N Worthern St

6/25/2019: 10 a.m. - 3 p.m., Pybus Market, 7 N Worthern St.

More than half (54%) the public believes it is necessary to know their blood type in order to donate blood—this is simply not true. Potential blood donors do not need to know their blood type before giving blood. After individuals give blood, the Red Cross provides each donor their blood type.

Missing blood products can lead to delays in treatment

Troy Stemen is a 17-year-old with an upbeat attitude and love for sports and gaming. He's also a survivor of high-risk acute lymphoma leukemia. During his treatment, he received 37 platelet and 10 red blood cell transfusions from generous Red Cross donors. He and his mother, Veronica Stemen, recall multiple occasions when he had to wait hours for platelets to become available due to shortages. "My mom and I were both pretty concerned that I wasn't going to get the platelets in time," Troy Stemen said about one such occasion. "And I became pretty afraid and pretty scared that I might not get better."

His mom said there was a noticeable difference in her son's health and energy after getting blood and platelet products. She is grateful to the donors who have helped her son.

"When a child goes through the whole cancer process, you don't really know what to expect," said Veronica Stemen. "Looking back now, after all the dust has settled, we realize that if we didn't have blood or platelets that maybe Troy would not be with us today." simple process and only takes about an hour from start to finish.

Registration: Sign in, show ID and read required information.

Health check: Answer questions and receive a mini-physical.

Donation: Giving a pint of blood only takes about eight to 10 minutes.

Refreshments: Donors enjoy snacks and relax before resuming their day.

Donation appointments and completion of a RapidPass are encouraged to help speed up the donation process. Rapid-Pass lets donors complete the pre-donation reading and answer the health history questionnaire online, on the day of their donation, by visiting RedCrossBlood.org/Rapid-Pass from the convenience of a mobile device or computer, or through the Blood Donor App. National brands lending

support

The Red Cross appreciates the support of its lead partners who have joined the #MissingTypes campaign, including: Ace Hardware, Adobe, Amazon, AVANGRID, Boise Paper, CarMax, The Clorox Company, The Coca-Cola Company, Domino S, Facebook, Google, Herbalife Nutrition, IBM®, Land O'Lakes, Inc., Mall of America®, Nationwide®, OnStar, Oreo, PayPal, Salesforce, State Farm®, Suburban Propane, Sunoco, U.S. Bank, Zaxby's Franchising LLC and Zebra Technologies Corporation.

patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross

Supplemental Information about Survey Methodology

*These are the findings from a poll conducted Feb. 22-27, 2019, on behalf of the Red Cross. For the survey, a sample of 1,000 adults ages 18 and over from the continental U.S., Alaska and Hawaii was interviewed online, in English. The precision of Ipsos online polls is measured using a credibility interval. In this case, the poll has a credibility interval of ± 3.5 percentage points for all respondents surveyed.

"Just last month, the Red Cross experienced a critical shortage of type O blood. When this happens, medical proceways that the public has donated to help others in the past year.* Only 3% of people in the U.S. give blood.

Blood transfusion is one of the most common hospital procedures in the U.S. Yet, "Never really thought about it" was the primary reason (26%) that people do not give blood among those who haven't given recently.*

New donors needed

More donors, and new donors in particular, are needed to maintain a sufficient blood supply for patients like Troy Stemen. Donating blood is a

How to donate blood

All blood types are needed to ensure a reliable supply for

American Lung Association shares preparation tips for wildfire season

SUBMITTED BY THE American Lung Association

SEATTLE – Wildfires in Canada are burning, and already smoke from the fires is drifting into Washington, and potentially bringing significant health risks. Smoke from wildfires can be a lethal hazard for those in affected areas and across the state as wind gusts blow smoke throughout the region.

The American Lung Association offers the following tips for hazardous wildfire conditions:

• Stay inside as much as possible. Close any doors, windows and fireplace dampers shut –Use the recirculation setting on home air conditioners to avoid outdoor air contamination. Avoid exercising outdoors. If you have to travel through smoking areas, close your car windows and vents and set your vehicle's air conditioning to recirculate.

• Protect the air inside your home. Research shows

that air purifiers can help protect your health during a wildfire. Consider using an air purifier that has a HEPA filter to capture harmful particles in your home and circulate air around the whole room to help clear the air in your home from smoke.

• Don't depend on a dust mask. Ordinary dust masks

Fogle Pump &

Supply,

Lic. #FOGLEPS095L4

Been serving the

Wenatchee area

for 38 years

will not help. Look for masks marked N95 or N100 which will filter out the damaging fine particles in wildfire smoke, but ensure that they fit your face (masks do not fit children). Consult with your doctor before using a mask, especially if you have lung disease, as it may be difficult to use.

• Check with your doctor. If you have any worsening symptoms, check in with your physician about symptoms and your medications.

• Know the air quality in your area. Visit www. airnow.gov or download the AirNow app on your smartphone. Local radio, TV weather reports and newspapers also provide updates.

• Have your indoor air quality assessed. The American Lung Association in Washington's Master Home Environmentalist program offers free in-home assessment for Seattle residents to identify health hazards such ventilation issues, mold, mildew and more. We then recommend simple, no-cost or low-cost solutions to improving the air quality in your home. Seattle families that have a child with asthma may be eligible to receive a free HEPA air cleaner with a home visit.

One of the many pollutants found in wildfire smoke is particle pollution, which is a mix of very tiny solid and liquid particles suspended in air. Exposure to wildfire smoke and particle pollution can trigger asthma attacks, heart attacks and strokes.

"Being prepared for wildfire health hazards before they start is crucial to protecting our health," said Season Oltmann, Executive Director for the American Lung Association in Washington. "Some of the most vulnerable to wildfire smoke exposure are babies, small children, pregnant women, the elderly and anyone with existing respiratory problems or heart disease."

More information on how to protect yourself from wildfire smoke can be found here. You can also call the American Lung Association Lung HelpLine at 1-800-LUNG-USA to speak with respiratory therapists and registered nurses regarding questions about lung health.

Don't Trust Just Anyone For That Once-In-A-Lifetime Investment Sign up now! No Waiting!

Over 12,000 wells drilled **NE Washington's leaders** *in Well Drilling*



www.foglepump.com



- Rotary Drilling
- Hydro-fracturing
- Licensed Drillers
- Free on-site Estimates

99% CUSTOMER SATISFACTION!



SPOKANE • COLVILLE • REPUBLIC • DEER PARK 509-782-5071 • 1-800-845-3500

BBB



ing in this newspaper is subject to the Fair Housing Act, which advertise "any preference, limitation or discrimination based on race, color, religion sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible fo corrections to advertisement: on the first publication only The advertiser will be responsi ble for corrections made there after. NCW Media Inc. shall no responsible for sligh changes or typographical er rors that do not lessen the NCW Media Inc.'s liability fo other errors or omissions in connection with an advertise ment is strictly limited to the publication of the advertise nent in any subsequent issue No monetary refunds will be given. For more information call (509) 548-5286.



ORCHARDS & FARMS



See **MORE CLASSIFIEDS & PUBLIC NOTICES** on Page B4

Opportunity



Profitable Flower Shop For Sale Kashmir Gardens Florist, is a successful, well-known, respected business. and a Cashmere mainstay since 1949 Great growth potential! Owner retiring. Asking 35K. Includes inventory, equipment, and displays. Terms-cash. Building is for sale separately. 509-782-2071 Kashmirgardens florist@yahoo.com

FOR RENT

Che-1 bedroom duplex. Year around. \$800 lan. month. Includes all utilities. AC. No pets. References and deposit required. 509-682-2460.

SERVICES



Disking • Tilling Mowing Hourly Tractor Work

Free estimates 33 years experience Céll 509-679-2469 **Bus license** #602-781-946

ANNOUNCE IT IN THE CLASSIFIEDS

AT NCWMarket.com

***HAPPY BIRTHDAY**

*CONGRATULATIONS!

WILL YOU MARRY ME?

*I'M SORRY!!

*Happy Anniversary

Only \$15 for 30 days

includes 3 photos

HELP WANTED

Manson School District is seeking applicants for the following positions.

Assistant Cross Country Coach 2019-2020 Assistant High School Football Coach

Detailed job description and online application process are available at: <u>https://www.manson.org/</u> Page/609. EOE. Question please call Lorrie at (509) 687-3140

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth/ Cashmere Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

F



CHARGE/ ER RN Full-time/Days

Three Rivers Hospital is seeking a full-time Charge/ER RN responsible for providing onsite nursing service supervision and performing delegated administrative functions during specific work shift. Current Washington State RN license required. Two years of RN experience required. Charge Nurse experience in Acute Care is preferred. Experience and skills in ER is recommended. Current BLS/CPR, ACLS, TNCC, PALS & NRP certifications. Rotating days and includes some weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 x 3343 www.threerivershospital.net afisk@trhospital.net EOE

Bluebird Grain Farms is seeking a Granary Operator/Millwright. Pay is DOE, with strong potential for wage growth and/or a salaried position for the right candidate. Email

info@bluebirdgrainfarms or call 509-996-3526 for information. Serious inquiries only please.

\$100.00

Responsible for the overall direction. coordination, and evaluation of the transfer station. Also directly supervises three employees. Carries out supervisory responsibilities in accordance with the organization's policies and applicable laws. Responsibilities include training employees; planning, assigning, and directing work; appraising performance; addressing complaints and resolving problems. Duties include preventive maintenance, limited repair of assigned vehicles and the performance of manual tasks associated with assignments. Operate vehicles up to a fifth wheel, multiple trailers and large capacity loads with 53-foot trailer to Wenatchee. Also responsible for assisting

NCRR Manager/Driver

in the daily operation of the transfer station. Attending to customers, managing incoming solid waste and maintaining a safe environment.

Ideal Candidate: Supervisory/ Management experience, excellent customer service skills, self-starter, experience with heavy equipment, backhoe minimum, basic math skills, working with payments and deposits.

Pay is DOE. Health Benéfits are available. **REQUIRED: Class A** CDL

If interested please contact Cory Howe or Darby McNeil at 509-422-4530, email darby@ sunrisedisposalinc.com and/ or pick up an application at 330 Ferry St, Omak, WA.

Full and Part-Time **Bed Maker, Laundry** and Housekeeping Leavenworth Enzian Inn, hiring for full and

Seasonal Housekeepers Needed! Multiple positions available in: Chelan, WA \$15/ hr + perks & bonus opportunities Weekends and reliable transportation required. Apply today at www.vacasa.com/careers Or text "Vacasa" to 97211

Sunday School Teacher for Children's Ministry at Cashmere United Meth-Church. A odist fun, friendly and reliable Sunday School Teacher to teach children ages 2 to 10 years old from a Church provided curriculum. The position is every Sunday from July 1 to mid June. Hours are from 10:45 a.m. to 12:15 p.m. This is a paid position. Position is open until filled. A complete Job Description can be found on "Cashmere United the Church" Methodist Facebook page.

Full or part-time sales Great opportunity clerk. for retired person or for younger person planning to own their own business. No experience required. Computer skills helpful. Call Ellie, Your Family Name, 933

Street, Front Suite D. 1-425-319-9869.



Journalist Wanted The Lake Chelan Mirror

Is looking for a talented writer/ photographer to report on the news of the Chelan Valley Lake Qualified applicants will cover city council, local boards, school high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love attend community to events. Must be a team player and willing to

SELS REALESTATE

Housing sales are HOT! Is your home getting the attention it needs?

> Advertise your property on our website for one low fee.

- Includes up to 5 photos
- Includes video
- Unlimited description
- Google map to your location (or you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)

Our site is promoted across North West Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel in



THEME: SUMMER FUN

ACROSS

61

64. Church part

DOWN 1. '70s hairdo 5. Used for Chinese cooking 8. Part of URL tourists -and-slide 12. Cone-shaped quarters 13. Formerly known as dropsy 15. "Les MisÈrables" author 16. Hissy fit 17. Sink hole 18. *It varies widely in different regions 20. One from the Magi 21. Native American emblem 19. Lavatory, abbr. 23. Like #21 or #37 in this crossword 26. Borrower's warranty 29. Geological time period 30. Experienced sailor 33. Wraths 35. Turning abstract into real 37. Zippo
38. Carl Jung's inner self
39. It's considered abominable 40. Ticks off 42. Mightier than sword? 43. *Popular July 4th event 45. Climb Kilimanjaro, e.g. 47. Bigheadedness 48. Hawaiian veranda 50. Vegetarian's protein source 52. *It won't last long in the heat . Canada's favorite tree 56. UN civil aviation agency 57. Another spelling for #54 Down, sing. 59. Listens to #19 Down 60. Accepted behavior Copenhagen native 62. Flower precursor 63. D.C. time

1. *Bonfire residue 2. Mess up 3. Capital of Latvia 4. Porto, to many English-speaking 5. Painful expression 6. Poppy product 7. *In need of a breeze 8. Like Beethoven 9. Fail to mention 10. *A farmer's ____ 12. Sleeping sickness vector 13. Hoover's middle name 14. *Blast from past in movie watching -boots 22. Car nut 23. Bald eagle's nest 24. Do like ivy 25. Yogurt-based dip 26. Cobbler's concern 27. Nonsense 28. Red Sea nation 31. Actress Hathaway 32. Mammoth site, e.g. 34. *Summer castle material 36. *Light bearer 38. Very, in music 40. Big fuss 41. Kidnapper's demand 44. Fits of shivering 46. *Noisy insect --0. ⊑1 Pollo ____, pl. 49. Not together 50. Off "-----48. El Pollo 50. Off-limits 51. Newspaper piece 52. Conifer 53. Like 2016 54. Ages and ages 55. Flash dancers 58. Born, in society pages

part-time Housekeeping Laundry / Bed Makers Enjoy competitive а wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 4:00 daily. Hotel ameni ties such as fitness room, indoor pool and jacuzzi are available to employ ees and their immediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth



S·	UI)0		Јок		UZ	ZZ	LE	
The support you need to find quality SENIOR LIVING SOLUTIONS A Place for Mom has helped over one million families find senior living solutions that meet their unique needs. There's no cost to you! CALL (855) 439-6734 ! We're paid by our partner communities Place for Mom.									
	6	3				8	9	2	
				7	9				
		4	3		8	7	5	1	
		7	9	8					
9		2	1		4	6		8	
				2	3	9			
1	7	6	5		2	3			
			6	4					
5	4	9				2	6		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Classifieds & Public Notices

HELP WANTED

Wanted maintenance and aroundkeeper for Brewster and Bridgeport area. Full-time. Roving between properties. Send resume to assistant@uminc.net.



Nurse Navigator: This position offers a \$5,000 on bonus. Must sian have two years of Cardi experience and ology make a 2 year commitment to Confluence Health/ Relocation available DOE

Medical Assistant Certified: \$2,000 Sign on Bonus for experienced Certified Medical Assistants. Active DOH Washington State Medical Assistant Certification. year One of Assistant Medical experience re-(MA-C) àuired. One year employment commitment with Confluence Health. Relocation available DOE

For a detailed overview of job duties and to apply, please refer to our career website below:

https://www. confluencehealth.org/ career-opportunities

Full and Part-Time Breakfast Catering Staff

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast and at catered buffet functions.

Full and part-time posirequiring tions some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person. 590 Hwy. 2 Leavenworth

Help Wanted

Town of Winthrop Lodging Tax Advisory Committee is now accepting applications for a Winthrop Marketing Director to promote the Town of Winthrop.

Applicants should have a bachelor's degree in marketing, or a related field, recent marketing experience. have

excellent written and verbal communication skills, an entrepreneurial spirit, be self-starters,

and have a strong knowledge of the Town of Winthrop and its activities, businesses, and people. Position is full time and salaried.

Email resume to winthropmarketingdirector @gmail.com

for additional details.

WORK WANTED

Looking to clean private rental homes in the Leavenworth area. Have references. Call 509-557-2151.

PUZZLE SOLUTION

S I H I	F R L I	0			W	0	16				_	-	_
нι		D		_	**	0	Κ				D	0	Т
		Ρ		Т	Ι	Ρ	Ι		Е	D	Е	Μ	А
8	υG	0		S	Ν	1	Т		D	R	А	1	Ν
	ΒA	R	В	Е	С	U	Е		G	Ι	F	Т	
		Т	0	Т	Е	Μ		L	A	۷		_	
	CR	0	S	S		_	s	U	R	E	Т	γ	
	RA		S	Е	А	D	0	G		1	R	E	S
	EI	F	Y	_	Ν	1	L		А	Ν	Т	Μ	A
_	ET	1		A	N	G	Е	R	S		Ρ	E	N
ł	PA	R	A	D	Е			A	S	C	Е	Ν	D
	TO	E	G	0		L	A	N	A	1		-	
	TO	F	U		P	0	P	S	1	c	L	E	
	AP	L Y	E		I N	C	A	о М		A	E	0 N	NE
	BE	T	5		E	0 S	R	IVI		D	P	S	E
ы					E	0	1			A	F	0	
7	6	1	3	4		1	1	5	8	;	9	Γ	2
8	1		5	2	2	7	1	9	4		3	1	6
2	9	Ţ	4	3	;	6	1	8	7	ſ	5	t	1
4	5	ŀ	7	ĝ)	8	1	6	1	T	2	1	3
9	3	T	2	1	T	5	Ļ	4	6	;	7	ħ	8
6	8	t	1	7	ſ	2	1	3	9)	4	Ţ	5
1	7	1	6	5	;	9		2	3	;	8	Ţ,	4
3	2	1	8	6	;	4	ŀ	7	5	;	1	1	9
5	4	1	9	8	;	3	T	1	2	2	6	ľ	7

APPLIANCES

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for

MOVING SALE

MOVING COOK BOOK COLLECTION FOR 402 already SALE. boxed, more to be added, excellent condition. 509-682-4709

GENERAL MERCHANDISE

ALJU Stove &

Fireplace, Omak can take all your stress installing out of our wood, pellet and gas stoves, fireplace inserts, fireplaces. Chimand neys, hearthpads, chimney relining, gas venting, gas piping, repair and complete, code installation and advice year-around. 45 + years. Experience.

Čall Al Bosco, 509-826-2736 aljusf * 055om

PUBLIC **NOTICES**

PATEROS SCHOOL BOARD OF DIRECTORS NOTICE OF BUDGET HEARING MEETING

The Board of Directors of the Pateros School District 122-70J, Okanogan and Chelan Counties, will meet at 5:45 p.m. on Monday, June 24, 2019 in the li-brary of the Pateros School for purpose of conducting a budget hearing meeting for the 2019-2020 school year. A copy of the proposed budget will be available for public examination @ www.pateros.org and in the district office on June 20, 2019. Any person may appear at the hearing and be heard for or against any part of the budget, the four year budget plan, or any proposed changes to uses of enrichment funding.

The Pateros school District is a barrier free facility accessible to persons with disabilities. Additional information is available in the superintendent's 509-923-2751 ext. 4. office

Greg Goodnight Clerk of the Board Pateros School District Published in the Quad City Herald June 6 and 13, 2019. #85364

Pateros School District **Structure Declared Surplus**

The board of directors has declared the physical structure lo-cated at 125 N. Chris St., Pa-teros, WA surplus. Contact the district office at 509-923-2751 x 4 for terms and specifications on the removal of the structure. Sealed bids to remove the structure accepted in the district office until noon on 6/20/2019. Bids will be opened in the Su-perintendent's office at 12:15 p.m. on June 20, 2019. The board of directors reserves the right to review and award all bids during this process. Successful bidder will be notified and payment must be made by certified check. Published in the Quad City Herald June 6 and 13, 2019 and the Lake Chelan Mirror June 5 and 12, 2019. #85363

Stool softeners, laxatives, here is the difference

Q: After I had my hip replaced, my surgeon recommended I take a stool softener for a couple of weeks to prevent constipation. Is that the same as a laxative?

Laxatives encourage movement of your stool through your intestines, helping to prevent and relieve the pain and pressure of constipation. The word laxative means "to loosen", similar to the more common words "relax" and "lax", meaning acting loose or relaxed. So, a laxative works to "loosen" your bowels, relieving constipation. Stool softeners are considered a particular type of laxative called an emollient laxative, used to lubricate the stool.

When you swallow a bite of food it starts down a series of tubes called your digestive tract. Highly acidic gastric juices are secreted by cells in the lining of your stomach, breaking down your food into a form that will eventually be absorbed into your body. Moving the mostly liquid mass of food from your stomach into your small intestine begins the process of absorbing the vital nutrients in the food that you just ate.

Your intestines are lined with special cells designed to absorb nutrients, medicines, and water. There's also a layer of very important muscles that run the entire length of your intestines that keep that mass of food and liquid moving along, and whatever is left over is eliminated as stool or feces.

The longer it takes to move through your small intestine to your rectum, the more water gets pulled out of your stool, making it smaller, harder and more painful to eliminate. An emollient can soften the stool both by pulling moisture back into the stool and by lubricating it, easing the discomfort of constipation. The most common stool softeners are docusate and mineral oil.

Docusate is a surfactant very much like a detergent or soap, and helps water to move into your stool. Although docusate doesn't directly stimulate the muscles of your intestines or increase the movement of stool, it can relieve constipation by replacing some of the water in your stool that is absorbed by your body as it moves through your intestine. Docusate is usually easy to tolerate but may occasionally cause diarrhea or stomach cramps. Unlike mineral oil, it doesn't interfere with absorption of



nutrients or vitamins

Mineral oil is a liquid refined from crude oil. It lubricates the stool but doesn't increase its water content like docusate. Mineral oil is colorless and odorless, and "baby oil" is a scented version of it. Mineral oil can interfere with your body's absorption of fat-soluble vitamins like vitamin A, D, E and K, eventually causing a deficiency and also can leak out from your rectum. If you accidently inhale it while trying to swallow, mineral oil can cause life-threatening irritation to your lungs. Mineral oil usually stays in your intestine where it is needed, but if you take docusate and mineral oil together, the mineral oil can be absorbed into your body and away from where it can help relieve painful elimination.

Emollient laxatives like docusate and mineral oil may turn your stool "mushy" but don't directly stimulate the muscles lining your intestine. While most people get results within 2 days, it can take up to five days for full effect.

Here are 5 Tips on Using a Stool Softener:

1. Drink enough water and fluids, especially around mealtime.

This will help docusate do its job of helping move water into your stool.

2. If you are on a sodiumrestricted diet, choose docusate calcium instead.

Docusate has two forms, sodium and calcium. If you

must restrict your sodium intake, choose docusate calcium instead of docusate sodium. It can be hard to find; if you don't see it on the shelf, ask the pharmacist.

3. If you have trouble with large pills, don't buy 250mg docusate capsules.

The size of the capsules is hard to see through its dark bottle. Although the 250mg capsule is a better value than the 100mg because they cost the same, the 250mg capsule is HUGE and should not be cut.

4. Avoid cutting or biting docusate capsules.

Docusate tastes HORRIBLE, just like soap, because that's what it is. Avoid biting or cutting docusate capsules unless you like the soapy taste. The syrup is nearly as bad; it ranks consistently at the bottom of liquid taste tests and the aftertaste can linger for hours.

5. For faster results, choose a combination laxative and stool softener.

Docusate is often combined with a more stimulating laxative like senna or bisacodyl. Senakot-S® and Peri-Colace® are examples of combination products.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. *Yourquestions and comments* are always welcome at www. AskDrLouise.com.

®2019 Louise Achey

Event notices

Health tips

Online Access

Breaking News

Outdoor activities



Piano Accompanist for Cashmere United Methodist Church. This vital member of the music ministry team at CUMC will provide piano accompaniment as needed to support the worship team and worshipping congregation. Hours are from 10:30 a.m.to 12:30 p.m. 48 weeks at

2 hours weekly. This is a paid position. Position is open until filled. A complete Job Description can be found on the "Cashmere United Methodist Church" Facebook page.

Part Time **Dental Hygienist**

Our office is a well established practice in beautiful Leavenworth. We are seeking a professional, caring, enthusiastic indi-vidual to call our dental practice home one day a week, 8 a.m.-5 p.m. Knowledge Dentrix ot software and Spanish speaking a plus. Please send a cover letter and resume either by mail or drop off at:

Dr. Bradford O'Brien 11779 Hwy. 2, Ste #201 Leavenworth, WA. 98826 509-548-5415 Contact: Trinice Lak.

Heidleburger Drive In part-time/ now hiring sūmmer full-time help. Need to be available for weekend evening and shifts. Fast paced envi-Come in and ronment. talk to Niki.12708 Hwy. 2.

Seasonal Housekeepers Needed! positions Multiple available in: Leavenworth, WA

\$15/ hr + perks & bonus opportunities Weekends and reliable transportation required. Apply today at

www.vacasa.com/careers Or text "Vacasa" to 97211

one low price. Deadline Monday at noon

for the paper Lake Chelan Mirror Leavenworth **Cashmere**

Deadline Tuesday at noon for the paper Quad City Herald

GARAGE & YARD SALE

MOVING SALE ONE DAY ONLY Saturday, June 15 8 a.m. - 3 p.m. 10540 Simpson Road, Leavenworth. Furniture, tools, camping gear, misc. household items.

MOVING SALE

Leavenworth: huge moving sale, on June 15, 8-4. at 12663 Prowell St. accumulation 43 years must Collectables go. primitives. Lots of and shop items, tools, ladders and other guy stuff. Yard, garden tools, pots and new cedar flower boxes. Camping tents, sleeping bags, and 1950's Coleman camp table. Canning sewing supplies, machine, fabric, quilts and craft items. Lamps, bar stools daybed, other fur-Way niture. too much household to list. Everything is priced for quick sale, This is the one to go to first!

REDUCE REUSE RECYCLE



Have a *Community Story idea?* **Contact QCH reporter Mike Maltais** at 360-333-8483 or qchreporter@gmail.com



in the local newspaper Local school news •Public & legal Local sport Local arts & Opinion & editorials Meeting notices **ONE YEAR Community newspaper Subscription rates: 52 ISSUES** Print and Premium on-line access - **\$45 per year** You Lo **0**w New Cor Publ E RB

Call us toudy!									
509-293-6780		\$40 per year							
	<u>Record</u>	D BIBRALD	MIRROR						
Your Only	On-line only - \$40 – indud	es E-edition of paper ex	actly as printed						
Locally	<u>Record</u> <u>FCHO</u>	D TERALD	MIRROR						
Owned	Print only out of state - \$50 per year								
Newspaper	<u>Record</u>	[] [][ERALD	MIRROR						
Company	Out of Country only available as on-line edition								
	NCW Media Inc. Attn: Circulation P.O. Box 249 Chelan, WA 98816	Ph: 509-293-6780 Fax: 509 Email: circulation@lakechel							
	Name of person ordering:								
Publishers of:	Address:								
ECHO	Email:	Phone:							
RECORD	Send gift subscription to:								
MIRROR	Address:								
FIERALD	Email: Payment information (pay by credit card or check):	Phone:							
BUSINESS	Credit Card number:		Paying by check?						
	Exp: Visa MasterCard	Discover	Check enclosed:						

Here's a better option Advertise it on

NCWMarket.com

Run it till it sells - Automotive (\$25.00)

Don't just park your car on the side of the road with a "For Sale" sign!

Promote it on the web for one low price where local buyers can see it at their leisure.

- Includes up to 3 photos
- Includes video
- Unlimited description
- Google map to your location (or you can opt out)
- Privacy link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it. You can renew it for an additional 12 months at no additional charge.