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YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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Brewster Early Head Start to benefit from grant See page A2 WVC CHS courses come to Quad City high schools See page B1

PBCRC hosts sixth annual Salmon Bake June 24

PATEROS - The Pateros Brewster Community Resource Center (PBCRC) will host the sixth annual Salmon Bake in Pateros Memorial Park from 12 noon to 6 p.m. Saturday, June 24.

Traditional flame-grilled Copper River salmon will be on the menu together with corn, Caesar salad, and bakery rolls from the Sweet River Bakery. The suggested donation is \$10

A silent auction and raffle drawings will be held during the event with proceeds benefitting PBCRC programs.

Brewster prohibits private wells

BY MIKE MALTAIS STAFF WRITER

BREWSTER – City council members enacted an ordinance prohibiting the drilling of all new private wells within the city limits during their regular monthly meeting on Wednesday, June 12. The ruling does not affect any private wells that existed prior to approval of the new ordinance.

Until the new ordinance was approved a property owner could drill a private well provided his lot size met the required lot size. The new measure provides that the City of Brewster is now the sole provider of water at all periods.

City attorney Chuck Zimmerman explained recent developments behind strengthening the existing ordinance.

Zimmerman said the city public works director recently received an application to drill a private well on private property within the city and with the wording of the ordinance as written the applicant "could make a pretty good argument that it's not prohibited," Zimmerman said.

Zimmerman said there are specific instances where some city property owners have private wells because the city is unable to serve them with city water. However, the city is currently trying to solve water quality and water quantity issues and any new well would draw from the same aquifer and face the same problems.

Zimmerman added that most cities have a similar provision designating the

SEE WELLS ON PAGE A2

Brewster basefield for youth only

BY MIKE MALTAIS AFF WRITER

batting balls into my back-

Second annual Cherries Jubilee is a hit





Courtesy Mike Mauk Tom Michaila's 1958 Corvette was voted Best of Car Show at the second annual Cherries Jubilee celebration held Friday and Saturday, June 14 and 15 in Brewster. More photos on page A3 and at qcherald.com See page A2 for Dessert Contest results. Mike Maltais/QCH

LEFT: Brittany Jean entertained Saturday afternoon at the celebration.

Current ordinance prohibits it Brewster council asked to reconsider retail marijuana

BY MIKE MALTAIS STAFF WRITER

BREWSTER – Speakers in attendance at the city council regular monthly meeting on June 12 represented Okanogan County Superior Court, North Central Regional Library (NCRL) and the retail marijuana business.

Dennis T. Rabidou Director of county's Youth and Family Services Division appeared with Superior Court Judge Henry Rawson to provide council members a regular update on services and programs related to juvenile issues and partnerships with community agencies, law enforcement and schools in the south county area.

Costs, recidivism decline

Barbara Walters, executive director of the NCRL, appeared with several staff personnel including Brewster branch man-

ager Rebecca Zion to update council members about summer programs and other services available to subscribers.

Dennis

Rabidou

Council member Manny Hurtado inquired about continuing education local access for residents who need to take monitored exams for various technical certifications. Hurtado said that out of area travel to Wenatchee, Spokane



Barbara Walters

Walters said she would look into the request and respond soon.

branch.

Saranjit Bassi owns a retail marijuana store in Okanogan and asked council members to reconsider the allowance of a similar store in Brewster. Bassi said tax revenues from the business would benefit the city.

The existing city ordinance



of business licenses for any activity that is illegal under state or federal law. Saranjit Bassi Since mari-

approved in

2012 provides

for the denial

juana remains unlawful under federal law the city would have to revisit its ordinance to allow retail sales within city limits.

Council member John Housden suggested that no action be considered by the council until it can be established that there is a site within the city where location of a retail marijuana store would not violate existing buffer zones.

or beyond is often required for exam purposes and wondered if the library had a way to offer similar access at a local NCRL

BREWSTER – Council members voted to designate a small playfield and ball diamond abutting residential housing on the far east end of the park bordered by upper West Cliff Avenue and S. Bridge Street as "youth baseball only" at its regular monthly meeting on Wednesday, June 12.

The youth restriction was approved to avoid potential liability from baseballs hit over the boundary fence by adult batters and breaking windows or causing other damage to adjacent residences.

Public Works Director Lee Webster reminded council members how the field came into existence in the first place.

"My father sold that field for the express purpose of a little league field in 1976 to the city for ten dollars, said Webster. "Ten dollars."

The city public works director said he recently confronted a group of adults "with a cooler full of beer

After neighbors com-

plained to Webster about the incoming hits, he confronted the party and explained the danger to nearby private property. Webster said his attempt to intervene was ignored so he and his son 'spent the next two hours shagging balls."

Council member Avis Erickson agreed with Webster and said the field was so small that it was not designed for adults.

"Softballs go over the fence," Mayor Art Smyth said.

With the new ordinance officially in place city attorney Chuck Zimmerman noted that once the notification signs are up Brewster law enforcement now has the authority to address misuse of the field with the potential fine of up to \$500 fine for a civil infraction.

Other sports such as soccer, flag football or related activities are not a problem, council members agreed, but adult baseball is prohibited.

Okanogan County drug court follows NACDP model

BY MIKE MALTAIS STAFF WRITER

OKANOGAN - Thirteen years ago, the Okanogan County Superior Court joined a growing justice movement that had already been in existence for more than a decade aimed at providing a more effective model for treatment of substance abuse offenders, the National Association of Drug Court Professionals (NADCP).

At 10 a.m. every Friday, Superior Court Judge Chris Culp convenes the Okanogan County felony drug court sessions that are open to the public. The proceedings operate on a premise established by the NADCP nearly three decades ago: rather than continue to allow individuals with histories of addiction and crime to cycle through the justice system at great expense to the public, courts leverage the justice system to keep defendants engaged in treatment alternatives long enough to be suc-



Superior Court Judge Chris Culp holds drug court sessions open to the public every Friday morning.

cessful. Those who succeed avoid the otherwise negative consequence of most criminal proceedings.

Last Friday, June 14, Judge Culp reviewed the individual progress of a half dozen defendants who are working their way through a fourphase, two-year treatment regimen that involves counseling, job-seeking, community service, continuing education, accountability, restitution, and other measures designed to reinforce steady progress through a recovery schedule.

Judge Culp also extended the invitation to join the program to four new offenders who attended the session in jail attire and restraints.

During his interaction with those enrolled in the treatment program, Judge Culp emerged from behind the bench, walked to the center of the court room and engaged each individual in turn with a cordial and positive manner. Well-informed on each case history, Judge Culp praised where praise was due and encouraged where appropriate in a narrative that conveyed his investment and support of a successful outcome. Following audience applause and a handshake from the judge, each participant selected a small gift from a reward box for their efforts and attendance.



Brewster Police Chief Nattalie Cariker

Law enforcement takes an active role in team meetings and court sessions. They "work collaboratively with the judge, prosecutor, defense attorney, treatment providers and case managers," a drug court media release said.

Brewster Police Chief Nattalie Cariker has been instrumental in efforts to get law en-

SEE DRUG COURT ON PAGE A2



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Community

Cherries theme at Senior Center



Mike Maltais/QCH

From their appearance on a sample plate all three entries in the Senior Center Cherries Jubilee Dessert Contest look like winners. More photos at gcherald.com

By MIKE MALTAIS STAFF WRITER

BREWSTER - In contrast to the sirens, tire smoke, music and other celebratory sounds coming from Main Street during last Saturday's parade, the atmosphere inside the Pateros-**Brewster-Bridgeport Senior** Center was cool and quiet as preparations were underway for the Cherries Jubilee Dessert Contest later that afternoon.

Entrants dropped off their delicacies between 11:30 a.m. and 12:30 p.m. as three judges gathered from around the area to sample each dish and award points based on three criteria. Judges evaluated each dessert in three categories with a portion of 100 percentage points allotted to each.

Taste counted for half of the score, or a maximum of 50 percentage points and emphasized how well the primary element, cherries, came through.

Execution for 35 percent focused on the use of featured ingredients and how well they matched the intent of the con-



Appearance counted for 15 percent.

Judging the entries were Alex Hymer, owner/baker at Sweet River Bakery in Pateros, Brewster City Council member Avis Erickson and Dennis Ferree, chef at Howards on the River in Pateros.

Of the three entries submitted, one from Millie Powell took the top prize with 42 points for taste, 35 for execution and 15 for appearance or 92 percent. Powell barely beat out second place, an anonymous entry that scored 43 points for taste, 24 for execution and 13 for appearance, or 90 percent.

Third place with 40, 33 and 10 points respectively for 83 percent went to Patsy Whitley. After the judging was completed, senior center president Kathy Lowry revealed that she baked the anonymous entry.

Those who attended the event had their patience rewarded with a sample plate of the entries.

QUAD CITY

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Brewster Early Head Start benefits \$1.3 million granted for Heat Start expansion

BY MIKE MALTAIS STAFF WRITER

BREWSTER - The Okanogan County Child Development Association (OCCDA) has been awarded a \$1.3 million annually renewable grant to expand Head Start and Early Head Start services in several county locations, including Brewster.

OCCDA Executive Director Jodi DeCesari said OCCDA submitted a grant request to the U.S. Department of Health and Human Services Office of Head Start was approved along with initial start up funds to expand programs in Brewster, Omak and Oroville. "The grant continues as

long as a need is demonstrated," said DeCesari. "We just need to re-apply every five years.'

"Head Start programs support children's growth and development in positive learning environments through a variety of services including early learning, health, and family well-being," an OCCDA media release said.

Early Head Start provides services for pregnant women and children up to age three and offer both home visitation and classroom programs. Head Start programs are center-based pre-school oriented for children ages three to five.

"Over the past 18 months,

OCCDA has made significant efforts to hear from local communities about their needs for children and families," said DeCesari. "These funds enable OCCDA to better meet the needs of the communities we serve and accommodate the needs of working families."

DeCesari told the Quad that there is a problem with a lack of available openings for low income families.

"The state is working on that," DeCesari said.

In the meantime, the grant funds will allow OCCDA to increase hours of service to full day programming at the Brewster, Omak and Oroville centers.

OCCDA has been provid-

ing services to children and families in the county for more than 50 years, the media release said.

"The organization provides Head Start programs, Early Childhood Education and Assistance Program (ECEAP) funded pre-school, Maternal, Infant, and Early Childhood Home Visiting (MIECHV) funded home visiting programs, and is the local Imagination Library Affiliate," the media release said. "Last year. OCCDA served 352 local children and their families."

More information about OCCDA programs is online at occda.net. To inquire about services for a child, call (509) 826-2466.

DNR revises fire danger ratings from county to common components

BY MIKE MALTAIS STAFF WRITER

OLYMPIA - The Washington State Department of Natural Resources (DNR) has revised its fire danger rating system used for Eastern Washington to reflect geographic areas sharing similarities of fuels, topography and climate in addition to administrative boundaries.

The new rating called Fire

Danger Rating Areas (FDRA's) is an interagency collaboration with the goal of incorporating common fire behavior characteristics to clarify messages between multiple agencies.

DNR is the state's largest wildfire fighting force responsible for wildfire prevention and response on 13 million acres of state, private and tribal lands.

Daily updates on burn restrictions and Industrial Fire Precaution Levels are available by calling 1-800-323-BURN (2876) or on the Fire Danger and Outdoor Burning risk map available on https://fortress.wa.gov/ dnr/protection/firedanger/ and the Industrial Fire Precaution Levels map at https://fortress. wa.gov/dnr/protection/ifpl/.

The Methow and Chelan FDRA's are part of expanded burning restrictions effective June 14 prohibiting rule burn-

ing and small debris disposal fires. Written burn permits burning will no longer be allowed in the Methow FDRA. Fire danger also increased from moderate to high in the Methow FDRA.

"Campfires may be allowed in Approved Designated Camp Grounds," a DNR media release said. "Always check with local campgrounds hosts before light a campfire."

WDFW Susewind to host WDFW Q&A June 20

BY MIKE MALTAIS STAFF WRITER

WENATCHEE - The public is invited to participate in an online question and answer session with Washington Department of Fish and Wildlife Director Kelly Susewind and WDFW North **Central Regional Director** Jim Brown from 5-6 p.m. Thursday, June 20. Susewind has hosted pre-

DRUG COURT

CONTINUED FROM PAGE A1

forcement representatives from around the county to attend drug court sessions throughout the year.

"Okanogan County (felony) Drug Court is an important research-based treatment court for the county to utilize to prevent individuals reoffending by addressing their addictions

Kelly

Susewind, Wash. Dept. of Fish and Wildlife Director

Cariker. "Law enforcement is a partner of the treatment court by referring, being involved in the team meetings and court proceedings.

Cariker added that the goal is to get individuals back to a heathy and sober life during and after their participation in drug court.

While not all who enter drug court are successful, figures to

tions from links on the WD-FW's website wdfw.wa.gov or at https://player.invintus. com/?clientID=283675545&e ventID=2019061014.

Susewind who has been WDFW Director for one year held a series of in-person open houses across the state in Spokane, Ephrata, Selah, Montesano, Ridgefield and Issaquah including a general digital open house last November 2018. A second

figures from the NADCP reflect up to a 58 percent reduction in recidivism and an average participant savings of \$6,000 to the court. In an economically challenged county like Okanogan those savings aren't insignificant. Judge Culp noted that all the county's therapeutic courts operate on a budget of less than \$600,000.

That NADCP model now involves more than 3,000 progeneral digital open house Q&A was held last May.

"I understand and care that the decisions we make in Olympia have a real ability to impact the quality of life in our communities," said Susewind in a WDFW media release. "This is an opportunity for our customers to share the topics and issues with us that affect them in their own region.'

grams across every state in the nation, four territories and more than 20 countries. Last May was recognized as National Drug Court Month. There are 3,454 drug courts in the U.S. that serve more than 150,000 people annually.

Okanogan's drug court will soon be adding a new coordinator to its staff who will be responsible for program accountability issues.

city to fast-track develop

vious digital open house events in the past but Thursday's is the first one conducted on a regional level. Online partici-

pants can watch and ask ques-

with different services," said

A2

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WELLS

CONTINUED FROM PAGE A1

city as the sole purveyor of water.

"It's really a health and safety kind of issue," Zimmerman said.

OCLTRG puts surplus materials on the block

The Okanogan County Long Term Recovery Group put five years' worth of remnants, tools and supplies left over from building and recovery projects from the 2014-15 wildfires up for donation last Thursday, Friday and Saturday at the Pateros Mall. Fire survivors got the first pick and what was left was available to the general public on Saturday.

Mike Maltais/QCH

The city recently addressed water quality and quantity issues through passage of an emergency measure last month.

At a May 31 special council meeting, members approved a resolution to accelerate its efforts to develop new city

wells because of excessive manganese content in its two existing river wells, one of which is necessary to provide the daily peak demand of 1,050 gallons of water per minute for city users.

ment of two new test wells with the current contractor, O'Connell Drilling & Supply, LLC, for quicker access to sources of high-quality water.

Approval of the emergency well resolution allows the



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Community

A day of Cherries Jubilee fun in the sun captured in photos













Courtesy Mike Mauk

CLOCK FROM TOP LEFT: Melanie McAlister from Oroville sang the National Anthem during the Main Street parade. This duo of Rusty Relic mascots were all smiles riding in the company trailer. The parade was so popular, even Cookie Monster showed up on his bike. A Fun Run winner breaks the tape held by Chamber President Anna Marie Dalbey.







TOP TO BOTTOM: A Legion Rider led the procession with the American flag, American Legion flag, and POW-MIA flag. Main Street saw its first burnouts on the blacktop. Danny Boy Too, the new car from the Thomason/Tradeup team that set more than a dozen land speed records, made a special appearance in the parade. From a Camaro on one end to a Corvette on the other, a line of custom wheels awaited voters in the Car Show on Main Street. A pair of identical photographers are reflected in the bumper of Vaughn Morgan's 1955 Mercury Custom Car Show entry. Best Deals, Inc. was the parade event sponsor.



Mike Maltais/QCH

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TOP TO BOTTOM: Three-on-three basketball kept several courts busy with competition. Dancing horses are an annual crowd favorite. Brewster Chamber officers Manny Hurtado and Anna Marie Dalbey provided parade commentary.







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DEATH NOTICES

A4

Juana F. Mejia

Juana F. Mejia, 64, of Malott and Brewster, Wash. passed away on June 10, 2019.

Services will be held at the Spanish Seventh-day Adventist Church, 4-8 p.m. on Thursday June 20, 2019.

Please leave any thoughts and memories for the family at barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

Cele Oliver McVay

Cele Oliver McVay, 87, of Pateros, Wash. passed away on June 15, 2019.

Please leave any thoughts and memories for the family at barneschapel.com. Services are entrusted to Barnes Chapel of Brewster

Antonio Ornelas

Antonio Ornelas, 82, of Brewster, Wash. passed away June 17.2019

Please leave any thoughts and memories for the family at barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

American Legion Auxiliary meeting date changed for July

BREWSTER - Due to the July 4 holiday, the Brewster American Legion Auxiliary meeting for July will be held on the second Wednesday rather than the first Wednesday. July's meeting will be July 10 at 6 p.m.

LIBRARY SUMMER PROGRAMS

PATEROS/BREWSTER/ BRIGEPORT - Under the theme "A Universe of Stories" libraries across North Central Washington are preparing for a summer filled with reading challenges, science and technology, theatrical programs, crafts and more. Sign-ups

have begun. Local NCRL branches will include the following summer

activities: Activities thru the end of June are: **Pateros Public Library**

174 Pateros Mall. 509-923-2298 June

- 2 p.m. Friday, 6-21 Craft: Make Your Own Planet.
- 2 p.m. Wednesday, 6-26 Jump for Joy: Village Rhythms from Around the World.
- 2 p.m. Friday, 6-28 Sticker Story.

*Events subject to change. Check online at NCRL.org/pateros for updates

Brewster Public Library 108 S. Third St. 509-689-4046 June

- . and Craft.
- Program.
- Smallfoot
- , for Kids.
- 3 p.m. Thursday, 6-27 Storytime and Craft.
- 11 a.m. Friday, 6-28 NCRL Puppet
- 3 p.m. Saturday, 6-29 Game Time. *Events subject to change. Check online at NCRL.org/brewster for updates. Bridgeport **Public Library** 1206 Columbia Ave.

509-686-7281 June

Around the World.

June 24 3 p.m. Thursday, 6-20 - Storytime

- 11 a.m. Friday 6-21 Brewster Police
- 3 p.m. Friday, 6-21 Movie Time:
- 3 p.m. Wednesday, 6-23 Karaoke

- Show.

1 p.m. Friday, 6-21 – Puppet Show. 1 p.m. Friday, 6-28 – Jump (Again) for Joy: More Village Rhythms from

COMMUNITY BULLETIN BOARD

Thursdays

S.A.I.L classes

BREWSTER - S.A.I.L (Stay Active and Independent for Life) classes are Thursday, 10-11 a.m. at the Brewster-Pateros-Bridgeport Senior Center.

Tuesday, Wednesday, Thursday

Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50. All diners are welcome

Tuesday, Wednesday, Thursday

Brewster Senior Center Rummage Room

BREWSTER - Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 12:45 a.m. Tuesday through Thursday. Donations will be accepted during store hours at the back door for the Rummage Room. No children's clothing. They will take "small pieces of furniture and sometimes larger items.

June 21, July 12

Brewster area monthly bus trips to **Omak and Wenatchee**

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is July 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month, June 21, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

June 24

Study Group for Citizenship / Grupo de estudio para la ciudadanía

BRIDGEPORT - Join us at the library as we study materials and practice answering citizenship test questions on Mondays 1-2 p.m. at the Bridgeport Public Library. / / Los lunes unase a nosotros en la biblioteca de Bridgeport de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 686-7281 or email atrejo@ncrl.org.

TOPS meeting

BREWSTER - TOPS (Take Off Pounds Sensibly) meets Mondays, 10 a.m., Brewster Boys and Girls Club, 601 Cliff Ave W. Preteens,

DOUGLAS COUNTY SHERIFF

June 4

- Miscellaneous at Bridgeport Middle School 1300 Douglas
- Alarm at 267 Crane Orchard Road on Bridgeport Bar.
- market, 1203 Columbia Ave.
- Civil incident at 635 State Route
- Welfare check at 2862 Kropp
- Suspicious incident at 108 Fifth

- Traffic offense at State Route 17, milepost 126 in Mans-
- Traffic offense at 109 Arden Ave. on Bridgeport Bar.

Domestic disturbance at 335

Road B N.W. and Road 14

Animal problem at 1709 Ray-

mond Ave. in Bridgeport.

173, milepost 8 on Bridge-

Animal problem at 1402 Foster

Disturbance at 2415 Foster

Creek Ave. in Bridgeport.

Harassment/threat at Bridge-

port Elementary School,

1400 Tacoma Ave. in Bridge-

Marine incident at Rocky Flats

Campground in Bridgeport.

Ave. in Bridgeport.

N.W. in Mansfield.

port Bar.

June 7

port.

June 8

- Ave. in Bridgeport.
- Traffic offense at State Route
- Traffic offense at M&R Super-
- in Bridgeport.
- 173 on Bridgeport Bar.
- Rd. in Bridgeport.
- St. in Bridgeport.

June 5

- field.

911 at 1112 Douglas Ave. in Bridgeport. omestic disturbance at 13/1

No, you can't wrap

a fish in a Web site.

teens, adults - male, female welcome. First meeting is free. TOPS Club, Inc. ® is an affordable, nonprofit, weight-loss support and wellness education organization. Learn about nutrition, portion control, food planning, exercise, and motivation. For info: Joyce Anderson, Coordinator, (509) 922-8820, visit www.tops.org, call TOPS Headquarters, (800) 932-8677.

June 25

Citizenship Study Group/ Grupo de estudio para la ciudadanía

BREWSTER - Join us at the library as we study materials and practice answering citizenship test questions on Tuesdays 1-2 p.m. at the Brewster Public LIbrary. / Los martes unase a nosotros en la biblioteca de Brewster de 1-2 p.m. para repasar materiales y practicar a contestar las preguntas del examen de la ciudadanía. For additional information about this event, contact Ana Trejo at (509) 689-4046 or email atrejo@ncrl.org.

June 26

June 29

Toddlers & Waddlers Storytime for Little Ones

BREWSTER - Looking for an exciting way to start off the day for your little ones? Join us at the Brewster Public Library for rhymes, stories and playtime every Wednesday at 11 a.m. For more information, Rebecca Zion at (509) 689-4046, email brewster@ncrl.org

Pancakes and Politics

OMAK - The Okanogan County Democrats are gathering at Magoo's Restaurant (back room) in Omak on Saturday, June 29, from 9-10 a.m. to have respectful, meaningful, and informal political discussions. Please join them for this casual "no host" breakfast, open to anyone interested in chatting about Democratic views. Contact Marlene Firth at (509) 997-9707 with any questions.

Subscribers - Help us, help you!

Date, time, place and cost if any.

Traffic offense at 21st Street

Noise at 108 Arden Ave. on

Noise at 1635 Raymond Ave.

Civil incident at 105 Arden Ave.

Civil incident at Bridgeport

Malicious mischief at 1000 Fos-

Non-injury accident at 16th

Street and Douglas Avenue.

ter Ave. in Bridgeport.

Post Office, 1206 Columbia

and Tacoma Avenue in

Bridgeport.

Bridgeport.

Bridgeport Bar.

in Bridgeport.

on Bridgeport Bar.

Ave. in Bridgeport.

In Bridgeport.

June 9

June 10

June 11

The digital age runs on email. So help us make sure we have your correct email address. Just send an email to circulation@lakechelanmirror.com. Make sure to put your name, phone number and paper subscribed to, in the email so we can find you in our subscriber files.

Submitting your Bulletin Board item

Who: Any non-profit 501(c)3 group. Person(s) must submit full

name and contact phone number. What: Items pertaining to

local events, meetings etc., that are free or a minimum charge.

Where: email to: ruthk@lakechelanmirror.com, subject line

QCH Bulletin. Deadline: Monday at 5 p.m. Be sure and include

Bar.

Bar.

port.

June 14

June 15

Bridgeport.



OBITUARY & MEMORIAL POLICIES

Find us online at

www.gcherald.com

NCW MEDIA, INC.

An **obituary** is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch. For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

22nd St. in Bridgeport. June 6

Parking/abandoned vehicle at

Rd. B N.W. in Mansfield. Welfare check at Foster Creek Avenue and 22nd Street in

Animal problem at 758 State Route 173, milepost 5 on Bridgeport Bar.

Disturbance at 409 22nd St. in Bridgeport.

Suspicious incident at Bridgeport High School, 1220 Kryger St. in Bridgeport.

June 12

- Civil incident at the zero block of Monroe Avenue in Bridgeport.
- Non-injury accident at Chief Joseph Dam, 45 Hayden Rd. in Bridgeport.
- Traffic offense at Raymond Avenue and 16th Street in Bridgeport.
- Civil incident at 637 State Route 173 on Bridgeport Bar.

June 13

Parking/abandoned vehicle at 10 Moe Ct. on Bridgeport loise at 2/100 Tacoma Ave. No 29 in Bridgeport.

Vehicle prowl at 861 State

Burglary at 1602 Foster Ave. in

911 at 603 15th St. in Bridge-

Scam at 335 E. Railroad Ave.

Public assistance at 108 Arden

Disturbance at 120 Second St.

Malicious mischief 712 Colum-

Traffic offense at Third Street

and Fairview Avenue in

bia Ave. in Bridgeport.

Ave. on Bridgeport Bar.

No. 19 in Mansfield.

on Bridgeport Bar

Bridgeport.

Route 173 on Bridgeport

Noise at Chief Joe Tavern, 1128 Columbia Ave. in

Bridgeport. Noise at 12th Street and Foster Avenue in Bridgeport.

June 16

Agency assistance at 646 State Route 173 on Bridgeport Bar.

Welfare check at 2208 Monroe Ave, in Bridgeport.

Agency assistance at 310 Fairview Ave. in Bridgeport.

June 17

911 at 322 Douglas St. in Mansfield.

June 18

Animal problem at State Route 173, milepost 2 in Bridgeport.

Find us online at www.qcherald.com

D CITY CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

BREWSTER SEVENTH-DAY ADVENTIST



Saturday Bible Study 9:30 a.m. Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com Pastor Ryan Kilgore

BREWSTER • BRIDGEPORT • PATEROS

but you can get the

local news online at

www.qcherald.com

CALVARY BAPTIST CHURCH Sunday Worship 9:30 a.m. 509-689-2920 · 6th & Jay www.cbcbrewster.com Pastor Greg Thorn

COMMUNITY LOG CHURCH Sunday Worship 10 a.m. 689-2224 • 501 W. Indian Avenue

ww.communitylogchurch.com Pastor Gordon Wright

HOPE LUTHERAN CHURCH Sunday Worship 11:00 a.m. Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10:00 a.m. 509-689-3106 • 1520 Sunset Dr. Pastor Kevin Moore

New Testament Baptist Sunday 10 a.m., 11 a.m. & 6 p.m. Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible." - Matthew 19:26

Sports / School

WVC CHS courses come to Quad City high schools

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT – College in the High School (CHS) a program from the National Alliance of Concurrent Enrollment Partnerships (NACEP) that approved accreditation for Wenatchee Valley College (WVC) last April is at work in Quad City high schools from Pateros to Mansfield.

"Bridgeport High School offers the largest number of

CHS courses in WVC's service district," said Bridgeport High School Principal Tamra Jackson. "This spring, six students received both a high school diploma and an associate degree without ever physically attending classes on one of the WVC campuses."

Along with Eastmont and Lake Roosevelt high schools CHS is also currently offered at Mansfield High School.

CHS is expected to be offered in four more high schools by fall 2019," said WVC Director of Concurrent Enrollment Programs Maria Christina Monroe.

A survey of Quad City school principals and websites found the following college level courses offered:

Pateros lists 35 college credits in its school website including 15 from WVC (Welding, Natural Resources and Horticulture/Ag Science), 30 from the University of Washington (English, Biology, Physics and Chemistry), 10 from

Eastern Washington University (Political Science, History), and 10 from Central Washington University (Math).

At a Pateros City Council meeting last May, Pateros School Superintendent Greg Goodnight said PHS will offer 68 CHS courses next year.

Brewster High School Principal Linda Dezellem "We have two classes we are offering through WVC, Biology and Geology," said Brewster High School Principal Linda Dezellem.

Brewster also offers English. Chicano History and Spanish through EWU and Conditioning through CWU.

"We are hoping to grow more instructors next year and branch out to Social Studies and Math," Dezellem said.

CHS allows students in grades 10-12 to earn college credit while still in high school," a WVC media release said. "Concurrent enrollment programs like CHS earn accreditation by showing

that their courses offered in the high school are as rigorous as the courses offered at WVC."

The courses also provide high school students a good idea of what they can expect when they enter college and those CHS credits increase the chances for acceptance at other institutions of higher learning. To learn more about CHS contact Monroe at mmonroe@wvc.edu or call 509-682-6848.

Quad Cities scholars make WVC honors lists

BY MIKE MALTAIS STAFF WRITER

WENATCHEE - Quad Cities students from Pateros, Brewster, Bridgeport, Mansfield and Malott have qualified for academic honors for the fall 2018 and winter 2019 quarters at Wenatchee Valley College.

WVC 2018 fall quarter **President's List** The following students

made Wenatchee Valley Col-

lege's 2018 fall quarter President's List for earning a grade point average (GPA) of 4.00 in 12 or more college-level graded credits.

Brewster: Roy Baker, Karen Meraz, Teresa Nila and Elizabeth Stam.

Bridgeport: Nathan Brown and Emily Saucedo

Malott: Abigail Ramirez. Pateros: Ivan Ceniceros and Ashlyn Gonzalez.

> WVC 2018 fall quarter Dean's List

The following students made Wenatchee Valley College's 2018 fall quarter Dean's List for earning a GPA of 3.5 in 12 or more college-level graded credits.

Brewster: Andrea Baird, Freddi Bastidas, Mason Kelly, Mikenna Kelpman, Daniel Lopez, Andrea McKinney, Jeff Sonneman and Alejandro Torres.

Bridgeport: Jeannette Cerda, Ian Dodson, Gina Gomez and Carmen Muniz.

Malott: Vanessa Cardenas Mansfield: James Buckingham

Pateros: Cecilia Arellano, Zane Dodge, Andrew Gonzalez, Katherine Solis and Samantha White.

WVC 2019 winter quarter **President's List**

The following students made Wenatchee Valley College's 2019 winter quarter President's List for earning a GPA of 4.00 in 12 or more college-level graded credits.

Brewster: Andrea Baird, Roy Baker, Cleopatra Gourley, Antonia Martinez-Pio and Teresa Nila.

Pateros: Ashlyn Gonzalez and Samuel Larsen.

WVC 2019 winter quarter **Dean's List**

The following students made Wenatchee Valley College's 2019 winter quarter Dean's List for earning a GPA of 3.5 in 12 or more collegelevel graded credits.

Ethan Freels, Edgar Huerta, Mason Kelly, Andrea McKinney, Karen Meraz, Jennifer Perea-Sanabria and Elizabeth Stam.

Bridgeport: Jeannette Cerda, Ian Dodson, Rubi Galvan-Mendoza, Melissa Garcia and Emily Saucedo.

Mansfield: James Buckingham.

Pateros: Osvaldo Anaya, Ivan Ceniceros, Zane Dodge and Samantha White.

Brewster: Judith Carrillo.

Stronger Schools Grant: \$70k awarded to area schools

SUBMITTED BY COMMUNITY FOUNDATION OF NCW

PATEROS/MANSON - The Community Foundation of NCW has awarded \$70,000 from its Stronger Schools Grant to 15 public schools North Central across Washington.

Stronger Schools provides up to \$5,000 to PreK-12th grade public schools and school districts for programs

that enrich experiences for students, support teacher development, and foster opportunities for schools to achieve their goals.

"The Stronger Schools Grant is a great opportunity to fund innovative projects that bring added value to the classroom and the building" said Claire Oatey, director of community grants. "These programs are making school more fun and are helping to

build well-rounded student experiences. We're really proud of what these teachers are doing outside of the box to engage their students.

STRONGER SCHOOLS **GRANT AWARDS**

•Manson High School \$4,450 Drone Club Job Training and Community Services, enabling students to apply drone technology to local professions

• Manson School District

\$5,000 Bilingual Summer -School, supporting reading and math enrichment during the summer for English learners

•Pateros School District -\$5,000 Leader in Me, a student empowerment and leadership program

•Cascade and Lee Elementary - \$4,000 Disability Awareness Education Program to promote empathy and understanding

•Foothills Middle School -\$5,000 Sixth Grade Camp at Tall Timber Ranch in Lake Wenatchee

•Icicle River Middle School \$5,000 Healthy Lifestyle Trail Improvement Project, building a new improved trail system near the school for student use

Elementary •Lincoln - \$5,000 Winter School STEAM Learning Adventure, a 3day/2night adventure at

the YMCA camp at Lake Wenatchee for 5th graders

• Peshastin - Dryden Elementary School - \$3,500 Art classes for K-2nd graders in partnership with the Wenatchee Arts Education Consortium

Funding for the Stronger Schools Grant comes from unrestricted funds at the foundation and individual donations. To learn more, visit cfncw.org/strongerschools.

Bridgeport summer food program now to August 14

SUBMITTED BY BRIDGEPORT SCHOOL DISTRICT

BRIDGEPORT - The Bridgeport School District announces the sponsorship of the Simplified Summer Food Program for children. Meals will be made available at no charge to attending children 18 years of age and younger.

Meals will be served at the following location(s): Bridge-

port Elementary School, 1400 Tacoma, Ave., Bridgeport, June 10 through August 14. The site will be closed July 4. Breakfast: 7:30-8:30 a.m. and Lunch 11:30 a.m.-12:30 p.m. Contact Debby Sharp at (509) 686-5656.

In accordance with Federal Civic Rights Law and the U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities

who require alternative means

of communication for program information (e.g Braille, large print, audiotape, American Sign Language, etc), should contact the Agency (State or local) where they applied for benefits. Individual who are dear, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be

made available in languages other than English.

To file a program compliant of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http:// www.ascr.usda.gov/compliant_filing_cus.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested on the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue SW, Washington, D.c. 20250-9410: fax: (202) 690-7442; or email: program.intake@usda.gov.

This instituation is an equal opportunity provider.

Shame on you DSHS = is an outright insult to all vet-

So, let's add insult to injury both?

Washington state Department of Social and Health Services in Wenatchee and saw the LG-BTQ rainbow flag flying under the state and American flags.

I recently drove by the

Normally I don't have a problem supporting diversity in all its colors, but the boneheads at DSHS took down the POW/ MIA flag in order to replace it with the rainbow flag.

They could and should have flown both if their point was to celebrate Gay Pride Month.



Black Pride, Gay Pride, Latino Pride, I am cool that many folks are proud of their roots just as I am of my Christian, French-Canadian ones.

My only real issue is that removing the POW/MIA flag

erans and especially combat veterans. Why wasn't there some type of outrage over this travesty perpetrated by state employees?

Well there was a little. Several of my veteran friends called DSHS to voice their complaints. They were told that the flagpole was surrounded by recently poured cement and that's why nothing could be done about the flag issue.

by telling a lie to a group of taxpayers from a state agency. Whomever it was that answered that phone at DSHS and gave that lame excuse to a veteran should have merely said, "Sir, by order of Governor Jay Inslee, we fly this flag in lieu of the POW/MIA flag in order to celebrate Gay Pride Month."

Or, perhaps the janitor accidentally took down the POW flag instead of merely flying

Let's be straight (not a pun), I am not against anyone, but both flags could have coexisted. I was immediately gutpunched when I saw only one banner. That's how visceral this flag is to many veterans.

The manager of DSHS in Wenatchee needs to visit the American Legion as my guest or (someone's) to fully understand how veterans feel about this issue.

The least DSHS can do is

gave their all. Officially recognized by the United States Congress, the flag serves "as the symbol of our Nation's concern and commitment to resolving as fully as possible the fates of Americans still prisoner, missing and unaccounted for in Southeast Asia, thus ending the uncertainty for their families and the Nation." according to the National League of Families website.

GOLF TOURNAMENTS

Lake Chelan Men's Golf Club Open Tournament July 20

SUBMITTED BY LAKE CHELAN SENIOR MEN'S GOLF CLUB

CHELAN - The Lake Chelan Men's Golf Club will be hosting the 2019 Men's Club Open Golf Tournament on July 20 and 21 at the Chelan Municipal Golf Course

Golfers will compete in 2-

player teams and the format Best Ball competition on Saturday, July 20 and Combined Score on Sunday, July 21.

This tournament includes Side Games, "Closest to the Pin" contests, a Horse Race, and Gross and Net payouts. There will be 3 Net Divisions

based on handicaps. The payout amounts will be determined by the total number of teams entering the tournament

The cost for a 2-player team is \$250 which includes green fees for both days. Golfers must have an active GHIN and a USGA Handicap to participate. Space is limited to the first 72 Teams (144 Golfers). Practice rounds are available on Friday, July 19 prior to the tournament.

To register and pay the entry fee for the Men's Open Golf Tournament visit www. chelangolfclub.com or contact John Hancock at iv.hancock@ frontier.com.

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Lake Chelan Memory Club golf tourney June 22

COMPILED BY LAKE CHELAN MIRROR STAFF

CHELAN - The 2nd annual Lake Chelan Memory Club 'The Longest Day' golf tournament, with proceeds benefiting the Alzheimer's Association, will be held on Saturday, June 22 at Bear Mountain Ranch Golf Course.

The tourney is hosted by former Seattle Seahawk, David Kirtman.

"I'm playing golf to help find a cure for Alzheimer's Disease as it has affected my



THE LAKE CHELAN

family for two generations and continues to affect millions of families across the world. When my father was first diagnosed with the disease, I wanted to immediately find ways to impact the cause," Kirtman said.

For more information and to register, email Joey: joey@ golfcorpsolutions.com

> Have a Community or Sports Story idea? **Contact Mike Maltais** at 360-333-8483 or qchreporter@gmail.com

No one can be what God intended without God

The other day someone asked me if I was still being a "house wife". Having been unemployed for over a year now with no hope of real employment in sight I suppose I should have just let that roll off my back, but it cut me; it poured salt into the wounded male ego I have been carrying. (what's ironically funny is that I got the motivation to write this while cleaning up the kitchen after baking pies but I couldn't stop to write until I had finished the dishes).

I Have looked for work, but at 60+ and overweight and arthritic and slightly deaf (plus other physical ailments) this laborer has run out of labor...this driver is



out of drive...this mechanic has lost his torque...this carpenter can't cut it. The jack of all trades has nothing left to trade.

But, all ego and masculinity aside, I'm still not a "wife". Not that there is anything wrong with being a wife, it's just that I am not one. My wife has a husband. I am the Spiritual leader of my home even if I'm not the bread-winner. I still open the Ketchup bottles in my home (unless one of my son-in-laws is there to do it for me).

In this era of gender confusion and so called "gender fluidity", let's be clear; "In the beginning God made them male and female", and He made me a male. No matter how masculine I may appear my "Y" chromosome says "Male"; I have slightly more muscle mass and bone mass than my wife; I am anatomically correct for my lot in life; I grow a beard to no one's surprise; I am a father on Father's Day, and every other day; I'm so bright my mother calls me SON! And maybe most importantly at this point in life, I am grandpa (Papa)!

What is your definition of

wife? It strikes me how sad it is we have to even address that question today. Words are fluid and they mean what they are intended to mean. So what do you intend when you say "wife"? If your definition of "wife" is the one who stays home and takes care of domestic chores you might plug me into that narrative. I'm not embarrassed to say I have developed my domestic skills over that last few years. My better half works hard and supports me; I think it's the least I can do.

While my wife earns a good living and manages our money and balances the check-book; and can whip up a meal from an empty cupboard when we don't feel like shopping; I can usually fix the family car, build what needs built, run all the power tools and saws with some skill, set a fence post in concrete and do all those guy things with guns... and open the jars...but, would it matter if we switched any or all of those roles? Or is a wife still a wife and a husband still a husband regardless of skill or duty?

There is no room here to dig into the definition of biblical manhood and womanhood. Although I think it's safe to say, it's not about power or rights, it's about responsibility and mutual submission to each other in the role God has ordained. Men, step up and take responsibility for your families spiritual condition as well as their physical needs. Women, no man can nurture like you can.

Men, there is a time to be masculine; women, a time to be feminine. It takes both of you to make a family and both of you to teach your children how to be the next generation of men and women.

In gender identity, it matters what you are, not what you feel; so be the best woman or man you can be. Submit to God for strength and guidance, because no one can be what God intended without God.

Newborn Screening Program expands testing

SUBMITTED BY WASHINGTON STATE DEPT. OF HEALTH

OLYMPIA – After expanding laboratory space and purchasing improved equipment, the Department of Health's Newborn Screening Program is testing babies for additional rare congenital disorders and plans to add more conditions in the near future.

"We save lives by testing

all babies born in Washington for these rare congenital disorders, which can quickly lead to death or long-term disability if not rapidly identified," said Washington State Secretary of Health John Wiesman. "Babies with these conditions often seem healthy at birth, which makes early detection and treatment critical."

The department currently screens for 29 conditions

using a dried blood spot collected from a baby's heel on a special filter paper card. Each year the laboratory performs nearly 12 million tests on more than 164,000 specimens from about 85,000 newborns. Each year, around 200 infants with one of the disorders are identified and can receive treatment early in life.

The State Board of Health determines which conditions

are included in the screening, and additional conditions often require more equipment and laboratory space. The recent remodel and expansion has helped the department meet its needs for adding testing for X-linked adrenoleukodystrophy (X-ALD), an inherited disorder that affects the nervous system and adrenal glands. New equipment for X-ALD testing was funded in part by the Ethan Zakes Foundation.

Additionally, DOH will start second tier testing for cystic fibrosis this summer, which will increase the accuracy of test results and follow-up. In the near future, the department plans to add testing for mucopolysaccharidosis type I and Pompe disease, and is exploring adding testing for spinal muscular atrophy—all serious conditions that can be debilitating or deadly.

More information on newborn screening is available on the department's website.

The DOH website is your source for a healthy dose of information. Also, find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connection.

Lack of lactase enzyme = Lactose intolerance

Q: I have been having stomach upset and diarrhea more and more frequently, especially after eating meals. When my doctor suggested I stop drinking milk or eating any dairy products, my stomach and intestinal problems went away. This is puzzling because I've drank milk all my life without any problem. What's going on?

Most dairy products from cows and goats including milk, ice cream, yogurt and cheese contain lactose, or milk sugar. We digest lactose in our small intestine with the help of a special enzyme our body makes called lactase. Without enough lactase enzyme available, the lactose present in dairy products can create gas, triggering abdominal pain, flatulence and diarrhea. When we are very young our bodies make plenty of lactase, but that ability drops off after the age of 5. With less and less lactase enzyme available, at some point you may lose the ability to digest lactose and start experiencing stomach distress and

Q: I have been having diarrhea whenever you eat **omach upset and diar**- dairy products.

Once you develop lactose intolerance, what can you



Not everyone loses the ability to make lactase as they mature. In genetic populations that domesticated cows and other milk-producing animals, adults who still consume milk products are likely to maintain lactase levels adequate to digest the lactose they get in their diet.

do? Many people with a lactase deficiency can tolerate foods containing lactose as long as they avoid getting too much at any one time. It helps to reduce the serving size of diary products, space them out throughout the day, or both. Foods with the highest concentrations of lactose include milk, ice cream, ice milk, some commercial yogurts, and cottage cheese. A one-cup serving of cow milk contains between 9-14 grams of lactose, while goat milk is similar at 11-12 grams. A one-half cup serving of cottage cheese contains less than half of that, and other

cheeses contain much less, with barely 1 gram lactase per serving.

Live-culture yogurt without additives is well tolerated by most lactose deficient people because it naturally contains lactase. Many commercial low-fat yogurts have milk added to them after the fermentation process and contain more lactose per serving than a glass of milk.

Lactose is used in the pharmaceutical and supplement industry as an inert powder to add volume to medicines and supplements packaged as gelatin capsules. Most capsules contain about 400 mg of lactose, the amount found in 2 teaspoonfuls of milk. Since most lactose intolerant people can tolerate up to 12 grams of lactose if it's distributed throughout the day, the amount of lactose in a capsule is unlikely to cause most people problems. Commercial lactase supplements produced from bacteria or yeast can also help you digest dairy products, including Lact-Aid® tablets to be taken at meals. lactase drops you can add to milk,

or milk with lactase already added. Most groceries now offer lactase-supplemented milk in non-fat, skim, 2% and whole milk versions. Along with the help of supplemental lactase enzyme, Lact-Aid® milk has less than one-third the amount of lactose found in standard milk.

If decreasing your lactose intake and taking an enzyme replacement doesn't reduce your intestinal distress after eating dairy products, your issue might not be lactose deficiency. At least two studies have reported finding normal lactase levels in people experiencing severe intestinal upset after drinking milk. The problem could be trouble digesting other 2.Try taking a lactase supplement.

Lact-Aid® is available as drops or tablets. You can take tablets at any meal containing dairy products or add the drops directly to your milk.

3. Drink milk with supplemental lactase already added.

Warning: acidophilus milk is NOT the same as supplemental lactase milk; it doesn't have lactase and contains the same amount of lactose as standard milk.

4.Use a dairy substitute.

Coconut or almond milk can be good non-dairy substitutes for milk.

5.Consider goat milk.

Switching to goat milk may help if you have become sen-

Although only 7 to 20% of Caucasian adults are estimated to be lactase deficient, nearly 90% of adults in both Native American and some Asian populations have lactase deficiency, along with 65 to 75% of African-American adults and 50% of adult Hispanics. types of carbohydrates like fructose or sorbitol, or possibly a sensitivity to the protein in milk.

Here are 5 Tips on Dealing with Intolerance to Dairy Products:

1. Eat dairy in small amounts spread out over the day.

Minimize your intake of milk. Except for cottage cheese, cheeses have far less lactose than milk or commercial yogurts. sitive to the protein in cowsourced milk.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www. AskDrLouise.com. ®2019 Louise Achey



Beef 'N' Brew(ster)

Mike Maltais/QCH

If you must be beef, you might as well be beef with a view, as these bovines are enjoying looking west over Brewster and the Columbia River valley.

What to do if you see a pet in a hot car

(STATEPOINT)- It happens every summer. Pets left in vehicles with no owner in sight. Unfortunately, it doesn't take long for this circumstance to be dangerous or even deadly. Even on a temperate day, the greenhouse effect of rolled-up windows can heat up a car to 116 degrees F within an hour, according to the Humane Society.

If you see a pet in a hot car, act quickly to try to locate the owner. He or she is likely in a nearby establishment. Talk to the proprietors of nearby stores and ask them to make an announcement to customers.

Then, call the non-emergency number of your local police department or animal control. Stay on site until help arrives.

While most pet owners have the best intentions, many are unaware of the danger of leaving a pet in a hot car. You can help spread the word. Free online resources, available at HumaneSociety.org, offer tips, advice and important information on keeping pets safe.

This summer, be a hero to a pet in need.

•Weddings •Engagements •Births •Anniversaries •Any major milestone

FIERALD

509-689-2507 P.O. Box 37 Brewster, WA 98812 heraldads@qcherald.com circulation@qcherald.com 509-682-2213 510 E. Johnson Ave. P.O. Box 249 Chelan, WA 98816 mirrorads@lakechelanmirror.com

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THEME: THE 4TH OF JULY DOWN ACROSS Approach in music education 1. Reproductive cell 2. The last Henry Tudor 3. Soviet acronym 4. Shooting star Capital of Egypt . Do like phoenix 12. Person of French descent 13. It can't be refused? 8. '70s hairdo ... Jon't ____ Grows" ... Jon't ____ this at home!" 12. Pyle of "The Andy Griffith Show" 13. Willow twig 14. *"The Store 15. Hand-to-hand combat weapon 16. Sty sound 17. Justin Bieber's 2015 hit 18. *Pyrotechnic display 21. Expression of delight 22. *"O say can you ____" 23. *One of three presidents who died 19. What pertussis patients do 22. Johnny Cash's boy with unfortunate name on July 4 26. Gloria Gaynor's "I Will _, or all together 23. En 24. Watcher 25. a.k.a. Pleasant Island 26. *State on Old Glory 30. Turkish military leader 31. With complex decorations 27. "That is," Latin 28. Like bribe-taking politician 34. Biblical place of bliss Economic crisis 37. South American tuber 29. Related on mother's side 38. Gladiator's turf 32. Narrow margin of victory 33. *Stamp ____, imposed tax on American colonies 42. Humpty Dumpty did this 36. *One of two Presidents to sign the 43. "Jeopardy" competitor, e.g.45. Blotch or dapple Constitution 38. "____came a spider..." 40. Gobbled up 48. Unmanned flver 41. Like libertine 50. MXN, as in currency 44. Venerated paintings in Orthodox 52. *British monarch church 56. *____Burr, officer in Revolutionary War and VP -totter 46 48. Unpleasant airport news 57. Aquarium dweller 49. One in Pinkerton's gallery 58. Of two minds 50. Twosome 59. *Puts John Hancock down 51. RenÈ Descartes' "therefore" 60. Log splitter 61. Arrival times 52. Hunted animal 53. Itty-bitty bit 62. Plays for pay Persian Gulf country 63. Ball in a socket 55. Research facil. _ and rave 56. Pharaoh's cobra

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row, column and 3-by-3 box includes all digits 1 through 9.

Classifieds & Public Notices

HELP WANTED

Town of Winthrop Lodging Tax Advisory Committee is now accepting applications for a Winthrop Marketing Director to promote the Town of Winthrop. Applicants should have a bachelor's degree in marketing, or a related field, recent marketing experience, have excellent written and verbal communication skills, an entrepreneurial spirit, be self-starters, and have a strong knowledge of the Town of Winthrop and its activities, businesses, and people. Position is full time and salaried. Email resume to winthropmarketingdirector egmail.com for additional details. Seasonal Housekeepers

Needed! Multiple positions able in: Chelan, WA avail-\$15/ hr + perks & bonus opportunities reliable Weekends and transportation required. Apply today at www.vacasa.com/careers Or text "Vacasa" to 97211

NCRR Manager/Driver Responsible for the overall direction. coordination, and evaluation of the transfer station. Also directly supervises three employees. Carries out supervisory responsibilities in accordance with the organization's policies and applicable laws. Responsibilities include training employees; planning, assigning, and directing work; appraising performance; addressing complaints and resolving problems. Duties include preventive maintenance, limited repair of assigned vehicles and the performance of manual tasks associated with assignments. Operate vehicles up to a fifth wheel, multiple trailers and large capacity loads with 53-foot trailer to Wenatchee, Also responsible for assisting in the daily operation of the transfer station. Attending to customers, managing incoming solid waste and maintaining a safe environment. Ideal Candidate: Supervisory/ Management experience, excellent customer service skills, self-starter, experience with heavy equipment, backhoe minimum, basic math skills, working with payments and deposits. Pay is DOE. Health Benefits are available. REQUIRED: Class A CDL If interested please contact Cory Howe or Darby McNeil at 509-422-4530, email darby@ sunrisedisposalinc.com and/ or pick up an application at 330 Ferry St, Omak, WA.

HELP WANTED



ULTRASOUND TECH Full-time

Three Rivers Hospital is seeking a full-time Ultrasound Tech responsible for the independent op-eration of sonographic equipment. Current ARDMS, ARRT, RDMS or RDCS certification and one year of clinical experience. Graduate from a Diagnostic Medi-cal Sonography Program or Cardiovascular Technology Program accred-ited by CAAHEP. Must be able to perform gen-eral, OB and abdomen studies; Vascular studies (i.e. Echo, Carotid, & Arterial) and Cardiac capa-bilities are required. No call-time, no weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 x 3343 www.threerivershospital.net afisk@trhospital.net EOE

American Farms Consult-ing LLC seeks full time position for Marketing Specialist in Wenatchee, WA. Duties include: Plan operate marketing campaigns for company's projects & services, monitor & analyze results. Prepare detailed propos-als & marketing plans to present to accounts, advise clients on branding, positioning, & other marketing issues. Research & analyze marketing in-formation, including market trends, pricing sched-ules, competitor offerings, product specifications, & demographic data. Track marketing strategy results closely & create detailed reports with data analysis & other feedback. Mail Resume to: Heidi Shively, P O Box 3587 Wenatchee, WA 98807

Piano Accompanist for Cashmere United Methodist Church. This vital member the 01 ministry team at CUMC will provide piano accompaniment as needed to support the worship team and worshipping congregation. Hours are from 10:30 a.m.to 12:30 p.m. 48 weeks at 2 hours weekly. This is a paid position. Position is open until filled. A complete Job Description can be found on the "Cashmere United Methodist Church" Facebook page. Sunday School Teacher for Children's Ministry at Cashmere United Methodist Church. A fun, friendly and reliable Sunday School Teacher to teach children ages 2 to 10 years old from a Church provided curriculum. The position is every Sunday from July 1 to mid June. Hours are from 10:45 a.m. to 12:15 p.m. This is a paid position. Position is open until filled. A complete Job Description can be found on the "Cashmere United Methodist Church" Facebook page.

HELP WANTED



Receptionist/ Administrative Assistant

The Lake Chelan Mirror is looking for an outgoing person to serve as a receptionist/ administrative assistant, full-time, Monday-Friday in our Chelan office. Qualified applicants will answer phones, take orders for ads, keep circulation records up to date, pre-pare the daily cash re-ceipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing com-puter systems and soft-ware including Excel and Word, with good math skills and the ability to use a ten key adding machine. If you're look-ing for a fun job where you get to work with tal-ented people and be in-volved in the daily activi-ties of the lake Chelan ties of the Lake Chelan area communities this is the job for you. Depend-ability and dedication are important work skills for this rare opportunity. Interested applicants

can apply at the Lake Chelan Mirror office at 310 E. Johnson Ave. 9 a.m.-5 p.m. or send their resume to P.O. Box 39, Leavenworth, WA 98826. EOE

WORK WANTED

Looking to clean private rental homes in the Leavenworth area. Have references. Call 509-557-2151.



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PUBLIC NOTICES

PATEROS SCHOOL DISTRICT 6/24/19 BUDGET HEARING MEETING CANCELLED

6/24/19 Pateros School The District Budget Hearing Meeting has been cancelled and will be rescheduled at a later date.

Greg Goodnight Clerk of the Board Pateros School District Published in the Quad City Herald June 20, 2019. #85498



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Seasonal Housekeepers Needed! Multiple positions available in: Leavenworth, WA \$15/ hr + perks & bonus opportunities Weekends and reliable transportation required. Apply today at www.vacasa.com/careers Or text "Vacasa" to 97211



The Cascade School District is seeking qualified applicants for the following positions:

Kodiak Cubs Pre-K Special Education Teacher .5 FTE

Peshastin-Dryden Kindergarten Teacher

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

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GARAGE & YARD SALE

Yard/ Estate Sale In the Lake Wenatchee. Plain area on Saturday. June 22, 9 a.m.- 4 p.m. and Sunday June 23, 9 a.m.-1 p.m. 2542 Kinnikinick Drive. Furniture, Furnishings RC Plane Kits and miscellaneous. Tools, and more! 509-679-5517.

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