

## 2019: A YEAR IN REVIEW JULY-AUG.

### Colville Tribe announces First Salmon Ceremony will be held May 23



QCH File Photo

Mersaedy Atkins, left, and Colville Tribe Natural Resources Enforcement officer, Robbie Seyler, prepare fillets of Chinook salmon for the traditional barbecue pit during First Salmon ceremonies in 2016 at the Chief Joseph Salmon Hatchery in Bridgeport.

By MIKE MALTAIS  
STAFF WRITER

NESPELEM – The First Salmon Ceremony, an annual tradition of the Colville Confederated Tribes (CCT) will be held at the Chief Joseph Fish Hatchery Administration Building in Bridgeport on Thursday, May 23.

Activities will get started early under the direction of Randy Friedlander, Colville Tribes Fish and Wildlife (CFTW) Director. The first salmon will be captured at 6 a.m. in a ritual that will include a prayer and song by tribal elders. Tribal leaders will be invited to speak before everyone adjourns to the administration building for breakfast.

Starting at 7 a.m., Cody Desautel, CCT National Resource Director will deliver opening remarks followed by CTFW Senior Research Scientist Casey Baldwin who will discuss the next steps in transporting salmon above Chief Joseph and Grand Coulee dams.

### Three Rivers Hospital celebrates 70 years, open house May 17

THREE RIVERS HOSPITAL NEWS RELEASE

BREWSTER – Three Rivers Hospital and Three Rivers Family Medicine is commemorating 70 years of healthcare service to the community and invites the public to celebrate with them.

In observance of its 70th anniversary TRH is holding grand openings of both its ER and clinic from 4-6 p.m. Friday, May 17 at the Three Rivers Family Medicine lobby at 415 Hospital Way. Points of interest will include guided tours of the clinic and the new emergency room, a display of local children's artwork in partnership with the Methow Arts Alliance, a look inside a Life-Flight helicopter and informational booths and refreshments.

### It's official: Circus is coming June 6

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – With the final hurdle cleared – a physical site to host it – the Culpepper & Merriweather Circus is coming to Brewster for two shows on Thursday, June 6, at The Armory N.1 parking lot at 600 Main Street.



Courtesy Culpepper & Merriweather Circus Facebook

The Culpepper & Merriweather Circus will bring its tented, one-ring performances to Brewster on June 6.

Brewster is one stop on a 32-week annual tour that takes the circus to more than 200 towns across 17 states. Each 90-minute show is a tented, one-ring performance with no seat more than 40 feet away.

“There will be pony rides and other entertainment during the day,” the Chamber Facebook site said. “Come and watch them set up the BIG TOP in the morning.”

### Pateros Council approves Public Use zoning for school property

By MIKE MALTAIS  
STAFF WRITER

PATEROS - City Council members approved a zoning designation change from Light Industrial to Public Use for the eight-acre Field of Dreams property the district owns along Industrial Way north of the city.

Before the unanimous vote, City contract planner Kurt Danison reported to the council that despite several meetings with planning agency members the group could not reach an agreement on whether to recommend keeping the current Light Industrial zoning in place or changing it to Public Use.

### Brewster students volunteer to place veterans crosses and flags



Mike Maltais/QCH

Four Brewster students place a cross in front of the grave for Doyle Lee Ralls, a Vietnam veteran.

By MIKE MALTAIS, STAFF WRITER

BREWSTER – Nine Brewster High School junior and sophomore girls were among volunteers who turned out early

SEE YIR ON PAGE 3



Courtesy Brewster School District

Wearing their personalized Santa hats the kindergartners met with Brewster Marketplace Human Resources Manager Avis Erickson. More photos at qcherald.com

## Kindergartners learn about business world

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – It's never too early to become acquainted with the business world, and that is exactly what the Brewster kindergarten classes did before Christmas during a trip to the Brewster Marketplace. It was an eye-opening for the young customers who normally just walk the food aisles in the company of parents.

On this trip the class learned much more about

what goes into the daily operations of a business like a local food retailer. Among the topics and store functions observed and discussed were:

- How to tell the difference between healthy food and junk food;
- Where some of the store items come from and how they get to the store;
- What the different sections like meat, produce and floral provide;
- Who the vendors are that call on the store and

what they do;

- Where the market stores all the ice cream;
- How the bakery produces and stocks its freshly made items.

Following lunch in the deli section the class walked to the post office next door to deposit Santa letters in the big blue mailbox.

“It was a very informative field trip and we want to thank Brewster Marketplace for being such wonderful hosts,” a school spokesperson said.

## County youngsters Shop with Cops Dec. 21

By MIKE MALTAIS  
STAFF WRITER

OKANOGAN – With the help of two dozen donors and half a dozen law enforcement agencies including the Brewster Police Department, the Okanogan County Sheriff's Office held its annual Shop with a Cop program with 34 area youngsters on Dec. 21.

“We began the day at 9:30 a.m. with bowling at the Omak Valley lanes,” said Okanogan County Sheriff



Courtesy Okanogan County Sheriff's Office

Sgt. Tait Everett and his K9 partner Havoc escorted three young gift buyers.

SEE SHOP ON PAGE 2

## Brewster elementary students entertain seniors



Courtesy Brewster School District

Brewster elementary students led by elementary music teacher LaDonna Mattson, stopped by the Pateros-Brewster-Bridgeport Senior Center during the week before Christmas to entertain the seniors with song, dance and flute numbers. Students from the second, fourth and fifth grades participated.



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# NCW Pet Cremation opens in Okanogan

SUBMITTED BY  
GLENN GRAVES,  
NORTH CENTRAL WA  
PET CREMATION

OKANOGAN - Back in 2006 the Okanogan County Crematory became the first facility to offer cremation services for people at a crematory north of Wenatchee. North Central WA Pet Cremation is now the first facility in the area to offer pet cremation. Up till now people had to take or have their pets sent to Wenatchee or even further away in order to be cremated.

NCW Pet Cremation uses an entirely separate crematory retort, which is similar to the one used for people, but smaller in size. The pet crematory is located in an entirely new



Courtesy North Central WA Pet Cremation  
**Glenn Graves of NCW Pet Cremation with the specialized equipment for pet cremation.**

and separate wing of the crematory building at 557 Cold Springs Road outside of Okanogan. The Crematory building is located on

a homestead ranch that was founded by my great-grandfather over 100 years ago where my family still resides.

I started working at the local funeral home as a summertime job setting headstones and mowing the cemetery grass after graduating Okanogan High School back in 1999. After graduated college and becoming licensed as a Funeral Director in 2005 my responsibilities grew and the following year I built the first local crematory in our area.

Working for the Precht-Harrison-Nearents Chapel in Okanogan and operating the Okanogan County Crematory over the years, I heard stories from families I met with who wanted to get their pets cremated. Until now, we were unable to accommodate their requests because pet cremation requires dedicated equipment that is only

used for pets. We now have that specialized equipment available to serve the public.

We work through our local veterinary clinics where we offer pickup from the vets, cremation of the pet and return of the cremated remains to the vet clinic for pick up by the family. We also offer services that are similar to a funeral home where services are available for home pickups as well as a drop-off location in Okanogan.

We track the pets throughout the cremation process in the same dignified and thorough manner that people are cared for with. If a pet has to be put down, the local vets have our paperwork and can easily facilitate the process

of pickup and cremation at NCW Pet Cremation on the family's behalf. If the pet dies at home, just call us at 509-422-2353 and we can either meet the family in Okanogan or if needed we can arrange pick up of the pet at the home.

Costs for pet cremation are based on weight. The costs generally range from \$100 up to \$325 for the larger pets. We currently accept Visa/Mastercard, personal checks and cash. We are in the process of making pre-arrangements available through our website and financing through CareCredit.

Our website is [ncw-petcremation.com](http://ncw-petcremation.com) and to contact us please call 509-422-2353 or email us at [ncwpetcremation@gmail.com](mailto:ncwpetcremation@gmail.com)

# Brewster School District proposes replacement levy

By Mike Maltais  
Staff writer

BREWSTER - With the current school levy due to expire a year from now (Dec. 31, 2020) the school district will seek voter approval to replace the current version with a four-levy for years 2021-2024.

School superintendent Eric Driessen distributed a levy fact sheet at the regular meeting of the Brewster Chamber of Commerce on Dec. 11, that addresses many of the questions voters might have about the

funding proposal. One fact that stands out is that the levy rate has decreased over the past four years.

The 2014 levy cost was approximately \$3.12 per \$1,000 property valuation. In 2018, that amount dropped to \$2.45/\$1,000. The proposed four-year replacement levy of \$1.75/\$1,000 in year one and \$2.25/\$1,000 in year four is well below past levy costs. The yearly breakdown looks something like this:

2021	\$1.75/\$1,000	\$932,950
2022	\$2.00/\$1,000	\$1,144,955
2023	\$2.25/\$1,000	\$1,384,679

2024 \$2.25/\$1,000 \$1,488,530  
Passage of the levy also enables state matching funds of more than \$672,176.

Recent legislative changes have reduced district funding by nearly \$500,000, an amount that only a local levy can replace. Items supported by levy dollars and not funded by the state include college courses, transportation, maintenance, technology, nurse, physical education, music, athletics, art, communications, safety, outdoor edu-

cation, and more.

The district has had success with past grant funding applications that have secured more than \$5 million in the past six years. However, since there is no state support of items listed in the levy, the state expects those to be funded at the local level. That's where the levy plays a critical role.

Ballots for the new replacement levy will be mailed on Jan. 24, 2020 and must be postmarked by Feb. 11, 2020. Election

certification will be Feb. 25, 2020.

There are some exemptions from special levy taxes for senior citizens. Contact the county assessor's office in Okanogan County at 509-422-7190 or Douglas County at 509-745-8521 to learn more.

Voter registration can be arranged through the Brewster School District at 509-689-3418, the county assessor's office or online at [voter.votewa.gov/WhereToVote.aspx#login](http://voter.votewa.gov/WhereToVote.aspx#login).

For further information

or to ask a question contact: Eric Driessen, Superintendent, 509-689-3418. Ext. 1257; Linda Dezelle, High School Principal 509-689-3449. Ext. 4419; Greg Austin, Middle School Principal/AD, 509-689-3440, ext. 3110; Lynnette Blackburn, Elementary Principal, 509-689-2581, ext. 2607. School Board Members: Don Becker, 509-689-2941; Mario Camacho, 509-689-0579; Hector Aparicio, 509-689-0982; Maria Maldonado, 509-689-0618 and Peggy Rice, 509-631-7436.

## SHOP

CONTINUED FROM PAGE 1

Tony Hawley. This allowed us to spend some time getting to know the kids and have some fun bowling with them."

Following lunch, a convoy of police cars with lights

flashing and sirens blaring transported the youngsters to Walmart for some Christmas shopping. With gifts in hand the next stop was the Okanogan County Sheriff's Office records division where a gift-wrapping station was ready so those children who bought gifts for their family could have

them wrapped and ready for Christmas morning.

Participating law enforcement agencies included the Washington Department of Fish and Wildlife, Omak Police, Brewster Police, Oroville Police, Winthrop Marshall, Okanogan County Coroner's Office and Okanogan County Sheriff's Office.

"This whole event would not be possible if not for the generosity of the Okanogan County Community," said Hawley. "I would like to thank all those who donated to the Okanogan County Sheriff's office Shop with a Cop program."

Best Deals Auto / Robert Kaiser/OK Tire Factory,

North Cascades Bank, 12 Tribes Casino, Okanogan County Community Coalition, Moomaw Hearing Center, Lona Fritz, Lael Duncan, Coulee Dam Federal Credit Union, Coulee Dam Federal Credit Union Employees, Roberta and Lynnard Maas, Okanogan /Omak Rotary, MacDougall Law, JA Wright

Construction, Morgan & Son Excavation, Sunny O Scott / Pat Furman, Kiwanis Club Okanogan, Okanogan Behavioral Healthcare, Okanogan Chevron/Sukh Bros, Richard and Mary Johnson, Okanogan County Sheriff's Office Employee Assoc., Sheriff Tony Hawley, and Assessor Larry Gilman.

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# Two score-plus enjoy Senior Center Christmas party

By Mike Maltais  
Staff Writer

BREWSTER - More than 40 people showed up for the Pateros-Brewster-Bridgeport Senior Center Christmas Party on Dec. 19, that featured entertainment, Santa Claus, gifts and a Giving Tree.

As it has done for the past three years, the Senior Center receives a family name from the Brewster School District and proceeds to gather gifts, a turkey, food items and Christmas dinner to help make the holidays a little brighter for that family.

The Glessner sisters: Camille, Sandy and Carla supplied the musical entertainment for the lunch hour.

Santa Claus stopped by with goodie bags.

The previously scheduled January 2020 election of officers has been postponed until February to allow more time for candidates to file for offices, said outgoing president Kathy Lowry.

"We have someone signed up for President and Treasurer," said Lowry. "We still need a Secretary and a Vice-president."



Courtesy Kathy Lowry  
**ABOVE: Camille, Sandy and Carla Glessner sang for the group.**

**RIGHT: Santa Claus stopped by with gifts for all.**

**BELOW: For the third consecutive year seniors donated gifts, food items and a Christmas dinner to the Giving Tree for a needy family.**



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## 2019: A YEAR IN REVIEW

CONTINUED FROM PAGE 1

Saturday morning, May 25, to place more than 200 white crosses with attached American flags on veterans graves in Locust Grove Cemetery.

The students, members of Family Care and Community Leaders of America (FCCLA) gathered at 8:30 a.m. under overcast skies and a light rain to divide into two groups and begin at the west end of the cemetery and work eastward. Brewster High School student volunteers included Fatima Reynoso, Ashley Esquivel, Lissett Pamatz, Dulce Roman, Lizbeth Lopez, Nila Sutherland, Heidi Roman, Citlalli Pamatz and Yovana Perez.

Kim and Don Patterson, who have been volunteering at the cemetery for more than a decade, brought containers of crosses and flags

## Council approves emergency water resolution

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – In a special meeting last Friday, May 31, city council members recognized that the city is facing an emergency regarding its ability to provide an adequate volume of high-quality water to its ratepayers and approved a resolution to accelerate the identification and construction of a new supply well.

Citing a May 30 memorandum from city engineers J-U-B Engineers, Inc. of Coeur d’Alene, Idaho, city Public Works Director Lee Webster explained that the manganese levels in the city’s two river wells represent both risks to public health and significant maintenance issues.

The smaller of the two river wells with a 30 horsepower (hp) pump produces 300 gallons of water per minute (gpm) with manganese levels some 13 times greater than the maximum contaminant level (MCL). The larger river well (75 hp) pumps 750 gpm and its manganese level is around five times above MCL.

## Webster, Riggan inducted into Brewster School Wall of Fame



Kim and Dan Webster accept the Wall of Fame award from Brewster School Superintendent Eric Driessen.



Ethel Riggan holds the Wall of Fame certificate presented to husband Roy, left, by Eric Driessen.

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – One of the highlights of the senior commencement ceremonies is the annual induction of the latest Brewster High School alumnus into the school’s Wall of Fame in recognition for meritorious service to the community. This year, Brewster School Superintendent Eric Driessen named two citizens

to be so honored, Dan Webster and Roy “Spider” Riggan.

Webster graduated Brewster High School in 1974, Riggan in 1950. Webster entered the family furniture business and purchased it in 1979 when his father Frank, retired. Webster’s Furniture will celebrate 70 years in business this year.

Riggan came to Brewster at age 15 as the oldest of 10 children of Roy and Laura Mae Riggan. The Riggan family purchased about 20 acres of property, 15 of those orchard, on Brewster Flat in 1949.

## Brewster council asked to reconsider retail marijuana

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – Speakers in attendance at the city council regular monthly meeting on June 12 represented Okanogan County Superior Court, North Central Regional Library (NCRL) and the retail marijuana business.

Saranjit Bassi owns a retail marijuana store in Okanogan and asked council members to reconsider the allowance of a similar store in Brewster. Bassi said tax revenues from the business would benefit the city.

The existing city ordinance approved in 2012 provides for the denial of business licenses for any activity that is illegal under state or federal law. Since marijuana remains unlawful under federal law the city would have to revisit its ordinance to allow retail sales within city limits.

Council member John Housden suggested that no action be considered by the council until it can be established that there is a site within the city where location of a retail marijuana store would not violate existing buffer zones.

## New hosts energize Bridgeport RV park

By MIKE MALTAIS  
STAFF WRITER

BRIDGEPORT – The camp hosts hired this year to manage the city’s RV and camping operations are making their presence felt by the looks of comparative numbers disclosed during the regular city council meeting last Wednesday, June 19.

Sue and Randy Stanley assumed management of the city’s RV and camping operations last April and the experienced team’s focus on accountability is paying dividends to the city. Reporting current numbers during last week’s council, Sue Stanley raised some eyebrows with gains made over the same period last year.

In the short time they have been on the job, the Stanleys have streamlined procedures, tightened policies and ramped up publicity to make reservations easier, eliminate abuses to the system, capture lost fee opportunities and get the word out to potential users. The new approach is paying off, literally.

## Bridgeport moves forward on second reservoir

By MIKE MALTAIS  
STAFF WRITER

BRIDGEPORT – Mayor Janet Conklin, Public Works Superintendent Stuart Dezelle and City Clerk/Treasurer Judy Brown held a recent conference with the Washington Department of Fish and Wildlife (WDFW) regarding the process needed to acquire a parcel of real estate where the city can site a second reservoir.

In a report to the city council June 19, Dezelle told members that the conference call was productive toward the city goal.

Dezelle said the city next needs to find “appropriate in-kind real estate acre-for-acre on a market value comparison” to trade with WDFW.

## Map Your Neighborhood comes to Brewster Chamber

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – Jessica Rounds, Map Your Neighborhood (MYN) Program Manager for the Pateros/Brewster area was the guest speaker at the regular monthly meeting of the Brewster Chamber of Commerce on Wednesday, July 3.

Rounds has been touring neighborhoods in her area of responsibility urging individuals, homeowners, neighborhoods and community groups to become proactive in protecting homes, property, and each other through a coordinated, step-by-step plan to follow in the event of disaster.

## Senior Center asks city to assume building

By MIKE MALTAIS  
STAFF WRITER

BREWSTER – Representatives of the Pateros-Brewster-Bridgeport Senior Center appeared before the regular monthly meeting of the city council on Wednesday, July 10, with a proposal for the city to step in and help with the center’s maintenance and operating costs.

Senior Center President Kathy Lowry, Vice President Matt Hesseltine, Treasurer Billie Monroe, Secretary Cindy Biddle and member Larry Bundy presented a two-page letter to council members outlining their needs and requests.

The letter asked if the city was interested in taking over the building, one of the options the two groups discussed during a private meeting last year. Lowry said the center is struggling with declining membership and is not bringing in enough revenue from its contract with Okanogan Transportation and Nutrition (OCTN) and rummage room sales to cover monthly costs of maintenance and operations.

## Gov. Jay Inslee tours Pateros water works, fire exhibit



Mayor Anders, right, discusses emergency communications with Rep. Mike Steele, left, Gov. Inslee, and Rep. Keith Goehner outside the Smoke and Reflections exhibit.

By MIKE MALTAIS  
STAFF WRITER

PATEROS – Washington State Governor and 2020 Democratic Presidential candidate Jay Inslee paid a visit to Pateros last Friday,

July 19, to tour the city’s new water and reservoir system and make a side visit to the Smoke and Reflections exhibit documenting the 2014-15 Carlton Complex and Okanogan Complex wildfires.

Pateros mayor Carlene Anders said the governor’s visit was the result of an invitation extended by the city more than a year ago to inspect the new water works and participate in a ribbon cutting dedication at the same time.

## Treatment kills apple maggot DOE grant helps county combat smoke, insect threats

By MIKE MALTAIS  
STAFF WRITER

OKANOGAN – Landowners have been burning unwanted tree limbs and brush piles for ages – so long that it would seem there is no better way to dispense with the stuff. However, Okanogan County residents will soon be introduced to a new twist to brush disposal through a method that eliminates smoke as a byproduct and eliminates the risk of insect infestation at the same time.

According to a recent DOE media release, the process involves running the waste wood through a new heavy-duty chipper recently acquired by county solid waste department and then steam-heating the residual to form a green waste free of apple maggot larvae that threaten local apple crops.

## Bridgeport man drowns, boater still missing

RUFUS WOODS LAKE - On Sunday, August 4 at approximately 7:09 p.m., Douglas County Deputies were dispatched to Rufus Woods Lake above the Chief Joseph Dam in regards to a possible drowning. When Deputies arrived, they found Manuel De Jesus Galarza-Martinez, a 26-year-old male out of Bridgeport, lying on the shore unresponsive. Deputies attempted life saving measures, but were ultimately unsuccessful.

Deputies learned Martinez had been swimming with friends when he went under the water. After he did not resurface friends dove in, found him unresponsive, pulled him to shore and then called for help.

Douglas County Sheriff Kevin Morris advised The Quad last Tuesday that there is no new developments in the search for Charles Baker, an 81-year-old boater who was last seen last May 27. Baker’s boat was found drifting on the Columbia River five miles above Chief Joseph Dam.

## Incumbent Conklin, challenger Martinez vie for mayor

By MIKE MALTAIS  
STAFF WRITER

BRIDGEPORT – The votes from the August 6 primary are in and while certification remains several days away, it appears that the incumbent Janet Conklin will face challenger Esiquio “Zeke” Martinez in the Nov. 6 general election race for mayor.

Of the three candidates on the August ballot, Martinez received the most votes of the 124 cast with 54 or 43.55 percent. Conklin drew 42 votes for 33.87 percent, and council member Matthew Schuh looks to be eliminated from the contest with 28 votes for 22.58 percent of those cast.

In other results, the Douglas County Emergency Communications measure is narrowly passing with 50.61 percent (3,261) approval and 49.39 percent (3,183) opposed.



### Michelle McCallister, Behavioral Health Specialist

BA in Psychology from Evergreen State College and an MA Somatic Counseling Psychology from Naropa University

Michelle is published in the International Journal of Body Psychotherapy in the Fall 2017 edition titled The Triphasic Cumulative Microaggression Trauma Processing Model informed by Body Psychotherapy. She is dedicated to support individuals on their healing journeys through mindfulness and compassion. She is committed to holistic healing and seeing the individual in the context of their lives. Family, supporting others growth, researching, and writing are her passions.

Now seeing patients in the south county

“I find great joy in the overabundance of beauty in the sprawling hills of Okanogan county and its many amazing bodies of water. I feel blessed to be a part of your community.”

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www.myfamilyhealth.org



Stanley Civic Center • 509-663-ARTS • www.NumericaPAC.org



Six local contestants are each paired with a Utah Ballroom Dance Company professional to learn a routine over one week and compete for the Mirror Ball Trophy. Plus, the audience gets to vote for the winner!

JANUARY 17  
at 7:30 PM

PRESENTED BY  
CliftonLarsonAllen  
North Cascades Bank

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**Tuesday, Wednesday, Thursday**

**Brewster Senior Center Rummage Room**

BREWSTER – Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 12:45 a.m. Tuesday through Thursday. Donations will be accepted during store hours at the back door for the Rummage Room. No children's clothing. They will take "small pieces of furniture and sometimes larger items."

**Tuesday, Wednesday, Thursday**

**Senior meals**

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50. All diners are welcome.

**Jan. 7**

Chicken Strips, Jo Jo's, Pea Salad, Coleslaw, Oregon Berries, Whole Wheat Roll, Dessert

**Jan. 8**

Salisbury Steak, Potatoes & Gravy, Mixed Vegetables, Spinach Salad, Whole Wheat Roll, Peach Cobbler

**Jan. 9**

Chili, 1/2 Baked Potato, Tossed Green Salad, Apple Celery Salad, Cornbread, Dessert

**Tuesdays and Thursdays**

**S.A.I.L. classes**

BREWSTER - S.A.I.L. (Stay Active and Independent for Life) classes are Tuesday and Thursday, 10-11 a.m. at the Brewster-Pateros-Bridgeport Senior Center.

**Wednesdays**

**Brewster Senior Center Bingo**

BREWSTER – Bingo is back at 10:15 a.m. every Wednesday morning at the Brewster-Pateros-Bridgeport Senior Center at 109 S. Bridge St. Cost is 25 cents per card.

**Jan. 6**

**TOPS meeting**

BREWSTER – TOPS (Take Off Pounds Sensibly) meets Mondays, 10 a.m., 600 W. Indian Avenue. Preteens, teens, adults – male, female welcome. First meeting is free. TOPS Club, Inc. © is an affordable, nonprofit, weight-loss support and wellness education organization. Learn about nutrition, portion control, food planning, exercise, and motivation. For info: Joyce Anderson, Coordinator, (509) 922-8820, visit www.tops.org, call TOPS Headquarters, (800) 932-8677.

**Jan. 8**

**American Legion Auxiliary to meet**

BREWSTER - American Legion Auxiliary meeting is Wednesday Jan. 8 at 6 p.m. For info: Kim Patterson 509-689-3137 or if you are unable to attend the meeting.

**Jan. 8**

**American Legion to meet**

BREWSTER - American Legion Post 97 of Brewster will meet Wednesday, Jan. 8 beginning at 6 p.m. at the American Legion Post.

**Jan. 8**

**Lilac Services for the Blind meetings**

WENATCHEE - The Wenatchee Valley Chapter of the Lilac Services For the Blind meets every second Wednesday of the month at 4 Kittitas St. across the street from the bus station in Wenatchee, second floor, at noon. All with sight impairment are welcome. For information: Rae Hail, (509) 888-7597. On Mondays and Tuesdays call (509) 423-5178.

**Jan. 10, 17**

**Brewster area monthly bus trips to Omak and Wenatchee**

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is Jan. 10. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month, Jan. 17, riders will be taken to Omak for the day. Riders request their destination(s).

Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

**Jan. 11**

**Okanogan County Democrats to meet**

OMAK / TWISP - The Okanogan Democrats will be holding their general monthly meeting at 12 Tribes Casino in Omak on Saturday, Jan. 11, from 12 p.m. to 2:30 p.m., with a simulcast at the Methow Valley Citizens Council, in Twisp. This meeting is open to all who are interested in the Democrat's work in Okanogan county.

**Jan. 14**

**Cancer Support Group**

CHELAN - The Women's Wellness Group, cancer support

group, meets the second Tuesday of each month with lunch provided by the Wenatchee Wellness Place, at the Lake Chelan Community Hospital Board Room at 11:45 a.m. For more information, contact Anne at 682-8718.

**Jan. 20**

**Compassionate Friends to meet**

WENATCHEE - The Compassionate Friends is an organization of-fering friendship, understanding and hope to bereaved parents and their families. They are bereaved parents reaching out to bereaved parents. Anyone who has had a child or loved one die in their family is invited to their monthly meeting on Monday, Jan. 20, 7-8:30 p.m., Grace Lutheran Church, 1408 Washington Street. For information: Carol, (509)860-3620.

**Jan. 21**

**Help available for Douglas County veterans**

BRIDGEPORT - Sarah Simonson the Veterans Service Officer for Douglas County, sets up an outreach/satellite office in Bridgeport once a month on the third Tuesday of the month, in the town office's conference room 10 a.m. to 2 p.m. You can find her on Facebook at: https://www.facebook.com/douglascountyvso

**FFA collecting aluminum**

PATEROS - The Pateros FFA has its aluminum collection receptacle prominently positioned in the parking lots across from Pateros Memorial Park for deposits of aluminum cans and like metal. It's part of the group's fundraising efforts along with barbecues at many city and school events.

**Subscribers - Help us, help you!**

The digital age runs on email. So help us make sure we have your correct email address. Just send an email to circulation@lakechelanmirror.com. Make sure to put your name, phone number and paper subscribed to, in the email so we can find you in our subscriber files.

**Submitting your Bulletin Board item**

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror.com, subject line QCH Bulletin. Deadline: Monday at 5 p.m. Be sure and include Date, time, place and cost if any.

**SHERIFF REPORT**

**Douglas County Sheriff**

**Dec. 23**

Trespass at 442 Columbia Ave. in Bridgeport. Burglary at 616 Columbia Ave, #1 in Bridgeport.

**Dec. 24**

Traffic offense at State Route 173, milepost 4 in Bridgeport. Suspicious incident at 120 Fir Ave. on Bridgeport Bar.

**Dec. 27**

Suspicious incident at 633 Columbia Ave. in Bridgeport.

Suspicious incident at 106 Sage St. on Bridgeport Bar.

Agency assistance at 26422 U.S. Hwy. 97 in Brewster.

**Dec. 28**

Possible commercial fire at 1011 Foster Ave. in Bridgeport.

**Dec. 29**

Traffic offense at 24th Street and Foster Creek Avenue in Bridgeport.

**DEATH NOTICE**

**Audrey Cleo Georgius**

Audrey Cleo Georgius, 98, of Pateros, Wash., passed away on Dec. 29, 2019. Services will be announced for a later date. Please leave any thoughts and memories for the family at barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

**Goehner encourages students to sign up for the House Page Program**

OLYMPIA - The Washington State Legislature convenes on Monday, Jan. 13 and Rep. Keith Goehner is encouraging students interested in the House Page Program to submit applications.

"We have an excellent page program, and it is a great way for students to get a firsthand look at how our state government operates," said Goehner, R-Dryden. "It has a strong history as pages have been serving in the Legislature since 1891."

To become a page, applicants must have a legislative sponsor, be between the ages of 14 and 16, and obtain written permission from their parents and school. Pages earn \$35 per day while serving in the program.

Pages deliver documents and messages to legislators and staff. During debate in the House of Representatives chamber, they distribute amendments, bills and other paperwork for legislators. They also perform ceremonial tasks, such as presenting the flags.

Parents and students interested in the page program can find more information at: leg.wa.gov/House/Pages/HousePageProgram.aspx. A page application can be found at: app.leg.wa.gov/PageApplication/.

Anyone with questions can contact Goehner's office at (509) 664-1274 or email him at Keith.Goehner@leg.wa.gov.

**LIBRARY EVENTS**

**Jan. 7**

**ALTAS program**

BREWSTER - Join us at the Brewster Library for our At The Library After School Program, every Tuesday, 3:45-5 p.m. It is geared towards children K-6th grades. Activities include crafts, STEM, games, snacks, and stories. For more, contact Rebecca Zion at (509) 689-4046 OR email brewster@ncrl.org.

**Jan. 8**

**Toddlers & Waddlers Storytime**

BREWSTER - Looking for an exciting way to start off the day for your little ones? Join us at the Brewster Public Library for rhymes, stories and playtime every Wednesday at 11 a.m. For more information, Rebecca Zion at (509) 689-4046, email brewster@ncrl.org

**Jan. 8**

**Teens At The Library**

BREWSTER - Join us for our

Teens At The Library Program (TATL), geared towards teens ages 12 and up, every second and fourth Wednesday of the month at the Brewster Library, 5-6 p.m. Each meeting we will host programs requested by teens. Activities include games, crafts, STEM, and special programs just for teens. For more, contact Rebecca Zion at 509-689-4046 or email brewster@ncrl.org.

About North Central Regional Library (NCRL): NCRL is a rural library district with 30 branch libraries, a couple of bookmobiles, and a mail order library serving five counties. Established in 1960, NCRL currently has a collection of more than 700,000 books and other materials. The library district maintains this wonderful collection and provides the staff for each branch. The mission of the North Central Regional Library is to promote reading and lifelong learning.

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**OBITUARY & MEMORIAL POLICIES**

**NCW MEDIA, INC.**

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch.

For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

**QUAD CITY CHURCH GUIDE**

New to the area? On Vacation? These churches welcome you!

**BREWSTER**  
**SEVENTH-DAY ADVENTIST CHURCH AND SCHOOL**  
Saturday Bible Study 9:30 a.m.  
Saturday Worship 10:45 a.m.  
Church: 509-689-3537  
www.brewstersda.com

**CALVARY BAPTIST CHURCH**  
Sunday Worship 9:30 a.m.  
509-689-2920 • 6th & Jay  
www.cbcbrewster.com  
Pastor Greg Thorn

**HOPE LUTHERAN CHURCH**  
Sunday Worship 11:00 a.m.  
Holy Communion 1st, 3rd, & 5th Sunday  
Bible Study & Sunday School 10:00 a.m.  
509-689-3106 • 1520 Sunset Dr.  
Pastor Kevin Moore

**COMMUNITY LOG CHURCH**  
Sunday Worship 10 a.m.  
509-689-2224 • 501 W. Indian Avenue  
www.communitylogchurch.com  
Pastor Gordon Wright

**NEW TESTAMENT BAPTIST**  
Sunday 10 a.m., 11 a.m. & 6 p.m.  
Wednesday 7 p.m.  
Adult Prayer & Bible Study and King's Kids  
509-689-2420 • 412 W. Hanson

"With men this is impossible; but with God all things are possible."  
~ Matthew 19:26

**2019: A YEAR IN REVIEW JULY-NOV.**

**Bears nab fifth consecutive league baseball title**

BY MIKE MALTAIS  
STAFF WRITER

TONASKET – The Brewster Bears varsity baseball team completed an undefeated 14-1 regular season with a 4-1 over Tonasket on the road, April 30, to bring home their fifth consecutive Central Washington 2B League title.

“It wasn’t really a slugfest,” said coach Todd Phillips. “They outthit us, but our two doubles proved to be important.”

The Bears took the lead on a Cade Gebbers double with one out and crossed the plate on Kade Kelpman’s double. Brewster extended the lead in the sixth inning when Gebbers reached first on a bunt, stole second and was brought home by Jeff Sonneman. Tonasket cut the lead in half with a run in the bottom of the sixth.

“We put up two in the seventh when Joe Taylor reached on an error, advanced on a fielder’s choice and scored on two passed balls,” said Phillips. “AJ Woodward scored the final run when he pinch-ran for Conner Ashworth after he was intentionally walked and went from first to third on a passed ball Joe scored on, then scored on yet another passed ball.”

**Brewster grad wins college Rookie of the Year honors**

BY MIKE MALTAIS  
STAFF WRITER

BREWSTER – It has been almost a year since Tessa Orozco graduated Brewster High School, but already the freshman at Loras College in Dubuque, Iowa, is making her mark in both academic and athletic pursuits.



**Tessa in her Brewster High School graduation program**

Photo courtesy of Brewster High School

While pursuing a double major in Social Work and Criminal Justice as an Honor Student, Orozco has also become a standout on the school’s swim team, winning the college’s Swimming and Diving Rookie of the Year award.

Tessa’s mother, Laura Orozco said Tessa “did very well last year. At the Liberal Arts Championship last February, she competed in four relays and three individual events.”

With Orozco in the lineup, the Duhawks finished first in the 400-yard Medley Relay, setting a new Loras College record in the process. The Duhawks placed second in the 200-yard Medley, setting another school record, third in the 400-yard Free Medley, and fourth in the 800 Free Relay.

**Mustangs face Vashon Island in state round of 16**



AI Stover/NCW Media

**Bridgeport’s Alexis Valdovinos (9) goes head-to-head with a Chelan opponent.**

BY MIKE MALTAIS  
STAFF WRITER

WENATCHEE – The Bridgeport Mustangs varsity boys soccer team added a third-place District trophy to its Central Washington 2B League championship in playoff action at the Apple Bowl on Tuesday, May 7, and Thursday, May 9. Then Bridgeport defeated a crossover rival to qualify for a spot in the WIAA 1A State playoffs at Sumner starting this week.

At the CTL/CWB District 1A playoffs the CWB champs lost to eventual District champion Cashmere, 2-1 in their opening match on Tuesday, May 7, that dropped Bridgeport into the consolation round against Chelan. The Mustangs routed the Goats, 4-0, for third place and a crossover qualifier match to state competition.

“Yair Diaz scored with an assist from Christian Aguilar during the first half,” said team spokesman Chris Gonzalez. “During the second half...the Mustangs scored a goal by Alexi Valdovinos, another goal by Ramiro Espino with an assist from Valdovinos and a goal from Diaz with an assist from Paul Torres.”

**Gamble Sands tournament biggest fundraiser for BBGC**



QCH File Photo

**Players get in some last-minute practice on the putting green at last years fundraiser.**

BY MIKE MALTAIS  
STAFF WRITER

BREWSTER – The Brewster Boys and Girls Club’s largest fundraiser of the year, the annual Gamble Sands Golf Tournament, will hit the links on Monday, May 20, and the good news for late registrants is that spots remain open for both foursomes and singles.

BBGC Director Jaime Sluys said Tuesday, May 14, that “yes, we have a few openings left.”

Parties interested in registering for the upcoming event can contact Heather at (509) 689-1192.

Following is a summary of the packages and costs:

Sponsorship packages range from \$600 to \$7,500 including:

Sugar Bee Title Sponsor (\$7,500 - one available)

- Event foursome.
- Complimentary dinner for the group.
- Exclusive signage golf course entry, dinner and final leader board.
- Recognition in all print, media, and radio advertising.
- Sponsorship sign for one year at Brewster Boys and Girls Club.

**Quad City qualifiers head for State Track Championships**



Mike Maltais/QCH

**Brewster’s Ernie Nanamkin will compete in javelin, long jump and 4x400 relay.**

BY MIKE MALTAIS  
STAFF WRITER

QUAD CITIES – More than two dozen Quad City athletes from Pateros to Waterville-Mansfield have qualified to compete in the WIAA 1B, 2B, 1A State Track and Field Championships from Thursday, May 23 - Saturday, May 25, at Eastern Washington University in Cheney.

The top five men and top four women from 1B and 2B District competition made the cut for the trip to Cheney. Among first place winners in the District round was Brewster’s 4x400 men’s relay team, Alfredo Nila in discus, and Karste Wright in high jump.

Issac Ochoa leads Bridgeport with a district first in the pole vault, and Yareli Palacio-Isidra finished first in discus.

Alex Poppie from Waterville-Mansfield took first in the triple jump.

Pateros sophomore Anna Williams will represent the 1B Nannies with a first in the 400 meters.

**Williams wins 100 meters at WIAA State 1B Track Championships**

BY MIKE MALTAIS  
STAFF WRITER

CHENEY – The Bridgeport High School girls’ varsity track and field team won the WIAA State Track and Field Combined Cham-

**Billygoats win/lose at Liberty Bell Holiday Tournament**



Courtesy photos

**Pateros junior guard Aleeka Miller-Smith, right, grabs some air to defend against a Lady Lions opponent.**

BY MIKE MALTAIS  
STAFF WRITER

WINTHROP – The Pateros Billygoats varsity basketball team scored a win and suffered a loss at the two-day Liberty Bell Holiday Tournament last



**Pateros senior Ethan Wall plants his six-foot, four-inch frame in front of a Mountain Lions ball handler.**

Friday and Saturday, Dec. 27-28.

Pateros defeated host Liberty Bell by 10 points, 66-56, but lost to Bridgeport, 68-60, in the second game.

The Nannies varsity team also played a pair of games at the Liberty Bell tourney,

but no scores were available at press time.

The Billygoats will host Republic at 6 p.m., Friday, Jan. 3, and both the Nannies and Billys will host Entiat on Thursday, Jan. 9, at 6 p.m. and 8 p.m. respectively.

**Garcia, Ambriz medal at NOHI wrestling**

BY MIKE MALTAIS  
STAFF WRITER

OROVILLE – Two varsity veterans on the combined Brewster/Pateros wrestling team walked away with medals at the heavily attended North Okanogan Holiday Invitational (NOHI) wrestling tournament on Dec. 23.

Ambriz, a Pateros sophomore competing at 120 pounds, pinned Caleb Lenocker of Davenport in the first round to advance to the quarterfinals. His next opponent, Royal’s Eber Calderon, fell to a 4-0 decision. In the semifinals Ambriz scored a 5-0 decision over Dominic Wilson of Kittitas. In the championship match Ambriz lost to Tony Rios

of Kittitas by a pin to finish second.

Garcia, a Brewster senior competing at 170 pounds took a first-round bye and pinned Skyler Henry of Davenport to advance into the semifinal round. A 12-7 loss to Paul Jones of Kittitas left Garcia with the third-place medal.

Nate Hart wrestling for Pateros at 132 pounds got a first-round bye before pinning Ameron Bretz of Tonasket. Hart just missed a fourth-place medal in a 4-3 loss to Vidal Abundiz of Royal.

Brewster’s 220-pound Rodolfo Madrid pinned Justice Fox of Oroville in the first round and scored an 8-6 decision over Kevin Barajas

of Royal to advance to the semifinal round. Madrid then lost to Royal’s Kevin Dominguez and Eastmont’s Jayston Smith to finish out of medal contention.

Brewster/Pateros was among 17 teams to compete at NOHI this year. The winners were 1. Royal, 152 points, 2. Oroville, 122, 3. Kittitas, 93.5, and 4. Davenport, 71. Other teams included Tonasket, Okanogan, Republic-Curlew, Ritzville, Almiria-Coulee-Hartline, Omak, Inchelium, Eastmont, Kettle Falls, and Wilson Creek.

Brewster/Pateros will be among 16 schools competing at the Cascade Bavarian Invitational starting at 10 a.m. Saturday, Jan. 11, 2020, at Leavenworth.

**Best 2B Bears fall to best 1A Seattle Academy**

BY MIKE MALTAIS  
STAFF WRITER

YAKIMA – The Bears varsity basketball team dropped its first game of the season last week when Brewster, ranked as the state’s best 2B team, took on the state’s best 1A team, Seattle Academy, at the Wilbur-Ellis SunDome Shootout in the Yakima SunDome on Friday, Dec. 27.

“We haven’t faced a team of their caliber yet this year and it felt like a bit of a shock to me and to our team,” said coach Michael Taylor. “They had two very good players and the other players complimented them.”

While the Bears trailed the Cardinals throughout the game Brewster did close to within a few points of the leader on several occasions but could not cross the Rubicon to take the lead. Despite three players scoring in double figures, the Bears only hit half of their free throws, 12-24, which was enough to make a difference

against the state’s top 1A contender.

The Cardinals played well together as a team Taylor noted.

“They knew when to cut, when to crash the boards and when to take their opportunities while their two main players controlled the game,” Taylor said.

**Brewster: 12-21-8-18 59**  
**Seattle Academy: 21-17-10-21 69**

- Brewster scoring**
- Cade Gebbers: 15
  - Kade Kelpman: 14
  - Connor Ashworth: 11
  - Kelson Gebbers: 7
  - Corey Jarrell: 7
  - Adaih Najera: 3
  - Ubaldo Arellano: 2

**Overlake goes under**

In Brewster’s second game played Saturday, Dec. 28, the Bears faced Overlake, another 1A team from the same Emerald City District as Seattle Academy.

“We needed to take advantage of our size and play in transition to make it a high possession game and get them playing a style we want to play,” said Taylor. “It wasn’t easy, but we competed and were able to

get the game going in our favor.”

Brewster led the Owls by 15 points, 36-21, at halftime but Overlake made a game of it through the final two quarters and only allowed the Bears to increase their lead by two points for a 70-53 win.

Three Bears scored in double figures led by Cade Gebbers with 17, Connor Ashworth with 14, and Corey Jarrell, 10. Brewster made seven three-pointers and sank 9-11 free throws.

“Playing in the Dome and against two quality opponents is a great opportunity for our team and for me as a new coach,” Taylor said.

**Brewster: 18-18-16-18 70**  
**Overlake: 12-9-18-14 53**

Brewster will host Soap Lake at 7:30 p.m. Sat. Jan. 4, 2020, before hitting the road against undefeated Lake Roosevelt on Tuesday, Jan. 7, to see which team emerges at the leader in the Central Washington 2B league.

SEE MORE SPORTS ON PAGE 8

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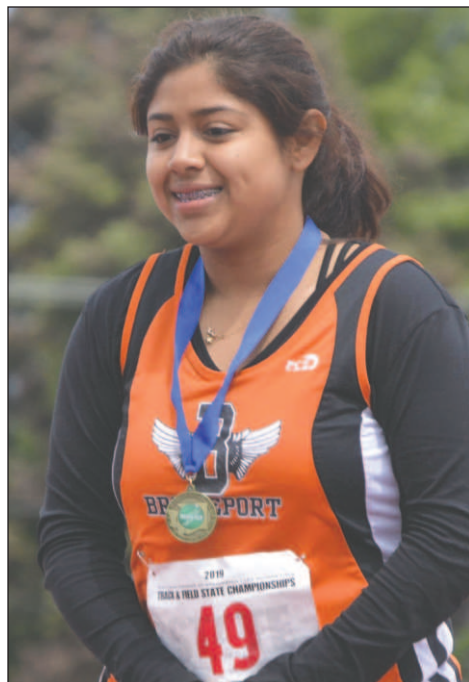
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## 2019: A YEAR IN REVIEW

CONTINUED FROM PAGE 5



**Bridgeport sophomore Joanna Prestegui competing in the ambulatory division won first place in javelin and the 100 meters and second place in discus and shot put.**

pionship last week based on performance scores from both regular and wheelchair/ambulatory athletes

Bridgeport sophomore Joanna (Jo-Jo) Prestegui competing in the wheelchair division captured two first-place and two second-place medals that, combined with two eight-place finishes by junior teammate Yareli Palacio-Isidro, won the State Combined Trophy

Prestegui brought home first place medals with a personal record (PR) 100-meter wheelchair time of 22.23 seconds and a PR throw of 63-feet, 5 inches in the javelin. Prestegui, also placed second in the discus with a PR throw of 53 feet, 1 inch and a shot put toss of 17 feet, 9.75 inches.

## Joe Taylor is CWB All-League Most Valuable Player



**Joe Taylor sends a hit to left field against Liberty Bell. Conner Ashworth get a helmets-off salute at home plate after a grand slam home run against Okanogan.**

STORY AND PHOTOS BY MIKE MALTAIS, STAFF WRITER

BREWSTER – For his third consecutive year, senior multi-sport athlete Joe Taylor has been named the 2019 Most Valuable Player on the Central Washington 2B All-League Baseball Teams. Taylor is one of six Bears named to the All-League First Team and two on the All League Second Team.

Other Brewster First Team nominees are seniors Connor Ashworth and Quincy Vassar; juniors Corey Jarrell and Kade Kelpman and sophomore Logan McGuire. Second Team selections are senior Jeff Sonneman and junior Mason Kelly. Head coach Todd Phillips won Coach of the Year honors.

Tristen Marden of Waterville-Mansfield made the All-League Second Team. A Shockers' teammate Travis Prey was named Honorable Mention.

Bridgeport's Manny Flores was also an Honorable Mention selection.

## Track star Prestegui named WIAA Athlete of the Week



Mike Maltais/QCH

**Joanna Prestegui, left, wears her four State Track and Field Championship medals and holds the Para-Combined State Championship trophy with co-winner Yareli Palacio.**

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT – Fillies High School sophomore Joanna (Jo Jo) Prestegui was named a Washington Interscholastic Activities Association (WIAA)/Wendy's State Athlete of the Week for the week of May 19-25 (Week 37) for her accomplishments at the recent State Track and Field Championships in Cheney.

Bridgeport Athletic Director Scott Darwood said Prestegui was selected for "helping to lead the Bridgeport High School girls' varsity track and field team to the 2019 Girls Track and Field Para-Combined State Championship."

## Bridgeport Highly Capable Program seeks nominations

SUBMITTED BY BRIDGEPORT SCHOOL DISTRICT

BRIDGEPORT - Bridgeport School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community of students that are believed to have a high capacity to learn quickly, deeply, and/or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/guardian.

Definition of highly capable students means those students who:

Perform or show potential for performing at significantly advanced academic levels when compared with others of their age, experiences, or environments.

## Brewster XC team opens season at Wilber Jamboree

BY MIKE MALTAIS STAFF WRITER

BREWSTER – The Brewster High School cross country team will open its season at the Wilber Jamboree on Thursday, Sept. 12, and travel to Manson for a meet two days later, Saturday, Sept. 14.

The Bears have returning junior Ricky Garcia (right) who was one among five cross county runners to make the Central Washington B All-League Cross-Country Team last year.

Junior Oscar Guzman was an All-League Second Team pick last season and senior Orlando Medina was an Honorable Mention.

Garcia finished 16th in last year's 1B/2B 5,000-meter race at the WIAA state championships at Sun Willows Golf Course in Pasco. Guzman came in 33rd and Medina was 88th out of 154 runners. As a team the Bears placed 15th at state last year.

## Bridgeport XC teams compete at Manson Invite

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT –The Bridgeport High School varsity and Middle School cross country teams traveled to the Manson Invite last Saturday, Sept. 14, where they competed against 11 and seven schools respectively

"Our runners did a fantastic job for their first meet of the year," said new head coach Rick Neigel, who noted that the competition weather was pleasant though overcast at times with a little rain.

"Senior Catalina Martinez ran the 5K event in 25:06, Gage Fletcher in 23:54, and Alan Andrade in 25:06," Neigel said.

Junior Miriam Jimenez finished with a time of 24:23. Sophomores Antonio Andrade and Terri Campos posted 28:52 and 29:22 respectively. Freshmen Christian Lopez and Angel Medina came in with respective times of 23:06 and 24:15.

## Nannies edge Crusaders in best of five volleyball



Mike Maltais/QCH

**Junior Anna Williams, 1, tips a back-court pass over the net during last Thursday's home game against visiting Riverside Christian.**

BY MIKE MALTAIS STAFF WRITER

PATEROS – The Nannies varsity volleyball team raised its early season record to 2-2 with a best-of five, 3-2 match win over visiting Riverside Christian at its Central Washington 1B league season opener last Thursday, Sept. 19.

The two well-matched teams traded victories through the first four sets with Pateros winning the first and third sets, 25-11, 25-14, and the Lady Crusad-

ers taking set two and four, 25-18, 25-16. Both teams had their share of errors and missed serves but also some impressive digs and rallies to keep the outcome in suspense down to the final six-point Pateros victory in the 15-9 deciding fifth set.

"We had some trouble reducing our errors," said head coach Chloe Piechalski, "but the team kept their mental game strong and came out with the win."

## Lady Bears win two, drop two in soccer week

BY MIKE MALTAIS STAFF WRITER

BREWSTER – The Lady Bears varsity soccer team split their four games played over the past week from Saturday, Sept. 21, to Saturday Sept. 28, between wins against St. Georges and Okanogan, and losses to Chelan and Tonasket.

Brewster handed its state nemesis St. Georges a 3-1 loss on Saturday, Sept. 21.

Head Coach Alex Sanchez said freshman midfielder Perla Perez scored for the Lady Bears in the 25th minute off an assist from junior teammate Halle Aparicio. With a 1-0 lead going into the second half, senior midfielder Kelsey Ochoa put Brewster ahead 2-0 with a goal in the 54th minute and six minutes later hit another in the 60th minute, one of those assisted by Perez, Sanchez said.

The Lady Dragons got their only score in the 75th minute and seven other attempts blocked by Lady Bears goalkeeper Alexia Hurtado.

"We played very good defense," said Sanchez, "and overall the team had a great game."

## Bears dine on Trojans at Homecoming



Mike Maltais/QCH

**Senior Mason Kelly, 5, loses the handle on the ball after a Manson tackler knocks it loose. The Bears recovered to retain possession. RIGHT: A trio of Bears hauls down a Trojan runner.**

BY MIKE MALTAIS STAFF WRITER

BREWSTER – For the first half of the opening quarter it looked like the visiting Manson Trojans might upset the football Homecoming celebration at host Brewster High School last Friday, Oct. 4, as Manson put two touchdowns on the scoreboard with just under six minutes left in the quarter. The Bears rallied, however and with a minute remaining in the first tied the game 14-14.

The Bears took a 20-14 lead with eight minutes remaining in the second quarter and never looked back as Brewster allowed Manson one more TD as it took control of the second half to a 35-21 victory. Junior defensive back Cade Gebbers stopped two Manson drives late in the second quarter with two interceptions of Trojan attempted passes.

Junior linebacker Arnie Arevalo led the team with 20 tackles.

"That was by far his best game this season from his LB spot," said head coach Jake Johanson. "Anthony Talavera had a big sack/fumble."

## Bridgeport evens soccer record 4-4



Courtesy Brad Skiff/Bridgeport School District  
**Bridgeport's Jaqueline Lombera, 5, center, kicks a goal attempt against the Lady Raiders' goalkeeper during home field action on Oct. 8.**

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT – The Fillies varsity soccer team evened its central Washington 2B league record at 4-4, with two wins over Lake Roosevelt with a 1-0 loss to second-place Liberty Bell sandwiched in the middle last week.

Bridgeport defeated the Lady Raiders, 4-1 at home on Oct. 8, and extended the win margin to 7-1 on the Lady Raiders' home turf on Oct. 12.

Bridgeport was scheduled to face non-league Okanogan on the road on Tuesday, Oct. 15, before hosting Manson at 4 p.m. Thursday, Oct. 17. The Fillies are in the middle of the CW2B pack behind 7-0 Tonasket, 6-1 Liberty Bell and 4-3 Brewster.

## Rodriguez makes WIAA Athlete of Week list

BY MIKE MALTAIS STAFF WRITER

BRIDGEPORT – Senior Gilberto Padilla-Rodriguez, running back on the Mustangs varsity football team tore up the field against the Billygoats at Pateros on Oct. 11, turning in a performance that caught the attention of the Washington Interscholastic Athletic Association.

Padilla-Rodriguez was named one among a dozen football, soccer, volleyball, golf and swimming athletes to make the WIAA/Wendy's Athlete of the Week selection for the week of Oct. 6-12.

In honoring Padilla-Rodriguez the WIAA media release said the Mustang "ran for 346 yards on 23 carries, scoring five touchdowns including a 98-yard touchdown run, in Bridgeport's 42-40 victory at Pateros in North Central Washington B-8 League action."



**Gilberto Padilla-Rodriguez**

Courtesy Bridgeport School District

## Undefeated Lady Bears win league, head to District



Mike Maltais/QCH

**Sammi Emigh goes up for a spike against Bridgeport earlier this season.**

BY MIKE MALTAIS STAFF WRITER

BREWSTER – The Lady Bears varsity volleyball team not only dominated their eight rivals on the road to the 2019 Central Washington 2B League championship, the held all but one team scoreless during regular season play. Brewster gave up one set at Manson on Sept. 24, but won 32 of 33 between Sept. 12, and Oct. 24.

The Lady Bears now await the winner of fourth place and fifth place who will play a loser-out match at Brewster on Saturday, Nov. 2, before the winner faces the league champs. When the semifinals are decided, the higher seed team will host the district championship game at a time to be determined on Tuesday, Nov. 5.

## Bears face White Swan for state football berth



Mike Maltais/QCH

**Junior wide receiver Logan McGuire gains some yardage against Lake Roosevelt.**

BY MIKE MALTAIS STAFF WRITER

BREWSTER – The Bears varsity football team evened its central Washington 2B league record at 2-2 with a 57-6 home loss to undefeated Lake Roosevelt to close their regular season schedule last Friday, Nov. 1.

The Bears, currently third in the CW2B are not done yet as they face the White Swan Cougars, No. 3 in District 5 standings on the road at White Swan at 6 p.m., Friday, Nov. 8. The loser is out of post season play and the winner advances to state.

## Career Connections hosts 2nd Expo

BY MIKE MALTAIS STAFF WRITER

OKANOGAN – The second annual Career Connections Expo held at the Okanogan fairgrounds Agriplex on Tuesday, Oct. 29 "This was our second year holding this event in partnership with the Okanogan County Economic Alliance and the Apple STEM Network and were overwhelmed with the response that we received from our vendors, schools and community members," said career connection specialist Kristi O'Neill of WorkSource Okanogan County.



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City of Chelan is accepting applications for the position of Utility Worker/ Sanitation Truck Driver. Monthly pay range: \$4,080 - \$4,902. Application deadline: January 8, 2020 or until filled. Go to [www.cityofchelan.us](http://www.cityofchelan.us) for additional information and employment application.

Brewster School District is accepting applications for a male paraprofessional to work with middle school and high school students.

A complete job description is located on the district's website. <https://brewsterbears.org> under employment or by contacting the district office 509-689-3418.

This position is open until filled.



### Caregivers needed

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The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person.  
590 Hwy. 2  
Leavenworth.

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Apply in person  
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### Writer/Photographer

Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:

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The Cascade School District is seeking qualified applicants for the following positions:

Cascade High School Head Volleyball Coach

Cascade High School Fall Cheer Advisor

Fast Track application process and information can be found on our website at:  
[www.cascadesed.org](http://www.cascadesed.org)  
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### CHARGE/ER/MED-SURG RN Full-time/ Nights

Three Rivers Hospital is seeking a full-time Charge/ER/Med-Surg RN responsible for providing onsite nursing service supervision and performing delegated administrative functions during specific work shift. Current WA State RN license and two years of RN experience required. Charge Nurse experience in Acute Care is preferred. Experience and skills in ER is recommended. Current BLS, ACLS, TNCC, and PALS certifications. Rotating days and includes some weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital  
Human Resources Dept.  
PO Box 577  
Brewster, WA 98812  
(509) 689-2517  
[www.threerivershospital.net](http://www.threerivershospital.net)  
opportunity@trhospital.net  
EOE



The Cascade School District is seeking qualified applicants for the following position:

### Food Service Transporter/Server

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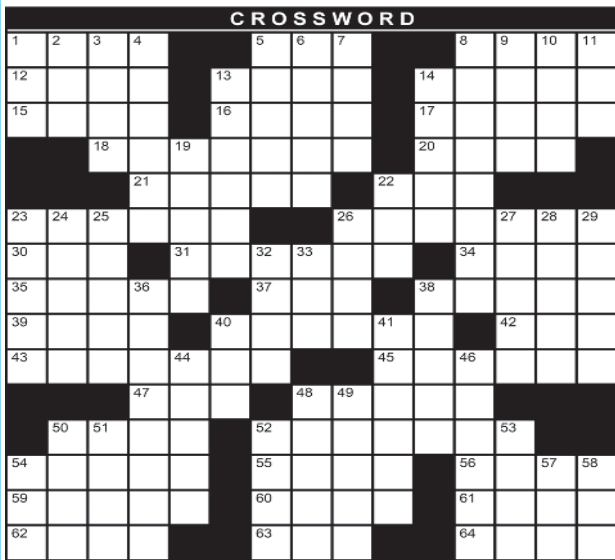
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12. U in I.C.U.
13. Tiny river
14. Fires
15. Weather
16. "How to Make an American Quilt" author
17. Distinguishing feature
18. "Master of legal thriller"
20. "Sittin' on the Dock of the Bay" singer
21. Keyboard key
22. G, in sofa
23. "Master of Western fiction"
26. Flavorful rice dish, pl.
30. Former name of Tokyo
31. Broadcasting devices
34. Whiskey without water
35. Dried fruit and spices, in a pie
37. Member of Shoshonean people
38. Discombobulate
39. Draw to light
40. Young traveler's inn
42. "it or lose it!"
43. Hindu spiritual retreat, pl.
45. Chase away
47. Philosophical system
48. Single-cell protozoan
50. Home on a limb
52. "James Bond creator"
54. Cafe option
55. Site of Taj Mahal
56. First queen of Carthage
59. Goes up or down
60. Jiffs
61. What accomplices do
62. 2 aspirin, e.g.
63. Old college one
64. Ash Wednesday to Holy Saturday

DOWN

1. Blazer or Explorer
- Baptist leader?
- "I... The Body Electric" by Whiteman or Bradbury
4. Sound setup
5. Like a ballerina
6. "I do" spot
7. Thief
8. "Master of romance and particularly prolific"
9. Palm tree berry
10. Sleight runners
11. Is, in Paris
13. Podium
14. Counter seat
19. Habitué
22. Female sib
23. Helping theorem
24. Bye, in Castle
25. Calendar unit of time
26. "William Shakespeare or Dr. Seuss"
27. Sick and tired
28. Wrong answer adjective
29. "Her every novel was a best-seller"
32. Abbott and Costello, Rocky and Bullwinkle, etc.
33. "all fun and games..."
36. "Master of detective novel"
38. "My wife can vouch for me," e.g.
40. Expression of doubt
41. Swellings
44. Daisy-like bloom
46. Summer shoe
48. "Master of the dime novel"
49. Bryan Stevenson's "Just \_\_\_"
50. Brussels' org.
51. JFK or ORD postings
52. Like Usain Bolt
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PUBLIC NOTICES

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PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court.

DATE OF FIRST PUBLICATION: December 19, 2019. By PATRICIA P. TIFT Personal Representative Address: PO Box 246 Brewster, WA 98812

Published in the Quad City Herald December 19, 26, 2019 and January 2, 2020. #66839

Lady Bears win Desales Christmas Tournament

By MIKE MALTAIS STAFF WRITER

WALLA WALLA - The Lady Bears varsity basketball team returned from a two-day road trip with the championship trophy from the Desales Christmas Tournament played Dec. 27-28.

Brewster opened their appearance with a 46-25 victory over Grant Union from John Day Oregon on the first day of the tournament to advance to the championship round against the host Lady Irish.

Senior co-captain Sammi Emigh led Brewster with 14 points shooting five-for-eight and four free throws. Six of Emigh's Lady Bears teammates added to the scoring with single digits.

Brewster scoring Sammi Emigh: 14 Halle Aparicio: 7 Michaun Kelpman: 6 Anah Wulf: 6

Vicky Sanchez: 6 Mikenna Kelpman: 5 Alexia Hurtado: 2 Perla Perez

Head coach Stephanie Schertenleib said the team is still adjusting to play without the consistent point guards the team had last season in Brooklynne Boesel and Kim Nila.

"If one was out the other filled the spot nicely," said Schertenleib. "This year everyone has been looking around trying to find someone to do it instead of understanding the person they are searching for is the one in the mirror."

Schertenleib said some of her players are stepping up to fill the point guard vacuum

"Someone has to go outside their comfort zone and assume the point guard role without wavering or we will not be able to get out of our rut," said Schertenleib. "We are a work in progress, but I



Courtesy Jesus Raquel-Sanchez/Brewster Sports Facebook

The Lady Bears won all the marbles at the Desales Christmas Tournament in Walla Walla on Dec. 27-28. Senior Kelsey Ochoa, No. 20, kneeling, holds the winning trophy.

have seen the talent that resides in these girls."

Michaun Kelpman had the hot hands in the championship game against the Lady Irish. Kelpman connected on all five of her attempts from three-point range to lead Brewster

with 15 points in the 51-46 win. Kelsey Ochoa added 11 points with six teammates hitting for single digits.

Brewster scoring Michaun Kelpman: 15 Kelsey Ochoa: 11 Sammi Emigh: 7 Anah Wulf: 6 Mikenna Kelpman: 6 Cynthia Sanchez: 3

Vicky Sanchez: 2 Perla Perez: 1 Alexia Hurtado

The Lady Bears will host league rival Soap Lake at 6 p.m., Saturday, Jan. 4, and face undefeated Lake Roosevelt on the road, Tuesday, Jan. 7.

Five hidden holiday allergy triggers to avoid

(BPT) - The holidays are a time to gather for food, friends and festivities. While everything may seem merry and bright, if you have asthma or allergies, this is when you need to be cautious. A season full of tradition and good cheer can come with hidden allergy triggers if you're not aware and prepared.

The experts at the American College of Allergy, Asthma and Immunology share the most common hidden holiday allergies you should be aware of:

1. Candles and fires: Although many people light candles to enhance the holiday atmosphere, scented candles can quickly trigger allergy and asthma symptoms, including headaches, watery eyes and aggravated noses. Wood-burning fireplaces, while stunning during the holidays, are also a trigger due to smoke. Consider flameless candles and an electric fireplace, which have the calming appearance, but no scent or smoke to make you cough or wheeze.

2. Trees and wreaths: Fresh fir trees and wreaths are beautiful, but some people have contact skin allergies to a substance called terpene, found in the sap of trees. What's more, some



BPT

A season full of tradition and good cheer can come with hidden allergy triggers if you're not aware and prepared.

live trees still have mold spores and pollen on them, which can cause nasal allergies to flare. Take time to rinse off live trees before you bring them in. If you have an artificial tree and decorations that you use every year, clean them to remove dust and potential mold.

3. Hugs and kisses: You enjoy seeing your friends and relatives during the holidays, but you may want to reconsider all the hugs and kisses, which can easily spread germs. Flu shots are available now, and it's not too late to get yours. If you have asthma, it's particularly important to wash your hands

thoroughly and regularly. If you have an egg allergy you may have been told in the past not to get the flu shot. But years of studies have shown the vaccine is safe and does not contain enough egg protein to cause an allergic reaction, even in people with severe egg allergy.

4. Eats and treats: Holidays are a time to gather to enjoy delicious meals and tasty treats. If you have food allergies, be vigilant about knowing what's inside each item. Some people are sensitive to even trace amounts of certain foods, and this can be particularly concerning for baked goods prepared

in commercial kitchens. Always ask before you eat something new and be an advocate for your children if they suffer from allergies. When in doubt, if you have food allergies, it's best to turn down a holiday treat with unknown ingredients.

5. Dust and dander: If you are allergic to indoor allergens like dust, mold and dander, you probably diligently clean your home. But that doesn't mean the host of the party you're attending does the same. Many of these triggers are invisible, so even a home that appears clean can cause that dreaded runny nose, sneezing and

itchy eyes for allergy sufferers. If you're attending a party or traveling to see friends, consider packing allergy medicine just in case you start to feel symptoms from triggers tugging at your good time.

Before your social calendar fills up, consider hosting a holiday event yourself. Even though entertaining takes work, it adds a level of control so you don't have to worry about allergy concerns. You get to cook with foods your family can safely eat and decorate with flameless candles and other allergy-friendly decor. Plus, you know your house is free of Fido's fur or hidden dust bunnies. If people offer to bring food, make sure they know of any allergy concerns. Or consider putting them in charge of other items, such as holiday napkins or paper plates.

Have questions about an existing or potential allergy for you or a loved one? Allergists are the best trained medical professionals to treat allergies and asthma, and can help you live the life you want. So if you need guidance on treating your symptoms, use the allergist locator at acaai.org/locate-an-allergist to find an allergist in your area.

PUZZLE SOLUTION

Grid of numbers for puzzle solution: 1 8 5 2 6 9 7 4 3, 3 2 6 8 7 4 5 1 9, 9 7 4 5 3 1 2 8 6, 7 3 8 6 1 5 9 2 4, 6 9 2 3 4 8 1 7 5, 4 5 1 7 9 2 3 6 8, 5 1 3 4 8 7 6 9 2, 2 4 9 1 5 6 8 3 7, 8 6 7 9 2 3 4 5 1

Grid of letters for puzzle solution: SASS LAG CASE, UNIT RILL SACKS, VANE OTTO TRAIT, GRISHAM OTIS, ENTER SOL, LAMOUR PILAFFS, EDO RADIOS NEAT, MINCE UTE ADDLE, MOTH HOSTEL USE, ASHRAMS DISPEL, ISM AMEBA, NEST FLEMING, LATTE AGRADIDO, STAIR SECS ABET, DOSE TRY LENT

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A few of ... My Favorite remedies

My Favorite remedies to share that I've found most helpful over the past year as I recommended them to patients and myself. You'll find a couple of new favorites here, along with some old standbys.

1. Cerave® for relief of dry skin.

This recommendation is new. Cerave® has rapidly become one of my very favorites, replacing several creams that I have recommended over the years. When my patients raved to me about this product, I decided to try it myself. After purchasing a one-pound jar at a local Walgreen's pharmacy, I tried it on my hands and body.

What impresses me most about Cerave® is how quickly and completely it soaks into my skin. Washing my hands frequently and living in a dry climate, I always seem to be dealing with dry hands and itchy skin. With Cerave® there's absolutely NO greasy or slippery feel after applying it. That's impressive all by itself, but it works just as well or better than products that are much



heavier and need time to soak into the skin.

2. Vaseline® (petroleum jelly) or coconut oil to prevent nosebleeds.

Nosebleeds range from inconvenient, to annoying, to scary. People who use oxygen at night are often plagued by frequent episodes of bloody noses, especially during the fall and winter months. Many of my patients have reported great success in reducing winter nosebleeds by GENTLY applying a thin layer of petroleum jelly (Vaseline®) or petrolatum to the inside of their nose every evening with a Q-tip swab.

If you don't have any petroleum jelly or petrolatum you can substitute coconut oil on the Q-tip swab. Please avoid petroleum jelly entirely if you breathe oxygen through tubing with prongs that go into your nose, because it can actually dissolve the plastic tubing of the prongs!

Instead of petrolatum, you can use coconut oil instead or a saline gel for the nose like Ayr®.

3. Afrin® nasal spray to stop nosebleeds.

Afrin®, or oxymetazoline, relieves nasal congestion by shrinking blood vessels in your nose, which reduces stuffiness and is also quite helpful in stopping a nosebleed. If you show up at the Emergency Department with a nosebleed, the first thing many ER doctors will do is squirt several sprays of Afrin® on a gauze pad, roll it up and then shove that soaked roll of gauze up your nose. The combination of the pressure and blood vessel shrinkage from the Afrin® can often stop a nosebleed dead in its tracks.

4. New Skin® to seal and protect hangnails and paper cuts.

I hate hangnails. I can go for months with perfectly intact cuticles, then all of a sudden, I have 3 hangnails all at once, just begging me to bite at them. Then there are paper cuts. I absolutely HATE the sting of a paper cut. Band-

Aids® may be convenient to cover up hangnails and paper cuts, but what happens when you wash your hands? Ugh, who wants to wear a soggy Band-Aid®?

New Skin® is a sealant that dries clear and protects hangnails, paper cuts and minor abrasions from the sting of soap and water and alcohol sanitizing gels. I always keep a bottle of New Skin® at work to patch myself up if I get cut or if any dreaded hangnails show up. The active ingredient in New Skin® is 8-hydroxyquinoline, the same anti-infective as in Bag Balm® which helps discourage bacterial infection of cuts.

5. Actifed® for runny and stuffy nose.

When I get a viral infection, my nose gets stuffed up. If I take a decongestant to treat that, it often makes my nose run. Unfortunately, I'm allergic to ragweed which makes my nose BOTH stuffy and runny at the same time. Luckily, the antihistamine triprolidine found in Actifed® dries up my runny nose while relieving both

my itchy eyes and stuffy nose. Because it contains the decongestant pseudoephedrine, you'll need to ask for it from the pharmacist. It's hard to find in other states, so I never leave home without it.

6. Palmer's Cocoa Butter Formula® Swivel Stick for travel.

Palmer's has a Cocoa Butter Formula® cream in a jar and roll-on (swivel stick). The cream is greasy, so I use it for lips and at night. The swivel stick is about twice the diameter as a typical tube of Chapstick®, and very convenient to use. I always pack it because it's smaller than the jar and is a solid, so it doesn't affect your liquid restrictions.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. ©2019 Louise Achey

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