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YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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Mike Maltais/QCH

Re-elected council member Sergio Orozco, left, and incumbent mayor Janet Conklin take the office of office from city clerk/treasurer Judy Brown.

Bridgeport revisits pit bull animal control measure

State overturns specific breed ban

By Mike Maltais Staff writer

BRIDGEPORT – City council members met in special session on Dec. 30 to address a Bridgeport Municipal Code (BMC) ban on pit bull dogs that is now disallowed after the state Legislature passed and Gov. Inslee signed House Bill 1026 last year that ends breed-specific dog bans as of Jan. 1, 2020.

At the time the bill was signed last spring more than two dozen cites across the state had breed-specific bans, most targeting put bulls, on their books.

SEE **DOGS** ON PAGE 2



Courtesy Brewster School District Brewster student Cynthia Sanchez displays a sample of a gift box present. More photos at qcherald.com

Gift shoeboxes evolve into local tradition

By Mike Maltais Staff writer

BREWSTER – Several years ago Brewster high School teacher and varsity boys' soccer coach Jenner Sanon became involved in a project to send shoe boxes with gifts to youngsters

in foreign countries.
"I thought we could do

the same thing here in our back yard," said Sanon. "There are many kids who may not have any presents for Christmas."

Sanon shared his idea with Brewster school students and members of the World Language Club. That first year the group filled more than 150 shoe

SEE GIFT ON PAGE 2

Three Rivers Hospital celebrates last first baby



Courtesy Three Rivers Hospital

Three Rivers Hospital staffers pose with the new year's first baby at the facility. From left, Stormy Fisher, RN; Dr. James Wallace, TRH Medical Director; Kayla, Wren, and Jesse White, Rose Holder, RN; and Karen Hurley RN and OB Team Lead. Not pictured is the White family's birth team, Erin Cooley, M.D., and Jennifer West, RN.

SUBMITTED BY JENNIFER BEST, TRH BUSINESS DEVELOPMENT COORDINATOR

BREWSTER – Three Rivers Hospital helped the White family of Carlton welcome a newborn girl just three days into the new year.

Wren Katherine White was born at 4:02 a.m. Friday, Jan. 3. She weighed

7 pounds, 8.5. ounces, and measured 19.75 inches long.

The parents are Kayla and Jesse White. Wren has an older sibling, 2.5-year-old Paxton White.

"We are thankful to all the wonderful staff at Three Rivers!" the family wrote in a statement about their experience at the hospital.

Karen Hurley, RN, the obstetrics team lead at Three Rivers Hospital, said Kayla White opted for a water birth. She was attended by Jennifer West, RN and Erin Cooley, M.D., of Family Health Centers.

Hospital staff, along with Medical

SEE **BABY** ON PAGE 2

Cops & Kids, Christmas Shop brighten youngsters' holidays

By Mike Maltais Staff writer

BREWSTER – If smiles are any indicator of success then the Brewster Annual Cops & Kids and Christmas Shop held at Columbia Post 97 of the American Legion and the Christmas Shop at the Brewster Fire Department on Saturday, Dec. 14, hit all the notes on the happy scale for local youngsters.

With help from donors like Mi Pueblo, Brewster Marketplace, Brewster Marketplace Pharmacy, Spokane Produce, North 40, American Legion, and Franz Bakery and volunteers like Brewster teacher Karen Zajackowski and her students, the Brewster Police Department, and C'Aira Murray, the holidays were made that much more special for many deserving youngsters.

Courtesy Avis Erickson Brewster police officer Adam Nichols poses with some smiling kids. See more photos on page 2



Bridgeport, Brewster school levies on special election

By Mike Maltais Staff writer

BREWSTER/BRIDGE-PORT – Nine school district levies including two for Quad City schools are scheduled to come before voters on a special election pallot Feb. 11

The Bridgeport School District No. 75 Replacement Educational Programs and Operation Levy and the Brewster School District No. 111/203J Replacement of Expiring Educational Programs and Operations Levy are among others from the Methow Valley, Lake Chelan, Omak, Tonasket and Oroville school districts looking for voter approval next month.

Bridgeport Levy The Bridgeport Replacement Educational Programs and Operation Levy, formerly called a Maintenance and Operations Levy) is a four-year levy for approximately \$280,000 per year to be collected from 2021 through 2024. Collection will not begin until the

current levy expires at the

end of 2020. The amount collected each year varies as the formula is based on \$1.60 per \$1,000 assessed property value. In 2021 the levy amount is \$280,674; in 2022 it is \$297,515.

"The four-year levy was chosen for two basic reasons," a district media release noted. "Each time a levy is run it costs the district in excess of \$6,000. The fact that the second, third, and fourth year of the levy is the same \$1.60

SEE **LEVIES** ON PAGE 2



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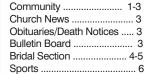


ECHO CAME

BUSINESS JOURNAL

HERALI

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P.O. Box 37 Brewster, WA 98812-0037 509-689-2507 www.gcherald.com

Community Cookbook benefits Brewster Food Bank



Courtesy Brewster Chamber Facebook

Hot off the press - Hot off the press is the new Community Cookbook sponsored by the Brewster Chamber of Commerce with all proceeds earmarked to benefit the Brewster Food Bank. The new publication with recipes assembled from local contributors is now available for purchase from some chamber business members. Interested purchasers can also call 509-593-0771 to get a copy. Price is \$10.



Courtesy Three Rivers Hospital

Parents Kayla and Jesse White with baby Wren. More photos at qcherald.com

BABY

CONTINUED FROM PAGE 1

Director James Wallace, M.D., presented the family with two gift baskets filled with items donated and purchased by staff, the hospital Board of Commissioners, and the Three Rivers Hospital Foundation. The board donated \$60 in cash and the Foundation donated \$250, which was used to buy more gifts.

An anonymous physician donated a \$100 Amazon gift card, as well. Hurley noted that the total value of the baskets was more than \$600.

This was the final New Year's baby at Three Rivers Hospital, which will close its award-winning obstetrics program effective April 1. From that point on, OB services in Okanogan County will be centralized at Mid-Valley Hospital in Omak.

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The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification pur poses only). Letters may be edited for length, clarity, accuracy and fairness No letter will be published without the author's name. Thank you letters will only be printed from non-profit ons and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correc-

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Have an idea for a story? Call Quad City Herald at 689-2507

On The Internet

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WNIPA

Washington Association Member

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Christmas Shop brighten holidays





Courtesy Avis Erickson **ABOVE: Brewster police** officer Curtis Flatray shares a moment with a happy recipient of a new snow saucer.

ABOVE RIGHT: Santa never fails to be a hit.

BELOW RIGHT: Volunteers from Brewster High School gave Santa a helping hand.

> More photos at qcherald.com



GIFT

CONTINUED FROM PAGE 1

DOGS

CONTINUED FROM PAGE 1

boxes and delivered them to children in Brewster and the surrounding

The BMC Chapter 6.10

prohibited the keeping of

pit bull dogs within the

city under Section 6.10.020

which read in part "It is un-

lawful to keep, harbor, own

or in any way possess a pit

Following an extended

discussion between council

member regarding how

bull dog within the city."

area. Since then the tradition has continued and grown.

"This year was like all the others, the staff and community were very generous," said Sanon.

voted to amend Section 6.10.020 to allow pit bull

dogs in the city and ad-

dress other aspects of the

dog ordinance at a later

The new state law provides that those dogs that pass a good-behavior test are exempt from breedspecific regulations for at least two years. Dog that fail the good-behavior test can be retested after a

Mayor Janet Conklin said that the American Kennel

specified period.

homes of those families that can benefit most from them." Sanon noted that while Club/Wenatchee Club in East Wenatchee saw the

"The boxes are put to-

gether according to ages;

then we deliver them to

need for certified testers

coming with the passage of

the state law and is recruit-

ing more licensed testers

to handle the demand.

Conklin said Bridgeport's

ordinance will require

additional tweaking to

arrive at the way the city

wants the amended ordi-

The City of Brewster

allowed pit bulldogs in

the city under Title 6 of

the Brewster Municipal

nance to read.

families that receive the boxes." Code, but with a list of restrictions outlined in Section 6.10.040 that included licensing, confinement, signs, microchips, leash-

there were more kids in

need than boxes to dis-

tribute "it has been a very

positive experience for

our students and for the

es, muzzles and more. Brewster city clerk/treasurer said the Brewster council advised the police chief not to enforce the existing code provisions after the new state law took effect. The council was scheduled to revisit its dog ordinance during the first regular meeting of the new year.

the revised dog ordinance should be framed, members

FVIES

per thousand, should help assure the voters that the rate will not be increased for collection through the four years."

In 2016 voters approved the current M&O levy that collects \$1.70 per thousand assessed value.

If the proposed levy passes the district will receive \$990,000 per year in equalization funds. Those funds will not be paid of the levy

fails.

Informational meetings will be held at the school district office from 6:30-7 p.m. on Wednesday, Jan. 15, and Tuesday, Jan. 21. School superintendent Scott Sattler will be available to answer questions. Sattler may also

be reached at 509-686-5656 or by email at ssattler@ bsd75.org.

Brewster Levy

The four-year Brewster Replacement of Expiring **Education Programs and** Operation Levy is actually lower than in past years. In 2014 the approximate cost was \$3.12/\$1,000, and in 2018, \$2.45/\$1,000. The proposed rate is \$1.75/\$1,000 for year one and \$2.25/\$1,000 for year four. The yearly breakdown

looks like this: \$1.75/1,000 \$932,940 \$1,144,955 \$1,384,679 \$2.00/1.000 \$2.25/1,000 \$2.25/1,000

\$1,488,530 The Brewster levy is the same that voters have approved in past years.

"A local school levy is a request from the school district to its citizens to help fund a portion of the cost of public education through local taxes that the state does not pay for," a district levy summary said.

If the Brewster levy passes the district will receive an estimated \$672,176 from state matching funds. Among the district programs not funded by the state are college courses, music, PE, technology, school nurse, academic elective classes, art, transportation, extracurricular (including athletics), and more.

Ballots for the Feb. 11 election should be in the mail by Jan. 21-24.

The deadline for online and mail-in registrations and transfers is Feb. 3. Voter registration forms are available online at votewa. gov. Individuals may also register at county auditors' offices. In Okanogan County the location is 149 Third Ave. N. Room 104 in the county courthouse in Okanogan. In Douglas County the auditor's office is located the county courthouse at 213 S. Rainier St. in Waterville.

Ballot drop-off locations include Bridgeport City Hall and 180 Pateros Mall

in Pateros.



Okanogan County Maternity Services Receives \$100,000 from Molina Healthcare of Washington's Molina Community Innovation Fund

SUBMITTED BY FAMILY HEALTH CENTERS

OKANOGAN - Family Health Centers was awarded \$100,000 by Molina Healthcare to support the development of a Center of Excellence for Maternity Services. Collaboration is key to the securing a more secure and sustainable future for maternity services in Okanogan County. Included in this vision is a

comprehensive obstetric support training and education program that will serve families from conception to early parenthood, and will increase physician retention while strengthening the OB provider pool in Okanogan County into the

"For our debut of the Molina Fund, we are honored to support organizations such as Family Health Centers by providing innovation

funding to implement and expand community-based initiatives that make health care more accessible," said Peter Adler, President at Molina Healthcare of Washington. "Communitybased organizations who are receiving Molina Fund innovation grants share Molina's goal of improving health outcomes by reducing access barriers in each community.'

As the plans for transi-

tioning OB services from Three Rivers Hospital to Mid-Valley Hospital this year, collaboration among health systems is underway to build a Maternity Center of Excellence that embodies the high-quality programs that each hospital has historically provided to expecting families in the county. Molina supports Family Health Centers' initiative to build a more comprehensive system of

care, bringing together community members, maternity care case managers, behavioral health providers, and medical providers to support healthy childbirth. Local EMS staff will be trained in obstetrical basic life support, and maternity care providers in obstetrical advanced life

"We are so grateful for Molina's generous contribution to our organization,"

said Jesús Hernández, Chief Executive Officer at Family Health Services. "This grant and partnership will enhance patient-centered maternity care for our patients across the county."

Molina celebrates and supports the collaborative spirit in problem-solving this difficult issue. We look forward to serving our communities with the highest standard of care you

OBITUARIES

Audrey Cleo (Schaller) Georgius

January 23, 1921 - December 29, 2019

Audrey Georgius of Pateros passed in her sleep at Park Place in Omak while suffering a sudden illness. She was 98 years old and touched many lives; she will be greatly missed.

Audrey was a Nebraska born farm girl who came to Washington to visit in 1947. Her cousin Kay brought her to Washington with the idea of doing some matchmaking. Audrey was introduced to a Minnesota farm boy, Gordon Georgius, at a 4th of July celebration and she stayed in Washington marrying Gordon five months later on December 16, 1947. They were married nearly 62 years until Gordon's death in 2009.

Audrey and Gordon lived and raised their family of one boy and three girls in Pateros. Audrey was a stay at home Mom until the youngest of her children started school. Once all the children were in school she started to work at Neff Orchards packing shed until she retired.

Children were always a big part of Audrey's life. As a teenager she went to live with her sister to help care for two young boys and two sets of twin girls. Then as a mother she would baby-sit for other families while raising her own. Then came her four grandchildren who were her pride and joy. She would baby-sit

DEATH

NOTICES

Candice

Kay Kelly

on January 4, 2020.

Chapel of Brewster.

Genelle K.

Tarbell

Candice Kay Kelly, 68, of

Please leave any thoughts

Pateros, Wash., passed away

and memories for the family

at barneschapel.com. Servic-

es are entrusted to Barnes

Genelle K. Tarbell, 94, of

Please leave any thoughts

and memories for the family at barneschapel.com. Servic-

es are entrusted to Barnes

Chapel of Brewster.

Brewster, Wash., passed away on January 6, 2020.

for them after school as they would ride the bus to Gramma and Grandpa's house where there were always snacks waiting. Then their were five greatgrandchildren who brought her much happiness.

She also beaded beautiful better than hers.

Audrey was the last of her generation in the family. She was preceded in death by her husband Gordon; parents William and Edith Schaller; one brother and three sisters.

She is survived by son ros, and Lori (Bill) Brauch-Shiflett, Ryan (Michelle) Brauchla. Great-grand-Miller-Smith and Jasper

to be announced at a later

Please leave any thoughts and memories for the family at barneschapel.com. Services are entrusted to Barnes Chapel of Brewster.

> qcherald. com

Audrey enjoyed crocheting and made many afghans and Christmas stockings for family and friends. Christmas ornaments cherished by her family. Audrey found pleasure in flower gardening and she and Gordon would get many compliments on their beautiful yard. Another of Audrey's talents was pie baking. Her husband Gordon bragged that he never tasted a pie

Dennis Georgius, Omak; daughters Vickie (Bob) Peters, East Wenatchee, Deborah McDonald, Patela, Pateros. Grandchildren: Crystal Miller, Malee (DJ) Brauchla, and Calder (Sara) children: Colby, Madison and Ethan Shiflett, Aleeka Brauchla.

Memorial services

COMMUNITY BULLETIN BOARD

Tuesday, Wednesday, **Thursday**

Senior Center **Rummage Room**

BREWSTER - Hours at the Brewster-Pateros-Bridgeport Senior Center are 8 to 12:45 a.m. Tuesday through Thursday. Donations will be accepted during store hours at the back door for the Rummage Room. No children's clothing. They will take "small pieces of furniture and sometimes larger items.

Tuesday, Wednesday, Thursday

Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50. All diners are welcome.

Tuesday, Jan. 14 Baked Fish, Roasted Pota-

toes & Carrots, Coleslaw, Tropical Fruit, Cheesy Biscuit, Dessert

Wednesday, Jan. 15 Meatloaf, Potatoes & Gravy,

Buttered Peas, Green Salad, Peaches, Whole Wheat Roll, Dessert Thursday, Jan. 16

Chicken Cordon Bleu Casserole, Wild Rice, Peas & Carrots, Garden Sal-

ad, Mandarin Oranges, **Bread Pudding Tuesdays and Thursdays** S.A.I.L. classes

BREWSTER - S.A.I.L. (Stay Active and Independent for Life) classes are Tuesday and Thursday, 10-11 a.m. at the Brewster-Pateros-

Bridgeport Senior Center. Wednesdays

Senior Center Bingo

BREWSTER - Bingo is

OBITUARY & MEMORIAL POLICIES

NCW MEDIA, INC.

An **obituary** is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data.

Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to.

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Obituaries are priced per word while Memorial ads are per column-inch. For info call Ruth 509-682-2213, or email ruthk@lakechelanmirror.com

is 25 cents per card.

Jan. 10, 17 **Brewster area** monthly bus trips

back at 10:15 a.m. ev-

ery Wednesday morning

at the Brewster-Pateros-

Bridgeport Senior Center

at 109 S. Bridge St. Cost

Omak and Wenatchee

to

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is Jan. 10. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month, Jan. 17, riders will be taken to Omak for the day. Riders request their destination(s).

Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

Jan. 11

Okanogan County Democrats to meet

OMAK / TWISP - The Okanogan Democrats will be holding their general monthly meeting at 12 Tribes Casino in Omak on Saturday, Jan. 11, from 12 p.m. to 2:30 p.m., with a simulcast at the Methow Valley Citizens Council, in Twisp. This meeting is open to all who are interested in the Democrat's work in Okanogan

Jan. 13

TOPS meeting BREWSTER - TOPS (Take

Off Pounds Sensibly) meets Mondays, 10 a.m., 600 W. Indian Avenue. Preteens, teens, adults - male, female welcome. First meeting is free. TOPS Club, Inc. ® is an affordable, nonprofit, weight-loss support and wellness education organization. Learn about nutrition, portion control, food planning, exercise, and motivation. For info: Joyce Anderson, Coordinator, (509) 922-8820, visit www.tops.org, call TOPS Headquarters, (800) 932-8677.

ALTAS program BREWSTER - Join us at the

Brewster Library for our At The Library After School Program, every Tuesday, 3:45-5 p.m. It is geared towards children K-6th grades. Activities include crafts, STEM, games, snacks, and stories. For more, contact Rebecca Zion at (509) 689-4046 OR email brewster@ncrl. org.

Jan.14

Cancer Support Group

CHELAN - The Women's Wellness Group, cancer support group, meets the second Tuesday of each month with lunch provided by the Wenatchee Wellness Place, at the Lake Chelommunity H Board Room at 11:45 a.m. For more information, contact Anne at 682-8718.

Jan. 15

Toddlers & Waddlers

Storytime BREWSTER - Looking for an exciting way to start off the day for your little ones? Join us at the Brewster Public Library for rhymes, stories and playtime every Wednesday at 11 a.m. For more information, Rebecca Zion at (509) 689-4046, email brewster@ncrl.org

Jan. 21

Help available for **Douglas County** veterans

BRIDGEPORT - Sarah Simonson the Veterans Service Officer for Douglas County, sets up an outreach/satellite office in Bridgeport once a month on the third Tuesday of the month, in the town office's conference room 10 a.m. to 2 p.m. You can find her on Facebook at: https://www. facebook.com/douglascountyvso

Jan. 22

Teens At The Library

BREWSTER - Join us for our Teens At The Library Program (TATL), geared towards teens ages 12 and up, every second and fourth Wednesday of the month at the Brewster Library, 5-6 p.m. Each meeting we will host programs requested by teens. Activities include games, crafts, STEM, and special programs just for teens. For more, contact Rebecca Zion at 509-689-4046 or email brewster@ncrl.org.

Don't let the flu keep you from enjoying the view.

Get your vaccine today. 1 (800) 660-2129



TY CHURCH GU

New to the area? On Vacation? These churches welcome you!

BREWSTER

SEVENTH-DAY ADVENTIST CHURCH AND SCHOOL

Saturday Bible Study 9:30 a.m. Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com

Pastor Ryan Kilgore

CALVARY BAPTIST CHURCH Sunday Worship 9:30 a.m.

509-689-2920 • 6th & Jav www.cbcbrewster.com Pastor Greg Thorn



www.communitylogchurch.com Pastor Gordon Wright

BREWSTER • BRIDGEPORT • PATEROS

HOPE LUTHERAN CHURCH Sunday Worship 11:00 a.m. Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10:00 a.m. 509-689-3106 • 1520 Sunset Dr.

Pastor Kevin Moore **NEW TESTAMENT BAPTIST**

Sunday 10 a.m., 11 a.m. & 6 p.m. Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible."

- Matthew 19:26

11/EDDIII/GS North Central Washington Style

North Central

Spring's a popular time of year for weddings

Spring is a popular time of year for weddings for a number of reasons. The weather gives you options not available during the potentially hot summer months or unpredictable winter and fall.

For the most part, you can count on spring's mild temperatures and its steady weather patterns — especially in late spring. The spring also gives you flexibility when it comes to planning a bridal shower. Friends of the bride have long put their heads together to pull off a memorable shower experience that all involved parties remember for years to come.

Here are some of the most important things to remember when throwing a shower:

 Decide on a date that is ideal for all attendees usually a weekend day when getting off of work isn't an issue.

• Choose your venue and make sure you book it months ahead of time.

There's nothing worse that having to go to your backup plan just because you didn't

plan ahead. • Plan (and stick to) your budget. Set a budget for the entire event and make sure you follow it during both the planning and execution phases. Your fellow bridesmaids will likely pitch in to help you avoid overspending on this special event.

SHOWER IDEAS

Below are some ideas for what kinds of spring bridal showers you can plan for your friend or family member. Don't forget to incorporate the bride's likes and dislikes into the festivities. For example, if the outdoors isn't really her thing, a daylong event filled with lawn games probably isn't your best bet. Be creative, be practical and most of all be fun.

SPA PARTY

A spa bridal shower is a great way to relax the bride during this anxious time. Consider booking your local spa or hiring a couple of professionals to come to you. A DIY spa station could include a massage table, a facial space and a mani-pedi seat. Be sure to play relaxing music and deck your place out with soothing decorations.

FOOD PARTY

What bride doesn't love food — especially healthy food to help her

© FOTOLIA

stay trim and fit for her special day? Set up a food-themed party to let your guests indulge on deli sandwiches,

vegetables and fruit salads.

PERFUME BAR

cheese and crackers,

If your venue allows it, a perfume bar is a unique addition to your bridal shower. This is a great complement to s spa location. Ask the company's management if they would permit you to put together a table area full of perfumes for sampling throughout the shower.

Horseshoes is a time-tested lawn game perfect for all ages.

RECEPTION **ENTERTAINMENT**

Lawn games let your guests wind down after your formal ceremony. They also make for great conversation and friendly competition that bring out the best in your friends and family members. Lawn games are not only fun but inexpensive, as well. You can even build them yourself. Decide which lawn games you're hoping to incorporate

and head to the hardware store for lumber and other necessities. Some of the most popular lawn games include bags, Frisbee golf and lawn darts. Make your own scoring systems and rules to make things

more interesting. Here are a few more ideas:

HORSESHOES

Horseshoes is a time-tested lawn game perfect for all ages. Minimal equipment is needed for setup, making it the perfect DIY lawn game for your

reception. You can likely find a horseshoe set at your local hardware or toy store. Or you could make your own by purchasing a few steel rebar rods about 1 inch thick and getting your hands on some actual horseshoes. Check in with family members who have horses or even your local horse veterinarian to see if they have any extras lying around.

You'll have a legitimate horseshoe lawn game set up in no time.

FOR THE KIDS

Let's say you plan on having four or five lawn games set up for the adults at your reception. This is a good number that allows rotation between games and includes plenty of guests in the fun. But what about the kids? Children's lawn games

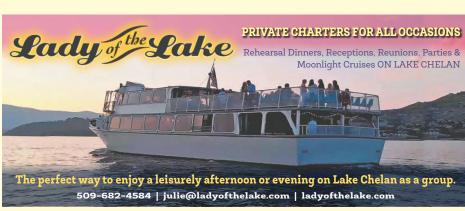
can include pin-thetail-on-the-donkey, potato sack races or simply smaller versions of the adult games you have set up. Whatever you choose, be sure to assign someone to supervise the activity to ensure optimal safety.

The wedding dress

The wedding dress. So many hours of research, fitting and re-fitting for only a few hours of glory. But once your special day important to determine why. Are you hopcomes and goes, deciding what to do with the gown can be a difficult choice for many brides. Should you keep it stored away as a memento of your wedding day or let it go?

When deciding to keep your gown, it's ing to one day hand over your dress to your daughter? If so, keeping the gown in a basement, attic or back of the closet may not be an ideal storage option. Garment profes-









Garment professionals recommend you properly clean and store your gown for optimal life span.

sionals recommend you properly clean and store your gown for optimal life span. Simply shutting it away and forgetting about it can lead to a ragged, faded garment after even a short period of time.

DONATE IT

If you have no future plans to give away your dress to a family member or friend, why not donate it to charity? Organizations such as Brides Against Breast Cancer use donated dresses to put on their Nationwide Tour of Gowns effort, which raises funds to contribute to programs for cancer patients and their families. Check in with your localcharitable organizations or consignment

shops to see if there is a need for donated dresses in your area.

SELL IT

Another option for your gown after your wedding is selling it to make back some of your own costs. This may be a great option if the dress is very valuable and if the company you bought it from has a flexible buy-back program. There are also a variety of online options for selling yourgown. Many companies buy and sell pre-owned wedding dresses. Just don't expect to get top-dollar out of these bargain services.



Go green for your big day

According to a poll by the Clinton Global Initiative and Microsoft, 66 percent of millennials believe there is solid evidence of global warming, and about 75 percent say it is of human activity. In turn, these environmental advocates are taking action by planning weddings that rely less on disposable products and fossil fuels and more on sustainable practices that can lead to a healthier environment. Follow our suggestions below to integrate a little of this approach into your spring wedding.

CHOOSE EARTH-FRIENDLY VENDORS

One of the most meaningful steps you can take is to enlist the services of Earthfriendly vendors. These businesses are committed to following environmentally sound processes when



Companies across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities.

producing and delivering their products, which can range from paper flower bouquets to sustainable invitations. There are card companies that print their materials on 100 percent postconsumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them. Knowing you had a positive impact on the environment in

your wedding planning will give you that extra feeling of satisfaction.

CHOOSE LOCAL VENUES

The less distance you put between your church and reception hall, the less pollution you are inviting into the atmosphere through the burning of gasoline in the vehicles of your wedding party. This seems like a small step,



There are card companies that print their materials on 100 percent post-consumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them.

but consider how many cars will be traveling around town on the day of your wedding. Inviting 200 guests means you're probably also inviting 50 to 100 vehicles onto your community's roadways. That's a large carbon footprint you could lessen by keeping things confined to the same building or ones that are close in proximity.

RECYCLE YOUR **FLOWERS**

Many companies across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities. By choosing to participate in such an arrangement, you are passing along some of the beauty of your wedding to even more people around you. These companies also keep your flowers out of landfills by composting them into usable materials for gardens and other uses. Look around in your area for these types of services or offer to do it yourself in collaboration with your local nursing homes or shelters.

Choosing performers

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustrating exercise if you're not prepared for the search.

Before deciding on your final choice for music, ask some basic questions along with any others specific to your wedding.

Do you perform original music or play cover songs?

This is a question for a band you are consider hiring. You want to make sure their musical preferences match what you're looking for. Weddings are generally an atmosphere where cover bands may be a better fit, but this is up to you.

What is your price range, and can I get a quote on

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustating exercise if you're not prepared for the search.

Making sure you have a written quote will help resolve any confusion come payment time.

How many weddings have you performed for in the past couple of years?

This answer may be one of the most important, as you want to make sure the company is experienced and up to the challenge.

Will you be providing the

equipment and song list? Can you take requests?

A "no" answer to any of these questions could lead to more work for you as you try to coordinate what will be played during your

A good follow-up question Do you only play one event per day?

You want to make sure you have the full attention of the musical act or DJ during your wedding.

Are you easy to get in

touch with if I have questions throughout the music planning process?

A good musical act or DJ will surely answer "yes."

is for a list of references just to make sure you can conduct a little follow-up research.

Do you also do announcements?

It's a great bonus to have your wedding band or DJ make announcements throughout the night. That's one less thing for you to worry about.



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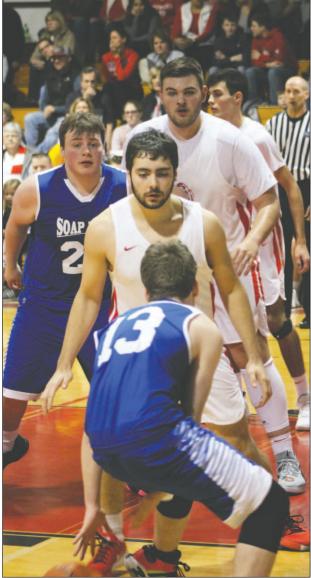
Bears break hundred-point barrier a second time



By Mike Maltais STAFF WRITER

BREWSTER - For the second time this season the Brewster Bears varsity basketball team broke 100 points in scoring against a Central Washington 2B league opponent as it pushed its record to 5-0 last Saturday, Jan. 4.

Brewster pumped in 106 points on its home gym against winless Soap Lake to better by three points



ABOVE: Kade Kelpman blocks the path to the basket for a Soap Lake guard. LEFT: Kelson Gebbers is left all alone under the basket

to score on a feed from teammate Connor Ashworth.

the 103-27 win at Waterville last Dec. 7.

From the opening tip the outcome was never in doubt as the Bears opened a large lead over the Eagles with 50 points on the scoreboard mid-way through the second quarter. Brewster capitalized on its height advantage on both ends of the court with Connor Ashworth, Kade Kelpman and Kelson Gebbers finding shot opportunities close to the basket.

Brewster suffered its only loss to 1A Seattle Academy



Mike Maltais/QCH

Connor Ashworth banks in one among several shots in the game.

More photos at qcherald.com

of the Emerald City league at a holiday tournament in Yakima's SunDome last month. The Bears were scheduled to face their toughest opponent, undefeated Lake Roosevelt on the road on Tuesday, Jan. 7. Brewster will host Manson

at 7:30 p.m. Thursday, Jan. 9, and play at Bridgeport on Saturday, Jan. 11. The Bears will host Waterville-Mansfield at 7:30 p.m. Tuesday, Jan. 14.

Lady Bears win

The Brewster varsity girls held down the scoring by the Lady Eagles in a 70-15 win earlier in the evening. The 4-1 Lady Bears trail 4-0 Lake Roosevelt and 5-1 Waterville-Mansfield in the CW2B rankings and were scheduled to play the Lady Raiders on Tuesday,

Mustangs come from behind to win by four



Araceli Valdovinos drives around.

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT-The Mustangs varsity basketball team staged a come-frombehind rally to narrowly defeat the visiting Liberty Bell Mountain Lions, 72-67, in a well-matched Central Washington 2B league game last Saturday, Jan. 4.

In a game that saw several ties and lead changes neither team was out of the game as they spent much of four quarters trading baskets before the Mountain Lions edged ahead late in the game. Head coach Dan Cavadini sat his players down for a reminder that the game was theirs to win or lose down the stretch.



The late-game rally left the 4-1 Mustangs with a grip on third place in the CW2B behind 4-0 Lake Roosevelt and 5-0 Brewster. The next four games through Jan. 17, are home stands for Bridgeport beginning with Waterville-Mansfield on Thursday, Jan. 9, Brewster, Saturday, Jan. 11, Soap Lake, Tuesday, Jan. 14, and Lake Roosevelt, Friday, Jan. 17. Game times are all at

7:30 p.m. Fillies fall

The Fillies varsity basketball team did not have the firepower to keep pace with the Lady Mountain Lions who led buzzer to

buzzer, 59-19. Liberty Bell mounted a strong offensive game with solid defense that forced turnovers often converted to points. The Lady Lions controlled the rebounds on both end of the court and frequently limited the Fillies to one-shot offenses.

Three of the next four home games will be against Central Washington 2B league leaders Waterville-Mansfield (5-1), Lake Roosevelt,4-0) and Brewster (4-1). The Nannies host the Lady Shockers at 6 p.m., Thursday, Jan. 9, and Brewster, Saturday,



Mike Maltais/QCH

ABOVE: Mustangs head coach Dan Cavadini gives his players a pep talk after his team trails Liberty Bell in the second half. BELOW: Esmeralda Garcia, white jersey, looks for an opening among a sea of Liberty Bell hands. See more photos at qcherald.com





Lady Shockers lead CW2B into 2020

By MIKE MALTAIS STAFF WRITER

WATERVILLE -The Lady Shockers varsity basketball team rings in

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the new year as the current leader in the Central Washington 2B league with a 5-1 record after completing half of its 20-game regular season

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schedule through Jan. 4.

Waterville-Mansfield suffered its only league loss, 58-44, against the 3-1 Lady Mountain Lions back on Dec. 10. Along the way the Lady Shockers have defeated Brewster, 65-47, Manson, 71-22, Soap Lake, 72-22, Tonasket 68-35, and Oroville 75-23. Ahead on Saturday, Jan. 11, is a home

game against the only undefeated team left in the CW2B, Lake Roosevelt currently batting 4-0.

The Lady Shockers have only one senior in a varsity uniform this season plus a lineup of veteran juniors and sophomores all of whom have at lease a year of varsity experience behind them.

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25. *A barbarian 26. Convex molding

27. Ladies and ____, for short 29. *a.k.a. The Mayor of Castro Street

32. *Famous Frankenstein portrayer 33. Like Michael Collins 34. *One of Miss Hannigan's orphans 36. *Russell Crowe's Biblical role

45. Type of realistic baby doll 49. *Pizzeria owner in "Do the Right

of the trade

. *Hutch actor in 2004's "Starsky &

11. Diagnostic test

10. Paella pot 11. Diagnos 12. Bean that rhymes with Goya

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Published in the Quad City Herald January 9 and 16, 2020. #87012

NOTICE OF PUBLIC HEARING PATEROS CITY COUNCIL NOTICE IS HEREBY GIVEN

that the City Council of the City of Pateros shall hold a public hearing on the recommended annexation of Pederson Road right of way and a portion of parcel #7440000200 into the parcer #744000200 into the city limits of the City of Pateros. Said public hearing shall be held on Tuesday, January 21, at 6:00 p.m. in the Council chambers, Pateros City Hall, 113 Lakeshore Drive, Pateros, Washington, at which time and place all interested persons may appear and be heard.

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- 39. Bound by oath 40. Nay, to a baby 41. Bread spreads 43. *She takes on PG&E
- Sacrificial spot 50. Blood-related problem 52. Ship pronoun
- 61. *Orphan who wanted more gruel 64. Love between AbElard and HÈloÔse 65. Pitching stat

- 71. Novelist Wharton 72. *Adopted orphan of Green Gables 73. Auction set 6. Lungful
 9. Not on a rolling stone 74. Like a disreputable neighborhood
- 16. Opposite of liability
- 21. *Adventurous professor with fear of snakes 23. *He played it in "Casablanca"
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Rosacea: A chronic skin condition

I was dead wrong.

Whenever I noticed someone with bloodshot eyes, tiny broken blood vessels visible on their skin along with flushed cheeks, I would judge them. I would wonder, "do they drink alcohol regularly?" That's because I associated those skin changes with people who drank heavily, just like the actor and comedian W.C. Fields, who popularized his character of a chronically tipsy guy who bumbled his way through life. I had always assumed that the signs of flushing, red eyes and visible blood vessels on the face were the marks of the heavy chronic consumption of alcohol. And that his prominent, bulbous nose was unique to him.

But that wasn't true!

W.C. Fields did drink frequently, but that wasn't why his face and nose looked like that. Instead, they were signs of his having a chronic skin condition called rosacea.

Why do we mistakenly associate those facial characteristics with heavy



drinking? Maybe it's because alcohol consumption can exacerbate rosacea symptoms. Drinking beer, wine or other alcohol can trigger a flare-up of the redness, red eyes, and tiny blood vessels appearing on your skin. But alcohol is not the most common trigger. Exposure to sunlight, emotional stress and hot weather are most likely to cause an exacerbation, or "flare".

Rosacea is a chronic skin condition that affects over 15 million Americans. It shows up in middle age, sometime after age 30, and is more common in those with extremely fair skin, like those of Irish or Scandinavian descent.

There's no cure for rosacea. Doctors also don't know what causes it. but the progressive skin damage can be limited by avoiding triggering condi-

The early symptoms of

rosacea are often overlooked because they start slowly and increase over time. Most people experience an occasional redness on their cheeks, nose, forehead or chin which comes and goes, becoming redder and lasting longer over time. Along with flushing or rash, rosacea often causes small blood vessels to become visible on your face. As the subtle signs of rosacea become more pronounced and frequent, makeup will no longer cover it up.

Rosacea can also show up as "adult acne" with bumps or pimples developing on your face, with one exception: your pimples aren't blackheads. It can also affect your eyes, causing eve irritation like a feeling of grittiness in your eye, redness, a bloodshot appearance, even swelling of your eyelids. In severe cases, the tissue of your nose can swell and become permanently enlarged, like W.C. Fields' own large, round nose.

Although doctors don't know exactly what causes rosacea, there are some hints. Many people with rosacea have a higher concentration of a type of insect called a mite living on or near their facial hair and eyelashes. Called Demodex folliculorum. this mite feeds on dead skin cells and oils on your skin, but the importance of this in treating rosacea remains unknown.

Rosacea gets worse in certain situations, called triggers, with the most common trigger being exposure to the sun, which triggers flares in 80% of people with rosacea. Emotional stress and hot weather are triggers for 75% of rosacea sufferers.

Alcohol is a trigger for half of people with rosacea, which is probably why W.C. Fields had increasingly severe symptoms while drinking alcohol regularly. Other common triggers include heavy exercise, hot baths and hot tubs.

Since there is no cure, the best way to treat rosacea is to understand your own triggers and try to avoid them whenever

Here are 6 Tips on Dealing with Rosacea:

1. Document your trig-

Keeping a symptom diary can help you figure out what your particular triggers are so you can avoid them.

2. Consult a dermatolo-

Dermatologists can prescribe prescription medications for rash and laser treatments for facial symptoms like visible blood vessels. If you have eye symptoms, it's important to seek medical advice to minimize damage to your corneas.

3. Use sunscreen.

The most common trigger for rosacea is sun exposure. Use sunscreens whenever you are outside during the day.

4. Be gentle.

If you have pimples from rosacea, avoid harsh acne products or scrubs, as they can trigger a flare.

5. Avoid exposing your skin to multiple prod-

Minimize the number of chemicals you put on your skin. For example, try using a moisturizer with sunscreen built in.

6. Keep your cool.

Hot weather, hot tubs and heavy exercise are common triggers of rosacea. Keeping a symptom diary can help you adjust your physical activities to minimize triggering flares while also keeping fit.

Dr. Louise Achey, Doctor of Pharmacy is a 40year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website The MedicationInsider.com for daily tips on how to take your medicine safely. ©2020 Louise Achey

Take control of your personal information

5 tips to maintain good credit health and keep your personal information safe

(BPT) - Understanding and managing your personal information is essential to achieving your life goals such as owning a home, financing an education, getting your next job or simply having the convenience of credit cards for everyday purchases.

Banks, landlords, employers and many others need to authenticate your identity and evaluate your creditworthiness to determine whether they can trust you to make payments if they lend you money. This credit behavior determines a person's credit score.

So, how do you take control of your personal information and maintain good credit health? Here are a few key tips for financial health empowerment.

Monitor your information regularly: According to TransUnion's July 2017 Credit Literacy study, almost half of consumers thought checking your own credit score has the same effect as when a lender checks it. Fortunately, this is not the case. When you check your information, it is usually reported as a soft inquiry and ultimately does not impact your score. Checking your information regularly is encouraged and should be part of a habitual routine, much like regular exercise.

It's important to understand both what helps build credit and what negatively affects your credit. Once you are well-versed in your information, you are taking one important step toward being in control and can better inform your choices and be empowered to make the right decisions. There are many solutions available that provide easy access to your information, including TransUnion Credit Monitoring.

Make payments on time: Paying your bills on time and in full each month will show that you are reliable and more likely to pay back debts. Doing so will help grow your credit score, but remember, consistency is key. If you have missed a payment in the past, getting back on track and paying off debt should be a top priority. Having a positive history of on-time payments shows responsible behavior.

Don't use all your available credit: It is recom-

e spare room in your fa

mended to maintain a low credit utilization ratio, that is, how much of your available credit you're using at any given time. This suggests to creditors that you can use credit responsibly and do not rely on it too much. It is recommended that you use no more than 30 percent of

your available credit. Building credit takes time: Building and maintaining a track record takes time, responsible financial behavior and smart credit usage. Therefore, it is important to start early and understand the implications of your decisions. For example, closing your oldest credit card account could end up negatively impacting your score. However, every situation is different, depending on a person's account history, fee structure or rates.

Protect your information: You have a vital role to play in controlling who has access to your information, and there are tools readily available to do this. Protecting your information from fraud is critical. As part of TransUnion's ongoing commitment to empowering consumers to understand and manage their information and achieve financial health, it offers a range of solutions. To complement credit monitoring, Lock

Alert is a new, innovative feature that automatically sends an alert to members whenever a request for their locked or frozen credit report is made in connection with an application for new credit.

With the right information, tools and responsible financial decisions, you will be on the path to taking control of your information, leading to good credit health and the opportunity to achieve your dreams. For more information, visit TransUnion.com.

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