CELEBRATING 111 YEARS • 1907-2018



JULY 11, 2018 · VOLUME 111, No. 28 SINGLE COPY \$1.00



COURTESY PHOTO.

An aerial shot of the Little Camas Fire showing the rugged terrain which has made firefighting efforts difficult.

By Kyra Planetz

Last Thursday, July 5, a fire started for unknown reasons in the Little Camas area about six miles from Cashmere. The fire has engulfed nearly 400 acres of land between Little Camas Rd. and Sand Creek Rd. near Camas Meadows Bible Camp. Although 334 personals are working quickly to extinguish the flames, the steep rugged terrain, unfavorable weather conditions, lack of road access and amount of combustible material on the ground have made firefighting efforts difficult.

As of Sunday, July 8, the Little Camas Fire had reached 11 percent containment. Ground troops have been working day and night to put out the fire along with several aircrafts dropping water and obtaining aerial views of the area to help contain the flames as much as possible. As firefighting efforts have become more involved, troops from across the state and beyond have traveled to Cashmere to help the cause. A camp supplying crews with food and shelter has been set up at the Chelan County Fairgrounds.

Western Washington Incident Management Team Public Information Officer, Eric Waters, said access to the afflicted area is difficult to reach and can take up to an hour for crews to make the drive up to Little Camas. He cautioned the public to be vigilant and courteous to fire trucks driving around our area.

"We're asking folks to be extra aware of the amount of fire resources we have around here, particularly the Cashmere and Highway 97 corridors. Please be extra careful when traveling those corridors, slow down and give trucks extra space for the safety of the public as well as firefighters' safety," Waters said.

The firefighters' strategy is to

minimize burning of timber and the surrounding plant habitat as well as build a fire line along the northern and southern edges of the flames. High heat and winds this week may slow the process down and Waters said it is too early to tell how long it might take to completely eradicate the fire.

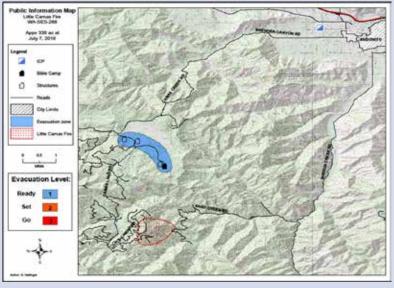
Nearby Camas Meadows Bible

Camp and several surrounding residences are on a level one evacuation notice meaning folks living in the area may stay put but need to be ready to leave if the fire worsens. The Little Camas Fire is not expected to spread or reach anywhere near city limits.

For updated fire information and images visit inciweb.nwcg.gov.



Firefighters from across the state set up camp at the Chelan County Fairgrounds in Cashmere.



A map of the region affected by the Little Camas Fire.

Plain's Zach Miller wants to be Chelan County Commissioner



PHOTO BY GARY BÉGIN/NCW MEDIA

Zach Miller speaks to members of the Wenatchee Network Group in late June about his candidacy for Chelan County Commissioner.

By Gary Bégin

As part of our continuing interview series with candidates for county, state and federal office, NCW Media, parent company of the Leavenworth Echo, Cashmere Valley Record and Lake Chelan Mirror, sat down with Chelan County Commission candidate and Plain native Zach Miller and asked him a variety of questions. His answers are presented below:

NCW Media: Why do you want to run for Chelan County Commissioner?

Zach Miller: With gratitude for all that this community has given me, I want to give back through public service. When I look at my daughter and think about the kids in our community, I want to ensure that they are afforded the same opportunities for work and housing when they grow up. We live in a special place, and it will take a lot of hard work and dedication to maintain our way of life in an ever changing world.

NCW Media: Do you have any organizational, NGO or private sector experience?

Miller: Throughout my time at Hopesource (a Community Action Council), and now Tall Timber (as the Assistant Director), my two primary responsibilities have been people management and problem solving. When managing people, my focus is providing each employee with the training, resources and support they need to most effectively carry out their job. I also strive to make every position sustainable, creating an environment where employees are retained and enjoy being part of a team. Both of these jobs also had constant moving targets, requiring that I am on-call all the time and respond quickly to the needs of clients or guests. The work of Chelan County is never finished. As a commissioner it would be my full time job, with that same 24 hour a day dedication, to solve problems alongside Commissioners England and

NCW Media: What is Chelan County's most pressing issue?

Overbay, and the county staff.

Miller: Affordable housing is our number one problem. With so little private land, a growing number of second homes, and zoning that leaves little room for high density housing outside of the towns, we simply don't have enough homes for the families and workers in Chelan County.

Property taxes are on the rise, and it is getting more expensive to live in the homes we have. But there are real solutions, and I am hopeful that through a combination of rezoning for higher density housing, and more public and private partnerships, we can find collaborative ways to solve this issue with a regional focus instead of putting off as a problem for our cities and towns to solve. Every day I talk to people that have creative ideas, and I truly believe we can solve this problem together.

NCW Media: How will you help the two most vital cogs of the county 1) Tourism 2) Agriculture?

Miller: Tourism is thriving in our towns, but we still have so many untapped opportunities in ecotourism. For example, if you look at Plain, and how nordic skiing has drawn more tourists into a rural community, you realize that this land still has a lot of untapped potential. I will draw attention to these opportunities, while also focusing on improving the roads through strong maintenance programs, to help our citizens and visitors get to the tourist destinations. For Agriculture, first and foremost we have to call out what an important and unique industry this is. Water will be an ongoing issue, and we need to make sure that our orchardist get the resources they need to keep their crops healthy. I will also call on our young adults to realize the opportunities available, and consider joining these important industries.

NCW Media: How do you feel about the cannabis industry being chased out of the county by the current commissioners and will you keep their policies?

Miller: While there are tensions between cannabis growers and the county, the simple truth is that growers haven't been chased out. If the commissioners didn't want any growing they would have placed a permanent moratorium on growing and shut it down. Commissioners have the constant challenge of balancing multiple sides of every issue, and I believe they are trying to honor the many voices they have heard. I will always be open to reviewing policies and trying to find common ground, because I don't want anyone to feel they are being chased out of a community.

CONTINUED TO PAGE 5

Hundreds of local veterans have breakfast at Pybus



Cashmere Valley Bank employees manned the kitchen and the serving line as well as paying constant attention to the seated vets and their friends and families. The overflow crowd even got to sit on the spacious patio overlooking the Columbia River and re-acquant themselves with old friends while making new ones. A militarystyle jeep welcomed patrons to the side entrance of the market. With big smiles and a welcoming demeanor, Cashmere Valley Bank employees Edith Amante (left) and Ann Kinzel checked in the early morning diners.

By Gary Bégin

WENATCHEE -- Nearly 400 local veterans, friends and family ate breakfast at Pybus Market July 4 thanks to the generosity of Cashmere Valley Bank, sponsor of the event. Area veterans representing World War Two, Korea, Vietnam, the "First Gulf War," Iraq and Afghanistan were all feted to scrambled eggs and ham, pancakes, coffee, orange juice and most of all camaraderie and recognition from the community.

Packs of granola mix and Crunch Pak apples were also on the serving

Non-combat veterans, those who served during peacetime, were also a big part of the mix of ages from infant

CONTINUED TO PAGE 8





THIS WEEK

Sheriff Reports.... Opinion.. Letters to Editor Church guide...... Walk with Pastor.. AA Meeting Schedule.. Community Bulletin Board.. Swimmers of the Week Community Calendar.. Dr. Louise... Business Service Directory... Senior Center Menus.

Classifieds Index Classifieds. Real Estate Guide. **Advertising flyers**

Safeway, Martin's IGA





Cashmere, WA 98815

©2018 NCW Media Inc.

201 Cottage Ave, Suite 4 Cashmere, WA 98815 Phone: 509-782-3781

Office hours

Cashmere 9 a.m. - 5 p.m. Monday-Friday

Leavenworth 9 a.m. - 5 p.m. Monday-Friday

Contact information

Publisher

Bill Forhan 509-548-5286 publisher@leavenworthecho.com

Managing Editor

Gary Bégin 509-571-5302 gary@ncwmedia.net

News staff

Kyra Planetz 509-782-3781

reporter@cashmerevalleyrecord.com

Advertising Sales Manager Carol Forhan 509-548-5286

carol@leavenworthecho.com

Advertising Sales

Lindsay Timmermans 509-860-7301 adexec1@ncwmedia.net

Creative Services

Lindsey Douglas echoads@leavenworthecho.com

Front Office Classified / Legal Notices

classifeds@leavenworthecho.com

Circulation 509-689-2507 1-509-293-6780

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., 201 Cottage Ave., Suite 4 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-782-9074 Periodical postage paid at

Leavenworth, Wash. (and additional mailing offices) Postmaster: Send address corrections to:

The Leavenworth Echo,

P.O. Box 39.

Leavenworth, WA 98826-0039 **Classified Advertising**

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

Weekly rates: \$12.00 for first 30 words

50¢ each additional 5 words (over 30) Borders, bold words, headlines, logos and photos subject to additional charges.

Subscriptions

In Chelan County (yearly) - \$33 In State (yearly) - \$34 Out of State (yearly) - \$36.50 Senior (65+ yearly in county) - \$31

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (fo verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofi publish lists of businesses, or lists of individual names. Email your letters to

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page

On the Internet

website: www.cashmerevallevrecord.com

e-mail:

record@cashmerevallevrecord.com advertising e-mail:

echoads@leavenworthecho.com **News tips**

Have an idea for a story? Call the Record at 509-782-3781

Services

Back Issues are available up to one year after publication for a small fee. Photo Reprints are available for most photos taken by staff.

Deadlines

Calendar Listings 5 p.m., Thurs. News Submissions: Noon, Friday Letters to the Editor: Display Advertising: Noon, Friday Legal Notices:





There will be riots in the streets

Part Two

Last week I mentioned how I thought both the extreme left and extreme right will basically beat each other up as they riot in the streets of urban America, but most rural folk won't really care and they will remain conservative as they have been for decades, even if the cities catch fire.

I am making the basic assumption that the cities are filled with leftist liberals anyway and that means the Democrats control them.

I said these riots would happen because of the Trumpkept promises of appointing conservative judges to SCOTUS as well as his immigration and other policies.

BTW, I voted for Trump, but I will not participate in riots for or against the left.

It means nothing to me who runs the country as long as the Constitution is respected and the garbage truck shows up on time and the various promised obligations of the government are fulfilled such as the mail

delivery, a standing army, gun rights and a short list of other essentials.

If you don't vote in

COMMUNITY VOICES

August (primaries) or November then you are part of whatever problem you are **TO APPLES** complaining about. If **GARY BÉGIN** your solution is to riot, NCW MEDIA then you belong in jail, MANAGING but that won't stop the frustrated from rioting

APPLES

EDITOR

anyway. If you didn't vote then you get what you get and that person must be respected. If you voted and your side lost - too bad. Your party didn't do its job so change your leadership and try again in the next election.

When you were a kid, did you throw a temper tantrum if you lost a game of Parcheesi? The adult within screams at you now to learn to play better and bide your time. Can the college kids

do this? I doubt it. Can the minorities stop their righteous indignation from manifesting itself as violent acts? I doubt it. Thus, we will have riots and counter riots.

Stay indoors and protect

yourselves if you live in a city or just ignore the rest of America if you live in the country. It has always been thus. Polarization is a part of the problem and will continue to be so as long as we keep electing polarizing figures. That sounds like a nobrainer, but it is also difficult to stop from happening every two and four years.

Speaking of which, President Trump already has a new Supreme Court nominee to replace Justice Kennedy and this new appointee will be rushed through the process and be serving before anyone tries to impeach Trump. Probably even before the November election. Hopefully this new person

will be against Roe v Wade and that's all I care about. That's right. One reason I voted for Trump is to destroy Roe v Wade just like Roe v Wade destroys babies. Television and radio talk

shows love to cite statistics. especially polls, to explain why 69 percent of Americans believe in leaving Roe v Wade as is and so that must be the right answer. That must be the "choice" of Americans, when in



fact, it all depends whom you ask and under what situations their lives happen to be in at the time of the asking.

We, as a people, don't give adults the right to choose to kill other adults without consequences, but apparently it is okay to kill those with no voice to defend themselves?

I, like so many millions of evangelical Christians, believe this crazy fox with orange hair and a New York attitude aka, Donald Trump, was sent by God to rid us

of Roe. Now this concept is coming to fruition.

I will gladly trade 11 million immigrants for 11 million new American babies.

Roe gives us the right to kill the unborn, but not even animals do that and hopefully, we are above the animal phase of our existence.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.

■ LETTERS TO THE EDITOR

Publisher twists the

In his latest editorial, "Facts trumped by crying babies," the Echo publisher began by labeling as "factually flawed" the recent Time Magazine cover that showed Donald Trump looming over a crying toddler. The articles that followed in Time outlined the controversy over the Trump administration's policy that has separated more than 2,000 children from their families at the U.S. border with Mexico. Most of these families are from El Salvador, Guatemala, Honduras, and other Central American countries.

The publisher claimed that since the child on the Time cover was never separated from her mother, the cover was an example of "fake news." The cover has inspired outrage, he wrote, by the "Trump Derangement Syndrome crowd," which "rarely" bothers to "examine the facts of any issue." Fact: Time Magazine never claimed that the child was separated from her mother. If the publisher had bothered to examine the facts, he would have found a clear explanation of the child's situation on page four of the magazine.

The publisher claimed that the parents whose children have been taken from them "have committed a crime by crossing into this country illegally." Fact: Most of these families seek asylum from domestic abuse and/or gang violence. Seeking asylum from violence is not a crime; it is a human right.

The publisher's rant diverged into a potpourri of subjects, from Stormy Daniels to Hillary Clinton's emails (can't miss that one). More of his claims:

"The voters have chosen to elect [Trump]." Fact: Voters nationwide chose Hillary Clinton over Trump by more than two million votes in 2016.

"[T]he anti-Trump media has (sic) fanned the flames of emotional unrest over ripping children from their mother's (sic) arms." Fact: It is Trump's policy of separating families, and not media reporting, that has created this controversy.

The publisher's most outrageous statement: Those he cleverly calls the "TDS crowd" don't "care about compassion for immigrant children." How dare he claim to know what millions across this county care about. Fact: According to polls by CBS, CNN, Reuters and others, twothirds of Americans oppose Trump's policy of separating immigrant families. Fact: The children stolen and still separated from their families have been scarred for life.

Fact: The New York Times reported that according to officials of multiple agencies involved, when the Trump administration devised its "no



tolerance policy" to separate families at the border, "[t] here was no system set up beforehand to link families and no plan on how to bring them back together." Where are the children and their families? This is a national tragedy.

On June 30 in Wenatchee, we joined millions of people across this country to express our grief and outrage at the national disgrace created by Donald Trump. This was our simple collective statement of fact: families belong together.

Susan and John **Butruille**

Leavenworth

Beware of contract slavery

"Freedom at Last" as three teachers were enjoying their coffee in Wenatchee shouted when the Supreme Court ruling concerning compulsory union WEA and agency dues was considered a violation of the First Amendment. This decision directly affects every teacher and employee who belongs to the WEA. No union dues would be subsidizing the Washington State Democratic party for those candidates and policies that directly affect their deeply held religious principles and values in violation of their First Amendment rights, relating to "compelled Speech."

There is no doubt there will be fewer WEA members after this decision. Teachers can opt out of the WEA immediately. Of course, the WEA will throw up all sorts of road blocks, such that they cannot accept a resignation from the union unless the school WEA representative is part of the process, and then "slow walk" the request to the State WEA who have their own set of "moon walking" behavior patterns. New teachers will be faced with a WEA contract who do not understand the significance of this momentous

decision. Beware of the small print if you elect to join the union on your application. You have signed a contract that is legally binding for your entire teaching career in Washington state as a union member that prevents you fom withdrawing from the union at a later date. This is known as "contract slavery." You may resign from the union but they collect the dues from your paycheck. The Washington state SEICU is a mastee of this technique. Govenor "sleepy" Insley is working with oter labor unions to guarantee union dues from evey government worker by legislative initiative thru the Democratic House and Senate.

Just say "No" to the WEA representative at your school district when that issue of union dues is approached. Too often teachers and other government employees don't read the fine print, only learn later that they have signed away their First Amendment rights forever.

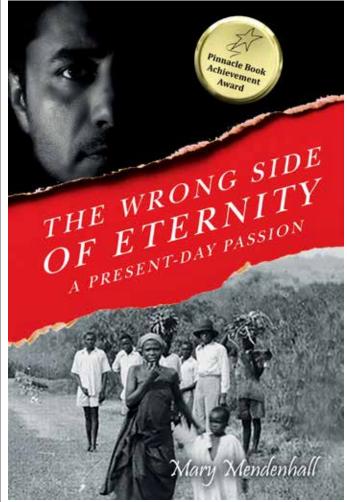
For those with an "agency shop" agreement wit the WEA, these individuals do not have to pay any WEA union dues whatsoever. Send a certified letter, and hold a duplicate copy, requesting that no WEA fees be deducted from their paycheck, and cite the most recent Supreme Court decision "compelled concerning speech" as a reason for your letter to the WEA. Send a cc to the Cascade or Cashmere school district HR section of your intentions.

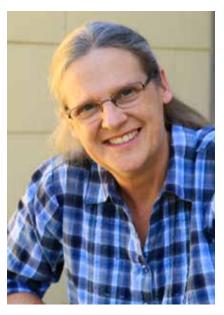
If you are still having problems with the WEA, contact Washington Freedom Foundation, by phone or mail who may act on you behalf within the legal system.

The next case to hit the Supreme Court will be "compelled speech" in the private sector with union sometime in 2019.

Robert Schneider Leavenworth

The Wrong Side of Eternity





PHOTOS COURTESY OF THE AUTHOR. Former Cashmere resident Mary Mendenhall's second novel, The Wrong Side of Eternity, keeps winning awards. The book was just named a finalist in the Book Excellence Awards, and was named Finalist in the "Fiction: Multicultural" category of the 2017 Best Book Awards. In 2016, it garnered the Pinnacle **Book Achievement** Award. Mendenhall lives in Davenport, Washington, but has traveled extensively abroad.





- Water Well Drilling
- Free Estimates
- Complete Pump Systems
 Well Flow Tests Pump Service & Repair
 - Certified Water Tests
- Licensed Technician Lic. #FOGLEPS095L4

www.foglepump.com Serving Northeast Washington Since 1981

Water Quality BBB rating

NEW LOCATION Wenatchee 509-782-5071 509-860-7177 **REPUBLIC** COLVILLE **SPOKANE**



Carol@Leavenworthecho.com

Send in your Fall & Winter guide Events to

our editor, at Editor@Leavenworthecho.com



Local, Regional Community News and **Events**

Who: Any non-profit 501(c)-(3) group, person(s) must submit full name and phone number. **What:** Items pertaining to local events that are free or minimum charge. For two weeks only (space limited).

Where: Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Other ways to advertise your News and Events:

Garage and yard sale ads are paid events, please email these to classifieds@leavenworthecho.com

Mention that you are a non-profit event for a discount. If your group is not a non-profit group you can now be listed for

Call for information on any of these items. 509-548-5286

Integrated Resource Plan

Progress Report

Chelan County PUD is updating the Integrated Resource Plan (IRP) adopted in 2016 as required by state law. The 10-year plan outlines the sources of power needed to supply PUD customers and must be updated every two years.

A hearing for public comment on the 2018 IRP Progress Report is now set for:

July 23 1 p.m., Chelan PUD Boardroom, Wenatchee 327 N. Wenatchee Ave.

Visit chelanpud.org, "Integrated Resource Plan," for details.

■ COMMUNITY CALENDAR

9:00 a.m.- 6:00 p.m., Cashmere Public Library hours.

United Methodist Church, 213 S. Division Street.

Maple Street. Karen Jackson president.

2:00 p.m., Deborah's Bilingual Storytime.

arena. Call Cindy, 662-5984.

4:00 p.m., Knights of Veritas.

Maple Street. All are welcome.

Friday, July 13

Saturday, July 14

Sunday, July 15

Monday, July 16

Tuesday, July 17

Cashmere Public Library closed.

T.J. Kaapuni. 509-679-3247.

Scoutmaster, Jim Kill. 783-3513.

Chief Matt Brunner, 782-3513.

Library. Call Kathy, 548-4807.

3:00 p.m., PUD Program.

Ongoing events

Regional events

Thursday, July 12

Wednesday, July 11



8:30 a.m.- 10:30 a.m., Play and Learn Group, Peshastin HeadStart. Call

10:00 a.m.- 10:30 a.m., Preschool Storytime, Cashmere Public Library.

Noon, Cashmere Rotary Club. Cashmere Presbyterian Church. 303

3:30 p.m.- 5:30 p.m., Cashmere Food Bank, food distribution at The

6:30 p.m., Tillicum Riders Drill Team, Chelan County Fairgrounds

6:30 p.m.- 8:00 p.m., The Underground, youth group for sixth to eighth

3:00 p.m.- 4:30 p.m., Caregiver Support Group, Cashmere, For

5:00 p.m.- 7:00 p.m., Free weekly Community meal, Cashmere

6:30 p.m.- 10:00 p.m., Cashmere Sportsmen's Gun Club. Shooting

7:00 p.m.- 8:00 p.m., Al-Anon Family Group Meeting for families

10:30 a.m.- 11:00 p.m., Baby/Toddler Story time, Cashmere Public

6:30 p.m.- 8:00 p.m., Evergreen Baptist Church Youth Group (ages

6:00 p.m., The Underground, youth group for high schoolers. Christ

6:30 p.m. Young Life Club, open to all high school age students. Call

7:00 p.m. Boy Scouts, Boy Scout building, 201 Riverside Drive. Call

7:00 p.m. Cashmere Fire Department, Business management, above

8:00 p.m. Cashmere Fire Department meeting, above City Hall. Call

Noon, Cashmere Chamber of Commerce. Anyone is invited to

1:00 p.m., Buns, Books and Tea, Peshastin Book Club, Peshastin

attend as a guest. Call Gina, executive director for meeting location,

and friends of alcoholics. Cashmere Presbyterian Church, 303

Caregivers of those with Memory Loss, The Henry Building, 120

graders. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

11:00 a.m.- 8:00 p.m., Cashmere Public Library Hours.

Cottage Ave. Contact Carmen Gamble, 509-393-0789.

United Methodist Church Gym, 213 S. Division Street.

range on Turkey Shoot Road. Call Brian, 782-3099.

9:00 a.m.- 6:00 p.m., Cashmere Public Library hours.

9:00 a.m.- 1:00 p.m., Cashmere Public Library hours.

Check the Church page for local services times.

Center, 206 Vine Street. Call Steffanie, 782-2825.

9:00 a.m.- 6:00 p.m., Cashmere Public Library.

City Hall. Call Chief Matt Brunner, 782-3513.

9:00 a.m.- 6:00 p.m., Cashmere Public Library.

2:30 p.m., Bilingual Family Crafts and Activities.

13-20), 5837 Evergreen Drive. Call 782-1662.

Cashmere

Teen Craft Days at the Library

Stylish Shrink Art Jewelry with Librarian Leah on Thursday, July 12 from 4:00 to 5:00 p.m.,at the Cashmere Public Library, 300 Woodring St., no charge.

Create a style statement by designing your own jewelry, then shrink the plastic on our cool shrink art printer and you'll have a piece of wearable art like no one else!(R28)

Magic Show by Paul Anderman

Join us on Tuesday, July 17, from 2:00 to 3:00 p.m., at the Cashmere Public Library, 300 Woodring St., FREE

Prepare to be amazed! Will he pull a rabbit out of a hat? Will he make something disappear? Will he read your mind? You never can be sure what amazing thing will happen next at Paul Anderman's magic shows. You can be sure it will be an astounding sight! (R28,29)

Giraffe Craft and Storytime

Meet with the Cashmere Librarians Lisa and Leah on Tuesday July 17 and Wednesday July 18th at 10 am at the Cashmere Public Library,300 Woodring St., FREE

Join us for games, songs, finger plays, and rhymes! There will be awesome stories and a silly giraffe craft for you to take home. (R28.29)

Leavenworth

Upper Valley Museum Open House and Christmas in July

The Upper Valley Museum at Leavenworth invites you to an Open House and Christmas in July program on July 25, 6:30 p.m. to 8:00 p.m. Please join us from 6:30 to 7:00 for Christmas Desserts followed by the entertaining and informative Christmas in July program led by Leavenworth's own Father Christmas (David Severance). Christmas attire is welcome but optional! (e28,29)

Historical Railroad and Mill Tour

The Upper Valley Museum is sponsoring the Historical Railroad and Mill Tour along the Wenatchee River on Saturday, July 14. The tour begins at the Upper Valley Museum, 347 Division Street, at 10 a.m.

The tour is 1-2 hours, mostly on a dirt trail, one small hill and sidewalks and is about two miles long. There is a donation fee of \$5. Wear good walking shoes. Call 548-0728 for more information.(e27,28)

Leavenworth Lions **Club Community** Breakfast

The Leavenworth Lions Club is holding a community breakfast this Saturday, July 14, 7:30 a.m. to 11 a.m., in the Lions Club Park. All-You-Can-Eat pancakes, eggs cooked to order, sausage, coffee, tea, and milk. Only \$7 for adults, \$3.50 for children ages 4-10, free for children under 4. Free for active military with ID. Come enjoy a hearty breakfast and visit with your

local community members. Purchase a Punch Card for \$39 from any Lion member or at the breakfasts. It is good for six adult breakfasts. Free parking for breakfast is next door at the City Hall lot. For more information, text or call Conrad Delury, 509-387-5051.

Summer Reading Program at Leavenworth Public Library

Reading Rocks: The Music, Magic and Laughter Show. Join us at the Leavenworth Public Library for an amazing show with comic magician ventriloquist Steve Taylor. On Thursday, July 19, at 10:30 am.(e28)

Plain

Auditions for Snow White and the Seven Dwarfs

Will be on August 2. 10:00 a.m., in Burgess Hall located next to the Plain Community Church. Ages 5 to 18. Performances are scheduled for Sept. 7 and 8 at the Ponderosa Clubhouse in Plain. Contact Kari 509-881-1152 (e28,29)

1:38 p.m. Chest pain 330 Division St.

- 2:38 p.m. Injury accident 0 Block Nahahum Canyon Rd.
- 4:34 p.m. Prowler 403 Cottage Ave.
- 7:17 p.m. Odor 100 North St. #213

disturbance 301 Sullivan

10:06 a.m. Traffic offense

10:35 a.m. Commercial fire

alarm 200 Titchenal Way;

Salcido Connection

4:15 p.m. Suspicious

4:23 p.m. **Trespass** 130

Cashmere Rd.

10:59 a.m. Harassment/

threat 4603 Rank Rd.

person/activity 5655 E

6:03 p.m. Train Goodwin Rd.

Titchenal Way; Martin's Market

Thursday, July 5

12:13 a.m. Domestic

4621 Valley St.

St. #8

CHELAN COUNTY SHERIFF,

FIRE & EMS REPORTS This report is compiled from records provided by the Chelan County Sheriff's Office and

RiverCom. The publisher cannot certify the complete accuracy of the information provided.

Thursday, June 28

12:54 a.m. Harassment/ threat 100 Block Aplets Way

5:25 a.m. Alarm 128 Cottage Ave; Agave Azul Mexican Restaurant

5:34 a.m. Theft 6320 Kimber Rd. 9:47 a.m. Theft 9701 Nahahum

Canyon Rd. 11:00 a.m. Theft 375 W

Nahahum Canyon Rd.

11:48 a.m. Trespass 5860 Pine Flats Loop Rd. 1:07 p.m. Agency assist 1875

Mission Creek Rd. 2:21 p.m. Medical alarm

3967 Ayers Rd. 4:14 p.m. Trespass 407 Aplets

Way; Milepost 111 Brewing Company 5:13 p.m. Suspicious person/activity 6615 Hay

Canyon Rd. 7:14 p.m. **Back pain** 302

Fisher St. #118 10:49 p.m. Public assist 201 Riverside Dr; Cashmere Riverside Center

Friday, June 29

12:04 a.m. Noise 1 Tanager Ln. 6:55 a.m. Noise 5500 Block

Weatherend Dr.

7:11 a.m. Animal problem 717 Yakima St.

8:28 a.m. **Trespass** 102 Cottage Ave.

9:07 a.m. Cardiac 116 S Douglas St.

10:51 a.m. Graffiti 308 Cottage Ave. 11:41 a.m. Alarm 409 Cottage

Ave. 1:15 p.m. Malicious mischief

123 Mission Creek Rd. 4:14 p.m. Scam 8840 Nahahum

Canvon Rd. 4:56 p.m. Fraud/forgery 117 Aplets Way; Cashmere Valley

11:37 p.m. Animal problem 314 Sullivan St.

Saturday, June 30

9:56 a.m. **Parking**/ abandoned vehicle 421 Cottage Ave.

5:00 p.m. **Drugs** 5401 Hinman

5:46 p.m. **Trespass** 421 Norman Ave.

10:10 p.m. Public assist 201 Riverside Dr; Cashmere Riverside Center

Sunday, July 1

12:25 p.m. **Breathing** problem 329 Tigner Rd;

Cashmere High School 4:35 p.m. **Theft** 6404 Kimber

4:36 p.m. **Theft** 118 Rusty Spur

4:38 p.m. Theft 4660 Brisky Canyon Rd.

Monday, July 2

11:07 a.m. Fall 107 Riverfront

4:11 p.m. Disturbance Mission Creek Rd. and Binder Rd.

4:44 p.m. Traffic offense Kimber Rd. and Wescott Dr. 11:23 p.m. Domestic

disturbance 7724 Nahahum Canyon Rd.

Tuesday, July 3

1:57 p.m. Traffic offense 400 Aplets Way; Country Boys **BBQ**

2:11 p.m. Graffiti 107 Railroad Ave.

Wednesday, July 4

4:18 a.m. Hazard Goodwin Rd. and U.S. Hwy. 2

Friday, July 6

and Ruby St.

10:08 a.m. Vehicle theft 6177 Hay Canyon Rd. 10:33 a.m. Harassment/ threat 301 Sullivan St. #1

11:13 a.m. Breathing problem 300 Aplets Way 12:38 p.m. **Breathing**

problem 4700 Rank Rd. 3:59 p.m. **Traffic offense**

U.S. Hwy. 2 and Hay Canyon

Check the weathercams on the web before travelling over the mountain passes!

Find these links

www.leavenworthecho.com

PASS U.S. Highway 97 click here to see webcam

SNOQUALMIE PASS Interstate 90 click here to see webcam

PASS U.S. Highway click here to see webcam

on our Web sites

www.cashmerevalleyrecord.com

JOE BROWN J.C. BROWN LAW OFFICE 200 APLETS WAY, CASHMERE 782-1111

BUSINESS, REAL ESTATE, ESTATE PLANNING, AND PROBATE

■ SENIOR CENTER MENUS & EVENTS

Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

& dessert.

salad, spiced salad, WW roll, & dessert. July 17, Tuesday: Hamburger steak, mashed potatoes, green

beans, tossed green salad, WW bread or roll, & fruit crisp. July 18, Wednesday: Baked fish, herbed fettuccine, broccoli, cucumber, tomato salad, mixed berries, garlic bread, & dessert.

Events Calendar

meeting

Thursday, 1:00-3:00 p.m., Square Dancing Thursday, 6:30-7:30 p.m., Bavarian Dancing

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover

www.SpeidelBentsen.com We provide excellent legal services in the preparation and completion of Living Trust estate plans.

Speidel Bentsen

Living Trusts

(509) 662-1211

7 North Wenatchee Avenue, Wenatchee

■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-219-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., United Church of Christ, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, Kristalls Restaurant, 280 US-Hwy.2, Leavenworth Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule Monday, 7 p.m., United Methodist Church, 418 Evans St.

July 12, Thursday: Meatloaf, garden salad, peaches, WW bread or roll,

watermelon salad, coleslaw, Mandarin oranges, & dessert. July 16, Monday: Clam chowder, cottage cheese, carrot raisin

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board

Friday, 6:00 p.m., Bingo

Cashmere Public Library: Monday-Friday, 9:00 a.m.- 6:00 p.m., Saturday, 9:00 a.m.- 1:00 p.m. Sunday: closed. Baby/toddler Storytime 10:00 a.m.-10:30 a.m.. Other Storytimes call 782-3314.

Cashmere Museum and Pioneer Village: Monday-Saturday, 10:00 a.m.- 4:00 p.m., Sunday, Noon- 4:00 p.m.

8 a.m. to 3:30 p.m., Daily: Leavenworth Fish Hatchery. Call 548-1:00 p.m.- 4 p.m. SCORE (small business counseling), Wenatchee Chamber of Commerce. Call for appointment, 888-2900.(Tue. &

1:00 p.m.- 4:00 p.m., Master Gardener Clinic, WSU Chelan/Douglas County Master Gardener Plant Clinic, 1100 N. Western Ave., Wenatchee. Call 667-6540. 3:30 p.m., Cascadia Conservation District Board Meeting, in the

Mission St., Wenatchee. Call the District at 436-1601. Aging and Adult Services Board Meeting: First Thursday of each month. call 886-0700.

Upstairs Conference Room at the Wenatchee World Building, 14 N.

Some meetings or events may be rescheduled. Please check with the organization about the time

Leavenworth Senior Center, 423 Evans St., Leavenworth

July 13, Friday: Chicken enchiladas, Spanish rice, cucumber &

Tuesday, 1:00-3:00 p.m., Crafts

Life as J.O.E.

What is important to you? It is not a hard question to

answer, just observe where you focus your time and money on and it will reveal what really matters most in your

Yet I fear for most people that where they spend their energy is on things that don't have any eternal significance. In other words, many people are tragically wasting their lives on trivial pursuits.

A WALK

WITH

PASTOR

JOHN

SMITH Priorities matter and how you manage your priorities can either mean success or failure in your Christian walk.

For some, family is the priority. The family comes first and everything that happens in life is to ensure kids are successful in sports, academics and that the household functions as a welladjusted, well fed and well-todo unit. Others, it is the career. Life revolves around work schedules and long hours at the office to ensure corporate success.

Whatever it is, it pales in comparison to Christ.

Families can be taken away. Jobs can be lost. As long as we are here on this earth, we are to hold onto things loosely.

The Bible gives us the order of priority. In fact, Christ commands that we are to be "all in" when it comes to him.

If you read the Gospels, you will see that Jesus spoke some incredibly hard truths. One of them found in Matthew

10:34-39, specifically in verse 37, Jesus says if you love your parents and your children more than him, you aren't worthy of Jesus. Statements like that,

> on the surface, are hard for us to swallow. Many people stumble on the reality that Jesus Christ demands absolute allegiance and first place in people's lives.

Jesus some megalomaniac or tyrant to command priority? Well, to be blunt, He is Lord and Creator and that gives him the right to not only be enthroned in heaven but to be enthroned as King of your life.

Even more so, Christ is the highest good and when we orient our lives so he takes center stage, it leads to real spiritual blessing and satisfaction. Oh, to be sure, having a priority on Christ may cost you and is extremely difficult but the rewards outweigh the cost every single time. As Paul says in Romans 8:18 "I consider that our present sufferings are not worth comparing with the glory that is to be revealed in

When our priorities are distorted things just don't seem to fit as well. We are

constantly bustling about. There is certainly no sense of peace or fulfillment. We feel and act as if our lives are out of order.

COMMUNITY VOICES

The truth is, they are when we don't put Christ first.

Jesus gave this incredible promise about setting and maintaining right priorities. He says that "seek first the kingdom of God and His righteousness and all these things will be added unto you" (Matt. 6:33). God's fatherly care and provision--the sustaining of your life is what Jesus means by "these things" and those things will be provided when we are placed under Jesus' kingly rule and part of his Kingdom work.

When is the last time you checked your priorities? Could it be observed that you are a seeker of the Kingdom of God? Or perhaps you have placed your priorities on making a name for yourself in the office or being the devoted soccer parent?

Here is an acronym for us to remember: J.O.E., Jesus Over Everything. Christ demands to be first place in our lives and he is worthy of such.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



killed by train in Cashmere

CCSO NEWS RELEASE

On Thursday, July 5 at approximately 6 p.m., Sheriff Brian Burnett reports an accident involving a train versus pedestrian on the railroad tracks in the area of Goodwin Road and Ruby Street in Cashmere. The reporting party, Burlington Northern Santé Fe Railroad (BNSF), told Rivercom the accident occurred near train track milepost 1662.5.

The Chelan County Sheriff's Office arrived in the area along with multiple Chelan County Fire Department units and Ballard Ambulance. The victim was located underneath a train car approximately 250 feet west of the front engine. Ballard Ambulance Paramedics confirmed the victim was deceased.

The train had eastbound at approximately 25 miles per hour when they observed a male approximately 200-300 feet in front of the train. The male was walking away from them in the middle of the tracks. The investigation indicates the male was wearing headphones and walking eastbound, the same direction the train was travelling. The train operators activated the horn multiple times, but the male did not respond.

The deceased has been identified as 32-year-old Mario Villalobos Subias, a resident of Mexico. His family has been

Mexican resident | Serving those who served



Cashmere Valley Bank employees Edith Amante (left) and Ann Kinzel checked in the early morning diners during the Furth of July Pybus Market "Breakfast For Heroes" fete.

Cashmere Baptist Churches offer Vacation Bible School

taught, crafts, games, and snacks. Friday night will be a celebration providing BBQ for families and a giant inflatable for kids. Call Kristy Barnes at 509-393-6725 for details. You can also call Pastor John Smith at

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley. JONES & JONES ~ BETTS Funeral Home 302 9th St., Wenatchee • 662-2119 or 662-1561 jonesjonesbetts.com onoring the lives of residents in the Valley for over 100 years You can always rely on our dedicated staff.

NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email editor@ leavenworthecho.com

Evergreen Baptist Church and MidValley Baptist Church in Cashmere are offering VBS

from 9:00-12:00 July 16th through July 20th to all kids K-6th grades located at Evergreen Baptist Church on 5837 Evergreen Drive. There will be bible verses

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH

103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Paster Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana

CHRIST CENTER Cashmere Assembly of God Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m. - 206 Vine

Underground Junior High, Wednesdays, 6:30 p.m. - 206 Vine Steve Haney, Lead Pastor Andy Robinson, Pastor CHRISTCENTER Joyce Williams, Pastor Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com • (509) 782-2825

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org

GRACE LUTHERAN CHURCH

Vine & Elberta Streets • 860-0736 Worship 10:30 a.m. Pastor Robert Gohl

CASHMERE ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736

> OUR LADY OF THE ASSUMPTION 300 S. Division • Office: 548-5119 Rectory: 782-2643

Sunday Mass: 8:30 a.m. Spanish Mass: 12,30 p.m. Daily Mass Wednesday: 5:30 p.m. Friday: 9:30 a.m. Mass Convalescent Center Fr. Miguel Gonzales

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935

Sunday School 9:30 a.m. . Worship 10:45 a.m. Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616

Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH

'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org

LEAVENWORTH

COMMUNITY UNITED METHODIST 418 Evans Street - 548-5619 Worship and Sunday School for children at 10 a.m. Nursery provided. Pastor Denise Roberts www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH

Leavenworth Grange Hall • 621 Front St. 548-0748 • Sunday Worship 10 a.m. Weekly Bible Study / Fellowship Groups Monday & Wednesday 6:30 p.m.

10170 Titus Rd. (across from middle school)

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Church: 548-7667 Meetings: Sunday - 10:00 a.m. For any other information: 868-2620

FAITH LUTHERAN CHURCH - ELCA Reconciling Works Congregation 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street • 290-0686

Sunday School, 9:45 a.m. • Worship, 11 a.m. Pastor Michael Brownell email: mkb3123@gmail.com

LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292

Sunday Worship 9:00 a.m. Lead Pastor: Andy Dayton Pastor to Children & Families: Becky Goodman www.LCN.org

LEAVENWORTH

OUR LADY OF THE ASSUMPTION

145 Wheeler Street . Parish Office: 548-5119 Daily Mass . Tuesday & Thursday 8:30 a.m. Saturday Vigil 5 p.m. • Sunday Mass - 10:30 a.m. Spanish Mass - Saturday, 7 p.m. Fr. Miguel Gonzales



SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Pastor Russell Esparza Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m.

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD School and Lake St. • 548-7523

Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor Jorge Torres CASHMERE VALLEY RECORD · JULY 11, 2018

Jack Hughes-Hageman wants to be your next Congressman

By Gary Bégin

Issaquah entrepreneur Jack Hughes-Hageman is vying for Washington's 8th Congressional District. At 26-years-old, he is the youngest candidate in the race. NCW Media asked Hughes-Hageman a variety of questions and the following are the answers he gave:

NCW Media: Why are you running for office?

Hughes-Hageman: As a fifth-generation resident of the state, I am a staunch supporter of Veteran's rights, Tourism, and Small Town America. Following in my grandfather's footsteps, I want to bring practical "No Nonsense" politics to a dysfunctional congress.

NCW Media: Why is your youth an asset?

Hughes-Hageman: In today's technological and fast paced atmosphere politicians need to be aware of the unique and ever changing threats to American interests and democracy. My age gives me a unique perspective that is both malleable and well informed. I am focused on creating solutions not making problems, still young enough to remember that our government is of the people, by the people, and for the people of the United States of America.

I am an unabashed dreamer, and man is the American dream strong when I dream it. I was raised in a post 9/11 world dominated by internet commerce, the conflict in the Middle East, fast food, and social media.

NCW Media: What do you tell people who say you don't have any experinece in almost

Hughes-Hageman: Just like the Johnny Cash song says: I've been everywhere man. I have worked as a farmer, a logger, a construction worker, a salesman,

waiter, the President of my college fraternity, a banker, community activist, and an award winning essay writer all before the age of 21.

Media: Republican Party?

Hughes-Hageman: When I was a young man I read about a boy who grew up in a log cabin and was famed for his height and honesty. This man would grow up to be Abraham Lincoln, the first Republican President of the United States of America. That man set a precedent of greatness for the position; extoling honesty, integrity,

world.

audacity to dream of a better

NCW Media: What are your opinions about abortion. gun rights, North Korea, Jerusalem as the place for the American Embassy, Steel/ Aluminum tariffs?

Hughes-Hageman: My official opinion on abortion is that I have no opinion on abortion. As a man it is an issue that will never affect my body or my autonomy and thus I refrain from forming an opinion or passing judgement on others. My decisions as a law maker will be based on the decisions, input,



morality, and above all the will to hold the nation together even if it would cost him his life. He would be followed by such great men as Ulysses S Grant, William McKinley, Theodore Roosevelt, William Howard Taft, and Dwight D. Eisenhower. These men reformed legislation, won wars, and changed the face of the globe. They did it with style, and a sincere love and respect for our great nation. These men are why I am a Republican, them and others like them gave me the

and feedback of my female constituents. Those decisions should be made by the women of Washington's 8th district, and I will be relying on them for guidance in regards to women's health issues.

Today the rights to firearms versus their danger to the public is one of the number one issues in America. The problem has gotten severe enough that more children have died in schools this year than active military personnel in the battle field.

Is this a problem with

regulation or mental illness? I think it is both. We need a complete overhaul to bring gun checks into the 21st century, eliminating backlogs entirely and give the public real time accountability to gun regulation in the United

The old embassy in Tel Aviv was a building; the new one in Jerusalem is also just a building. Was the move advisable from a peace process point of view? Jack doesn't think so, but then again not many do.

In global economy unilateral moves tend to trend negative in the long run; people remember getting screwed out of the blue. In the short run you might get lucky and the tariffs increases American steel and aluminum production, but the long-term downturn in manufacturing from higher commodity prices means there will be no increase in demand at all for steel and aluminum. These tariffs will devastate American steel and aluminum in the long run and destroy short term manufacturing.

NCW Media: What do you mean by calling yourself an 'entrepreneur'':

Hughes-Hageman: Believe it or not I was a private business consultant for a number of years. I returned to Washington after college to advise new business in developing markets with the kind of cutting edge techniques they would need to be successful in a fast paced and competitive markets. Specializing in good old fashioned know-how and having a knack for success, I had several clients in the micro agriculture and retail sectors.

NCW Media: Where do vou stand on DACA?

Hughes-Hageman: DACA stands for Deferred Action against Childhood Arrivals, this policy was implemented in 2012 to acknowledge that

CONTINUED TO PAGE 8

SWIMMERS of the Week



Yaselyn Mejia age 12

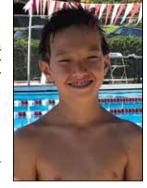
She brings her smile to practice everyday, swims hard, and is a good friend to many of the team members. She is a positive role model for the team.

> Congratulations Yaselyn!

JonLuke age 14

He motivates and encourages the other boys to amp up their workout. He is a great model for the Cashmere swim team.

> Congratulations JonLuke!



The Cashmere Swim Team, which practices at the

Cashmere Municipal Pool, is part of the Wenatchee Valley Summer Swim League, which also includes teams from Ephrata, Quincy, Leavenworth, Waterville and the Wenatchee Racquet & Athletic Club. The season $runs\ six\ weeks, from\ the\ first\ practice\ on\ June\ 18\ to$ championships set for July 28. Meets are generally held at 6 p.m. Thursdays. The Cashmere team has three coaches this season — Head Coaches Harrison Collett and Kim Krumvieda-Buchan, and assistant coach Aster Dotson. For information on the team, go to http://wvssl.org/index.

Congratulations Swimmers of the Week!

Beth Nierman P.T. Steve Mongeon P.T., A.T.C. Kate Norland P.T. Margaret Fletcher P.T.

ashmere Physical Therapy

782-8818

203 Mission Street • Suite 112 • Cashmere



LEAVENWORTH NOW OPEN **SUNDAYS!**

SAVE 10% ON YOUR PURCHASE EVERY SUNDAY IN JULY

9:00 am - 4:00 pm





www.marsonandmarson.com 🚹 💿 11724 Riverbend Drive, Leavenworth, Washington 98826



Senior Living Campus we believe summer should be full of adventure.

Stop by today, take a tour and experience for yourself why our residents love summer at our beautiful community.

Let the adventure begin...

Call us today! (509) 293-6796



Independent Living Cottages • Assisted Living • Memory Care

320 Park Avenue | Leavenworth, WA 98826 www.mountainmeadowsliving.org

Stop in...Take a Community Tour Today!





ERALD BUSINESSJOURNAL

CORRECTIONS - NCW Media, Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media, Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media, Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any

Leavenworth: 548-5286 • classifieds@leavenworthecho.com

Looking for real estate in Geordie Romer · 679-8958 Allyson Romer · 630-9898

subsequent issue. No monetary refunds will be given.

Ready to sell or buy?

Windermere

the Upper Valley?

Give us a call today!

Receptionist

Administrative Assistant

The Leavenworth Echo

is looking for an outgo-ing person to serve as a

receptionist/ administra-

tive assistant, full-time,

Monday - Friday in our

Leavenworth office. This

classified and legal ads,

and assist the advertis-

director.

good

service skills, adept at

utilizing computer sys-

tems and software in-

cluding Excel and Word,

good math skills and the

ability to use a ten key

adding machine -- a bia

plus. If you're looking for

a fun job where you get

people and be involved

in the daily activities of

Upper Valley. Then this

Attn: Publisher

P.O. Box 39

Leavenworth, WA.98826.

Or bring in your resume

to the

Leavenworth Echo office

215-14th St.

Boom Truck Assistant

CDL (B) required. Will

train, with opportunity for

advancement. Construc-

tion experience a plus.

Base of operations is

Brewster with most of the

work in Chelan and We-

natchee. Wages \$16 to

\$20 DOE Craig Lints

We can help stretch your

Leavenworth

work with talented

and

a resume

the

be

individual

available).

person

phones,

will

take

must

(Training

customer

qualified

answer

qualified

have

ing

will

MEDI/

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act, which swarms makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi nation call HUD at 1-800-669-9777 The number for hearing impaired is 1-800-927-9275.

Homes for SALE



Sale: Sun Cove \$227,000. Nice Home: clean 2 bedroom home. Large deck, RV plug, open floor plan. Move in ready. Possible owner financing. Chelan Realty,

Tim Agnew owner/agent, 509-670-8467.

ORCHARDS & FARMS

We have buyers for your Pear, Apple and Cherry



509-669-4500 information@nwi.net

Lots & ACREAGE

for sale on 5454 Mount Stuart Drive, off Eels Road, Cashmere, rights, call information.



Our Classifieds Can Help!



Call now to place an ad (509) 548-5286

BUSINESS OPPORTUNITY



Owner Retiring

Rare opportunity to purchase established busi ness. Loyal clientele, excellent reputation.

Kashmir Gardens Florist, a Cashmere mainstay since 1949, is for sale.

Sale includes equipment nventory, display pieces.

The building is also for sale separately.

509-782-2071

FOR RENT

Newer apartment Pat and Mikes on South Lakeshore Drive. 2 Bed-Bath. \$1,150 room. 1 month.

Call Joe at 509-682-8220 253-334-1439. cell Text email address to cell for application.

Executive living available soon. 4 bedrooms, 2 1/2 baths, 2 plus car garage. View deck. References. Deposit required. Chelan. 509-682-2460.

Newer home for lease in Leavenworth 3 bedroom, 2 bath, 1644 square feet, fireplace, and a nice mountainview. \$1800 per month. Please call Mike 509-548-5537.



Three bedroom, two bath on a low bank of the lcicle river. Easy river access for kayaking/ rafting all the way to town if you wish, swimming/ wading, 417-241-5056 for more or playing on the sandbar in late summer. Over an acre of property with a large yard and lots of trees. It's only two miles from town, but feels isolated. There is no house across the river so there is an abundance of wildlife. Two car carport, but garage is not included. Electricity and garbage included. Renter must be willing to do minor repairs and upkeep. \$2,250.00 206-406-4344



CROSSWORD PUZZLE ACROSS

CROSSWORD

Services

RB'S Custom



Custom Tilling Garden Tilling Mowing • Lot Mowing Sub-division Mowing Field Mowing Mowing for Fire Protection Fruit Tree Pruning

Free estimates 32 years experience Céll **509-679-2469** Bus license #602-781-946

Too busy to keep up? QuickBooks services for your business. Full chárge bookkeeper experienced with Receivable, Accounts Accounts Payable, Payroll, Quarterlies, etc. in a variety of business settings. 509-687-9381

HAPPY ADS

CLASSIFIEDS

*HAPPY BIRTHDAY *CONGRATULATIONS! WILL YOU

*I'M SORRY!!

Or

ANNIVERSARY

Only \$15 for 30 days

HELP WANTED

Find the Best Qualified Classifieds Ads. Your ad will appear online and in the newspaper for

one low price. 682-2213

lakechelanmirror.com Leavenworth/

classifieds@ leavenworthecho.com **Quad City Herald**

heraldads@gcherald.com



THEME: SINGERS AND SONGWRITERS

9. Frosh, next year 13. "Vamos a la

1. "___ of time"
6. Federal Communications

"A long, long time

15. Par on a short golf hole

17. Steadfast Soldier's material

19. Classical music composition, pl. *One of his hits is a stadium favorite

.*Best selling artist in 2000s in U.S.

69. Dust-related allergy trigger, pl.

72. Pavlova's pas 73. X 74. Smallest units of life

52. Pig pen

Commission

14. *Don McLean:

16. Whatsoever

Beethoven 39. Bird-made fertilizer

40. Beginner

46. Ad staple

50. Type of tide

55. Bird word

18. Art class support

Tractor Works



Land Maintenance

ANNOUNCE IT IN THE

AT NCWMarket.com

MARRY ME?

*HAPPY

includes 3 photos

job is for you. Depend-ability and dedication are important work skills for this rare opportunity. applicants Interested please send

to:

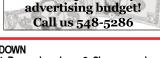
Local Employee in our

Deadline Monday at noon **Lake Chelan Mirror** mirrorads@

> Cashmere 509-548-5286

Deadline Tuesday at noon 509-689-2507

Classified Ads go in all of our newspapers



 Pampering places 2. Chorus member 3. Indian flatbread
 *He's "Tangled Up in Blue" 5. Salt merchant 6. *"___" Domino

Computer-generated imagery

(509) 322-1094

8. Urban dwelling 9. A fake in bed

10. Guesstimate phrase

11. Hammer part 12. Retained

15. Lipton package 20. Grammy, e.g. 22. Mischievous little rascal

24. Theater tier

25. Caterpillar hairs 26. Discrimination against seniors

27. Plural of carpus 29. *Piano man 31. 1600s neck wear

. Chinese weight units

33. Beginning of illness 34. Offensively curious

"How you_

38. Opera house box

42. House pest 45. Population count

49. Cow call 51. Kind of license

54. Condescending one 56. Falstaffian in body 57. Impromptu performances

58. Miners' passage

59. Give a quote 60. *Neil Young: on rockin' in the

free world" 61. Type of seabird

62. October stone 63. *"Kiss From a Rose" singer-

songwriter 64. Abbreviated seconds 67. "The Murders in the Moraue'

See all available properties at windermereleavenworth.com **HELP WANTED** 314 Elberta Avenue, Cashmere

Windermere Real Estate/NCW

Leavenworth/Lake Wenatchee Specialists

Momi Palmieri · 433-2211

Patti Davis at NCW Realty 670-4690



New carpet & appliances included
covered backyard patio area. Double garage with alley access



Cascade School District is seeking qualified applicants for the following position,

Cascade School District **Migrant Recruiter**

application

additional

information can be found lon our website at: www.cascadesd.org

Track

process and



Cascade School District is seeking qualified applicants for the following positions:

Cascade High School Girls JV Soccer Coach And **Assistant Soccer** Coach

Track application process and additional information can be found on our website at: www.cascadesd.org

EOE

THREE RIVERS HOSPITAL

RADIOLOGY/CT TECH Full-time

Three Rivers Hospital is seeking a CT/ Rad Tech produce CT scans and assist the Radiolointerventional with gist procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA - approved school of Radiologic Technology. mum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer

Interested Candidates may apply in person or by mailing their resume to:

ARRT certification in CT.

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 x 3343

WWW. $\underline{\text{three rivershospital.net}}$ afisk@trhospital.net EOE

Sudoku Puzzle

The support you need to find quality

SENIOR LIVING SOLUTIONS A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.

There's no cost to you!

CALL (855) 439-6734

aPlaceforMom.

4 3 8 9 6 5 1 6 2 3 8 9 6 8 4 2 8 4 2 8 2 9 8 5

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

23. *Paul McCoalule, 24. Fat Man or Little Boy 28. Prince of India 25. Cul de 28. Prince of Indi 30. *"I Will Always Love You" creator 35. "Goodness gracious!" 37. "Chuck Berry's "___ Over 41. Interior designer's field 43. Come clean, with "up' 44. Meat jelly dish 47. What refugees do 53. #34 Down, alt. spelling BEST 🖁 57. *King of Pop 61. *Bruce Springsteen 65. "Farewell" from Emmanuel Macron 68. Cone shaped dwelling **\$14**95 70. "Days of ____ Lives dåsh ♠ 71. *Soul singer-songwriter Hayes CALL TODAY 1-888-416-7103

HELP WANTED

Utility Worker Lake Chelan **Reclamation District** Manson, Washington 509-687-3548

LCRD has full-time opening for a Utility Worker to perform construction and maintenance on District irrigadomestic tion, water, and sewer systems.

Requirements: Provide construction and operations support for water and sewer utility systems

Meter ReadingAbility to be trained in technical techniques

 Perform miscellaneous manual labor activities as assigned

 Available for rotational off-hour emergency reand customer sponse service

 Must be willing to relocate to the Manson area. **Desired Qualifications:**

Ability to obtain entry level water certifications within 1 year

Problém solving skills using basic mathematics Proficiency in operation of heavy equipment a plus

 CDL or ability to obtain a plus

 High school diploma or GED

 Washington State Driver's License

Salary Range: \$17-\$22 DOE + excellent benefits

Application: Apply by submitting your District application, resume and cover letter by mail or e-mail. Position is open until filled. First application

review 07/31/18. Download an application and a more detailed description of job tasks and requirements on our website at www.lcrd.org Forms.



recruiting for Seasonal Housekeepers Flexible shifts. \$13/ hour Link Bus passes available Application packets are

located on our website at www.wapatopoint.com. For questions please call 509-687-9511, x307



Leavenworth, WA 509-548-9011

Is looking for a few new team Mongers. Come in and apply to be a part of Leavenworth's of true gems. Busy and fast pace work. Great pay and excellent tips. Part-time. evenings. Weekend posiavailable. tions 509-548-9011.

Manson School District

is seeking applicants for the following positions for the 2018-2019 school vear.

Middle School Teacher

Detailed job posting and online application process are available www.manson.org EOE

Popular boutique in Leavenworth now hiring. Fun environment. enjoyable Pick up application at Simply Found, 833 Front Street, Leavenworth. Part or full-time for summer. Cynthia - 425-330-2756.

HELP WANTED

Entry Level Utility Worker Lake Chelan **Reclamation District** Manson, Washington 509-687-3548

The LCRD has full-time opening for an Entry Level Utility Worker to perform construction, maintenance, and general laborer duties on District irrigation, domestic water, and sewer systems.

Réquirements: Perform miscellaneous

manual labor activities as assigned Provide support for

District projects Meter Reading

 Ability to be trained in various duties and willingness to learn

 Must be willing to relocate to the Manson area. **Desired Qualifications:**

Problem solving skills using basic mathematics High school diploma or IGED

· Washington State Driver's License

Salary Range: \$14-\$17 DOE + excellent benefits

Application: Apply by submitting your District application, resume and cover letter by mail or e-mail. Position is open until filled. First application review 07/31/18. Download an application and a more detailed description of job tasks and requirements on our website at www.lcrd.org under



Wapato Point is accepting applications for the following positions: Full-time:

Facilities Maintenance Manager, Assistant Housekeeping Manager

Seasonal: Facilities Maintenance Tech,

Groundskeeper, Housekeepers Application packets are located on our website at www.wapatopoint.com

For questions, please call 509-687-9511, x307



Receptionist/ Administrative **Assistant**

The Lake Chelan Mirror is looking for an outgoing person to serve as a receptionist/ administra tive assistant, full-time, Monday-Friday in our Chelan office. Qualified applicants will answer phones, take orders for ads, keep circulation records up to date, prepare the daily cash re-ceipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and soft-ware including Excel and Word, with good math skills and the ability to use a ten key adding machine. If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities this is the job for you. Dependability and dedication are important work skills for this rare opportunity.

Interested applicants can apply at the Lake Chelan office or send their resume to P.O. Box 39, Leavenworth, WA

PUZZLE SOLUTION



APPLIANCES

Pocket some cash by selling your used applílances with a classified lad.

Your ad will appear online and in the newspaper for one low price. Deadline Monday at noon

Lake Chelan Mirror 682-2213 mirrorads@ lakechelanmirror.com **Leavenworth**

Cashmere 509-548-5286 classifieds@ leavenworthecho.com Deadline Tuesday at noon

509-689-2507 heraldads@qcherald.com All Classified Ads go in all of our newspapers

Quad City Herald

ANTIQUES & **COLLECTIBLES**

Get cold hard cash for your Antiques by placing them for sale in a classified ad.

Your ad will appear online and in the newspaper for one low price. Deadline Monday at noon Lake Chelan Mirror 682-2213

> lakechelanmirror.com **Leavenworth** Cashmere 509-548-5286 classifieds@

mirrorads@

leavenworthecho.com Deadline Tuesday at noon **Quad City Herald** 509-689-2507

heraldads@qcherald.com All Classified Ads go in all of our newspapers

Pets

"AKC AMERICAN AKITAS!



Puppies born Mother's Day. Pictures available. Sire is grandson of American Grand Champion. Doggy door ready will and shake. sit Pets. \$1,650/ Leave (253)message at Delivery after 927-0333. July 8.



See your

classifieds on-line

at no extra charge

www.ncwmarket.com

GARAGE & YARD SALE

CLEAR SOME SPACE WITH A



Fill your pockets with CASH

Let others know what items you are selling! Your ad appears online & in the newspaper for one low price Deadline Monday at noon

682-2213 mirrorads@lakechelanmirror.com Leavenworth/ Cashmere

Lake Chelan Mirror

classifieds@leavenworthecho.com Deadline Tuesday at noon Quad City Herald 509-689-2507 heraldads@qcherald.com

509-548-5286

WANTED

DID YOU KNOW?

"Items Wanted" will notify you when what you want appears in our classifieds within 7 days. Whether it's your dream job or your dream car, 'Items Wanted" email you a notification when it becomes available.

To use "Items Wanted" go to

leavenworthecho.com cashmerevalleyrecord.com lakechelanmirror.com

qcherald@qcherald.comGo to Advertising, Submitted A
Classified and follow the easy steps



TRUCKS & VANS

Must sale! 1995 Dodge Truck! 2 wheel drive, new tires, new brakes, new ball joints, starter, tranny has rebuilt. lbeen Has 171,000 Great miles. condition. Has shell cover. Contact Jim or Jerri at (509) 888-3037, Chelan.

Public NOTICES



2018-2019 Budget Hearing/Meeting to Adopt
Cascade School District

Board of Directors will hold a hearing on the 2018-2019 hearing on the 2018-2019 budget prior to the regularly scheduled board meeting on Monday, July 23, 2018. The Hearing will begin at 6:30 pm at the Icicle River Middle School with the regular board meeting to follow at 7 pm. Any person may appear there at and be heard for or against any part of such budget.

Published in the Leavenworth Echo/ Cashmere Valley Record on July 11 and 18, 2018.#82489



Public NOTICES

Cascade School District No. 228 Chelan County, Washington Notice of Intent to Sell **Real Property**

NOTICE IS HEREBY GIVEN that the Board of Directors (the "Board") of Cascade School District No. 228, Chelan County, Washington (the "District") is proposing to sell a parcel of real property which is no longer required for District purposes. The property is located at NNA Hill Street, Leavenworth, WA (the "Proporty") and is locally (the "Property") and is legally described as follows: Parcel B

That portion of Lot 1 as delineated on PUD No. 1 of Chelan ated on PUD No. 1 of Chelan County Short Plat No. 2029, Chelan County, Washington re-corded August 16, 1990 in Book SP-7 of Short Plats, Pages 66-67 situated in Lot 9 of We-natchee Park No. 3 approved 20 November 1912 and filed in Volume 3 of Plats, Page 8; in Section 12, Township 26 North, Range 17 E.W.M., Chelan County, Washington, described as follows:

Beginning at the Northeast corner of Lot 2 of said Chelan County Short Plat No. 2029 thence South 89°02'08" West along the North line thereof a distance 56.21 feet to the True Point of Beginning; thence North 0°15'48" West a distance of 435.62 feet to the North line of said Lot 1; thence North 89°44'12" East along said North line a distance of 540.66 feet to the Northwest corner of tract A of Boundary Line Adjustment 2001-015 recorded under Auditor's File No. 2088717; thence South 0°18'48" East a distance of 189.31 feet to the Northwest corner of Lot 4 of Short Plat No. 2001-030 recorded under Auditor's File No. 2124762; thence South 0°17'27" East a distance of 240.15 feet; thence South 89°05'23 West a distance of 484.77 feet to the True Point of Beginning and has the following Identification No.:261712-725675.

The Board has scheduled a public hearing regarding the proposal to sell the Property to be held at Icicle River Middle School, 10195 Titus Rd, Leavenworth, WA, at 5:30 pm on July 23rd, 2018. At that time, the Board will receive evidence and comments for and against the propriety and advisability of the proposed sale.

Published in the Leavenworth Echo/ Cashmere Valley Record on July 11 and 18, 2018 #82488

Public NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of Roberta May Diesen

Deceased.No. 18-4-00183-04 Probate Notice To Creditors (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representa-tive or the Personal Represen-tative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication:

Patricia J. Williams, Personal Representative

Attorney for the Personal Representative: Thomas D. Overcast, WSBA# 14486

Address for Mailing or Service:

Overcast Law Offices, PS Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588

Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 18-4-00183-04 Published in The Leavenworth Echo/ Cashmere Valley Record on June 27, and July 4, and 11, 2018. #082378

Public Notice

Notice Of Meeting by the Commission of Public Utility District Number 1 Of Chelan County On Development Of An Integrated Resource Plan Progress Report Under RCW 19.280

To Interested Persons

The Board of Commissioners of the Chelan County PUD (Commission) hereby gives notice that it will hold a public meeting to approve the District's 2018 Integrated Resource Plan (IRP) Progress Report. The report, required by RCW 19.280, describes the mix of supply-side generating resources and conservation and efficiency resources that will meet current and projected needs at the lowest reasonable cost and risk to the utility and its ratepayers.

Per this notice, the Commission invites public participation in the meeting scheduled for 1:00 p.m. on July 23, 2018 in the Commissioner's Boardroom at 327 N. Wenatchee Ave.

Integrated Resource Plan Background In 2006, RCW 19.280 was adopted by the Washington State legis-

lature. The statute requires investor-owned and consumer-owned electric utilities with more than 25,000 customers to develop IRPs and progress reports. Among other things, IRPs must include a range of load forecasts, assessments of commercially available, utility scale renewable and nonrenewable generating technologies, a comparative evaluation of renewable and nonrenewable generating resources and conservation and efficiency resources and an assessment of methods for integrating renewable resources and ad dressing overgeneration events, if applicable. The District must hold a public hearing prior to submitting its 2018 IRP Progress Report, which is due to the Department of Commerce by September 1, 2018. Utilities must produce progress reports reflecting changing conditions related to and the progress towards the IRP every two years and an updated IRP must be developed at least every four

Public Participation Opportunities

This will be the Board's final public meeting on the development of the 2018 IRP Progress Report. To learn more or provide comments, please visit Chelan PUD's web site at /www.chelanpud.org/environment/operating-responsibly/integrated-

resource-plan Published in the Leavenworth Echo/ Cashmere Valley Record/ Lake Chelan Mirror on July 11 2018. #82481

Spread the word **CASHMERE VALLEY RECORD** 201 Cottage Ave., Suite 4 • Cashmere (509) 782-3781

record@cashmerevalleyrecord.com



Spread TO AMBUSH A BUYER?

98826.

ebsite for one low fee.

Housing sales are HOT! Is your home getting the attention it needs?

- Includes up to 5 photos Includes video
- Unlimited description
- Google map to your location (or you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity). Our site is promoted across North Central Washington giving you exposure to your pri potential local buyers. Your listing will continue to run for 12 months or until you can



Here's a better option Advertise it on

NCWMarket.com Run it till it sells - Automotive (\$25.00) Don't just park your car on the side of the road with a "For Sale"

Promote it on the web for one low price where local buvers can see it at their leisure.

- Includes up to 3 photos
- Includes video
- Unlimited description
- Google map to your location (or you can opt out)
- Privacy link (interested buyers contact you through
- the site protecting your identity). Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it. You can renew it for an additional 12 months at no additional charge.

Protecting your skin from the sun

Fifteen years ago, on a lovely Saturday morning in Tampa, Florida, I parked my rented Ford Focus next to a baseball field. Patricia, her husband Bill and I had been invited to come watch Frank, a mutual friend's 10-year old son pitch in a Little League game that afternoon. The weather was perfect: high, wispy clouds, not too humid, with a temperature in the mid-

Frank was warming up in the infield as we claimed 3 seats on the top row of the open bleachers. And 30 minutes later, at exactly 1 pm, the opposing team took the field.

Their pitcher walked the first two boys of Frank's team, then struck out the next 2 batters. With 2 on base and 2 outs, the pressure was on. The next 2 pitches were balls, then on the third pitch we heard a sharp crack as

the ball shot between the first and second basemen, bouncing out to center field before being scooped up. The two runners on base both made it home, and the batter made it all the way to third base. Frank was next at bat, letting two balls go by and valiantly swinging at the next two. With two balls and two strikes, he hit the next pitch, but it was caught by the second baseman, ending the first inning. In the middle of the third inning I felt flushed. "Patricia? I feel hot..."

"Goodness, you're red as a BEET! You need to get out of the sun RIGHT NOW!'

5 minutes later, I sat in the shade, puzzling over my red, itchy skin.

"I KNOW I put on sunscreen this morning!"

Exposing our skin to sunshine causes our skin react by "tanning",

"burning" or even rash and itching. Sunlight contains ultraviolet radiation, which makes exposed skin turn red, creating tanning, burning or other skin reactions like rash and itching. Sunshine has several types of radiation, including ultraviolet A and B. Exposure to ultraviolet B (UVB) radiation causes sunburn, skin cancer and accelerated skin changes such as wrinkles and spots called photo aging. UVB rays are most intense between 10 in the morning and 4 pm, and help our skin produce Vitamin D.

Like ÛVB, ultraviolet A (UVA) radiation also causes sunburn and tanning, but in people taking certain medicines it can also trigger redness, swelling and itching in exposed skin, which is called photosensitivity. Normal sunlight has approximately 20 times the UVA radiation as UVB. Because UVB radiation causes more sunburn, 96% of the rays from tanning beds are UVA wavelengths. Back on that day in Florida I was taking a prescription medicine that could cause photosensitivity reactions by increasing increased the sensitivity of your skin to UVA radiation. Unfortunately, the sunscreen I'd applied that morning was several years old and only formulated to protect against UVB rays, not against UVA wavelengths, the ones responsible for photosensitivity skin reactions. Today, most sunscreen products protect against both UVA and UVB radiation.

Life & Health

The measure of how much protection a sunscreen product gives is called its SPF (Sun Protection Factor). The bigger the SPF number, the better the protection. For example, if you properly apply a sunscreen with an SPF of 15, you could stay out in the sun 15 times long without burning

as you could without it. Sunscreens come in two main types: chemical and physical. Chemical sunscreens work by absorbing specific wavelengths of UV radiation before they penetrate your skin, while physical sunscreens reflect and scatter UVA and UVB radiation. The lighter your skin, the more quickly it can burn and the more protection vou need.

5 Tips for Avoiding Sunburn or Photosensitivity:

1. Apply sunscreen at least 15 minutes before you are exposed to the sun. To be most effective. sunscreens need time to bind to your skin.

2. Don't skimp when applying sunscreen. The FDA estimates an adult in a swimsuit should use about 4 and 1/2 teaspoonfuls when applying sunscreen to their whole body.

3. Reapply sunscreen frequently, especially after swimming, playing in the water or just sweating. And don't forget to reapply sunscreen after drying

yourself off with a towel.

4. Replace your old/ expired sunscreen. Although most are good for at least 3 years, when stored near heat they can lose their effectiveness even sooner.

If you medicine that causes photosensitivity, avoid direct sun or tanning beds. Cover up with long sleeves and a hat with a brim at least 4 inches wide, or apply sunscreen that protects against with both UVA and UVB, reapplying frequently.

Dr. Louise Achey, Doctor of Pharmacy is a 39-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www. AskDrLouise.com. 2018 Louise



Veterans

CONTINUED FROM PAGE 1

to 90-plus years old. Cashmere Valley Bank employees gave out American flags, manned the kitchen as well as the serving line and made sure all attendees were well cared for during their stay.

One anonymous veteran said he never expected to be treated as an esteemed member of the

community, especially after the treatment he received upon returning from Vietnam.

"I'm speechless. Almost in disbelief that after all these years we are being recognized for our service," he said.

The event was dubbed "Breakfast For Heroes" and was held in the community room for the third year. Vets ate for free and all others paid \$5. The proceeds went to help local veteran organizations.



Body found in Wenatchee River in Monitor

CCSO NEWS RELEASE

On July 6 at approximately noon, Sheriff Brian Burnett reports a body was recovered in the Wenatchee River, near

the 4700 block of Old Monitor Road, in Monitor. The body was first observed tangled in some brush by a rafter as they passed through the area. The rafter reported the sighting through Rivercom, but had left the area prior to the arrival of

emergency responders. Chelan County Sheriff's Office deputies arrived in the area and located the deceased

body in the river 15-20 feet from shore snagged on submerged logs. The body was recovered and turned over to the Chelan County Coroner. Further investigation is required for identification purposes and the potential cause of death.

Jack Hughes-Hageman

CONTINUED FROM PAGE 5

many in our nation came here without documentation or legal status as children and grew up as an American and that they deserved legal recognition, the ability to work, and protection from deportation as long as they maintained their biannual paperwork. This program stopped short of giving these people a true path to citizenship, which is in my opinion a travesty.

NCW Media: Are you in favor of building a wall?

Hughes-Hageman:

do not feel large scale walls and border fortifications have been effective for several hundred years. Even the best of the best giant walls in history have been spectacular

failures; The Great Wall of China, the Trojan wall, the double Theosodian walls of Constantinople, Hadrian's wall , the walls of Jericho and even the fabled walls of Babylon are all famous for how they didn't work as intended.

NCW Media: Are you able to represent rural Washingtonians as well as

Hughes-Hageman: My ability to represent both urban and rural populations comes from hands on experience living in both.

NCW Media: Should Trump be forgiven his corruption or impeached?

Hughes-Hageman: think as American's we can all agree on the kind of severe punishment that high treason comes with. Anyone, even the

president or president elect, who commits treason against the government founded of the people, by the people, and for the people of the United States of America should be held accountable.

NCW Media: Can you work well with others to pass bipartisan laws?

Hughes-Hageman: The real chances of passing a law without bipartisan support are virtually nill; anyone trying to pass legislation without bipartisan support has no real intentions of passing it into law. I pride myself on my ability to find compromise, and there is certainly no other candidate willing to cut a deal like I am. I am young, empathetic,

the aisle than any of my counterparts.

NCW Media: Feel free to

I am an avid camper, hiker, gardener, and I really enjoy a nice bike ride. As for education I graduated from Sammamish Highschool and went to university at the University of Alaska Fairbanks. I am also a graduate of the Frank J. Ruck Leadership Institute in 2013 and received awards at the Carlson Leadership Academy

but the full, unabridged Jack can be found on the Wenatchee Business Journal website.

like to make friends across

tell the readers about yourself: Hughes-Hageman:

in 2012. Editor's Note: The above interview was highly edited because of space constraints, Hughes-Hageman interview

and have a sincere love for America and all her people; this is why I am much more

Zach Miller

CONTINUED FROM PAGE 1

Media: As an ordained pastor, will you be able to keep your religious beliefs from crossing over into county business?

Miller: With any faith based organization, just as within politics, there are differing views on almost every topic. Conservative and liberal, traditional and progressive, left and right. I have done my best to stay neutral and honor all voices wherever I have worked, supporting people for who they are while looking for ways to help everyone work together in harmony. The most foundational part of my beliefs are that every person, regardless of any categorization is of equal value, dignity, and worth. I will always stand for everyone, because a commissioner's job is to represent the people, not their own special interest. I want to serve, and I don't have any religious agenda going into local politics other than honoring the amazing people of Chelan County.

NCW Media: Do you feel city, county, state and federal government has too many regulations that inhibit growth?

Miller: The question of regulation is not about how many regulations, but having the right regulations. We need good codes and standards by which we can live together that don't infringe upon individual liberties and rights. Talking to business owners, you almost always hear about a frustrating regulation that doesn't make sense for a rural county. But there are also numerous good regulations that keep us safe and preserve our infrastructure. As a commissioner, I will fight for common sense, taking in all opinions and facts so that we can maximize our growth while adequately planning for our future with the right regulations.

NCW Media: How will you join Republicans and Democrats divergent points of view if elected, and why are you running as an independent?

Miller: The truth is that I'm for both parties. I want to see Republicans and Democrats operate as the best versions of themselves. Iron sharpens iron, and we need two parties with diverse opinions and approaches engaged in respectful dialogue. My working life has shown me the benefits of equally valuing everyone in the room, and I want to carry that into local politics. Within our county, I want to be a voice for diplomacy. We are all in this life together, and the divergent views we have can help us see more innovative solutions to the problems we face. I am running as an independent to stand for both parties equally. I care more about people than party lines, and will do everything I can to ensure that every voice is

NCW Media: Tell the readers about yourself, family, hobbies, etc.

Miller: I grew up in Plain, and met my wife Cassie, as a freshman at Cascade High School. We have now been together for 18 years. Our daughter Melanie turned 4 this summer. The two most important things to Melanie in Chelan County are finding water to swim in and unrestricted public dancing. I love my family, and am so thankful for their support. My wife has spent more than half my life with me, and knows my heart is fully dedicated to the people around me, which is why she supports me running for office. I am thankful for the opportunity to show my daughter it is more rewarding to serve than receive. It is with deep gratitude and thankfulness that I am seeking public office, because the communities of Chelan County have given me and my family so much.

BUSINESS & SERVICE Directory Add your business or service to this directory: 548-5286

DRILLING

Tumwater Drilling and Pump Inc. "Water Treatment Systems Built to Your Individual Problem' **Free Water**

Analysis/Estimates Conveniently located on Hwy 2 across

in Dryden

@ 9290 Hwy 2

Tumwater from the Big Y Cafe Drilling & Pump,

548-5361 www.tumwaterdrilling.com • email info@tumwaterdrilling.com

NATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOS SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

STORAGE



MINI STORAGE

5x10-\$55 Per Month 10x10-\$75 Per Month 8x14-\$85 Per Month

 Secure Timed Keylock System •Mobile Platform Available• •Burglar Alarm• Camera Surveillance

201 Cottage Ave., Cashmere

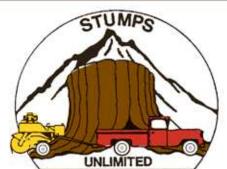
EXCAVATION

Complete Excavating Service



STUMP REMOVAL

Quick 'n Easy Residential Stump Removal



10817 North Road, Leavenworth • (509) 548-8222 Kim & Rosalie Kozelisky Licensed, Bonded, Insured · Cont. #UPPERVE200PI