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YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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Okanogan County granted Phase 2 approval

COVID spikes in South County

BY MIKE MALTAIS STAFF WRITER

OKANOGAN - The county has been approved to than five people per week move to Phase 2 of Gov. Jay Inslee's Safe Start Plan by Washington State Secretary of Health John Weisman. The approval follows an application submitted on June 1 by Okanogan Countv Public Health requesting a ing. move to Phase 2.

"By state order, all longterm care facilities are required to test all residents and staff by June 12, 2020," an Okanogan County Alert System notification said. "We are extremely happy to report that North Valley Extended Care, Regency Omak, and Regency Harmony House have completed their testing and had 0 positive test results."

Per an advisory from Okanogan County Emergency Management (OCEM), activities and business ser-

Many readers

started

STAFF WRITER

BY MIKE MALTAIS

respond, petition

OKANOGAN - Okanogan County Commissioner Jim DeTro, no stranger to

Commissioner stirs up

Facebook with recent post

vices allowed under the governor's Phased Approach to Reopening Washington Plan include:

· Outdoor recreation involving five or fewer people outside your household.

• Gatherings of no more outside vour household. · Essential travel and lim-

ited non-essential travel for Phase 1 and 2 permissible activities.

• Businesses/employers: • Remaining manufactur

• Restaurants/taverns – Less than 50 percent capacity and table size no larger than five. No bar-area seating.

• Hair and nail salons/ barbers.

 \circ Additional construction phases.

• In-home/domestic services

• Retail - In-store purchases allowed with restrictions.

- Real estate.
- Pet grooming.

SEE PHASE 2 ON PAGE 2

Mustangs and Fillies head for open range

Bridgeport Class of 202

By MIKE MALTAIS STAFF WRITER

BRIDGEPORT - In their caps and gowns the Bridgeport graduation Class of 2020 was the talk of the town last Friday, June 5, as the 57 seniors, enjoyed a commencement on wheels as a caravan of cars carrying 33 boys and 24 girls wound through the streets



Mike Maltais/QCH

Family and friends of Daisy Guzman gathered A decoration of mortarboard caps pose in front of Bouska Park with a photo of with orange and black balloons their favorite graduate.



stand in front of city hall.



Photo banners like these of Esmeralda Garcia Salamanca and Federico Colin decorated the utility poles along Columbia Avenue.



In every direction festive homes adorned with signs and balloons found well-wishers sending off the graduates in grand style.



A Bridgeport fire truck led the parade of A caravan of decked out rides head toward downtown Bridgeport.

forget as restrictions attend- forced the school district to innovative and creative to ing the COVID-19 pandemic take a detour toward the honor the occasion.

of Bridgeport escorted by fire department vehicles.

rated by photo banners of the seniors while family and friends decorated homes and city buildings with an array of orange and black balloons, the official school colors.

It will prove to be a graduation none of the seniors will



graduates.



Utility poles were deco-

following a post he shared in connection with the civil unrest surrounding the May 25 death of Minneapolis citizen George Floyd while in police custody.

controversy, has some Facebook followers up in arms

DeTro's post, since removed, showed the photo of a truck driver standing beside his damaged white Kenworth with a broken grille largely expressed strong and blood on the fender. The accompanying captions reads: "Just drove through Minneapolis, didn't see any protesters."



Courtesy okanogancounty.org/ commissioner Okanogan County

Commissioner Jim DeTro

Comments numbering in the hundreds were swift and disagreement, some taking DeTro to task for what they called a posting of question-

SEE PETITION ON PAGE 2

Pateros School Board moves ahead with capital levy projects

Play area, auxiliary gym

BY MIKE MALTAIS STAFF WRITER

PATEROS – The school took another step closer to completing its current capital Zoom meeting held on Tuesday, May 26.

The new covered play area is now in the project management phase with the ordering of the steel building that will occupy the site once footing modifications for the structure are completed.

Initial architectural plans for the mezzanine over the auxiliary gym are complete for the project scheduled for construction in summer 2021. The maintenance department is working on project pricing.

Superintendent Greg Goodnight and principal district board of directors Mike Hull shared several Pateros Does It Right highlights:

 School food service has levy projects at its regular prepared and delivered more than 14,000 meals since March 18.

• The 9-12 GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Programs) grant was extended for another school year.

• The North Central Education Foundation (NCEF)

SEE PROJECTS ON PAGE 2

grant to outdoor seating

BY MIKE MALTAIS STAFF WRITER

PATEROS – In a special Zoom meeting on Tuesday, June 2, the city council discussed and approved the use of a state Department of Commerce grant to purchase additional seating for use on the pedestrian mall.

The DOC awarded the city a \$25,000 grant through the Coronavirus Relief Fund for Local Governments to apply toward expenses incurred during the COVID-19 emergency. The council's Finance Committee and Park Committee met to pursue a recommendation by city staff to use those funds for additional outside seating that would allow business to open at full capacity and maintain distancing requirements as current phasing mandates.

City administrator Jord Wilson, a member of the Park Committee, explained that the city had several options with respect to how to apply the funds.

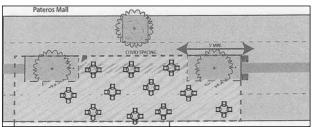
"I just want to make sure that you understand that this donation is yours to make," said Wilson.

Wilson cited as examples donating the money to Com-

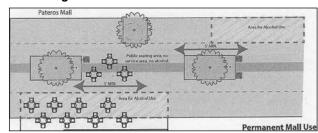


Courtesy City of Pateros

The city will purchase 120 metal chairs in this style in The 30 metal tables in colors of red, green, and the style shown will be blue.



Temporary spacing in the mall will allow for social distancing

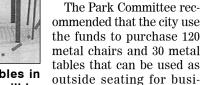


Permanent spacing in the mall will allow the same number of tables in a smaller area.

munity Action, Economic Alliance to be distributed for business purposes, or

distribute directly to businesses. tions with the Finance Committee and PBLTRO (Pateros Brewster Long Term Recovery Organization)," Wilson said.

gray in color.



outside seating for businesses that open with restrictions still in place for social distancing. The chairs will come in three colors, red, green, and blue to match the city's color scheme. The tables will all be gray. The furniture is expected to arrive by mid-September.

"We did review those op-

During the interim, the city will provide temporary seating and redesign the usable 32,000 square feet of space in the mall. The city has budgeted \$5,000 for the redesign work.

Council member George Brady asked if city businesses have been notified of the new seating and what responses they had. Mayor Carlene Anders said she visited with all but one business and all were excited about the expanded accommodations.



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Community

LDS, Chelan Fresh distribute potatoes, apples, onions



Mike Maltais/QCH

For the second of three Saturdays, volunteers at The Church of Jesus Christ of Latter-Day Saints in partnership with Chelan Fresh, distributed boxes of potatoes, apples and onions at five sites from 9 a.m. to noon on June 6. In Brewster, pallets of food items at 417 Fourth St. awaited customers like this one making a pickup. The volunteers will be out again from 9 a.m. to noon on Saturday, June 20. Other locations include Chelan, Leavenworth, Wenatchee, and East Wenatchee.

PROJECTS

CONTINUED FROM PAGE 1

awarded teacher Scotti Wiltse a \$2.500 grant to support Leader in Me and \$3,000 to teacher Tom Robinson to provide materials for a new AP Statistics class. NCEF was formed in 2008 to support classroom learning by providing small grants to innovative NCW teachers.

 The Student Intervention Team was recognized for outstanding work with more than 14 percent of students through personal home visits.

· Librarian Pam Haley conreading levels with a flow of books from the library.

• Amy Stennes created a video for Teacher Appreciation Week, available on the school website, of students expressing their appreciation for their teachers.

The next regular board meeting is scheduled for 6 p.m., Monday, June 29, in the regret" - the resignation of school library unless social K-12 music/band teacher distancing requirements are Jonathan McBride.

still in place necessitating an electronic meeting. In other business the board:

 Approved the proposed 2020-21 fee schedule. dent in DeTro's district, started a

• Approved the proposed 2020-21 class schedule.

 Approved emergency waiver of credits for graduating seniors on track to graduate before the governor's COVID-19 emergency declaration.

 Approved the Continuous Education Plan developed in response to the COVID-19 school closure.

• Approved the K-12 Student Showcase.

 Approved delegating autinues to maintain student thority to the Washington Interscholastic Activities Association (WIAA) for 2020-21, required to renew the school's annual WIAA membership.

• Approved the 2020-21 certified salary schedule with 1.6 percent cost of living adjustment (COLA).

• Accepted – "with much

Bass Tournament coming to Brewster

BY MIKE MALTAIS STAFF WRITER

have teamed up to bring the Lure Safe available online at okanoganvalley-

on Saturday, June 20. The one-day event, sponsored by

Mauk is open to the public with pre-BREWSTER - The Okanogan Coun- registration available by 3 p.m., June ty Bass Club and Mauk Fishing Stuff 19. Entry forms and information are Open Bass Tournament to Brewster bassclub.com, and contacts can be the Okanogan River.

made at okanoganvalleybassclub@ gmail.com or 509-322-2951.

Boats will blast off from the Brewster boat launch and can fish from Wells Dam to Chief Joseph Dam on the Columbia River and to Malott on

Kernels Class of 2020 holds virtual commencement

Club - \$500

\$500

\$2,000

Educators - \$500

Ian Minatani

dation - \$1,850

morial - \$1,000

Educators - \$500

Mansfield Sportsman

Mansfield Professional

Mansfield Booster Club

Mansfield Scholars Foun-

George Wilcox Memorial

Marguerite Schmidt Me-

Mansfield Professional

BY MIKE MALTAIS STAFF WRITER

MANSFIELD - The eightmember Class of 2020 held a virtual commencement online at the Mansfield School District Facebook website last Saturday, June 6, during which nearly \$30,000 was awarded in scholarships.

Speakers included school board chairman Cory Moore, superintendent Mike Messenger, princi-

able taste coming from a public offi-

cial. Others called for his immediate

resignation while some supported the

Caleb Knowlton, a Tonasket resi-

petition on the website change.org

requesting support calling for DeTro's

resignation. As of this writing on

Friday, June 5, 12, 866 signatures

have been collected toward a target

DeTro, who represents District 3

comprising North Okanogan County,

won his seat in 2010 and as chairman

of the three-member board of commis-

sioners, is currently serving his third

Shortly after the strong reactions,

the post was removed from DeTro's

Facebook site, but viewer comments

consecutive four-year term.

CONTINUED FROM PAGE 1

commissioner's actions.

pal Ricardo Garcia, and morial - \$1,000 teachers Luke Hall and Ric Bayless. Jamey Jo Steele, presi-

dent of Mansfield Scholars Foundation awarded the following scholarships to 2020 graduates: **Abigail Smith**

Virgil & Pearl Gustin Me-

morial - \$8,629 Mansfield Scholars Foundation - \$2,100

George Wilcox Memorial \$2,000

Marguerite Schmidt Me-

"You absolutely have no business holding public office," said one respondent.

"People voted for you, you have more responsibility than the average person to make things better," said another.

In an email to The Quad on Monday, June 1, DeTro responded:

"First. I have been a trucker for 46 years. Read the post, it is entirely possible to drive through and not see a protester. They are not rioting on truck routes.

Second anyone that looks at that picture can tell he hit a large animal of some kind, elk or cow? I did not realize that the radical left haters would take it completely out of context just because a trucker made an off the wall comment. I have always said that I am not a politician and definitely not PC, guess I proved that once again. Just amazes me on how hating hypocrites will stand silently by and let someone - Kathy Griffin - threaten the life of the posed for this third term in 2018.

Mansfield Booster Club \$500

Samantha Trull

- George Wilcox Memorial \$2,000
- Marguerite Schmidt Memorial - \$1,000
- Mansfield Booster Club \$500
- Mansfield Professional Educators - \$250
- Presley Avenell Mansfield Scholars Foun-
- dation \$1,1002 Mansfield Professional
- Educators \$250

President of the U.S., or Joe Biden get heavy-handed with women and children and nothing but silence from the radical left. Then to say this is racist is quite a stretch, don't get that at all."

This is not the first time the commissioner's public posts have been the subject of controversy. In 2016 DeTro called the killing of LaVoy Finicum, part of the group that occupied the Malheur National Wildlife Refuge in southern Oregon, an assassination by FBI agents who shot the rancher at a roadblock.

DeTro's wife, Patty, owner of Puttin' on the Ritz, an Okanogan hair salon, was recently named as a co-plaintiff in a federal class-action lawsuit filed on May 1 against Governor Jay Inslee and his Stay Home, Stay Healthy order.

While many who responded to Detro's most recent Facebook activity took exception to both his post and his politics, it should be noted that the incumbent commissioner ran unop-

DOUGLAS COUNTY SHERIFF

May 22 Animal problem at 34 S. Mansfield Blvd. in Mansfield.

May 23

May 24

port.

May 25

continued.

of 15,000.

Domestic disturbance at 116 First St. on Bridgeport Bar. Noise at 2365 Tacoma Ave. in

Bridgeport. Domestic disturbance at 1343 Douglas Ave. in Bridgeport.

Douglas in Brewster.

Chest pain at 1343 Douglas

Tacoma Ave. in Bridgeport. Child protective services/adult May 26

Traffic offense at Columbia Avenue and Fifth Street in Bridgeport. Parking/abandoned vehicle at the 1300 Foster Avenue

May 27

Fraud/forgery at 228 Walnut St. in Mansfield.

block in Bridgeport.

of Grange Road in Bridgeport.

Bridgeport.

Bridgeport.

St. in Bridgeport.

Ave. in Bridgeport.

protective services at 700

Fairview Ave., No. 6B in

Agency assistance at 438 14th

Civil incident at 255 Columbia

Traffic offense at the 10 block

Hazard at 12th St. and Jefferson Ave. in Bridgeport.

June 2

Animal problem at 26 Richards Ave. in Bridgeport.

Welfare check at the 1139 Fairview Ave. area in Bridgeport.

Parking/abandoned vehicle at 122 Davis Ave. in Bridgeport.

t Eighth Stre

2

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QUAD CITY

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п впадероп.

Agency assistance at 1206 port Bar Public assistance at 1701 Ray-Columbia Ave. in Bridge-

mond Ave. in Bridgeport. Domestic disturbance at 55 Agency assistance at 204 E. Washburn Ave. in Bridge-

port. Prowler at 120 Second St. on

Road in Mansfield. Malicious mischief at 1400

Smoke investigation at the Bridgeport Bar. 100 block of Mansfield May 28 911 at 1435 Tacoma Ave. in



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Public assistance at 120 Second St. on Bridgeport Bar. May 30

Traffic offense at 19 Moe Rd. on Bridgeport Bar.

May 31

Noise at 30 Richards Ave. in Bridgeport. Domestic disturbance at 860 State Route 173 on Bridge-

port Bar. June 1

Resident alarm at 326 13th St. in Bridgeport.

and Columbia Avenue in Bridgeport.

Weapons violation at 650 Edson St. on Bridgeport Bar.

June 3

- Trespass at 400 Fairview Ave. in Bridgeport.
- Liquor violation at State Route 17, milepost 126 in Mansfield.
- Trespass at 2620 Highland Dr. in Bridgeport.

June 4, 2020

Fraud/forgery at 1307 Jefferson Ave. in Bridgeport.

Coots cited for coronavirus violations



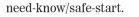
Mike Maltais/QCH

A flock of coots ignored social distancing requirements recently to congregate on the Okanogan River. Owing to the large number of violators involved, wildlife agents have spent the last several weeks doing nothing but writing citations.

PHASE 2

 Professional services/ office-based businesses (telework remains strongly encouraged).

Safe Start guidelines are available online at: coronavirus.wa.gov/what-you-



As of this writing, Friday, June 5, the number of confirmed COVID-19 cases in South Okanogan County increased by 12 in the three days since the last count released by OCEM on Tuesday, June 2. During the same period elsewhere in the county the counts remained the same in three of four locations apart from a one case increase in Central Valley (Malott to Riverside).

Per OCEM, as of 9 a.m., June 5, the county COV-ID-19 test results include:

- 66 Confirmed cases
- 2 Deaths
- 43 Recovering

• 1687 Samples sent for testing

- 1571 Negative test results
- 50 Test results pending



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CONTINUED FROM PAGE 1

Community

PTEEO awarded \$540K DOC/DCYF grant

Classes opened June 1

BY MIKE MALTAIS STAFF WRITER

PATEROS – The Pateros Treehouse Early Education Organization (PTEEO) opened its doors for summer classes June 1 in the wake of a \$540,000 grant awarded early last month from the state Department could not be funded in the of Commerce and Depart- first round announced in ment of Children, Youth, February. and Families.

128 N. Independence St., has started with a small enrollment but parents interested in learning more about reg- reopens," said Secretary 509-449-0596 or email tracymiller36@gmail.com.

PTEEO originally ap-2019 for an Early Learning orative Task Force revealed Facilities (ELF) grant and a share of the \$17-plus million allotted for early learning education. In early February DOC advised the new been denied funding. A later

that only four percent of early learning facility in the DOC funding went to small city until PTEEO was incommunities like Pateros.

Early last May during the COVID-19 pandemic, DOC announced a further \$4 million in grants to nine early learning facilities including 20 spaces for PTEEO. Funding approved in the 2020 supplemental capital budget allowed DOC to award the grants to projects that

"Providers currently face The new early education many challenges amid the facility, located in the former coronavirus outbreak and Christ of Christ building at are in need of additional supports to meet the changing and increased demand for childcare as the state can contact Tracy Miller at these grants will offer some relief."

An independent survey undertaken by the Washplied to DOC in December ington Child Care Collabthat half of Washington parents who responded said childcare is difficult to find and keep.

501(c)3 nonprofit that it had school & Daycare started by Carlene Anders and Gene investigation determined Dowers in 1997 was the only

corporated in October 2019 to continue to offer early learning services.

"These grants will help ensure all of our children are ready to enter kindergarten," said Commerce Director Lisa Brown in a May 11 media release. "Childcare is a challenge for working parents even in good times but will become even more crucial as we begin to reopen our state and safely restart our economy."

Other recipients of the DOC's second round of funding include:

• University Temple Children's School - Seattle -\$536,484 – 35 spaces

• All Blessed Children istration and other detail Ross Hunter. "My hope is Early Learning Center - Tacoma – \$150,000 – 24 spaces • Childhaven - Seattle -

\$751,924 - 120 spaces • Christine's Little Ath-

letes, LLC – Spokane Valley - \$245,000 - 50 spaces • Creative Minds Learn-

ing Center, LLC – Buckley - \$149,307 – 31 spaces

 Learning to Grow, INC – In Pateros, ABC Pre- Elma – \$751,924 – 48 spaces • Skagit Valley Fam-

ily YMCA – Mt. Vernon – \$465,000 – 14 spaces

• Vision House - Shoreline - \$500,000 - 19 spaces Members of the PTEEO

board of directors include: Kailee Tanneberg, President: Financial Accountant

at Gebbers Farms. • Gene Dowers, VP, Executive Director of the Pateros-Brewster Resource Center.

· Lindsay Vallance, Treasurer: Office manager and legal assistant for Valor Law

 Kayla Johanson, Secretary: School psychologist at Brewster School District.

• Betty Hagenbuch, Director: Retired teacher of 50 years. • Michael Harding, Di-

rector: Pateros Church of Christ and city council member.

 Grace Larsen ARNP, Director: Family nurse practitioner with Confluence Health.

 Clara Oborne, Director: Third grade teacher at Pateros School District.

 Courtney Reynolds, Director: K-5 special education teacher for Brewster Elementary School.

To learn more visit the PTEEO website at pa terostreehouse.com.

Blow drying the cherry crop

3



Mike Maltais/QCH

Following a substantial rain that soaked the tailfeathers of May, helicopters were out on Sunday, May 31, blow drying Gebbers Farms cherries with the downwash from spinning prop blades.

Peaceful demonstration draws hundreds to Omak

BY MIKE MALTAIS STAFF WRITER

OMAK - Several hundred demonstrators occupied downtown Omak from 5-7:30 p.m., Friday evening, June 4, in support of the Black Lives Matter movement and the death of Minneapolis citizen George Floyd.

Floyd died May 25 in a well-documented incident while in the custody of Minneapolis police officers. Demonstrations in more than 150 cities erupted from the nation's capital to Los Angeles and internationally as participants protested police brutal- Department "formed a comprehen-

Aaron Culp reported that approximately 300 people participated in the peaceful demonstration while business owners and supporters, many bearing arms, watched from Main and Central streets to protect property and participants from violence.

Culp said federal, state, tribal and local law enforcement agencies from throughout Okanogan County were on hand together with Lifeline Ambulance, Life Flight Network and the Omak Volunteer Fire

itv associated with the Flovd's death. sive response plan to both protect Okanogan County Undersheriff demonstrators and their right to express their concerns as well as protect public safety during an emotionally charged event," said Culp. "No incidents occurred which required police or emergency services to respond during the demonstration."

Both Omak Police Chief and Okanogan County Sheriff Tony Hawley thanked both participants and business owners for "showing that the residents of Okanogan County demonstrate what it means to be strong, yet tolerant of others' view and accepting differences."

Chelan-Douglas Board of Health approves CDHD reopening proposal

Zoom meeting is was interrupted by hack- 6.5.20-Mtg-Audio.mp4. ers on June 5. The meet-Under the proposa

dining at 50% of capacity, indoor dining at 25% capacing was reconvened and businesses would be al- ity and a requirement that tables be six feet apart:

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EAST WENATCHEE -A special online "Zoom" the reopening proposal wp-content/uploads/BOH-

recorded for members of lowed to reopen with rethe public to listen to the Board of Health vote on a new variance request Department of Health for consideration of a modimeeting for the Chelan- fied Phase 2 reopening. Douglas Health District You can access the audio Board of Health to review file at: http://cdhd.wa.gov/

duced customer capacity. This includes:

In-store retail: 50% distancing and employee masking and gloves;

- Personal services & professional services: 25% of capacity;

- Restaurants: outdoor

- Pet grooming: 25% of capacity;

Gatherings: no more to the Washington State of capacity with social than five non-household members attending;

- Recreation, fitness & camping: outdoor only, no more than five nonhousehold members and maintaining six feet of social distancing.

For a complete list of the reopening provisions and a complete copy of the reopening application, please visit: http:// cdhd.wa.gov/wp-content/ uploads/Chelan-Douglas-Reopening-Application-6-5-2020.pdf.

Chelan and Douglas counties are among only a handful of counties that remain in Phase 1 under the Governor's Safe Start order. The Board of Health anticipates hearing soon on the proposal. For more information, visit www.cdhd.wa.gov.

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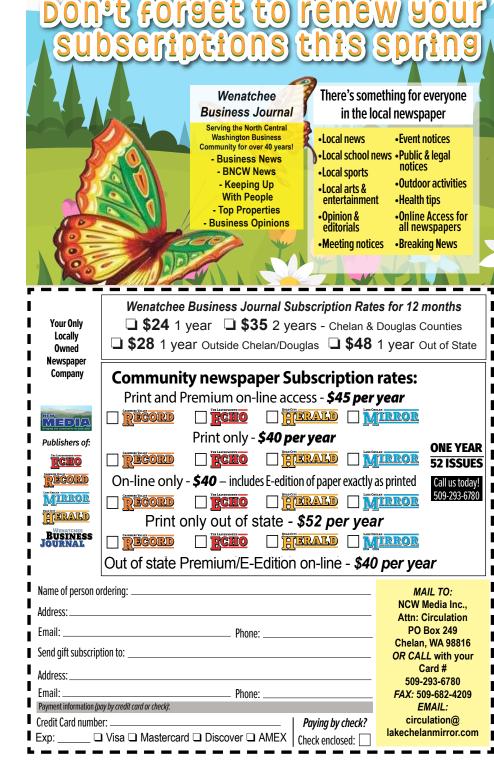


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Opinion / Community

Commissioner DeTro's actions are damaging to county's reputation, economy, and damaging to every person who lives in Okanogan County

County Commissioners with 66 others. I was invited to join via my sister after hearing about Jim son I meet on the East Coast DeTro's response to critics of his Facebook posts. If you haven't seen the posts, consider yourself lucky. And if you didn't see his response to those who condemn the posts, consider vourself luckier still. It stands as a lesson of what not to do, fresh fruits, to see where even in local politics. It's a simple but vivid reminder that you can't keep digging yourself out of a hole.

4

I am an Okanogan County native now living in the nation's capital. You might know it better as "the swamp". It's the place where Democrats, Republicans and Independents send their crazy representatives to spend the bulk of their terms raising money to stay in office. And every four years we historically have sent a sometimes, somewhat, sane individual to run the country. Let's be honest, you can't be completely sane to want to lead this incredible nation. Despite now living 3,000 miles east, I consider myself an unofficial tourism ambassador for North Central Washington, especially Okanogan County. It's not hard to persuade most folks to visit our home--Okanogan County features incredible riches for tourists: premier golf, XC skiing, ATV/snowmobile adventures, fly fishing, outfitting to the high country and community events such as Apple Pie Jamboree, Methow Arts Festival, 49er Days, and Stampede. I probably don't need to tell you, world consequences. He has Okanogan County offers become a detriment to getsomething for everyone.

OVID-19 has left the Okan-

This week, I joined the laid-off personnel, restart June 2, 2020 Okanogan school programs, and keep extracurricular activities meeting via Zoom along threatened with cuts, aka jobs, jobs, jobs.

I want to invite every perto visit Okanogan County. Don't worry, I don't want them to move to your personal slice of heaven. But I want them to visit at least once and maybe possibly more, to experience the area's unique beauty, to taste those apples are grown. To meet the friends and family I grew up with—kind and compassionate people who care about their neighbors. To experience all the good that comes from Okanogan County. And in the process spend some money to support the local economy.

It's hard to encourage people to visit with Jim DeTro as the face of Okanogan County. When people Google Okanogan County, Jim DeTro's face and his Facebook history are the first thing to pop up. I'm worried about the message Mr. DeTro, through his conduct, is sending out to people choosing where to spend their summer vacations. Whatever voters may have thought when they elected him, Jim DeTro, represents Okanogan County. It's now clear that his actions do not reflect the values, character and integrity of his Okanogan County constituents. Whether he agrees with his constituents or not, the bare minimum of his job is to advocate for their best interests, not sabotage them. Instead his words and deeds, both online and in the real world, have real ting the Okanogan County Over the past few months, economy back on track. I know from participating off as DeTro's "sense of huone should realize that his actions as Commissioner are damaging to Okanagan County's reputation, damexcept for Jim Detro. Mariah 'Luft' Litowitz Washington, D.C.

How did we get here?

One hundred thousand Americans dead.

One hundred thousand in 90 days from a pandemic that will claim many more before either a vaccine is ready. or the virus recedes. How did we get here?

We got here by the same route we will take to the coming climate disaster; by being witness to all the red flags but waving them off. Denial is not a river in Egypt, citizens.

The warning shots that potential pandemics fired across the ship of state's bow were ample in number and ominous in degree to the extent that the captain on the bridge could not fail of notice. The HIV/AIDs epidemic Ebola in Africa Zika H1N1/Swine Flu. How many near misses are allowed?

Yet, pandemic programs put in place to get, paraphrasing Winston Churchill, "those who hitherto had been half blind, half ready," went unfunded, research positions unfilled, and regulations to protect our medical community ignored.

Lately I have been backtracking the expanding tentacles of this pestilence and have arrived at an unsettling conclusion: Unlike some natural disasters wherein county, state, or

COMMUNITY 'IN BOARD

Help available for **Douglas County**

veterans EAST WENATHCEE - Sarah Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at: https://www.facebook.com/ douglascountyvso

Okanogan County Transportation & Nutrition meal delivery

BREWSTER - In response to concern for the health of senior citizens regarding COVID-19, OCTN has established emergency mea-

Mike MAKES WRITE Mike

Maltais

regional preparations can greatly promote survivability and recovery, a pandemic is a unique demon that almost mandates leadership on the highest national level in order to strengthen the weak links in response capabilities, communications, financial resources. facilities, supplies, public assistance, planning, and so much more. It requires vision of the highest order and largest scale to really inspire a solid foundation capable of confronting an attack of a pandemic's magnitude.

Until this plague actually washed up on our own shore. I did not realize the extent of devastation that was riding on its coattails. COVID was the lead domino that, once tipped, set multiple lines into motion. During the war for our nation's independence, the war to end slavery, and World War II, we were fortunate to have leaders capable of rising to the daunting tasks. From

a designated time in which

they may arrive at their lo-

cal Senior Center and pick

up a meal to take home.

We are asking all seniors

interested in taking a meal

home to please call their

Senior Center to reserve a

pick-up time. This service

modification is in place thru

March 26. The health threat

related to the virus will be

re-evaluated at that time.

Call the Brewster Site Coor-

dinator at 509-689-2815 to

arrange for a meal pickup.

gram is not interrupted and

is on its regular schedule.

For more information about

senior meal programs:

Okanogan County Trans-

portation & Nutrition at

Aging & Adult Care of Central

509-826-7979 or

The home-delivered meal pro-

great leaders. Or not.

attacks or the current pandemic as examples. Sometimes great challenges, with which history is replete, simply lead to even greater disasters in the absence of competent and visionary leadership. That. citizens. is the rule rather than the exception.

Now millions across our nation face the specter of economic ruin as rescue fatigue gains traction in the halls of Congress. Case in point:

• Nearly 40 million became unemployed over nine weeks and unemployment benefits are due to expire in two months.

• Eviction moratoriums are ending in June in more than half of U.S. states and almost all by the end of July, threatening millions with homelessness while being advised to stay home during the pandemic.

• Before COVID more than 50 percent of Americans did not have the savings to cover an unexpected \$1,000 expense, and more than 40 percent could not cover \$250.

• The \$2.2 trillion CARES Act, passed on March 27, medicine, citizens.

great challenges emerge provided \$300 billion in direct Economic Impact Payments to more than Take the 9/11 terrorist 150 million workers and seniors, 75 percent of whom used it up in four weeks or less.

> A second relief bill, the HEROES Act, is likely DOA in the face of strong opposition from Senate Republicans with the President's blessing because, health risks aside, getting workers back on the job sooner rather than later will enhance his chances for reelection in November.

> Sadly, the very voters, those frustrated and desperate Americans who came out of the shadows to elect the leader they hoped might improve their lot, are among those who most need him now. From what I am seeing, I fear for their futures.

> Locally we are fortunate to have the Economic Alliance collaborating with TwispWorks, the Pateros Brewster Long Term Recovery Organization, Pateros Brewster Community Resource Center, and Working Washington Small Business Emergency Grant. The consortium is awarding grants to help area businesses pay rent and keep the lights on. Wishing you all good

Tuesday, Wednesday,

Thursday Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50.

Thursday, June 11

Teriyaki Chicken, Rice, Broccoli, Asian Slaw, Pineapple, Egg Roll, Fortune Cookies

Tuesday, June 16 Lasagna, Green Beans, Caesar Salad, Pears, Garlic Bread, Dessert

Wednesday, June 17

Lemon Pepper Fish, Roasted

etables, Spinach Salad, Chilled Peaches, WW Roll, Dessert

Thursday, June 18

Deluxe Cheeseburger, Coleslaw, Apple Celery Salad, Dessert

June 12, 19

Brewster area monthly bus trips to Omak and Wenatchee

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is June 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month June 19, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/ General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

ogan County economy in in the Zoom meeting that shambles, annual festivals his actions offended and responsible for attracting outraged many residents of visitors have been canceled. Okanogan County. However, People are angry at the pace I'm enough of a realist to of the County's reopening. recognize that others in the Tourism. a major local eco- county may easily brush it nomic driver and one of the only growing employment mor". But whether you are opportunities in the area, offended or amused, everyhas taken a huge hit. Tourism means money for main street businesses. More business, means more jobs, and in turn means more aging to its economy, damfunding for constructions aging to every person who and local construction jobs. lives in Okanogan County, Schools Districts relying on local tax revenue would be able to consider hiring back

qcherald.com

Washington at 800-572sures which offers seniors 4459

Red Potatoes, Trio Veg

Your Chelan County Business going the Extra Mile for Customers?

NCW Media Newspapers is rewarding your efforts! Advertise your curb-side, take-out, delivery and other COVID-19 adaptations for

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Submitting your **Bulletin Board item** Deadline Friday at 5 p.m.

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror. com, subject line QCH Bulletin. Deadline: Friday at 5 p.m. Be sure and include Date, time, place and cost if any





Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com Pastor Matthew Axford

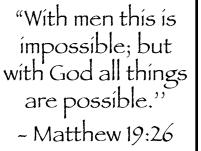
509-689-2920 · 6th & Jay

Pastor Greg Thorn **COMMUNITY LOG CHURCH** Sunday Worship 10 a.m. 689-2224 • 501 W. Indian Avenue www.communitylogchurch.com Pastor Gordon Wright

www.cbcbrewster.com



New Testament Baptist Sunday 10 a.m., 11 a.m. & 6 p.m. Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com



Administrative

Publisher's notice

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper Housing Act, which several to advertise "any preference, limitation or discrimina tion based on race, color, religion sex, handicap, familial status or na tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is -800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsi ble for corrections made there-after. NCW Media Inc. shall not e responsible for sligh changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertise ment is strictly limited to the publication of the advertise ment in any subsequent issue No monetary refunds will be given. For more information call (509) 548-5286.



Announcements

Lost & Found

LOST AND FOUND can be placed in our local newspaper/online for one week for FREE. Limit 25 words.

Leavenworth/ Cashmere 509-548-5286 or Lake Chelan Mirror 509-682-2213 **Quad City Herald** 509-689-2507

before 1:00 p.m.

Employment **Help Wanted** Job Title: Utility Worker/Sanitation **Truck Driver** Citv of Chelan is accepting applications for the position of Utility Worker/ Sanitation Truck Driver. Monthly pay range: \$4,080-\$4,902. Application deadline: June 17, 2020 or until filled. Go to www.cityofchelan.us for additional information and employment application. **Manson School District** located on the beautiful shores of Lake Chelan is seeking applicants for the following positions. Certificated **Elementary Teacher** • District Business Manager Detailed job description and online application process are available at: https://www.manson.org/Page/609, EOE. Question please call Lorrie or Matt at

(509) 687-3140 **Brewster School District is accepting** applications for the following: High School **Business Education Teacher Full Time** High School Science Teacher Biology/Chemistry Full Time Applications and iob descriptions are on

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at www. NCWMarket.com Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth/ Cashmere **Deadline Monday** at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

Manson School District located on the beautiful shores of Lake Chelan is seeking applicants for the following position.

 1.0 FTE Secondary **Certificated Teacher** with an ELA and SS endorsement Detailed job description and online application process are available at: https://www.manson.org/Page/609, EOE. Question please call Lorrie (509) 687-3140

Work Wanted





We have excess

office furniture available. Most of this is in good condition. Some may require minor repairs. Items left are 2 large wood desks with side desk attachment, and one metal desk, a large wood conference table, a counter large approx. 7? x 3 1/2? tall with removable shelves, wood credenza and 4? x 4? white board (free) All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for

many years because we do not know the combination. It could include valuable material we don't know.

If interested, call: Leavenworth 548-5286 or Bill at 509-670-1837. See photos NCWMarket.com

Garage & Yard Sale

CLEAR SOME SPACE WITH A

Legals

Public Notices CITY OF PATEROS.

WASHINGTON ADVERTISEMENT FOR BIDS DISTRIBUTION SYSTEM

IMPROVEMENTS PROJECT the City of Pateros, Washington, at City Hall located at 113 Lakeshore Drive, Pateros, WA read aloud. Due to COVID-19 protocol, the public opening may be performed remotely via teleference. Participation instructions will be sent to planholders prior to the bid opening.

The CONTRACT DOCUMENTS Pateros, 113 Lakeshore Drive, Pateros, WA 98846

2. Varela & Associates. Inc., 601 Spokane, WA 99201 (509) 328-6066 3. Various plan centers call Varela & Associates or visit www.varela-engr.com for list. hydrants, valves and appurtenances and service meters and

service line replacements. The project is located within the City of Pateros city limits, properties and rights-of-way.

Proposals must be submitted on the forms provided in the Contract Documents. Bid bonds in an amount not less than 5% of the amount bid are to be made payable to the City of Pateros. 100% performance and pay-Overcast Law Offices, NCW, ment bonds will be required from PLLC the successful bidder.

The project is funded by a loan United from the States Department of Agriculture Rural Development program. The City of Pateros is an equal opportunity and affirmative action employer. Small, Minorityand Women-owned firms are Presented by: encouraged to submit bids.

The City of Pateros reserves the right to reject any and all bids, to Published in the Quad City Herald sole judgement, accept the bid #87790 which it deems is in its best interest. Additional bid acceptance and contract award provisions are specified in the Contract Documents.

SUPERIOR COURT OF WASHINGTON FOR **DOUGLAS COUNTY** In the Matter of the Estate of **RAY DEAN KOPE** Deceased. No. 20-4-00030-09 **PROBATE NOTICE TO** CREDITORS (RCW 11.40.030)

The Administrator named below Sealed bids will be received by has been appointed as Administrator of this estate. Any person having a claim against 98846 until 11:00 AM, Thursday, time the claim would be barred there be opened and publicly statute of limitations, present the by any otherwise applicable claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator's phone or web based video con-Resident Agent who is also the Administrator?s attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which ing locations:1.City Hall, City of the probate proceedings were presented within the later of: (1) . Thirty days after the Administrator served or mailed W. Mallon Ave. Suite A, the notice to the creditor as prounder RCW vided 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the Water main replacements and time from the within this additions to include fire barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective

as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST

PUBLICATION: May 27, 2020 Administrator:Diana Kope Attorneys for the Administrator: Rani K. Sampson. WSBA# 37486

Address for Mailing or Service:

Attn: Rani K. Sampson 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588

Court of probate proceeding and cause number:Douglas **County Superior Court** Cause Number: 20-4-00030-09

OVERCAST LAW OFFICES -NCW. PLLC

waive technicalities, and in its May 27, June 3, and 10, 2020



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Fry the pet section on VMarket.com

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Topical pain relievers

Carol's arthritis was getting worse, and the stay-at-home directive from the COVID outbreak gave her even fewer options to stay active. Her back, knees, hands, and right shoulder ached, and she was miserable. She was told to stay away from anti-inflammatory medicines like ibuprofen (Motrin-IB®) and naproxen (Aleve®) because she had developed blood clots in her legs and lungs several times.

Her family doctor asked me for help. She needed something to relieve her joint pain that would be safe for her while continuing on her blood thinner medicines.

First, we tried Tylenol Arthritis Extended Relief[®], taking two tablets in the morning and at bedtime. Within a week, Carol's pain level in her back, knees, and shoulders dropped from a 10/10 to a 6/10.

"My knees and back feel much better, but is there anything you can suggest



to help the arthritis in my hands?"

Now there is a safe way for Carol to take an antiinflammatory medicine like ibuprofen and naproxen. These medicines belong to a family of drugs called Non-Steroidal Antiinflammatory Drugs, or NSAIDs.

NSAID medicines help to relieve swelling and pain, whether from a sudden injury like a muscle sprain or strain or chronic inflammation such as arthritis.

Many Americans with ulcers, kidney, or heart problems could benefit from using an NSAID regularly. Instead, they may rely on dangerous narcotic pain medicines because of the possible side effects caused by NSAIDs. Luckily, NSAIDs are available as topical gel and patches, and one of the most effective ones, diclofenac, is now available without a prescription.

Applying an NSAID directly to sore muscles or joints as a cream or gel can relieve pain and stiffness. This approach avoids the side effects that NSAIDs can cause, like stomach pain, burning and bleeding, and heart and kidney problems.

NSAIDs applied to the skin can ease the acute pain of sprains and strains as well as the chronic pain of osteoarthritis. In September 2012, the Cochran Institute published a review of multiple studies called a meta-analysis on this topic, called Topical NSAIDs for Chronic Musculoskeletal Pain in Adults. They collected and evaluated lots of studies done with topical NSAIDs, many of them unpublished work from the files of drug companies.

Two medicines, diclofenac and ibuprofen, were able to relieve chronic musculoskeletal pain when applied to the skin. Diclofenac was effective whether used over sore joints and muscles or taken as a pill.

Carol may get more pain relief if she uses an NSAID gel or cream because using diclofenac gel regularly puts MORE medicine into joints than taking an NSAID pill.

Topical diclofenac is available as several formulations and brand names in the United States. Until now, it was only available with a prescription.

Diclofenac is now available without a prescription as Voltaren® 1% gel, applied four times daily. Other options containing diclofenac are still accessible only by prescription. These include diclofenac gel 1% (the generic of Voltaren[®] gel), Pennsaid[®] 1.5% solution, used 3-4 times daily, Pennsaid® 2% solution in a pump applied twice daily, and Flector® 1.3% as a patch applied twice daily.

Here are 5 Tips on Using a Topical NSAID for Pain and Stiffness:

1. Small areas work best.

Topical pain medicines work best for treating a specific area that you can easily reach, like Carol's arthritis in her hands.

2. Topical NSAIDS are particularly useful if you take a blood thinner.

Switching to a topical NSAID can be particularly helpful if you take a blood thinner to minimize the risk of stomach pain and bleeding that is common with the pill versions.

3. Don't take more than one anti-inflammatory medicine at a time.

Aleve® (naproxen) and Motrin[®] (ibuprofen) are closely related to diclofenac. You should avoid taking either of these when using a topical NSAID like diclofenac (Voltaren®) gel without your doctor's supervision.

4. Don't skip doses.

When you apply diclofenac gel to your joints several times a day, it builds up, but in a good way. You can get a higher concentration of medicine

in your joint fluid using it topically than by taking it as a pill. You'll get better results without risking dangerous NSAID side effects like stomach bleeding and kidney problems.

5. Consider other topical NSAID options.

If ketorolac gel doesn't help, you can ask your doctor if you could try a different NSAID. Besides ketorolac, other NSAIDs can relieve pain and swelling when used topically. Ibuprofen, ketoprofen, piroxicam, or indomethacin can be made into a topical gel by a pharmacist who makes specialized formulations.

Dr. Louise Achey, Doctor of Pharmacy, is a 40year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website The Medication Insider.com for daily tips on how to take your medicine safely. 2020 Louise Achey



THE WASHINGTON OUTDOORS REPORT **Rediscovering Washington's** state parks

By John Kruse

Washington State Parks are reopening for camping across the state in areas that have achieved a Phase 2 recovery status during the COVID-19 pandemic. That makes this a great time to rediscover these treasured places we've been unable to visit for much of this year. If you are looking for some ideas on which ones to go to you could always start with the most popular parks. After all, people are coming to them in droves and they do so for a reason! With that in mind I reached out to Meryl Lassen with Washington State Parks and learned three of the most visited state parks in 2019 were: DECEPTION PASS STATE PARK which is Washington's most popular state park. Located on Whidbey and Fidalgo Islands, it received more than three million visitors

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*Antithesis to Mufasa

32. Don Giovanni and such

34. *a.k.a. the father of modern

42. Used for raising 45. U.K. Prime Minister, 1945-51

56. Make a connection, two words

62. *Popular Father's Day greeting

36. "Indecent Proposal" star Moore

33. Echo sounder output

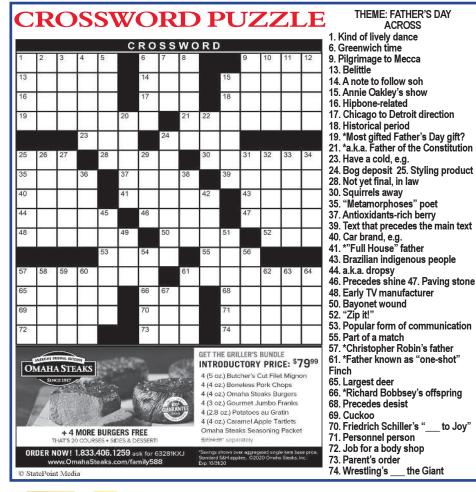
1. It's equivalent to pain?

7. *Boy's father in "The Road'

body

4. Japanese port





Courtesy J. Kruse

The North Head Lighthouse at Cape Disappointment State Park offers a fantastic view of the Pacific Ocean.

last year, more than many of our National Parks. At over 3800 acres it's a big park and there is plenty of salt and freshwater shoreline to enjoy whether you take in the views of Puget Sound from the beach or explore the three lakes found here. This big park also offers ample opportunities for camping

Besides camping and exploring this huge park there are several things you can do while you are here. The photogenic Deception Pass bridge is a place you have to visit that links the two islands. On Fidalgo Island Bowman Bay is a great place



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