

July 22, 2020 • Volume 118, No. 30

YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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## **Brewster submits lease** proposal to Senior Center

Approval anticipated

BY MIKE MALTAIS STAFF WRITER

**BREWSTER** – A proposed lease agreement drawn up by city legal counsel Chuck Zimmernan of Ogden Murphy Wallace in Wenatchee for the City of Brewster has been presented to members of the Brewster-Bridgeport-Pateros Senior Center for review and approval before going before the city council for its endorsement as well.

under discussion and drafting for more than a year would allow the city to assume ownership of the Senior Center building at 109 Bridge St. South to relieve the Senior Center from the financial burden of covering many of the costs of operating it.



Mike Maltais/QCH Neal McKee

Under the terms as pro-The proposal that has been posed, the city would purchase the property for \$1 (one dollar) and lease it back to the Senior Center on an initial 10year term for \$1 (one dollar) annually. While all parties agree that the purchase is not considered a prudent finan-

SEE LEASE ON PAGE 2

## Fire consumes Calle Milagro home

BY MIKE MALTAIS STAFF WRITER

**BREWSTER** – A house fire consumed a mobile home at Calle Milagro off Morning Star Way and North Star Road after a caller reported seeing smoke concluded. coming from the structure on the evening of July 9.

A brief incident report on the Okanogan County Sheriff's website at 8:41 p.m. by deputy David Leeman

coming from the residence and the home's occupants getting into a car at the end of the road.

"Can now see flames coming out of the top of the residence," Leeman's report

Units from Douglas Okanogan Fire District (DOFD) 15 and the Pateros Volunteer Fire Department responded to the blaze, but the structure was fully en-

said smoke could be seen gulfed shortly after the fire was reported.

> **DOFD** Acting Chief Jacob Poole said the four units from Brewster and three from Pateros arrived too late to save the home but sprayed water on the surrounding vegetation to keep the flames from spreading. Poole said wind conditions were calm and allowed for easy containment of any

> > SEE FIRE ON PAGE 4



Courtesy Douglas Okanogan Fire District 15 Facebook Units from the Douglas **Okanogan Fire District 15** responded to a house fire off Morning Star Way and North Star Road north of Brewster on July 9.



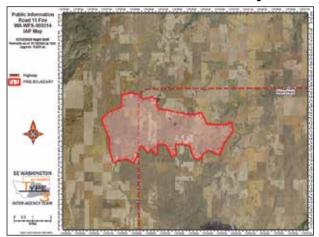
A firefighter lays down a stream of water

Courtesy Douglas County Fire District 15 Facebook

## Road 11 fire burns nearly 10,000 acres near Mansfield

BY MIKE MALTAIS STAFF WRITER

MANSFIELD - A brush fire that broke out around noon on July 11 near Road 11 west of State Route 172 near Mansfield was contained and turned over to Douglas County Fire District (DCFD)



## New test location, website address COVID-19 demands.

BY MIKE MALTAIS STAFF WRITER

BREWSTER – As the number of confirmed CO-VID-19 cases in Okanogan County continues to creep upward, a new test location and website have been added to help manage residents and information related to pandemic management.

Between its two reporting dates of July 14 and July 17, Okanogan County Emergency Management saw an testing increase of 32 cases during

third COVID-19 associated death in Okanogan County, OCEM said. The individual was male agricultural worker in his 30's from Mexico with no chronic or underlying conditions who died on July 8, 2020.

July 17 As of 5 p.m., July 16, the Okanogan County COV-

ID-19 test results included: 295 confirmed cases 3 deaths

3,633 samples sent for

3,167 negative test results

that three-day period: July 14

Okanogan County COV-ID-19 test results included: 263 confirmed cases

3 deaths

3,513 samples sent for testing

3,057 negative test results 193 test results pending Okanogan County Public Health reported 51 new cases since July 13. New cases from July 13 and 14 case count updates can be (71 total) were from the following areas:

Brewster - 46 Pateros - 4 Oroville - 1 Tonasket - 3 Riverside - 2 Nespelem - 1

Omak - 7

Okanogan - 3

Malott - 4

Okanogan County Pub-

lic Health reported the

71 test results pending **Okanogan County Public** As of 5 p.m., July 14, the Health reported 32 new cases for July 15 and 16. New cases were from the following areas: Brewster - 12 Riverside – 1 Omak – 18 Okanogan - 1

"There have been 177 cases reported in the past two weeks," OCEM noted.

As of Saturday, July 18, found on the new website

okanogancountycovid19. org/ under COVID-19 Data. The new website will include information, guidance and resources related to COVID-19 in the county.

TRH test location Three Rivers Hospital Public Records Officer Jennifer Best said the hospital

SEE COVID-19 ON PAGE 4

## Free face masks for farm workers

SUBMITTED BY WASHINGTON FARM BUREAU

Farm Bureau is helping to ceive them. They cannot be distribute 500,000 washable cloth face masks to farm for workers in agriculture. employees across the state spread of COVID 19. They have enough supplies to allocate several masks per employee.

These masks are provided and delivered at no cost to the farms who request NCW - The Washington them or employees who reresold and can only be used

Farms or employers do to help protect against the not need to be Farm Bureau members to receive face masks.

> https://wsfb.com/agriculture-mask-distribution/

1 crews four days later but not before burning nearly 10,000 acres and destroying several structures.

The Road 11 Fire named for the road near its ignition point triggered Level 2 evacuation notices to some Mansfield-area residents who were advised to be prepared to leave their homes at a moment's notice.

"The whole town received the evacuation order." Mantold The Quad last Friday, field.

OKANOGAN-The Okan-

ogan County PUD commis-

sioners learned at their July

6 meeting that some finan-

cial relief is on its way with

the announcement on June

29 that the Bonneville Pow-

er Administration (BPA)

will suspend its financial

reserves surcharge to its

power customers through

September 2021. The sav-

ings will amount to about

\$33 million for BPA custom-

ers including an estimated

\$350,000 for Okanogan PUD

over that 15-month period.

Savings

of \$350,000

BY MIKE MALTAIS

STAFF WRITER



Mike Maltais/QCH Mansfield Mayor Tom Snell

July 17.

Snell, first elected in 1990, is the longest-serving mayor in the state. He said the town evacuation was the sfield Mayor Tom Snell first of its kind for MansCourtesy SE Washington Inter-agency Team

The Road 11 fire started west of State Route 172 (red line w/white dots) and was carried by gusting winds across the highway and east toward Mansfield (far right).

"It hasn't happened be- RiverCom fire incident sumfore as long as I can remem- mary area fire units that ber," Snell said.

According to the July 11

SEE ROAD 11 ON PAGE 4

## **BPA extends surcharge relief to Okanogan PUD**

er from BPA.

BPA uses its financial reserves - cash on hand, short-term investments, and deferred borrowing - as a tool to maintain financial health and mitigate financial risk, a BPA media release said. The reserves allow BPA to continue to meet all payment obligations when its sales revenues fall short of forecast numbers.

"Maintaining reserves is a staple of financial strength," said BPA Chief Financial Officer Michelle Manary. "But given the significant challenges customers are facing, we agree this is not the time to be building up cash reserves.'

savings reflected in individual power bills.

tions Coordinator Sheila tor of Power Resources Corson said that while the \$350,000 will be helpful, "we are already down about \$1 million in power sale revenue so far this year, plus we deferred the two percent (2%) rate increase that would have been raising additional revenue that we now have to cut."

\$350,000 is spread over the next 17 months or so," said Corson, "and most won't be here until 2021, impacting next year's budget more than this year's.'

It is questionable whether sales fell under budget by Okanogan PUD receives Okanogan PUD users will \$43,557, due to negative equipment.

about two-thirds of its pow- see a pass-through of those market pricing when dams pumped more water to reduce gas levels for fish, PUD Community Rela- said Ron Gadeberg, Direcand Broadband Services. Though retail power sales for January 2020 were over budget by \$84,392, the total revenue from power sales remains about \$1 million under budget year to date, as Corson noted.

In other PUD business:

· The broadband cus-"Also keep in mind that tomer base continues to increase with 3,386 end users on the system.

• The district is updating its website regarding ratepayer assistance plans.

• The board approved The PUD's June power two resolutions to surplus old telecom and operations



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### Community

## **PICFU opens branch in Brewster**



#### Mike Maltais/QCH

Tellers Lisette Cruz, left, and Mayemi Renteria, staff a customer gift table outside the new branch of Potlatch No. 1 Financial Credit Union (P1FCU) at 112 N. Seventh St. in Brewster in the building formerly occupied by Wells Fargo. The new Brewster business held its "soft" opening on Monday, July 13, with a grand opening scheduled for a later date.

**BUSINESS/SERVICES** 

**HEALTHCARE DIRECTORY** 

Censo 2020 Telethon

#### MIKE MALTAIS STAFF WRITER

**BREWSTER** – Potlatch No. 1 Financial Credit Union were conducted out of the (P1FCU) opened one of its newest branches in Brewster on Monday, July 13, at box," notes the website. 112 N. Seventh Street in the "By the end of their first building formerly occupied by Wells Fargo Bank.

According to its website, p1fcu.org, the credit union was founded by 12 employees who pooled their assets to provide loans and other financial services to each tive now serves a tri-state other. The business organization certificate issued by Idaho counties, eight in the Farm Credit Administration in April 1938.

of the 20th century, P1FCU Spanaway.

took innovative measures to reach and serve its clients.

"The first transactions trunk of car and funds were kept secure in a cigar year of operation the credit union grew to 353 members."

That is growth by almost 30 times in 12 months.

The member-owned, notfor profit financial cooperaregion that includes 15 Oregon and all of Washington State with the latest Like many businesses branch openings in Brewsformed in the early part ter, Tonasket, Cle Elum and

## Haven hears voter concerns over continuing pandemic COVID is No. 1 issue

BY MIKE MALTAIS STAFF WRITER

METHOW VALLEY - When Katie Haven officially declared her candidacy for Okanogan County Commissioner, District 2 four months ago, she was aware of the growing COVID-19 crisis because it prevented her from hosting her campaign kick-off event on March 20. Now the coronavirus pandemic has emerged as the leading issue on voters' minds as the disaster continues to affect public health, jobs, businesses, and schools throughout the county and the state.

"I had to totally reinvent my plan," said Haven, who traded public meetings and campaign events for remote Zoom meetings, email, phone canvassing, and small gatherings.

While Haven entered the campaign against Republican incumbent Andy Hover with a roster of primary issues that included affordable housing, health care, water, climate change, and county government, she has learned from voter feedback that the COVID-19 pandemic has evolved as the No. 1 issue on voters' minds along with social justice as another growing issue.

Haven believes that what the county needs now is stronger leadership at the county level to get everyone pulling together in a united effort to deal with the novel challenges of the COVID-19 pandemic.

It's not like a natural disaster," said Haven. "It's a slow-moving crisis and there was lots of time spent arguing if it was for real."

Haven said her 27-year career as a marine engineer preparing and plan-



Katie Haven

sea has equipped her with the tools to address this new emergency.

"The Public Health Department has a plan; they were ready to go," said Haven. "The piece that was missing was really strong leadership from the top; the need for a unified voice."

Addressing the economic front that has felt the effects of job and business disruptions, Haven said there is more work to be done.

'This county is not a wealthy county. We don't have the money to get through hard times on a large scale," said Haven. "The key is to have a cooperative arrangement with federal and state government so our citizens and business owners have the access they need."

Haven said she is impressed with the amount of money the Small Business Administration pumped into the ning for emergencies on a vessel at county so far to combat the economic fore," Haven said.

fallout from the pandemic. She pulled out the data for Okanogan County from nationwide funds dispersal figures released the SBA on Monday. July 13.

"SBA injected \$53 million into Okanogan County through the PPP (Paycheck Protection Plan)," said Haven. "Other funds included EIDL (Economic Injury Disaster Loans), \$1,200 for individuals, and extended unemployment."

"Our federal and state governments did step up," said Haven. "Now it's the responsibility of citizens to do their part."

Haven said it is not an either-or program wherein we either shut everything down or open everything up.

"It requires both," said Haven. "We shut down to get healthy and open up healthy to get back on track."

Social justice is another issue Haven has been hearing much about from her voter canvassing.

"The Black Lives Matter movement has been around for a long time, just below the surface in our county," said Haven. "People came out and started speaking out and it's not going away."

In an earlier interview Haven said she once taught a class on confronting crisis and human behavior and came away from that experience with two conclusions:

"In times of crisis people want two things," said Haven. "One is information and the other is a leader to tell them what to do."

As the only contender and democrat challenging Hover, both Haven and the incumbent will advance to the November general election. During the interim Haven said she is ready to meet the formidable challenges the new reality poses.

"I've been though tough times be-

LEASE

CONTINUED FROM PAGE 1

cial investment for the city, it does allow the seniors to build both membership and monetary reserves while the city picks up the major operating costs including insurance, repairs, and utilities - estimated at \$30,000 annually - to maintain the building.

In addition to a guarantee to be open a minimum of two days per week, the seniors would agree to pay

\$250 monthly rent, be responsible for janitorial and staffing costs, setting and collecting membership dues and, after one year, the cost of electricity.

The proposed lease agreement also makes allowance for the existing agreement with Okanogan County Transportation and Nutrition for use of the Senior Center kitchen to prepare meals for the senior nutrition program. Currently OCTN provides meals at the Brewster location from 11

a.m. until noon on Tuesdays, Wednesdays, and Thursdavs

If the Senior Center wishes to engage in any new revenue projects the proposal requests a plan for the new source to be submitted to the city mayor for approval. Any revenues generated by said sources would be retained by the Senior Center.

Senior Center's future was will allow the Center the discussed by city council time and resources to build members it was agreed that its membership rolls and the city wanted to ensure revenue base.

that a facility for its senior residents would be available. For that to occur both parties had to address the ongoing financial challenges that the Senior Center has been facing month to month just to keep the doors open for its members.

Senior Center president Neal McKee said he hopes the new agreement, if ap-When the topic of the proved by the membership,



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## WCERB invests \$3.2 million in seven counties, will support community, economic development and rural broadband infrastructure

Douglas County to receive \$50,000

SUBMITTED BY THE

WASHINGTON STATE

COMMUNITY ECONOMIC **REVITALIZATION BOARD** 

OLYMPIA - The Washington State Community Economic Revitalization Board (CERB) today ap-

terest loans and \$1.170.000 in grants for economic development, public infrastructure development and economic feasibility studies targeting business growth, job creation and broadband development in eight rural communities across the state. Projects awarded funding are in the following counties: Douglas County – \$50,000

grant to the Chelan Douglas Regional Port Authority for the "Adaptive Reuse - Giga Watt Site Study." This is a feasibility study to determine potential uses for a recently closed facility in the Pangborn Airport Business Park. CERB funds are matched by \$16,667 in local resources.

Cowlitz County - \$375,000 loan and a \$375,000 grant to the Port of Woodland for the "Ariel to Cougar Build" project..

Grays Harbor County -\$50,000 grant to the Port of Grays Harbor for the "East T4 Cargo Yard Expansion Plan" study.

Skagit County – \$180,000 loan and a \$60,000 grant to the Port of Skagit County for

proved \$2,005,000 in low-in- the "Lot 24 - Island Grown Construction Project."

Skamania County -\$50,000 grant to the Port of Skamania County for the "Cascade Business Park Market Feasibility Study."

Snohomish County – \$1.5 million loan and a \$500,000 grant to the Town of Darrington for the "Darrington Wood Innovation Center Construction Project."

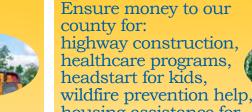
Walla Walla County -Funding for two projects:

\$50,000 grant to the City of College Place for a planning study for the city-owned Flex Light-Industrial Building.

\$35,000 grant to the Port of Walla Walla for the "Walla Walla County Broadband Feasibility Study."

"CERB projects represent an important partnership between the state and local communities resulting in enhanced economic vitality. In these uncertain times of CO-VID-19, the Board is pleased to be able collaborate with each of these communities to support future economic development," said CERB





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Llámenos el 25 de julio para obtener avuda paso a paso, Los participantes no necesitan ser residentes para completar el Censo.

Los trabajadores del censo vendrán a hogares que aún no han respondido. Ahorreles el viaje ... Llámenos para obtener ayuda para completar su formulario del Censo.

## HEALTH CENTERS 25 de julio, 10AM a 6 PM 800-660-2129

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website: www.qcherald.com e-mail: achreporter@amail.com advertising e-mail: ruthk@lakechelanmirror.com

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Back Issues are available up to one year after publication for a small fee

### **Contact Information**

Publisher Bill Forhan • 548-5286 publisher@leavenworthecho.com

**Managing Editor** Gary Bégin • gary@ncwmedia.net Reporter/Photographer Michael Maltais gchreporter@gmail.com Reporter/Photographer

## lcmeditor@gmail.com **Advertising Sales Director**

Carol Forhan • 548-5286 carol@leavenworthecho.com **Advertising Sales** 

RuthEdna Keys • 682-2213 ruthk@lakechelanmirror.com Lindsav Timmermans 509-860-7301 adexec1@ncwmedia.net

## **Contact Information**

Meg Laub Classifieds/Legals heraldads@qcherald.com

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#### Corrections

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housing assistance for older adults, grant opportunities supporting teachers, special ed, and

2020 Census Telethon



Call us July 25th for step by step help. Participants do not need to be a resident to complete Census.

Census workers will come to homes that have yet to respond. Census workers ... Call us for help completing your Census form.





### Community

# Before you fill out your ballot - read this

This year's race for governor of the state of Washington is historic. There are 36 candidates who have filed. That is a record number of candidates vying for the top executive position in our state.

In a couple of weeks voters will reduce the number tion of the state's economy.

of those who have filed have no chance of advancing to the general election. Many of them are not

even concerned about that. cratic candidates, or you They are running to raise can choose to support a awareness to some issue that they believe needs to be addressed.

for a change

Two weeks ago we offered a brief review of the 4 not elected a Republican Democrats running against Governor Inslee who is seeking his third term. None of them have a chance of unseating Inslee.

If you are a Democrat but can't stand the way Inslee has our allowed our state to deteriorate into a quagmire mentally ill, or his destruc-



of candidates to two. Many You do have a number of choices.

> You can choose to not vote. You can waste your vote on one

of the other Demo-Republican as a message to the Democrat Party that they have lost their way.

governor since 1985. It is time. It is time to reject the failed policies of the Seattle machine. A party that has turned the Emerald city into a national disgrace. A party that has caused KOMO News to run an investigative video, "Seattle is of insurrection, abandon- Dying". A political machine capitalism, free enterprise ment of the homeless and that has allowed radicals to and limited government take over parts of the city, are the most important

and interfere with emergency services resulting in serious injury and death of in the last 50 years we have several individuals.

Of the 15 Republicans running, there are only a handful that have the potential to unseat Governor Inslee. Over the years I have resisted the temptation to tell my readers how to vote. With this year's overwhelming list of possible candidates, however, I think it is vitally important to focus on the few that have potential. Potential to remind Washington Democrats that their first responsibility is to serve the peaceful, lawabiding citizens of this once great state.

First let me say, I am not Washington voters have a Republican. I have had issues with Republicans over the years. Generally, I think there are far too many Mitt Romney's in the party. In other words, politicians who just go along to get along on serious issues. Politicians who want bigger, more intrusive government. I am a conservative who believes

this great society.

We are not perfect, but strayed far from the principles that created this great country. A country where millions around the world still want to become a citizen

The Democrat party has lost its way. In its effort to be "inclusive" it has fallen for every disgruntled or dissatisfied group that has a cause – real or imagined. It has supported and defended radical candidates who do not understand the basic elements of our Constitution. It has supported the take over of our schools. Creating a monopolized system of education that has brainwashed our youth.

And what has it gotten us? A country and a state that is deeply divided.

Here in Washington, there is a serious movement gaining ground to split the state in two. A movement to abandon the radical agenda of the Seattle political machine.

It is time for a change. That change can only begin

fierce loyalty to a party that no longer represents their interests.

Republican voters for their part must come together and support one candidate who can defeat the Seattle machine. There are 15 Republicans on the ballot. Most are good candidates that would make a better governor than Jay Inslee. But only one strikes real fear in the heart of that machine.

That candidate is Tim Evman.

It is true that Eyman has some baggage the left will endeavor to exploit. That is true of anyone who will challenge the Democrats for power. They have become the party of negativity. They will stop at nothing to defeat any challenger. If they can't find some real facts to impugn the character of their opponents. They will make it up. Knowing that by the time their deception is revealed the election will be over.

Eyman has statewide name recognition. He is a tireless campaigner. He has

destroy private property concepts that have created if the good citizens of Wash- a proven track record of sucington state abandon their cess in taking on the Seattle machine. Most importantly, he is realistic about how his election would impact state politics.

> At a rally in Wenatchee last week, JoAnne Prusa of Cashmere, asked Eyman an important question.

> "If you are elected, how would you work with a Democrat controlled legislature."

> Eyman's response was significant. He said he would use his veto power. He went on to point out an important reality.

> "A veto doesn't mean a bill is dead. It means the legislature, both Democrats and Republicans, have to come together to override the veto on important bills. Today, the Democrats do not need the Republicans to pass any measures and they know it."

> Eyman pointed out that today we have one party rule in Olympia. Eyman said he doesn't believe one party rule is good for the state or the country.

> It is time for a change. Vote for Tim Eyman on the August 4 primary ballot.

## Minority candidates running for governor sential workers, who put people is sacred and will candidacy

BY BILL FORHAN, Publisher

This year's primary election includes a record number of candidates vying for governor. Thirty-six people registered with the Secretary of State.

Two weeks ago we reviewed the 4 Democrats looking to unseat Jay Inslee. Last week we reviewed 15 Republicans and this week we will review the 16 minority candidates. None of these candidates have any chance of getting elected. We offer them here for those voters who wish to vote in opposition to the major party candidates.

fers StandupAmerica Partv

their lives at risk every not be dismissed. Voters day, to provide them with rights will always hold childcare and tuition-free college or trade school. Our farmworkers deserve strong workplace protections. Our health care professionals deserve a reporting infrastructure that takes their demands and whistleblower complaints seriously. Finally, Amazon's practices have been anti-competitive and predatory. We need to transform Amazon into a public utility owned by the people.

Winston Wilkes - Prefers Propertarianist Partv

Wilkes' Statement: No Alex Tsimerman - Pre- new taxes. Third party Debt Relief program for audits on all taxes to find waste or misuse. Better promoting more represen-Tsimerman's State- health care for all. Equality tation of young people in **nent:** Standup! America of opportunity for all. Term politics, and being a voice First! Live Free or Die! Stop limits. All these policies for Washington State, as are just talking points. We expect politicians to lie and cheat. We also expect Vote for Trump and Alex them to make millions of dollars through corrupt means while in office, and we just accept it. Holding government accountable Ryan Ryals - Prefers is something no one in Party Preference politics will do and I am sick of it. Together with next governor is facing a the people we will implemultibillion-dollar budget ment new bills to punish shortfall, widespread un- corruption and enact Title 18 Section 241 and 242 of the United States Code to remove the rot in governover the shutdown. I am ment. Bringing back trust running for governor to in the government is my goal, and instilling fear of the people into the government is my purpose.

true and fair. I will give one half of my pay to the science of COVID-19 or similar transmitted diseases. I am not a career politician, but will do the best of my ability, so help me God. I will try to do what is right, because it takes twice as much energy to correct a wrong.

**Dylan B. Nails - Prefers Independent Party** 

Nails Statement: When elected, Dylan is in favor of encouraging increases for Teacher Salaries, increase funding for State Parks and conservation, students of Washington. much the East as the West. While Dylan is young and may be lacking some of the elected experience his opponents may have, he brings as fresh, new outlook and perspective for Washington State. Cameron M. Vessey - No Vessey's Statement: I believe Many have shown their true colors and are using this time of crisis as justifications to Grab power and justify authoritarianism and chip away at the foundations of our country. Not money, not slavery, not fear, not greed or power. That Every Citizen has the right To Freedom! The colonies did not rebel Because the Time was ripe, the moment opportune! What Great things could possibly come from such virtues less tactics? We Stood up against an everincreasing Tyrannical King and decided the time of being ruled by other's was an inequity we would no longer justify.

Cregan M. Newhouse -**No Party Preference** 

Newhouse's Statement: The State of Washington is incomparable. Her diversity, geography and economy would power a strong independent nation. The upcoming term demands one of the hardest working governors in history, to halt in-fighting and guide our state to a swift, safe recovery. This election must be about independence. Republicans and Democrats are good people, though the current party leadership promotes divisiveness and distrust. I would be honored to be taxes on everyone. Shut your Governor and will down construction on Spo-

Washingtonians. Elaina J. Gonzalez - Pre-

fers Independent Party Gonzalez's Statement: Returning the servant heart back into public office is the

campaign. **David Voltz - Prefers Cascadia Labour Party** 

dominating theme of my

Voltz Statement: David is an ubres and lifts driver who saw his income literally die over night when Jay Sleezee Shutdown the state. It is why running for Washington State Governor as the Cascadia Labour Party. Because Jay Sleezee has to go. He has increased promote respect for all kane north motorways and

killed the economy. Increased unemployment in this state to double digits. He also supported Crooked Hillary in 2016. David asks for your vote please check out David's Facebook page @Davidforgouvenourofwashingtonstate

Joshua Wolf - Prefers **New-Liberty Party** 

Wolf's Statement: Unity, Prosperity, Honor these are the things I want to bring to Washington. They are the hallmarks of a stable. reliable government and a functioning society. These three things will bring Washington into a new golden age. With them, we can create "a city on the hill" to the rest of our nation!



Seattle/King Fascism with I am in favor of, but they idiotic face. A One party system is always Fascism. They are all war criminals! Tsimerman to bring Washington and America back to common sense of, by and for the people.

**Unaffiliated Partv** 

Ryals Statement: The employment, a virus that will be with us for a while, plus lingering resentment be your servant; to be the manager you hire to work on its greatest financial challenge. I am running to introduce creativity, efficient design, transparency, and diplomacy to state government. As a business owner, my entire job is making sure our customers and employees are served well. With your vote, your next governor will have of all Washingtonians. I that same obsession for believe we need efforts to serving you.

Henry Clay Dennison Prefers Socialist Workers Party

**Dennison's Statement:** Workers and farmers face the long-term economic, social, and moral crisis of capitalism. The response I believe that without a to the coronavirus only exposed and accelerated this crisis. Workers need a party that speaks in our interests—a labor party. We need to take political power from the bosses' class and establish a government of workers and farmers! Join the Socialist Workers Party 2020 campaign! Read and at Hanford; stop making the subscribe to our campaign mess. Nationwide public innewspaper, the Militant at www.themilitant.com

Liz Hallock - Prefers **Green Party** 

Hallock's Statement: Our economy and society has forever changed. For better or worse, it is likely there will be no going back.

Brian R. Weed - States **No Party Preference** 

Weed's Statement: As a Western Washington raised, Eastern Washington resident, I aim to bridge the gap between compassion, conservatism, and continuity to the betterment better balance the needs of each area in the State and to minimize the impact of the Urban effects onto the Rural Areas.

Thor Amundson - Prefers Independent Party

Amundson's Statement: little more opportunity for the next generation, we cannot have a healthy civilization. If corporations move to other countries, they should follow the same rules and labor practices as in the USA. Stop shipping logs, jobs, and clean air overseas. Turn off reactor ternet access for everyone and net neutrality. Ban the use of certain weed killers on federally funded sites. Overturn Citizen's United.

William (Bill) Miller -**Prefers American Patriot** Party

We owe a debt to our es- The vote of the American formation regarding his

David W. Blomstrom - Prefers Fifth Republic Party

Blomstrom's Statement: I'm not afraid to tackle the toughest issues, from sex trafficking to telling Bill Gates to shut up and pay his fair share of taxes. As a former teacher with the corrupt Seattle School District, education reform has always been one of my top issues. As a former wildlife biologist in Alaska, I recognize environmental protection as the most important issue of all. Please ignore the Seattle Times and other sleazy media and their endorsements! If voters can't think for themselves, what hope is there?

#### Craig Campbell - No **Party Preference**

Has not provided a statement regarding his position. An Internet search Miller's Statement: provided no verifiable in-

FAMILY MEDICINE **OUR FAMILY CARES ABOUT YOURS!** Welcoming on July 30

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## Community

Dancing stallion entertains July 4 celebrants



Courtesy Mike Mauk

Adolfo Shagun, manager of Camperos Mexican Restaurant in Brewster, observed the July 4 holiday astride his Friesian stallion, Satanas, that danced its way down Main Street.

#### DOUGLAS COUNTY SHERIFF

#### July 10

4

Traffic offense at 610 Columbia St. in Bridgeport.

#### July 11

Agency assistance at 491 Rd. 14 N.E. in Mansfield. Breathing problem at 510 10th St. in Bridgeport.

Fire interface at 491 Rd. 14 N.E. in Mansfield.

#### July 12

- Unconscious at 724 Columbia Ave. in Bridgeport. Juvenile problem at 52 Cedar
- Ave. on Bridgeport Bar. Traffic offense at 13 Washburn
- Ave. in Bridgeport.
- Juvenile problem at 11 Richards Ave. in Bridgeport. Fireworks at 811 Jefferson
- Ave. in Bridgeport.

#### July 13

- Animal problem at 440 Crane Orchard Rd. in Bridgeport. Public assistance at 861 State Route 173 on Bridgeport
- Bar. Theft at 110 S. Mansfield Blvd.
- in Mansfield.

#### Julv 14

Court order violation at 124

## **COVID** 19 CONTINUED FROM PAGE 1

has recorded an increase of visits to its emergency room which is open 24/7.

"As a response to

Animal problem at 15 Moe Rd. on Bridgeport Bar. Noise at 27 Short St. in Mansfield

Vehicle fire at Road C N.E. and Road 9.5 N.E. in Mansfield.

#### July 15

Malicious mischief at 1625 Raymond Ave. in Bridgeport. Agency assistance at State

- Route 173 and Crane Orchard Road in Bridgeport. Parking/abandoned vehicle at 140 Douglas St. in Man-
- sfield. Welfare check at 700 Fairview
- Ave., No. 6B in Bridgeport. Theft at 40 S. Mansfield Blvd. in Mansfield.
- Weapons violation at 1819 Fairview Ave. in Bridgeport. Suspicious incident at 88
- Washburn Ave. in Bridgeport.
- Alarm at 206 12th St. in Bridgeport.

#### July 17, 2020

Animal problem at Sixth Street and Columbia Avenue in Bridgeport.

## with Confluence Health.

"We want to be mindful of our testing supplies, though," said Best, "so at this time we're only testing those with symptoms or who have been exposed to someone confirmed to have COVID-19."

#### **COMMUNITY BU** ETIN BOARD

#### **Okanogan County** Transportation & Nutrition meal delivery

### BREWSTER - Brewster Senior

Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and Thursday. Take out only. Please reserve your meal by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon.

- The home-delivered meal program is not interrupted and is on its regular schedule.
- For more information about senior meal programs: Okanogan County Transportation & Nutrition at
- . 509-826-7979 or Aging & Adult Care of Central Washington at 800-572-

#### 4459 Tuesday, Wednesday, Thursday

#### Senior meals

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday,

Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50.

#### Tuesday, July 28

Hamburger Steak with Grilled Onions, Potatoes & Gravy, Beans, Tossed Green Salad, WW Roll, Cherry Crisp

#### Wednesday, July 29 Sweet & Sour Meatballs,

Garden Rice, Mixed Vegetables, Cucumber Salad, Tropical Fruit, Roll, Dessert

### Thursday, July 30

Vegetable Lasagna, Garden Salad, Waldorf Salad, Roll, Dessert

#### July 24 - First Market of the season

Brewster Grange Farmers Market **BREWSTER - The Brewster** Grange Farmers Market is open every Friday, from 2-5 p.m., at the Brewster Grange, located on Highway 97. Vendors are able to accept WIC Checks and Senior Nutritional Vouchers. For more information call EAST WENATHCEE - Sarah

Marge at (509) 733-1963. August 14, 21

#### Brewster bus trips are back on schedule

**BREWSTER - OCTN takes** Brewster area residents to Wenatchee, second Friday of the month. Next trip is August 14 The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Friday of each month August 21, riders will be taken

- to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for
- General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/ General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

#### Help available for **Douglas County**

veterans



SUBMITTED BY WASHINGTON DEPARTMENT OF FISH AND WILDLIFE

OKANOGAN COUNTY - Eighteen lucky hunters will have an opportunity to hunt for deer this fall on the 6,000- acre Charles and Mary Eder unit of the Scotch Creek Wildlife Area in northeastern Okanogan County.

Hunters can submit an application for the "limited-entry" deer hunt on the Washington Department of Fish and Wildlife's (WDFW) website at https://wdfw.wa.gov/hunting/special-hunts/scotchcreek or by contacting the WDFW northcentral region office at (509) 754-4624 or headquarters at (360) 902-2515.

The deadline to apply is midnight on Aug. 14.

random drawing in late August. Winners will receive access permits to the wildlife area near Oroville. 'This special hunt is an

effort to provide additional quality hunting opportunities in Washington," said Matt Monda, WDFW Northcentral Regional Wildlife Manager. "This hunt is popular because it is open to the general public and there are no additional fees required to participate; just the cost of a hunting license and the standard tags."

Of the 18 access permits available this year, six will be reserved for bowhunters, six for muzzleloaders. and six for hunters using modern firearms.

Hunters are allowed to take only one deer, as au-Eighteen applicants thorized by their general

will be chosen during a hunting license. The Charles and Mary Eder unit of the Scotch Creek Wildlife Area is within Game Management

Unit 204 with General Deer Seasons set for Sept. 1-25 for bow hunters, Sept. 26 to Oct. 4 for muzzleloaders, and Oct. 17-27 for hunters using modern firearms.

The results of the drawing will be available on WDFW's website the last week of August. Hunters who are drawn will receive their access permit and a boundary map in the mail. The Washington Department of Fish and Wildlife is the state agency tasked with preserving, protecting and perpetuating fish, wildlife and ecosystems, while providing sustainable fishing, hunting, and other recreation opportunities.

#### Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at: https:// www.facebook.com/ douglascountyvso

### Submitting your **Bulletin Board item** - Deadline Friday at 5 p.m.

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror. com, subject line QCH Bulletin. Deadline: Friday at 5 p.m. Be sure and include Date, time, place and cost if any.

## WCERB CONTINUED FROM PAGE 2

Chair Randy Hayden.

As Washington's strategic economic development resource, CERB is focused on creating private sector jobs in partnership with local governments by financing infrastructure improvements. These improvements encourage new business development and expansion. In addition to funding construction projects, CERB provides limited funding for studies that evaluate highpriority economic development projects.

Learn more about CERB at www.commerce.wa.gov/ cerb.

## FIRE

CONTINUED FROM PAGE 1

#### further damage.

Poole, a 25-plus year volunteer with DOFD 15, said the district has "been pretty lucky so far" this fire season.

wheat when a change in

Fir Ave. on Bridgeport Bar.



July 15 TRH is planning to of these supplies have come offer testing without pre- from donations from Moscreening in partnership lina."

Russell J. Speidel

Speidel Bentsen

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The testing site is open from 11 a.m. to 2 p.m., Monday through Friday.

"We do have Spanishspeaking staff on hand to help test patients and explain the process," said Best. "We're also giving out hand sanitizer and other related supplies, as those Best added that effective items are available. Some

David J. Bentsen



Julie **Frenette** Certified Nurse Midwife, **Nurse Practitioner** 

**ROAD 11 HEALTH CENTERS** CONTINUED FROM PAGE 1

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responded included those from Bridgeport, Douglas County Fire Districts 1,2,3,4, and 5, Chelan Fire Districts 1,6, and 7, Leavenworth, Manson, Cashmere and Entiat, among others.

A Southeast Washington **All-Hazard Interagency** Type 3 Team assumed control of the fire on the morning of July 12

According to an incident summary from the Southeast Washington Interagency Incident Management (SWIIM) Team the fire was moving northward through patch at 509-663-9911 to the grass, sagebrush and report fires.

wind direction pushed the flames east in the direction of Mansfield, prompting the evacuation notice.

"The fire's progress towards Mansfield slowed to a stop and the eastern flank contained by Sunday evening (July 12)," said the SWIIM report. "All evacuation notices were dropped late in the day on July 13."

As crews completed containment operations the site was turned over to DCFD last Wednesday, July 15, for final mop up and monitoring.

Citizens are advised to call 911 or RiverCom dis-

qcherald.com

## Due to the COVID19 Virus, churches have suspended Saturday and

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

Sunday Services, Sunday School and meetings.



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Administrative	Announcements			
Publisher's notice	Lost & Found			
UBLISHER'S NOTICE real estate advertis- in this newspaper subject to the Fair sing Act, which when when kes it illegal to advertise "any ference, limitation or discrimina- based on race, color, religion, handicap, familial status or na- hal origin, or an intention to make y such preference, limitation or crimination." This newspaper will knowingly accept any advertis- for real estate that is in violation he law. To complain of discrimi-	LOST AND FOUND can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words Leavenworth/Cashmere 509-548-5286 or			
ion call HUD at 1-800-669-9777. e number for hearing impaired is 00-927-9275. RRECTIONS: NCW Media shall be responsible for ections to advertisements	Lake Chelan Mirror 509-682-2213 or Quad City Herald			
the first publication only. advertiser will be responsi- for corrections made there- r. NCW Media Inc. shall not responsible for slight nges or typographical er-	509-689-2507 Deadline is Noon on Friday			
that do not lessen the le of the advertisement. N Media Inc.'s liability for	Happy Ads			
er errors or omissions in nection with an advertise- it is strictly limited to the lication of the advertise- it in any subsequent issue. monetary refunds will be n. For more information (509) 548-5286.	HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE			
nging the community to your door	24/7 at www.NCWMarket.com			
4   8   1   5   2   3   9   6     1   5   3   4   6   8   7   2	HAPPY BIRTHDAY			
1 0 1 0 1 0 1 1   2 3 8 9 7 5 1 4   7 6 5 2 1 4 8 9	CONGRATULATIONS!			
7   0   0   2   1   4   0   3     8   2   9   6   4   7   5   3     5   9   7   8   3   6   2   1	WILL YOU MARRY ME?			
6   1   4   7   9   2   3   5     3   4   2   1   8   9   6   7     9   7   6   3   5   1   4   8	HAPPY ANNIVERSARY Only \$15 for 30 days includes 3 photos			
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UDOKU	PUZZLE			

ouncements	Employment			
.ost & Found	Help Wanted			
T AND FOUND be placed in our al newspaper nd online for week for FREE. mit 30 words nworth/Cashmere 09-548-5286 or e Chelan Mirror 09-682-2213 or ad City Herald 09-689-2507 adline is Noon on Friday	Well established retail outdoor store in Chelan is seeking a full time sales associ- ate. This is a year around position for a person with a great personality who enjoys helping cus- tomers. Applicants should have good computer skills strong work ethic and be reliable and dependable. Lake Chelan Sports is open 7 days a week,			
Happy Ads	please be prepared to work weekend			
/E A SPECIAL T COMING UP? LACE IT IN OUR _ASSIFIEDS I THE PAPER	hours. Apply in per- son with a resume at 132 E. Woodin Ave. or submit via e-mail to info@ lakechelansports.co m			
ND ONLINE 24/7 at JCWMarket.com	Brewster School District is accepting applica-			
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RATULATIONS!	to work 210 days/8 hours per day provid- ing secretarial and			
_ YOU MARRY ME?	administrative sup- port for the Federal			
ANNIVERSARY \$15 for 30 days udes 3 photos	Programs Director and other administra- tors. Starting date is August 10, 2020.			
elan-Brewster 82-2213 or worth-Cashmere 548-5286	Starting pay is approximately \$18.56 depending on experience.			
KET.COM SIFIED ADS	Application and job description are avail- able on the district's website under employment or by calling the district			
	office 509-689-3418.			

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searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2

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Leavenworth

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and jacuzzi are available

to employees and their

#### **Find the Best** Qualified Local Employee in our

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Lake Chelan Mirror Quad City Herald 683-2213 Leavenworth Echo Cashmere Record 548-5286

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The Cascade School District is seeking qualified applicants for the following positions:

Cascade High School Food Service Cashier Peshastin-Dryden Food Service Cashier

Fast Track application process and informatior can be found on

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Newspapers We have excess office furniture available. Items left are 2 large wood desks with side desk attachment. One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza and a free 4' x 4' white board All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for many years because we do not know the combination. It could include valuable material we don't know. For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on NCWMarket.com

Garage & Yard Sale



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5	FREE Standard Fight Hel FREEL (\$500 V	American icht Tuile	WALK	American Standard Walkin Tube WALK-IN BATHTUB SALE! SAVE \$1,500							
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Fill in the blank squares in the grid, making sure that every

row, column and 3-by-3 box includes all digits 1 through 9.

until filled.



This position is open

The Cascade School District is seeking qualified applicants for the following position:

Home Link Teacher

Fast Track application process and information can be found on our website at: www.cascadesed.org

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DOWN 1. Old-fashioned tub foot 2. Movie theater admonition 3. Machu Picchu builder 4. Scottish landowner 5. Inflammation of iris 6. Psychologist Pavlov 7. McCartney or Starkey, e.g. 8. Last European colony in China 9. Fat and flour sauce 10. Fungal spore sacs 11. Santa's preference 12. Genetic info carrier 15. Pupil protector 20. Nebraska's largest city 22. Jet travel fatigue 24. Relating to food intake 25. Pulsating pain 26. a.k.a. Pleasant Island 27. Lhasa land 29. \*"American Pastoral" author 31. W-2, e.g. 32. \*"A Connecticut Yankee in King Arthur's Court" author 33. \*"Fear of Flying" author 34. \*"Chronicles: Volume One" author 36. Not counterfeit 38. Leaf gathering tool 51. Pined 54. Newspapers and such 56. Cause for food recall 57. One of Five Ws 59. Type of parrot 58. Seed coat 60. Commoner 61. Golfer's destination 62. "Put a lid 63. Nessie's loch 64. Pencil type 66. Romanian money

mmediate family to eniov in the winter months. Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth The Cascade School District is seeking qualified applicants for the following positions:

Substitute: Custodians Teachers Para Educators Food Service Cashiers **Bus Drivers** 

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

for your Antiques and Collectibles by putting them in our classifieds. Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price. Deadline Monday at Noon for all papers:

Lake Chelan Mirror **Quad City Herald** 682-2213 or call Leavenworth Echo **Cashmere Record** 

548-5286

CLEAR SOME SPACE WITH A Fill your pockets with CASH \$\$ AD Let others know what items you are selling! Go online now to Place your ad 24/7 at www.NCWMarket.com

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> Leavenworth Cashmere Call 548-5286

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### **Real Estate**

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#### Rentals

Leavenworth Home for Rent 3 Bedroom, 2 Bath with great area mountain view. \$2000 per month. Call Mike, 509-699-3063



## **Classfieds/Public Notices & Community**

#### Rentals

## Affordable Housing!

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#### Wanted to Rent

Retired man is looking for a small apartment or very eavenworth or nearby area. I have references Call 509-663-0754.

#### Legals

### **Public Notices**

#### Notice of 2020-2021 Budget Hearing and Adoption

Notice is hereby given that the July 15 and 22, 2020. #524 Mansfield School Dist. #207 will adopt the 2020-21 budget at the Budget Hearing and Adoption Meeting on Tuesday July 28, 2020 starting at 7:30PM in the commons of the Mansfield school building, Mansfield, Washington. The regular board meeting will follow the budget hearing and adoption. The pub-lic is invited to be heard for or 28A.505.060, that the Board of Waterfall against all or part of the 2020-21 against all or part of the 2020-21 Directors (the board) of Walks plan summary, and the four-year

22. 2020 # 494

#### **Public Notices**

LEGAL NOTICE **NEGOTIATION OF STATE** LEASES WITH EXISTING

### **Public Notices**

#### NOTICE OF MEETING TO ADOPT 2020-21 BUDGET AND CONDUCT PUBLIC HEARING

Notice is hereby given, pursuant foot? to RCW 28A.505.050 and RCW 28A.505.060, that the Board of lete's Foot," you have lots Directors (the "Board") of Bridgeport School District No. Douglas 075. County, Washington (the "District") will a fungus infecting their hold a regular meeting on July skin or nails, called tinea 27, 2020, commencing 6:00 PM or ringworm. The tinea in the Bridgeport School District fungus thrives in warm, Office, located at 1400 Tacoma moist, and dark places, so Avenue, Washington. The meeting is tions from tinea in areas called for the purpose of fixing that are tightly covered and adopting the budget of the District for the ensuing 2020-21 and sweaty. fiscal year. Prior to adoption of the 2020-21 budget, the Board fection with tinea depends will hold a hearing on July 27, on which area of your body 2020 commencing 5:30 PM for is affected. For example, if

ments from the public on the tinea, it's called tinea pedis, may appear at the hearing and or "athlete's foot." A tinea be heard for or against any part infection in the groin area of the 2020-21 budget, the four- is referred to as tinea cruis, year budget plan, or any pro- or "jock itch." posed changes to uses of enrichment funding under RCW your feet by finding blis-28A.505.240 educational pro- ters or cracks in the skin grams and operation levy. Upon between your toes. Taking conclusion of the hearing, the Board shall fix and determine good care of your feet and the appropriation from each fund keeping the skin on your

small house, in the the 2020-21 budget, the four- fected with tinea. year budget plan summary, and the four-year enrollment projec- ture to thrive. Keeping tion. 2020-21 budget information is available in the District office or may be obtained by contacting Eddie Morales, Business and lower its ability to in-Manager (509) 686-5656. BRIDGEPORT SCHOOL DIS-TRICT NO. 075 DOUGLAS COUNTY, WASH-INGTON Scott Sattler Superintendent

#### **Public Notices**

#### NOTICE OF MEETING TO ADOPT 2020-21 BUDGET AND CONDUCT PUBLIC HEARING NOTICE

is hereby given, pursuant to Directors (the "Board") of 111/203J, Douglas & Okanogan enrollment projection. Counties, Washington (the By John Kruse, The Published in the Quad City Herald "District") will hold a regular W and Lake Chelan Mirror July 15 and meeting on July 27, 2020 com- WASHINGTON OUTDOOR mencing at 7 PM in the High  $R{\rm ^{EPORT}}$ 

School Library, located at 503 S. Street, Brewster, Washington. The meeting is has finally made an appearcalled for the purpose of fixing ance making this a great and adopting the budget of the time to hike a trail to a cold

## **Best treatment for athletes foot**

Q: What is the best treatment for athlete's

If you suffer from "Athof company: nearly 1 out of every 5 Americans have Bridgeport, people tend to get infec-

The medical name for inthe purpose of receiving com- your foot is affected with

Tinea organisms infect contained in the 2020-21 budget feet intact helps prevent and shall, by resolution, adopt you from becoming in-

All fungus needs moisyour feet as dry as possible will discourage its growth fect you. If possible, wear sandals with open toes to encourage air circulation to your feet and reduce sweating. Sunlight shining on your skin also helps Published in the Quad City Herald retard the growth of tinea fungus.

Some other key strategies to help keep your feet as dry as possible include avoiding tight shoes and



frequently changing your socks. Some people wear running socks designed to wick moisture away and reduce friction that can create blisters. Putting powder on your feet before you put on your socks can also help absorb moisture.

Which remedy should you use for your athlete's foot? There are several products to choose from that don't require a prescription. My personal recommendation is terbinafine 1% gel, also known as Lamisil ATÆ gel.

Terbinafine is also available as a cream, but I recommend using gel because it is less moisturizing than the cream. Less moisture on your skin is a good thing when treating a fungal infection like tinea.

When selecting an antifungal product from the pharmacy shelf, be careful to LOOK at the label to ensure you are getting the medication you want.

My husband has been fighting "athlete's foot" for decades, applying a nonprescription antifungal lotion on his feet every night. Every time he thinks he's purchasing the same brand, he somehow ends up with different medicine.

The original formulation of Lamisil Æ contains terbinafine. Today the company that owns the LamisilÆ brand sells products con-

#### THE WASHINGTON OUTDOORS REPORT

The heat of the summer District for ensuing 2020-21 fis-cal year. Prior to adoption of the Looking for suggestions?



tains butenafine. DesenexÆ brand of antifungal medicines. Although the original DesenexÆ formulations contains undecylenate, Desenex Æ cream

Desenex*Æ* foot powder contains miconazole. Here are 5 Tips on Treating Athlete's Foot: 1. Keep your feet as dry as possible. Fungus loves warm, moist, and dark places. Always dry carefully between

your toes after bathing or swimming, avoid tight shoes, and change your socks frequently, twice daily, if possible. Wearing sandals instead of shoes whenever possible also helps keep your feet dry.

2. Sterilize your socks. Use cotton socks and wash them in HOT water. Tinea can live in your socks. Laundering your socks with scalding water reduces the likelihood of tinea fungus reinfecting vour feet.

contains clotrimazole, and

3. Use an antifungal gel, lotion, cream consistently for at least 2 weeks.

Apply your antifungal treatment twice a day for a minimum of two weeks, or until your symptoms are completely gone.

4. Use antifungal powders for maintenance, not for cure.

taining different antifun-Don't use antifungal gal agents under the same powder to treat an active name. Lamisil AFÆ cream infection because it's not contains clotrimazole, Lapowerful enough alone to misil AFÆ powder aerosol eradicate the fungus. If contains miconazole, and your symptoms don't com-Lamisil UltraÆ cream conpletely resolve in 2 weeks, keep treating your feet It's the same with the twice a day.

> 5. Treat an additional 2 weeks after your symptoms disappear.

Once your symptoms go away, continue treatment twice a day for another two weeks. This is very important because it helps the fungus get completely shed out of your skin. If you leave tinea fungus on the surface of your feet, they can start multiplying, and you'll be right back where vou started.

6. Keep your foot fungus from coming back with a maintenance regimen.

Once your "athlete's foot" symptoms resolve and you've treated it for an additional 2 weeks, switch to a maintenance program to keep it from coming back. Using an antifungal foot powder or spray powder 1-2 times a day helps to control moisture, which helps prevent future infections.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider. com for daily tips on how to take your medicine safely.

2020 Louise Achey

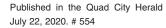
anglers wondering if and when the popular Lake Wenatchee sockeye fishery will open up this year.

Checking in with WDFW Biologist Travis Maitland I learned he is, "Cautiously optimistic that there will be enough fish for a modest fishery at the lake. Modest meaning 30 to 40 thousand salmon which would be 7 to 17 thousand over and above the spawning escapement goal of 23 000, If this forecast holds true, Maitland anticipates the daily limit would be 2 to 4 fish and the season could start as early as the last week of July but probably the first week of August since the run is a bit late this year.

#### **TEMBER AND OCTOBER 2020** EXPIRES: JANUARY 2021

SE1/4SE1/4, Section 10: S1/2NE1/4, N1/2SW1/4, N1/2SE1/4, Section 11, all in Township 32 North, Range 22 RCW.28A.505.240. East, W.M.

Written request to lease must be received by August 24, 2020, at Department of Natural Resources, 225 S Silke Rd, Colville, Washington 99114-9369. Each request to lease must include the lease number, the name, address and phone number of applicant, and must contain a certified check or money order payable to the Department of Natural Resources for the amount of any bonus bid plus a \$100.00 deposit. The envelope must be marked "Sealed Bid" and give lease number, expiration date of lease applied for and give applicant's name. The applicant must be prepared to purchase improvements that belong to the current lessee. Persons wishing to bid to lease any of these properties can obtain more details, bid packet, and qualification requirements by contacting the Colville office or calling (509) 684-7474.



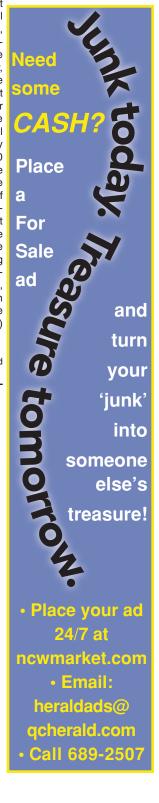


Looking for a home for your Furry friend?

Try the pet section on **NCWMarket.com** 

2020-21 budget, the Board will hold a hearing starting at 6:30 Here's a few: PM for the purpose of receiving comments from the public on the 2020-21 budget. Any person hekin in the North Cascades 10-B68938-GRAZING- may appear at the hearing and National Park Complex is SE1/4NE1/4, be heard for or against any part a must visit destination if NE1/4NE1/4, of the 2020-21 budget, the four- you are in this area. From SE1/4NW1/4, year budget plan, or any pro-SW1/4SW1/4, posed changes to uses of ¼-mile round trip walk to enrichment funding under <sup>1</sup>/<sub>4</sub>-mile round trip walk to

July 15 and 22, 2020 # 472



## **Rainbow Falls**

Rainbow Falls near Steenjoy the mist from the 312-Published in the Quad City Herald foot waterfall. There is one catch though, the normal shuttle bus operated by the National Park Service in Stehekin is not running this year so you'll have to hike or bicycle here from the boat landing.

#### Silver Falls

Silver Falls is another great option located west of Entiat in Chelan County. Drive 29.5 miles up the Entiat River Road to reach the trailhead. From there you'll have a relatively steep climb of 600 feet for about a mile to reach the top of the falls. The total trail distance is 1.7 miles making this a favorite for families.

#### **Douglas Falls**

Douglas Falls can be reached from Douglas Falls Grange Park, a DNR managed property near Colville. A 1.5-mile loop hike which includes travel over a suspension bridge will give you good views of this



Courtesy John Kruse **Union Creek Falls near Chinook Pass** 

#### picturesque waterfall. **Rodney and Hardy Falls**

Rodney and Hardy Falls don't get the respect they should. You can reach them through a 2.5- mile hike from Beacon Rock State Park in the Columbia River gorge. The 600-foot elevation gain on a hot day will let you truly enjoy the 50foot waterfalls you'll find here.

#### **Palouse Falls**

Finally, you can't talk about waterfalls in Eastern Washington without mentioning Palouse Falls. Located north of Lyons Ferry you can take in views at the State Park here of a dramatic 198-foot drop as the



Palouse River spills into a basalt basin below. No hike is required for this view but there are also trails taking you towards the top of the falls. If you go this way be sure to stay on the main path and don't get too close to the cliffs. Several people have fallen from the edge with tragic results.

#### Lake Wenatchee Sockeye

An unexpectedly strong return of sockeye salmon up the Columbia River this summer (over 330,000 fish as of July 14th) has a lot of

#### **Okanogan Limited Entry Deer Hunts**

Eighteen special limited entry deer tags will be issued this summer allowing six bowhunters, six muzzleloader hunters and six modern firearms hunters the opportunity to harvest deer in the 6,000-acre Charles and Mary Eder Unit of the Scotch Creek State Wildlife Area in September and October. Located in Okanogan County, this wildlife area is known for having a healthy amount of both mule and white-tailed deer. The deadline to apply is August 14th and winners, randomly drawn, will be announced at the end of August. You can apply online through the WDFW website or through the WDFW North Central Regional Office in Ephrata.

