

Cashmere FFA: 11 students headed to Indianapolis for national competition



PHOTO COURTESY OF CASHMERE HIGH SCHOOL FFA DIRECTOR RUSTY FINCH.

Back Row from left: Carter Ball, Bryson Pratt, Sam Dotson, Jason Kenoyer. Front Row from left: Ali Ball, Aranza Arroyo, Elizabeth Worley, Corey Phillips. Names in bold are headed to the National Competition in Indianapolis later this month.

BY GARY BÉGIN

Eleven elite Future Farmers of America (FFA) students from Cashmere High School are headed to Indianapolis Oct. 20 - 27. Before they go, a fundraising prime rib dinner will be used to raise the \$7,000 needed for the trip.

The \$20 dinner will be held at 5 p.m. before the Bulldogs versus Chelan Goats football game, but FFA Director Rusty Finch is happy to accept any monetary donations over and above the entrance fee.

Finch has brought many different teams to the nationals in "Indy." He said, "I find it rewarding and exciting to watch these kids compete at such a high level."

Other students have competed and won at the recent NCW Waterville Fair and the Chelan County Fair, but not all can go on the trip for various reasons.

ne check out ur remodel

What is it that draws talented students to study animal and food sciences?

Here are a few of the FFA members with their opinions:

Senior Katie Martin enjoy "The chance to develop skills and compete wit the team."

Lizzy Carney, also a senior, enjoys "Getting to do different things

and going to different competitions. Carney won the Washington State Apple Judging contest in 2017 and was the national champion in dairy on her second trip, winning her \$1,000.

grader Eleventh Maddie Fadenrecht said, "My whole family has been involved with FFA. I have been raising sheep and cattle my whole life. She is most proud of the fact that six of nine sheep selected in the recent competitions mentioned above were from her flock. Finch pointed out that "Maddie is literally

breeding more champions through her champion flock."

Senior Aimee Martin likes FFA because she "enjoys public speaking, learning leadership skills, problem solving strategies and decision making" among other things.

Finch and Martin agree it is like "data analysis" when it comes to cheese tasting skills as well as detecting "off flavor" in the dairy competitions.

Ali Ball, 11th grade, likes FFA because of "getting to travel and going out with her teammates."

Eleventh grader Johanna Christensen also enjoys "being on a team and being a part of something."

Senior Elizabeth Worley loves showing animals. "It is definitely worth it learning how to take care of things other than self."

Isaiah Hall, senior, said he has



PHOTO COURTESY OF CASHMERE HIGH SCHOOL FFA DIRECTOR RUSTY FINCH.

Summer Schoening, Madison Schoening, Johanna Christensen,

Hunter Duke, Katherine Silva, FFA director Rusty Finch. Names in bold are CONTINUED TO PAGE A3 going to the National Competition later this month.

Cashmere Cross Country tears up some Pasco turf







PHOTO BY GARY BÉGIN/NCW MEDIA John Holben strikes a pose with the implements of his trade.

New Cashmere barbershop comes with history, passion

BY GARY BÉGIN

CASHMERE - Holben's Barber Shop in Cashmere isn't your average "chop shop." The same location, chair and sports memorabilia that Darrel Davis had for 37 years is now being used by John Holben since May because he "likes old barbershops" and is eager to keep old traditions alive.

Because of that "like," Holben has gone out of his way to maintain as much of Davis' old shop as he can for at least a year before he adds his own personal touches.

"I will eventually install a classic barbershop checkerboard tile floor," he said. Another classic tradition

CONTINUED TO PAGE B6



Daniel Carnline running his season best 5K time

Story and photos courtesy of Jeff KENOYER

Cross Country Coach

Here are the results of Saturday's (9/29) Pasco Invitational cross county meet held at "Big Cross": athletic. net/CrossCountry/Results/Meet. aspx?Meet=146399&show=all The race course is near the Sun Willows Golf Course which is the site of the state championship cross county race. It is the goal of the Cashmere runners to be racing again in Pasco on the first Saturday in November.

Big Cross is a twisting loop with a length of five kilometers that has wood

The girls team champions of the 2018 Pasco Invitational.

chips, dirt and sand for footing. There are several challenging hills. It is one of the tougher courses that we race on.

I have used the word "race" several times because the kids raced during the meet. They didn't just run. Running can be done on autopilot. The kids, especially the girls, raced the course. They picked out competitors to pass, planned where to make a move to get some distance between themselves and trailing runners and basically were thinking while they were competing.

Girls Results

We started the day with the girls JV race. There were 42 runners. The girls had their best races of the season

4th Bella Fox 23:52.11 (Bella ran with the leading pack the whole race)

7th Jessie Nixon 24:07.59 (44 seconds faster than her previous best 5 km race) 12th Madison Schoening 24:37.64 (1:30 faster than her Personal Record 5 km time)

19th Kylee Foster 26:21.04 (1:53 faster than her time last year on the same course)

Varsity Girls: 65 runners. There were seven complete teams. The girls won the championship scoring 36 points. Second place Chiawana had 53 points, third place Richland scored 59 and

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COMMUNITY VOICES

Iranian chickens are home to roost

are spinning on their prayer mats with fear and confusion because they never figured the millions of terrorists they have funded all over the world

Cashmere 9 a.m. - 5 p.m. Monday-Friday Leavenworth 9 a.m. - 5 p.m. Monday-Friday

ECORD

©2018 NCW Media Inc.

201 Cottage Ave, Suite 4

Cashmere, WA 98815

Phone: 509-782-3781

Office hours

Contact information

Publisher **Bill Forhan**

509-548-5286

publisher@leavenworthecho.com

Managing Editor Gary Bégin 509-571-5302

gary@ncwmedia.net

Advertising Sales Manager

Carol Forhan 509-548-5286

carol@leavenworthecho.com

Advertising Sales

Lindsay Timmermans 509-860-7301

adexec1@ncwmedia.net

Front Office **Classified / Legal Notices**

classifeds@leavenworthecho.com

Circulation

509-689-2507

1-509-293-6780

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., 201 Cottage Ave., Suite 4 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-782-9074 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) Postmaster: Send address corrections to:

The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

Weekly rates:

\$12.00 for first 30 words 50¢ each additional 5 words (over 30) Borders. bold words, headlines, logos and photos subject to additional charges.

Subscriptions

In Chelan County (yearly) - \$33 In State (yearly) - \$40 Out of State (yearly) - \$50

The Iranian Ayatollahs would ever come home to roost.

Well, they have.

late September was the NCW MEDIA target and more than MANAGING two dozen were killed. I EDITOR remember when another military parade took the life of Anwar Sadat in Egypt. It was

1983. I remember it vividly because I was attending the Defense Information School (DINFOS) when it was in Indianapolis. I was a Marine sergeant and my specialty was photojournalism.

An officer in the Egyptian armed forces was also attending class at DINFOS. I know that because I saw one running full speed down the hallway when he heard about the incident. He was headed to the airport to get back to Cairo. His world was suddenly upside down.

Here we are 35 years later and another Middle Eastern country may be close to collapse. If only a little American know-how nudge could be employed to make that happen?

I laugh at those who think Trump is an idiot or doesn't understand world affairs. Here's what's going to happen within the next two years. America will actually support anti-**APPLES** Mullah forces in several TO APPLES countries (including

A military parade in GARY BÉGIN it's own ally and NATO member Turkey). This is what former President

Barrack Obama could've done years ago, but he didn't. I believe Trump will. What I really mean is that I believe Mike Pompeo will do it regardless of whether Trump or Pence is president.

Pompeo will surreptitiously aid the forces of democracy against the tyrannical Mullahs.

These so-called "men of God" have been funneling millions if not billions of dollars and personnel into places like Yemen, Syria, Lebanon, Palestine, Iraq, Egypt, Turkey, Afghanistan and even more.

The Mullahs agitate their base with hate speeches. America is the "Great Satan" and Israel must be wiped off the map. These are not people-friendly concepts.

Here's what my crystal ball sees: Another Iranian Revolution to shift the balance of power back to the civilian middle and upper

classes. These are non-clergy, Westernized people sick and tired of carrying water for the elitist religious factions. There was an old rock song by

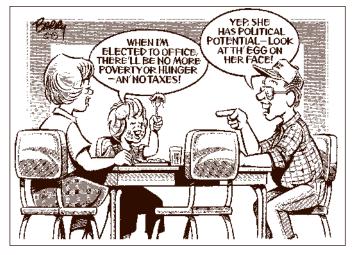
the British band The Clash back in the '80s. It had lyrics like these: "The Shereef don't like it! Rockin' the Casbah. Rock the Casbah!" It involved jet fighters and religion - so what's not to love?

Iran's wish to portray us as Satan will materialize when its leaders end up in the fire of the masses wanting true freedom. Our intel, weapons, tacit approval and covert ops will help Turkey as well to depose its Tyrant. Another one of these gangsters that hide behind "men of the cloth."

The reason it will happen within the next two years is because 2020 is the next presidential election and America will take its gloves off when dealing with these international religious fascists.

That means the American people will vote to keep the GOP in power as is customary for the electorate to do during times of war. Yes, we will indeed be at war again before the next presidential election.

Part of the reason for that is simple. The Middle Eastern religious zealots will take revenge on us by utilizing a rash of terrorist attacks, which



will only harden our souls and confirm our reason for regime change in the first place.

Israel, the only democracy in the region, will continue its overt and covert efforts at maintaining a firewall against radicals Islamic terrorists. When 9-1-1 first happened 17 years ago I wrote a column advocating for all American muslims to consider joining the CIA or FBI to help stop terrorism both foreign and domestic from the inside as undercover operatives.

I am sure a few of them have joined these vital agencies and I am sure they have helped thwart both foreign and domestic incidents that we will never know about.

The Iranians ought to

However, you could make a case that in this globalized world, we have an interest in not wrecking the global economy. In other words, a weak global economy could hurt employment and inflation in America. The Fed might be compelled by that line of thinking.

However, if the Fed doesn't raise rates, they risk a spike in inflation (the whole point of raising rates is to limit inflation). So, the Fed is in a tough spot. If they continue to raise rates, it could destabilize the global economy-which could destabilize the American economy. The Fed could also keep rates low, which this against Hitler and we will do it again against religious zealots whose philosophies belong in the Dark Ages. America itself was started by those fleeing religious

understand that when Americans

are threatened we come together

to stop evil in its tracks. We did

persecution and there are enough Westernized Iranians already in country and waiting for real help to overthrow the tyrants that head their country. What goes around, comes

around.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.

would increase inflation - which could destabilize the American economy. It's a tough decision.

In a perfect world, the global economy will pick up again, and we'll all live happier ever after. In an imperfect world, the weak global economy will bring the US economy down. Let's hope we get something closer to perfect.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, **Registered Investment Advisor** at 121 Cottage Ave., Cashmere. He can be reached at 509-782-2600 or email him at brad@ blackburnfinancial.net.

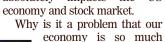


Our gain is the world's pain

At this point, a wise By Brad BLACKBURN US economy is causing

problems for the rest of the United States.

than that. In 2011 and 2012, problems in Europe caused major headaches for the stock market. More recently, over the first six weeks of 2016, the S&P 500 dropped 17%. That drop was caused in large part by problems



stronger than the rest of the world? The problem lies in the enormous flow of money from all over the world toward America. That flow is a result of our relatively high interest rates, but also because people want to invest where the

economy is strong. However, for the countries all that money

is flowing out of, it's a real problem. The result is that some parts of the global economy have been thrown off balance. Turkey, Argentina, and South Africa are all struggling through serious crises, in part because of the rise of the dollar (which is a result of the flow of money towards America). This has prompted many discussions in the financial world as to whether we could see an economic "contagion" that could spill into the rest of the world - including America.

This brings up an interesting question for the Fed. A major reason so much money is flowing to America is that interest rates are far higher here than in other

world. For example, a 10-year government bond from Germany pays only 0.5%, while a 10-year US government bond pays almost 3%. That discrepancy attracts a lot of money to America. So, if the Fed keeps raising

major economics across the

rates, which they plan to do, it could cause even more problems abroad. There's already talk in the financial world about how much attention the Fed should pay to the pain they might be causing to the global economy.

It's a tough question for the Fed because their "dual mandate" is to focus only on employment and inflation here in America.

Pump in agriculture Conference Your Financial Fitness!

Saturday, October 17, 2018 • 8 a.m.

This conference is for women farmers and anyone who works with women farmers. If you have been farming for years, are a new & aspiring farmer, a banker, lender or in the agricultural industry, this conference is for you!

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Registration is \$30 (includes light breakfast, lunch & Conference materials!

problems for the rest of the world (it's Trump's COMMUNITY VOICES

person might ask: "Why should I care if the strong

world?" The answer is that in our globalized economy, investors simply can't ignore what's happening abroad. According to Standard & Poor's (S&P), the stocks that make up the S&P 500 (which are all American companies) receive nearly half of their revenue from outside of the

strength of our economy

is

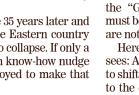
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CASHMERE VALLEY

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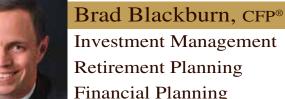
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Deadlines

Calendar Listings	5 p.m., Thurs.
News Submissions:	Noon, Friday
Letters to the Editor:	Noon, Friday
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Register on our website at WomenInAg.wsu.edu



Celebrate Public Power Week with your Chelan County PUD Oct. 1-6.

ANTINA (M

Games, gyotaku and the scoop on why hydropower is, well, dam cool.

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Join us for cider & doughnuts at the Chelan & Wenatchee offices on Friday, Oct. 5

Leavenworth will have treats on Oct. 3.



COMMUNITY BULLETIN BOARDLocal, Regional Community News and EventsWho: Any non-profit 501(c)-(3) group, person(s) must submit full name and phone number. What: I tems pertaining to local events that are free or minimum charge. For two weeks only (space limited). Where: Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.comOther is to advis your N and Events	to classifieds@leavenworthecho.com Mention that you are a non-profit event for a discount. If your group is not a non-profit group you can now be listed for a small fee.
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COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.

- Cashmere Food Bank, 3:30 p.m.-5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed.& Thurs.)
- Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.
- Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)
- The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 3:00- 4:30 p.m. Caregivers of those with memory loss. Meet at The Henry Building, 120 Cottage Ave.,Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

- Cashmere Food Bank, 3:30- 5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, Call Jim, 741-7551. (2nd & 4th Wed.& Thurs.)
- Free Weekly Community Meal, 5:00 -7:00 p.m., Cashmere United Methodist Church Gym, 213 S. Division Street. For information call, 782-3811.
- **Cashmere Sportsmen's Gun Club,** 6:30 p.m.- 10:00 p.m., Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
- American Legion Post 64, 7:00 p.m., American Legion Hall, 401 Sunset Highway. Call Commander Don Thomas, 548-5893. (1st Thurs.)
- American Lady's Legion, 7:00 p.m., American Legion Hall, 401 Sunset Highway. Call President, Linda Ingraham, 679-0243 (1st Thurs.)
- Al-Anon Family Group Meeting, 7:00- 8:00 p.m., for families and friends of alcoholics. Cashmere Presbyterian Church, 303 Maple Street.

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

No events Scheduled.

Sunday

CHURCH: See the church page for local service times and events. The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

- Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)
 Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.
- **Boy Scouts**, 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.
- Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
 Cashmere City Council, 7:00 p.m. City Hall boardroom. Call 782-3513. (2nd and 4th Mon.)
- Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
 Cashmere Fire Department, meeting, 8:00 p.m., above City Hall.
- Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere

Community Resource Fair

On Thursday, October 4 from 1:30to5:30 at the Cashmerelibrary, there will be representatives from WorkSource and other local resource groups to discuss how to get high school credit, sign up for DSHS benefits, take a job search session and more. (r 39,40)

Try Lacrosse

Come try it for free, 1st -6th grade boys and girls. Wenatchee Apple Bowl. on September 30, 4:30-5:30 p.m., October 21, 2:00-3:00 p.m. and November 4, 2:00-3:00 p.m. More information at NCWLAX. ORG (er39,40)

American Red Cross Blood Drive

Cashmere United Methodist Church, 213 South Division Street, from 12:30 -6:30 p.m. Appointments are encouraged, but walk-ins are welcome. Call 1-800-733-2767 for an appointment. Sponsored by Wacoka Kiwanis Club of Cashmere. (r40)

Regional

Wenatchee Valley Erratics Chapter of the Ice Age Floods Institute will meet at 7:00 p.m.,

Tuesday, October 9 at the Wenatchee Valley Museum, 127 South Mission, Wenatchee. (er40)

Cashmere FFA CONTINUED FROM PAGE A1

fun and also enjoys the competitions and education. Last year Hall won 4th Place on the national level in Natural Resources.

Worley and Carney are planning to attend WSU -Pullman where Carney plans to major in fruit and vegetable management and Worley in

pre-veterinarian studies. Carney said she was raised in a family surrounded

In partnership with

by cherry, apple and pear orchards and developed "an appreciation for them."

Finch "enjoys watching kids buckle down and the hard work pay off."

The \$7,000 price tag for the national competition includes flights, meals and hotels, which Finch hopes to raise via the steak dinner and other contributions.

Thousands of dollars in scholarships are on the line through major corporation sponsorships at the Indianapolis event, according to Finch.

To learn more about the FFA team needs for their trip and/or to make a donation, call Finch at 509-782-2914.

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Reserve your seat today

Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon. in Sept., Oct.)

Tuesday

- I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)
- Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)
- **Cashmere Chamber of Commerce. Noon,** anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)
- Monitor Homemakers, Noon. location varies.Call Florence, 663-1570. (2nd Tues.)
- Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 548-4807. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m. Thursday: 11:00 a.m.- 8:00 p.m. Saturday, 9:00 a.m.- 1:00 p.m. Sunday: Closed.

Events:

Tuesday & Wednesday, Story time Pre-K & up 10:00-10:30 a.m. Wednesday: Preschool Story time, 10:00-10:30 a.m. Wednesday: Bilingual Story time, 4:30-5:00 p.m. Thursday: ATLAS events, 3:30- 5:00 p.m. (during school year) Friday: Baby/Toddler Story time, 10:30-11:00 a.m.

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.

SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)

- Master Gardener Clinic, 1:00 4:00 p.m., WSU Chelan/Douglas County Master Gardener Plant Clinic, 1100 N. Western Ave., Wenatchee. Call 667-6540. (April to October)
- **Cascadia Conservation District Board Meeting.** 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Call 1-877-561-1467 (TTY: 711) 7 days a week, 8 a.m. – 8 p.m. or visit HealthAllianceMedicare.org

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SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

- **Oct. 4**, Thursday: Pork chops, au gratin potatoes, Brussel sprouts, garden salad, applesauce, biscuit and dessert
- **Oct. 5**, Friday: Hearty vegetable beef soup, cottage cheese, pea & cheese salad, fruit salad, WW roll, and dessert
- **Oct. 8**, Monday: Tuna noodle casserole, peas & carrots, garden salad, Oregon berries, WW bread or roll, and dessert
- **Oct. 9**, Tuesday: Yankee pot roast, roasted red potatoes, carrots, mixed greens salad, mixed berries, WW bread or roll, and dessert
- **Oct. 10**, Wednesday: Cheese ravioli with meat sauce, Italian vegetables, spiced pears, bread sticks and dessert

SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting Tuesday, 1:00-3:00 p.m., Crafts Thursday, 1:00-3:00 p.m., Square Dancing Thursday, 6:30-7:30 p.m., Bavarian Dancing Friday, 6:00 p.m., Bingo Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge





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Insurance products are: Not a deposit, Not FDIC insured, Not insured by any federal government agency, Not guaranteed by the bank, subject to risk and may lose value.

AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-219-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, Kristalls Restaurant, 280 US-Hwy.2, Leavenworth

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.

CASHMERE VALLEY RECORD · OCTOBER 3, 2018

Honoring Breast Cancer Survivors



Kathy Bangsund Survivor: 23 years and 17 years. Occupation: The Dwelling Place Interests: Singing, music and reading.



Diane Bateman Survivor: 16 years Occupation: Leavenworth Post Office Interests: Quilting, time with family.



Marjory Blake Survivor:8 years, 6 months Occupation: H.I.M. Tech Interests: Reading, crossword puzzles, genealogy, family and friends.



Pamela Brulotte Survivor: 3 years Occupation: Owner of Munchen Haus and Icicle Brewing Co. Interests: Time with family and friends, especially outdoors.



Carol L. Forhan Survivor: 28 years Occupation: NCW Media, co-owner, ad manager, ordained Episcopal Deacon. Interests: Working with Autumn Leaf. Being with my 5 grandschildren!

Lisa Halseth Survivor: 3 years, 3 months Occupation: Hi-tech insides sales-roduct line Manager. Interests: spending time with family and friends and RV travel.



Deborah Hartl Survivor: 11 years, 10 months Occupation: HR Director, Sleeping Lady Interests: Running, family, reading, Rotary, Icicle Creek Center for the Arts and Community Foundation North Central Washington.



Kris Taylor Survivor: 10 year, 4 months. Occupation: Financial Advisor Interests: Family, travel and running

Dear Readers,

Over the years we have had a lot of women's faces and stories, including my own, on these special October BCA pages.

I started this "Tribute of Hope" many years ago and honor those who support the cause. These special pages have inspired other communities to show the "face of cancer". Our newspapers have also won top awards from newspaper groups in the U.S and Canada.

We hope you take the time to read the articles and information about breast cancer. One other fact, is that men can also get breast cancer, it is rare but yes it

any kind is not a individual disease, it is a family disease, everyone is involved when a loved one, a friend, a neighbor has been diagnosed. No one wants cancer and IT is scary. October is also National Mammography Month, please get a mammogram-it can save your life. it did mine.

Whether you as a survivor have or had cancer(s), and do not want to talk about it, we still honor and want to support YOU!

those who fought the battle(s) and lost.

this dreaded disease, one in eight will be diagnosed this year and every year until we find a CURE. Pray for a Cure !

We also want to remember

No woman is immune from

are still struggling. Cancer of St lost the battle. " E People will forget what you said, People will forget what you did, BUT people will NEVER Forget HOW you made them feel! - Maya Angelou

Carolyn Wilson Survivor: 12 years Occupation: Leavenworth City Council and Mayor Pro-tem Interests: involved in musical theater; and is a volleyball referee.

Breast Cancer Resource Guide

does happen. Please check out all statistics on the American Cancer Society's website.

We want to continue to show you faces and names of those who have been there, to give Hope to those who are newly diagnosed or who

My doctor's written reports said that I may survive maybe. five years, I am now a 28-year survivor, I am Blessed.

Carol L. Forhan

Thank you and please support the business sponsors seen in these pages.

> FREE for uninsured women in the Upper Valley in the Upper Valley

MAMMOGRAMS

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Short wait times

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Think Pink is supported by local businesses and Cascade Medical Foundation



LOCAL SUPPORT *Cascade Medical,

- Leavenworth, 548-5815 **Columbia Valley** Community Health, Wenatchee, 664-4575
- Cancer Care of NCW. Our House, Wenatchee: 663-6964 or email: cancare@nwi.net
- Wellness Place, Wenatchee, 888-9933. Support groups, and other resources.
- * Confluence Health/ Wenatchee Valley Medical, 663-8711.
- Confluence Health, Breast, Cervical and **Colon Cancer Health** Program, 509-664-3415
- **EASE Cancer Foundation**, Cashmere: 860-1322 or www.easecancer.org
- Seattle Cancer Alliance, 800-804-8824, www. seattlecca.org

NATIONAL SUPPORT: * American Cancer Society,

(ACS) 800ACS-2345, www.cancer.org. Programs include:

- I Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK Reach to Recovery, a one
- to one survivors' help program.
- New Birthday Campaign: Less Cancer, More birthdays. MoreBirthdays. com,
- Facebook and blog OfficialBirthdayBlog.com or Cancer.org/circleofsharing.
- * American Society for Therapeutic Radiology and Oncology. 1-800-962-7876, www.astro.org.
- * AmericanSociety of Plastic Surgeons, 888-475-2784, www. plasticsurgery.org. * AVON Foundation www.avonfoundation.org

- * Blood & Marrow Transplant Information Network 1-888-597-7674, www/ bmtinfonet.org
- * Y-ME National Breast **Cancer Organization** 1-800-221-2141. Yourshoes 24/7 support center, y-me.org. (24 hour, translators available in 150 languages).
- *Dr. Susan Love Research Foundation 1-310-230-1712, www.SusanLoveMD.org. Become a member of Love/ Avon www.armyofwomen. org or 866-569-0388
- Living Beyond Breast Cancer, 888-753-5222 or www.lbbc.org.
- * National Breast Cancer Coalition, 1-800-622-2838, www.stopbreastcancer.org or www.canceradvocacy. org
- * National Coalition for **Cancer Survivorship**
- * Online community Cancerversary.org use

- to create your own Web pages
- * Susan G. Komen For the Cure, 1-877-GO-KOMEN. www.komen.org
- * The Breast Cancer Alliance, 203-861-0014, www.breastcanceralliance. org
- * National Lymphedema Network, 1-800-541-3259, www.lymphet.org.
- * SHARE (Breast Cancer Hotline) 1-866-891-2392, www.sharecancersupport. org
- * Vital Options International, 1-800-477-7666 www. vitaloptions.org
- * Zero Breast Cancer: www. zerobreastcancer.org

These are only a few of many national organizations, please call your local hospital, clinic or call The American Cancer Society for more information in your area. 1-800-ACS 2345.

Early Detection is the Best Protection.







Breast Cancer Awareness Month

Lifestyle-related Breast Cancer Risk Factors

Information courtesy of American Cancer Society

A risk factor is anything that affects your chance of getting a disease, such as breast cancer. But having a risk factor, or even many, does not mean that you are sure to get the disease.

Certain breast cancer risk factors are related to personal behaviors, such as diet and exercise. Other lifestyle-related risk factors include decisions about having children and taking medicines that contain hormones.

Drinking alcohol is clearly linked to an increased risk of breast cancer. The risk increases with the amount of alcohol consumed. Compared with non-drinkers, women who have 1 alcoholic drink a day have a very small increase in risk. Those who have 2 to 3 drinks a day have about a 20 percent higher risk compared to women who don't drink alcohol. Excessive alcohol consumption is known to increase the risk of other cancers, too.

The American Cancer Society recommends that women who drink have no more than 1 drink a day.

Being overweight or obese after menopause increases breast cancer risk. Before menopause your ovaries make most of your estrogen, and fat tissue makes only a small amount. After menopause (when the ovaries stop making estrogen), most of a woman's estrogen comes from fat tissue. Having more fat tissue after menopause can raise estrogen levels and increase your chance of getting breast cancer. Also, women who are overweight tend to have higher blood insulin levels. Higher insulin levels have been linked to some cancers. including breast cancer.

Still, the link between weight and breast cancer risk is complex. For instance, risk appears to be increased for women who gained weight as an adult, but may not be increased among those who have been overweight since childhood. Also, excess fat in the waist area may affect risk more than the same amount of fat in the hips and thighs. Researchers believe that fat cells in various parts of the body have subtle differences that may explain this.

Weight might also have different effects on different types of breast cancer. For example, some research suggests that being overweight before menopause might increase your risk of triplenegative breast cancer.

Not being physically active, Evidence is growing that regular physical activity reduces breast cancer risk, especially in women past menopause. The main question is how much activity is needed. Some studies have found that even as little as a couple of hours a week might be helpful, although more seems to be better.

Exactly how physical activity might reduce breast cancer risk isn't clear, but it may be due to its effects on body weight, inflammation, hormones, and energy balance.

The American Cancer Society recommends that adults get at least 150 minutes of moderate intensity or 75 minutes of vigorous intensity activity each week (or a combination of these), preferably spread throughout the week.

Women who have not had children or who had their first child after age 30 have a slightly higher breast cancer risk overall. Having many pregnancies and becoming pregnant at an early age reduces breast cancer risk. Still, the effect of pregnancy seems to be different for different types of breast cancer. For a certain type of breast cancer known as triple-negative, pregnancy seems to increase risk.

Some studies suggest that



breastfeeding may slightly lower breast cancer risk, especially if it's continued for 1½ to 2 years. But this has been hard to study, especially in countries like the United States, where breastfeeding for this long is uncommon.

The explanation for this possible effect may be that breastfeeding reduces a woman's total number of lifetime menstrual cycles (the same as starting menstrual periods at a later age or going through early menopause).

Some birth control methods use hormones, which might increase breast cancer risk.

Oral contraceptives: Most studies have found that women using oral contraceptives (birth control pills) have a slightly higher risk of breast cancer than women who have never used them. Once the pills are stopped, this risk seems to go back to normal over time. Women who stopped using oral contraceptives more than 10 years ago do not appear to have any increased breast cancer risk.

Birth control shot: Depo-Provera is an injectable form of progesterone that's given once every 3 months for birth control. Some studies have found that women currently using birth-control shots seem to have an increase in breast cancer risk, but it appears that there is no increased risk in women 5 years after they stop getting the shots.

Birth control implants, intrauterine devices (IUDs), skin patches, vaginal rings: These forms of birth control also use hormones, which in theory could fuel breast cancer growth. Some studies have shown a link between use of hormone-releasing IUDs and breast cancer risk, but few studies have looked at the use of birth control implants, patches, and rings and breast cancer risk.

When thinking about using hormonal birth control, women should discuss their other risk factors for breast cancer with their health care provider.

Hormone therapy with estrogen (often combined with progesterone) has been used for many years to help relieve symptoms of menopause and help prevent osteoporosis (thinning of the bones). This treatment goes by many names, such as post-menopausal hormone therapy (PHT), hormone replacement therapy (HRT), and menopausal hormone therapy (MHT).

There are 2 main types of hormone therapy. For women who still have a uterus (womb), doctors generally prescribe estrogen and progesterone (known as combined hormone therapy or HT). Progesterone is needed because estrogen alone can increase the risk of cancer of the uterus. For women who've had a hysterectomy (who no longer have a uterus), estrogen alone can be used. This is known as estrogen replacement therapy (ERT) or just estrogen therapy (ET). Combined hormone therapy (HT): Use of combined hormone therapy after menopause increases the risk of breast cancer. It may also increase the chances of dying from breast cancer. This increase in risk can be seen with as little as 2 years of use. Combined HT also increases the likelihood that the cancer may be found at a more ad-

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vanced stage.

The increased risk from combined HT appears to apply only to current and recent users. A woman's breast cancer risk seems to return to that of the general population within 5 years of stopping treatment.

Bioidentical hormone therapy: The word bioidentical is sometimes used to describe versions of estrogen and progesterone with the same chemical structure as those found naturally in people. The use of these hormones has been marketed as a safe way to treat the symptoms of menopause. But because there aren't many studies comparing "bioidentical" or "natural" hormones to synthetic versions of hormones, there's no proof that they're safer or more effective. More studies are needed to know for sure. The use of these bioidentical hormones should be considered to have the same health risks as any other type of hormone therapy.

Estrogen therapy (ET): The use of estrogen alone after menopause does not seem to increase the risk of breast cancer much, if at all. But when used long term (for more than 15 years), ET has been found to increase the risk of ovarian and breast cancer in some studies.

At this time there aren't many strong reasons to use post-menopausal hormone therapy (either combined HT or ET), other than possibly for the short-term relief of menopausal symptoms. Along with the increased risk of breast cancer, combined HT also appears to increase the risk of heart disease, blood clots, and strokes. It does lower the risk of colorectal cancer and osteoporosis, but this must be weighed against the possible harms, especially since there are other ways to prevent and treat osteoporosis, and screening can sometimes prevent colon cancer. ET does not seem to increase breast cancer risk, but it does increase the risk of stroke.

The decision to use HT should be made by a woman and her doctor after weighing the possible risks and benefits (including the severity of her menopausal symptoms), and considering her other risk factors for heart disease, breast cancer, and osteoporosis. If they decide she should try HT for symptoms of menopause, it's usually best to use it at the lowest dose that works for her and for as short a time as possible.

Breast implants

Silicone breast implants can cause scar tissue to form in the breast. Implants make breast tissue harder to see on standard mammograms, but additional x-ray pictures called implant displacement views can be used to examine the breast tissue more completely.

Certain types of breast implants can be linked to a rare type of cancer called anaplastic large cell lymphoma (ALCL). It' is sometimes referred to as breast implantassociated anaplastic large cell lymphoma (BIA-ALCL). This lymphoma appears to happen more often in implants with textured (rough) surfaces rather than smooth surfaces. If ALCL does show up after an implant, it can show up as a lump, a collection of fluid near the implant, pain, swelling or asymmetry (uneven breasts). It usually responds well to treatment.

Male Breast Cancer

A sometimes overlooked aspect of breast cancer is the fact that men can also suffer from the disease. It is rare, making up less than one percent of all cases of breast cancer.

But it happens. Men at any age are susceptible to developing

Some basic breast cancer facts and figures

Among US women in 2017, there will be an estimated 252,710 new cases of invasive breast cancer, 63,410 new cases of breast carcinoma in situ, and 40,610 breast cancer deaths.

IN THE UNITED STATES

- After skin cancer, breast cancer is the most common cancer among women in the United States.
- More than 230,000 new cases of invasive breast cancer, and more than 60,000 new cases of breast carcinoma in situ (cancer that has not invaded nearby breast tissue) were diagnosed in 2015.
- More than 40,000 women in the United States will die each year from breast cancer.
- 440 men will die each year from breast cancer.

We Support

Breast Cancer

Awareness Month.

And

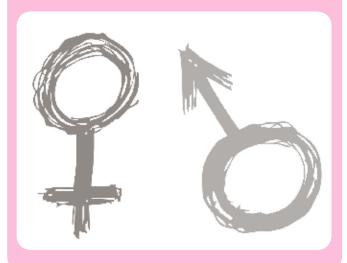
all

the

survivors!

• There are more than 2.8 million breast cancer survivors in the United States. This includes people who are still being treated and those who have completed treatment.

Munchen Haus 709 Front St. • 548-1158 www.munchenhaus.com breast cancer, but it is usually detected in men between 60 and 70 years of age, according to the National Cancer Institute.



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CASHMERE VALLEY RECORD

OCTOBER 3, 2018

COMMUNITY VOICES

OBITUARY-Kathleen (Kay) Wills

Kay Wills passed over to her eternal life in heaven on Saturday, Sept. 22, 2018. She was a daughter of John T, and Eva V, Mayo, born on January 16, 1919 in Wyoming. Her family moved to Cashmere, WA in 1934, where Kay attended the Cashmere schools. On Sept. 16, 1943 she married C.L. (Red) Wills. They raised their two children, Cheryl Maher and Russel (Brenda) Wills, in Cashmere. Kay was a faithful believer and was a member of the St. James Episcopal Church all her life. She was known for servant heart as she served with the St. Anne's Guild for many of the church's events.

PAGE A6

Kay was blessed with grandchildren. Pat (Jamie) Orcutt, Chris (Tara) Orcutt, Tawnya John) Wilderness and Kiffen (Cy) Sousley. She had 10 great Grandchildren and 5 greatgreat grandchildren. Family events were always her favorite time. The family all gathered together for her 99th Birthday last January, which she cherished.

She was preceded in death by her parents, husband Red, and her brother Donald Mayo.

The family would like to thank Epledalen Assistant Living for the wonderful care for the last two years of her life. The residents and care workers became her extended family.

The hospice care workers also were so helpful during

her last days. Thank you. There will be a casual CELEBRATION OF KAY's LIFE on Saturday, October 6 at St. James Episcopal Church in Cashmere. There will be dessert (her favorite food) served from 2:00-4:00 p.m. All are welcome to come and share their memories of Kay. Arrangements assisted by Chapel of the Valley, Wenatchee, WA.



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U.S. Army Corps of Engineers Upper Columbia Salmon Recovery Board National Park Service North Central Regional Library Leavenworth Summer Theatre WSU Extension Wenatchee Master Gardeners **Booster Club** Chinook **Bavarian Haus Restaurant** Bavarian Lodge Baron Haus Restaurant Leavenworth Ziplines Smolt Icicle Village Resort Mike West Realty Visconti's Italian Restaurant Dirty Face Soap Company Fry Chiwawa River Lodging **Plain Automotive** Das Copy Shop Cashmere Valley Bank Fingerling Nature Calls Cashmere Valley Bank Uncle Uli's Mountain Home Lodge Smolt Visconti's Italian Restaurant

Community Contributors All Festival Volunteers Christie Pease and Chalk Artists Candice Dillhoff, Artist Carol Dreis Flowers Cascade Discovery School Cascade High School Volunteers Cascade Quality Water Cashmere High School **Central Washington Schools** Cherry Creek Radio - KPQ Columbia Breaks Interpretive Center Colville Confederated Tribes-Wenatchi's Cascade Discovery High School All Exhibitors Job Corps-Moses Lake Koho Radio/Icicle Broadcasting Leavenworth Chamber of Commerce Leavenworth Summer Theater NCRL- Book Mobile and Salmon Bots NCW Life/LocalTel Native American Inter-tribal Members **Outdoor Recreation Exhibitors** Team Naturaleza! TOGETHER! for Youth Upper Valley Museum Wenatchee High School Volunteers Eastmont High School Volunteers

Wenatchee Tech-Law Enforcement

Calling all scarecrow hunters CASHMERE CHAMBER OF COMMERCE

NEWS RELEASE

Eachyearover100scarecrows are displayed, enlivening the Downtown area and drawing visitors from around the region to take a stroll through town capturing photos, discovering the Cashmere community and enjoying the scenery as creations are on display. This year the town is back at it for the 6th Annual Scarecrow tour known as Scare~Crazy in Cashmere!

Beginning October 1st, selfguided scarecrow maps will be available at the chamber office at 103CottageAve.andparticipating businesses. Visit facebook. com/scarecrazycashmere or cashmerechamber.org for a digital copy.

Enter the Grand Prize Giveaway by completing the map tour. Select scarecrows will be assigned a secret number, locate and record on your map and turn in completed form by October 31st. The Grand Prize Giveaway is comprised of items donated by participating businesses and will be on display at the Chamber. Winner will be randomly selected on November 1st

Scarecrows will be judged at an undisclosed date and time with awards given for the Grand Champion, Most Creative, Best Ensemble and Best Business Theme. Fans can participate by nominating People's Choice award by viewing the "Scare-Crazy in Cashmere" Facebook page and voting for their favorite. Winners will be announced

on Tuesday, October 16th via Facebook and the Chamber website.

Bring the whole family and spend the day in Cashmere enjoying the creativities of our locals as scarecrows fill our sidewalks, storefronts and neighborhoods. The ambience will leave you sharing to your friends that Cashmere has gone Scare~Crazy!



Don't miss NCW's largest Ski Swap!

Saturday, Oct. 13, 8am - Noon at Orchard Middle Schooll 1024 Orchard St., Wenatchee



Alpine and X-Country Skis * Poles Boots * Helmets * Outdoor Clothing Accessories * Snowboards No "straight" alpine skis or rear-entry alpine adult boots

Proud Sports

Sellers: Drop off your gear to sell on October 12 from 4 P.M. – 7 P.M. at Orchard Middle School. Knowledgeable and qualified staff on hand. For more information Contact Molly, butler.m@wenatcheeschools.org



NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased.

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email editor@ leavenworthecho.com

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PPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

COMMUNITY UNITED METHODIST 418 Evans St. • Leavenworth 509-548-5619 Rev. Matt Gorman www.leavenworthumc.org leavenworthumc@outlook.com

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall · 621 Front St. 548-0748 · Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> **FAITH LUTHERAN CHURCH - ELCA** "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. with coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street • 290-0686 Sunday School, 9:45 a.m. • Worship, 11 a.m. Pastor, Michael Brownell email: mkb3123@gmail.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor, Andy Dayton Youth Pastor, Kent Wright Pastor to Children & Families, Becky Goodman www.LCN.org

OUR LADY OF THE ASSUMPTION

145 Wheeler Street • Parish Office: 548-5119 Daily Mass . Tuesday & Thursday 8:30 a.m. Saturday Vigil 5 p.m. • Sunday Mass - 10:30 a.m. Spanish Mass • Saturday, 7 p.m. Fr. Miguel Gonzales



SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 Saturday Services Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 860-3997

SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor, Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor, Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor, John Romine www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD

School and Lake Streets • 548-7523 Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor, Jorge Torres

New Life Foursquare Church

7591 Hwy. 97 • 548-4222 Sunday Worship 10 a.m. Ministry night•Wednesday, 6:30 p.m. Pastors Darryl & Mindy Wall newlifeleavenworth@gmail.com FP Page: newlifeleavenworth

GRACE LUTHERAN CHURCH Vine & Elberta Streets • 860-0736 Worship 10:30 a.m. Rev. Rob Gohl

ST. JAMES EPISCOPAL CHURCH 222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. or Morning Prayer 9 a.m. Deacon Carol Forhan - Cell- 670-1723 Rev. Rob Gohl, Vicar - Cell - 860-0736

OUR LADY OF THE ASSUMPTION

300 S. Division • Office: 548-5119 Rectory: 782-2643 Sunday Mass • 8:30 a.m. Spanish Mass • 12.30 p.m. Daily Mass • Wednesday 5:30 p.m. Friday 9:30 a.m. Mass at Cashmere Convalescent Center Fr. Miguel Gonzales

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor, Steve Bergland

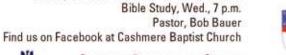
MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor, Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor, Todd James www.cmbiblechurch.org









CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor, Charles Clarke www.cashmerepres.org

CASHMERE

Sunday School 10:00 a.m. - Worship 11 a.m.

CASHMERE BAPTIST CHURCH

103 Aplets Way • 782-2869

CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor, Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 782-2825 Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory back entrance of Apple Annie's. Underground

High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at 206 Vine Street **CHRIST**CENTER

> Lead Pastor, Steve Haney Pastor, Andy Robinson Pastor, Joyce Williams Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor, John Smith www.christforcashmere.org

APPLE DAYS

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Production and tour hours do not always coincide, therefore the factory may not be producing for all tours.

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BY KALIE DRAGO

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of Cashmere the Pioneer

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promise of pioneer adorned

individuals, a quilt raffle and

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Cashmere Museum hosted,

Apple Days 2018 has an

enticing schedule to gather

AND PIONEER VILLAGE

SATURDAY, OCTOBER 6 -SUNDAY, OCTOBER 7, 2018

10 AM - 4 PM

APPLE PIE CONTEST FRIDAY, **OCTOBER 5** 6 PM.

\$5/PERSON: \$20/FAMILY; KIDS 5 AND UNDER ARE FREE.

MUSIC, ARTS AND CRAFTS, MOCK-SHOOTOUTS, AND ARCHERY PLUS MUCH MORE!

FOR MORE INFO: CASHMEREMUSEUM ORG OR 509-782-3230

PRESENTING SPONSORS: AAA WASHINGTON WENATCHEE



WASHINGTON'S PLAYGROUND VISITCHELANCOUNTY.COM); CASHMERE CHAMBER OF COMMERCE

SUPPORTING SPONSORS: AGAVE AZUL: APPLE ANNIES ANTIQUE GALLERY. BLUE FLAME ASIAN BISTRO, CASHMERE VALLEY BANK; JOE'S SEPTIC & SITE PREP WW PUMPING SERVICES

Cashmere residents. Individuals mirroring their Pioneer Village community will be dressed in pioneer clothing to really immerse themselves in the spirit of the town. Archery and mockshootouts, popular activities, will also be returning to the event. Those who want to get off their feet can take a ride on a horse drawn wagon whereas those wanting some four legged entertainment can watch the dog pulls at

Riverside Park.

The Cashmere Museum will be having a raffle for one particular beloved craft project - the "Farmhouse Quit" which has a pattern with blocks representing the fruits within the Valley. Tickets will be \$1 to join in on the raffle and the drawing will be on Sunday, October 7. However, attendance isn't necessary to win if the winner chose for Saturday to be the day to amble through the event.

Plenty of FREE samples!

Cashmere Apple Days starts Friday

kick off Apple Days on Friday, October 5 for those who feel like grandma's family recipe could outshine their neighbors' own version of the American's favorite dessert. Per usual, Apple Days will occur on the first weekend of October and will run from 10 a.m. until 4 p.m. on both Saturday, October 6th and Sunday, October 7th. This is a chance for the are also staple at the event. town of Cashmere to corral

its businesses and locals to kick off fall with a community oriented event. Admission is \$5 per person, \$20 for a family

Tour our candy kitchen.

A taste of Washington.

AAA Washington Wenatchee, County and Washington's Playground, Cashmere residents.

An apple pie contest will

and kids 5 and under are free. Sponsors this year include Chelan the Cashmere Chamber of Commerce and several local businesses familiar to



CASHMERE MUSEUM

Music and arts and crafts



Cashmere Museum Quilt for the 2018 quilt raffle at Apple Days.

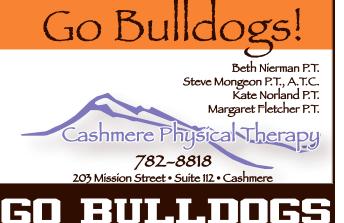






CASHMERE FOOTBALL

Fri. Sept. 28	Cashmere 14, Omak 28
UPC	OMING GAMES
Fri. Oct. 5	Chelan at Cashmere 7 p.m.
CASHME	RE CROSS COUNTRY
Sat. Sept. 29	Pasco Bulldog Invite *pending*
CASHME	ERE GIRLS SOCCER
Tues. Sept. 25	Cashmere 1, Cascade 3
Thurs. Sept. 27	Cashmere 10, Omak 0
CASH	MERE VOLLEYBALL
Tues, Sept 25	Cashmere 0, Cascade 3
Thurs. Sept 27	Cashmere 3, Omak 0



BATTLE OF THE BRONZE SHOE

CASHMERE VALLEY RECORD · OCTOBER 3, 2018



Photo by Diana Piñon

2018 Chelan Football Team: 2 Tobin Wier, 4 Reed Stamps, 5 Christian Torres, 7 Bert Mendivil, 8 Arnie Castrejon, 9 Drake Bird, 10 Steven Williams, 12 Quinn Stamps, 16 Cash Corrigan, 17 Gage Burdick, 18 Kyle Jackson, 20 Gunner Gleasman, 24 Johny Ayala, 27 Erik Alcala, 32 JC Austin, 34 Teagan Moody, 44 Jakob Keen, 49 Dylan Bufanda, 50 Wyatt Dietrich, 51 AJ Martinez, 52 Caden Bryant, 53 Jeremy Avery II, 54 Colt Corrigan, 55 Elijah Morris, 60 Miguel Neri, 61 Thomas Silvestri, 63 Kellen Bryant, 65 Angel Mendoza, 66 Gilberto Zavala, 67 JC Gonzales, 76 Zion Lovell, 77 Skyler Gordon, 79 Alex Neri, 81 Skye Malone, 84 Quin McLaren, 85 Nathan Alcala, 99 Deasek Kenck, 99 Ethan Kehl, 99 Charlie Bordner, 99 Wilson Mutter, 99 Logan Oules, 99 Jahir Garduno, 99 Ethan Standberg, 99 Cody Sanderson, 99 Francisco Pacheco, 99 Aiden Avery.

Goats ready to make a comeback in Cashmere

By Diana Piñon Staff Writer

CHELAN - Time has come, the 65th year of the Battle of Shoe will take place Oct. 5, at 7 p.m. The Goats will be visiting the Bulldog's home in Cashmere.

With five games already played the Goats, "are playing with effort and great enthusiasm, when they choose to do those things we are pretty good," said Chelan Head Coach Travis Domser.

Chelan is now 3-2, last Friday, Sept. 28 the Goats lost their game against Okanogan ending the game 12-14.

The team has been able to finish fourth quarters and they are in good shape, "we are still challenging to travel better, but have been good at home, tough at home and I am proud of the kids for their effort and their energy, said Domser.

In general these group of guys have been very committed to the program, "it's showing and they get to play to on

Friday night and they get to do things that a lot of people can't do," Domser added.

Against Cashmere Domser never knows what to expect from the team, "they are really good, they are very well coached ... I know that it doesn't take much to get excited for that football game we've been in it every year except for last year, so we have to bounce

back from that," coach said. Even though the Bulldogs play at home, the Goats will be ready "you have to overcome those type of things and get ready, we got to be our best."

Having a large group of seniors makes a difference in the game, "if you have seniors you have a way better chance, right now we are only playing a sophomore and rotating another one on defense, everybody else is juniors and seniors."

With a large number of upper-class men the team is able to tackle and play a better defense. "This group of seniors is a lot of fun to work with, they're coachable, they're



27 Erik Acala



49 Dylan Bufanda

dedicated and they are good leaders."

Last year was tough game for the Goats when they faced the Bulldogs, however this year they hope to switch things around. "We were pretty young, most of those guys are coming back, they remember it and we will remind them of it ... it's exciting to get back at them, we look forward to that game each year, we are going to show up and be ready!" explained Domser.

For both communities the

between the two teams officially began.

Battle of the Shoe game is a big

Bronze Shoe trophy.

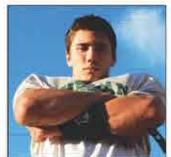
old football shoe.

long-time rivalry.

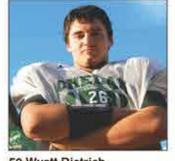
Shoe.



66 Gilberto Zavala



77 Skyler Gordon



deal, to Domser it "exemplifies

pride, school sports, tradition

and Friday Night Lights, those



54 Colt Corrigan



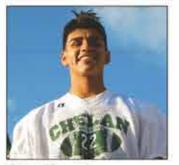
32 JC Austin







52 Caden Bryant









50 Wyatt Dietrich

12 Quinn Stamps

any high school or commu-

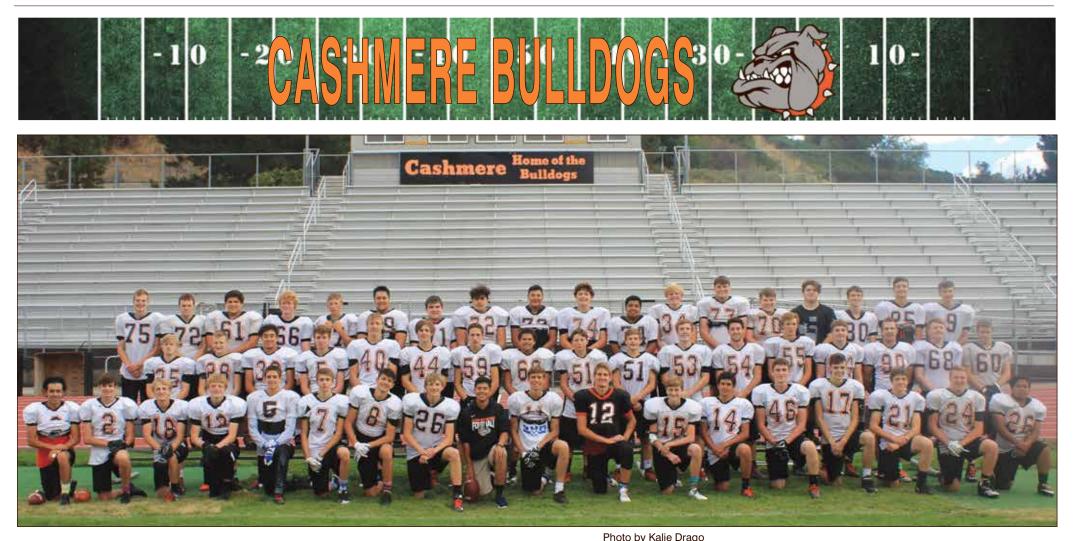
nity this game highlights those

7 Bert Mendivil

things are a major priority in things that are still natural and good."







First row (L to R) = Javi Reyna, Reid Smith, Kyler Keogh, Mason Landdeck, Nate Phillips, Jonah Groce, Henry Varrelman, Kaden Keogh, Christian Hernandez, Sam Dotson, Sam Phillips, Carter Kruiswyk, Hector Hernandez, Korben Agidius, Eli Hinkle, Duke Odenrider, Aster Dotson, Jordy Sanchez. Second row (L to R) = Ryan Cooper, Sam Graves, Miguel Sanchez, Cort Lawson, Brooks Elliott, Hunter McCabe, Baz Lloyd Jr, Derek Hughes, Matthew Cunning, Brayden Weatherman, Dylan Gross, Bryson Pratt, Mark Bailey, Jack Cawood, Corey Phillips, Josh Wise, Tucker Weatherman. Third row (L to R) = Ryan Kruiswyk, Peyton Smith, Jose Patterson, Grant Kopp, Ty Harris, AJ Ariliano, Tyler Baird, Jerry Ramos, Danny Figueroa, Colson Brunner, Tony Olguin, Kolby Larson, Cole Scott, Gage Yonaka, Austin Dueman, Dominic Harrington, Nathan Sohn, Mac Kelly. Not Pictured : Myles Chapman, Ethan Miller, Gunner Reeves.

Importance of game not unfamiliar to Bulldogs new coach

BY KALIE DRAGO ECHO REPORTER

5 at 7 p.m.

"I predict a good football game with two teams that

as being the ones to hold the trophy up at the end of the

"Each player on the Bulldeveloping their own tech-

After winning last year's

Cashmere Bulldogs.

"Our message is simple, it doesn't matter who we play, when we play, or where we play. Our team will be ready. You can't run and hide that this game is circled on the schedule for both teams," said Bremer. "However, this game is not what motivates our team to succeed. We are play the game of football to beat an opponent or win a football game regardless of our opponent. Rather we play for love. We play for the for the love of our community. We play for the love for our program. And we play for the love of our teammates



Building Relationships. Building Projects. Building Materials.

Bring home the Shoe!





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Contact Agent, Teri Miller, 509-548-5802.	*I'M SORRY!!
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*HAPPY

ANNIVERSARY

Only \$15 for 30 days

includes 3 photos

Rummage Get the

word out!





team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the dailybreakfast buffet and at catered functions. Full and Part-time positions - requiring - some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. 590 Hwy. 2, Leavenworth.

our breakfast/ catering



THEME: CIVICS LESSON 1. Nordic native 2. _____ of Qatar, or Prince of Qatar ACROSS 1. Leprosy colony inhabitant Rigatoni relative Pendulum's path 9. Vegan's protein choice 13. Friend from Mexico Old World lizard 5. Praver beads 14. H in HMS 15. Challenges *As opposed to blue 8. Moved like ivy 9. Not to be mentioned 16. Pocket bread, pl. __ to Joy" 18. Subside __ election for choosing a party 18. Subside 10. *Like the citizenship Oath of Allegiance 11. Cheese on Peloponnese representative 21. *Alternative to electoral 23. Am is to I as _____ is to we 24. At the summit 12. One on drugs 15. ____ Dan, olden-day hair pomade 20. Full of corals 25. ____-been 28. *One is a quarter of a 22. Expression of amazement Presidential term 30. Serfs of ancient Sparta 24. Salad green 25. *Lower chamber of Congress 25. "Lower chamber of Cc
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 27. Smooth transition
 29. Soothing plant gel
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 <u>Make a Deal</u>"
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can be found on our website at: www.cascadesed.org EOE

Enzian Inn in Leavenworth is hiring for full and part-time employees to work in **Housekeep**ing/ Laundry or as bed makers. Enjoy a competitive wage and positive environment. working Shifts typically begin at 9:00 and end between 2:00 - 3:00 daily. Hotel guest amenities such as fitness room, indoor/ outdoor pool and spa and putting course are available to employees and immediate family. their Apply in person, Enzian Inn, Leavenworth, 590 US Highway 2.

DOWN

6. Call to matev

36. Unload

SOI Write a letter to the editor 201 Cottage Ave., Suite 4 Cashmere 98815 editor@cashmerevalleyrecord.com



with tips), and a Host for our Saturday Wine Tasting.

This is a unique time of growth at our store and a great opportunity to ioin a positive and dynamic team. Full time or Part time available, Saturdays required. Drop off a resume at the store or email to <u>office@glover</u>streetmarket.com. No phone calls please.



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PUZZLE **SOLUTION**

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GARAGE & YARD SALE **CLEAR SOME** SPACE WITH A



Fill your pockets with CASH Let others know what items you are selling! Your ad appears online & in the newspaper for one low price Deadline Monday at noon Lake Chelan Mirror 682-2213 mirrorads@lakechelanmirror.com Leavenworth/ **Cashmere** 509-548-5286 classifieds@leavenworthecho.com Deadline Tuesday at noon

Quad City Herald 509-689-2507 heraldads@qcherald.com

TRUCKS & VANS

2004 white Leer Legend Will fit pickup canopy. long bed pickup. Was on Toyota Tundra. In excel-\$250 or lent condition. best offer. Call Dorothy, 253-876-4859.

MOTORCYCLES

PUBLIC **NOTICES**

CITY OF LEAVENWORTH PUBLIC HEARING NOTICE

Notice is hereby given that the Leavenworth City Council will conduct a public hearing on a Resolution of Support for the PRSA Operations & Maintenance Levy on **Tuesday**, **October 9**, **2018** at 6:45 PM at the Leavenworth City Hall, 700 US Highway 2. The public is invited to attend said hearing and provide comment. Chantell R. Steiner Finance Director/ City Clerk CITY OF LEAVENWORTH Published in The Leavenworth Echo/ The Cashmere

Valley Record on October 3, 2018. #83216

CITY OF LEAVENWORTH

On the 25th day of September, 2018, the City Council of the City of Leavenworth, Washington passed the following ordinance. A sum-mary of the contents provides as follows: Ordinance 1573: An ordinance of the City of Leavenworth, Washington adopting amendments Chapter to 5.04 Business License Tax -

Generally of the Leavenworth Municipal Code to provide uniformity with re-spect to the Washington State mandated changes for model business license threshold and definitions for engaging in business.

A copy of the full text of the ordinance is available at Leavenworth City Hall or will be mailed to you upon your request to

Chantell R. Steiner, Finance Director/ City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in The Leaven-worth Echo/ Cashmere Valley Record on October 3, 2018. #83215.

SUPERIOR COURT OF WASHINGTON FOR **CHELAN COUNTY** In the Matter of the Estate of **STANLEY WADE** EPPERLEY, Deceased. No. 18-4-00286-04 **PROBATE NOTICE TO** CREDITORS (RCW 11.40.030) The Administrator named below has been appointed as Administrator of this estate. Any person having a claim against the decedent before the time the must would be barred by claim otherwise applicable any statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the administrator's Resident Agent who is also the ad-

PUBLIC NOTICES

Cascade School District #228 **Facilities Department**

Project Name: 2018-2019 Snow Removal

Deadline: 12:00 pm, October 8, 2018 Note that bids will not be accepted by verbal, fax, or email. Bids will reviewed on be October If the low bidder meets 8th. the set criteria, they will be awarded the bid for the 2018-2019 winter season, or as long as the scope of work is followed.

Bids: List bids by the total hourly rate for equipment that will be used for plowing and hauling. The rate needs to include both the driver and equipment together. Send sealed bids to:

District Cascade School #228, Attn: Teresa Disher, 330 Evans St., Leavenworth, 98826

Project Start Date: When called for assistance

Scope of Work:

Work will be required on an hourly basis when called, or contacted by the District's coordinator/ supervisor. Work can be requested at any time day, or night, depending on the snowstorm. The contractor must provide a person of contact including school district holidays. Snow must be removed by 7:00 am when school is in session, and by coordinator's deadlines when required for events, or activities. This bid can be submitted just for the Leavenworth site, or the Beaver Valley site, or it can be bid as a package of both sites specify which on your bid. Cascade School District #228 reserves the right to accept either one or both parts of the proposal. Specifications are outlined below

Leavenworth Sites Cascade High School, Icicle River Middle School, Transportation Department and Lakes Alpine Elementary School. 1. Push snow from the front, and back lots plus access drives, and pile as specified by the coordinator. 2. Do not block sight view with snow for traffic entering, and exiting the lot. 3. Access to fire hydrants must be available at all times 4. Provide snow pile removal or relocation at coordinator's request.

Plain School Site **Beaver Valley School** 1 Snow blow parking lot and driveway 2. Snow blows all sidewalks.

Other Sites Contractor may be

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR **CHELAN COUNTY** In the Matter of the Estate of EDWARD ARDEN RACUS Deceased No. 18-4-00291-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which probate proceedings the commenced. The were claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as RCW provided under 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication October 3, 2018

/s/ Verla June McCann, Personal Representative Attorney for the Personal Representative: Overcast, Thomas D WSBA# 14486 Address for Mailing or Serv-Overcast Law Offices, ice: PS Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 18-4-00291-04 Published in The Leaven-worth Echo/ Cashmere Valley Record on October 3, 10, and 17, 2018. #83170

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code Washington of 61.24, et seq.Trustee Sale No.: WA-17-780530-SW Title Order No.: 67026 Reference Number of Deed of Trust: Instrument No. 2272753 Parcel Number(s): 231914488095, 23070 Grantor(s) for Recording Purposes under RCW 65.04.015: ANTONIO R. ELIAS AND WENDY D. ELIAS, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Ditech Financial LLC Current Trustee of the Deed of Trust: Quality Loan Service Corporaof Washington Current tion Loan Mortgage Servicer of the Deed of Trust: Ditech Financial LLC fka Green Tree Servicing LLC I.NOTICE IS HEREBY GIVEN that Quality Loan Serv-ice Corp. of Washington, the undersigned Trustee, will on 11/2/2018, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the banks, at the time of sale the following described real prop-erty, situated in the County of CHELAN, State of Washington, to-wit: THAT PORTION OF LOT 11, BLOCK 2, BROWN'S PLAT OF MONITOR, CHELAN COUNTY, WASHINGTON, AC-CORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS PAGE VOLUME 1 OF PLATS, PAGE 83, DESCRIBED AS FOL-LOWS: BEGINNING AT THE SOUTHWEST CORNER OF SAID LOT AND RUN THENCE EAST ALONG THE SOUTH LINE THEREOF, 617.2 FEET; THENCE TURN LEFT 88°33' AND RUN NORTH, PARALLEL WITH THE EAST LINE OF SAID LOT, 319.76 FEET; THENCE TURN LEFT 91°27' AND RUN WEST, PARALLEL WITH THE SOUTH LINE OF ALONG SAID WEST LINE OF SAID LOT, 619.1 FEET TO THE WEST LINE OF SAID LOT; THENCE RUN SOUTH ALONG SAID WEST LINE, 319.77 FEET TO THE POINT OF BEGINNING, ALSO KNOWN AS TRACT C AS DE-SCRIBED IN AND DELINE-ATED ON BOUNDARY AD-JUSTMENT NO. 205, RE-CORDED FEBRUARY 24, 1977, UNDER CHELAN COUNTY AUDITOR'S NO. 20000 Marg accorded to the term CHELAN 769696. More commonly known as: 3755 FAIRVIEW CANYON ROAD, MONITOR, WA 98836 which is subject to that certain Deed of Trust dated 12/26/2007, recorded 12/31/2007, under Instrument No. 2272753 records of CHE-LAN County, Washington, from ANTONIO R. ELIAS AND WENDY D. ELIAS, HUSBAND AND WIFE, as grantor(s), to

PUBLIC NOTICES

FIRST AMERICAN TITLE, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC, AS NOMINEE FOR GMAC MORTGAGE, LLC F/K/A GMAC MORTGAGE CORPORATION, ITS_SUCCES-SORS AND ASSIGNS, as original beneficiary, the beneficial in-terest in which was subsequently assigned to Ditech Fiunder an assignment recorded under an assignment recorded under Auditors File Number 2466466 II. No action com-menced by the Beneficiary of the Deed of Trust as referenced in PCW 61 21 020(4) is provided in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/ Mortgage. III. The default(s) for which this foreclosure is made is/ are as follows: Failure to pay when due the following amounts which are now in arrears: \$17,164.37. IV. The sum owing on the obligation se-cured by the Deed of Trust is: The principal sum of \$69,980.38, together with inter-est as provided in the Note from 3/1/2017 on, and such other costs and fees as are provided by statute. **V.** The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encum-brances on 11/2/2018. The defaults referred to in Paragraph III must be cured by 10/22/2018 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 10/22/2018 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 10/22/2018 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pur-suant to the terms of the obliga-

tion and/or Deed of Trust, and curing all other defaults. VI. A

written Notice of Default was

Transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class

and certified mail, proof of which

is in the possession of the Trus-

Grantor were personally served, if applicable, with said written

Notice of Default or the written

Notice of Default was posted in

a conspicuous place on the real

property described in Paragraph

I above, and the Trustee has possession of proof of such

service or posting. The list of re-

cipients of the Notice of Default is listed within the Notice of

Foreclosure provided to the Bor-

tee:

and the Borrower and

PUBLIC NOTICES

velopment:

1-800-569-4287 Toll-free: Site: National Web http://portal.hud.gov/hudportal/H UD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/s fh/hcc/fc/index.cfm?webListAc-tion=search&searchstate=WA&f ilterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: phone: 1-800-606-4819 or Web site:

http://nwjustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to ex-ercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-17-780530-SW. Dated: 6/25/2018 Quality Loan Service Corp. of Washington, as Trus-tee By: Chelsea Bonds, Assistant Secretary Trustee's Mailing Address: Quality Loan Service Corp. of Washington 411 Ivy Street, San Diego, CA 92101 Trustee's Physical Address: Quality Loan Service Corp. of Washington 109 1st Aug South Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-17-780530-SW Sale Line: 800-280-2832 or Login to: http://wa.qualityloan.com IDSPub #0142205 10/3/2018 10/24/2018

Published in the Cashmere Val-

ley Record/ Leavenworth Echo on October 3, 24, 2018. #082420



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of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of first publication: September 26, 2018

ministrator's attorney at the

address stated below a copy

Administrator: Kathryn "Katie" Epperley Attorney and Resident Agent for the Administrator: Rani K. Sampson, WSBA# 37486 Address for Mailing or Serv-ice Overcast Law Offices, PS Attn: Rani K. Sampson 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: County Superior Chelan Court Cause Number: 18-4-00286-04. Presented by: Overcast Law

Offices By: /s/Rani K. Sampson Rani K. Sampson, WSBA No. 37486 Attorney for the Administrator. Published in The Leavenworth Echo/ Cashmere Valley Record September 26, October 3 and 10, 2018 #83137



quested from time to time to help out at other sites (usually due to District equipment breakdowns). This work will be done at the same rate as the above sites.

Published in The Leavenworth Echo/ Cashmere Val-ley Record, September 26, and October 3, 2018. #83130

CITY OF CASHMERE SUMMARY OF

ORDINANCE NO. 1269 On the 24 day of Septem-ber, 2018 the City Council of the City of Cashmere, Washington passed Ordi-nance No. 1269. A summary of the content provides as follows:

AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON AMENDING CHAPTERS 12.24 AND 12.32 OF THE CASHMERE MUNICIPAL CODE. AMENDING AND ADDING PROVISIONS TO THE CITY PARK REGULATIONS AND SPECIAL EVENT PERMIT PROCESS PRIMARILY RELATING TO THE USE OF INFLATABLE PLAY EQUIPMENT ON CITY PROPERTY; CONTAINING A SEVERABILITY PROVISION; AND SETTING AN EFFECTIVE DATE.

Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 City of Cashmere, 101 Woodring Street, Cashmere, WA 98815.

City of Cashmere 101 Woodring Street Cashmere, WA 98815 Ph (509)782-3513 Fax (509) 782-2840 Website www.cityofcashmere.org Published in The Cashmere Valley Record/ The Leavenworth Echo on October 3, 2018. #83212

rower(s) and Grantor(s). These requirements were completed as of 5/18/2018. **VII**. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-deand their interest in the active de scribed property. **IX**. Anyone having any objections to this sale on any grounds whatso-ever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCU-PANTS OR TENANTS – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day follow-ing the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the pur-chaser has the right to evict oc-cupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the pur-chaser shall provide a tenant with written notice in accor-dance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORE-CLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING AS-SISTANCE Housing counselors and local accitation may be and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclo-sure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: I-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_pur-

chase_counselors_foreclosure. htm The United States Depart-

ment of Housing and Urban De-



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PAGE B6

Life & Health

OCTOBER 3, 2018



Sebastian Kelzenberg (1550) and Oscar Oropeza (1548) both freshmen competing at Pasco.

Cross Country

CONTINUED FROM PAGE A1

Pasco was fourth with 69 points. 1st Syd Smith 20:31.53 (Syd had a good week of practice and raced with confidence)

5th Eleanor Nelson 21:35.36 (ties here best finish of the year) 6th Gabby Terrell-Lewis

21:46.43 (5 second course PR) 16th Adria Torrence 22:40.22 (27 second PR)

19th Johanna Christensen 22:56.41 (1:50 course PR)

29th Yailin Pina 23:43.84 (this was Yailin's best race of the season and 42 seconds faster

than her first race of the year) 33rd Tristan Hoffman 24:09.62 (first race on the course)

Boys Results

Junior varsity was split into two different races: freshmen/ sophomores ran together and juniors/seniors were in the same race. The JV boys are all showing improvement.

Junior/Senior race: 48 runners 46th Daniel Carnline (23

seconds better than his previous 5 km best) Freshman/Sophomore race:

68 runners

47th Sebastian Kelzenberg 23:22.86 (53 seconds faster than our first race of the season)1:12

48th Oscar Oropeza 23:35.81 (24 second 5km PR)

so far this season

62nd Easton Risdon 26:00.60 (1:04 improved since our first race of the season)

64th Aidan Campbell 26:11.22 (1:12 faster than our first race of the season)

Varsity Boys: 78 runners. There were 12 complete teams and the Cashmere boys finished 11th with 265 points. Winner Connell had 39 points., followed by Lewiston (76 points), Chiawana (100 points) and Pasco (109 points). You will probably notice our line up was a little different than usual.

45th Kyler Knoll 19:44.57 (Kyler's

first time as our team leader) 54th James Terrell-Lewis

20:11.68 (53 seconds faster than our first race of the season)

55th Henry Nelson 20:26.43 (1:14 faster than our first race in Moses Lake)

Nolan Grimmett 56th 20:28.25 (probably Nolan's most determined race of the season) 66th Tyson Seidensticker

22:15.27 (2:43 course PR) 69th Jonathan Ramey 22:36.23

(1:07 course PR) 70th Jordy Fernandez 22:38.32 (first race of the season)

We will race again on Saturday October 6th at the Ski HIll in Leavenworth.



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oom in your

acility

Cashmere barbershop

CONTINUED FROM PAGE A1

Holben will keep is his use of the straight razor for haircuts and shaves. "I always make sure all haircuts are squared off in the back with the straight-edged razor. I'm also installing led lights.'

Eventually Holben will add other sports memorabilia to dress-up the shop located at 122-1/2 Cottage Avenue here. It wasn't too easy for Davis to let go of his life's work. In fact Holben inquired about buying the shop and Davis told him he'd be retiring soon. Soon became a year and then Davis accepted a mere \$2,000 and a handshake.

"He took a hand full of straight razors and left everything else," Holben said. Holben also owns and operates a barbershop in Wenatchee at 109 South Mission next to the museum and across from the YMCA. He barbers there on Tuesdays and Wednesdays only.

At that shop he also rents three chairs out to other barbers who come and go as they please. They pay him \$130 a month in rent as "chair rental" fees.

In his shop here, he is a one man army every Thursday, Friday and Saturday, but has a substitute barber coming in every Tuesday and Wednesday.

Holben said Cashmere is a very "Mayberry-ish town" alluding to the old Mayberry RFD television show, aka The Andy Griffith Show, of the early 1960s. Holben meant that as a major compliment. He still gets many repeat customers from when Davis ran the shop and is eager to get as many as possible so he can hire the two-day substitute barber full time.

Holben, 49, started cutting hair since he was 11-yearsold. He was his own first customer. "I started cutting other people's hair and my aunt helped me go to Glen Dow Academy in Spokane for two years," he said.

Before he was licensed (1990) he was doing simple cuts like the now defunct "mullet" style made famous by Billy Ray Cyrus (Achy Breaky Heart). He also spent two years in the Navy aboard the USS Saipan, a ship known as an amphibious assault ship, which is used in the so-called "Gator Navy." That term is meant as a general description

for amphibious warfare ships. the kind that launch Marines against beaches, hence the term "gator." His job back then (1998 -

2001) was shore patrol K9 duty, basically a cop with a dog who keeps an eye on sailors and Marines while they are on R&R (rest and recreation).

Now Holben is sailing his own ship and would love to last as long as his predecessor Darrel Davis. For that old timey fresh cut feeling, visit Holben in either of his two locations.

Shop hours: Tuesday Friday 9-5p.m. Saturdays 9-2p.m.

Call 509-393-5362 for the Cashmere shop and 509-881-0170 for the Wenatchee shop. John can also be reached by email at: johnholben@yahoo. com.

Kristin Ferrera wants to be retained as Chelan County Superior Court judge

BY GARY BÉGIN

of my courtroom, they should room for improvement within feel that I listened, understood any system and I think that it is important to continually to reassess what we are doing well and what we can improve. This is something that I strive to do on a continual basis. One of the issues is how we handle defendants with severe mental health issues within the justice system. There is general agreement that this is a growing problem. We need to reevaluate our procedures and resources, even at a Statewide level, to better serve this population and the community as a whole. The reality is that someone who is having continual mental health issues and does not sustain long term treatment can be a danger to themselves

people fill out their family law forms (divorce, child custody, etc.). There is room for improvement in that our jury pools often have very few if any Hispanic jurors. I hope to do more outreach to the Spanish speaking community so that more people are aware of the services the court offers and feel more comfortable coming to court for assistance and to participate in the judicial process as witnesses and jurors.

Chelan County Superior Court Judge Kristin Ferrera was appointed to that position by Governor Jay Inslee last January after the retirement of Judge Alicia Nakata. Now she wants to win the position and add more credibility as the people's mandated choice come November 6.



NCW Media's Managing Editor Gary Bégin asked Ferrera some questions recently as to why she wants keep her spot on the bench as well as her goals and thoughts on a variety of subjects. What follows are her answers:

NCW Media: Why do you want to remain a Superior Court judge? Judge Kristin Ferrera: I was raised with and maintain the core values of honesty, fairness, integrity, and hard work that are key to being a fair and impartial judge. When either side of a case walks out

the facts, and gave them a fair hearing, regardless of the outcome. I am well-prepared and truly care about making the right decision every time. I have the character, personality, and intelligence to be the kind of judge Chelan County wants and needs.

NCW do you feel you have accomplished so far as a judge since your appointment by the **Governor?**

Ferrera: I am the presiding judge and an integral part of the development team for Chelan County's drug court which began in June. I have also spent time meeting with various groups and organizations in the county, including law enforcement, healthcare providers, and social services organizations to better understand the current processes and services of the various agencies and organizations and see ways the Court can in turn improve its own processes and services. I truly feel that there are ways our systems can become more connected and efficient, and I hope to continue to be a part of those accomplishments.

specific issues the county needs to address regarding the bench or the court system?

Ferrera: There is always

assists, 9-9 serving, 2 aces

ace, 22 digs

kills, 4 blocks

Cashmere Lady 'Dogs shutout Omak

SUBMITTED BY COACH JUAN SAN-CHEZ-MARIN

Cashmere 3 Omak 0 Scores: 25-18, 25-20, 25-23 Stats Aleah kert 10 kills, 5-8 serving, 1 ace, 10 digs Grace Croci 6 kills, 14-14 serving, 3 aces, 4 blocks Maggie Finch 5-5 serving, 3 blocks

Alexis Nue 7-7 serving, 12

Media: What

NCW Media: Are there

Grace Pixton 12-13 serving, 1

Payten Hayen 5-7 serving, 2

I was very pleased on how

we played, our passing and

defense was great ... we served

well and comunicated on the

court very well ... nice to get

that first league win," Coach

Sanchez-Marin said.

NCW Media: As a judge, what do you feel is the biggest law enforcement issue that you see everyday?

and others.

Ferrera: Crimes and family law issues related to substance use disorders are the law enforcement issues that we see most on a daily basis. The majority of these cases involve an addiction to methamphetamine, heroin, or both. It is a complex issue and there are many factors that go into this problem. We are trying new processes, such as the Drug Court, to combat the cycle of addiction and crime. We are fortunate to have a very dedicated community that is working hard to find solutions to this epidemic.

NCW Media: Do you feel the Hispanic population is getting its fair share of legal representation?

Ferrera: We do have services available to litigants who are primarily Spanish speaking. For example, we have a court interpreter who is available for hearings in Spanish, we have court forms in Spanish, and we have a family court navigator that is fluent in Spanish who can help

NCW Media: Do you specific have any projects or programs you want to install if you get elected?

Ferrera: I would like to get a Mental Health Court started in Chelan County. Defendants with mental health disorders and the community as a whole could be better served if we had an alternate process for these defendants that would address longer term treatment and care. Too often we see the same individuals come back to court over and over again with new charges, harming themselves and others in the process.

I would also like to better incorporate services into our court system for veterans. Other counties and states have treatment courts specifically designed for veterans. Whether we include veterans' services specifically into the existing treatment court or develop a special court to address veterans' issues, I would like to see us more specifically address the problems that these individuals face.

NCW Media: Feel free to ad lib about your hobbies, education, church, family, etc.

Ferrera: I am married to an incredibly supportive husband who is a middle school math teacher and have two amazing daughters ages three and five. Most of my time is spent with my family, but I do get time away (when I am not campaigning) to run (I am running the Leavenworth half-marathon in October), bike, hike, and fish.



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