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Brewster resident has run-in with Riverside property owner

BY MIKE MALTAIS STAFF WRITER

RIVERSIDE – Interacting with the public comes with its perils. Brewster resident Dione Crossland-Asmussen found that out during an encounter with a Riverside resident on whose property she was performing her duties as a representative of the Okanogan County Assessor's Office.

According to an arrest report released by Okanogan County Sheriff Tony Hawley, Crossland-Asmussen was appraising property on Scanlon Lake Road when she was confronted by the property owner, Edward Conger.

Conger, 60, reportedly

struck the county vehicle Crossland-Asmussen was driving with a bat after advising her that she was trespassing on private property. When Conger then came after Crossland-Asmussen with the bat, she left the property, drove to a safe location, and reported the incident

Okanogan County Sheriff's **Deputies Orr and Gonzalez** interviewed Crossland-Asmussen after which they contacted Conger and arrested him. Conger was booked into Okanogan County Jail on charges of Attempted Assault in the Second Degree, Intimidating a Public Servant, and Malicious Mischief in the Second Degree.

Gebbers Farms cleared of COVID-19 outbreak

Okanogan Health Officials call on community to spread facts, not fear

SUBMITTED BY LAURI JONES, MN, OKANOGAN COUNTY PUBLIC HEALTH

BREWSTER - The dangers of bias and misinformation can complicate our response to COVID-19, especially in these uncertain times.

To make sure you have the latest and most accurate facts, we remind you to check your sources, and rely on state and local health departments.

For example, Gebbers Farms came under fire based on assumptions that people made about H2A farmworkers. Those assumptions may have been unintentional, or they may have been caused by racial bias, but the result is that one of our key employers and primary industries is being criticized. In fact, when Gebbers Farms was required to test over 3,100 employees, what they found

was a very low positivity rate, 0.7%, which is far lower than the positivity rates that we're seeing in the tests of the community at large (click here for our data dashboard).

What we do know is that it will take all of us working together to contain this virus. When it comes to the public health of our community, we are all individually responsible for wearing a mask, washing our hands, and staying at least six feet apart. Together, we can also help make sure that people have what they need, like paid time off or help getting groceries, to isolate and quarantine when it's recommended.

We encourage everyone no matter where you work - to get tested at the first sign of symptoms, and to work with contract tracers to make sure we can stop the virus in its tracks. Click here for testing

Cold Springs fire victims continue recovery meetings

Debris clean-up, assistance discussed

BY MIKE MALTAIS STAFF WRITER

OKANOGAN-Cold Springs wildfire victims gathered on Tuesday evening, Oct. 6, for the second time in two weeks at the Okanogan County Fairgrounds. The principal topics of the night concerned wildfire debris cleanup and disposal, potential property flooding, fence and hay supplies, and information intake for agency and volunteer assistance.

Larry Robinette of the Colville Tribes and Maurice Goodall of Okanogan County Emergency Management again coordinated the meeting. Carlene Anders, Executive **Director of Okanogan County** Long Term Recovery Group (OCLTRG) reported that her



Mike Maltais/QCH Josh Thompson

group linked with Disaster Case Management Lead Jessica Rounds recorded more than 270 intakes from Cold Springs fire victims. Anders

Oregon sends its share



said information is being gathered now for the long-term vetting process that begins in November.

County Assessor Larry Gilman updated landowners that Sabrina Abrahamson

his office has now completed the fire assessments for all the fire-affected land. "If you are concerned about

SEE MEETINGS ON PAGE A2

2020 wildfires produce state record smoke pollution

BY MIKE MALTAIS STAFF WRITER

OLYMPIA - "2020 was a record-setter."

That simple statement from Andrew Wineke, Communications Manager for the Washington State Department of Ecology's Air Quality Program, sums up on a statewide level what Quad Cities residents experienced following the Cold Springs and Pearl Hill wildfires that ignited over Labor Day weekend. Not only did a record number of acres burn, the smoke from those conflagrations combined with what drifted over the state between Saturday, Sept. 12, and Thursday, Sept. 17, and set record levels of particulate pollution for every single air quality monitor used by DOE. A look at historical records going back to 2000 - when



locations. The pandemic is global, but

how we choose to respond is local, and the people of Okanogan County are the kind of people who look out for each other.

Please join us in spreading facts, not fear.

"LVoted"

Students can cast ballots in 2020 mock election

BY MIKE MALTAIS STAFF WRITER

QUAD CITIES – In one of the most controversial and contentious presidential elections in modern history, Washington state school students have an opportunity to cast votes for candidates and ballot measures in the 2020 Student Mock Election now available through the Office of the Secretary of State through Nov. 3.

A media release from the Office of the Secretary of State said ballots, along with corresponding tabulation sheets and Voters' Pamphlets, are available for download and printing at sos. wa.gov/mockelection. Students

read candidate statements and arguments for and against races, measures, and issues that may be relevant to their daily lives.

"The Student Mock Election offers teachers resources and tools that empower kids to become more informed and involved citizens," said Lori Augino, director of elections, Office of the Secretary of

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Courtesy WSDOE

A smoke plume as large as the State of Oregon can be seen in this weather photo blowing over neighboring Washington.

TRH adds 3D to mammography imaging

BY MIKE MALTAIS STAFF WRITER

BREWSTER - With an acquisition that will accrue to the breast health of its patients, Three Rivers Hospital (TRH) Board of Commissioners approved the addition of 3D mammography equipment at its regular Sept. 30 meeting.

TRH will soon be offering 3D imaging with a Siemens MAMMOMAT Revelation digital mammography machine. A



Nancy DeFord

TRH media release said the purchase is partially funded by a \$50,000 Philanthropy in Action grant received earlier together with \$13,750 credit from Siemens. The balance of the estimated \$206,000 will be paid over a 60-month lease with General Electric.

"The 3D technology offers a gentler mammogram with much greater depth of detail than digital 2D imaging," said Nancy DeFord, Three Rivers Hospital's mammography

coordinator with more than 20 years of experience.

TRH is also working with Virtual Radiologic Corp. to offer patients diagnostics and same-day results, the release said.

"We're excited to be able to provide these services to our patients, so they can get a diagnosis faster and get life-saving treatment even sooner," DeFord said.

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During this difficult time support your neighbors Most local businesses offer curbside service or delivery



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Community

Online Weed Conference scheduled for Nov. 3-6

BY MIKE MALTAIS STAFF WRITER

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OLYMPIA - The 70th annual Washington State Weed Conference will be offered to the public free and online this year from 9 a.m. to noon over four days, Nov. 3-6, thanks to a partnership between the Washington Vegetation Management Association (WVMA) and the Washington Invasive Species Council (WISC).

An announcement from the state Recreation and Conservation Office (RCO) said conference topics will range from Asian giant hornet identification and successful integrated pest management, to disease control in turf grass. Up to 12 credits can be earned by those seeking pesticide and structural pest inspector certification.

"The association and council are two examples of organizations dedicated to protecting the economy and environment of Washington," said WISC chair Ray Willard. "This is a fantastic opportunity to combine forces and pull together to stop weeds and pests that threaten this place we call home. Whether you are a WSU Master Gardener or parks volunteer, or you work in the landscape industry, forestry, agriculture, right-of-way management, or any of the environmental



Courtesy RCO Weed Conference logo

Washington Invasive Species Council **Washington Invasive Species**

Council logo

management sectors, you can't afford to miss this free event."

"Weed and invasive species managers have been deemed essential workers, as their activities protect the state's agriculture, infrastructure and transportation system," said WVMA president James Mallett. "We are proud to be providing information and continuing education credits that keep our state running and productive."

- Information:
- www.weedconference.org
- **Invasive Species Council** Web Site
- Washington Vegetation Management Association, (509) 288-4677 or info@ weedconference.org Contacts:

Taryn Baze, Washington Vegetation Management Association, Office: 509-288-4677, Cell: 509-205-7159 Justin Bush, Washington Invasive Species Council, Cell: 360-704-0973

Cultivating Success launches online Whole Farm Planning course

PULLMAN - The WSU Food Systems Program with support from the Veteran's Affairs office and in collaboration with 18 WSU Extension locations from across Washington State are launching Cultivating Success: Whole Farm Planning, a bilingual online event utilizing interactive virtual platforms over a nine-week curriculum to create, sustain, and grow viable small farms.

Cultivating Success: Whole Farm Planning is a step-bystep course to help prepare a well thought out plan for land, life, and farm business. Learn how to use a whole systems lens to create a living plan for a small farm future. Classes will meet weekly through Zoom, in an online classroom environment. Participants

Continued from page A1

as preventive care.

MAMMOGRAPHY

The American College of Radiology

recommends an annual screening for

those age 40 and older who are at average

risk of developing breast cancer, which

affects one in eight women. Most major

insurances cover annual mammograms

In addition to mammograms, the

hospital's clinic, Three Rivers Family

Medicine, has two physicians, Ty Witt,

M.D., and Amy Ellingson, M.D., who

provide women's health care. Dr. Witt

has practiced gynecology for more

than 30 years, including treatment for

bone health, hormones, infertility, and

can connect to a collective statewide cohort for main topics and lectures from experts in sustainable practices, direct market farming, valueadded processing, integrated pest management, livestock, and more. Opportunities for discussion and community building in smaller regionally based groups with local farmers and ranchers will build a solid network and a whole farm plan to suite any operation.

The \$125, nine-week course is offered fully online through Zoom with 100% scholarships available for military veterans. The course starts Oct. 20 and runs through Dec. 15, with a break Nov. 3. Class meets at 6-8:30 p.m. every Tuesday (¡Curso traducido al Español).

This course will be offered with Spanish language interpretation and facilitation.

Course objectives include gaining knowledge of the practical aspects of whole farm planning for a wide variety of enterprises, understanding the various components of sustainable small-scale farming systems and gaining skills in assessing the feasibility of developing a viable, sustainable, small-scale farming enterprise including how to evaluate personal and family goals, evaluate land and personal resources, and improve environmental outcomes. Participants will learn about available resources and support networks for sustainable farming and develop a whole farm plan that meets social, environmental, and financial goals.

This course builds on the foundational elements of Cultivating Success: farmer mentorship, experiential learning, community place-based, and whole systems thinking with a small farms focus. This series is offered thanks to the WSU Food Systems Program, 18 WSU Extension locations across Washington state with support from the Veteran's Affairs Office.

For more information visit foodsystems.wsu.edu/wholefarm-planning.

To register visit tinyurl.com/ wholefarmplanningfall2020.

Contact: Aba Kiser (WSU Food Systems Communications Coordinator), aba.kiser@ wsu.edu or 360-379-5610 ext. 211.

other conditions. He is also a surgeon and performs procedures such as hysterectomies, biopsies, and hysteroscopic ablations. Dr. Witt prefers using minimally invasive techniques when possible, to give patients an easier and faster recovery.

Dr. Ellingson provides annual wellwoman exams as part of her primary care practice. She is also certified to treat qualifying patients with bio-identical hormone replacement therapy.

Patients interested in scheduling a mammogram can call he hospital at 509-689-2517 ext. 3107. More information about other women's health services is available online at www.brewsterclinic.org, or by calling Three Rivers Family Medicine at 509-689-3749.



Courtesy TRH The Siemens MAMMOMAT Revelation features the latest technology in 3D imaging.

MEETING

Continued from page A1

anything or think we might have missed you place, come talk to me," said Gilman. "We're processing with the Treasurer's office right now and they should have it all done within the next couple of days."

Gilman added that for those who have not already paid their property taxes, a reduction will show up in the secondhalf property tax statement.

County engineer Josh Thompson of Okanogan County Public Works reported that his department is busy getting roads back in shape following the damage caused by the wildfire.

"We're ordering a whole lot more road signs to replace what was burned," said Thompson, "guardrails to repair and a lot of burned trees to take down before they start falling the road."

Okanogan County solid waste manager Kent Kovalenko advised the audience of the present fee status for disposing of wildfire debris.

"The Commissioners have waived the tipping fee for affected (Okanogan County) residents," said Kovalenko. "Prior to heading up to the landfill, please call first. We're going through all the parcel numbers to make sure we're screening who is actually affected.'

Kovalenko said the landfill has already received several inquiries from outside the area about the emergency fee schedule. In addition to qualifying users he wants to pass along safety tips as well as advise what the landfill is and is not accepting. The phone number for the Okanogan Central Landfill is 509-422-2602.

Ben Carroll with the Okanogan Conservation District offered assistance to landowners with natural resource restoration issues such as erosion and seeding.

'We're doing site visits right now," said Carroll, "and are working closely with the Farm Services Agency if you are an agriculture producer."

Goodall urged victims to pay special attention to potential flooding events.

"With the water that's coming and the snow...if you're on a mountainside or anywhere below be cautious because just because it hasn't happened before to you doesn't mean it isn't going to happen," said Goodall. 'You need to have a plan and think about that."

Jennifer Short and Aggie Alarez representing the Okanomight be of assistance.

Several agencies from the Colville Confederated Tribes including the Colville Indian Housing Authority (CIHA) were on hand to advise tribal member fire victims of available services for both the wildfire and COVID-19 issues. Sabrina Abrahamson, CIHA resident service manager reported processing some 443 COVID applications since July. Her agency assists tribal members with everything from personal hygiene, cleaning supplies to mortgage and rental assistance.

Cold Springs Fire Relief (CSFR), organized under the Omak Okanogan County Long Term Recovery Organization the assistance.

"We also might be able to get to some more fencing projects for immediate containment for animals to we have a sign-in sheet for that," said Heindselman. "We also have a sign-in sheet for hay...we're trying to get a list together to find out how far out we have to keep reaching for that."

The CSFR Facebook site includes addresses for donations toward hay, fencing materials, and volunteer team support through PayPal c/o coldspringsfirerelief2020@gmail.com. Donations can also be dropped off at the Omak RE/MAX office at 215 N. Main Street. Check may be mailed to Cold Springs Fire Relief, P.O.B. 1244, Omak. WA 98841. Questions regarding monetary donations can be directed to CSFR at 509-429-3372 or email address coldspringsfirerelief2020@gmail.com.

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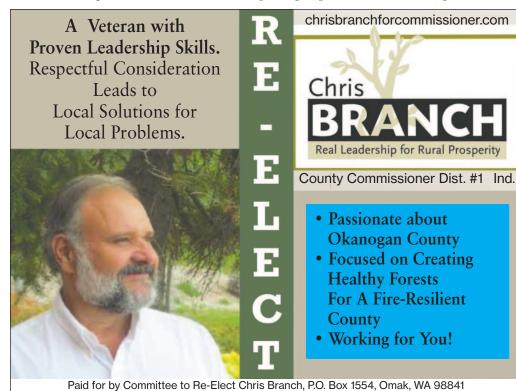
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gan County Community Action Council distributed information about their group and urged fire victims to reach out to OCCAC to inquire where it

(OOLTRO), is putting together volunteer teams to help fire victims with debris cleanup. Kory Heindselman urged those who need help to sign up for



Deadlines

Letters to the Editor: Noon, Friday Calendar Listings: Noon, Friday News Submissions: Noon, Friday Display Advertising: 5 p.m., Thurs Legals: Noon, Friday Classified Ads: Noon, Friday Obituaries/Deaths 4 p.m., Friday

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Letters policy The Quad City Herald welcomes

letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

News Tips

Have an idea for a story? Call Quad City Herald at 689-2507

Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

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WILDFIRES

CONTINUED FROM PAGE A1

DOE began tracking pollution particles of 2.5 micrometers or smaller that pose a serious risk to human health – found that more Washington cities were exposed to the highest category for air pollution than during any previous smoke event.

For a recap of the record smoke siege just passed, Wineke's narrative takes it from here:

On Sept. 10, a super massive plume of smoke from Oregon wildfires began moving into Washington.

The record-shattering smoke storm of 2020 is now behind us. Rain clouds have replaced the choking fog of smoke that held Washington in a vice for more than a week, and the annual dread of late-summer wildfires appears to have eased.

Before we get back to business as usual, however, we wanted to review what exactly happened in the first three weeks of September, what it did to all of us that were stuck breathing that toxic soup, and what we can learn from this smoke event to prepare us for future summers when the smoke returns.

Prelude

For most of the summer of 2020, the Pacific Northwest enjoyed a mild wildfire season. The major impacts to air quality were a few fast-burning range fires near Yakima and Mattawa.

In late August and early September, increasingly hot and dry conditions set the stage for what was to come. As Labor Day weekend arrived, so did the fires. The tiny town of Malden near Pullman was nearly destroyed by a fast-moving blaze, and a one-year-old child died as his parents fled the Cold Springs Fire outside of Omak.

On Labor Day, Sept. 7, the typical onshore flow of wind and weather systems moving in from the ocean shifted as high pressure built up over the interior northwest and low pressure set up along the coast. Since winds blow from high

pressure toward low pressure areas, they began to blow from the east and strengthened quickly. In Washington, winds up to 50 miles per hour pushed smoke from the fires to the east across the mountains and into the cities of the Puget Sound region. Ash fell around Seattle, and the air took on the smell of a campfire.

On Sept. 8, air quality declined to unhealthy levels in the Puget Sound region. South of Seattle, a brush fire leapt up in the Tacoma suburb of Bonney Lake, destroying two homes and forcing thousands of residents to evacuate.

The situation in Oregon was much more dire. Wildfires exploded in Southern, Central and Northern Oregon, forced the evacuation of entire cities, ultimately burning up to the edges of the Portland suburbs as nearly a million acres of forest and hundreds of homes succumbed to the flames.

A super-massive plume

Smoke from these fires settled off the Oregon coast, where the cool waters finally calmed the winds. Over the week of Sept. 6, the smoke built up into a super-massive plume – a ghostly echo as large as the state that spawned it.

At Ecology, our smoke forecasters watched with unease as this plume built. Off the coast, the choking cloud of smoke posed little danger to Washington communities, and lighter winds were forecast with the

potential to blow the smoke north, skirting the Washington coast and heading into Canada. If the typical onshore flow

were to return, however, the smoke would circle around the Olympic Mountains and crash into Seattle, threatening more than 4 million people in the city's metropolitan area.

On Thursday, Sept. 10, the hope that Washington would dodge the bullet faded. Winds shifted to southwest, pushing the smoke toward western Washington.

The heat from wildfires can drive smoke high into the atmosphere, where winds can pick that smoke up and drive it hundreds or thousands of

miles. Earlier in the summer, smoke from fires in Siberia pushed over western Washington, leading to spectacular sunsets but not descending to ground level.

That was not the case this time. Cooler temperatures the night of Sept. 10 allowed the smoke to mix down to ground level, and Western Washington awoke on Friday, Sept. 11, to ashen skies.

The super massive plume continued to creep across Washington through the weekend, subjecting first Central and then Eastern Washington to the thick smoke. Had the smoke simply continued to blow eastward, however, it would have gradually cleared out and allowed air quality to recover.

That did not happen.

Forecasting smoke is not like conventional weather forecasting. Wildfires can grow suddenly, unleashing fresh torrents of smoke and ash. New fires can pop up, and firefighters can gain or lose ground on existing fires. Smoke rises and falls during the day, driven by wind and temperature changes.

Because of these complexities, the same sort of sophisticated computer model that confidently predicts rain a week ahead of time struggles to accurately forecast smoke more than a day or two out. Smoke forecasters use their personal expertise to try to outguess the computer models, but they, too, are sometimes caught off guard as wind and weather combine to frustrate their expectations.

"What do you do when the atmosphere doesn't deliver what you ordered?" asked Dr. Ranil Dhammapala, an atmospheric scientist and smoke forecaster with Ecology. "You try to diagnose the problem, take into consideration the lessons learned and issue an updated forecast.

"We look at multiple weather and smoke models, each with their own strengths and weaknesses," Dhammapala said. "We also consider feedback from other forecasters, wildland fire managers and look at monitoring data continuously. Forecasts are constantly recalibrated as new information becomes available."

The night of Sunday, Sept. 13, such a recalibration proved necessary. The wind working to clear the plume faltered. A new, weak front was forecast to continue the clear-out, but those winds instead sailed mostly overhead.

Why? With no wind and a thick blanket of smoke over the entire state, little sunlight reached the surface, meaning there was none of the usual daytime warming that produces evening breezes. Just as it does during wintertime temperature inversions, the smoke settled in the valleys and basins of Washington, forcing millions of residents to shelter inside.

A dark cloud

As that smoke settled, air quality grew worse and worse.

Between Saturday, Sept. 12, and Thursday, Sept. 17, every single air quality monitor in Washington state recorded levels of particulate pollution above the federal 24-hour standard.

Particulate pollution, especially the tiny particles known as PM2.5, pose a serious threat to human health. PM2.5 particles are 2.5 micrometers or smaller in size — so small that our bodies' natural defenses do not work against them. They lodge deep in our lungs and even get into our bloodstreams.

Short-term exposures to PM2.5 can irritate your eyes and throat, produce headaches, and leave you short of breath. For people who already suffer from a respiratory illness or heart disease, the effects are worse, and can be lifethreatening.

"It's very clear from research done here in Washington and in other places that more and more of the population suffers certain health problems when there's a lot of wildfire smoke," said Dr. Matt Kadlec, Ecology's smoke toxicologist. "It's common for people to have eye and respiratory tract irritation; stress; headaches; shortness of breath; and, among those who already have asthma,

worsened symptoms. As smoke levels increase and last longer, respiratory and cardiovascular health risks increase, resulting in greater incidences of emergency department visits, hospital admissions, and even deaths."

Washington is no stranger to wildfire smoke. The Carlton Complex Fire in 2014 burned more than a quarter-million acres and destroyed more than 350 homes in the Methow Valley. In 2017 and again in 2018, huge wildfires in British Columbia sent smoke southward, blanketing much of the state for weeks.

As bad as these smoke events were, they could not compare to September 2020.

Ecology scientist Dr. Beth Friedman looked at historical records going back to when the agency began tracking PM2.5 levels in the early 2000s. She found that more Washington cities were exposed to hazardous air quality — the highest category for air pollution — for longer than any previous smoke event.

'This smoke event marks the most days statewide PM2.5 monitoring sites have recorded hazardous air quality going back to 2000, and the majority of the state experienced at least five consecutive days of very unhealthy or hazardous air quality," Friedman said.

As the smoke lingered, hundreds of questions poured in to the Washington Smoke Information blog, where Dhammapala and fellow smoke forecaster Farren Herron-Thorpe tried to provide updated forecasts, explanations, and advice. More than 2.5 million people visited the smoke blog over the week, while another 2.6 million looked to Ecology's air quality monitoring map for the latest conditions.

Light winds in the middle of the week momentarily cleared the smoke from a few spots on the coast, but then also brought a second wave of smoke from Oregon fires.

When would it end?

Hope on the horizon

After the dashed hope of relief on Sept. 13, commenters on the smoke blog and social media were skeptical of forecasts. To Dhammapala, Herron-Thorpe, and other forecasters around the state, however, the signs for optimism were clear: Another weather system was due to arrive on the Washington coast Thursday, Sept. 17. The front would bring rain and gradually push the smoke

ington was clear — air quality monitors showed nearly all green on the map. Eastern Washington and Spokane had to wait another day for relief as the storm swept the smoke away.

And, on Sept. 21, it was all just a memory.

The new normal?

Are smoke events like this the "new normal?" Do we need to prepare for weeks stuck inside every summer from now on? Is there anything we can do to prevent that?

The Magic 8 ball tells us that the future is uncertain. Climate researchers predict that the number of acres burned each year in the west will continue to rise, as warmer winters eat away at mountain snowpacks, and hotter summers dry foliage more quickly, setting the stage for wildfire.

Those long-term trends do not tell us about any particular fire season, though — after major smoke events in 2017 and 2018, 2019 was a very mild year. And the wildfire season of 2020 was unexceptional for most of the summer. Until our luck ran out.

Even when fires race across the west, that does not mean the more heavily populated regions will be hit by smoke. The sequence of events chronicled above shows that several factors must come together in the right sequence for smoke events of this magnitude. In 2020, strong east winds allowed a super-massive plume of smoke to accumulate offshore but had the wind shift been followed by stronger onshore flows, that reservoir would have quickly drained.

Still, three of the past four years have seen days or weeks of unhealthy air in Seattle, Tacoma, and Vancouver. Clearly, everyone in Washington needs to be prepared to protect themselves and their families when smoke arrives.

N95 masks — the most effective portable protection against PM2.5 — were hard to come by in this pandemic year. The simple cloth masks most Washingtonians wear to reduce the spread of the coronavirus provide little protection against the tiny particles.

Staying inside with the doors and windows closed is the best advice to reduce smoke exposure, but that is a tall order when hazardous air quality goes on day after day. Making sure your air conditioner for those fortunate enough to have it — or furnace is set to recirculate helps to keep smoke outside. A clean filter with a MERV rating above 11 will capture some of the particles that do get in and can significantly improve indoor air quality as the air recirculates. Tens of thousands of people watched Ecology's "how-to" video showing a simple trick to strap a furnace filter to a box fan, offering an inexpensive way to create a clean air shelter. 2020 was a record-setter. Whether it is a harbinger of the future or an exceptional event remains to be seen. What 2020 has taught us, though, should be a call to action for everyone in Washington to be prepared for smoky skies and toxic air.



Office/Issue	Recommendation	Reason				
US President	Donald Trump (R)	Effective economic leadership, good judicial appointments				
US Representative (Cong. Dist. 4)	Dan Newhouse (R)	Effective conservative incumbent				
WA Governor	Loren Culp (R)	Stands firm on constitutional rights				
WA Lieutenant Governor	WRITE-IN Joshua Freed (R)	Approved by state party and by Culp campaign. Please write his name, without the (R), on the WRITE-IN line at the botton of the Lieutenant Governor area of your ballot.				
WA Attorney General	Matt Larkin (R)	Will uphold state law, not focus on progressive policies				
WA Auditor	Chris Leyba (R)	Will conduct meaningful audits of all state departments				
WA Commissioner of Public Lands	Sue Pederson (R)	Will manage state lands for the general good, without an over-emphasis on environmental goals				
WA Insurance Commissioner	(No recommendation)	Republican candidate's plan appears unworkable				
WA Secretary of State	Kim Wyman (R)	Effective incumbent, fair to all interests				
WA Superintendent of Public Instruction	Maia Espinoza	Experienced educator, opposes mandatory K-12 sex ed				
WA Treasurer	Duane Davidson (R)	Experienced fiscally-conservative incumbent				
WA Supreme Court (Pos. 3)	Dave Larson	Experienced judge with conservative values				
WA Supreme Court (Pos. 6)	(No recommendation)	Both candidates are progressives				
WA Court of Appeals (Div. 3, Dist. 1, Pos. 2)	Tracy Staab	Excellent online interview, has conservative values				
WA Representative (Legis. Dist. 7, Pos. 1)	Jacquelin Maycumber (R)	Effective conservative incumbent				
WA Representative (Legis. Dist. 7, Pos. 2)	Joel Kretz (R)	Effective conservative incumbent				
WA Senator (Legis. Dist. 12)	Brad Hawkins (R)	Effective conservative incumbent				
WA Representative (Legis. Dist. 12, Pos. 1)	Keith Goehner (R)	Effective conservative incumbent				
WA Representative (Legis. Dist. 12, Pos. 2)	Mike Steele (R)	Effective conservative incumbent				
Okanogan County Commissioner (Dist. 1)	Shauna Beeman (R)	Local business owner with conservative values				
Okanogan County Commissioner (Dist. 2)	Andy Hover (R)	Effective incumbent with conservative views on finances, land use, & water rights				
Okanogan County PUD Commissioner (Dist. 1)	Scott Vejraska	Effective conservative incumbent				
Referendum 90 (Mandatory K-12 Sex Ed)	ESSB 5395 should be REJECTED	Sex ed should be a local choice, not a state mandate. Most districts will probably adopt pre-built curriculum, which includes some non-conservative values.				
Advisory Vote 32 on ESSB 5323	Repealed	We concur with our representatives that sales tax should not be added to charges for grocery bags.				
Advisory Vote 33 on SSB 5628	Maintained	We concur with our representatives that heavy equipment should be taxed as rentals rather than as inventory.				
Advisory Vote 34 on ESSB 6492	Repealed	We concur with our representatives that these B&O rate increases are excessive.				
Advisory Vote 35 on ESB 6690	Maintained	We concur with our representatives that this tax change should be maintained, at Boeing's request, to avoid big European tariff on American aircraft.				
WA Constitution Amendment	Amendment (ESJR 8212) should be APPROVED	We concur with our representatives that this fund qualifies for higher-yielding investments.				

northeast.

This time, the front arrived right on schedule. Air quality monitoring stations on the Washington coast showed good air quality by late morning Thursday. Further inland, though, air quality remained in the very unhealthy category in the Puget Sound region, and hazardous in most of Eastern Washington.

Slowly, slowly, that began to change. Friday afternoon saw heavier rains and scattered thundershowers. All over Western Washington, people's moods seemed to lighten as the smoke lifted, even though it hovered around the unhealthy range much of the day.

By Saturday, Western Wash-

Lic #2079806-DCA

Business & Healthcare Directory

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* Licensed & Insured * Free Estimates 203-917-2151 347-530-2565	Ruth 682-2213 or Lindsay 509-860-7301

Community/Opinion

OBITUARIES

A4

Marilynn **Dawn Snider**

Marilynn Dawn Snider was born June 26, 1949 to parents George and Freda Snider. She lost her battle with dementia on September 9, 2020

She leaves behind her beloved Don Harmon and their horses; her sons Ty (Jen) and Cary Whitehead and her grandchildren Marcus, Josiah, Makayla, Dawson, Levi, Karlee and Ezra; her brothers and sisters, Darcy, Constance, Joe, Pam, Janet, and George; as well as many nieces and nephews.

She had spent her life serving as a nurse. Caring for both young and old. She had spent many days volunteering her time both on the homefront and traveling abroad providing her nursing skills to those in need.

Marilynn was a beloved mother, grandmother, sister, friend and one of the most brilliant and loving women God has graced our world with. She will be dearly missed by all.

Marilynn's memorial service was held October 10, at

DEATH NOTICE

Helen Ann Zahn

Helen Ann Zahn, 91, of Methow, Washingotn, passed away on Sept. 28, 2020.

11 a.m.

Please leave any thoughts and memories for the family please login at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

LETTER TO THE EDITOR

Reader a fan of 'Apples to Apples' column

Dear Editor.

Hey Marine your editorials are exceptional. Keep up the good work.

FAMILY HEALTH CENTERS

BE YOUR BEST SELF

Frazier Strutzel, Cashmere

Due to COVID regulations

everyone was on FACE-

BOOK live "Marilvnn Dawn

Snider Memorial" https://

fb.me/e/3Gn62vZLI

Take a Walk in Her Heels

Sour grapes? Yes, I spew them all the time. Try fixing a problem or complaining about justice.

"Just Us" is the way of the wealthy seeking legally related actions.

Bureaucracy wants nothing more than to ask for more forms and more affidavits and more red tape and then will drag the issue ad infinitum until the PR problem goes away, asphyxiated by its own weight, as it hangs on the cross of justice, awaiting its resurrection on the new day "Everybody's waiting for a new day in the morning, new day in the morning never comes (Roger Whittaker)."

Congressman Dan Newhouse's web site listed the "U.S. Merchant Marines Academy" in a recent e-newsletter to constituents.

I tried to respond that there is no "s" in Marine as "marine" refers to the ocean and not to the sea-borne soldiers as in U.S. Marines. I still wonder why so many newspapers, broadcasts scroll, tests and other written material spells Marines with a small "m" when it is a word coming from the proper noun Marine and so is capitalized. Soldier, sailor and airmen needn't be capitalized because they don't come from proper nouns. Army, Navy and Air Force members aren't capitalized when referring to them, not because they aren't equally loved, but because of grammar. Blame Webster or whomever.

Short story, my reply was

COMMUNITY BULLETIN BOARD

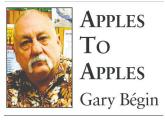
Oct. 15

Bridgeport Irrigation District to shut off water

BRIDGEPORT - The Bridgeport Irrigation District will shut off 509-686-9051.

Okanogan County Transportation & Nutrition meal delivery Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and Thursday. Take out only. Please reserve your meal by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon.

The home-delivered meal program is not interrupted and is



bounced back by Newhouse and I was told to go to his website which informs me that they are too busy to respond to my email.

The mistake was corrected by some other ethereal means. I met Newhouse about four

years ago in Brewster at the Gebbers Hq.

His newly hired PR guy tried to tell me his recent column that appeared in the Yakima Herald newspaper was "copyrighted" and I laughed.

Public comments by public officials are not copyrighted. Even if he wrote it "exclusively" for the Yakima folks, it is still allowed to be reprinted without anyone's permission as it became public property once it was printed.

Public officials are actually getting taxpayer money, so no one company has exclusivity to their work product. It belongs "to the people."

A few years back, a photographer demanded payment for a photograph used in one of our weekly community newspapers. He was adamant and raised holy heck with the staff. He was directed to call me and I told him he wasn't getting a penny, zip, nada.

The reason was simple, he had given his photo to a public

agency which reprinted it on their website. All of it became public record, public taxpayer paid for and thus, no longer sacrosanct vis-à-vis copyright laws.

In other words, too bad, so sad. Once you give your "exclusive" or copyrighted photo or writing to a public agency or place it in a public venue which uses taxpayer dollars, than thanks for the info bud, but don't expect any money for it.

Hope I didn't shatter any future careers, but writing and photography are two professions that don't lend themselves to great wealth, but for the top 5% of writers and photographers who are already famous (or infamous) enough to be recognized as having such a unique style as to be unmistakable and thus not easily forged, plagiarized or copied.

Now what about sexism? Can I say that someone was caught with her pantsuit down or is that too suggestive, even though men have been caught with their pants down for thousands of years? Does equal rights also apply to equal mockery?

What about the millions of women out there who dye their hair blonde? Is it because they feel blondes "have more fun" and isn't that what Cyndi Lauper always said, "girls just wanna have fun.'

Talk about sexism, but it did make her rich. I suppose boys can't have fun because then they are thought to be frivolous? "Give that boy a

the month. Next trip is Nov.

13. The bus starts picking

folks up at their homes at

7:30 a.m. Riders may request

destination(s); medical ap-

On the third Friday of each

month Oct. 16, riders will

be taken to Omak for the

day. Riders request their

General Public, \$6 suggested

donation/day for Seniors (60

plus). Omak: \$5.50/General

Public, \$2.75 suggested do-

nation Seniors (60 plus). (509)

826-4391 to reserve your seat.

Retirement Planning

Seminar

OKANOGAN - Okanogan County

Wenatchee: \$12/boarding for

pointments etc.

destination(s)

Oct. 21

Barbie doll and he'll grow up Gay" used to be a mantra for demanding sexually appropriate behavior from youngsters, even at 3-years-old.

Many women sport men's names as nicknames. I just met a neighbor whose name is Eddy. She's about 80-yearsold and in a wheelchair. The name is short for Edwina, an old fashioned name indeed

How many men would run around as a natural blackhaired guy, but wearing blonde hair dye? How many men would call themselves Judy as a nickname if their given name was Jude? What about calling themselves Fran if their name was Frank? I met a Fran-man once ... and yes, he was a hair stylist.

Back in the early days of the women's lib movement I was told that every person would be paid exactly the same amount because they were all doing the same work. Sounds like a plan to me, and a fair one at that.

Then I realized it was just more PC garbage meant to appease female heck-raisers. I found out the hard way when it came time for guard duty. No women were assigned to walk around the armory with a loaded shotgun at 3 a.m., but the Pentagon was right, on pay day we all received the exact same pittance based on our rank and regardless of sex.

Sounds fair enough to me, the wife got all the money anyway.

Want some cheese with that whine, big boy?

by the parking lot.

Donors can call 800-733-2767 or 800 REDCROSS org go to redcrossblood.org to make an appointment. All blood will be tested for antibodies of the COVID-19 type viruses thru October. Please make sure you have recovered from the virus on the day of the donation. All social distancing, masks, and procedures will be followed.

Help available for **Douglas County** veterans

EAST WENATHCEE - Sarah Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at: https://www.facebook.com/ douglascountyvso

Thursday, Oct. 15 Pork Lo Mein, Asian Style Slaw, Mandarin Oranges, Egg Roll, Dessert

irrigation water for the season on Oct. 15. For question call

BREWSTER - Brewster Senior

those 60 and under the cost is \$8.50.

WHOLE PERSON HEALTH Jocial PHYJICAL **EMOTIONAL**

PRIVATE INSURANCE WELCOME

800.660.2129

on its regular schedule. For more information about se-

nior meal programs: Okanogan County Transportation & Nutrition at 509-826-7979 or Aging & Adult Care of Central Washington at 800-572-4459

Tuesday, Wednesday, Thursday

Senior meals, Oct. 15, 20, 21, 22

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For

Oct. 16

Apple Crisp

Thursday, Oct. 22

Tuesday, Oct. 20

Pears, Dessert

Dessert

Wednesday, Oct. 21

Cheeseburger Deluxe, Jo Joís,

Pork Chops, Au Gratin Pota-

Chicken Fried Steak, Potatoes

& Gravy, Trio Vegetables.

Spinach Salad, WW Roll,

toes, Brussels Sprouts, Green

Salad, Applesauce, Biscuit,

Southwest Salad, Sliced

Brewster Grange Farmers Market

BREWSTER - The Brewster Grange Farmers Market is open every Friday, from 2-5 p.m., at the Brewster Grange, located on Highway 97. Vendors are able to accept WIC Checks and Senior Nutritional Vouchers. For more information call Marge at (509) 733-1963.

Oct. 16, Nov. 13

Brewster bus trips

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of School Retirees' Association is sponsoring a free Retirement Planning Seminar for all school employees via ZOOM on Wednesday, October 21 at 4 p.m. To obtain the meeting link, contact your school district office or Penny Garrison at pgarrison07@gmail.com.

Oct. 22 **Red Cross Blood** Drive

BREWSTER - The American Red Cross will be holding a blood drive on Oct. 22 from 12 to 5 p.m. at the Brewster Seventhday Adventist Church located at 17 N.W. Hospital Way. Enter

Submitting your Bulletin Board item - Deadline Friday at Noon p.m.

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror. com, subject line QCH Bulletin. Deadline: Friday at Noon p.m. Be sure and include date, time, place and cost if any.

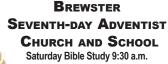
Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

OUAD CITY CHURCH GUIDE

BREWSTER • BRIDGEPORT • PATEROS

New to the area? On Vacation? These churches welcome you!



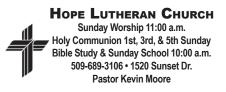
Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster

www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com Pastor Matthew Axford



COMMUNITY LOG CHURCH Sunday Worship 10 a.m. 09-689-2224 • 501 W. Indian Avenue www.communitylogchurch.com

Pastor Gordon Wright



New Testament Baptist Sunday 10 a.m., 11 a.m. & 6 p.m. Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible." - Matthew 19:26

To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com

The state of the newspaper industry in 2020

By BILL FORHAN Owner, NCW Media, Inc.

The most common question I get today is how is your business doing? Unlike that question posed to all small businesses impacted by CO-VID, what people really want to know is how has the Internet impacted us. It is a valid question.

The general assumption is newspapers are going to be forced to close down because of the competition from the latest new technology.

Let me put that notion to rest because I believe the Internet is the best thing that has happened to small community newspapers. In the not to distant past, publishing a weekly newspaper was a labor of love that took amazing skills. Small local publishers had to be a writer, a salesman, an advertising specialist, a photographer, a printer, and often a bookkeeper.

In small towns like ours they had to belong to most of the service clubs, the Chamber of Commerce and attend school board, city council meetings and most high school sporting events. If they were large enough they could hire reporters to do some of the work. Graphic artists to design the papers and customer advertisements. Pressman to run the press and delivery people to get the paper delivered.

Often times keeping staff was often

difficult as they moved on to larger publications that could offer higher pay and benefits.

I bought the Lake Chelan Mirror in late 2000 and immediately traded some stock in my little company to the then owners of The Leavenworth Echo and Cashmere Valley Record. At the time, The Echo and the Record were being printed in Ellensburg. Chelan had its own press. So, I was able to save enough money by moving my printing to Chelan to pay the debt on an SBA loan to complete the purchase.

Over the years we have added the Quad City Herald in Brewster and The Wenatchee Business Journal to our stable of publications.

Our early business plan was that by consolidating the back office functions of these small publications we could work to improve the editorial products. The Chelan office handled printing, circulation administration and record keeping. Leavenworth handled bookkeeping, corporate governance, taxes and personnel administration. We all shared advertising sales activity. Leavenworth also took charge of technology. From our earliest days we installed a computerized system for taking and tracing advertising activity all through a network of computers.

We were one of the first businesses in Leavenworth and Chelan to install high speed fiber lines from the Chelan PUD to connect our offices. That allowed us to send fully paginated pages to our printing operation in Chelan.

A few years ago we recognized that if we were going to be competitive in the print advertising world we had to add more color. Unfortunately, our press and our building had limitations that could not be overcome without a huge investment in new press equipment. Equipment that may soon become the real Achilles heel to our business model.

At the same time, the larger daily newspapers were being hit even harder by the rise of the Internet. They began cutting editions. That left their presses with excess capacity that they needed to monetize. We sold our press to the Wenatchee World and started printing our papers on their press. Today, there are only a handful of printing presses on the east side of the Cascades. Competition for quality printing is keeping prices low and reduction in the number of editions and pages in daily newspapers across the country has resulted in excess paper production.

It may sound like the whimpers of a dying industry. But while the Internet purports to be able to replace the printed page it lacks one vitally important quality – local relevance. There are business models emerging to address that issue, but none have been able to maintain viability.

They have been successful in picking off some advertising revenue from local media. Revenue that would otherwise support a more robust local media presence, but they do not provide reliable local news content. Google and the other search engines are raiding local news sites to pull news content from other copyrighted media. They have come under criticism for that activity and are now starting to talk about paying local publishers for their content.

Today, each of our newspapers has an active website. Those sites contain some premium content that we developed on our own and much free content that is provided by local organizations and individuals. It also has content that is submitted to us but which we don't have room for in the print edition.

To access the premium content, visitors must be paid subscribers. Last year, we changed our policy on our online subscriptions. Premium access is now the same price as a print subscription. Part of our website includes an "E-Edition" that is an exact version of the printed newspaper. Visitor's have to be a paid subscriber to access it.

What we have learned is people will pay for an online edition. We get counts of exactly how many people opened the E-Edition. The numbers are growing and our readership has actually increased over the last few years.

One other thing we have learned in the last year. Some of the best local content has been contributed by local people. We are exploring the issue of instead of us hiring young inexperienced journalists to send out on "assignment," we will be looking at establishing a list of contributors who we may pay as freelance writers. Last year the best track coverage we have ever had was provided by the coach in Cashmere. We will be looking for more of that kind of coverage going forward.

The other question I always get these days is, "when are you going to retire.?"

My wife and I love what we do, but we are getting older and would like to pursue other activities. We are interested in selling. We truly believe that this business can be a home-based business that provides a good income. If you think you might be interested give me a call and we can discuss our vision for the future with you. My cell is 509-670-1837.

By the way, one of the things I would like to pursue is to write a couple of novels. My first one is in editorial review now and should be available in book stores and on Amazon by the end of the year. Keep your eye open for a local ad for preordering!

DOUGLAS COUNTY PUBLIC UTILITY DISTRICT

SUBMITTED BY DOUGLAS COUNTY PUD

EAST WENATCHEE - Douglas County PUD Commissioners Molly Simpson, Ronald E. Skagen and Aaron J. Viebrock executed the following actions during the Sept. 28, Commission meeting held at the District's East Wenatchee office:

Reviewed the bid opening results for Bid Document 20-17-D, supply and deliver tubular steel poles for Rocky Reach to Chelan Falls 115KV transmission line. All bids will be evaluated prior to a recommendation for contract award.

Awarded Network Analyst Damin Daling with his20 year service award. Commissioner Simpson thanked Damin on behalf of the citizens of Douglas County for his years of service. Damin thanked the Commission.

Approved the signing of a property and appurtenance agreement with Lucky's Mini



Damin Daling, left, was awarded his 20 year service award at the Sept. 28 meeting, by Commissioner Molly Simpson.

Authorized award of contract 20-17-D, supply and deliver tubular steel poles for Rocky Reach to Chelan Falls 115KV transmission line to MICA Steelworks, Inc the lowest responsive bidder.

Approved a request for qualifications 20-20-W. engineering renovation of hydro turbines, generators, and auxiliary systems.

Authorized a request for qualifications 20-21-W, solicitation of licensed professional survey firms. Looking for a professional land survey firms to provide Douglas PUD with licensed professional land survey services. Approved a request for qualifications 20-22-W, professional engineering services for recreation facilities. Services needed include engineering and design, preparation of bid documents, and construction inspection for recreation improvement projects.

Authorized a request for qualifications 20-23-W, engineering and related services for the Wells Hydroelectric Project. Looking for on-call professional to augment the knowledge and skill of its staff to handle peak workloads in the planning, design, and construction management of repair and improvement projects.

Approved amendment No. 1 to interagency agreement with the Washington Department of Fish and Wildlife for increased Chinook production at the Wells Hatchery. An additional 500,000 Chinook smolts will be reared and released annually.

Authorized renewal request with the Department of Army License No. DAWC67-3-96-17 for river level gauging at Chief Joseph Dam. River gauging equipment at this site provides valuable resource planning data and serves the District's Energy Accounting System.

Approved the District to extend the Master Service Agreement with Pacific Northwest Net, Inc. to supply Seattle channel feeds to the Douglas County Community Network. (20-181)

Approved a weatherization

Council. Douglas PUD has participated in the Washington State Department of Community Development's Energy Matchmaker Low Income Weatherization Program through the Chelan-Douglas Community Action Council since 1988. Douglas PUD will contribute \$60,000 for 20/21. The program utilizes matching funds to weatherize houses for low-income residents of Douglas County. Heard a report on the Douglas

County Community Network. The network currently has 5,960 end users.

The next meeting of the Commission is scheduled for 1:30 p.m. October 26, at the District's East Wenatchee office. The District Office is closed to the public in response to the CO-VID-19 guidance from Governor Inslee. To comply with the Open Public Meetings act, a conference phone line number will be provided at the top of the Draft Agenda posted on our website under Latest News the Friday before the meeting.

Mart, LLC. This agreement documents obligations relating to a boundary line adjustment, rerouting of a septic sewer line, removal of an existing transmission tower, future domestic water line easement, water rights, existing lease agreement as well as access. support for the generator rebuild and unit refurbishment at the Wells Hydroelectric Project. Looking for an engineering firm with special expertise in engineering construction management and field inspection with experience in the design, operation, maintenance, and engineering support services in various engineering fields agreement with the Chelan-Douglas Community Action

Revenue offers free business taxes webinar Oct. 15

By Washington State Dept. of Revenue

OLYMPIA - Business owners in Washington have many responsibilities, including knowing which taxes they must report. To help reach more businesses statewide, the Washington State Department of Revenue (Revenue) will host a free live webinar for new and small business owners on Oct. 15. In offering these live webinars, Revenue aims to make it easier for small businesses to participate. Date: Thursday, Oct. 15

Time: 1 – 2 p.m. Registration: Send an e-mail to DORWebinar@dor.wa.gov with the following:

- Your name
- Company name
- Phone number
- E-mail address

Contact Revenue's Rick Stedman with any questions about the workshop: 360-705-6624 or rickst@dor.wa.gov.

Participants will learn about Washington excise taxes, reporting classifications, deductions, sales tax collection, and recordkeeping requirements. During the webinar, the facilitator will answer specific questions related to your business. Continuing education credit is also available.

Revenue offers several ways for businesses to learn about taxes. Visit the education page to view a complete schedule and to register for upcoming workshops. Business owners can also watch a short streaming video version of the workshop online.





Announce those special events with us!

Milestones Weddings Births Birthdays Anniversaries

Call us or visit us for details!





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HRAVGD



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Send your Letters to the Editor to:

publisher@leavenworthecho.com

To Subscribe call: Meg at 509-293-6780



509-689-2507 310 E. Johnson Ave. • Chelan



Protecting your skin during radiation treatment

Q: I'm starting radiation soon for breast cancer. How can I help keep the treatments from burning mv skin?

During radiation treatments for cancer, nearly 8 out of 10 people will develop some form of skin irritation, called "radiation dermatitis". Radiation often creates redness and warmth to the area, much like having a mild rash. Skin may also become more sensitive to touch and feel "tight." As radiation treatments continue, skin will often feel "dried out", start itching, and can eventually peel off to expose raw, red patches that ooze a clear fluid.

Your skin is more likely to become irritated by radiation if you have another skin surface rubbing up against the skin being treated, like under large breasts or your armpits.

People who smoke, are diabetic, or who had a previous surgical procedure in the treated area are more likely to develop radiation dermatitis.

Post-radiation skin irritation tends to peak about a week after treatment. To reduce your risk of radiation dermatitis, treat your skin gently. Avoid rubbing or scratching the area being radiated. Drinking plenty of water and applying moisturizing cream to the area faithfully can help keep your skin from peeling.

It's okay to wash with soap. Washing your skin gently with mild soap and water has been shown to cause less skin reaction than just rinsing with water. Most patients starting radiation treatment are advised to use a "mild, non-alkaline soap, preferably unscented."

Unfortunately, there isn't much agreement about which soaps are best and no clear evidence that any specific soap is superior. Mild soaps like Dove®, Ivory®, or Neutrogena® are considered safe to use, while most experts agree that highly scented soaps such as Coast® and Irish Spring® should be avoided when undergoing radiation treatment.

You can safely wear deodorant or antiperspirant during treatment unless the skin of your armpit develops a cut, scratch, or blister. Applying a moisturizer after radiation sessions is one of the best ways to protect your skin from dryness, irritation, and skin breakdown. Your skin consists of a series of layers of flattened cells that form a flexible, self-renewing barrier that protects your body against exposure to infection and toxins. Deep in your skin, your cells start out nice and plump, then gradually dry out, creating thin, overlapping layers that are waterresistant. As the top layer rubs or flakes off, it exposes the next layer down, continuing the cycle.



in dry, damaged skin than in healthy skin. Applying ceramide-rich creams can help heal skin damage. Lotions and creams containing these vitally important compounds can restore skin integrity faster than creams containing only traditional moisturizing agents.

CeraVe® Moisturizing Cream has 3 essential ceramides. I compared it to my previous favorite, Arbordoun's Abundantly Herbal Calendula Cream because I wanted to decide for myself if the claims about ceramides were real or just good marketing. The CeraVe® was impressive! My skin absorbed it quickly, it didn't feel greasy, but it made my skin feel super smooth, even hours later.

Another favorite moisturizer of mine is Arbordoun's Abundantly Herbal Calendula Cream, around \$15 for a 4-ounce jar. With olive oil, calendula, and lavender, Arbordoun's helps protect your skin from radiation damage. However, it takes a little time to absorb completely. I always let it soak into my skin for about 5 minutes before putting on clothes so the fabric doesn't stick to it.

You can also apply pure Aloe Vera juice directly to your skin for protection. My stepmother, Joyce, used Trader Joe's Aloe Vera Juice after each radiation session and didn't develop any burns.

Here are 5 tips to help protect your skin during radiation treatment:

1. Avoid rubbing or scratching.

Itching causes the urge to scratch even when you sleep, so keeping your fingernails cut short and wearing cotton gloves or socks over your hands at night can really help.

2. Stay out of hot water. Avoid using hot water or strongly scented soaps when washing or bathing.

3. Don't scrub.

Treat your skin gently. Avoid washing using harsh scrubbing tools like exfoliating cloths, rough washcloths, or loofahs

Governor Jay Inslee and challenger Loren Culp spar over policy

By BILL FORHAN, PUBLISHER

The only gubernatorial debate occurred last Wednesday. There were some key moments in the debate that reflect the clear difference in approach between the Democrats and Republicans.

Culp opened the debate saying we had a leadership crisis in Washington state. He pointed out that while other people around the state have been harmed financially in the last few months the Governor accepted a pay raise saying he had no control over that. Culp said he found it amazing that while the governor can issue executive orders that effect your pay and your job, he cannot do the same when it comes to stopping his pay raise.

Governor Inslee said we had already accomplished so much together in the areas of improving mental health care, establishing the best family leave program and highest minimum wage program in the country. We've accomplished so much in improving education and programs for clean energy. He ended his opening remarks by asking if we were going to step up to fight the COVID pandemic or are we going to belittle it, ignore it or surrender to it. Inslee said he believes strongly that we need to beat this into the ground.

The first question posed by the debate panel challenged the candidates on how they would handle the COVID pandemic.

Culp said he has never said not to practice good safety practices regarding the wearing of masks, but he believes firmly in individual freedom. He said he didn't believe that a single barber cutting the hair of a single customer can't protect his customer while an abortion clinic, a marijuana store or big box stores can allow hundreds of customers into their facility based on the decision of one person sitting in the governor's office. As governor, I would bring in the best doctors and have them explain how to stay safe then allow the citizens to take the steps they believe were nec-

essary to protect themselves. Inslee said his program is saving lives and that is the primary responsibility of the government. He said we are working to reopen businesses. He follows the Constitution and to date no court has struck down the actions he has taken.

lina, Inslee said Boeing owes it to the people of Washington to come back when the economy improves. Culp took the opportunity to explain that Inslee has no private sector experience. He does not understand how his policies have impacted the businesses in the state. Washington is not a business-friendly state. Culp said he has built a business from the ground up and under his leadership Washington will become much more friendly to the businesses that create the jobs.

In a debate over Culp's inexperience working with large companies, Culp said this governor thinks he is the leader of everyone. He thinks he is the leader of our companies, our families and our children. His job is to run the executive branch of the government not our lives.

"Governor Inslee held up his right hand and promised to uphold the Constitution.. He is failing.. Article 1, Section 7 says that no citizen shall be disturbed in their private affairs. I think that we have been disturbed in our private affairs quite a bit by this governor."

Culp challenged the governor on his track record on mental health. He said mental health care in this state is a joke. Governor Inslee has had eight years to address the problems and he has done nothing. He lost certification for Western State Hospital, the state mental health care facility, during his term. Culp pointed out that there are too few beds available in the state for mental health care. When a police officer responds to a suicide request, that person is obviously in a mental health crisis. The officer takes that person to the nearest health care facility to see if they can find a bed for the person. There are no beds so the person is released back out on the streets.

Inslee then responded to Culp's comments by saying they are working on a program to make mental health care a community based program. The problem however is that President Trump and the Republicans want to take away health care. They are working to repeal the Affordable Care Act. Their program would eliminate coverage for 800,000 Washingtonians. We have to talk about how we pay for health care. Inslee then pointed out that in his opening remarks Culp said he would cut the budget. This is not the time to cut the budget for health care according to Inslee. Governor Inslee responded

to a question from the panel about his initial response to the rioting in downtown Seattle by denying he ever said he was not aware of it. It was a difficult situation because we had tens of thousands of people peacefully protesting. In the middle of that were a number of people who were violently disrupting the peaceful protest.

In his response Culp pointed out that the governor is soft on crime. Culp reinforced his support of the constitution saying people absolutely had the right to peacefully protest, but when they start damaging private property, setting cars on fire, throwing bottles of frozen water at police, breaking windows that is illegal. It is called rioting. Yes, the governor called in the national guard but before he sent them in, he disarmed them. I would never, ever, send our law enforcement into a dangerous situation without the means to protect themselves.

In his rebuttal Governor Inslee said the decision to send in the National Guard without firearms was the decision of the Commanding General of the Washington state National Guard.

Governor Inslee then began to criticize Culp for failing to enforce the gun control laws in his county. Culp's response was that police officers have discretion about what laws they will enforce and he believes the law is unconstitutional. Culp then accused Inslee of violating his oath of office to support and defend the constitution. Culp then repeated his criticism of Inslee's refusal to follow the state Constitution. Article 1 section 24 of the state constitution says the right of the individual citizen to bear arms in defense of himself or the state will not be impaired.

Panel moderator, Cris Daniels of King5, then challenged Culp on the fact that the state budget is larger than the one he deals with in little Ferry County and asked how he would deal with the state budget. Culp was direct and said as soon as he takes office he would freeze spending. No pay raises, no equipment purchases, we are going to go through the budget line by line. I would go first after anything that has the word study in it.

tract with a global consulting firm for \$165,000 per week to help him know what to say in the middle of the Pandemic. Inslee said he had no idea what Culp was talking about. Inslee denied any knowledge of the agreement but The Seattle Times confirmed after the debate that Inslee had in fact signed a contract with McKinsey for \$1.3 million to advise him on COVID policy.

On climate change Governor Inslee blamed the recent fires on climate change but Culp disputed that saying the problem is really related to lack of management of our forests. Our forests are full of dead and diseased trees. We have no fire breaks in our forests because of road closures. These fires are worse not because of climate change but because we are not managing our forests. We don't log them. We don't replant them. We do not remove dead and diseased trees that ultimately become a source for more intense fires.

This debate established a clear distinction between the Incumbent and the challenger. Inslee has already had eight years to demonstrate effective and compelling leadership of state government. Given that period of time he should have a commanding knowledge of the issues facing our state. Unfortunately, he took no responsibility for the problems or the decisions he has made to address them. He routinely blamed President Trump, the Republicans or others for the failures that have occurred during his administration.

One thing is increasingly clear to those who follow the political process. Government insiders resent and are threatened by outsiders. Inslee has made government service his life's work and he is clearly threatened.

President Trump and Loren Culp are not career politicians. Culp was clear about his position. He never dodged a question and he offered sound reasoning about how he would handle the office.

Our founding fathers set up a system to allow ordinary citizens to become the leaders of our amazing country.

It is time to send all of the entrenched bureaucrats a message that the American people have

Ceramide molecules support the barrier function of healthy skin. A lower level of ceramide is found

ELECTION

CONTINUED FROM PAGE A1

State. "Giving students the opportunity to learn about elections in a hands-on, interactive way is an important step in helping them make civic engagement a lifelong habit."

Other free resources include "I Voted" stickers (order by Oct. 30) and the revamped curriculum book Teaching **Elections in Washington** State. The lessons meet state and common-core standards and satisfy the civics coursework required for gradua-

CORRECTION

4. Keep yourself hydrated.

Irritated skin loses water more quickly, making it feel dry and itchy. Drink plenty of water to help keep your skin well hydrated.

5. Apply a soothing cream. Support the barrier func-

tion of your skin by protecting it after each radiation treatment. Moisturizing creams containing ceramides (CeraVe®, Curel®) or calendula can be incredibly helpful.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safelu. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. ®2020 Louise Achey

tion. Classroom-based assessments are included with each lesson.

Last July, legislation went into effect that allows 16- and 17-year-old Washington citizens to sign up as "future voters" and be automatically registered to vote when they turn 18. More information about the Future Voter program, including qualifications and how to register, is available online at www.sos.wa.gov/elections/ future-voter-program.aspx.

To learn more and download participation materials visit www.sos.wa.gov/ elections/mock-election/#/ teacher-resources.

The correct email address for Cancer Care of NCW, Inc. Our House, Wenatchee is: cancare2@nwi.net. Their p hone is 509-663-6964. The email address was incorrect in the Local Support story on the Breast Cancer Awareness page.

In response to a question about Boeing moving some of its production to North Caro-

THE WASHINGTON OUTDOOR REPORT

The Big Bass

Rusty Johnston is my best friend of 40-plus years. We met bass fishing as kids and have never stopped fishing together since that time. The two of us had been practicing this spring and summer to fish the Berkley Big Bass Tournament at Potholes Reservoir, scheduled to happen Oct. 3. Seven hourly first place winners using only Berkley baits and Abu-Garcia rods or reels would receive a \$3,000 check and one of those winners would get the keys for a new bass boat valued at \$42,000!

Unfortunately, that tournament was cancelled a few weeks ago but Rusty and I decided to fish that day as if we were participating in the tournament. Launching from the state park in the morning, we saw the lake was as crowded with boats as if it were a tournament day. There were probably close to 100 boats on the water full of anglers going after everything from bass to walleye to crappie to trout. Much to my surprise, both the Potholes State Park campground and MarDon Resort a short distance away were completely full of campers enjoying the beautiful fall weather.

Rusty and I had marked several promising spots not far from Potholes State Park and fished those first. However, after two and a half hours all we had

Tournament that wasn't

8-inch fish and a lost Abu Garcia rod and reel that went over the side of the boat by accident. Not an auspicious start...Even for an imaginary tournament!

We decided to make a move. I had watched a lot of videos on YouTube of anglers fishing this lake in October and knew a spot where two of them had hooked into good bass. Arriving there Rusty hooked into a solid threepound largemouth bass on his first cast. After that, the skunk was off and we started to catch fish, a mix of largemouth and smallmouth.

About an hour into this we located a promising shelf under the water that dropped from seven to 17 feet. Figuring there would be bass there we cast our crankbaits and for the next two hours we got into some of the best fishing we've enjoyed for years!

We lost count of how many largemouth and smallmouth Inslee argued for a big in-

crease in the Capital Budget to put people back to work. In view of what is seen as a looming budget deficit he did not explain how he would pay for it.

Culp also pointed out that Governor Inslee signed a con-

shot at a bass boat? No, it wasn't,

but that largest one might have

gotten us a third-place hourly

finish and a \$500 check (along

Speaking of bragging rights,

we earned those too. In this

same drop off area I hooked into

something that I instantly knew

was very, very big. I thought it

was a 5 to 6-pound smallmouth

bass at first, but when it came

to the surface, we saw it was no

bass, it was a walleye and a mon-

ster too! Rusty netted the fished,

weighed it and announced its

weight at 7.1 pounds, a per-

sonal best for me. Then, just

to put a little icing on the cake,

with some bragging rights).

lost faith in their leadership.

Culp has a difficult task to overcome the Democrat machine in this state. Republicans have a difficult job in getting out the vote and encouraging their Democrat friends that it is time for a change.





Rusty Johnston with a nice 3-pound A seven-pound walleye caught by the author at **Potholes Reservoir**

> we caught another 4.5-pound walleye which went home with Rusty for dinner.

The lost rod and reel? The flailing and fruitless efforts of the morning? All forgotten during an afternoon of fishing that had two 56-year old men as giddy with enthusiasm as the teenage boys they once were catching a limit of fish out of Lake Sammamish in Western Washington.

As for the Berkley Big Bass Tournament? That's been rescheduled for May of 2021. In the meantime, Potholes Reservoir is fishing very well right now for both bass and walleye. If you are looking for some good action, or maybe for a cast & blast getaway with ducks or pheasant in the morning and fishing in the afternoon, this lake located between Moses Lake and Othello could be a very good bet!

John Kruse - www.northwesternoutdoors.com and www. americaoutdoorsradio.com

to show for our efforts was an bass we caught. It was cast, catch, release and then reel another one in. Better still, there were plenty of good fish here too. We caught four more bass in the three-pound class, the largest being 3.5 pounds. Good enough for one of those \$3,000 checks we were hoping for and a



Administrative

Publisher's notice

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution



Happy Ads

Need a social-distancing location for your Halloween party? FREE venue for organizations with liability insurance. Choice of 2 great areas in Cashmere including electricity and rest room facilities. Call 509-782-1004.

Employment

Help Wanted

Full and Part-Time Breakfast Catering Staff The Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth

PATEROS SCHOOL DISTRICT ROUTE BUS DRIVER

Pateros School District has an opening for a permanent part time route bus driver. Mon -Fri, 5 hours per day split between the morning and afternoon \$21.39 hour. route. Position commences immediately. Class B CDL with 'S' endorsement (passenger and air brakes) required. Deadline for applications is 10/19/20. Position opened until filled. Applications are through processed Fast Track. Link available at www.pateros.org under District Office, Employment. Questions: employment@pateros.org or 923-2751x4. EOE

Help Wanted

MED/SURG RN Full-time/ Nights

Three Rivers Hospital is in need of a Med/Surg RN to perform general nursing duties in an acute setting care with adequate supervision. Current WA State RN license and must have current BLS/CPR & obtain ACLS certification within one year. Rotating days includes and some weekends.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www. threerivershospital.net opportunity@ trhospital.net EOE

City of Leavenworth Employment Opportunity

ASSISTANT PLANNER

The City of Leavenworth, equal opportunity an employer, has an opening for an Assistant Planner within the Development Services Department. This full-time position includes an excellent benefit and retirement package; the individual must be able to work weekends, holidays, Primary and overtime. focus of this position is code compliance with other duties including processing land use and development applications, SEPA preparations, coordinating plan review with other agencies, presenting to the Examiner Hearing and Commission, Planning interpretation and application of local, state and federal laws, creation of maps and data extraction using GIS, and providing clerical and customer service support. Salary Range is The \$4,181 -\$5,378 in accordance with union step specifications for increases over time. То request an application packet, contact the City of Leavenworth at (509)548-5275 or 700 US Highway 2, Leavenworth, WA 98826 or visit the City's website at https://cityofleavenworth.com/ employment-opportunities/

qcherald.com

Help Wanted

OCTN is accepting applications for a parttime cook in Brewster. See us online at www.octn.org for complete job description and application information. **OCTN** is an EOE

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad online 24/7 at www.NCWMarket.com It is easy, just register and pay online.

Print only? Deadline is Monday by Noon for all papers:

Lake Chelan Mirror Quad City Herald 683-2213 Leavenworth Echo Cashmere Record 548-5286

Your ad will appear online and in the newspapers for one low price!

For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and Collectibles by placing them in our classifieds.

with pic-

Public Notices

NOTICE OF DESIRE AND INTENTION TO SELL AND NOTICE OF HEARING FOR PROPOSED SALE OF SURPLUS REAL PROPERTY

The Board of Directors of Pateros School District No. 122 (the "Board) desires and intends to sell surplus real property consisting of improved land located at 6 Avenue, Pateros. Arkansas Washington, 98846, and legally described as follows: Beginning at a point which is North 76 deg. 41' East of the Northeast corner of Lot 10, Block 7, Town of Methow, a distance of 20 feet; Thence South 13 deg. 19' East along the East side of the alley in Block 7, a distance of 150 feet; Thence North 76 deg. 41' East a distance of 315 feet to the West bank of the Methow River: Thence in a northeasterly direction along the West bank of the Methow River to a point opposite the South line of Arkansas Avenue: Thence South 76 deg. 41' West a distance of 350 feet, more or less, to the point of beginning. EXCEPT that lot or tract 40 feet in width and 150 feet in length as depicted on the Rural Fire District #5 Short Plat # 90-33 of record as County Auditor's File No. 776221 in Book A-1 of Short Plats, at page 190; being otherwise described as: The Westerly 40.0 feet, as measured along the Northerly boundary, of the following described parcel of land: Beginning at a point which is North 76 deg. 41' East, of the Northeast comer of Lot 10, Block 7, Town of Methow, a distance of 20.0 feet; Thence run South 13 deg. 19' East, along the East side of the alley in said Block 7, a distance of 150.0 feet; Thence run North 76 deg. 41' East, a distance of 3 I 5.0 feet to the West bank of the Methow River; Thence in a of Arkansas Avenue as shown on the Plat of Methow; Thence run South 76 deg. 41' West, a distance of 350.0 feet, more or less, to the point of beginning.



CLEAR SOME SPACE WITH A Fill your pockets with CASH \$\$ AD Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? Deadline Monday at Noon for all papers

Lake Chelan Mirror Quad City Herald Call 682-2213

> Leavenworth Cashmere Call 548-5286

Your ad will appear online and in the newspapers for one low price.

Sporting Goods

10 ft. Livingston Double Hull Boat. New 9 HP electric start gas motor, only been used 12 hours. Brand new 4 speed trolling motor and pop-up seats. Great condition \$3,500 or OBO. Call Steve 509-670-9043. distance of 150.0 feet; Thence run North 76 deg. 41' East, a distance of 3 I 5.0 feet to the West bank of the Methow River; Thence in a Northeasterly direction along the West bank of the Methow River, to a point opposite the South line of Arkansas Avenue as shown on the Plat of Methow; Thence run South 76 deg. 41' West, a

Real Estate

8 1 3 2 5 6 4 7 9

Announcements

Lost & Found

LOST AND FOUND can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507

> Deadline is Noon on Friday

Happy Ads

HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE

24/7 at www.NCWMarket.com

HAPPY BIRTHDAY

CONGRATULATIONS!

WILL YOU MARRY ME?

HAPPY ANNIVERSARY Only \$15 for 30 days includes 3 photos

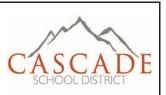
Chelan-Brewster 682-2213 or Leavenworth-Cashmere 548-5286 Full and Part-time Bedmaker, Laundry and Housekeeping

The Enzian Inn is hiring for full and part-time Housekeeping, Laundry, Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9 a.m. and end between 2-4 p.m. daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months. Apply in person Enzian Inn 590 US Hwy. 2

WHAT'S EVENTS HAPPENING Need to promote your event? Have you thought about

Leavenworth

NCWMarket.com the best online promotion available to download the full job announcement/ supplemental questions, job description and application. Deadline submission for first review is Wednesday, October 28, 2020 at 5:00 p.m. Position is open until filled.



The Cascade School District is seeking qualified applicants for the following position:

Transportation Bus Driver

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

See MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4 Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline Monday at Noon for all papers:

Lake Chelan Mirror Quad City Herald 682-2213 or call Leavenworth Echo Cashmere Record 548-5286

Furniture

NCW Media Newspapers Cashmere

Office furniture available. Items: 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza All other items are now only \$10 cash and carry out. Call to arrange a time to examine or pick up. All items located in Cashmere.

For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on

NCWMarket.com

Rentals

Your Trailer on my lot. Leisure Manor has an opening for a mobile home or 5th wheel. 1 year lease. \$400 a month for lot. You pay utilities. Very desirable location. Available now. Bridgeport, WA. 425-301-2328.

Legals

Public Notices

Statement of Ownership Management and Circulation Required by 39 U.S.C. 3685

The Quad City Herald (USPS 241-920) is published weekly at Brewster, WA. Annual subscription rates: \$40.00 in Okanogan County, \$52.00 outside Okanogan County in the United States. Mailing address: P.O. Box 37, Brewster, WA. 98812. Publisher William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth, WA. 98826. Editor, William E. Forhan. The Quad City Herald is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William E. and Carol L. Forhan, both PO Box 39 Leavenworth, WA. 98826. Jeff Gauger and Liz Gauger, both 1003 Browning Rd., Greensboro, NC, 27410.

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Situate in the Count of Okanogan, State of Washington.

Parcel Number: 3023060002 The Board is proposing to sell the surplus real property described above which is no longer required for school district purposes. The Board has scheduled a public hearing regarding its intention to sell this property. The public hearing shall be held via electronic Zoom. (www.zoom.us) Meeting ID: 827 6630 3871 Passcode: 548821 in Pateros, Washington, at 6:00 p.m., P.S.T., on October, 26, 2020. At that time, the Board will receive evidence and comments for anc against the propriety and advisability of the proposed sale. Published in the Qaud City Herald October 14 and 21, 2020 #984



Public Notices

Notice of Presidential General Election Okanogan County, State of Washington

Tuesday, November 3, 2020 A Presidential General Election will be held, November 3, 2020, in the below mentioned districts for the purpose of submitting to the their voters for approval or rejection the following. Referendum Measure No. 90 Advisory Vote No. 32, Advisory Vote No. 33, Advisory Vote No. Advisory 34. Vote No.35 Senate Engrossed Joint Resolution No 8212.US President, President/Vice Congressional District 4 US Governor, Representative, Lt. Governor, Secretary of State, State Treasurer, State Auditor, Attorney General, Commissioner of Public Lands, Superintendent of Public Instruction, Insurance Commissioner, Legislative District 12 State Senator, Legislative District 12 State Representative Position 1, Legislative District 12 State Representative Position 2, State Legislative District 7 Representative Position 1. State Legislative District 7 Representative Position 2 Okanogan County Commissioner Position 1, Okanogan County Commissioner Position 2, Grand Coulee School District # 301 Supplemental Educational Programs and Operation Levy.

The registration deadline for mail-in online registrations, registrations and transfers is October 26th 2020. Any qualified elector who is not registered in the State of Washington or needs to transfer their registration, may register to vote in person at the Auditor's Office up to and including November 3rd, 2020. obtain register You can or registration forms at the Auditor's

Office, line on at www.votewa.gov, and through the Department of Licensing. The Okanogan County Auditor's Office, 149 3rd Ave N, Room 104, at the County Courthouse, will be open so voters may obtain replacement ballots, drop off voted ballots, obtain provisional ballots, and use the Accessible Voting Units, at the following times.

Monday - Friday8:00 AM -4:30PMOctober26th-November 2nd, 2020On Election Day only, November

Public Notices

3rd, 2020, 8:00 AM - 8:00 PM. Drop box locations around the county for this election. Okanogan- Auditor's Office, 149 3rd Ave N Tonasket Tonasket City Hall/Library Complex, 209 S Whitcomb Ave Omak - Next to Police Station, 8 N Ash **Omak- Tribal Trails** Casino- Parking lot Twisp - City Hall/118 S Glover St Pateros -180 Pateros Mall in parking lot

Coulee Dam -

City Hall/300 Lincoln Ave

Oroville- Police Station Nespelem- Colville Tribal Agency Parking lot. Drop boxes will close 8:00PM on Election Day. at Voters needing additional information or assistance with voter registration forms or voting may call (509) 422-7240. Voters unable to use the mail-in ballot may use the Accessible Voting Unit available at the County Auditor's Office. Ballots require no postage and must be postmarked by the day of the election. Check with your local Post Office for deadlines to have your ballot postmarked properly.

For additional information on the election or regarding voter registration.votewa.gov

Local newspaper, radio, and TV www.pdc.wa.gov

Meetings of the Okanogan County Canvassing Board are open, public meetings and shall be continued until the activities for which the following meetings are held have been completed. Canvass Board meetings are held in the Okanogan County Auditor's Office, 149 3rd Ave N, Room 104, at the County Courthouse, in Wednesday, Okanogan. 18th and Friday, November November 20th, 2020, at 11:00 AM to determine the status of any provisional or challenged ballots. Tuesday, November 24th, 2020 at 2:00 PM to canvass the votes cast and certify the election This notice is in accordance with RCW 29A.52.

Dated at Okanogan, Washington this 31st day of August, 2020. Cari Hall, Okanogan County Auditor and Ex-Officio Supervisor of Elections by, Jamie Groomes, Chief

Deputy/Elections Administrator Published in the Quad City Herald on October 14, 2020 #879 Submitted by Dept. of Labor & Industries

TUMWATER — The start of the school year soon means a return to limits on the number of hours teens can work, even with remote or virtual learning.

"We're already receiving questions from businesses about the hours students are allowed to work," said Josie Bryan, Youth Employment specialist with the Washington State Department of Labor & Industries. "It's important for students to have time for homework and school. Jobs should be scheduled around their school day."

Here's what the start of the school year means for teens and employers: app

For teens

A teen between 14-15 years of age can work no more than 16 hours a week. It breaks down to no more than three hours a day, six days a week, between 7 a.m. and 7 p.m.

A student age 16-17 can work no more than 20 hours a week. That breaks down to no more than four hours a day, six days a week, between 7 a.m. and 10 p.m. Teens who work in a restaurant, retail, or other service businesses after 8 p.m. must have adult supervision. Employers can obtain a minor work variance

of the to extend the daily and total hours for these teens with an application to L&I.

Teen work hours limited during school days, even with remote learning

Work hours for teens are the same whether they're enrolled in a public or private school, or homeschooled. For employers

Employers must complete and sign a Parent/School Authorization form before giving it to the teen's parents and school district for their signatures. Employers should contact their local school district for information about when school starts. The form must be renewed annually by Sept. 30.

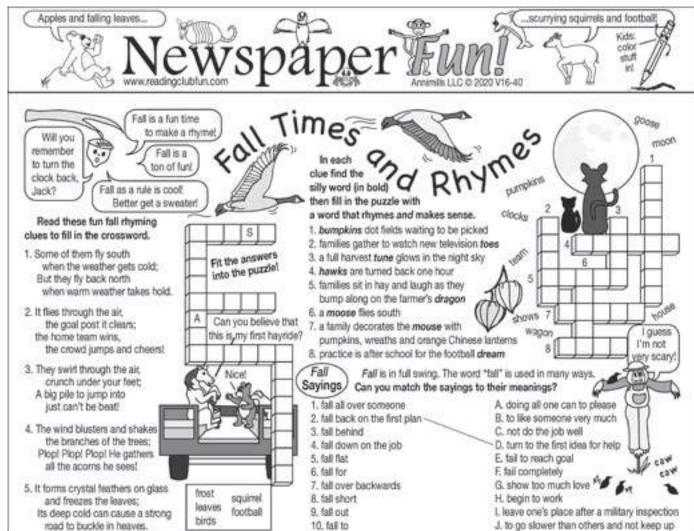
Employers also must have

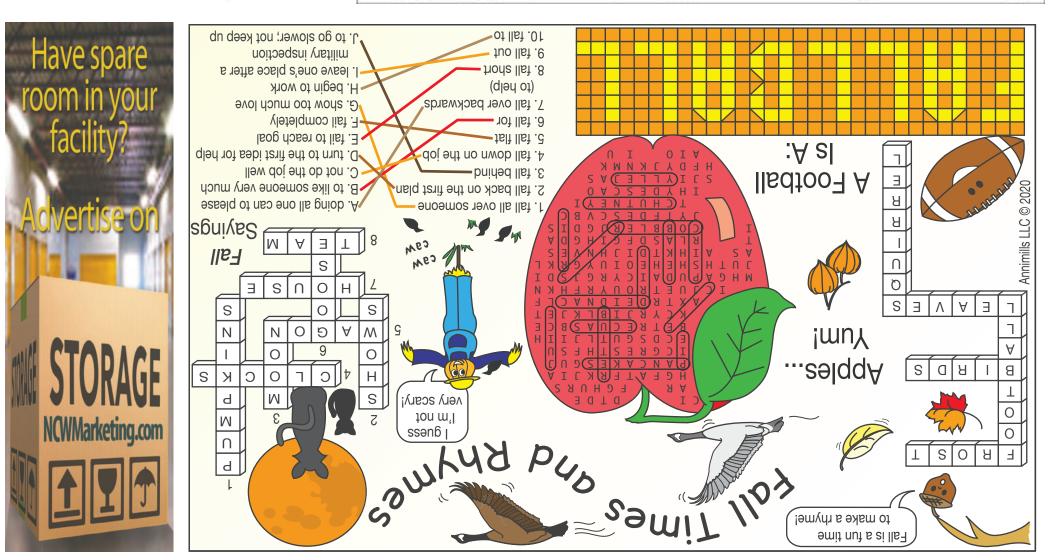
a minor work permit. This permit is available from the state Department of Revenue/Business License Service and must be renewed every year.

"These rules help keep teens safe and let parents and the school know what work the youth is doing," Bryan explained.

In 2019, 673 youth age 17 and under, reported injuries on the job in Washington.

More information about work requirements for teens is available L&I's teen workers website. You can also contact L&I about these issues by sending a note to the L&I Teen Workers mailbox.





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74. *What vampire does in a coffin DOWN 1. TV tube in days of yore 2. Wagner or Powers in a TV classic 3. Isaac's firstborn 4. Mixes up 5. Geo-spacial positioning system, for short 6. Ginger cookie 7. CrËme de cassis plus wine 9. Musher's ride Top dog 10. Language of Tupi people 11. *Black cat, possibly 12. ____wig or ____winkle 15. Oopsie daisy moments . Best part of cake? 20 22. *Halloween month 24. Alters to be more useful 25. Type of coffee with alcohol 26. Forbidden 27. Howard of radio fame 29. Physicist Niels 31. Preakness, e.g 32. Like cottage cheese 33. Piano student's exercise 34. *Leatherface's state 38. ESPN award 36. Biz bigwig 42. To the point 45 *Scary story-related sensation 49. Lyric poem 51. Choice word 54. Upright 56. Nary a soul 57. Give up 58. Skin soothing gel 59. Boring 60. Fusses 61. Departed 62. *RIP pots 63. Like a bow string 66. Gunk 68. Fleur-de-

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