CELEBRATING 111 YEARS • 1907-2018

November 28, 2018 · Volume 111, No. 48 SINGLE COPY \$1.00

Christmas in Cashmere planned for downtown



The Cashmere Chamber of Commerce invites you to celebrate the season in downtown Cashmere! Join us on Cottage Avenue from 12 p.m. to 3 p.m. on Saturday, December 1 for the Christmas in Cashmere free community event. Just 15 minutes from Leavenworth and Wenatchee, make Cashmere your first stop this holiday season.

Enjoy a complimentary warm beverage, holiday treats, goodie bags, kids craft station, festive music from local students and entertainment as you cozy up around a fire pit or take a photo at one of our Christmas themed photo stands with family and friends awaiting the arrival of the big man himself - Santa Claus!

Free photos with Santa will be available from 12:30 p.m. to 2:30 p.m. at the fire hall while the library will have special story readings downtown on stage.

Cottage Avenue between Aplets Way and Woodring Street will be closed between the hours of 11 a.m. and 4 p.m. Parking for the event will be available at the city lot by Cashmere Baptist Church and in the public lot on Elberta Street. We ask that vehicles be parked off the 100 block of Cottage Avenue during this time. The route will open back up to

traffic following the event. Bring the whole family and spend the day in Cashmere! Shop, taste and dine at our local stores, tasting rooms and eateries while enjoying the sights and sounds of the holiday

This event could not be possible without the support from our community and generous sponsors.

Carlton Complex consumed home in 2014, now Cashmere resident fights ovarian cancer



Former Brewster student Samantha Himmelhaver is battling a cancer diagnosis.

By Mike Maltais

NCW Media

CASHMERE - Accounts have been established on GoFundMe and at Cashmere Valley Bank for an 18-yearold former Brewster High School student who recently underwent surgery for cancer.

Samantha Himmelhaver, whose family relocated to Cashmere after losing their Indian Dan Canyon home in the 2014 Carlton Complex wildfire, was diagnosed earlier this month with ovarian cancer and a few days later underwent surgery at University of Washington Hospital in Seattle.

"The surgeon removed 12-centimeter tumor, about the size of a Nerf football," said Samantha's mother, Judy Himmelhaver.

Judy Himmelhaver spoke with the NCW Media reporter Mike Maltais November 19, after her daughter was released to return home where she will begin six months of chemotherapy as part of her recovery process.

Samantha attended Brewster schools from kindergarten through eighth grade before the fire struck that summer.

Ironically, Samantha was out of the country traveling when the family home was lost.

"That's the family joke," said Judy. "She leaves the house and we move,"



One of many photos from Samantha's Facebook site show a girl full of energy and purpose.

but when Samantha returned home, "she only had what was left in her suitcase," Judy said.

Samantha was a 12-year-old seventh grader in Brewster when she was selected by school staff to participate in the People to People International Foundation program created by President Dwight Eisenhower in 1956.

"That summer, she went to Scotland, Wales, Northern Ireland, and England," said Judy, "and while on that trip she met a girl from Cashmere." The following summer, Samantha,

then 13, toured Italy, Greece and France as part of the 10-month program. On that second trip, she met a second Cashmere girl. When the family relocated to

Cashmere following the loss of their home, Samantha ended up going to school with the girls she met while traveling.

Samantha is enrolled in the Running Start program and "wants to do something involved with travel," Judy said. For now, she's taking cosmetology and welding classes.

Even though their insurance company denied coverage for their fire loss, the family has been able to rebuild a 1,300 square foot, two-story house on a 79' x 79-foot half-lot with help from a Veterans Administration loan and builder John Port of Real Homes in Wenatchee.

As of this writing the online GoFundMe account has raised almost \$3,700 toward a goal of \$10,000 as the Himmelhaver family faces some steep expenses ahead. An account has also been established at Cashmere Valley Bank in care of Samantha Himmelhaver.

The family has a medical policy with a \$5,000 deductible and the same amount must be paid again in 2019, 'then it covers 80 percent," Judy said.

In preparation for her upcoming

chemotherapy, Samantha had her hair cut off last Tuesday.

Chelan PUD: Watch out for phone scams

CHELAN PUD NEWS RELEASE

Scammers are getting bolder and trying harder to get Chelan PUD customers to believe false claims that their utility bill is past due and service will be disconnected if they don't pay up right now. Don't fall for it!

"Scammers just never stop," said Megan McCarty, from Chelan PUD Customer Relations. "But by being able to recognize a few warning signs, our customers can avoid becoming victims. We want to make sure they have that information."

Chelan County PUD, a member of the award-winning Utilities United Against Scams (UUAS), is continuing efforts to remind customers of the tactics scammers use to steal money

from customers. Education on how to guard against falling victim to impostor utility scams is strong protection, McCarty said.

Wednesday, Nov. 14, is the third annual Utility Scam Awareness Day, part of a week-long advocacy and awareness campaign focused on exposing the tactics of scammers. Learn more about Chelan PUD antiscam efforts at chelanpud.org/scams More than 100 U.S. and Canadian electric, water, and natural gas

companies (and their respective trade associations), join forces through UUAS. Chelan PUD has participated in the awareness event all three vears.

Most utility scams involve criminals posing as electric, gas or water system employees—either in person or over the phone or internet—and demanding immediate payment via cash or reloadable debit cards, supposedly to prevent service disconnection. These unscrupulous

criminals can be very convincing, and often target those who are most vulnerable, including the elderly and non-native English speakers. However, with the right information, customers can learn to avoid and report these predatory scams.

Here's how Chelan PUD customers can protect themselves when targeted by utility scammers:

• Hang up the phone or close the

CONTINUED TO PAGE B4





THIS WEEK

.. B1

Church Guide... Community Calendar Sheriff Reports.... 4-year program of WSDOT... AA Meeting Schedule... Community Bulletin Board...... Business Directory..... Senior Center Menus...... . A3 Christmas Lighting Festival..

Dr. Louise.

Classifieds Index Classifieds... Real Estate Guide.. **Advertising flyers**

Coastal





WE'LL JUST HAVE SALADS!

YOU WANT TH' E. COLLHOUSE OR OUR SALMONELLA CAESAR?

Cashmere Valley RECORD

©2018 NCW Media Inc.

201 Cottage Ave, Suite 4 Cashmere, WA 98815 Phone: 509-782-3781

Office hours

Cashmere 9 a.m. - 5 p.m. Monday-Friday Leavenworth 9 a.m. - 5 p.m. Monday-Friday

Contact information

Publisher

Bill Forhan

509-548-5286 publisher@leavenworthecho.com

Managing Editor

Gary Bégin 509-571-5302

gary@ncwmedia.net

Advertising Sales Manager

Carol Forhan

509-548-5286

carol@leavenworthecho.com

Advertising Sales

Lindsay Timmermans 509-860-7301

Front Office

Classified / Legal Notices

adexec1@ncwmedia.net

classifeds@leavenworthecho.com

Circulation

509-689-2507

1-509-293-6780

Cashmere Valley Record

(USPS 092-600) is published every Wednesday by NCW Media Inc., 201 Cottage Ave., Suite 4 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-782-9074 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) Postmaster:

Send address corrections to: The Leavenworth Echo, Leavenworth, WA 98826-0039

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

Weekly rates: \$12.00 for first 30 words

50¢ each additional 5 words (over 30) Borders, bold words, headlines, logos and photos subject to additional charges.

Subscriptions

In Chelan County (yearly) - \$40 In State (yearly) - \$40 Out of State (yearly) - \$50

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed vould be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of publisher@leavenworthecho.com.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page

On the Internet website:

www.cashmerevalleyrecord.com

e-mail: record@cashmerevalleyrecord.com

advertising e-mail: echoads@leavenworthecho.com

News tips

Have an idea for a story? Call the Record at 509-782-3781

Services

Back Issues are available up to one year after publication for a small fee. Photo Reprints are available for most photos taken by staff.

Deadlines

Calendar Listings News Submissions: Letters to the Editor: Display Advertising: Legal Notices: Classified Ads:

5 p.m., Thurs. Noon, Friday Noon, Friday 5 p.m., Fridav Noon, Monday



Washington Newspaper Publishers Association Member NCW Media Inc. prints on recycled newsprint with soy ink. Please recycle

Rep. Mike Steele, Commissioner-elect **Bob Bugert, comment on election wins**

COMMUNITY VOICES

Re-elected 12th District State Representative Republican Mike Steele stated, "I am looking forward to working with Keith (Goehner). His experience with the County will help tremendously as he begins his service in the Legislature."

Steele, resident of Chelan, was elected to his second term representing the 12th District in Olympia.

"I am honored to be returning to Olympia to continue working on behalf of the people and communities in the 12th Legislative District. My priorities continue to focus on economic and job growth. I also plan to introduce legislation that helps address issues around workforce housing infrastructure and availability," he said.
"This will be a long session

and I look forward to heading back to Olympia and working hard for all of the people of my district," concluded Steele.

defeated Не Democrat Valerie Sarratt of Twisp in the November general election by a resounding nearly 2-1 margin garnering 64.84% to Sarratt's 35.19%.

Goehner now joins Steele as 12th District representatives after he easily defeated independent Ann Diamond getting 56.84% to Diamond's 43.16%. Newly elected Chelan

County Commissioner Bob Bugert said regarding his

narrow victory on November 6, "I am honored and delighted to have this opportunity to serve the citizens of Chelan County over the next four years. I have many folks to thank for their support, and I now will be focused on garnering the trust of those folks who did not vote for me. As I mentioned repeatedly in my campaign, my goal is to find common ground for many issues that affect the diversity of people in our county."

Bugert went on to say, "While I have years of experience working with county commissioners on a variety of issues, I recognize that I have much homework to do, much to learn, and people to visit with. I look forward to this opportunity."

defeated Bugert restaurateur Shon Smith by less than 500 votes out a total of 26,890 cast.

"Early this December, before I am inducted as a commissioner, I will be attending a three-day training session by the Washington Association of Counties on the specific roles and responsibilities of a county commissioner. The training will have real practical applications, so I am excited to attend this as well, "he said.

Regarding becoming an advocate for area tourism, Bugert, in a previous interview said, "I have been working on outdoor recreation for many years. There is a clear and documented economic benefit of recreation -- it brings dollars to our community as people come to boat, fish, bike, hunt, ski, parasail, zipline, golf, and participate in the wide variety of recreational opportunities our county offers. We need to capitalize on the fact we have good access to great recreation!

"When I led the Land Trust, we completed a \$8.7 million campaign to create an extensive trails system in the Wenatchee Foothills. People who come to bike, hike, birdwatch or hunt bring considerable sales tax benefits to our communities," Bugert continued.

with the Greater Wenatchee Chamber of Commerce and Port of Chelan County to strengthen our outdoor recreation economy. This has



FILE PHOTO

direct benefits to restaurants, motels, and other services in our communities. I am currently on the Board of Wenatchee Valley TREAD, the newly-formed nonprofit to promote outdoor recreation and tourism in Chelan and Douglas counties. Our work

TH' BREAKFAST SPECIALS HERE TODAY ARE SISCUITS & SWINE FLU CRAVY,

SARS OMELETTES.

"I have also been working is done with the financial support and partnership of the Chamber of Commerce and



Bob Bugert

many recreation businesses and nonprofits in the area, said Bugert.

"Our goal is to promote recreation to improve the quality of life and health in the region, and to develop recreation-based jobs as part of a strong and diverse economic mix that supports this region," Bugert said.

"As a County Commissioner, I will continue to work with the chambers of commerce, port districts, and our cities to strengthen that approach. My goal is to bring all stakeholders together (motorized, nonmotorized, water, snow and land) to provide the best outdoor recreation experiences in our communities, improving the quality of life for everyone who lives in or visits the region," he concluded.

Bugert is the former executive director of the Chelan-Douglas Land Trust.

Several other winning candidates were solicited for comments after the election results were announced, but as of press deadline only Bugert and Steele have replied.

President Trump a bitter pill to swallow

So President Trump lies and he womanizes and he has not too much class when it comes to showing empathy storm victims or shooting victims or any victims and he perhaps has a few shady business dealings in his TO APPLES his critics that much.

Other than that, oh MANAGING yea, and that nepotism issue, he's actually

reversed the tables on the national media and the status quo of Washington, just like his former advisor Steve Bannon wanted him to do.

He prefers to make stuff up out of thin air and not read the teleprompter, but then speaking extemporaneously has not been too kind to his rendition of the truth. Of course his critics, holding on to

dear life to their vision of government, history and tradition, have been quick to seize every painful moment of his failures. They are not to

blame as the way things **APPLES** are going in modern America, it is usually past. Okay, I'll give all of GARY BÉGIN difficult to be working free of criticism when NCW MEDIA your life is being lived under a magnifying glass by the opposition

party and the media. What makes our "Dear Leader" so special is that he apparently doesn't care about most of the criticism as long as he pleases those that brought him to the White House.

Why then is it so hard for the rest of the country to understand that he has no obligation to please them, those that wished him failure

before, during and after he was sworn in as the head of the world's greatest country?

It shouldn't be a secret that the New York billionaire is going to nominate conservative judges to SCOTUS, attempt to squash big government and narrowly define union rights.

It's like asking the panther not to kill the deer.

If Trump should only last another year before he is impeached, he has already done some great things from the perspective of the right that Ronald Reagan, both Bushes and Richard Nixon never did: Nominate two conservative judges to SCOTUS and a couple dozen more to various federal benches as well as move the American embassy in Israel to their rightful capital

This alone should endear him to orthodox Jews, Catholics

and evangelicals worldwide and to anti-abortion adherents throughout America, even if the "choice" movement is predominant. The fact that he isn't pandering to the politically correct among us pleases me and every other frustrated person in the country that for years has elected Republicans and never gotten that much bang for their buck. Think about this: Trump is

FILE PHOTO.

Democrat and union guy and what did we get regarding Jerusalem or abortion? Nada, zippo, zilch. Ditto for Nixon or the Bushes because they didn't have the sheer political willpower to

buck the status quo or upset

those sensitive Arabs.

a former Democrat, but has

freely donated to both sides.

Reagan was also a former

It is about time Americans stop cowering to Arab and make the world realize we too have the right to protect

our Judeo-Christian heritage and the homeland of that heritage. It is also a major tenant

of these two religions that abortion is evil manifest. Therefore protecting the unborn is also de rigueur for any religious conservative and neither Reagan, nor the Bushes or Nixon were able to stop this evil. Impeach Trump if you will,

majority America, but the conservative right will never forget that he had at least two major victories during his "failed" presidency and for that, we will forever be grateful.

Besides that, it is possible that Vice President Mike Pence will have the guts to carry on the Trump legacy, at least the pro-life, pro-Israel part.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.

Labor market continued to improve in August

ESD NEWS RELEASE

OLYMPIA – Washington's economy added 9,100 jobs in August and the state's seasonally adjusted monthly unemployment rate for August was 4.5 percent according to the Employment Security Department. The August unemployment rate decreased slightly from the July 2018 unemployment rate of 4.6 percent and is the lowest rate for August since 1976.

"The state data continues to demonstrate the positive trends in its economy," said Paul Turek, economist for the department. "The civilian labor force is up in August, and total unemployment is down, both month-to-month and over

the year."

The Employment Security Department released the preliminary job estimates from the federal Bureau of Labor Statistics as part of its Monthly Employment Report.

The department announced that July's previously reported unemployment rate of 4.6 was confirmed. However, July's preliminary estimated gain of 12,400 jobs was revised downward to a gain of 11,800 The national unemployment

rate remained at 3.9 percent in August. In August 2017, the national unemployment rate was 4.4 percent. Employment Security paid

unemployment insurance

benefits to 44,845 people in August.

State's labor force continued to grow

The state's labor force in August was 3,766,000 - an increase of 2,800 people from the previous month. In the Seattle/ Bellevue/Everett region, the labor force decreased by 300 over the same period.

From August 2017 through August 2018, the state's labor force grew by 22,800 and the Seattle/Bellevue/Everett region increased by 25,800.

The labor force is the total number of people, both employed and unemployed, over the age of 16.

Nine industry sectors expanded, one remained unchanged and three

contracted

Private sector employment increased by 9,300 while the public sector lost 200 jobs in

This month's report shows the greatest private job growth occurred in professional & business services up 3,300, construction up 2,900 and leisure & hospitality up 2,200. Other sectors adding jobs were information up 700, wholesale trade and education & health services both up 300, transportation, warehousing & utilities and financial activities both up 200 and other services

The number of jobs in the mining and logging sector remained constant in August.

Retail trade experienced the biggest reduction in August losing 800 jobs while government lost 200 jobs and manufacturing lost 100 jobs.

Year-over-year growth maintains strong trend Washington added an

estimated 109,400 new jobs from August 2017 through August 2018, not seasonally adjusted. The private sector grew by 3.9 percent, up an estimated 107,200 jobs, while public sector employment increased by 0.4 percent with a net gain of 2,200 jobs.

From August 2017 through August 2018, all thirteen industry sectors added jobs.

The three industry sectors with the largest employment gains year-over-year, not

- seasonally adjusted, were: · Professional & business services with 26,300 new jobs; • Construction with 15,300
- new jobs and · Education & health services with 5,200 new jobs





COMMUNITY **BULLETIN BOARD**

Local, Regional Community News and **Events**

Who: Any non-profit 501(c)-(3) group, person(s) must submit full name and phone number. **What:** Items pertaining to local events that are free or minimum charge.

Where: Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Other ways to advertise **your News** and Events:

Garage and yard sale ads are paid events, please email these to classifieds@leavenworthecho.com

Mention that you are a non-profit event for a discount. If your group is not a non-profit group you can now be listed for

Call for information on any of these items. 509-548-5286

■ COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408. Cashmere Food Bank, 3:30 p.m.-5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed.& Thurs.)

Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)

The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 3:00- 4:30 p.m. Caregivers of those with memory loss. Meet at The Henry Building, 120 Cottage Ave., Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

Cashmere Food Bank, 3:30- 5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, Call Jim, 741-7551 (2nd & 4th Wed.& Thurs.)

Free Weekly Community Meal, 5:00 -7:00 p.m., Cashmere United Methodist Church Gym, 213 S. Division Street. For information call. 782-3811.

Cashmere Sportsmen's Gun Club, 6:30 p.m.- 10:00 p.m., Shooting range on Turkey Shoot Road. Call Brian, 782-3099. American Legion Post 64, 7:00 p.m., American Legion Hall, 401 Sunset Highway. Call Commander Don Thomas, 548-5893.

American Lady's Legion, 7:00 p.m., American Legion Hall, 401 Sunset Highway. Call President, Linda Ingraham, 679-0243

Al-Anon Family Group Meeting, 7:00-8:00 p.m., for families and friends of alcoholics. Cashmere Presbyterian Church, 303 Maple

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

No events Scheduled.

Sunday

CHURCH: See the church page for local service times and events. The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.) Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.

Boy Scouts, 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.

Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p,m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).

Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).

Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.) Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call

Anthony Jantzer, 782-2561. (2nd Tues.) Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Monitor Homemakers, Noon. location varies. Call Florence, 663-1570. (2nd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 548-4807. (3rd Tues.)

Ongoing events

Cashmere Public Library: 782-3314

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m. Thursday: 11:00 a.m.- 8:00 p.m.

Saturday, 9:00 a.m.- 1:00 p.m. Sunday: Closed.

Events:

Tuesday & Wednesday, Story time Pre-K & up 10:00-10:30 a.m.

Wednesday: Preschool Story time, 10:00-10:30 a.m. Wednesday: Bilingual Story time, 4:30-5:00 p.m.

Thursday: ATLAS events, 3:30- 5:00 p.m. (during school year) Friday: Baby/Toddler Story time, 10:30-11:00 a.m.

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230.

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641

SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.

Master Gardener Clinic, 1:00 - 4:00 p.m., WSU Chelan/Douglas County Master Gardener Plant Clinic, 1100 N. Western Ave., Wenatchee. Call 667-6540. (April to October)

Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

For two weeks only (space limited).

"The Most Wonderful Time of the Year!"

The Leavenworth Village Voices will perform its annual "Christmas in the Mountains" concert series on Friday, Nov. 30 and Friday, Dec. 7 at 7:30 p.m., and Sunday, Dec. 9 at 1:00 p.m. at the Leavenworth Church of the Nazarene. The choir will perform traditional and sacred holiday favorites that will delight all ages. Tickets may be purchased in advance by credit card at the Leavenworth Chamber of Commerce, 548-5807, cash or check at the door. Tickets

■ SENIOR CENTER MENUS

meal. Meals are served at noon.

roll, lemon bars.

Events Calendar

Board meeting

Friday, 6:00 p.m., Bingo

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Leavenworth Senior Center, 423 Evans St., Leavenworth

Please call 548-6666, 24 hours in advance to reserve a

November 29, Thursday, Country fried steak, mashed potatoes,

December 3, Monday, Chicken cordon bleu, parsley potatoes

green beans, spinach salad, orange quarters, WW bread or

December 4, Tuesday, Macaroni and cheese with bacon or

ham, peas, tossed green salad, mixed berries, muffin and

vegetables, 3 bean salad, WW bread or roll, apricot crisp.

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council

December 5, Wednesday, Stuffed cabbage rolls, trio

■ SENIOR CENTER EVENTS

November 30, Friday, Deli style roast beef sandwich with

cheese, vegetable soup, mixed berries, dessert.

corn, garden salad, chilled peaches, WW bread or roll, dessert.

are \$20 for an individual and \$50 for a family of four (two adults and two children). Children five years and older are welcome to attend. Visit us on Facebook or at www. leavenworthvillage voices.org (er47,48)

Cashmere American Legion Auxiliary Care

The Cashmere American Legion Auxiliary #64 is looking for addresses of local deployed soldiers to send holiday care boxes. If anyone has a loved one deployed or knows of one who would appreciate a care package from home and would

share their address, please leave at the Cashmere Post Office or call Linda Ingraham at 679-0243. A collection box for donations of snack and personal is at the post office till the first week in Dec. (r47,48).

Winter parking for LST vehicle

Leavenworth Summer Theater is looking for winter seasonal parking for the LST truck and/or the LST handicapped van we use at the Ski Hill. This could be covered parking in the Leavenworth/ Lake Wenatchee/Cashmere area - a carport type situation would be fine; a large garage is certainly wonderful but unexpected - or uncovered parking if down valley in the Wenatchee area where snow load is not such an issue. The truck is 10'4" tall and 24' long. The van is 9' tall and 26' long. Please call 548.7324 with any options. (er 47.48)

■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-219-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, Kristalls Restaurant, 280 US-Hwy.2, Leavenworth Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.





In partnership with



Medicare Advantage



Health Alliance Northwest and Confluence have been partners for the past five years in delivering quality health care and coverage. And we aren't going anywhere. So, don't miss the December 7th deadline to enroll in a Medicare Advantage plan from Health Alliance Northwest. Because we want to give our neighbors access to high-quality health care for vears to come.

Learn more at a FREE Health Alliance Medicare Meeting[†]

Confluence Health **Conference Room** 1000 N Miller St Wenatchee, WA 98801 11/29 at 2:30 pm 12/5 at 2:00 pm

Reserve your seat today

Call 1-877-561-1476 (TTY: 711) 7 days a week, 8 a.m. – 8 p.m. or visit HealthAllianceMedicare.org

Health Alliance Northwest is a Medicare Advantage Organization with a Medicare contract. Enrollment in Health Alliance Northwest depends on contract renewal. Health Alliance Northwest complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame 1-877-750-3350 (TTY: 711). 注意: 如果你講中文, 語言協助服務,免費 的,都可以給你。叫 1-877-750-3350 (TTY: 711). †For accommodations of persons with special needs at meetings, call 1-877-561-1463 (TTY: 711). Other pharmacies/physicians/providers are available in our network. H3471_19_67951_M

Spirit-filled churches the church who doesn't have the Holy Spirit won't either.

WITH

PASTOR

JOHN

"You could really feel the Spirit move!" they exclaimed as they continued to tell me about a church they had visited.

As they went on to describe the worship band, the songs they played and how my friend continually got "goose bumps" through the sermon, I couldn't help but wonder is that the extent of the Spirit's work in the church? Goosebumps?

The Holy Spirit's activity within the corporate gathering is a mystery to most. I have often heard when asked, "how do you know the Spirit is here?" with this reply, "you just feel it."

Granted there is a certain mystery to the Christian experience and I suppose, some things are more "felt" than "telt".

But feelings can be wrong and manipulated. Given the right musical instrumentation, dimming of lights, perhaps add some visuals and you can get people to have a "spiritual experience" without the Holy Spirit, easy.

What are the criteria to determine whether or not the Holy Spirit is working within a church? Is it because there is a drum set? Stage lights? Fog machine? Or forget any of the modern trappings and go ultra-conservative puritanical atmosphere, is that assured that the Holy Spirit is active?

How we know that the

a church has very little to do with music, atmosphere or even a plethora of ministries. Keep in mind the church of Sardis was incredibly busy with ministries and yet, Jesus says "you have the reputation of being alive, but you are dead" (Rev. 3:1). **A WALK**

Love is the main evidence that the Spirit is present.

If there is no love

SMITH within a church then that is a huge red flag that something is amiss or more aptly put, someone (the Spirit) is missing.

> Love is the greatest of all Spiritual gifts (1 Cor. 13). When the Holy Spirit comes into a person's life and regenerates them into a new creature, love for Christ is immediately present. To put it another way, the one who does not have the Holy Spirit indwelling them does not love Christ. Likewise,

In any corporate gathering that calls themselves a "church", regardless if it is contemporary or oldfashioned, if there is a true sincere affection for Jesus and a desire to know him more, then you can be assured the

Holy Spirit is in the midst.

COMMUNITY VOICES

Is there a love for God's Word? As in love for the Spirit-inspired Scriptures to be read, taught and proclaimed. The Holy Spirit doesn't act in contradiction or apart from the Scriptures. When the Bible is preached and treasured, the Spirit works in conjunction with that Word to convict, comfort and transform individuals. The power of the Bible is due to the power of the Spirit and when that is disregarded or cheapened not only is the Spirit grieved (Ephesians 4:30) but also his activity is quenched (1 Thess.

Lastly, is there a love for one another? To be sure in some gatherings they have a

may even love Jesus but when you look at the relationships within the church, their professions of love for Christ and love for Scriptures are just hollow. 1 John 4:20 "If anyone says, 'I love God', and hates his brother, he is a liar". True love for Christ and the Bible is not disconnected from loving people. Loving people is an evidence that you love both Jesus and the Scriptures and it is an evidence that the Spirit The church is full of people

thrilling Goosebumps, worship services or even an inspiring sermon are not evidence of the Holy Spirt in a

Can you say about your church "there is a sweet, sweet spirit in this place" and do you know "that it's the Spirit of the

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

high view of the Bible and they

that are very different. I think of Evergreen Baptist, it is full of people that I would not even consider being close to let alone befriend in the natural sense. We are just too different. Yet the Spirit changes our hearts to love those who are very unlike us. That is why the divisions between gender, ethnicity and economic status are destroyed and fellowship can be had in the church because the same Spirit that resides in the African American doctor is the same Spirit that resides in the Caucasian construction worker (1 Cor. 12:3).

church. Love is.

I know I can.

Chelan PUD: No electric rate increase forecast for 2019

CHELAN PUD NEWS RELEASE

Chelan PUD commissioners reviewed the building blocks of the 2019 budget November 19 including no electric rate increase for the 7th year in a

Strategic priorities anchor the budget with spending next year following the course set in the 2015 Strategic Plan to focus on "investing in our core assets and people" including:

- Installing the new customer information system and initiating procurement of advanced meters
- Improving electric system reliability with new equipment and building substations

Plans also call for paying down another \$41 million in debt and keeping the debt ratio below 35 percent. Continued expansion of the fiber network and day use passes for PUD parks operated by the state remain as part of the Public Power Benefit program in the 2019 budget, said Craig Kunz, strategic financial planning manager.

Kunz said low prices in the wholesale power market are forecast to continue, but show some modest signs of improving. Another key consideration is the uncertainty associated with how much cryptocurrency

load will locate in the county if the PUD adopts new, proposed cryptocurrency rates later this year.

An earlier update on load growth noted an estimated 15 percentincreaseinloadcoming on line by 2020 including fruit storage, schools, hotels, apartments, the new Diamond and already-Foundry approved cryptocurrency operations. Estimates are 4.5 percent load growth in 2019. About 2 percent is considered "organic" growth, with the balance high density loads or cryptocurrency.

In the earlier update, Andy Wendell, Customer Services director, said the PUD has purchased property for four new substations. In addition, studies have started on how to meet growth and reliability needs in downtown Wenatchee and on the south shore of Lake Chelan.

strategic continues to effectively guide our budgeting processes," said General Manager Steve Wright. "Next year, though, we expect to revisit strategic planning as we are operating in a rapidly changing environment."

Upcoming event:

• Dec. 3 - Cryptocurrency rate and 2019 budget resolutions



NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email editor@



purpose



215 14th Street • (509) 548-5286 www.leavenworthecho.com



201 Cottage Ave. • (509) 782-3781 www.cashmerevalleyrecord.com



NEED BONDED OFF-SITE WINE STORAGE?

Cool-Dark-Secure-Underground

509-782-1581

Jayne@cashmeremailing.com

203 Mission Ave, Room #110 - Cashmere

PPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

Rev. Rob Gohl

CASHMERE

You can always rely on our dedicated staff.

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869

Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor, Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor, Charles Clarke www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor, Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 782-2825 Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory back entrance of Apple Annie's.

Underground High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at 206 Vine Street **CHRIST**CENTER

> Lead Pastor, Steve Haney Pastor, Andy Robinson Pastor, Joyce Williams Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor, John Smith www.christforcashmere.org

GRACE LUTHERAN CHURCH Vine & Elberta Streets • 860-0736 Worship 10:30 a.m.

ST. JAMES EPISCOPAL CHURCH 222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. or Morning Prayer 9 a.m. Deacon Carol Forhan - Cell- 670-1723 Rev. Rob Gohl, Vicar - Cell - 860-0736

> **OUR LADY OF THE ASSUMPTION** 300 S. Division • Office: 548-5119 Rectory: 782-2643 Sunday Mass • 8:30 a.m. Spanish Mass • 12.30 p.m. Daily Mass . Wednesday 5:30 p.m. Friday 9:30 a.m. Mass at Cashmere Convalescent Center Fr. Miguel Gonzales

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor, Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor, Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor, Todd James www.cmbiblechurch.org

COMMUNITY UNITED METHODIST 418 Evans St. . Leavenworth

509-548-5619 Rev. Matt Gorman www.leavenworthumc.org leavenworthumc@outlook.com

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall • 621 Front St. 548-0748 · Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation"

Worship 9:30 a.m. with coffee following

224 Benton Street • 548-7010

Pastor, Michael Brownell

www.faithleavenworth.org FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street • 290-0686

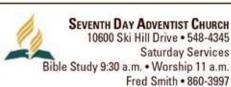
email: mkb3123@gmail.com LEAVENWORTH CHURCH OF THE NAZARENE

Sunday School, 9:45 a.m. • Worship, 11 a.m.

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor, Andy Dayton Youth Pastor, Kent Wright Pastor to Children & Families, Becky Goodman

www.LCN.org **OUR LADY OF THE ASSUMPTION**

145 Wheeler Street • Parish Office: 548-5119 Daily Mass . Tuesday & Thursday 8:30 a.m. Saturday Vigil 5 p.m. • Sunday Mass - 10:30 a.m. Spanish Mass . Saturday, 7 p.m. Fr. Miguel Gonzales



SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor, Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor, Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor, John Romine www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD School and Lake Streets • 548-7523

Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor, Jorge Torres

New Life Foursquare Church 7591 Hwy. 97 • 548-4222 Sunday Worship 10 a.m. Ministry night•Wednesday, 6:30 p.m. Pastors Darryl & Mindy Wall

newlifeleavenworth@gmail.com FP Page: newlifeleavenworth CASHMERE VALLEY RECORD · NOVEMBER 28, 2018

COURTESY OF STARS AND STRIPES

KABUL, Afghanistan — An Army Ranger assigned to 2nd Battalion, 75th Ranger Regiment was killed in action in Afghanistan on Saturday.

Sgt. Leandro A.S. Jasso, 25, was mortally wounded during a firefight with al-Qaida forces in Nimruz province, military officials in Kabul said Sunday. He was medically evacuated from the combat zone and later died of his injuries at a medical facility in Helmand province, the Pentagon said in a statement.

Jasso, from Leavenworth, was on his third deployment to Afghanistan. He enlisted in the Army in 2012 and became an accomplished soldier, completing the Basic Airborne Course, earning the Combat Infantryman's Badge and the much-sought after Ranger tab, the U.S. Army's Special Operations Command said in a statement.

"Sgt. Jasso was a humble professional who placed the mission first, lived the Ranger Creed and will be deeply missed," said Lt. Col. Rob McChrystal, commander of the 2nd Battalion, 75th Ranger Regiment, as quoted in the statement.

Jasso's death raises to 10 the number of U.S. troops killed in Afghanistan this year. Earlier this month, Maj. Brent Taylor of the Army National Guard was killed during an insider attack in Kabul that also injured another U.S. servicemember.

Most of the roughly 14,000 U.S. troops deployed to Afghanistan assist NATO's training and advising mission, while a smaller amount help with the U.S.'s separate counterterrorism mission that targets groups such as al-Qaida and the local Islamic State affiliate.

"The loss of Sgt. Jasso is felt by his family and loved ones, by all who served with him and by all on this mission to protect our country and our allies," said Gen. Scott Miller, Resolute Support and United States Forces - Afghanistan commanding general.

About 2,400 American personnel have military been killed since the war in Afghanistan began in 2001 fewer than 1,900 of them were killed in combat.

Sunday marked the 17-year anniversary of the first American combat death, Johnny Micheal Spann, a Marine veteran working for the CIA who was killed in a bloody prisoner uprising at Qali-Jangi fortress in Mazare-Sharif during the first weeks



Sgt. Leandro A.S. Jasso, 25, from Leavenworth, Washington, died Nov. 24, 2018, in Helmand province, Afghanistan, as a result of injuries sustained while engaging enemy forces in

Leavenworth native killed in Afghanistan | Public invited to comment on 4-year program of WSDOT projects

WSDOT accepting public input on the draft Statewide **Transportation Improvement Program**

from Nov. 21 to Dec. 20 **OLYMPIA** - Comments

are now being accepted on a proposed four-year program of multimodal improvement projects to the state and local transportation system.

The Washington State Department of Transportation is asking for public review and comment on the draft 2019-2022 Statewide Transportation Improvement Program (STIP). More than 1,500 statewide transportation improvement projects using \$3.9 billion in federal funds are included in the 2019-22 STIP. Comments will be accepted through Thursday, Dec. 20.

The program's 2019-22 projects, available online, are compiled from local transportation programs, metropolitan and regional transportation improvement programs (TIPs) and have been identified through state, metropolitan, regional, tribal and local planning processes. These are the highest priority

for the available funding to preserve and improve the state's transportation network.

About the STIP

The STIP is a fouryear, fiscally constrained, multimodal prioritized transportation program of state, local, tribal, and transportation public (transit) projects. The STIP includes highways, streets, roads, railroads, transithubs, park-and-ride lots, bridges, sidewalks, bike lanes, ferry terminals, trails and safety projects funded with federal, state, tribal and local revenue sources. Federally funded projects must be included in the STIP before Federal Highway Administration or Federal Transit Administration can authorize the expenditure of federal funds.

The STIP is developed annually by WSDOT in coordination with statewide metropolitan and rural planning transportation organizations. collaborative effort ensures projects are consistent with local, regional and state longrange plans. Several projects

may carry over as they move from design, to permitting and, finally, to construction. Some county projects are not included in the draft STIP because state law requires counties to complete their transportation programs by the end of the year; those projects are amended into the final STIP in January.

The current 2018-21 STIP can be viewed online and a similar, searchable database of the 2019-22 STIP will be created in early 2019, following FHWA and FTA

How to comment

The public comment period for the draft STIP is Wednesday, Nov. 21, to 5 p.m. on Thursday, Dec. 20. Written comments can be sent to: Nancy Huntley, WSDOT, P.O. Box 47390, Olympia, WA 98504-7390, email: Huntlen@ wsdot.wa.gov, or by fax at 360-705-6822.

The comment period is the final step of the community engagement process that began locally. Comments received will be sent to the local or regional planning organization for consideration.



IRS reminds employers, business owners of Jan. 31 filing deadline for wage statements, independent contractor forms

WASHINGTON — The Internal Revenue Service today reminded employers and other businesses that Jan. 31 remains the filing deadline for wage statements and independent contractor forms.

The Protecting Americans from Tax Hikes (PATH) Act of 2015 started a requirement for employers to file their copies of Form W-2, Wage and Tax Statement, and Form W-3, Transmittal of Wage and Tax Statements, with the Social Security Administration by Jan. 31. Certain Forms 1099-MISC, Miscellaneous Income, filed with the IRS to report non-employee compensation to independent contractors are also due at this time. Such payments are reported in box 7 of this form.

The IRS can more efficiently verify income that individuals report on their tax returns because of the Jan. 31 deadline; this helps prevent fraud. File these forms correctly and timely to avoid penalties. IRS e-file is the quickest, most accurate and convenient way to file

these forms. Pointers to help filers

Employers should verify employees' information. This includes names, addresses, and Social Security or individual taxpayer identification numbers. They should also ensure their company's account information is current and active with the Social Security Administration before January. If paper Forms W-2 are needed, they should be ordered early.

Automatic extensions

time to file Forms W-2 are not available. The IRS will only grant extensions for very specific reasons. Details can be found on the instructions for Form 8809, Application for Time to File Information Returns.

For more information, read the instructions for Forms W-2 & W-3 and the Information Return Penalties page at IRS.gov.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

November 16

20:55 **Suspicious**, 130 Titchenal Way, Martins. 22:28 Noise, 4290 Mission Creek

November 17

00:22 **Suspicious**, 809 Pioneer Ave. #212.

1:26 Assist agency, 1st St. &

Drvden Ave.. Dryden. 11:08 **Domestic**

disturbance, 7152 N.

Dryden Rd., Dryden. 20:18 **Runaway**, 8650 Dryden

Aplets Way.

Frontage Rd. 22:32 Assault, Elberta Ave. &

November 18

15:11 Public assist, 4902 Nahahum Canvon Rd. 16:39 Traffic offense, E. Nahahum Canyon Rd. 16:58 Runaway, 329

Independence Way. 22:27 Traffic offense, US Hwy 2 MP 114, Monitor.

November 19

2:04 Suspicious, 314 S. Division St.

9:31 **Assault**, 200 Apple Annie Ave., 59er Diner.

14:46 Suspicious, 301 Pioneer

15:54 Parking/abandon, N.

Dryden Rd. MP 1., Dryden.

16:00 Domestic disturbance. 4902 Nahahum Canyon Rd.

19:16 Sex offense, 8650 Dryden Frontage Rd.

November 20

00:27 Alarm, 603 Cotlets Way.,

Antique Market. 2:42 Burglary, 4902 Nahahum

Canyon Rd

10:09 Extra patrol, 201

Riverside Dr 10:58 Fraud/forgery, 226

Cottage Ave.

11:44 **Suspicious**, 5980

Goodwin Rd., JT Parts. 12:02 Civil, 305 Woodring St. #11.

13:53 Parking/abandon, Dorn & 1st Streets, Dryden.

15:04 Welfare check, 5604 E.

Cashmere Rd.

18:15 Suspicious, Remley &

N. Dryden Rd., Dryden. 22:33 Public assist, Blewett Area, Dryden.

Mission Ridge opened last Friday opening by Thanksgiving

In a news release sent to the media last week, Mission Ridge Ski & Board Resort announced its season opener last Friday, November 23. "It has been a fall of light natural snowfall but thanks Mission's extensive snowmaking infrastructure and world class crew, an

weekend is possible for the sixth time in seven years," stated MR management. Firefighter and Emergency

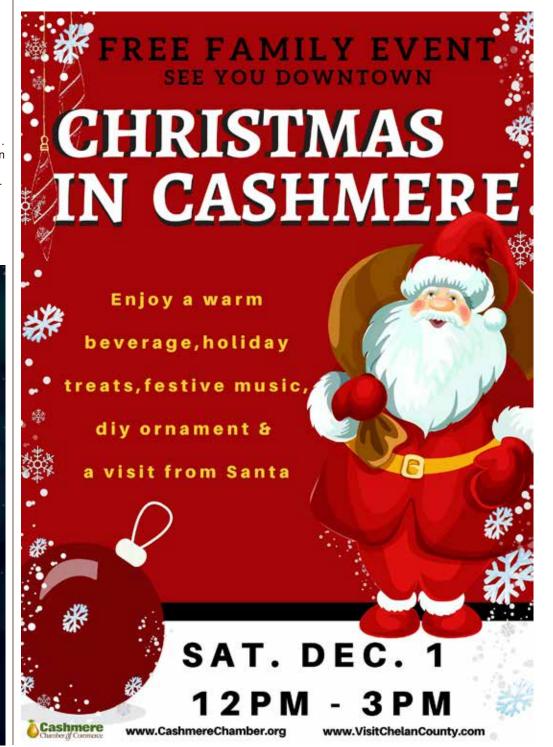
Personnel Appreciation: To say thank you for their service, Mission Ridge will be honoring Firefighters, EMTs, and Law Enforcement professionals by providing free skiing and riding from opening day through the third weekend in December.

"We welcome both active duty emergency responders and 2018 summer seasonal personnel to enjoy time on the mountain," concluded the statement.

About Mission Ridge

Mission Ridge is located in North Central Washington, 12 miles south of Wenatchee. The ski area has the second highest base area in the state at 4.570 feet, and more than 36 runs spread over 2.000 acres and 2,250 feet of vertical. More information about the mountain is available at missionridge.com.









ERALD BUSINESSJOURNAL

CORRECTIONS - NCW Media, Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media, Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media, Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any

subsequent issue. No monetary refunds will be given.

Ready to sell or buy?

M EDV

CASHMERE VALLEY RECORD · NOVEMBER 28, 2018

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

BUSINESS OPPORTUNITY



Owner Retiring

Rare opportunity to purchase established business. Loyal clientele. Excellent reputation.

Kashmir Gardens Florist A Cashmere mainstay since 1949. Is for sale.

Sale includes equipment inventory, display pieces.

The building is also for sale separately.

Call 509-782-2071

NCW MARKET.COM **CLASSIFIED ADS**

Sudoku

There's no cost to you!

CALL (855) 439-6734

4

6

3

Call for a fast and free rate quote

today. No cost. No obligation.

Call 1-844-747-4868

© StatePoint Media

6

2

4

1

8

The support you need to find quality

SENIOR LIVING SOLUTIONS

A Place for Mom has helped over one million families find

senior living solutions that meet their unique needs.

4

3

Fill in the blank squares in the grid, making sure that every

row, column and 3-by-3 box includes all digits 1 through 9.

5

FOR RENT

bedroom 1 bath with detached 1 car garage located South of Carlton. appliances including dryer. washer and \$950.00 month per \$750.00 damage. 509-923-2015.

GARTEN HAUS PARTMENTS

1300 Commercial Street, Leavenworth Senior housing (62+)

1 bedroom apartments

Rent based on income (if eligible) Quiet, wooded setting on the river Close to shopping & medical facilities Waiting list in place

For an application or for a tour of the site call

Linda at (509) 548-7913 or Housing Authority of Chelan County & the

City of Wenatchee 1555 S Methow Street Wenatchee, WA 98801 (509) 663-7421 (TDD Equipped)





Older home 8 miles from Leavenworth 4 miles from Cashmere, for rent three bedrooms, one bathroom, Water/ washer/ dryer. included. \$1000 sewer per month \$800 damage deposit and references required. Please leave a message, at 782-3938. or call cell 264-8556.

aPlaceforMom.

3

1

6

3

5

2

8

6

9

FOR RENT

River Run Apartments

Now accepting applications for the waiting list 1-2 bedroom apartments

Rental assistance may be available if you

Quiet neighborhood Onsite Laundry

Close to bus line, stores

NO APPLICATION FEE!

Call or stop by: Chelan County/ Wenatchee ' Housing Authority 1555 S Methow St Wenatchee (509) 663-742

(TDD equipped)





Entiat

(if eligible) No application fee!

2331 Albin Dr., Entiat

Chelan County 1555 S Methow St. Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity



1 bedroom senior apartment

Rent based on income (if eligible) Newly remodeled Close to medical facilities & stores

Housing Authority of Chelan County

Wenatchee (509) 663-7421 (TDD equipped)

This institution is an equal opportunity provider and employer.





Leavenworth: 548-5286 • classifieds@leavenworthecho.com

Windermere

REAL ESTATE

the Upper Valley?

Give us a call today!

FOR RENT

Affordable Senior or

Disabled Housing

Rent based on income

(if eligible)

No application fee!

Waiting lists apply

Garten Haus

(Senior 62+ only)

1300 Commercial St,

Leavenworth

Man*Sun Villa

(Senior 62+ or

disabled)

200 Green Ave, Manson

Chelan Gardens

(Senior 62+ or

disabled)

210 W Gibson St.,

Chelan

Housing Authority of

Chelan County 1555 S Methow St.,

Wenatchee

(509) 663-7421

(TDD Equipped)

This institution is an

equal opportunity

provider and employer.

Chelan Bluff Apartments

1135 S. Bradley Street,

Chelan

Rent is based on

income. 2-3 bedroom

units.

Agricultural Worker

Housing

(Year round, retired or

disabled from

agriculture work)

For more information,

please call:

Housing Authority of

Chelan County &

the City of Wenatchee

(509) 663-7421 (TDD

Equipped)

7. A pop

115 E Pleasant Avenue Cashmere, WA

Must income qualify

qualify

A/C

and park



Gardens Apartments

Rent based on income Waiting lists apply

1-3 bedroom units

Housing Authority of

provider and employer.





Lake Chelan Community Apartments 509 É Gibson Ave, Chelan Senior Housing (62 and older)

On site new laundry facility No application fee

1555 S Methow Street,



FOR RENT

See all available properties at windermereleavenworth.com

Looking for real estate in Geordie Romer · 679-8958 Allyson Romer · 630-9898

Windermere Real Estate/NCW

Leavenworth/Lake Wenatchee Specialists

Momi Palmieri · 433-2211

MORNING SUN PARK **APARTMENTS** 345 Madeline Road, Manson

1 recamara \$478.00 2 recamara \$573.00 3 recamara \$660.00 4 recamara \$736.00 5 recamara \$812.00

En los últimos doce meses debe haber hecho por lo menos \$3,000.00 en trabajos

agrícolas Ejemplo: Empaque, huerta, viñedo o algunas posiciones manejando troca o máquina elevadora llame para preguntar

Debe calificar por ingreso Renta está basada en nivel de ingreso Listas de espera aplique

Aplique hoy en: Authoridad de Viviendas del Condado de Chelan y La Cuidad de Wenatchee 1555 S Methow St., Wenatchee (509) 663-7421 (TDD Equipado) Esta institución es un proveedor y empleador que ofrece oportunidad igual.





Gibson Gardens 309 E Gibson Street Chelan, WA

NOW ACCEPTING APPLICATONS FOR THE WAITING LIST

We offer:

Rent Based Upon Income (if eligible)

Quiet neighborhood Onsite Laundry Playground

Close to stores & school

NO APPLICATION FEE!

Call: Chelan County/ Wenatchee Housing Authority 1555 S Methow St. Wenatchee (509) 663-7421





FOR RENT

Apartamento de 1 recamara para ancianos

Lake Chelan Community **Apartments** (Ancianos 62 y mayor) 509 E Gibson Ave,

Chelan Renta maximo es: Renta basada en su ingreso (si eligible) Remodelado

recientemente Cerca de las facilidades médicas y tiendas Lavandería nueva en sitio No cobro por

aplicación

Authoridad de Viviendas del Condado de Chelan y La Cuidad de Wenatchee 1555 S Methow St., Wenatchee (509) 663-7421 (TDD Equipado) Esta institución es un proveedor y empleador que ofrece





MORNING SUN PARK APARTMENTS 345 Madeline Road,

1 bedroom apartment

Manson

2 bedroom apartment \$573.00

3 bedroom apartment \$660.00

4 bedroom apartment \$736.00 5 bedroom apartment \$812.00

Must have earned a minimum of \$3,000.00 in the last 12 months in agricultural income to

qualify Ex: Packing shed, orchard, vineyard, some truck driver positions or forklift - call to inquire

Must qualify by income Rent amount is based on income level Waiting list applies

Apply today at: **Housing Authority of** Chelan County, 1555 S Methow Street, Wenatchee (509) 663-7421 (TDD

Equipped)

This institution is an equal opportunity provider and employer.







ROSSWORD CROSSWORD Save up to \$111/month' on your Medicare supplement insurance plan. Call Now!

THEME: CARTOON CHARACTERS **ACROSS** . Middle Eastern staple . What I do with my little eye?

Cookbook abbr. 13. Potato State? 14. Romanian money 15. Sign of a saint, pl. 16. *Rabbit's first name

17. Brow shape 18. Like Bananas Foster

19. *Scooby-Doo's best friend 21. *Eric of "South Park" 23. *Mr. Duck, to friends

24. Hippocrates' promise 25. TV tube in days yore 28. Vegan's staple 30. Islamic scholars

35. Hems and 37. *Tramp, e.g. 39. Mountie uniform fabric 40. A lightbulb signifies

one in many comics
41. Straight ones in a drafter's toolbox 43. Agitate
44. Wharton's "The House of 46. *What Charles Schulz

did with Snoopy 47. *Flapper Betty 48. *The Sailor Man 50. Black cat, e.g. 53. Front part of a ship 52. Abba song

55. *#48 Across' Swee' 57. *Pink feline 61. *The youngest Griffin 64. Musical composition

67. Mends a sock 69. Beauty shop 70. Chowed down

71. Grind down 72. ____-a-whirl 73. VHS successor 74. Slow on the uptake

DOWN 1. Club on a card

2. Beware of these in March 3. Strip of wood 4. In the lead Your Password?'

6. Kill a dragon
8. New Mexico's state flower 9. Bunch of hair 10. Hat part 11. First name in frozen desserts 12. Hammer part 15. Port in Denmark

22. Cash dispenser 26. AM/FM device

20. *Gnomeo or Juliet

61. What victim did in court

__ Spot go"

65. 2nd largest bird in world by height 59. He's one behind Belichick 60. Mother Goose' "Dame 62. Fairway club 63. Book ____, pl

24. Become too mature 25. *Paul Frank's Julius 27. Pipsqueak 29. *He's "hunting wabbits" 31. *Phineas' friend 32. *Huey, Duey, Louie and Blossom, Bubbles, Buttercup, e.g. *Chilly Willy's home 36. Fill beyond full 34. Oozes 38. Do like bees 42. Hid under a rug 45. What Toulouse-Lautrec and Zeta-Jones have in common 49. "But I heard him exclaim, drove out of sight,'

51. Vital 54. Artemis' companion 56. In the know 57. Attention grabber 58. Antioxidant-rich berry

63. Book ____, pl. 66. *"Beavis and Butt-Head" channel

and

FOR RENT

Vivienda económico para ancianos o disabilitados

Renta basada en su ingreso (si eligible) No cobro por aplicación! Hay listas de espera

Garten Haus (Ancianos 62+ solamente) 1300 Commercial St., Leavenworth

> Man*Sun Villa (Ancianos 62+ o disabilitado) 200 Green Avé., Manson

Chelan Gardens (Ancianos 62+ o disabilitados) 210 W Gibson St.,

Chelan

Authoridad de Viviendas del Condado de Chelan y La Cuidad de Wenatchee 1555 S Methow St., Wenatchee (509) 663-7421 (TDD Equipado) Esta institución es un proveedor y empleador que ofrece





SERVICES

Too busy to keep up? QuickBooks services for your business. Full chárge bookkeeper experienced with Accounts Receivable Accounts Payable, Payroll, Quarterlies, etc. in a variety of business set-Call 509-687-9381

Responsible lover to occasionally "2 to 3 per year". Care for "feed and water", donkeys miniature lower Brender Canvon area, Cashmere, serious only please. more details 509-860-4665.

HELP WANTED



The Cascade School District is seeking qualified applicants for the following positions:

2 Peshastin-Dryden Elementary School Special Education Para Educators

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE



Receptionist

Leavenworth Echo Newspaper is looking for an outgoing person to serve as a receptionist/ ad assistant, full-time Monday - Friday.

A qualified individual will phones, take answer classified and legal ads and assist the advertising director.

(Training will be available).

qualified individual must have good customer service skills adept at utilizing computer systems and soft ware including Excel and Word. Accurate typing spelling, and good math skills.

Dependability and dedication are important work skills for this rare opportunity.

Interested applicants please send a resume

Attention: Publisher P.O. Box 39 Leavenworth, WA.98826 Or bring in a current resume to The Leavenworth Echo 215-14th St. (9 a.m. to 5 p.m.)

HELP WANTED



Two full-time openings: **Recreation Lead and** Housekeeping

Office Assistant. Both positions are open until filled. To apply please go onto our website at www.wapatopoint.com (under the Contact tab) where you will find our application materials, mailing address and phone number. Or feel free to complete an application at the resort at 1 Wapato Way,



Manson WA 98831.

CLINIC NURSE Full-time/Days

Three Rivers Hospital is in need of a Clinic Nurse to provide patient care in our medical clinic. Clinic Nurse will work closely with providers, speciálists, patients and patient's family members deliver shortlong-term care to patients. Current WA State RN license and must have current BLS/CPR.

Interested Candidates may apply in person or by mailing their resume

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 x 3343 www.threerivershospital. afisk@trhospital.net EOE

City of Pateros Públic Works Department

The City of Pateros has a current opening for an on-call public works posi-

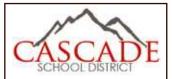
Wage is \$18-25/ hour with no benefits depending on experience and qualifications.

Primary duties include: Snow plowing for four to eight hours per call during the hours of 2 a.m.-10 a.m. Hours are flexible. Other duties may include public works tasks such as parks, water, sewer and streets. CDL desirable but not mandatory. Background check is required and drug test is required for CDL appli-Applicant cants. must have a valid WA State Driver's License and provide current driving record from DOL.

A complete job description and application can be obtained by calling (509) 923-2571, or email pateros@swiftstream.com. Application deadline is December 5,

Position is open until filled.

2018 at 4:30 pm.



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Varsity Baseball Coach

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE

Manson School District

is seeking applicants for following position Drone Club Assistant.

Detailed job posting and online application proc-ess are available at: www.manson.org, EOE

HELP WANTED

CLASSIFIEDS

Full and Part-Time Breakfast Catering Staff

Enzian Inn in Leavenworth is searching for energetic service ` oriented individuals to join our breakfast/ catering team. Position provides to opportunities learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational

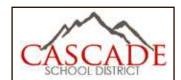
and putting course. 590 Hwy. 2 Leavenworth.

amenities of hotel are

available to employees

|indoor/ outdoor pool, spa

including fitness center,



The Cascade School District is seeking qualified applicants for the following position:

Cascade School District **Auditorium Coordinator**

Fast Track application process and information can be found on our website at: www.cascadesed.org

EOE



Record Newspaper. is looking for a writer/ photographer who loves local sports and community events. Pay DOE. Call Managing Editor, Gary, 509-571-5302 or Publisher, Bill, 548-5286 to arrange an interview. Must be a team player and willing to work flexible hours. EOE

The district is accepting applications for a special education para to work one on one position.

This position is 7 hours per day, Monday - Friday with medical, dental and optical benefits of-The successful candidate must meet the Title 1 requirements as follows:

AA Degree or; 2 years of college course work (70 credits) documented with transcripts or

Pass the ETS paraprofessional test given at the school with prearrangements) in the areas of math, reading and writing.

This position is open unfilled. Applications may be obtained on the district's website along with contacting the district office at 689-3418.
Brewster School District is an Equal Opportunity Employer.

Full and Part Time Bed Maker, Laundry and Housekeeping

Enzian Inn, in Leavenworth is hiring for full and part-time Housekeeping Laundry / Bed Makers. Enjoy а competitive wagé and positive workenvironment. Shifts typically begin at 9:00 and end between 2:00 4:00 daily. Hotel amenities such as fitness room indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth



HELP WANTED



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Assistant Softball Coach

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE



ER Patient Registration Representative/ NA-C **Full-Time**

Three Rivers Hospital is in immediate need of Patient two full-time Registration Rep/NA-Cs. Collects required patient enters information and into computer database for in-patient & out-pa-Provide tient services. patient direct limited care under the supervision of a licensed nurse. Candidate must have familiarity with windows based software. Must license. NA-C have Spanish bi-lingual is preferred.

Interested Candidates may apply in person or by mailing their resume

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 x 3343 www.threerivershospital. netafisk@trhospital.net

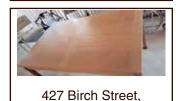
EOE

PUZZLE SOLUTION



l	TI	IT.	Г	D	DVDDDENSE				
	2	3	8	4	6	1	5	7	တ
	7	6	1	8	5	9	2	3	4
	4	5	9	3	7	2	1	8	6
	3	7	2	6	4	5	8	9	1
	1	8	4	9	2	7	6	5	3
	5	9	6	1	3	8	7	4	2
	8	4	5	2	1	3	9	6	7
	6	2	7	5	9	4	3	1	8
	9	1	3	7	8	6	4	2	5
1									

ESTATE SALES



Leavenworth Nov. 29, 30, Dec. 1 8 am - 3 pm Furniture, Tools, Hardware, Vinyl, CD's, Books, Electronics, Kitchen Gadgets, Men's Clothing, Teak Dining Table, Mid-Century Chrome Furniture & MORE!

PUBLIC NOTICES

In The Superior Court Of The State of Washington County of Chelan In Probate In the Matter of the Estate of

MAX VANDERBRUGGEN Deceased. NO. 18-4-00350-04

PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

ersonal Représentative named below has been appointed as Personal Represennamed tative of this estate. Any person having a claim against the dece-dent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representaor the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within frame, the claim this is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: 11/21/2018 Peterson

By /s/ Margee
Margee Peterson,
Personal Representative
Address: PO Box 702 Leavenworth, WA. 98826

Attorneys for Personal Representative:
JEFFERS, DANIELSON, SONN & AYLWARD, P.S.
By /s/ Evan M. McCauley
Evan M. McCauley,
WSBA NO. 44285 O. Box 1688 Wenatchee, WA 98807-1688

CHELAN COUNTY CLERK'S OFFICE Ms. Kim Morrison, Clerk

Chelan County Superior Court 350 Orondo Avenue, Suite 501 Wenatchee, WA. 98801-2885

Published in The Leavenworth Echo/ Cashmere Valley Record on November 21, 28, and De-cember 5, 2018. #83662



Public NOTICES

PUBLIC HEARING NOTICE Notice is hereby given that the Leavenworth City Council approved Resolution 18-2018 set-

proved Hesolution 18-2018 setting a public hearing for December 11, 2018, at 6:45 p.m. in the City Council Chambers at the Leavenworth City Hall, 700 US Highway 2, Leavenworth, Washington, to consider and take public testimony on a proposed ordinance to authorize the City to assume the rights the City to assume the rights, powers, functions, and obliga-tions of the Leavenworth Transportation Benefit District pursuant to Chapter 36.74 RCW, and that all persons interested may appear and be heard at the hearing.

Chantell R. Steiner
Finance Director/ City Clerk
CITY OF LEAVENWORTH

Published in The Leavenworth Echo/ Cashmere Valley Record on November 28, and December 5, 2018. #83708

Chelan County Fire District #3 has surplussed a 2005 Dodge Durango SLT 161,700 miles. SLT 4WD This vehicle will be sold as is with no warranty to the highest bidder. value is \$1,000. Questions can be directed to Marcus Wells, Firefighter/ Mechanic

at (509)548-7711. Bids should be received at the station at 228 Chumstick Hwy., Leavenworth, WA 98826 no later than 5:00 pm on December 12, 2018. Bids will be opened and awarded at the Fire Commisawarded at the Collinissioners Meeting that evening.
Published in The Leavenworth
Echo/ Cashmere Valley Record
on November 21,and 28, 2018.

Upper Valley Park & Recreation Service Area

On the 21st day of November 2018, the Board of the Upper Valley Park & Recreation Service Area passed the following budget resolutions. A summary of the contents of each provides as follows: Resolution 3-2018: A Resolution authorizing the regular property tax levy plus 1% in-crease and is authorized for the levy to be collected in 2019; Resolution 4-2018: A resolution for levying the excess levy to pay for debt on bonds in 2019; and Resolution 5-2018: A resolution adopting a budget for 2019, and providing other mat-ters properly relating thereto. A copy of the full text of the resolutions are available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Di-rector/ City Clerk, City of Leav-enworth, PO Box 287, Leaven-worth, WA 98826.

Published in The Leavenworth Echo/ Cashmere Valley Record on November 28, 2018, #83753

hungen in zwei wichtigen TRYING TO AMBUSH A BUYER?

Here's a better option Advertise it on

NCWMarket.com



Run it till it sells Automotive \$25.00

Don't just park your car on the side of the road with a "For Sale" sign! Promote it on the web for one low price where local buyers can see it

at their leisure



Be the Squeakly Wheel

Sally is a bubbly, 75-yearold retired teacher and breast cancer survivor who loves to stay active. She lives in a lovely over 55 subdivision and looks forward to her daily morning walks. She walks 3 miles every day, rain or shine. A couple of months ago, Sally's doctor told her that she was concerned about Sally's "bad cholesterol" and wanted to her to start taking a prescription medicine called Lipitor® (atorvastatin). Less than a week after starting her new medicine, Sally noticed cramps in her legs that woke her up at night, which she had never experienced before. A few days later, her thigh muscles started to ache, eventually limiting her to half of her usual walking distance and bothering her the rest of the day, too. Chatting with her on the phone, I asked how things were going with her new medicine. "I'm not sure if it's a coincidence or not, but I've been having these muscle aches in the daytime and leg cramps that wake me up at night. I always had some muscle soreness while taking my breast cancer medicine, but never like this." "Are you still able to do your morning walks?" "Barely. I'm too stubborn to quit, but am only able to walk half my usual distance. Do you think it might be the new medicine?" "How long were you on the new medicine before you noticed the soreness in your legs?" "Oh, about a week." I explained, "That medicine won't help you much if it makes you less physically active." Should I just stop it?" "Oh no! DON'T stop it abruptly. You need to tell your doctor exactly what's going on, right away." "But, it took me MONTHS to get in to see her."

Life & Health

"You don't have to make an appointment with her to tell her about this. Just call the office and tell them exactly what you just told me, and when you starting noticing it. Sally, if a doctor puts you on a new medicine and they don't hear otherwise, they'll assume that everything is going fine. YOU have to be a "squeaky wheel" and tell them if you're having a problem." When she did that, her doctor advised her to cut the dose in half and see if her muscle aches and cramps got any better. I checked in with her a couple of weeks later, and she any improvement on half the dose. "I'm stubborn," she told me. "I'm making myself walk every day, even though I can't do as much." "Tell your doctor it isn't getting any better. She's not a mind reader!" Sally's doctor then told her to stop the medicine completely and see what happened. Once she'd been off of it for 3 weeks, she finally stopped waking up with muscle cramps and her muscle pain decreased every week. Eventually she could walk her full 3 miles in the morning again. What if Sally had accepted her muscle aches as "just getting older" and stopped walking altogether? Instead of helping her AVOID a future heart attack or stroke, taking that medicine would have INCREASED her risk, because it caused her problems that significantly DECREASED her activity level.

reported that she didn't notice

Here Are 5 Ways to Prevent A Medicine from Harming You:

1. Whenever you start a new medicine, pay attention to any changes. A symptom diary is a great help whenever you start any new treatment so you don't rely just on your memory when tracking any changes, good or bad.

2. Take responsibility for communicating with your doctor if you start having problems that you suspect might be related to your new medicine. Doctors are not mind readers and they're very busy. If they don't know about it, they can't help you! 3. Call your doctor's office

to report your concerns. You don't have to see the doctor face to face to do this. A phone call to a nurse or message through your patient portal should get this vital information to your doctor quickly.

4. If your doctor's office is closed, your pharmacy is another resource. They can Louise

advise you whether you should keep taking it or hold off until your doctor can contact you with a plan.

5. Don't stop a medicine on your own unless you're having serious problems like shortness of breath or a rash. Working with your doctor on this helps give you the best care possible.

Be a "Squeaky Wheel"! Tell your doctor if you're having problems with your medicine, so they can help you.

Dr. Louise Achey, Doctor of Pharmacy is a 38-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www. AskDrLouise.com

Prepare for winter driving before snow, ice arrive

Studded tires allowed statewide Nov. 1 - March 31

WSDOT NEWS RELEASE

OLYMPIA - The falling leaves and colder weather can mean only one thing - snow and ice are just around the corner. With the changing seasons, now is the perfect time for travelers to shift their focus towards winter driving.

The Washington State Department of Transportation urges all travelers to start preparing themselves and their vehicles well before the threat of snow and ice kicks into high gear. Drivers can check out

WSDOT's winter driving web page wsdot.com/winter/> for tips and information. WSDOT also asks travelers to always "know before you go" and get the most up-to-date roadway information before heading out.

"Our crews are ready for winter and work hard to keep roads clear of snow and ice," said WSDOT Maintenance Operations Manager James

"But we also need the public's help in being prepared for winter weather. Most of the pass closures we see are due

to spin outs or crashes from a vehicle traveling too fast or not having proper winter driving equipment."

To check conditions and prepare for adverse weather:

· Download the WSDOT mobile app<https://www. wsdot.wa.gov/traffic/seattle/ products/>.

· Follow WSDOT's regional and pass accounts on

wsdot.wa.gov/ Inform/twitter.htm>, agency's Facebook facebook. com/WSDOT/> site and online travel alerts wsdot.com/traffic/ trafficalerts/>.

· Sign up service.govdelivery. com/accounts/WADOT/ subscriber/new> for email and/or text updates about road conditions - including Snoqualmie Pass delay text alerts. wsdotblog.blogspot. com/2016/09/frequent-i-90traveler-get-text-updates.html>

· Download, print and carry the WSDOT Winter Driving Guidehttp://www. wsdot.com/winter/files/ WinterDrivingBrochure.pdf> (pdf 1.83 mb).

· Get your vehicle ready wsdot.com/winter/files/ WhatToCarry2016.pdf> (pdf 2 mb) and plan extra time to cross all mountain passes, including heavily traveled routes such as Snoqualmie Pass, Stevens Pass and White

· Carry chains and know current traction and chain requirements wsdot.com/ Traffic/passes/default.aspx> for mountain passes, which are also available on highwayadvisory signs and highwayadvisory radio and by calling 511 wsdot.wa.gov/traffic/511/>.

• Preset your radio to 530 AM and 1610 AM for WSDOT's traffic-information stations.

Alternatives to chains

Some vehicle manufacturers recommend against the use of tire chains for certain models but that doesn't exempt travelers from state laws about extra traction devices. The Washington State Patrol provides a list of approved, alternative-traction devices wsp.wa.gov/traveler/images/ traction/alt_traction_device. pdf> (pdf 133 kb) that meet state chains and traction tires requirements.

All travelers are reminded to carry chains whenever crossing mountain passes to be prepared for changing weather conditions and potentially avoid

a costly ticket. Failure to obey a tire chains sign can mean a ticket of up to \$500. Special chain enforcement patrols will be keeping an eye on mountain passes this winter.

Studded tires

By law, studded tires are legal for use in Washington state only from Nov. 1 through March 31. This applies to all vehicles in Washington, even those traveling from other states.

WSDOT estimates studded tires wsdot.wa.gov/Business/ MaterialsLab/Pavements/ Default.htm> cause between \$20 million and \$29 million in pavement damage to stateowned asphalt and concrete roadways each year. Motorists are encouraged to visit a tire dealer to learn more about stud-free, winter tread traction tires. These type of tires are different than all-season tires, are legal year-round and do not cause the same roadway damage as studded tires. More information about studded-tire restrictions and requirements can be found in the

wsp.wa.gov/ FAQ driver/vehicle-equipmentrequirements/> on the WSP website.

Chelan PUD

CONTINUED FROM PAGE A1

door, and call Chelan PUD's direct phone number, (509) 663-

• Do not give the caller or visitor cash, a prepaid card, such as a Green Dot card, a wire transfer, or any other form of payment that may be difficult to trace.

· Ignore suspicious requests for personal information such as bank account numbers, user names and passwords, credit card numbers, or Social Security numbers.

· Delete any emails from utilities that are not your service provider.

• Delete all suspicious emails that require immediate action to verify your account or demand personal information.

Report scam attempts to local police on the nonemergency line, or the state attorney general's office, or contact the FTC: ftccomplaintassistant.gov/

UUAS and its member companies have helped to shut down more than 2,200 Toll-Free Numbers used against utility customers by scammers. The group recently was awarded the Toll-Free Industry's Fraud Fighter Award in recognition of its advocacy and awareness campaign to stop scams that target electric, water, and natural gas company customers.

When scam calls are reported to Chelan PUD, the utility shares that information right away, in English and Spanish, on social media (Facebook, Twitter and Instagram) and the home page of the utility's website, chelanpud.org.



By Kalie Drago

Echo Reporter

With the incoming snowy weather and incoming herd of tourists, it's clear that is about that time again for the city of Leavenworth to host their annual three weekend Christmas Lighting Festival. Transitioning out of the usual Bavarian Village into a Village of Lights, the city celebrates the upcoming holiday season. Starting Friday, November

30 and lasting until Sunday, December 16, there will be plenty of time to wander downtown and participate with both locals, outsiders and St. Nickolaus.

Starting Friday evening, despite no Lighting Ceremony, the half a million lights are all on to welcome St. Nickolaus as he heads down to the Front St. Gazebo to share the story of his legacy and greet everyone.

Saturday and Sundays, noon

will be the arrival of Santa and various holiday characters trailing behind him at the Festhalle. The Gazebo will host musical performances with sledding inn Front Street Park and carolers roaming around - all leading up to the lighting ceremony.

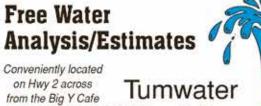
The annual event has little variation from previous years except that the lighting ceremony will begin at 4:45 rather than 4:30. It will be spread between the weekends of November 30, December 1-2, 7-9, 14-16.

While little has changed in the traditional schedule of this immensely popular event, the Chamber of Commerce, City of Leavenworth and Chelan County Sheriff's department have made significant changes to their plans for controlling traffic (See story in the Nov. 2 edition of the Echo or on line at leavenworth echo.com).



Tumwater Drilling and Pump Inc.

"Water Treatment Systems Built to Your Individual Problem"



from the Big Y Cafe in Dryden @ 9290 Hwy 2

Drilling & Pump, nc. 548-5361

www.tumwaterdrilling.com • email info@tumwaterdrilling.com WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

STORAGE



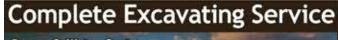
DOWNTOWN **CASHMERE MINI STORAGE**

5x10-\$55 Per Month 0x10-\$75 Per Month 8x14-\$85 Per Month

•Secure Timed Keylock System •Mobile Platform Available• •Burglar Alarm• Camera Surveillance 82-8113

201 Cottage Ave., Cashmere

EXCAVATION





Subscription expired? RENEW TODAY!

FERALD







Call for Student, Senior & Out-of-state rates.