



YEAR IN REVIEW 2018

January



Rotary donates generous gift

The Cashmere Rotary presented a donation towards Cashmere Cares on Tuesday, January 9. From left to right: Incoming Rotary Club President Karen Jackson, Current Rotary Club President Joe Brown and Superintendent Glenn Johnson.

During the Bulldog Boys' half time session in their game against the Cascade Kodiaks on Tuesday, January 9 the Cashmere Rotary Club presented a very generous donation towards the Cashmere Cares program. The Rotary gave a check for \$10,950 to Cashmere School District Superintendent Glenn Johnson as a direct donation towards this program that was started up by

Johnson. Cashmere Cares has four distinct principles: 1) no child hungry, 2) no child cold, 3) every child literate, and 4) every child with a mentor. Johnson shared how the money will be going directly to the most needy children within the school district, to provide them with opportunities to obtain the resources that they need. The money was immediately

deposited into the Cashmere School Foundation, which is a joint partnership with Cashmere Cares. "They (the Rotary) specifically said 'this part of the auction is going to go towards kids and Cashmere Cares,'" Johnson said. "That additional fund helped us to close gaps with kids. Without their support, we wouldn't be able to do those things."

Crunch Pak sponsors Apple Blossom Festival App

Crunch Pak, the sliced apple specialist, will support the Washington State Apple Blossom Festival by sponsoring the first official festival app, released Jan. 15. From now until 2020, the company will sponsor the

app that provides users with an interactive destination for all things Washington State Apple Blossom Festival. This includes all official events, parking, traffic information, contests and FAQs. "We rely on partners like Crunch

Pak to help create a bigger and better festival experience every year. The new app is a way to make it even easier for people to attend festival events and have all the information at their fingertips," said Darci Christoferson.



Vale introduces new Raptor Response System

Rhett Morgan, the Vale Elementary Vice Principal, looks over his papers as he presented on Vale's Raptor Response System at the Monday, January 22 Cashmere School Board Meeting.

Vale Elementary Vice Principal Rhett Morgan shared about Vale's brand new Raptor Response System, which is all about enhancing school safety, during the latest Cashmere School Board Meeting on Monday, January 22. According to Morgan, the Raptor system will be a great new addition for the elementary school as it will not only keep track of who's coming and going but it will also do necessary background checks on visitors. "We have such young kids that we need to make sure we're doing a better job at being a doorkeeper..." Morgan said. "What Raptor does for us is it gives us a concrete database so we can search any day, anytime, and any

person that ever comes into the building- whether they're a parent, a vendor, a WATCH D.O.G., a lunch buddy or whatever- and we can know exactly what their history is." Visitors present their ID to the front desk personnel, who puts the ID into a scanner that connects to Raptor. Raptor will then search through all sex offender registries of all 50 states and will also search for custodial issues or other customized alerts. The system will alert the staff and will also notify security personnel or local police through a text message if a match has been found within a registry. If the visitor is cleared then the Raptor Response System will quickly give him/her back a badge

with any necessary info including the visitor's name and intended destination along with the date and time that they checked in. Morgan went on to explain that the Vale Elementary school system already has Raptor set up to immediately notify Morgan, Principal Sean McKenna, the school's resource officer and other staff members if a red flag were to pop up. The Vale Elementary will undergo their period of trial for the system, see what happens, and then they will make a recommendation of whether or not the system should be put into place at the other schools.

CONTINUED TO PAGE A2

Bulldogs Boys whip Kodiaks in roundball

By KALIE DRAGO

The Cascade Kodiaks made the short trek over to Cashmere High School to take on rivals and neighbors, Bulldogs basketball team.

Prior to the game starting, the Cashmere Bulldogs were undefeated within the conference and had only lost one game non-conference, 3-0 and 5-1 record. The Kodiaks walked in the Cashmere gym with a 0-3 and 3-4 record. Regardless of past games, the two teams both put their best foot forward.

Cashmere's Brooks Elliot, No. 5, put the first points on the board and after that, but the Kodiaks didn't falter and continued working hard to maintain their own during the game. The boys

put up a good defense, but it was difficult to hold off impressive shots from Mason Landdeck, No. 4.

Some of the notable performances were by Kurt Fraker, No. 13, who got the first three pointer for the Kodiaks. Ethan Burpee, No. 3, scored many points for the Kodiaks and Cole Warnaca, No. 5, blocked a shot and put points of his own up on the board.

One of the more exciting moments of the game was when Ethan Burpee, No. 3, sunk a three pointer right as the buzzer sounded for halftime to began. Both sides, Cashmere and Cascade, watched captivated to see if he would make the shot - and it did.

The game ended 89-56, favoring the Bulldogs, but it was a great effort from the Kodiaks.



Brooks Elliot shoots.

PHOTO BY ELI HANEY.



Nate Phillips.

PHOTO BY ELI HANEY.

Commissioner Garry Arseneault to Lead Chelan PUD Board in 2019

Board members wrap up year with officer elections & review of major hydro project

WENATCHEE, WA - Commissioner Garry Arseneault will lead Chelan County PUD's Board



Chelan PUD Commissioner Garry Arseneault

of Commissioners as president for 2019. Arseneault, from Wenatchee, is now commission vice president. A retired financial professional, he has served on the PUD board since 2015. He represents customer-owners in District 1 including part of Wenatchee and west and south to the county line. (at 00:15 on the board meeting audio recording)

"It's an honor to serve, and I look forward to being responsive to our customer-owners, my fellow commissioners and PUD staff," Arseneault said, following the meeting. "It will be a busy year with much important work ahead of us."

Commissioner Steve McKenna, now board secretary, will serve as vice president next year. McKenna, a retired educator, lives in Leavenworth. He joined the PUD board in 2017 for a

CONTINUED TO PAGE A3



We will be closed on
December 31, 2018
and January 1, 2019 to
celebrate the new year.

Happy New Year to all

THIS WEEK

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YEAR IN REVIEW

2018

February CONTINUED FROM PAGE A1

Cub Scouts 'go to the Dogs' to meet Hometown Heroes

Cashmere's Wolf Cub Scout Pack 1 boys paid a visit to the Stevens Pass Ski Resort on Saturday, Feb. 3 to check out the resort's Avalanche

Rescue Dogs Program. The trip helped the boys complete their Hometown Heroes Adventure requirement. Though they have not had to rescue anyone at

the resort yet, the Avalanche Rescue Dogs are fully trained and prepared to track down and bring back anyone caught up in the avalanche. The five

boys got to meet Scout, one of the Rescue Dogs, and his handler, Dan Veenhuizen. The big take away was that not all heroes are just firefighters or

cops but that there are all types of heroes. All the boys wrote 'thank you' letters to Scout, Dan and Angela along with a bag filled with dog treats, fish skin, tug ropes with balls attached and a big stuffed animal to show their thanks.

Cashmere's 'National Board Certified Teachers' recognized

On Feb. 22, fourteen Cashmere teachers gathered in the Cashmere Middle School Public Library to receive plaques for

completing the requirements necessary to earn their National Board Certifications. All of the teachers stood and spoke about

what their individual processes were like in trying to get their National Board Certifications and what it meant to them.

"The National Board process makes you reflect on how you're teaching, what the kids are producing and looking at

that as the end game as opposed to what the book says you're supposed to be doing," Jeff Crayens stated.

Bernard Swaim speaks out on time served in Chelan County Jail

Bernard "Bernie" Swaim spoke about his experiences in the Chelan County Jail while he awaited trial, accused in the

murder of Cashmere resident Stephen Smith. The 35-year-old cold case was reinvestigated at the behest of Smith's family

and alleged "corroborating witnesses". After being acquitted by a jury, he returned home in Sultan with his former

normal routine turned upside down due to his eight months in Chelan County Jail. Swaim said he was assaulted, left to suffer

without pain killers, often not given his one hour out of the cell and a violation of inmate rights.

March

Bulldog girls basketball take 2nd in State Championships

After facing off against Nooksack Valley at Yakima's SunDome on Thursday, March 1 and winning 46-35, Cashmere's Lady 'Dogs took on the La Salle Lightning on Friday, March 2 and won 43-36. Finally the girls played against Lynden Christian on Saturday, March 3 in the 1A State Championship game. The game against Lynden Christian grew more and more intense as both team's scores remained incredibly close all the way to the end. Sadly the game was in Lynden Christian's favor as the night concluded with the

Lynxes winning 1st place in the Championship with the score of 50-48. The Cashmere Lady 'Dogs were congratulated and given the 2nd place award. "I thought we played our tail off and we played so hard," Coach Darnell said. "We just had another not great shooting night. We played defensively good enough to win that game... we lost to a good team- they are really, really good. Our girls have nothing to hang their heads about, it was a great game." Darnell and the girls look forward to getting the chance to be able to come back for another shot next year.



The girls lost to Lynden Christian 50-48 but were named the 2nd Place State Champions. The team now eagerly awaits their chance to come back and take first place in State next year.

Cashmere High School introduces new coach



Bryan Bremer, who has been an Assistant Coach for the Whitworth University football team for the last three seasons, will be the new Head Football Coach for the Cashmere Bulldogs.

As Cashmere High School says goodbye to longtime football coach Phil Zukowski they welcome in a brand new Head Football Coach for this new season: Bryan Bremer. Bremer, coming from Whitworth University, will begin the start of his duties at the high school on Thursday, March 8. He will be teaching P.E./ weight class as well as coaching. Bremer has been an Assistant Coach at Whitworth for their last three seasons. "We are excited to announce Bryan Bremer as our head football coach," Athletic Director

Jeff Carlson announced. "He has all the ingredients of a successful head coach: energy, innovation, character, integrity, organizational leadership skills and a commanding presence. Bryan and his wife, Makenzie, are going to be a great addition to our school and community." Having been a Head Recruiter at Whitworth for a while, Bremer has visited Cashmere High School a few times and was very impressed by Cashmere's sports program and how much support it has. "Cashmere's a dream job of mine," Bremer stated excitedly.

Memorial Phase 2 ideas shared

The Spirit of America Foundation Committee has redesigned the layout for the 9/11 Memorial Phase 2. Tom Green and Craig Hess shared new upcoming plans and sought approval for the newest layout ideas. The plan was to put two small tower-like granite pieces at the Memorial site that have all of the names of the victims of 9/11. Two smaller granite

pieces will be put next to the towers that have the names of the Pentagon and the Flight 93 victim's names. There was also mention of more surveillance on the memorial sets with how the site's cameras have been positioned and put into place. They also envisioned seven new trees to be planted around the future kiosk being proposed.

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April

AG Ferguson talks to Cashmere Rotary, explains 24 Trump lawsuits, opioid use

When Bob Ferguson, the Washington State Attorney General, first took office in 2013, he committed to visiting every Rotary Club in our state. After five years, Ferguson has completed 119 stops out of 187, including his visit to Cashmere last Wednesday, April 11. During their weekly meeting at the Cashmere Presbyterian Church, the Rotary Club of Cashmere welcomed Ferguson as he spoke to members about his role in

our state's government and listened to members comments and concerns. Ferguson said this "Rotary" route offers him a chance to visit communities all over the state, share information about the Attorney General's Office, and receive feedback on important issues. The Attorney General is responsible for advising state agencies in legal matters, just as businesses are advised by their personal lawyers, Ferguson

explained. The office, which has 13 locations around the state of Washington, also houses a Consumer Protection Division which conducts "affirmative work" for citizens such as litigation in criminal justice and civil rights matters. The division receives approximately 30,000 consumer complaints from Washington state residents per year and is entirely funded by litigation and recovered money, Ferguson also explained

his recent work in federal litigation, reporting that he has filed 24 lawsuits against the Trump Administration since the president was sworn into office. Comparably, only two federal lawsuits were filed throughout all four years of the Obama Administration. One major issue Ferguson discussed at some length was the statewide and national issue of opioid addiction. According to Ferguson, there are enough

opioids in Washington State for every man, woman and child to have a 16-day supply. Though the state has been slow moving to address the issue, the Attorney General has proposed several solutions such as pill limits. Ferguson said receiving feedback from the public is essential because he ultimately represents the entire state of Washington.

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The Incarnation: Summary of Christmas

If you had to summarize Christmas in one sentence, how would you do it?

In some respect, this can be a daunting task because Christmas means so many things to so many people.

Yet the Bible encapsulates and defines what this season is truly about in John 1:14 where it says, "And the Word became flesh and dwelt among us".

If that doesn't astound you, read it again.

Christmas is the celebration and remembrance of the most significant event in all of history—the birth of Jesus Christ.

The miracle of the Incarnation stands unprecedented that God the Son, the second member of the Trinity, takes upon himself a human nature thus joining God and humanity forever. At that moment, the world was changed and would never be the same again. The Incarnation changes the way we think about how we relate to God, ourselves and the world around us.

But why did Jesus have to be born? Why did God have to take upon himself a human nature? In all the forms he could have become, why did he choose to don on human flesh, going so far as to take on the

form of a lowly servant (Phil. 2:7-8)?

Because God loves humanity and cherishes it as the pinnacle of creation.

As splendid as a cascading mountain scenery is or the radiance of suns and galaxies are, even the majestic heavenly beings known as angels, none compare in God's eyes to the value of man. Mankind is the only creature that possesses the image of God and that sets humanity apart from all of creation.

This is in no way meant to

put humanity on a pedestal or to go so far as to deify Man rather we should all exclaim like the Psalmist does "what is man that you are mindful of him...?" (Psalm 8:4).

When God the Son stepped into the world and lived among his own creation what this demonstrates is that God can truly be sympathetic toward us. It is a Biblical truth that God knows all things but this knowledge is much more than intellectual rather it is experiential.

Jesus walked in our shoes.

He knows what it is like to be born, to grow up as a teenager, to be weary from a hard day's work. Jesus Christ knows every bit of our experiences as people because he experienced it himself. That is why in the most difficult of circumstances we can turn to him because he truly knows what we are going through.

The Incarnation shows us that God loves people, so much so that he is willing to literally identify with them on every level.

But this identification has an even richer meaning when we look at what Christ did while he was on earth.

Christ was born, lived and died on the cross as a man for the purpose of paying people's sin debt. Humanity broke God's Law and they stood guilty, condemned to die. It was Man who sinned, not beast nor foul, but people who rebelled against God and thus deserve just punishment.

But God not willing to leave people without hope steps in their place and takes their punishment upon himself by dying for them. In Christ's death, he became the substitute for sinners who would repent and believe upon his name.

Without the Incarnation, there would be no reason to celebrate because there would

be no Savior.

There is, however, a reason to celebrate. Christ is born, God has dwelt among people and he effectually saves those who would trust in Jesus.

This Christmas season is truly something special and may we behold the wondrous miracle of the child that was born and the Son that was given (Isa. 9:6).

*Pastor John Smith of
Evergreen Baptist Church in
Cashmere can be reached at
pastorjohnsmithebc@gmail.com.*



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Call for information on any of these items. 509-548-5286

COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.
Cashmere Food Bank, 3:30 p.m.-5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed. & Thurs.)
Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.
Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)
The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 3-4:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)
Cashmere Food Bank, 3:30-5 p.m., Distribution Center, 109 "C" Railroad Ave., Call Jim, 741-7551. (2nd and 4th Wed. and Thurs.)
Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street. For more information, please call 782-3811.
Cashmere Sportsmen's Gun Club, 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 (1st Thurs.)
American Lady's Legion, 7 p.m., American Legion Hall, 401 Sunset Highway. Call President Linda Ingraham, 679-0243 (1st Thurs.)

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)

Sunday

CHURCH: See the church page for local service times and events.
The Underground, youth group for high schoolers. 6:00 p.m., Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)
Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.
Boy Scouts, 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.
Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).
Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).
Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)
Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)
Monitor Homemakers, Noon. location varies. Call Florence, 663-1570. (2nd Tues.)
Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 548-4807. (3rd Tues.)

Ongoing events

Cashmere Public Library: 782-3314
Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.
Thursday: 11:00 a.m.- 8:00 p.m.
Saturday, 9:00 a.m.- 1:00 p.m.
Sunday: Closed.

Events:

Tuesday & Wednesday, **Story time Pre-K & up** 10:00-10:30 a.m.
Wednesday: **Preschool Story time, 10:00-10:30 a.m.**
Wednesday: **Bilingual Story time, 4:30-5:00 p.m.**
Thursday: **ATLAS events, 3:30- 5:00 p.m. (during school year)**
Friday: **Baby/Toddler Story time, 10:30-11:00 a.m.**

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.
SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)
Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Leavenworth

Leavenworth Village Voices Women's Ensemble

Leavenworth Village Voices Women's Ensemble will perform at Dryden Community Church on Sunday Dec. 30 at

6 p.m. to celebrate the season and the new year with vocal harmony and hammered dulcimer. The church is located on Highway 2 and Dryden Ave. and is sponsoring the event to initiate a year of Celebrating a Century ...and Beyond (established June of 1919). Cost is by donation only. Call 782-2935 (er51,52)

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

December 27, Thursday: Salisbury steak, potatoes and gravy, trio vegetables, carrot raisin salad, WW bread or roll, fruit cobbler.
December 28, Friday: Ham and cheese quiche, steamed broccoli, garden salad, orange quarters, blueberry muffin.
December 31, Monday: New Year's Eve: Hearty turkey and noodle soup, tossed veggie salad, fresh fruit tray, WW roll, dessert.
January 1, 2019 Tuesday. Happy New Year
January 2, Wednesday: Cheeseburger deluxe, coleslaw, fruit tray, dessert.

SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting
Tuesday, 1:00-3:00 p.m., Crafts
Thursday, 1:00-3:00 p.m., Square Dancing
Thursday, 6:30-7:30 p.m., Bavarian Dancing
Friday, 6:00 p.m., Bingo
Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

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Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, Kristalls Restaurant, 280 US-Hwy.2, Leavenworth
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule
Monday, 7 p.m., United Methodist Church, 418 Evans St.

Chelan PUD

CONTINUED FROM PAGE A1

four-year, at-large term. Commissioner Ann Congdon, Manson, will be secretary in 2019. Congdon, an educator and community volunteer, has served on the PUD commission since 2005. They will take the new offices at the Jan. 7 commission meeting.

Board members thanked out-going President Dennis Bolz for his, "extreme effort, doggedness and determination," in leading the commission this year.

In other business, commissioners:

- Thanked Auditor Stacey Jagla for the good news that Chelan PUD received a clean accountability audit from the state. There were no verbal or written recommendations for any change in procedure, Jagla said. She added that the lead auditor said, "This was the cleanest audit he'd ever been on in his tenure." (01:18)
- Heard the positive report that repairs are complete on one of four large units at Rocky Reach Dam. "This is a major milestone and accomplishment," said Kirk Hudson, Generation and Transmission managing director. Lessons learned will speed long-term repairs of the same design flaw on the other three, said Scott Tidd, project manager. The discovery of a crack in a "servo rod" of one of the large units in 2013 launched the project. Long-term repairs on C8, now back in service, started in June 2015. Many people helped the project team solve unforeseen issues and overcome challenges, Tidd said. The results are that repairs on the remaining units are estimated to take 14 months and C8 is expected to run reliably for its 30-year design life. (00:20)
- Thanked Rich Colson, materials specialist, for taking personal ownership to strengthen the PUD's clean-up

response when storms or other events damage distribution transformers and oil spills. Commissioners noted Colson's "ability to see a need, grab onto the issue, pursue solutions that enhance the work of others and make the District more responsive." (00:10)

• Heard that work to determine the extent of erosion at the base of the fish ladder in Tumwater Canyon will close public access to the overlook starting Dec. 26. Alene Underwood, Fish and Wildlife manager, said a crew doing field work in the area reported the condition that needs a closer look. Contractors will drill core samples next week to help determine what repairs are needed over the winter before high spring flows and adult salmon and steelhead start moving up the Wenatchee River.

• Learned that protection of customer information remains strong. Erik Wahlquist, general counsel, said there were no "red flag" incidents and no fraudulent payments for the year. Even stronger protection for customers from identity theft are coming next year with installation of the new customer information system, he said. (00:17)

• Approved moving ahead with rehabbing a fifth unit in Rock Island Powerhouse 1 under the contract for units B5-10. Contractors expect to return B-7 to service in July. B5 is likely the next unit to be rehabbed. (01:27)

The next regular PUD commission meeting is at 10 a.m. on Monday, Jan. 7, in the boardroom at 327 N. Wenatchee Ave.

Chelan PUD records most commission meetings, and a link to the audio is available on the PUD's home page at www.chelanpud.org. Find us at Facebook.com/ChelanPUD and follow us on Twitter @ChelanPUD.

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Tesla crosses 200k sold threshold, Tax credits phase down on Jan. 1

WASHINGTON - The IRS announced today that Tesla, Inc. has sold more than 200,000 vehicles eligible for the plug-in electric drive motor vehicle credit during the third quarter of 2018. This triggers a phase out of the tax credit available for purchasers of new Tesla plug-in electric vehicles beginning Jan. 1, 2019. Qualifying vehicles by the manufacturer are eligible for a \$7,500 credit if acquired before Jan. 1, 2019. Beginning Jan. 1, 2019, the credit will be \$3,750 for Tesla's eligible vehicles. On July 1, 2019, the credit will be reduced to \$1,875 for the remainder of the year. After Dec. 31, 2019, no credit will be available. The plug-in electric drive motor vehicle credit was enacted in the Energy Improvement

and Extension Act of 2008 and subsequently modified in later law. It provides a credit for eligible passenger vehicles and light trucks. By law, five quarters after reaching the sales threshold, the credit ends for the manufacturer. Tesla Inc.'s vehicles are eligible for some portion of a credit until Jan. 1, 2020.

Notice 2018-96 details the phase-out. More information on plug-in electric drive motor vehicle credit can be found on IRS.gov. The amounts of the credit for a specific vehicle can also be found at IRS.gov.



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IRS reminds employers, business owners of Jan. 31 filing deadline for wage statements, independent contractor forms

WASHINGTON — The Internal Revenue Service today reminded employers and other businesses that Jan. 31 remains the filing deadline for wage statements and independent contractor forms. The Protecting Americans from Tax Hikes (PATH) Act of 2015 started a requirement for employers to file their copies of Form W-2, Wage and Tax Statement, and Form W-3, Transmittal of Wage and Tax Statements, with the Social Security Administration by Jan. 31. Certain Forms 1099-MISC, Miscellaneous Income, filed with the IRS to report non-employee compensation to independent contractors are also due at this time. Such payments are reported in box 7 of this form.

The IRS can more efficiently verify income that individuals report on their tax returns because of the Jan. 31 deadline; this helps prevent fraud. File these forms correctly and timely to avoid penalties. IRS e-file is the quickest, most accurate and convenient way to file these forms.

Pointers to help filers prepare

Employers should verify employees' information. This includes names, addresses, and Social Security or individual taxpayer identification numbers. They should also ensure their company's account information is current and active with the Social Security Administration before January. If paper Forms W-2

are needed, they should be ordered early.

Automatic extensions of time to file Forms W-2 are not available. The IRS will only grant extensions for very specific reasons. Details can be found on the instructions for Form 8809, Application for Time to File Information Returns.

For more information, read the instructions for Forms W-2 & W-3 and the Information Return Penalties page at IRS.gov.

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OBITUARY

Scott Allan Lowers

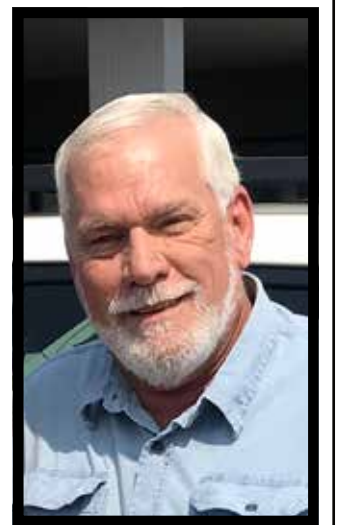
October 4, 1951 – December 16, 2018

Scott Allan Lowers, 67, passed away peacefully in his home surrounded by family on Sunday, December 16, 2018. Scott was born

October 4, 1951 in Wenatchee, WA., to Herbert and Roberta Lowers. He grew up in Cashmere, WA., and graduated from Cashmere High School in 1969. He then attended Washington State University, graduating in 1973.

Scott was on the Mission Ridge Ski Patrol for several seasons, starting when he was in high school. He was active in Boy Scouts and attained rank of Eagle Scout, as did his father and brother. Scott was the Director of Emergency Management in Chelan County for over 20 years. He also worked many years in the construction and fruit industries. He enjoyed trap shooting in the Monitor Gun Club, fishing, and hunting. Attending Elk Camp was the highlight of his year for over 50 years.

Scott was a loving father, brother, grandfather and friend to many. He is survived by his two



children: Patrick (Jana) Lowers and Ashley Lowers; his brother Mike (Shelley) Lowers; his two sisters Susie (John) Becker and Janet (Tim) Smith; and his seven grandchildren: Emmaleigh (Austen), Haleigh, Addileigh, Brady, Molleigh, Keeleigh, and Kolby. He was preceded in death by his father and mother.

A Celebration of Life will be held at the Mission Creek Community Club in Cashmere, WA. on Saturday December 22, from 12-3 p.m. Family and Friends are invited to stop by to share stories and remember such a special man.

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Find us on Facebook at Cashmere Baptist Church

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303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor, Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday
10:00 a.m. - 1:00 p.m.
Pastor, Lilia Felicitas - Malana

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Cashmere Assembly of God • 782-2825
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back entrance of Apple Annie's.

Underground
High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at 206 Vine Street

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Pastor, Joyce Williams
Ian Ross, Director of Operations
Steffanie Haney, High School Director
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Evening Service - 6:00 p.m.
Pastor, John Smith
www.christforcashmere.org

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Rev. Rob Gohl

ST. JAMES EPISCOPAL CHURCH
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Holy Eucharist 9 a.m.
or Morning Prayer 9 a.m.
Deacon Carol Forhan - Cell- 670-1723
Rev. Rob Gohl, Vicar - Cell - 860-0736

OUR LADY OF THE ASSUMPTION
300 S. Division • Office: 548-5119
Rectory: 782-2643
Sunday Mass • 8:30 a.m.
Spanish Mass • 12:30 p.m.
Daily Mass • Wednesday 5:30 p.m.
Friday 9:30 a.m. Mass
at Cashmere Convalescent Center
Fr. Miguel Gonzales

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DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
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Wednesday Bible Study 6:30 p.m.
Pastor, Russell Esparza

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PESHASTIN ASSEMBLY OF GOD
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Bulldog Girls basketball crushes rival Kodiaks



Grace Erdman aims to score.

PHOTO BY ELI HANEY.



Riley Johnson yells directions.

PHOTO BY ELI HANEY.

By KALIE DRAGO

The night before winter break commenced for the Cashmere students, the girls basketball team went into the game against the Cascade Kodiaks enthusiastic to play their rivals and hopefully continue their winning streak. The Cashmere Bulldogs took on the Kodiaks Tuesday, December 18.

It was clear the girls were ready to win as soon as they game began. They gained a 21-4 lead in the first quarter that left them with a comfortable foundation for the rest of the game. Hailey Van Liths led the team by putting up 10 points in the quarter. Grace Hammond also helped out with four points

and Ellie Alberts with three.

"We got off to a great start against Cascade on Tuesday night. I just thought we did a great job of coming out in the first quarter and sharing the ball on offense and really doing a better job communicating on defense than we did last week against Okanogan," said head coach Brent Darnell.

Going in the half with the scoreboard 47-8, didn't stop the girls from continuing playing as impressively the second half. The game ended 71-24 favoring the Bulldogs.

"It's been a work in progress but were starting to figure things out a little bit on both ends of the floor," said Darnell.

Van Liths finished the game with 28 points and eight

rebounds. Hammond had three 3 pointers and managed to put in 15 points total for the game. Alberts walked off the court with a final eight points contributed and Riley Johnson put up seven points on the board.

The girls have a loaded weekend ahead despite being on a temporary hiatus from school. According to Darnell, the toughest part of the regular season is next week when they play Mount Spokane and WF West.

"Mt. Spokane is undefeated and currently ranked #4 (3A Classification) in the latest WIAA RPI Rankings and WF West won the 2A Championship last year," said Darnell.

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YEAR IN REVIEW 2018

Conflagration leaves people, dogs homeless



CONTINUED FROM PAGE A2

PHOTO BY KYRA PLANETZ/CVR.

One of Tina Mackay's dogs tries to get some rest after fire damaged her home

At around 7 a.m. Tuesday, April 17, Cashmere homeowner Tina Mackay awoke to a stranger knocking at her front door. The man, who's identity remains unknown to Mackay, alerted her that a plume of smoke was rising from her house. Mackay's home had caught on fire. The couple initially believed the fire had started in their fireplace, which they had used the night before, but after several failed attempts to put it out they were

forced to evacuate and call 911. Mackay lives with Traynor and her two dogs, Abby and Rocky, on the 4500 block of Eels Road. Within ten minutes, the Cashmere Fire Department arrived on scene and worked to put out the flames. Chelan County Fire Districts 1 and 6 also arrived shortly after. The fire spread throughout the walls of the house, burning up much of the front of Mackay's home. Although Mackay suspects a faulty wire within

the wall may have caused the fire, Phil Mosher, the Chelan County Fire Chief of District 6, said the cause has yet to be determined. "It's classified as an accidental fire, we just haven't nailed down the exact cause," Mosher said. At the time, Mackay said she is staying with friends in town and working to salvage any remaining personal items. She is grateful that neither her, Traynor, nor her beloved dogs were harmed during the fire.

May

Three FFA teams win state, plan trip to nationals

This year's spring competition, held from May 10-12 at Washington State University, awarded first place to three groups from Cashmere High School for their exceptional knowledge in agricultural production. For the past few months, eight FFA teams have spent every Monday night practicing for

the state competition. Their dedication seems to have paid off as three teams, 16 students total, will head to Nationals next fall after placing first at State. The winning teams each competed under separate categories: Food Science, Dairy Products and Meats Evaluation. Team-members competed

separately in events, such as cheese-tasting and scent identification, then judges added each individual score making up the final team score. The Food Science, Dairy Production and Meats Evaluation teams traveled to Indianapolis on October 24 to compete in the FFA Nationals.



Cashmere boys tennis team wins district tournament

The Cashmere boys were the champions of the District Tournament in Omak on May 16 and 19. The team was led by four time district champion, Tyler Kert, who won a three

set match. Ryan Cooper and Huber Farias were second on the boys doubles, losing only to last year's state champions from Okanogan. Cashmere freshman phenom, Kane

Andruss was a surprise. He barely made it out of the league tournament and was able to do just enough to earn fourth place in districts to qualify for state.

'District-wide safety plan' versus 'gun violence'

April 23, Cashmere School District Superintendent introduced a draft of the district's comprehensive safety plan to the school board. The district complied a 30 page plan which explains procedure for any school

disaster that may occur. "We're having different conversations than we were five or ten years ago. The fact is we have to educate ourselves and be prepared to the furthest extent possible," said Johnson. The draft

outlined procedures for active shooters both inside and outside of the building, medical situations, weather events or natural disasters, hazardous material problems, bomb threats, fire and suspicious activity.

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 Anita Fisk, Director of Human Resources
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16. African chieftain
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18. *Used in fun winter fights
20. Overnight lodgings
21. *Whoville's__beast
22. Tropical constrictor
23. E.B. White's Little
26. What siren does
29. Not a thing
30. Bear the expenses of
33. Between larva and adult
35. In a fitting way
37. Neighbor of Ger.
38. Up and about
39. Unadulterated
40. Excessive protection
42. Middle-earth creature
43. No balance due
45. *Winter Gathering spot
47. Resident uncle?
48. Diarist Anne
50. *Christmas pudding raisin
52. *Done with #8 Across
55. *"Fahrenheit 9/11" filmmaker
56. **"The stump of a he held tight in his teeth..."
57. Pout
59. Machu Picchu mountains
60. Snaky swimmers
61. Wild swine
62. Words from Wordsworth
63. Kind of humor
64. Southern stew staple

DOWN

1. Gone by
2. Wash froth
3. Fe
4. Light display
5. Cass Elliot and Michelle Phillips
6. Like a crooked kilt?
7. Lime-rich soil
8. *Hot chocolate add-on
9. One with biggest share
10. Olden-day elbow-related measurement, pl.
11. Do after tie
13. Formal discussion
14. "Bite the bullet," e.g.
19. Verbose
22. Beyoncé, a.k.a. Queen
23. Finger move
24. *Angler's accessory
25. U in UV
26. Uber alternative
27. Your own teacher
28. Sudden stream
31. Box office failure
32. *Hot Buttered
34. St. Louis monument
36. Time for relaxation, pl.
38. Change, as in U.S. Constitution
40. " __s the word"
41. Grey's fifty
42. Female sirs
44. Hands on hips
48. Marketing give-away
49. Email option
50. *Hockey turf
51. Ore deposit
52. Expel
53. E-reader brand
54. __ gum on a list of ingredients
55. Zedong of China
58. Major time period

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PUZZLE SOLUTION

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APPLIANCES

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Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**

Deadline Tuesday at noon for the paper **Quad City Herald**

AUTOMOBILES

For Sale:



1988 Ford Ranger pickup, 4 wheel drive, ladder rack, utility box, new tires on front. \$3,000.



1969 Plymouth Fury, 4 door. No engine or transmission. Parts car. \$650.



1990 Ford Aero-Star van. Full time 4 wheel drive. Good tires. \$2,500. 509-784-2358, leave message.

PUBLIC NOTICES

CITY OF CASHMERE NOTICE OF PUBLIC HEARING WATER USE EFFICIENCY PROGRAM
 In compliance with WAC 246-290-830(4)(b), the Cashmere City Council will hold a public hearing to discuss the City's existing Water Use Efficiency program and proposed changes. The city's existing efficiency program and related documents can be viewed or requested at City Hall. The Public Hearing will be held on Monday, January 14, 2018 at 6:00 p.m. at Cashmere City Hall, 101 Woodring Street. The public is invited to attend and make comment.
 Kay Jones
 City Clerk-Treasurer
 CITY OF CASHMERE
 Published in The Cashmere Valley Record/ The Leavenworth Echo on December 26, 2018. #83932

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE

Grantor: Patrick O'Reilly
 Current beneficiary of the deed of trust: Maple Valley Capital, LLC
 Current trustee of the deed of trust: David Kazemba
 Current mortgage servicer of the deed of trust: WADOT Capital, Inc.
 Reference number of the deed of trust: 2267354
 Parcel number(s): 241905220050
 I. NOTICE IS HEREBY GIVEN that the undersigned Trustee will on the 25th day of January, 2019, at the hour of 10:00 o'clock A.M. at the main entrance to the Chelan County Courthouse, 350 Orondo St., Wenatchee, WA 98801 in the City of Wenatchee, State of Washington, sell at public auction to the highest and best bidder, payable at the time of sale, the following described real property, situated in the County of Chelan, State of Washington, to-wit:

LOT 3B AS DELINEATED ON THAT CERTAIN SURVEY RECORDED MAY 23, 1996 IN BOOK 35 OF SURVEYS PAGE 50, BEING A PORTION OF THE WEST HALF AND THE SOUTH-EAST QUARTER OF SECTION 5, TOWNSHIP 24 NORTH, RANGE 19 EAST OF THE WILLAMETTE MERIDIAN, CHELAN COUNTY, WASHINGTON.

which is subject to that certain Deed of Trust dated October 3, 2007 and recorded October 5, 2007, under Auditor's File No. 2267354, records of Chelan County, Washington, from Patrick O'Reilly, as Grantor, to Land America Transnation Title Insurance Company, as Trustee, to secure an obligation in favor of WADOT Capital Inc, as Beneficiary, the beneficial interest of which was assigned to Maple Valley Capital, LLC, by Assignment recorded October 5, 2007, under Chelan County Auditor's File No. 2267355.

II. No action commenced by the Beneficiary of the Deed of Trust is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust.

III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears:

Principal Balance	\$74,447.70
Unpaid Interest	\$3.00
24% default per diem interest of \$49.63 for 10/1/2017 - 1/25/2019	\$23,872.03
Loan modification fee per Sec 2.1 of August, 2010 first loan modification	\$1,650.00
Loan modification fee per Sec 2.1 of December, 2011 second loan modification	\$1,545.43
Maturity payment late charge per Sec 2.2 of December, 2011 second loan modification agreement	\$1,545.43
Loan modification fee per Sec 2.1 of October, 2012, third loan modification	\$2,923.00
Maturity payment late charge per Sec 2.2 of October, 2012, third loan modification agreement	\$2,923.00
Remaining default interest from August, 2010 loan modification	\$335.66
Deferred attorney fees/costs from August, 2010 loan modification	\$1,683.22
Additional attorney fees/costs incurred to 8/7/2018 only	\$2,101.53
3% Balloon Payment late charge from 11/1/2017 due date per Sec 7 of Promissory Note	\$2,233.43
Unpaid late charges from monthly installment payments	\$2,139.19

Total amount in arrears excluding unpaid fees/ costs \$117,402.62

(together with any subsequent payments, late charges, advances, costs and fees due hereafter)

IV. The sum owing on the obligation secured by the Deed of Trust is: principal of \$74,447.70, together with interest as provided in the note or other instrument secured from the 2nd day of October, 2007, and such other costs and fees as are due under the note or other instrument secured, and as are provided by statute. Interest and late charges may continue to accrue and additional advances to your loan may be made. It is necessary to contact the servicer or Trustee prior to the time you tender the payoff amount so that you may be advised of the exact amount you would be required to pay.

V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. The sale will be made without warranty, express or implied, regarding title, possession, or encumbrances on the 25th day of January, 2019. The default(s) referred to in paragraph III must be cured by the 14th day of January, 2019 (11 days before the sale date), to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time on or before the 14th day of January, 2019 (11 days before the sale date), the default(s) as set forth in paragraph III is/are cured and the Trustee's fees and costs are paid. The sale may be terminated any time after the 14th day of January, 2019 (11 days before the sale date), and before the sale by the Borrower, Grantor, any Guarantor, or the holder of any recorded junior lien or encumbrance paying the entire principal and interest secured by the Deed of Trust, plus costs, fees, and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults.

VI. A written notice of default was transmitted by the Beneficiary or Trustee to the Borrower and Grantor at the following addresses:

Patrick O'Reilly
 PO Box 244
 Cashmere, WA 98815

Patrick O'Reilly
 9610 N Fork Rd.
 9610 Olalla Canyon Rd.
 Cashmere, WA 98815

by both first-class and certified mail on the 29th day of August, 2018, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served on the 31st day of August, 2018, with said written notice of default or the written notice of default was posted in a conspicuous place on the real property described in paragraph I above, and the Trustee has possession of proof of such service or posting.

VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale.

VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property.

IX. Anyone having any objection to the sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale.

X. NOTICE TO OCCUPANTS OR TENANTS: The purchaser at the trustee's sale is entitled to possession of the property on the 20th day following the sale, as against the grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060

Dated this 22nd day of October 2018

/s/ David A. Kazemba, Successor Trustee
 Address: Overcast Law Offices, PS
 23 S. Wenatchee Ave., Suite 320
 Wenatchee, WA 98801
 (509) 663 5588

Published in The Leavenworth Echo/ Cashmere Valley Record on December 26, 2018, and January 16, 2019. #83475

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 Cashmere, WA 98815
record@cashmerevalleyrecord.com

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PUBLIC NOTICES

CITY OF LEAVENWORTH DEVELOPMENT SERVICES DEPARTMENT

Notice of Determination of Non-significance
NOTICE IS HEREBY GIVEN that the City of Leavenworth has issued a Determination of Non-significance (DNS) per the State Environmental Policy Act Rules (SEPA, WAC 197-11-340) and the Leavenworth Municipal Code. The lead agency will not act on this proposal for at least 14 days from the date of issuance on December 17, 2018.

Description of proposal: Amendments to City of Leavenworth Code Section 18.24.090 Supplemental Residential Regulations, Yard Requirements - Modification; and to Code Chapter 21.90 Definitions to address zero lot line development options.

Proponent: City of Leavenworth
 Location of proposal: Citywide within the Residential Zoning Districts
 Lead Agency: City of Leavenworth

The lead agency for this proposal has determined that the proposed amendments do not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(C). This decision was made after review of the completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.

The comment period for the DNS begins December 17, 2018 and will end on January 9, 2019. Interested parties are encouraged to comment on the proposal. Written comments may be sent to Leavenworth City Hall, PO Box 287, Leavenworth, WA. 98826 or email dsmanager@cityofleavenworth.com. Appeal of the SEPA determination must be filed by 5:00 pm on the last day of the comment period in a form consistent with Leavenworth Municipal Code. Only those persons who comment during the SEPA comment period are entitled to file a SEPA appeal.

PUBLIC NOTICES

The materials may be reviewed during normal business hours at City Hall; a copy may be obtained by contacting Development Services at Leavenworth City Hall, 700 US Hwy 2, Leavenworth; (509)548-5275 or viewed on the City's Public Notices webpage: <http://cityofleavenworth.com/public-notices/>.

Published in The Leavenworth Echo/ Cashmere Valley Record on December 26, 2018 #83937.

Notice of a change of date for the Planning Commission and Two Public Hearings before the Planning Commission

NOTICE IS HEREBY GIVEN that the regularly scheduled January meeting of the Planning Commission on the first Wednesday of the month has been moved to January 9, 2019 at 7:00 p.m. in the City Council Chambers at City Hall, located at 700 Highway 2, Leavenworth, Washington.

Additionally, the Planning Commission will be hosting two public hearings on Wednesday, January 9, 2019, beginning at 7:00 p.m. in the City Council Chambers at City Hall, located at 700 Highway 2, Leavenworth, Washington. The purpose of these hearings is to receive public testimony regarding proposed amendments and make a recommendation to the City Council. The public is encouraged to provide comment to

PUBLIC NOTICES

Development Services prior to the hearing or to the Planning Commission at the hearing. The Hearings are: **Comprehensive Plan Land Use Map Designation changes:**

Three parcels, located at 9139, 9125 and 9111 Icicle Road (parcel numbers 241711440851, -852 and -853), owned by the City of Leavenworth, proposed to change from Recreation Public District to Residential Low Density 6,000 District (RL 6) designation matching the property to the west of Icicle Road.

One parcel, located at 1440 Commercial Street (parcel number 241701440150), owned by the City of Leavenworth, proposed to change from Multifamily District to Light Industrial District (LI).

LMC Section 18.24.090 Supplemental Residential Regulations, Yard requirements - Modification and Chapter 21.90 Definitions:

The proposed amendments would define zero lot line development and add new standards for zero lot line development.

The recommendations of the Planning Commission are expected to be heard by the City Council in February. Materials may be reviewed or requested during normal business hours at City Hall or online at: <http://cityofleavenworth.com/city-government/boards-and-commissions/planning-commission-2/>.

Interested citizens are encouraged to comment on the proposal and to attend the public hearing. Questions or comments may be directed to Development Services, 700 Highway 2, Leavenworth, phone (509) 548-5275, email dsmanager@cityofleavenworth.com.

Published in The Leavenworth Echo/ Cashmere Valley Record on December 26, 2018. #83936

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'OTC' Remedies of 2018

As 2018 draws to a close, I'm reminded of some of the remedies I've recommended for myself and others over this past year. If you wonder why most of them involve solving a skin issue, it's because I've had a lot of skin challenges this year.

1. Ice applied immediately to reduce swelling. Applying a cold pack EFFECTIVELY immediately after an injury stops pain and swelling in its tracks, and if you need surgery, gets you fixed faster. Having fallen down or smacked my shin, elbow and face into hard, unyielding objects this year, I've used immediate icing several times to avoid significant bruising and swelling. I learned the value of ice for pain and swelling as an Emergency Medical Technician on our rural fire department. Not only were we the first responders at the scene of an accident, we were often on the scene for an extended period of time before the paramedics arrived. Because waiting for pain medication from the paramedics often stretched into 45 minutes or more, we used ice to address patient's pain and found that applying ice immediately also made a profound difference when they got to the hospital. Orthopedic surgeons will often delay surgery to repair broken bones until swelling in the area subsides, which can be up to a week! Applying ice immediately to injuries significantly reduced swelling and got our patients into surgery faster, unlike the poor souls walking around with arms in slings or hobbling around with a gimpy leg,

waiting for the swelling to go down. You can use a bag of ice cubes, reusable gel pack, or a bag of frozen peas, frozen corn that has been shelled, or frozen berries. Whatever you use, wet down a thin towel, lay it right over the injury, then place your cold pack on top. The trick is to WET the towel so it can't insulate you from the icy cold. Always use a towel, as putting ice on bare skin can cause frostbite.

2. Petroleum Jelly or Petrolatum (Vaseline®) to prevent nosebleeds. Several of my patients have reported great success in reducing the frequency of winter nosebleeds after GENTLY applying a thin layer of petroleum jelly to the inside of their nose every evening with a Q-tip swab. If you don't have any petroleum jelly or Vaseline® you can substitute coconut oil. If you breathe oxygen through tubing that has prongs that go into your nose, avoid petroleum jelly or petrolatum which can dissolve the plastic in the tubing, and use a saline gel like Ayr® instead.

3. Bag Balm® to discourage infection. Even though Bag Balm® smells just like a wet wool sweater to me, it contains an effective anti-infective agent called 8-hydroxyquinoline, which works by discouraging the growth of bacteria, fungi and viruses. Micro-organisms need nutrients to grow and replicate, and 8-hydroxyquinoline helps treat minor skin infections by interfering with the way bacteria take in nourishment, starving them into submission

so that your immune system can take it from there.

4. New Skin® to seal and protect cuts. This clear sealant protects paper cuts and minor abrasions from the sting of soap and water or alcohol sanitizing gel (!). Band-Aids® are convenient until you need to wash your hands, after which they get soggy, and using an alcohol gel really STINGS, so I keep a bottle at work to patch myself up if needed during the day. It has the exact same ingredient as Bag Balm®, an anti-infective that discourages bacteria and helps heal minor cuts and abrasions.

5. Abourdou's Abundantly Herbal Calendula Cream® for itchy, irritated skin. Calendula has been shown to be an effective anti-inflammatory for skin. Although labelled a cream, Abourdou's is a thick emulsion of olive oil and beeswax infused with herbal extracts of Calendula, Oregon Grape, Comfrey and Aloe, and scented with Lavender oil. A little goes a long way, otherwise it feels too "greasy". I find this very helpful in moisturizing, protecting and healing skin



irritated by radiation or other inflammatory conditions. Although it is made on Lopez Island, it's not widely available in stores; I purchase mine online.

6. Palmer's® Cocoa Butter Lotion and Cream for dry skin. Several winters ago in Clearwater, Florida my body freaked out with itching and flaking; Palmer's® saved me from scratching my skin off. There's lotion, cream, and even a roll-on version for travel. One of the things I like most about Palmer's® is that its mild cocoa butter smell is pleasant instead of "perfume-y", and not offensive to those sensitive to odors.

Dr. Louise Achey, Doctor of Pharmacy is a 39-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com. @2018 Louise Achey

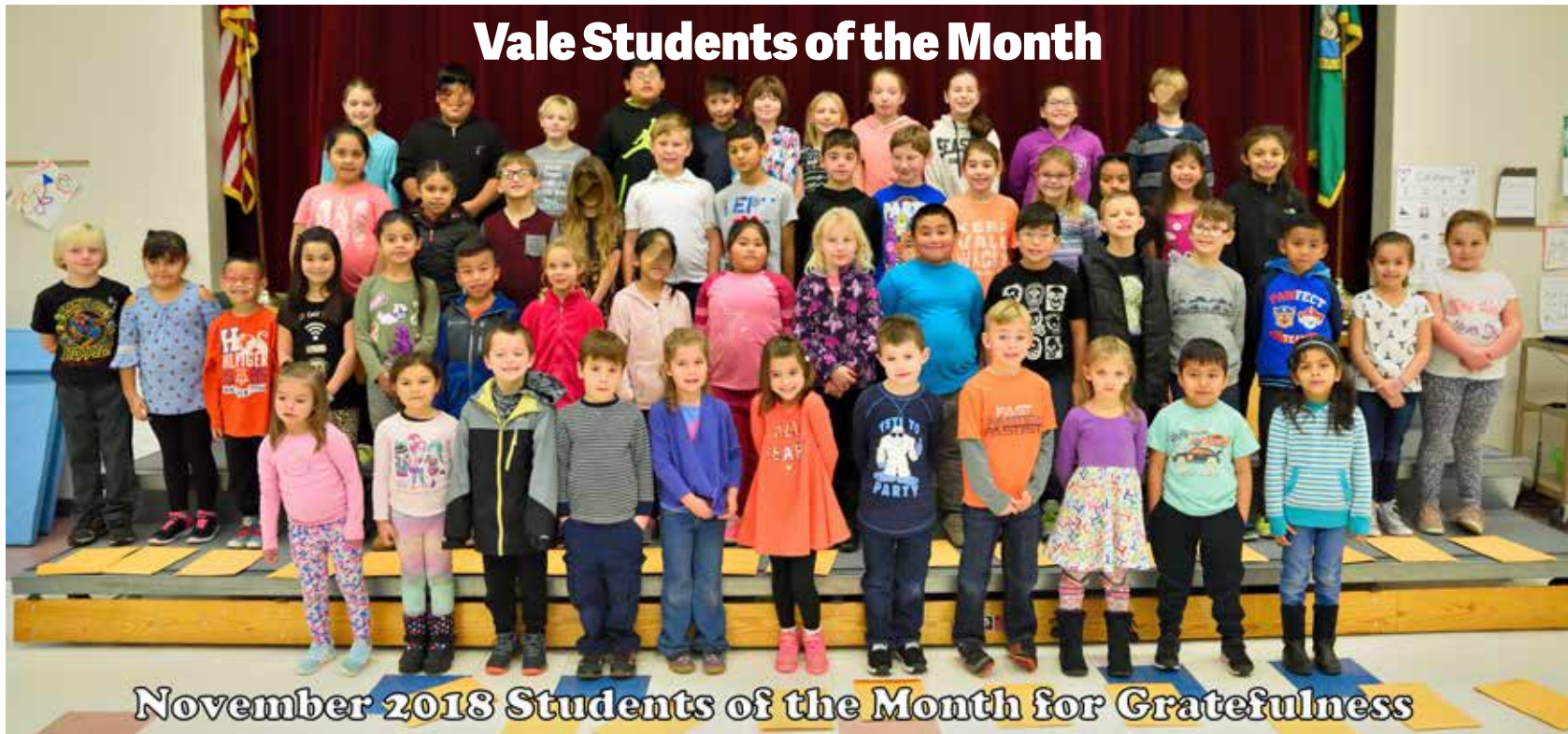


CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

- December 14**
- 12:50 **Drugs**, 5640 Sunset Hwy.
 - 13:15 **Civil**, 4154 Eels Rd.
 - 13:35 **Suspicious**, 419 Cottage Ave.
 - 16:13 **Suspicious**, 301 Sunset Hwy, Crunch Pak.
 - 20:14 **Assist agency**, 6795 Nahahum Canyon Rd.
 - 20:43 **Malicious mischief**, 108 1/2 Cottage Ave., Club Crow.
 - 22:14 **Suspicious**, 600Blk Cottlets Way.
- December 15**
- 07:16 **Accident, no injury**, 5607 Sunset Hwy, Picadilly.
 - 12:05 **Traffic offense**, 6100 Blk. Goodwin Rd.
- December 16**
- 00:16 **Civil**, 4154 Eels Rd.
 - 04:45 Domestic disturbance, 312 Sullivan St.
 - 05:45 **Domestic disturbance**, 312 Sullivan St.
 - 15:53 **Malicious mischief**, 5505 Titchenal Way.
- December 17**
- 12:11 **Disturbance**, 229 Cottage Ave.
 - 13:50 **Scam**, 301 Woodring St.
 - 14:23 **Harass/threat**, 7420 Nahahum Canyon Rd.
 - 15:44 **Assist agency**, 8101 Nahahum Canyon Rd.
- 16:50 **Prowler**, 115 W. Pleasant Ave.
- December 18**
- 00:20 **911**, 420 Elberta Ave.
 - 00:35 **Disturbance**, 6005 Sunset Hwy.
 - 08:46 **Miscellaneous**, 115 E. Pleasant Ave. #12.
 - 09:34 **Court order violation**, 105 Chase Ave.
 - 09:55 **Vehicle prowl**, 300 River St.
 - 10:42 **911**, 307 Mission Ave., Liberty Orchards.
 - 11:54 **Vehicle prowl**, 308 S. Division St.
 - 12:36 **Warrant**, 6747 Flowery Divide Rd.
 - 12:52 **Vehicle prowl**, 108 Perry St.
 - 17:14 **Parking/abandon**, 115 E. Pleasant Ave.
 - 18:43 **Scam**, 102 Cottage Ave.
- December 19**
- 08:04 **Scam**, 5145 Burke Rd.
 - 10:23 **Scam**, 210 Paton St.
 - 12:32 **Parking/abandon**, 5285 Patrick Ln.
 - 12:55 **Harass/threat**, 409 Pioneer Ave.
 - 13:10 **Assist agency**, 105 Evergreen Dr. #106.
 - 15:29 **Traffic offense**, 702 Pioneer Ave., Pioneer Market.
 - 21:28 **Domestic disturbance**, 95 S. Douglas St.
 - 23:03 **Juvenile problem**, 4942 Harnden Rd.

Vale Students of the Month



November 2018 Students of the Month for Gratefulness

TEACHER NAME	NOVEMBER/GRATEFULNESS
Diamond Hartnell	Genesis Hernandez, Mateo Oropeza
Kitchel Kriegel	Jude Ray, Lily Hartnell
Parker Scroggie	Symon Hefflin-Davis, Libby Pipkin
Bjorklund Bryant	Audrey Moore, Mason Henlsey
Heidenfelder Kenoyer	Ryker Sagdal, Madison Santos
Ream Avila	Moirra Hill, David Ceja
Kenoyer	Yessenia Cabrera, Kellen Patrick
	Joanna Gonzalez, Leo Hernandez
	Lucy Vanderhoff, Adaneli Cruz
	Estefany Rojas, Carla Hernandez
	Iker Moreno-Montelongo, Natalie Cruz
	Leonardo Guerrero, Elizabeth Sanchez
	K Salvador Martinez-Valdez, Daisy Damian

TEACHER NAME	NOVEMBER/GRATEFULNESS
Martinez Sanford	Lizzy Mora-Garcia, Jonathan Ortiz, Josue Sierra
Zanol Bremer	Keaton Granger, McKenzie Smith
Day Foster	Lucy Gilbert, Owen Hefflin
Kruiswyk Pace	Juliana Boyd
Caples Couture	Roland Bruning, Miranda Hernandez
Donald Griffith	Alex Bataniou, Ximena Rosario
Hammond	Victoria Torres, Kiara Davis, Alecander Herrera
	Makelah Gatens, Aaron Beardslee
	Chiro Cohen, Elijah Young
	Max Hernandez- Villalobos, Haile James
	Marco Levya, Sydney Mazur
	Adele Esmond, Manny Herrera
	Cali Diaz, Akira Cenotto, Teagan Kerns

Congratulations & Cheers to Vale Students of the Month!

**Terry & Patti Davis
Jamie R. Davis**

103 Cottage Avenue,
Cashmere
782-1122
www.ncwrealtync.com

Start 2019 with First Day Hike at a Washington state park. No Discover Pass needed Jan. 1

This news release is being re-sent to update information on First Day Hikes at two state parks: Lake Easton State Park (time change) and Riverside State Park (one hike, instead of two).

OLYMPIA - Dec. 12, 2018 - Washington State Parks invites the public to start the new year off with a First Day Hike on Tuesday, Jan. 1, at nearly 40 state parks across Washington. Some parks will offer more than one hike.

"First Day Hikes are a terrific way to ring in the New Year and enjoy the substantial beauty of Washington state parks in the winter," said Don Hoch, Washington State Parks director. "The First Day

Hikes will have something for every fitness level and interest, including guided hikes with rangers, snowshoe treks, fat bike rides and even a Puget Sound paddle."

First Day Hikes will take place in a diverse and



dramatic range of landscapes and historic features, including coastal and Puget Sound beaches, islands, waterfalls, lowland forests, lighthouses, geological points of interest and more.

Jan. 1 also is the first of 12 Washington State Parks free days taking place in 2019. Park visitors will not need to display the Discover Pass on vehicles to access state parks for the New Year's Day activities or for other state park visits on free days. However, during the winter, some state parks require a Sno-Park permit. For more information about how to obtain a Sno-Park permit, visit: <https://parks.state.wa.us/130/Winter-recreation>.

Most participating parks will offer refreshments following the outings, thanks to funding from the Seattle RV and Puyallup RV shows.

First Day Hikes at Washington state parks are scheduled as follows and listed by county. Participants should plan for winter weather and dress appropriately, including wearing sturdy footwear. Snacks and water also are recommended. Parks requiring a Sno-Park permit are noted below.

CHELAN COUNTY

Lake Chelan State Park: Hike 2.5 miles along the Little Bear Loop Trail through a ponderosa pine forest. Learn from rangers about the park's unique position at the convergence of four

ecological zones. Meet at 10 a.m. Lake Wenatchee State Park: Enjoy a guided 2.5-mile snowshoe hike along Lake Wenatchee's North Lake Loop. Check with park staff for weather forecasts and to book larger groups. Meet at 11 a.m. Sno-park permit required.

DOUGLAS COUNTY

Bridgeport State Park: Explore this section of the Columbia River on a 45-minute walk with a park ranger. See evidence of the natural forces that shaped the area and learn what a haystack is before enjoying hot coffee and cocoa and snacks by the campfire. Meet at 1 p.m.

Lincoln Rock State Park: Join a guided, 2-mile history

hike that covers the area's geology, the Rocky Reach Dam and the Rocky Reach Trail. Bring a camera for great shots of the dam and spillways! Meet at 11 a.m.

About Washington State ParksThe Washington State Parks and Recreation Commission manages more than 100 state parks and properties totaling approximately 120,000 acres. The Commission provides a variety of recreation opportunities for citizens and provides stewardship protection for a diverse array of natural, cultural and historic resources. State Parks' statewide programs include long-distance trails, boating safety and winter recreation.

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