**CELEBRATING 112 YEARS • 1907-2019** 



JANUARY 2, 2019 · VOLUME 112, No. 1 SINGLE COPY \$1.00

# August



Thursday, August 30 at the Cashmere High football field as players, coaches, cheerleaders, parents and fans gathered for the 22nd Annual Fall Sports Kickoff

BBQ. Free hot dogs, ice cream, chili, pop and chips were the main attraction besides welcoming the 2018-2019 athletes. The event was sponsored by the Cashmere

Booster Club and local businesses donated prizes that were raffled off to raise money for the teams. Donations were also accepted at

# September



Cashmere Mayor Jim Fletcher thanked the crowd for coming and 12th District State Representative Brad Hawkins gave a short speech saying he remembers what he was doing when the attacks occurred. "I was at Pangborn waiting for an early 6 a.m. flight. We boarded the plane and then the captain said another plane had hit another tower and so he told us to deboard the aircraft," he said. The attacks against New York

extensive death and destruction and triggered an enormous U.S. effort to combat terrorism. Some 2,750 people were killed in New York, 184 at the Pentagon, and 40 in Pennsylvania (where one of the hijacked planes crashed after the passengers attempted to retake the plane); all 19 terrorists died. Police and fire departments in New York were especially hard-hit: hundreds had rushed to the scene of the attacks,

At the annual 9/11 event, City and Washington, D.C., caused and more than 400 police officers and firefighters were killed. As of 2018, nearly 7,000 American soldiers have died and 52,000 have been wounded in Iraq and Afghanistan conflicts combined with an additional 1,720 civilian contractor deaths.

There are still American troops in Iraq, Afghanistan and Syria fighting terrorism to this day. The true cost of those wars and associated deaths will take decades to assess.

# Cashmere Mill District Property



The upcoming construction project

for two general purpose industrial

buildings with each being 16,500 square feet will be groundbreaking for the city of Cashmere and also Chelan County as a whole - so it was only fitting that the construction of the two buildings be kicked off with a groundbreaking ceremony. On Wednesday, September 5th the Port of Chelan County hosted the ceremony at its Cashmere Mill District property. Both the Port and Chelan County invested in the project and funneled in financially for the buildings. "Although the mill is not here, jobs will be," said Goehner. "And that's really what we need here in our valley. And once again, I appreciate partner with the Port in making this a reality." With many years, effort and collaboration the groundbreaking ceremony was the public introduction to the new buildings, however this project has been long awaited.

CONTINUED TO PAGE A4

# Lady 'Dogs bite state's best



Hailey Van Lith scores 30. See story, more photos Page 5

# Guided snowshoe hikes at Lake Wenatchee State Park

STATE PARKS NEWS RELEASE

Washington State Parks invites the public to participate in familyfriendly, guided snowshoe hikes in January and February at Lake Wenatchee State Park, just 25 miles east of Stevens Pass.

Snowshoe hikes start promptly at 1 p.m. Jan. 6, 12, 21 and 26 and Feb. 2, 10, 16 and 24. On Jan. 1, the park will have a special First Day Hike, which starts at 11 a.m. Meet at the North Reservation Booth at Lake Wenatchee State Park, 21588 State Route 207, Leavenworth. (Driving directions.)

Snowshoers should arrive early enough to prepare for the 1 p.m. departure, including obtaining snowshoe rentals. A limited number of snowshoes are available to rent with advance reservations.

"This is a fantastic hike for firsttimers in snowshoes or for hikers looking for a mellow adventure through a frosty winter wonderland," said Amanda Fisher, senior park aide at Lake Wenatchee State Park. "The hike is easy to moderate with varying views, plenty of opportunities for snowball fights and memorable photos."

duration depends on Hike participant preference. The shortest option is a 1.4-mile route; the longest is a 2.4-plus-mile loop. The group will stop at a designated intersection to orient those choosing the longer route, while Park staff will continue leading the shorter route. Each hike will take a halfway break at the North Beach for a group photo and a chance to grab a snack and explore.

Participants should wear layered clothing and boots and bring

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# THIS WEEK

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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (fo verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofi publish lists of businesses, or lists of individual names. Email your letters to

# Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782 3781. We will publish a correction on this page

# On the Internet

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Have an idea for a story? Call the Record at 509-782-3781

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5 p.m., Thurs. Noon, Friday Noon, Friday 5 p.m., Friday Noon, Monday





# **Losing America to false gods**

Politicians activists need a crisis or a cause to rally support. When they don't have one they create one. The problem begins when they refuse to allow any critical review of the efficacy of their solutions or permit any questioning

for their cause.



of the facts that drive support

As we begin this new year I offer you a few sacred cows that need critical examination by the adults who have the wisdom and experience to challenge the false gods driving political debate and restrictions on our freedoms.

First, Climate change or when the facts don't support your theory change the subject.

You will remember how we were told global warming was about to end life on this planet. Glaciers are melting, oceans are rising, polar bears are drowning and storms are getting more deadly. Well, planetary temperatures are no longer rising and many scientists are saying we are entering a cooling period.

But the zealots don't reexamine their theories they change the subject. Now 97

percent of scientists agree Global Climate Change is going to end life on this planet if we don't do something to change our climate destroying behavior.

**BILL FORHAN** 

the voting too closely though unless you're prepared to excommunicated by the high priests at the climate change temple.

Don't try to examine

**COMMUNITY VOICES** 

Second, Carbon Dioxide is a pollutant that must be reduced

The real problem here is carbon dioxide is essential for plant life. It is a basic scientific fact. It is not arguable. It doesn't require a vote -100 percent of scientists would agree with this one. Plants take in carbon dioxide and give off oxygen. Reducing the amount of carbon dioxide in the atmosphere is guaranteed to reduce plant health. Trees and other oxygen producing plants will become stressed and eventually die. And ultimately when there is no longer any plant life, vegetarians will have to resort to eating meat until the oxygen breathing animals die too from a lack of oxygen.

Did you know that many greenhouses use carbon dioxide generators to increase the carbon dioxide in the greenhouse to promote plant growth? So, while you're waiting to charge your electric car farmers are working to increase CO2.

A growing number of scientists are pointing out that the amount of carbon dioxide in our atmosphere is already dangerously low but their voices are being drowned out by politicians, climate zealots and scientists who refuse to consider any facts that challenge their agenda.

Third, gun free zones will make our schools safer

Well, we already know how well that worked out. Gun violence in schools has grown for far too long and banning guns won't stop the violence. When your "mad as h\*\*\*" and want to take it out on your fellow homo-sapiens where is the safest place to do it?

The problem with violence and intolerance in schools is more likely to be traced to the removal of religion from the public schools. Without some religious training it seems we humans will seek spiritual guidance in all kinds of false teaching. Things like diversity training, institutional racism, socialism or climate science.

The Constitution does not guarantee freedom

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religion it guarantees freedom of religion. Driving religious studies out of the classroom leaves a void in the study of moral values. By removing prayer and religious study out of our schools all we have done is create a "safe space" for the incubation of self-justification

for all kinds of questionable

personal behavior.

America was founded on the principles of freedom of speech and freedom of religion. We have not always been perfect, but we have been able to face our mistakes and work together to correct them. It is becoming increasingly difficult

to reconcile our differences in a country where those principles are being tossed aside.

When we are unwilling to contest the "facts" or begin to make our decisions out of fear instead of logic we are doomed to make more bad decisions.

It is far past time that we looked hard at the false gods that are driving our political debates and called on them to stop demonizing those who have legitimate complaints about their false teachings.

Bill Forhan can be reached at 509-548-5286 or publisher@ leavenworthecho.com.

#### This is why good news didn't help the stock market tariffs on nearly every

Chinese import have been

postponed for at least

90 days. It was telling

that our mini-agreement

with China came nearly

a month before the new

tariffs were set to begin.

A little more than a month ago, the two biggest worries for the stock market were the trade war with China, and rapidly rising interest rates. Both of those fears have faded significantly, and yet stocks continue to struggle. What's it going to take to please the stock market, and

why hasn't it reacted better to those two pieces of good news?

On the trade war front, tempers have cooled. We are officially negotiating again with China, and our threatened 25%



COMMUNITY **VOICES** By BRAD BLACKBURN

In a typical negotiation, a deadline is valuable leverage. But, in this case, we didn't get anywhere near the deadline. That is solid evidence that neither side has much fight left in them.

> We've already seen recent negotiations bear fruit. China recently lowered their tariffs on American made cars and

committed to buying our soybeans again. Although we're only back to where we were earlier this year, both sides are posturing down, and progress is being made. This looks like the beginning of the end of the trade war. However, that doesn't mean we'll have a final resolution anytime soon so the uncertainty for the global economy will continue. Perhaps that's why the stock market hasn't celebrated yet.

There was also good news from the Fed. Although the Fed raised interest rates in December, Chairman Powell said that rates were "just below neutral." That is code for "if

Fed also lowered its forecasted number of rate increases in 2019 from three down to two. Those developments may not sound like much, but they show that the Fed is slowing down on raising rates and is open to slowing further. That takes a big worry away for the stock market. So why isn't the stock market

we raise rates much more, it

might tank the economy." The

celebrating? The answer is that the Fed is in a no-win situation. If they continue to raise rates, it will hurt the economy. If they don't, it's a vote of "no confidence" to an already slowing economy. After all, interest rates are still very low historically. If we can't handle these low rates, perhaps the economy isn't so strong after all.

At this point, it's hard to see what could move the stock market upward in any significant way. However, it's also hard to imagine stocks falling much more than they already have - especially given our still solid economy. The coming months will bring us some important answers: Will the trade war be put to bed? Will the Fed continue to back down? Will the economy stay strong enough to support stock prices? I can't wait to find out.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor at 121 Cottage Ave., Cashmere. He can be reached at 509-782-2600 or email him at brad@ blackburn financial.net.

# Thanks for your leadership President Trump

too many readers are left that can remember WWII or Korea, but I still want to spread the breaking news to those that have been sleeping, guess what - we are still in Japan, Korea, APPLES England, etc.

So why are so many anti-military liberals and hawkish conservatives complaining about President Donald Trump

pulling out of Syria? We should not still be in Iraq, Saudi Arabia, Afghanistan, etc., but we are.

If Trump doesn't get us out now, the generals would keep us in Syria for the next 50 or more years. That's correct.

World War II ended over 70 years ago, but we are still protecting and using these countries as "allies" whether they like it or not (read "forward American bases)." Call me an isolationist, but

too much of our tax money and human treasure is being wasted while these countries prosper. The modern world is as much about cyberspace as the old world was about geographic hegemony perpetrated by the old guard's inherent racism by the European powers.

I suppose it is certainly a way to enamor the world to the U.S., unfortunately it also causes resentment among them, as we will always be bigger, richer, stronger and more strong-willed than thev.

Both fear and worship rule our days, so strike for a nerve

and don't be wimpish in your pleadings: Read me! Read me! Appeal to ancient

instincts of mankind, as represented in the reptilian brain, controlling the body's heart rate, breathing, Italy, Germany, Spain, TO APPLES body temperature and balance.

GARY BÉGIN NCW MEDIA MANAGING

Radio relies on sounds. Television on sights. Newspapers make people think and read and participate, so

we are forced to also make the reptilian brain play along for a whole personhood experience. The reader should be fully engaged.

We are aiming for a quick body blow to the frontal cortex.

brain

In mammalian

anatomy, the prefrontal cortex (PFC) is the cerebral cortex which covers the front part of the frontal lobe. The cerebral cortex is

usually considered in the performance of high-level cognitive function, including attention, working memory social-emotional evaluation of various stimuli.

It is 100% natural for military folks to want to keep their star in the ascendency at all times. Thus when Trump announced a sudden withdrawal from Syria, it's only 2,000 men, the extreme right went nuts.

I'd like the American people to see how easy military intervention escalates, almost organically. Look at Vietnam, it started with a small group of advisors and a ridiculous foreign policy. It is unrealistic to think we could be the world's policemen.

Yet, many Americans think it is just fine to be in Afghanistan for the last 17 years. Only the extreme outsider, Donald Trump, has had the guts to buck the system and, I paraphrase "get us the hell outta there" (Saving Private Ryan).

He hid in plain sight and didn't get put in Vietnam, but yet he is taking our folks "outta there" and that is the most blessed way to celebrate the holy season. We need less troops around the world and not more.

He is even contemplating getting out of Afghanistan, cutting the number of troops in half.

If he didn't do this, future leaders would eventually end up with a permanent detachment in Syria, perhaps a division of 20,000 troops, without too much complaint from Congress because one should never argue with the

generals. Afghanistan will eventually morph into another Korea,

where we never leave. The generals will invariably invoke the spectres of all wars past. It is a time proven strategy, meant to scare the beejeebers outta the public and foster a feeling of

patriotism in many others. Make love not war.

We need these kids at home going to college, working farms, fixing cars, engineering bridges, manning the factories (they're getting scarcer), becoming teachers, garbagemen and bakers.

Yes, a few of them will commit crimes, go on welfare or fail in their chosen careers, but we owe it to them and future generations to give them better choices than "a call to arms.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.



# IRS launches Instagram account to help taxpayers

#### Agency adds social media platform to reach more taxpayers

WASHINGTON — As part of a larger mission of helping all taxpayers understand and meet their tax responsibilities, the Internal Revenue Service announced today its debut on Instagram, adding this platform to its social media

portfolio. The IRSNews account instagram.com/irsnews will provide taxpayers the latest

information on a variety of topics as taxpayers face numerous tax law changes for the upcoming 2019 filing season related to the Tax Cuts and Jobs Act. The IRS Instagram account will share taxpayer-friendly information to help people Get Ready for the upcoming tax season. And it will provide the latest tax scam information to help support the Security Summit initiative, a joint effort between the IRS, states and the nation's tax industry to

combat tax-related identity

theft. "The addition of Instagram is another step for the IRS to share information more widely and reach additional taxpayers," said Commissioner Chuck Rettig. "This platform will help make people aware of important options they have during the upcoming filing season as well as other tax information they might not be aware. The IRS will continue to work with and help taxpayers in as many

ways possible."

Research shows that more than 70 percent of U.S. young adults between 18 and 24 are active on Instagram. The IRS plans to use Instagram to better serve this segment of the population, sharing content on tax topics that affect all

LakeChelanWinterfest.com

The IRS Instagram account will also periodically share information in Spanish and other languages. @IRSnews will also work in conjunction with IRS.gov and other existing

agency social media options. Other social media

platforms offering official IRS information include: · YouTube. The IRS offers

video tax tips in English, Spanish or American Sign Language. • Twitter. Follow @IRSnews for tax-related announcements

and tips. @IRStaxpros tweets news and guidance for tax professionals. Tweets from @IRSenEspanol have and the latest tax information in Spanish.

· Facebook. News and

CONTINUED TO PAGE A3

COMMUNITY BULLETIN BOARD

Local, Regional Community News and Events

<u>Who:</u> Any non-profit 501(c)-(3) group, person(s) must submit full name and phone number. <u>What:</u> Items pertaining to local events that are free or minimum charge. For two weeks only (space limited).

<u>Where:</u> Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Other ways to advertise your News and Events:

Garage and yard sale ads are paid events, please email these to classifieds@leavenworthecho.com

Mention that you are a non-profit event for a discount.

If your group is not a non-profit group you can now be listed for a small fee.

Call for information on any of these items. 509-548-5286

#### **■ COMMUNITY CALENDAR**

#### Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.

Cashmere Food Bank, 3:30 p.m.-5:00 p.m., Cashmere food distribution

Cashmere Food Bank, 3:30 p.m.-5:00 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed. Thurs.)

**Tillicum Riders Drill Team,** 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)

The Underground Youth Group, sixth to eighth graders., 6:30-8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

#### Thursday

Caregiver Support Group, 3-4:30 p.m. For Caregivers of those with Memory Loss, The Henry Building,

120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)

Cashmere Food Bank, 3;30-5 p.m., Distribution Center, 109 "C"
Railroad Ave., Call Jim, 741-7551.

(2nd and 4th Wed. and Thurs.)

**Free weekly community meal**, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.

For more information, please call 782-3811.

**Cashmere Sportsmen's Gun Club,** 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 (1st Thurs.)

American Lady's Legion, 7 p.m., American Legion Hall, 401 Sunset Highway.Call President Linda Ingraham, 679-0243 (1st Thurs.)

#### **Friday**

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

#### Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)

#### Sunday

CHURCH: See the church page for local service times and events.

The Underground, youth group for high schoolers. 6:00 p.m.,
Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

#### Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)

Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni, 509-679-3247.

**Boy Scouts**, 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.

Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds.
Call Cindy, 662-5984, (1st Mon.)

Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p,m., City Hall (2 & 4th Mon. of each

month (unless a holiday, then Tuesday).

Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of

each month).

Cashmere Fire Department, Business management, 7:00 p.m.,

above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere Fire Department, meeting, 8:00 p.m., above City Hall
Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere School Board, 6:30 p.m., School District Office.
Call 782-3355. (4th Mon.)

# Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

**Ministerial Association**, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404 (3rd Tues.)

Monitor Homemakers, Noon. location varies.Call Florence, 663-1570. (2nd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

# Ongoing events

Cashmere Public Library: 782-3314

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.

Thursday: 11:00 a.m.- 8:00 p.m.

Saturday, 9:00 a.m.- 1:00 p.m. Sunday: Closed.

# Events:

Tuesday & Wednesday, Story time Pre-K & up 10:00-10:30 a.m.

Wednesday: **Preschool Story time**, 10:00-10:30 a.m. Wednesday: **Bilingual Story time**, 4:30-5:00 p.m.

Thursday: ATLAS events, 3:30- 5:00 p.m. (during school year) Friday: Baby/Toddler Story time, 10:30-11:00 a.m.

# Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

# Regional events

**Leavenworth Fish Hatchery**, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.

SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)

Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

#### Cashmere

#### Cashmere Fundraiser

Please come to the bake and yard sale fundraiser on Saturday, January 5 from 10 a.m. to 2 p.m. at Cashmere High School to support Cashmere High School senior, Samantha Himmelhaver, who is currently battling cancer. (r1,)

#### A Storyteller Presentation

Please join the PEO Chapter JF at a wonderful presentation of "The Story of the Other Wiseman" by storyteller, Debbie Dimitre. Thursday, January 17 at the Leavenworth Community United Methodist Church, 418 Evans Street. Dessert and Coffee 6 p.m. and Program 7 p.m. Tickets are \$10. Please call Joyce 206-351-5725 for reservations. (er 1,2).

# Regional

#### Genealogical Society

The Wenatchee Area Genealogical Society will meet at 2:00 p.m., Monday, January 14, at the Douglas County PUD Auditorium, 1151 Valley Mall Parkway, East Wenatchee. We will present a webinar, "Genealogy and the Little Ice Age," by Canadian geologist and genealogist Wayne Shepheard. For more information, call 782-4046. Free and open to the public. (RE1,2)



This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

#### December 21

09:30 **Vehicle prowl**, 6659 Johnson Rd., Dryden.

11:44 **Fraud/forgery**, 115 E. Pleasant Ave. #13.

#### December 22

16:42 **Accident injury**, Sunset Hwy & Goodwin Rd.

18:42 **Weapons violation**, 5446 Wholers Rd. 20:42 **Theft**, 5647 Sunset Hwy,

23:48 **Alarm**, 300 Aplets Way, Hometown Market.

#### December 23

02:14 **911**, 303 Angier Ave. 07:16 **Welfare check**, 4700 Brisky Canyon Rd.

#### December 24

02:17 **Traffic offense**, 102 Titchenal Way, BJs. 12:13 **Fraud/forgery**, 7435

Nahahum Canyon Rd. 15:32 **Property**, 5050 Mission Creek Rd.

23:23 **Assault**, 5800 Blk

#### Goodwin Rd.

**December 25** 

**CHELAN COUNTY** 

11:14 **Civil**, 5890 Evergreen Dr. 12:11 **Animal problem**, 6100

Blk Goodwin Rd. 19:11 **Domestic disturbance**, 5240 N. Cashmere Rd.

#### December 26

09:14 Harass/threat, 6011 Goodwin Rd., Jaeger Towing. 09:42 Assist agency, 8111 Depot Rd., Dryden. 15:55 Domestic

disturbance, 4900 Nahahum Canyon Rd. 16:31 **Theft**, 6005 Sunset Hwy. 19:45 **Alarm**, 5740 Vale Rd.,

20:50 Court order violation, 300 Paton St. #A. 22:44 Suicide threat, 7888

# December 27

Old Mission.

Stine Hill Rd

15:26 **Welfare check**, 111 Riverfront Dr.

15:54 **Burglary**, 4900 Nahahum Canyon Rd.

# ■ SENIOR CENTER MENUS

# Leavenworth Senior Center, 423 Evans St., Leavenworth

Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

**January 3**, Thursday: Stuffed peppers, roasted red potatoes, glazed carrots, apricots, dessert.

**January 4**, Friday: Chicken Fettuccine, carrot coins, crunchy pea salad, garlic bread, berry cobbler.

**January 5,6**, Saturday and Sunday: Closed **January 7**, Monday: Chicken strips, sweet potato fries, peas

and carrots, green salad, orange quarters, WW bread, dessert.

January 8, Tuesday: Pot roast, roasted potatoes, green beans,

tossed veggie salad, sliced apples, WW bread or roll, dessert. **January 9**, Wednesday: Italian meatballs in Marinara sauce, pasta, Italian vegetables, Caesar salad, fruit cocktail, garlic bread, dessert.

# SENIOR CENTER EVENTS

#### Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome,No cover charge

# ■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

**Tuesday, noon,** First Baptist Church, 429 Evans St.

**Tuesday, 7 p.m.,** Light in the Valley, 8455 Main Street, Peshastin **Wednesday, 7 p.m.,** Leavenworth Senior Center, 423 Evans St.

**Thursday, noon,** Kristalls Restaurant, 280 US-Hwy.2, Leavenworth **Friday, 7:30 p.m.,** Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

 $\textbf{Monday, 7 p.m.,} \ \textbf{United Methodist Church}, \ \textbf{418 Evans St}.$ 

#### IRS

CONTINUED FROM PAGE A2

information for taxpayers and tax return preparers.

• LinkedIn. The IRS shares agency updates and job opportunities.

The IRS social media effort works closely with IRS2Go. Taxpayers can use this free mobile app to check their refund status, pay taxes, watch IRS YouTube videos and get IRS Tax Tips via email. Like

Instagram, the IRS2Go app is available from the Google Play Store for Android devices, or from the Apple App Store for Apple devices. IRS2Go is available in both English and Spanish, based on the phone

settings.
The IRS also reminds taxpayers they can subscribe to a number of email subscription services for the latest tax information. Taxpayers can visit e-News subscriptions to sign up.



# Veterans Affairs warns about scams

The US Department of Veterans Affairs (VA) and the Federal Communications Commission (FCC) continue to team up to combat illegal robocalls targeting Americans, including Veterans and their families.

Each the FCC year, receives more than 200,000 complaints about unwanted calls. While this may seem like a big number, it pales in comparison to the millions of robocalls being made each day. The calls interrupt dinners and family time; they flood landline and mobile phones. Scam calls frequently solicit money for fake charities, including ones claiming to support America's Veterans - some even claiming to be VA representatives.

We know that scam activity increases during the hustle and bustle of the holiday season, so the FCC and VA urge you to be vigilant. We offer the following tips to help you avoid unwanted calls and scams.

 Don't answer calls from unknown numbers. Scammers may spoof their caller ID to display a fake number that appears to be local. If you answer such a call, hang up immediately.

• Never give out personal

information such as account numbers, Social Security numbers, mother's maiden names, or passwords in response to unexpected or suspicious calls.

• Be sure to set a password for all voice mail accounts to

Be sure to set a password for all voice mail accounts to avoid being hacked.Register your number

on the Do Not Call List to block calls from legitimate telemarketers.

• Ask your phone company about call-blocking tools and

services for your landline

phone, and check for helpful apps that you can download to your mobile phone.

Please help spread the word about robocall fraud among those who may need assistance particularly

those who are frequently targeted by phone scams.
For more information, visit: fcc.gov/robocalls.

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# Snowshoe hikes

CONTINUED FROM PAGE A1

snowshoes, poles, snacks and water. For more information about

rentals, call 509-763-3101.

All hikes are subject to cancellation due to inclement weather, road access or trail concerns. Participants should

contact the park after 9 a.m. on

the day of the hike for status

the snowshoe hikes, including

# updates. Parking permits, passes required:

• Daily Sno-Park Permit and Discover Pass or

• Seasonal Sno-Park Permit and Groomed Trail Sticker

The Discover Pass will not be needed on Tuesday, Jan. 1, which is the first Washington State Parks free day of 2019 and one of many First Day Hikes happening at parks across the state. In addition, Monday, Jan. 21, is also a free day, in honor of Martin Luther King, Jr.'s birthday. Sno-Park permits will still be required.

For more information about Sno-Park permits, groomed trail stickers and how to purchase these, visit the Washington State Parks Winter Recreation web page: parks.state.wa.us/Winter

About Lake Wenatchee State

Park Lake Wenatchee State Park is nestled into one of Washington's most unspoiled and scenic recreation areas. The 489-acre park includes 12,600 feet of waterfront on Lake Wenatchee at the head of the Wenatchee River. The park offers year round recreational opportunities: swimming, boating, windsurfing, fishing and hiking are some popular  $summer\ activities.\ Winter$ brings up to four feet of snow and miles of groomed crosscountry ski trails, snowshoe trails and a sled hill. For more information, visit: parks.state. wa.us/535/Lake-Wenatchee.

# YEAR IN REVIEW

# 2018

# October



The Cashmere Bulldogs Girl's soccer team fought fiercely to defeat the Cascade Kodiaks in Wenatchee's Apple Bowl to win by shootout 5-3. It was the second time in 5 days that the Bulldogs beat the Kodiaks in soccer.

# Apple Days

The annual Apple Days brought the Cashmere community to the Cashmere Museum grounds to celebrate the Pioneer Village on Saturday, Oct. 6 - 7. Children, adults and faux pioneers gathered to watch mockshootouts, submit a chance

to win a uniquely done quilt and sway along to some music. Some community members put on an apron, kneaded some dough and entered the apple pie contest on Friday. Families milled around enjoying the recent dip in temperatures with the unfolding of the fall season, but the chill was met with a warm, neighborly sense of atmosphere. With no shortage of visitors, the 2018 Apple Days was a successful opportunity for the community to engage with their neighbors and celebrate tradition.



# Tyler for Sheriff

Chelan County Sheriff's Jennifer Deputy Tyler launched a last minute effort to oust current Sheriff Brian Burnett by staging a writein campaign in the primary election. To make it to the November general election, she had to get at least 1 percent of the total votes, but she managed to receive more than 4 percent. NCW Media Managing Editor Gary Bégin interviewed Tyler to see why she was running and learn more about the candidate and her goals. NCW Media: Why are you running for Chelan County Sheriff? Jennifer Tyler: The initial reason for filing was for one person to know I appreciated their



support. After a record 620 write-ins were received, I realized that it is clear, the

citizens of Chelan County want a change. I want to be that change.

# November

# Keith Goehner comments on victory in 12th District

final result was impressive: Chelan County Commissioner Keith Goehner (R) defeated independent Ann Diamond by more than 13 percentage points, or more than 6,000 votes out of nearly 50,000 cast on November 6, for the seat vacated by Cary Condotta for 12th State Representative. He said, "I look forward to working with (the other 12th District Representative) Mike Steele," he said, "I think we should work well together." His current county responsibilities include membership on the Washington Counties Risk Pool - Executive Committee; Skillsource; the Regional Water Resource Committee; the Upper Valley Parks Service Area; the NCW Realtors Governmental

Affairs Committee; Rivercom;

the Chelan County Fair Board; WSAC; the Wenatchee Watershed Planning; the Solid

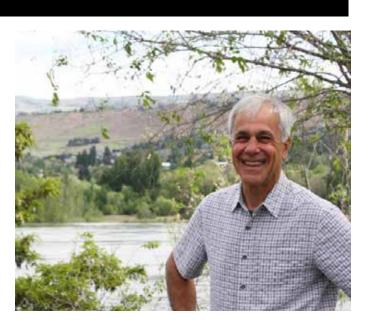
Waste Council; the Chelan County Disability Board; and the Health Board.



# **Bugert Wins!**

The latest results of the November 6, 2018 General Electionjust updated Wednesday, November, 14 at "4:04 p.m." by the Chelan County Auditor's office show independent Bob Bugert has defeated Republican Shon Smith for Chelan County Commissioner, seat 2.

Tonight's tally: Bugert 15,931 votes or 50.7% versus Smith's 15,491 or 49.3% out a total vote count of 31,422. This race was easily the most competitive contest in the county this election cycle equalling a victory of only 440 votes. The previous count showed Bugert up only 160 votes.



# CMS Chromebooks

The entire student body at Cashmere Middle School (CMS) received free ASUS Chromebooks to use for the whole school year. In order for students to receive these computers, an authorization had to be approved by a parent or guardian. Students who did not return this signed agreement were not to be given these computers. Students can take these computers home each day after school for the purpose of completing their homework and viewing classroom assignments online.

# December

# Giving back to remember a friend, Christmas Spirit

Ten year old Riley Acheson put on her apron and began baking to sell cookies and cakes, not for any personal gain, but in honor of her friend Emma Davenport and simultaneously as a means to provide to the Operation Christmas Child. "Emma and Riley were friends and this was part of her way to give back and honor Emma

and Emma's birthday," said Whitney Acheson, Riley's mom. "She wanted to do a bake sale, bake cookies and cakes and a lot of other things, in an effort to raise money to fill shoeboxes for Operation Christmas Child." The pair, Acheson and Davenport, had planned to join forces for this particular project but after

Davenport passed away in July 2018, Acheson didn't falter from the two's original plan to give back - instead expanded the idea to make it bigger in her friend Emma's honor. With the help of the Light In The Valley Church members, Acheson and community members filled 145 boxes to be later shipped out by Operation Christmas Child.



PHOTO CONTRIBUTED BY WHITNEY ACHESON.

Riley Acheson smiling in front of her hard work and photo of her and Emma Davenport

# Haueter family found guilty

A Leavenworth based family, four members of the Haueter clan, had been accused of using a scheme to pocket over \$1 million for themselves under the guise of several different charities. On Friday, November 30, a King County Superior judge ruled that the family used their

four charities as an deceptive scheme to solicit donations from Washingtonians, according to a press release from the Washington State Office of the Attorney General. At a later date, the court will decide on any penalties, costs or fees. The Attorney General's Office will seek the maximum penalties of \$2,000 per violation and costs, fees, restitution and other relief. With the notion that donations would be transferred to where the charities claimed it would end up, between 2011-2017 the Haueters managed to collect \$3.6 million from donors and retained \$1.4 million for themselves, according to the press release.



Sherry Gustin, owner/ Ameriprise operator of in Wenatchee, Financial received \$1,000 in finder's fees from Ward Goodell of Niche Construction & Consulting and his wife CleAnn of Made In The Shade Investments. Gustin gave them a lead which led to the purchase of two properties, a triplex and a duplex. The couple buy, refurbish and sell or rent

distressed homes. They each award a \$500 finder's fee if they close on a property. Ward closed in November and CleAnn in October so Gustin received \$1,000 at the Wenatchee Network Group (WNG) meeting of November 28 at the Eagles Club on Wenatchee Avenue. All three companies belong to the WNG, which meets every Wednesday at noon. "Sherry deserves

every penny. She's earned it and we keep our promises," said the Goodells. A couple of years ago the Goodells explained to the WNG that they were actively seeking homes that looked like they needed TLC. If they actually closed on the property they would pay a \$500 finder's fee. Gustin gave them the chance to make good on that offer by providing them with the lead.



PAGE A5

# SPORTS & SCHOOLS

# Lady 'Dogs beat W.F. West\*, lose to Mt. Spokane









Lady 'Dogs shown above clockwise: Grace Erdmann, Hailey Van Lith, Ellie Alberts, Grace Hammond. William F. West High School, commonly referred to as W. F. West, is a public high school in Chehalis and the only high school in the Chehalis School District.

# Cashmere girls put best foot forward

Echo Reporter

After a season of endless scoring and consistent winning, the Cashmere High School girls basketball team played two tough teams December 21 and December 22.

On Friday, December 21 the Cashmere Bulldogs girls basketball team took their first loss of the season to a worthy opponent, Mount Spokane. Mount Spokane was the number one ranked team in the state, but the Bulldogs held their own with a final score of 56 and Mount Spokane, 67. However, the girls didn't let the loss derail them from the game the following night against WF West.

"The No. 7 ranked Cashmere Bulldogs girls basketball team improved to eight and one on the season by defeating the defending State 2A Champions, WF West, by the score of 65-55 at home Saturday night," said head coach Brent Darnell.

The girls walked into halftime on the losing side of the scoreboard, with a score of 26-34. However they came back strong in the third quarter

with 18 points added to the board on the Bulldogs side while WF West only added 10 more points. This caused the game to go into half with a gridlock tie of 44-44.

"The game tonight made us so much better. I was very proud of the amount of fight we showed to come back in the second half after being down eight at half time," said Darnell.

Indvidually, Hailey Van Lith contributed a whopping 30 points, 11 rebounds, three assists and four steals. Claire High managed six rebounds and two take-charges. Grace Erdmann

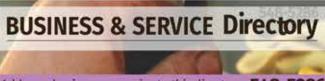
and Grace Hammond both put up eleven points. Erdmann also had four assists and three steals.

"It was great to see (Grace) Erdmann get more involved offensively as we will need that extra offense down the home stretch," said Darnell.

The girls get to enjoy a brief hiatus from the court to enjoy their holiday break, but are preparing to return stronger for their games at the Yakima Sundome to play La Salle, who is ranked No. 2, and Zillah, ranked No. 10.

"We're looking forward to a few days off to rest and time to recharge our batteries," said







#### STORAGE



# **EXCAVATION**





**BOYS' BASKETBALL** 

# **Finding God**

bookshelf is a statue of a man, kneeling in the posture of earnest prayer. At its base is the verse Jeremiah 29:13, "You will seek me and find me when you seek me with all your heart."

As I sit in my office, pondering this promise of God, I cannot help but be moved.

When Jeremiah 29 was written, it was to people who were in

exile. Thousands of people suddenly removed from their homes, shipped off to a land that was foreign to them and now were subject to Babylonian rule. These exiles were God's people—Israel—and now they are without a home, conquered by a foreign enemy and seemingly abandoned by God.

I think we have all been there, haven't we? We have reached our bottom and it seems as if all is lost. Like the exiles of the Old Testament, we have felt displaced and alone.

Yet it is in those moments of despair when God's voice is the clearest. To be sure, God speaks to his people through his Word. The God of the Bible is not silent like the false gods of paganism or any false religious system nor is he unfeeling to our condition.

When God speaks, he urges us to listen because in his Word is the source of life, hope, and above all, truth (Phil. 2:16, Jn. 17:17).

God spoke to the exiles, after telling them that he has not abandoned them and urging them to remain steadfast

during this time, he reminds them that this exile is not their permanent situation (Jer.

29:10). How easy it is for us to think that our difficult circumstances are permanent. That it is always going to be this way and nothing will ever change.

Well, past experience will tell you, things do change yet God remains the same—ever faithful.

**AWALK** 

WITH

**JOHN** 

**SMITH** 

In one of the most **PASTOR** quoted verses, Jerimiah 29:11, God tells this afflicted people, "For I know the plans I have

for you...plans to prosper you and not to harm you, plans to give you hope and a future."

We have to be careful here because of its popularity it is very easy to misapply this direct promise for the exiles to ourselves. Jeremiah 29:11 is not a universal declaration that all is going to go well in this life. Contrary to the message of certain celebrity "pastors", God's blessing is not chiefly demonstrated in prospering people materially nor is it keeping us from free from discomfort. God's plan for us often includes difficulty, suffering and perhaps even poverty which is aimed at stripping our reliance and affections for this world and drawing us to the satisfaction found only in God.

However, although Jeremiah 29 has its immediate application to an exiled people in the 6th century B.C., it still stirs us today because it reminds us of God's unchanging care and concern for the people he covenantally loves.

And to those whom God has set his love on, redeeming them through the work of Christ, he will be found when they seek him in earnest (Jer. 29:13).

COMMUNITY VOICES

The encouragement pray should not be missed and equally important is the promise that God will be found when we persevere in prayer.

So many special moments we have missed with God because we do not tarry in prayer. Often times prayer is merely checking in briefly with God or we tack it on the beginning of the meal out of religious obligation and then we wonder why God seems so distant.

Finding God in prayer is not the consequence of whipping ourselves into an emotional frenzy rather it is seeking God without holding onto anything else but him.

And when he is found into those moments, especially when things seem at their worst, the fellowship with God is overwhelming.

Take the time to pray and do not hold back in seeking God, you'll find him that way.

And when you do, delight yourself in his presence and rest in his love.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



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# NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased.

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho. com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email editor@leavenworthecho.com



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CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor, Charles Clarke www.cashmerepres.org

**CASHMERE UNITED METHODIST CHURCH** 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor, Lilia Felicitas - Malana

# CHRIST CENTER

Cashmere Assembly of God • 782-2825 Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory back entrance of Apple Annie's.

Underground High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at 206 Vine Street **CHRIST**CENTER

> Lead Pastor, Steve Haney Pastor, Andy Robinson Pastor, Joyce Williams Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com

# **EVERGREEN BAPTIST CHURCH**

5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor, John Smith www.christforcashmere.org

#### GRACE LUTHERAN CHURCH Vine & Elberta Streets • 860-0736 Worship 10:30 a.m.

ST. JAMES EPISCOPAL CHURCH 222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. or Morning Prayer 9 a.m. Deacon Carol Forhan - Cell- 670-1723

Rev. Rob Gohl, Vicar - Cell - 860-0736 OUR LADY OF THE ASSUMPTION 300 S. Division • Office: 548-5119 Rectory: 782-2643 Sunday Mass • 8:30 a.m. Spanish Mass • 12.30 p.m. Daily Mass . Wednesday 5:30 p.m. Friday 9:30 a.m. Mass

at Cashmere Convalescent Center

#### Fr. Miguel Gonzales DRYDEN

**DRYDEN COMMUNITY CHURCH** Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor, Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor, Mike Moore www.midvalley baptist.org

# LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor, Todd James

www.cmbiblechurch.org

#### COMMUNITY UNITED METHODIST 418 Evans St. . Leavenworth

509-548-5619 Rev. Matt Gorman www.leavenworthumc.org leavenworthumc@outlook.com

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall • 621 Front St. 548-0748 . Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. with coffee following

> > www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street • 290-0686

Sunday School, 9:45 a.m. • Worship, 11 a.m. Pastor, Michael Brownell email: mkb3123@gmail.com

# LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor, Andy Dayton Youth Pastor, Kent Wright Pastor to Children & Families, Becky Goodman www.LCN.org

# **OUR LADY OF THE ASSUMPTION**

145 Wheeler Street • Parish Office: 548-5119 Daily Mass . Tuesday & Thursday 8:30 a.m. Saturday Vigil 5 p.m. • Sunday Mass - 10:30 a.m. Spanish Mass . Saturday, 7 p.m. Fr. Miguel Gonzales



#### SPIRIT LIFE CENTER 210 Benton Street • 548-7138

Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor, Russell Esparza

# MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor, Lilia Felicitas - Malana

# PESHASTIN

Pastor, John Romine

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m.

> www.lightinthevalley.org PESHASTIN ASSEMBLY OF GOD School and Lake Streets • 548-7523

# Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor, Jorge Torres

**New Life Foursquare Church** 7591 Hwy. 97 • 548-4222 Sunday Worship 10 a.m. Ministry night•Wednesday, 6:30 p.m. Pastors Darryl & Mindy Wall newlifeleavenworth@gmail.com FP Page: newlifeleavenworth CASHMERE VALLEY RECORD · JANUARY 2, 2019



# Hiring a Photographer

For as much planning as goes into them, your actual wedding day will probably pass in a blur. So it's important to choose the right photographer to preserve memories for you to look back on. Keep reading for tips on choosing just the right photographer to preserve your special day.

Do

Ask for a portfolio. A photographer's portfolio showcases their best work. Ask to see a complete wedding set to get a better idea of how the photographer operates. Look for uniform quality in the shots and see that the photographer's style matches your own.

Come armed with questions. Typical questions should include if the photographer shoots digitally or with film, if they charge extra for travel or parking, and if there will be a written agreement for your events. Hint: There should be.

Scour that quote. Be on the lookout for extras that you don't need, like extra prints or a CD copy of your album. Don't be afraid to ask to sub those items out for things you would like, such as a parents album or personalized thankyou cards.

# Don't

Take the cheap route. A professional wedding photographer costs money. Don't ever rely on Cousin Ed to take professional-grade shots (unless, of course, he is a professional wedding photographer. Then, if he offers, go ahead.). That said, go over your contract carefully to make sure your expectations and your photographer's talents align.

Overlook venue rules. It may sound silly to you, but venues usually have those rules for a very good reason. Sure, just one little wedding full of flashes won't hurt the priceless artifacts behind your church's altar, but think of a whole season's worth of flashes, several times every Saturday.

Prioritize product. Pay for the photographer, not the goods, says the International Society of Professional Wedding Photographers. Who cares if you have giant canvas prints of your big day if you can't stand to look at them?



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**B2** CASHMERE VALLEY RECORD · JANUARY 2, 2019





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**NCW Media**,

# Going Big

Spring's biggest wedding trend is just that — big. Gone are the dainty, delicate touches of seasons past and in are big blooms, big bows and bold colors, says Harper's Bazaar.

Here are a few ways to take your spring ceremony to the next level.

#### **Blooming Dresses**

Designers are opting for big flowers, but not in the bouquet. Instead, look for posies as part of the gown itself. Rich embroideries, plush appliques and as breathtaking accents were all spotted on designer runways. Remember, though, if you've got a giant geranium on your hemline to keep the flora toned down elsewhere.

#### Tone Up

Also spied on the catwalk: More bridal options than ivory or white. Perennial favorite designer Vera Wang showcased gowns in nude, violet and even bright red. Brides magazine says other designers turned their palettes purple and sent out a variety of pale lavender pieces.

#### Glitz and Glam

New gowns also offered up lots of dazzle in edgy metallic silhouettes. Also on trend: cascades of feathers, roaring ruffles and oversized bows. Again, with bold styling, remember to keep the rest of your ensemble simple to avoid looking too over the top.

#### A Variety of Shapes

Wedding dresses aren't just waist-cinchers anymore. Try on a new shape like a swingy, flowy trapeze or a gown with

2019

Wedding

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an empire waist. These layers than your more dresses are often easier to wear and require fewer your bridal shop to point

traditional gown. Ask

you to a unique waist and length to flatter your

# Trends in Wedding Rings

his year's engagement rings go way beyond the classic

Here are a few of the top engagement ring trends from the folks at InStyle.



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kashmirgardenswa.com

# Twice as Nice, **Bands and Stones**

If one giant diamond is good, two must be better. For the chicest of rocks, put two stones on one single band. Or, keep the single stone and choose a ring with a double band, lined in diamonds or not, your

# Gem Dandy

More couples are ditching the traditional diamond for colored gemstones like sapphires, rubies and emeralds. Making the switch may get you a bigger stone for your money and speak to a bride that makes her own lane.

# Put A Halo On It

Halo effect rings have smaller diamonds ringing the center stone, often making it look larger than it is. Work with your jeweler to find the perfect diamond to accent this unique setting.

# **Pure Pear**

This year's hottest diamond shape is the pear. A pear diamond, the Gemological Institute of America says, consists of the head (the bottom), the shoulder (where it starts to move toward the point), the belly (the middle), the wing (as the diamond tapers) and the point.

GIA says the perfect pear has gently rounded shoulders and wings. Wings should form attractive arches so that the stone doesn't look too narrow or too short.



Cashmere Valley Record · January 2, 2019

# Maximize your Flower Budget

Next to your dress, flowers are perhaps the most visible part of your wedding. According to Brides magazine, you should be budgeting around \$3,000 for your big day's blossoms. For that kind of money, you need to be careful who (and what) you pick. Here are some tips saving some green on your wedding flowers.

#### **Think Seasonal**

Ask your florist to work with seasonal foliage to not only give your wedding a sense of time and place but also to save on your budget. If you just have to have that special, costly flower, go for it, but ask the florist to keep it minimal and mix in other, less expensive blossoms.

# Pump Up the Volume

Go for flowers with large, showy blooms instead of lots of smaller stems. Florists may also opt to mix in structural pieces like branches to make arrangements look fuller. Give the florist their head, but also reiterate that you're on a budget.

#### Go Big, But Just Once

If your heart says flowers everywhere on every surface but your wallet says bud vase, see if your florist can make one big show-stopping arrangement and deploy it effectively. Place this bad boy in one key area and opt for smaller, lessexpensive arrangements elsewhere.

#### Reuse

Have the florist recycle ceremony flowers at the reception. And, when possible, use the venue's own natural beauty to accentuate the blooms. Use lighting or other decor to add some umph to what you can afford, and guests won't notice what's not there.

#### **Get Creative**

Instead of giant floral centerpieces on tables, mix in smaller arrangements with things like personal keepsakes, pictures, candles or other items for a cozy, intimate feel. Consider using plants, too, instead of cut flowers for a savings.



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# We are committed to helping you create the event of your dreams. We have a passion for food and offer a wide variety of delicious cuisine. (509) 662-7660 WWW.TWOCHEFS.BIZ 2CHEFS@NWI.NET



# Catering on a Budget

The source of many a bridal headache, catering and menus may make up a huge chunk of your wedding budget. Ask these questions to pull off a stunning smorgasboard while staying within your budget.

# Are you licensed?

This means your caterer hasn't run afoul of your state's department of health (not today, ptomaine) and also carries insurance. If the caterer is also providing bar service, make sure they've provided for your state and venue's rules about alcohol.

# Do you have references?

Talk to at least two references, preferably those that have had a similar style wedding or a similar number of guests. Ask particularly what it's like to work with the caterer and what their personality is like.

# What kinds of cuisine do you specialize in?

It should go without saying, but don't hire someone who is known for their traditional American fare to lay out a sushi spread. If you've always dreamed of having a certain

cuisine at your wedding, go for a caterer that specializes in that.

# Is the meal full service?

This means the caterer will attend to table settings, drinks and cleanup. If it's not, be prepared to hire more staff and arrange for these things on your own.

# Is there an additional fee for special requests?

Someone there is going to be gluten-free or vegan or require other special meals. Ask the caterer if they can do that and, if so, if there's an extra charge. Make sure to leave room in your budget.

#### Can I see serveware, table settings, linens, salt and pepper shakers, etc.?

shakers, etc.?
If your caterer offers these services, make sure to lay eyes on them before

the big day. That way you can be sure the plates and tongs are up to your standards. If the caterer doesn't bring these things, you'll need to know so you can leave room in the budget for rental, either from your venue or a separate company.









**B4** CASHMERE VALLEY RECORD · JANUARY 2, 2019

# 2019 Wedding Directory Shopping Guide

#### **Beecher Hill House**

Central Washington's Premier Event Venue. Set amongst orchards, vineyards, and magical views of the valley, Beecher Hill House is a remarkable backdrop for your wedding. We believe a wedding should be without worry, that the focus should be on the bride and groom. Our all-inclusive experience offers a full complement of event services and our exceptional staff will help create a wedding of a lifetime. The Bridal Suite is set among large, bright windows, with ample light and amazing views, allowing the bridal party to get ready in ultimate luxury. The Private Groom's Club, complete with bathroom, bar, foosball, and TV, is where our grooms and their groomsmen can prep and relax before the festivities begin. Please call 509-548-0559 or info@beecherhill.com for availability.

#### **Bumfields Party Rental & Supply**

Delivering exceptional service to North Central Washington, saving you time for family, friends and guests. Quality tents, tables, linens, chairs, lighting, dance floor, wine barrels and bar tops. Offering a beautiful selection of dishes, flatware and glassware- stem and stemless wine- cocktail, pint and pilsner glasses, goblets and mugs. Please visit our website www.bumfieldspartyrental.com for our full inventory, rental and pricing information. Email bumfieldspartyrentals@ gmail.com or call today at 509-470-6200. Reserve your wedding items today!

#### Cake Chic Studio

We're a true boutique-style wedding cake company. Specializing in one-of-a-kind, award-winning wedding cakes and offering a full menu of mini desserts including French Macarons. Our wedding cakes have been featured in Seattle Brides Magazine, Best Cake Featured in The Haute List east of the Cascades, and Food Network Cake Wars Winner. Let Cake Chic Studio create your fabulous reception cake - we inspire to exceed your imagination and create a display your guests won't soon forget! Let Jodi create your dream dessert. Please visit our gallery at cakechicstudio.com.

#### Cashmere Pioneer Village & Museum

Celebrate this important day with your family and friends on the lovely grounds of the Cashmere Museum's charming Pioneer Village. Whether you are planning a wedding ceremony, or scheduling a photo shoot, this outdoor venue offers the perfect backdrop for an unforgettable experience.

may be formal or informal, large or small, and equine friends are even welcome! The space includes a park-like setting, certified kitchen, and a covered picnic pavilion. Near a number of popular reception spaces and just off Highway 2, our parking lot can accommodate shuttle buses. Please contact us at 509-782- 3230 or info@cashmeremuseum.org for more information.

#### Clarks Jewelry

Family owned and operated since 1977, Clarks Jewelry, at 123 Palouse Street, Wenatchee, offers a vast array of wedding and engagement rings as well as watches and clocks. Although diamonds are our specialty, a variety of colored gems, including rubies, emeralds, sapphires and opals are also available to make that custom setting sparkle. Let us help you choose the gift that lasts forever. Complete jewelry services, including appraisals, watch and jewelry repairs and watch battery replacement are also available. For all jewelry needs, just give Mike or Angela a call at 509-662-8521 or stop by our showroom.

#### Darnell's Lake Resort

At Darnell's Lake Resort, situated on the sandy shores of Lake Chelan, you can have your wedding ceremony at the Beach Court, on the sandy beaches, or on the expansive lawn spaces. Our Lakefront Cabana and Beach Court are perfect for your reception of up to 125 guests. Darnell's Resort is situated on over four acres, including over 300 feet of waterfront, offering plenty of green space and sandy beaches for your event. Darnell's is located within the Chelan city limits, and walking distance to downtown shops, restaurants, and other recreational opportunities. Make your special day like a dream!

#### DJ Shelda

Getting married? Having a party? If you want great music to energize your crowd and make your event memorable, then DJ Shelda is the perfect choice. With over 15 years under her belt, she brings knowledge, experience and professionalism to you. Playing music that you request, on professional sound equipment, will help make your upcoming event flawless. Visit DJ Shelda's portfolio for more information, including estimated prices, at djshelda.com, djshelda@ gmail.com, find me on facebook, or call 509-670-0242.

#### Glaze Bakery

Since opening in 2012, Glaze Bakery has grown a loyal following of customers in NCW looking for fresh scratch pastries, savory breads and mouth-watering lunch counter offerings. Owners Jim and Jenifer Eakle like to try new and creative things. Julie Taylor the cake decorator for Glaze, has 19 years experience and it shows in the amazing cakes she decorates. Together we can help with any celebration being planned. The Glaze staff will work with you to provide specialty cakes, pies, cheesecakes, cookies, donuts, even breakfast or lunch catering for the bridal party, all at an affordable price. Call (509)888-4592 for a free consultation, taste our difference and share your dream. Full menu at Theglazebakery.com or visit our 2 locations, now in Wenatchee and East Wenatchee.

#### Icicle Village Resort

Welcome to the Icicle Village Resort in the majestic Cascade Mountains where you are close enough to touch the mountains. We have tried to think of everything for your

special occasion: a variety of indoor & outdoor venues, full service catering as well as a professional pastry chef to craft your wedding cake. Our professional staff is here to help with all of your details. Visit Alpine Spa, our onsite full service spa for hair, makeup and nails, as well as a variety of massage and facial services. There is something for everyone here! Call 855-888-2272.

#### **Kashmir Gardens**

Kashmir Gardens is locally owned and operated and would love to help you create the perfect floral arrangements for your wedding. Our floral shop has more than 35 years of experience in designing and making floral arrangements that are true to your style and are as special as your big day. Call up today to have a consultation on how we can make your day magical with flowers. From your tables to your decor to your stroll down the aisle, we want to be there for you! Call Sherrie at 509-782-2071 or kashmirgardenswa.com.

#### Nancy's Party Rentals

Don't miss our JANUARY DISCOUNT! 20% off all table, chair, dishware, glassware, silverware and linen rentals for 2019 reservations placed with a deposit in January. Choose Wenatchee's most reliable rental company to take care of your special events this year. Whether planning a backyard picnic for ten or a sit down dinner for 500, we have the equipment, expertise and desire to help with all your rental needs. Visit our store in Wenatchee or find us online at www.nancvspatyrentals.com.

#### The Sunshine Ranch

Offering a one-of-a-kind country setting with an early 1900's barn for indoor and outdoor weddings and events in Wenatchee. The view is spectacular all around with the Enchantment mountain tops visible in the distance. Little features such as an old country fountain, an old tree house and rope swing, a stunning canopy of trees adding shade or open lawn, and blue morning glory vines set the mood for any event. The barn opens to each side for natural flow from the patio to a charming deck that faces the pasture and surrounding orchards. Visit TheSunshineRanch.wedding for more information and photos. Where love meets and magic lasts forever..

#### Two Chefs Catering

We are committed to helping you create the event of your dreams. Our clients know that we are food fanatics with a passion for perfection and a wide variety of delicious cuisine. Whether it is an hors d'œuvre party, a grand or intimate wedding, Two Chefs Catering provides superb food and exquisite, professional service allowing you to relax and enjoy your event. We are here to work with you on your budget and desired outcome to help make your event the best it can be. Please visit www.twochefs.biz for more information and sample menus.

# On Trend: How Sweet it Is

Nothing has more potential for complications on your wedding day than the towering cake at the end of the reception hall.

They make entire TV shows about building (and moving) what may be the largest cake you'll ever have to buy. Make your wedding shine and stay on the cutting edge with these cake trends.

# Going Up

Towering cakes are hot right now, says American Cake Decorating, and brides are soaring past two- and three-tier cakes for eight- or nine-tiers of sugared bliss. These cakes come with serious logistics issues, though. Make sure your baker is comfortable making (and moving! Did we mention moving?!) such a tall cake, and that your venue will make this as easy as possible. Read: Please don't make anyone bring a nine-tier cake up five flights of stairs.

#### **Color is White** Hot

Gone are pale pastels and blinding white icings. In are deep, moody colors and shining metallics. Look for ways to add shine with edible pearls and dramatic, elegant frosting colors. If you're going bold, balance it out with a simple, elegant cake shape and style. There can be too much of a good thing.

# Get Naked

Not like that. Naked cakes are the hottest of hot trends and feature cakes with little to no frosting and exposed



© ADOBE STOCK

personal reception.

edges and sides Ask your **Small World** baker to use buttercream If big isn't your thing, for this application, which cut out the cake and go is a tad more heat friendly for a small dessert table that heaps and swirls of filled with the couple's frosting. Naked cakes favorite treats. Pies? also allow for the flavor Yup. Cookies? There. of cakes and fillings to Fresh berries and cream? shine through. Make sure By the spoonful. This your baker makes an A+ presentation offers up lots cake and also take the of variety and also makes opportunity to have fun for a heartwarmingly with your filling.

# On Trend: Jump In

he wedding jumpsuit is officially a thing for 2019. If you're a bride who bucks tradition and loves a good tailored trouser over puffy layers of tulle, you're in luck this season. Designers at all budget levels are jumping on board with a jumpsuit for every taste and style.

# **Traditional**

OK, so the jumpsuit may never be strictly traditional, but Brides magazine says the tradition-loving, jumpsuit-seeking bride should look for options in white or ivory with lace. Be sure to pick a suit that's lined for modesty's sake.

# **Minimalist**

For the no-fussiest of no-fuss brides, it's all about the fabric. Look for a simple silhouette in satin, let's say. But with minimal details, what there is must be on point. Craftsmanship, especially in small details like pleating and straps, should be perfect. Ask your bridal shop for options and alterations for the best wedding-day

# Bohemian

Go boho with lots of texture and embroidery. A flowy, romantic jumpsuit also pairs perfectly with the outdoor ceremony, so feel free. Wide leg versions mimic a skirt, but you can also find plenty in cropped lengths to let you shake a leg on the dance floor.

#### **Dress or Pants?** Both!

If you can't make up your mind, look for a jumpsuit with a detachable skirt.



© ADOBE STOCK

for partying it up at the reception. Make sure your maid of honor or bridesmaids

On for the ceremony, off know how to work the detachable skirt and that you'll have a place to stash it while you party.

**B5** 





ERALD BUSINESSJOURNAL

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Looking for real estate in Geordie Romer · 679-8958 Allyson Romer · 630-9898

Windermere Real Estate/NCW

Leavenworth/Lake Wenatchee Specialists

Momi Palmieri · 433-2211

PUBLISHER'S NOTICE All real estate advertis ing in this newspaper is subject to the Fair Housing Act, which STANSON Makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777 The number for hearing impaired is 1-800-927-9275.

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509-669-4500 information@nwi.net

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#### **Owner Retiring**

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**Kashmir Gardens Florist** A Cashmere mainstay since 1949. Is for sale.

Sale includes equipment inventory, display pieces.

The building is also for sale separately.

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Accepting Applications

Rent based on 30% of adjusted income. Must be income eligible.

For more information call 509-686-4731 TTY# 1-425-562-4002

Located at 700 Fairview Ġ Ave. Bridgeport, WA.

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Chelan 319 W. Gibson Avenue









bedrooms+, 1 bath, nily room, 2 garage/ family Walk to beach/ park, shopping, next to bus stop. No smoking. Small pet upon approval. Available now \$1,400, includes W/S/G. First/ Last. Damage deposit \$1,000.

509-670-2739, application. Credit and background check.

# **ANNOUNCEMENTS**

Nominations are open for positions on CDFCU Board of Directors:

2 year term Non-Compensated Expenses paid

 Must be a member of CDFCU Must be at least 18

years of age Nomination Deadline: January 4, 2019. Send Resume to: **CDFCU NOMINATING** COMMITTEE -

PO Box 216 Coulee Dam, WA 99116



#### HELP WANTED

Leavenworth now hiring. Fun enjoyable environment. Pick up application at Simply Found,

833 Front Street, Leavenworth. Cynthia, 425-330-2756.

Practitioner Nurse near Skykomish. 412-835-8358

See more info at ncwmarket.com

#### **Brewster School** District is accepting applications for a kitchen cook.

in the Assist preparations. serving and cleanup of breakfast and lunch program, at both the Elementary and High Distribute and vegetable snacks to elementary classrooms.

7 hours/ day \$14 to \$16/ hour. depending on experience plus benefits. Applicant is required to have a high school diploma or equivalency. This position is open until filled.

Applications may be obtained on the district's www.brewsterwebsite bears.orgor by contacting district the office. 509-689-3418

Brewster School District is an Equal Opportunity Employer.

#### **Full and Part-Time Breakfast Catering** Staff

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. serve the daily breakfast buffet and at catered Ifunctions. Full and part-time posi-

requiring some tions weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person. 590 Hwy. 2 Leavenworth.



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Nurse Practitioner Employer Health Services, premier provider of on-site occupational and wellness services in a clinical setting, seeking a work at a private clinic in

email: hr@mobmed.com

# HELP WANTED

Windermere

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**HIM Clerk Part-Time** 

Three Rivers Hospital is in need of an HIM Clerk. This position will assist Health Information Dept in clerical, secretarial and assistant duties. Basic knowledge required. computers Medical terminology and experience transcription and minimum of 2 years' experience preferred. Mon – Fri; 24 hours per week.

Interested Candidates may apply in person or by mailing their resume

Three Rivers Hospital Anita Fisk, Director of Human Resources PO Box 577 Brewster, WA 98812

(509) 689-2517 x 3343 www.threerivershospital.net afisk@trhospital.net EOE

#### **Full and Part-Time** Bed Maker, Laundry and Housekeeping

eavenworth Enzian Innhiring for full and bart-time Housekeeping Laundry / Bed Makers Enjoy а competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 4:00 daily. Hotel amenities such as fitness room. indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

#### **PUBLIC Notices**

See all available properties at windermereleavenworth.com

# SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of DIEGO RAMIREZ GONZALEZ aka DIEGO GONZALEZ-RAMIREZ, Deceased.

#### No. 18-4-00386-04 PROBATE NOTICE TO **CREDITORS** (RCW 11.40.030)

Personal Representative The named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representa-tive or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were com-menced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided 11.40.020(1)(c); or under

(2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and comprehence assets. bate and nonprobate assets.

#### DATE OF FIRST PUBLICA-TION: January 2, 2019

Sandra Gonzalez, Personal Representative

Attorney for the Personal Representative: David A. Kazemba.

WSBA# 48049 Address for Mailing or Service: Overcast Law Offices, PS Attn: David A. Kazemba 23 South Wenatchee Avenue,

Wenatchee, WA 98801 (509)663-5588

Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 18-4-00386-04 Published in The Leavenworth Echo/

Cashmere Valley Record on January 2, 9, and 16, 2019. #84007

#### **PUBLIC NOTICES**

January Meeting Time Change Water District

Alpine meets the 2nd Wednesday of each month will meet at 10:00, a.m.on Wednesday, January 9,

Leavenworth Fire Station
District 3, 228 Chumstick Hwy. Published in The Leavenworth Echo/ Cashmere Valley Record on January 2, 2019. #83867

#### City of Cashmere Notice of Existence of Small Works Roster & Vendor List City of Cashmere maintains a

Works Roster and a Vendor List of contractors and busi-nesses who are eligible to submit proposals for various public works projects and services, or who can be contacted for non-public works purchases.

The Small Works Roster is used for various projects not to exceed \$300,000, in accordance ceed \$300,000, in accordance with the laws of the State of Washington, which the City of Cashmere may utilize during the year for public works projects pursuant to RCW 39.04.155. Contractors and businesses in-

terested in applying for placement on City of Cashmere's Small Works Roster or Vendor List may do so by submitting an application. Please contact Hall ashmere City 509-782-3513 or visit

www.cityofcashmere.org.
Published in the Cashmere Valley
Record/Leavenworth Echo on
January 2, 2019 #83931

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# Crossword Puzzle CROSSWORD 1-888-416-7103 dish ₄∧

#### THEME: AMERICAN AUTHORS ACROSS

- 1. \_\_bat or \_\_phobe 5. \*Old Man's turf 8. Old-fashioned "over"
  - Group of countries
- 12. Bayonet action
  13. Sailing vessel with two masts
  15. \*"Up the Down Stair\_\_\_\_"
- by Kaufman 16. Philosopher Marx 17. Poetic although 18. \*Whaling writer
- 20. Soak some ink 21. Golf course
- 22. Hawaiian dish
- 23. \*"Slouching Towards Bethlehem" essayist 26. Tax break
- 30. Singer Yoko 31. Bodily fluids
- 34. Three-ply snack 35. Parkinson's disease drug 37. Debt acknowledgement
- 38. Special way of doing something
- 39. EU money 40. Chevy Chase's 1985 comedy 42. One little piggie?
- 43. Plunder 45. Bias crime perpetrators 47. Pied Piper's follower
- 50. Rare bills 48. Feed the fire 52. \*Female Nobel winner Olden day calculators
- 56. Home-grown healer 57. H.S. math class
- 59. Azaria and Aaron 60. Known for its cabs 61. Sports award
- 63. "But I heard him exclaim, he drove out of sight.
- Merry Christmas to all..." 64. Wander about

#### DOWN 1. \*"Dr. Seuss's alphabet book

- 2. Chowder protein 3. "A \_\_\_\_ is a \_\_\_ 4. Plural of ocellus \_ is a
- 5. Corn holder
- 6. British peers
  7. Having the means 8. Doctor Octopus' first name 9. Not counterfeit
- 12. Fit for some jeans

10. Greek R

- 19. Actress Davis 22. Product of inflammation 23. Dished out
- 24. Empower
- 25. Morrison's "The \_\_\_ " 26. "Open and \_\_\_\_ " case 27. About to explode 28. Joanna Gaines' concern
- 29. Ox connectors 32. Grain grinder
- 33. \*Master of the macabre 36. \*"American Authors" genre 38. Shade of Dockers
- 40. In good shape 41. Movement disorder 44. Desert mirage
- 46. SAT administrator 48. Type of renewable energy 49. Figure of speech
- 50. Type of ski lift 51. Do like the moon 52. Lion's do
- 53. Guesstimate phrase 54. Australian palm 55. Norwegian band 58. Sweaty spot

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3 9 1 3 4 9 5 3 6 9 4 5 8 7 3 8 4 5 2 4 2 8 1

3

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

6

# hydro provision into law

CHELAN PUD NEWS RELEASE

WENATCHEE Hydropower projects just got a boost from Congress with the passage of S. 3021, the America's Water Infrastructure Act of 2018. The bill, signed into law by President Trump, includes an important provision that will spur investments in existing hydropower dams. Chelan County PUD has been seeking the legislative change for five years as it prepares to relicense the

"Hydropower new opportunities and challenges as demands on the electric system change," Chelan PUD General Manager Steve Wright "Congress has recognized that it is good public policy to encourage hydropower licensees to make new investments

Rock Island Dam.

#### **PUZZLE** SOLUTION



4	2	5	3	6	8	7	9	1
1	9	6	7	5	2	3	8	4
3	7	8	1	4	9	6	5	2
2	4	1	6	3	5	8	7	9
6	8	9	4	2	7	1	3	5
7	5	3	8	9	1	2	4	6
9	1	4	2	8	3	5	6	7
8	6	7	5	1	4	9	2	3
5	3	2	9	7	6	4	1	8

during the existing hydro license term, rather than waiting for relicensing. This provides value to Chelan PUD utility customers by protecting our long-term investment in Rock Island. It also allows us to discuss other actions we can take, in advance of relicensing, with stakeholders that are willing to make early commitments," he added.

The bill directs the Federal Energy Regulatory Commission (FERC) to weigh early investments at hydropower projects when deciding the length of the next federal operating license. Under the Federal Power Act, license terms are between 30 - 50 years. In 2017, FERC issued a policy stating that most new licenses will be for 40 years - with the potential to earn a 50-year license under certain conditions. However, there was still uncertainty around the types of investments that might count. The new law ensures that "... redevelopment, new construction, new capacity, efficiency, modernization, rehabilitation

replacement major equipment, safety improvements, environmental, recreation, protection, other mitigation, or enhancement measures . . ." can help earn a longer license term.

The provision was part of a larger bill that passed the House by voice vote and the Senate by a recorded vote of 99-1. The hydropower section received active, bipartisan support under the guidance of Washington legislators Senator Maria Cantwell (D-WA) and Representative Cathy McMorris Rodgers (R-WA). These lawmakers, who serve on the energy committees in the Senate and House, have worked on the "early action" concept in various forms over the past several years in an increasingly pro-hydro Congress.

"Senator Cantwell and Representative McMorris Rodgers are leading the nation on hydropower issues that make a real difference here at home. We would like to sincerely thank them both for championing this issue," said Wright.



# Trump signs 'Early Action' Stocking your Cabinet for the Flu Season

Flu season is here, so this week I checked the inventory of my medicine cabinet to make sure we were ready for cold and influenza symptoms like fever, muscle aches, cough, stuffy nose, sinus pressure, and runny

The medicines I always have on hand for flu season are:

1. Delsym® for relief of cough.

Delsvm® contains concentrated form dextromethorphan (DM), the same active ingredient as in Robitussin DM®. Unlike Robitussin, each concentrated dose of Delsym® lasts for 12 hours, from morning to evening, and is nearly as effective as prescription cough medicines containing codeine. However, unlike codeine, DM doesn't cause drowsiness, so it is safer to use when driving a car or working around machinery.

2. Tylenol® for fever.

I prefer the extra-strength 500mg acetaminophen tablets for headache and fever over ibuprofen or naproxen because acetaminophen is less irritating to vour stomach, especially when you are sick and chicken soup is all you're able to stomach.

We won't be running out of acetaminophen (Tylenol®) any time soon because we still have the extra-large bottle from Costco® my husband brought home earlier this year. The supersized bottle doesn't fit the shelves in our medicine cabinet, so I also keep a smaller bottle of 100 acetaminophen tablets instead, refilling it when needed from the large bottle I keep in a nearby closet.

To protect your liver, never take more than the maximum daily dose of acetaminophen, which is 8 extra-strength tablets (4 grams) daily. In the elderly, the recommended maximum dose is 3.1 grams, or 6 extrastrength 500mg tablets.

3. Aleve® for body aches. The influenza symptom that

puts people flat on their back in bed or on the sofa is severe



muscle aches. Sometimes I swear that a mysterious assailant has snuck in and beat me with a baseball bat while I was sleeping.

Naproxen (Aleve®) is my go-to for muscle aches because each dose lasts 8-12 hours, twice as long as the 4-6 hours of relief of ibuprofen, so I don't wake up in the middle of the night when my dose of ibuprofen wears off.

NSAIDs like naproxen and ibuprofen are usually more effective for body aches than acetaminophen, but can harm your kidneys if you take them while dehydrated and can cause stomach irritation and bleeding. People who take blood thinners like warfarin, Pradaxa®, Xarelto®, Eliquis® and Plavix® (clopidogrel) need to be especially cautious to avoid stomach bleeding. To reduce both stomach irritation and the risk of developing an ulcer, you should ALWAYS take anv NSAID with either a full glass of water or fluid or take them just after a meal.

4. Sudafed® for sinus and nasal congestion.

I only buy the formulation of Sudafed® that contains pseudoephedrine, preferring the red coated 30mg tablets over the white 60mg pressed tablets, both of which are only available "behind the counter". It's worth the hassle to have a decongestant that actually works.

5. Actifed® for runny nose and sneezing.

Most of us have occasionally had to put up with a runny nose or bouts of sneezing. But if you were a surgeon with a head cold, you really wouldn't want to drip or sneeze on your patients. As a hospital pharmacist, I would take urgent calls from the surgery department, requesting something to dry up the drippy nose of an afflicted surgeon or

scrub nurse. Before we had the prescription-only Atrovent® nasal spray which dries up a runny nose in a flash, we sent them a couple of tablets of Actifed®, a surprisingly effective combination of antihistamine and decongestant.

behind-the-counter The decongestant pseudoephedrine relieves stuffiness while the antihistamine triprolidine stops the drips and decreases sneezing. Triprolidine has another benefit: unlike its cousins diphenhydramine and doxylamine it rarely causes drowsiness, so our afflicted surgeons didn't have to worry about nodding off in the middle of performing a hip replacement. Today I buy my Actifed® behind the counter.

6. NyQuil® for multisymptom relief at night.

While I prefer single ingredient products to treat specific symptoms, when my husband gets sick he wants "something to knock me out so I can get some rest."

The green original flavored and red cherry flavored original Nyquil® contained acetaminophen for fever and aches, dextromethorphan for cough, pseudoephedrine for stuffy nose and sinus pressure, and the sedating antihistamine doxylamine, along with 10% alcohol to help you sleep.

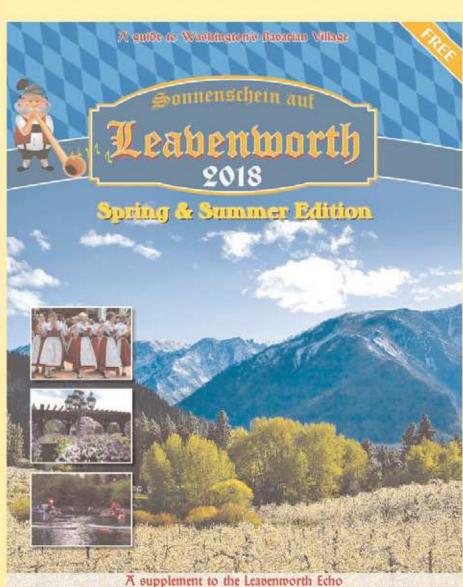
After pseudoephedrine was banished behind the counter in 2006, Nyquil's formula was updated to include phenylephrine, with more than 4 variations available today. Nyquil® Severe Cold and Flu remains closest to its original formula.

Dr. Louise Achey, Doctor of Pharmacy is a 39-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www. AskDrLouise.com. Louise Achey

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