## Quad City



Basketball sports analyst gives Kelson Gebbers high marks See page B1

Healthcare system is on the brink: 'We need your help'

By Dr. Peter Rutherford and Dr. Malcolm Butler
Our healthcare system is on the brink. We need you to stay
home and wear your mask whenever you are around

people who don't live with you. We will not make this argu ment with graphs and data Been there, done that. The reserve capacity that any emergency system maintains to keep everyone safe is
spent. The hospital is full and pulling staff from the clinics to support those who are sick and dying in the hospital. If it hasn't happened to you yet understand that cancelle
clinic appointments are most likely the result of resources being pulled toward those sick with COVID-19
Our nurses are also spent, they drive

next morning put on a brave face and head back into the fight. We need you to stay home and wear your mask whenever you are around people who fon't live with you. For months our local lead-
ers have petitioned the state for local control, arguing that those of us living in Chelan See healthcare on Page A2

## Pop-Up Market proposed

## Pateros holds first

 of three meetings to discuss outdoor marketsBy Mike Maltais
Staff writer
PATEROS-City officials held $\begin{array}{cc}\text { PATEROS-City officials held } & \text { dinator and assistant. The event } \\ \text { would be a two-day event, so }\end{array}$ ings on Dec. 1 to hear public input and
present some present some opportunity to 7
 bring more
business to
the city next the city next
year. The city is propos-

ing to facilitate a public ing to facilitate a public pop-up market as a safe place for commerce and ordinator, Assistant, business activities to be held and the city. uring the ongoing pandemic. have three roundtable dis| City Adminis- $\quad$ Courtesy pateros.com | Wilson also |
| :--- | :--- | :--- | trator Jord Wil- Pateros is discussing a had some ideas a compreher Pop-Up Market concept for for staffing and ive presen- downtown. sive presentation including some suggested guidelines for use of space and

facilities to accommodate the business model They include: - The city would host the mar ket on city properties - Pateros Mall and city parking lots

- An oversight committee the Market Committee, would be formed including city staff, Mayor, and Council
business members


## Plans for 2021

## Brewster Chamber names Best of the Best for 2020

## By Mike Maltais

Staff writer
BREWSTER-The Brewster Chamber of Commerce named its Best of the Best of Brewster
for 2020 last month, squeezed for 2020 last month, squeezed in Shop Small Business Day
on Nov. 28, launched a Holiday Lighting Contest, sought nominees for 2021 officers, kicked off its annual membership drive, and brought Santa and Mrs. Claus to town for the Christmas tree lighting ceremony. It has been a busy year for the Chamber despite interrup-
tions and cancellations due to COVID as the following 2020 General Report from Chamber of Commerce president Mike Mauk illustrates:
'"The General report 2020 is rather small. The first three regular meetings were fine and well attended then after March
all face to face meetings were canceled The Board of Directors met several times to plan the Cherries Jubilee and were in the final planning stages when in April we decided to postpone the Jubilee. We also were planning the 4th of
July Festivities and canceled July Festivities and canceled that as well. In August, the
Board of Directors discussed a huge win-win for Brewster ings in the following months Halloween Costume contest,

Santa and Mrs. Claus brighten up Christmas tree lighting


A group of happy youngsters gather at the Christmas tree in Legion Park to participate in the tree lighting ceremony and have a word or two with Santa and Mrs. Claus.

## Shoplocal and Give Local

 to support our businesses, this holiday seasön
crashing stolen pickup


The driver of this stolen pickup was apprehended after The driver of this stolen pickup was apprehended after crashing into a utiity pole at the junction of Monse Bridge was stolen as it sat idling and unoccupied in front of a Brewster residence. An alert Okanogan County Sheriff's Deputy spotted the vehicle traveling on Old Highway 97. Following pursuit by officers from the Brewster Police Department, the Okanogan County Sheriff's Office, and and fled on foot. The driver was arrested a short time later and booked into the Okanogan County Jail. There were no injuries in the accident.

## HEALTHCARE

and Douglas counties know best how to control the pan demic within our communi ties. This is what local contro feels like, two local physicians who have spent their career in service to each of you, pleading with you. We need your mask whenever you are around people who don't live with you. None of us plan to slice our
finger, or break our ankle, or finger, or break our ankle, or us plan to go to the hospital when a medical crisis strikes. The hospital has limits, and well proven COVID precau-
qcherald.com

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## 'We are exhausted' says Confluence Health ICU nurse

From Chelan Douglas Health District Newsletter/COVID-19 Stories
WENATCHEE - Wenatchee for COVID is not available yet. nurse Caitrin Smith gives a I have been an ICU nurse for candid, behind-the-scenes look $\quad 10$ of my 12 years. In 10 differ-
at what it's like in ICU, where
ent flu seasons, I have never at what it's like in ICU, where COVID-19 patients.
Caitrin Smith is a registered nurse working in the Intensive Care Unit of Confluence Health. a Wenatchee resident, Smith has worked as an ICU nurse or nearly 11 years, seven of at Virginia Mason Medical Center in Seattle. A middle child of five siblings, she and her family moved from Seattle to Wenatchee in 1998. The majority of her family works in health care, with her father Dr. Alan Smith, a Cashmere ter a long and happy career as a gastroenterologist with Confluence Health. "We have shared patients over the years, and I miss seeing him roaming around the ICU to steal our cared for this many people,
who are this sick - for this ho are this sick-Kor this an estimated 155,000 people worldwide. There really is no comparison to what we are dealing with now. Q: How hard is it on the families who can't have their loves in the ICU? And how does that mpact you as a nurse?
A: This has been the most difficult part of this pandemic. Patients with COVID are not allowed any visitors. Most of my days prior to this pandemic were spent taking to and upcause a majority of our patients are unable to speak with us. COVID patients requiring ICUlevel care are almost always on a ventilator, or life support.


Caitrin Smith is an ICU nurse at Confluence Health in Wenatchee.
good coffee," Smith said. Q: Why did you become a
nurse? nurse?
A: I gr my dad answer calls from the hospital; most of the time didn't understand what he was talking about. But as I grew older, I found it more and more interesting. I wanted to learn more, and nursing was a great way to do that. Nursing attracts caregivers, which have always
been to my family and friends, so it was a fairly easy decision transition.
Q: How long have you been a nurse? Have you ever experienced anything like this pandemic before?
A: I have been a nurse for 12 anything like this pandemic Q: We're still hearing people say COVID-19 is no worse than the flu. How is it different than the flu?
A: Both influenza and COVID are contagious respiratory illnesses; however, they are caused by two different
viruses. COVID symptoms usually take longer to appear compared to influenza symptoms, which means people are contagious for longer, allowing a longer window for the virus to spread. COVID also causes more serious illness in certain populations when compared to
influenza. We have a vaccine for influenza, and the vaccine
ral medication, our outcomes
or influenza, and

WAUEB3 A breathing tube is inserted down past the vocal cords, to allow a machine to move air and
oxygen in and out of the lungs. Most family members are seeing their loved ones on a ventilator for the first time through an iPad screen. This is how we try to show families what is going on inside of their loved one's room. It is incredibly emotional to hear families
reacting to seeing their loved ones for the first time hooked up to so many machines and wanting so badly to be there with them. We do allow a small number of visitors if a patient with COVID is dying. These isits are especially emotional, because visitors haven't seen their loved one in so long, and Q: We're now several months into this pandemic. How are you and your colleagues doing? A: I wish I had a more positive answer for this question. We are exhausted. The physical work of caring for these patients is exhausting, and the zation of this pandemic is even more exhausting. These are people who live and work in our communities, fighting for their lives, with families and friends who love them; they are not just statistics. There is no "magic Wilth steroids and for COVID.

have improved, but the most this whole pandemic has been enough staff (nurses, respiratory therapists, certified nursing assistants, etc.) to care for these patients. Not enough staff means our patients don't oo as well, so there is constant anxiety about another surge. We try to find fun moments when we can, and the teamwork
within the two units caring for these patients is unbelievable. None of us really believed we would still be doing this work nine months later, but we continue to show up day and night to care for our community. Q: We're also still hearing some people say masks don't
work, or this is just a political issue. How do you respond to these kinds of comments? A:I am not sure why anyone would push back on something that can help keep their loved ones and neighbors safe. We wear seatbelts in the car and helmets on bikes because
evidence has shown that these things keep us safe We had no things keep us safe. We had no
idea what we were dealing with this spring. As we've gained more knowledge, we've learned that masking helps slow the spread. I would rather be part of the solution instead of the
problem problem.
Q: What

Q: What message would you munity? A: I think it's important to hear what happens if you end up in the ICU with COVID. Being on a ventilator, with a

## MARKETS

## Contract Position

- Volunteer position with $25 \%$ of all stall fees collected to go to Assistant Coordinator

3. City
$-25 \%$ of stall fees to retained by City for M\&
4. Vendors

- Stall fees to be recommended by Market Committee and approved by Council. Key market activities would
include: include:
include:
Friday/Saturday Market
Sales

breathing tube inserted past your vocal cords, is incredibly
uncomfortable, which is why we give you pain and sedating medications. This is usually still not enough for our COVID patients. Their lungs are so damaged that we have to use a medication to paralyze their body to allow the ventilator otal control.
If that isn't enough to keep
oxygen levels where we want oxygen levels where we want
them, a team of seven of us will flip them onto their bellies to help recruit every bit of lung tissue possible. Patients lay on their bellies for 16 hours, then are flipped back over for eight hours. We have repeated this process for weeks. There mouth, bladder, arteries and veins. Frequently these patients require dialysis - some for the rest of their lives. Many have the breathing tube moved from their mouths to their necks (a tracheostomy) and eventually leave our hospital
to enter another rehab center The process is long scary and debilitating. We've had many patients in their 40s go through this process. My message is this: Wear a mask, wash your hands, socially distance - so you or someone you love doesn't have to go through what Tve just described.
Editors Note:Che
Health District invites resident of Chelan and Douglas counties to share their COVID-19 story. To share your story call 509-884-6400.


## Entertainments

Unique market weekends Unique market weekends. Art Exhibit \& Show Crafts \& Homemades Gun \& Sport Pampered Pets Cars \& Campers Vintage \& Retro Antiques These are just s These are just some of the of three roundtable meetings. A second public forum was scheduled via ZOOM at 7 p.m., Dec. 8 , and the third at 7 p.m., Dec. 15. To participate in the meetings, go to pateros.com and select the
Commerce tab for login details.

| Contact information | Deadlines |
| :---: | :---: |
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## THE BEST

 but the board voted to buy candy to give to our businesshand candy out. We allotted $\$ 200$ for candy and bought lo cal at Harvest Foods. In October we sent out nom ination forms for Officers and Directors 2021 as per the bylawsIn October we also started
sending membership forms to
previous members and posting on social media and on the web site.
In November with Anna Mare Dalbey and her company, Lighting Contest, agreeing for a total of $\$ 300$ in cash prizes to the three winners of each business and residential places. We hope to make this into an annual event making it a main attraction for our
holiday season. In November we sent naomifor Best forms to everyone or Best of the Best and as planned had it on Shop Small coinciding with our Christmas Tree Lighting ceremony We scheduled Santa Claus to do the honors of ringing in the holiday season.
After tallying all the nominations for the awards: here are the winners for 2020 : - Citizen of the Year - Er


Steve Stewart, right, assistant GM of Honeybear Growers, accepts the 2020 Best Large Business of the Year award from Brewster Chamber president Mike Mauk.


Martin Hurtado, left, of Brewster Bear Basket accepts the Small Business of the Year award from Brewster Chamber president Mike Mauk.
nest (Ernie) Santos - Large Business of the Year Honeybear Growers - Small Business of the Year Brewster Bear Basket The year was not what any did what we could to bring did what we could to bring
information to our businesses and help with PPE. It was challenging for all and as far as I know, all our businesses survived the crazy year, in fact we have had several new
businesses opening on Main

Street during this time. We were deeply saddened Say the passing of Ernesto be missed forever in our community

The fires tried to do us in as well, but our community stepped up big time, helping where we could and are still doing so. I personally want to thank our city and all our businesses and our citizens for making our community a really great
place to live and raise a family and have a business. R know next year is going well but I believe challenge as through it At he we can get going forward with the we are res Jubilee planning and for the first time in a long time we are taking on the Brewster King Salmon Derby. Thanks to all that have renewed your love your support. Happy Holidays."

Community Foundation of NCW awards $\$ 735,725$ in grants to nonprofits

Submitted by Jennifer Dolg
Community Foundation of NOW
NCW - The Community Foundation of NCW has awarded $\$ 735,725$ in grants tions through grant programs and community partnerships. The foundation's grant programming has been retooled to focus on providing stability for nonprofits who have been impacted by Covid-19. The its face parallel those of small businesses, with some strug sling to meet increased demand and others completely shuttered.
"Our nonprofit sector prowides vital services, cultural experiences, and environ region" said Beth Stipe the foundation's executive direct tor. "This year has been hard on them in so many ways. We're here to connect them to funding resources and do everything we can to keep them viable during this time." Nonprofit Assistance Awards - $\$ 500,000$

This grant program is in partnership with Che an County, who allocated $\$ 500,000$ to the foundation to disburse as reimbursement grants to organizations in Chelas County who provide curity, housing mental and physical health and childcare. All applicants who applied received funding.

- Hope Care Clinic - $\$ 25,500$ - SAGE (Safety, Advocacy, Growth, Empowerment) 9,500
- TEA
- TEAMS Learning Center $\$ 40,000$
- Upper Valley MEND - Wenatchee River Institute \$45,000 - Wenatchee Valley YMCA $\$ 130,000$
- Women's Resource Cen ter of NCW - \$65,000 - YWCA of North Central Nonprofit Meme Grant - \$100,000 This is a quarterly grant
program by the Community oundation providing general operating support. Applicants can apply for up to $10 \%$ o their current organizational budget with a maximum re first of four grant cycles, with $\$ 100,000$ available each quarter.
- Alatheia Riding Center
\$15,750
Cash
cashmere Museum
\$14,000
- Chelan Valley Housing Trust - $\$ 15,750$
- Hand in Hand Immigra - Services - \$11,000 - Thrive Chelan Valley 12,000
- Wenatchee Valley Senior Activity Center - \$15,750 - Wenatchee Valley YMCA - $\begin{aligned} & \text { 15,750 } \\ & \text { Helping }\end{aligned}$

Helping Hands 2.0 Grant In
the this revised version Hands foundation's Helping Hands grant, which provides cations support, organimount to apply for any safety-net needs such critical security housing mental and physical health and childcare Awards are made monthly - Chelan Douglas CASA 5,000 child abuse educational outreach

- Chelan Valley Hope $\$ 25,000$ capacity building to meet increases in demands or services
- Hope Care C
- Serve Wenatchee Valley \$5,500 Fresh HOPE Market, a public pantry for people acing food insecurity
- Leavenworth Community United Methodist Church $\$ 5,700$ backpack food program or kids with food insecurity
- Wenatchee Rescue Bision - $\$ 15,000$ community meal program for people facing food insecurity
Woods Music and Arts Grant - $\$ 61,200$
This grant, established by the Woods Family, supports music and arts education and programming across the region. This year, the grant focused on general operating
support for arts organizations impacted by the pandemic.
- 49-degrees North Artists

Association - $\$ 3,000$

- Beauty of Bronze - $\$ 5,000$
- Grunewald Guild - Grunewald Guild - $\$ 5,000$ - Icicle Creek Center for the
ts - $\$ 5,000$ Arts - $\$ 5,000$
- Lake Chelan Bach Fest \$5,000
Theater - $\$ 5,000$
Theater $-\$ 5,000$
$\cdot$ Music Theater of Wenatchee - $\$ 5,000$
- Numerical Performing Arts Center - $\$ 5,000$ - Okanogan Valley Orches ra and Chorus - $\$ 5,000$ Stage Kids WA - $\$ 5,000$
Wenatchee Valley Sym phony Association - $\$ 5,000$ - North Central Education oundation - $\$ 6,500$ - Wenatchee Valley Musum and Cultural Center \$1,900
- NCW Foundation for Youth - \$8,965
Formerly a nonprofit organization, NCW Foundation or Youth is now a grant foundation that provides up to $\$ 1,000$ year-round to activities that directly benefit with a Cop is an exception in with a Cop is an exception in
funding, as it is a program established by the founding organization and receives his annual designation in perpetuity.
- Les Schwa - \$1,000 Community Toy Drive
- Wenatchee Police - $\$ 5,000$ Shop with a Cop
Washington State Univer Virtual Eco-Stewardship - Wenatchee Valley Musum and Cultural Center - $\$ 1,000$ Virtual Mobile Makers - Trinity Church - $\$ 1,000$ side-by-Side Camp for CVCH Families
The Community Foundcontinual support of nonprof its across the region. Learn about these grant opportunities and more at www.cfncw. org/grants. The Community Foundaion of North Central Wash ington's mission is to grow, table gifts in support of strong communities throughout Chelan, Douglas, and Okano-


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gan counties. Established in in assets through 550+ indi- and scholarships. For more $\begin{array}{lll}\text { 1986, the Community Foin- } & \text { vidual funds and has awarded } & \begin{array}{l}\text { information call } 509-663-771 \\ \text { dation manages } \$ 112 \text { million } \\ \text { over } \$ 44 \text { million in grants }\end{array} \\ \text { or visit www.cfncw.org. }\end{array}$


Please join us in welcoming back Robert Brown, PA-C


Nearly 50 years of experience in health care, including 13 years in Okanogan County!

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## DEATH NOTICES

## Dolores June Cruz

Dolores June Cruz, 86, of Bridgeport, Washington, passed away on Dec. 2,2020 .
Please leave any thoughts and memories for the family at Barnes Chapel of Brewster.
Kathryn Louise Becker
Kathryn Louise Becker, 69, of Moses Lake, Washington, and
formerly of Brewster, passed away on Nov. 29, 2020 formerly of Brewster, passed away on Nov. 29, 2020. Please leave any thoughts and memories for the family at
www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

## DOUGLAS COUNTY SHERIFF

Nov. 27
Avest pain at 302 Jefferson Ave. in Bridgeport
Bridgeport.
911 at 321 S .
911 at 321 S . Seventh St. in Bridgeport.
Disturbance
Ave. in Bridgeport 700 Fairview Nov. 28
Headache
Bridgeport 1618 Fisk Ave. in
Fall at 2400 Ta
in Bridgeport.
elfare check at the 24 Down
town Lane area in Bridge
port.
Nov. 29 on Bridgeport Bar.
911 at 53521 st. St. in Bridgeport.
$\frac{\text { Nov. } 30}{\text { Traffic offe }}$
Traffic offense at 21st. Street
and Tacoma Ave. in Bridgeport.

## Have a Community or

 Sports Story idea?Contact
Mike Maltais
at 360-333-8483
or
qchreporter@gmail.com

## Obituary \& Memorial Policies

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one.
Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.
Obituaries and Memorials need to be typed and emailed to be placed in the next available issue. They can be placed in one or more of our NCW Media papers: Lake Chelan Mirror, Quad City Herald, Cashmere Valley Record and Leavenworth Echo. All publish on Wednesday.
Obituaries are priced by the number of words and include one color photo. Memorials are priced per column inch. Please call for cost. Payment is due at the time of placement. Deadline is 4 p.m. on Friday.

Please call Ruth at 682-2213 for more information
Email copy to ruthk@lakechelanmirror.com

## COMMUNITY BULLETIN BOARD

Okanogan County Transportation \& Nutrition meal delivery BREWSTER-Brewster Senior
Center on Bridge Street Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and
Thursday. Take out only. Thursday. Take out only. by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon. The home-delivered meal program is not interrupted and
is on its regular schedule. For more information about senior meal programs: Okanogan County Transportation \& Nutrition at 509-826-7979 or Aging \& Adult at 800-572-4459

## Tuesday, Wednesday,

Tuesday,
Thursday
Senior meals, Dec.
10, 15-17
BREWSTER - The Brewster-Pateros-Bridgeport Senior
Center hosts the Okano gan County Transporta tion and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those
over age 60 is $\$ 4$. For those 60 and under the cost is $\$ 8.50$.
Thursday, Dec. 10
Baked Ham, Scalloped Po-
tatoes, Glazed Carrots,
Spiced Salad, Waldorf Sal-
ad, Bread \& Raisin Pudding
ad, Bread \& Raisin Pudding Tuesday, Dec. 15
alisbury Steak, Mashed Po-
tatoes, Carrot Raisin Salad tatoes, Carrot Raisin Salad,
Trio, Vegetables, WW Roll, Cherry Cobbler
Wednesday, Dec. 16
$\square$

Chicken Florentine, Tossed Pineapple, WW Roll, Des$\begin{gathered}\text { Pinea } \\ \text { sert }\end{gathered}$
Thursd

Thursday, Dec. 17 Lemon Pepper Fish, Garden Rice, Normandy Veggies, Coleslaw, Chilled Peaches,
Garlic Bread, Dessert
$\frac{\text { Dec. } 10}{\text { Sen }}$
Sen Hawkins' fourth annual 'listening tour'
OLYMPIA - Sen. Brad Hawkins will hold his fourth annual 12 th District "listening tour" on Thursday, Dec. 10. It will be conducted virtually due to the COVID-19 pandem-
ic. Meetings with Hawkins ic. Meetings with Hawkins
during this year's virtual tour will take place through Zoom video conferencing or traditional conference
phone calls, each lasting up phone calls, each lasting up
to 20 minutes. Individuals or groups interested in meeting with Hawkins should contact his office at brad. hawkins@leg.wa.gov or
$360-688-8951$ to schedule an appointment and receive information about the technology details. In addition to the individual or group appointments, Hawkins will meetings" via Zoom at 3 p.m. and 7 p.m. Dec. 10 , each lasting about one hour, and everyone is invited.
Dec. 10, 15, 17
'What's Up Vet!' Informational Zoom meetings now available
NCW - All Chelan and Douginvited to attend the new

Speidel Bentsen

$\begin{array}{cc}\text { Russell II Speidel } & 7 \text { North Wenatchee Avenue, Wenatchee } \\ \text { Www.Speidellentsen.com } \\ \text { We provide excellent legal services in assisting }) \text {. Bentsen } \\ \text { clients with the preparation and completion of their Wills. }\end{array}$


270 9th St. NE,
Suite 100
East Wenatchee 509.886.0700 Do you or someone you know need help at home with chores, personal
care \& other tasks? Are you caring for a relative or friend \& need


In-Home Care Options • Medical Equipment Family Caregiver Support • Home-delivered Meals
"What's Up Vet!" informational meetings via Zoom! Every Tuesday/Thursday from 2 p.m. -4 p.m. Open to vets, spouses, de-
pendents and anyone with questions regarding veteran benefits and resources.
Go to: us 02 web Goto: us02web.zoomaus with
Zoom platform meeting id: Zoom platform meeting id:
86358564972 86358564972. County Veteran Service Office) or 509-683-3605 (DCVSO) for more information.
Spons
Sonsored by CCVSO, DCVSO, Wenatchee Valley College and the Washington State Veteran Corps Navigation project.
Dec. 11, 18
Brewster bus trips BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is
Dec. 11. The bus starts Dec. 1 . The bus starts homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Friday of each
month Dec. 18 riders will month Dec. 18, riders will
be taken to Omak for the day. Riders request their destination(s). Wenatchee: $\$ 12$ /boarding for General Public, $\$ 6$ suggested do-
nation/day for Seniors nation/day for
plus). Omak: $\$ 5.50 / G e n e r a l$ Public, $\$ 2.75$ suggested donation Seniors ( 60 plus). (509) 826-4391 to reserve your seat.
Dec. 14
EAST WENATCHEE - The next meeting of the Douglas
County PUD Commission is Dec. 14, 1:30 p.m. at the District's East Wenatchee office. To comply with the Open Public Meetings ac due to COVID-19, a conference phone line number
will be provided at the top of the Draft Agenda posted of the Draft Agenda posted est News the Friday before
the meeting.
Dec. 19
Encouraging Words Holiday events
WENTCHEE - Join us for Kids Day on Saturday, Dec. 19, at Encouraging Words Bible
Books and Gifts at 529 S Books and Gifts at 529 S.
Wenatchee Ave.,or call 509-664-3250. 11a.m.- 2 p.m. Book signing with Author, Julie Zielinski, MATT'S LAST CALL; SURVIVING OUR
PROTECTORS: About surviving the suicide death of her son, Matt, a US Marine Corps Sergeant and a Chelan County Sheriff Deputy. Julie is the Washington
State Concerns of Police Survivors suicide liaison ; Washington State Representative of the National Police Suicide Foundation; and most recently has become
a committee member of the new organization, Survivors of Blue Suicide or SBS. 11 a.m.-1.pm. Rock painting for kids with Celeste and Marla and $1-2$ p.m. Pup-
pets with Marla Bailey When Puppets Lucy and Gloria heard of Governor Inslee's latest Covid-19 restrictions they encouraged Mama
Marla not to worry. She Marla not to worry. She
wouldn't have to say a word. They determined they could handle it. Together they will do their tricks and tell their stories bringing the Christ-
mas story to you in a fresh new way. "How will they do this?" Come and see. Help available for Douglas County veterans
EAST WENATHCEE - Sarah Simonson the Veterans
Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East
Wenatchee. Call her at 509 Wenatchee. Call her at 509-
$683-3605$. You can also find her on Facebook at: https://www.facebook.com/ douglascountyvso

## Bushess \& Healthcare Directory

ROOFING


Add your Business or
Service to this Directory Call

Ruth 682-2213
or Lindsay 509-860-7301

Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.
Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

## QUAD CITY CHURCH GUIDE

New to the area? On Vacation? BREWSTER • BRIDGEPORT • PATEROS These churches welcome you!

Calvary Baptist Church CALVARY BAPTIST C
Sunday Worship $9: 30$ a.m.

To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com

"With men this is impossible; but with God all things are possible.

## Miller-Smith, Gebbers, Jarrell pass 1,000 career points in $2019-20$ basketball season

## By Mike Maltais Staff writer

BREWSTER - During the 2019-2020 basketball season three Quad City high school players, two from Brewster and one from Pateros, joined hooters who have scored ,000 or more points during heir high school careers. Senior Corey Jarrell and Snior Cade Gebbers, both of Brewster, and junior Aleeka he magic 1,000-point barried Jarrell cleared the mark ate in the season in a game gainst Tonasket, said coach Michael Taylor.
Gebbers punctuated his ame-high 34-point perfor mance in Brewster's state ife Christian Academy to score his 1,000 career point. per game in $2019-20$ and earned 2B Player of the Year honors. Miller-Smith scored 30 points as a freshman, 36 as a sophomore, and 381 in her junior year, hitting the 1,000-point milestone early in 2020 in a game against River-
"After the game in the lock er room my coach (Jared Henon) announced it to the team we celebrated and the game ball was given to me as well as a poster," said Miller-Smith. My teammates celebrated with me and signed both." the Brewster Bears have earned an impressive list of 1,000-point players. Former boys basketball head coach Tim Taylor compiled a roster

Aleeka Miller-Smith (holding basketball) poses with teammates and head coach Jared Pateros High Schoo Henton, left, and assistant coach Tom Asmussen, right, after scoring her 1,000th career point

| of both boys and girls stand- | 1,371 |  |  |
| :---: | :---: | :---: | :--- |
| outs. In order of point totals, | 2016 | Timbo Taylor |  |
| they include: | 1,325 |  |  |
| Boys 1,000 Points | 2019 | Joe Taylor |  |
| 2004 | David Pendergraft | 1,274 |  |
| 2,311 |  | 2011 | Stockton Taylor |
| 1977 | Dale Smith | 1,258 |  |
| 2,302 |  | 1992 | Jerrod Riggan |
| 1985 | Mike Boesel | 1.139 |  |
| 2,021 |  | 1980 | Eric Driessen |
| 1999 | Johnny Gebbers | 1,132 |  |
| 1,906 |  | 2009 | Wade Gebbers |
| 2006 | Michael Taylor | 1,123 |  |
| 1,683 |  | 2017 | Edgar Najera |
| 1977 | Roger Boesel | 1,086 |  |
| 1,596 |  | 2005 | Hawkins Gebbers |
| 2014 | Easton Driessen | 1,077 |  |
| 1,572 |  | 2020 | Corey Jarrell |
| 1989 | Bryan Boesel | 1,088 |  |
| 1,500 |  | 2010 | Eli Driessen |
| 2016 | Josh Hammons | 1,065 |  |

Ranked 24th in state


SBLive Sports ranks Brewster sophomore basketball player Kelson Gebbers as a future standout.

## Basketball sports analyst gives Kelson Gebbers high marks

## By Mike Maltals

Staff writer
BREWSTER - The sport website scorebooklive.com (SBLive Sports) has named Brewster High School soph Kelson Gebbers the 24th ranked selection in the state in its first SbLive Boys Basketball Recruiting Rank ings. "Our rankings are compiled by SBLive Basketball Analyst Dan Dickau based on obser-
vations and conversations with an extensive network of coaching and media source across the country," an SBLive statement said. "The players
a college recruiting lens and analyzed in four categories. athleticism, ball skills, basket ball IQ and upside. Dickau played college bal zaga before turning pro as zaga before turning pro as a point several teams including the Atlanta Hawks, Portland Traiblazers, and Los Angeles Clippers.
Dickau said Gebbers "could become the best player ever out of Brew,"
chool level."
school that statement for abundance of has produced an on the basketball court over
he years including 29 play ers - 20 boys and 9 girls - with 1,000 or more career points to Players this page) Players this page) The six-foot, six-inch Gebbers averaged 13.3 points per games (PPG) and 6.4 rebounds aw the Bears win their first state basketball championship since 1985 and their ninth state title as either a 1 A or 2 B team. Dickau's analysis included ball skills, athleticism, and qualities. To view nalysis visit Brewster Sports Facebook page.

## WVC classes to remain online through spring quarter

Subiitted by Wenatche: Valley College

OMAK CAMPUS WENATCHEE VALLEY COI LEGE - Wenatchee Valley Col lege will continue to offer the majority of classes online for
winter and spring quarters, due to safety concerns surrounding the COVID-19 pandemic Classes will be offered in winter and spring in the same ways they are currently being
offered: all lecture classes will be online, and a small number of approved hands-on classes will be able to meet in person ollowing strict health and safety protocols. Until the college receives further guidance from the local health districts or the
governor's office both WVC governor's office, both WVC closed to the public and to any students not attending limited in-person classes.

Those who are on campus Those who are on campus or are visiting campus are beace covering, practice good hygiene, social distancing and o stay home if sick. The residence hall will remain open to esidents in a limited capacity, mplemented mplemented.
ing a variety of resources for 8 a variety of resources for

See WVC on Page B2

ourtesy Brewster Sports Facebook honors for his game-high 34 points in the state championship win over Life Christian Academy. Gebbers scored his 1,000 th career point during the game.

rewster head coach Michael Tesy Brewster Sports Facebook honorary ball to senior Corey Jarrell in recognition of his 1,000th career point scored during the 2019-20 season.

Submitted by
OMAK CAMPUS WENATCHEE VALLEY COLLEGE - The 2021-2022 Wenatchee Valley College plication is now open. The deadline to apply is Monday, Feb. 21.
Student applicants only need to fill out one application to be considered for

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over 60 scholarships. The
foundation will award more than \$300,000 for 2021-2022. Funding is available for ev ery area of study. All current and incoming WVC students are encouraged to apply,
including adult learners, part-time students, students with previous degrees, and DREAMers.
The application is entirely online and is available in both English and Spanish.

Award decisions will be made in Spring 2021 and Fall 2021.
"Goll 2021. "Going to college can be a financial challenge for many WVC students and their families," said Rachel Evey,
WVC Foundation executive director. "Costs range from tuition to childcare to equipment for remote learning. We See APPLICATION on Page B2

,000+

Girls 1,000 Points

${ }_{2,728}^{2003}$ Jeni Boesel

2007 Kayla Evans

Chandler Smith

Becky Mae Taylor

Jennifer Riggan

Pam Tradeup

2005 Kaylan Crane

Rachel Crane

1990 Kristy Brown

## Wenatchee Valley College Foundation 2021-22 scholarship application open




Wenatchee resident Guy Miner with two hard to find rooster pheasants.

Hunting for the elusive rooster

By John Kruse, The
"How the mighty have fallen." That might be a good epitaph o pheasant hunting in Wash ington State. In theory, you can
still bag a limit of three rooster pheasants in Eastern Washing-mid-January but unless you are hunting at a private ranch where the birds are released just for your party, you'll be hard pressed to do so in 2020. Pheasant hunting in Wash ington hasn't always been this way. Back in the 1970's and 80's the duck and pheasant opener hotels and campgrounds across Eastern Washington were full of hunters going after both species. Pheasant populations were abundant, and in 1985, 600,000 roosters were harvested in the Evergreen State. Fast forward o 2019, and the Washington Department of Fish and wildiife's
harvest data shows an almost 90 percent drop with only 64,362 pheasants harvested. Worse many of these are birds the state released at state wildlife areas specifically for hunters to target.
What has caused this change? What has caused this change? A combination of habitatloss and changing agricultural practices. into the areas pheasants once roamed in our state but modern farming has really put a damper on wild pheasant populations,
Back in the 1970's farmers might Back in the 1970's farmers might only cut an alfareas now it is cut severa imes over the spring, summer chick survivability Likewise certain crops like sugar beets, fa vored by pheasants for the cover provided in the fields where they grow, are nolonger being planted due to a lack of demand. Finally, farmers are making the most of their acreage. In the old days and fence rows and the corners of property that retained cover for birds to hide in after the main fields were harvested. Today farmers are able to use just about every inch of ground they possess to grow crops and these corner, ditch and fence cover areas have disappeared, leaving pheasants "Nowhere to run to, quote Martha Reeves and the Vandellas.


Taken together, and you'l find wild pheasant populations are a shadow of what they used to be. That's why only some 15,500 hunters went after these
big, colorful birds last year com big, colorful birds last year compared to 109,000 hunters in 1979 . wild rooster? Sara Garrison and Ciera Strickland with WDFW say, "The majority of pheasant harvest occurs in the Snake River Basin (Asotin, Garfield, Columbia, Walla Walla, and River Basin (Adams, Douglas, Franklin, Grant, and Lincoln) Combined, these two areas made up $77 \%$ of eastern Washington pheasant harvest in 2019. What about pen-raised roosters? Since 1997 WDFW has used dedicated funds from small ants throughout the state. Unfortunately, these releases have declined in Eastern Washington from a high of nearly 25,000 in 2007 to 9600 in 2020. Chris White, the Pheasant Release Specialist or WDFW, says these bird were released at 28 differen publicly accessible areas in
Eastern Washington this year. Although release dates yary, birds are generally put out before the youth and general sea son openers and no more than six days prior to Thanksgiving. As for feedback I received from readers about a lack of pheasant at state wildlife areas could be a result of the number of birds released. For example, only 80 to 90 roosters were released at the Swakane Wildlife Area in the week prior to Thanksgiving. If you make the assumption that coyotes, hawks and other predators killed half that leaves only 45 or so left for dozens of hunters pursuing hese pheasant over the course of a week. This explains why the number of birds harvested by
idividual hunters was so low. The bottom line? If you really want a shot at a limit your best bet this year is one of the private Central and Eastern Washing ton. They include the Miller Ranch near Sprague, the Cooke Canyon Hunt Club near Ellensburg, Limits Game Farm by Mesa and the Double Barrel Ranch south of Spokane Valley.
JohnKruse-wwwnorthwest JohnKruse-www.northwest www.americaoutdoorsradio com/www.americaoutdoorsra dio.com


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## Looking ahead to the legislative session

By Sen. Brad Hawkins
The final days of the 2020 The final days of the 2020 presented some real challenges. The Legislature worked diligently to wrap up its session as some of the first cases of COVID-19 in the United tate Lawmakers approved all three state budgets (operating transportation, and capital) along with a $\$ 200$ million CO-VID-19 response bill. In those final session days and in the days that would soon follow the governor began issuing his statewide executive orders.
One of the earliest included a One of the earliest included
statewide closure of schools. At that time most of us never would have anticipated the full scope of challenges
the COVID pandemic would bring to our country and oth ers. Since the end of the 2020 legislative session, we have impacts and loss of life and also received various local, state, and federal assistance. Many thanks to our first responders, teachers, health care providers, and others who have stepped up during hese difficult months to conservices. When the legislative session ended last March, I certainly did not anticipate a nearly year-long pandemic. For so many of us, our lives have been turned upside down by this virus. Our region has sadly suffered many unfortunate deaths along with impacts families. This long-lasting pandemic has also created unprecedented circumstances for the state Legislature. For the first time ever, the upcoming 105-day session - set to begin

on January 11 - will be conducted almost entirely online. In recent years, the Senate
implemented limited remote implemented limited remote ings. In the upcoming session, remote testimony will likely be the only form of testimony received. Zoom calls are now commonly used by businesses of technology - as well as tra of technology - as well as tra-
ditional phone calls - will become the new normal for constituent meetings and caucus gatherings. The bigger chalenge will be facilitating House and Senate floor debates and navigating the fast-paced nature of floor amendments It's likely that fewer bills will advance this session because of expected slowdowns in legislative activity. However, fewer bills is probably good news. As ur state has grown in population and complexity, it is very hallenging to process through and fully understand every asvolume and limited number of days. A more manageable collection of bills may help ensure better final products in what does become law.


Washington State Capitol building in Olympia
In addition to the ongo- divide will be over whether ng challenges with COVID to choose budget reductions $\begin{aligned} & \text { response, balancing the state } \\ & \text { operating budget could be }\end{aligned}$
$\begin{aligned} & \text { or new taxes to make up the } \\ & \text { remaining difference. Whether }\end{aligned}$ $\begin{array}{lll}\text { operating budget could be } & \text { remaining difference. Whether } \\ \text { a challenge. As a result of } & \text { Governor Inslee will be the }\end{array}$ past increased spending and one to sign our final budget is reduced revenue, state economists are forecasting a projected budget deficit of nearly $\$ 3$ billion. This deficit is much less than what was previously expected, but it could grow
larger if the state economy is impacted again by recent COVID restrictions. While the current projected deficit is certainly bad news, the $\$ 3$ billion figure is actually based on a four-year budget projection, impacting a four-year budget equivalent of over \$100
billion. By utilizing the state's $\$ 2$ billion Budget Stabilization Account - often referred to as the "Rainy Day Fund" - and making some measured and modest reductions in programs, I believe lawmakers can achieve a balanced budget without tax increases. Others
may use the revenue losses from the pandemic to justify increased revenues. Legislators will probably authorize the use of the Budget Stabilization Account with
little disagreement. The big
another issue as well. If he is indeed selected for a position in the Biden administration, wen the governor's duties will temporarily fall to newly Denny Heck. This is, of course until a new governor is elected - likely in November 2021 - in what could very well be a Batthe Royal of officials seeking to fill the remaining three years Governor Inslee's term. The 2021 legislative session will certainly prove interesting ward to joining my seatmates, Representatives Steele and Goehner, to advocate on your behalf. If you have questions or comments about state government or the legislative session, please contact me anytime. I your truly honored
Brad Hawkins is the 12th District state senator repre-
senting North Central Wash ington in Olympia. He may be contacted at 360-786-7622 or brad.hawkins@leg.wa.gov.

## Safety tips: Three ways to help prevent accidental ingestion of prescription medicines

Have you ever dropped a pill on the floor, and then LOST it? Last week, as I opened my
pillbox and turned it over to get the pills out, one of them bounced right out of my hand and fell on the kitchen floor I thought I saw it land somewhere to my left, so I looked over in that direction, but I couldn't see it.
Getting down on my hands
nd knees, I crawled around and knees, I crawled around where I thought it would have minutes of fruitless searching, had to admit that my vitamin D pill was truly gone.
Unfortunately, small children and pets can find these lost" pills on the floor. When your family is together for the grandchildren, and pets safe from accidentally ingesting a potentially dangerous dose of prescription medicine?
Many Americans take at least one prescription medicine. One survey done in 2008-2009 Americans reported taking at least 1 prescription medicine within the previous month. $31 \%$ of all Americans reported taking at least 2 prescription medicines, and $11 \%$ took 5 or more prescriptions every day. Unfortunately, it only takes
or 2 pills to trigger a trag1 or 2 pills to trigger a trag-
edy. Most pain and heart medicines are designed for full-size adults, not inquisitive toddlers

## WVC

students:
Apply online - students winter can apply and register by Monday, Dec. 21. Apply at wvc.edu/GetStarted and view courses at wvc.edu/Courses. Online resources - find re sources for online learning or

or small pets. Whether they discover them on the floor or in a pill bottle sitting on a table,
little children and powerful pills don't mix well.
With COVID
With COVID, many families are putting off in-person visiting. Still, some families already plan to visit anyway. Is your house safe enough for little ones?
Here are 3 ways to help prevent accidental ingestion of prescription medicines: 1. Put pillboxes away when mall children visit.
I like pillboxes for their convenience and ability to help us taken our medicines. Many of us keep them in plain sight to remind us to take our pills, but hey can be easily opened. For toddlers who are curious and quick, a pillbox can create one without a happy ending Moving them out of reach or locking them up is more effective than keeping track of grandchildren when they are isiting.
2. Remove all medicine bottles to safer locations, especially
open" tops.
Child-resistant tops have
chens.
contact information for key student resources at wvc.edu/ Online STEPP-the Student Tuition Easy Payment Plan (STEPP) lets students pay tuition using
flexible payment schedule (wvc.edu/PaymentPlan). Online readiness orientation a free, self-guided orientation on how to use online learning ools and succeed in online
classes (wvc.edu/Distance).
saved many lives, but they are
a hassle to open, especially if your grip strength is not what it Every prescription medicine


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| :---: |
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