

# Kick Your Sticks With Cancer continues fundraising tradition

By AL STOVER

Skiers of all ages came out to the Leavenworth Fish Hatchery on Jan. 26 for the annual Kick Your Sticks For Cancer event.

Kick Your Sticks For Cancer, previously known as Chicks on Sticks for a number of years, raised funds as well as promoted cancer awareness. In the beginning, the event was only limited to women participants. After bad winters, staff changes and dwindling numbers, organizers continued “Chicks On Sticks,” but decided to allow men to participate, according to Leavenworth Ski Club Marketing and Administrative

Director Alex Brieger.

“We still weren’t getting a lot of increased participation so this year we changed the name to ‘Kick Your Sticks For Cancer,’” Brieger added. “The event originally raised funds for breast cancer but we wanted to make this donation a bit broader to support people in general with cancer.”

Although the name of the event is different, the mission remained the same. Brieger said proceeds from the event will go to pay for cancer care in the Wenatchee Valley for the Wellness Place. The funds will

CONTINUED TO PAGE A2



Sisters in Action Sports CEO and President Pam Miller addresses the participants and spectators before the first race.



PHOTO BY AL STOVER/CVR.  
Sisters in Action Sports CEO and President Pam Miller is inches away from crossing the finish line. Miller was the guest speaker for this year’s Kick Your Sticks For Cancer.

# Tumwater Drilling hits liquid gold after amended Hirst rule

STORY AND PHOTOS BY GARY BÉGIN

**DRYDEN** - Tumwater Drilling and Pump based here, has a waiting list that’s the envy of most companies no matter what they specialize in.

Tumwater’s requests for water well drilling spiked in the spring of 2018 once the Hirst Decision was modified to allow for rural water wells to be drilled without the extreme statistical environmental criteria demanded by the original law, requiring great expense for small businesses, ranchers, farmers and families living outside urban boundaries.

Another well drilling company, MVM of Chelan, recently sunk a nearby well down to 360 feet and achieved six gallons-per-minute (GPM) of water flow, but that was the same amount they had gotten at 200 feet. The land owner might have thought a greater water volume was to be had by going deeper, but it was not to be.

Proving that when searching for water, sometimes deeper isn’t better.

NCW Media was able to tag along with one of Tumwater’s drilling crews as they started and completed a job at 3,100 feet above sea level, about five miles up in the hills above Lake Chelan last summer. The drill hit four gallons-per-minute when it reached 175 feet. After the crew drilled down another 50 feet by direction of the client, it was decided by the landowners to call it good and settle on the four GPM as only two persons were homesteading this particular land and that volume seemed enough to keep them hydrated and also provide for other uses.

During the last fire season it was important for Tumwater to explain to prospective water well customers to understand that the site must be cleansed of excess dry plant growth and decay that might catch fire as the process of drilling requires welding pipe together to reach what is tantamount to liquid gold.

Once the rig is placed and stabilized

according to the site’s topography(it’s top heavy), the drilling can begin on a spot chosen by a water “witcher.” The witcher (also known as dowsing, or divining) uses two sticks or twigs, possibly from a peach or willow tree or other species like hazel. When the sticks react in a downward and crossed motion it signals water has been located.

It is a practice hundreds of years old, documented back to at least the 1500s. Flags are staked at the point indicated by the rods and the drilling spot is thus memorialized for the crew to focus their labors and the drill on. A few hours later, liquid gold is struck.

The cost of the job in this story was about \$13,000 before a pump and any additional piping was placed. It should be noted that costs can vary depending on many factors, such as



PHOTO BY GARY BÉGIN/NCW MEDIA.  
Welding sections of pipe must be done safely to avoid starting fires, especially when surrounded by dry conditions.

the topography, rock and soil density and depth of the well.

The electrical pump to pull the water out of the hole can be hooked to a windmill to generate power, solar panels, gas generator or propane generator system.

Water is then pumped into a cistern, heavy duty plastic water tank or other container. From there the water is then drawn into the cabin either by an additional pump or by gravity. The cost is directly tied to the required Homesteader-type “off the grid” television shows feature the importance of a water source on property meant for human self sufficiency and survival.

Luckily for rural Washington residents, the amended Hirst Decision



PHOTO BY GARY BÉGIN/NCW MEDIA.  
The top-heavy drilling rig must be leveled before any drilling can begin.

CONTINUED TO PAGE A3



FILE PHOTO.  
Cashmere’s Grace Erdman (No. 40) searches for an open teammate during Cashmere’s Jan. 15 game against the Lady Kodiaks. The Lady Bulldogs return to Cascade on Jan. 31.

# Cashmere girls maul Lady Pioneers in league play

By AL STOVER

The Cashmere High School girls basketball team continued their dominant run of the Caribou Trail League with a 72-28 conference win against Omak on Jan. 22.

The Lady Bulldogs opened with a 15-6 lead in the first quarter. Cashmere continued their offensive momentum with 19 points in the second quarter,

while Omak added 18.

Despite the lead, Head Coach Brent Darnell said he felt the Lady Bulldogs were not ready to play in Omak, which he noted is a “tough place to play.”

“It was not one of our better halves,” Darnell added. “In fact, it was probably one of our worst all season.”

The Lady Bulldogs went from

CONTINUED TO PAGE B2



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THIS WEEK

Opinion.....A2  
Community Calendar.....A3  
AA Meeting Schedule.....A3  
Community Bulletin Board.....A3  
Senior Center Menus.....A3  
Sheriff Reports.....A3


Church Guide.....A4  
Dr. Louise.....A4  
Bulldog Sports.....B1-B2  
Bulldog Scoreboard.....B1  
Business Directory.....B2

Classifieds Index

Classifieds.....B3-B3  
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## Country roads take us home

The orchards and vineyards of our North Central Washington are the cornerstones of our culture and economy, yet there are strangers in our midst who want to hamstring these very same lynchpins. Agriculture isn't good enough for them.

They must be city folks who have infiltrated our country environs to attempt to force their urban daydream lifestyles on agrarian realistic sensibilities.

I am speaking specifically



APPLES TO APPLES  
GARY BÉGIN  
NCW MEDIA  
MANAGING  
EDITOR

about the tax and spenders who pose as grass-roots advocates for change, aka "our ideas, your money" actors, none of whom are elected officials (with one exception).

Advocates of the this "think tank" will eventually be asking to tax the successful among us to pay for their ideas.

A gaggle of "executive directors" advocating for "growth" that is actually another way of insulting the orchardists and vineyardists by



PHOTO BY AL STOVER/CVR.

Maren Peterson, who finished first in the Kids 1K race, sports a pink crayon shirt.

### Kick Your Sticks

CONTINUED FROM PAGE A1

be used to provide gas cards, wigs, informational materials, and other means of support for folks who are affected by cancer.

The racing portion of the event was different from last year. The race course was reversed for the 2019 event. Races were divided into three main categories: a Kids 1L lap for children 9 years and under, and separate races for men and women. Both the women's and men's races were divided into age divisions, and 4K and 8K distances

Skiers made their way through the Icicle River Trails behind The Leavenworth Fish Hatchery. Many participants sported pink on their ski gear, while some had accessories like bells, ribbons and a viking helmet. Several skiers participated in the event as a way to support family members and/or friends affected by cancer.

Leavenworth resident Jessie Johnson brought her children and her neighbor's kids to

race in the event. Known as the "Shore Street Gang," the young skiers raced in honor of Kathleen Brooks, who works for the Chelan County Public Utilities District and is undergoing chemotherapy treatment.

"I thought it went well," Brieger said of the event. "We had a good turnout, it was great."

Sister In Action Sports (SAS) CEO and President Pam Miller was the special guest for the event. Miller, a cancer survivor, shared her story about being diagnosed with stage 3 melanoma and how exercise and nutrition were the key to her survival. At the time of her diagnosis, Miller said her oncologist gave her a 3 percent, five year chance of surviving her cancer.

"I got a new oncologist and 10 years I'm still here, and I'm grateful," Miller said.

Miller also encouraged everyone to support each other, and the community, especially during tough times.

"Enjoy every day, and enjoy the people around you," she added.

saying the folks who live here want more metal, pollution and fancy coffee shops and less places involved with trees, fruit and dirt.

We know the real reasons giving the money to our taxman is ok with liberals. It is because they are never happy with what they have and prefer grandiose schemes, but never think of how it all gets paid for. I call these people parasites. Parasites do not have a symbiotic relationship with the rest of society, they have a leeching relationship no good to the rest of us.

In the early days of mankind parasites were left to die as traitors to their own tribe. They were tied to a tree in wolf territory after being soaked in bacon fat. Alright, I made all that up, but you get the idea.

Can my money be confiscated to pay for those among us who pilfer our strongbox for their own fulfillment? Yes, this is exactly what Gov. Jay Inslee's budget is trying to do to all of rural Washington. Inslee apparently has a detachment of the "save the orca" club hiding here.

That, my friends, is why Trump has supporters in the rural expanses of America. People of the earth understand that the future must be earned and that the current situation is firmly based on their own back-breaking efforts of the past.

None of them was given a darn thing. None of them was entitled to a meal unground or unbutchered by one's own hands.



## 'Chumstick,' 'Stemilt' get DNR 'All Forest Restoration grants

EDITED DNR NEWS RELEASE

The Washington State Department of Natural Resources (DNR) has awarded nine organizations across Washington with a combined \$1.8 million in new grant funding to help make forests in their communities healthier and more resilient to wildfires.

Through the All Lands Forest Restoration Grant Program, DNR awarded about \$1.6 million to help these groups plan and conduct forest health treatments, such as the thinning of overly dense forests. Additionally, under the Building Forest Partnerships Grant Program, DNR awarded \$207,000 to help the organizations reach potential partners and the public through outreach activities, such as public meetings, forest field trips, and website development.

In all, the funding will lead to the estimated treatment of more than 1,800 acres of unhealthy forest and support the planning to treat up to 120,400 more acres.

"Solving our state's forest health crisis, which is a big contributor to our large wildfire seasons, will take an all-hands, all-lands approach to forest management," said Commissioner of Public Lands



No one got a free ride. That is because it is bad for the tribe, this unfunded growth. It is a sin against kith and kin.

The left never talks about the funding involved at the beginning of their fabulous shiny projects. Then all of a sudden the taxman cometh again and again. He knocks on the door of simple shopkeepers and homeowners trying to live the original American dream and demands more. These new taxes are almost always hidden in levies of one sort or another.

Must every small town in the state be made into the next Boise or Coer d'Alene or Portland? No.

How about these "growth at any cost folks" aim their enthusiasm at raising money for the area's FFA, 4H and scouting programs so that the kids can become better

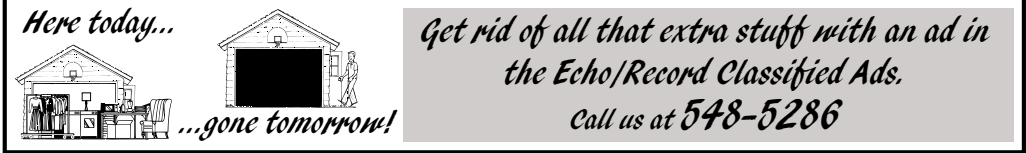
educated about what really counts?

I for one love the simplicity and beauty of the Wenatchee Valley, Lake Chelan, Cashmere and Leavenworth. I will fight to keep it that way.

Ironically, I am sad to admit, that some of my favorite folks were also instrumental in squashing the marijuana growers.

I will also fight to keep my friends in that "growth" industry alive. They too are part of the agricultural society we all need to thrive. It would be nice if the pot we buy was locally grown, not imported from other counties, but that is a fight for another day.

Managing Editor Gary Bégin can be reached at gary@ncwmedia.net. His opinions are not necessarily those of NCW Media.



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A PUBLIC HEARING ON:

Schedule 4 rates

Chelan County PUD commissioners are seeking comment on **proposed updates to rates** used in contracts for customers **using more than 5 average megawatts**, or as needed by special circumstances (excluding cryptocurrency).

Comment in person at a public hearing:

Feb. 4, 2019 — 1 p.m.

Chelan PUD boardroom

327 N. Wenatchee Ave., Wenatchee

Or, submit comments by email to [contactus@chelanpud.org](mailto:contactus@chelanpud.org).

See the proposed updates at [chelanpud.org](http://chelanpud.org) under the Jan. 21 Commission Meeting entry on the Events Calendar.

CHELAN COUNTY P.U.D.

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■ COMMUNITYCALENDAR

Wednesday

**Cashmere Rotary Club, Noon,** Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.

**Cashmere Food Bank,** 3:30p.m.-5:00p.m.,Cashmerefooddistribution center, 109 “C” Railroad Avenue, for more information call Jim, 741-7551. **(2nd and 4th Wed.& Thurs.)**

**Tillicum Riders Drill Team,** 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.

**Cashmere Park and Recreation Committee,** 6:30 p.m., City Hall. Call 782-3513. **(last Wed. of each month.)**

**The Underground Youth Group, sixth to eighth graders.,** 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

**Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. **(2nd and 4th Thursdays)**

**Cashmere Food Bank,** 3:30-5 p.m., Distribution Center, 109 “C” Railroad Ave., Call Jim, 741-7551. **(2nd and 4th Wed. and Thurs.)**

**Free weekly community meal,** 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.

For more information, please call 782-3811.

**Cashmere Sportsmen’s Gun Club,** 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

**American Legion Post 64. 7 p.m.,** American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 **(1st Thurs.)**

**American Lady’s Legion, 7 p.m.,** American Legion Hall, 401 Sunset Highway.Call President Linda Ingraham, 679-0243 **(1st Thurs.)**

Friday

**Evergreen Baptist Church Youth Group** (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

**Bingo, 6 p.m.,** American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. **(October to May)**

Sunday

**CHURCH:** See the church page for local service times and events.

**The Underground, youth group for high schoolers.** 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

**Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. **(2nd and 4th Mon.)**

**Young Life Club,** 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.

**Boy Scouts,** 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.

**Tillicum Riders:** 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. **(1st Mon.)**

**Cashmere City Council,** 6 p.m., City Hall **(2 & 4th Mon. of each month (unless a holiday, then Tuesday).**

**Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).**

**Cashmere Fire Department,** Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. **(3rd Mon.)**

**Cashmere Fire Department,** meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. **(3rd Mon.)**

**Cashmere School Board,** 6:30 p.m., School District Office. Call 782-3355. **(4th Mon.)**

Tuesday

**I.P.I.D. meeting,** 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. **(2nd Tues.)**

**Ministerial Association,** 8:00 a.m., Epledalen lunchroom, Call 782-7600. **(2nd Tues.)**

**Cashmere Chamber of Commerce.** Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. **(3rd Tues.)**

**Monitor Homemakers,** Noon. location varies.Call Florence, 663-1570. **(2nd Tues.)**

**Buns, Books and Tea, Peshastin Book Club,** Peshastin Library. Call Kathy, 509-433-1345. **(3rd Tues.).**

Ongoing events

**Cashmere Public Library: 782-3314**

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.

Thursday: 11:00 a.m.- 8:00 p.m.

Saturday, 9:00 a.m.- 1:00 p.m.

Sunday: Closed.

Events:

Tuesday & Wednesday, **Story time Pre-K & up** 10:00-10:30 a.m.

Wednesday: **Preschool Story time,** 10:00-10:30 a.m.

Wednesday: **Bilingual Story time,** 4:30-5:00 p.m.

Thursday: **ATLAS events,** 3:30- 5:00 p.m. **(during school year)**

Friday: **Baby/Toddler Story time,** 10:30-11:00 a.m.

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting,

7:00 p.m., at the Cashmere Museum, 600 Cottlets Way. Call 782-3230. **(3rd Thurs.)**

Regional events

**Leavenworth Fish Hatchery,** Daily: 8 a.m. to 3:30 p.m. Call 548-7641.

**SCORE,** (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. **(Tue. & Thurs.)**

**Cascadia Conservation District Board Meeting.** 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

## Cashmere

Upper Valley PEO Scholarship

Application are now being accepted for this scholarship offered by P.E.O. Chapter JF for women residing in Chelan or Douglas County. The purpose of the scholarship is to assist women 30 years or older who are returning to or are currently enrolled in higher education in the state of Washington after a two-year or more absence. Deadline for applications is April 30, 2019. For more information contact Joyce Schiferl at [royce.woody2@frontier.com](mailto:royce.woody2@frontier.com)

Regional

The Community Foundation of NCW

Now accepting applications for its scholarship program: The foundation manages over 100 unique scholarships that support high school seniors, current college students, and non-traditional students from North Central Washington who are planning to attend four-year colleges and universities, community colleges, and trade schools. Each scholarship has its own criteria and eligibility - most seek to support students who have served their communities, show growth and potential, and demonstrate significant financial need. The application process is online and students can easily apply for multiple scholarships at once. The deadline is March 1. For more information, contact Jennifer Dolge, 663-7716

Tumwater Drilling

now allows for Tumwater and other water drilling companies to satisfy the urge to live off the land and to do so without breaking the laws, even if they were made by urban politicians to begin with.

Keep reading NCW Media publications Cashmere Valley Record, The Leavenworth Echo, Lake Chelan Mirror and Wenatchee Business Journal, for updates on laws passed in Olympia this session that affect rural life in North Central Washington.

Editor’s Note: Some of the facts in this article have been modified to protect the privacy of the landowners, including the names of the Tumwater workers, specific time and location of the drilling and the neighboring landowners.

■ SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors’ Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome,No cover charge

■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

**January 31,** Thursday, Lasagna, green beans, Caesar salad, pears, garlic bread, dessert.

**February 1,** Friday, Cheeseburger pie, corn, tossed veggie salad, fruit cocktail, French bread, dessert.

**February 2, 3,** No lunch

**February 4,** Monday, BBQ chicken, Mac & Cheese, broccoli Normandy, spiced salad, muffin, apple crisp.

**February 5,** Tuesday, Ham steak, scalloped potatoes, Italian vegetables, spinach salad, citrus salad, whole wheat bread or roll, dessert.

**February 6,** Wednesday, Baked fish, wild rice, steamed broccoli, coleslaw, Oregon berries, whole wheat bread or roll, dessert.

■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

**Sunday, 9 a.m.,** Leavenworth Senior Center, 423 Evans St.

**Sunday, 7 p.m.,** Leavenworth Senior Center, 423 Evans St.,

**Tuesday, noon,** First Baptist Church, 429 Evans St.

**Tuesday, 7 p.m.,** Light in the Valley, 8455 Main Street, Peshastin

**Wednesday, 7 p.m.,** Leavenworth Senior Center, 423 Evans St.

**Thursday, noon,** Kristalls Restaurant, 280 US-Hwy.2, Leavenworth


**Friday, 7:30 p.m.,** Plain Community Church, 12565 Chapel Dr., Plain

**Information number for Alanon: 509-548-7939**

**Alanon Meeting Schedule**

**Monday, 7 p.m.,** United Methodist Church, 418 Evans St.

## Celebrating 100th Birthday



**Sabina Kane**  
Born on February 4, 1919  
Celebrating 100th Birthday on February 2, 2019 from 12-2:00 P.M. at the Henry Building, 120 Cottage Ave., Cashmere.  
Sabina was born on February 4, 1919 near Monse, Washington. Les and Sabina moved to Cashmere in 1951. Together they have raised 8 children. Sabina was actively involved in the Saint Francis Catholic Church, served on many church committees, as well as a lifelong member of the Cashmere Museum. Sabina retired from nursing in 1979.



**CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff’s Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

January 18

09:24 **Theft,** 329 Tigner Rd., Cashmere High School.

11:17 **Assist agency,** 329 Tigner Rd., Cashmere High School.

12:22 **Parking/abandon,** 309 S. Division St.

16:18 **Domestic disturbance,** 7955 Kinney Rd., Dryden.

18:01 **Accident, no injury,** 329 Tigner Rd., Cashmere High School.

22:22 **Accident, no injury,** 5257 N. Cashmere Rd.

January 19

00:16 **Alarm,** 102 Titchenal Way, BJs.

01:12 **Hazard,** 6775 Pioneer Dr.

07:39 **Trespass,** 115 Cottage Ave., Sure to Rise Bakery.

08:11 **Welfare check,** 5653 Sunset Hwy.

11:18 **Public assist,** 220 Cottage Ave.

13:58 **Parking/abandon,** 313 S. Division St.

19:58 **Accident, no injury,** 5870 Evergreen Dr.

20:06 **Disturbance,** 5827 Evergreen Dr.

22:13 **Disturbance,** 3601 Selfes Motel Rd. #3.

January 20

11:14 **Welfare check,** 8181 Williams Canyon Rd.

11:17 **Accident, injury,** 7651 Williams Canyon Rd.

19:17 **Domestic disturbance,** 4759 Sky Meadows Rd.

21:39 **Suicide threat,** 6970 Ollala Canyon Rd.

January 21

11:19 **Alarm,** 5411 Binder Rd.

11:46 **Civil,** 302 Fisher St. #112.

11:58 **Disturbance,** 302 Fisher St. #112.

12:20 **Assist agency,** 712 Pioneer Ave.

January 22

00:30 **Noise,** 225 Independence Way.

09:39 **Scam,** 106 Elk View Ln., Dryden.

13:39 **Suicide threat,** 6970 Ollala Canyon Rd.

13:52 **Assist agency,** 101 Woodring St.

22:12 **Suspicious,** 108 Mountain View Pl.

22:27 **Public assist,** 302 Fisher St. #115.

January 23

11:06 **Drugs,** 329 Tigner Rd., Cashmere High School.

January 24


02:10 **Parking/abandon,** Fasken & Fircrest Dr.

09:30 **Graffiti,** 113 Cottage Ave.

14:43 **Welfare check,** Red Apple & Hughes Rd.

16:23 **Juvenile problem,** 5025 Harnden Rd.

17:48 **Harass/threat,** 3601 Sells Motel Rd. #12.



The 12th District team – Rep. Keith Goehner (left), Sen. Brad Hawkins (center) and Rep. Mike Steele (right) – gathered in the House floor Jan. 15 to hear Gov. Inslee’s State of the State address.



# The Best a Man Can Get

What is the best a man can get?

It is a fair question to ask and it is the slogan for a brand of razors that have sparked a bit of controversy regarding their ad against “toxic masculinity”.

I watched Gillette’s commercial and to be honest, I found that there was little I disagree with. Men should hold other men accountable. Men shouldn’t objectify women but instead, defend their honor. Men are protectors and warriors and should be using their natural strength for good and not for evil.

We can all agree on that, right?

Yet Gillette’s new ad has received a heavy amount of backlash, claiming that it is an assault on masculinity and drawing the ire and condemnation from certain media organizations and (not surprisingly) other companies that sell products for men.

I believe where Gillette misstepped is they began their campaign with the phrase “toxic masculinity” which is a buzz word for masculinity, in general, is bad. To be masculine, in this prevailing culture is to be viewed as a threat, dangerous to women and should be immediately suppressed. In fact, men are expected to conform to a standard of feminization. The bold, adventuresome spirit that once defined the American male is now replaced with effeminate mannerisms and docility. No longer are boys encouraged to fight dragons, play soldier or jump their bikes instead what gains recognition is when a boy wears a dress and pretends to



A WALK WITH PASTOR JOHN SMITH

be a girl. The sad reality is androgyny rules the day and we are suffering for it.

Men today and the generation that follows are confused about what is it to be a real man and can we blame them? When masculinity is viewed as a harmful social behavior by many in academia and the media portrays an outright disdain for manhood is there any wonder why there is an identity crisis among men?

The Bible celebrates manhood and condemns any distortion of it. For example, in Deuteronomy 22:5 we see that God forbids men from wearing women’s clothes. Why? Because the lines that separate gender shouldn’t be crossed. God created men to be men and likewise, He created women to be women. Even though both genders possess equal value in the eyes of God, they aren’t and never will be the same.

So, what is the best a man can get? Or what is the epitome of masculinity? It is true that society has been wrong in how they answer that question. Manhood is not defined by promiscuity or exerting strength to a corrupt end. Neither is it being overly sentimental, effeminate and passive.

True manhood looks like Jesus.

Christ is the pinnacle of masculinity and in the gospels, he certainly doesn’t match the image of a wimpy, thin, blonde-haired, blue-eyed Jesus that we are so accustomed to seeing.

Jesus is a man of bravery who refused to buckle underneath

the pressure to please man. He spoke the truth even when it was unpopular to do so. So courageous is this Christ, that he went to the cross, facing the agony and bearing the wrath of God for people’s sins.

Christ is a man of love because it was love that kept him on the cross. It was love that motivated him to give his life as a ransom for many (Mk. 10:45). Not only that but he is a man of compassion, looking at beleaguered, helpless people and offering them rest (Matt. 11:28).

Jesus could have easily thrown the weight of his authority around—he is God after all—but didn’t, instead, he sacrificed himself, laying down his own life for the life of his people.

Sure, there are toxic elements that come about from a twisting of masculinity. Yet, true masculinity is self-sacrificing, heroic, brave and compassionate.

The best a man can get is not from a corporation that produces shaving products. The best a man can get is to be like Jesus and that’s the kind of men we need today.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at [pastorjohnsmithebc@gmail.com](mailto:pastorjohnsmithebc@gmail.com).

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Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com) no later than 4 p.m. Friday for the next week’s issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/memorial is due at the time of placement.

For information call 509-548-5286, or email [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com)

# Super Bowl and Medicines

This coming weekend in Atlanta’s Mercedes-Benz Stadium, Super Bowl III will pit the champion team of the American Football Conference, the New England Patriots, against the champions of the National Football Conference, the Los Angeles Rams. While this is the third straight appearance for the Patriots, it’s the first time in 17 years for the Rams. Between now and the Big Game, as well as during the contest, there will LOTS of advertisements, including ads for cars, trucks, insurance, beer, and even some prescription and non-prescription medicines.

I often get asked, “Why do some drug advertisements on television mention the risks of the medicine they are promoting, while others don’t?” One reason is that they may be promoting different types of medicine. There is one set of rules for direct to consumer (DTC) prescription medicine advertising, and another, very different set for non-prescription or OTC (over-the-counter) medicines. The Food and Drug Administration (FDA) controls the advertising rules for prescription medicines while the Federal Trade Commission is responsible for the rules regarding advertising of non-prescription medicines.

Inside the FDA, the Division of Drug Marketing, Advertising and Communications (DDMAC) is responsible for regulating the marketing of prescription medicines, assuring that prescription drug information used in advertising is truthful, balanced and accurately communicated, whether it’s directed at health care providers such as doctors

and pharmacists, or aimed directly at consumers. Every advertisement must have 4 elements: it must not be false or misleading, present a “fair balance” of information describing the risks and benefits of the medicine, tell what it’s used for, and briefly summarize every risk mentioned in the product’s labeling. In contrast, the advertising of OTC medicines regulated by the Federal Trade Commission and is much less strict.

There are 3 main categories of prescription drug advertising, with rules for each: help seeking ads, product claim ads, and reminder ads. Help seeking advertisements mention a particular condition, such as depression, arthritis, or overactive bladder, then direct you to ask your doctor for more information about it. No medicines are mentioned in this type of ad, but if you look closely, you’ll usually see the name or logo of the drug manufacturer sponsoring it somewhere on the screen.

Product claim ads are the most familiar to people because they mention the type of condition the medicine has been approved to treat, give its brand and generic name, and include some benefits and risks associated with taking it. Product claim ads use cartoons, celebrity spokespeople or actors to play satisfied patients; then, near the very end you hear a list of risks of taking the medicine, even including death. The balance between benefits and risks is important; in this category, the advertisement MUST mention potential serious risks if they are presenting benefits. The third type of prescription medicine advertisement for DTC marketing is a reminder ad. Reminder ads are short, giving only the brand name of the medicine, not what it treats or any of its benefits. Reminder ads connect us with previous advertising by echoing the visual marketing elements seen in the product claim ads for the product, like showing two people watching a sunset sitting in bathtubs placed side-by-side.

DTC advertising is



controversial. On one hand, those who support DTC marketing state that it’s useful to consumers because it encourages people to talk to their physician about a health condition they may have. DTC advertising can also help remove the stigma of a particular condition, such as depression or erectile dysfunction. Opponents of DTC advertising are concerned that it promotes increased medication use and even overuse of drugs for conditions that have non-drug treatments or less expensive treatments available. They also fear that not enough attention is paid to the risks of a new medicine, like serious side effects. Marketers want their product presented in the best possible light, and false or misleading claims can slip in. In contrast, DTC advertising of a non-prescription product doesn’t have to mention ANY side effects, because the FTC doesn’t require it. There is concern about this lack of balance, especially when a prescription medicine gets approval to become OTC, such as omeprazole (Prilosec®) or naproxen (Aleve®). Just because a medicine no longer requires a prescription doesn’t mean the risks of having side effects magically disappear. The only type of advertisement that forces the manufacturer to mention the risks of taking a particular medicine is a product promotion advertisement of a prescription-only medicine. Reminder ads, help seeking ads and OTC medicine advertisements don’t list serious side effects because they aren’t required to.

Dr. Louise Achey, Doctor of Pharmacy is a 38-year veteran of pharmacology and author of *Why Dogs Can’t Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Your questions and comments are always welcome at [www.AskDrLouise.com](http://www.AskDrLouise.com)



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Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
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Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
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Pastor Lilia Felicitas - Malana

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Meeting at The Conservatory, back entrance of Apple Annie’s
Underground High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at - 206 Vine
Lead Pastor, Steve Haney
Pastor, Andy Robinson
Pastor, Joyce Williams
Ian Ross, Director of Operations
Steffanie Haney, High School Director
christcentercashmere.com

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Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
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5th Sunday Morning Prayer 9 a.m.
Deacon Carol Forhan - 670-1723
Vicar Rob Gohl - Cell - 860-0736

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Morning Worship - 11 a.m.
Evening Service - 6:00 p.m.
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CONTRIBUTED PHOTO BY TRAVIS FOX.  
Bella Fox has competed in biathlon since she was 9 years old.

## Fox travels to Europe for biathlon camps

By AL STOVER

Biathlon has brought Cashmere High School freshman Bella Fox to many places. Now the sport will take her to Europe where she will meet professional biathlon athletes and watch them perform on the sport's grandest stage.

Fox, who has competed in the sport since she was 9 years old, will travel to two biathlon camps in the next couple of months. The first camp is in February, organized by the U.S. Biathlon Association, and will be held in Germany.

In March, she will attend a camp in Ostersund, Sweden, hosted by the International Biathlon Union (IBU). During her time in Ostersund, Fox and the other attendees will have an opportunity to watch the Biathlon World Championships 2019 with other spectators.

As the name suggests, biathlon is a combination of two sports. The first component consists of athletes of Nordic skiing on a course. The second part of the competition requires athletes to shoot targets with a rifle. Fox said younger athletes will lay down and shoot prone targets while competitors who have more experience will stand and fire at standing targets.

"When you start out, it's really easy but as you get older, it becomes difficult," Fox said. "It's kind of hard to get used to all of the new things you have to do."

In the beginning of her biathlon days, Fox used a cheek rest while shooting her targets. Now she utilizes a sling and

a cuff. She added that older competitors can carry their rifles on their back while they are skiing.

Fox's father, Travis Fox, said the U.S. Biathlon Association contacted him about the IBU organizing a camp for up-and-coming junior competitors, and wanted one boy and one girl to represent each country. Bella Fox's application was selected from among the girl competitors in the U.S.

Bella Fox is no stranger to traveling for biathlon. She has participated in biathlon camps, including a week-long camp in Bozeman, Montana, last summer. She has also traveled to Canada for biathlon competitions and skied at Olympic venues.

The CHS freshman said she is excited for the opportunity to participate in the upcoming camps as well as meet athletes from the U.S. team and other countries who will be participating in the World Championships. She will also have a chance to ski on the same courses and shoot at the same targets as the competitors. She was also happy to be selected from the applicants, though did not expect her application to be picked.

Travis Fox said he was "blown away," when he his daughter was chosen to attend the camp. He also did not realize the athletes would get to attend the Biathlon World Championships, which he and Bella Fox had watched on television.

"This is the biggest race in the world for biathlon," Travis Fox said. "It's like the Super Bowl over there. The grand stands will be filled between

20,000-40,000 people."

Bella Fox said her father introduced her to biathlon when she was younger, and she instantly fell in love with the sport.

She began competing with the Methow Valley Biathlon team in Winthrop, Washington. Her introduction to the sport included safety training, and learning how to handle a rifle. She also made friends with many of the kids on the Winthrop team, and at the camps and competitions she has attended.

Travis Fox, who competed in biathlon when he was younger, said competitors have to learn how to be disciplined and manage different tasks, such as skiing fast on a course, then transitioning to the shooting portion of the event.

"You have to completely change your focus and not be distracted by your surroundings, and by the fact you had a really difficult ski," Travis Fox said. "And when you get done (with shooting), you have to ski really fast again. It's repeated throughout the race."

Travis Fox added that biathlon has taught his daughter how to perform under pressure.

In addition to biathlon, Bella Fox competes in Nordic skiing, which she has done since she was a small child. She also participates in NRL22 shooting competitions at the North Central Washington Gun Club, and was invited to compete in the 2018-19 NRL22 Championships in May. She also competed on the CHS Cross Country team in the fall and was an alternate at the 2018 1A State Championships.

Bella Fox said she enjoys both the Nordic skiing and shooting components of biathlon. Travis Fox noted that one of the best feelings his daughter gets during a competition is when she makes a "clean shoot," where she hits all of her targets.

"You have to do penalty laps for every target you miss," Bella Fox explained. "So when you don't have to that, it's pretty cool."

Bella Fox will miss some school to attend the camps, though she has learned time management skills, which have helped her stay on top of her grades and homework.

As for her future in the sport, Bella Fox said she is not sure whether or not she will pursue biathlon at the professional level.

"I'd like to see where it takes me," she added.

## Mongeon returns to coach Lady Bulldogs softball



PHOTO BY AL STOVER/CVR.

Coach Steve Mongeon led the Lady Bulldogs fastpitch softball team during the 2017 season.

By AL STOVER

Lady Bulldogs softball fans may notice a familiar face returning to the team this spring.

Former Head Coach Steve Mongeon returns to lead the Cashmere High School fastpitch-softball team for the 2019 season.

Mongeon was the Lady Bulldogs' head coach during the 2017 season where the team finished in the first round of the District 6 tournament.

He took a year off from coaching because he wanted to watch his daughter, Sydnee Mongeon, play softball for the Community Colleges of Spokane.

Mongeon said he heard the softball head coach position was open for 2019 and thought

he would give coaching another shot. He later applied for and was offered the job.

Mongeon, who played baseball in high school, helped coach in rec league teams and traveling ball clubs his daughters played for. He had also coached AAU basketball. He said the most difficult part of transitioning from a basketball coach to a softball coach were organizing practices.

"I can plan a basketball practice in five minutes," Mongeon said. "With softball I had to spend more time getting my game plan together. That was the biggest difference, but the kids are still the same. They want to learn, and we try to get them excited about it. That part is all the same."

On Jan. 9, Cashmere High School held an event

Mongeon met athletes who were committed or at least interested in coming out for softball. He said many of the freshmen and sophomore athletes who attended the meeting were girls he coached in basketball at the grade school level.

Even though softball season does not start until the last week of February, Mongeon is already gearing up for the challenge of bringing the Cashmere program back to a "competitive level where we used to be." He is also excited to spend time with athletes who have a strong interest in softball and helping them develop their skills.

"I'm looking forward to working with kids, seeing their improvement and helping them progress towards a goal," Mongeon added.

## Cashmere battles Okanogan, Chelan in final league double dual

By AL STOVER

The Cashmere High School wrestling team finished their regular season on Jan. 22 with a Caribou Trail League double dual in Okanogan.

The Bulldogs began the evening with a 45-36 win over Okanogan.

The majority of Cashmere's wins came from forfeits. Tucker Weatherman earned a 3-2 decision over Sterling Rich. Cashmere Head Coach Ken Hoyt said Okanogan had several wrestlers missing from their lineup, though he was pleased with how tough the Bulldog wrestlers competed during the dual.

After the victory over Okanogan, the Bulldogs endured a close 39-34 loss to Chelan.

Weatherman earned his second win of the night after pinning Eric Alcala in the second period of their match. Hoyt said he was pleased with Weatherman's effort during the bout.

Duke Odenrider scored a first-period pin over Skye Malone. Hoyt said Odenrider's pin was a big victory for the team, and the Cashmere wrestler continues to get better. Hoyt was also happy with Whelan Gillikin, who scored an 11-1 majority decision over Gilberto Mora.

Bryson Pratt lost to Eric Alcala via pin. Although Pratt suffered the defeat, Hoyt said the athlete continues to progress, despite only having six matches for the season.

Aaron Guerrero lost a close 8-7 decision to James Austin. Hoyt said Guerrero wrestled tough but Austin managed to capitalize on his opponent's mistakes. Guerrero came back strong in the third period and had an opportunity to secure a pin, but ran out of time.

"I think he learned from his mistakes," Hoyt said. "Aaron is one of the most thoughtful wrestlers and he won't make the same mistakes."

All in all, Hoyt was happy with Cashmere's performance against a tough team like Chelan.

Cashmere secured fourth place in the conference standings with a league record of 3-5. The Bulldogs mat squad had a week of rest and preparation before the District 6 Tournament on Feb. 2 at the Ken Doane Gym in Cashmere.

Hoyt said the Cashmere

coaching staff will prepare the team for districts the same way he has always done in the past.

"We'll slow it down when it comes to technique," Hoyt said. "We'll then speed it up. We coach more intense and more precise. Hopefully they respond to it. Last year they responded well."

He described the postseason as the "toughest time of the year," and noted that all of the teams, like Cashmere, will focus on resolving past mistakes from duals and tournaments.

With Cashmere hosting districts, Hoyt said he would like to see Bulldog fans fill the stands.

"It's important to have the fanbase behind us," Hoyt said. "I want to try to get back to the old school success, but we need that old school support from our community."

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Jan. 22	Cashmere 45, Okanogan 36
Jan. 22	Cashmere 34, Chelan 39

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Leavenworth Enzian Inn, is hiring for full and part-time Housekeeping/ Laundry / Bed Makers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 - 4:00 daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person  
Enzian Inn  
590 US Hwy. 2  
Leavenworth



WAPATO POINT

HOUSEKEEPING MANAGER

We are seeking a full time Housekeeping Manager who is creative, energetic and knowledgeable of housekeeping management responsibilities in a resort/ hotel environment. Salary DOE plus full time benefits.

ASSISTANT HOUSEKEEPING MANAGER

We are seeking a full time Assistant Housekeeping Manager who will assist the Housekeeping Manager in running a smooth operation. Salary DOE plus full time benefits.

Submit your resume, Wapato Point Application and Background Screening forms (forms can be downloaded at [www.wapatopoint.com](http://www.wapatopoint.com) under Contact tab) to Director of HR, Wapato Point Management Company, PO Box 426, Manson WA 98831.



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HELP WANTED



Join Team Slidewaters for a summer of fun work with the #bestsummerjobever! Slidewaters & Lakeside Surf are now hiring for all teams. We have positions available on the Kitchen Team, Guard Team and newly formed Surf Team. Learn valuable life lessons while having a fun at work. Make life long friends and skills as you interact with co-workers and guests. We offer competitive wages with numerous opportunities for advancement, bonuses, prizes and freebies! We want to find happy people that can help make our guests happy! If you are happy and responsible, then we want you to join Team Slidewaters. <https://www.slidewaters.com/ncwmedia-team-member-opportunities>

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**  
Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

HELP WANTED

City of Pateros  
Parks/ Public Works  
Department

The City of Pateros has a current opening in the Parks/ Public Works Department. This position is a non-exempt position performing manual to journey level work in the parks, streets, buildings and utilities of the City of Pateros.

This is a full time position, wage scale ranging from \$3,207 to \$3,336 per month plus benefits. Desirable qualifications include a valid commercial driver's license, Public Pesticide License, irrigation and landscape maintenance, water certifications and heavy equipment operation. The position requires the ability and willingness to perform manual labor, including lifting of heavy objects. Background check and drug test will be required before hiring. Applicant must have a valid WA State Driver's License and provide current driving record from DOL. Experience in similar position is desirable.

A complete job description and application can be obtained by calling (509) 923-2571, or email [pateros@swift-stream.com](mailto:pateros@swift-stream.com) When submitting application, please include a resume and cover letter. Position is open until filled.

HELP WANTED

Full and Part-Time  
Breakfast Catering  
Staff

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth.



CASCADE  
SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following positions:

Early Childhood Program Sign Language Interpreter

Alpine Lakes Elementary Title 1/LAP Para Educator (Temporary Replacement)

Fast Track application process and information can be found on our website at: [www.cascadesed.org](http://www.cascadesed.org) EOE

[www.leavenworthecho.com](http://www.leavenworthecho.com) • [www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

TRYING TO AMBUSH A BUYER?

Here's a better option Advertise it on NCWMarket.com

Run it till it sells - Automotive (\$25.00)  
Don't just park your car on the side of the road with a "For Sale" sign!

Promote it on the web for one low price where local buyers can see it at their leisure.

• Includes up to 3 photos  
• Includes video  
• Unlimited description  
• Google map to your location (or you can opt out)  
• Privacy link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it. You can renew it for an additional 12 months at no additional charge.

CROSSWORD PUZZLE

THEME: CIVIL RIGHTS

ACROSS

1. Forever and a day  
5. Organ of balance  
8. What Jack Sprat couldn't eat  
11. Quinceanera or bat mitzvah  
12. Wagon part  
13. You can count on these  
15. Heart of the matter  
16. Perceive by touch  
17. Fedora part, pl.  
18. "Voter test, now illegal  
20. Ireland's other name  
21. Written corrections  
22. One from Laos  
23. Kind of acid  
26. "Segregation laws  
30. "Stop segregation, e.g.  
31. 40 winks  
34. Zeus' wife  
35. Nadya Suleman's children, e.g.  
37. Subject of "Philadelphia" movie  
38. Kind of southern pie  
39. Chico or Groucho  
40. Cured sausage  
42. Member of Shoshonean people  
43. "Montgomery Bus  
45. Produced by inbreeding  
47. Brown league  
48. Kind of ray  
50. Flying toy  
52. "He challenged nonviolence  
55. Juice alternative  
56. Craving  
57. Evening in Italy  
59. Dead to the world  
60. Harry Potter's mark  
61. Wet nurse  
62. Ottoman officer title  
63. Café alternative  
64. Kind of bean

DOWN

1. "The \_\_\_\_\_ of the moral universe is long but it bends toward justice"  
2. Lena Dunham or Allison Williams, 2012-2017  
3. Red carpet purse  
4. The Brady Bunch children, e.g.  
5. Permission for absence from a college  
6. Smart \_\_\_\_\_, pl.  
7. Be dependent  
8. " \_\_\_\_\_ Housing Act  
9. Climber's destination  
10. " \_\_\_\_\_ the season ..."  
12. "Mandela presided over its southernmost country  
13. Perpendicular to the keel  
14. French bun  
19. Authoritative proclamation  
22. Not to be given to those in authority  
23. Manhattan Project invention  
24. Chocolate tree  
25. "Dear Diary..." note  
26. Cup of joe  
27. Happen again  
28. Do like Demosthenes  
29. What moon did  
32. Not this  
33. Bupkis  
36. Oscillator, e.g.  
38. '70s Ford model  
39. Farm pen  
41. Meat grinder, e.g.  
44. For all to see  
46. Model-builder's wood of choice, pl.  
48. " \_\_\_\_\_ on Washington  
49. Blue-Green scum  
50. "Nobel Peace Prize winner  
51. Light bulb  
52. Necessary thing  
53. Office dispatch  
54. Roentgen's machine  
55. Langley, VA org.  
58. "Eureka!"

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SUDOKU PUZZLE

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The support you need to find quality SENIOR LIVING SOLUTIONS

A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.

There's no cost to you!  
CALL (855) 439-6734  
! We're paid by our partner communities




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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



HELP WANTED



**Front Office Receptionist**

The Leavenworth Echo Newspaper is looking for an outgoing individual to serve as a receptionist Monday- Friday. 9-5. A qualified individual will answer phones, take classified and legal ads, and other office duties. A qualified individual must have good customer service skills, adept at utilizing computer systems and software including Excel and Word. Accurate typing, spelling, and good math skills. Dependability and dedication are important work skills for this rare opportunity. Interested applicants can send a resume to: Attention: Publisher P.O. Box 39 Leavenworth, WA. 98826 Or bring in a current resume to The Leavenworth Echo 215-14th St. (9 a.m. to 5 p.m.)

PUZZLE SOLUTION

AGES	EAR	FAT
RITE	AXLE	ABACI
CRUX	FEEL	BRIMS
LITERACY	EIRE	
EDITS	LAO	
ACETIC	JIMCROW	
BAN	CATNAP	HERA
OCTET	HIV	PECAN
MARX	SALAMI	UTE
BOYCOTT	INBRED	
IVY	MANTA	
KITE	MALCOLMX	
CIDER	URGE	SERA
INERT	SCAR	AMAH
AGA	THE	SOYA

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1	7	6	5	8	2	4	9	3
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3	8	9	6	7	4	2	5	1

APPLIANCES

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

*Your ad will appear online and in the newspaper for one low price.*

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**

Deadline Tuesday at noon for the paper **Quad City Herald**

GENERAL MERCHANDISE



Craftsman model #351.217170 wood lathe with wood top bench, and turning tools. Lathe will take up to 36" turning stock, and variable speed. Unit is in perfect shape. Has approximately 300 hours of use. \$200. 206-940-4849.



**HOT AND SIZZLING REAL ESTATE SIZZLE**

Advertise on our website for one low fee

**NCW Market.com**

Run it till it sells \$100

Includes up to 5 photos Unlimited description Google map (optional) Privacy Link

GENERAL MERCHANDISE

**CARDS, CARDS**

Leavenworth cards. sayings like Happy Birthday, Miss you, Wish you Were Here (in Leavenworth) and others.

Regular cost \$3.99 now selling for \$1.50 with all proceeds going to the Autumn Leaf Festival Association.

Come in today and pick one or more up and donate to a family friendly organization. See them at The Leavenworth Echo, 215-14th Street. Open 9-5 weekdays.

BUSINESS EQUIPMENT

New, Cookshack, portable smoker model #SM160 with five racks, on casters. Unit capacity is 120# pork butts, 100# brisket, 50# ribs, or 20 chickens per load) 20 1/2" w x 26" dx 50" h. Asking \$3200. cash. Tom@foodmarketdesigns.com See info on NCWMarket.com

PUBLIC NOTICES

**SUMMONS BY PUBLICATION**

No. 18-2-01186-04

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**

RAYMOND C. SCHMITTEN, a married man as his separate estate, Plaintiff, v. PABTISTINE JUDGE and any Unknown Heirs and devisees of PABTISTINE JUDGE; also ALL OTHER PERSONS OR PARTIES UNKNOWN CLAIMING ANY RIGHT, TITLE, ESTATE, LIEN, OR INTEREST IN THE REAL ESTATE DESCRIBED IN THE COMPLAINT HEREIN, Defendants.

THE STATE OF WASHINGTON to all defendants, named and unknown:

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty days after January 9, 2019, and defend the real property quiet title action in the Chelan County Superior Court, and answer the complaint of the Plaintiff, Raymond C. Schmittten ("Plaintiff"), and serve a copy of your answer upon the undersigned attorney for Plaintiff, at his office below stated; and in case of your failure so to do, judgment will be entered against you according to the demand of the complaint, which has been filed with the clerk of said Court.

The object of this action is to quiet title in Plaintiff and eliminate any and all interest any defendant may have, if any, in and to a parcel of real estate situated in Chelan County, Washington, more particularly described as follows:

Parcel A: The southerly 30 feet of that portion of the west half of the southwest quarter of Section 3, Township 23 North, Range 19, East of the Willamette Meridian, Chelan County, Washington, described as follows: beginning at the northeast corner of said subdivision and run west on the north line thereof 330.4 feet; thence SOUTH 1332 feet, more or less, to the north bank of the Wenatchee River; thence southeasterly along said north bank to the east line of said subdivision; thence north 1605 feet, more or less, to the point of beginning; AND

Parcel B: That portion of the southwest quarter of the southwest quarter of Section 3, Township 23 North, Range 19, East of the Willamette Meridian, Chelan County, Washington, lying north of the Wenatchee River. Plaintiff seeks no monetary relief from any defendant. DATED this 3rd day of January, 2019.

J.C. BROWN LAW OFFICE, PLLC

By: /s/ Joseph C. Brown, Jr., WSBA No. 17991 200 Aplets Way, PO Box 384 Cashmere, WA 98815

Published in the Cashmere Valley Record/ Leavenworth Echo on January 9, 16, 23, 30, February 6, & 13, 2019. #84064

PUBLIC NOTICES

**SEPA MITIGATED DETERMINATION OF NONSIGNIFICANCE (MDNS) WAC 197-11-350**

DESCRIPTION OF PROPOSAL: The Chelan County PUD proposes to improve channel flow through a wetland off of Chumstick HWY in order to minimize water contact time and restore the historic water surface elevation within the wetland. The primary project area would be located on PUD parcel #241701410000, next to the Chelan Fire District #3 Station. Trenching work would take place between July 1 and September 30 when the water level within the wetland is at its lowest point of the year. The purpose of the project is to improve channel flow through the wetland in order to minimize water contact time and restore the historic water surface elevation within the wetland. By performing this maintenance work, including the cleaning out and re-trenching of the existing historic catchment basin and drainage ditch from the culvert outfall under the existing historic railroad bed to the edge of the PUD property, the amount of water that backs up into the wetland would be restored to historic levels and would limit upstream flooding and the expansion of the wetland onto the neighboring residential parcels. Approximately 211 linear feet of catchment basin and historic drainage ditch would be re-trenched utilizing a tracked CAT 308 Class mini excavator and a tracked CAT 323 Class excavator to a depth of 2 feet deep and 4 feet wide. Approximately 8 cu. yards of sediment would be removed from the catchment basin and drainage ditch and would be disposed of at an appropriate upland location. Approximately 844 sq. ft of reed canary grass (Phalaris arundinacea) and broad leaf cattail (Typha latifolia) would be removed from within the drainage ditch. A check dam composed of approximately 0.2 cu yds of 4-inch Ø quarry spalls would be installed at the outflow of the wetland to a height of 1.5 feet at its center point. Excavation equipment and dump trucks would enter the site from the access easement located on the Fire District property and the subject property. All enhancement planting would be located on the south side of the property.

LOCATION OF PROPOSAL: PUD parcel #241701410000, next to the Chelan Fire District #3 Station.

PROPOSANT/ LEAD AGENCY: Chelan County PUD

RESPONSIBLE OFFICIAL: Edrie Risdon

POSITION/ TITLE: Permit Coordinator, Chelan County PUD

ADDRESS: P.O. Box 1231 Wenatchee, WA. 98807

DATE: January 23, 2019 SIGNATURE: \_\_\_\_\_

The lead agency for this proposal has determined that it does not have a probable significant adverse impact on the environment subject to the stipulated mitigations under the State Environmental Policy Act Rules. The lead agency has determined that there are no probable significant adverse impacts that cannot be mitigated and has issued a Mitigated Determination on Non-significance. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.

MITIGATING CONDITIONS: Trenching operations shall only be conducted when the water level is at its lowest point of the year (July 1-September 30). Vegetation removal within the wetland will be limited to herbaceous species such as reed canary grass (Phalaris arundinacea) and broadleaf cattail (Typha latifolia). No mature woody vegetation shall be removed from the wetland during trenching. Native wetland vegetation shall be planted along the southern portion of the parcel to mitigate for potential impacts resulting from accessing the project through the buffer and trenching within the wetland. Water entering the wetland shall be collected and pumped around the project location during construction. Water exiting the wetland shall be monitored for turbidity during and after project completion. If turbidity levels exceed DOE standards, all work will be halted until the issue can be resolved. Permits from all agencies with jurisdiction must be obtained prior to beginning any work on the site.

This MDNS is issued under WAC 197-11-340(2); the lead agency will not act on this proposal for 14 days from the issue date. Comments must be submitted by February 6, 2019.

Published in The Leavenworth Echo/ Cashmere Valley Record on January 30, and February 6, 2019. #84233

PUBLIC NOTICES

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF SPOKANE**

In the Matter of the Estate of, **BONNIE MARTINELL,** Deceased.

No. 19400064-32

**PROBATE NOTICE TO CREDITORS**

The co-personal representatives named below have been appointed as Co-Personal Representatives of this estate. Any person having a claim against the Decedent that arose before the Decedent's death must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Co-Personal Representatives or the CO-Personal Representatives' attorney at the address stated below a copy of the claim, and filing the original of the claim with the Court. The claim must be presented within the later of: 1) thirty days after the Co-Personal Representatives served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or 2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim will be forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets.

Date of First Publication: January 23, 2019

Co-Personal Representatives: HEIDI STRASSER CHRISTIAN BAILEY Attorney for Personal Representative: William A. Buckholdt Randall I Danskin PS Address for Mailing or Service: 601 W Riverside Ave., Ste 1500 Spokane WA 99201

DATED this 15th day of January, 2019.

HEIDI STRASSER CHRISTIAN BAILEY

Presented by: RANDALL I DANSKIN PS

By WILLIAM A. BUCKHOLDT, WSBA #29833 Attorneys for Estate

Published in The Leavenworth Echo/ Cashmere Valley Record on January 23, 30, and Feb.6, 2019. #84198

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JOHN V. CAVALLINI, SR., Deceased

NO. 19-4-00023-04

**PROBATE NOTICE TO CREDITORS** (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: 01/16/2019

By /s/ Joel G. Vincent JOEL G. VINCENT, Personal Representative Address: 6729 73rd St NE Marysville, WA 98270

Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By /s/ Evan M. McCauley Evan M. McCauley, WSBA No 44285 P.O. Box 1688 Wenatchee, WA 98807-1688

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JIM M. VINCENT, Deceased

NO. 19-4-00010-04

**PROBATE NOTICE TO CREDITORS** (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

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Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By /s/ Evan M. McCauley Evan M. McCauley, WSBA No 44285 P.O. Box 1688 Wenatchee, WA 98807-1688

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JIM M. VINCENT, Deceased

NO. 19-4-00010-04

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NO. 19-4-00010-04

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NO. 19-4-00010-04

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NO. 19-4-00010-04

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The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: 01/16/2019

By /s/ Joel G. Vincent JOEL G. VINCENT, Personal Representative Address: 6729 73rd St NE Marysville, WA 98270

Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By /s/ Evan M. McCauley Evan M. McCauley, WSBA No 44285 P.O. Box 1688 Wenatchee, WA 98807-1688

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JIM M. VINCENT, Deceased

NO. 19-4-00010-04

**PROBATE NOTICE TO CREDITORS** (RCW 11.40.030)

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PUBLIC NOTICES

**NOTICE OF PUBLIC HEARING**

NOTICE IS HEREBY GIVEN that the Hearing Examiner for the City of Leavenworth will hold a Public Hearing to consider and make a decision on two applications. The Hearing will be held at 10:00 AM, Monday, February 11, 2019 in the Council Chambers at City Hall, 700 Highway 2, Leavenworth, WA.

•Fletcher Variance, file VAR 2018-03, Todd Smith (agent) on behalf of Josh Fletcher (contact) is requesting a variance to reduce the front yard setbacks from 25' to 10' for property located west of Mill Street, north of West Commercial Street along Highway 2, addressed NNA State Highway 2, Leavenworth WA, parcel number 241711140175, within the Tourist Commercial zoning district.

•McDevitt Plat, file MS 2018-01, Jordan McDevitt (owner) is requesting a Major Subdivision creating 16 single family residential parcels approximately 0.13 acres each for property located, just north of Pinegrass Street, addressed NNA Ski Hill Drive, Leavenworth WA, parcel number 241701320065, within the Residential Low Density 6,000 (RL-6) zoning district.

The public is encouraged to attend and provide comment and/or provide comment to Development Services prior to the hearing. Materials may be viewed, during normal business hours at City Hall or on the City's website at <http://cityofleavenworth.com/city-government/development-services-department/land-use-applications/>. Questions may be directed to Development Services, phone (509) 548-5275 or email [dsmanager@cityofleavenworth.com](mailto:dsmanager@cityofleavenworth.com)

Published in The Leavenworth Echo/ Cashmere Valley Record on January 30, 2019. #84243

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JOHN V. CAVALLINI, SR., Deceased

NO. 19-4-00023-04

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DATE OF FIRST PUBLICATION: January 23, 2019

By GWEN L. CAVALLINI, Personal Representative Address: 1005 Fuller Street Wenatchee, WA 98801

Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By EVAN M. MCCAULEY, WSBA No. 44285 P. O. Box 1688 Wenatchee, WA 98807-1688

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE**

In the Matter of the Estate of JOHN V. CAVALLINI, SR., Deceased

NO. 19-4-00023-04

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In the Matter of the Estate of JOHN V. CAVALLINI, SR., Deceased

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**IN THE SUPERIOR**