



From left to right: Shirley Dunlap, Jessica Van Lith, Hailey Van Lith, Pam Van Lith , Debra Peters and Corey Van Lith. Back Row: Gary Peters.

PHOTO BY AL STOVER/CVR.

## Van Lith named WIAA Athlete of the Week

By AL STOVER

The Washington Interscholastic Activities Association named Cashmere High School's Hailey Van Lith for 1A Basketball for Week 20 for her performance in the Jan. 22 game against Omak.

Van Lith scored 40 points, had nine rebounds, six assists and six steals in the Lady Bulldogs' 72-28 victory against the Lady Pioneers.

The WIAA Athlete of the Week nod was not the only accolade for Van Lith. During the Jan. 29 game against Omak, the junior point guard broke 2,000 career points. In the Jan. 31 win over Cascade, Van Lith tied her record for most points in a single game with 52, and broke the CHS record for most three-pointers in a single game with 12.

Minutes before the Cashmere High School boys basketball game on Jan. 29, friends, family and Bulldog basketball fans gave Van Lith a standing ovation for breaking 2,000 points.

## Cashmere School District puts drafting tables on public market

By KALIE DRAGO

School supplies come in many forms: highlighters tucked away in a pencil pouch, binders color coordinated for different subjects like math and history and even drafting tables used for design. Drafting tables are tables with an adjustable surface to shift into a sloping position for designing and artwork. Recently the Cashmere School District has decided to surplus ten of their drafting tables and made them available to the public for purchase.

"These tables were used for a drafting class that was taught some years back. They sit rather high off the ground so that a person could use a high stool or chair to slide up to the table. The table top is also divided into three sections with the outside two sections having the capability of tilting up, from the back of the unit, at various angles to facilitate drawing, drafting and so on," said Cashmere School District Maintenance Supervisor, Larry Rose.

The drafting tables were initially surpluses back in November according to Rose. On November 26, other school districts and state agencies were alerted the drafting tables were up for grabs and had a grace period of 30 days to react.

"We had no interest shown during that time period so at the end of December they were posted on the school district website for sale on a first come first served basis. We had a couple of inquiries but no purchase of any of the tables so now we are listing them on others venues such as paid classified ads, craigslist and so one," said Rose.

Interested buyers are invited to come examine and see the drafting tables in person and can contact Rose at either 782-4706 or lrose@cashmere.wednet.edu.

"There is no minimum asking price as the district would like to dispose of all the drafting tables in a timely manner if at all possible," said Rose.

For any offers to be made, it should done so through Cashmere School District Business Office, Angela Allred will assist.

## Kashmir Gardens - 70 years later and hoping for a future



PHOTO BY KALIE DRAGO/NCW MEDIA.

Here is Sherrie tending to her flowers and planning ahead for the upcoming influx of customers for Valentine's Day

By KALIE DRAGO

Record Reporter

Fresh corsages for prom, condolences in the form of tulips and the timeless roses for that special someone - Kashmir Gardens has been behind many of these thoughtful gifts, pivotal moments and celebrations exchanged in the Cashmere community. Sherrie and Dan Kill are the owners and florist behind Kashmir Gardens creations.

"In a small town like this, to have a flower shop surviving is almost a miracle," said Dan.

Kashmir Gardens has been a staple in Cashmere since 1949 and has remained a prominent business since. The local florist shop celebrated its 70th birthday and Kill herself has been a florist for 42 years - so experience, tradition and familiarity are huge aspects of Kashmir Gardens.

"(My favorite part of my job) the free range of artistry and creativity I get to have and the other aspect is just being there for my community. Being

able to see the people I grew up with and feel like I'm doing a good job for my community," said Sherrie.

Sherrie spent two years in Wenatchee learning the tricks of the trade before taking her talent back to her hometown community, Cashmere where she has spent the bulk of her 42 year career serving the town. Dan's mother previously worked for the former owners until she bought Kashmir Gardens which was later taken over by her daughter in law and son - the Kills. Even as ownership may have transferred title wise, the same dedication to serving the community with good product has remained static.

"(I like being a business in Cashmere because) you're providing a service to people you've known your whole life and new people. Over forty years I've done at least a couple of generations of dances... and then that leads to weddings and then other life instances down the road - happy and sad," said Sherrie. I've done the parents and then I've done their kids."



PHOTO BY KALIE DRAGO/NCW MEDIA.

Pictured are Sherrie and Dan Kill owners and florist at Kashmir Gardens.

The Kills have seen many Cashmere locals trickle in and out of their shop over the years. However, beyond just being the stop for wedding arrangements or last minute 'I forgot the anniversary' flowers - the Kills have provided services to the community at no expense. They have donated to the Cashmere School District along with helping out with the Cashmere Royalty Pageant.

After building such a successful foundation for their flower shop in this community, the Kills may be ready to retire but not ready to close up Kashmir Gardens for good.

"We've survived because we provide excellent product and great service - that's how you do it," said Sherrie.

A little over a year ago, Sherrie Kill decided to join her husband in retirement and put up both the building and the business for sale. If the building is sold before the business, then Kashmir Gardens will have to close shop for good - which the Kills would like to avoid.

"I want to carry on the tradition of providing floral product to my community but there's also a big market for growth because Leavenworth doesn't have a flower shop anymore and I'm the only one at this end of the Valley," said Sherrie. "I would hate to see the tradition of Kashmir Gardens go away."

For future owners looking to arrange bouquets, make people's day with deliveries and really tap into their creativity - the Kills would be willing to pass over the torch.

"Creativity number one, good business ethic and treating people with respect and compassion because my business is a business of emotions," said Sherrie. "We call ourselves the doctors of love here."

With Valentine's Day on the horizon, Sherrie is bracing herself for the busy time of year as she plays cupid with her arrangements - but also eyeing retirement on the horizon with anticipation as well. The Kills want to keep the Kashmir Gardens the staple it has been for the community.

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■ COMMUNITYCALENDAR

Wednesday

**Cashmere Rotary Club, Noon,** Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.

**Cashmere Food Bank,** 3:30p.m.-5:00p.m.,Cashmerefooddistribution center, 109 “C” Railroad Avenue, for more information call Jim, 741-7551. **(2nd and 4th Wed.& Thurs.)**

**Tillicum Riders Drill Team,** 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.

**Cashmere Park and Recreation Committee,** 6:30 p.m., City Hall. Call 782-3513. **(last Wed. of each month.)**

**The Underground Youth Group, sixth to eighth graders.,** 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

**Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. **(2nd and 4th Thursdays)**

**Cashmere Food Bank,** 3:30-5 p.m., Distribution Center, 109 “C” Railroad Ave., Call Jim, 741-7551. **(2nd and 4th Wed. and Thurs.)**

**Free weekly community meal,** 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.

For more information, please call 782-3811.

**Cashmere Sportsmen’s Gun Club,** 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

**American Legion Post 64. 7 p.m.,** American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 **(1st Thurs.)**

**American Lady’s Legion, 7 p.m.,** American Legion Hall, 401 Sunset Highway.Call President Linda Ingraham, 679-0243 **(1st Thurs.)**

Friday

**Evergreen Baptist Church Youth Group** (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

**Bingo, 6 p.m.,** American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. **(October to May)**

Sunday

**CHURCH:** See the church page for local service times and events.

**The Underground, youth group for high schoolers.** 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

**Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. **(2nd and 4th Mon.)**

**Young Life Club,** 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.

**Boy Scouts,** 7:00 p.m. Boy Scout building, 201 Riverside Drive. Call Scoutmaster, Jim, 783-3513.

**Tillicum Riders:** 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. **(1st Mon.)**

**Cashmere City Council,** 6 p.m., City Hall **(2 & 4th Mon. of each month (unless a holiday, then Tuesday).**

**Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).**

**Cashmere Fire Department,** Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. **(3rd Mon.)**

**Cashmere Fire Department,** meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. **(3rd Mon.)**

**Cashmere School Board,** 6:30 p.m., School District Office. Call 782-3355. **(4th Mon.)**

Tuesday

**I.P.I.D. meeting,** 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. **(2nd Tues.)**

**Ministerial Association,** 8:00 a.m., Epledalen lunchroom, Call 782-7600. **(2nd Tues.)**

**Cashmere Chamber of Commerce.** Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. **(3rd Tues.)**

**Monitor Homemakers,** Noon. location varies.Call Florence, 663-1570. **(2nd Tues.)**

**Buns, Books and Tea, Peshastin Book Club,** Peshastin Library. Call Kathy, 509-433-1345. **(3rd Tues.).**

Ongoing events

**Cashmere Public Library: 782-3314**

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.

Thursday: 11:00 a.m.- 8:00 p.m.

Saturday, 9:00 a.m.- 1:00 p.m.

Sunday: Closed.

Events:

Tuesday & Wednesday, **Story time Pre-K & up** 10:00-10:30 a.m.

Wednesday: **Preschool Story time,** 10:00-10:30 a.m.

Wednesday: **Bilingual Story time,** 4:30-5:00 p.m.

Thursday: **ATLAS events,** 3:30- 5:00 p.m. **(during school year)**

Friday: **Baby/Toddler Story time,** 10:30-11:00 a.m.

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting,

7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230. **(3rd Thurs.)**

Regional events

**Leavenworth Fish Hatchery,** Daily: 8 a.m. to 3:30 p.m. Call 548-7641.

**SCORE,** (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. **(Tue. & Thurs.)**

**Cascadia Conservation District Board Meeting.** 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

## Cashmere

### Upper Valley PEO Scholarship

Application are now being accepted for this scholarship offered by P.E.O. Chapter JF for women residing in Chelan or Douglas County. The purpose of the scholarship is to assist women 30 years or older who are returning to or are currently enrolled in higher education in the state of Washington after a two-year or more absence. Deadline for applications is April 30, 2019. For more information contact Joyce Schiferl at royce.woody2@frontier.com

## Regional

### The Community Foundation of NCW

Now accepting applications for its scholarship program: The foundation manages over 100 unique scholarships that support high school seniors, current college students, and non-traditional students from North Central Washington who are planning to attend four-year colleges and universities, community colleges, and trade schools. Each scholarship has its own criteria and eligibility - most seek to support students who

have served their communities, show growth and potential, and demonstrate significant financial need. The application process is online and students can easily apply for multiple scholarships at once. The deadline is March 1. For more information, contact Jennifer Dolge, 663-7716

### Firewise Day, Preparation, Response, Recovery”

The Fourth Annual Firewise Day will be on Saturday, February 23 from 10 a.m.-1p.m. at Pybus Public Market. Representatives from various local organizations will share information and resources on creating defensible spaces, landscaping, disaster planning and the benefits of being a Firewise community. (er 6,7)

### Pybus Market Non-profit Day

The 5th annual Nonprofit Day is on Sat., March 23, 10 a.m.-2 p.m. and is now accepting applications from non-profits interested in participating. Space is limited to 40 non-profits and the participation fee is \$20. For more information call 888-3900 or aly.laris@pybusmarket.org (er 5,6)

### 4-H Fundraiser

The Chiwawa Valley 4-H



## CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

January 25

17:03 **Civil**, 310 Riverside Dr.

January 26

00:40 **Domestic disturbance**, 200 Apple Annie Ave., 59er Diner.

18:42 **Traffic offense**, 108 Cottage Ave., Club Crow.

January 27

05:44 **Public assist**, 207 River St.

14:54 **Theft**, 3601 Sells Motel Rd.

16:50 **Assist agency**, US Hwy 2 & Old Monitor Rd.

22:27 **Suspicious**, 5665 Locust Ln.

January 28

11:27 **Parking/abandon**, Hay Canyon Rd. MP 3.

12:32 **911**, 8153 Hall Rd., Dryden.

15:22 **Warrant**, 3717 Bridge St. #9, Monitor.

17:33 **Accident, no injury**, 5607 Sunset Hwy.

20:04 **Suspicious**, 305 Maple St.

21:23 **Traffic offense**, Mission Ave. & Blue Star Way.

January 29

09:08 **Fraud/forgery**, 329 Tigner Rd., Cashmere High School.

14:47 **Suspicious**, 0Blk Evergreen Rd.

16:20 **Fraud/forgery**, 53 Karl Downs Ln.

16:33 **Property**, 108 Cottage Ave., Club Crow.

16:46 **Public assist**, 5485 Mill Rd.

January 30

05:50 **Alarm**, 407 Aplets Way, Mile Post.

10:39 **Public assist**, 4445 Brisky Canon Rd.

10:54 **Welfare check**, 4902 Nahahum Canyon Rd.

13:18 **Public assist**, 7775 N. Dryden Rd., Dryden.

15:37 **Public assist**, 6125 Hay Canyon Rd. #4.

16:16 **Civil**, 7900 Stine Hill Rd. #5.

16:47 **Assist agnecy**, 6125 Hay Canyon Rd. #19.

January 31

10:34 **Fraud/forgery**, 202 River St.

12:02 **Public assist**, 5930 Sunburst Ln.

12:33 **Accident, no injury**, 4782 Old Monitor Rd.

16:07 **Parking/abandon**, Hay Canyon Rd. MP 3.

■ SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome,No cover charge

■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

**February 7,** Thursday, Hot beef sandwich, mashed potatoes, green beans, tossed veggie salad, peaches and pound cake.

**February 8,** Friday, Supreme pizza, Caesar salad, tropical fruit, garlic bread, dessert.

**February 9,** Sat. and February 10, Sun., No lunch.

**February 11,** Monday, Chicken burger deluxe, sweet potato fries, Waldorf salad, dessert.

**February 12,** Tuesday, Pot roast, roasted red potatoes, roasted carrots, spinach salad, whole wheat bread, or roll, berry and pudding parfait.

**February 13,** Wednesday, Chicken parmesan, rice pilaf, steamed broccoli, 7 layer salad, fruit crisp.

Youth Support Group is having a Spaghetti Feed and Silent Auction to help raise funds to support the 4-H kids at the

fair this year. All you can eat- \$10 adults, \$5 kids on February 16, at 5 p.m., at the Lake Wenatchee Rec Club. (er 6,7).

## Whatever Happened to Quinine for Leg Cramps?

**Q: I suffer from terrible leg cramps at night. My father always took quinine for his leg cramps, but it's not available any more without a prescription. Why is that?**

First there's some heavy breathing, then rolling around under the bedcovers, moaning and panting. No, this isn't a bedroom scene from an adult movie, it's my husband Charlie waking up in the middle of the night with a viciously painful cramp in his calf. Sometimes just stretching out his leg and pointing his toes relieves the knotted lump, but other times he rolls out of bed, hopping around trying to get his calf to relax enough so he goes back to sleep. It can be weeks between attacks or hit him several times in one night.

About half of American adults will occasionally experience a nocturnal leg cramp, and they become more common as you age. 70% of older adult's experience leg cramps at night, with powerful muscle spasms disrupting their sleep and causing leftover soreness the next day. Years ago, your father could buy quinine capsules containing 200mg or 300mg of quinine to help him battle this scourge of getting older.

Quinine comes from the bark of the cinchona tree, which grows wild in the Andes Mountains of Peru and Ecuador. Two prescription medicines are extracted from cinchona bark: quinine and quinidine. Quinine helps ease the fevers caused by malaria, while quinidine is a heart suppressant and used to control certain types of irregular heartbeat. Quinine's extremely bitter taste gives the characteristic "bite" to tonic water and vermouth, a flavored wine used in making martinis.

Today, quinidine has been replaced by less toxic and more effective heart medicines. Quinine interferes with signal conduction from your nerves to your muscles, and was sold without a prescription in drug stores for nocturnal leg cramps since the 1940s. Its safety was called into question as between 1969 and 2006 the Food and Drug Administration (FDA) received 665 reports of serious adverse reactions related to using quinine, including 93 deaths.

Quinine is responsible for a cluster of serious side effects named after it called cinchonism. Symptoms of cinchonism include ringing in the ears, dizziness, disorientation, nausea and loss of vision or hearing. Quinine can also cause a serious, potentially fatal irregular heartbeat called torsades de pointes. Just one dose of quinine has triggered life-threatening reactions like kidney failure, blood disorders and permanent loss of vision or hearing.

To protect the public, the FDA decided to restrict the use of quinine and ordered all manufacturers to stop

making it by February 13, 2017. A prescription version called Quaaliquin® was approved on August 12, 2005 by the FDA but only to treat malaria, not nocturnal leg cramps.

Some medicines can trigger nocturnal leg cramps, including water pills and some long acting inhalers used for asthma. Dehydration and sudden increases in activity can also increase the likelihood of experiencing a painful, sleep-disrupting charley horse.

### Here are 6 Ways to Prevent Painful Episodes of Nocturnal Leg Cramps:

**1. Avoid prescription medicines that can cause leg cramps.** Ask your doctor if you are on a medicine that can cause nocturnal leg cramps. All water pills and some long acting inhalers used for asthma can trigger leg cramps. Your doctor can taper your medicine or switch to a different one to see if helps decrease your episodes of nighttime leg cramps.

**2 Stay hydrated.** Many older adults cut back on fluids because they don't want to have to get up at night to urinate. Sudden increases in activity can also increase the likelihood of experiencing a painful, sleep-disrupting charley horse.

**3. Avoid taking certain types of acid blocking medicines.** Many people take a stomach acid blocking medicine like omeprazole (Prilosec®) or Prevacid® to prevent heartburn or stomach pain. These medicines reduce your ability to absorb vital minerals like magnesium and calcium, which may trigger leg cramps. Slowly switching from one of these medicines to ranitidine (Zantac®) or cimetidine (Tagamet®) may help.

**4. Try a multivitamin with minerals.** Taking either a magnesium or calcium supplement, or B vitamins have been shown to be helpful in preventing nocturnal leg cramps in some people.

**5. Avoid homemade tonic water.** In the United States, 8 ounces of commercial tonic water contains less than 10% of the typical quinine dose of 324mg, but making it yourself can create a much more potent and potentially dangerous product.

**6. Talk to your doctor.** If other interventions fail, ask your doctor about a trial of the prescription version of quinine, Quaaliquin®.

*Dr. Louise Achey, Doctor of Pharmacy is a 38-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at [www.AskDrLouise.com](http://www.AskDrLouise.com)*

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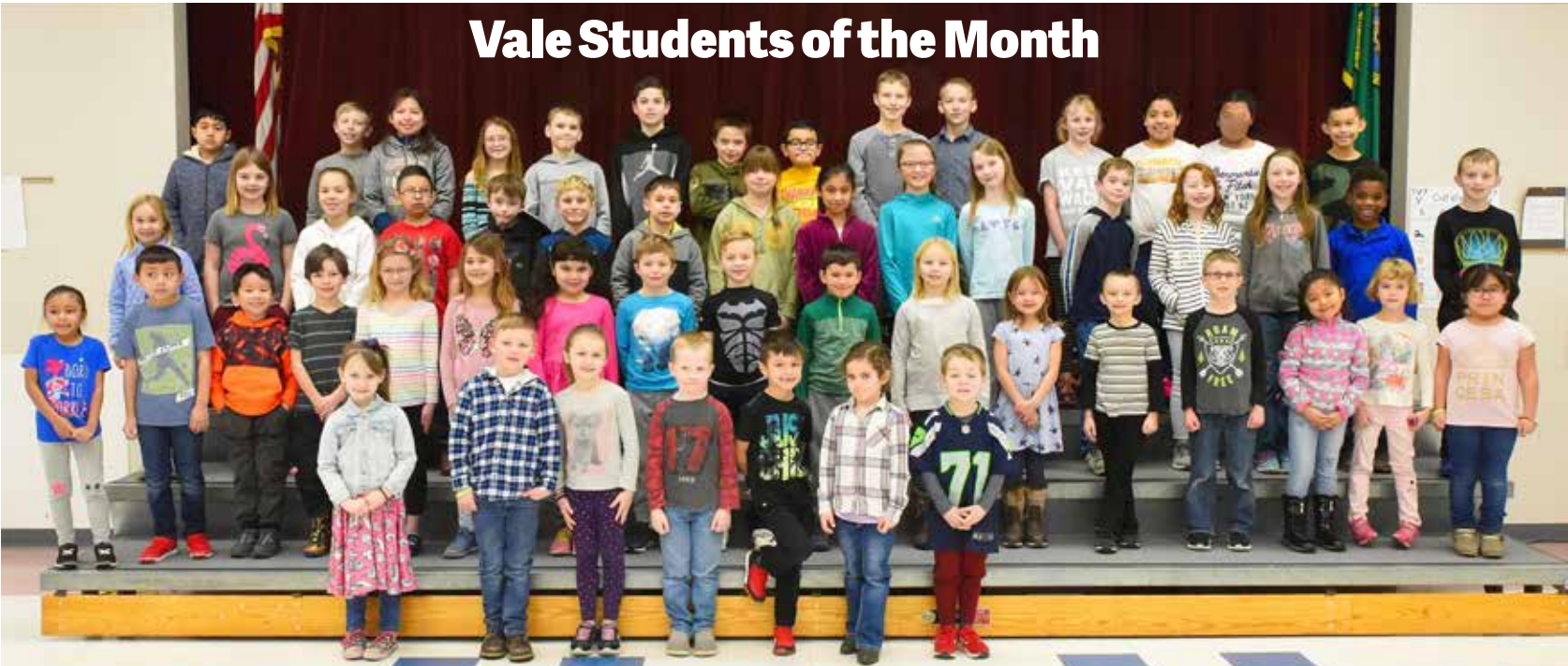


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# Vale Students of the Month



## January 2019 Students of the Month for Responsibility

TEACHER NAME	JAN./RESPONSIBLE
Diamond	Easton Wood, Tania Vazquez
Hartnell	Caspian Hill, Macee Pell
Kitchel	Bryar Bruehl, Dallin Smith
Kriegel	Jaden Gonzalez, Kady Weeks
Parker	Hazel Clennon, Quetzally Oropeza, Dashyl Jones
Scroggie	Jackson Lowers, Cora Smith
Bjorklund	Titan Nguyen, Sheccid Soriano
Bryant	Abby Swanson, David Gonzalez Calvillo
Heidenfelder	Cliff Hambleton, Bishop Graf
Kenoyer	Maliha Jacobs, Remy Martin
Ream	Emma Nick, Gilbert Armstrong, Mia Escobedo
Avila	Elaine Bair, Addison Lyons
Kenoyer, K	Sadie Lindsay, Sonny Whitely


TEACHER NAME	JAN./RESPONSIBLE
Martinez	Connor Diaz, Colton Weeks
Sanford	Jakoby Wiggins, Cris Garcia-Guerrero
Zanol	Taj Robichaux, Maya Cohen
Bremer	Valeria Bastida, Yarel Velazquez, Corbin Burger
Day	Raellianna Gilmour, Kenyon Shabazz-Pheasant
Foster	Danna Infante, Dantae Mendez
Kruiswyk	Colton Bjorklund, Ryann Petersen
Pace	Ella Gemeinhart, Annika Peterson
Caples	David Odenrider, Braden Eversaul, KaeLee Cox
Couture	Omar Jurado-Varela, Owen Nelson
Donald	Brooke Chalmers, Alejandro Pina
Griffith	Rylan Reiber, Gwen Ledesma
Hammond	Christian Donald, Litzy Heredia, Wyatt Weatherman



### Congratulations & Cheers to Vale Students of the Month!

**Terry & Patti Davis**  
**Jamie R. Davis**

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## Bulldog boys claim CTL basketball title

By AL STOVER

The Cashmere High School boys basketball team can finally call themselves “Caribou Trail League champions.”

The Bulldogs solidified their claim for a second-consecutive league title after their 65-45 win against Cascade on Jan. 31. Cashmere will end the regular season with a 10-2 conference record and 15-5 overall.

“We’re excited to win the league title,” Head Coach Levi Heyen said. “Before the season, we weren’t sure about the other teams. A lot of teams had experienced, upperclassmen and we had younger players. It’s been a long, hard season. The kids felt the pressure and they made great adjustments and rebounded from some tough losses.”




PHOTO BY AL STOVER/CVR.

Mason Landdeck lands a three-pointer from the outside.

Before Cashmere could have a shot at claiming the CTL championship, they had to get past former No. 1 ranked Okanogan.

In what could be called the “Battle of the Bulldogs,” Cashmere earned win No. 2 against Okanogan, 75-65 on Jan. 29.

In their final home game of the season, Cashmere took an early lead in the first quarter, but Okanogan nipped at their heels to tie the score late in the frame. In the final minute, Cashmere chipped in seven points to take a 24-17 lead.

The hometown Bulldogs went on a tear in the second quarter, outscoring Okanogan 23-21 to take a narrow 47-39 lead in the first half.

Cashmere boosted their lead with 12 points in the third quarter and added 16 in the final eight minutes.

Heyen said the team had focused on cleaning up their defense and rebounding leading up to the game. He noted that Cashmere is undersized compared to the other CTL teams and have been working on attacking the offensive glass and boxing out every position.

“I thought they did a great job,” Heyen said. “One of our goals for the season was to finish undefeated at home and I’m happy we did that, especially against a tough team like (Okanogan).”

Mason Landdeck led the team with 42 points including 11 three-pointers, breaking the school’s three-pointer record in a single game. He held on the

record until Hailey Van Lith hit 12 three-pointers during the Lady Bulldog’s game against Cascade two days later.

Heyen added that Landdeck has scored above 40 points in six consecutive conference games.

Sam Dotson ended the night with 11 points. Heyen said the athlete stepped up his game for senior night. Before the game, Dotson, along with fellow senior Huber Farias, were recognized for their dedication to the Bulldogs basketball program.

Heyen said the team’s taller players, Dotson, Farias, Brooks Elliot and Carter Alberts, added 25 collective points, “which was huge for us”.

“I’m really happy for the seniors, it was a lot of energy and excitement tonight,” Heyen added.

Against Cascade, the Bulldogs opened the game with a 19-8 lead in the first quarter and never looked back, adding 19 in the second quarter. The

Cashmere’s Mason Landdeck (right) moves toward the basket with an Okanogan defender behind him.

## Doane’s Dribblers perform at halftime

PHOTO BY AL STOVER/CVR.

First- and second-grade students from Vale Elementary School took to the gym floor during halftime of the Lady Bulldogs versus Okanogan game on Jan. 29 to showcase their dribbling skills to a packed gym. Doane’s Dribblers is a program founded by Don Sites in 2000. Cashmere High School basketball players, coaches and volunteers break away from their busy schedule to teach first- and second-grade students basic basketball fundamentals and skills. Students practiced on Saturday mornings in the lead up to the Jan. 29 game. Vale Elementary School first-grade Bishop Graf was one of many kids who displayed their dribbling technique in front of Okanogan and Cashmere fans.

PHOTO BY AL STOVER/CVR.

### Cashmere advances seven wrestlers to regionals

Cashmere’s Blake Brown Blake Brown attempts a cradle on his Chelan opponent.

By AL STOVER

Seven Cashmere wrestlers took the top three spots at the District 6 tournament to advance to regionals in Omak on Feb. 9.

Whelan Gillikin was the top Cashere wrestler after he won the 145-pound bracket. Gillikin scored an 11-2 majority decision over Okanogan’s Anthony Cardona in the semifinals to face Cascade’s D’Andre Vasquez in the championship bout.

Gillikin came back from a deficit early in the match to lead 11-10. Vasquez tied the score 11-11 to force match into overtime. In the opening seconds of the fourth round, Gillikin scored a reversal to earn a 13-11 win.

“He did a good job of withstanding the pressure and not backing down despite the score,” Head Coach Ken Hoyt said. “That was the best part, he didn’t let the score affect him.”

Myles Chapman finished second in the 113-pound bracket. He earned a 13-3 majority decision over Okanogan’s Trace Kleckner to reach the finals where Cascade’s Axel Martinez pinned him in their match.

Aaron Guerrero took second at 126 pounds. After his 3-2 decision over Chelan’s James Austin, he dropped an 8-4 decision to Cascade’s Daniel Sandoval.

Hoyt said Chapman had been out for much of the season and accomplished what “he needed to do” to qualify for regionals. He added that Guerrero is moving beyond being “a one-dimensional wrestler” and adding more to his style.

“We saw a glimmer of that and we need to see what we can squeeze out of it,” Hoyt added.

Duke Odenrider finished second in the 152-pound bracket after he lost to Chelan’s Skye Malone in via 4-2 decision

PHOTO BY AL STOVER/CVR.

The referee raises Cashmere’s Maddie Fadenrecht’s hand after her victory over Moses Lake’s Kimberely Avila.

in the finals.

Eric Rodriguez finished third in the 106-pound bracket after he pinned Chelan’s Logan Oules in the third period of their match.

Blake Brown and Baz Lloyd punched their tickets in their respective weight classes. Kaden Keogh finished fourth in his division and will go to regionals as an alternate.

Hoyt said Brown lost a heartbreaker of a match in the semifinals, while Lloyd needs more mat experience, though both wrestlers put in a lot of effort.

While the Bulldogs still need to continue to improve on the mat, Hoyt was happy with their effort during the district tournament.

“There was not one id who didn’t put in effort,” Hoyt said. “I think we’re moving in the right direction.”

As for regionals, Hoyt said he sees it as a new season and the team will have to put in the

work in order to advance to the next stage.


The Bulldog boys were not the wrestlers to advance to the next round of the postseason.

Cashmere Maddie Fadenrecht took home some hardware on Feb. 2 after she finished fourth in the 120-pound division of the Girls Region 4 Sub-Regional North tournament at Eastmont High School.


After a first-round bye, Fadenrecht scored a late pin over Moses Lake’s Kimberely Avila to advance to the semifinals where Wilbur-Creston’s Madison Clark pinned her in the second period of their match.

In the consolation round, she pinned West Valley’s Kaylan Meyer in the second round of their bout. She lost the third-place match to Oroville’s Taralynn Fox.

Debra Dodson also competed in the tournament and went 1-2 in the 155-pound bracket.



# BULLDOG SCOREBOARD



### BOYS' BASKETBALL

Jan. 29	Cashmere 75, Okanogan 65
Jan. 31	Cashmere 65, Cascade 45

### GIRLS' BASKETBALL

Jan. 29	Cashmere 72, Okanogan 19
Jan. 31	Cashmere 87, Cascade 18

## Sports Schedule

### BOYS' BASKETBALL

Feb. 9	District 6 Championship at Eastmont High School at 7 p.m.
Feb. 12	District 6 Championship at Eastmont High School at 7 p.m. (if Bulldogs lose on Feb. 9)


### GIRLS' BASKETBALL

Feb. 9, Feb. 12	District 6 Championship at Eastmont High School at 5 p.m.
Feb. 12	District 6 Championship at Eastmont High School at 5 p.m. (if Bulldogs lose on Feb. 9)

### WRESTLING

Feb. 9	Wrestling Regionals NEA-CTL 1A
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## Cashmere High School to remain in 1A despite WIAA changes

By AL STOVER

The Washington Interscholastic Activities Association (WIAA) Representative Assembly met in Renton, Washington to approve two amendments to the WIAA's classification system on Jan. 28. The first amendment established enrollment parameters for high school classifications. The enrollment parameters for 1A Classification, which includes Cashmere High School and the other teams in the Caribou Trail League, range from 225-449.

The change will have no bearing on a school's decision to move up in classification.

The other amendment will use free and reduced lunch numbers reported to the Office of State Superintendent of Public Instruction (OSPI) to determine adjusted enrollment for schools in 1A, 2A, 3A and 4A. Schools with a free and reduced lunch rate greater than the statewide average will be adjusted to match the statewide average, up to a maximum of 40 percent.

The amendment also states a school could drop down no more than one classification due to its adjusted enrollment.

The classification changes from these amendments do not take effect until the 2020-21 school year.

“There are still a lot of unanswered questions,” said Cashmere High School Athletic Director Jeff Carlson, who was among the representatives in Renton.

Carlson noted that Cashmere, as well as Omak, Chelan and Cascade, will likely stay in the 1A Classification and remain in the CTL. The only uncertainty is Okanogan, who Carlson said may drop down from 1A to 2B, and leave the conference.

There is also a possibility that Quincy, who used to be in the CTL, may drop down to 1A and return to the conference depending on their free-and-reduced lunch and adjusted enrollment numbers.

“Again, we just don't know what the enrollment numbers will be from schools,” Carlson said. “A lot of that will be ironed out in the next 10 months.”

Carlson said Cashmere's free and reduced lunch rate is around 40 percent and its enrollment will not be reduced.

“We still anticipate being in 1A Classification,” he added.



PHOTO BY AL STOVER/CVR.  
Claire High (No. 33) searches for an opportunity to score two points.



PHOTO BY AL STOVER/CVR.  
Cashmere Ellie Alberts goes for two

## Lady Bulldogs finish regular season undefeated in league play

By AL STOVER

The Cashmere High School girls basketball team clinched the last two Caribou Trail League victories this last week to end the season undefeated at 12-0 in conference play.

The league champion Lady Bulldogs began the week on Jan. 29 with a 72-19 win against Okanogan.

Cashmere started slow in the opening minutes of the first quarter, but gained a surge of offensive momentum late in the frame. Ellie Albert's last-second three-pointer brought the Lady Bulldogs to an 18-2 lead. She finished the game with 14 points.

The Lady Bulldogs turned up the tempo in the second quarter with 29 points, including 14 from Hailey Van Lith while their defense kept Okanogan to only one point.

Cashmere continued to control the game in the third quarter, outscoring Okanogan 17-1. Okanogan's comeback was limited to 12 points in the fourth quarter while Cashmere finished with eight points.

Head Coach Brent Darnell said the team played solid defense throughout the game and came out with good energy. He was also pleased with how the team played despite the absence of starter Grace Hammond.

Van Lith, who led Cashmere with 28 points, added another accolade to her high school basketball resume after she broke 2,000 career points.

“It's a pretty amazing feat for her,” Darnell said. “She deserves it, she works hard and she does a lot more out there besides scoring.”

Van Lith said she was happy to break 2,000 points, yet she is focused more on the upcoming postseason, as is the rest of the team.

Darnell said was also pleased with how players like

Riley Johnson and Alberts stepped up their game. Alberts, along with fellow senior Claire High were honored for their contributions to the team.

“We did a good job executing,” he added.

The Lady Bulldogs finished the regular season on Jan. 31 with an 87-18 win against Cascade.

Van Lith had another outstanding performance, tying her record for most points in a single game with 52. Her 12 three-pointers once again broke the CHS record for most three-point shots in a single game. Mason Landdeck had previously held the record with 11, which he made days earlier in the Bulldogs' win against Okanogan.

“There was no question Hailey had it going, even with a boxing-1 defense (from Cascade),” Darnell said. He also credited the rest of the Cashmere girls team for passing the ball to Van Lith at the right time.

The Lady Bulldogs opened with a fierce offense and defense, scoring 28 points in the first quarter, and continued their momentum with 29 points in the second

quarter to bring the score 57-10 at halftime.

Cashmere controlled the game in the second half, scoring 22 in the third quarter and chipping in eight in the final frame.

Grace Erdmann was the other Lady Bulldog in the double digits with 13 points.

While Cashmere had a great night offensively, Darnell was also impressed with the team's aggressiveness on defense throughout the game.

“They played with a tremendous amount of emotion,” Darnell added. “That was probably one of our best games as far as executing goes. We had good rhythm and good flow.”

The Lady Bulldogs begin the postseason on Feb. 9 in the District 6 Championship game against the No. 2 ranked CTL team.

“The way we look at it, is it's a new year, everyone in the state is 0-0,” Darnell said. “We divide the season into three tournaments. The first tournament is the first 20 games in the regular season and we're done with that. Now we're on to the next tournament, which is districts.”



PHOTO BY AL STOVER/CVR.  
Hailey Van Lith scored 14 points in the second quarter.

## Cashmere City Council hosts community workshop

By AL STOVER

In their first steps to prepare for the city's future, the Cashmere City Council went to community members for guidance.

The council hosted a community workshop on Jan. 28 at the Cashmere Riverside Center.

During the event, council members, city staff and Chelan County representatives were on hand to listen to resident's concerns about current issues, as well as feedback on what they would like to see changed in Cashmere, and what they would like unchanged. They also took residents' ideas and suggestions on new elements and amenities for the city.

Mayor Jim Fletcher, explained that Cashmere has experienced growth in the last several years from development, school expansion and traffic. Fletcher said the city's Planning Commission is in the process of drafting a comprehensive land use plan that will include codes and regulations for Cashmere. He added that many of the city's current regulations were adopted 20 years ago. When the previous city council

adopted those codes, they did not anticipate the growth Cashmere would experience in two decades, nor the issues that would result from it, such as noise.

Residents were divided into three groups and spent over an hour providing the city with ideas and concerns. Some concerns residents brought up focused on safety for families, affordable housing options, especially for multi-family and seniors, and support for new businesses.

Cashmere Chamber of Commerce Manager Gina Imperato cited a lack of accessible public restrooms for chamber and community events. Teresa Boushay, who had returned to Cashmere, was concerned about housing, traffic congestion and transportation.

Other concerns were a lack consistent land use permitting process, river access and noise from Crunch Pak and the railroad.

Residents said they would like to see more recreation and natural land in the city. Some citizens had specific ideas on what they would like to see in Cashmere, such as a Kid's Fishing Pond at the Mill Property, a fenced dog park

and playground equipment for older children.

Many residents said they would like Cashmere to maintain the small town atmosphere. Others were not opposed to bringing new business to the city. Boushay said she likes having agriculture tourism and recreational activities in the city.

“If there is anything that epitomizes Cashmere, it's outdoors and agriculture,” she added.

One resident suggested the city council compile a list of short and long-term goals based on the feedback they received from the community.

Fletcher said the workshop is the first component in developing the city's land use plan. The city will also research plans from other municipalities, as well as communicate with Cashmere School District, the chamber and the Port District. Once the land use plan draft is complete, the Planning Commission will hold a public hearing for the document.

Cashmere residents who wish to express their ideas or concerns can contact city hall at (509) 782-3513 or email Fletcher at Mayor@Cityofcashmere.org.



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# Horticulture 2019

## 73rd Lake Chelan Horticulture Day Wrap Up

### DuPont gives updates on Tree Fruit Extension website, welcomes Hort Day attendees



Photos by Diana Piñon  
**Richard Heimark and Molly Oswald of Chelan High School Future Farmer's of America (FFA) welcomed the attendees and thanked them for their attendance at the 73rd Lake Chelan Horticultural meeting. RIGHT: Tianna DuPont of WSU Research and Extension Center.**

By DIANA PIÑON  
STAFF WRITER

CHELAN – Tree Fruit Extension specialist Tianna DuPont of WSU Research and Extension Center welcomed all attendees to the 73rd Annual Lake Chelan Horticultural meeting on Jan. 21 at Chelan High School's Performance

Arts Center (PAC). DuPont, was the event's moderator and had a couple of announcements for the public, before commencing with the day's array of presentations. She went over the updates on the Tree Fruit Extension website which now includes new information all the time. On the website growers can



access the new and updated version of the Crop Protection Guide, which DuPont is excited about. Coming up March 12 and 13, is Cherry Fruit School. "Registration is now available and ready to go," said DuPont. DuPont took a moment to thank all the event's sponsors and vendors. Molly Oswald and Richard Heimark of Chelan High School Future Farmer's of America (FFA) also welcomed the attendees and thanked them for their attendance. Heimark also stated that all the monies raised on Hort Day would help FFA and also the scholarships they award to students. DuPont noted that Hort Day is co-sponsored by WSU Extension and Chelan FFA.

### Willing to pay more

## Study shows consumers prefer fruits with high content of dry matter

By MIKE MALTAIS  
STAFF WRITER

CHELAN – Consumers are willing to pay a higher price for pears containing a higher percentage of dry matter (DM) because those samples were judged significantly more flavorful by a panel of average fruit consumers. That is the conclusion of a study discussed by Sara Serra, a WSU horticulturalist, who performed the fruit analysis with six other associates.

Serra delivered her findings during a presentation at the 73rd annual Lake Chelan Horticultural meeting at Chelan High School last Jan. 21.

The study conducted by Serra, et al was titled: D'Anjou Pear Sorting by Predicting Dry Matter and its Effect on Consumer Preference.

Dry matter (DM) accumulates in fruit in the field when photosynthesis occurs in fruit tree leaves causing photoassimilates to ether the fruit as sugars. The metabolizing sugars produces dry matter that increases during fruit growth on the tree.

Using a new non-destructive method that employs a near-Infrared (NIR) spectrometer together with a device called the Felix F-750 processor that converts raw absorbance values to a single prediction



Photo by Mike Maltais  
**Sara Serra is a WSU horticulturalist**

value, a greater number of fruit samples can be tested in the field in less time than cutting and oven- trying.

The objective was to determine the reliability of a non-destructive tool's capacity to predict dry matter and its application during harvest sorting for more consistent fruit quality categories to test for consumer preference and eating quality.

The experimental orchard where the study was conducted was one planted in Cashmere in 1998. The pear cultivar was D'Anjou from OHF 87 rootstocks planted in a density of 14 feet x 8 feet at 389 trees per acre. A central leader training system was used with pruning treatments

of fall, winter, fall+summer and winter+summer.

Dry matter analysis was conducted one month after harvest and the consumer test following five months of storage. The researchers recruited 70-120 pear consumers who each sampled one-eighth of a pear cut immediately in the presence of the panel. Panel members were asked to judge their samples in nine categories:

- Appearance
- Aroma
- Firmness
- Crunchiness
- Juiciness
- Sweetness
- Bitterness
- Pear flavor
- Overall liking

The panel's resulting willingness to pay (WTP) was a base rate: \$1.36 pound, premium bid: \$1.73 pound, discount bid: \$0.99 pound.

Among the conclusions reached from the study was that lower dry matter percentage classes tended to have smaller-sized fruit, lower soluble solids content (SSC), and higher Index of absorbance difference (IAD). These findings reflect the difference in fruit exposure to light and ripening variability in the canopy, according to a graphic Serra used to explain test results.

"Consumers' perceived juiciness, sweetness, and pear flavor increased with increasing dry matter classes," the study concluded. "Consumers were willing to pay more for higher DM pears."

### Managing Little Cherry Virus

By DIANA PIÑON  
STAFF WRITER

CHELAN – The Little Cherry disease has become more prevalent in our region in the last couple of years. Due to this, Orchard Program Lead Hannah Walters of Stemilt Growers has been able to find a successful way to stop the spread in the orchards.

Walters explained that Stemilt has been looking at the Little Cherry Virus and trying to manage it for three years now.

Based on research done around the state from September 2017 to October 2018 it was determined that there are two diseases found; Little Cherry Virus (LChV-1, LChV-2) and Western X (WX).

For LChV-1 the total samples tested were 441 and only 1.12 percent of those were positive for the virus. However, 14.58 percent of the orchards tested for LChV-2 were positive, the WX virus has an even bigger positive result with 24.46 percent.

"This is an underestimate of what is actually out here ... this just gives an idea that it is out there and it is becoming a problem," said Walters.

In Okanogan, Chelan and Grant counties, LChV-2 is more common than WX, however in Yakima, Benton and Franklin counties, the majority of the virus found was WX.

Little Cherry disease causes small unripe cherries, "they are not the normal looking cherries ... you can get clusters or whole branches," described Walters.

She stated that both LCV and WX have very similar symptoms which makes it harder to tell each virus apart. With whole tree infections, the tree has small cherries or it can have single cluster batches.

"It infects all varieties, you are going to have slightly different looks between varieties. Rainier is typically small, they do not blush and they are slightly pointed," said Walters. The best time to scout for the



Photo courtesy of Hannah Walters  
**Many factors and decisions go into tree removal or block removal.**

virus according to Walters is usually one to two weeks before harvest. While scouting you must look for cherries that don't size and often lack color, clusters to whole tree infections, infected cherries will also taste bland or



Photo by Diana Piñon  
**Hannah Walters of Stemilt Growers presented the Little Cherry Virus and Western X.**

bitter. "If you come across a tree that is just fruit and there's no obvious reason why that fruit is small, it should be a suspect tree in your mind," Walters added.

Little Cherry Virus can be spread by the Mealy bug and infected graft wood. Western X is infected by the Leaf hopper and by graft wood. "Both of these can be infected by root grafting, it can pass the virus from one tree to another that way."

Dr. Andrea Bixby-Brosi tested several ways to control the Mealy bug, one of them included the delayed dormant sprays with Lorsban and oil. For the Leaf Hoppers it is best to target the late population during the peak after cherry harvest.

The other control is getting out there and scouting your

SEE CHERRY VIRUS ON PAGE B4

## New FMSA and Produce Safety Rules take effect this year

By MIKE MALTAIS  
STAFF WRITER

CHELAN – The Food Safety Modernization Act (FSMA), signed into law by President Barack Obama in 2011, represents the most sweeping reform of U.S. food safety laws in more than half a century. As a result of FSMA, some on-farm inspections for produce safety will begin on Jan. 28 this year for small businesses.

Faith Critzer, WSU Food Safety Specialist was on hand at the Lake Chelan Horticultural Meeting to explain the components of FSMA and offer advice to produce growers who need to comply with the new guidelines.

Title 21, Part 112 of the Code of Federal Regulations of the Produce Safety Rule (PSR) deals with standards for growing, harvesting, packing and holding produce for human consumption with the overall goal of reducing the amount of foodborne illness from food contamination.

Compliance dates for PSR take effect on different dates for different categories. Those include General Provisions, Water-related Provisions,

Qualified Exemption Labeling Requirement, Record Retention to Support Qualified Exemption, and Written Assurances for Commercial Processing. Depending upon the size of the operation based on annual sales, compliance dates range from January 2019 (General Provisions) to January 2024 (Water-related Provisions).

There are two categories that growers may fall into if their farm does not have to comply with the full PSR requirements. Farms excluded from all requirements and farms that are exempt from certain requirements. Those excluded include all produce grown that is rarely consumed raw; annual produce sales under \$25,000; and all produce grown for personal consumption.

Exempt produce is all produce grown that receives a kill step and produce sales to qualified end users.

The FMSA includes mandatory training for applicable farm operations.

"One person from each farm has to take what we call the Produce Safety Alliance curriculum," said Critzer who recommended that farms have a second person also take the

mandatory classes to provide a backup if needed.

Critzer said Washington state has been one of the most proactive states for training with 60-plus training sessions already held. She displayed a roster of sites and dates where 2019 training courses will be held.

The 2019 subsidized eight-hour classes cost \$25 for WSTRA sessions and \$35 for those by WSU.

PSA courses are scheduled for: Wenatchee (WSTRA) Feb. 12 Yakima (WSTRA) Feb. 13 Anacortes (WSU) Feb. 19 March 5 (WSTRA) March 6 (Spanish) Yakima (WSTRA) March 6 (Spanish) Richland (WSU) March 6 (Spanish) Yakima (WSTFA) April 11 (Spanish) Wenatchee (WSTFA) April 12 (Spanish) Yakima (WSTRA) May 2 Wenatchee (WSTRA) May 3

The WSTRA contacts are Emily Allwardt, at 509-452-8555 or email emily@wstra.org, and Joanne Thomas, 509-665-9641 or email joanne@wstra.org.

Critzer recommended signing up for the classes this year since there is no guarantee that future classes will be subsidized. In that event, training will jump to \$150 to \$180 per person.

Another aspect of FMSA is

SEE RULES ON PAGE B2

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# Washington Tree Fruit Research Commission celebrating 50 years of service

By MIKE MALTAIS  
STAFF WRITER

CHELAN – More than a half century ago in the 1960s, a pair of tree fruit industry leaders, Grady Auvil and Tom Mathison identified a need for applied research to support Washington State tree fruit production, particularly with the growth of automated harvest technology. Their efforts resulted in the creation of the Washington Tree Fruit Research Commission.

“Even 50 years ago growers were feeling the pinch that it was too expensive and costing too much to harvest their fruit,” said WTFRC staff member Tory Schmidt. “Here we are 50 years later and we’re still plugging away at it,” Schmidt said of me-

chanical harvesting advances, “and we’re pretty close to having some machines available for use in the tree fruit industry.”

Schmidt spoke at the 73rd annual Lake Chelan Horticultural meeting at Chelan High School last Jan. 21 and took his audience down memory lane with a review of some of the high points of the organizations half-century of accomplishments.

In 1969 the Washington legislature enacted RCW 15.26, the Tree Fruit Research Act and established the Washington Tree Fruit Research Commission (WTFRC) to promote research to benefit the planting, harvesting, handling, processing and shipment of tree fruit in the state.

In 1995 the WTFRC Internal Program began operations at the former Washington Department of Health

pesticide residue lab in Wenatchee.

In 1999 WTFRC relocated its administration operations from Hood River, Oregon, to the Wenatchee site.

“The WTFRC has had only four leaders in its 50-year history,” Schmidt said.

The first WTFRC employee and its original commissioner was George Ing who served 30 years in his position from 1969-1999 developing the organizational structure and creating relationships with the research community.

Jim McFerson took over for Ing in 1999 and through 2016, expanded the internal program, created a strategic roadmap, and built on relationships with university and federal research efforts.

Mike Willett came on board in 2016 and for the next two years helped WT-

FRC through its transitional period, improving policy and procedures in areas of budgeting and regulatory compliance.

Ines Hanrahan took the reins in 2018 with a focus on delivering science-based solutions to issues facing the tree fruit industry. Hanrahan is supported by a staff including Schmidt, Mike Willett, Kathy Coffey (admin manager), Mackenzie Perault (research), Geraldo Garcia (spray specialist), Mano Mendoza (technician), Sandy Stone (data management), and Rob Curtis (project manager).

Current WTFRC commissioners representing nine districts are Jim Doornink, Tom Butler, Jeff Cleveringa, Harold Schell, Brent Milne, Dena Ybarra, Teah Smith, Jake Gutzwiller, and Sam Godwin.

The WTFRC has promoted an internship program for the past decade that has seen participation of some 70 interns from more than 20 countries.

“Most of our field labor and fruit corps working in the field and the lab have been interns,” Schmidt said.

Key WTFRC functions include research funding toward which it has applied some \$120 million since 1969 to support more than 800 projects in apple, cherry, pear, soft fruit and technology. An arm of WTFRC research has included investment in research orchards and facilities and seed funding for scientists, fruit schools, and conferences.

WTFRC industry outreach and leadership has involved work with partners such as the WSU Endowment Advisory Committee (EAC), Washington

Apple Commission (WAC), Northwest Horticultural Council (NHC) and others to represent industry interests from a science-based perspective and provide expertise and resource to state growers and packers.

Among the benefits of WTFRC research is a \$2.1 million invested into codling moth mating disruption a treatment that now applies to 90 percent of state apple acreage. The commission invested \$2.2 million to extend the sales season for most fruit varieties, reduce scald losses, improve eating quality and facilitate shipping to distant markets.

WTFRC invested \$700,000 in the development of line Sulphur chemical bloom thinning now used on two-thirds of state apple acreage. The process reduces biennial bearing and post-bloom thinner while delivering more reliable results

# Keeping psylla in check - its been around for almost 100 years

By DIANA PIÑON  
STAFF WRITER

CHELAN – For all those pear growers out there, Louis Nottingham of WSU TFREC presented on the products and programs which keep pear psylla

in check with high efficiency at the 73rd annual Lake Chelan Horticultural Meeting at Chelan High School Jan. 21

Nottingham went over the background of the pest and why growers are still dealing with it after nearly a century of having

it around.

First he explained the life cycle of pear psylla. “Right now in the overwinter stage, we have overwinter adults, some of them have remained in the orchard and some of them have left,” he said.

“In the fall they all kind of mix together ... the population you have now it is not the population you are going to start with in the spring,” Nottingham added.

In February and March psylla start moving back into the orchards and this is a long recolonization period which can be hard to manage. “Once they start establishing in April, we start seeing summer generations take off ... we have three to four summer generations of psylla in this area,” he explained.

The big deal with the pear psylla is the honeydew increase.

The psylla constantly suck tree’s juices, producing the honeydew which then drips on the leaves, and the fruit and it causing injury.

“The injury can come in different forms ... it creates this sticky unpleasant working environment which is not fun to be in and we are seeing labor costs increases because of this,” said Nottingham.

The Wenatchee Valley is dealing with a monoculture of pears, this makes the perfect place for pear psylla to be present in high densities. “The way we manage these blocks is done in very small scales ... this makes it very difficult to control psylla,” he said.

Pear psylla is regulated by natural enemies, however when growers try to get rid off the high overwintering population by spraying, they kill the natural enemies. Which means that early in the season natural enemies are not present and high number of psylla are spotted. Towards the end of the season those natural enemies come back, yet at that point psylla numbers have decreased.

Nottingham was able to share with the attendees a couple of strategies for managing psylla in the early season. “We looked at quite a few early season application of adulticides and one of the examples we looked at was Bexar and Malathion,” he said. The two products kill everything and have pretty effective results on adult psylla invasion. This is known as the conventional method.

According to Nottingham, the best way to get rid of a high psylla population is by the delayed dormant sprays. He also recommends to spray two times when it comes down to Esteem. Spray at a delayed dormant and



Photo provided by L. Nottingham

**Summer generations of pear psylla produce higher amounts of honeydew causing an array of injuries.**

then around popcorn time.

Nottingham mentioned other suppressions sprays to help with the early season management which include lime-sulfur, Cinerite and oil.

Repellents are another resource, Nottingham and the team are looking at. Surround (kaolin clay) being one of them. Such repellent is sprayed on the trees. Another repellent that has not yet been used on pears but Nottingham is looking into it is reflective plastic mulch.

Reflective plastic mulch can be effective because as, he explains psylla and other insects avoid direct contact with the light. Yet, the mulch that surrounds the plant reflects back a lot of light and gets rid of any shade.

An experiment was done to test each managing strategy, it was found that surround and reflective mulch are as effective as the conventional program. In terms of the psylla eggs they were also able to get even numbers all around.

In summary, two sprays of surround are necessary in delayed dormant or dormant.

Nottingham stated they will continue to look into the reflective mulch.

Moving into the mid-season things get simpler said Nottingham, “the middle of the season this is the really important time to letting out natural enemies to build.”

A good way to start is with mating disruptions for codling moth. He mentioned that growers need to reduce the need for the big guns, and start using softer sprays of oils and Intrepid, which will conserve the natural enemies.

To deal with pear psylla during mid-season, Nottingham suggests “multiple consecutive sprays based on softer materials,” such as Azadirect/Neemix, Diatomaceous Earth, Cinnerate, oil, Rosemary, Esteem, Centaur.


In the late season, short interval sprays of soft/organic products are advised, plus tree wash. “This can be a really important part of the program ... you want at least one to three hours of leaves dripping and you do not do this until July. This helps tolerate higher numbers of psylla.” This can lead to saving money and having to spray fewer times, and also allows for more food for natural enemies. It also helps with mites and removes particle films.

“All of these things will lead to having a high natural enemy population throughout the valley, throughout the growing region which will make it easier to control year after year,” said Nottingham.

Keep up with Nottingham’s work by visiting the website [www.treefruit.wsu.edu/crop-protection/insects-mite-pests/](http://www.treefruit.wsu.edu/crop-protection/insects-mite-pests/). Subscribe to the Fruit Matters newsletter or contact him directly [Louis.Nottingham@wsu.edu](mailto:Louis.Nottingham@wsu.edu).


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## RULES

CONTINUED FROM PAGE B1

water contamination related to produce and the FDA is still wrestling on the implementation of water quality testing. Toward that end the FDA extended water compliance standards while it refines testing requirements. In order to address questions about the practical implementation of compliance provisions while reducing regulatory burdens and increasing flexibility to meet policy goals, water compliance dates have been extended as follows:

Businesses with sales of \$500,000 or greater: Jan. 26, 2022

Businesses with sales from \$250,000-\$500,000: Jan. 26, 2023

Businesses with sales from \$25,000 - \$250,000: Jan. 26, 2024

Allwardt and Thomas are also the contact persons for the WSTFA Water Testing Workshops scheduled for May 8 in Yakima and May 10 in Wenatchee.

The WSU contact is Cathy Blood at [email\\_blood@wsu.edu](mailto:email_blood@wsu.edu) or <http://foodsafety.wsu.edu/training-programs/psagtandttt/>.

The FDA has created topic-specific guidance documents to help firms with compliance.

The Washington State Department of Agriculture (WSDA) offers free, educational on-farm assessments personalized to your farm and practices. The reviews are no cost to the grower and will include WSDA staff and additional subject matter experts from WSU and WTFRC at the request of the grower.

For more information on

how to arrange an On-Farm Readiness Review, contact Karen Ullmann at 206-714-6125, [email\\_kullmann@agr.wa.gov](mailto:email_kullmann@agr.wa.gov).

Critzer suggested that producers stay engaged with agencies that can provide guidance and updates on the new food safety regulations, workshop schedules, fact sheets and resource links.

Recommended resources include:


WSDA Produce Safety Program: <https://agr.wa.gov/FoodAnimal/ProduceSafety/default.aspx>.

Washington State Tree Fruit Association: <https://wsfa.org>.

WSU Produce Safety: [footsafety.wsu.edu](http://footsafety.wsu.edu).


Fruit matters: <http://treefruit.wsu.edu/fruit-matters/>.

Critzer can be contacted at 509-786-9203 or [email\\_faith.critzer@wsu.edu](mailto:email_faith.critzer@wsu.edu).



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# A preview of the Canadian cherry breeding program

By DIANA PIÑON  
STAFF WRITER

CHELAN – All the way from Canada came Business Development Manager of Summerland Varieties Corp. Nick Ibuki to preview what is coming down the pipeline in the cherry industry.

“Basically what we do is we help protect the varieties for the owners and then distribute and manage them around the world,” said Ibuki as he described Summerland.

Summerland has two main

systems to commercialize and release new varieties. They are open and club varieties which collect royalty to support further research and development of new varieties.

An open variety is available to all growers around the world. “When growers purchase these trees from the nursery, they must pay a tree royalty and sign a grower agreement.”

However, when it comes to club varieties, only a select group of growers have access to it. “We are looking for those perpetual royalties that help support the breeding program, our program

is publicly founded,” the royalties then help with the long term stability of Summerland. “The varieties as they are released in the future-all of them are club,” said Ibuki.

The majority of the varieties Ibuki talked about are currently “test” varieties and are not for sale. Yet, “some of them are open varieties that have been released in the last couple of years and some I’m not familiar with,” he said.

Ibuki began talking about the Suite Note™ cherry, which was released a couple years ago. He described it as a large

size cherry, with excellent attributes. “Very crisp.” However, the Suite Note™ is non-self-fertile which can bring some challenges to the table. “You have to make sure you have good pollination,” Ibuki mentioned. This cherry variety is also “split sensitive and you tend to pick it four days before Bing time.”

The Suite Note™ is the only variety that is available commercially at the moment.

Another large cherry is the Summerland 1, which typically is ready one day before Bing timing. “This one here is

number one in self-fertile, it is very productive and this type of tree is very loaded every year,” explained Ibuki. Summerland 1 has much lower splits. “When we look at return per acre for the grower, this one has a lot of potential for us.”

Ibuki’s personal favorite cherry variety, eating wise, is the SPC342. The non-self-fertile cherry averages 12.1 grams per fruit weight. It’s texture and taste stands out from the rest. “It has really nice crunch when you bite into it,” described Ibuki. This particular cherry is also number one in terms of

stem retention. According to Ibuki, “Summerland 2 is more of a sweet cherry ...it is a high sweet/tart ratio.” The Summerland 2 is in fact very similar in taste to a Rainer cherry, however it has a few challenges for the growers. Storage being one of them. Summerland 2 is good for eating and is a large fruit.

Other varieties they are working on perfecting are: BF-9, Summerland 3, Summerland 4, Summerland 5, Sovereign™, and Summerland 6. [www.summerlandvarieties.com](http://www.summerlandvarieties.com) for more information.

# WTFRC invests in chemical fruit blossom thinning techniques

By MIKE MALTAIS  
STAFF WRITER

CHELAN – Fruit tree bloom thinning has come a long way in the past half century, thanks in large part to the Washington Tree Fruit Research Commission (WTFRC) and its continuous quest to innovate new and better ways to maximize bloom thinning results.

WTFRC project manager Tory Schmidt discussed the latest thinning techniques during a presentation at the 73rd annual Lake Chelan Horticultural meeting. Schmidt delivered a graphic-supported history of thinning practices since the 1950s.

For 30 years, from the 1950s through the 1980s, Elgetol (DNOC) was the standard bloom thinner for the western U.S. but it was prone to phytotoxicity and overthinning when re-wetted.

“How many folks here remember the good old days of Elgetol,” asked Schmidt as many in the audience raised hands. “Hopefully you’ve got the yellow washed out of your hair and off your dog by now,” Schmidt said of the way the product turned everything yellow.

Elgetol was removed from the market by the Environmental Protection Agency (EPA) in 1990 for lack of supporting data.

Wilthin (sulfcarbamide) and Thinex (pelargonic acid) registered as bloom thinners in the early 1990’s proved to be inconsistent performers and

frequently left marks on fruit.

In the mid-1990s ATS (ammonium thiosulfate) demonstrated some benefit but was not registered for thinning.

In the late 1990s the WTFRC began to invest significantly in chemical thinning research. Initial trials focused on ATS,

Wilthin, and Thinex and in 1999 initial trials with lime Sulfur and fish products began.

Lime sulfur showed promise at research focused on rates, timings, alternative oil formulations, and other materials.

In 2003 Pest Management Northwest was granted 24C

registration for thinning with Rex Line Sulfur.

In the mid to late 2000s ThinRite (endothall) proved to be mildly effective in trials and was granted registration. In the 2010s the pollen tube model improved spray timing as more effort was applied to post-bloom thinning.

Over the years WTFRC funding supported research at Penn State, WSU, and NC State in the physiology of chemical thinners; Ag Canada, Idaho, and Arkansas for screening of new thinning chemistries; Virginia Tech, UMass, and Cornell on predictive models to improve thinning;

Purdue for thinner effects on floral initiation, and Michigan State for thinner effects on gene expansion. In the past 20 years, WTFRC has replicated more than 320 thinner trials at more than 110 trial sites in the state on more than 80 bloom thinners on 13 apple cultivars.

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# CHERRY VIRUS

CONTINUED FROM PAGE B1

orchard. Walters explained that there can be a delay in seeing symptoms after the infections begin for up to five years.

“What we have been doing every year is scouting on foot, all of our acres ... it’s a brilliant and effective way to get out on foot and look at your trees,” she said.

When scouting, the team looked for hot spots which then were marked with a flagging tape and ID numbers. The marked

trees were then pin-pointed on a GPS making it easier to revisit the tree year to year.

There are two ways to sample trees. The first method can be done during the summer time in which you just pull out leaves from the tree. “You typically find a tree you want to test, you want to pull out 10 leaves from the tree. If you see a cluster of fruit try picking out a couple leaves near it which will help to identify the infection.”

Winter sampling can also be done, however Walters doesn’t prefer this method because it

takes longer to process in the lab. RPA kits were used by Stemilt to test their trees, within two hours the tree results were known.

If results are positive then you must remove the tree or the whole orchard, however many factors and decision go into such decision. Walters suggested to ask yourself the following question before making a final decision;

- Is the block making money?
- Age of trees and productivity
- Market timing and fruit quality
- Are there infected orchards

around?

- Replant options (apples, pears or cherries)

To remove a single tree or whole orchard you must roundup each tree, spray, remove all roots, fumigate and try and avoid planting cherries right away, if the threat comes from surrounding blocks.

More information on Little Cherry Disease is available online at [www.treefruit.wsu.edu/crop-protection/disease-management/little-cherry-disease/](http://www.treefruit.wsu.edu/crop-protection/disease-management/little-cherry-disease/).



Photo courtesy of Hannah Walters

**Infected tree spread by Mealy bug.**

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Position provides oppor-  
tunities to learn and per-  
form a variety of duties.  
Prepare, present and  
serve the daily breakfast  
buffet and at catered  
functions.  
Full and part-time posi-  
tions requiring some  
weekends. Recreational  
amenities of hotel are  
available to employees  
including fitness center,  
indoor/ outdoor pool, spa  
and putting course.  
Apply in person.  
590 Hwy. 2  
Leavenworth.



HELP WANTED

Brewster School District  
is accepting applications  
for a  
**Migrant/ Bilingual  
paraprofessional**  
to work 7 hours per day  
with Middle School/  
High School students.  
The successful applicant  
must meet the  
Title 1 requirements.  
Spanish Required  
Application is available  
on the district's website  
[www.brewsterbears.org](http://www.brewsterbears.org)  
or by contacting the  
district office at  
689-3418.  
This position is  
open until filled.



OR Manager  
Full Time

Three Rivers Hospital is  
in immediate need of an  
OR Manager to oversee  
the OR nursing staff and  
the surgery department.  
Candidate must have  
current WA State RN li-  
cense and ACLS & BLS.  
Must be proficient in or-  
thopedic, general and  
OB/GYN surgeries.  
Should have 2- 3 years  
of progressively respon-  
sible experience in hos-  
pital nursing, including  
leadership assignments.  
Excellent communication  
and discretionary skills.  
Days and hours vary; in-  
cludes some call-time.


Interested Candidates  
may apply in person or  
by mailing their resume  
to:

Interested Candidates  
may apply in person or  
by mailing their resume  
to:

**Three Rivers Hospital**  
Anita Fisk, Director of  
Human Resources  
PO Box 577  
Brewster, WA 98812  
(509) 689-2517 x 3343  
[www.threerivershospital.net](http://www.threerivershospital.net)  
[afisk@trhospital.net](mailto:afisk@trhospital.net)

EOE

HELP WANTED



Receiving Clerk  
Full- Time

Three Rivers Hospital is  
seeking a Receiving  
Clerk for the central sup-  
ply area. This position is  
responsible for monitor-  
ing and filling all depart-  
mental supplies, check-  
ing freight and tracking  
inventory. High School  
Diploma or Equivalent  
required. No previous  
experience necessary;  
willing to train the right  
candidate. Must be able  
to work well under pres-  
sure and work independ-  
ently.

Interested Candidates  
may apply in person or  
by mailing their resume  
to:

Three Rivers Hospital  
Anita Fisk, Director of  
Human Resources  
PO Box 577  
Brewster, WA 98812  
(509) 689-2517 x 3343  
[www.threerivershospital.net](http://www.threerivershospital.net)

Or for quicker  
submission:  
Send resume to:  
[afisk@trhospital.net](mailto:afisk@trhospital.net)  
EOE

Leavenworth Nutrition  
Program Cook: Prepare  
dietitian approved menu  
for large groups. Mon-  
day- Friday, 7 hours/  
day. Must have knowl-  
edge of all aspects of  
food preparation and  
serving, supervisory  
skills and experience  
purchasing within  
budget. Must be friendly  
and efficient. Full job  
description, application  
and background check  
authorization may be ob-  
tained online at [octrn.org](http://octrn.org),  
or email request to nutri-  
tion@octrn.org. Closing  
deadline is February 8.  
OCTR is an EOE



CROSSWORD PUZZLE



THEME: VALENTINE'S DAY  
ACROSS

1. Indian black tea  
6. Elmer to Bugs  
9. Glorify  
13. Head of a mosque  
14. E.T. transporter  
15. This was his name-o  
16. Mental portrait  
17. Chlorofluorocarbon, abbr.  
18. French novelist Zola  
19. \*Related to puzzle theme  
21. Way to absorb  
23. Lobe locale  
24. H. H. Munro's pseudonym  
25. Rap sheet abbr.  
28. Hungarian bagpipe  
30. Deeply hidden within self  
35. Initiation ceremony, e.g.  
37. Made with stitches  
39. Venus neighbor  
40. Crucifix  
41. Cerberus' domain  
43. Petri dish filler  
44. Young hooter  
46. Fraternity recruitment season  
47. Type of shark  
48. \_\_\_ Grove, MN  
50. Corset rod  
52. Animal's nose  
53. Number one  
55. Second solfa syllable, pl.  
57. \*Flowery Valentine's gift  
61. \*Between girlfriend and wife  
65. Liquid drug container  
66. \*Planet ruler in the movies  
68. \*Blast from Harry's past, movie  
69. Caterpillar hairs  
70. Easter lead-in  
71. Human social group  
72. \*Tied upon marriage  
73. Kith partner  
74. Wild plums

DOWN

1. Gulf V.I.P.  
2. Clash of heavyweights  
3. NBA action  
4. Lake scum  
5. Dionysus' follower  
6. Mussolini, with II  
7. On vacation  
8. Cuckoo for what puffs?  
9. \*Romantic ride  
10. Anisette, for short  
11. Tangerine plus grapefruit  
12. "Easy \_\_\_ it"  
15. \*Kind of wish  
20. \*Puppy love  
22. Do biathlon  
24. Woodworker's byproduct  
25. \*Cupid's ammo  
26. Native of American Great Plains  
27. Circular island of coral  
29. \*First word  
31. Hat-tipper's word  
32. Donated life-saver  
33. Interest in a venture  
34. \*Heart  
36. "Harper Valley PTA" star  
38. Hatchling's home  
42. Harry Belafonte's daughter  
45. Tiny tube  
49. Tiger's launch point  
51. Leavening agent, pl.  
54. Smelled offensively  
56. Angry growl  
57. Lounge, like in the sun  
58. A sign  
59. "\_\_\_ no good"  
60. African tea  
61. Shade-loving plant  
62. Greek muse of history  
63. River in Bohemia  
64. "Can't take my \_\_\_ off you..."  
67. Hawaiian dish

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SUDOKU PUZZLE

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senior living solutions that meet their unique needs.

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! We're paid by our partner communities



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Fill in the blank squares in the grid, making sure that every  
row, column and 3-by-3 box includes all digits 1 through 9.



HELP WANTED

*Find the Best Qualified Local Employee in our Classifieds Ads.*

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**

Deadline Tuesday at noon **Quad City Herald**

**Your ad will appear online and in the newspaper for one low price.**

**PATEROS SCHOOL DISTRICT**

**Long Term Sub Attendance Clerk/ Health Care Assistant**

A long term sub is needed immediately for the duties of an Attendance Clerk/ Health Care Asst. in the Pateros School K-12 office through mid-May. 7.5 hours/ day, \$15.15 an hour. We are seeking a team player with excellent interpersonal skills and mature judgment. Office experience, computer expertise, strong written and verbal language skills required, bilingual preferred, current First Aid & CPR card needed. Complete job description is available from the district office. Classified applications available at [www.pateros.org](http://www.pateros.org) under Our District/Employment; from 923-2751 x4; or in the district office, 344 W. Beach St., Pateros. Application deadline is noon 2/12/2019. EOE

**Temporary Route Bus Driver/ Transportation/ Building/ Grounds Support**

This temporary position commences immediately and lasts through the current school year. 8 hour day split between route driving and general maintenance, mechanical, and grounds work. Class B CDL with "S" endorsement (passenger and air brakes), and a clean driving record mandatory. Training is available for motivated candidates. Pay \$20.23 per hour. Classified applications available at [www.pateros.org](http://www.pateros.org) under Our District/Employment; from 923-2751 x4; or in the district office, 344 W. Beach St., Pateros. Application deadline is noon 2/12/2019. EOE

**Assistant High School Baseball Coach**

Practice starts Feb 25th. Co-Curricular applications can be obtained from the district office at 509-923-2751 ext. 4 or on our website: [www.pateros.org](http://www.pateros.org) under employment. Application deadline is noon on 2/12/2019. Position open until filled. Salary dependent on experience. EOE

**Full and Part-Time Bed Maker, Laundry and Housekeeping**

Leavenworth Enzian Inn, is hiring for full and part-time Housekeeping / Laundry / Bed Makers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 - 4:00 daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

Find us online at:

[www.leavenworthecho.com](http://www.leavenworthecho.com)


[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

HELP WANTED



**Caregiver needed**

A kind, nurturing person with good listening skills is needed, This is a full-time, position with Vacation, Vision and Dental Benefits We will train and assist with credentialing as a Home Care Aid. Please apply in person at Heritage Heights, 505 East Highland Ave., Chelan, 509-682-1998.



**Part-Time Front Office Receptionist**

The Leavenworth Echo Newspaper is looking for an outgoing individual to work Mondays,Tuesdays and on a need basis. A qualified individual will answer phones, take classified and legal ads, and other office duties

A qualified individual must have good customer service skills, adept at utilizing computer systems

Accurate typing, spelling, and math skills are a must.

Interested applicants can send a resume to: Attention: Publisher P.O. Box 39 Leavenworth,WA.98826

Or bring in a current resume to The Leavenworth Echo 215-14th St. (9 a.m. to 5 p.m.)

PUZZLE SOLUTION

A	S	S	A	M		D	O	C		L	A	U	D	
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8	6	5	1	9	4	2	3	7
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APPLIANCES

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

*Your ad will appear online and in the newspaper for one low price.*

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**

Deadline Tuesday at noon for the paper **Quad City Herald**



Looking for a home for your Furry friend?

Try the pet section on [NCWMarket.com](http://NCWMarket.com)

GENERAL MERCHANDISE

CARDS, CARDS

Leavenworth Cards

With sayings like Happy Birthday! I Miss You---- Wish You Were Here (in Leavenworth.) and many others.

Regular cost \$3.99

Selling for \$1.50 with all proceeds going to the Autumn Leaf Festival Association.

Come in today and pick up one or more and donate to a family, friendly organization.

Stop by The Leavenworth Echo 215-14th Street. Open 9-5 weekdays.

PUBLIC NOTICES

**PUBLIC NOTICE**

Notice is hereby given that the Upper Valley Park and Recreation Service District Area is announcing its annual meeting dates for 2019.The committee meets four times annually with the meetings scheduled for February 27, May 15, August 21 and November 20 beginning at 9:00 a.m. in the conference room at the Leavenworth City Hall, 700 US Highway 2. The public is invited to attend said meetings and make comment.

Chantell R. Steiner  
 Finance Director/City Clerk  
 CITY OF LEAVENWORTH

Published in The Leavenworth Echo/  
 Cashmere Valley Record on  
 February 6, 2019 #84325

Request for Statements of Qualifications ON-CALL ENGINEERING SERVICES – Port of Chelan County

A complete copy of the Scope of Services is available on the Port website's currently bidding tab at: [www.portofchelancounty.com](http://www.portofchelancounty.com). To receive a hard copy of the Scope of Services for Engineering Services, please call the Port of Chelan County at (509) 663-5159. Hard copy submittals must be delivered no later than 2:00 pm on February 20th, 2019 to:

**Port of Chelan County**  
**ATTN: Stacie de Mestre**  
**RE: RFQ – On-Call Engineering Services**  
**238 Olds Station Road, Suite A**  
**Wenatchee, WA 98801**

Published in The Leavenworth Echo/ Cashmere Valley Record/ Lake Chelan Mirror on January. 30, and February 6, 2019 #84244

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE

In the Matter of the Estate of  
 JOHN V. CAVALLINI, SR.,  
 Deceased

NO. 19-4-00023-04  
 PROBATE NOTICE TO CREDITORS  
 (RCW 11.40.030)

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060 This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION:January 23, 2019  
 By GWEN L. CAVALLINI, Personal Representative  
 Address: 1005 Fuller Street Wenatchee, WA 98801

Attorneys for Personal Representative: JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By EVAN M. MCCAULEY, WSBA No. 44285 P. O. Box 1688 Wenatchee, WA 98807-1688

CHELAN COUNTY CLERK'S OFFICE  
 Ms. Kim Morrison, Clerk  
 Chelan County Superior Court  
 350 Orondo Avenue, Suite 501  
 Wenatchee, WA 98801-2885.  
 Published in The Leavenworth Echo/ Cashmere Valley Record on January 23, 30, & February 6, 2019. #84186



PUBLIC NOTICES

SEPA MITIGATED DETERMINATION OF NONSIGNIFICANCE (MDNS) WAC 197-11-350

DESCRIPTION OF PROPOSAL: The Chelan County PUD proposes to improve channel flow through a wetland off of Chumstick HWY in order to minimize water contact time and restore the historic water surface elevation within the wetland. The primary project area would be located on PUD parcel #241701410000, next to the Chelan Fire District #3 Station. Trenching work would take place between July 1 and September 30 when the water level within the wetland is at its lowest point of the year. The purpose of the project is to improve channel flow through the wetland in order to minimize water contact time and restore the historic water surface elevation within the wetland. By performing this maintenance work, including the cleaning out and re-trenching of the existing historic catchment basin and drainage ditch from the culvert outfall under the existing historic railroad bed to the edge of the PUD property, the amount of water that backs up into the wetland would be restored to historic levels and would limit upstream flooding and the expansion of the wetland onto the neighboring residential parcels. Approximately 211 linear feet of catchment basin and historic drainage ditch would be re-trenched utilizing a tracked CAT 308 Class mini excavator and a tracked CAT 323 Class excavator to a depth of 2 feet deep and 4 feet wide. Approximately 8 cu. yards of sediment would be removed from the catchment basin and drainage ditch and would be disposed of at an appropriate upland location. Approximately 844 sq. ft of reed canary grass (Phalaris arundinacea) and broad leaf cattail (Typha latifolia) would be removed from within the drainage ditch. A check dam composed of approximately 0.2 cu yds of 4-inch Ø quarry spalls would be installed at the outflow of the wetland to a height of 1.5 feet at its center point. Excavation equipment and dump trucks would enter the site from the access easement located on the Fire District property and the subject property. All enhancement planting would be located on the south side of the property.

LOCATION OF PROPOSAL: PUD parcel #241701410000, next to the Chelan Fire District #3 Station.

PROPONENT/ LEAD AGENCY: Chelan County PUD

RESPONSIBLE OFFICIAL: Edrie Risdon

POSITION/ TITLE: Permit Coordinator, Chelan County PUD

ADDRESS: P.O. Box 1231 Wenatchee, WA. 98807

DATE: January 23, 2019  
 SIGNATURE:

The lead agency for this proposal has determined that it does not have a probable significant adverse impact on the environment subject to the stipulated mitigations under the State Environmental Policy Act Rules. The lead agency has determined that there are no probable significant adverse impacts that cannot be mitigated and has issued a Mitigated Determination on Non-significance. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.

MITIGATING CONDITIONS: Trenching operations shall only be conducted when the water level is at its lowest point of the year (July 1-September 30). Vegetation removal within the wetland will be limited to herbaceous species such as reed canary grass (Phalaris arundinacea) and broadleaf cattail (Typha latifolia). No mature woody vegetation shall be removed from the wetland during trenching. Native wetland vegetation shall be planted along the southern portion of the parcel to mitigate for potential impacts resulting from accessing the project through the buffer and trenching within the wetland. Water entering the wetland shall be collected and pumped around the project location during construction. Water exiting the wetland shall be monitored for turbidity during and after project completion. If turbidity levels exceed DOE standards, all work will be halted until the issue can be resolved. Permits from all agencies with jurisdiction must be obtained prior to beginning any work on the site.

This MDNS is issued under WAC 197-11-340(2); the lead agency will not act on this proposal for 14 days from the issue date. Comments must be submitted by February 6, 2019.

Published in The Leavenworth Echo/ Cashmere Valley Record on January 30, and February 6, 2019. #84233

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of: GEORGE MELVIN FRESE, Deceased.  
 Case No.: 19-4-00013-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representatives named below have been appointed as personal representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representatives or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the latter of: (1) Thirty days after the personal representatives served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.

Date of First Publication: February 6, 2019

Personal Representatives: Glen A. Frese and Laurel L. Fife

Attorney for Personal Representatives: Craig Larsen  
 Address for Mailing or Service: 27 Harrison St. Wenatchee WA 98801

Court of Probate proceedings and cause number Chelan County Superior Court Case #19-4-00013-04  
 Published in The Leavenworth Echo/ Cashmere Valley Record on February 6, 13, and 20, 2019. #84295

SUMMONS BY PUBLICATION No. 18-2-01186-04 SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

RAYMOND C. SCHMITTEN, a married man as his separate estate, Plaintiff, v. PABTISTINE JUDGE and any Unknown Heirs and Devises of PABTISTINE JUDGE; also ALL OTHER PERSONS OR PARTIES UNKNOWN CLAIMING ANY RIGHT, TITLE, ESTATE, LIEN, OR INTEREST IN THE REAL ESTATE DESCRIBED IN THE COMPLAINT HEREIN, Defendants.

THE STATE OF WASHINGTON to all defendants, named and unknown:

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty days after January 9, 2019, and defend the real property quiet title action in the Chelan County Superior Court, and answer the complaint of the Plaintiff, Raymond C. Schmitten ("Plaintiff"), and serve a copy of your answer upon the undersigned attorney for Plaintiff, at his office below stated; and in case of your failure so to do, judgment will be entered against you according to the demand of the complaint, which has been filed with the clerk of said Court.

The object of this action is to quiet title in Plaintiff and eliminate any and all interest any defendant may have, if any, in and to a parcel of real estate situated in Chelan County, Washington, more particularly described as follows:

Parcel A: The southerly 30 feet of that portion of the west half of the southwest quarter of Section 3, Township 23 North, Range 19, East of the Willamette Meridian, Chelan County, Washington, described as follows: beginning at the northeast corner of said subdivision and run west on the north line thereof 330.4 feet; thence SOUTH 1332 feet, more or less, to the north bank of the Wenatchee River; thence southeasterly along said north bank to the east line of said subdivision; thence north 1605 feet, more or less, to the point of beginning; AND

Parcel B: That portion of the southwest quarter of the southwest quarter of Section 3, Township 23 North, Range 19, East of the Willamette Meridian, Chelan County, Washington, lying north of the Wenatchee River. Plaintiff seeks no monetary relief from any defendant. DATED this 3rd day of January, 2019.

J.C. BROWN LAW OFFICE, PLLC

By: /s/ Joseph C. Brown, Jr., WSBA No. 17991, 200 Aplets Way, PO Box 384 Cashmere, WA 98815

Published in the Cashmere Valley Record/ Leavenworth Echo on January 9, 16, 23, 30, February 6, & 13, 2019. #84064



PUBLIC NOTICES

Superior Court of Washington For Chelan County

In re the Estate of REGINA STROUD, Deceased  
 NO.19-4-00017-04  
 NOTICE TO CREDITORS

The personal representative named below has been appointed and has qualified as the personal representative of this estate. Persons having claims against the deceased must, prior to the time such claims would be barred by any otherwise applicable statute of limitations, serve their claims on the personal representative, or the attorney of record, at the addresses stated below, and file an executed copy of the claim with the clerk of this court within four months after the date of first publication of this notice, or within four months after the date of filing of the copy of this notice with the clerk of the court, whichever is later or, except under those provisions included in RCW 11.40.011 or RCW 11.40.013, the claim will be forever barred.

DATE OF FILING COPY OF NOTICE TO CREDITORS with clerk of the court: January 18, 2019  
 DATE OF FIRST PUBLICATION: January 23, 2019

Personal Representative: Steve Stroud 310 S. Mission Wenatchee, WA 98801

Attorney for Estate: Kyle D. Flick Attorney at Law 222 South Mission Wenatchee, Washington 98801 (509) 662-3333

DATED this 18th day of January 2019.  
 LAW OFFICE OF KYLE D. FLICK, P.S.  
 By /s/ KYLE D. FLICK, WSBA #14963  
 Attorney for Estate.

Published in The Leavenworth Echo/ Cashmere Valley Record on January 23, 30, and February 6, 2019. #84212

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF SPOKANE

In the Matter of the Estate of, BONNIE MARTINELL, Deceased.  
 No. 19400064-32

PROBATE NOTICE TO CREDITORS

The co-personal representatives named below have been appointed as Co-Personal Representatives of this estate. Any person having a claim against the Decedent that arose before the Decedent's death must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Co-Personal Representatives or the CO-Personal Representatives' attorney at the address stated below a copy of the claim, and filing the original of the claim with the Court. The claim must be presented within the later of: 1) thirty days after the Co-Personal Representatives served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or 2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim will be forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets.

Date of First Publication: January 23, 2019  
 Co-Personal Representatives: HEIDI STRASSER CHRISTIAN BAILEY  
 Attorney for Personal Representative:

William A. Buckholdt Randall I Danskin PS  
 Address for Mailing or Service: 601 W Riverside Ave., Ste 1500 Spokane WA 99201

DATED this 15th day of January, 2019.  
 HEIDI STRASSER CHRISTIAN BAILEY

Presented by: RANDALL I DANSKIN PS

By WILLIAM A. BUCKHOLDT, WSBA #29833 Attorneys for Estate

Published in The Leavenworth Echo/ Cashmere Valley Record on January 23, 30, and Feb.6, 2019. #84198

