CELEBRATING 112 YEARS • 1907-2019



FEBRUARY 20, 2019 · VOLUME 112, No. 8 Single Copy \$1.00

New Queen of Cashmere has been crowned

PHOTO BY KAL

Pictured is the new Queen of Cashmere, Johanna Christensen, being crowned with her the two new princesses by her side. (I to r: Faith Acton, Christensen, Katherine Silva)

By Kalie Drago

Record Reporter

Six bold Cashmere girls took the stage at the Cashmere Middle School auditorium on Sunday, February 17 for a chance to become 2019's Cashmere Royalty.

From the opening act of the girls dancing to the catchy pop ballad Heroes (to match the theme) to the final moment when the candidates embraced the newly

crowned Royalty - the girls each brought something different, but all appeared to put in the same degree of effort.

Even with minor technical difficulties, each girl smoothly

delivered their speech and showed off their talent. Not one of the candidates stumbled over the impromptu questions and each gave

CONTINUED TO PAGE A2

Cashmere boys claims district title, qualify for state

By Al Stover

The Cashmere High School boys basketball team added a few more accomplishments in the span of six days: winning the District 6 championship, qualifying for state and sophomore Mason Landdeck scoring his 1,000th career point.

The Bulldogs' 70-58 win against Okanogan on Feb. 11 solidified their claim to the District 6 title. On Feb. 16, Cashmere defeated Northeast A League rival Lakeside, 85-60, to advance to state regionals. During the game, Landdeck, who led the Bulldogs in scoring with 35 points, broke 1,000 career points.

Head Coach Levi Heyen said the team is excited to win the district championship after a "long regular season" against tough conference opponents.

oponents. In what was round 13 of the BulldogBulldog series, Cashmere struggled in the first quarter as the physical Okanogan team took an 8-1 lead in the opening minutes. The Caribou Trail League champions took the lead after Carter Alberts' back-to-back free throws. Nate Phillips' buzzer-beater three-point shot boosted Cashmere's lead 16-11.

Heven said Okanogan was a bigger

team physically and Cashmere wanted to play a physical, boxed out defense. He noted the team succeeded in neutralizing Okanogan's top scorer, Gage Wilson.

Cashmere continued their lead in the second quarter with 28 points, but Okanogan continued to fight back, chipping in 20 to make it a seven-point game at the end of the first half.

Cashmere boosted their points with

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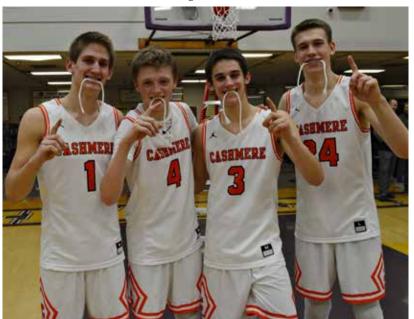


PHOTO BY AL STOVER/CVR

Cashmere Bulldog teammate celebrate after winning the District 6 Championship. (From left to right) Sam Phillips, Mason Landdeck, Nate Phillips and Carter Alberts all contributed to the district title victory.

Lady Bulldogs captures District 6 championship, advances to state regionals



PHOTO BY AL STOVER/CVR.

Grace Erdmann cuts one of the strands from the net minutes after she and the Lady Bulldogs won the District 6 title.

By Al Stover

Despite snowstorms and tough competition, the Cashmere High School girls basketball team captured another District 6 championship and qualified for the state tournament in a single week.

The Lady Bulldogs, who already captured the Caribou Trail League title, defeated Omak 76-37, on Feb. 11 to win the District 6 title. The game was previously scheduled for Feb. 9, but postponed due to snow.

Cashmere started with a 17-13 lead in the first quarter. The Lady Bulldogs came out of the gate slow, and traded the lead with the Lady Pioneers in the early minutes of the frame. Their offense flared up in the second quarter with 23 points, closing the first half with a 40-23 lead.

"We started a little flat," Head Coach Brent Darnell said. "The energy was down, but when you play someone four times it's hard to get ramped up to play them again. I've also got to give it to Omak. They had a good game plan and they played well

that first half."

Cashmere added 16 points in the third quarter, including Hailey Van Lith's last-second three-pointer, while their defense kept Omak to four points. The Lady Bulldogs finished with 20 points in the final frame.

"We played better defense, and we came out with more energy and emotion in the second half," Darnell said. "Our fight was better, I'm just proud of what we accomplished here today."

Van Lith led the team with 37 points while Grace Erdmann had 10.

The Lady Bulldogs continued their quest to state on Feb. 16 with a 51-27 lead over Northeast A League's Deer Park in the C crossover game against Northeast A League's Deer Park.

The Cashmere High School girls continued their quest to the state tournament on Feb. 16 with a 51-27 win over Northeast A League's Deer Park in a CTL-NEA crossover game.

After struggling to make their shots in the opening minutes of the

CONTINUED TO PAGE B1

Cashmere Poetry Slam --- rap or Rimbaud* accepted

By Kalie Drago

Any aspiring Emily Dickensons or Shakespeares, those with an affinity for poetry or even just teens proud of where they're from - all of the above, as long as they were between the ages 14-19 or 9th -12th grade, were invited to submit a poem by February 15.

After weeding through submissions, the top 15 poems and the poet behind them was promised the opportunity to perform at the minor league poetry slam. On February 20, at Milepost 111, the teens would brave the crowd and perform their poems to an audience and judges.

"I think it will really boost the teens self esteem and confidence," said Lisa Lawless, Cashmere librarian who was a major coordinator of the event.

The junior poetry slam was organized by the Cashmere Public Library, particularly Lawless, and the Cashmere High School English teachers, especially English teacher, Karen Gemeinhart. Lawless said the idea stemmed from a training through North Central Regional Library. The library already had a relationship previously formed with the Cashmere High School English department through events like the library card drives, so the two entities partnered up to put together the poetry slam.

"It was all about outreach and working with the community more," said Lawless.

The theme to drive the narration of everyone's poems is "Where I'm From" and each teen will use creative liberty to spin the poem - not just around their home base, Cashmere, but rather what piece of their background, home or lifestyle makes them who they are.

"I felt like it was a theme everyone could relate to. This doesn't necessarily mean a poem about Cashmere - it could be a poem about the last person in the lunch line," explained Lawless. "For me, I'd say I'm from Apple Jack pancakes with peanut butter on top because that's something I grew up with. It's more so your background, a certain part of your life - what you consider part of you as a person."

Each of the four talented poets who win will be given prizes that were locally donated and the top poet will receive \$100. The Friends of the Cashmere Library are also contributing the grand prize - which the audience will be voting on. Other poets will also receive prizes, selected by a panel of five judges.

"The audience gets to vote and ... get to write a little positive note to the top person they pick, so that'll be positive feedback for them," said Lawless.

Lawless chose the judges randomly from the community based on their personal interest in poetry, a compatible background and of course, individuals that would be non-biased.

"The teenagers who make it for the final cut, because we're doing fifteen, they have a very good chance of coming home with some prizes," said Lawless. "There are quite a few very nice donations from businesses in town and also Friends of the Library are doing the grand prize."

The prizes donated vary from two weeks unlimited at local yoga hotspot, Mission Movement and the often frequented, Crossfit on Sunset

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 Bulldog Scoreboard
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Cashmere, WA 98815

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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofi publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

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Acton, Christensen and Silva are the new Cashmere Royalty giving a wave to the applauding crowd.

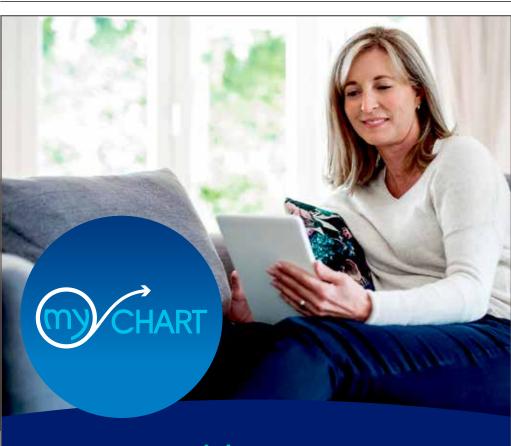
Cashmere Royalty

CONTINUED FROM PAGE A1

a candid but eloquently done reply. The preparation for the pageant from the girls was apparent throughout.

However, despite each girl having put her best foot forward, only three could take the title of Cashmere Royalty. Katherine Silva, who performed a contemporary dance that she personally choreographed, was named a princess. Faith Acton, who did a fun monologue of a girl getting those familiar jitters before a first date, was also named a princess.

Johanna Christensen, who recited a powerful spoken word poem, was named Queen of Cashmere. Not only did she receive thunderous applause as she was crowned, but Christensen was also enveloped by her fellow candidates on the stage.



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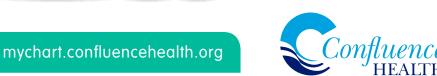
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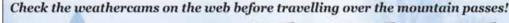
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■ COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.

Cashmere Food Bank, 2:30 p.m. - 4 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed.& Saturdays.)

Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall Call 782-3513. (last Wed. of each month.)

The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)

Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.

For more information, please call 782-3811.

Cashmere Sportsmen's Gun Club, 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 (1st Thurs.)

American Lady's Legion, 7 p.m., American Legion Hall, 401 Sunset Highway. Call President Linda Ingraham,

679-0243 (1st Thurs.)

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)

Sunday

CHURCH: See the church page for local service times and events. The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)

Young Life Club, 6:30 p.m. Open to all high school age students.

Call T.J. Kaapuni. 509-679-3247. Boy Scouts, 7:00 p.m. Boy Scout building, 201 Riverside Drive.

Call Scoutmaster, Jim, 783-3513. Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds.

Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p,m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).

Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month)

Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.) Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location,

782-7404. (3rd Tues.) Monitor Homemakers, Noon. location varies. Call Florence, 663-1570. (2nd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314

Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.

Thursday: 11:00 a.m.- 8:00 p.m.

Saturday, 9:00 a.m.- 1:00 p.m.

Sunday: Closed.

Events:

Tuesday & Wednesday, Story time Pre-K & up

Wednesday: Preschool Story time, 10:00-10:30 a.m. Wednesday: Bilingual Story time, 4:30-5:00 p.m. (last Wed. of

Thursday: ATLAS events, 3:30- 5:00 p.m. (during school year)

Friday: Baby/Toddler Story time, 10:30-11:00 a.m.

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m.,

at the Cashmere Museum, 600 Cotlets Way. Call 782-3230.

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.

SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)

Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

Cashmere Public Library

Philosopher David E. Smith will present the program Civil Conversation in an Angry Age at the Cashmere Public Library, 6 p.m., Feb. 21. His talk is part of the Humanities Washington Speakers Bureau. (r7,8).

Cashmere Food Bank Now Open on Saturdays

Transportation

advance

chair, Rep. Jake Fey, will share

his two-year transportation

budget. Soon after that, Sen.

Steve Hobbs, the Senate

Transportation Committee

chair, will reveal his budget

plan. Once both budgets

respective committees, they

will be debated and approved

in their respective chambers

meet to work out differences

reacheu, assuming things go

smoothly, both chambers will

vote on the compromise budget.

It then advances to Gov. Jay

Inslee for final consideration.

The legislative session is

What it funds

The transportation budget

funds several state agencies

and commissions that serve

our transportation system,

including the Washington

State Patrol, Department of

scheduled to end April 28.

through

Committee

their

and Senate.

ise and Senate

leaders will

a compromise

n agreement is

New days for the Food Bank are the 2nd and 4th Wednesdays and the following Saturdays and new times now are 2:30-4 p.m., at 109-C Railroad Ave. Contact Jim for information 741-7551.

Regional

2nd annual Lip Sync Contest

Will take place on February 23 at the Wenatchee Convention Center Ballroom and sponsored by Mission Creek. Tickets are \$15, in advance \$12. Doors open at 6 p.m. and show starts at 7 p.m. Must be 18. For more information, 663-2787. (er8).



and Freight Mobility Strategic Investment Board. The budget also appropriates funds for a variety of maintenance and preservation projects and numerous previouslyapproved road and bridge projects based on their construction schedules.

Local transportation improvements

Transportation infrastructure is critical to our area's economic growth and quality of life. Not only is having an efficient and effective transportation important system for getting our crops to market, it is important for safety. Transportation continues to be one of my top priorities as a legislator. For more information on local transportation projects and plans, please read my e-newsletter from last November or my guest column in The Wenatchee World. If you are interested in more information about the 2017-19 transportation budget, please click here. You can view the 2018 supplemental transportation budget here.

Student Spotlight

Student Addison Hoffman

on: "Addi-son is doing an excellent job as the 2019 CHS Webmaster. Not only doe she regularly update and create content for our website, but he has proved

invaluable with all things technology related. I appreciate his positive attitude and his diligence no matter what the task at



Teacher: Holly Parents: Bert & Sharon Hoffman Grade: 12 etivities: FBLA Vice President, FFA, Skills USA and Honor Society

Sports: Tennis Future Plans: Pursue an Engineering Degree in The Discipline of Civil or

Athlete Maddie Fadenrecht

Reason: Maddie placed 4th at the Regional Tournament at HS Eastmont Saturday, February 2nd. She has now qualified for State Classic) (Mat

in Tacoma February 15-16th. Athletic Director Jeff Carlson

Coach Ken Hoyt: "Tenacious and hard-working, Maddie has come a long way. Goaloriented and driven to



GPA: 3.56 Sports: Wrestling Future Plans: I plan on pursuing some type of AG Degree in college and wrestle if possible.

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■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

Tuesday, noon, First Baptist Church, 429 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, Kristalls Restaurant, 280 US-Hwy.2, Leavenworth Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939 **Alanon Meeting Schedule**

Monday, 7 p.m., United Methodist Church, 418 Evans St.

■ SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth **Events Calendar**

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

bread or roll, dessert.

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth **Events Calendar**

February 21, Thursday: Meatloaf, potatoes and gravy, green beans, carrot raisin salad, apple celery salad, whole wheat bread or roll, dessert.

February 22, Friday: Stuffed cabbage rolls, roasted red potatoes, green beans, strawberries and bananas, whole wheat bread or roll, desert.

February 23, 24, Saturday and Sunday: no lunch.

February 25, Monday: Hamburger steak with grilled onions, twice baked potatoes, trio vegetables, garden veggie salad, whole wheat bread or roll, berry crisp.

salad, three bean salad, peaches, whole wheat bread or roll, February 27, Wednesday: Country fried steak, potatoes and

gravy, buttered corn, garden salad, chilled pears, whole wheat

February 26, Tuesday: Clam chowder, cottage cheese, broccoli

Cashmere Poetry CONTINUED FROM PAGE A1

Highway to gift certificates to local eateries like Weeds Cafe, Brian's Pizza and Bowling and milkshakes from Doane's Valley Pharmacy. Jerry's Auto Supply, Salt Creek Apothecary and Milepost 111 also donated

Beyond the prizes and the thrill of being in the spotlight, the teens will also take home the glory of being brave enough

to express themselves in front of their community. "Poetry is a way to express

yourself and the community, their parents, their peers are going to be there and so encouragement is happening," said Lawless. "I feel like Cashmere is a really awesome community because I see how they like to support each other."

*Arthur Rimbaud is a long dead French poet championed by many in the drama-infested and sensitivity-minded 1970s.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

February 8

17:10 Public assist, 9400 Nahahum Canvon Rd. 19:38 Property, 101 Woodring

19:40 Traffic offense, 329 Tigner Rd., Cashmere High School.

February 9

Rd. #12.

February 10

February 11

07:35 Atl/atc, 6319 Hay Canyon Rd. 17:18 Runaway, 6251 Kimber

00:34 Court order violation,

7152 N. Dryden Rd., Dryden. 19:34 Animal problem, S. Division St & Railroad Ave.

20:23 Warrant, 313 S. Division St.

11:12 Welfare check, 12:54 **Hazard**, 5600 Blk. Sunset

Hwy.

15:09 **Domestic** disturbance, US Hwy 2 MP

16:51 Assist agency, US Hwy 2 & Red Apple Rd. 19:04 Court order violation, 5607 Sunset Hwy.

February 12

08:52 Alarm, 5740 Vale Rd., Old Mission.

10:23 **Civil**, 103 Aplets Way. 14:05 Harass/threat, 209 Woodring St., Kashmir

Gardens 15:20 Parking/abandon, Hay

Canvon Rd. MP 3. 18:16 **Public assist**, 405

Elberta Ave., Grace Lutheran. 21:07 **Scam**, 4953 Mission Creek Rd

February 13

Dryden.

01:39 Public assist, 229 Cottage Ave. 10:07 Trespass, 36 Raptor Ln.,

12:14 **Scam**, 5883 Pioneer Dr.

16:14 Parking/abandon, Vine St. & Norman Ave. 18:28 Court order violation.

300 Paton St. #A. 20:02 **Hazard**, 5647 Sunset

Hwy, Taqueria El Chavo. **February 14**

11:36 **Welfare check**, 4860 Mission Creek Rd.

15:08 Civil, 7276 Brender Canyon Rd.

16:55 Assist agency, US Hwy

2 MP 112.

22:35 Assist agency, 318 Peshastin St.

A4 CASHMERE VALLEY RECORD · FEBRUARY 20, 2019

FFA Week



Back Row: Shelbi Thomas, Colson Brunner, Tucker Weatherman, Ryan Kruiswyk, Sam Dotson, Addison Hoffman, Tyson Seidensticker, Cole Scott, Jonah Groce, Dominic Harrington and Kyle Carney. Fifth Row: Bella Fox, Tyler Banning, Brenda Berglin, Baz Lloyd, Gavin McCabe, Kaden Keogh, Greg Worley, Andres Hernandez, Brayden Weatherman and Erin Kinser. Fourth Row: Mr. Finch, Sophie Graybill, Kyler Keogh, Duke Odenrider, Riley Yonaka, Easton Risdon, Lauren Kelly, Caitlyn Spaeth, Gage Yonaka, Isabel Fadenrecht and Neely Ovenell. Third Row: Katelyn Cooper, Tristan Hoffman, Stormi O'Keefe, Jordan Holladay, Myles Chapman, Lauren Kert, Ashlee Worley, Anika Simmons, Ryan Cooper and Evelyn Edwards. Second Row: Taicha Christensen, Peyton Brown, Macy Lowe, Miranda Sites, Isabella Lyons, Elle Spears, Elizabeth High, Justice Provo, Isolina Henshaw, Jalynn Darnell, and Faith Larson. Front Row: Elizabeth Worley, Maggie Finch, Aranza Arroyo, Lizzy Carney and Annie Weber.

By Kalie Drago

From competing in the Chelan County Fair last September, collaborating with other FFA students in October at the National FFA Convention and participating in apple judging in December - the first semester was chock full of different opportunities to observe the FFA students engaged. The spring semester is no different and brings a new wave of activity - including National FFA Week.

"We'll do a chapter meeting that's a pizza party, along with a daily drawing for a prize for all FFA members throughout the week," said Rusty Finch, FFA advisor. He also mentioned considering doing a parent night to incorporate FFA members' parents in a student and parent competition filled evening.

With around 80 members, the Cashmere FFA program is not short of students interested in participating FFA. In the

fall, Cashmere's FFA took 56 students to the fair and 11 students to Nationals. And according to Finch, upcoming for the spring is getting geared up for subdistrict and district leadership competitions in March. Those will qualify for state, which will be in May.

"(It's beneficial for students to be in FFA) because it's an application of what they've learned in the classroom and ultimately I think there's more learning and more skills developed when they can actually apply it - and we apply it in a competitive format against peers of their same age and caliber," said Finch. "

However, accomplishments aren't just in competition form. Six members, if they get their paperwork done in time, will get their State FFA Degree, according to Finch. For this, they'd have to earned or invested \$1,000, they'd have three years of agricultural education classes under their belt, and participated five activities above the

chapter level. "It also gives them some experiences they normally otherwise wouldn't get," said Finch. "It gives them the opportunity to earn money through their own entrepreneurial type projects. If a kid raised an animal for the fair, just one a year, they could graduate high school with roughly \$2,500 in their pocket because businesses around

the area really believe in these kids and support them way

above the value of that pig." So FFA isn't just a club exclusive to those who are drawn to agriculture or foresee a career in farming - but rather being solid communicators, consumers and business entrepreneurs. Finch made the point that these students are putting together a business portfolio while simultaneously learning

technical skills soft skills such as communication that can be broadly used in many career fields.

"This is a battle of mine, these kids think that it's a farming club, that you're tied to agriculture and that's not it all. It's exposing them to agriculture, teaching them how to be sound consumers and ultimately votes and decision makers in the future," said

Those who hesitate to join FFA often see the barrier as what Finch thinks is a misconception - rather he emphasizes the importance of being self-aware of the area they live in and the importance of agriculture behind it.

"I think kids, especially in this valley, they need to know the value of agriculture in this valley," said Finch. "It's our bread and butter, it's our

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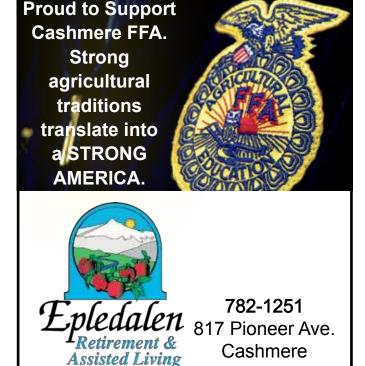
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PESHASTIN



PAGE B1

SPORTS & SCHOOLS



Cashmere's Hailey Van Lith tries to fend off two Deer Park players on her way to the basket.



PHOTO BY AL STOVER/CVR.

Cashmere's Ellie Alberts eyes the basket before going for two.

Lady Bulldogs

CONTINUED FROM PAGE A1

quarter, Cashmere gained some offensive momentum later in the frame to take a narrow 13-9 lead. The Lady Bulldogs increased the pace in the second quarter, adding 18 points to take a 31-20 lead in the first half.

Cashmere's defense kept

Deer Park to four points in the third quarter, while chipping in six. The Lady Bulldogs finished with 14 points in the final frame while keeping the Lady Stags to four points.

Van Lith led the team in scoring with 24 points.

Darnell credited the Lady Bulldogs' defense, specifically in the second half, as a key factor in the win over Deer



PHOTO BY AL STOVER/CVR. Cashmere's Riley Johnson attempts to keep the ball from two Omak defenders during the

Park. He explained the team has emphasized playing a strong defense all season long, especially when they find themselves in scenarios where they are not shooting the ball well. He also was proud of the Lady Bulldog's effort against a solid Deer Park team.

District 6 title game.

"I thought everyone played well," he added. "We had good looks and good shot selection, it's just the ball didn't go in (all of the time)."

The win advances Cashmere to the state regionals, which are scheduled for Feb. 22-23. A win for the Lady Bulldogs earns them a bye in the first round of the 1A state tournament.

Darnell said the Washington Interscholastic Activities Association's RPI rankings will determine Cashmere's next opponent. He added that there is a chance the Lady Bulldogs will be ranked No. 4, which means they would host the No. 5 seed.





Cashmere's Mason Landdeck scored his 1,000th point during the Bulldogs' win over Lakeside.



PHOTO BY AL STOVER/CVR. Cashmere's Brooks Elliot searches for an open



Cashmere's Nate Phillips attempts to move past a Lakeside guard.



PHOTO BY AL STOVER/CVR

Cashmere's Huber Farias (right) is moments away from sinking a two-pointer.

Cashmere boys

CONTINUED FROM PAGE A1

18 in the third quarter and 14 in the final frame.

Landdeck led Cashmere with 22 points while Sam Phillips had 17 and Nate Phillips added 14. Hoyt said Landdeck and Nate Phillips made some key shots and played well as did Sam Phillips, who played despite rolling his ankle in practice. He also credited Brooks Elliot for playing good defense and rebounding, especially in the fourth quarter.

"Defense won us the league and district titles," Heyen said. "We know that even when we don't shoot well, we can win games."

Cashmere earned a shot at the state tournament on Feb. 16 after their 85-60 win over Northeast A League's Lakeside in a CTL-NEA crossover game.

The Bulldogs opened with a strong 23-16 lead in the first quarter, including 15 from Landdeck. Cashmere chipped in 21 points in the second quarter to take a 44-29 lead in the first half.

The Bulldogs continued their offensive momentum, adding 26 points in the third quarter and 15 in the final frame.

Landdeck was not the only Bulldog in double digits as Huber Farias finished the game with 14 points and Nate Phillips added 13.

The win earned the Bulldogs a measure of redemption. Last season, Lakeside defeated Cashmere to end the latter's 2018-19 campaign. Heyen noted that the 2019 rematch with the Eagles was different than last

but we had a different team this year," he added. "Lakeside is a good team, we just had an outstanding night."

Heyen credited the team's defense and offense, noting that players like Landdeck, Farias, Sam and Nate Phillips all made their shots. He added that the Lakeside win would be Heyen. If Cashmere wins their the last game in the Ron Doane Gymnasium before it is torn

down later this year. The Bulldogs return to action in the state regionals, which are scheduled for Feb. 22-23. The team will have to keep a close eye on the Washington Activities Interscholastic

Feb. 11

Feb. 16

Association's RPI standings to learn who they face next, though the Lakeside win will likely move them up to No. 7 in the rankings, according to

next game, they will receive a first-round bye in the 1A tournament. "We still have a lot of work to

do, but we're going to enjoy this accomplishment," Heyen said.



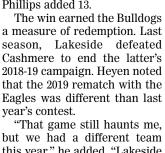
Cashmere Middle School "Chieftains of the Month." The students below were recognized for February.

Bottom (L-R): Freya Dronen (5th), Wyatt Nelson (5th) Middle (L-R): Reece Westlund (7th), Drake Mutch (7th), Lily Wilson (6th), Lily Erdman (6th) Top (L-R): J.J. Groener (8th), Sadie Smith (8th)

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BOYS' BASKETBALL

GIRLS' BASKETBALL Feb. 11 Cashmere 76, Omak 37 Feb. 16 Cashmere 51, Deer Park 27

Cashmere 70, Okanogan 58

Cashmere 85, Lakeside 60

Sports Schedule BOYS' BASKETBALL

Feb. 22-23 State regionals, TBD

GIRLS' BASKETBALL Feb. 22-23 State regionals, TBD

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Eternally Secure

There is a question that crosses the mind of even the most faithful Christians.

"Can I lose my salvation?"

The answer is a resounding "No." To those who have been effectually called unto salvation and have been regenerated by the Spirit, they are eternally secure.

AWALK

WITH

PASTOR

JOHN

SMITH

this phrase Now "eternal security' does raise a bit of

controversy because there are texts that suggest our eternity is not so secure. For example, in Hebrews 6:4-8, speaks about people who have "been enlightened, who have tasted the heavenly gift and shared in the Holy Spirit and have tasted the goodness of the word of God and powers of the age to come" yet "have fallen away" never to return and will remain lost. Or Hebrews 10:28 "For if we go on sinning deliberately after receiving the knowledge of the truth, there no longer remains a sacrifice for sins." Doesn't this teach that there is a point at which, someone can lose their salvation?

The two references in Hebrews, while on the surface seem to be to undermining a believer's eternal security, when looked at more closely, do not refute the assurance of the Christian. Instead, they are simply exhortations to persevere in the faith. It is obvious, if one doesn't continue on with Christ, they have no assurance of their eternal salvation. Instead of those who fall away, or reject their confession of Jesus, only reveals that they were never saved, to begin with.

1 John 2:9 says this, "They went out from us, but they were not of us; for if they had been of us, they would have continued with us. But they went out, that it might become plain that they all are not of us." The "us" in this verse refers to those who have been born again by the Spirit of God and the "they, well they certainly looked like they were born again but simply didn't continue on and rejected Christ, revealing that they were never of him or the company of the redeemed.

To put it simply, true Christians persevere and the Bible guarantees that they will.

Why? Because they have God working in them.

Philippians 1:6 is one of the strongest encouragements for the individual who may be troubled about the eternality of their salvation. It says, "that he who began a good work in you will bring it to completion at the day of Christ." What God has begun in the Christian's life, he will continue to grow that individual spiritually until the return of Jesus.

Philippians 1:6 ensures that if God has truly done a saving work in you, he will not leave it unfinished nor will he let any believer go.

Additionally, the Christian has Jesus working for them.

One of the main reasons why a Christian can have security regarding their salvation is because of the sovereign authority of Christ. It is Christ's power, not our own, that keeps us saved. It was theologian John MacArthur who put it best, "If you can lose your salvation, you would". Let's be honest, at the first sign of difficulty or the first hint of struggle, we would have bailed on Jesus a long time ago.

So why are some of you still saved after 20, 30, or 40 years? It is because Christ has kept

"Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy" (Jude 24).

Every single moment, we are kept by the sovereign hand of Jesus. Those who are in his hands, no one, not even you, can be plucked out of them (Jn. 10:28). To put it another way, Christ's grip on you is infinitely stronger than your grip on him.

No one who is called by God unto salvation and has received Christ as their Lord will lose their eternal reward. Eternal life is given to us by Christ and we are kept by his sovereign authority. Furthermore, we will persevere till the end because we have the Spirit working within us.

All in all, you have all the security you need if you have the eternal Jesus as your Savior.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



Cashmere grapplers finish season at Mat Classic XXXI



CONTRIBUTED PHOTO BY ROGER HARNACK

Maddie Fadenrecht bounced back from her first-round loss to defeat Decauter's Zekiah Popp in their consolation bout.

By Al Stover

The Cashmere High School wrestling team concluded their 2018-19 season at the Mat Classic XXXI in Tacoma on Feb. 15.

Although no Bulldog wrestlers made it to the podium, several athletes picked up wins during the tournament.

Whelan Gillikin was 1-2 in the 145 pound weight class. Gillikin earned Cashmere's first victory of the day after an 11-2 majority decision over Lakeside's Ian Hendershot. In his next match, he lost to Mount Baker's Anthony Hadeen via pin in the third period.

Gillikin finished tournament with a 13-11 decision loss to Montesano's Jordan King.

Aaron Guerrero went 1-2 in the 126 pound weight class. He lost his first-round match against Deer Park's Matthew Jorgensen via pin, then bounced back with a 9-2 decision over Highland's Michael Wehres. He was eliminated from the tournament after his 9-2 decision loss to Vashon Island's Peyton Bonaventura.

Duke Odenrider finished 1-2 in the 152 pound division. After his pinfall loss to Deer Park's Max Leonard, Odenrider pinned Cascade Christian's Tyler Wissing in the first period of their match. He lost his final bout to Montesano's Isaac

Erick Rodriguez was 0-2 in the 106 pound division. He opened the tournament with a loss to Lakeside's Ty Friedman after getting pinned in the third period. Rodriguez received a bye to the second round of the consolation bracket where he lost an 18-6 majority decision

to Stevenson's Brenden Dudley. Myles Chapman finished 0-2 in the 113 division. Chapman was pinned by Medical Lake's Aden Carl in the first period. He then fell to Elma's Braedon McMillian via pin.

Blake Brown went 0-2 in the 132 pound division. Brown endured a defeat against Deer Park's Levi Miller via pin. He was eliminated from the tournament after his pinfall loss to Columbia-White Salmon's Jack Kelly.

Baz Lloyd was also 0-2 in the 152 pound weight class. Lloyd suffered a second-period pin to Medical Lake's Victor Long. He was eliminated from the tournament after his pinfall loss to Granite Falls' Antelmo Hernandez.

Maddie Fadenrecht, who was the second girl in Cashmere High School history to wrestle in the state competition, went 1-2 in the 120 pound division. Fadenrecht began the tournament with a pinfall loss to Sunnyside's Riley Guerrero in the first period. She rebounded from the loss to earn an 11-9 decision over Decauter's Zekiah Popp.

Fardenrecht wrestled her last match against Clover Park's Terri Ajifu via pin.

The Bulldogs mat squad finished the year at 3-7 overall in Caribou Trail League duals, sweeping Okanogan twice and defeating Omak once. Several wrestlers earned medals in various tournaments throughout the season.

Cashmere only loses one senior, Brown, to graduation. Many of this year's athletes could likely return next season, bringing with them state-level competition and big-match experience.



Cashmere's Whelan Gillikin opened the Mat Classic with a win over Lakeside's Ian Hendershot.

Cashmere's Dotson swims at state championships

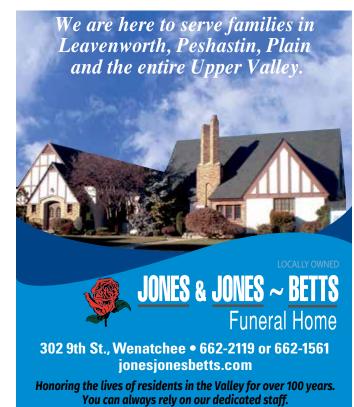
By Al Stover

Cashmere High School's Aster Dotson ended his season on Feb. 15 at the 2A Boys Swimming and Diving Championships at the King County Aquatic Center in Federal Way, Washington.

Dotson finished 17th in the 100-yard butterfly race, clocking in a personal record of 58.42 seconds. This time broke Dotson's previous PR in the 100 butterfly by .85

The Bulldog swimmer qualified for state as a wildcard after he finished fourth in the 100 butterfly event at the District 6 championships on Feb. 1. Dotson also took seventh place in the 100 backstroke at districts.

Fellow Bulldog swimmer Tyson Seidensticker ended his season at the district championships. He finished 10th in the 100 backstroke and 13th in the 200 freestyle.

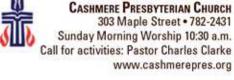


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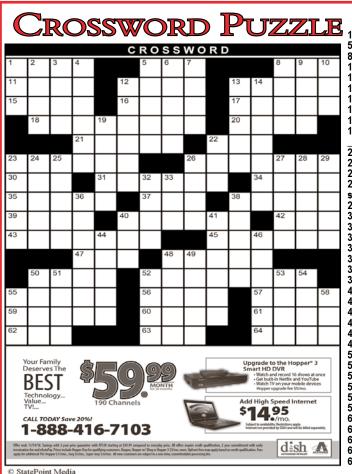


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- Black and white sea bird 38. Razor sharpener 39. Antonym of all
- Starting time 42. Chowed down
- 43. Like geometric reasoning Styled with salon goo
- 47. Decompose 48. Past participle of bear
- Duck-like black bird 52. *A-ha's hit 55. Folium, plural
- 56. Argonauts' propellers 57. Container weight 59. Apartments, e.g.
- Black-eyed legumes 61. Author Murdoch
- 62. Opposite of paleo 63. Checked at bar, pl. 64. Catholic fasting period

DOWN . "Slippery" tree . Done between the lines

- 3. Kind of palm 4. Alex Trebek's forte
- 5. Big name in fashion
- 6. Terminate, as in mission Half-rotten Pot contribution
- 9. In proximity to the Knicks 10. *Def Leppard album, "High 'n'
 12. Pork meatloaf
- 13. Phantom's favorite genre? 14. *"We've got to hold on to what
- 19. Provide with ability 22. *"Goody Two Shoes" singer, Adam
- 23. "Tiger Beat" audience 24. Lowest deck
- 25. Flora's partner 26. Says "what?"
- 27. Beyond suburban 28. Nitrogen, in the olden days 29. Bicycle with a motor
- 33. *Swing ____ Sister
 36. *"Just a city boy born and raised in
- South ____"
 38. Dictation take
- 40. Quaker Man's cereal 41. Emerge
- 44. Itsy-bitsy bits 46. Dal staple 48. Talked like a sheep
- 49. Ladies' fingers 50. Orange traffic controller 51. Spaghetti aglio and
- Serengeti antelope 53. Foal's mother 54. "Joannie Loves Chachi" actress
- 55. *"Oh girls just want to have 58. NYC time

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4

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1

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

HELP WANTED



Caregiver needed

A kind, nurturing person with good listening skills is needed, This is a full-time, position with Vacation, Vision and Dental Benefits We will train and assist with credentialing as a Home Care Aid. Please apply in person at Heritage Heights, 505 East Highland Ave. Chelan, 509-682-1998.

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The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties Prepare, présent and serve the daily breakfast buffet and at catered functions.

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Apply in person. 590 Hwy. 2 Leavenworth.

PUZZLE SOLUTION

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Public NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of: GEORGE MELVIN FRESE, Case No.: 19-4-00013-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

personal representatives named below have been appointed as personal representatives of this estate. Any person having a claim against the dece-dent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representatives or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be pre sented within the latter of: (1) Thirty days after the personal représentatives served mailed the notice to the creditor provided under 11.40.020(1)(c); or (2) months after the date publication of the notice. (2) of first claim is not presented within this time frame, the claim is forever barred, except as wise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.

Date of First Publication: February 6, 2019

Personal Representatives: Glen A. Frese and Laurel L. Fife

Attorney for Personal Representatives: Craig Larsen Address for Mailing or Service: 27 Harrison St. Wenatchee WA 98801

Court of Probate proceedings and cause number Chelan Superior Court #19-4-00013-04
Published in The Leavenworth Echo/
Cashmere Valley Record on February 6, 13, and 20, 2019. #84295

> SUMMARY OF CITY OF CASHMERE RESOLUTION 02-2019

On the 11th day of February, 2019 the City Council of the City Washington passed Resolution 02-2019. A summary of the content consisting of the title provides as

RESOLUTION 03-2016 ADOPTING RATES AND CHARGES FOR GEN-ERAL LICENSES, PERMITS AND MISCELLANEOUS FEES FOR OTHER SERVICES AND **PENALTIES**

A copy of the full text of this resolution detailing the rates is available at Cashmere City Hall or will be mailed to you upon your request to City Clerk, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815.

City of Cashmere 101 Woodring Street Cashmere, WA 98815 Ph. (509) 782-3513 Fax (509) 782-2840

www.cityofcashmere.org Published in The Cashmere Valley Record/ Leavenworth Echo on February 20, 2019. #84516

Public NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of SHIRLEY A. ALLYN,

Deceased No. 18-4-00311-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

The

personal representative below has been appersonal named pointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representa-tive's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court. The claim be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this is forever the claim barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both decedent's probate nonprobate assets.

Date of First Publication: Personal Representative: DAVID L. ALLYN Attorney for the Personal Representative: PEGGI MOXLEY Address for Mailing or Service Elder Law of Wenatchee 216 S. Mission Street Wenatchee, WA 98801 DAVID L. ALLYN Attorney for Personal Representative: ELDER LAW OF WENATCHEE, P.S By: Peggi Moxley, WSBA No. 21680 Published in The Leavenworth Record/ Cashmere Valley Record on February 20, 27, and March 6, 2019. #84520

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Taking Medicines: Patches vs Pills

Several weeks ago, a 75 year-old man in our clinic complained that his nitroglycerin patch "Isn't doing me any good." When I asked him how he wore it, he answered, "I put a new one on every day, in the morning." "Do you wear it all night, too?" "Why wouldn't I?"

"When you wear a nitroglycerin patch for 24 hours straight, after a few days it will quit working. It's weird, but you need to leave it off for at least 8 hours every day. Most people put their nitroglycerin patch on in the morning and take it off at night. That should work for you, too."

Patches are easy and convenient, giving us several days of medicine instead of having to take one pill after another. Several prescription medicines come as patches, including patches for birth control, estrogen and testosterone replacement, hormone methylphenidate for ADD and ADHD, scopolamine motion sickness, nitroglycerin for chest pain and fentanyl (Duragesic®) and lidocaine patches for pain. Some patches don't require a prescription. You can purchase patches to help you quit smoking that contain nicotine in several strengths, a patch to help relieve irritable bladder symptoms (Oxytrol®), and analgesic patches that have nearly as much lidocaine as their more expensive prescription-only counterparts.

Most patches are designed to deliver the same amount of medicine, hour after hour. Compared to pills or liquid medicines, patches begin working more slowly but their effects build up over hours, even or days at a time. The effects of a patch can also persist much longer than you might think. After removing a patch, the medicine that's inside your skin continues traveling into your body for several hours afterward.

The potency of a patch is directly related to how much surface area directly touches your skin, with the larger the dose delivered, the bigger the patch. This makes it very tempting to cut a patch down to adjust the dose, which can be dangerous to do with certain types of patches. Most medication patches use either a reservoir or a matrix



delivery system for its active ingredient. A reservoir patch contains a liquid or gel-like reservoir of concentrated medicine inside, designed to deliver medication at a controlled rate as long as it stays intact. If a reservoirtype patch gets torn or is cut, the concentrated medicine in the liquid or gel may leak out of the patch onto the skin, dramatically increasing the amount of medicine absorbed and creating an overdose.

Amatrixpatchincorporates its active ingredient into the adhesive layer of the patch. This allows some matrix-type patches to be cut to adjust the amount of medicine delivered, unlike the reservoir-type patch. One of the biggest advantages of taking medicine as a patch is that it delivers a consistent dose of medicine over an extended period of time. With a patch, you could apply one every 3 days instead of taking a pill every day.

By delivering medicine through your skin directly into your bloodstream, a medication patch completely bypasses your stomach and significantly reduces stomach upset. Using a patch instead of a pill can cause itching and burning skin from the adhesive, a delayed effect when applying the patch, and a higher out-ofpocket cost to you.

6 Tips on Using **Medication Patches Effectively:**

1. Know when to replace the patch. Some patches need to be removed at specific

intervals. ALWAYS remove old patches before applying new ones.

2. Apply patches only to recommended areas, rotating sites every time. Watch for restrictions on where the patch should NOT be placed, and always choose a different spot for the next one.

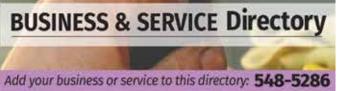
3. Apply patches to clean, dry, and (mostly) hairless areas. Avoid applying patches to broken or irritated skin which could increase the absorption of the medicine, or to areas that rub against clothing which could peel them off.

4. Remove the inner liner before applying a patch. Once you remove the outer wrapper, there may be an inner liner needing to be peeled off before you apply it. If you don't do this, the patch will not work properly.

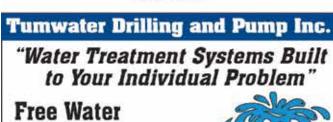
5. Avoid cutting or tearing patches. If you need to adjust a patch's dose, check with your pharmacist first to see if it can be safely cut. With many patches now generic, what was once a matrix patch with one manufacturer may now be a reservoir patch, which shouldn't be cut.

6. Don't apply patches in front of children. The boxes that patches come in are not child-resistant and may look like stickers to children.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www. AskDrLouise.com. Louise Achey



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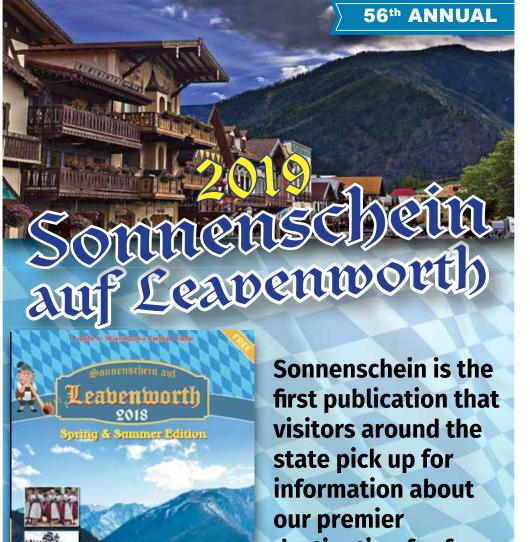
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