

1B
Tier 1

You can get the vaccine if:

- You are 65 or older
- You are 50 or older and live in a multigenerational household
- You were eligible in Phase 1 A1/A2

OCPH shares latest COVID-19 vaccination guidelines

OKANOGAN – Okanogan County Public Health (OCPH) reports that more than 4,100 doses of vaccine have been administered in Okanogan County as of Friday, Jan. 29. Following is the latest update concerning vaccination eligibility from the OCPH website: okanogancountycovid19.org.

The county is in Phase 1B Tier 1 of vaccine distribution. Phase 1B1 includes anyone over the age of 65 and anyone over 50 who lives in a multigenerational household.

Those in Phase 1A1/1A2 are still eligible to receive the vaccine.

Phase 1A1/1A2 includes:

- High-risk workers in health care settings and high-risk first responders.
- Residents and staff of nursing homes and assisted living facilities.
- Anyone working in a health-care setting – such as on a hospital campus in any capacity.

Phase 1B Tier 1 includes:

- All people 65 years or older.
- All people 50 years or older living in multigenerational households.
- 50 years old and living in a multigenerational household means:
- You are 50 years of age or older and you have a member of an older generation living with you.
- You are 50 years of age or older and you take care of grandchildren who live with you.
- You are 50 years of age or

older and live with someone of a younger generation who works outside of the home.

The following example does not meet the criteria for vaccination in Phase 1B1:

If you are 50 years of age or older and are the parent of a child who is still in grade school and no members of a younger generation work outside the home, you do NOT meet the ‘multigenerational household’ definition for Phase 1B1 and should await your appropriate phase to receive the vaccine.

If you are eligible to receive the vaccine in Phase 1B1, please sign up for an appointment with one of the following healthcare organizations:

North Valley Hospital: Register online or pick up a hard copy form at Tonasket Family Medical Clinic, Oroville Health and Rehab, or North Valley Hospital.

Three Rivers Hospital: Register online, pick up a hard copy form, or print out form from website (Spanish or English), pick up/drop off forms at Three Rivers Family Medicine clinic (415 Hospital Way in Brewster, 9a-5p M-F), or call: 1-866-458-0169 (Spanish and English).

Family Health Centers: Register online or call 1-866-458-0169 (Spanish and English).

Mid-Valley Hospital: Register online or call: 1-866-458-0169 (Spanish and English).

Assistance filling out registration forms is available by calling: 1-866-458-0169 (Spanish and English).

Hull, Blackburn announce retirements from Pateros School

By Mike Maltais
Staff Writer

PATEROS – K-12 school principal Mike Hull and vocational teacher Lyle Blackburn are among five Pateros school personnel who announced their retirement or resignation at the January Zoom meeting of the school board on Jan. 25. The school is also losing first grade teacher Kerry Harvey and two assistant sports coaches, Shane Kelly as assistant football coach and Katarina Evans as assistant softball coach.

Hull reported that he met with Pateros seniors to discuss what this year’s graduation might look like. Last year seniors accepted their diplomas as part of a drive-by parade that followed several city streets and ended with a stop in from of the school building where diplomas were received. Options discussed for this year’s class included a parade and

ceremony on the football field. A Senior Trip is not likely to happen this year.

Hull also discussed this year’s open practice sports schedule. Boys’ and girls’ basketball and volleyball are going to have three weeks of practice time with anticipation for fall sports starting Feb. 16. Practices will allow five players at each basket.

School Superintendent Greg Goodnight has been working with Brewster to schedule some basketball scrimmages in the event that the WIAA postpones sports.

Football is scheduled to start Feb. 16 and other fall sports will follow on Feb. 22. The athletes are required to participate in at least five practices before their first game. There will be five-to-six games total on the schedule.

Pateros athletic director Marcus Stennes is working on a schedule for middle school athletics.

Help is on the way

WAMS volunteers build storage sheds for wildfire victims

By Mike Maltais
Staff Writer

OKANOGAN – The Okanogan County Fairgrounds was a hub of activity for nearly two weeks last month where a crew of volunteers managed to construct 30 10-foot x 12-foot wooden storage sheds for victims of last September’s Cole Spring wildfire.

A near-dozen volunteers from the Western Anabaptist Mission Services (WAMS) in St. Ignatius, Montana, arrived at the fairgrounds on Jan. 18, and over the next 10 days built and roofed 30 enclosed sheds from donated materials. Marson & Marson Lumber and Lake Chelan Building Supply in Chelan provided the lumber for the sheds and the 300 sheets of metal roofing coordinated by Lake Chelan Building Supply from Metal Sales Manufacturing in Spokane.

The Okanogan County Long Term Recovery Group that formed in 2014 to help victims of the Carlton Complex wildfire and the following year’s Okanogan Complex wildfire has been busy coordinating and organizing projects like the WAMS visit and sourcing donations including the lumber and metal supplies that made the sheds possible.

The Mission service, whose vision is to “reach out to people in need and be the hands for Jesus in today’s world,” has helped communities in Washington, Idaho, and Montana, Idaho rebuild from wildfires over the past several years, including the 2014 Carlton Complex Fire in Okanogan County.

TAL Holdings LLC, of Vancouver, Wash., a chain of retail building material centers in Oregon and Washington, purchased the Marson & Marson Lumber stores in Chelan, Wenatchee, Leavenworth, and Cle Elum in 2017, and the Lake Chelan Building Supply stores in Manson and Chelan in 2020.

Even the most efficient operation encounters its share of bumps in the road. And roads turned out to be one of those issues. The first six sheds that went out for delivery were loaded three to a trailer for their destinations. The combination of load weight, January weather, and winter road conditions made permits a requirement for road use. The delays convinced the delivery crew to resume deliveries in February when road conditions may be more suitable for their needs.

Pateros mayor and OCLTRG Executive Director Carlene Anders said a last-minute mechanical breakdown disabled the company truck scheduled



Mike Maltais/QCH

Metal roofing sections were cut to size before installation.



WAMS builders employed an efficient assembly line-like system to construct sheds in one of the livestock Quonset buildings on the Okanogan County Fairgrounds.



The finished sheds were returned by forklift from the outdoor staging area so volunteers could apply the final step of metal roofing to each unit. More photos at qcherald.com

SEE WAMS ON PAGE A2

SHOP
LOCAL

During this difficult time
support your neighbors
Most local businesses offer
curbside service or delivery

INSIDE THIS WEEK	
Community.....	A1-4, B1-B2, B4
Births, Obituaries, Death Notices	A4
Church Directory	A4
Business & Services Directory.....	A4
Classified Index	
Classifieds/Public Notices	B3-B4

QUAD CITY
HERALD

P.O. Box 37
Brewster, WA
98812-0037
509-689-2507
www.qcherald.com

USFS rescinds Washington Pass snowmobile, snow bike closure

WINTHROP – The temporary closure of several areas near Washington Pass to snowmobilers and snow bike users for safety issues has been rescinded effective last Thursday, Jan. 28, by the USFS Forest Supervisor, a USFS media release advised.

The temporary closure was done in response to unusually high levels of use seen over the past year during the pandemic and anticipated increase in use continuing through the winter. Forest Service employees have been keeping an eye on recreation use in the area throughout the winter season. Overall use in the area this winter has been much higher than a typical year, but employees have not seen the level of increase in mixed use that was expected at the time the closure decision was made. The Forest Supervisor has rescinded the closure order, effective immediately. The District is working with partners to continue to

improve education to new users. Forest employees will continue to monitor the area and evaluate the risks so appropriate action can be taken if the situation changes.

Several organizations reached out to the USFS in response to the closure to discuss ways that everyone can work together and find solutions for long term management. There is a long history of user groups working together to resolve conflicts in the Methow Valley and USFS will be working with those groups to discuss goals and to find solutions for long term management of the area that help avoidance of future closures. The renewed commitment from local user groups and support from state and regional groups will be instrumental to future success and Forest personnel are excited about the potential for finding user-driven, proactive approaches to management of the area.

Zoom Roundtable will discuss small business updates

OMAK – A Small Business Roundtable Discussion Zoom meeting will be held at 9 a.m., Thursday, Feb. 4, for those who want to hear more about the latest changes and updates on the guidance from Gov. Inslee’s office, the new regional approach and what it all means for business. Participants are encouraged to share their thoughts and how COVID-19 and its restrictions have affected their businesses.

Roundtable participants will include Lauri Jones and Patrick Dunne from the Okanogan County Health Department, Roni Holder-Diefenbach from the Economic Alliance, Lew Blakeney from the Washington Small Business De-

velopment Center, and Kristi O’Neill from WorkSource Okanogan/ESD.

The Roundtable speakers will help answer questions regarding public health requirements and understanding the new guidelines. They will also share new business resources including Small Business Association funding, upcoming grant opportunities, employee assistance, and more.

Contact Roni at rholderdiefenbach@economic-alliance.com with any questions.

To join the Zoom meeting log on at:
zoom.us/j/2080352752
Meeting ID: 208 035 2752
One tap mobile +12532158782, 2080352752# US (Tacoma)

WAMS

CONTINUED FROM PAGE A1

to make the metal delivery. Anders said long-time OCL-TRG volunteer Barry Hansen made an emergency trip to Spokane on Jan. 26-27 to pick up the roofing metal that

allowed the WAMS crew to finish on schedule.

WAMS is raising \$300,000 in donations to build four new homes for wildfire victims in Malden, in Whitman County where the Labor Day blaze destroyed 80 percent of the town’s homes. Construction is expected to begin this month.

‘We are committed’ to lower standards, participation awards

Here we go again, the lowering of qualifications in order to prove a company or government entity has a “diverse” staff. I have quoted verbatim an advertisement for a job position from a Washington state corporation located on the “liberal westside” to illustrate my point (including the company’s italicized words):

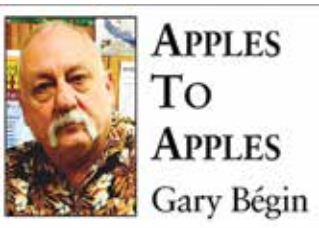
“We are committed in order to prove diversity and creating an inclusive staff. We encourage members of traditionally underrepresented communities to apply. If your profile doesn’t match this job description exactly, you may still be a candidate for this position.”

Ask yourself why any company would be willing to lower its position qualifications in order to show a façade of diversity? It must be to get government funding or public affection (positive PR).

I have a story from the year 2008 when I was a recruiting officer for the 2010 U.S. Census Bureau in Colorado.

My immediate supervisor came into my classroom and told me that “this comes from the top” and that I must hire a Black or Hispanic to be a foreman on one of the teams we were creating.

I said it was no problem be-



cause I already had chosen a highly qualified Hispanic lady to be a foreman. There were no Blacks in the class.

When a qualified candidate is available, there is no reason for them not to be hired. The fact that I was told to hire a minority was funny. The Census Bureau did not want to be seen as racist by not having minorities on staff.

The top boss of this Colorado Springs Census District was a Black lady and that never bothered me. We worked together just fine.

Here we are in 2021 and the issue is still rearing its ugly head.

I am not the most educated person, nor the most experienced in anything, but at least I can form basic sentences and occasionally use “million-dollar words” to help illustrate my points.

I am ashamed to say that many of today’s high school graduates and -- yes --- col-

lege graduates with degrees in journalism, are woefully in need of writing mentors, yet they leave college and demand top wages.

I blame the schools, both high school and college, for allowing the criteria of this skill-set be lowered to this extent. Of course, students can also try harder by adding outside studies to their list of “how to rise above the rest.” Outside studies does not include more time on FaceBook, Twitter or You Tube.

Depending on learning required curriculum isn’t good enough. I urge students and parents to reach out and get educated in real life subjects such as getting internships with companies during the summer months or evenings.

Perhaps I am just acting like an oldster when I state that 9th Graders in the 1930s through the 1970s were far more qualified to write coherent sentences, than many of today’s high schoolers and college graduates.

This leads me to believe that the public school system, on both levels, is settling for second best. I would imagine many of the younger teachers of today were able to slip

through the system as well. Therefore, this continuous degradation of written skills will continue ad infinitum.

I won’t bother to mention science, math and American history studies.

Why do we settle for this? It is simple: It is far easier to give out “participation trophies” then to say, “you need to do better in order to win a prize.”

Our nation has consequently suffered intellectually for this forced “diversity” surge. Black folks and Hispanic folks and indeed, anyone, can write, comprehend, read and do anything else that “us privileged White” people can.

It is a disservice and an embarrassment to let anyone slide by lowering the necessary qualifications in order to please the people who distribute the tax money.

It hurts all Americans and especially those who are getting hired, promoted or certified without the proper credentials.

This disease of sub-par performance can be altered a bit by flowing more money to private education institutions, including schools operated by religious organizations. Tax credits for this expense are a good thing.

‘Spokane Teachers’, Coulee Dam Credit Unions to merge

SUBMITTED BY SPOKANE TEACHERS CREDIT UNION

BREWSTER - Two Washington credit unions have agreed to merge, subject to approval by state and federal regulatory agencies.

If approved, the merger of Spokane-based Spokane Teachers Credit Union (STCU) and Coulee Dam-based Coulee Dam Federal Credit Union (CDFCU) would be completed later this year. Their two member-elected boards voted unanimously to pursue the merger plan, which maintains current staffing.

“This is an exciting time for our credit union and members,” said Colleen Manley,

CEO of CDFCU. “STCU provides a full suite of products and services that will be available to our members.”

She added, “Most importantly, our membership will continue to see familiar faces when they visit their favorite branch. In the communities we serve, CDFCU employees are their neighbors and friends.”

CDFCU originally served U.S. Bureau of Reclamation employees at Grand Coulee Dam. Some of its 14,000 members can trace their membership to the credit union’s founding in 1941. Today, it has five branches, in Coulee Dam, Brewster, Republic, Creston and Omak, Wash.

STCU started in 1934 to



serve schoolteachers during the Great Depression. The Spokane-based credit union has more than 210,000 members and 29 locations in Eastern Washington, Tri-Cities, the Columbia Basin, and North Idaho.

Both credit unions are financially sound. Yet, it is increasingly difficult for small and medium-sized credit unions like CDFCU to provide the technology and financial products needed to ensure continued success.

As one of the nation’s top 100 credit unions, STCU has

the resources to meet those challenges. At the same time, the merger would provide a convenient branch experience for nearly 3,000 existing STCU members who live in Okanogan, Douglas, Ferry and Lincoln counties.


Both credit unions are deeply involved in their communities, including serving leadership positions in chambers of commerce and other community organizations, support for a host of non-profits, and promoting employee volunteerism.

“As we talked with the team at CDFCU, it became apparent that our credit unions are a

SEE STCU ON PAGE A4

3D Digital Mammography

available now at the new



THREE RIVERS BREAST CENTER

at Three Rivers Hospital

Annual Screenings and Diagnostic Exams

- ♥ More Accurate
- ♥ Gentler Exam
- ♥ Fewer False Alarms
- ♥ Less Radiation
- ♥ Same-Day Results for Diagnostic Exams

*Please consult your insurance company for details about coverage of diagnostic testing.



Nancy DeFord, Breast Center Lead & Mammography Technologist

Call **509.645.3006** for an appointment!

507 Hospital Way, Brewster www.threerivershospital.net

Savings Tip:

Family Health Centers patients get reduced pricing at FHC pharmacies. We also offer free mail delivery. Ask your provider about filling prescriptions with us at your next visit!



FHC Pharmacy Locations:

Omak Medical and Pharmacy
1003 Koala Ave.
Omak

Brewster Medical and Pharmacy
525 West Jay Ave.
Brewster

FAMILY HEALTH CENTERS
WHOLE PERSON HEALTH

800-660-2129

 <p>© NCW Media Inc. 2021 310 E. Johnson Ave., Chelan, P.O. Box 37, Brewster, WA 98812 Phone: (509) 689-2507 Fax (509) 682-4209</p> <p>Office Hours Mon. to Fri. 9:00 a.m.-5:00 p.m.</p> <p>On The Internet website: www.qcherald.com e-mail: qchreporter@gmail.com advertising-e-mail:ruthk@lakechelanmirror.com</p> <p>Services Back Issues are available up to one year after publication for a small fee.</p>	<p>Contact Information</p> <p>Publisher Bill Forhan • 548-5286 publisher@leavenworthecho.com</p> <p>Managing Editor Gary Bégin • gary@ncwmedia.net</p> <p>Reporter/Photographer Michael Maltais qchreporter@gmail.com</p> <p>Reporter/Photographer lcmcditor@gmail.com</p> <p>Advertising Sales Director Carol Forhan • 548-5286 carol@leavenworthecho.com</p> <p>Advertising Sales RuthEdna Keys • 682-2213 ruthk@lakechelanmirror.com Lindsay Timmermans 509-860-7301 adexec1@ncwmedia.net</p>	<p>Contact Information</p> <p>Meg Laub Classifieds/Legals heraldads@qcherald.com</p> <p>Circulation: 509-293-6780 circulation@lakechelanmirror.com</p> <p>Classifieds/Legals Classified ads can be placed during normal office hours by calling (509) 689-2507, e-mailing heraldads@qcherald.com</p> <p>Weekly rates: \$15.00 for the first 30 words 10 cents per word over 30 words</p> <p>Borders, bold words, headlines, logos, photos subject to additional charges.</p> <p>Place your ad online 24/7 WWW.NCWMARKET.COM</p>	<p>Deadlines Letters to the Editor: Noon, Friday Calendar Listings: Noon, Friday News Submissions: Noon, Friday Display Advertising: 5 p.m., Thurs. Legals: Noon, Friday Classified Ads: Noon, Friday Obituaries/Deaths 4 p.m., Friday</p> <p>Subscriptions Okanogan/Douglas Counties (yearly) print \$40 Okanogan/Douglas Counties (yearly) print & web \$45 In State (yearly) \$50 Out of State (yearly) \$52</p> <p>The Quad City Herald does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization.</p>	<p>Letters policy The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author’s name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author’s name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com</p> <p>News Tips Have an idea for a story? Call Quad City Herald at 689-2507</p> <p>Corrections Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.</p>	<p>Quad City Herald (USPS 241-920) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA Telephone: (509) 548-5286. Fax: (509) 548-4789. Periodical postage paid at Brewster, Wash. Postmaster: Send address corrections to: Quad City Herald, P.O. Box 37, Brewster, WA 98812</p> <p>NCW Media Inc. prints on recycled newsprint with soy ink. Please Recycle</p> 
---	---	---	---	--	--

Student athletes in Washington missing out

By Dave Tikker
EXECUTIVE DIRECTOR
WASHINGTON SECONDARY
SCHOOL
ATHLETIC DIRECTORS
ASSOCIATION
STATE B BASKETBALL
CO- DIRECTOR



Dave Tikker

As I sit here in my home in Spokane, hoping for a timely return to school and activities, it’s hard to maintain a positive attitude about where we have been and where we are going as a state. Businesses such as restaurants and gyms have been shut down, most schools are in virtual learning mode, and the extracurricular programs attached to the schools are on hold.

The WIAA has been working incredibly hard trying to paint a positive picture of season revisions that are supposed to take place, starting in February. The real problem with that scenario, though, is WIAA isn’t a part of the state decision making process and it should be. The WIAA has access to all the latest research, data, and studies done by the NFHS (National Federation of State High School Associations) and other educational entities. Apparently, the data shared in our country has convinced forty-five states that it is relatively safe to participate in high school sports. Why not Washington?

For those of us here in Eastern Washington, it is extremely frustrating to watch our neighbors in Idaho safely manage being in school and participating in fall and winter sports.

According to the NFHS there are only six states in the country that have yet to play high school sports this year and Washington is one of them, to the dismay of thousands of student-athletes, their parents, and families. A high school senior in

Eastern Washington must feel incredibly frustrated and forgotten about when they see in the paper North Idaho All-League teams from fall sports. How do student-athletes and their families come to grips with opportunities lost when other states are participating?

Of the fifty states – fifty-one if the District of Columbia is included - forty-five states are allowing their student-athletes to compete. Those six states that are not, Hawaii, New Mexico, District of Columbia, California, Oregon, and Washington, are either smarter or stuck in a controlling bureaucracy that doesn’t allow for input by the student activity professionals, NFHS, WIAA and member schools. All our lives educators have operated under the guise of best practices and current educational data. According to the University of Wisconsin School Of Medicine study led by Dr. Andrew Watson, researchers surveyed 207 schools that started fall sports in September, representing more than 30,000 athletes, more than 16,000 practices, and more than 4,000 games. The survey found 271 athletes contracted the virus but only one case was attributed to participation in sports. Dr. Watson’s team released another study that found 70 percent of athlete’s surveyed reported moderate to severe depression and physical activity levels were 50 percent lower than before the pandemic.

In the states that are participating in activities, the governors have left it up to the local schools and communities to manage their COVID numbers and make local decisions about being in school and participating in sports. There are guidelines that come from the state and the districts allow competition, based on meeting those criteria. The State of Washington could be one of those states, but sadly we are not. Why are we so different? The real

suffering is coming from thousands of our student athletes who just want to be with their teammates and experience the joy of competition.

I have spoken to athletic leaders throughout our country as to the many levels of frustration they are experiencing, navigating the pandemic waters. Yet, navigating it they are and the kids are receiving the benefits from those programs in forty-five states.

What are we missing in Washington? Are we following the science and the data that is relevant to our student-athletes’ needs? Are we the smart ones? Have those forty-five states suffered from making those participatory decisions for their student athletes? Data would suggest a clear road map for a safe return to sports and yet our state seems to be stuck on hold.

Out state leaders have identified four metrics for opening up our state. The positivity test metric is really the most frustrating and detrimental to getting kids back. People are only testing if they have symptoms and the majority of those most likely have COVID. You would have to ramp up testing for healthy individuals to get that metric to line up. In other words, that most likely will keep schools from moving forward. Let’s apply some common sense to our decision making process and look at the data from successful state implementations across our country with participation.

There is a difference between knowledge and wisdom. As the old saying goes, “Knowledge is knowing that a tomato is a fruit; wisdom is not putting it into your fruit salad.”

Get the kids back in school and participating in activities. I don’t claim to represent all athletic directors, parents, and student-athletes with this opinion though I believe I represent their frustration.

Red Cross urges blood donation to maintain supply amid pandemic

NCW — The American Red Cross typically has a tough time keeping the blood supply strong during the winter months when inclement weather and seasonal illnesses can impact donors. This year the pandemic adds in another challenge in keeping the blood supply strong. The Red Cross is urging healthy individuals to make an appointment to give blood or platelets.

It’s so important, especially as we navigate this pandemic, to make sure there is blood available. Blood is such a meaningful gift to give.

One heartwarming gesture deserves another

As a thank-you for helping ensure a stable blood supply, those who come to give this February will receive a \$5 Amazon.com Gift Card via email, courtesy of Amazon. (Restrictions apply. Additional information and details are available at RedCrossBlood.org/Together.)

Make your appointment to give blood, platelets or plasma with the Red Cross by downloading the Red Cross Blood Donor App, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the BloodDonor Skill on any Alexa Echo device.

Important COVID-19 information for donors

The Red Cross is testing blood, platelet and plasma donations for COVID-19 antibodies. The test may indicate if the donor’s immune system has produced antibodies to this coronavirus, regardless of whether an individual developed COVID-19 symptoms. Red Cross antibody tests will be helpful to identify individuals who have COVID-19 antibodies and may now help current coronavirus patients in need of convalescent plasma transfusions. Convalescent plasma is a type of blood donation collected from COVID-19 survivors that have antibodies that may help patients who are actively fighting the virus. Plasma from whole blood donations that test positive for COVID-19 antibodies may be used to help COVID-19 patients.

COVID-19 antibody test results will be available within one to two weeks in the Red Cross Blood Donor App or donor portal at RedCrossBlood.org. A positive antibody test result does not confirm infection or immunity. The Red Cross is not testing donors to diagnose illness, referred to as a diagnostic test. To protect the health and safety of Red Cross staff and donors, it is important that individuals who do not feel well or believe they may be ill with COVID-19 postpone donation.

Each Red Cross blood drive and donation center follows the highest standards of safety and infection control, and additional precautions – including temperature checks, social distancing and face coverings for donors and staff – have been implemented to help protect the health of all those in attendance. Donors are asked to schedule an ap-

pointment prior to arriving at the drive and are required to wear a face covering or mask while at the drive, in alignment with Centers for Disease Control and Prevention public guidance.

Upcoming blood donation opportunities Feb. 3-15

- Cashmere
- 2/3/2021: 12:30 p.m. - 6:30 p.m., Cashmere United Methodist Church, 213 S. Division Street Chelan
- 2/17/2021: 12 p.m. - 6 p.m., United Methodist Church Chelan, 206 North Emerson Leavenworth
- 2/4/2021: 12 p.m. - 5 p.m., LDS - Leavenworth, 10170 Titus Road Wenatchee
- 2/5/2021: 10 a.m. - 2:30 p.m., Pybus Market, 7 N Worth-ern Street
- 2/16/2021: 10 a.m. - 3 p.m., Pybus Market, 7 N Worth-ern Street
- 2/19/2021: 10 a.m. - 2 p.m., Confluence Health, 820 North Chelan East Wenatchee
- 2/15/2021: 2:15 p.m. - 5:45 p.m., Holy Apostles Catholic Church, 1315 8th NE

About blood donation

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver’s license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40% of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzro-jaamericana.org, or visit us on Twitter at @RedCross.

DOUGLAS COUNTY SHERIFF

- Jan. 23**
Alarm at Bridgeport Middle School, 1300 Douglas Ave. in Bridgeport.
Alarm at Bridgeport Middle School, 1300 Douglas Ave. in Bridgeport.
- Jan. 24**
Alarm at Bridgeport Middle School, 1300 Douglas Ave. in Bridgeport.
Agency assistance at State Route 173, milepost 7 on Bridgeport Bar.
- Jan. 25**
Traffic offense at State Route 173 and Crane Orchard Road on Bridgeport Bar.
Civil incident at 21 State Ave. on Bridgeport Bar.
- Jan. 27**
Cardiac at 1726 Rd. G N.E. in Mansfield.
Harassment/threat at 440 11th St. in Bridgeport.
Agency assistance at 1726 Rd. G N. E. in Mansfield.
- Jan. 28**
Agency assistance at State Route 173, milepost 4-4.5 in Bridgeport.
Trespass at 120 Second St. on Bridgeport Bar.

- Suspicious incident at 409 22nd St. in Bridgeport.
Disturbance at 2400 Tacoma Ave., #41 in Bridgeport.
- Jan. 29**
911 at 1716 Raymond Ave. in Bridgeport.
Welfare check at Fairview Avenue and 12th Street in Bridgeport.
Fall at 2408 Highland Dr. in Bridgeport.

A better time than ever to Give 10

By Denise Sorom, COMMUNITY FOUNDATION OF NORTH CENTRAL WASHINGTON

NCW - Several years ago, we started a campaign at the Community Foundation called “Give 10.” The idea was simple: if every person in Chelan, Douglas, and Okanogan counties left 10% of their will or estate to charitable causes – no matter how small or large – we would have an additional \$18 million each year to directly support charitable causes in our region. That’s nearly quadruple the amount the foundation disburses now and results in four times the grant funding we now give to public schools, libraries, museums, parks, law enforcement, health services, and other nonprofit agencies in our region.

When we started this campaign, the world felt a bit more stable and predictable. This past year – between the pan-



Denise Sorom

demic, the wildfires, and the loss of jobs – we have been focusing our energies on meeting urgent needs in our community. It is no surprise that this community has responded with incredible generosity to help us meet those urgent needs.

With 2020 behind us now, we know those urgent needs

persist, but it is time once again to think about the long-term. With such uncertainty on the horizon, the future of our quality of life in this region feels tenuous. What can we do? How can we help?

We can Give 10. We can decide to leave 10% of our estate to charitable causes. If giving 10% feels like a lot, think about it from the opposite point of view: Does leaving 90% of your estate to your loved ones feel like enough to cover their needs? For many, it does. If it does for you too, we ask you to consider that remaining 10%:

- What causes in this community are most important to you?
- What has shaped and gave meaning to your lives?
- What organizations do you want to make sure are there to serve future generations?

If the answers these questions lead you to a charitable decision, we applaud you – and we are here to help. Many in

this community have joined our Legacy Circle and have shared with us that they plan to leave a charitable estate gift. The funds that are created from these gifts can benefit ANY charitable organizations in Chelan, Douglas and Okanogan counties, including churches and government agencies. The Community Foundation works with you – either directly or through your attorney or financial adviser – to determine what causes and/or organizations you want to support, and we draft up the paperwork to make that happen. It is fast, easy, and incredibly gratifying: To know that what has given meaning to your life will be there to give meaning to the lives of future generations.

We invite you to join our Legacy Circle. Together, we can collectively bring some long-term certainty to these very uncertain times.

*To learn more about Give 10, visit cfncw.org/give10



What is your legacy?

Provide for your family and future generations. Leave a gift to your community, forever.

www.cfncw.org • (509) 663-7716

SATURDAY, FEBRUARY 27



FLAKES ON FLAKES ON FLAKES

TICKET DRAWINGS

Win a **NEW 2020 Chevrolet Silverado 1500**

SATURDAY, FEBRUARY 27

Win up to **\$100,000 CASH**

EVERY FRIDAY, SATURDAY, SUNDAY IN FEBRUARY

12 **TRIBES** MILL BAY CASINO

455 WAPATO LAKE ROAD | MANSON, WA 98831 | 509.687.6911 | COLVILLECASINOS.COM

DEATH NOTICES

Betty June Johnson

Betty June Johnson, 97, of East Wenatchee, Washington, and a former Brewster, Washington resident, passed away Friday, January 22, 2021. Arrangements are by Chapel of the Valley, East Wenatchee.

Randal L. Williams

Randal L. Williams, 73, of Brewster, Washington, passed away on Jan. 26, 2021.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Sandra Dillard Hedges

Sandra Dillard Hedges, 58, of Brewster, Washington and a former Chelan-Manson area resident, passed away on Jan. 24, 2021.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

Okanogan County Fair has position open on advisory committee

SUBMITTED BY NAOMIE PEASLEY, OKANOGAN COUNTY FAIR

OKANOGAN - The Board of Okanogan County Commissioners is accepting letters of interest for one vacant position on the Fair Advisory Committee. Interested volunteers looking to provide value to the community and serve a 2-year term, are encouraged to apply.

Fair Advisory Committee Members meet monthly to discuss a variety of fair related topics, making decisions reflective of its mission statement:

“The Okanogan County Fair exists to provide a county wide family event reflecting the values of Okanogan County, the accomplishments of Okanogan County youth, agriculture, and communities.”

Those interested in serving on this committee should submit a letter of interest to the Okanogan County Commissioners at 123-5th Avenue North, Room 150, Okanogan, WA 98840 or drop it off at the Old Virginia Grainger Bldg at 123 5th Avenue N. in Okanogan.

STCU

CONTINUED FROM PAGE A2

natural match for a friendly, beneficial merger,” said Ezra Eckhardt, STCU president and CEO. “We’re excited to bring these teams together for the good of credit union members and the communities we serve.”

The merger is subject to approval by the National Credit Union Administration and the Washington State Department of Financial Institutions. STCU and CDFCU hope to complete the merger in late summer or fall.

About CDFCU

A full-service financial institution, CDFCU offers personal and business accounts, home loans, vehicle loans, credit cards, and more. Member services include online and mobile banking and surcharge-free ATMs. Its current assets total \$180 million.

About STCU

With \$4.1 billion in total assets, STCU offers an array of savings and lending products, home loans, rewards and conventional credit cards, and more. Members enjoy 24-hour access to their accounts through online banking, the STCU Mobile App, and nearly 30,000 surcharge-free ATMs nationwide.

COMMUNITY BULLETIN BOARD

Okanogan County Transportation & Nutrition meal delivery

BREWSTER - Brewster Senior Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and Thursday. Take out only. Please reserve your meal by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon.

The home-delivered meal program is not interrupted and is on its regular schedule.

For more information about senior meal programs: Okanogan County Transportation & Nutrition at 509-826-7979 or Aging & Adult Care of Central Washington at 800-572-4459

Tuesday, Wednesday, Thursday

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50.

Senior meals, Feb. 3-4, 8-9-10

Wednesday, Feb. 3

Hot Turkey Sandwich, Mashed Potatoes, Peas & Carrots, Tossed Veggie Salad, Cranberry Salad. Dessert

Thursday, Feb. 4

Beef Stew, Spinach Salad, Banana, Biscuit, Cereal Bars

Tuesday, Feb. 9

Spaghetti & Meat Sauce, Caesar Salad, Spiced Pears, Garlic Bread, Dessert

Wednesday, Feb. 10

Chicken Salad Croissant, Vegetable Soup, Grapes, Dessert

Thursday, Feb. 11

Honey Dijon Chicken, Roasted Red Potatoes, Chuck Wagon Corn, Mixed Greens Salad, Citrus Salad, WW Roll Dessert

Feb. 4, 9, 11

‘What’s Up Vet!’

NCW - All Chelan and Douglas County veterans are invited to attend the new “What’s Up Vet!” informational meetings via Zoom!

Every Tuesday/Thursday from 2 p.m. – 4 p.m.

Open to vets, spouses, dependents and anyone with questions regarding veteran benefits and resources.

Go to: us02web.zoom.us with Zoom platform meeting id: 863 5856 4972.

Call 509-664-6801 (Chelan County Veteran Service Office) or 509-683-3605 (DCVSO) for more information. Sponsored by CCVSO, DCVSO, Wenatchee Valley College and the Washington State Veteran Corps Navigation project.

Feb. 4

Brewster Chamber of Commerce

BREWSTER – The Brewster Chamber of Commerce will hold their next general meeting on Thursday, Feb. 4 at 1 p.m. via Zoom. Join Zoom Meeting: Meeting ID: 895 8397 7411

Passcode: 676193 . One tap mobile

+12532158782,89583977411# US (Tacoma)

+16699006833,89583977411# US (San Jose)

Find your local number: <https://us02web.zoom.us/j/kcND-nPF2Ow>

Feb. 8

Okanogan County PUD meeting OKANOGAN – The next meeting of the Okanogan County PUD Board of Commissioners will held Monday, Feb. 8 at 3 p.m. For more information okanoganpud.org

Feb. 8

Douglas County PUD meeting

EAST WENATCHEE - The next meeting of the Douglas County PUD Commission is Feb. 8, 1:30 p.m. at the District's East

Wenatchee office. To comply with the Open Public Meetings act due to COVID-19, a conference phone line number will be provided at the top of the Draft Agenda posted on their website under Latest News the Friday before the meeting.

Feb. 12, 19

Brewster bus trips

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is Feb. 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month Feb. 19, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.


Help available for Douglas County veterans

EAST WENATCHEE - Sarah Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at facebook.com/douglascountysvo

April 30 deadline


P.E.O. Scholarship Opportunity

NCW - Applications are now being accepted for the Upper Valley Scholarship supported




SPEIDEL BENTSENLLP

ATTORNEYS AT LAW | EST. 1986



Russell J. Speidel



David J. Bentsen

Real Estate Law
(509) 662-1211
7 North Wenatchee Avenue, Wenatchee
www.SpeidelBentsen.com

We provide excellent legal services in real estate title issues, water rights, easements, and purchases and sales.

FAMILY HEALTH CENTERS
BE YOUR BEST SELF




WHOLE PERSON HEALTH
PHYSICAL EMOTIONAL SOCIAL

PRIVATE INSURANCE WELCOME

800.660.2129

Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.
*Please call or email your church listed below if you need more information.
May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.*



QUAD CITY CHURCH GUIDE
BREWSTER • BRIDGEPORT • PATEROS

New to the area? On Vacation?
These churches welcome you!

**SEVENTH-DAY ADVENTIST CHURCH AND SCHOOL**
Saturday Bible Study 9:30 a.m.
Saturday Worship 10:45 a.m.
Church: 509-689-3537
17 Hospital Way NE, Brewster
www.brewstersda.com
School: 509-689-3213
115 Valley Road, Brewster
www.brewsteradventistschool.com
Pastor Matthew Axford

**CALVARY BAPTIST CHURCH**
Sunday Worship 9:30 a.m.
509-689-2920 • 6th & Jay
www.cbcbrewster.com
Pastor Greg Thorn

**COMMUNITY LOG CHURCH**
Sunday Worship 10 a.m.
509-689-2224 • 501 W. Indian Avenue
www.communitylogchurch.com
Pastor Gordon Wright

**HOPE LUTHERAN CHURCH**
Sunday Worship 11:00 a.m.
Holy Communion 1st, 3rd, & 5th Sunday
Bible Study & Sunday School 10:00 a.m.
509-689-3106 • 1520 Sunset Dr.
Pastor Kevin Moore

**NEW TESTAMENT BAPTIST**
Sunday 10 a.m., 11 a.m. & 6 p.m.
Wednesday 7 p.m.
Adult Prayer & Bible Study and King's Kids
509-689-2420 • 412 W. Hanson

To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com



“With men this is impossible; but with God all things are possible.”
~ Matthew 19:26

Rep. Schrier named to Health, Energy, and Oversight Subcommittees

SUBMITTED BY OFFICE OF CONGRESSWOMAN KIM SCHRIER,

ISSAQUAH – Congresswoman Kim Schrier, M.D. (WA-08) has announced that she has been named to serve on the Health, Energy, and Oversight Subcommittees of the Energy and Commerce Committee. Rep. Schrier recently announced her selection to the powerful House committee.

“I came to Congress to lower the cost of prescription drugs, expand access to health care for all children and families, and to improve vaccine confidence and coverage,” said Rep. Schrier, “I am honored to be on the

Subcommittee on Health and I look forward to putting my two decades of health care experience to work addressing this unprecedented public health crisis and advancing legislation to improve the health and wellbeing of my constituents.”

The Health Subcommittee holds hearings and passes legislation related to public health, mental health, Medicare and Medicaid, biomedical research, and health insurance. Additionally, it oversees the Department of Health and Human Services, including the Food and Drug Administration, the National Institutes of Health, and the Centers for

Disease Control and Prevention.

Schrier continued, “Given Washington State’s commitment to a carbon neutral future, and with an estimated 70% of Washington’s power coming from hydroelectric sources, I am excited to have the opportunity to invest in clean energy solutions that create jobs and reduce costs.”

The Subcommittee on Energy has jurisdiction over fossil fuels and renewable energies, including hydropower, as well as oversight over the Department of Energy.

Finally, the House Committee on Energy and Commerce’s Subcommittee on Oversight is responsible for conducting investigations and providing oversight of all agencies under the Committee’s jurisdiction.

“The Federal government should work for the people it serves. We can always do better to ensure that our government is an effective partner in growth and opportunity. As a member of the Subcommittee on Oversight, I will work to continue ensuring the federal COVID-19 response, including vaccine distribution, is fair and equitable, and ensure we are responsible stewards of taxpayer dollars” said Rep. Schrier.

Education committee approves Hawkins’ school calendar bill

Bill addresses “learning loss” by exploring alternative school calendars

SUBMITTED BY OFFICE OF SENATOR BRAD HAWKINS

OLYMPIA - Following a challenging school year for students, parents, and schools, and anticipating significant learning loss across Washington state, the Senate Early Learning and K-12 Education Committee has taken a step forward to address “learning loss” throughout the state.

The committee on Jan. 27 approved 12th District state Sen. Brad Hawkins’ bipartisan legislation, Senate Bill 5147, aimed at addressing learning loss by exploring alternatives to current school calendars that leave students with nearly three months each year with no school instruction.

Hawkins, the ranking Republican member on the Early Learning and K-12 Education Committee, is sponsoring the bill to explore alternative school calendars. His lead co-sponsor is 41st District Sen. Lisa Wellman, who chairs the committee and works closely with Hawkins on education policy. Other prominent Senate co-sponsors include Majority Leader Andy Billig, Ways and Means Committee Vice Chair David Frockt, Democratic Caucus Chair Bob Hasegawa, and Republican Caucus Chair Ann Rivers.

As passed by the committee, the bill would create opportunities for up to 30 school districts (15 from western Washington and 15 from eastern Washington) to voluntarily participate in year-round school. The bill

includes a financial incentive in the school funding formula for districts seeking to spread their existing state-funded 180 days over a full calendar year. The bill would require instructional days in at least 11 months of the school year and breaks of no longer than four weeks.

The Office of Superintendent of Public Instruction would select applicant districts based on the bill’s criteria to implement the program beginning in the 2022-23 school year and concluding after the 2025-26 school year and then report back to the Legislature regarding its findings. If this program works well, the Legislature could consider expansion to all schools in future years.

Hawkins, who served for 10 years on the Eastmont School Board and North Central Educational Service District Board before being elected to the Legislature, says now is the time for the state to encourage willing school districts to reform their school calendars.

“Now is the time – as we’ll pull out of this pandemic – to think big about reforming the system and to get serious about addressing student learning loss,” said Hawkins. “Long summer breaks, requiring significant reteaching in the fall, are the last thing our kids need in the years ahead. I hope for a program that encourages lawmakers and districts to consider transformational reforms to meet students’ academic



Courtesy office of Senator Brad Hawkins

Senator Brad Hawkins

needs. They deserve that,” says Hawkins.

Superintendent of Public Instruction Chris Reykdal has listed reforms to the school calendar as one of his agency’s 10 “strategic changes.” In a Jan. 8, 2021, letter to Gov. Jay Inslee and members of the Legislature, Reykdal cited “Substantially shrink summer learning loss in the long term, and learning loss due to the pandemic in the short term, by balancing the school calendar” as a policy step for increasing learning for students in an effort “to become the highest performing public education system in the nation.”

Reykdal appreciates the bipartisan effort and positive dialogue around SB 5147, saying, “I am grateful for Senator Hawkins’ deep dive into this critical work. We have known for a very long time that our agrarian school calendars

contribute to summer learning loss and a lack of supports for students who need us the most. By rebalancing calendars, we can improve student achievement and student supports, and we can sustain the teaching profession for our educators who are cramming 1,700+ work hours into a compressed calendar.”

The Senate Early Learning and K-12 Education Committee has referred the bill to the Senate Ways and Means Committee for further consideration.

DOUGLAS COUNTY PUBLIC UTILITY DISTRICT

SUBMITTED BY DOUGLAS COUNTY PUD

EAST WENATCHEE - Douglas County PUD Commissioners Aaron J. Viebrock, Molly Simpson and Ronald E. Skagen executed the following actions during the January 25, 2021 Commission meeting held at the District’s East Wenatchee office:

- Heard the bid opening results for bid document 20-29-D, supply and deliver 230-115 kV 225 MVA autotransformer to Lincoln Rock Switchyard. The bids will be evaluated prior to a recommendation for contract award.

- Established hearings for a power delivery rate. To allow for future load growth within Douglas County, the District is working on a process to procure, schedule, and deliver power resources through the District’s transmission system and electric distribution system. The hearings are scheduled at 1:30pm on February 22 and March 8, 2021.

- Authorized a professional service agreement with RH2 engineering for general civil engineering services. This agreement will not exceed \$250,000 and will expire December 21, 2023.

- Approved a call for bids under bid document 21-04-D, hydrogen and switchyard site grading. Necessary to grade the site, cut in and establish roads, build a berm and construct a retaining wall.

- Authorized a call for bids under bid document 21-07-D, install communications microducting in Douglas County. Necessary to allow more customers access to communication services.

Rejected bids under bid document 20-12-W, rebuild the limtorque fish ladder collection chamber entrance gate operators at the Wells Hydroelectric Project. There were no responsive bids.

- Approved execution of a Compressed Air Medical Directors Agreement with Dr. Charles J. Waszkewitz. The District is required to appoint one or more licensed physicians trained in the physical requirements and the medical aspects of compressed air work and the treatment of decompression illness.

- Authorized Note No. 8 loan from the Electric Distribution System Capital Project Revolving Loan Fund to the Wells Hydroelectric Project for construction capital.
- Approved purchase of real property from McDougall and Sons, Inc. Necessary for the Lincoln Rock Switchyard and hydrogen production facility.

- Heard a report on the Douglas County Community Network. The network currently has 6,255 end users.

The next meeting of the Commission is scheduled for 1:30 p.m. February 8, at the District’s East Wenatchee Office. The District Office is closed to the public in response to the COVID-19 guidance from Governor Inslee. To comply with the Open Public Meetings act, a conference phone line number will be provided at the top of the Draft Agenda posted on our website under Latest News the Friday before the meeting.

Newhouse nominates 18 Central Washington students to U.S. Military Academies

SUBMITTED BY OFFICE OF REP. DAN NEWHOUSE

WASHINGTON, D.C. – On Jan. 28, Rep. Dan Newhouse (R-WA) announced that he has nominated 18 students across Central Washington to attend U.S. military service academies including the U.S. Military Academy, U.S. Naval Academy, and U.S. Air Force Academy. The congressional nominations follow an application process and interview with Rep. Newhouse’s military service academy advisory board. The honor of attending a service

academy comes with the obligation and commitment to serve in the military for a minimum of five years upon graduation. The final determination for admittance will be made by the respective academies.

“The promising students I have nominated to serve our nation at U.S. military academies this year are among the most accomplished and inspiring young people Central Washington has to offer,” said Rep. Newhouse. “They

SEE STUDENTS ON PAGE B2

Newhouse appointed to Agriculture Appropriations Subcommittee

Appointment is crucial for Central Washington farmers, agriculture community

SUBMITTED BY OFFICE OF REP. DAN NEWHOUSE

WASHINGTON, D.C. – On Jan. 28, Rep. Dan Newhouse (R-WA) announced that he has been newly appointed to the powerful House Appropriations Subcommittee on Agriculture, Rural Development, and Food and Drug Administration. He will also continue to serve on the Subcommittee on Energy and Water Development and Related Agencies as well as the Subcommittee on the Legislative Branch.

“I am honored to continue to serve on this powerful committee and on subcommittees with vital jurisdictions for Central Washington’s priorities,” said Rep. Newhouse. “It has been a priority of mine to serve on the Agriculture Subcommittee, and I am determined to ensure the funding priorities of our agricultural communities are met – from

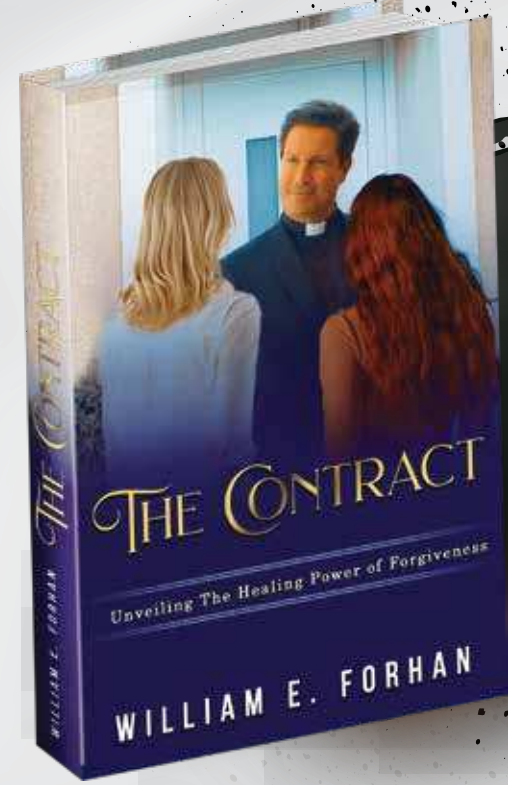
agriculture research and rural broadband expansion to strengthening our food supply chain. After the pandemic placed profound impacts on our nation’s farmers and producers, I am ready to get to work to ensure the men and women who provide food for our country and the world can successfully recover from this past year’s devastating crisis.”

Rep. Newhouse continued, “I will continue to work on the Energy and Water Subcommittee to support strong funding levels for the Hanford cleanup as well as appropriations for the Pacific Northwest National Laboratory and the world-class clean energy development happening right here at home. On the Legislative Branch Subcommittee, I will continue to promote civility and bipartisanship in Congress and to ensure the People’s House works as efficiently as possible for all Americans. We have a lot of

work ahead of us, and I look forward to serving under our Republican Leader, Kay Granger, to steward responsible federal spending on behalf of taxpayers.

“I am glad to welcome Rep. Newhouse back to our team on the House Appropriations Committee,” said Ranking Member of the House Appropriations Committee Kay Granger (R-TX). “As a farmer, small businessman, and Chairman of the Congressional Western Caucus, Dan brings an important and unique perspective to advance the priorities of rural America. Washington’s 4th District is blessed to have such a fierce champion representing Central Washington’s farmers and agriculture industry in our nation’s capital. I look forward to working with him to exercise Congress’ power of the purse, promote responsible spending, and advance conservative values throughout the 117th Congress.”

Background: The Subcommittee on Agriculture



Excerpt from
Chapter 1
DNA

The Contract
A novel by local writer
William E. Forhan.

Most mothers can tell you the moment their child was born. It’s not the same for fathers. But I can tell you precisely the moment I met my daughters. It was 2:46 on a Sunday afternoon in October. I had rushed back from church and just sat down to watch the game of the week. My Denver Broncos were playing their most despised of opponents – the Oakland Raiders. My game was interrupted by a knock on my front door. My wife had taken our two sons to help her with grocery shopping. So I had to get up from my game to respond to that irritating knock. I opened the door to two attractive young women. They seemed surprised. “You’re a priest?” one queried.

In my rush to watch the game I had not removed my clerical collar. “Well, yes I am,” I responded. Fully expecting they were a couple of young evangelists looking to tell me about the gospel. There was a sudden and distinctly deafening pause. “Can I help you?” I finally said. They looked at each other. Then almost in unison burst out, “We think you’re our father!” In an instant twenty-three years of guilt and remorse overcame me. I could not help it. Tears poured out like a river. My heart began to pound and I could not hear a sound. We looked at each other for what seemed like an eternity. None of us knowing what to say next, but I knew in my heart they were correct.

Bill’s Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

SEE AGRICULTURE ON PAGE B2



**NCW
MARKET.COM**
CLASSIFIED ADS

THE LEAVENWORTH
ECHO

CASHMERE VALLEY
RECORD

LAKE CHELAN
MIRROR

QUAD CITY
HERALD

WENATCHEE
BUSINESS JOURNAL

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.



CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

I	S	A	A	C		F	O	G		S	N	I	T
T	O	R	S	O		A	R	E		H	O	O	C
E	D	I	T	S		U	R	N		E	N	V	O
M	A	D	I	S	O	N		R	E	A	G	A	N
						R	E	B		F	E	N	D
O	P	S		T	I	P	I		D	U	G	O	U
B	O	L	A		T	O	N	S		P	A	R	T
A	L	A	R		S	L	E	E	P		F	E	E
M	A	N	T	A		K	A	M	E		F	O	R
A	R	G	Y	L	E		R	I	S	C	S	I	R
						O	M	I	T		T	O	E
	A	R	T	H	U	R		J	O	H	N	S	O
F	L	O	R	A		A	C	E		O	V	O	L
R	U	B	E	S		T	H	E		R	O	A	D
O	M	S	K			E	A	R		T	I	P	S

8	6	2	7	5	1	3	9	4
3	1	5	9	8	4	7	6	2
7	9	4	3	6	2	8	1	5
1	7	9	2	3	8	5	4	6
6	2	3	4	7	5	1	8	9
4	5	8	1	9	6	2	3	7
9	3	1	6	2	7	4	5	8
2	8	6	5	4	3	9	7	1
5	4	7	8	1	9	6	2	3

Announcements

Lost & Found

LOST AND FOUND
can be placed in our local newspaper and online for **FREE**.
Limit 30 words

Leavenworth/Cashmere
509-548-5286
or email
classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email
mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday



Need to promote your event?
Have you thought about
NCWMarket.com
the best online promotion available

Happy Ads

Do you have a **SPECIAL EVENT** **COMING UP?**
HAPPY BIRTHDAY
CONGRATULATIONS!
WILL YOU MARRY ME?
HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at
www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers.
It is easy just Register and pay on our secure site 24/7
Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald
or email
mirrorads@lakechelanmirror.com
For
The Leavenworth Echo or Cashmere Valley Record
Call 509-548-5286
or email
classifieds@leavenworthecho.com

General Interest

Common Sense tells me that Donald Trump won the 2020 elections. How does one lose after being so far ahead. Trump spent months wooing voters in the time leading up to the election. It garnered him 12 million more votes over his 2016 total. Joe Biden hardly got out of his house and outdid Trump by 6 million. Make sense? The vote tally in Pennsylvania had 200,000 more votes than registered voters. The Democrats are experts at manufacturing votes and more expert at covering up lies. Aided by the liberal press, they deceive the American people. The corruption of the Democrat party can't last. Eventually, truth will come out!!!




Looking for a home for your Furry friend?

Try the pet section on
NCWMarket.com

Employment

Help Wanted



Northeastern University

We are looking to hire a Personal Assistant to the Director of Procurement Services of **NORTHEASTERN UNIVERSITY**. We are looking for a part time, work from home, **PERSONAL ASSISTANT**. It pays \$400 per week plus benefits and only takes a little of your time. To be considered for this position the candidate must be detailed-oriented, a problem solver, able to work independently, and have above-average organizational and troubleshooting skills. Basic computer skills are also essential to this role. This job requires 2-3 hours access to the internet weekly. The position requires excellent customer service skills orally. We will train the right person. Must be over 24 years of age, be efficient and dedicated. If you are interested and need more information contact:
Mi.mcnamara87@gmail.com for more details. Text at 1-617-586-2587.

Sales Executive
Join our sales team. If you enjoy helping local businesses grow. We have a job for you! We will train the right candidate. Must be outgoing, personable, honest and must be able to use a computer. Stop in The Leavenworth Echo with a resume or call for an interview. 509-548-5286.

OFFICE ASSISTANT/RECORDS CLERK
CITY OF CHELAN, WASHINGTON

City of Chelan is accepting applications for the position of Office Assistant/Records Clerk. Please submit a complete application package, including: cover letter, resume and employment application to the City Clerk by mail at PO Box 1669, Chelan, WA 98816 or electronically to pgallucci@cityofchelan.us. Application materials are located on the City's website: www.cityofchelan.us. Applications will be accepted until 5:00 p.m. on February 12, 2021. Incomplete applications will not be accepted.



Help Wanted

Brewster School District is accepting applications for the following:

- Special Education Paraprofessional
- Middle School Paraprofessional
- High School Paraprofessional

Each position is 7 hours per day and must meet the Title 1 requirements as listed:

- AA Degree, or
- 2 years of college course work documented with transcripts, or
- Pass the ETS paraprofessional test (given at the school with prearrangements) in the areas of math, reading, and writing

A complete job description for each position may be found on the districts website at www.brewsterbears.org

The successful candidates will be placed on the district salary schedule for classified employees according to years of experience.

Special Education paraprofessional start date is Feb. 8, 2021.
Middle School and High School paraprofessional positions are open until filled.

Brewster School District is an Equal Opportunity Employer.

Looking for a great, local employee?
It is easy to place your ad online 24/7 at **www.NCWMarket.com**
Register and pay on our secure site.
Want Print only for
The Lake Chelan Mirror
Quad City Herald,
Brewster
Call 509-682-2213 or email Meg at mirrorads@lakechelanmirror.com
OR
Leavenworth Echo
Cashmere Record
509-548-5286
or send email to classifieds@leavenworthecho.com

Deadline: Friday by Noon for the following Wednesday issues of all newspapers.

For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and Collectibles by placing them in our classifieds.
Place your ad with pictures online 24/7 at NCWMarket.com
Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.
Deadline: Friday by Noon for all papers.
Lake Chelan Mirror Quad City Herald
509-682-2213 or email mirrorads@lakechelanmirror.com
or call
The Leavenworth Echo Cashmere Valley Record
509-548-5286
classifieds@leavenworthecho.com

Furniture

FREE Office Furniture Items available:
2 large wood desks with side desk attachment,
One metal desk, one large all wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, wood credenza
One large framed whiteboard
Call to arrange a time to examine or pick up. All items located in Cashmere.
For information call 548-5286 or Bill, at 509-670-1837
Also see photos on NCWMarket.com

General Merchandise

Cards for Sale
To raise funds for the Royal Ladies of Autumn Leaves.
Special Leavenworth card like:
Wish you were here with me in Leavenworth.
Happy Birthday from Leavenworth! and many more titles.
No boxed cards. Thank you for your support.
Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

General Merchandise

Moving Sale
Everything must go !!
660 ft. of never been used TREX decking all different lengths.

42 inch Sears riding mower with catcher, gas powered lawn edger, tow behind thatcher and two push mowers.

150 33 1/3 Vinyl records, singles and albums.

Glass patio table, Oster bread maker, vacuum cleaner, set of fireplace tools, one 26 inch Sears 10 speed and two 20 inch folding bicycles. Call 509-679-9318.

A vertical banner with a blue background and yellow text. The text reads: "Junk today. Treasure tomorrow. Need some CASH? Place a For Sale ad and turn your 'junk' into someone else's treasure!"

- Place your ad 24/7 at ncwmarket.com
- Email: heraldads@qcherald.com
- Call 689-2507



Check the weathercams online before traveling over the mountain passes!

www.qcherald.com



5 tips to protect seniors from financial scams right now

(STATEPOINT) - Social isolation among seniors is not only linked to numerous negative health consequences like depression and cardiovascular disease, but it's also a primary contributing factor in financial exploitation and scams. Estimated to affect one in 10 older adults and cost billions annually, the threat of elder financial fraud is pervasive, and especially so right now.

With seniors more isolated than ever due to the pandemic and stimulus checks being sent to millions of Americans nationwide, experts suggest that seniors and their families be extra vigilant.

"Scammers look for key time periods where money and private financial information are in motion. Not only is IRS fraud one of the most common and successful types of scams that exists, as a general rule, additional money equates to additional fraud," says Ron Long, head of Aging Client Services at Wells Fargo.

"Scammers are banking on the fact that many seniors are apart from families and friends due to COVID-19. When someone is alone, physically or socially, they often miss out on the added benefit of a second pair of eyes and ears." Compounding the risks associated with isolation is the number of seniors who feel their chances of falling victim to a financial scam is unlikely. According to a recent Wells Fargo study conducted by The Harris Poll, 69 percent of all seniors age 60 and above believe they're not likely to be susceptible to a financial scam, despite nearly all seniors (97

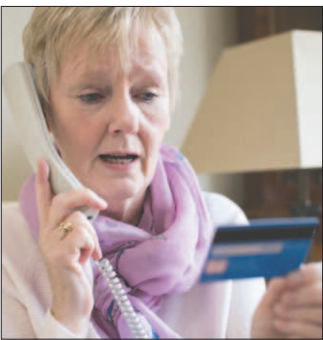


PHOTO SOURCE: (c) Daisy-Daisy / iStock via Getty Images Plus

With seniors more isolated than ever due to the pandemic and stimulus checks being sent to millions of Americans nationwide, experts suggest that seniors and their families be extra vigilant.

percent) acknowledging that older people are very or somewhat susceptible to becoming a victim. When asked about their peers, the poll found that 47 percent of all seniors knew someone who had already fallen victim to a scam. "The results indicate what most of us want -- the ability to age relatively unaffected from the realities associated with aging," says Dr. Marti DeLiema, a gerontologist and consultant for Wells Fargo's Aging Client Services. "The problem is that when someone doesn't feel they're at risk, they're unlikely to take precaution."

To better protect seniors from elder financial fraud and abuse, consider these tips from Wells Fargo:

1. Don't wait for a crisis. Seniors should speak with trustworthy family members

about financial plans, as well as consult them when something doesn't feel right.

2. Stay up-to-date. Seniors and families should draft and periodically update legal documents such as wills, healthcare directives and powers of attorney.

3. Automate. Seniors should consider signing up for direct deposit, automatic bill pay and large transaction alerts.

4. Prioritize security. Seniors should keep checks and credit cards locked away, and update passwords when information is compromised. They should also carefully review credit reports, account statements and bills for unusual activity or charges.

5. Be aware. Families can help seniors stay aware of the latest and most common scams, as well as help them identify potential red flags, including:

- Alleged emergency situations involving family members, often grandchildren, requiring immediate payment.
- Lottery winnings requiring upfront cash payment for taxes and other fees.
- Phone calls from alleged government agencies, such as Social Security, threatening arrest or penalties.

For more information on fraud prevention, visit wells-fargo.com.

"Aging resiliently requires planning ahead and not shying away from difficult conversations," says Long. "We have to talk with our older loved ones about the risks, the warning signs and prevention -- and we have to keep talking."

Grow quick, easy and nutritious microgreens

By MELINDA MYERS

Add fresh flavor to your meals year-round with microgreens. These easy-to-grow greens need minimal space and no special equipment for a flavorful and nutritious harvest in little more than a week.

Use microgreens on salads, soups, pizzas, omelets, in stir fries or as a snack. These tiny seedlings are packed with more nutrition than their mature counterparts.

Add a bit of spice to soups and sandwiches with radish and mustard microgreens. Try red cabbage, chard, beets and amaranth for some added color. Sunflower's somewhat nutty flavor makes it perfect for snacking. Let some of your pea microgreens grow a bit taller to use in stir fries.

Fill a shallow container with a two-inch layer of moist potting or seed starting mix. Sprinkle seeds over the soil surface and lightly cover with potting or seed starting mix. Water gently to ensure good seed-to-soil contact.

Continue to water often enough to keep the soil slightly moist. Reduce your workload and keep the planting mix consistently moist by covering freshly planted containers with plastic. Once the greens break through the soil, remove the cover and move the container to a sunny location or under artificial lights.

Increase the fun and success with a microgreen growing kit like the Organic Herb and Microgreens Grow Kit from Gardener's Supply (www.gardeners.com). This set up is the perfect size for your countertop or other small space. The full spectrum light is adjustable so you can raise or lower it as needed whether growing short microgreens or taller herbs.

Or skip the growing mix and mess with a Jute Microgreens Starter Kit. Set the jute mat in the shallow tray, add seeds, and water. Then compost the jute mat after harvesting your greens.

Follow the planting directions on the seed packet. You typically need two to three tablespoons of seeds for an 11" x 21" tray. Buy enough seeds to make additional plantings every week or two to ensure a constant supply. Microgreens like most vegetables taste best and are most nutritious when eaten fresh. And these tasty bundles do not last long in storage.

The microgreens are ready to harvest once the plant forms the first set of true leaves. These are the leaves that resemble those of the mature plant. This takes anywhere from 7 to 14 days, de-

pending on the room temperature and type of microgreens you are growing.

Use scissors to clip the greens off at ground level. If you prefer to use the whole seedling, roots and all, you will need to wash off any of the seed starting mix clinging to the roots.

Once you harvest all the greens, it is time to replant. Save money and be kind to the environment by composting the used planting mix and reusing containers. Convert shallow fast-food containers into planting trays. Disinfect these or other planting trays before using them for subsequent plantings. Just soak the containers in a 10% bleach and water solution for ten minutes. Then rinse in clear water before planting.

Gardening doesn't get much easier than this. You will enjoy the fresh flavor all winter long as you wait for the outdoor growing season to begin.

Melinda Myers has writ-



ten more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Myers' web site is www.melindamyers.com.

Resolve to learn to play an instrument in the new year

(STATEPOINT) - Have you been wanting to learn to play an instrument for a long time? Let the New Year be your motivation to finally take the plunge. Here are some top tips for getting started and for sticking with it:

- Schedule practice sessions: Learning to play an instrument requires a time commitment, so actually schedule a daily practice session -- at least 30 minutes -- in your planner or calendar. Whether it's first thing in the morning or just before bed, identify a time of day when you are best able to turn off distractions and focus on the task at hand.

- Check out online resources: While in-person lessons may not be available at the current moment, you might try taking a remote class or working with an online music teacher. Free tutorials are also available online, and have the added benefit of being paused or replayed again and again.

- Stay motivated: When learning a new skill, fast progress can be one of the greatest motivators. Thankfully, some of the latest tools make picking up the basics easier than ever. For example, with the Casiotone Keyboards from Casio, which feature a built-in learning system, you can go from being a novice to an intermediate player in a matter of weeks. By



PHOTO SOURCE: (c) m-imagephotography / iStock via Getty Images Plus

Learning to play an instrument requires a time commitment, so actually schedule a daily practice session.

connecting the instrument to the free Chordana Play app, you can learn to play your favorite songs from downloaded MIDI files. Some of the keyboard models in this series even feature light-up keys, helping new musicians quickly get the hang of proper finger placements and chords.

- Set new goals: Set concrete goals and dates by which you'd like to achieve them. This could be mastering a particular song or performing a live stream concert for your friends over social media. Always having a new goal to reach toward can keep things fresh, helping you

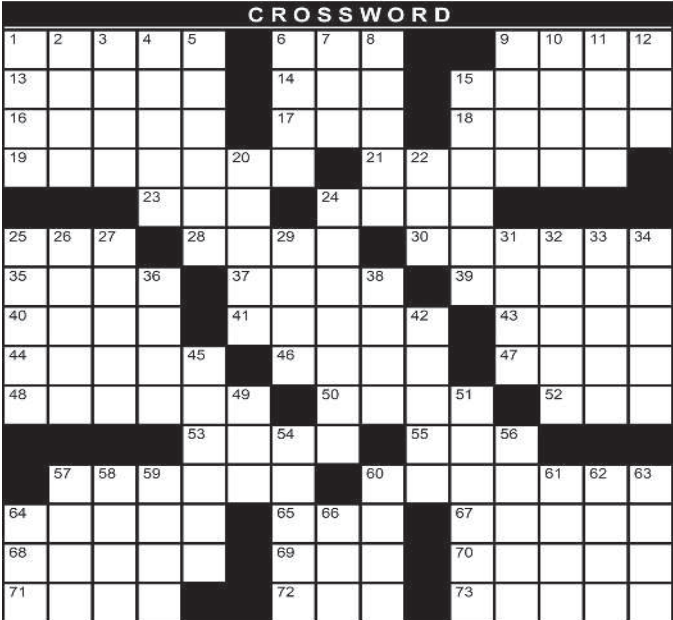
stick with your New Year's resolution.

- Be compassionate with yourself: Learning to play an instrument is not easy, and some practice sessions will go more smoothly than others. Have patience with your own progress and try not to compare yourself to others, especially those who have been playing a lot longer than you!

Building your music skills is not only fun, it's good for your mental and physical wellness, making it the perfect New Year's resolution. Be sure to get started with the right mindset and tools.

CROSSWORD PUZZLE

THEME: U.S. PRESIDENTS



- ACROSS
1. Newton's first name
 9. Hissy fit
 14. Form of "to be"
 15. Illegal booze
 16. Editorial changes
 17. Crematorium jar
 18. #56 Down, alt. sp.
 19. *One of six Presidents named James
 21. *First President previously divorced
 23. Civil War's Johnny
 24. Manage without help
 25. Military procedures
 28. Cone-shaped quarters
 30. MLB bench
 35. Cowboy's necktie
 37. A whole lot
 39. *Whig, e.g.
 40. Resembling wings
 41. Nightly necessity
 43. Experience emotion
 44. Large ray
 46. Glacier's deposit
 47. "Watch out!" on a golf course
 48. Traditional sock pattern
 50. Reduced Instruction Set Computer
 52. Knight's title
 53. Bypass
 55. Foot digit
 57. *President Chester ____
 60. *He signed legislation to create Medicare
 64. Fauna, Merryweather and ____, fairy godmothers
 65. Expert
 67. Convex molding
 68. Bumpkins
 69. Café alternative
 70. Car ways
 71. Trans-Siberian Railroad city
 72. Piercing part
- DOWN
2. *Trump had button on desk to order his favorite one
 3. Desertlike
 4. Up and about
 6. Half-man, half-goat
 7. Legendary NHLer
 8. Tragedy, or comedy, or satire
 9. Cheap form of payment?
 10. Before Scotia
 11. Clickable picture
 12. Olden day "your"
 15. Be in charge, two words
 20. Newspaper notices
 22. What all of #70 Across do
 24. Painting or poetry
 25. *He beat McCain and Romney
 26. Kind of cap
 27. Colloquialisms
 29. *First "dark horse"
 31. Gamecock's spur
 32. Dessert sandwiches
 33. Wombs
 34. *#29 Down predecessor
 36. Creative
 38. 18-wheeler
 42. Green pasta sauce
 45. Big Island greetings
 49. Australian flightless bird
 51. Group of people, often in research
 54. Extremely angry
 56. Concluding stanza in poetry
 57. *G. W. Bush to Yale, e.g.
 58. Schneider and Lowe, e.g.
 59. Major bike maker
 60. Audience's rejection
 61. Sold in bars
 62. Auto pioneer
 63. Like a busybody
 64. Back, to a pendulum
 66. Latin dance three-step move, once

Blazing Fast Internet! **\$19.99** per month. Includes everything you need to get started.

BRING EVERYTHING YOU LOVE TOGETHER!

2-YEAR TV PRICE GUARANTEE

\$59.99 MO. America's Top 120 Package **190 CHANNELS** Including Local Channels!

CALL TODAY - For \$100 Gift Card **1-888-416-7103** Offer ends 1/31/21.

SUDOKU PUZZLE

FREE! Savings include an American Standard Right Height Toilet (H80L - \$600 value)

WALK-IN BATHTUB SALE! SAVE \$1,500

Backed by American Standard's 140 years of experience

Ultra low entry for easy entering & exiting

Patented Quick Drain® Technology

Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard

44 Hydrotherapy jets for an invigorating massage

Limited Time Offer! Call Today!

866-612-7490

Or visit: www.walkintubinfo.com/sprn

8			7	5				4
			9			7		
	9			6		8		5
1						5		
	2	3				1	8	
		8						7
9		1		2			5	
		6			3			
5				1	9			3

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.