

CASHMERE VALLEY RECORD

CELEBRATING 112 YEARS • 1907-2019



More sports
— See pages B1-B2

APRIL 10, 2019 • VOLUME 112, No. 15
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Cashmere American Legion Post 64 celebrates Legion's 100th year



PHOTO BY KALIE DRAGO/NCW MEDIA.
(L to R) Leon Lavigne and Palmer Baken, the last two World War I Cashmere veterans pictured in 1988.

By KALIE DRAGO
Record Reporter

A non-profit organization that is vibrant with national pride and is a national pillar of honoring veterans is celebrating its 100th birthday - The American Legion.

Defined as a patriotic veterans organization, Legion Post 64 and Auxiliary Post 64 has also been a steady contributor to the community.

The Legion is international in scope

divided into "departments" which are then divided into local posts.

It's "a way to honor the veterans that never made it home and help out the veterans that did make it home anyway we can," said Ken Komro, Commander.

In 1919, on the heels of the end of World War I Congress chartered The American Legion in an effort to utilize the group as a patriotic

CONTINUED TO PAGE B2

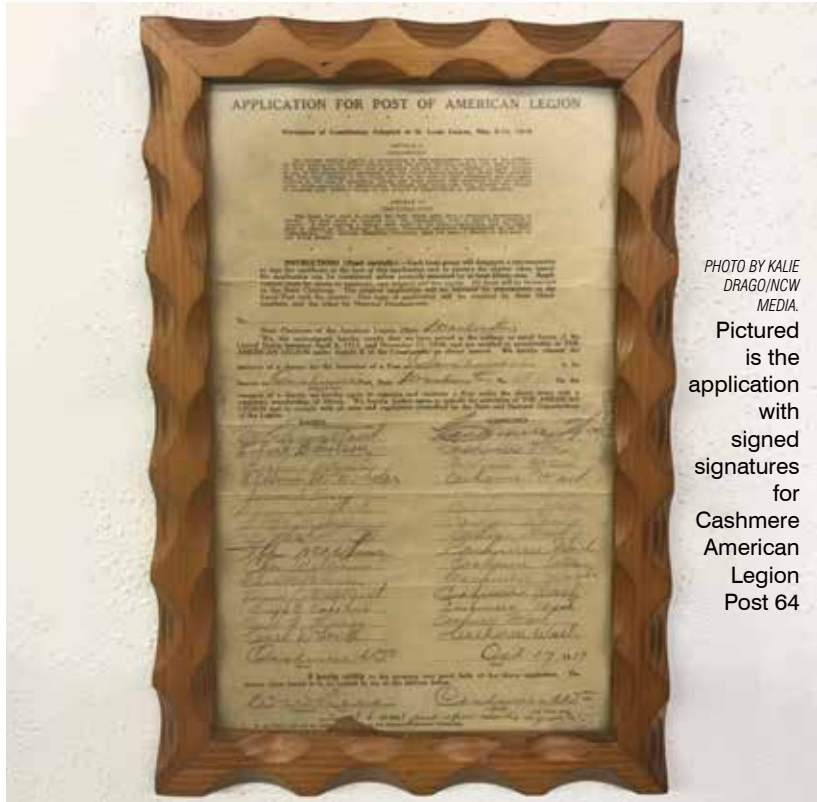


PHOTO BY KALIE DRAGO/NCW MEDIA.
Pictured is the application with signed signatures for Cashmere American Legion Post 64

Van Lith named to USA Today, AP basketball teams

By AL STOVER

Cashmere junior Hailey Van Lith was announced as a First-Team selection for the 2018-19 All-USA Girls basketball Team on April 3.

The All-USA Girls Basketball teams were picked by the USA Today staff with consultation with high school coaches and recruiting experts.

The All-USA team was not the only all-league honor Van Lith received. She was also named to the 2018-19 AP Girls All-State Basketball Team and voted Player of the Year for the 1A Classification.

The 2018-19 All-State teams are

voted on by sportswriters across Washington State and compiled by the Associated Press.

Van Lith is coming off a stellar junior season where she led the Lady Bulldogs to their sixth Caribou Trail League and District 6 championships, as well as a third-place trophy in the 1A State Tournament.

She averages 34.4 points, 8.3 rebounds, 5.4 steals and 4.9 assists per game and holds the record in every statistical category at Cashmere High School. During her junior season, she reached her 2,000th career point and broke the school's three-pointer record twice.

Cashmere Middle School students visit Sen. Hawkins in Olympia



COURTESY PHOTO.
Cashmere Middle School students on the Senate floor in Olympia with Sen. Hawkins during their visit to the Capitol the last week of March.

From Cashmere Valley Record to Mad Magazine

By KALIE DRAGO
Record Reporter

DRYDEN -- Garfield, Peanuts, Pogo - cartoon strips often conjure up nostalgia. When bad news is splashed on the front page, one could count on the Sunday cartoon section to get a laugh. Dryden resident, Dan McConnell, is a celebrated artist who continues to create lighthearted work for both local and national publications. His byline has been featured in household name publications such as MAD magazine and Reader's Digest.

With no television growing up, McConnell didn't flicker through channels, but rather channeled his energy into art. His illustrations started at about age four with him rolling out butcher paper and drawing cowboys and Indians. Tomahawks, spears, arrows and gunshots flying across the page was the initial ignition of the creativity that led him to his career path.

"I was just a kid doing drawings at about four or five and I just kept doing it," said McConnell. He eventually moved to Cashmere and purchased a pear orchard. "I needed to do something with my art work so I came down to John Ricman, publisher of the Cashmere Valley Record at the time."

His career eventually evolved into pitching the idea of a political cartoon to the CVR, but Ricman suggested a

more locally centered idea - the fruit industry. In 1980, McConnell produced Apple Andy, a comical staple that lasted in the publication for 20 years.

"I just like making lines on paper," said McConnell. "It's really tactical. I like working on paper, doing watercolors, anything doing traditional mediums."

McConnell's sense of humor is reflected in his work and he manages to translate personality in his cartoons with just ink and creativity. His work has a satirical demeanor and a lighthearted disposition unlike some snarky and cynical political cartoons that have become the rage.

"The process of being an artist is you draw as much as you can," said McConnell.

His cartoon range varies from fun political jests, humorous cartoons and caricatures to fine art like oil paintings and watercolors. In 2004, McConnell became a certified scientific illustrator to add to his impressive portfolio, but he has a soft spot for cartooning.

"I do cartooning every day, so that must be my favorite," said McConnell. "I like to draw faces so caricatures are pretty strong too."

McConnell is no starving artist despite having an eager appetite for creating illustration work. His work has been featured on a variety of platforms over the timeline of his career and he's only gaining more momentum with his lighthearted

cartoons. Last January, his work was featured in MAD Magazine's online edition and in June, his work will be in the print edition as well. He noted this is one of the biggest highlights of his career.

"I was flying on cloud nine, it was great. It was a little bit unexpected," said McConnell.

See cartoon on page B2



PHOTO BY KALIE DRAGO/NCW MEDIA.

Local artist Dan McConnell will go to the National Cartoonists Society Foundation auction for children's hospitals around the nation.



Cashmere's Hailey Van Lith was selected to the All-USA Girls Basketball team.

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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

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Call the Record at 509-782-3781

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Who is going to save the Democrat party?

Every day it seems there is a new Democrat announcing their intention to run for President. Problem is the collection of the uninformed, misinformed and just plain angry opponents of President Trump aren't offering any realistic solutions to our problems. In fact most of them are just plain insane.



BILL FORHAN
PUBLISHER

One of the most insane early joiners is our own Governor Jay Inslee. Inslee has decided to jump into the fray in order to save us all from the ravages of Climate Change. It's interesting that having failed to get his Carbon Tax initiatives through the liberal wet-side legislature he went to the people who also soundly rejected his plan. Now, he thinks he can win the Presidency with an Al Gore style campaign.

Those that read my column regularly, know that I am a climate change denier. Truth is every year the "great consensus" is losing steam. The majority of scientists do not agree and in fact there is

a growing number of highly qualified scientists who say the issue is not just overblown, it is factually false and likely to lead to policies that are actually more harmful to the human condition on this planet.

Let's start with the problem of Carbon Dioxide. Greenies say excessive CO2 is causing global warming which will result in the melting of the polar icecaps. But a growing number of climate scientists are now saying we are in a CO2 draught, causing excessive strain on plants and trees. Plants require carbon dioxide. They take it in and give off oxygen. Oxygen is essential to human life. In fact, it is essential to all animal life.

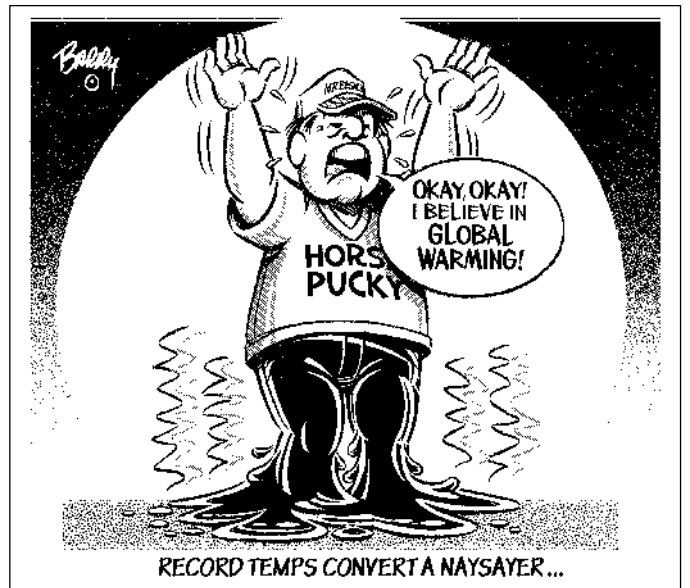
I know my greenie friends will be screaming about now that I need to give them some facts. The reality is it won't make any difference to most of them because they have already concluded life on earth will end in 12 years. If that's true then we should all

quit working give everybody a guaranteed income then sit back and enjoy the few years remaining on good old planet earth.

The entire concept of global climate change is the perfect storm politicians need in order to sell their insatiable drive for control over our lives. We should all start questioning their motives when their primary campaign message is based on fear. Especially when it requires us to surrender our individual freedom so they can save us from some great catastrophe.

Governor Jay Inslee is no great savior. If he was he would recognize the facts behind global climate change are highly questionable at best. Inslee is nothing more than a political opportunist who sees a climate crisis as a way for him to advance his political career.

If he were a true leader, Inslee would sue Washington State University for failing to properly educate him on basic science. But of course that would require him to actually do some research and find out the truth about the great



RECORD TEMPS CONVERT A NAYSAYER...

climate change hoax.

It is time for "we the people" to reject the fear mongering for big government solutions to non-problems. America is the best thing that has happened to good old planet earth. We can clean up our air and water. We can find efficient ways to manage our natural resources that improve life not restrain life.

President Franklin Roosevelt, a Democrat, once

said "the only thing we have to fear is fear itself." Today what voters should fear most are the uninformed or manipulative Democrats of the left who need to make us increasingly fearful.

Inslee is not an inspirational leader. Be afraid, be very afraid.

Bill Forhan can be reached at 509-548-5286 or publisher@leavenworthecho.com.

Tree Nazis and other Fascista

I was recently berated by a "tree Nazi." They are hard to miss and hard to take and leave a feeling of bewilderment and anger in their wake as do all fascista.

He demanded I cut three trees in front of my house. At this moment they are teaming with baby birds and the continuous coming and going of the parents feeding them incessantly, obsessively, but lovingly.

Parents mostly try hard to ensure the survival of their offspring, but there comes a time to kick them out of the nest for their own good. Tough love as practiced by the birds, ancestors to the dinosaurs. We're talking millions of years

of survival skills.

If mankind wants to stick around, fascism must be examined as a cause for over-stressing the population as a whole and particularly causing certain groups to get their knickers in a bunch.

I won't cut them down out of principle. I bought the house with them and I intend to sell the house with them.

Problem is, I live in a mobile home park, Highland Terrace on 9th Street in East Wenatchee. It is for "old folks" 55+.

I own my double-wide, but must pay rent and apparently fealty, to some rich Westsider who inherited the place from his dad.

The family also practices "water Nazism" as evidenced by the fact that the public irrigation water has not been provided to the park residents yet because the park's pump is broken. I am writing this on April 8th, far enough into the nice weather that park residents ought to be able to water their plants, flowers and ... trees.

There's that 5 letter word again ... trees. The rich Westsiders are against residents actually using metered water because they have to pay the water bill, however the irrigation water is free and is pumped up from the might Columbia via canals that pepper this beautiful town.

That means the landlord and his offspring could care

less about the tribe members in "Pangborn City" or our plants, etc.

At the exact same time the residents are berated by a notice on the park bulletin board that "Spring is here and all must clean their yards."

Rake away, rake away, put your backs into it my serfs. I will be by every month to collect my share of your labors. The dilemma of the rich: How do we control "the masses" and keep them bending to our will? Read the works of Mussolini, Franco and Hitler, but don't leave out the ruthless communist Joseph Stalin, and find out how many were murdered by these "beneficent tyrants."

Americans are, by definition and from its founding, a tolerant people who listen to several points of view before shooting each other to death or running them over with cars.

In the words of Crosby, Stills, Nash & Young, this dilemma is syndrome of: "Too late to leave the change, too late to pay."

It is also known as "brain freeze" like when eating ice cream or a Slurpee. To unlock this disfiguring and painful intellectual spasm, one must allow distribution of words said aloud, as well as those printed and disseminated including words one fundamentally disagrees with.

It is that simple. We must tolerate others to flourish, not attempt to squelch free speech. It is happening all around us by the extreme left. It may surprise people reading this that I am comparing fascists to leftwing ideologues, but I am.



APPLES TO APPLES
GARY BÉGIN
NCW MEDIA
MANAGING
EDITOR

I highly recommend the 2009 bestselling book by Jonah Goldberg, "Liberal Fascism: The Secret History of the American Left."

Remember I included Stalin as a fascist and yet we consider communists as far left, hence "liberal fascism."

Is my rich landlord, the Westsider, actually a so-called Liberal-Fascist? I know he is, but he will never see it that way.

He thinks his serfs have little or nothing to say in their lives about his edicts. I am sure his front yard abounds with trees, flowers or plants. One day when I am growing my own bananas, he will come around as a starving monkey and beg I throw him one. Perhaps my compassion will make me do so or will I become a food Nazi once I am in charge of the universe?

On that same day, pigs will fly and Trump will voluntarily release his taxes.

Ever since the first man climbed out of the first tree on those African plains eons ago, he has sought shelter from the rain.

We must band together in a spirit of tolerance to create the umbrella under which our future will thrive. Stop evil in its tracks, but keep your own counsel as it pertains to your own reality.

I pray it will be thus, at least until my all too soon dirt nap arrives.

Managing Editor Gary Bégin can be reached at gary@ncwmedia.net. His opinions are not necessarily those of NCW Media.

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COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.
Cashmere Food Bank, 2:30 p.m. - 4 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed. & Saturdays.)
Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.
Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)
The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)
Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.
 For more information, please call 782-3811.
Cashmere Sportsmen's Gun Club, 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Call Commander, Ken Komro, 782-4973 (1st Thurs.)
American Lady's Legion, 5:30 p.m., American Legion Hall, 401 Sunset Highway. Call President Linda Ingraham, 679-0243 (1st Thurs.)

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)
Cashmere Food Bank, 2:30-4 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information, call Jim, 741-7551. (2nd and 4th Sat. following Wed. of the same week, subject to change)

Sunday

CHURCH: See the church page for local service times and events.
The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)
Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.
Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).
Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).
Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)
Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)
Monitor Homemakers, Noon. location varies. Call Florence, 663-1570. (2nd Tues.)
Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.)

Ongoing events

Cashmere Public Library: 782-3314
 Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.
 Thursday: 11:00 a.m.- 8:00 p.m.
 Saturday, 9:00 a.m.- 1:00 p.m.
 Sunday: Closed.

Events:

Tuesday & Wednesday, **Story time Pre-K & up 10:00-10:30 a.m.**
 Wednesday: **Preschool Story time, 10:00-10:30 a.m.**
 Wednesday: **Bilingual Story time, 4:30-5:00 p.m. (last Wed. of every month).**
 Thursday: **ATLAS events, 3:30- 5:00 p.m. (during school year)**
 Friday: **Baby/Toddler Story time, 10:30-11:00 a.m.**

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.
SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)
Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

Kindergarten Registration

Cashmere School District parents of children who will be four and five by August 31 can pick up a registration packet for Kindergarten and Pre-school registration at Vale Elementary. The office is open from 7:15 a.m.-3:30 p.m. For more info, contact 782-2211. (r14,15)

Leavenworth Summer Theater

Do you have a room, apartment, or house you are looking to rent out for the summer? Leavenworth

Summer Theater has several responsible, friendly artists coming into town for the season, and we are looking for places for them to stay. Dates are approximately June 12 - Sept 2. Email Phil if you might be interested: phil.LSTexec@gmail.com (er 14,15).

Write Your Life Story

Interested in writing your life story or your memoirs: this is the class. The class begins on Monday, May 6 and meets for 8 consecutive Mondays from 1-2 p.m. at the Leavenworth Community United Methodist Church. The last class is on Monday, June 24. If interested, contact Judy at: 509-470-7058 or strodew@comcast.net. (er 15,16).

Hikers, mountain bikers cautioned on trail use after snow, water events

By AL STOVER

Spring is here and many folks are itching to for the opportunity to visit their favorite hiking or mountain biking trails. However, the Central Washington Evergreen Mountain Bike Alliance is asking people to wait a little longer before using the trails - as least until the soil is dry.

The Leavenworth Ski Hill is one of many trails systems across central Washington impacted from the late snow and rain showers. While the Lower Rosie Boa and For The Boys trails are open for use, the Rosie Boa, Uphill Trail and Freund Trail are currently closed. Outside of Leavenworth, areas like the No. 2 Canyon, Devil's Gulch and Mountain Home are closed to due to snow.

Leavenworth Winter Sports Club's Marketing and Administrative Director Alex Brieger explained that riding or walking on wet trails on the Leavenworth Ski Hill and other areas will leave bike tread ruts or foot step holes. These indentations in the trail will collect water and create erosion and damage the trail.

Brieger noted that the soil in eastern Washington is different than the western side of the state in that it contains a lot of clay, which is slippery when wet, but dries hard.

"So these footstep holes and bike tread ruts then dry in this shape and create a very

hazardous tread surface to ride or walk on (and could result in) twisted ankles, getting your tire caught and falling over," Brieger said. "In the case of snow on trails, riders and walkers will use one side of the trail. These trails are pretty narrow and by walking on the outside of the trail, it begins to fall away. This is very hard to repair."

LWSC is a member of the Central Washington Evergreen Mountain Bike Alliance, one of the chapters of the Evergreen Mountain Bike Alliance, a statewide nonprofit organization. Brieger said the LWSC is a member of the organizations' Central chapter, which focuses on building and maintaining trails in Leavenworth, Wenatchee and Lake Chelan. While the chapter mainly advocates for mountain bike trails, they also build trails for multi-use, including running, walking and hiking and biking.

Brieger said the chapter has a staff of about five paid trail builders and mostly relies on volunteers to conduct trail maintenance, which encompasses treadwork, brushing, clearing trees, big rocks and debris that have fallen into a trail. The chapter has projects throughout the region, including the Leavenworth Ski Hill, the No. 2 Canyon, Sage Hills, Squilchuck State Park, Devils Gulch and

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Haystack Hunt, 11 am
Metal Detecting Hunt, 10 am (events on both days)
 Sat. **April 13** 9 am - 5 pm
 Sun. **April 14** 9 am - 4 pm

Echo Ridge.

He noted that cost of repairing a trail depends on the damage and what is needed to fix it.

"It's also tricky in that because the soil is clay, we have to do maintenance when it's moist, so timing is a big part of it," Brieger said. "The longer we can keep users off the trails until they are dry, we can get in and fix the seasonal damage from winter, and then get to building new trails."

If someone finds damage to a trail, they can use the contact page on the Central Washington Evergreen Mountain Bike Alliance's website. They can also reach out to him directly at alexb@evergreenmtb.org, or write a message on the group's Facebook page.

"This is really helpful as we get wind events and trees fall because we can't ride all the trails and know which ones have damage," Brieger added.

Brieger said it may take up to two weeks for the closed trails to open to the public. He added that visitors should not use trails after a rainstorm and recommends hikers and

bikers check weather and trail conditions on the Central Washington Evergreen Mountain Bike Alliance's website. Folks can also visit the Freund Creek Trail report page on the Trailforks website. Reports are generated from hikers and mountain bikers.

"As trails are open, if it rains, it's important to stay off the trails until they dry," Brieger added, "Our rule of thumb is if the pavement in front of your house, including all puddles, is dry then they trails should be good to go. Weather changes, it's OK to turn around."

Brieger said the Evergreen Mountain Bike Alliance's Central Washington Evergreen Mountain Bike Alliance is always seeking volunteers to help with work parties and other area projects. The chapter meets on the third Wednesday of every month at Milepost 111 in Cashmere at 6:30 p.m. Folks can also become a member of the organization for \$35 a year.

For more information about volunteering or becoming a member, visit the organization's website at <https://cwevergreenmtb.org>.



CONTRIBUTED PHOTO BY ALEX BRIEGER.

Riding mountain bikes on wet trails can leave tire ruts, as seen in this photo from one of the trails on the Leavenworth Ski Hill.

AA MEETING SCHEDULE

Information numbers for AA:
509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule
Monday, 7 p.m., United Methodist Church, 418 Evans St.

SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth
Events Calendar
 Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
 Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting
 Tuesday, 1:00-3:00 p.m., Crafts
 Thursday, 1:00-3:00 p.m., Square Dancing
 Thursday, 6:30-7:30 p.m., Bavarian Dancing
 Friday, 6:00 p.m., Bingo
 Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth
Events Calendar
April 11, Thursday: Baked honey mustard chicken, brown rice, mixed vegetables, coleslaw, tropical fruit, whole wheat roll, and dessert.
April 12, Friday: Egg salad sandwich, minestrone soup, tossed salad, Oregon berries, angel food cake.
April 13 and 14, no lunch
April 15, Monday: Italian rice and beef, Caesar salad, cinnamon pears, whole wheat roll, and dessert.
April 16, Tuesday: White bean and chicken chili, spinach salad, peaches, corn chips, whole wheat roll and dessert.
April 17, Wednesday: Meatloaf, potatoes and gravy, peas, tossed salad, fruit cup, bran muffin and dessert.

Help Support The Cashmere Food Bank
Staple foods like: Canned vegetables, fruit, peanut butter, tuna and beans are always appreciated.
 The Cashmere Food Distribution Center • Located at 109 "C" Railroad Ave. • Distribution times and dates have been recently changed: Wednesdays: 2nd and 4th of each month
 Saturdays: schedule follows the Wednesday distribution
For additional information please call Jim, 741-7551
 This ad sponsored by the Cashmere Valley Record

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Holy Week, Easter Services

Please join The Upper Valley Ministerial Association who sponsors the Easter Sunrise Service on April 21, 6:30 a.m. at Our Lady of The Assumption Catholic Church garden at 145 Wheeler Street, Leavenworth

Call for more information.

Spirit Life Center
210 Benton Street, 548-7138
Russell Esparza, Pastor
Call for information.

but parental guidance suggested.
April 19, 7 p.m., Good Friday Service
April 21, 8:30-10:00 a.m., Easter Continental Breakfast
April 21, 10 a.m., Easter Worship Service:

hymns an inspirational message and a special resurrection themed dance performed by our UNDERGROUND Dance Troupe. Website christcentercashmere.com or call. You can also download our Christ Center App at the Google Play store for your Android or the App store on your iPhone.

DRYDEN

Dryden Community Church
Hwy. 2 at Dryden Avenue, 782-2935
Steve Bergland, Pastor
April 21- 6:30 a.m., Combined Easter Sunrise Service with churches of Dryden and Peshastin, followed by a Breakfast at Dryden Community.

Mid-Valley Baptist Church
8345 Stine Hill Rd., 782-2616 or 509-999-6161.
Mike Moore, Pastor
April 21, 6:30 a.m., Easter Sunday Sunrise service, on the Mid-Valley Baptist Church lawn along with other churches in the Valley. All are welcome!
There will be no Sunday School.

MONITOR

Monitor United Methodist Church
3799 Fairview Canyon, 782-2601
Lilia Felicitas-Malana, Pastor
Call for information

PESHASTIN

Light in the Valley Community Church
8455 Main Street, 548-7517
John Romine, Pastor
April 21, 6:30 a.m. Area churches of Dryden and Peshastin will have a Easter Sunrise service. Hosted by Mid-Valley Church followed by breakfast at Dryden Community Church.
April 21, 10 a.m., Easter Service.

Peshastin Assembly of God
School and Lake Sts., Peshastin, 509-860-1088
Jorges Torres, Pastor
April 21, 6:30 a.m. Area churches of Dryden and Peshastin will have a Easter Sunrise service. Hosted by Mid-Valley Church followed by breakfast at Dryden Community Church.

PLAIN

Plain Community Church
12565 Chapel Drive, 763-3621
Jon Johnson, Pastor
Pilgrim's Progress Pre-Screening: April 13, 6:00 pm: Our church has been selected to show a pre-screening of this full length animated movie (2hr.10min). It will be shown in select theaters (not Wenatchee) for two showings late in April. Bring your friends and enjoy this thrilling and inspiring allegory story of the Christian life. Not rated,

CASHMERE

Cashmere Baptist Church
103 Aplets Way, 782-2869
Bob Bauer, Pastor
April 21 -10 a.m., Easter Worship service followed by an Easter egg hunt for the kids.

Cashmere Presbyterian Church
303 Maple Street, 782-2431
Charles Clarke, Pastor
April 14, 10:30 Palm Sunday worship at 10:30 with procession of palms, followed by coffee, refreshments, and fellowship. All are welcome.
April 21, 9-10:15 a.m. Family Easter breakfast
10:30 a.m., Easter Worship Service with light refreshments following the service, and an Easter egg hunt for the children. Everyone is welcome.

Cashmere United Methodist Church
213 S. Division, 782-3811
Lilia Felicitas-Malana, Pastor
A joint service with Cashmere Presbyterian Church at Elberta Ave., and Maple Street.
April 14, 11 a.m., Passion/Palm Sunday worship service
April 19, Good Friday, joint with Cashmere Presbyterian Church, Soup Supper, 6 p.m. and Worship service, 7 p.m.
April 21, 6 a.m., Easter Sunrise Service, 6600 Flowery Divide in Cashmere. 11 a.m., Easter Worship Service at Cashmere UMC. Egg Hunt following worship service.

Christ Center
206 Vine Street, 782-2825
Steve Haney, Lead Pastor
April 21, 10 a.m., Resurrection Day Service, at the Conservatory at Apple Annies. Contemporary worship, traditional

Evergreen Baptist Church
5837 Evergreen Drive, 782-1662
John Smith, Pastor
Call for information

Grace Lutheran Church
Vine and Elberta Streets
Office: 782-3583, cell: 860-0736
Rev. Rob Gohl, Pastor
April 14, 10:30 a.m., Palm Sunday service with Holy Communion.
April 18, 6 p.m., Maundy Thursday, Prayer around the cross, followed by Holy Communion. Combined service with St. James Episcopal Church.
April 19, 7 p.m., Good Friday reading of the Passion narrative and bidding prayers.
April 21, 10:30 a.m., Easter service with Holy Communion.

St. James Episcopal Church
222 Cottage Ave. Cashmere
Office: 782-1590, Cell: 860-0736
Rev. Rob Gohl, Pastor, Rev. Carol Forhan, Deacon
April 14, 9 a.m., Palm Sunday with Holy Eucharist, Blessing and procession of palms, starting in the Guild Hall.
April 18, 6 p.m., Maundy Thursday, Prayer around the cross at Grace Lutheran followed Holy Communion.
April 19, 2 p.m., Good Friday reading of the Passion narrative and bidding prayers.
April 21, 9 a.m., Easter service with Holy Eucharist

Our Lady of the Assumption, Cashmere
300 S. Division, Office: 548-5119
Rectory: 782-2643
Fr. Miguel Gonzales, Pastor
Call for information

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday
10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER
Cashmere Assembly of God • 509-782-2825
Worship Celebration & Sunday School 10 a.m.
Meeting at The Conservatory, back entrance of Apple Annie's
Underground High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at - 206 Vine Street
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Pastor Ian Ross, Director of Operations
Steffanie Haney, High School Director
christcentercashmere.com



GRACE LUTHERAN CHURCH
Vine & Elberta Streets • 860-0736
Worship 10:30 a.m.
Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
222 Cottage Ave. • 782-1590
Holy Eucharist 9 a.m.
5th Sunday Morning Prayer 9 a.m.
Deacon Carol Forhan - 670-1723
Vicar Rob Gohl - Cell - 860-0736



EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6:00 p.m.
Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
"Where God's Word Remains The Pillar Of Truth"
11025 Chumstick Hwy. • 548-4331
Sunday School 9 a.m.
Sunday Worship 10:30 a.m.
AWANA (Youth Program) Weekly Bible Studies
Wednesday 6:30 p.m. (school year)
Pastor Todd James
www.cmbiblechurch.org

COMMUNITY UNITED METHODIST
418 Evans Street • Leavenworth
509-548-5619 • Rev. Matt Gorman
Sunday service 10 a.m.
www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 548-0748
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street • 290-0686
Sunday School, 9:45 a.m. • Worship, 11 a.m.
Pastor Michael Brownell
email: mkb3123@gmail.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9:00 a.m.
Lead Pastor: Andy Dayton
Youth Pastor, Kent Wright
Pastor to Children & Families: Becky Goodman
www.LCN.org



SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD
School and Lake St. • 548-7523
Sunday Worship Service 10:30 a.m.
Bible Adventures for kids at 10 a.m. sharp
Pastor Jorge Torres



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com

Bulldogs boys soccer goes 2-0 in nonleague play



PHOTO BY AL STOVER/CVR.
Cashmere's Caleb Bakken (center) attempts to keep the ball away from two Brewster players.



PHOTO BY AL STOVER/CVR.
Cashmere's Ty Schoening kicks the ball past a Brewster player to an open teammate.

By AL STOVER

The Cashmere boys soccer team continued the nonleague portion of their schedule with wins against 1A South Central's Royal on April 2 and a match with 2B Central Washington's Brewster two days later.

The Bulldogs edged Royal, 2-1 in a road game. Cashmere gained offensive momentum early with Evan Bakken's goal in the eighth minute.

Cashmere's defense kept Royal from gaining control of the match. The Bulldogs' second goal came in the 56th minute after Javier Reyna spotted a deflection from 30 yards out and delivered a low strike to send the ball through the goal.

Head Coach Juan Valle described the match as a "hard-fought victory" for the Bulldogs.

The Bulldogs returned to

their home pitch to earn a 1-0 nonleague win over Brewster.

Cashmere's defensive pressure, prevented the Bears from mounting any significant offense. Bulldogs keeper Brian Damian made 12 saves, including a few close calls, throughout the match.

The Bulldogs broke the scoreless tie in the 53rd minute Corbin Evans' goal with an assist from Bakken's corner kick. Cashmere attempted 19 shots at the goal, along with seven corner kicks.

Coach Valle credited Brewster for their competitive play right out the gate. "We started a little flat-footed and missed a few scoring opportunities, but our team was able to stay composed and get the win," Valle said.

The Bulldogs (6-1 overall) continued their home series with a Caribou Trail League game against Chelan on April 9. Cashmere hosts Okanogan

in a conference match on April 11, then plays Manson in a nonleague contest on April 13.

After taking some time to rest over the weekend, Valle

said the Bulldogs will focus on consistency and executing different strategies in preparation for the challenges ahead.



PHOTO BY AL STOVER/CVR.
Cashmere's Neo Valle moves the ball out of the way of two Brewster defenders.



FILE PHOTO.

Cashmere's Brayden Weatherman earned the pitching win in the April 5 game against Tonasket.

Cashmere baseball earns first road win

By AL STOVER

The Cashmere High School baseball team faced another week of nonleague play with a 5-1 loss against Zillah on April 2 and a 10-0 victory over Tonasket on April 5.

The Tonasket win not only gave the Bulldogs a victory away from their home field, but also snapped the Tigers' five-game unbeaten streak.

Cashmere opened the Zillah game with a lead in the first inning on Duke Odenrider's RBI single. The Leopards tied the score 1-1 in the fourth inning, then broke away with two runs in both the fifth and sixth innings, two of which were only earned runs.

Cole Scott was 1-for-3 at the plate while Brooks Elliot and Bryce Neu collected hits.

Nathan Sohn took the loss on the mound after sharing pitching duties with Carter Alberts and game starter Brayden Weatherman, who earned four strikeouts during his four innings on the mound.

Against Tonasket, the Cashmere ball club opened the game with two runs in the first

inning, one from Scott's base hit and never looked back. The Bulldogs boosted their score with three runs in the second frame, with Corey Phillips and Sohn bringing runners across home plate.

The Bulldogs collected 12 hits in their seven-inning slugfest. Phillips was 4-for-5 with a double and five RBIs. Scott also went 4-for-5 with an RBI and Elliot added a couple of hits.

Weatherman earned the pitching win in what was a highlight performance for the southpaw sophomore. In his six innings from the mound, he threw a two-hitter with eight strikeouts and three base-on-balls. Alberts took over pitching duties in the seventh inning.

The single game was originally scheduled to be a doubleheader, but the nightcap was canceled due to rain and will not be rescheduled.

The Bulldogs traveled to Chelan on April 9 to play the Goats in a league game. They host cross-town rivals Cascade in a league doubleheader on April 13.

Cashmere soccer players learn skills from Lady Knights Local athletes attend camp led by Lady Bulldogs alumna



PHOTO BY AL STOVER/CVR.

Wenatchee Valley College women's soccer head coach Anya Belcher (left) observes Cashmere's Gwen Ledesma during a drill at the WVC's Spring Break soccer camp. Belcher gave the youth some pointers regarding dribbling and technique.

By AL STOVER

WENATCHEE, Washington -- Cashmere soccer player Eliza Cloakey dribbles the ball as she attempts to weave around defender, and teammate, Adele Esmond in hopes of getting a clear shot at the net. Waiting for Cloakey's shot is Taryn McCullough, the goalkeeper for the Wenatchee Valley College women's soccer team.

This was one of the drills, Cloakey, Esmond and other athletes from the Cashmere Youth Soccer Association participated in while attending the Wenatchee Valley College's Spring Break Training Camp. During the camp, held April 2-4, athletes from Cashmere and the surrounding area had the opportunity to train and learn from the WVC women's soccer team and Head Coach Anya Belcher.

The name may sound familiar to local sports fans as Belcher, nee Tronson, played

for the Cashmere High School girls soccer team during high school.

Belcher, whose father Dennis Tronson still coaches the CHS girls soccer program, was a four-year captain and went on to play for the Apple Valley Zephyr, and was a part of the WA-East Olympic Development Program. As a three-sport athlete in high school, Belcher was named the Central Washington Player of the Year both her junior and senior years.

She has organized the Spring Break camp for three years. While the camp serves as a fundraiser for the WVC women's soccer program, Belcher and her players have fun interacting with young athletes, watching them improve their skills and learning about soccer.

The camp also benefits the WVC athletes. As they work with children, the Lady

Knights are helping young athletes in understanding the sport of soccer. They also fulfill a community service requirement and can add the volunteer experience to their resume.

The camp is divided into two age groups. The first session focuses on four-year-olds to second-graders. For these sessions, Belcher said she and the Lady Knights will walk kids, step-by-step, through fundamentals and technique during practice.

"Once they get it, it becomes repetition for them," she added.

The second group is comprised of third, fourth and fifth graders. Belcher said she can provide context for the older kids and work at a quicker pace with dribbling and passing techniques, as well as defense and striking drills.

Belcher said the main purpose is to give kids "more

touches on the ball," teach them a new skill or help them refine the skills they have already learned, as well play fun games.

"Even in three days, you can see the difference (in progress)," Belcher said.

Grace Hodges, another Cashmere soccer player, said she enjoyed attending the camp because it allowed her a chance to go outside and exercise, while refining her skillset during spring break. She also enjoyed learning from Belcher and the WVC athletes, who she said "were really nice."

Like her teammate, Esmond also liked working with the Lady Knights and Coach Belcher and appreciated the feedback she received during her time at camp.

"When I messed up, the coaches helped me improve my skills (and gave advice) so I won't make the same mistake twice," Esmond added.

BULLDOG SCOREBOARD

BASEBALL	
April 2	Cashmere 1, Zillah 5
April 5	Cashmere 10, Tonasket 0

BOYS SOCCER	
April 2	Cashmere 2, Royal 1
April 4	Cashmere 1, Brewster 0

Sports Schedule

BASEBALL	
April 13	Cascade at Cashmere at 11 a.m.
April 13	Cascade at Cashmere at 1 p.m.

BOYS SOCCER	
April 11	Okanogan at Cashmere at 4:30 p.m.
April 13	Manson at Cashmere at 11 a.m.
April 16	Cashmere at Omak at 4:30 a.m.

BOYS TENNIS	
April 13	Royal at Cashmere at 11 a.m.
April 16	Cashmere at Omak at 4 p.m.

GIRLS TENNIS	
April 13	Royal at Cashmere at 11 a.m.
April 16	Cashmere at Omak at 4 p.m.

BOYS TRACK AND FIELD	
April 13	Cashmere Invitational at 12 p.m.
April 16	NCW Meet at Cashmere at 4 p.m.

GIRLS TRACK AND FIELD	
April 13	Cashmere Invitational at 12 p.m.
April 16	NCW Meet at Cashmere at 4 p.m.

SOFTBALL	
April 13	Cascade at Cashmere at 11 a.m.
April 13	Cascade at Cashmere at 1 p.m.
April 16	Cashmere at Zillah at 3 p.m.
April 16	Cashmere at Zillah at 5 p.m.

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Cashmere Physical Therapy
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GO BULLDOGS

What would Jesus See?

If Jesus were to walk the streets of our community, I wonder what he would see?

Would he see the traffic back up on Wenatchee Ave.? Or the construction that is happening throughout our community? Or the many things like the stately buildings, or the schools that we so readily take pride in?

No. He would see the ones who need him.

One of the things that I love about Christ is that he always had a knack for seeing right into people. There is an account in the gospels (Matt. 9:20-22, Mk. 5:25-34, Lk. 8:43-48), where Jesus Christ is surrounded by a crowd of people and a woman who was afflicted for many years with a blood disorder,



A WALK WITH PASTOR JOHN SMITH

touches the very hem of his garment and is healed. Jesus asks "Who touched me?" aware of the healing and sees the woman as she trembles before him. Instead of recoiling back because she is ceremonially unclean according to Jewish custom or chiding her, he calls her "Daughter" and commends her faith.

Time and time again, Jesus does this with people. The woman at the well, the paralytic, the leper and many others, Jesus looked to them and instead of being oblivious or unfeeling to their condition, he draws in very close, demonstrating the utmost of compassion.

A favorite passage of mine is found in the gospel of Matthew where it says "When he saw

the crowds, he had compassion for them because they were harassed and helpless, like sheep without a shepherd" (Matt. 9:36). The eternal Son of God was moved so deeply because of the plight of the crowd before him that he says, "the harvest is plentiful, but the laborers are few, therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest" (Matt. 9:37-38). In other words, pray so that people would go to them and love them with the gospel.

I will admit, I do not see people the same way that Jesus does. Sometimes I do not see them at all. When I am running errands or rushing from one meeting to the next, do I really take the time to see the cashier at the market or the elderly woman alone on the park bench?

How many people have you or I missed to see who desperately needed a touch of

God, some good news or an act of mercy? Probably too many to count.

If Jesus were walking our streets today, he would see a great many things: the single mother struggling to make ends meet, the addict trying to get clean, the businessman who is in the height of his success and his lonely children who just want their dad.

Jesus would see people. As you and I live in this valley, let's take a moment to slow down and see the people around us. Let's not be afraid to look them in the eye, seeing where they are coming from and meeting them right where they are with compassion.

May we all have the eyes of Christ and be moved in the same way he was toward those we come into contact with.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmith@ecbc@gmail.com.

An open letter to the pastors of the Upper Valley

FROM BILL FORHAN

Ever since my wife and I bought this newspaper nearly 20 years ago, this space has been reserved for local pastors. It is an opportunity for you to reach out to a world desperately in need of spiritual guidance.

Jesus calls Christians to go out and make disciples of all nations. This is an opportunity for each one of you to reach out to our local community. This is an opportunity for you to spread the good news or to call on each of us to consider the importance of faith in our daily lives.

Are you afraid that your words on faith will drive people away from your church? Then you need to work on your message. The world is crying out for spiritual guidance and

without your voice people will fall for anything that brings them hope.

Here's a newsflash. Government programs do not relieve us of God's call to care for each other. God calls us to make a personal commitment to change the lives of those around us. God knows that it is only through our own personal sacrifice that we become more compassionate and caring. We can't delegate that to some government social program.

Last week my managing editor wanted to pull the pastor's column in Cashmere because the writer chose to criticize the Pope and Rick Warren. He felt the column was libelous. I can understand how some Christians might be offended by what that pastor wrote but Jesus challenged the religious leaders of his day

regularly. True understanding often comes through challenging our most deeply held preconceived ideas of God and God's call to us.

At this point you may be asking yourself what gives me the right to criticize you for your failure to take advantage of this opportunity to spread the message of faith.

I was born and raised as a Roman Catholic. My wife was Lutheran. We met in High School and fought over religion for years before a Lutheran pastor convinced me that we should try the Episcopal Church. Since that time we have both been involved in various Christian renewal programs involving nearly every Christian denomination. What we have learned is that none of them are perfect. All of them are flawed human

institutions seeking to understand the complexity of God.

This country is in need of true spiritual guidance. We won't get it from the media. We won't get it from government. Our public schools have turned their back on religion sending our youth a message that faith is unimportant. And the silence of our religious institutions is deafening.

Every one of you write a sermon each week so I should have multiple columns from which to choose. It is time for you to take action on the great commission.

As Jesus said, "If you love me - feed my sheep."

You can submit your column through email by sending to publisher@leavenworthecho.com

American Legion

CONTINUED FROM PAGE A1

veterans organization. The goal was to provide a service to those still in service, veterans and the communities with which the organization was housed. World War I veterans were the pioneers and founders and now the organization has grown to 13,000 posts worldwide with membership over 2 million.

Komro noted it was a brotherhood and a sisterhood - the women and men that devote their time share the same goal of honoring local veterans and providing to their community.

Scholarships for local students, sponsoring Boy Scouts, sending cards and visiting the veterans in the Cashmere Cares Center and donating to the Spokane veterans hospital - the Legion stays busy. The women of the Auxiliary also collect snacks for care packages for locally deployed servicemembers.

"For God and Country, we

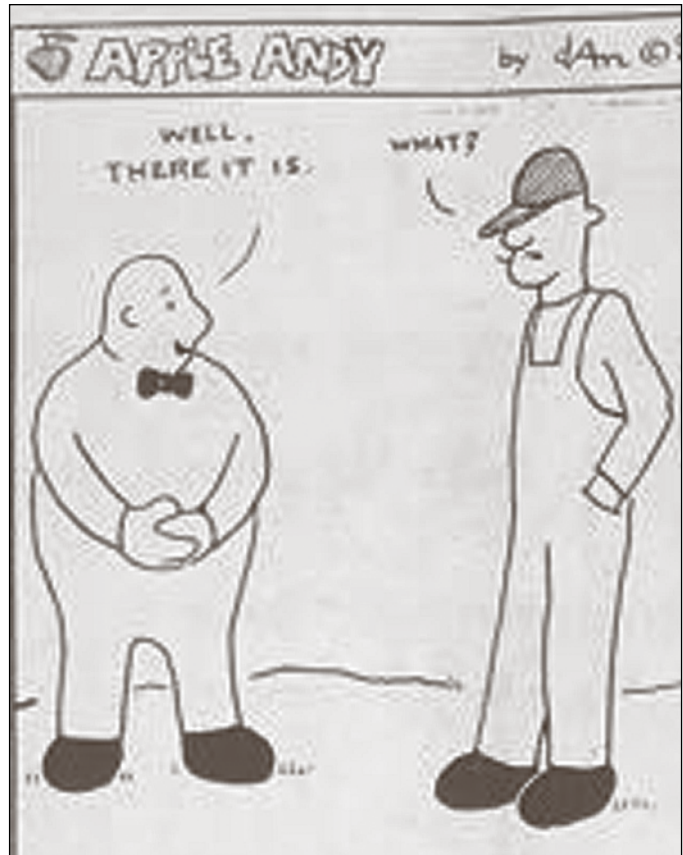
advocate for veterans, children, youth and our community," reads the American Legion Auxiliary Mission statement.

It is responsible for the Memorial Day ceremony and the Memory Day Cavalcade of Flags at the cemetery, initially started with 22 flags, growing each year.

Over the course of 100 years and many wars, the Legion has accomplished much within the community. "I think it's something that should be recognized," said Linda Ingraham, president of the local Auxiliary.

For more information about the Legion, call 509-782-2232 or visit the Post at 401 Sunset Blvd.

Editor's Note: Cashmere Valley Record readers with old photos of WW One veterans are encouraged to submit same to: gary@ncwmedia.net for inclusion in future editions of the CVR and the Wenatchee Business Journal honoring veterans during this centennial year.



An example of Dan McConnell's cartoons.

Cashmere man caught taking photo of unsuspecting woman

BY KALIE DRAGO

Record Reporter

A Cashmere man, Jaime Orozco Blanco, was arrested without incident March 28 for allegedly taking photos of a

woman in front of him in line at Hometown Market. He has previously been arrested and pled guilty for assault in the Wenatchee Walmart in 2015, according to Chelan County Sergeant Bruce Long.

According to Long, the incident was reported to deputies by a woman who was in line to check out when she saw a flash activate from his phone. The incident was recorded by a surveillance

camera. Detectives received a search warrant for Orozco Blanco's home to look for the clothes he was wearing when the incident occurred.

He could face charges for voyeurism.

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

- March 29**
- 04:35 **Public assist**, Mission Creek Road.
 - 07:24 **Traffic offense**, Nahahum Canyon Road, MP 2.
 - 10:39 **Suspicious**, 700 Cottle's Way, Rustys.
 - 12:50 **Alarm**, 305 S. Division St.
 - 16:06 **Property**, 5975 Webster Way.
 - 19:07 **Public assist**, 400 Aplets Way, Country Boy's.
- March 30**
- No Report

- March 31**
- 10:03 **Alarm**, 6700 Osprey Ln., Dryden.
 - 16:23 **Traffic offense**, Olive St. and Chase Ave.
 - 17:27 **Weapons violation**, Cashmere Rock Cut.
 - 19:37 **Civil**, 6251 Kimber Road #28.
 - 22:09 **Domestic disturbance**, 413 Elberta Ave.
- April 1**
- 07:42 **Littering**, 200 Railroad Ave.
 - 10:32 **Domestic**

- disturbance**, 5454 Binder Road, #10.
 - 11:16 **911**, 7503 Smith Road.
 - 12:17 **Alarm**, 101 Pioneer Ave., Vale Elementary.
 - 12:46 **911**, 420 Elberta Ave.
 - 16:15 **Welfare check**, Nahahum Canyon Rd., MP 5.
 - 17:24 **Extra patrol**, Hay Canyon Rd., MP 2.
 - 21:46 **Suspicious**, 319 Tigner Rd.
 - 23:01 **Burglary**, 102 Titchenal Way.
- April 2**
- 01:14 **Alarm**, 3157 Main Street.
 - 13:52 **Harass/threat**, 3601

Selfs Motel Rd. 21:36 **Noise**, 6550 Turkey Shoot Rd.

- April 3**
- 00:07 **Disturbance**, 205 River Street #3.
 - 10:07 **Parking/abandon**, 5601 Airport Rd.
 - 11:32 **Public assist**, 201 Cottage Ave., Weeds Cafe.
 - 15:54 **Scam**, 303 Fircrest Dr.
 - 18:46 **911**, 125 Riverfront Dr.
- April 4**
- 12:01 **Parking/abandon**, 302 Fisher St.
 - 15:11 **Civil**, 308 River St.
 - 15:50 **Trespass**, 201 Cottage Ave.
 - 19:04 **Public assist**, Main and Dorn Streets., Dryden.
 - 19:30 **Extra patrol**, 306 Woodring St.

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An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current

while a memorial can be written later. For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays. Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/memorial is due at the time of placement. For information call 509-548-5286, or email editor@leavenworthecho.com

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CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



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Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/Cashmere**
 Deadline Tuesday at noon **Quad City Herald**

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PATEROS SCHOOL DISTRICT ON CALL SUBSTITUTE BUS DRIVERS

Pateros School District has an immediate need for on call and extra-curricular trip substitute bus drivers. Class B CDL with "S" endorsement (passenger and air brakes), and a clean driving record required; training is available. Pay \$16.72 - \$17.91 an hour. Position opened until filled.

Classified applications are processed through Fast Track. Link available at www.pateros.org under District Office Employment. Questions: employment@pateros.org or 923-2751x4. EOE

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HELP WANTED
MOUNTAIN SPRINGS LODGE
Head Chef
 Full-time \$22-\$28/ hour plus gratuities.
 Mountain Springs Lodge, located in the beautiful Plain Valley is seeking an experienced and creative banquet chef. Excellent customer service skills and a team player are a must.

Job Description
 Manage and train kitchen staff, communicate well and work closely with other managers and employees.

- Manage all aspects of the kitchen: Plan, price and prepare meals from 300- person banquets, intimate weddings, weekly Sunday Brunch to lunch.
- Create menu and execute special event meals such as Winemaker & Brewmaster Dinners, Mother's Day & Easter Brunches
- Maintain a clean and organized kitchen, from refrigerators and freezer space to the grill and to the office.
- Place orders.
- Communicate well with clients: meeting and planning menus with brides & grooms and event planners.

HELP WANTED

Part-Time Front Office Receptionist
 The Leavenworth Echo Newspaper is looking for an outgoing individual to work part-time, and may lead to full-time. Help needed on Mondays, and Tuesdays and occasionally another week-day. A qualified individual must be organized and detail oriented. Answer the phone, take classified and legal ads, and other light office duties. A qualified individual must have good customer service skills, adept at utilizing computer systems Accurate typing, spelling, and math skills are a must. Interested applicants can send a resume to: Attention: Publisher P.O. Box 39 Leavenworth, WA.98826. Or call for an appointment. and bring in a current resume to:
The Leavenworth Echo
 215-14th Street Leavenworth (9 a.m. to 5 p.m.) EOE.

HELP WANTED
Looking for a SEASONAL Full-Time Attendant at the Chelan Transfer Station

Attendant is responsible for attending to customers, managing incoming solid waste and maintaining a safe environment.

Skills/ Qualifications: Excellent customer service skills. Experience with heavy equipment, backhoe minimum, keeping calm under stressful situations a must. Self starter, basic math skills working with payments and deposits, Available Monday - Friday. Pay is DOE.

If interested please contact Darby McNeil at SUNRISE DISPOSAL INC. 509-422-4530 and/or pick up an application at 330 Ferry St., Omak, WA. You can also request an application via email and/ or send your resume to darby@sunrisedisposalinc.com. This could potentially work into a full time position and not just seasonal.

Darnell's Lake Resort
 hiring for **Front Office shifts** approx 3 p.m.-11 p.m. (late April thru mid October)

Cabana Snack Bar positions (work Memorial Day Weekend and then mid June thru Labor Day)

Security (4 hours night to early morning shifts, mid May thru mid September)

College students and Snow Birds welcome.

Applications at www.darnellsresort.com under Contact tab.

CASCADE SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following position:

Icicle River Middle School 8th Grade Math Teacher

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

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THEME: CRUISING THE WORLD

ACROSS

1. *Measured in knots
6. Kendrick Lamar's genre
9. High school breakout
13. More lax
14. Female gametes
15. Rice wine
16. Verdi's output
17. X
18. Chilled, two words
19. *San Diego and San Francisco connection
21. *Budapest and Belgrade connection
23. Greek H
24. H. H. Munro's pen name
25. De Triomphe
28. Old World duck
30. Accept without proof
35. Through, to a poet
37. What the Big Bad Wolf did
39. TV and radio
40. Observer
41. Letter-shaped girder
43. Month of Purim
44. What hoarders do
46. Tallest volcano in Europe
47. Trending one online
48. *Phnom Penh and Vientiane connection
50. Lazily
52. Antonym of keep
53. Cathedral area
55. "High" drink
57. *Iquitos and Santarem connection
60. *Shanghai and Jingzhou connection
64. Walter Mondale's nickname
65. A try
67. Like an unwelcome neighbor
68. Hunter's fake duck
69. R&B Charles
70. Clear the board
71. "Hurry!" acronym
72. Often follows to
73. Bullseye game

DOWN

1. Pig trough stuff
2. The biggest bear
3. Biz bigwig
4. Fear-inspiring
5. Author's first copies
6. Campus drillers
7. Hail to Maria
8. Bamboo-eating bear
9. Hokkaido people
10. Bed with bars
11. *French Riviera port
12. WSW opposite
15. Opposite of pluralism
20. Iambus, pl.
22. Theodor Geisel, ___ Dr. Seuss
24. Term of endearment, with pie
25. Mr. T and friends
26. Mother Goose's poem
27. Floorboard sound
29. *Wittenberg and Dresden connection
31. Clothing joint
32. Milk dispenser
33. *Port in Biscayne Bay
34. Dog-___ pages
36. Approximately, two words
38. Ollivanders' merchandise, sing.
42. *Island country off the coast of Sicily
45. Stylish
49. Government Printing Office
51. Pined
54. Chow down voraciously
56. Greek bazaar
57. Bellicose deity
58. Flexible mineral
59. At the summit
60. Duncan toy
61. One of the Romanovs
62. Marinara quality
63. Beholder's organs
64. Food safety org.
66. Needlefish

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HELP WANTED



Highly Capable Program

Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/ guardian.

Nomination forms can be obtained from the Cascade School District website (www.cascadesd.org) under Programs and Highly Capable) and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Iceicle River Middle School by April 17, 2019 either by dropping them by the middle school, by email (mjanski@cascadesd.org) or by mail; 10195 Titus Rd, Leavenworth, WA 98826.

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesidades educacionales únicas de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, highly capable program- (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/tutores legales.

Las formas para hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade (www.Cascadesd.org) se encuentran bajo la pestaña del Programs and Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Iceicle River para el 17 de abril, 2019, por correo electrónico (mjanski@cascadesd.org) o por correo; 10195 Titus Rd, Leavenworth, WA 98826. (WAC 392-170-035, WAC 392-170-036)



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Career & College Coordinator

Fast Track application process and information can be found on our website at: www.cascadesd.org EOE



Grandview on the Lake is accepting applications for **Seasonal Maintenance workers.** \$12 per hour. Season is May through September. Application packets available at Grandview on the Lake or call Human Resources at 509-687-9511, x307.



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6	2	3	8	7	5	1	9	4
4	7	1	3	9	6	8	5	2
8	5	6	1	4	9	2	7	3
9	3	4	2	6	7	5	1	8
7	1	2	5	3	8	6	4	9
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PUBLIC NOTICES

PUBLIC HEARING NOTICE Notice is hereby given that the Leavenworth City Council will conduct a public hearing to surplus public property, Assessor's Parcel #'s 241711440851, 241711440852, and 241711440853 on Tuesday, April 23, 2019 at 6:45 p.m. at the Leavenworth City Hall, 700 US Highway 2. The public is invited to attend said hearing and make comment. Chantell R. Steiner Finance Director/ City Clerk CITY OF LEAVENWORTH Published in The Leavenworth Echo/ Cashmere Valley Record on April 10, 2019. #84914

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of THALYS IRENE CROCKETT, aka THALYS LAWYER CROCKETT Deceased. NO. 19-4-00104-04 PROBATE NOTICE TO CREDITORS

The Administrator named below has been appointed as administrator of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: April 10, 2019 ADMINISTRATOR: Michelle Gay Kenney ATTORNEY FOR ADMINISTRATOR: David A. Kazemba ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES, PS 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00104-04 OVERCAST LAW OFFICES, PS By /s/ David A. Kazemba David A. Kazemba, WSBA No. 48049 Attorney for Administrator. Published in The Leavenworth Echo/ Cashmere Valley Record on April 10, 17 and 24. #84896

Find us online at: www.leavenworthecho.com www.cashmerevalleyrecord.com

Opening child-resistant lids on medicine bottles

A couple of months ago, 88-year-old Delores brought all of her medicine bottles in from home for me to review. Lifting each medicine out of the shoe box, I noticed how faded the red lettering was on the white plastic child-resistant caps. Some of her medicines had lids sitting crooked or were barely fastened, and one label was nearly 5 years old despite having newly refilled pills inside.

Delores' struggle with child-resistant tops is not limited to just her medicines. Many other common household products are sold with hard-to-open lids: paint thinner, cleaning solutions, bleach, vinegar, vitamins and liquid non-prescription medicines like cough syrup.

The widespread use of child-resistant lids addresses a serious problem: accidental child poisonings.

Back in the 1960s, the most common documented cause of injury in children under 5 years old was accidentally swallowing medicines or household cleaners. In 1970 the United States Congress passed the Poison Prevention Packaging Act (PPPA), which required all prescription and non-prescription medicines that could be swallowed to have child-resistant (C-R) packaging. In the decades since, C-R packaging has saved many young lives but has also caused significant inconvenience for many adults, especially those with below average strength and dexterity, ironically the ones who usually take the most medicines.

Since 1974, pharmacists have been required to dispense all medication refills in brand new vials and lids because as the lids on plastic medicine bottles get used, they get easier to open and eventually won't be able to meet the C-R standard. Except for under-the-tongue tablets of nitroglycerin, pharmacists must dispense ALL medicines with C-R lids unless the patient requests otherwise in writing and signs it.



A lid is considered child-resistant if a child under 5 years old cannot open it within 5 minutes, but 90% of adults can open and close it within 5 minutes. Who wants to fight with a lid to get it to open and close? No wonder Delores re-used her prescription bottles that had worn-out lids! 28 years ago, I ripped apart a ligament in my right wrist, putting me in a hard cast for 6 weeks and a rigid brace for another 6 weeks. This was a major handicap for me because I could NOT get child resistant lids open wearing that cast or brace, and as a pharmacist, I needed to open a LOT of child-resistant lids every day at work.

Desperate, I worked out a way to **open those tricky caps without moving my wrist.** I'm still using that technique because it helps me open child-resistant tops without straining my hands or wrists.

Here's how to open child-resistant lids without having to use your wrist:

1. Pick up the bottle in your right hand and place the palm of your left hand FLAT against the cap so that your hands form a sideways "T". Your left hand is turned with your thumb pointing up and your right hand is perpendicular to it as if your left hand was a door and you are reaching for the doorknob with your right hand.

2. PUSH both hands together with your arms, being sure to keep your wrists straight. As the bottle cap in your right hand pushes up against your left palm (the top of the T), TURN your entire forearm just a little bit until you feel the bottle move up

into the white cap, freeing it to move. You usually have to turn your right arm just a bit to the right in order to get the bottle into position so it can push up into the cap.

3. Once in that position, TWIST your entire right forearm slowly clockwise, like turning a doorknob with your whole forearm INSTEAD of twisting only your wrist. The pressure of your hands pushing toward each other keeps the outer cap free as your right arm turns. You don't have to turn your arm very far for the outer cap to completely disengage.

4. When you feel the cap come free, move the vial so the cap is up, cup the outer cap with your left palm and separate your hands, one holding the cap and one holding the vial. It's open!

5. To put the top back on, reverse the order of the steps: form a T, push your hands together, and turn your right forearm to the left (counterclockwise) until it engages.

Remember, you can request "easy-open" lids for medicines at your pharmacy by requesting and signing a release form. And make sure you store ALL medicines away from easy access by young children.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com. ©2019 Louise Achey

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