

FFA Week **Local Chapter Features** See pages A2-A3

February 24, 2021 • Volume 119, No. 8

YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

SINGLE COPY \$1.00

## **COVID-19 outbreak from basketball** tourney involves multiple counties

By Okanogan County Public HEALTH

PATEROS - Okanogan County Public Health is reporting a COVID-19 outbreak involving multiple counties (Okanogan, Chelan, and Kittitas). Anyone who attended a Basketball tournament in Pateros on February 6 may have been exposed and OCPH recommends they get tested for COVID-19.

Please watch for signs and

symptoms of COVID-19 as you can become symptomatic up to 14 days after exposure. Our region is in Phase 2 of recovery, and OCPH strongly encourages everyone follow the current indoor activity guidelines (posted here: okanogancountycovid19.org/safereopening/).

This basketball tournament in Pateros took place at a private facility and was in no way affiliated with the Pateros School District.

## Athletic directors weigh in on fall sports spectators

By MIKE MALTAIS STAFF WRITER

QUAD CITIES – Last week Chelan County school districts announced that for at least the first two weeks of the fall sports season (Feb. 22-March 7) no spectators will not be permitted to attend high school athletic events due to the COVID-19 pandemic.

"This decision will provide time to evaluate the effectiveness of physical distancing and safety protocol changes developed to allow a safe return to sports first and foremost for the students playing in our school athletic programs," said a district media release. "Separate decisions will be made as we continue to monitor local health data, health mitigation strategies and other factors."

The Quad polled athletic directors at Brewster, Pateros, Bridgeport, and Mansfield so see where their athletic programs are at this writing with regard to spectators at athletic events.

Brewster A.D. Greg Aussion about what it will look like bringing back spectators.

Here at Brewster we will have limited number of fans at our home game. No visitor fans will be allowed.

Pateros A.D. Marcus Stennes: "We are in a unique situation right now because our school has been shut down and moved to remote learning the next two weeks. We are unable to have practices or use facilities at this time so we have to reschedule our planned games for next week. We plan on allowing spectators in for our sports as of right now but we do not have any home events for a while so it would be past the two weeks."

Bridgeport A.D. Scott Darwood: "Bridgeport will not be allowing any spectators for home or away events for both high school and middle school sports. We are setting up to be live streaming free to the Bridgeport community for all home and away events through VNN Sports.'

Mansfield A.D. Mitchell Darlington: "Our fan situation for Douglas county schools is still in the works. tin: "We are still in discus- I will get back to you when we are ready to release our official plan.'

Courtesy fruitgrowernews.com)

**WSU Tree Fruit Specialist** 

positive sites that captured

Carpenter said WSDA also

SEE WSU ON PAGE B2

471 adult apple maggots."

**Tianna DuPont** 

Possible quarantine expansion

WSU specialist will address

apple maggot presence in

**Okanogan County** 

OKANOGAN - Tree Fruit

Specialist Tianna DuPont from

the WSU Extension Service in

conjunction with the Wash-

ington State Department of

Agriculture (WSDA) will host

a meeting to discuss apple

maggot quarantine and pos-

sible quarantine extension for

Okanogan County via ZOOM

"In 2020, WSDA placed a

total of 281 adult fly traps on

host trees in the pest-free area

of Okanogan County," said

Chelan-Douglas Pest Board

spokesman Will Carpenter.

"The exercise documented 69

at 1:30 p.m., March 3.

By MIKE MALTAIS

STAFF WRITER

### **Moving to Arizona**

## Christine Perry closes a decade as Pateros council member



AN NCW MEDIA PUBLICATION.

Courtesy pateros.com **Christine Perry** 

By MIKE MALTAIS STAFF WRITER

PATEROS - City Council member Christine Perry announced her retirement from that civic body at last January's regular meeting, ending more than 10 years of service helping guide the city's growth - and recovery - through a tumultuous decade of the 21st century.

Perry is relocating to Anthem. Arizona, 20 miles north of Phoenix, to live with her daughter and to be closer to other family members.

A California transplant, Perry moved to Pateros in 2006 and brought with her a background of 18 years' experience working for the Monterey Bay Aquarium **Emergency Service Depart**ment, according to a brief bio on the Pateros city website. Before long she was a member of the Pateros Planning Committee. Perry was working with then mayor Gail Howe (Jennings) gathering history interviews around the area when the mayor



Pateros City Council members, from left, Mike Harding, Holly Bange, Mayor Carlene Anders, council member Megan Sherrard, Rey Pascua, President of the Filipino American Community of the Yakima Valley, and council member George Brady pose with the proclamations and Congressional Medal after the council approved a resolution proclaiming Nov. 11 Veterans Day 2018 as United States Congressional Gold Medal for Filipino and American world War II Veterans Recognition Day.

urged her to file for a vacant spot on the city council. She did, was appointed, and ran for the seat in 2010. She has been a council member ever since.

Like any position where decisions on behalf of the public good make the decisionmakers lightning rods for criticism, Perry experienced the ups and downs that came with the job where she served on the council's Streets and Parks and Police, Fire, Health and Safety committees.

One of the major downs came with the loss of her home during the 2014 Carlton Complex wildfire. Perry said communications were spotty at best as the fire approached Pateros. While she heard reports that the flames were headed the town's way, the reality was that when she actually saw the fire, it was already at the water tanks on the hillside above Pateros and bearing down fast on her home. Perry had just enough time to get her mother, visiting grandkids, and pets, including a parrot, four dogs, and nine two-week-old puppies into her vehicle and escape.

Perry said that is when she really witnessed the mettle of the city's character as residents and volunteers tackled the task of recovery.

"They were just incredible," said Perry. "That's where Pateros really showed its backbone."

If there was an upside to the wildfire Perry said it was in the city's infrastructure.

"We did get the opportunity in an unfortunate way to upgrade some of our aging systems, like water," Perry said.

Perry also credits a group of military veterans called Team Rubicon, founded in 2010 as a fast-deployment force with first responders to provide immediate disaster relief. City councilman and former mayor George Brady had a son-in-law who knew of the group and was able to secure their help with rapid post-fire help. That same son-in-law, Frank Herbert,

SEE PERRY ON PAGE A2

### \$33 billion proposal

## Colville Tribes support Congressman Simpson salmon solution

By MIKE MALTAIS STAFF WRITER

NESPELEM – The Colville Confederated Tribes (CCT) Business Council, the tribes' governing body, has expressed support for a proposal by Idaho Republican congressman Mike Simpson to help resolve salmon restoration in the Columbia River.

Simpson recently released his \$33 billion Northwest in Transition proposal following several years of stakeholder meetings. The proposal, which can be viewed on Simpson's website simpson.house.gov/ salmon/recommends salmon restoration among other activities "in exchange for certainty for the energy, agriculture, and transportation sectors," a



Courtesy tribaltribune.com

**CCT Business Council Chairman Rodney Cawston** 

CCT media release said.

"The Colville Tribes agrees that the Northwest has been stuck in the status quo when it comes to restoring salmon on the Columbia River" said Rod-

ney Cawston, CCT Business Council Chairman. "We share Congressman Simpson's vision that a region wide solution is achievable by working with Tribes both in the lower

and upper Columbia River and affected stakeholders."

Cawston noted the Colville Tribes' obvious interest in the proposal given the geographic proximity of the Colville Reservation to the Columbia, the release said.

"We are one of two Northwest Indian tribes that is located on the mainstem of the Columbia River," said Cawston said, noting that the Tribes' presence on the river extends northward to Canada when including the North Half, a 1.5-million-acre area set aside as part of the undivided Colville Reservation in 1872. The Colville Tribes continue to exercise hunting, fishing, and other federally

SEE **SALMON** ON PAGE A2



## **During this difficult time** support your neighbors

Most local businesses offer curbside service or delivery



## **INSIDE THIS WEEK**

Births, Obituaries, Death Notices ......A4 Classified Index 





P.O. Box 37 Brewster, WA 98812-0037 509-689-2507 www.qcherald.com



# FFA Week

### Wildfire, pandemic…enough



Mike Maltais/QCH

Pateros ag teacher and FFA advisor Lyle Blackburn explains some features of the new plasma cutter installed in the school's shop.

## Blackburn packs it in as Pateros ag teacher, FFA advisor

By Mike Maltais STAFF WRITER

PATEROS – After a major wildfire that destroyed a big chunk of the city, a worldwide pandemic, and nearly four decades as the Pateros school district's ag teacher and FFA advisor, Lyle Blackburn has decided to retire while he is still ahead.

The eastern Oregon native and Pateros transplant has seen it all as he shepherded generations of Pateros students - many now working on local farms and ranches - through his FFA, shop, and ag classes. And along the way he grew to call Pateros home but still maintains ties to the family ranch in Vale, Oregon.

Blackburn got his agriculture degree from Oregon State University and later his Master of Science from Central Washington. He started at Pateros in 1984 when the school moved into its new building.

"I interviewed all over the country and ended up with the choice of either Pocatello, Idaho, or Pateros," said Blackburn. "Have you even been to Pocatello?" he asked in a tone of voice that made his preference for Pateros clear.

Blackburn still devoted a few years trying to find a teaching position closer to his family home.

"But after a few years I began to consider Pateros more and more as my home,"

Blackburn said. And so it was. Despite the 2014 Carlton Complex wildfire that destroyed part of the town - and much of the Blackburn place - and left many of his students in a daze as they dealt with the new reality of having their lives turned upside down in the idyllic riverside

"We were headed to Spokane to catch a plane to go to Georgia," said Blackburn whose daughter was married to a U.S. Army Ranger stationed at Ft. Benning. "We had just reached Airway Heights when one of my former students who was working for the city called."

community.

It was not good news.

"Mr. Blackburn, your house has just burned up," the caller

As it turned out the Blackburn's lost a shop, equipment, and hay, but the house survived the flames.

So, like many local citizens

and volunteers from far and wide, Blackburn's students bent to the task of doing what they could to help others through the recovery.

"I had taken an old boiler out of the school a couple of years earlier, cut it in half, and made a barbecue out of it," said Blackburn. "We fed hundreds of people every day for several weeks with it."

That same barbecue can be seen today at many Pateros sports and city events where FFA students sell burgers and hotdogs to raise money for the FFA program. The shop class also took on the restoration and replacement of dozens of picnic tables destroyed or damaged by the fire at Alta Lake State Park.

Over the years the class restored vintage tractors for local farmers and ranchers.

"We restored an Oliver, Massy Harris, Ford 9N, Massy Ferguson, and Minneapolis Moline," said Blackburn of several models no longer manufactured. "We also restored a couple of donated pickups that needed engine work.

The FFA class sold the restored vehicles as fundraisers for their programs.

Blackburn said one high point during his years as FFA advisor involved the year his students won the annual Black and White Award given to a livestock barn at every fair by Washington state judges.

"That year we had some beautiful signage," Blackburn

It impressed the judge enough that the Pateros FFA class walked away with the

Blackburn said that while the 2014 wildfire was the worst event he experienced while at Pateros High School, it was the current pandemic that convinced him it was time to hand the reins to a successor. That turned out to be 2017 Bridgeport graduate Brevin Evenson who will receive his bachelor's degree in agricul-

ture education in May. Blackburn says he has no specific plans for retirement but plenty of projects to tackle while he works it out. He said he still; plans to return to the family ranch now operated by his younger brother to help with the annual 10-mile cattle drive to pasture. He keeps three quarter horses at his home place in Pateros so there is no danger that he will forget how to ride.





Courtesy Mansfield FFA

Ten members of the 2020 Mansfield FFA class raised and sold livestock including hogs, goats, and a steer at last year's North Central Washington Fair in Waterville.

## Mansfield FFA records largest Christmas Wreath fundraiser

By MIKE MALTAIS STAFF WRITER

MANSFIELD - The COVID pandemic may have thrown a few obstacles in the path of the fast-starting go-getters among Mansfield High School's FFA students, but it could not dampen the eighth annual Christmas Wreath fundraiser that was the largest so far for the class.

Advisor Jamey Jo Steele said that 10 members of the 2020 class raised and sold livestock at last year's North Central Washington Fair in Waterville including six hogs, three goats, and a steer.

Steele said that with only the third week of having

students back in the school building, 17 of those are FFA members. They include:

Johnathan Boquin Cali Deford Aspen Farrington **Brielle Farrington** Jada-Bodah-Freels Alysha McGraw Tiera Miller

Trevor Moore Alex Morales Charleah Munson Devynn Munson Braydon Murison Max Murison George Murison Carter Shafer **Evalee Shafer Emily Thomsen** 

## **SALMON**

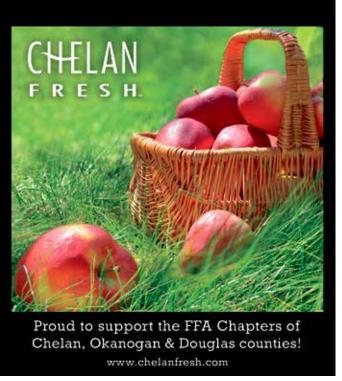
CONTINUED FROM PAGE A1

secured rights in the North Half despite the area being opened to the public domain in the late 1800s.

"The Colville Reservation

and the North Half collectively border 215 miles of the Columbia so we are a huge presence on the River," said Cawston. "The Colville Tribes looks forward to engaging with stakeholders in hopes of finding common ground and wishes to thank Congressman Simpson for focusing our collective attention on the importance of

salmon to the region." Cawston noted that reintroducing salmon to the Upper Columbia has been a goal since the Chief Joseph and Grand Coulee dams blocked that habitat more than eight decades ago, the CCT release said. The Upper Columbia United Tribes, an organization that represents the Colville Tribes and four other upper Columbia Indian tribes, demonstrated the feasibility of reintroduction of salmon in those areas in a 2015 report.



### PERRY

will take Perry's place on the council after council members selected him from among four candidates following interviews earlier this month.

Perry singles out as one of the high points during her council tenure, the occasion when Pateros and its larger namesake in the Philippines signed a Sister City Memorandum of Understanding on July 23, 2013, when former Pateros, Philippine mayor Jaime Medina visited here. became sister cities in 2013. Later in 2018, the Filipino American Community of the Yakima Valley council and Pateros jointly approved a resolution proclaiming Nov. 11 Veterans Day 2018 as United States Congressional Gold Medal for Filipino and American world War II Veterans Recognition Day.

Perry said the council needs to continue to address the city's shortage of housing and need for more businesses as two of the most pressing issues in the weeks and months ahead. The current appeal of the Pateros park system she credits to city administrator Jord Wilson.

"You know why we have such beautiful parks?" asked Perry. "It's because our city administrator has a master's degree in landscaping and design.'

Perry said that while she looks forward to being closer to family members, she will miss her friends and co-workers in Pateros.

"They are the best group of people I have ever worked with," Perry said.

# Feb. 20-27, 2021

**Enriching local ground** 

# Brevin Evenson takes the wheel as Pateros school FFA/Ag instructor

STAFF WRITER

PATEROS - A local alumnus of the Quad City school system is returning home to till the soil, so to speak, and pass on his passion for teaching its latest crop of students.

Brevin Evenson, a 2017 graduate of Bridgeport High School, is replacing longtime Pateros FFA/Ag teacher Lyle Blackburn at Pateros High School for the 2021-22 academic year. Blackburn's retirement was recently announced at the Jan. 25 school board meeting.

"I am super excited and blessed to have this opportunity to come home and serve the students in the community that I grew up in," Evenson told The Quad last week. "I couldn't pass up the opportunity for a hometown kid to return home."

The timing could not have much better for Evenson. He saw the vacancy posted in an online website and in his first job application and



**Brevin Evenson** 

interview for a post-graduate post, landed the position at

After 13 years in Bridgeport's K-12 system, Evenson attended Washington State University majoring in Agricultural Education. He will receive his Bachelor of Science degree in May. Evenson

expressed his gratitude to BHS Ag teacher Adam Corum for his choice of major.

"When it comes to how I have chosen my career path I really turn the pages back to my experiences in FFA and the Ag program at Bridgeport High school," said Evenson. "My advisor, Mr. Corum, always pushed me in school, and you could really tell that he cared about who I was and my potential as a student. Having him as a mentor has been amazing and he has kept me driven to reach my goals even after graduating high school.

Evenson said he was a very active four-year FFA member, serving in officer positions and competing in many career and leadership development events. He credited Corum's impact on him as a student that drove his passion in the agriculture field and ultimately led to the reason he is an ag teacher today.

Speaking of his new position, Evenson said he is grateful to be coming home and where he can both to serve the community where he grew up and be close to his family.

"Mr. Blackburn has done an amazing job with the program here and I know that I have some big shoes to fill following in his footsteps," Evenson said of his predecessor.

Evenson touched on his goals for the Pateros ag pro-

"I really want to create a program that is going to draw in as many students as possible and really give them an opportunity to grow," Evenson said, reflecting on his own experiences. "There is so much agriculture in our area and I want the students to really understand how important

I am excited to be come home and continue to serve the community and be close to my family while doing so.

"I was a four-year FFA member and very active, serving in officer positions and competing in many career and leadership development events.'



FFA is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education.

FFA develops members' potential and helps them discover their talent through hands-on experiences, which give members the tools to achieve realworld success.

Members are future chemists, veterinarians, government officials, entrepreneurs, bankers, international business leaders, teachers and premier professionals in many career fields.

FFA is an intracurricular student organization for those interested in agriculture and leadership. It is one of the three components of agricultural education.

What do the letters FFA stand for?

The official name of the organization is the National FFA Organization.

The letters "FFA" stand for Future Farmers of America. These letters are a part of our history and our heritage that will never change. But FFA is not just for students who want to be production farmers: FFA also welcomes members who aspire to careers as teachers, doctors, scientists, business owners and more. For this reason, the name of the organization was updated in 1988 after a vote of national convention delegates to reflect the growing diversity and new opportunities in the industry of agriculture.

Today, the National FFA Organization remains committed to the individual student, providing a path to achievement in premier leadership, personal growth and career success through agricultural education.

NATIONAL FFA WEEK PROCLAMATION

and natural resources systems; and

career success among its members; and

business and technology of agriculture; and

Whereas, FFA and agricultural education provide a strong foundation for the youth of America and the future of food, fiber

Whereas, FFA promotes premier leadership, personal growth and

Whereas, agricultural education and FFA ensure a steady supply of young professionals to meet the growing needs in the science,

Earning to Live, Living to Serve" -gives direction and purpose to

Whereas, the FFA motto -"Learning to Do, Doing to Learn,

these students who take an active role in succeeding in

FFA continues to help the next generation rise up to meet those challenges by helping its members to develop their own unique talents and explore their interests in a broad range of agricultural career pathways. So today, we are still the Future Farmers of America. But, we are the Future Biologists, Future Chemists, Future Veterinarians, **Future Engineers and Future** Entrepreneurs of America, too.

### FFA Motto

The FFA motto gives members 12 short words to live by as they experience the opportunities in the organization.

Learning to Do, Doing to Learn, Earning to Live, Living

### **FFA Code of Ethics**

FFA members conduct themselves at all times to be a credit to their organization, chapter, school, community and family. FFA members pledge to:

Develop my potential for premier leadership, personal growth and career success.

Make a positive difference in the lives of others.

Dress neatly and appropriately for the occasion.

Respect the rights of others and their property.

Be courteous, honest and fair with others.

Communicate in an appropriate, purposeful and positive

Demonstrate good sportsmanship by being modest

in winning and generous in

defeat. Make myself aware of FFA programs and activities and be an active participant.

Conduct and value a supervised agricultural experience

program. Strive to establish and enhance my skills through agri-

cultural education in order to enter a successful career. Appreciate and promote

diversity in our organization.

## Growing the Future of Agriculture through Give FFA Day - Feb. 25

INDIANAPOLIS - In the tural education through Give spring of 2020, teachers across the country found new ways to reach their students. The same is true for ag educators and FFA advisors.

As the country dealt with the COVID-19 pandemic, FFA advisors across the country found ways to continue sharing the message of agriculture and teaching the next generation of leaders. Through generous donations from FFA supporters, students and teachers across the country were able to continue to make a difference.

For more than 90 years, the organization has strived to make a difference in students' lives. FFA knows it is growing the future generation of leaders and through their programming, students can find their path to success.

Hannah Everetts, agricultural education teacher and FFA advisor in Ohio, recognizes that it is through generous supporters that she was able to continue to share the FFA message. "Thank you for recognizing that the students in our program matter and that what we do as educators matters in our classroom," she said. "Thank you, donors. Thank you for all that you do to support our classrooms all across the country."

Once again, during National FFA Week, individuals will have an opportunity to step up and support FFA and agricul-

**Supports** 

**Local FFA Chapters** 

FFA Day on Thursday, Feb. 25. This year, the organization has a goal of getting 1,500 donors during the 24-hour

FFA corporate partners will also participate in increasing contributions by matching them dollar-for-dollar on Give FFA Day. The first \$25,000 donated will be matched by Carhartt, and the second \$25,000 will be matched by John Deere. Other challenges will be announced throughout the day.

In addition, former FFA members and FFA alumni are encouraged to donate \$19.71 in honor of the 50th anniversary of the National FFA Alumni, which was chartered in 1971.

"Thanks to our donors, we are able to help continue to build the next generation of leaders," said Kimberly Coveney, annual fund manager of the National FFA Foundation. "Give FFA Day is an opportunity for individuals across the country to give back to an organization that is making a difference in the lives of young people while sharing the story of agriculture. Every donation counts. By coming together to give on this one day, donations of any amount are amplified." To prepare for Give FFA day,

visit FFA.org/GiveFFADay. See how you can give back to the organization.

The National FFA Organization is a school-based national youth leadership development



## **Give FFA Day**

organization of more than 760,000 student members as part of 8,700 local FFA chapters in all 50 states and Puerto Rico.

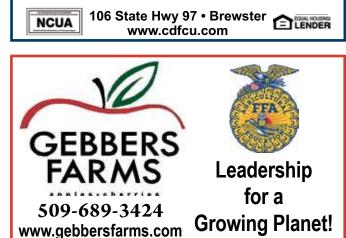
### **About National FFA**

Organization The National FFA Organization is a school-based national youth leadership development organization of more than 760,000 student members as part of 8,700 local FFA chapters in all 50 states and Puerto Rico. The FFA mission is to make a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. For more, visit the National FFA Organization online at FFA.org and on Facebook and Twitter.

### **About National FFA Foundation** The National FFA Founda-

tion builds partnerships with industry, education, government, other foundations, and individuals to secure financial resources that recognize FFA member achievements, develop student leaders, and support the future of agricultural education. Governed by a 19-member board of trustees composed of educators, business leaders, individual donors and FFA Alumni, the foundation is a separately registered nonprofit organization. About 82 percent of every dollar received by the foundation supports FFA members and agricultural education opportunities. For more, visit FFA.org/Give.





800-572-5678





COMMUNITY **BULLETIN** BOARD

Local, Regional Community News & **Events** 

🔪 Any non-profit 501(c)-(3) group, person(s).

🦜 Must provide: full name, city, phone number.

Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7 🍆 Garage and Yard Sale Ads are paid events, please email those to heraldads@gcherald.com or NCWMARKET.COM

🦫 For more info call: Quad City Herald at 509-689-2507

先 Email to: ruthk@lakechelanmirror.com

### **COMMUNITY BULLETIN BOARD**

### Okanogan County **Transportation** & Nutrition meal deliverv

BREWSTER - Brewster Senior Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and Thursday. Take out only. Please reserve your meal by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon.

The home-delivered meal program is not interrupted and is on its regular schedule.

For more information about senior meal programs: Okanogan County Transportation & Nutrition at 509-826-7979 or Aging & Adult Care of Central Washington at 800-572-4459

### Tuesday, Wednesday,

Thursday

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center hosts the Okanogan County Transportation and Nu-

ROOFING

Mirzo Roofing

&

General

Construction

\* Interior & Exterior

**Home Remodeling** 

\* Licensed & Insured

\* Free Estimates

203-917-2151

347-530-2565

Lic #2079806-DCA

trition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$8.50.

### Senior meals, Feb. 24-25 March 2-4

Wednesday, Feb. 24

Teriyaki Beef, Steamed Rice, Oriental Vegetables, Spinach Salad, Mandarin Oranges, Egg Roll, Dessert

### Thursday, Feb. 25

Clam Chowder, Three Bean Salad, Peaches, Cheesy Garlic Bread, Oatmeal Cookies

### Tuesday, March 2

BBQ Chicken. Mac & Cheese, Broccoli Normandy, Spiced Salad, Apple Crisp

### Wednesday, March 3

Business &

Healthcare

**Directory** 

Hot Turkey Sandwich, Mashed Potatoes, Peas & Carrots, Tossed Veggie Salad, Cranberry Salad, Dessert

Add your

**Business** 

or

Service

to this

Directory

Call

Ruth 682-2213

or Lindsay

509-860-7301

### Thursday, March 4

Beef Stew, Spinach Salad, Banana, Biscuit, Cereal Bars

### Feb. 25, March 2, 4

### 'What's Up Vet!'

NCW - All Chelan and Douglas County veterans are invited to attend the new "What's Up Vet!" informational meetings via Zoom!

Every Tuesday/Thursday from 2 p.m. – 4 p.m.

Open to vets, spouses, dependents and anyone with questions regarding veteran benefits and resources.

Go to: us02web.zoomaus with Zoom platform meeting id: 863 5856 4972.

Call 509-664-6801 (Chelan County Veteran Service Office) or 509-683-3605 (DCVSO) for more informa-

Sponsored by CCVSO, DCVSO, Wenatchee Valley College and the Washington State Veteran Corps Navigation

### March 4

### **Brewster Chamber** of Commerce

BREWSTER - The Brewster Chamber of Commerce will hold their next general meeting on Thursday, March 4 at 1 p.m. via Zoom. Join Zoom Meeting: Meeting ID: 895 8397 7411

Passcode: 676193 . One tap mobile

+12532158782,,89583977411# US (Tacoma)

+16699006833,,89583977411# US (San Jose)

Go to: us02web.zoom.us/u/ kcNDnPF2Ow

### March 8

FAMILY HEALTH CENTERS

WHOLE PERSON HEALTH

**EMOTIONAL** 

**PRIVATE INSURANCE** 

WELCOME

800.660.2129

### **Okanogan County PUD** meeting

OKANOGAN - The next meeting of the Okanogan County PUD Board of Commissioners will held Monday, March 8 at 3 p.m. For more information okanoganpud.org

**JOCIAL** 

### **Douglas County PUD** meeting

EAST WENATCHEE - The next meeting of the Douglas County PUD Commission is March 8, 1:30 p.m. at the District's East Wenatchee office. To comply with the Open Public Meetings act due to CO-VID-19, a conference phone line number will be provided at the top of the Draft Agenda posted on their website under Latest News the Friday before the meeting.

### March 12, 19

### **Brewster bus trips**

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. Next trip is March 12. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc.

On the third Friday of each month March 19, riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

### Help available for **Douglas County** veterans

EAST WENATCHEE - Sarah Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at facebook.com/douglascountyvso

April 30 deadline

### P.E.O. Scholarship Opportunity

NCW - Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF Leavenworth The purpose of the scholarship is to assist women in need of financial help return to higher education in an accredited university, college or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2021. Scholarship funds will be available by the Fall of 2021, and be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level in one of the following ways:

Applicant must be age 30 or above and reside in Chelan or Douglas County

 Applicant must be currently enrolled in, or returning to, a higher education program after a two-year or more absence.

The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington. Out-ofstate, on-line accredited schools are acceptable. Applicants may re-submit applications each year until they complete their programs of study.

Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application form by contacting: Mimi Keller Chair, Scholarship Committee at mimikeller5@icloud.com

### DEATH NOTICES

### Diana Lee McAdow

Diana Lee McAdow, 75, of Winthrop, Washington, passed away on Feb. 19, 2021.

Please leave any thoughts and memories for the family at www.barneschapel.com. Services are under the direction of Barnes Chapel of Brewster.

### Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.

May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



# Please call or email your church listed below if you need more information.

# UAD CITY CHURCH GUIDE

New to the area? On Vacation? These churches welcome you!

BREWSTER • BRIDGEPORT • PATEROS

### **B**REWSTER SEVENTH-DAY ADVENTIST CHURCH AND SCHOOL Saturday Bible Study 9:30 a.m.

Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com

Pastor Matthew Axford

### **CALVARY BAPTIST CHURCH** Sunday Worship 9:30 a.m. 509-689-2920 • 6th & Jay

www.cbcbrewster.com **Pastor Greg Thorn** 

### COMMUNITY LOG CHURCH Sunday Worship 10 a.m.

509-689-2224 • 501 W. Indian Avenue www.communitylogchurch.com **Pastor Gordon Wright** 

To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com

### HOPE LUTHERAN CHURCH Sunday Worship 11:00 a.m.

Holy Communion 1st, 3rd, & 5th Sunday Bible Study & Sunday School 10:00 a.m. 509-689-3106 • 1520 Sunset Dr. Pastor Kevin Moore

509-689-2420 • 412 W. Hanson





"With men this is impossible; but with God all things are possible." - Matthew 19:26

© NCW Media Inc. 2021 310 E.Johnson Ave., Chelan, P.O. Box 37, Brewster, WA 98812 Phone: (509) 689-2507 Fax (509) 682-4209

### **Office Hours**

Mon. to Fri. 9:00 a.m.-5:00 p.m.

### On The Internet

website: www.qcherald.com e-mail: achreporter@amail.com advertising e-mail:

### ruthk@lakechelanmirror.com

Back Issues are available up to one year after publication for a

### **Contact Information**

**Publisher** Bill Forhan • 548-5286

publisher@leavenworthecho.com

### Managing Editor Gary Bégin • gary@ncwmedia.net

Reporter/Photographer Michael Maltais

### qchreporter@gmail.com Reporter/Photographer Icmeditor@gmail.com

**Advertising Sales Director** 

Carol Forhan • 548-5286 carol@leavenworthecho.com

**Advertising Sales** RuthEdna Keys • 682-2213 ruthk@lakechelanmirror.com **Lindsay Timmermans** 

## 509-860-7301 adexec1@ncwmedia.net

### **Contact Information**

Meg Laub Classifieds/Legals

heraldads@qcherald.com

**Circulation:** 509-293-6780 circulation@lakechelanmirror.com

## Classifieds/Legals

Classified ads can be placed during normal office hours by calling (509) 689-2507, e-mailing

### heraldads@qcherald.com Weekly rates:

\$15.00 for the first 30 words 10 cents per word over 30 words

Borders, bold words, headlines logos, photos subject to additional charges. Place your ad online 24/7 WWW.NCWMARKET.COM

### **Deadlines**

Calendar Listings: Noon, Friday News Submissions: Noon, Friday Display Advertising: 5 p.m., Thurs Legals: Noon, Friday Noon, Friday Classified Ads: Obituaries/Deaths

Letters to the Editor: Noon, Friday

### 4 p.m., Friday

**Subscriptions** Okanogan/Douglas Counties (yearly) print Okanogan/Douglas Counties (yearly) print & web \$45 Out of State (yearly)

The Quad City Herald does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week. in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization

### Letters policy

The Quad City Herald welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to: publisher@leavenworthecho.com

### **News Tips**

Have an idea for a story? Call Quad City Herald at 689-2507

### Corrections

Quad City Herald regrets any errors. If you see an error, please call (509) 689-2507. We will publish a correction on this page in the next issue.

### Quad City Herald (USPS 241-920) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA

Telephone: (509) 548-5286. Fax: (509) 548-4789. Periodical postage paid at Brewster, Wash. Postmaster:

Send address corrections to: Quad City Herald, P.O. Box 37, Brewster, WA 98812

NCW Media Inc. prints on recycled newsprint with soy ink. Please Recycle







## Senator Brad Hawkins urges school districts to swap spring, summer breaks, 'cut their losses'

SUBMITTED BY SEN. BRAD HAWKINS

OLYMPIA -- It has been a difficult year for students, parents, and school officials. With a limited percentage of Washington school districts offering in-person instruction and very few districts, if any, back to their usual operations, 12th District state Sen. Brad Hawkins is urging districts to think differently about how to maximize their 180 state-funded school days for the remainder of the school year.

"I am a big proponent of reimagining the school calendar in the long term, especially as our state prepares to pull out of this pandemic, but this year is unique and also presents an opportunity for us to think differently," said Hawkins, a former school board member, father of two public school students, and the ranking Republican member on the Senate's Early Learning and K-12 Education

Hawkins is urging the state's 295 school districts to consider swapping their normal one-week spring break with their usual 10-12-week summer break and then resuming the remainder of their 180 school days throughout the summer, inperson, to prepare for the 2021-22 school year. By doing this, Hawkins says, school staff will be vaccinated, COVID rates will likely be down, and all districts could offer full in-person instruction. Also, the districts will have had plenty of time to prepare for the summer instruction, with the extended spring break.

Hawkins added, "The state provides districts full flexibility on how they spread their 180 instructional days. Most school districts would agree that in-person instruction is ideal. With the state taking so long and few districts seemingly eager to resume their full operations, it makes sense to me to cut those losses, swap those breaks, and move ahead."

Hawkins acknowledges that a mid-year school calendar change is not without its challenges, including gaining support from unions and local bargaining groups. The Legislature just approved House Bill 1368, which allocates \$2.2 million in COVID relief, including over \$700 million for K-12 education assistance

"Districts can utilize some of those dollars or savings from other areas of

for school employee vaccinations their operations during the pandemic to negotiate a one-time fix for the summer schedule," said Hawkins.

"We definitely can't have the teachers' union or some districts resisting the reopening of schools because they are so fundamental to our communities and families. We all need to work together to make sure all students receive the education they deserve. I'm proposing another option to help do this," added

Hawkins concluded, "We need to figure out something. Our students and families deserve it."

# Hawkins, Goehner: House 'Wealth Tax' bill 'punishment' for success

By Gary Bégin, Managing EDITOR, NCW MEDIA

OLYMPIA - A rehash of an old Democrat Party idea has come back to the state capitol for a vote. So far it is only in the House, but Senator Brad Hawkins (R-East Wenatchee) is ready with an answer if it ever comes to the state Senate.

"Improving the equity of Washington state's tax code by creating the Washington state wealth tax and taxing extraordinary financial intangible assets — House Bill 1406, was introduced by Rep. Noel Frame (D-Seattle) in late January.

Hawkins stated, in an exclusive interview with NCW Media, that "HB 1406 is a new proposal this year, so I don't know how far it will advance. If it does advance, it will probably be one of the final bills of the session and part of the overall budget package. Since it is a House of Representatives' bill, there hasn't been much talk of it yet in the Senate," Hawkins said.

"While I certainly want everyone to pay their fair share of taxes, this one seems to be targeted toward a few people as almost a punishment for their success. Personally, I think people like Bill Gates, Jeff Bezos, the founder of Starbucks, or anyone else who is this fortunate has worked incredibly hard for their earnings, took gigantic risks, made big sacrifices throughout their



Rep. Keith Goehner

business careers, and have employed a tremendous number of people in the process," continued Hawkins.

"They happen to also be very sincere in their efforts to support others with generous foundations and personal giving. This bill seems like an effort to extract money from a handful of very successful people to fund more growth in government. To me, that sends the wrong message," he said.

"While state revenues have taken a modest hit during the COVID pandemic, our state economy is holding steady despite efforts to keep our economy closed. Personally, rather than implementing creative new taxes to significantly grow the budget, I would favor using our \$2 billion budget stabilization



Sen. Brad Hawkins

account reserves and making modest adjustments to balance the budget rather than more tax increases and continued spending," said Hawkins.

"I'm not sure Washington State can keep this up if the economy and state revenues dip again due to COVID or if our state or country experiences a non-COVID recession in the future. So as much as I would like to keep an open mind about everything, I am concerned about the message this bill sends and the way it might chase off a few people from Washington, people who are among our state's most incredible success stories," Hawkins concluded.

Tom Olson, Washington resident and political commentator, stated on the USA Votes chat site that the Seattle Democrats' tax bill is: "(1) Confiscatory and punitive, (2) hasn't worked elsewhere, (3) expensive and difficult to administer, (4) will be easily circumvented by the 'rich' simply changing domiciles from Washington. Perhaps this should be retitled 'Texas-Florida stimulus act?'

In another exclusive interview with the Wenatchee Business Journal, State Representative Keith Goehner (R-Dryden) said about the "wealth Tax", "I am not in favor of a 'wealth tax.' It is important to have equity in taxation, but disproportionately taxing success does not encourage additional investment in the State."

Goehner continued, "We should be providing incentives for reinvestment in our communities by those who are best positioned to manage those investments.'

State Representative Mike Steele (R-Chelan) did not respond to an interview request by publication deadline. Keep reading NCW Media publications: Leavenworth Echo, Lake Chelan Mirror, Cashmere Valley Record, Wenatchee Business Journal and the Quad City Herald for updates on this new tax proposition by Washington state Democrats.

NCW Managing Editor Garu Bégin email: Garu@ncwmedia.net. Emails be used as Letters to the Editor in future NCW Media editions.

## **Chelan County Commissioners keep watch** on proposed Olympia Bills

STORY AND PHOTO BY GARY BEGIN, MANAGING EDITOR, NCW MDIA

WENATCHEE - The February 9 meeting of the Chelan County Commission was highlighted by the overview and commentary of several House and Senate bills that may affect the county and local cities in both positive and negative ways.

SB5368 is in regards to the annexation of unincorporated territory by state code cities currently under Urban Growth Area (UGA) boundaries. The annexation must be coordinated between the city and the county it lies within and includes safeguards for continued upkeep of infrastructure, fair evaluation of potential loss or gain to residential properties and potential for revenue sharing agreements. It requires the formation of interlocal agreements. If the bill passes, cities will become eligible for the annexation sales tax credit. The bill was referred to the Senate Ways & Means Committee February 12.

The Washington State Association of Counties (WSAC)\*, representing 39 Washington counties, has issued pro or con advice on many of the bills. See the WSAC website for more information (WSAC.ORG).

Commissioner Keith Overbay went through some of the proposed bills and had comments regarding a few specified bills, admitting he would take an entire day to analyze and comment on all of them.

HB1412, said Overbay, "Would cause a revenue hit" on counties and is opposed by WSAC. The bill specifically allows non-payment of fines and/ or restitution if "the offender does not have the current or likely future ability to make

full or partial restitution." Overbay, a retired Washington State Patrol officer, explained the proposal to the other two commissioners Tiffany Gering and Bob Bugert. If passed, "At any time, the court may determine that the offender is not required to pay, or may relieve the offender of the required fine to pay," thus causing an obvious loss of court revenues to be distributed to county and city entities

from convicted offenders. HB1099 is also opposed by WSAC as it mandates actions by counties cannot be approved unless within guidelines of greenhouse gas



**Chelan County** Commissioner **Kevin Overbay** 

emissions regulations.

The bill demands future regulations be, "... supported by scientifically credible projections and scenarios that indicate their adoption is likely to result in reductions of greenhouse gas emissions or per capita vehicle miles traveled."

The proposal also requires actions taken must "substantially reduce the adverse impacts of climate change on people, property, and ecological systems through goals, policies, and programs consistent with the best available science and scientifically credible climate projections and impact scenarios that moderate or avoid harm, enhance the resiliency of natural and human systems, and enhance beneficial opportunities."

Because of the rural nature of most of Washington state, the bill is considered to be mainly one for urban areas to consider and not practical for non-urban entities, where much greater mileage is incurred by necessary vehicular traffic, according to minority party (GOP) comments.

Another bill possibly causing angst in rural areas is the call for an addition to "community oversight" in HB1203.

"All local jurisdictions must establish a community oversight board by January 1, 2025. ... To receive complaints from community members regarding the conduct of law enforcement officers and civilian employees of the law enforcement agency." The bill is aimed at any city or county law enforcement agency with at least 15 members on staff.

"Upon complaint of any person or on its own initiative, to investigate incidents that occur between members of the public and law enforcement officers or civilian employees of the law enforcement agency, including incidents involving: The use of force by a law enforcement officer; death of or serious injury to any person held in custody; serious abuse of authority or misconduct by a law enforcement officer; allegedly discriminatory stops or other profiling activity; adversarial interactions between law enforcement officers and community members at public assemblies; and other adverse incidents related to the conduct of law enforcement officers or civilian employees of the law enforcement agency."

The bill was referred to the House Appropriations Committee on February 9.

Continue reading NCW Media weekly publications for updates on these and other bills currently circulating in the State House and Senate.

Author Gary Bégin can be emailed: Gary@ncwmedia.

SEE BILLS ON PAGE B2

## Pateros students make first semester Honor Roll

PATEROS -- The following Pateros students have been named to the Honor Roll for the first semester.

4.0 grade-point average (GPA):

Seniors: Yadhira Ascencion, Dylan Bosch, Aidan Hall, Nayeli Hernandez, Aleeka Miller-Smith, Anna Williams,

Juniors: Bella Arellano, Daniel Garibay, Sage Scott, Katharine Zoretic

Sophomores:

Freshmen: Liliana Gonzales, Janette Hernandez

Eighth Grade: Daniela Espino, Samantha Flores, Adamary Loyola

Seventh Grade: Wrandie Bowen, Larkin Freels, Harman Gill, Addison Henton

3.5 to 3.99 GPA:

Seniors: Jimena Caballero, Itzel Diaz, Ruth Estrada, Lucas Miller, Jillian Piechalski, Kassandra Rosas

Juniors: Yanise Cazares, Harveen Hill, Naili Hernandez, Ruby Mota

Sophomores: Tea Asmussen, Angel Cisneros, Jasmine Contreras, Alyssa Lopez, Dilan Martinez

Freshmen: Anaih Cazares, Sarai Martinez, Bobbi Nicholson, Trenton Rodman, Jen-

essa Scroggie, Nyjae' Sullivan Eighth Grade: Giselle Ceniceros, James Evans, Jocelynn Hernandez, Mallory Moore, Macy Mullin, Alexandra Ruiz,

Wray Scott, Lexi Vargas Seventh Grade: Aiden Anderson, Joceline Gonzalez, Kevin Isabel, Dakota Lasley, Aislinn Marquez, Dylan Miller, Ava Mitchell, Miley Mullin, Kellcee Nicholson, Dion Reyes

3.0 to 3.49 GPA: Seniors: Cuauhtemoc Arellano, Ariel Austin, Santana Ayala, Travis Collins, Jennifer Flores, Anthony Medel, America Portillo, Miguel Solis Juniors: Daniel Dowers,

Noelia Garcia, Mia Rodman Sophomores: Laini Gallegos, Jesus Gonzales, Kailani Malar, Edith Martinez, Alex Martinez

Freshmen: Bryan Espino, Diego Mota, Amaris, Osorio, Elpidio Pamatz

Eighth Grade: Edwin Abrego, Jose Ascencion, Jacqueline Gomez, Kinden Hook, Alexis Jimenez, Austin Simpson, Michael Ward

Seventh Grade: Juan Ascencion, Ricardo Fonseca, Kray Hampe, Jacob Piechalski, Wesley Scott, Stevie Simmons, Abi Swezey, Dulce Vicente, Paeton White

# **Quality Surgical Care** Close to Home



Rosie Dhillon, M.D.

General Surgeon

**Board Certified** 

Routine Colonoscopies

• Laparoscopic Surgeries • Gallbladder, Appendix, &

Skin Cancer Removal

 Upper & Lower GI Endoscopy • Hernia Repair

> Call us for a consultation! 509.689.3749



415 Hospital Way, Brewster

www.brewsterclinic.org





Elder Law (509) 662-1211

7 North Wenatchee Avenue, Wenatchee www.SpeidelBentsen.com

We provide excellent legal services for our senior citizens in estate planning, asset protection, and long-term care issues.

Have a Community or

Sports Story idea? Contact

Mike Maltais at 360-333-8483

### THE WASHINGTON OUTDOOR REPORT

The Snake River Dams. To breach ... or not to breach?

By John Kruse

Its been on ongoing discussion for thirty years. Should we breach the four Lower Snake River dams to save dwindling runs of salmon and steelhead? The question has been repeatedly litigated in court as have efforts to mitigate dam operations to help smolt survive their journey downstream and adult fish survive their journey upstream through eight dams on the Columbia and Snake Rivers to spawn in the Snake, the Salmon, the Clearwater, the Grande Ronde and other tributaries.

A number of Democrat party lawmakers, to include Oregon Governor Kate Brown, have called for removal of the dams in recent years but for the first time, a Republican is also calling for this to happen. Congressman Mike Simpson from Idaho unveiled an Energy Salmon Concept earlier this month. It's a proposal



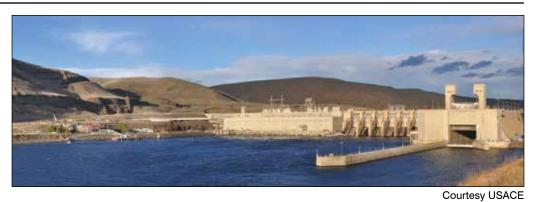
Courtesy U.S. Army Corps of Engineers

Little Goose Dam on the Snake River.

calling for 33.5 billion dollars to be spent breaching the four dams and then making the region economically whole. Simpson points out in his proposal that 17 billion dollars have already been spent on salmon and steelhead on the Columbia and Snake Rivers and we continue to lose ground. Simpson argues while a \$33.5 billion (minimum) price tag is a lot, the alternative is to spend another \$20 billion in the next 30 years and watch Chinook and sockeye salmon runs in Idaho rivers go extinct. The proposal received immediate support from a number of conservation and fishing organizations to include Trout

Unlimited, the National Wildlife Federation, the American Sportfishing Association and the Northwest Sportfishing Industry Association.

There are also those who oppose this measure to include Washington Republican Congresswomen Cathy Mc-Morris Rodgers, Jaime Herrera Beutler and Congressman Dan Newhouse. In a recent opinion piece, Congressman Newhouse wrote, "the benefits of the dams stretch far beyond clean energy generation and affordable power. From irrigation for our region's farmers to transportations of goods and flood control, the benefits are countless."



Lower Monumental Dam on the Snake River.

the removal of these dams is the Pacific Northwest Waterways Association. Executive Director Kristin Meira points out 10 percent of wheat exports in the United States are barged down the Snake River, something that wouldn't be done if the dams are breached. Meira says using roads and rails to transport these goods will have a large carbon impact and would be less safe than using barges. Meira also believes ocean conditions caused by climate change as

well as urban runoff are con-

tributing more to the decline

of these runs, not only on

the Snake River but in many

places in the Pacific North-

west, and questions whether

Another group that opposes

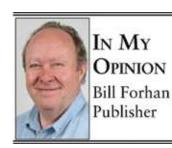
removing the dams will actually save these fish.

The proposal calls for removing the dams by 2031 and 10 billion dollars to be given to the Bonneville Power Administration to develop replacement energy sources. The proposal also calls for the establishment of the Lower Snake River National Recreation Area after the dams are breached, an area that like the Hells Canyon National Recreation Area, would be used by anglers, hunters, jet boaters, rafters, wildlife watchers and campers. A total of 450 million dollars would be spent to promote tourism in the region, for outdoor recreational activities and to move marinas currently in place on the Snake that would be left high and dry by dam breaching.

Congressman Simpson makes clear this proposal is not a bill or pending bill. However, it certainly is a starting point for a bipartisan group of lawmakers to draft a bill along the lines of this proposal. With the Democratic Party in control, and several senior Democrat senators and governors in a position to help push this through, this proposal could gain some quick momentum in the weeks ahead. You can find out more about Congressman Simpson's Energy Salmon Concept online atsimpson. house.gov/salmon/

John Kruse - northwesternoutdoors.com and americaoutdoorsradio com

## Removing the Snake River dams is another bad decision



Declining salmon runs, just like global warming/climate change is just another misunderstood problem that could be solved without removing any dams or spending small fortunes employing lawyers and environmentalists that do not understand the problem.

Even if the dams are removed salmon runs will con-

tinue to decline. Why? Because the biggest problem comes from overfishing off the coasts of North America and British Columbia.

Native Americans unfortunately are part of the problem here. Before you start calling me a racist we need to examine current fishing practices. Runs were plentiful before modern fishing techniques, that is, fishing trawlers were employed by commercial fishermen many of which are Native American.

Go salmon fishing off the coast today and you are liable to get run over by trawlers sweeping nearly everything

in their path into their holds. You want to test the theory? Put a fishing ban off the coast for five years. Pay the fishermen, including the Native Americans, to park their boats. We have paid farmers not to grow wheat and other crops why not pay fishermen not to fish.

British Columbia tried a partial ban in the early 90's and quickly saw a huge surge in salmon runs.

I appreciate the Native American culture that wants to protect the salmon, but if we don't get a better handle on over fishing salmon will become extinct and the dams will have to be rebuilt in order to recreate clean energy, reduce flooding and provide a way for farmers to get their grain to market.

# When to pre-medicate, when not to



Last Saturday morning Kathy and her best friend Ann were on a video conference call with me for a Medication Insider personal medication consultation. One of Kathy's questions was about her first COVID-19 vaccination, which was coming up in four days. A couple of her friends had experienced some discomfort and fever the next day after receiving the vaccine. She asked if it would be okay for her to take some Tylenol® or ibuprofen the same day as her vaccination to avoid having a reaction.

I answered her, "Sometimes taking medicine to help prevent future discomfort is a good idea, but not with vaccines."

"Pre-medicating yourself with ibuprofen, naproxen, or acetaminophen (Tylenol®) could interfere with your ability to fully respond to the COVID vaccine. This would give you less protection. The good news is, most people do not experience any fever, muscle aches, or headache after either their first or their second vaccination. They mostly notice having a sore arm, but that's it.'

The World Health Organization (WHO) states that it is safe to take acetaminophen (Tylenol®), ibuprofen, or naproxen to relieve any muscle aches, headache, or fevers after your COVID-19 vaccination. It's just not a good idea to try to block those potential effects because it could also block your benefit from the vaccine.

Although pre-medicating before vaccination isn't recommended, there are other situations when it would be a brilliant thing to do, such as preventing motion sickness.

Whether you take ginger, meclizine (Bonine®), the original formulation of Dramamine® (dimenhydrinate), or apply a prescription-only scopolamine patch, the most effective way to treat motion sickness is to pre-medicate vourself.

You should take any motion sickness medicine at least 30 to 60 minutes before stepping onto a boat, riding in a car, entering an airplane, or riding on a roller coaster.

If you don't take your medicine beforehand, it can take more than an hour after taking it to relieve queasiness and dizziness. Believe me, I speak from personal experience on this! I gave up relying on ginger because it was too hard to remember when I needed another dose when I was traveling across multiple time zones.

It's vital to take medication first when taking an antihistamine to stave off an allergic reaction. By taking it beforehand, you can significantly reduce sneezing, nasal congestion, and sinus pressure.

Another example of when taking medication before a particular situation makes a difference is having a tooth extracted. Taking a nonsteroidal anti-inflammatory medicine (NSAID) like ibuprofen (Motrin-IB®) or naproxen (Aleve®) just before a dental extraction can dramatically block swelling and pain afterward.

NSAIDs prevent swelling and discomfort from dental procedures much better than taking acetaminophen (Tylenol®) because of how these two types of medicines work.

Does your arthritis make you stiff and sore in the morning until you get moving? Try taking a long-acting painkiller at bedtime the night before. Instead of taking Extra Strength Tylenol® 500mg, which lasts for 4-6 hours, try one or two Tylenol Arthritis® Extended Relief 650mg tablets or Tylenol 8-Hour® capsules, which last for 8-10 hours.

If you prefer to take an NSAID, avoid ibuprofen which wears off in 4-6 hours. Instead, try naproxen, which works for 8-10 hours. Be sure to take naproxen with either a full glass of water or food to reduce stomach irritation. People with heart failure, kidney problems, or who take blood thinners should avoid When should you pre-

medicate to avoid future discomfort? 1. DON'T Pre-medicate for

Vaccinations.

For best protection, avoid taking medicines for fever or pain while your immune system is busy responding to vaccination. It's okay to take them 24 hours later, however.

2. DO Pre-medicate for Motion Sickness.

Take your motion sickness medicine at least 30 minutes before you travel, and repeat when necessary.

3. Do Pre-medicate for Known Allergies.

Taking an antihistamine at least 30-60 minutes before encountering something that triggers your allergies helps prevent significant allergy

4. DO Pre-medicate for Dental Extractions.

Premedication with just one dose of an NSAID like ibuprofen or naproxen right before a tooth extraction reduces both swelling "chipmunk cheeks" and the need for strong painkillers after tooth extractions.

5. Try Pre-medicating for Morning Stiffness from Arthritis.

Because it works for up to 8-10 hours, Tylenol Arthritis® or Tylenol 8-Hour® 650mg at bedtime can get your day off to a better start, with less stiffness. Naproxen (Aleve®) also lasts for 8-10 hours.

Find out more about scheduling a 30-minute personal medication consultation for you or a loved one with Dr. Achev at www.The medication insider.com/consult.

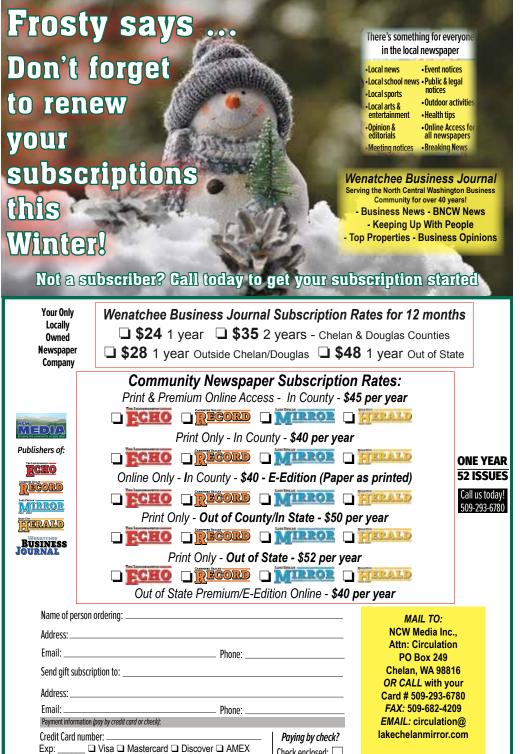
Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog The Medication Insider. com. ®2021 Louise Achey

CONTINUED FROM PAGE B1

net. Comments are subjected to reprinting in all NCW Media publications as Letters to the

\*Created in 1906, the Washiaton State Association of Counties (WSAC) is a voluntary, non-profit association

serving all of Washington's 39 counties. WSAC members include elected county commissioners, council members and executives from all of Washington's 39 counties.



### WSU

CONTINUED FROM PAGE A1

sampled hawthorn berries for at three positive sites.

"These sites yielded over 385 maggot pupa in red hawthorn in Okanagan County," said Carpenter. "In accordance with WSDA policies, the finding of two or more life stages of apple maggot indicates a breeding population and initiates a need for expanding the quarantine in

Okanogan County." Carpenter said WSDA rep-

resentatives and the Apple Maggot Working Group want to discuss the pending quarantine with Okanogan County growers/shippers who are likely to be affected by this action.

DuPont's meeting will address:

- Apple maggot finds in
- Okanogan Countv. What triggers a quaran-
- What a quarantine means for growers and packers in Okanogan County.
- · Participant feedback, Q&A The meeting will be avail-

able via conference call/web interface.

Join via computer: wsu. zoom.us/j/8297476290 Meeting ID: 829 747 6290 To join via phone: 1 253 215 8782 Meeting ID: 829 747 6290

For more information: Michael R. Bush, WSDA- Plant Protection Division, 509-249-6966, mrbush@agr.wa.gov; Will Carpenter, Chelan/ Douglas Pest Board, 509-393-0975, Will.Carpenter@ CO.CHELAN.WA.US; or Tianna DuPont, WSU Extension, 509-713-5346, tianna.dupont@ wsu.edu



BUSINESSJOURNAL

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based outroop solers religious."

tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsible for corrections made there-after. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



### Administrative

### **Puzzle Solution**

9	8	1	7	6	3	4	2	5
2	6	5	9	1	4	8	7	3
3	4	7	8	2	5	9	1	6
7	5	8	2	4	6	1	3	9
4	3	2	5	9	1	7	6	8
6	1	9	3	7	8	2	5	4
8	2	6	4	5	7	3	9	1
5	7	4	1	3	9	6	8	2
1	9	3	6	8	2	5	4	7
1 8	S M	S		ГА	U		Α	РΕ
SH	H A	Н	T	\ L	С	0	G L	E R



### **Announcements**

### **Lost & Found**

### **LOST AND FOUND** can be placed in our local newspaper

and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or email

classifieds@leavenworthecho.com

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com

NCW

Deadline: by Noon on Friday

### **Happy Ads**

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY** CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to

questions. The Lake Chelan or Quad City Herald

place ad or have

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

### **Employment**

### **Help Wanted**

The Brewster School accepting District is applications for Medical Professional individual Careers to within the teach classroom, laboratory/ or clinical settings and may entail fundamentals of nursing and care giving, critical thinking in nursing practice, legal psychiatric, mother/ baby, pediatrics, health promotion and education, and medical nursing for children and adults. Courses currently include an afternoon session of approximately 15-20 students. In addition, to two morning classes.

The complete job description and application are available on the district's website www.brewsterbears.org

Start Date: Fall of 2021

A complete application

- consists of the following:
- Letter of Interest
- Application Resume

MARKET.COM

**CLASSIFIED ADS** 

- Copy of Nursing Degree/ License
- Three current letters of recommendation

This position is open

until filled.

### **Help Wanted**

### **Advertising Sales** in Leavenworth

Join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! This Candidate

must be outgoing, personable, honest and knowledgeable on the computer.

Training will also be given on our software.

Echo 215-14th St. Carol, 509-548-5286.

## It is easy to

place your ad online 24/7 at www.NCWMarket.com

Register and pay on our secure site.

The Lake Chelan Mirror Quad City Herald, **Brewster** Call 509-682-2213 or email Meg at mirrorads@lakechelan mirror.com OR

Leavenworth Echo Cashmere Record 509-548-5286 or send email to

newspapers.



The Cascade School District applicants for the

process and information can be found on our website at: www.cascadesed.org



The Cascade School District is seeking qualified applicants for the

following position.

Icicle River Middle School Principal

## University

We are looking to hire a Director of Procurement Services of NORTHEASTERN

Stop in The Leavenworth with a resume or call for an interview with Bill or

### Looking for a great, local employee?

**Want Print only for** 

classifieds@leavenworth echo.com

Deadline: Friday by Noon for the following Wednesday issues of all



is seeking qualified following position.

Elementary School Counselor

Fast Track application EOE



Fast Track application process and information can be found on our website at: www.cascadesed.org **EOE** 

### Help Wanted



Personal Assistant to the UNIVERSITY.

We are looking for a part time, work from home, PERSONAL ASSISTANT. It pays \$400 per week plus benefits and only takes a little of your time. To be considered for this position the candidate must be detailed-oriented, a problem solver, able to work independently, and have above-average organizational and troubleshooting skills. Basic computer skills are also essential to this role. This job requires 2-3 hours access to the

internet weekly. The position requires excellent customer service skills orally. We will train the right person. Must be over 24 years of age, be efficient and dedicated.

If you are interested and need more information contact:

Mi.mcnamara87@gmail.com for more details. Text at 1-617-586-2587.

### **FULL TIME DENTAL ASSISTANT FOR**

LEAVENWORTH OFFICE Monday - Thursday. The position entails all aspects of chairside assisting and supporting our hygiene team. We are looking for someone with a great work and ethic а great personality. Experienced in Dentrix or Eagle Soft a plus. Please mail or drop off your cover letter and Resume to: Dr. Brad O'Brien 11779 Hwy. 2, Ste. WA #201 Leavenworth, 98826 or email drbradobrien@gmail.com

The Cascade School

District

is seeking qualified

applicants for the following

positions.

Substitute:

**Teachers** 

**Emergency Teachers** 

Para Educators

Custodians

**Bus Drivers** 

Food Service

Fast Track application

process and information

can be found on our website at:

www.cascadesed.org

EOE

### **Help Wanted**



Three Rivers Hospital is currently accepting applications for following positions:

**Revenue Cycle Director** - Full-time

Med-Surg RN -Full-time Days (Sign-on Bonus \$5,000)

Med-Surg RN -Full-time Nights (Sign-on Bonus \$5,000)

ER RN -Full-time Nights (Sign-on Bonus \$5,000)

Occupational Therapist - Full-time

(Sign-on Bonus \$5,000) Medical Lab Tech -

Full-time

(Sign-on Bonus \$1,500)

Interested Candidates may apply online or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517

www. threerivershospital.net opportunity@trhospital.net EOE

### **PATEROS SCHOOL DISTRICT** K-12 PRINCIPAL

All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Job announcement and position description available online. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. First application deadline is 3/10/2021. Position open until filled. EOE

Mansfield School District is hiring for the following positions: Para-Educator, Bus Driver, Maintenance/ Grounds and District Secretary. To view job descriptions and download an application, access our website at www.

mansfield.wednet.edu We are an equal opportunity employer.



Have you thought about

the best online promotion available

**Help Wanted** 

For Sale

**Antiques & Collectibles** 

Get cold hard cash for your **Antiques and** Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline: Friday by Noon for all papers. **Lake Chelan Mirror Quad City Herald** 

509-682-2213 or email mirrorads@lakechelan mirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworth echo.com

### **Furniture**

### **FREE** Office Furniture Items that are now available:

2 large wood desks with side desk attachment. One nice metal desk. One large all wood conference table. A large counter approx. 7' x 3 1/2' tall with removable shelves.

A 2-piece wood credenza One large framed whiteboard with chalk and eraser holder. Call to arrange a time to examine or pick up. All items located in

> Cashmere. For information call 548-5286 or Bill, at 509-670-1837 Also see photos on NCWMarket.com

### **General Merchandise**

Moving Sale Everything must go!!

42 inch Sears riding mower with catcher, gas powered lawn edger, tow behind thatcher and two push mowers.

150 33 1/3 Vinyl records, singles and albums.

Glass patio table, Oster bread maker, vacuum cleaner, set of fireplace tools, one 26 inch Sears 10 speed and two 20 inch folding bicycles. Call 509-679-9318.

> See **MORE CLASSIFIEDS** & PUBLIC **NOTICES** on Page B4

# Check the weathercams online before traveling over the mountain passes!

www.qcherald.com

SNOQUALMIE

### **General Merchandise**

**Greeting Cards for Sale** 1/2 price To raise funds for the Royal Ladies of Autumn Leaves.

Special Leavenworth cards like: Wish you were here with me in Leavenworth.

> 'Special Friends" Or I miss you.

Happy Birthday from Leavenworth!

Many more titles. No boxed cards. Thank you for your support. Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

### **Real Estate**

### Rentals

River Run Apartments 115 E Pleasant Avenue Cashmere, WA

Now accepting applications for the waiting list. 1-2 bedroom apartments Must income qualify

Rental assistance may be available if you qualify.

Quiet neighborhood Onsite Laundry A/C Close to bus line, stores and park.

### NO APPLICATION FEE!

Call or stop by: Chelan County/ Wenatchee **Housing Authority** 1555 S Methow St Wenatchee (509) 663-7421 (TDD Equipped)





### **Entiat Gardens Apartments**

- · Rent based on income (if eligible)
- No application fee! Waiting lists apply
- 2331 Albin Dr, Entiat 1-3 bedroom units

**Housing Authority of Chelan County** 

1555 S Methow St, Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity provider and employer.



StatePoint Media



### Rentals

### **MORNING SUN PARK APARTMENTS** 345 Madeline Road.

1 bedroom apartment \$478.00

Manson

- 2 bedroom apartment \$573.00
- 3 bedroom apartment \$660.00 4 bedroom apartment
- \$736.00 5 bedroom apartment
- \$812.00 Must have earned a minimum of \$3,000.00

in the last 12 months in agricultural income to qualify Ex: Packing shed, orchard, vineyard, some truck driver positions or forklift call to inquire.

Must qualify by income. Rent amount is based on income level Waiting list applies.

Apply today at: Housing Authority of Chelan County 1555 S Methow Street, Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity provider and employer.





### **GARTEN HAUS APARTMENTS**

1300 Commercial Street, Leavenworth Senior housing (62+)

### 1 bedroom apartments

- Rent based on income (if eligible)
- Quiet, wooded setting on the river
- Close to shopping & medical facilities Waiting list in place

### For an application or for a tour of the site call

Linda at (509) 548-7913 or Housing Authority of Chelan County

& the City of Wenatchee 1555 S Methow Street Wenatchee, WA 98801 (509) 663-7421 (TDD Equipped)







### Rentals

**Gibson Gardens** 309 E Gibson Street Chelan, WA

**NOW ACCEPTING APPLICATONS** FOR THE WAITING LIST

We offer:

Rent Based Upon Income (if eligible)

Quiet neighborhood

Onsite Laundry

A/C

Playground

Close to stores & school

### **NO APPLICATION FEE!**

Call: Chelan County/ Wenatchee **Housing Authority** 1555 S Methow St Wenatchee (509) 663-7421



### Chelan Bluff Apartments 1135 S Bradley Street, Chelan

Rent is based on income. 2-3 bedroom units.

Agricultural Worker Housing (Year round, retired or disabled from agriculture work)

For more information, please call:

Housing Authority of Chelan County & the City of Wenatchee (509) 663-7421 (TDD Equipped)

**Apartamentos** Chelan Bluff 1135 S Bradley Street, Chelan

Renta esta basado en ingresos. 2-3 recamaras unidades.

Vivienda para trabajadores de agricola (Todo el año, retirado o disabilitado por la agricultura).

Para mas información, por favor llame:

Housing Authority of Chelan County & the City of Wenatchee (509) 663-7421 (TDD Equipado)





### 1 bedroom senior apartment

Lake Chelan Community Apartments 509 E Gibson Ave, Chelan Senior Housing (62 and older)

- Rent based on income
- Close to medical
- On site new laundry facility
- No application fee

Housing Authority of Chelan County 1555 S Methow Street, Wenatchee (509) 663-7421 (TDD

equal opportunity



### Affordable Senior or **Disabled Housing**

- Rent based on income (if eligible)
- No application fee!
- Waiting lists apply

(Senior 62+ only) 1300 Commercial St, Leavenworth

(Senior 62+ or disabled) 200 Green Ave, Manson

(Senior 62+ or disabled) 210 W Gibson St, Chelan

Housing Authority of Chelan County 1555 S Methow St, Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity provider and employer.





### Legals

### **Public Notices**

### **ROSTER OPENING**

application: #1607

### Rentals

- (if eligible)
- Newly remodeled
- facilities & stores

equipped)

This institution is an provider and employer.





Garten Haus

Man\*Sun Villa

Chelan Gardens



### **NOTICE OF SMALL WORKS**

Brewster School District is updating its small works roster for general contractors for future construction, alternation, repair or improvement of public works projects. If you are interested in being included on the roster. please email a letter of intent to slibbey@brewsterbears.org or to the following address and we will send you a small works roster Brewster School District, P.O. Box 97, Brewster, WA 98812. Published in the Quad City Herald February 17 and 24, 2021.

## WHEELS Donate your car & make a positive difference in the lives of those affected by breast cancer. 24-hour free pick up · Running or not · 7 days a week · Se habla espanol Maximum tax deduction UNITED Call now BREAST 833-611-0531 **CANCER** FOUNDATION GENERAC Prepare for power outages





**Upgrading** we can help you sell your old one

- Place your ad 24/7 at ncwmarket.com
  - Email: heraldads@ qcherald.com
  - Call 689-2507



### THEME: MARCH MADNESS . Theories

- 5. T in Greek Tarzan's mom, e.g. 11. Mohammad Reza Pahlavi, e.g. Ingredient in talcum powder 13. Spectator
- 17. Note take 18. \*Last NCAA basketball winner
- 20. Any day now 21. Antiquarian's concern, pl. 22. Diana Ross and Michael Jackson movie, with The 23. Saw a nightmare
- 31. Flocked-to destinations 34. Goo or slime 35. Plural of ostium 37. Leo mo.
- 38. Eurasian goat-like antelope 39. Showing signs of use 42. \*Nothing but it 43. Wrap a baby 45. \*\_\_\_\_-elimination
- 47. Outrage 48. Fraternity K 50. One of the Bridges 1 schools only \_less but pennywise
- 59. Threesome 60. Turkish monetary unit, plural 61. Dumpy establishment 62. Common conjunction 63. New York time

- 1. Singular of #1 Across 2. Rikers Island weapon 3 Burkina Faso neighbor 4. Himalayan mountaineer 5. Tarnish
- fair in love and war' \*School with most NCAA basketball 9. Hammer part 8. Choir member

Down

- 10. Blunder 12. Sad, to mademoiselle 13. Radio studio sign 14. \*Mid-major school that's become
- 22. Is no longer 23. Arabian sailing vessels 24. Restart from seed 25. Uncredited actor

33. Mixed breed puppy

26. The Wise Men

major powerhouse

19. Kind of ray

- 27. Acting as a prompter 28. Snow impression 29. Eric Heiden's "shoe' 32. \*Oklahoma State's super freshman Cunningham
- 36. \*2021 NCAA Tournament location 38. What Edward Scissorhands does 40. Stout relative 41. Dream big 44. Ancient Celtic priest
- 50. Sanders' campaign slogan "Feel the 51. "National Velvet" author Bagnold
- 52. Expunge 53. Fail to mention 54. Scotia preceder
- 55. School-related org. 58. Liquor store pony

46. Water nymphs

48. Fuzzy fruit, pl.

4 9 9 Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## SUDOKU American Standard 150 YEARS OF EXCELLENCE

