

MARCH 10, 2021 • VOLUME 119, NO. 10

YOUR BEST SOURCE OF NEWS FOR LOWER OKANOGAN AND DOUGLAS COUNTIES

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Mike Maltais/QCH

Frank Herbert takes the oath of office as the newly appointed Pateros city councilman just prior to casting his first vote at the special session held Monday, March 1. City clerk/ treasurer Kerri Wilson administers the oath in front of a mural of the explorer David Thompson in the Pateros Museum.

Herbert casts first vote

Pateros launches study of recycled plastics industry

BY MIKE MALTAIS STAFF WRITER

PATEROS - The city council met in special virtual session on March 1 to approve a contract to study Central Washington's plastics industry. The city received \$30,000 in Rural Development Block Grant (RDBG) funds for a feasibility analysis to further research the opportunity to bring a plastics recycling facility here. Councilman Frank Herbert, appointed to replace Christine Perry, took his oath of office just minutes before the session and cast his first official vote on the measure.

"We'll be surveying industries inside and outside the Pacific Northwest to see what the needs are and to see if we can meet those needs and bring someone in," said City Administrator Jord Wilson. When China stopped importing global plastics in 2017 it shut off the spigot on about 700,000 tons annually from the U.S. alone and overnight our plastic recyclables along with newspapers, bottles, and cans had nowhere to go. Wilson speculated that there could be a market to bring in recycled plastics, make pellets from them, and ship the pellets to manufacturers for use to make product. "It's maybe one of the easiest things we can see happening here," said Wilson. "We've got a lot of apple trucks coming in empty; we've got rail lines," he said of the potential for shippers looking to fill empty capacity. Earlier the city issued a request for proposals to perform the study and received a response from CREA Affiliates, LLC, in Seattle. The city planning committee

conducted an interview with CREA and recommended council approval of the consulting group.

Pateros has 16 acres of industrial zoned property on Starr Road that could serve as a processing/storage location for a plastics conversion facility. The area is also where a 30-year-old abandoned dump site is buried and while that portion about two acres - is off limits for building it can still be used for storage, Wilson said.

"One of the things in our favor especially for this property is that it's already a landfill," Wilson said.

CREA was founded by Anindita Mitra described in the company's website, crea-affiliates.com. as an "architect, planner, urban designer, author, activist, and educator." The company specializes in "green building practices and sustainable approaches to community planning design ... " According to the five-page Plastics Study submitted by CREA the company will review components such as the city comprehensive plan, Starr Road property regulations, the Environmental Protection Agency's Superfund Redevelopment Initiative, "and other details pertaining to permitting the redevelopment of Starr Road property." CREA will also identify plastic recycling facilities by North American Industry Classification System (NA-ICS), evaluate producers and end users with special emphasis on the Pacific Northwest tree fruit industry, and identify companies that want to expand into the PNW. Toward that end CREA will register two employees for an international conference for plastics recycling and/or remanufacturing companies.

DOCFD 15 hones skills of firefighters for real thing



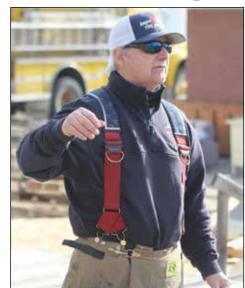
Mike Maltais/QCH Firefighters feed water hose through the front door of the training fire at 130 Independence Street last Saturday morning.

DOCFD 15 conducts structure burn training in Pateros

BY MIKE MALTAIS STAFF WRITER

PATEROS - Firefighters from Douglas-Okanogan County Fire District 15 (DOCFD) gathered at 130 Independence Street in Pateros last Saturday morning, March 6 to gain practice in battling a structure fire at a controlled training burn of a doublewide manufactured home.

The structure located, just north of the former Pateros Church of Christ where the Pateros Treehouse Early Education Organization (PTEEO) is now located was donated to DOCFD 15 after efforts to move or otherwise salvage the structure proved unsuccessful. Crews from Pateros, Brewster, Methow, Rocky Butte, and Bridgeport



DOCFD Chief Bill Valance issues las



SEE TRAINING ON PAGE A2

minute instructions to firefighters before the structure at 130 Independence Street Brewster Fire Chief Dylan Gamble (in hat) in Pateros is torched last Saturday morning to begin the day's exercise.



consults with some of his firefighters who will be participating in the controlled house burn drill.

Pateros recruits train on DOCFD equipment

BY MIKE MALTAIS STAFF WRITER

PATEROS - Volunteer fire recruits Abigail Harrild and Josh Smith are among about a dozen new volunteers who have signed up to serve with stations in Douglas Okanogan County Fire District 15 this year.

Harrild and Smith have been meeting daily with Pateros Fire Chief Kerry Heen to learn the ropes on some of the department's vehicles. Last Friday, March 5, found them at the Pateros station where Harrild, 19 and old enough to legally drive the engines, practiced guiding Engine 12, one of the stations two Darley Spartan pumper trucks, through the streets of Pateros. The exercise acquaints Harrild with how to interact



Mike Maltais/QCH

Abigail Harrild, left, navigates a Darley Spartan pumper truck through Pateros streets during a training session last Friday afternoon. Fellow volunteer Josh Smith, left, a PHS senior, observes from the jump seat.

with passenger vehicles on the street when navigating corners, intersections, and

other everyday encounters. Harrild spends her spare time training at the station and

hopes to find a career in the

SEE DOCFD ON PAGE A2



During this difficult time support your neighbors Most local businesses offer curbside service or delivery



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P.O. Box 37 Brewster, WA 98812-0037 509-689-2507 www.qcherald.com

Community

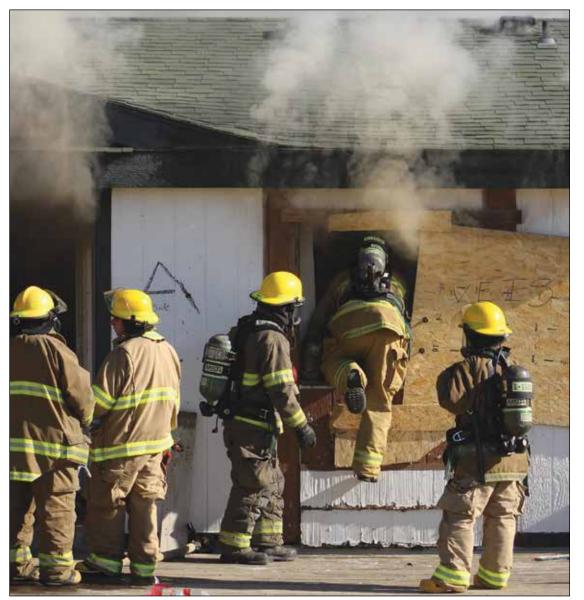
TRAINING CONTINUED FROM PAGE A1

were scheduled to be on hand to take their turns sharpening their skills that will be needed

when they respond to control and suppress the real thing. PTEEO, owner of the property,

was incorporated as a 501(c)3 nonprofit in 2019 and was awarded a \$500,000-plus grant by the

state Department of Commerce Office for Children, Youth, and Families. The grant helped PTEEO acquire the church property as a site for its childcare and early education facility.



A firefighter wearing an oxygen tank practices a window entry into a smoke-filled room of the burning house.



Just in case he is needed, a young firefighter is all decked out in his fire gear, as he watches the morning's drill from a safe distance.





Josh Smith, left, adjusts and controls the truck mounted water nozzle as chief Kerry Heen observes and offers tips on working with the apparatus.

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CONTINUED FROM PAGE A1

EMS (Emergency Medical Services) ranks.

Heen set up a course of red traffic cones on the station grounds to simulate turning and backing situations to help Harrild become familiar with judging clearances with the rearview mirrors.

Smith, who is still too young

got some hands-on experience adjusting the engines truck-mounted fire nozzle and working with hand-held hose.

"I thought it would be fun," said Smith of his decision to join the department. "It gives me something else to do around town."

Smith said he would like to take a year off after high school graduation and then perhaps get into law enforce-

Other recruits from local schools include Pateros High School senior Aleeka Miller-Smith and Brewster High School students AJ Garcia and Kaitlin Garcia. Pateros High School Superintendent Greg Goodnight also volunteers with DOCFD.

Ray Sandy, a 40-year fire veteran, has been helping Chief Heen train the new crop of volunteers.



Pateros Fire Chief Kerry Heen, center, gives some advice to recruits Josh Smith, left, and Abigail Harrild, following a training drive around the city and some live water work on the pumper.

Letters to the Editor: Noon, Friday Calendar Listings: Noon, Friday News Submissions: Noon, Friday Display Advertising: 5 p.m., Thurs Noon, Friday Legals: Classified Ads: Noon, Friday Obituaries/Deaths 4 p.m., Friday

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Ranked-choice voting is a better way to vote

By George Rohrich

When making decisions, more options are better. We find this everywhere in our day-to-day life, whether it's hefty decisions such as purchasing a home, or more mundane ones of which wine to choose.

When we have a variety of choices before us, we can make a choice that will best reflect our own desires and preferences. There is less need to go with a "lesser evil" that may compromise our own inclinations, and it actually motivates us to voice our decision. The logic is simple.

So, I often ask myself, why don't we apply this logic to how we choose our elected officials? Let's talk about one of those everyday decisions that exemplifies this type of reasoning clearly.

When we go to visit wineries in our beautiful valley for the first time such as Cairdeas, WineGirl Wine, Succession, or the dozens of others we're blessed to have, did you stick to a preferred habit of red/ white? Did you order a flight to sample each one? If you're like me, you probably had a few different preferences. You may have even been able to rank them!

Now to be real, choosing who manages our towns, our school districts, and our county infrastructure isn't as simple as choosing which wine you'll sample at your local winery. We invest in these important choices that affect the whole of our com-



George Rohrich

munities and their futures. If we approve of our leaders, we re-elect them. If not, we look for others to do a better job.

But the truth is, we don't have the variety of choices we would like to have when we are undertaking the important civil duty of voting that helps define who we are as Americans and Washingtonians. A winner-take-all system actually pushes us into a scarcity mindset. And this in turn will turn away qualified candidates with whom we may resonate more. We are more equipped to pick out a wine that suits us than an elected official who represents us.

But I think ranked-choice voting can help. Rankedchoice voting (RCV) is a voting process which invites more qualified candidates to run for office, offers a more equitable means of choosing a winner, and gives more power to voters.

Here's how it works. RCV

allows voters to rank multiple candidates by preference, with their first choice first, second choice second, etc. When the polls close, all of the first choice votes are added up. If a candidate has over half of the votes, they win!

However, if no candidate has over half of the votes, the lowest candidate, who is sure not to win, is eliminated, and the voters who voted for that candidate instead get to support the candidate they marked second on their ballot. This elimination round continues until a candidate has over half of the votes!

In this form of election, people who liked a candidate that didn't do well still get to support a finalist candidate! They can feel comfortable knowing that their vote had an impact on the outcome.

RCV holds the possibility of creating a more civil and friendly election. Negative campaigning happens when a candidate must be your one and only favorite candidate. But what happens when there is a wide field of candidates all vying for your first, second, and third choices?

All of a sudden, candidates can't just focus on tearing each other down, they have to focus on why they think they represent you and have the solutions that your town needs. This is why people who have used RCV report that campaigns in their area are much more about issues and problem solving under this system.

Currently in the state leg-

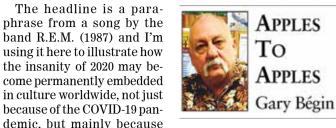
islature, there is a bill called SHB 1156, also known as the Ranked-Choice Voting Local Options bill. If enacted, this bill would allow local jurisdictions to be able to upgrade to RCV as their election system. County and local governments would have to choose to opt in to such a system, so there is no mandate. Fundamentally, this bill is about letting localities choose the election system that is right for them.

RCV has been growing in popularity over the country in the last few years. Large municipalities such as New York City and San Francisco will begin using it. But it has also struck a chord in more rural areas with Alaska using it at the state level in the next election cycle and suburban areas of Minnesota just adopting it last year. In fact, the City of Gold Bar, with a population of less than 2,000, has joined the throng of jurisdictions across Washington asking the legislature to pass SHB 1156.

Ranked-choice voting doesn't favor any party. Rather, it favors the voters. It's a call for reform that echoes one of the foundations of our society: freedom of choice. And just like your flight of Pinot Gris, Savigonon, Merlot, and Rieslings, the more options you have, the better the choice.

George is a resident of Chelan, a masters student in political science, an avid hiker in Washington's wilderness and a lover of wine.

The end of the world as we know it, Yetti I feel fine



Conservative thought and action on a federal level.

It won't take too much to have all the ignorance in America become one giant glob of stupid ... "We the Sheeple" will be the norm if all the believers in socialist/ communist ideology and actions get together and take over the once economically, militarily and righteous mighty American experiment in democracy.

sia since then and currently. Here we have a former slave of communism telling the world to beware. It is up to us to hear that warning and act accordingly. Be sure to vote in 2022 for the Republican of your choice.

If you don't, expect an

COVID -19 worse in minority communities

Immigrant and Latinx Solidarity Group statement

SUBMITTED BY ILSG

Over the last 12 months Covid-19 has highlighted the health disparities that exist in our community. Those disparities were magnified by the pandemic, highlighting how often a significant portion of our community is not meaningfully considered when making decisions. The Immigrant & Latinx Solidarity Group (ILSG) came together to coordinate how we as community members could best support our Latinx and Immigrant community members during the COVID pandemic and beyond. We are educators, community advocates, lawyers, business leaders, healthcare workers, college students, parents, and more, and have been meeting weekly for nearly a year.

The ILSG repeatedly advocated for culturally appropriate COVID-19 prevention and vaccine messaging to be shared in Spanish. In January, for the first time since the pandemic began, the Chelan-Douglas Health District had real time Spanish interpretation at a vaccine related press conference. While real time interpretation is a step in the right direction, we also expect the Chelan-Douglas Health District to consistently communicate health messages to everyone in our community, regardless of their language ability.

We have learned from this experience and see opportunities to improve the local administration of our public health system. Our elected officials are not public health experts, yet they have significant influence on public health related decisions in our community. Our health district's response to COVID-19 was significantly impacted by the local Board of Health, which

is comprised of locally elected officials who do not reflect the entire community. Think about it this way, if you need emergency surgery, a doctor shouldn't have to waste time educating an elected official about the merits of the surgery. When we entered into the pandemic, the Latinx community was disproportionately impacted due to their working and living conditions. Yet decisions were made by people who didn't have ties to the Latinx community, nor did they have the health background to lead us through this unprecedented challenge.

Changing the makeup of the health district board extends beyond Chelan and Douglas Counties. For this reason, ILSG supports House Bill 1152 (HB 1152), which is currently under consideration in Olympia. Under HB 1152, we would continue to have elected officials on the board of health. But it would also provide seats for community members and healthcare providers to use their expertise on the board. Implemented correctly, HB1152 would meaningfully include voices from all parts of our community and strengthen the health system that cares for all of us.

We appreciate the hard work the health department staff has been doing over the last year. We know this work has been exceptionally challenging. Our ask is that regardless of HB 1152, the Chelan-Douglas Board of Health puts equity at the forefront of their structure and decision making, truly advocating for the rich and diverse people and sectors of our community. Equity must be part of our practice.

Signed: ILSG members -Vanessa Gutierrez, Karina Vega-Villa, Carrie Kingsley, Krista Herling, Cecilia Anguiano, Xaxira Velasco, Ponce de León, Norma Gallegos, Irene Morrow, Jessica Kendall



of the different ways Earth's 7.2 billion people reacted to it and how changing social dynamics influence politics, health, sports and "patriotism" so much so Americans begin denying America itself just as Peter denied Christ.

Let's digress for a moment and honor a man who might be the dumbest human ever or, I would hope, incredibly clever.

"Aleksei A. Navalny, the Russian opposition politician, is going to serve his prison sentence in a penal colony notorious for disciplinary measures considered harsh even by Russian standards," according to one website.

Now listen up, this man was totally free and getting treatment in the West after being nearly killed by Vlad (the Poisoner) Putin when he was in Russia because he and the Big "P" didn't and don't see potato eye to potato eye.

Did he have enough sense to stay free? Oh no, he goes back to his homeland and Vlad throws his dumb butt back into prison. Exactly what did Navalny expect, the red carpet treatment? Does Yetti poop in the woods? Can a zebra change its stripes?

Ok, I'll try to be nice and argue the better, more optimistic point. Maybe Navalny is a genius only acting stupid (like Paris Hilton just revealed). Navalny might be thinking that his imprisonment in the Gulag Archipelago* might bring the world's attention to the not-so-nice Putin, but my dear comrades, the world has known Putin's penchant for cruelty for decades now. After all, he was a KGB agent in East Germany. Can you say walls and barbed wire? Cold War intrigue and an extension of Russia's own deliberate silencing of dissent.

I think Navalny is praying for the Russian people to rise up and have another revolution, but Putin's opinion ratings are high – or else. Get it Aleksei?

I don't think all your Face-Book likes will be coming to your rescue anytime soon.

Now, back to the bright outlook for 2021 for the rest of us not named Navalny. Picture this, restaurants, bowling alleys, movie theaters and event centers – all open and operating at full steam.

Donald Trump, the former twice-impeached, but never egged, President of these United States, will make millions selling his appearance for huge fees all over the world.

He'll attract massive crowds and the entire year will be pepper (sprayed) with far left and far right hooliganism causing cities to burn and cops to shoot and lives to be lost.

Not to mention all the national guards from a dozen states coming to the "rescue."

For whatever reason I don't see Trump being renominated to run as a GOP nominee in 2024.

I see a possible third party being formed, which will split the Republican vote and allow Kamala Harris to win as "Lunch-pail Joe" won't run again. Harris will basically become the almost-incumbent candidate.

Here's what I think about "Lunch Pail Joe." He spent eight years with Barrack Obama because he was Biden his time. Now that he's in office, he'll hand it over to the left wing and happily retire at the end of his term.

This is another reason midterm elections are so important. Control of both houses of Congress are vital to the survival of any semblance of The experiment, the end of the world as we know it, will expire. The reason I still feel fine? I know we will learn from our future mistakes and reason will prevail once the left wing proves its ineptness at running this country.

Ironically, the right wing has always been less tolerant of dissent than conservatives. That's why they protest at colleges when a conservative speaker is selected to actually speak.

Another irony, Aleksandr Solzhenitsyn, he of the beard, the long suffering and the life he ended in Vermont. This guy was made famous because he wrote about and warned the world about what We the Sheeple look like – the U.S.S.R. back in the 30s – 80s and RusAmerican gulag to be created – but instead of prison camps, it will be a gulag of conservative islands in a vast sea of liberal waste.

The United States will become so polarized that interstate travel, transportation links, computer communications, voting rights, food supplies, taxes and many other things we take for granted now, good or bad, will only exist in various pockets of states. Washington is currently in the left one.

(BTW – If Dr. Seuss is a racist, so is an Oreo cookie).

*The Gulag Archipelago by Aleksandr Solzhenitsyn, a Russian novelist and political prisoner.

Managing Editor Gary Bégin can be emailed at": Gary@ncwmedia.net. Comments may be used as Letters to the Editor in future NCW Media publications.



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OBITUARIES

Michael H. "Mike" O'Leary

Michael H. "Mike" O'Leary of Hermiston, Oregon, was born on August 8, 1940 in Brewster, Washington to parents, Arlie William O'Leary and Frances Viola (Jess) O'Leary. He died on February 23, 2021 in Hermiston, Oregon, at the age of 80 years. Mike was raised and attended schools in Wenatchee, Washington, graduating from Wenatchee High School in the class of 1959. He enlisted in the United States Army on June 10, 1959. Mike served in Vietnam and later as a recruiter for over 10 years. Mike was united in marriage to Corinne Elizabeth Deak on June 7, 1963 in Seattle, Washington. They lived in many different locations while Mike served our country until he retired on August 31, 1981 as a Sgt. 1st Class. He then worked at the Puget Sound Naval Station and later for the Department of Defense. In 1997, they moved to Prineville, Oregon and then in 2006 moved to Brewster, Washington before settling in Hermiston, Oregon in 2010 where they have lived since. Mike was a member of the Church of Jesus Christ of Latter-day Saints and served on a service mission in Hermiston, Oregon. He enjoyed crocheting, golfing and fishing.

He is survived by his wife of 57 years: Corinne O'Leary, Hermiston, Oregon; sons: Michael (Nan) O'Leary, Bremerton, Washington and Shawn (Barbara) O'Leary, Poulsbo, Washington; daughters:

Julie (Bill) Smith-Tittle, Prineville, Oregon and Kelli (Ron) Benage, Hermiston, Oregon; 10 grandchildren; 13 great-grandchildren;1great-great-grandson; numerous nieces; nephews and cousins.

Mike was preceded in death by his parents, 4 sisters: Pat, Deloris, Donna and Sharon and a brother, Loren.

A funeral service was held on Monday, March 1, 2021 at 11 a.m. at the Church of Jesus Christ of Latter-day Saints, 850 SW 11th St., Hermiston, Oregon.

A graveside service with military honors will be held on Friday, March 5, 2021 at 1 p.m. at the Wenatchee City Cemetery, Wenatchee, Washington.

Please share memories of Mike with his family at burnsmortuaryhermiston.com

Burns Mortuary of Hermiston, Oregon is in care of arrangements.

COMMUNITY BULLETIN BOARD

Tuesday, March 16

Tater Tot Casserole, Cucumber & Tomato Salad, Apricots, WW

Wednesday, March 17

Corned Beef & Cabbage, Boiled

Center on Bridge Street is still serving hot meals Tuesday, Wednesday, and Thursday. Take out only. Please reserve your meal by calling 509-689-2815. Pick-up time is between 11 a.m. and 12 noon.

Okanogan County

Transportation

& Nutrition meal

delivery

BREWSTER - Brewster Senior

gram is not interrupted and is

meal programs: Okanogan County Transportation & Nutrition at 509-826-7979 or Aging & Adult Care of Central Washington at 800-572-4459

Tuesday, Wednesday, Thursday

Bridgeport Senior Center hosts the Okanogan County Transportation and Nutrition (OCTN) meals Tuesday, Wednesday and Thursday. Suggested donation for those over age 60 is \$8.50. For those 60 and under the cost is \$10.

Wednesday, March 10

Chicken Cordon Bleu, Garlic Mashed Potatoes, Venetian Vegetables, Greek Salad, Fruit Salad, WW Roll, Dessert

Thursday, March 11

Salmon & Dill Sauce, Pesto Pasta, Roll. Dessert

On the third Friday of each month March 19, riders will be taken Roll, Dessert to Omak for the day. Riders request their destination(s).

Fruit, WW Roll, Dessert

Red Potatoes, Carrots, Tropical

NCW - All Chelan and Douglas

County veterans are invited

to attend the new "What's Up

Vet!" informational meetings

Every Tuesday/Thursday from 2

Open to vets, spouses, depen-

dents and anyone with ques-

tions regarding veteran benefits

Go to: us02web.zoomaus with

Call 509-664-6801 (Chelan Coun-

Sponsored by CCVSO, DCVSO,

Corps Navigation project.

Brewster bus trips

BREWSTER - OCTN takes

Brewster area residents to

Wenatchee, second Friday of

the month. Next trip is March

12. The bus starts picking

folks up at their homes at

7:30 a.m. Riders may request

Zoom platform meeting id: 863

ty Veteran Service Office) or

509-683-3605 (DCVSO) for

Wenatchee Valley College and

the Washington State Veteran

via Zoom!

p.m. – 4 p.m.

and resources.

more information.

5856 4972.

March 12, 19

Thursday, March 18 Hawaiian Chicken, Wild Rice, Her-March 11, 16, 18

The home-delivered meal proon its regular schedule.

For more information about senior

BREWSTER - The Brewster-Pateros-

Senior meals, March 10-11, 16-18

Mediterranean Veggies, Garden Salad, Waldorf Salad, WW

Public, \$2.75 suggested donation Seniors (60 plus). (509) bed Cauliflower, Garden Salad, 826-4391 to reserve your seat. Pineapple, WW Roll, Dessert March 22 **Okanogan County** 'What's Up Vet!'

PUD meeting

destination(s); medical ap-

Wenatchee: \$12/boarding for

General Public, \$6 suggested

donation/day for Seniors (60

plus). Omak: \$5.50/General

pointments etc.

OKANOGAN - The next meeting of the Okanogan County PUD Board of Commissioners will held Monday, March 22 at 3 p.m. For more information okanoganpud.org

March 22

Douglas County PUD meeting

EAST WENATCHEE - The next meeting of the Douglas County PUD Commission is March 22, 1:30 p.m. at the District's East Wenatchee office. To comply with the Open Public Meetings act due to COVID-19, a conference phone line number will be provided at the top of the Draft Agenda posted on their website under Latest News the Friday before the meeting.

April 1

Brewster Chamber of **Commerce – change** in time, location

BREWSTER - The Brewster Chamber of Commerce will hold their next general meeting on Thursday, April 1 at 7 p.m. at the Brewster Bear Basket. It will also be held via Zoom for those not comfortable meeting in public. Join Zoom Meeting: Meeting ID: 895 8397 7411

Passcode: 676193 . One tap mobile

- 12532158782,,89583977411# US (Tacoma)
- +16699006833,,89583977411# US (San Jose)

Go to: us02web.zoom.us/u/kcNDnPF2Ow

Help available for **Douglas County**

veterans

EAST WENATCHEE - Sarah Simonson the Veterans Service Officer for Douglas County, is available for appointments in her office at 211 11th St. NE in East Wenatchee. Call her at 509-683-3605. You can also find her on Facebook at facebook.com/douglascountyvso

Submitting your **Bulletin Board item** – Deadline Friday at Noon p.m.

Who: Any non-profit 501(c)3 group. Person(s) must submit full name and contact phone number. What: Items pertaining to local events, meetings etc., that are free or a minimum charge. Where: email to: ruthk@lakechelanmirror.com, subject line QCH Bulletin. Deadline: Friday at Noon p.m. Be sure and include date, time, place and cost if any.

OBITUARIES

Dorothy Marie Kirk-Kline

Brewster, Washington

Dorothy was born in Lockport, Illinois, a small town less than 30 miles SW of downtown Chicago. She grew up with five other siblings, three brothers and two sisters. Her first husband also grew up nearby and they met while in high school. Dorothy was confirmed in the Shepherd of the Hill Lutheran Church in Lockport at the age of 12. Her favorite recreation was roller skating. She went as often as possible.

After graduating her boyfriend, Warren Kirk, joined the Navy and after his basic training, he was sent to Pensacola, Florida, for Navy Pilot training.

Not too long later. Dorothy

ter. When my Dad went overseas, he convinced Dorothy to come west and help out in the "mess hall" on the ranch until the war ended. She took the train to Brewster and lived on the ranch, working in the kitchen with Grandma Elsie Kirk.

The war ended in the fall of 1945. Dad was released and didn't waste any time coming home to his wife in Brewster and they began living as a family and celebrating the birth of their first son, Warren III. Dad started his local delivery service (extending up the Methow, Chelan, Bridgeport, and all parts between) his own idea; and Mom was a house wife and mother until my parents divorced when my brother started school. Dorothy became an office clerk at the Herald Reporter. In addition to being a Mother, Dorothy loved to sew and crochet. In our home there was no such thing as clothes wearing out! In addition to the Herald Reporter, Dorothy was very active in the Brewster Log Church, the Brewster School, as well as the Brewster Grange and the American Legion Auxiliary; frequently holding the office of President or Secretary. She loved the Brewster Grange. Mom was always Mom her



first priority. She also allowed animals to become part of the family . we had dogs, many rabbits, and a sheep; all within the town of Brewster.

Then in the 1960s, Ray Kline needed another clerk for Kline's and asked Dorothy if she would consider changing jobs. She said yes and started working for Kline's, a great decision. Ray was a widow at that time and the two of them got married in March, 1965. Warren was in college at WSU and Robert was still in High School. They eloped to Coeur d'Alene, Idaho. But, not before driving to WSU and asking for my approval. Ray was so excited about his new wife and he insisted on building them a new home on the plaza overlooking the Columbia River. I remember Mom was even more excited and became so protective of her new home. "Take your shoes off at the door and NO animals allowed" were just

two of many of her rules. Mom and Ray had a wonderful relationship, but unfortunately it only lasted not quite a decade before Ray died.

For years, Mom never traveled very far from Brewster. It was a rare occasion she came to visit her children; we always came to Brewster. One of her trips was in 1979 when the Navy had a dependent cruise from Honolulu to the island of Hawaii on a vessel which my brother was an officer.

Dorothy, Elsie, Warren, his wife and son flew to Honolulu to take part in this cruise. We cruised from Pearl Harbor to the island of Hawaii and stayed on a Navy resort. What an event! When it was time to come home, the winds were so bad that the Navy Commander strongly recommended all dependents fly back to Honolulu. Helen and her son, Dorothy, and Grandma Elsie flew back to Honolulu. She also visited Warren and his wife in England when her youngest Grandson graduated from high school. In 2006, when Warren graduated from Seminary in Ohio, Mom was not up to making this trip, even with my Brother Bob as her escort. It was on this occasion in 2006 that Bob told me that Mom's dementia was getting bad. She would walk downtown to Brewster and forget the way back to her home on the Plaza. I agreed to come out that fall and develop a plan for Mom's care.

Warren and Helen came to Brewster that fall and agreed with Bob's assessment. We decided to move Mom to an independent care living unit apartment in Wenatchee. It wasn't long before Bob moved in with her to help care for her. Warren and Helen stayed in Washington and I was asked to serve two churches in the Yakima area. Dorothy stayed there for several years and then we moved her into Harmony House and Bob moved back to Brewster. Bob saw her almost every day, when she was in Harmony House, what was a blessing!!

When Bob died in 2019, insisted Harmony House of this community, but just kept contributing where she could, behind the scenes. This was her community, her home. And wow, could she bake pies!!!

Dorothy was predeceased by both of her husbands and her youngest son; as well as each of her siblings except her youngest brother. Her eldest son is living in southern Indiana, near Cincinnati. Her eldest grandson, Warren IV, is living in Gardnerville, Nevada, and has two children, Salavin and Warren Aden; and her youngest grandson, Ryan, is living in Lawrenceburg, Indiana with her other two great-grandchildren, Marlee and Mason.

Visitation for Dorothy will be at Barnes Chapel, 510 West Indian Ave., Brewster, from 10 a.m. to 11:30 a.m. on Thursday, March 11, 2021. There will also be visitation from noon at the Brewster Grange on Highway 97 west of Brewster, with a Memorial Service following at 1 p.m., followed immediately by a Graveside Service.

A4

joined him in Pensacola and they were married in1944 just before Dad was sent to the Pacific.

Before Dad graduated, WWII started; and upon graduation he was sent to the Pacific as a pilot of a P-38. Years before, my great-grandfather, who owned an ink company in Chicago got the idea that the family needed an apple orchard near Brewster. He purchased the land and sent his son to turn it into a productive orchard. This purchase was later known as the Kirk Orchard, across the Columbia River from Brewstake her to his funeral. They agreed and when she saw my brother in the casket, she started crying. Although she hadn't spoken for years, she knew it was Bob!! I was so glad I insisted Mom be able to attend Bob's funeral.

There is much that we still do not understand about human life, this is why Jesus came to remind us that it is not ours to understand!!

I thank each of you who is able to come out on this occasion to reflect and to celebrate on the life of Dorothy Kirk-Kline. Clearly, she was never one of the "leaders"

Memorial gifts in memory of Dorothy can be donated to the Brewster Grange, Brewster American Legion, or the Brewster School District.

Please leave any thoughts or memories for the family at www.barneschapel.com. Services are entrusted to Barnes Chapel of Brewster, Washington.

Due to the COVID19 Virus, churches have suspended Saturday and Sunday Services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

QUAD CITY CHURCH GUIDE

BREWSTER • BRIDGEPORT • PATEROS

New to the area? On Vacation? These churches welcome you!

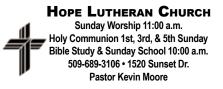
BREWSTER SEVENTH-DAY ADVENTIST CHURCH AND SCHOOL



Saturday Bible Study 9:30 a.m. Saturday Worship 10:45 a.m. Church: 509-689-3537 17 Hospital Way NE, Brewster www.brewstersda.com School: 509-689-3213 115 Valley Road, Brewster www.brewsteradventistschool.com **Pastor Matthew Axford**



COMMUNITY LOG CHURCH Sunday Worship 10 a.m. 09-689-2224 • 501 W. Indian Avenue www.communitylogchurch.com Pastor Gordon Wright



New Testament Baptist Sunday 10 a.m., 11 a.m. & 6 p.m. Wednesday 7 p.m. Adult Prayer & Bible Study and King's Kids 509-689-2420 • 412 W. Hanson



"With men this is impossible; but with God all things are possible." - Matthew 19:26

To place your Church information in the Church Guide call Ruth at 682-2213 or email: ruthk@lakechelanmirror.com

Community

TranGO Seeks Community Input

Submitted by Okanogan County Transit Authority

OKANOGAN - On March 8, TranGO launched a survey open through April, to gather information from the public about transportation needs, in order to evaluate existing service and prioritize schedules and routes over the next five years.

Kelly Scalf, CEO, stated, "We conducted a survey in 2015, that informed the decisions as we built the initial service model and routes, connecting communities across Okanogan County in 2016. This survey is similar and includes questions about normal transportation to work, training and higher education, health care and other needs. By analyzing the information, we are able to find common beginning and ending points, frequency of trips needed and design service that meets those requirements."

Scalf shared, "In 2017, our first full year of service, we provided 49,832 trips. Each year we have grown by about 10,000 trips. In 2019, prior to the pandemic, TranGO provided nearly 70,000 fixed route trips and another 10,000 vanpool trips throughout the county, serving many people that through age, income or disability are unable to provide transportation for themselves. We are excited to continue to grow and improve service to the community."

Scalf stated, "As we look forward to resuming service post-pandemic, we are conducting an update to see what has changed in the past six years. The pandemic changed travel patterns significantly as people worked from home, and it would help to know if any of those changes are permanent."

Scalf reported, "We were

ready to launch a survey update last year when the pandemic hit Washington State and we recognized high levels of stress and uncertainty across the community, so we decided to wait."

The survey can be accessed on-line at; okanogantransit.com/survey. If you don't have access to the internet, you can call 509-429-5823, to provide your answers over the phone or to request a paper copy with return postage provided. If your call isn't immediately answered, please leave a message and your call will be returned promptly.

A closer look at 12th District transportation priorities

BY SENATOR BRAD HAWKINS

OLYMPIA - Transportation infrastructure is critical to our area's economic growth and quality of life. Not only is having an efficient and effective transportation system important for getting our crops to market and shipment of other products, it is important for safety. Over recent years, local traffic congestion is also becoming an increasing challenge for our everyday commutes. These are all reasons why the issue of transportation continues to be one of my top priorities as a legislator.

The Chelan-Douglas Transportation Council is a local planning organization that meets throughout the year in Wenatchee. This group is comprised of local elected officials and other transportation leaders throughout Chelan and Douglas counties. The council recently adopted its 2021 transportation funding priorities, which include key priorities within the greater Wenatchee Valley.

Chelan-Douglas Transportation Council priorities

The council emphasized the importance of proper maintenance and preservation of our existing transportation system and focused on these five new projects of interest: • McKittrick Street BNSF Railvide a much-needed connection between neighborhoods on both sides of the river, downtown East Wenatchee and our loop trail, providing safe access by avoiding the railroad crossings and heavy traffic on SR 28.

•Confluence Parkway (\$130 million). This project would help mitigate the growing traffic challenges in North Wenatchee near the Wenatchee River. A new roadway and new bridge would be constructed and connect to the U.S. 2/97 Interchange. The project also would shift the Apple Capital Loop Trail away from the railroad tracks and closer to Horan Natural Area, and build a railroad underpass near the SR 285 connection where Miller Street currently crosses at street level.

•SR 285/North Wenatchee Avenue Phase 2 Improvements (\$24 million). This project will reduce congestion and improve safety and LINK bus services on North Wenatchee Avenue in the vicinity of Maiden Lane and Horselake Road. The first phase of this project is already funded through the 2015 Connecting Washington transportation revenue package. Construction of Phase 1 improvements are scheduled to begin in 2023. This Phase 2 project completes the remaining improvements identified in the North Wenatchee Avenue Preliminary Engineering Summary Report.

facilities. The transportation budget is \$10 billion and funds transportation agencies and the construction of previously approved projects.

3. Revenue/gas tax proposals for new projects

It is important to understand the distinction between the transportation budget, which is approved every two years at the start of the new biennium, and the separate "revenue packages," which are proposed periodically, approximately every five to 10 years. The two-year transportation budget is funded primarily by fuel taxes and vehicle license fees. The budget provides funding for the day-to-day operations of our Department of Transportation, Washington State Patrol, and Department of Licensing.

The transportation budget also appropriates funds for a variety of maintenance and preservation projects and numerous construction projects throughout the state based on predetermined schedules. Occasionally, the two-year transportation budgets include opportunities to add smaller-scale items, such as the \$2 million contribution toward the West Cashmere Bridge in 2017 that is currently under construction. In transportation funding terms. side of our control and paid by us as federal taxpayers. Either way, we pay for new, major projects if we want them.

5. Maintenance and preservation is much needed

Funding for WSDOT maintenance and preservation has unfortunately not been increased to keep pace with the rate of inflation, nor with the addition of assets to the transportation system over time. WSDOT currently has less than half the funding needed to maintain and preserve transportation assets, so maintenance of our current system - not just new projects – should be an important state priority as well. Any future large-scale transportation package in our state must adequately fund efforts to maintain and preserve our current system, and legislators and local elected officials need to acknowledge this as a priority, even though it may not be as glamorous as discussing new projects. As the Legislature pursues various revenue packages for new projects, it is important that our region is prepared to discuss and advocate for our transportation priorities.

Sen. Brad Hawkins serves the 12th District, which covers much of North Central Washington.

Private nonprofits eligible



Mike Maltais/QCH

A utility pole left hanging in pieces was among hundreds destroyed in Okanogan and Douglas counties by the Cole Springs wildfire last September.

Deadline approaches for SFA Disaster Loan applications

By Mike Maltais Staff writer

SACRAMENTO – The deadline for state private nonprofit organizations to apply for a Small Business Association (SBA) federal disaster loan for property damage caused by wildfire like last September's Cole Spring wildfire and straight-line winds that occurred Sept. 1-19, 2020, is approaching on April 5.

Tanya Garfield, Director of the SBA's Disaster Field Operations Center-West said private nonprofts of any size may apply for up to \$2 million to replace or repair damaged property and assets.

An SBA media release said the agency also offers Economic Injury Disaster Loans to help eligible private nonprofits meet working capital needs caused by the disaster. Economic Injury Disaster Loans may be used to pay fixed debts, payroll, accounts payable and other bills that cannot be paid because of the disaster's impact. Economic injury assistance is available regardless of whether the private nonprofit suffered any property damage. Private nonprofits have until Nov. 4, 2021, to apply for an SBA Economic

Injury Disaster Loan.

These low-interest federal disaster loans are available in Douglas, Franklin, Kittitas, Lincoln, Okanogan, Pend Oreille, Skamania, Whitman, and Yakima counties in Washington; the Confederated Tribes of the Colville Reservation; and the Confederated Tribes and Bands of the Yakama Nation.

The interest rate is 2.75 percent with terms up to 30 years. Loan amounts and terms are set by SBA and based on each applicant's financial condition.

Applicants may apply online, receive additional disaster assistance information and download applications at disasterloanassistance. sba.gov/. Applicants may also call SBA's Customer Service Center at (800) 659-2955 or email disastercustomerservice@sba.gov for more information on SBA disaster assistance. Individuals who are deaf or hardofhearing may call (800) 877-8339. Completed applications should be mailed to U.S. Small Business Administration, Processing and **Disbursement Center**, 14925 Kingsport Road, Fort Worth, TX 76155.

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road Underpass (\$33 million). This project would create a much-needed underpass at the railroad crossing near McKittrick Street in North Wenatchee. The proposed underpass is ranked No. 2 statewide among priority railroad grade separation projects. When constructed, the new underpass will replace the street-level railroad crossing one block to the north at Hawley Street. The right of way already has been acquired with local funds, allowing design and construction to begin once funding is secured.

•U.S. 2/97 Wenatchi Landing Interchange (\$28 million). Dedicated in name to the Wenatchi native Americans who originally lived in the area, this project would be located in Douglas County near the Odabashian Bridge. It would include construction of a half-diamond interchange with arterial street connections that would function as the east half of the interchange. The project would create highway access to the 300-plus-acre site within the East Wenatchee Urban Growth Area to facilitate development.

•Apple Capital Loop Trail South End Community Connections (\$10 million). On the Wenatchee side of the Columbia River, the project would construct a BNSF Railroad overpass to establish a pedestrian/bicycle connection to the Apple Capital Loop Trail for South Wenatchee neighborhoods. On the East Wenatchee side of the Columbia River, a pedestrian/ bicycle overpass would be constructed over SR 28, replacing the crosswalks at the SR28/9th Street intersection. These two bridges help pro-

1. Methow bridges need repair and replacement

In addition to the priorities in Chelan and Douglas counties discussed above, there are transportation needs within the 12th District boundaries of Okanogan County. Multiple bridges along the SR 153 corridor in the Methow Valley (between Pateros and Twisp) are in need of repair and replacement. In total, 11 bridges on SR 153, constructed between 1933 and 1950, have been deteriorating. Replacement of all 11 bridges is estimated to cost nearly \$100 million. Repair work to the sidewalks, rails, decks, and other portions of the bridges is less costly, but we know that this type of work, while more affordable initially, simply defers the inevitable and costly transportation challenge ahead in the Methow Valley, one of the most scenic and beautiful areas of our state.

2. Legislature approves three budgets, including a two-year transportation budget

As you may know, the state Legislature will be developing three budgets in the 2021 session. The operating budget is approximately \$55 billion and funds K-12 education, higher education, health and human services, corrections and other operations of state government. The capital budget is about \$5 billion and funds infrastructure and land-related items, such as construction assistance to K-12 schools, university buildings, mental health institutions, and correctional

this is on the high end of what is considered a smaller appropriation.

For larger-scale appropriations, revenue packages propose increases in gas taxes and vehicle fees along with a specific list and construction schedule for new projects. The final construction of new projects approved in a new revenue package can take many years to complete, so those projects are scheduled over multiple years and funded during their corresponding two-year transportation budget window. So the primary purpose of the regularly approved transportation budget is to appropriate funds in the upcoming two-year period for agency operations and projects previously passed in a revenue package.

4. Funding considerations in 2021 and beyond

I realize this description of the two-year transportation budget and the interconnected relationship of the occasionally approved new revenue packages can be confusing. In short, new construction projects of major significance (like the ones included in the Chelan-Douglas Transportation Council priorities) do not get completed without corresponding new revenue and will not be included in the 2021-2023 transportation "budget" under development. The new revenues that fund new, major state transportation projects come in the form of additional fuel taxes and vehicle fees as longer-term supplemental plans to the biennial budgets. Another source of funding for major transportation projects could come in the form of federal grants, which are largely out-

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Courtesy Chelan-Douglas Land Trust Torsten Watkins, 14-year-old local herpetologist.

Chelan-Douglas Land Trust offers free online nature series

"Wild Ideas!" explores salamanders. salmon, biocrust

SUBMITTED BY CHELAN-DOUGLAS LAND TRUST

WENATCHEE — The Chelan-Douglas Land Trust is offering a series of free virtual presentations exploring some hidden aspects of our local ecosystems. On three consecutive Thursdays in March, experts will share fascinating information about our natural surroundings, followed by an opportunity for the audience to ask questions.

Thursday, March 11 -6:00-6:45 p.m.

Salamanders of Central Washington

Discover the secretive but fascinating and beautiful species of salamanders that you might see while exploring wet pockets of our arid landscape. Presenter: Torsten Watkins, 14-year-old local herpetologist.

Thursday, March 18 – 6:00-6:45 p.m.

Everything you wanted to know about Pacific Salmon but never thought to ask

Answers to questions like: why are there seven species of Pacific Salmon and only one Atlantic salmon species? How do salmon find their way home? Presenter: Tracy Bowerman, PhD

Thursday, March 25 – 6:00-6:45pm

Unbust the Crust: Restoring Unseen Desert Diversity

Learn about the importance of biological soil crusts (biocrusts) - the communities of tiny organisms that bind together the soil in drylands. Presenter: Lydia Bailey, PhD candidate

These short Zoom talks are free. Registration required at www.cdlandtrust.org/outingsevents

The Chelan-Douglas Land Trust is a local non-profit working to engage communities in conserving, caring for, and accessing the natural lands and waters that sustain North Central Washington. The Land Trust has a 35-year record of working collaboratively with property owners and communities to identify and protect the region's most important natural landscapes forever. For more information: www. cdlandtrust.org.

THE WASHINGTON OUTDOOR REPORT

Outdoors Round-Up

By John Kruse, The WASHINGTON OUTDOOR REPORT THE WASHINGTON OUTDOORS REPORT

Preseason salmon forecasts, news from Washington State Parks, a new watercraft inspection station and fishing reports are all part of this week's outdoors round-up.

Salmon

The salmon forecasts are in from the Washington Department of Fish and Wildlife and it's a bit of a mixed bag. Starting off with the good news, a great run of 1.6 million coho salmon should be coming up the Columbia River this year. Compare that to some 121,600 coho that returned last year and you've got a lot of reasons to smile as an angler. An increased number of coho are also expected for Puget Sound with 615,000 silvers returning to area rivers, an increase of 110,000 fish from last year.

The Chinook salmon forecast is not as dramatic but it is an improvement with 354,000 fish expected to head up the Columbia and Snake Rivers. This is 50,000 more salmon than last year but still below the 10-year average. This is also a pink salmon year and 2.9 million of these fish are expected back in the Sound... way better than the 604,000

fish forecast for 2019. Puget Sound Chinook and chum salmon are once again expected to have a rough year and some stocks heading for the Stillaguamish River and mid-Hood Canal could be very low.

The Columbia River sockeye run is forecast to be just 155,00 fish with an estimated 27,300 heading to Lake Wenatchee. The overall forecast is less than half of last year's return but it's worth noting that biologists are often off with the sockeve run and they tend to forecast lower returns than what actually comes back. Last year was a good example where the Columbia River forecast was for 246,300 sockeye while the actual number over Bonneville Dam was closer to 342,000 fish.

State Parks

The Washington State Parks and Recreation Commission has hired a new director after Don Hoch retired earlier this month. Peter Mayer, who currently serves as the **Deputy Executive Director** for Metro Parks Tacoma, has been chosen to lead Washington State Parks and will be responsible for the operation of 124 parks and a staff of over 1,000 personnel. Mayer's first day at the helm will be March 15.

In other news, all of Washington's State Parks that are open for free day-use admission on March 19 in honor of the Washington State Parks 108th birthday. The next free



Courtesy John Kruse

Moses Lake resident Alfonso Anavi caught this chunky trout in the Columbia Basin on March 2.

entry day at Washington State Parks is April 3, just in time for spring break.

Boating

The Washington Department of Fish and Wildlife is opening a new watercraft inspection station off Exit 80 on Interstate 90 west of Cle Elum this month. All watercraft (from powerboats to canoes to stand-up paddleboards) must stop for inspection if they are entering Washington State from another state or country. Employees manning the inspection site will be looking for aquatic invasive species such as zebra mussels, milfoil, and more which can be introduced into waterways by watercraft carrying them.

March Fishing Reports

Early season trout anglers at the Tucannon and Quincy Lakes were treated to open waters on March 1, as were anglers in year-round waters in much of Eastern Washington. WDFW Fisheries Biologist Mike Schmuck said Quincy Lake fished really well with lots of holdover trout caught that measured up to 18 inches. Burke lake also fished well on the opener putting out 11 to 13-inch rainbows. Caliche Lake near George gave up limits of 12 to 13 inches for patient anglers while nearby Martha Lake, usually an opening day hot spot, fished very slow.

At Lake Roosevelt, the bite is picking up for both rainbow trout and walleve. The walleve aren't huge, but they do provide some delicious table fare. Check out the latest reports at northwestfishingreports.com for further details.

John Kruse - northwesternoutdoors.com and americaoutdoorsradio.com

How deprescribing helps you

An elderly woman called up her doctor in tears. When the doctor got on the phone, she asked him, "Is there something you're not telling me? Do I need to review my will?" Her doctor exclaimed, "No,

not at all! Why?' She wailed, "You told me I

needed to take this medicine for the rest of my life. When I picked up my prescription today, the bottle said, No Refills!'

This is an old joke, but taking your medications appropriately can be a very serious challenge.

Medications are by far the most common treatment for most medical conditions. Before COVID, whether at a doctor's office or at an Urgent Care Center, over 70%



of physician visits end in a prescription.

That's because doctors want to treat you with something and patients expect something to be done. And that something is often a prescription medicine. As people age, they pick up more and more health conditions and drugs to treat them.

As we age, our body becomes slower in detoxifying and removing medications of all types. This means that over time, our body retains our medicines longer, which increases the "dose" we take. It often takes a crisis or an adverse event such as a fall or hospitalization to jumpstart the conversation to reevaluate medicines and their doses. Evaluating and making sure that you are taking only the medications you truly need at the best doses for you is called deprescribing. It involves balancing the potential for adverse outcomes with the potential benefit of your medicines. Unfortunately, doctors are not always proactive or enthusiastic about deprescribing. One reason is that our health care system is geared towards starting medications, not stopping them. Most guidelines that describe the optimal care for a particular condition include recommendations for initiating medications but not discontinuing them.

another doctor put in place. Patient reluctance is another barrier to deprescribing. Patients or their families may feel that decreasing their medicine decreases their level of care or that their doctor is "writing them off" or abandoning them.

A third reason doctors can be reluctant to initiate a discussion about reducing medications is lack of time. Introducing the concept and discussing how best to do it doesn't fit inside a typical doctor visit.

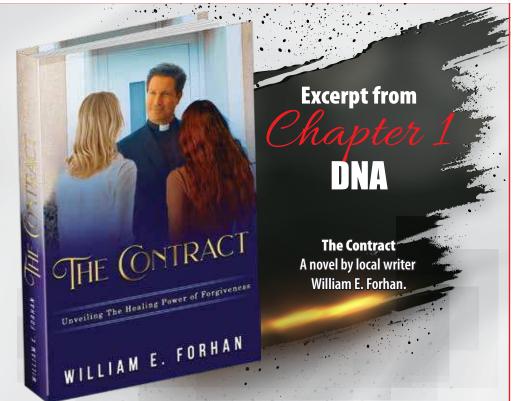
There are 4 steps to deprescribing:

Step 1: Identify drugs that could be adjusted or stopped, focusing on medica-

scribed a new medicine, ask how it will affect your other medications. Is it being ADD-ED to the rest of your pills, or does it REPLACE one of them? If it is supposed to replace a medicine, which one do you stop? This way, when the new one arrives in the mail a week later, you make the switch instead of piling on another drug you don't need anymore. 3. Don't stop medications 'cold turkey."

The higher the dose and the longer you have been on it, the more slowly certain medicines should be tapered down or discontinued. With some drugs. stopping abruptly or running out of them can put you in the hospital for several days. It's best to plan out exactly how to transition down from your current dose of prescription medicine with your doctor's input.

gcherald.com



Most mothers can tell you the moment their child was born. It's not the same for fathers. But I can tell you precisely the moment I met my daughters. It was 2:46 on a Sunday afternoon in October.

I had rushed back from church and just sat down to watch the game of the week. My Denver Broncos were playing their most despised of opponents - the Oakland Raiders. My game was interrupted by a knock on my front door.

My wife had taken our two sons to help her with grocery shopping. So I had to get up from my game to respond to that irritating knock.

I opened the door to two attractive young women. They seemed surprised.

"You're a priest?" one queried.

In my rush to watch the game I had not removed my clerical collar.

"Well, yes I am," I responded. Fully expecting they were a couple of young evangelists looking to tell me about the gospel.

There was a sudden and distinctly deafening pause. "Can I help you?" I finally said.

They looked at each other. Then almost in unison burst out, "We think you're our father!"

In an instant twenty-three years of guilt and remorse overcame me. I could not help it. Tears poured out like a river. My heart began to pound and I could not hear a sound.

We looked at each other for what seemed like an eternity. None of us knowing what to say next, but I knew in my heart they were correct.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@qmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

Another reason is concern about interfering with what

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tions known to be affected by changes in our bodies as we age. Doses easily tolerated 10-15 years ago should be reevaluated and possibly adjusted.

Step 2: Engage the patient, family, and other healthcare providers in the process.

Step 3:Develop a plan for tapering or discontinuation.

Step 4: Monitor for and document any adverse outcomes and benefits.

5 ways to take only the medicines you truly need 1. Take the initiative.

If you are over 70 years old and take five or more prescription medications, schedule a "deprescribing" conversation with your doctor. Let the office know ahead of time that you are interested in evaluating your medication list, reducing or eliminating anything that is no longer necessary.

2. Avoid duplication. Whenever you are pre-



Subject to Credit Approval

ator with a participating dealer. Call for a full list of terms and cond

4. Be a "Squeaky Wheel."

When you notice a new problem, ask yourself, "Could this be from one of my medicines?" If you started a new medication recently, inform your doctor of any new symptoms, in case it needs to be adjusted or stopped.

5. Keep a List.

Keep an updated list of everything you take, including what you take it for and any allergies or adverse reactions to medications. Bringing it to all your medical and dental appointments helps prevent getting medications that can interfere or interact poorly with each other.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider. com. 2021 Louise Achey





PUBLISHER'S NOTICE All real estate advertis ing in this newspaper Housing Act, which services and a service service service and a service service service service service services and a service service service service service service services service tion based on race, color, religion sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for basing impaired is The number for hearing impaired is 1-800-927-9275.

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Administrative

Puzzle Solution

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Happy Ads

Do vou have a SPECIAL EVENT COMING UP? HAPPY BIRTHDAY

Do you have a SPECIAL EVENT COMING UP? HAPPY BIRTHDAY **CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions. The Lake Chelan or Quad City Herald or email mirrorads@ lakechelanmirror.com For The Leavenworth Echo or Cashmere Valley Record Call 509-548-5286 or email classifieds@leavenworth echo.com

General Interest

must have а Trump second four years!!! He accomplished so much during his first term in office. The list is long, the being best the development and approval the covid 19 vaccine. This saved many lives, not only in the US, but also around the world. But in my mind, his good works are not the reason for a come-back; items he was not able to complete are. Here are some projects needing more vork: first, completion of the southern border wall. Illegal immigration was well under control until he ousted. was out, President Biden has negated all the good work accomplished; a second Trump term is needed to complete the wall and work out other troubling immigration policies. Next, draining the swamp was started, curtailed but because of his loss. The corruption within the Department of Justice, including the FBI, is much deeper than anvone thought and, most likely will get worse under The Biden. upper eschelon of culprits have been identified and are being investigated, but have yet to be brought to iustice. those remaining must be identified and fired. A second Trump term could go a long way to correct this. Third, Trump made great strides in changing attitudes of people not-so-fond of our country. He brought many Blacks and Latinos into Republican party, the mainly because of his successful economic policies. But, work is still needed to change the minds of socialist-minded Democrats and the main stream press. Finally, we need new leadership in our education system. The NEA is too powerful and is too bent on working on teacher problems while ignoring poor results with student education. For the next four years "Think Trump". Wallace Aunun

Wanted

DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP 24 HR RESPONSE TAX DEDUCTION 1-833-611-0531

Employment

Help Wanted



The Cascade School District is seeking qualified applicants for the following positions.

Substitute: Teachers **Emergency Teachers** Para Educators Custodians Bus Drivers Food Service

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



Three Rivers Hospital is accepting currently applications for the following positions:

Revenue Cycle Director - Full-time

Med-Surg RN -**Full-time Days** (Sign-on Bonus \$5,000)

Med-Surg RN

qcherald.com

Help Wanted

Bus Driver/ Operator -Full-time Organization: **Okanogan County Transit Authority** (TranGO) TranGO is looking for a full-time transit driver (36 - 40 hours per week). One position is based in Okanogan, and one in Twisp, WA. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement. sick leave, vacation. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www. okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@ okanogantransit.com **Application Deadline:** Application review will begin March 19, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity

Help Wanted

Looking for a great, local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. Want Print only for The Lake Chelan Mirror Quad City Herald, Brewster Call 509-682-2213 or email Meg at mirrorads@lakechelan mirror.com OR Leavenworth Echo **Cashmere Record** 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline: Friday by Noon for the following Wednesday issues of all newspapers.



The Cascade School District is seeking qualified applicants for the following positions.

Peshastin-Dryden **Special Education** Teacher Icicle River Middle

School 8th Grade ELA Teacher

Help Wanted



We are looking to hire a Personal Assistant to the Director of Procurement Services of NORTHEASTERN UNIVERSITY. We are looking for a part time, work from home, PERSONAL ASSISTANT It pays \$400 per week plus benefits and only takes a little of your time. To be considered for this position the candidate must be detailed-oriented, a problem solver, able to work independently, and have above-average organizational and troubleshooting skills. Basic computer skills are also essential to this role. This job requires 2-3 hours access to the internet weekly. The position requires excellent customer service skills orally. We will train the right person. Must be over 24 years of age, be efficient and dedicated. If you are interested and need more information contact: Mi.mcnamara87@gmail.com for more details. Text at 1-617-586-2587.

The Brewster School District is accepting applications for а Professional

within

classroom, laboratory/ or

clinical settings and may

Careers

teach

individual

Medical

to

the

CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions. The Lake Chelan or Quad City Herald or email mirrorads@ lakechelanmirror.com For The Leavenworth Echo or Cashmere Valley Record Call 509-548-5286 or email classifieds@leavenworth echo.com



Full-time Nights (Sign-on Bonus \$5,000)

ER RN – **Full-time Nights** (Sign-on Bonus \$5,000)

Occupational Therapist - Full-time (Sign-on Bonus \$5,000)

Medical Lab Tech -Full-time (Sign-on Bonus \$1,500)

Interested Candidates may apply online or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www. threerivershospital.net opportunity@trhospital.net EOE

Chelan Concrete Inc.

Full-time **Truck Driver Wanted** Requirements: * Valid CDL/CLASS B Minimum * Pre Employment **Drug Screening** * 1 Year Commercial **Driving Experience** * Heavy Equipment Experience a Plus * Full-Time Position Available * Dump Truck and Ready-Mix Truck Medical & Dental Plan Available

* 401K Options * Hourly Rate DOE

Call 509-682-2915

Heidleburger Drive In now hiring part-time/ full-time summer help. Need to be available for weekend and evening shifts. Fast paced environment. Come in and talk to Niki.12708 Hwy. 2.

Employer.



The Cascade School District is seeking qualified applicants for the following position.

Elementary School Counselor/ School Psychologist

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Mansfield School **District** is hiring for the following positions: **Para-Educator and** Assistant Cook. To view job descriptions and download an application, access our website at www. mansfield.wednet.edu We are an equal opportunity employer. If you have any questions, please contact us at 509-683-1012.



Cascade School **District Social Worker**

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



Teller/CSR

Wheatland Bank seeks upbeat and energetic individual with outstanding customer service skills to work on a full-time basis, in our Chelan branch.

Will perform a variety of teller services such as greeting customers, processing deposits and withdrawals, customer maintenance, account and educating customers on bank products and services. Previous cash handling and customer service experience desired. This is a fully benefitted position.

Wheatland Bank Email: hr@wheatlandbank.com

> Equal Opportunity Employer

See MORE CLASSIFIEDS & **PUBLIC NOTICES on Page B4**

entail fundamentals of nursing and care giving, critical thinking in nursing practice, legal, psychiatric, mother/ baby, pediatrics, health promotion and education. and medical nursing for children and adults. Courses currently include an afternoon session of approximately 15-20 students. In addition, to two morning classes. The complete job description and

application are available on the district's website www.brewsterbears.org

Start Date: Fall of 2021

A complete application consists of the following:

- Letter of Interest
 - Application
- Resume
- Copy of Nursing
- Degree/ License
- Three current letters of recommendation This position is open
 - until filled.

Classified & Public Notices

Help Wanted	Furniture	General Merchandise	Rentals	Rentals	Rentals		
	FREE Office Furniture	Thinking about installing a new shower? American	Entiat Gardens Apartments	Chelan Bluff Apartments 1135 S Bradley Street,	Affordable Senior or Disabled Housing		
Mr S	Items that are now	Standard makes it easy.		Chelan			
CASCADE	available:	FREE design consultation.	Rent based on income		 Rent based on income 		
SCHOOL DISTRICT	2 large wood desks with	Enjoy your shower again! Call 1-855-389-5045 today	(if eligible)	Rent is based on income.	(if eligible)		
	side desk attachment.	to see how you can save	No application fee!	2-3 bedroom units.	No application fee!		
The Osessels Osheel	One nice metal desk.	\$1,000 on installation, or	 Waiting lists apply 	Agricultural Worker	 Waiting lists apply 		
The Cascade School District	One large all wood	visit	2331 Albin Dr, Entiat	Housing	Garten Haus		
is seeking qualified	conference table. A large counter approx. 7'	www.newshowerdeal	1-3 bedroom units	(Year round, retired or	(Senior 62+ only)		
applicants for the	x 3 1/2' tall with removable	.com/echo		disabled from agriculture	1300 Commercial St,		
following positions.	shelves.		Housing Authority of	work)	Leavenworth		
	A 2-piece wood credenza	Greeting Cards for Sale	Chelan County	_			
Cascade High School	One large framed	1/2 price	1555 S Methow St,	For more information,	Man*Sun Villa		
Special Education	whiteboard with chalk and	To raise funds for the	Wenatchee (509) 663-7421 (TDD	please call:	(Senior 62+ or disabled)		
Teacher Attendance/Athletic 	eraser holder.	Royal Ladies of Autumn	Equipped)	Housing Authority of	200 Green Ave, Manson		
• Attendance/Atmetic Secretary	Call to arrange a time to examine or pick up.	Leaves.	Equipped)	Chelan County &	Chelan Gardens		
	All items located in	Special Leavenworth cards like:	This institution is an	the City of Wenatchee	(Senior 62+ or disabled)		
Fast Track application	Cashmere.	Wish you were here with me	equal opportunity	(509) 663-7421 (TDD	210 W Gibson St, Chelan		
process and information	For information call	in Leavenworth.	provider and employer.	Equipped)			
can be found on	548-5286 or Bill, at			Aportomontes	Housing Authority of		
our website at:	509-670-1837	'Special Friends"		Apartamentos Chelan Bluff	Chelan County 1555 S Methow St,		
www.cascadesed.org EOE	Also see photos on	Or I miss you.		1135 S Bradley Street,	Wenatchee		
EVE	NCWMarket.com	Happy Birthday from	la conte O	Chelan	(509) 663-7421 (TDD		
Work Wanted		Leavenworth!	Joseph Cove Apartments		Equipped)		
work wanted	Garage & Yard Sale		Now	Renta esta basado en			
TIR CONTRACTOR	_	Many more titles.	Accepting Applications	ingresos. 2-3 recamaras	This institution is an		
CAD or Vendthes		No boxed cards.	1 3 11	unidades.	equal opportunity		
ROCK SAND		Thank you for your	Rent based on 30% of	Vivienda para	provider and employer.		
BARN	Arado	support. Stop in The Leavenworth	adjusted income.	trabajadores de agricola			
	C. abe	Echo office 215-14th St.	Must be income eligible.	(Todo el año, retirado o	Equal Housing OPPORTUNITY		
We now offer		Open 10-5 weekdays.	For more information call	disabilitado por la			
Lawn Mowing and General Yard		509-548-5286.	509-686-4731	agricultura).			
Maintenance in the			TTY#1-425-562-4002	Para mas información, por	Gibson Gardens		
Lake Chelan Valley, and		GENERAC		favor llame:	309 E Gibson Street		
Greater Wenatchee	CLEAR SOME SPACE WITH A	Standby Generators	Located at		Chelan, WA		
area.	Fill your pockets with	provide backup power	700 Fairview Ave. Bridgeport, WA.	Housing Authority of			
Need landscaping	CASH \$\$ AD	during utility power		Chelan County &	NOW ACCEPTING		
material?	Let others know what	outages, so your home and family stay safe and		the City of Wenatchee	APPLICATONS FOR THE WAITING		
Choose from10 in house	items you are selling!	comfortable. Prepare now.		(509) 663-7421 (TDD	LIST		
landscaping materials.		Free 7-year extended		Equipado)			
Pickup or we deliver	Go online now to Place your ad 24/7 at	warranty (\$695 value!).	MORNING SUN PARK	Ė.	We offer:		
visit: tcslingers.com	www.NCWMarket.com	Request a free quote	APARTMENTS	COPPORTUNITY			
or Call us today!		today! Call for additional terms and conditions.	345 Madeline Road,		Rent Based Upon		
509-393-1244	Print only?	1-877-330-1491	Manson	River Run Apartments	Income (if eligible)		
	Deadline Friday at Noon		1 bedroom apartment	115 E Pleasant Avenue Cashmere, WA	Quiet neighborhood		
For Sale	for all papers	Real Estate	\$478.00	Cashinere, WA	Calor Holghborhood		
	Lake Chelan Mirror		2 bedroom apartment	Now accepting	Onsite Laundry		
Antiques & Collectibles	Quad City Herald	Rentals	\$573.00	applications for the			
	Call 682-2213		3 bedroom apartment	waiting list.	A/C		
Get cold hard cash		GARTEN HAUS	\$660.00	1-2 bedroom apartments	Playground		
for your	Leavenworth	APARTMENTS	4 bedroom apartment \$736.00	Must income qualify	riaygrounu		
Antiques and Collectibles by placing	Cashmere	1300 Commercial Street,	5 bedroom apartment	Rental assistance may be	Close to stores & school		
them in our classifieds.	Call 548-5286	Leavenworth Senior housing (62+)	\$812.00	available if you qualify.			
Place your ad with	Your ad will appear			· , · · · ····	NO APPLICATION FEE!		
pictures online	online and in the	1 bedroom apartments	Must have earned a				
24/7 at	newspapers for	-	minimum of \$3,000.00	Quiet neighborhood	Call: Chelan County/		
NCWMarket.com	one low price.	Rent based on income	in the last 12 months in agricultural income	Onsite Laundry A/C	Wenatchee		
Just register and pay online and you are done.	Gonoral Marahandiaa	(if eligible)	to qualify	A/C Close to bus line, stores	Housing Authority		
Your ad will appear	General Merchandise	 Quiet, wooded setting on the river 	Ex: Packing shed,	and park.	1555 S Methow St		
online and in the	Mexico Oct	 Close to shopping & 	orchard, vineyard,		Wenatchee		
newspaper	Moving Sale	medical facilities	some truck driver	NO APPLICATION FEE!	(509) 663-7421		

Deadline: Friday by Noon for all papers. Lake Chelan Mirror **Quad City Herald** 509-682-2213 or email mirrorads@lakechelan mirror.com or call The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworth echo.com

for one low price.

2 Push lawn mowers.

Everything must go !!

150 - 33 1/3 Vinyl records, singles and albums.

Glass patio table, Oster bread maker, vacuum cleaner, set of fireplace tools, one 26 inch Sears 10 speed and two 20 inch folding bicycles. Call 509-679-9318.

Waiting list in place For an application or for a tour of the site call Linda at (509) 548-7913 or Housing Authority of Chelan County & the City of Wenatchee

1555 S Methow Street Wenatchee, WA 98801 (509) 663-7421 (TDD Equipped)



THEME: BASEBALL

ACROSS

crew. Milwaukee Brewers fan

1. Turkey trot, e.g.

9.*

base

6. Dadaist Jean

call to inquire.

positions or forklift -

Must qualify by income. Rent amount is based on income level Waiting list applies.

Apply today at: Housing Authority of Chelan County 1555 S Methow Street, Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity provider and



73. Cut grass 74. Intoxicating DOWN 1. *Eat a hot one at the game

2. Copycat 3. *Number of standard baseball positions 4. Miss Muffet's meal 5. Vomiting 6. Highest point 7. *Scoring unit 8. Annapolis frosh 9. Tulip's early stage10. Capital of Latvia 11. Et alibi (2 words) 12. Water source 15. Bacchus' attendants 20. Weasel's aquatic cousin 22. *Baseball trajectory 24. Diver's edible reward 25. Muslim woman's headscarf 26. Caribbean island destination 27. Gained access to (2 words) 29. Hoppy beers 31. Individual unit 32. Bottom line Idealized image 34. *Katie at the Bat' or 36. Empty when kids leave 38. World's longest river 42. Cut it out 45. Moved a flock of sheep 49. Certain John's or Jane's last name 51. Re-use old ideas 54. Car sound, to a toddler 56. Trinity 57. Small door-opening devices 58. One of the hipbones, pl. 59. Whirlpool

- 60. "Big Little ____" 61. What Jack's beanstalk did
- 62. It comes to mind
- - 63. Turned to the right, like a horse 66. Commotion or fuss
 - 68. Wine quality

Call or stop by: Chelan County/ Wenatchee Housing Authority 1555 S Methow St Wenatchee (509) 663-7421



1 bedroom senior apartment

Lake Chelan Community Apartments 509 E Gibson Ave, Chelan Senior Housing (62 and older)

- Rent based on income (if eligible)
- Newly remodeled
- Close to medical facilities & stores
- On site new laundry facility
- No application fee

Housing Authority of Chelan County 1555 S Methow Street, Wenatchee (509) 663-7421 (TDD equipped)

This institution is an equal opportunity provider and employer.







qcherald.com Call 689-2507

StatePoint Media

Harris Inno

🖳 🗍 💿 dish

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1-888-416-7103 Offer erds 7/1422

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18 Blazing Fast Internet! **BRING EVERYTHING**

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\$64

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69.

71. Express contempt

72. What Simon does

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CROSSWORD PUZZLE

CROSSWORD

13. Poppy seed derivative 14. Afghan monetary unit 15. Hotel room option 16. Category of artistic composition 17. Between northeast and east 18. Relating to pond scum 19. *Babe Ruth's first major league team 21.* ___-and-____sport 23. Dog command 24. Bald eagle's home 25. Witchy woman 28. Back wound? 30. Siskel or Ebert 35. Smoothing appliance 37. Distinctive flair 39. Stomata, sing. 40. Burlap fiber 41. Archeologist's find 43. Estimated arrivals 44. Discompose 46. Cobbler's concern 47. Merlin or Gandalf 48. *B in RBI 50. Close by 52. Spade for stony ground 53. Karl of politics 55. Between ready and go 57. *Left, center or right one 61. *Yankees' only #4 64. Blast from the past 65. Crew tool 67. Helped one's time, past tense 70. Schiller's poem