

Bulldog spring athletes honored at award ceremony



PHOTO BY AL STOVER/CVR.

Senior Sam Dotson (right) received the Weller Hawker Award.



PHOTO BY AL STOVER/CVR.

Senior Aleah Kert (right) received the Sue Gasbar-McManus Award during the spring sports awards celebration.

By AL STOVER

Cashmere High School athletes, coaches, family and fans filled the CMS Middle School auditorium on May 29 for the Spring Sports awards. The event recognized the hard work and success of the Bulldogs spring sports programs. During the event, each coach recognized

all-league athletes and winners of their team's Captain and Most Inspirational awards. They also issued their letters and team awards. Senior athlete Sam Dotson received the Weller Hawker Award. Aleah Kert earned the Sue Gasbar-McManus Award. The Weller-Hawker and Sue Gasbar-McManus awards are given the most

outstanding male senior athlete, and female senior athlete, respectively. Dotson and Kert will have their names engraved on their respective awards, and receive both a plaque and a \$1,500 scholarship from the Cashmere Booster Club through the Cashmere Cares Foundation.

Boys Track and Field

Captain - Sam Dotson
 Most Inspirational - Aster Dotson

Girls Track and Field

Captain - Ellie Alberts
 Most Inspirational - Brittany Dowell

Boys Tennis

Captain - Ryan Cooper
 Most Inspirational - Huber Farias

Girls Tennis

Captain - Aleah Kert
 Most Inspirational - Kate Cooper

Boys Soccer

Captain - Jose Lazuna
 Most Inspirational - Oscar Orozco

Baseball

Captain - Kyler Keogh
 Most Inspirational - Bryce Neu

Softball

Captain - Peyton Brown
 Most Inspirational - Bianca Sevrin
 The following three sport athletes were recognized during the event: Ali Ball, Aster Dotson, Sam Dotson, Brooks Elliot, Ella Burts, Grace Erdmann, Sam Graves, Jonah Groce, Aaron Guerrero, Miguel Sanchez, Hannah Tyler, Hector Hernandez, Kaden Keogh, Genn Ledesma, Olivia Martinez, Duke Odenrider, Stormi O'Keefe, Oscar Oropeza, Erick Rodriguez, Gabi Terrell-Lewis and James Terrell-Lewis.

Possible merge with Chelan and Douglas County ports



FILE PHOTO.

An aerial shot of the Pangburn Memorial Airport, the kickstart to the discussion of functional consolidation for Chelan and Douglas County Ports

By KALIE DRAGO

Record Reporter

With the Columbia River being the primary divide between Chelan and Douglas County, it's a quick drive over the bridge into East Wenatchee and Douglas County limits. In such close proximity, the neighboring port districts share responsibility of the closest airport for Chelan County residents, Pangborn Memorial Airport. The two port districts are toying the idea of formulating an interlocal agreement, both at the airport and also generally, for economic purposes.

"Basically our conversations are about functionally consolidating the port districts into one regional port authority to cover two counties," said Jim Kuntz, Port of Chelan County Executive Director. "The way it would work is to call it 'functional consolidation', so this is not voter approved, it's basically approved by the two port commissions."

Representatives from both Chelan County and Douglas County - JC Baldwin, Port of Chelan County Commissioner and Mark Spurgeon, Port of Douglas County Commissioner, came along with Kuntz - have been presenting the proposal at city council meetings. The presenters come bearing informative notes on what, when, where and why this agreement is in the better interest of those in both counties.

"This spring, a community task force was formed to look at the long term funding implications for paying for Pangburn Memorial Airport. The airport operates on a needed subsidy every year of about \$500,000 just to pay for keeping the airport up and operating and whatever additional capital needs are have to come out of the operating budgets as well," said Kuntz.

The task force comprised of a handful of community members that serve varying roles, but all share some foundation of expertise on the topics - Wenatchee mayor, East Wenatchee mayor, county commissioners for both Chelan and Douglas, business men and women all offered perspective.

"As part of the recommendations,

the task force came back and said you might want to look at some sort of consolidation to save money and save resources, because we see long term, there might be some additional taxes or a levy to support the airport," said Kuntz.

Despite many people flocking to Pangborn Memorial Airport for a less cramped airport experience or a way to avoid that three hour drive to SeaTac - the nearby airport has suffered from financial strain. The merging of the two ports would be a functional option to preserve money and resources.

"We went through and did an initial consolidation. We believe there's a half million dollars of savings of consolidating the two ports. Which goes right to the bottom line of helping Pangburn Airport and as well as doing economic development in the region," said Kuntz.

Condensing the ports into 'functional consolidation' won't cause an imbalance in decision making or possible favoring of either county - Kuntz laid out how the regional port authority would operate to keep things equitable on both sides.

"The way it would work is this, the three port commissioners from each of the counties basically serve as the elected body for the regional port authority," said Kuntz. "The governance is that when things come before the regional port authority, it takes four votes because you have six commissioners. But to preserve equal rights and even minority votes, it takes two votes from Port of Douglas commissioners and two votes from the Port of Chelan commissioners in order for the budget to be approved and projects to be approved."

In mid-June there will be a vote by both ports and if that is approved, it will take effect in January 2020. Congregating the ports seemed well receptive by both commissioners, Baldwin and Spurgeon.

"I'm really looking forward to this not only because of the Pangburn situation, but also because of the opportunity for economic development. It's very important that our ability to create an economic development is enhanced by this consolidation," said Spurgeon.

Library patrons receive fire safety, stewardship lessons

By AL STOVER

What can cause a fire to start? What is the difference between a good fire and a bad one?

Several local children learned the answers to these questions and more during an Art at the Library After School (ATLAS) STEM Forest Stewardship Presentation on May 30 at the Cashmere Public Library.

The presentation, which capped the library's Fire Prevention Week, featured representatives from the U.S. Forest Service.

One of the first lessons patrons learned is what to do when they see a fire or smoke in the trees. While students were correct when they answered with police officers and the fire department, U.S. Forest Service representative Jennie "J" Ferguson said they should also contact forest rangers in case they see fire.

Patrons also learned the parts of the "Fire Triangle," a model used to describe the three ingredients a fire needs to spark - fuel, heat and oxygen. They also were informed of different kinds of fuel that causes fire to burn, such as pine needles, pinecones and wood. Patrons also learned that fire will not burn, but rather melt materials like glass and stone.

While fire is dangerous, Ferguson said it has good uses like cooking and heating. She also emphasized the differences between good and bad fires.

Ferguson explained that bad fires are blazes that are out of control and cause a lot of damage while good fires are contained to a small area.

During an activity, Ferguson had volunteers act as trees in a forest. Through the activity, she explained



PHOTO BY AL STOVER/CVR.

U.S. Forest Service representative Jennie Ferguson explains the difference between good fires and bad fires.

that a forest crowded with trees can result in plant life not receiving enough nutrients. Overcrowded forests can also lead to an infestation of bugs that consume the healthier trees.

Ferguson said firefighters will perform a controlled, or prescribed burn will to destroy bug-infested, dead and older trees to provide space for healthy trees.

"It's like when a doctor fills out a prescription to make you better," Ferguson said. "This is what firefighters do to make the land

better."

Ferguson noted that firefighters have conditions that must be met before they perform a controlled burn. She added that firefighters will not burn in windy, hot or dry conditions.

At the end of the presentation, students received a visit from Smokey Bear. The U.S. Forest Service icon made appearances during the library's story time earlier in the week.

For more information on Cashmere Public Library programs call (509) 782-3314 or cashmere@ncrl.org.

Vale Elementary recognized for academic growth

By KALIE DRAGO

Record Reporter

Vale Elementary is where the youngest members of the Cashmere School District are introduced to academics. Monitoring and improving how the Vale Elementary students are growing academically is crucial to academic success short term and

long term in their time as students. Despite being some of the smallest students in Cashmere School District, Vale Elementary students are making big strides. Washington State Board of Education has recognized Vale Elementary for significant annual gains on the Washington School

CONTINUED TO PAGE A3

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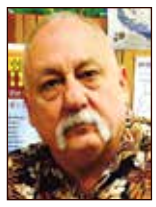
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Great books of American literature

Some people actually still read books, so I have compiled a list of "Great Books of American Literature" you can read this summer:



APPLES TO APPLES
GARY BÉGIN
NCW MEDIA
MANAGING
EDITOR

Let's start with:
• A Farewell to Legs by Poppa Heminghoids. A chilling account of what happens when a millennial goes to war for a left-wing cause in a strange place -- Seattle. The cause - free Starbucks for life.

• Another blockbuster classic, 50 Shades of Trash, the trials and tribulations of a recycling executive who decides to go rogue and sleep with the head of the milk jugs department. Things get nasty when the aluminum can repurpose manager wants a "go-to-meeting" at the landfill.
• To Mock a Killingbird: the greatest story ever told about what happens when the object of scorn decides to scratch your eyes out after going on a steroidal-infused worm and ladybug all-weekend binge.
• One Flew Under the Cookoo's Nest: It gets messy when the white stuff hits the fan. Depending on your point

of view, those with too much "fly under the nest time" get a free ride to the looney bin. Nurse Ratchett is actually a drug dealer who also gets a piece of the action for every pre-frontal lobotomy performed.

The huge Native American guy who acts mute through most of the book, now runs a casino somewhere on the Westside of the state.
• The Grapes of Math: Academics in a battle royale. Whose equation will win the day? Will migrating West help a theorem gain wings? Who really said 2+2=4 anyway? Stomp your feet in rhythm to this fast paced whiney epic. Dust Bowl be damned - cabernet sauvignon aho!

• Of Mice and Mien: Another Steinpeck adventure in math. The movie version has a full 15 minutes of the camera focused on Stephen Hawking, sitting quietly in his multi-function wheel chair, mulling over the great question of the day - paper or plastic? He finally snaps out of his reverie when the ghost of Carl Sagan taps him on the shoulder and whispers, Steve,

Steve - they don't offer paper anymore. That was 10 reveries ago.

• Another Heminghoids classic: For Whom the Taco Bell Tolls. Ask not for whom the Taco Bell tolls, they just need to know, for here or to go, señor?

• Yet another from the 'roid collection: The Senior Who Identifies as a Man and the Great Body of Water (The Old Man and the Sea). In this thriller, this guy, well kinda, goes out on his little boat and tackles a great beast on a huge body of water, some call - the ocean. When he comes home covered in squid bait, he lies down and dies. A truly perspiring adventure. Turns out it was just a dream. He just went shopping at the seafood counter and bought an octopus and some farm-raised talapia, but he did die on a wayward bone gone sideways down his trachea.

• Diminutive Self-Identifies as a Female (Little Women): Louisa Maynot Apricot. A book better read after high school and college and most of your life. Once you've figured out who you might be, have been or wannabe. Some will never read it, perhaps in protest, perhaps

as a slap in the face to those who put it on this list.

• The Call of the Mild: A Jack Glasgow classic set in Scotland. Wolves courtesy of the Audobon Society. 'Nuff said. Just howl with it baby.

• Celsius 451: Feel the burn and I don't mean Sanders. As Johnny & June would sing, this story is "hotter than a pepper sprout."

• Catch 2200: An updated version of Joe Hell's greatest work on the bureaucracy that binds us and ultimately destroys what little humanity we had to begin with.

There you have it. My favorite American Classics. Just don't go to the library asking around. You just might stumble onto the real thing. If you Google these titles - get ready for the robot to correct your every word. That's just Google being the spouse it thinks it is. Be prepared for: "Did you mean? Did you mean? Did you mean?" ad nauseam.

Managing Editor Gary Bégin can be reached at gary@ncwmedia.net. His opinions are not necessarily those of NCW Media.

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Cashmere seniors sign NLI for colleges



PHOTO BY AL STOVER/CVR.
Austin Dueman signs his letter of intent to play football for Dakota Wesleyan University.



PHOTO BY AL STOVER/CVR.
Ellie Alberts (left) signed her national letter of intent to compete in track at Northwest Nazarene University while Aleah Kert will play tennis at Whitworth University

By AL STOVER

Three Cashmere High seniors will progress to the next stage of their athletic careers at the college level.

During a May 29 ceremony, Austin Dueman, Ellie Alberts and Aleah Kert all signed

their national letters of intent.

Dueman will play football at the Dakota Wesleyan University in Mitchell, South Dakota.

Back in February, the Dakota Wesleyan University (DWU) athletics department

announced Dueman one of the 2019 recruiting class for the DWU Tigers football team as an offensive lineman.

Dueman was a two-year starter for the Bulldogs and was a Caribou Trail League All-League second team selection.

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CASHMERE VALLEY RECORD

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COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.
Cashmere Food Bank, 2:30 p.m. - 4 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed. & Saturdays.)
Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.
Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)
The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)
Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.
 For more information, please call 782-3811.
Cashmere Sportsmen's Gun Club, 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
Cashmere American Legion Post 64. 7:00 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, Aug-June).
Cashmere American Legion Auxiliary #64, 7:00 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, Aug. - June).

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.
Monitor Homemaker Club meets at Noon, location varies. Call Florence, 509-670-2414. (3rd Fri.).

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)
Cashmere Food Bank, 2:30-4 p.m., Cashmere food distribution Center, 109 "C" Railroad Avenue, for more information, call Jim, 741-7551. (2nd and 4th Sat. following Wed. of the same week, subject to change)

Sunday

CHURCH: See the church page for local service times and events.
The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)
Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.
Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).
Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).
Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)
Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)
Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314
 Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.
 Thursday: 11:00 a.m.- 8:00 p.m.
 Saturday, 9:00 a.m.- 1:00 p.m.
 Sunday: Closed.
Events:
 Tuesday & Wednesday, **Story time Pre-K & up** 10:00-10:30 a.m.
 Wednesday: **Preschool Story time,** 10:00-10:30 a.m.
 Wednesday: **Bilingual Story time,** 4:30-5:00 p.m. (last Wed. of every month).
 Thursday: **ATLAS events,** 3:30- 5:00 p.m. (during school year)
 Friday: **Baby/Toddler Story time,** 10:30-11:00 a.m.
Cashmere Museum and Pioneer Village
 Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cottlets Way. Call 782-3230. (3rd Thurs.)

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.
SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)
Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

American Red Cross Blood Drive

On June 5 at Cashmere United Methodist Church from 12:30-6:30 p.m.. Appointments are encouraged. Call 1-800-733-2767 for an appointment. Walk-ins welcome. Homemade treats and famous ham spread sandwiches. Sponsored by Wacoka Kiwanis Club of Cashmere. (r 23)

Makerspace: Duct Tape Wallets

On June 15 at 11 a.m., teens and adults are invited to Cashmere Public Library to craft a wallet using only duct tape. For more info, 782-3314 (r 23,24)

One Community, One Book

Dan Gemeinhart, author of The Remarkable Journey of Coyote Sunrise, will be at the Cashmere Public Library June

17 from 6-7:30 p.m. (r 23,24)

Senior Farmer's Market Nutrition Program

2019 Senior Farmer's Market Nutrition Program will be at the Epledalen Assisted Living on June 17 from 10-11 a.m. Participants must attest they are 60 year olds or older with an income at or below 185% of the Federal Poverty Level and current residents of Washington state. Bring your Washington State Photo ID. For more info, 886-0700 (r 22,23).

Regional

Cascade Medical Foundation Golf Classic

The 17th Annual Golf tournament will be on June 17. For more information and to register go to www.cascademedicalfoundation.org (er 22,23).

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SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
 Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting
 Tuesday, 1:00-3:00 p.m., Crafts
 Thursday, 1:00-3:00 p.m., Square Dancing
 Thursday, 6:30-7:30 p.m., Bavarian Dancing
 Friday, 6:00 p.m., Bingo
 Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

AA MEETING SCHEDULE

Information numbers for AA:
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule
Monday, 7 p.m., United Methodist Church, 418 Evans St.

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

June 6, Thursday: Chef salad, corn chowder, spiced apples, whole wheat roll, dessert.
June 7, Friday: French dip sandwich, vegetable tray, garden salad, pears, dessert.
June 8, Saturday and June 9, Sunday: No lunch.
June 10, Monday: Clam chowder, cottage cheese, garden salad, veggie tray, pineapple, rice crispy bar.
June 11, Tuesday: Roast beef, potatoes and gravy, mixed vegetables, tossed veggie salad, whole wheat bread or roll, fruited Jell-o.
June 12, Wednesday: Chicken strips, Jo Jo potatoes, pea salad, broccoli salad, berry shortcake.



CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

May 24	13:04 Parking/abandon, 113 Cottage Ave.
09:52 Welfare check, 102 River St.	13:32 Graffiti, Eels Rd. & US Hwy. 2.
11:54 Trespass, 130 Titchenal Way.	15:43 Fraud/forgery, 7900 Stine Hill Rd. #5.
13:02 Scam, 315 Fisher St.	16:58 Property, 132 Titchenal Way.
15:47 Civil, 4904 Yaksum Canyon Rd.	19:33 Juvenile problem, 4942 Harden Rd.
May 25	20:34 Domestic disturbance, 4520 Eels Rd.
00:12 Assist agency, US Hwy. 2. MP 108, Dryden.	May 29
14:35 Graffiti, 401 Elberta Ave.	00:10 DUI, 6251 Kimber Rd.
May 26	02:57 Domestic disturbance, 6630 Main St., Dryden.
12:56 Domestic disturbance, 5268 Airport Rd.	06:49 Assist agency, 2657 Mission Creek Rd.
May 27	10:31 Accident, injury, Creekside Pl. & Mission Creek Rd.
07:42 Property, 201 Cottage Ave.	15:35 911, 206 River St.
11:45 Suspicious, 4810 Old Monitor Rd.	17:17 Civil, 318 Peshastin S t.
May 28	23:13 Noise, 6087 Pioneer Dr.
07:57 Traffic offense, 329 Tigner Rd., Cashmere High School.	23:40 Assist agency, 102 Fasken Dr.
	May 30
	13:54 Suspicious, 116 Mission Creek Rd.
	20:04 Traffic offense, 108 1/2 Cottage Ave., Club Crow.

Vale Elementary

CONTINUED FROM PAGE A1

Improvement Framework.
 "We are very excited to be recognized by the state with such an honor," said Sean McKenna, Vale Elementary principal.
 Vale was selected after successfully closing opportunity gaps and pushing their students toward higher progress than expected. With 2,370 schools in the state of Washington, only 216 schools received this award, according to Linda McKay, Assistant Superintendent at North Central Educational Services.
 "What it means to Vale students, is that not only are their students progressing at expected growth rates (for example, a student will grow a year academically from 1st grade to 2nd grade), they

are surpassing that expected growth," said McKay. "Students are making great gains in their learning and surpassing that expected rate."
 Being one out only 216 schools makes the recognition illuminate the degree that Vale Elementary stands out in helping students improve.
 Elementary school universally is students initial leap into their learning experience, making that first step in public education, arguably one of the most important steps. Vale Elementary exemplifies the need to pay attention and propel students to reach that next level in order to foster a positive learning experience.
 McKenna will be heading to Spokane to represent Vale Elementary and on June 6 for the award ceremony.

TERI MILLER RECIPE

Congratulations to all the graduating Cascade Kodiaks and their families. The is a most special time for these young people as they prepare for college, vocational school or the military. It's also time for family celebrations to honor the graduate. Barbeques are a very common way to celebrate and my recipe this week is great to serve and easy to make. This pineapple salsa is sweet and spicy and your guest will love it.
 I would like to congratulate Dorothy Espinosa graduating from Cascade and for being accepted a Gonzaga and to Cameron Grosse for receiving his Commission from the U.S. Naval Academy at Annapolis. These are two wonderful young people with a great future and I am very proud to be part of their lives. Our kids are our future and we should support them anyway we can.

PINEAPPLE SALSA

- 1 whole pineapple (to use as a bowl) 1 cup diced pineapple 1 cup bell pepper any color combination • 1 cup diced Roma tomatoes • 1/3 cup chopped cilantro • 1/4 cup minced red onion • 4 tablespoons lime juice • 1/4 teaspoon black pepper • 1/8 teaspoon salt

Optional: 1 tablespoon diced jalapenos 1. To make the pineapple bowl, cut about 1/3 of the pineapple off, leaving the stem attached to the larger piece of the pineapple. Make a cut around the outer edge of the pineapple fruit and make cuts across the middle too. Use a spoon to loosen and scoop out the pineapple chunks. Pour out the extra juice out of the pineapple bowl so that it is empty. 2. Dice enough of the pineapple chunks to make one cup of diced pineapple to be used for the salsa and save the rest for another use.
 3. In a small bowl, mix together diced pineapple, diced tomatoes, diced peppers, minced onions, chopped cilantro, lime juice, salt and pepper.
 4. Transfer the salsa to the pineapple bowl for serving. Store in refrigerator.
 Can be made ahead and refrigerated overnight.

QUOTE: " You will miss the best if you keep your eyes closed." - Dr. Seuss

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Treating a Rash

Years ago, the day before Thanksgiving, my two-year-old daughter Maureen became fussy, developed a fever and kept tugging at her ear. Her pediatrician diagnosed an ear infection and prescribed 10 days of an antibiotic.

On the second day of the antibiotic, she developed a rash like someone took a red fine point marker and drew dots all over her back and stomach. I called the doctor, who prescribed a different antibiotic, to be given 12 hours apart.

When it came time for Maureen's second dose of new antibiotic, I noticed her rash had changed. Instead of little red dots, the rash was blotchy. I don't want to bother the doctor on Thanksgiving Day at 9 o'clock at night, so I gave her the second dose. A couple of hours later her rash changed again, into bright red raised patches that now had spread over her entire body. Not only that, her temperature jumped up to 104 degrees and her wrists and ankles started to swell.

Bundling Maureen into

my car for the 15-minute trip to the nearest emergency room, I chewed myself out for giving her a second dose of that antibiotic. She ended up on a third antibiotic and round-the-clock doses of both Tylenol® (acetaminophen) and Benadryl® (diphenhydramine) to treat her fever and swelling. It took longer for my daughter to recover from her allergic reaction to the antibiotics given to her than from her ear infection.

A rash can be triggered by a reaction to something inside or outside of your body. My daughter's rash was from her antibiotic, the medicine most likely to trigger a rash. Rashes can be a side effect or an allergic reaction to a medicine, or triggered by insect bites or certain types of infections. Medicines can also cause your skin to become sensitive to sunlight, causing rash or even sunburn if exposed to sunlight or a tanning booth.

You can develop a rash from by touching certain plants or chemicals that can irritate your skin, called a contact allergy. Poison ivy, poison oak and nettles cause rash, blisters and

intense itching in most people, while detergents, perfumes, and antibacterial compounds added to soaps can also create itching, burning, and rash.

Diaper rash is another example of contact allergy. Babies have sensitive skin that easily reacts to perfumes and detergents as well as irritants like urine or feces. Using scented baby wipes or leaving a diaper on too long can trigger diaper rash.

Rashes can range from small red dots to big and blotchy patches, from being flat against your skin to raised welts, but the single biggest predictor of misery is how much they itch. While some rashes don't itch at all, severe itching is impossible to ignore and the act of scratching not only can make the rash and itching worse, if you scratch through the skin it can become infected. I have a shiny scar in the middle of my right kneecap from a mosquito bite that became infected when I was 12 years old because I couldn't keep from scratching it.

Here are 5 Tips to Dealing with a Rash:
1. Report the rash.

Some very serious allergic reactions start out with just a rash, so be sure to tell your doctor right away if you develop a rash within days of starting a new medicine, particularly if it is an antibiotic.

2. Tame the itching.
 Scratching can cause breaks in the skin and create infection. For mild itching, I recommend non-prescription hydrocortisone cream 1% cream or ointment. If the skin isn't broken, I prefer a sunburn remedy called Aloe Vera gel with benzocaine. Benadryl® (diphenhydramine) tablets or capsules are also helpful in relieving itching. If these options don't help, contact your doctor.

3. Keep it cool.
 The cooling effect of a cold compress or cool gel or cream reduces inflammation and itching. I store my Aloe Vera gel in the refrigerator between uses to increase its soothing effect.

4. Protect your skin at night.
 The urge to scratch an itch is something your body cannot override easily, especially after falling asleep at night. Keeping your fingernails trimmed short

or covering them by wearing cotton socks or gloves to bed keeps the skin intact, preventing infection.

5. Avoid using Benadryl® (diphenhydramine) on your skin.

Using Benadryl® directly on a rash is not nearly as effective as taking it as a liquid, tablet or capsule, and can actually TRIGGER an allergic reaction. Avoid taking both Benadryl® cream and pills together, which can cause dizziness, confusion or dry mouth.



Dr. Louise Achey, Doctor of Pharmacy is a 38-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com

See His Hands

As we get older our memory isn't as good as it used to be. There are times where we enter into a room and forget why we went in there. We placard our refrigerator with sticky notes to help us remember important dates and tasks.

But age isn't the only reason why we have a hard time with our memory. Difficult circumstances can plunge us into a level of forgetfulness.

In affliction and hardship, it is easy to forget about the truth we believe, those who are around us and even about God, Himself.

When times of trouble come upon us, we are so ready to forget about the presence of God and say, "The LORD has forsaken me; my LORD has forgotten me" (Isa. 49:14).

But the truth is: God never forgets those who are His.

In a stunning illustration, God makes this statement in Isaiah 49:15 "Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, yet I will not forget you."

As wonderful as the sentiment "there is no love like a mother's love" is, God's love is infinitely greater. God's care and compassion for His people are keener than a mother for her children.

The reason why God will never forsake his people is found in the next verse, "Behold, I have engraved you on the palms of my hands" (Isa. 49:16). In essence, God is saying, "Look and see the marks on my hands."

It is not hard to make the connection between Isaiah

49:16 to what was done on Calvary. Jesus, God the Son, stepped down in the flesh and bore on his body and was pierced in his hands, to assure you that God will never forget you.

In fact, Jesus still bears the nail prints in his hands and he will for all eternity. Even after raising from the dead and in a glorified body, Jesus still possessed the wounds of the crucifixion (John 20:24-29). Approximately 30 years after the events of the resurrection, when John sees Christ on the throne, personified as the Lamb, it looked as if it had been slain (Rev. 5:6). This shows us

that what it cost Jesus to have you as his own will always be remembered. You could almost say, that every time Jesus looks at his hands, he is reminded of his love for you.

It is easy to question or forget about the love of God in times of distress. When things seem to be spiraling out of control and life seems to slip through your hands, our natural tendency is to say "my LORD has forgotten me!"

But he hasn't nor will he ever.

If you are feeling forgotten or that the Lord has abandoned you, God is urging you to look at his hands. See the marks of sacrifice, the deep engraving on his palms and the cost to bring you into a loving relationship with him.

God will never forget you no matter how dark the situation is. The love of Christ is eternal as are the nail prints in his hands.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmith@bc@gmail.com.



A WALK WITH PASTOR JOHN SMITH

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 103 Aplets Way • 782-2869
 Sunday School 10:00 a.m. - Worship 11 a.m.
 Bible Study, Wed., 7 p.m.
 Pastor Bob Bauer
 Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
 303 Maple Street • 782-2431
 Sunday Morning Worship 10:30 a.m.
 Call for activities: Pastor Charles Clarke
 www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
 213 S. Division • 782-3811
 Worship & Sunday School at 11:00 a.m.
 Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.
 Pastor Lilia Felicitas - Malana

CHRIST CENTER
 Cashmere Assembly of God • 509-782-2825
 Worship Celebration & Sunday School 10 a.m.
 Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m.
 Junior High, Wednesdays, 6:30 p.m.
 Meet at - 206 Vine Street
 Lead Pastor, Steve Haney
 Children's Pastor, Andy Robinson
 Congregation Care Pastor, Joyce Williams
 Pastor Ian Ross, Director of Operations
 Steffanie Haney, High School Director
 christcentercashmere.com



GRACE LUTHERAN CHURCH
 Vine & Elberta Streets • 860-0736
 Worship 10:30 a.m.
 Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
 222 Cottage Ave. • 782-1590
 Holy Eucharist 9 a.m.
 5th Sunday Morning Prayer 9 a.m.
 Deacon Carol Forhan - 670-1723
 Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH
 5837 Evergreen Drive • 782-1662
 Sunday School - 9:45 a.m.
 Morning Worship - 11 a.m.
 Evening Service - 6:00 p.m.
 Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
 Hwy 2 at Dryden Ave. • 782-2935
 Sunday School 9:30 a.m. • Worship 10:45 a.m.
 Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
 8345 Stine Hill Rd. • 782-2616
 Worship Service, 10 a.m., Sunday School, 9 a.m.
 Pastor Mike Moore
 www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
 "Where God's Word Remains The Pillar Of Truth"
 11025 Chumstick Hwy. • 548-4331
 Sunday School 9 a.m.
 Sunday Worship 10:30 a.m.
 AWANA (Youth Program) Weekly Bible Studies
 Wednesday 6:30 p.m. (school year)
 Pastor Todd James
 www.cmbiblechurch.org

COMMUNITY UNITED METHODIST
 418 Evans Street • Leavenworth
 509-548-5619 • Rev. Matt Gorman
 Sunday service 10 a.m.
 www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH
 Leavenworth Grange Hall
 621 Front St. • 548-0748
 Sunday Worship 10 a.m.

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 www.faithleavenworth.org

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 Sunday School, 9:45 a.m. • Worship, 11 a.m.
 Pastor Michael Brownell
 email: mkb3123@gmail.com

LEAVENWORTH CHURCH OF THE NAZARENE
 111 Ski Hill Drive • 548-5292
 Sunday Worship 9:00 a.m.
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 Youth Pastor, Kent Wright
 Pastor to Children & Families: Becky Goodman
 www.LCN.org



SEVENTH DAY ADVENTIST CHURCH
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 Fred Smith • 860-3997

SPIRIT LIFE CENTER
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 Sunday Worship 10 a.m.
 Prayer 6 p.m.
 Wednesday Bible Study 6:30 p.m.
 Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
 3799 Fairview Canyon • 782-2601
 Church Service & Sunday School 9:00 a.m.
 Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
 8455 Main Street • 548-7517
 Sunday Worship 10 a.m.
 Pastor John Romine
 www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD
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 Sunday Worship Service 10:30 a.m.
 Bible Adventures for kids at 10 a.m. sharp
 Pastor Jorge Torres

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 Sunday Worship, 10 a.m.
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Town of Winthrop Lodging Tax Advisory Committee is now accepting applications for a Winthrop Marketing Director to promote the Town of Winthrop. Applicants should have a bachelor's degree in marketing, or a related field, recent marketing experience, have excellent written and verbal communication skills, an entrepreneurial spirit, be self-starters, and have a strong knowledge of the Town of Winthrop and its activities, businesses, and people. Position is full time and salaried. Email resume to winthropmarketingdirector@gmail.com for additional details.

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THEME: FATHER'S DAY ACROSS

- Use elbow grease
- Goody bag stuff
- "e_ect," song
- Singer Lenya
- Band's work-related trip
- Capt.'s prediction
- Assumed name
- Debate side
- Schumer or McConnell, abbr.
- *Founding father with no biological children
- Runs, as on TV
- Last letter
- *Dad's mom
- Ready for confrontation
- *This before becoming father?
- Lakes in Scotland
- Opposite of post-
- Henry VI had 6
- Not in port
- Have a bug
- __ of faith
- *Archie Harrison Mountbatten-Windsor's dad
- Layer
- Ouzo flavor
- Like farm-to-table
- Made 50-50
- Phony
- *"Wheel of Fortune" vowel request
- Parts of play
- *Dad to Violet, Dash and Jack-Jack
- However, poetically
- Coconut fiber
- Dostoyevsky novel, with "The"
- Once around
- Japanese zither
- It can be firma or incognita
- Ill temper
66. Place at an angle
- Ten of these before a first down

DOWN

- BBQ side
- Fizzy drink
- *"The Dock of the Bay" singer
- Four Corners state
- Turns large into medium
- *"All the world's a ___"
- Refuses to
- Grand theft target
- Disparaging term for foreigners in Mexico
- Pine product
- Harsh
- Popular annual flower
- *Dad to Rod and Todd on "The Simpsons"
- *Christopher Robin's father
- Column's counterpart
- Boring
- Santa __, CA
- Tennis serving whiz
- *Prince William's dad
- *Dad's favorite cooking device?
- Bank on
- *The biggest bear
- Tube in a body
- Convenience
- Hightailed it
- __ Tube
- Eagerness
- Painful body spasms
- Between NE and E
- *"Dad to Rod and Todd on "The Simpsons"
- Autumn color
- Ben Franklin invention
- Found in a quiver
- Cozy corner
- Make a reference
- Over head light?
56. 100 cents in Ethiopia
57. Master of his castle
58. #15 Across, pl.

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SUDOKU PUZZLE

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There's no cost to you!
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5									
7	6		8	1					
9					5		2		
		9	6				5	7	8
2	7	3			1			9	
			4	3					9
					6	7		8	2
									7

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

SUDOKU PUZZLE

SUDOKU

The support you need to find quality **SENIOR LIVING SOLUTIONS**

A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.

There's no cost to you!
CALL (855) 439-6734
 *We're paid by our partner communities.

5									
7	6		8	1					
9					5		2		
		9	6				5	7	8
2	7	3			1			9	
			4	3					9
					6	7		8	2
									7

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Class of 2019 CONGRATULATIONS CLASS OF 2019!



**Graduation is on Friday,
June 7, 8 P.M.
at Cashmere High School
Football Field**



12 Year Seniors

Mason Andruss, AJ Ariliano, Amairany Arroyo Mejia, Aranza Arroyo Mejia, Lauren Asmussen, Tyler Baird, Willie Betancourt, Emma Brunner, Lizzy Carney, Jack Cawood, Ryan Cooper, Naomi Davis, Emily Dean, Sam Dotson, Austin Duman, Hope Erdman, Matthew Erickson, Camryn Evans, Corbin Evans, Huber Farias, Madison Gronlund, Dylan Gross, Christian Hernandez, Hailey Hoffer, Addison Hoffman, Austin Jolly, Tyler Keogh, Danali Landin-Cortes, Jose Lima-Herrera, Thadeus McRae, Kylie Michael, Jessica Olguin, Alejandro Oropeza Contreras, Corey Phillips, Yailin Pina-Villafuerte, Rosa Pinuelas, Jonathan Ramey, Alondra Ramirez, Camron Regan, Amelia Romero, Madison Schoening, Summer Schoening, Tyson Seidensticker, Dylan Thomason, Corina Tovar-Canales, Yamile Tovar, Armando Vazquez, Elizabeth Worley,

THANK YOU BUSINESS SPONSORS FOR YOUR DEDICATED SUPPORT TO OUR SCHOOLS AND STUDENTS

*Congratulations
Dora Kelzenberg*

We Love You!
Grandpa & Grandma Ryan

*Matthew Erickson
Congratulations on your
graduation my son!*

**You are really worthy of this, because you have dedicated a lot to achieve this milestone. Now it's time to turn your dreams into reality.
Good luck at Western!
Love, Mom and Dad**

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**Think Big.
Work Hard.
Be Nice.
Have Fun.
Give Thanks.**

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117 Mission Ave. • 782-4088



2019 Class of

GRADUATION CANDIDATES

Pa - Parents A - Activities M - Memorable Moment PI - Plans



Alberts Ellie Shaye

Pa: Aaron and Linda Alberts
A: Basketball, Track and Field, National Honor Society, Spanish Club
MM: State championship for Girls Basketball junior year
PI: Northwest Nazarene University, major in sociology, minor in education, Competing Track and Field



Andruss Mason Jay

Pa: Brad and Toni Andruss
A: Working on cars
MM: Graduating
PI: Spokane Falls Community College, automotive program



Arliano Alexander Jonah

Pa: Jose and Teresa Arroyo
A: Cross country
PI: Wenatchee Valley College, Dental Hygiene



Arroyo Mejia Amairany

Pa: Jose and Teresa Arroyo
A: Cross country
PI: Wenatchee Valley College, Dental Hygiene



Arroyo Mejia Aranza

Pa: Jose and Teresa Arroyo
A: FFA, Honor Society
MM: Senior Caravan
PI: WSU major in Fruit and Vegetable Management, minor in Horticulture



Asmussen Lauren Marie

Pa: Tonya and Bill Asmussen
A: DECA, FCCLA, Softball
PI: Whatcom Community College



Ayers Catie

Pa: Adam Ayers, Corey Schaller, Kristy Ayers
PI: Work and online college courses



Baird Tyler Michael Max

Pa: Alissa Coleman and Sam Baird
A: Football, Tennis
MM: Singing in the weight room at one of our football games
PI: Wenatchee Valley College



Bakken Caleb James

Pa: Steve and Janine Bakken
A: Soccer, FBLA, Honors Society
PI: WSU, pre-med neuroscience



Bendol Krishna Dianne Engli

Pa: George Bendol and Nav Stokes
A: National Honor Society, DECA
MM: Senior trip to Silverwood and Lake Coeur d'Alene
PI: Wenatchee Valley College, Dental Hygiene



Berglin Brenda Janelle



Betancourt William



Branham Sydney Rose

Pa: Melissa and Gary Branham-Larson
A: Band, DECA, FCCLA, FFA
MM: Trip to Silverwood and Lilac Parade in Spokane
Plans: Zara Hair Academy



Brown Blake Dean

Pa: Scott and Heidi Brown
A: Wrestling
MM: State wrestling
PI: United States Marine Corp.



Brunner Emma

Pa: Adam and Nicole Brunner
A: Soccer, 4H, FFA, Phi Theta Kappa Honor Society, working out
MM: Brought Syd Muzzy to Cashmere High to talk about distracted driving.
PI: Whitworth University, Physical Therapy and Health Science for Doctorate PT



Buenrostro Christian

Pa: Graciela Bravo and Cirilo Sanchez
A: Varsity Soccer, Honor Society
MM: Coaching youth soccer
PI: Associates in Business at WVC and CW, Bachelor's in Business Administration



Carney Elizabeth Audrey



Carnline Daniel John

Pa: Terry and Pam Carnline
A: Cross country, football, track and field
MM: Ride alongs for my senior project
PI: WVC



Cawood Jack Duncan

Pa: Kim and Jeff Cawood
A: Football, Tennis
MM: Winning the show
PI: WVC



Chamberlain Joshua Santino

Pa: John and Allison Chamberlain, Janya and Tom Barros
MM: Dressing up for Meme Day
Plans: WVC



Cooper Ryan

Pa: Matt and Jenny Copper
A: Football, Tennis, National Honors Society, FBLA, FFA, Senior Class Secretary
MM: Winning 2018 Pear Bowl football game
PI: Gonzaga University, Civil Engineering



Daniels Mackenzie Marie

Pa: Stacy Daniels
A: Musicals, plays, singing, writing
MM: Senior project, while writing a great book at the same time.
Plans: WVC, Excel in the nursing and become the best nurse possible.



Davis Naomi Michelle

Pa: Bob and Diane Davis
A: Cross country, soccer, FCCLA, Honor Society
MM: Coaching youth soccer
PI: Wenatchee Dental Assistant School and then WVC for associates degree



Dean Emily Danielle

Pa: Dan and Kelli Dean
A: FFA, Key Club, National Honors Society, Track, Horseback Riding, Kid Zone
MM: National Honors Society, trip to Seattle Mariners
PI: Associates degree at WVC, transferring to Central Washington, Masters in psychology



Dotson Aster Mcdaniel

Pa: Ben and Farrah Dotson
A: Football, swimming, track
MM: State Champion javelin
PI: Spokane Community College, earn AA/compete in track



Dotson Samuel Benjamin

Pa: Ben and Farrah Dotson
A: Football, Cross Country, Track, FFA, Honor Society, Skills USA
MM: FFA State
PI: Fire Resident program



Dowell Brittany

Guardian: Aunt Amiee Pesta
A: A.S.B. Vice President, FFA, Key Club Vice President, Leadership, Track, Cross country
MM: Homecoming Queen, State cross country
PI: WSU, major in Exercise Physiology



Draper Tate Riley



Duarte Alfredo



Dueman Austin Russell



Erdmann Hope Marie

A: Soccer, Drama, Honor Society, FFA
MM: Nominated for Outstanding Lead Performer 2019 Apple Awards
PI: CWU, Elementary Education



Erickson Matthew

Pa: Dave and Deanne Erickson
PI: Graduate with AA from WVC, Western Washington University



Espinosa Karina Alejandra



Evans Camryn Leah

Pa: Bob and Angela Evans
MM: When teachers kissed pigs
Plans: River City School of Dental Assisting



Evans Corbin Lee

Pa: Bob and Angela Evans
A: Soccer
MM: Class vs Teacher dodgeball
PI: Big Bend Community College



Farias Huber

Pa: Pedro and Cali Farias
A: Tennis, Basketball
MM: Winning district championship basketball
PI: Lineman school in Idaho

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 Email: info@webbaccountancy.com
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 1133 Hwy. 2 Suite C Leavenworth, WA 98826
 800 N. Eastmont, East Wenatchee, WA 98802

Congratulations!

Beth Nieman P.T.
 Steve Mongeon P.T., A.T.C.
 Kate Norland P.T.
 Margaret Fletcher P.T.
 Emily Brandeberry, P.T., D.P.T.

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Congratulations!

Class of 2019
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Congratulations Graduates on a job well done!

Here's to your exciting new future and all the happiness that comes with it.

Keep On Smiling!

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 Lee Hankins DDS PS
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2019 Class of

GRADUATION CANDIDATES

Pa - Parents A - Activities M - Memorable Moment PI - Plans



Fernandez Jordy

Pa: Elias Fernandez
A: Cross country, Track
MM: Hiking to the "C" on the mountain
PI: Work



Galvez Eduardo



Garcia Aguilar Alonso



Gear Elizabeth Ellie Kris



Gillikin Liam James

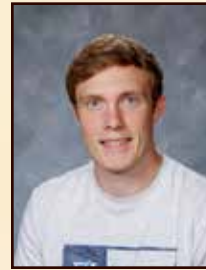


Givens Jeffery



Gronlund Madison

Pa: Adam and Wendie Gronlund
A: Yearbook editor
MM: Silverwood and Lilac Parade freshman year
Plans: WVC for AA, then CWU for Psychology



Gross Dylan Elijah

Pa: Mollie Gross and Ryan Winn
A: Football and Baseball
MM: Beating Chelan and Cascade in football
PI: Big Bend Community College



Guerrero Mario Ambrose

Pa: Mario P. Guerrero
A: Football
MM: Always fly
PI: Getting a job



Hall Isaiah Michael

Pa: Andrew and Niekol Hall
A: Varsity soccer, FFA
MM: Dodgeball vs Staff
Plans: CWU, study Aerospace Engineering



Harrington Kristlyn Delaine

P: Jennifer and Brian Harrington
PI: Spokane Community College



Hernandez Christian Joel



Hersel Radach Kobe Julius

Pa: Corey Hersel and Kim Radach
A: Varsity Tennis
MM: All the laughs at lunch with Jack Cauwood and Tyler Baird
PI: Community college, nutrition and fitness, and law enforcement



Himmelhaver Samantha Ann

Pa: Judy and Harry Himmelhaver
A: Band, Orchestra, FCCLA, Welding
MM: Glam for Sam Dance
Plans: WVC



Hoefner Luke Samuel



Hoffer Hailey June

Pa: Shantel and David Hoffer
A: Orchestra, Leadership
MM: Senior Caravan
PI: Work at Traci and Friends



Hoffman Addison

Pa: Bert and Sharon Hoffman
A: FFA, FBILA, National Honor Society, Skills USA, Tennis
PI: degree in Civil Engineering



Jolly Austin Charles

Pa: Charles Jolly
A: DECA, Skills USA
PI: Get a job, keep working on YouTube



Jones Rhawnwen Tiriondai

Pa: Grace and Ty Jones
A: Band, Drama, Volleyball, Track
MM: Competing in Lionel Hampton Jazzfest
PI: University of Idaho, double major, Music Education and Trumpet Performance



Kelly Lauren Kathryn

Pa: Aaron and Suzanne Kelly
A: Tennis, Music, Drama
MM: FFA State 2019
PI: Seattle Pacific University



Kelzenberg Dora Jane



Keogh Kyler Wayne



Kert Aleah Marie

Pa: Holly and Trevor Kert
A: Tennis, Volleyball, FBILA
MM: Winning tennis state in doubles with my sister Lauren
PI: Whitworth University, nursing and tennis



Kile Olivia

Pa: Teresa Escobedo and Ian Kile
A: work at Aplets and Cottlets retail store
MM: Senior Caravans
PI: Finish AA at WVC

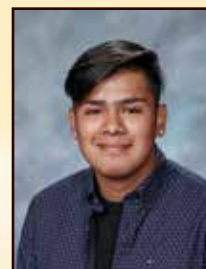


Koenig Ethen Edward Exavier



Landin Cortes Danali

P: Antonio and Danali Landin
A: Track
MM: Senior Caravan
PI: WVC and Zara Beauty Academy



Lima Herrera Jose

Pa: Evelia Herrera Sanchez and Jose Lima Carraco
A: Honor Society and Soccer
MM: Soccer district champs 2019, beat Cascade 2-0
PI: WVC, nursing program



Lindholm Madison Elise

Pa: Sheli Eagle and Aaron Lindholm
A: track, cross country, concert and marching band, jazz band, Honor Society
PI: 911 Dispatcher, police academy to become an officer



Lindsey Jared

Pa: Rachel Sloan-Rittenhouse and John Rittenhouse
A: Band and Jazz Band
MM: Orchestra for the Legally Blonde musical
PI: Western Governors University, computer science degree



Lopez Allie Anna

Pa: Javier Lopez and Inocencia Montes-Lopez
A: Drawing, hiking with my family
MM: Senior Caravan
PI: WVC, Law Enforcement



Lopez Andrea

Pa: Everado and Maria Lopez
A: Yearbook, Spanish Club, Work at Das Sweet Shoppe
MM: Senior homecoming and spirit week and the parades
PI: CW School of Dental Assisting



Low Amanda May

Pa: Amy and Erik Pheasant
A: Running Start, Honor Society, Underground
MM: Moving to Cashmere my sophomore year
PI: WVC, nursing program



Luke Matthew Inge



Maitland Carsen Ann Marie

Pa: Shelli and Rory Maitland
A: Band
MM: Senior Caravan
PI: WVC, for two years, then transferring



Maldonado Alejandro

Pa: Antonio Maldonado, Gracela Maldonado Avila
A: Soccer, Musician
MM: Working on cars for senior project
PI: College as an auto body repairer and work



Martin Aimie Marie

Pa: Angie and Michael Martin
A: Soccer, DECA, FFA, National Honor Society, FBILA
MM: Winning league and districts for soccer my senior year
PI: Brigham Young University, major in speech-language pathology

Congratulations Seniors!

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CONGRATULATIONS

Class of 2019

Good Luck in all your future ventures!

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Congratulations class of 2019

Congratulations 2019 Graduates!

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Class of 2019

GRADUATION CANDIDATES

Pa - Parents A - Activities M - Memorable Moment PI - Plans



Martin Katie Beth

Pa: Michael and Angie Martin
A: DECA, FFA, National Honor Society, Soccer, Track
MM: Placing first at DECA State and qualifying for nationals
PI: Brigham Young University, major in Business



Mccabe Gavin Wyatt

Pa: Patrick and Bethany McCabe
A: Honor Society, FFA, Tennis, the musical
MM: Qualifying for nationals in FFA
PI: Wenatchee Valley College



Mcrae Thadeus Bailey

Pa: Heather McRae and Bill Bailey
MM: Meme Day
PI: Become Electrician Apprentice



Mendoza Wendy

Pa: Jesus Mendoza and Marina del Carmen Camargo
A: Yearbook, Spanish Club, hobbies: reading, drawing and being with friends
MM: Field trip to Kennewick with my friends
PI: WVC then Central Washington University to become an art teacher



Michael Kylie Marie



Moon Terridon Terri

Pa: Tracy and Jeffery Moon
A: Playing bass, building, creating, working on car engines
MM: Spending time with my family
PI: Wenatchee Valley College



Moreno Daniel

Pa: Maria and Miguel Moreno
A: Chill with friends and enjoy life
MM: Homecoming week, Pep assembly downtown
PI: Wenatchee Valley College



Murphey Hadleigh



Nalley Sarah Josephine

Parents: Sarah Nalley and Sam Baird
Activities: Cheerleading, FFA
Memorable Moment: My last game I cheered
Plans: Spokane to pursue nursing



Neu Bryce Alexander



Olquin Jessica



Oropeza Contreras Alejandro S

Pa: Alex Oropeza and Rosario Contreras
MM: Completing my community service hours
PI: Work to save up money for college



Phillips Corey Michael

Pa: Mike and Kay Phillips
A: Baseball, FFA, Football
MM: Baseball final four
PI: Washington State University, agriculture program



Pina Villafuerte Yailin

Pa: Hugo and Yolanda Pina
A: Cross Country, Spanish Club, FFA, Track
MM: State cross country state
PI: Wenatchee Valley College and then transfer to CWU



Pinuelas Rosa Angelica

Pa: Uriel Pinuelas
MM: Senior Caravan
PI: Wenatchee Valley College



Jonathan Ramey

Pa: Rebecca Rice and Benjamin Ramey
A: Cross country, Basketball, Track and Field, Skills USA, Pep Band, Concert Band, Honor Society
MM: Building a shed with my Residential Framing class
PI: College for civil engineering degree

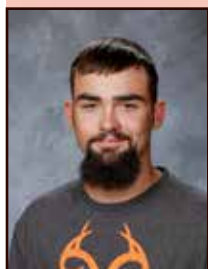


Ramirez Alondra

Pa: Norberto and Teresa Ramirez
A: Honor Society, Volleyball, Tennis, Track, Spanish Club, Key Club
MM: Receiving inspirational award for volleyball, senior prom and homecoming week
PI: EWU, degree in Dental Hygiene or Nursing



Ramirez Sheyla M



Regan Camron John S

Pa: John and Jancee Regan
A: Fishing
MM: Graduating
PI: Being an apprentice to a commercial electrician



Reyes Garcia Sasha



Richmond Jesse Allen Don

Pa: Marlene and Eric Bolyard
A: Leadership class
MM: Waking up and going to Leadership class
PI: working full time



Rojas Leonardo Yasser



Romero Amelia Lizbeth

Pa: Yolanda Sandoval
A: Yearbook, Key Club, Spanish Club, Track and Field
MM: Senior Caravan
PI: Work, WVC to become a dental hygienist



Romero Jannete

Pa: Martha Sanchez and Gerardo Romero
MM: Senior Caravan
Plans: Wenatchee Valley College



Sanchez Lizbeth

Pa: Alma and Gabino Sanchez
A: Spending time with friends, dancing, drawing and hiking
MM: Senior Caravan, concert with friends
PI: Marines and working



Schmitt Tyson J

Pa: Ray and Trish Schmitt
A: Track and working on my truck
MM: Skiing
PI: United States Marine Corps



Schoening Madison Louise

Pa: Barry and Teri Schoening
A: FFA, volleyball, track & field, cross country, karate, Honor Society, US Marine Corps Delayed Entry Program
MM: FFA Nationals in Food Science
PI: United States Marine Corps Officer



Schoening Summer

Pa: Teri and Barry Schoening
A: Track, volleyball, FFA, Honors Society
MM: FFA Nationals on the food science team
PI: WSU School of Food Science



Seidensticker Tyson James

Pa: Scott and Becky Seidensticker
A: Cross country, swim team, FFA, Key Club
MM: Building a flatbed for my truck
PI: WVC, for AA degree



Sherman Madison Lee

Pa: Heidi Dunn and David Sherman
A: ASB President, Key Club President, National Honor Society, Cashmere Royalty
MM: 2018-2019 Queen Cashmere
PI: Western Washington University, career in education



Stewart Alexander Reed

Pa: Jon and Teresa Stewart
A: FBIA, NFF, FFA
MM: Mother's Tea
PI: Work, school



Stoffel Mikayla Anne Marie

Pa: Brett and Shannon Stoffel
A: Football and Basketball Cheer, Track and Field
MM: Traveling to State basketball teams last season
PI: CWU, computer science and graphic design



Summers Alayna M

Pa: Feliz Morgan and Thomas Summers
A: Softball, Basketball
MM: Participating in the greenhouse with Mr. Finch
PI: WVC to earn my AA as a transfer degree



Thomason Dylan Michael

Pa: Mike and Amy Thomason
A: Baseball, FFA
MM: Golfing for a month for a PE class
PI: Wenatchee Valley College



Tovar Canales Corina Ariana

Pa: Maribel and Flavio Tovar
A: Cheer, Running Start
MM: Taking naps in American Society and Cinema without getting caught
PI: WVC, Dental Hygiene program



Tovar Yamile Anai

Pa: Eduardo and Leticia Tovar
A: Skills USA
MM: When the whole school walked downtown
PI: Wenatchee Valley College



Tritt Danielle Rose

Pa: Jessica and Jeremy Tritt
A: Drama, Band, Softball
MM: Traveling to Europe for Washington Ambassadors of Music program
PI: WVC for AA then transferring to CWU major in communications, literary arts to become an author and stay involve in music and theater



Vazquez Armando



Walkley Hannah



Worley Elizabeth Annalee

Pa: Shelley Worley
A: DECA, FFA, Band/Jazz Band, National Honor Society, owning cattle operation, piano lessons
MM: Nationals for FFA Meats Evaluation and placing 7th individually, my team placed 3rd
PI: University of Idaho and double majoring in Animal Science with a pre-vet track and trombone performance



Zamudio Zachery Juan

Pa: Lora and Juan Zamudio
MM: Senior project
PI: A job in construction

Have a safe graduation
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DON'T DRINK, OR TEXT
WHEN DRIVING!



Congratulations to all the 2019 Graduates

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2019 Class of CASHMERE AWARDS & RECOGNITION

ASB OFFICERS:



Sherman Madison
ASB President



Dowell Brittany
Vice President



Olguin Jessica
Treasurer



Jasmin Silva
Secretary

CLASS OFFICERS:



Keogh Kyler
Classpresident



Martin Aimie
Vice President



Martin Katie
Secretary



Cooper Ryan
Treasurer

VALEDICTORIANS:



Kert Aleah



Martin Aimie

SALUTATORIAN:



Sherman Madison

CTL AWARDS

- | | | | |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------|
| Alberts, Ellie
Asmussen, Lauren
Cawood, Jack
Cooper, Ryan
Dotson, Sam | Hall, Isaiah
High, Claire
Hoffman, Addison
Jones, Rhawnie
Kelly, Lauren | Keogh, Kyler
Kert, Aleah
Martin, Aimie
Martin, Katie
Phillips, Corey | Ramey, Jonathan
Ramirez, Alondra
Schoening, Madison |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------|

HONOR CORDS 2019

- | | | | |
|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Ellie Alberts
Aranza Arroyo
Lauren Asmussen
Krishia Bendol
Christian Buenrosto
Lizzy Carney
Ryan Cooper
Naomi Davis | Emily Dean
Sam Dotson
Hope Erdmann
Ellie Gear
Addison Hoffman
Lauren Kelly
Kyler Keogh
Aleah Kert | Jose Lima
Amanda Low
Aimie Martin
Katie Martin
Gavin McCabe
Corey Phillips
Jonathon Ramey
Alondra Ramirez | Sasha Reyes-Garcia
Leo Rojas
Madison Schoening
Summer Schoening
Madison Sherman
Elizabeth Worley |
|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|

CASHMERE SENIOR AWARD WINNERS

The following 2019 Cashmere High School graduating seniors were awarded honors during the May 29 Senior Awards ceremony.

- Ellie Alberts - High Academic Honors.
- Lauren Asmussen - Family and Consumer Sciences and High Academic Honors.
- Krishia Bendol - Social Studies Award, Language Arts Department Award and High Academic Honors.
- Brenda Berglin - High Academic Honors.
- Blake Brown - CHS Heart of the Bulldog Comeback Kid.
- Emma Brunner - High Academic Honors.
- Christian Buenrosto - High Academic Honors.
- Lizzy Carney - Agriculture Department Award and High Academic Honors.
- Jack Cawood - Faculty Service Award and High Academic Honors.
- Ryan Cooper - Senior Class Treasurer and High Academic Honors.
- Sam Dotson - High Academic Honors.
- Brittany Dowell - ASB Vice President, Jenny Myers Memorial Award.
- Hope Erdmann - Drama Department Award and High Academic Honors.
- Ellie Gear - High Academic Honors.
- Isaiah Hall - High Academic Honors.

- Claire High - High Academic Honors.
- Addison Hoffman - Faculty Service Award, Business Education Award, Technology and Industry Award, Library Tech Award and High Academic Honors.
- Rhawnie Jones - High Academic Honors.
- Lauren Kelly - Foreign Language Award, Outstanding Vocal Music and High Academic Honors.
- Dora Kelzenberg - High Academic Honors.
- Aleah Kert - Valedictorian.
- Kyler Keogh - Senior Class President, CHS Heart of the Bulldog and High Academic Honors.
- Madison Lindholm - High Academic Honors.
- Jared Lindsey - High Academic Honors.
- Allie Lopez - High Academic Honors.
- Amanda Low - High Academic Honors.
- Aimie Martin - Valedictorian, Senior Class Vice President, Math Department Award
- Katie Martin - Senior Class Secretary, Marketing Award and High Academic Honors.
- Gavin McCabe - Science Department Award
- Jessica Olguin - ASB Treasurer
- Corey Phillips - High Academic Honors.
- Jonathan Ramey - Outstanding Instrumental

- Award and High Academic Honors.
 - Alondra Ramirez - High Academic Honors.
 - Leonardo Rojas - High Academic Honors.
 - Madison Sherman - ASB President, Salutatorian and Most Inspirational Vocal Music.
 - Madison Schoening - High Academic Honors.
 - Summer Schoening - High Academic Honors.
 - Jasmin Silva - ASB Secretary
 - Mikayla Stoffel - Art Award
 - Elizabeth Worley - Arion Award - Outstanding Music Department Musician and High Academic Honors.
- During the ceremony, Andy Groce and Ted Smith received the Class Advisor Recognition Awards.

Let it go.
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Congratulations Graduates!

Only as high as you reach, can you grow.
Only as far as you seek, can you go.
Only as deep as you look, can you see.
Only as much as you dream, can you be!



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Congratulations CLASS OF 2019!

Thank You To Our Members and Supporters for a Great Year with all the Bulldogs!

f; cashmereboosterclub

Take pictures. Take your time celebrating
Then get ready to take on the world!



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Congratulations Tyson Schmitt, Madison Schoening, Summer Schoening, and the rest of the Class of 2019!



J.C. BROWN LAW OFFICE



HEY GRADS,
AFTER HITTING THE BOOKS FOR 12 YRS. YOU DESERVE TO CELEBRATE CONGRATULATIONS!!

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You've worked so hard to get here.

Please Celebrate Responsibly.

Be a designated driver. Be a responsible party host.

HOMETOWN PROUD

Happy Graduation
Cashmere Class of 2019

We would like to give special recognition to our 3 graduating employees, Jessie Richmond, Wendy Mendoza and Krishia Bendol.

Congratulations on your hard work, keep it up and YOU WILL GO FAR!

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Phillips builds a new fence for CHS Bulldog statue

By AL STOVER

Every dog deserves a fenced yard, even one made of stone.

Folks who walk near the Cashmere High School parking lot may notice a new metal fence surrounding the Bulldog statue. If they look closer, they will see the name of the student responsible for the new fixture - CHS graduating senior Corey Phillips.

Phillips built a new metal fence around the Bulldog statue for his high school senior project.

The CHS senior began studying metalwork when he took his first agriculture class as a freshman. In the last four years, he has learned different types of welding, and created projects around the house and farm.

"It's a way for me to be artistic, even though I don't

draw," Phillips added.

As for the project, Phillips said when crews completed the parking lot portion of the high school's renovations last summer, they had finished the curb but did not build a new fence around the statue though there were funds budgeted for the fixture. He brought a proposal to the school administration requesting to utilize the funds, purchase the materials and complete the project.

Before Phillips could present his project to administrators, Contemporary World Problems teacher Steve Simonson had to approve it.

"He said 'that's a great idea, it will last and you can put your name on it,'" Phillips said. "I brought it to the administration and got it okayed."

The approval from Simonson and school administration was

only the beginning for Phillips. He had to figure out the costs and complete a research paper for the project. For his research topic, he chose various welding processes and different aspects of metalwork. He also logged in hours and included future plans in his senior presentation.

Phillips explained there were three different design attempts for the fence project and gathered input from contractors, administrators and groundskeepers. He added the difficult part was finding a design that worked for everyone and still looked pretty and achievable with the setup of CHS' Ag Mechanics Shop.

"If you know what you're looking at, the concrete the contractors poured is not symmetrical and the Bulldog statue is not squared," Phillips said. "I was going to originally match the bends of the curb but it's pretty hard to roll and make it look pretty. We decided to go with a perfect rectangle. The two light posts in the fence are not equal distance from the Bulldog."

After the design was finalized, Phillips began ordering materials which came out to roughly around 1,000 feet of square tubing. He acquired the components from a purchase order through CDA Metals. Once he acquired the materials, he cut each of the 148 spindles with a chop saw, over the course of three weeks.

When the spindles were finished, he started cutting and mocking up the frames for each panel and made sure they were squared before installing the spindles.

"Because of the fence, and

how long each panel was and how much metal there actually was, we had to prop it on two tables and lay two boards under it," he added.

With the shop being used for Jed Odenrider's class, Phillips had to roll the materials in and out of the room, which added 30 minutes of prep and take down time.

Phillips was not completely alone in completing the project. He said Odenrider acted as his mentor and helped with the design. His father assisted with installing the project, and making sure everything was square and leveled.

"It turned out better than I thought it would," Phillips said of the finished project. "I knew it was going to be pretty because I put in the work, and I had Mr. Odenrider ... he really knows his stuff. Just seeing it done, from start to finish and knowing that I did that is a great feeling."

After he graduates high school, Phillips will attend Washington State University and pursue agriculture production management. His said his interest in the field stems from working in orchards and agriculture businesses.

"My family owns an orchard themselves, so I grew up working around that," Phillips said. "I'm trying to figure out (where) my passion is between the tree fruit industry and grow cropping."

As for metalworking, Phillips said he will try and see if there is a way he can continue the practice while he attends WSU, and possibly do some work for the university.



PHOTO BY AL STOVER/CVR.

For his high school senior project, Cashmere's Corey Phillips built a new fence for the Bulldog statue in the school's parking lot.

CHS wins Caribou Cup for the second year



PHOTO BY AL STOVER/CVR.

The Caribou Cup (left) will remain in Cashmere High School's trophy case for another year.

By AL STOVER

Even though spring sports is over, Cashmere High School added another piece of hardware to its trophy case, one that every Bulldog athlete and coach had a hand in helping the school acquire.

CHS earned the Caribou Cup All-Sports Trophy for the second year in a row. The Caribou Trail League introduced the Caribou Cup during the 2017-18 school year. The trophy is a way to honor the league member school that performs the best in CTL competition throughout the three sports seasons.

Cashmere High School Athletic Director Jeff Carlson said the trophy is an honor the school is proud to receive for the second time.

"It is a culmination of all of the success we have in all sports," Carlson said. "Across the board, we have a lot of successful programs, great athletes and coaches. (The trophy) is a great representation of that."

Carlson said he, along with the other school athletic directors and league officials came together knew of other leagues that established an all-

sports trophy and discussed developing an accolade for the CTL. He added that ADS and the conference observed what other leagues had done and created criteria for awarding the Caribou Cup.

In each league sport, schools earn points based on their regular season finish in the conference. For example, each Cashmere team that won a CTL championship, which includes both basketball and tennis teams, boys track and field and girls cross country earned 5 points.

Girls' soccer, which tied for first with Cascade received 4.5 points while boys soccer and girls track earned 4. Third-place teams football, volleyball, boys cross country, baseball and softball received three points and fourth-place wrestling earned two.

With all of their impressive finishes, Cashmere finished the year with 59.5 points.

The school with the most points will keep the traveling trophy at their school the following year.

"We're proud to have won it the last two years and we hope it stays in our trophy case year after year," Carlson added.

Cashmere High School Teacher of the Year

PHOTO SUBMITTED BY MARCIA FALL, CHS COUNSELOR.

Mr. Scott Simmons, a CHS Science teacher, was awarded the Theo Allen Teacher of the Year Award. This award was voted on and presented by students in the senior class. Mr. Simmons teaches Physical Science, Physics and Chemistry.



Foundation seeks competitors for 17th Annual Cascade Golf Classic

By AL STOVER

The Cascade Medical Foundation is inviting golfers to polish their clubs, come out to the links and compete in the 17th Annual Cascade Golf Classic.

The tournament, which returns to the Leavenworth Golf Club on June 17, is a best ball scramble starting at 12:30 p.m. Foundation member Bob Adamson said golfers of any age, skill level and ability can compete in the tournament.

"We want folks to come out and have a really great time, and support a great cause," Adamson added.

Prizes will be awarded for the winners, as well as second and third place. Adamson said the tournament brings around 90 competitors and the Foundation is hoping to bolster the number to 110-120 golfers.

The Classic brings regular golfers from around Wenatchee Valley, as well as competitors from Yakima and Seattle. Many golfers in the tournament are returning competitors while some are newcomers.

In addition to the competitors, Adamson said the event draws people who are not golfers, but still want to

support Cascade Medical.

Foundation member Bob Adamson said the Classic is the organization's biggest fundraiser and has helped raise money for special projects at Cascade Medical over the years. The Foundation's special projects ensure the facility has state-of-the-art equipment to help its mission in providing the highest quality of care. The previous year's tournament helped raise funds to purchase a blood gas analyzer, microscope and blood culture analyzer.

"Some of the things we've been providing and

helping the hospital fund are tremendous," Adamson said of the tournament's longevity. "There's a lot of worthy causes that we do and I think that's why it's kept its momentum for 17 years."

Proceeds from this year's tournament will go toward purchasing a new state-of-the-art 3D mammogram unit for Cascade Medical. Adamson said the Foundation will contribute \$100,000 toward the mammogram machine, utilizing proceeds of the tournament, the home and garden show and other fundraiser events.

"It's just going to make a world of difference for this community to have this state-of-the-art mammogram machine," Adamson said. "I can't say enough about that. It's a wonderful thing we can provide."

For this year, the Foundation is lowering the registration fee to \$100 per player, rather than the previous \$150. Adamson explained the decision to lower the registration fee was to keep the price similar to the amount other local tournaments charge competitors.

Registration includes green fees, golf cart, pre-game

activities, one drink coupon, a team picture and admission for the post-tournament dinner at the Wild Huckleberry Restaurant.

The reduced fee also provides golfers an opportunity to purchase items outside of the amenities in the registration fee.

One of these items is an activity package for \$20. Packages include a mulligan, a tossy, a second drink and a chance to win a prize at the dinner banquet. Activity packages are limited to two per player.

Teams can also buy a chance to play on one or both of the advantage holes.

Advantage holes are \$20. Teams can break it down to \$5 per player or one person can pay the full amount. The advantage holes allow golfers to tee off from a specified location ahead of the tee box, giving them a chance to save a stroke or two.

Entrants will have chances to win prizes for hole-in-one and closest to the pin on all par 3 and 4 holes for men and women. There are longest drive, most accurate drive, chipping and putting contests prior to tee times.

After the tournament is the awards banquet, which includes a catered dinner, and silent and live auctions with a plethora of great items. For the first time the dinner will include a Desert Dash, where tables will bid for their deserts. Admission for the awards banquet alone is \$25.

Teams must be registered by June 12. For more information on the event, visit the Cascade Medical Foundation's website at <https://www.cascademedicalfoundation.org/fundraisers/cascade-golf-classic>.



17th Annual Cascade Golf Classic



Join Cascade Medical Foundation at the beautiful Leavenworth Golf Course for a day of fun, food and friendly competition. The price has dropped but not the fun! See YOU on the green.

Register at www.cascademedicalfoundation.org

There is still time to become a sponsor or to volunteer.

Questions? Email foundation@cascademedical.org or call 509-548-2523



Monday, June 17, 2019

Cost: \$100 per player + add-on Activity Pass \$20 (limit 2)

Day of Schedule

- 11-12pm Registration/Check in
- 12pm Explanation of Tournament Rules
- 12:30pm Shotgun Start

Dinner/Silent Auction/Dessert Dash To Follow

Raising funds for 3D Mammography Equipment

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