

Museum celebrates 60 years of preserving history



By KALIE DRAGO
Record Reporter

Cashmere Museum and Pioneer Village - Known for keeping a grasp on Cashmere's background and all of those that roamed around the town many years before. Just on the edge of town and right before one cruises into downtown, the museum is a welcome to Cashmere with an opportunity to educate oneself on the town they're about to enter.

"The museum reflects the community and the community is reflected in the Museum. The more people who come through and animate our halls and display case and cabins and Pioneer Village the more we can grow, develop, and meet the needs of our members and visitors," said Lexie Palmer, Cashmere Museum director.

In 2019, the hometown time capsule is celebrating 60 years of holding onto memories, artifacts and various pieces of history.

"Why wouldn't you want to learn about our history and build on that knowledge, instead of reinventing the wheel? So much has happened here in Cashmere since its establishment as a town in 1888, when it was originally called

Mission," said Palmer. "Why was the name chosen? What three industries had to come together in this area in order to support the development the tree-fruit industry in this area? More than just trivia questions, the answers help make sense of the layout of Cashmere, explain the reason the railroad runs through it as it does, and lay the understanding for why the newest form of mining - bit-coin mining - may exist in closer proximity to the historical record than it initially seems. Residents of this amazing town should know their history so they can be excited to innovate their future, not repeat the past."

The Cashmere Museum has been giving residents and visitors a peek of the past when they wander around the museum since 1959.

"Through the objects in the collection, and the cabins in the Pioneer Village, the Museum creates space not only for the objects to sit in dialogue with each other but for the community members to come in and join in that dialogue. Our visitors can engage with a certain kind of object, like the different shapes priests (of the fishing variety) have taken over time, or trace a certain

motif, like the image that looks like a sun with triangular rays bisected by the horizon," said Palmer.

It offers those that visit a chance to educate on how the little town in the center of Washington was shaped. The museum gives a glimpse of how Cashmere was molded and the events, circumstances and individuals that helped set the foundation. With its collection of artifacts it gives visitors a tangible experience to travel back in time.

"Community input is invaluable in helping us shape our stories and keep in step with our mission: "To collect and preserve the natural and cultural history of our local region." Community support allows us to keep our doors open and lights on to bring those stories to life."

Our visitors can engage with a certain kind of object or trace a certain motif, like the image that looks like a sun with triangular rays bisected by the horizon, as it appears in one room after another, or learn how indigenous bead work and design changed pre-contact to post-contact, or why the Czech Republic played an important role in the making of the 1929 beaded bald eagle bag by Wenatchi artist Celia Ann Dick.

Cashmere Public Library holds One Book, One Community Kick-off

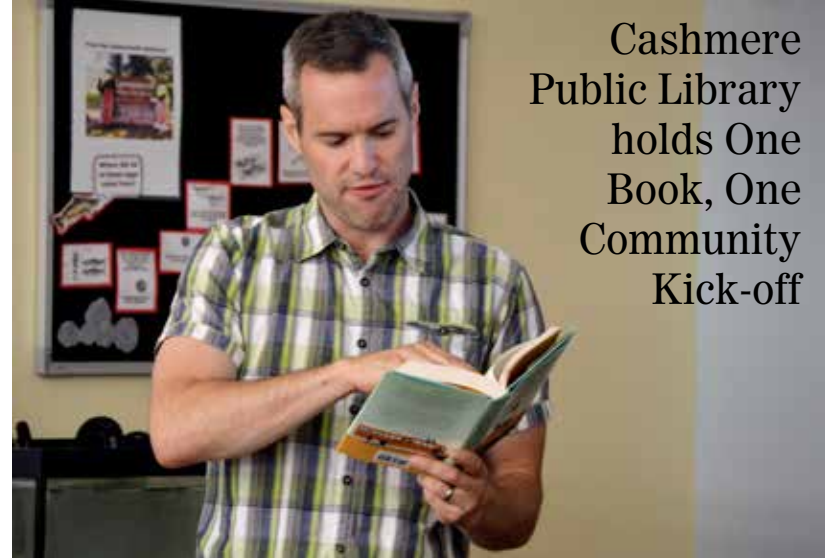


PHOTO BY AL STOVER/CVR.

Cashmere author Dan Gemeinhart reads a chapter from his novel "The Remarkable Journey of Coyote Sunrise."

By AL STOVER

Local author Dan Gemeinhart visited the Cashmere Public Library on June 17 for the 2019 One Book, One Community kick-off event.

Gemeinhart's book, "The Remarkable Journey of Coyote Sunrise" is this year's One Book, One Community selection for Cashmere. Each year the library partners with Cashmere Middle School to read a book together.

The novel is about a girl, Coyote, who has lived on the road with her father Rodeo for the last five years after losing her mom and sisters in a car accident. Coyote, who has not once been home during all of this time, learns that the park in her old neighborhood, where she, her mother and sisters, buried a memory box is being demolished.

After hearing the news, Coyote decides to create a plan to get her dad to drive back to Washington in four days. Part of Coyote's dilemma is she has to trick her father into making the journey without him knowing it.

"(The book) explores the power of the memory box and how Coyote will do anything to save it," Gemeinhart said. "The tension is that her father refuses to acknowledge the past. Coyote has two things to do, trick her father into going home and saving the memory box."

While Coyote and Rodeo meets several interesting travelers on their journey, she also learned that going home is the hardest journey of all.

Gemeinhart lives in Cashmere with his wife and three daughters. During the event, Gemeinhart shared details of his childhood, explaining that he moved around a lot. He noted that relocating to different cities throughout his childhood was tough since he had to meet new friends and teachers. It was during this time

Gemeinhart developed his love for reading.

Gemeinhart said that every new school he went to contained a library. Although the teachers and students were new, the books in each library were the same.

"If I had a series or an author and I followed, I could walk into a new library and find those same books and authors," Gemeinhart said.

Gemeinhart's passion for reading led him to become an author. He has published five books, each one focusing on a journey where the protagonist has to save something or someone. He noted this common element was not intentional, but it did stem from his childhood.

Before he became an author, Gemeinhart was a teacher at Mission View Elementary School before becoming a full-time writer in 2017. Although he is happy to be writing full-time, Gemeinhart misses being a teacher.

"I feel lucky to do that because most authors cannot write full-time," he added. "But there's nothing like being a teacher."

Gemeinhart also read portions from "The Remarkable Journey of Coyote Sunrise" and provided details about its development process. He explained the idea for the book came from what he described as a horrible daydream where his wife and two daughters were out of the house and "something happened to them on" the way home.

Gemeinhart said he could not fathom losing his wife and children and began contemplating the journey he and his remaining child would take if they were alone in the world.

He noted that the book started as biographical and mirrored his family's life. He gave the book to his

CONTINUED TO PAGE A3

Cashmere swim team opens summer season



PHOTO BY AL STOVER/CVR.

Head Coach Isabel Dressler is in her first year as a head coach of the Cashmere swim team.

By AL STOVER

The Cashmere Swim Team kicked off their season and are ready to make waves in the Wenatchee Valley Summer Swim League (WVSSL).

This year's lineup is comprised of 90 kids, according to board member Cheryl Adams, with some families being turned away because the team's large numbers and pool space.

The team practices Monday through Friday at the Cashmere City Pool. Athletes are divided into

three age groups: 9-12 year olds, who practice from 8-8:50 a.m., 8 years and under, who utilize the pool from 9-9:50 a.m. and 13-18 year olds, who work from 8-9:30 p.m.

During their season, Cashmere will face teams from Ephrata, Quincy, Leavenworth, WRAC and Waterville.

Leading this year's team is first-year head coach Isabel Dressell. She started with the team last season as an assistant coach for the older kids and previously competed for

Wenatchee High School.

Dressell said she enjoying helping the 13-18 division last season and she jumped at the chance to become the team's head coach when the board offered her the position.

For the beginning of the season, Dressell is having children learn the right strokes and formations in order to prevent them from being disqualified during meets. She is also having kids work on start drills to

CONTINUED TO PAGE B1



PHOTO BY AL STOVER/CVR.

Assistant Coach and competitor Brianna Hughes-Roberts demonstrates a breaststroke for the younger athletes.



PHOTO BY AL STOVER/CVR.

"The Remarkable Journey of Coyote Sunrise" is available at the Cashmere Public Library, or at other NCRL branches. The book is also on sale at A Book For All Seasons.

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THIS WEEK

Opinion..... A2
Community Calendar A3
Community Bulletin Board..... A3
Senior Center Menus..... A3
AA Meeting Schedule..... A3
Sheriff Reports..... A3

Founders' Days Section B1-B4
Church Guide..... A4
Walk with Pastor B5
Dr. Louise..... B5
Swimmers of the week..... B6
Bulldog Sports B6

Classifieds Index
Classifieds..... A4-A6
Real Estate Guide..... A4
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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

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The Peter Pan Syndrome*

What has happened to American men? My sister calls it the Peter Pan Syndrome from the book of the same name by Dr. Dan Kiley. The syndrome is a disease that begins with spoiling a male child right from birth through grade school into college and beyond. The "adults" that emerge from this reality-cheating chrysalis are still uncertain of their own genders, still depending on mom and dad, still wondering what to do in life, still stifled under bad



APPLES TO APPLES
GARY BÉGIN
NCW MEDIA
MANAGING
EDITOR

credit. Worst of all, they are selfish because they were brought up to be that way. The original Peter Pan character was played by a girl, Mary Martin. (See photo). A perfect example of confused gender, but back then it was for theatrical reasons, not meant to be a template for either sex to follow. Today, young college graduate wings are still wet and their first flight has not been planned yet. Once they emerge from the gooey falsehood of domestic tranquility attached to mother's



apron strings, will we gaze upon moths heading to the flame or graceful monarchs flying in clouds of youthful chaos?

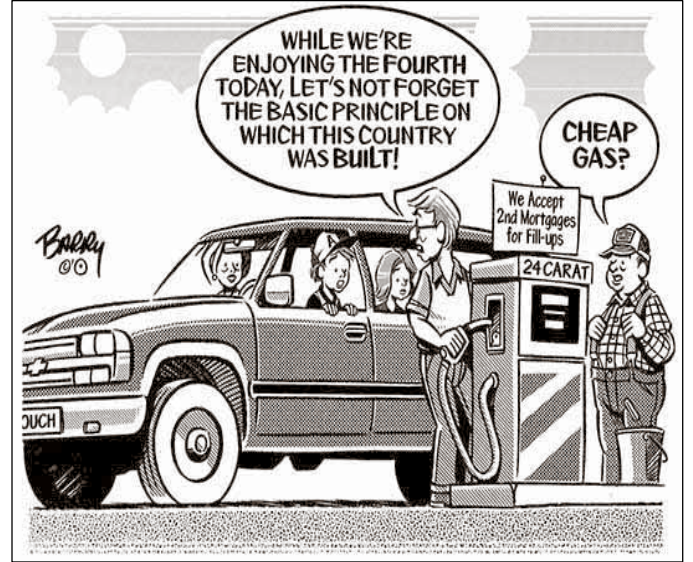
Ultimately these naive kids must define themselves as separate beings from friends, parents, cult heroes and their own sense of worthlessness reinforced at every moment by Old Grandad. He, representative of the disabled Vietnam Vet, remembering when Americans gave a hoot about America.

Today's leaders are great at mostly leading from behind. The 1960s fomented and gave birth to the "me, me, me" movement that prized self-expression above family, country and God.

Political leaders now are merely expert at pandering to their respective bases.

Juxtapose that with the brave souls who went to 'Nam. The moment they landed they knew Peter the mystique was dead. By the following month they would go from a wild-eyed 18-year-old to a jaded 30-year-old ... or maybe not. Depended on what Charlie had to say about that.

American women have endured enough bias and prejudice and their time is long past due for them individually and as a group to reap the



rewards of endurance and persistence after battling "male chauvinist pigs" for centuries.

Only good things will come to our harsh culture if we have a distaff champion of peace. Regardless of gender, keep in mind that absolute power corrupts absolutely and we're not talking vodka here my friends.

The only problem I see with more and more women in power is that more and more men will devolve into Peter Pans. Eventually male babies will grow wings and flutter

about as the women take care of business ... but wait, that's already been happening for many years.

***The Peter Pan Syndrome: Peter Pan Syndrome is an inability to engage in adulthood. The term comes from Peter Pan, who never ages. Read "Men Who Have Never Grown Up" by Dan Kiley (1983).**

Managing Editor Gary Bégin can be reached at gary@ncwmedia.net. His opinions are not necessarily those of NCW Media.

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COMMUNITY CALENDAR

Wednesday

Cashmere Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple Street. Call Karen Jackson, president, 782-4408.
Cashmere Food Bank, 2:30 p.m. - 4 p.m., Cashmere food distribution center, 109 "C" Railroad Avenue, for more information call Jim, 741-7551. (2nd and 4th Wed. & Saturdays.)
Tillicum Riders Drill Team, 6:30 p.m., Chelan County Fairgrounds arena. Call Cindy, 662-5984.
Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed. of each month.)
The Underground Youth Group, sixth to eighth graders., 6:30- 8:00 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss, The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd and 4th Thursdays)
Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street.
 For more information, please call 782-3811.
Cashmere Sportsmen's Gun Club, 6:30- 10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
Cashmere American Legion Post 64. 7:00 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, Aug-June).
Cashmere American Legion Auxiliary #64, 7:00 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, Aug. - June).

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8:00 p.m., 5837 Evergreen Drive. Call 782-1662.
Monitor Homemaker Club meets at Noon, location varies. Call Florence, 509-670-2414. (3rd Fri.).

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. (October to May)
Cashmere Food Bank, 2:30-4 p.m., Cashmere food distribution Center, 109 "C" Railroad Avenue, for more information, call Jim, 741-7551. (2nd and 4th Sat. following Wed. of the same week, subject to change)

Sunday

CHURCH: See the church page for local service times and events.
The Underground, youth group for high schoolers. 6:00 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Florence, 670-2414. (2nd and 4th Mon.)
Young Life Club, 6:30 p.m. Open to all high school age students. Call T.J. Kaapuni. 509-679-3247.
Tillicum Riders: 7:00 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)
Cashmere City Council, 6 p.m., City Hall (2 & 4th Mon. of each month (unless a holiday, then Tuesday).
Planning Committee Meeting, 5 p.m. at City Hall (1st Monday of each month).
Cashmere Fire Department, Business management, 7:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere Fire Department, meeting, 8:00 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8:00 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)
Ministerial Association, 8:00 a.m., Epledalen lunchroom, Call 782-7600. (2nd Tues.)
Cashmere Chamber of Commerce. Noon, anyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)
Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314
 Open: Monday, Tuesday, Wednesday, Friday, 9:00 a.m.- 6:00 p.m.
 Thursday: 11:00 a.m.- 8:00 p.m.
 Saturday, 9:00 a.m.- 1:00 p.m.
 Sunday: Closed.
Events:
 Tuesday & Wednesday, **Story time Pre-K & up** 10:00-10:30 a.m.
 Wednesday: **Preschool Story time, 10:00-10:30 a.m.**
 Wednesday: **Bilingual Story time, 4:30-5:00 p.m. (last Wed. of every month).**
 Thursday: **ATLAS events, 3:30- 5:00 p.m. (during school year)**
 Friday: **Baby/Toddler Story time, 10:30-11:00 a.m.**

Cashmere Museum and Pioneer Village

Open: Saturday, 10:00 a.m.- 4:00 p.m., and Sunday Noon- 4:00 p.m.

Chelan County Historical Society board meeting, 7:00 p.m., at the Cashmere Museum, 600 Cottlets Way. Call 782-3230. (3rd Thurs.)

Regional events

Leavenworth Fish Hatchery, Daily: 8 a.m. to 3:30 p.m. Call 548-7641.
SCORE, (small business counseling), 1:00 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tue. & Thurs.)
Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. Call: 436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

Founders Day Alive: An Evening of History

Cashmere Library in partnership with the Cashmere

Pioneer Museum on June 27 at 6:30 p.m. will have museum archives, journal readings will take place in costume laying out the life and events of those times. Special historical items will be on display at the Cashmere Library. For more

info, 782-3314 (r 25.26)

Founders' Day Book Sale

This benefits the Friends of the Cashmere Library and takes place June 27 at 6:30

p.m. Stop by the Cashmere Library while you are out celebrating Founders' Day. All donations go to the Friends of the Cashmere Library which supports library programs, events, and upkeep. For more info, 782-3314 (r 25,26)

Cashmere Public Library

CONTINUED FROM PAGE A1

wife before sending it to his publisher and she suggested he change the fictional family's names.

Gemeinhart added that there are some allusions to Cashmere in the book, such as Martin's and Sampson Park, which was derived from Simpson Park.

He is currently in the

process of finishing his sixth novel, which is a science fiction story, which he pitched to his publisher as 'Stranger Things meets Terminator.'

Although he does not like to write sequels to his books, he felt a connection with Coyote, who he described as a close friend while he wrote "The Remarkable Journey of Coyote Sunrise."

"I'm trying to think of a plot to bring her back and the

ending (of Sunrise) leaves room for a sequel," he added. "I don't know what to do, but I want to spend more time with her."

Local readers who are participating in the One Book, One Community event, can use the hashtag #CashmereReads2019 for get-togethers and to find weekly discussion questions on the library's and CMS Facebook pages.

There will be a celebration the book on July 19 from 1-3

p.m. at Simpson Park where patrons can enjoy food and a memory box craft.

Library patrons will have to reserve "The Remarkable Journey of Coyote Sunrise" as all of the copies in the NCRL's collection are checked out. Folks can also purchase a signed copy from A Book for All Seasons.

For more information about the Cashmere Public Library's programs, call (509) 782-3314 or email cashmere@ncrl.org.



Author Dan Gemeinhart (right) chats with Cashmere City Councilman Daniel Scott during the One Book, One Community kick-off event.

SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
 Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting
 Tuesday, 1:00-3:00 p.m., Crafts
 Thursday, 1:00-3:00 p.m., Square Dancing
 Thursday, 6:30-7:30 p.m., Bavarian Dancing
 Friday, 6:00 p.m., Bingo
 Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

AA MEETING SCHEDULE

Information numbers for AA:
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule
Monday, 7 p.m., United Methodist Church, 418 Evans St.

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth Events Calendar

June 27, Thursday: Chicken enchiladas, refried beans, Spanish rice, Mexi corn, lettuce tomato salad, pears, dessert.
June 28, Friday: Chicken Caesar wrap, tortellini soup, apples and grapes, dessert.
June 29, Saturday & June 30: Sunday: No lunch.
July 1, Monday: no menu
July 2, Tuesday: no menu
July 3, Wednesday: no menu

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS
 This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

June 14

00:41 **Alarm,** 5607 Sunset Hwy.
 00:53 **Suspicious,** 201 Paton St.
 06:40 **Parking/abandon,** 205 Chapel St.
 08:04 **Public assist,** 8410 Main St.
 10:54 **Traffic offense,** Nahahum Canyon Rd.
 14:03 **Suspicious,** 120 Mission Creek Rd.
 14:04 **Welfare check,** 5740 Vale Rd.
 16:29 **Public assist,** 209 Vine St.
 23:04 **Domestic disturbance,** 241 Independence Way.

June 15

08:22 **Alarm,** 6650 Pinnacle View Rd., Dryden.
 08:40 **Animal problem,** 8566 Nahahum Canyon Rd.
 10:17 **Civil,** 318 Peshastin St.
 16:18 **Welfare check,** 217 River St.
 22:33 **Accident, no injury,** 314 Sullivan St.

June 16

04:44 **Accident, no injury,** US Hwy. 2 MP 108, Dryden.
 17:53 **Assist agency,** US Hwy. 2 MP 107, Dryden.
 20:31 **Accident, no injury,** 407 Aplets Way.
 21:00 **Assist agency,** 3357 Mission Creek rd.
 22:15 **Alarm,** 5607 Sunset Hwy.
 23:28 **Noise,** 309 Tigner Rd.
 23:53 **Domestic disturbance,** 203 River St.

June 17

14:19 **Parking/abandon,** Kelly Rd. & Riverfront Dr.
 16:07 **Suspicious,** 7420

Nahahum Canyon Rd.
 17:05 **Traffic offense,** 9230 Ollala Canyon Rd.

June 18

11:13 **Extra patrol,** Goodwin Rd. & Ruby St.
 13:48 **Accident, no injury,** US Hwy. 2 & Aplets Way.
 21:36 **Traffic offense,** 329 Tigner Rd., Cashmere High School.

June 19

03:43 **Suspicious,** 4462 Old Monitor Rd., Monitor.
 12:20 **Weapons violation,** Bridge St. & Old Monitor Rd.
 14:05 **Suicide threat,** 100 Valley St.
 16:55 **Hazard,** Brender Canyon Rd.
 22:46 **Traffic offense,** 329 Tigner Rd.

June 20

06:14 **Welfare check,** 102 Titchenal Way.
 09:42 **Traffic offense,** 3737 Yaksum Canyon Rd.
 12:34 **Property,** 130 Titchenal Way., Martins.
 12:50 **Harass/threat,** 107 Lincoln St.
 13:30 **Parking/abandon,** 119 Cottage Ave.
 14:13 **Traffic offense,** US Hwy. 2 & N. Dryden Rd.
 14:51 **Property,** Brender Canyon Rd. & Pioneer Ave.
 17:43 **Trespass,** 120 Mission Creek Rd.
 18:57 **Trespass,** 3510 Fairview Canyon Rd.
 19:10 **Suspicious,** 115 E. Pleasant Ave. #3.
 21:39 **Domestic disturbance,** 4544 Old Monitor Rd.

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Publisher
NCW Media, Inc
PO Box 39
Leavenworth, WA 98826
or email to
Publisher@
leavenworthecho.com



The Brewster School District is accepting applications for two paraprofessional positions.

General Paraprofessional
Math Paraprofessional
Grades K-5

These positions are 7 hours per day with benefits offered. Both positions are open until filled. Applications are available on line at www.brewster.wednet.edu or the District Office 520 W. Main Street, Brewster.

The North Central Educational Service District is seeking a qualified individual for the following position:

NetServ-Support Technician 1
Omak School District
(260 days, 8 hours/ day)

Applications are accepted on-line only. If you have any questions regarding our on-line process please contact Human Resources at NCED, 430 Olds Station Rd., Wenatchee, WA 98801, 509-667-7100 or <http://www.ncesd.org>

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THREE RIVERS HOSPITAL

Environmental Services
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Three Rivers Hospital is seeking an Environmental Services Tech to perform basic cleaning and servicing of all hospital areas. Assist in maintaining an environment of safety, sanitation, and compliance with all applicable regulations and guidelines for a healthcare facility. Previous housekeeping experience preferred but not required. Must have valid WA state driver's license. Must be able to communicate in English. Variable Days; 8 hour shifts. Shared weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Anita Fisk, Director of Human Resources
PO Box 577
Brewster, WA 98812
(509) 689-2517 x 3343
www.threerivershospital.net
afisk@trhospital.net
EOE

Bridgeport School District is seeking applicants for Bus Drivers positions for the 2019-20 school year. Apply on-line at <https://bridgeportjobs.hrmplus.net>. For further information or assistance with the application process you may contact the HR Dept. at 509-686-5656 or email jobs@bridgeport.wednet.edu. EOE

Part-time paid position at Chelan Senior Center in the office. Hours will be 10 to 15 per week; this will include every Thursday 9 – 5 p.m. and 3-7 hours on weekends, must speak Spanish as well as English, the ability to use Excel, Word and the other programs in Windows Office 7 and 10. Applicant needs to be flexible, and able to solve problems. Please call the Chelan Senior Center at 509-682-2712 or email CSC@nwi.net and ask for Vita.

THREE RIVERS HOSPITAL

OB/ MED SURG RN
Full-time/ Days

Three Rivers Hospital is seeking an OB Nurse. This position provides safe and effective nursing care to the obstetrical patient and baby; on admission and during the labor and delivery experience. Current WA State RN license. Med/ Surg, Labor & Delivery and Newborn experience preferred. FHM, BLS, ACLS & NRP certifications required within six months of hire. Rotating schedule and will include some weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Anita Fisk, Director of Human Resources
PO Box 577
Brewster, WA 98812
(509) 689-2517 x 3343
www.threerivershospital.net
afisk@trhospital.net
EOE

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Mansfield School District is accepting applications for a Special Education Teacher/Director for the 2019-2020 School Year. To view job description and download an application, access our website at www.mansfield.wednet.edu. We are an equal opportunity employer.

CROSSWORD PUZZLE

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THEME: SAY IT IN FRENCH

ACROSS

- House of Winterfell
- Sugar Ray Robinson's punch
- Concert units
- Water-resistant wool cloth
- Baba
- Bay window
- Wafting pleasantness
- Between Big and Wolf
- Halle or Chuck
- "Face-to-face"
- "Feeling of familiarity"
- A pop
- Cremation pile
- "Geographic cape in French"
- Indira Gandhi's dress
- Like an echo
- Away from wind
- Threads
- Small drum
- Do like buffaloes
- "Peter, Peter Pumpkin ____"
- Kind of pool
- Monotonous sound
- Facts and figures
- Eminem, a.k.a. ____ Shady
- Dines at home
- a.k.a. The Islamic State
- Rocks in "on the rocks"
- Perfect houseplant spot
- "I" in Greek
- "Overused idea"
- ____-faire
- ____ chicken stew
- Tire measurement
- Branch of Islam
- Discombobulate
- Summer color
- Worry or cause anxiety
- Back talk
- Be in a cast
- Arm cast holder

DOWN

- Serb or Croat
- Famous Amos
- Tumults
- Chart anew
- Butcher, baker and candlestick maker
- #6 Across, pl.
- "Pie ____ Mode"
- Fussy old woman
- ____ code
- Type of nuclear missile
- Paddington Bear's homeland
- "Rocky" star
- Express disapproval
- Extremely angry
- Poetic "before"
- Cindy Brady's do, sing.
- ____ blanche
- Luau greeting
- Lively
- Yellow brick one
- Ugly old witches
- Obelus, pl.
- ____ Doric nor Corinthian
- *Crème de la ____
- Flightless birds
- Series of reps, pl.
- Yogurt-based dip
- Slip-up in pool
- National Institute of Health
- Talks back
- Former Greek coins
- Run-of-the-mill
- Musical finale
- Jar covers
- Bodily disorders
- Laundry room fire hazard
- Opposing prefix
- Involved in a secret
- Sound of passing bullet
- *Faux one
- *Cul-de-____

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PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of **PATRICIA A. LYND**, Deceased.
No. 19-4-00192-04
PROBATE NOTICE TO CREDITORS
(RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within

PUBLIC NOTICES

this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: June 19, 2019

PERSONAL REPRESENTATIVE: Patricia Kathryn Marchesi

ATTORNEY FOR PERSONAL REPRESENTATIVE: Thomas D. Overcast

ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES
Attn: Thomas D. Overcast
23 South Wenatchee Avenue, Suite 320
Wenatchee, WA 98801

COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00192-04
Attorney for Estate: Overcast Law Offices
By: /s/ Thomas D. Overcast, WSBA No. 14486
Attorney for Personal Representative
Published in The Leavenworth Echo/Cashmere Valley Record on June 19, 26, and July 3, 2019. #85494

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY

In the Matter of the Estate of **MARGIE GRACE WOLF**, Deceased.
No. 11-4-00295-2
PROBATE NOTICE TO CREDITORS
(RCW 11.40.030)
The Administrator named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets.
DATE OF FIRST PUBLICATION: June 19, 2019.
/s/ Carrie L. Shirk
Carrie L. Shirk, Administrator

Attorney for the Administrator: David A. Kazemba, WSBA No. 48049
Address for Mailing or Service: Overcast Law Offices, PS
Attn: David A. Kazemba
23 South Wenatchee Avenue, Suite 320
Wenatchee, WA 98801
(509)663-5588

Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 11-4-00295-2
Published in The Leavenworth Echo/Cashmere Valley Record on June 19, 26, and July 3, 2019. #85493

Superior Court of Washington For Chelan County

In the matter of the estate of **Jean D. Meyer, Deceased**.
No. 19-4-00178-04
Notice To Creditors (RCW 11.40.030)
The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or his attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: June 19, 2019.
EDGAR A. MEYER, M.D., Personal Representative
Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991
Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111
Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 19-4-00178-04
Published in the Cashmere Valley Record and Leavenworth Echo on June 19, June 26, and July 3, 2019. #85484.

IN THE SUPERIOR COURT OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

DENISE CARTER, Personal Representative of the Estate of Helen Maxine Anderson, Plaintiff,
vs.

RONALD POTTER, a single person; and **JOHN DOE** and **JANE DOE**, Defendants.
NO. 15-2-00737-2
SUMMONS BY PUBLICATION

THE STATE OF WASHINGTON, TO DEFENDANTS:
John Doe and Jane Doe Defendants
3800 West Malaga Road
Malaga, WA. 98828

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 5th day of June, 2019, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Denise Carter, as Personal Representative of the Estate of Helen Maxine Anderson, and serve a copy of your answer upon the undersigned attorney for the plaintiff, Denise Carter, as Personal Representative of the Estate of Helen Maxine Anderson, at the office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The object of this action is to quiet title in the property commonly known as 3800 West Malaga Road, Malaga, Washington, to abate nuisance and to eject all persons residing thereon from the property.
DATED this 31st day of May 2019.
MURDOCK LAW FIRM, PLLC
By **EARL W. MURDOCK** WSBA# 19001
Murdock Law Firm, PLLC
222-A S. Mission Street
Wenatchee, WA 98801
(509) 663-6000
Published in The Leavenworth Echo/Cashmere Valley Record on June 5, 12, 19, 26, and July 3, 10, 2019. #85347

PUBLIC NOTICES

Superior Court of Washington For Chelan County

In the matter of the estate of **Richard L. Turnbull, Deceased**.
No. 19-4-00190-04
Notice To Creditors (RCW 11.40.030)
The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or his attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: June 19, 2019.
KAMERON MILLER, Personal Representative
Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991
Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111
Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 19-4-00190-04
Published in the Cashmere Valley Record and the Leavenworth Echo on June 19, June 26, and July 3, 2019. #85483

Superior Court of Washington For Chelan County
In the matter of the estate of **Donald L. Jones, Deceased**.
No. 19-4-00189-04
Notice To Creditors (RCW 11.40.030)
The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or his attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: June 19, 2019.
SCOTT DAVID JONES, Personal Representative
Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991
Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111
Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 19-4-00189-04
Published in the Cashmere Valley Record and the Leavenworth Echo on June 19, June 26, and July 3, 2019. #85482.

PUBLIC NOTICES

CITY OF LEAVENWORTH Notice of Determination of Non-significance

NOTICE IS HEREBY GIVEN that the City of Leavenworth has issued a Determination of Non-significance (DNS) per the State Environmental Policy Act Rules (SEPA, WAC 197-11-340) and the Leavenworth Municipal Code. The lead agency will not act on this proposal for at least 14 days from the date of issuance on June 18, 2019.
Description of proposal: Amendments to City of Leavenworth Code Sections: 14.14.040 Concurrence for public facilities and utilities; 14.16.080 Manufactured Home Standards; 18.28.020 General Commercial District; 18.32.020 & 18.32.030 Central Commercial District; 18.44.020 Tourist Commercial District; 17.02.070 [Subdivisions] Concurrence for public facilities and utilities; Section 21.31.030 [Comprehensive Plan Amendments] General time frame; 18.72.010 [Zoning] Amendments moving to 21.35.010 Development Regulation Amendment Process; 21.03.030 City Council; Chapter 18.12 Official Zoning Map; and Chapter 16.08 Critical Areas.
Proponent/ Lead Agency: City of Leavenworth; Location of proposal: Citywide
The lead agency for this pro-

posals has determined that the proposed amendments do not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(C). This decision was made after review of the completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.
The comment period for the DNS begins June 18, 2019 and will end on July 2, 2019. Interested parties are encouraged to comment on the proposal.
Written comments may be sent to Leavenworth City Hall, PO Box 287, Leavenworth, WA 98826 or email dsmanger@cityofleavenworth.com. Appeal of the SEPA determination must be in a form consistent with Leavenworth Municipal Code.
The materials may be reviewed during normal business hours at City Hall; a copy may be obtained by contacting Development Services at Leavenworth City Hall, 700 US Hwy 2, Leavenworth; (509) 548-5275 or viewed on the City's Public Notices webpage: <http://cityofleavenworth.com/public-notices/>

Published in The Leavenworth Echo/Cashmere Valley Record on June 26, 2019 #85521

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Founders' Days

Friday & Saturday
* June 28-29 *



Welcome From Royalty

The 2019 Cashmere Community Float and Royalty are excited to represent "The Heart of Washington". The princesses Faith and Katherine, and I, Queen Johanna have been enjoying our summer spreading the love we have for Cashmere as we travel to parades and festivals all over Washington. We are honored to get the chance to show everyone how amazing Cashmere is! We would like to invite everyone to join in on the fun at Cashmere's Founders' Days activities, Friday June 28th and Saturday June 29th. There will be a ping pong drop, dancing, face painting, a parade, and so much more. We hope to see you there!

Sincerely, Queen Johanna

Annual Founders' Days Celebration

The annual Founders' Days festival will take place on Friday, June 28th and Saturday, June 29th with an evening Crunch Pak Grand Parade through town starting at 7pm.

Friday evening kicks off the festivities downtown with a Free Community Night! Enjoy a BBQ hosted by Wenatchee Valley Youth Dynamics. The Cashmere Royalty will be offering face painting while Joyful Scholars Montessori to host a Chalk Art Contest open to all kids. Entertainment by La Esperanza. The fun begins at 5pm-8pm. Welcome Founding Family, Brender to the festival as they highlight their family history and Cashmere roots.

The celebration continues on through Saturday, enjoy live music, entertainment and attractions for the entire family. Beginning at 9am, sight see and vote for your favorite vehicles along downtown at the Car & Motorcycle Show hosted by Mission Creek Community Club. Travel back in time with the Cashmere Museum & Pioneer Village as they host

a free Open House from 10am - 4pm. Both the Museum and Cashmere Library to host Book Sales throughout the day.

Head to Cashmere Riverside Park for a day full of activities from 12pm to 6:30pm. Check out the unique items and specialty foods at our Vendor Fair. Live entertainment, free face painting and crafts at the park. Be wowed by L-Bow the Clown and enjoy inflatables and photo stands at the Cashmere Valley Bank Kids Zone all happening from 12pm - 6:30pm.

While you're out, see Cashmere from the sky, Helicopter Tour Rides from 12pm - 4:00pm at Riverside Park by Flying M Air. \$45 per person, reservations taken on site.

At 5pm, a kid's favorite, the Doane's Valley Pharmacy Ping-Pong Ball Drop will leave both adults and kids amazed at the site of 3,000+ ping pong balls

falling from the sky. There will be three drops starting with kid's ages 10 to 13 years old, 5 to 9 years old and children 4 and under. One grand prize winner from each drop will take home a new bike, perfect for your youngster to test out at Riverside Park. Kids 10 to 13 years old have the chance to win an iPad.

The Crunch Pak Grand Parade starts at 7pm, beginning on Division Street and running through downtown on Cottage Avenue, ending at Parkhill Street. The Museum to host Cashmere Reading by Lance Brender following the parade.

So bring the whole family and take in the sights and sounds as you spend the day in Cashmere enjoying all the festivities since 1979. Founders' Days is an event of the Cashmere Chamber of Commerce, supported by local businesses, organizations and dedicated volunteers.

A complete event schedule is available at www.cashmerechamber.org or for more information call the Chamber Office at 782-7404.



Car and Motorcycle Show comes to Cashmere Founders' Day

By AL STOVER

Car lovers and motorcycle enthusiasts will want to flock to downtown Cashmere on June 29 during the Founders' Day festivities for the Mission Creek Community Club's First Annual Car and Motorcycle Show.

The Car and Motorcycle Show will feature cars and motorcycles of all makes, models and years. Cashmere residents may spot a familiar vehicle from their neighborhood, or gaze at a cool ride for the first time.

Organizer John Prescott explained the Car and Motorcycle Show was created

in an effort to bring more residents and visitors to downtown Cashmere during Founders' Day. He was also interested in having a car show in the area, as he likes to show off his Hot Rod at other festivals.

Prescott has attended car shows and handed out pamphlets to vehicle owners in an effort to spread the word about the show in Cashmere.

He said the car show will begin at the center of town next to the roundabout and stretch to the Cashmere Fire Department, before going down Woodring Street and go all the way to the post office. Sections of those streets will

be closed during the Car and Motorcycle Show.

As for prizes, Prescott said there will be seven categories, along with a Best of Show. There will also be live music and food. Prescott noted that Cashmere businesses donated the event's prizes.

"The downtown people have stepped up and are supporting us," he added.

Registration for the Car and Motorcycle Show is \$10 and owners can sign up on the day of the event. The check-in time is 8 a.m.

For more information about the Car and Motorcycle Show, contact Prescott at (509) 669-0360.

The Cashmere Chamber of Commerce and Founders' Days Committee invites you to join us for our annual "Founders' Days" celebration!

The festivities kick off Friday Downtown from 5pm-8pm with a free BBQ on Cottage Avenue hosted by Wenatchee Valley Youth Dynamics. Bringing back a tradition, a Founding Family will be celebrated. Meet the Brender Family and learn more about Cashmere history as they serve free dessert. Evening entertainment and activities include free Face Painting from our Cashmere Royalty and a free Chalk Art Contest hosted by Joyful Scholars Montessori. Entertainment by La Esperanza begins at 6pm.

Saturday is filled with a number of fun events for all ages. Downtown will be thriving, Mission Creek Community Club to host a Car and Motorcycle Show from 9am-6pm. The Cashmere Museum and Pioneer Village will be providing a free open house between 10am-

4pm. While you're out, visit area attractions and shops. Entertainment and vendors will be onsite at Riverside Park and Downtown for your enjoyment too. The park will be filled with fun, kids will enjoy photo stands, inflatables, skate and bike track and be wowed by L-Bow the Clown in the Cashmere Valley Bank Kids Zone. Attendees have the chance to enjoy Helicopter Tour Rides from 12pm-4:30pm at Riverside Park. Rides are \$45 and reservations will be taken on site. At 5pm, a kid's favorite, the Doane's Valley Pharmacy Ping-Pong Ball Drop will leave both adults and kids amazed at the site of thousands of ping pong balls falling from the sky. Both the Museum and Library will have book sales throughout the day.

Take in the sights and sounds as the "Crown Jewel,"

Crunch Pak Grand Parade starts at 7pm beginning on Division Street and running through Downtown on Cottage Avenue, ending at Parkhill Street. Following the parade, stop by Cashmere Museum for a special "Cashmere" reading or head to Milepost 111 Brewing Company or Club "Crow" for entertainment.

Whether you are just visiting, a longtime Cashmere resident, or a resident of a neighboring community, Founders' Days is the perfect weekend of fun for you and your family.

We hope you will join us as we celebrate Cashmere, the Heart of Washington!

Thank you event sponsors, community volunteers and locals for supporting the annual event since 1979!

-Founders' Days Committee

FREE COMMUNITY EVENT



Friday & Saturday June 28 - 29
Cashmere, WA

FRIDAY NIGHT EVENTS
Welcome Founding Family: Brender

Free Community BBQ | 5pm - 8pm | Downtown
Chalk Art Contest & Face Painting | 5pm - 8pm | Downtown
Entertainment | 6pm - 6:30pm | Downtown

SATURDAY EVENTS

Car & Motorcycle Show | 9am - 6pm | Downtown
Museum & Pioneer Village Open House | 10am - 4pm
Helicopter Rides | 12pm - 4:30pm | Riverside Park
Vendor Fair | 12pm - 6:30pm | Riverside Park
Cashmere Valley Bank Kids Zone | 12pm - 6:30pm | Riverside Park
L-Bow the Clown | 4pm - 7pm | Riverside Park & Downtown
Doane's Valley Pharmacy Ping Pong Ball Drop | 5pm | Riverside Park
Crunch Pak Grand Parade | 7pm | Downtown

Inflatables | Skate Park | Bike Park | Downtown Entertainment & Food
Book Sales at Museum and Library - See locations for times
Museum Special "Cashmere" Reading with Lance Brender following the Crunch Pak Grand Parade
Musical Entertainment at Milepost 111 Brewing Company & Club Crow - See locations for times

Sponsored By



Organized by Cashmere Chamber of Commerce & Founders' Days Committee
For more info: www.cashmerechamber.org | Explore more of North Central Washington. www.visitchelancounty.com



WILBUR-ELLIS

Founders' Days celebrates the GROWING of community and families in Cashmere. Enjoy both!

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2019



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Founders' Days

Entertainment
Friday & Saturday
★ June 28-29 ★

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Cashmere's 2019 Community Float

File photo

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Founders' Days

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L-Bow the Clown is always good for some laughs with his bag of stunts and tricks.

File photo

Celebrating Cashmere at our Hometown Festival.

Happy Founders' Days!

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FOUNDERS' DAYS ENTERTAINMENT LINEUP

Devils Gulch & The Missionaries
11a.m. -12 p.m. Downtown during the Car & Motorcycle Show

The PreFunc
at Milepost 111 Brewing Company
6 p.m. - 7 p.m. and 8 p.m. - 10 p.m.

Brett Benton with Devils Gulch & The Missionaries
at Club Crow 9 p.m. - Midnight



Celebrating the Families of Cashmere at Founders' Days!

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Street Vendors
Friday & Saturday
 ★ June 28-29 ★

2019 FOUNDERS' DAYS

CRUNCH PAK PARADE LINE UP

1957 M38 A1 Military Jeep	School
Agave Azul	La Esperanza
American Legion Post 64	L-Bow the Clown
Business of the Year – Jerry's Auto Supply	Manson Apple Blossom Float
Cashmere Community Float	Marson & Marson Lumber
Cashmere Fire Dept.	Masada Shriners
Cashmere JR. Royalty	Mayor Steve Lacy of East Wenatchee
Cashmere Public Library	Miss Lake Chelan Royalty
Cashmere Soccer Team	NCRL Bookmobile
Cashmere Swim Team	Prosser Chamber Representative Keith Goehner
Central Washington Concrete	Representative Mike Steele
Chelan County Fair Ambassadors	Selah Royalty Float
Chelan County Sheriff's Office	Taqueria El Chavo
Chewelah Community Float	Tillicum Riders
Citizen of the Year- Jeff Gomes	Town Toyota Center
City of Cashmere	Two Rivers Medieval Faire
Connell Community Float	WA ST Apple Blossom
Crunch Pak	WA ST Autumn Leaf Float
Dryden Community Church	Wenatchee Valley Corvette Club
Founders' Day Car Show Participants	Wenatchee Valley Humane Society
Founding Family: Brender	Wenatchee Valley Senior Activity Center - Ambassadors
Gnomes of Cashmere	Wenatchee Valley Senior Center- King & Queen
Jaeger's Towing of Cashmere	
Joyful Scholars Montessori	



Vendor Fair

Vendors

- Andean Essence (alpaca blankets, ponchos, sweaters & rayon dresses)
- Darling Days Boutique (resin art, concrete art & home goods)
- RC Upcycled Creations (garden art, jewelry & decor)
- Totally Bent (upcycled jewelry and accessories)
- Usborne Books (children's books)
- Book Sales at Cashmere Library & Cashmere Museum

Information Booths & Activities

- Cashmere Food Bank (info & activity)
- Flying M Air Helicopter Rides (\$45 per person)
- Gnomes of Cashmere (free DIY rock painting & face painting)
- Link Transit (bus tour & activity)
- NCRL Bookmobile (library on wheels)
- Upper Valley MEND (gleaning game)

Food & Beverage

- Bavarian Kettle Corn (kettle, carmel & tootie fruity corn)
- Franks Franks (hot dogs)
- Taqueria El Chavo (tacos)
- Kauai Girls Shave Ice (shave ice)
- Mission Creek Community Club \$5 BBQ Lunch (Downtown)
- Twin T's Ice-Cream Truck (ice cream bars)



File photo
 Children are collecting the ping pong ball dropped from the helicopter in Riverside Park, which could lead to some big prizes, like a new bicycle.

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Founders' Days

Parade Line Up
Friday & Saturday
★ June 28-29 ★



The chopper readies for the ping pong ball drop. FILE PHOTO

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THE RICHARDSON FAMILY, C. 1900. PHOTO CREDIT: STOCK BROTHERS NURSERY, COURTESY OF CASHMERE MUSEUM, CASHMERE, WA.

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Uncomfortable Grace

Grace can be uncomfortable and that is hard to accept sometimes.

We often only categorize grace with relief or release. For example, as a Christian, I am saved by grace which means I have been released from the condemnation of the Law.

And let me tell you, that is quite a relief.

Sometimes even when we pray for those who are ailing, we say "Lord, be gracious to them." What we are praying for in fact is for some measure of relief from suffering.

I am not saying we shouldn't pray those prayers but what if the suffering is a means of



A WALK WITH PASTOR JOHN SMITH

grace?

Grace is defined as "unmerited, undeserved favor from God." In other words, when we talk about God's grace applied toward the Christian it means that God has a favorable disposition towards them because of the finished work of Jesus. As Christians, we owe not only our salvation but our very lives to God's grace.

Grace is where we live. Yet as life experience tells you, living in this "favor" isn't always easy. We have difficulty. We get cancer. We lose our jobs. Our families go off the deep end and leave us scratching our head wondering what went wrong.

We experience all kinds of pain and suffering and to be real, it only intensifies once you become a Christian. Jesus didn't mince words when he said in John 16:33 "In the world you will have tribulation" and nor did the Apostle Paul who said in Philippians 1:29 "For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake."

Suffering is part of life but when it happens does it mean that you have fallen out of God's grace?

No. I remember meeting with a Christian brother who was going through an intense season of difficulty. After a bit of sharing, he concluded mournfully saying, "I guess I have fallen out of God's grace." In which I reminded him gently, 1) He wasn't in hell right now

and 2) This suffering is means of grace.

How is that possible? Because God's grace is not only for release or relief but to grow and develop Christ-likeness in you. God is so gracious that the suffering or the difficulty that you are enduring is not purposeless. Rather it is a means to give you Christian character and to demonstrate God's redemptive power in your life.

In 2 Corinthians 12:7-10, Paul speaks of a "thorn in the flesh" and how he prayed three times for it to be removed. We are unsure what precisely that "thorn" was, (whether it was a physical malady or something else) but we do know why he was given it: The "thorn" was used to keep him humble.

Now I usually stop here and wonder what if God answered Paul's prayer? What if God

immediately gave relief and removed Paul's "thorn"?

No one would dispute that a prayer answered is a terrible thing but I believe if it was answered, Paul would have missed out on something even better than just a temporary relief from affliction.

He most certainly would have missed out on the lesson of humility that God was trying to teach him but he would also miss out on what was said in verse 8.

"But he [Jesus] said to me, 'My grace is sufficient for you, my power is made perfect in weakness'" (2 Cor. 12:8).

Through Paul's suffering the grace and power of the Lord Jesus Christ was profoundly experienced. Although his body was failing him and the circumstances around him were falling apart, grace was sustaining and keeping him

together. In addition, in that moment of difficulty, the very power of Christ was resting upon him (1 Cor. 12:9).

Again, that would have been missed if he was removed instantly from trouble.

What about us? Be reminded that even though we face trials and tribulations of varying degrees, that doesn't mean that God has ceased to be gracious to us. In fact, in the suffering, God is manifesting his grace in a profound way by strengthening your faith and empowering you to be more like Jesus.

So instead of us running away from difficulty and crying out for an immediate escape, let us embrace the uncomfortable grace.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased.

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email editor@leavenworthecho.com

Q *I have been having stomach upset and diarrhea more and more frequently, especially after eating meals. When my doctor suggested I stop drinking milk or eating any dairy products, my stomach and intestinal problems went away. This is puzzling because I've drank milk all my life without any problem.*

Most dairy products from cows and goats including milk, ice cream, yogurt and cheese contain lactose, or milk sugar. We digest lactose in our small intestine with the help of a special enzyme our body makes called lactase. Without enough lactase enzyme available, the lactose present in dairy products can create gas, triggering abdominal pain, flatulence and diarrhea.

When we are very young our bodies make plenty of lactase, but that ability drops off after the age of 5. With less and less lactase enzyme available, at some point you may lose the ability to digest lactose and start experiencing stomach distress and diarrhea whenever you eat dairy products.

Not everyone loses the ability to make lactase as they mature. In genetic populations that domesticated cows and other milk-producing animals, adults who still consume milk products are likely to maintain lactase levels adequate to digest the lactose they get in their diet.

Although only 7 to 20% of Caucasian adults are estimated to be lactase deficient, nearly 90% of adults in both Native American and some Asian populations have lactase deficiency, along with 65 to 75% of African-American adults and 50% of adult Hispanics.

Once you develop lactose intolerance, what can you do? Many people with a lactase deficiency can tolerate foods containing lactose as long as they avoid getting too much at any one time. It helps to reduce the serving size of dairy products, space them out throughout the day, or both.

Foods with the highest concentrations of lactose include milk, ice cream, ice milk, some commercial yogurts, and cottage cheese. A one-cup serving of cow milk contains between 9-14 grams of lactose, while goat milk is similar at 11-12 grams. A one-half cup serving of cottage cheese contains less than half of that, and other cheeses contain much less, with barely 1 gram lactase per serving.

Live-culture yogurt without additives is well tolerated by most lactose deficient people because it naturally contains lactase. Many commercial low-fat yogurts have milk added to them after the fermentation process and contain more lactose per serving than a glass of milk.

Lactose is used in the pharmaceutical and supplement industry as an inert powder to add volume to medicines and supplements packaged as gelatin capsules. Most capsules contain about 400 mg of lactose, the amount found in 2 teaspoonfuls of

milk. Since most lactose intolerant people can tolerate up to 12 grams of lactose if it's distributed throughout the day, the amount of lactose in a capsule is unlikely to cause most people problems.

Commercial lactase supplements produced from bacteria or yeast can also help you digest dairy products, including Lact-Aid® tablets to be taken at meals, lactase drops you can add to milk, or milk with lactase already added. Most groceries now offer lactase-supplemented milk in non-fat, skim, 2% and whole milk versions. Along with the help of supplemental lactase enzyme, Lact-Aid® milk has less than one-third the amount of lactose found in standard milk.

If decreasing your lactose intake and taking an enzyme replacement doesn't reduce your intestinal distress after eating dairy products, your issue might not be lactose deficiency. At least two studies have reported finding normal lactase levels in people experiencing severe intestinal upset after drinking milk. The problem could be trouble digesting other types of carbohydrates like fructose or sorbitol, or possibly a sensitivity to the protein in milk.

Here are 5 Tips on Dealing with Intolerance



Ask... Dr. Louise

to Dairy Products:
1. Eat dairy in small amounts spread out over the day.

Minimize your intake of milk. Except for cottage cheese, cheeses have far less lactose than milk or commercial yogurts.

2. Try taking a lactase supplement.

Lact-Aid® is available as drops or tablets. You can take tablets at any meal containing dairy products or add the drops directly to your milk.

3. Drink milk with supplemental lactase already added.

Warning: acidophilus milk is NOT the same as supplemental lactase milk; it doesn't have lactase and contains the same amount of lactose as standard milk.

4. Use a dairy substitute. Coconut or almond milk can be good non-dairy substitutes for milk.

5. Consider goat milk.

Switching to goat milk may help if you have become sensitive to the protein in cow-sourced milk.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com. @2019 Louise Achey



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CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org	ST. JAMES EPISCOPAL CHURCH 222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736	CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.	SPRIT LIFE CENTER 210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza
CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana	EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org	CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.	MONITOR MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor Lilia Felicitas - Malana
CHRIST CENTER Cashmere Assembly of God • 509-782-2825 Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at - 206 Vine Street Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregation Care Pastor, Joyce Williams Pastor Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com	DRYDEN DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland	FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street • 290-0686 Sunday School, 9:45 a.m. • Worship, 11 a.m. Pastor Michael Brownell email: mkb3123@gmail.com	PESHASTIN LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org
LEAVENWORTH CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org	MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalleybaptist.org	LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Andy Dayton Youth Pastor, Kent Wright Pastor to Children & Families: Becky Goodman www.LCN.org	PESHASTIN ASSEMBLY OF GOD School and Lake St. • 548-7523 Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor Jorge Torres

Little riders receive mountain biking lessons at camp

By AL STOVER

Although school is out for summer break, several local little mountain bikers received some handy education that they can take with them on trails and hills.

The Central Evergreen Mountain Bike Alliance held a Beginners Youth Skills Camp for 6-9 year-olds, from June 17-21 at the Leavenworth Ski Hill.

The Central Washington Evergreen Mountain Bike Alliance is a "non-profit organization focuses on mountain bike advocacy, educating riders of all abilities, especially youth, and building and maintaining sustainable trails in the greater Wenatchee Valley area."

The organization hosts the skills camps to provide lessons to riders in order to help them become better bike riders on mountain biking trails.

One of the first lessons campers learned was to perform a check on their bikes before they ride for the trail, what Instructor Courtney

Feeney referred to as the "ABC's of bike checking."

Before riders hit the trail, they should pinch their tire to check the air pressure, then examine the breaks to make sure they are working properly and clean their chain if needed.

After completing these steps, riders should check their quick release, then their headset and handlebars to make sure they are straight, and not loose.

Folks should also make sure they bring their helmet every time they go out for a ride. Instructor Joel Augustine said to have the chin strap tight enough to where only two fingers can fit under it.

Throughout the week, riders learned various breaking techniques and the following body positions: neutral, ready, steady, forward, backwards and lateral. They also received instruction on how and when to shift gears when climbing a hill, and keeping their pedals level, dropping their heels and fingers on the break as they are descending techniques.

On the fifth day, riders

learned the importance of cleaning their bike. Augustine demonstrated on how properly to clean and lubricate a bike chain.

"It's important to keep your bike clean," Fenney added. "Rocks and dirt can get in the gears and if you don't clean them, you won't be able to shift properly."

Feeney said that campers also learned numerous safety tips and how to ride in groups along the trail during their five days at camp.

"This group had a blast," Feeney said. "Some of these kids have gone and ridden on the trails after the camp was over (for the day)."

In addition to becoming better riders, campers had the opportunity to perform some trail maintenance. While riding, Feeney and Augustine also recommended campers stop slowly and refrain from skidding, as it could ruin their tires and damage trails.

Avi Carvito was one of the campers and has been mountain biking since she was

six year ago. Carvito said she had fun at the camp and that her favorite part was riding on the trails.

Greer Swoboda was one a young volunteers who helped campers. Swoboda said she enjoyed volunteering at the camp as it allowed her to pass along her riding knowledge to the little riders, especially ones new to mountain biking.

"It brought back the nostalgia of when I was younger and starting to ride," Swoboda said. "It's awesome seeing the campers learn skills and that I can help teach them."

The Basic Skills Camp is not the only event Central Evergreen Mountain Bike Alliance will host at the Ski Hill. The organization returns host an Intermediate Youth Skills Camp for 9-12 year olds from July 8-12.

For more information about the camps or other programs, visit Evergreen's website at evergreenmtb.org, or contact centraleducation@evergreenmtb.org.



PHOTO BY AL STOVER/CVR.

Camper Avi Carvito practices her breaking technique.



PHOTO BY AL STOVER/CVR.

Greer Swoboda, one of the youth instructors (right) talks to one of the riders before the Beginners Youth Skills Camp.



PHOTO BY AL STOVER/CVR.

Instructor Courtney Feeney prepares to lead the campers down a hill during day five of the skills camp.



PHOTO BY AL STOVER/CVR.

Instructor Joel Augustine shows the campers how to apply dry lubricate to a bike chain.

Cashmere swim team cruises to first win

By AL STOVER

The Cashmere Swim team hosted their first meet of the season on June 20 against the Wenatchee Racquet and Athletic Club (WRAC).

The Bulldogs cruised to an impressive 1,002.347 win over WRAC with several swimmers winning their events.

Evan Bonnett won three events in the 8 and

Under division: the 25 yard backstroke, 100 yard individual medley and 50 freestyle.

Bonnett was not the only Bulldog to take the top spot in multiple events. Jack Binger won the 50 yard backstroke, 50 yard freestyle and 100 yard freestyle in the 9-10 years division.

Michael Acton took first in the 13-14 years 50 yard

backstroke and butterfly events while Easton Risdon won the event in the 15-18 years division.

Jackson Kovacevich, Luke Jacobson, Derek Hughes-Roberts and Dalan Smart took first their divisions' 100 yard IM. Smart also recorded a first-place finish in the 11-12 years' 50 yard butterfly and 50 yard freestyle events. Hughes-Roberts also won the 50 yard

butterfly and freestyle events.

Kovacevich also won the 9-10 years 50 yard breaststroke. Jacobson clinched first in the 50 yard breaststroke and 100 yard freestyle in the 13-14 years division.

Joeph Acton took the top spot in the 11-12 years 100 yard freestyle. Jude Edwards clinched first in the 8 and Under 25 yard butterfly while Nathan Arnold won the 9-10 years 50 yard butterfly.

Coen Binger placed first

in the 8 and Under 25 yard freestyle while Michael McPherson won the 13-14 years 50 yard freestyle event.

On the girls' side, Brianna Hughes-Roberts picked up impressive finishes in the 15-18 years bracket, including the 100 yard IM, 50 yard breaststroke and 50 yard freestyle events.

Teagan Kerns and Alia Kovacevich won the 50 yard backstroke in their respective divisions. Kerns also won the 100 yard IM and 50 yard freestyle in the 9-10 years division. Kate Jacobson took the top spot in the 13-14 years 100 IM race.

Elle Jacobson won the 8 and Under 100 yard IM, 25 yard butterfly and 50 yard freestyle. Audrey Adams took the top spot in the 11-12 years 100 IM, 50 yard freestyle and 50 yard butterfly.

Kiley Adams took first place in both the 50 yard butterfly

and 100 yard freestyle races in the 15-18 years bracket.

Taylor Van Winkle won the 8 and Under 25 yard breaststroke and Kate Croci placed first in the 9-10 years 50 yard breaststroke. Ada Bonnett and clinched the top spot in the 11-12 years 50 yard breaststroke and freestyle events.

Ellie Seidensticker won the 13-14 years 50 yard butterfly and backstroke events.

Haile James won the 9-10 years 100 yard freestyle. Adele Esmond recorded a first-place finish in the 9-10 years 50 yard freestyle while Neve Mitrakul took the top spot in the 13-14 years 50 yard freestyle.

In addition winning several individual events, the Cashmere girls won nine relay events while the boys took the top spot in eight.

Cashmere travels to Ephrata for their second meet on June 27.



PHOTO BY AL STOVER/CVR.

Cashmere's Riley Morgan swims in a relay during the Bulldogs' June 20 meet.



PHOTO BY AL STOVER/CVR.

Cashmere's Kiley Adams took first in the 50 yard butterfly and 100 yard freestyle races in the 15-18 years bracket.



PHOTO BY AL STOVER/CVR.

Cashmere's Alia Kovacevich won the 50-yard backstroke in her division.



PHOTO BY AL STOVER/CVR.

Cashmere's Lila Boushay swims the breaststroke leg of a relay.

Swim team

CONTINUED FROM PAGE A1

help them become comfortable with using starting blocks at meets.

Although practices are divided, she will have the older kids lead the younger athletes during meets, which is fun for her.

Dressell noted that some swimmers returned from last year's team and five athletes will compete at the 2A level when they swim for Eastmont High School as part of the athletic co-op.

"This team and these kids are great, and the board is so wonderful," Dressell said. "Seeing (the athletes) get better is very rewarding."

Helping Dressell is returning coach Kim Krumvieda-Bucha, who also teaches classes at the Cashmere pool. The team has two assistant coaches, one being Brianna Hughes-Roberts, who also competes in the 13-18 year division, and CHS alum and former swim team member Aster Dotson.

While Dotson is helping the older athletes in the evening for the second season, Hughes-Roberts, who is coaching for the first year, assists with the smaller kids.

For Hughes-Roberts, who has competed on the Cashmere swim team for the 10 years, said transitioning from a competitor to a coach has been fun for her and almost enjoys it more than actually competing.

"I'm teaching them basics

like how to swim," Hughes-Roberts said. "At this level, it's still new to them and they are hoping to get better."

As a competitor, Hughes-Roberts will race in the 50-yard freestyle, 100 freestyle and 50 break stroke events. She hopes to earn High Points at the July 27 Champs meet, the final competition of the season.

"I am looking forward to have fun this year," Hughes-Roberts added. "This year is not as competitive because there are less girls in my division. I'm (also) looking forward to helping the rest of the swimmers on the team."

The team is also helped though a board of directors comprised of family members. Adams said the team is like one big family.

She noted that the team provides a sport for kids to grow their skills and build their confidence.

"You can have a swimmer who can barely swim the length of the pool and by the end of the season they have learned all four strokes and they are confidence," Adams said. "I love seeing the swimmers grow, and I've seen kids stand taller (from confidence)."

Adams noted that swimming is a team sport, but athletes can still measure their progress and beat their own times over the season.

Cashmere will compete in six meets this season, with three home competitions - the first being on June 20 against the Wenatchee Racquet and Athletic Club (WRAC).

SWIMMERS of the Week



Abby Swanson, age 8

Abby swims hard at each practice and doesn't complain. She performed a perfect dive off the starting blocks. Congratulations Abby!

Silas Gaeck, age 13

Silas swam a 300 butterfly stroke by choice the first night of practice! He swims hard and is an awesome team mate. Congratulations Silas!



The Cashmere Swim Team, part of the Wenatchee Valley Summer Swim League, also includes teams from Ephrata, Quincy, Leavenworth, Waterville and the Wenatchee Racquet & Athletic Club. The season runs six weeks with Champs on July 27th with Head Coach Isabelle Dressell, Kim Krumvieda-Bucha, Aster Dotson and Brianna Hughes-Roberts. Meet schedule and info can be found on their facebook page.



Congratulations Swimmers of the Week!

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