

Junior Ranger Program Offers Excuse to Get Outdoors

By BRANDI CHARLES

The fact that summer is winding down and next week brings the start of a new school year, doesn't mean that the opportunity to have fun in the great outdoors has to end. Washington State Parks (WSP) offers a wide array of programs for children and families to participate in all year long. With an abundance of excuses for kids to stay indoors like: television, social media, cell phones and video games, it is just as important as ever for them to get outside and explore nature when they are not busy with their studies and other school activities.

The Washington State Parks Junior Ranger program has been in existence for more than 100 years and was one of the first National Park Service youth programs. Kids ages four to 12 can earn their Junior Ranger badge at more than 60 parks statewide. With so many parks in the state to choose from there are numerous options for day and overnight trips.

Earning the WSP Junior Ranger Badge is as easy as one, two, three. First, the child must visit a participating state park with a parent or guardian. Once at the park they will need to contact a staff member and ask for the free Junior Ranger booklet. Second, they will fill out the booklet using the symbols provided as they complete each age-appropriate activity. Third, they will return the booklet to the park's staff, this is when the child will recite the Junior Ranger pledge and receive his or her badge. A few exciting activities and programs coming up are the Junior Ranger morning program at the Lake Easton State Park amphitheater on Sunday, August 25, the Junior Ranger Oath ceremony and movie night on Saturday, August 24 at Lincoln Rock State Park and Nature Bingo on Saturday, August 24 at Cascade State Park.

Having a Junior Ranger in the family inevitably encourages exploration of the State Park system for siblings, parents/guardians and friends. The State Parks host many free days throughout the year with the next being Sunday, August 25. For those who are so inclined a Discover Pass is a great option to buy so that you can accompany your Junior Ranger all year long. For \$30, an annual pass offers vehicle access to millions of acres of state recreation lands in Washington, including more than 100 developed state parks, nearly 700 water-access points and 2,000 miles of water and land recreation trails.

With a new school year comes the excitement of having a new teacher, making new friends and



PHOTO COURTESY OF THE WASHINGTON STATE PARKS

Exploring the life cycle of a frog



PHOTO COURTESY OF THE WASHINGTON STATE PARKS

Junior Rangers each receive a free book on the program

learning new subjects, but it can also be a very stressful time in a student's life. Marilyn Price-Mitchell of the Washington State Family and Community Engagement trust says "There are many scientific studies that underscore the benefits of nature, including stress relief, improved concentration, creativity, and improved mental health. For families, the great outdoors is a

natural playground that contributes to a child's positive development." So while the weather is still shorts and t-shirt compliant a trip to one of the many State Parks within a few hour's radius is an affordable option that the whole family can enjoy and benefit from, plus on Monday morning the Junior Ranger in your life will likely have the coolest "what I did this weekend" story in the class.

Cashmere Library Hosts Out of This World End of the Summer Reading Party

By BRANDI CHARLES

The theme for this summer's reading program was "A Universe of Stories" where children and adults alike were encouraged to participate in a multitude of literary-themed activities all with an out of this world twist, culminating in the end up summer reading program party at the Cashmere Riverside Center on August 15. The party was arranged to be an interactive, space-themed event with five different stations set up to keep everyone entertained.

Each activity was set up to last approximately 15 minutes with volunteer Kitty Hasseries ringing a bell to signify that is was time to change stations. The first thing party goers were treated to was a "throw the asteroid through the rocket" game where players were challenged to get as many of the foil-covered "asteroids" through a pair of cardboard rockets. The game wasn't nearly as easy as it looked as at least 90% of the tosses missed their marks, even so everyone who participated had a great time. The next station was an updated version of the paper planes older generations of school children have thrown during class when the teacher wasn't looking. Participants colored and constructed paper rockets that were propelled by blowing through a straw.

Perhaps the most ambitious of the activities of the party was the rocket ship construction station. The idea was to use large recycled cardboard boxes and construction toys to carve and assemble a rocket ship to

display in the library. Since there were children as young as three years old working on the project, it might never actually make it into orbit; however, it was a treat to see the older kids helping the little ones as they ambitiously carved their hearts out with tiny, blunt construction tools.

Keeping with the space theme, another of the activities was making maps of the constellations with marshmallows and toothpicks. "The idea of it is to help them be able to identify the constellations in the sky," librarian Lisa Lawless said. Kids and their parents participated in this activity that included a map of the Milky Way and other familiar constellations. It was surprising to find that most of the cups still had marshmallows in them, seeing as how the room was full of children. "These marshmallows have been sitting out a long time so they're hard and sticky and not very good to eat," said Kim Miller who was manning the station, excellently deterring what surely could have been a marshmallow feeding frenzy. The final activity was the one with a 21st century twist. Party goers used tablets to guide spheres around an inflatable pool covered in paint to make designs on construction paper banners that read "Cashmere Library".

Overall it was a fun-filled afternoon and a fitting end to a summer at the library that challenged patrons young and old to look to the stars, never stop learning and it doesn't hurt to have a little fun while you're at it.

You can reach Brandi at the Leavenworth Echo office at 548-5286



PHOTO BY BRANDI CHARLES
Mapping the constellations with marshmallows.

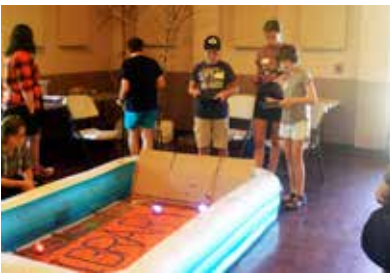


PHOTO BY BRANDI CHARLES

Manipulating disks in an inflatable pool.



PHOTO BY BRANDI CHARLES

Tossing asteroids through holes in the rockets.

Fire Precaution Level in Chelan County Raised to Very High

By BRANDI CHARLES

On Friday, August 2, the Washington State Department of Natural Resources increased the fire danger in Chelan county from high to very high/extreme. With summer coming to a close and the new school year rapidly approaching, tourists and locals alike are scurrying to get the most of what's left of their vacations. The Upper Valley is a hotspot for hikers, bikers, water sport enthusiasts, day trippers and campers alike. With the influx of visitors the risk of fire increases exponentially. By mid-August the

Upper Valley is well into fire season and with high temperatures, relative low humidity and intermittent thunderstorms the risk of fire is at an annual high. While lightening strikes are notorious culprits of igniting fires in our area, we cannot control Mother Nature.

According to the Department of Natural Resources (DNR), about 85% of all wildfires that occur annually in this state are human-caused with the majority of these fires being completely avoidable. Whether it be from campfires and bonfires, barbequing or cigarette smoking,

man-made fires are always a threat, but at this time of year with high temperatures and an abundance of dry brush to act as kindling, one tiny spark can end up with a very heavy price tag. Of the 85% of the wildfires that occur in Washington's state and private forests that are caused by humans, about 52% of these are determined to have been started either intentionally or negligently. According to the DNR "the simplest way to avoid having to pay any wildfire suppression cost recoveries is to 'burn smart' when you have to burn, and ensure your legal fire

is completely extinguished prior to leaving it unattended."

It is not only important to maintain responsible practices while handling fire from a safety standpoint, it can also cost those who do not observe the law in the way of heavy fines, penalties and even criminal prosecution. By law, Washington's DNR is to recover any costs associated with controlling and eliminating wildfires that occur on the 13 million acres of private and state-owned forestland if a fire is found to have been caused either criminally or negligently. Knowing what is and is not allowed by law is of the utmost importance. According to the DNR "no outdoor burning is allowed on DNR jurisdiction except

in approved campgrounds and burn permits for Prescribed Fire and ecological benefit carried out by trained professionals."

It is advisable to contact the fire department prior to lighting any fire because additional restrictions may be in place. The department states that all fireworks and incendiary devices, such as exploding targets, sky lanterns or tracer ammunition are illegal on all DNR protected lands. Daily updates on burn restrictions are available at 1-800-323-BURN (2876) or on the fire danger and outdoor burning risk map at <http://fortress.wa.gov/dnr/protection/firedanger/> and the IFPL map at <http://www.dnr.wa.gov/ifpl>.

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SENIOR FOCUS

A Guide to Healthy Living For Seniors and Others

Don’t delay the talk: An Early Alzheimer’s Diagnosis Can Make a Big Difference

(BPT) - After 30 years of painting commercial buildings, Mario Martinez of San Jose, California, had experienced days like this before - grueling hours under a sun-soaked sky, doing back-breaking work. He loved his job, but after spending hours outside he was ready to go home.

Mario bent down to pick up his paintbrush, roller and can. Turning back to look at his day’s work, he paused. His heart sank. He knew something was wrong.

“Mario came home and told me he had painted the wrong side of the doors on the building,” his wife Veronica said. “It was alarming because he’s been painting buildings for years and never made this kind of mistake. It worried us both.”

The couple had both noticed that Mario seemed to be more forgetful recently, but neither had shared their concerns with the other. Now that Mario’s memory lapses were interfering with his work, it was time to talk.

Take action through conversation

“Veronica told me I was asking for more and more help,” Mario said. “I told her that I was forgetting a lot of the things she asked me to do. The more we talked, the more I realized I had a problem. I was forgetting many moments in my life and not enjoying activities that I had enjoyed before.”

The couple’s difficult conversation led Mario to his doctor’s office and he was eventually diagnosed with Alzheimer’s disease.

Mario is not alone. He is one of more than 5 million Americans living with Alzheimer’s - a fatal brain disease that causes problems with memory, thinking and behavior. Every 65 seconds someone in the United States develops Alzheimer’s disease and it’s the country’s sixth-leading cause of death.

Despite Alzheimer’s

growing impact, many families struggle with discussing the issue. A recent Alzheimer’s Association survey reveals that 72 percent of Americans say that talking to close family members about cognitive decline would be challenging for them. However, having these difficult, but important conversations sooner can prevent a crisis and improve health options and outcomes.

Reach out for help

To encourage and help more families discuss cognitive problems sooner, the Alzheimer’s Association, in partnership with the Ad Council, has launched the “Our Stories” campaign. “Our Stories” features real stories of people who noticed cognitive changes in a family member and took the first, difficult step to initiate a conversation.

“It’s understandable that many families are reluctant to express their concerns and start a conversation, but there are good reasons to do so,” said Ruth Drew, director of information and support services, Alzheimer’s Association. “Initiating conversations sooner can enable early diagnosis, which offers many important benefits, including allowing more time for critical care planning, better disease management and providing diagnosed individuals a voice in their future care.”

The “Our Stories” website (alz.org/ourstories) offers families tools and resources, including customizable conversation starters, a list of early signs and symptoms of Alzheimer’s, benefits of early diagnosis, a downloadable discussion guide and other resources.

Whether you’re noticing changes in yourself or a loved one, starting a conversation about Alzheimer’s can be difficult, but it can make a big difference and there are resources to help. When something feels different, it could be Alzheimer’s - now is the time to talk.

Do you remember playing the party game “Gossip” or “Telephone”?

It starts out with a group of 3 or more people sitting in a circle. Player Number One starts the game by thinking of a “secret phrase” or short sentence, then whispering it to the person sitting directly to their right, Player Number Two.

After hearing the “secret phrase” ONLY ONCE from Player Number One, Player Number Two then turns to the person to their right and whispers the sentence exactly as they heard it into the ear of Player Number Three.

Player Number Three turns to the person directly to their right and passes on this “secret phrase”, and this goes on around the circle until everyone has participated. When the whispered sentence gets all the way back to Player Number One they share the version they just received with everyone.

It’s amazing how much each word deviates from the simple starting phrase, creating a version that’s often unrecognizable from its original version. Traveling through 6 different people, “Peter picked a peck of pickled peppers” transforms into “Please pass me some spotted pickles for my pizza.”

What makes this game so hilarious is how the original phrase gets bent out of shape so quickly, becoming sillier and funnier the more people it travels through.

Whether you realize it or not, you’re also playing the game “Telephone” whenever you get medical care from more than one place (clinic, emergency or urgent center, or hospital) or medical provider (primary care or specialist).

Americans value having choices. Choosing our own doctors, dentists, and hospitals is important to us, but there is

a dark side to having multiple options for medical care.

Every time you go to a different place for medical care or see someone different from your usual medical care provider, you start a round of “Telephone: Medical Edition”, opening up the opportunity for important medical information to get missed, miscommunicated or misunderstood.

Remember when your family saw just one doctor, who would see you at his or her clinic and come to the hospital to care for you if you became sick or injured? That level of individualized care rarely ever happens today. Today’s medical care system is fragmented, split between different types of care done in different places and by different people.



Instead of having most doctors having to travel to the hospital early in the morning before their clinic opens and again in the late afternoon after their last patient appointment is finished, most hospitals today hire their own doctors called hospitalists, who take care of everyone admitted to that facility.

Hospitalists and nurses work in specific time segments or shifts, and when it’s time to go home they transfer the care of their patients to someone else, called a “hand-off”. They communicate what needs to be done to their colleague coming on-shift, but will that

new physician or nurse always understand and follow through?

Do you or a loved one see a medical specialist, like a cardiologist or urologist? Have you been seen in the emergency room or hospital recently? Being transferred from one nursing unit in a hospital to another or discharged from a hospital to either a nursing facility, assisted living residence or home is called a “transition of care”.

If you have surgery, you’ll experience at least 4 transitions of care, each time getting care from different people in a different setting: being checked in or admitted to the facility, being prepared for the procedure, having the procedure done, getting care after the procedure, and going home.

Every time a hand-off or transition of care occurs is an opportunity for misunderstandings and for important information to get missed. This medical version of “Telephone” can lead to life-threatening deviations from the original plan of care, causing you or your loved one serious and preventable harm.

When 86-year old Jessie fell and broke her hip, she didn’t have a current list of her medicines and allergies to show the paramedics who took her to the hospital. After being medicated for her pain, she wasn’t able to tell them which medicines she was currently taking or list any of her allergies, so her doctors were forced to piece together information from her pharmacy and guess about the rest. What if she had been given something she was deathly allergic to that nobody was aware of?

Here are 5 Ways to Protect Yourself When Getting Medical Care:

1. Keep a CURRENT list of all your medicines and supplements.

Make a current list of ALL of your medications and any supplements you are taking and show it to EVERY ONE of your medical providers. Doctors missing crucial information about your current medications can too easily give you the wrong medicine, with dangerous, even devastating consequences.

2. Keep track of any



allergies or adverse reactions to medicines.

Make sure any allergies or adverse reactions you’ve experienced is documented on your medication list, and make sure your medical records are updated whenever you experience any problems with a medicine.

3. Use the same pharmacy whenever possible.

If all of your prescriptions are sent to the same place, it’s easier for the pharmacist to detect drugs that SHOULDN’T be given together and intervene for you, preventing an urgent physician visit, a trip to the emergency department, or worse.


4. Request results of tests and clinic visits be shared with ALL of your doctors.

When a specialist orders lab tests, always ask the lab to send copies of your results to your other main medical providers, keeping them on the same page. If your cardiologist changes your blood pressure medicine, ask them to send a copy of your visit directly to your family physician and make sure your own medication list is updated to reflect the change.

5. Ask Questions.

You can help avoid mistakes by speaking up if something doesn’t make sense or look right to you. Aware of what can go wrong, my physician colleagues personally make sure that their own loved ones always have a trusted family or friend with them during their hospital stay, ready to ask questions if something doesn’t seem quite right.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can’t Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website Medication Insider.com for daily tips on how to take your medicine safely. ©2019 Louise Achey



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SENIOR FOCUS

A Guide to Healthy Living For Seniors and Others

Six Questions to Ask Your Healthcare Provider About Out-of-Pocket Medication Costs

(BPT) - Even in the privacy of a doctor's office, many patients hesitate to discuss one subject - money.

While nearly one in four Americans over the age of 50 feels stressed about their medical bills, only half of those have spoken to their healthcare provider about it, according to a University of Michigan poll. But it pays to ask about the cost of your treatment. The same poll found that two-thirds of patients who talked to their healthcare provider about drug costs received a recommendation for a lower-cost alternative.

Speaking with your healthcare provider about treatment options and out-of-pocket costs should be one of the first things you do after being diagnosed with a chronic illness. But sometimes it can be hard to know how to start the conversation, or what questions to ask. As the largest independent charitable organization dedicated to helping people pay out-of-pocket costs for their prescribed treatments, the Patient Access Network (PAN) Foundation helps patients manage the financial burden of care every day. Dan Klein, President and CEO of the PAN Foundation, suggests asking your healthcare provider the following questions if you are concerned about the cost of your medication.

1. Can you or someone in your office help me find out how much this



medication will cost out-of-pocket?

Although drug prices fluctuate, and patients pay different amounts depending on their health insurance, healthcare providers or their staff can usually provide an estimated cost for a treatment or can call your pharmacy and find out. This simple question is an easy way to start the cost-of-care conversation and let your healthcare provider know that you want to explore ways to minimize your costs.

2. Does this medication have a generic equivalent

that I can use?

Many brand-name drugs, especially those that have been on the market for a long time, have generic equivalents that are significantly cheaper. These generic copies contain identical active ingredients and are rigorously tested by the FDA to ensure they are as safe and effective as the brand-name versions.

3. Could a change in dosage or frequency help reduce my costs, but still be effective?

Out-of-pocket costs should not prevent you from accessing

and adhering to your treatment. But controlled changes to your dosage or frequency may help you lower your costs without compromising effectiveness. It's crucial that this is only done under medical advice, as making cost-cutting decisions without your healthcare provider's input can be harmful.

4. Is there a less expensive way to receive my treatment?

Depending on your condition, there may be multiple ways to receive treatment, some more expensive than others. For example, oral anti-cancer agents have become an increasingly common part of cancer treatment plans but are sometimes more expensive

than traditional intravenous (I.V.) administration. Be sure to ask your healthcare provider if there is a cheaper treatment option for you that meets your healthcare needs.

5. Do you have drug coupon discount cards for my medication, or free samples?

Drug companies often give healthcare providers discount coupons or free samples to dispense to patients. It can be easy for healthcare providers to forget about these, so don't be afraid to ask! Drug manufacturer discount coupons can only be used by those with commercial insurance, not by people with Medicare or Medicaid.

6. Can you or someone in your office help me find

financial assistance to cover my costs? Is there a charitable foundation that I can apply to?

Charitable foundations, like PAN, can help patients pay their out-of-pocket costs for prescription medications. Your healthcare provider's office should be familiar with these programs and can point you in the right direction. You can learn more about patient assistance charities and connect with resources to help you manage your chronic illness at panfoundation.org. You can also download the FundFinder app from that website, which will notify you when assistance becomes available from any of the major charitable patient assistance foundations.



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■ COMMUNITY CALENDAR

Wednesday

Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St.
Call President, Melissa Grimm, 860-1535.

Cashmere Food Bank, 2:30-4 p.m., Cashmere food distribution center, 109 “C” Railroad Ave. Call Jim, 509-741-7551. (2nd & 4th Wed. & Sat.)

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)

The Underground Youth Group, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

Free weekly community meal, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street. Call 782-3811.

Cashmere Sportsmen’s Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

Monitor Homemaker Club, Noon, location varies. (3rd Fri.).

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

Cashmere Food Bank, 2:30-4 p.m., Cashmere food distribution Center, 109 “C” Railroad Avenue, for more information, call Jim, 741-7551. (2nd & 4th Sat. following Wed. of the same week, subject to change).

Sunday

CHURCH: See the church page for local service times and events. The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. (2nd & 4th Mon.)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month).

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314
Call for other information if not listed.

Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m.

Thurs., 11 a.m.- 8 p.m.

Sat., 9 a.m.-1 p.m. Sun., Closed.

Events:

Tues. & Wed., 10-10:30 a.m. **Story time Pre-K & up**

Wed., **Preschool Story time**, 10-10:30 a.m.

Wed., **Bilingual Story time**, 4:30-5 p.m. (last Wed. of every month)

Fri., **Baby/Toddler Story time**, 10:30-11 a.m.

Cashmere Museum and Pioneer Village

Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.

Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cottlets Way. Call 782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Cashmere

District Hosts Child Find Screenings

The Cashmere School District is seeking individuals ages birth to 21, who are not enrolled in a public school and may need special education services. Any family whose child resides within the district and qualifies for special education is eligible to receive services. North Central

ESD provides a variety of services related to early childhood, they may be contacted at 664-3781. Free Child Find screenings are scheduled for Thursday, August 29 at Vale Elementary. Translation services will be available for Spanish speaking families. To make an appointment or for more information call 782-2710. (r34).

Salmon Festival

Volunteers are needed

for September 19-21. Salmon Fest 2019 is coming soon and we are fishing for fest fans who can hook up to help out. Please call 509-548-6662 ext 226 or email director@salmonfest.org for information. (er34,35).

Cascade Medical Foundation Home and Garden Tour

Saturday, September 14, from noon-5 p.m. There are 5

beautiful homes located in Plain with lovely settings with wine tasting at Plain Cellars and the ever popular Glassybabies at one home. The tickets are \$20 with the proceeds going towards the purchase of new 3D Mammography equipment at Cascade Medical. To purchase tickets or if you have any questions email foundation@cascademedical.org or visit cascademedicalfoundation.org/fundraisers/home-garden-show (e,r 34,35).

Who cares about the debt?

According to the Trump administration’s estimate, America’s brand-new budget will add nearly a trillion dollars to our national debt – in just one year. That’s because the budget included an 8% increase in government spending versus a 3% expected rise in tax receipts. There’s one conclusion that is clear: The Tea Party is dead.

It seems that no one cares about the debt anymore, certainly not the financial markets. In theory, if you are already trillions of dollars in debt, and routinely spend more than you earn, any competent bank would charge you a very higher interest rate

– or not loan money to you at all. However, the bond market is currently willing to loan the US government money at less than 2% for 30 years. It’s not just the US government that is falling deeper and deeper into debt. Corporate America has more debt than at any time in history – and the stock market doesn’t seem to care about that either.

That makes me wonder: Perhaps Trump, the Republicans, the Democrats, the business world, the stock market and the bond market have it exactly right. Maybe we don’t have to worry about massive amounts of debt. There’s a small, growing



COMMUNITY VOICES
By BRAD BLACKBURN

school of thought in the economics world called Modern Monetary Theory (MMT). The very basic idea behind it is that huge amounts of debt really don’t matter, as long as a country can print its own currency and has low inflation. America checks both of those boxes. In fact, the last 10 years makes MMT seem like economic gospel.

However, we all know in our hearts that this is not sustainable. Someday, there will be too much debt, and no one will be able to ignore it. That won’t be a good day. Obviously, this is not a Trump problem – at least it’s not only a Trump problem. But, when he was running for President, he said he would pay down the debt in 8 years. Clearly, that’s not going to happen. Even worse, he’s not even talking about it. If Trump isn’t going to fix this, who is? If Trump supporters don’t care, who will? It’s unlikely you’ll see Democrats making our

debt a major priority anytime soon.

It’s a hard problem to solve, because the bad stuff might happen next year – or decades from now. I’m not the first person to express fear over our increasingly massive piles of debt. This column is almost certainly a rip-off of far smarter people than me who’ve been saying the same thing for decades. It’s also a hard problem to solve because there are no easy solutions. However, there are obvious solutions: Raise taxes, and spend less on entitlements and the military. But no one is winning an election on that platform. So, we will continue on this road until we can’t anymore. In related news, maybe I’ll retire soon.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor at 121 Cottage Ave., Cashmere. He can be reached at 509-782-2600 or email him at brad@blackburnfinancial.net.

■ SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.,

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.

■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

No lunch on Tuesdays and Thursdays

August 22, Thursday: No Lunch

August 23, Friday: Salisbury steak, potatoes & gravy, broccoli, tossed veggie salad, fruit cocktail, whole wheat bread, dessert.

August 24, Saturday: August 25, Sunday: Closed

August 26, Monday: Pulled pork sandwich, broccoli salad, green salad, peaches and dessert.

August 27, Tuesday: No lunch

August 28, Wednesday: Beef stroganoff, green beans, garden salad, whole wheat roll, and fruited Jell-O

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Contact:

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OBITUARY

Constance Louise Schroeder Robertson

Connie Robertson passed away peacefully surrounded by her family on August 16, 2019. She was born July 12, 1938, to Warren and Emma Schroeder. She grew up happily on Pioneer Avenue in Cashmere, Washington. Connie attended Cashmere High School and graduated from there in 1956, after which she studied dental assisting in Seattle. She then returned to the valley where she worked under Dr. Ruud and Dr. Vance. It was during this time, in 1968, when she met and married the love of her life Gary Robertson. They were married for 44 years until his death in 2011. After their wedding, they moved from Cashmere to Dryden and together ran Robertson Ranch. Throughout her life, Connie worked tirelessly to support her community through various outlets such as the Orthopedic Guild and multiple scholarships. Connie enjoyed miniatures, playing cards and reading in her spare time. In their later years, Connie and Gary retired to their home on Lake Chelan where they enjoyed many gatherings. The pure and complete enjoyment of her life was her grandchildren. Connie was a life-long member of

the Cashmere Presbyterian Church. Connie was preceded in death by her brothers: William and Dan Schroeder, her granddaughter Nancy Jo Robertson, and her husband Gary Robertson. Connie leaves behind three children: Barbara Corn (David), James Robertson (Colleen), Karin Blomquist (Lee); eight grandchildren: Sarah Strole (Pete O'Donnell), Emily Vilbrun (Mickenson), Curtis Strole (Cheriese), Gary Blomquist, Rudy Blomquist (Maggie), Karley Maher (Aidan), Warren Robertson (Kelly), Alexander Robertson (Shelby), and one great-grandson Noah Vilbrun. A graveside service for family and close friends will be at the Cashmere Cemetery on Evergreen Drive Tuesday, August 27 at 11 a.m. and a memorial service will follow at the Cashmere Presbyterian Church at 12 noon. As per Connie's request, in lieu of flowers, please feel free to make a donation in her honor to the Cashmere Schools Foundation. Please feel free to leave any thoughts and memories for the family at www.prechtrose.com. Services are entrusted to Precht Rose Chapel of Chelan.

Help Support The Cashmere Food Bank

Staple foods like: Canned vegetables, fruit, peanut butter, tuna and beans are always appreciated.
The Cashmere Food Distribution Center • Located at 109 "C" Railroad Ave. • Distribution times and dates have been recently changed: Wednesdays: 2nd and 4th of each month
Saturdays: schedule follows the Wednesday distribution



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Dealing with Disappointment

There are loads of difficult things in life, and experiencing disappointment is one of them.

Disappointment can come by way of many things: a job that was lost, a failing relationship, or a heartbreaking cancer prognosis. Yet those are just a few of the situations that you or someone closest to you may be struggling with.

Generally speaking, life is full of disappointments and if that is the case, then what do we do about it? First, a heavy dose of realism is needed. You aren't going to land every promotion. Relationships are going to have problems. There are going to be falling outs. So, recognizing that those are sure to happen within a fallen world helps us manage a realistic level of expectations.

Second, we need to place our hope not on our circumstances but on God. Our life situations are always changing from one moment to the next. In an instant, a teenager with a promising career in college football can be stricken with terminal cancer or a successful local business suddenly closing shop because of the internet marketplace. Life here is transient but God isn't. He never changes and is always "the same yesterday and today and forever" (Heb. 13:8). His character is what theologians call "immutable", which means that God is unchanging, faithful, and constant. In an ever-changing universe, God remains the same—perfect and steadfast.

When we set our hope on God and not on the fleeting glories of achievement or unrealistic expectations, it aids us from being crushed with disappointment when things don't pan out.

But what about when God disappoints?

Let's be real, many people feel disappointed with God. As a pastor, I see this all too often. Individuals give and pray to God and then something happens in their life, those prayers aren't answered and leave them disillusioned with God.

Now I am not going to wag my finger and say "You



A WALK WITH PASTOR JOHN SMITH

shouldn't feel that way." because many people do, even faithful Christians experience this from time to time. Pastors, likewise aren't immune to disappointment. Admittedly, I have felt crippling disappointment with God and have had to wrestle through it.

Yet one thing is clear and should be remembered if we are struggling with being disappointed with God and it is this: God has never done any of us wrong but is infinitely for our good (Rom. 8:28).

God gave us redemption through Christ, of which none of us deserve. We deserve wrath and Hell because of our sin and yet out of the goodness and loving-kindness, God sent to the world Jesus to save (Titus 3:4-5).

With that perspective in mind, God never disappoints. He has given us in abundance everything that we could ever dream yet do not deserve. Forgiveness of sins, eternal life, a home called heaven and most importantly, himself—who's goodness is everlasting to everlasting—are graciously given to us through simple faith.

In spite of the disappointments in our lives (and there are many), the reality of what God has done for us shines through when we take a moment to remember. God has not failed you, but has exceedingly demonstrated that he always is faithful.

When you are experiencing crushing disappointment, think about how Jesus was crushed for your iniquities and how he gave himself to give you abundant life (Isa. 53:5, Jn. 10:10). Think about the cross and set your hope on that, because that hope in God never disappoints (Rom. 5:5).

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



CHELAN COUNTY
SHERIFF, FIRE & EMS
REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

August 9

02:28 **Suspicious**, 310 River St.
05:01 **Hazard**, Mission Ave. & S. Division St.
07:22 **Agency assist**, 3898 Old Monitor Rd., Anjou Bakery
09:26 **Vehicle theft**, 304 Pioneer Ave.
12:56 **Burglary**, 104 River St.
15:18 **Weapons violation**, 4600 Kelly Rd., Monitor
19:48 **Noise**, 9386 Olalla Canyon Rd.
20:17 **Suspicious**, 306 Woodring St.

August 10

02:24 **911**, 108 1/2 Cottage Ave.
10:09 **Suspicious**, 201 Riverside Dr.
11:58 **Malicious mischief**, 8101 Hay Canyon Rd.

August 11

01:53 **Prowler**, 4588 Old Monitor Rd., Monitor
12:02 **Public Assist**, 117 Aplets Way
17:21 **Runaway**, 5301 Sunset Hwy.
17:31 **Property**, 402 Pioneer Ave.
17:33 **Public assist**, 8703 Alice Ave., Dryden
17:42 **Domestic disturbance**, 4300 Old Monitor Rd.
22:23 **911**, 817 Pioneer Ave.

August 12

03:43 **Vehicle theft**, 6125 Hay Canyon Rd. #19
11:11 **Welfare check**, E. Nahahum Canyon Rd.
14:50 **Trespass**, 8703 Alice Ave., Dryden
19:43 **Welfare check**, 8703 Alice Ave., Dryden

August 13

04:44 **Juvenile problem**, 206 Chapel St.
08:25 **Trespass**, 3992 Old Monitor Rd.
13:52 **Welfare check**, Aplets Way & E. Prospect St.
14:03 **Suspicious**, 201 Riverside, Riverside Park
16:17 **Trespass**, 6836 Dryden Ave.
18:34 **Animal problem**, 206 Woodring St., Area

August 14

00:56 **Suspicious**, 7506 Olalla Canyon Rd.
07:47 **Welfare Check**, 306 Pioneer Ave.
15:30 **Traffic offense**, 8112 Depot Rd., Dryden
17:03 **Parking/abandoned vehicle**, 6801 Dryden Ave., Dryden
18:10 **Littering**, 4751 Kelly Rd., Monitor

August 15

00:53 **Hazard**, Olalla Canyon Rd. MP 3
00:54 **Suspicious** 115 Pleasant Ave. #13
11:55 **Agency assist**, 8703 Alice Ave., Trailer 4
12:14 **Juvenile problem**, 916 Pioneer Ave. #B
14:06 **Traffic offense**, Eels Rd.
14:42 **Public assist**, 102 River St.
14:48 **Trespass**, 104 Paton St.
19:22 **Traffic offense**, 8112 Depot Rd., Dryden
19:58 **Suspicious**, 5510 Mill Rd., A&W Paving
20:03 **Alarm**, 201 Cottage Ave., Downtown
22:21 **Harass/threat**, 4620 Old Monitor Rd.

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

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CASHMERE BAPTIST CHURCH

103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Paster Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH

303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 509-782-2825
Worship Celebration & Sunday School 10 a.m.
Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at - 206 Vine Street
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Pastor Ian Ross, Director of Operations
Steffanie Haney, High School Director
christcentercashmere.com

GRACE LUTHERAN CHURCH

Vine & Elberta Streets • 860-0736
Worship 10:30 a.m.
Pastor Robert Gohl

St. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590
Holy Eucharist 9 a.m.
5th Sunday Morning Prayer 9 a.m.
Deacon Carol Forhan - 670-1723
Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6:00 p.m.
Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH

Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
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Pastor Todd James
www.cmbiblechurch.org



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418 Evans Street • Leavenworth
509-548-5619. Rev. Matt Gorman
Sunday service 10 a.m.
www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH

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• Sunday Worship 10 a.m.

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Pastor Michael Brownell
email: mkb3123@gmail.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292
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Youth Pastor, Kent Wright
Pastor to Children & Families: Becky Goodman
www.LCN.org



SEVENTH DAY ADVENTIST CHURCH

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Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR



MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD

School and Lake St. • 548-7523
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Pastor Jorge Torres

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7591 Hwy. 97 - 548-4222
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Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
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P.E.O. Chapter JF, WA announces scholarship winners



PHOTO BY CAROL FORHAN.
From left, P.E.O. Scholarship committee chair, Mimi Keller, scholarship recipients Amanda Schafer, Kaitlin Schmitt, Maria Navarrate, and President and scholarship member of P.E.O. Chapter JF, Washington, Joyce Schiferl.


SUBMITTED BY MIMI KELLER

Amanda Schafer, Dryden, is completing her certification in Family and Consumer Science from Central Washington University.

Katie Schmitt, Peshastin, is working towards her Masters in Social Work at Boise State University. Maria Navarrate, East Wenatchee, is pursuing her Master's degree in Social Work with an emphasis in Mental Health from Eastern Washington University.

P.E.O. is an organization of woman who provide support to other women as they continue their educational journey. The Local Chapter JF-WA is grateful for the continued support from Leavenworth and surrounding communities in helping us reach our goals.

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- ♦ www.cascademedicalfoundation.org/fundraisers/home-garden-show
- ♦ Questions? Email foundation@cascademedical.org

CASHMERE VALLEY

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9 a.m. - 5 p.m. Monday-Friday

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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story?

Call the Record at 509-782-3781

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Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

HELP WANTED

Brewster School District is accepting applications for a full-time custodian to work
Monday – Friday
beginning at
2:30 p.m. – 11:00 p.m.
Beginning salary \$16.32, depending on experience. Medical, dental and optical benefits are offered. Applications are available on the district's website
<https://brewsterbears.wednet.edu>

This position is open until filled.



HIM Clerk
Full-Time

Three Rivers Hospital is in need of an HIM Clerk. This position will assist the Health Information Dept in clerical, secretarial and assistant duties. Basic knowledge of computers required. Medical terminology and transcription experience and minimum of 2 years' experience preferred. Monday– Friday; 40 hours/ week. Interested Candidates may apply in person or by mailing their resume to:
Three Rivers Hospital
Human Resources
Department
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

The Brewster Police Department is looking for qualified lateral and entry level police applicants.

SALARY RANGE:
\$4,351 - \$4,842 based on years of experience. Benefits include longevity & educational pay, 93% health insurance paid, Spanish speaking incentive pay. \$10,000 sign on bonus **for lateral only.**

Interested applicants should contact the Brewster Police Department Civil Service Secretary for confirmation of minimum qualifications. Brewster Police Department Civil Service PO Box 1074
Brewster, WA 98812.
Phone (509) 689-2331. Click here to download the application
<http://www.cityofbrewsterwashington.org/police%20department.html>
Closing August 30, 2019. Application can be submitted to jescobar@brewsterpd.org. Application fee waived.



The Cascade School District is seeking qualified applicants for the following positions:

Icicle River Middle School
Volleyball Coach

Cascade High School
Assistant Volleyball Coach and
Assistant Girls Soccer Coach

Fast Track application process and information can be found on our website at:
www.cascadesd.org
EOE

PUZZLE SOLUTION

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Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at noon
for the paper
**Lake Chelan Mirror
Leavenworth
Cashmere**

Deadline Tuesday at noon for the paper
Quad City Herald

GARAGE & YARD SALE



CLEAR SOME SPACE WITH A YARD SALE

Fill your pockets with **\$\$ CASH \$\$**
Let others know what items you are selling!

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper
**Lake Chelan Mirror
Leavenworth/
Cashmere**
Deadline Tuesday at noon
Quad City Herald

Your ad will appear online and in the newspaper for one low price.

AUTOMOBILES

PATEROS SCHOOL DISTRICT SURPLUS VEHICLE FOR SALE

The Pateros School District has declared for surplus a **2000 Ford Taurus Sedan**. 168,775 miles, runs, but needs work. Questions should be directed to Jason Getzin @ 923-2751 x 4 or jgetzin@pateros.org . Sealed bids accepted in the District Office until noon, Monday, September 9, 2019. Please write the exact amount of your bid and place it in a sealed envelope entitled: "Pateros School District Surplus Sale Bid"; PO Box 98; Pateros, WA 98846. Bids will be opened in the Superintendent's office at 12:15 p.m. on Sept 9, 2019. The board of directors reserves the right to review and award all bids during this process. Successful bidder will be notified and payment must be made by certified check.

BOATS & TRAILERS



Leavenworth. Very nice 10 ft. fiberglass boat, modified with 2 oars and 1-1/2 Hp electric motor and anchor. A fun boat for perch or bass fishing. No Trailer. \$650. 509-548-4321.

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY
In the Matter of the Estate of **JENNIFER KATHRYN SIFUENTES**, Deceased.
No. 19-4-00261-04

PROBATE NOTICE TO CREDITORS
(RCW 11.40.030)

The Personal Representative named below has been appointed as personal representative of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to the notice agent or the notice agent's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided for in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets.

DATE OF FIRST PUBLICATION: August 21, 2019

/s/ Rebecca J. McDaniel
Rebecca J. McDaniel
Personal Representative

Attorney for the Personal Representative:
David A. Kazemba,
WSBA No. 48049

Address for Mailing or Service:
Overcast Law Offices, PS
Attn: David A. Kazemba
23 South Wenatchee Avenue,
Suite 320
Wenatchee, WA 98801
(509) 663-5588

Court of probate proceeding and cause number:

Chelan County Superior Court
Cause Number: 19-4-00261-04

Published in The Leavenworth Echo/ Cashmere Valley Record on August 21, 28, and Sept. 4, 2019. #85917

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN

DAVID GRAHAM and STARLA GRAHAM, a marital community of Washington Citizens, Plaintiffs, vs. WESTERN TRADERS INTERNATIONAL, INC., a Washington corporation; WESTERN TRADERS LIMITED LIABILITY COMPANY, a Washington limited liability company; BLOSSOM POINT, LLC, a Washington limited liability company; PINE CANYON GROWERS INTERNATIONAL, INC., a Washington corporation; PINE CANYON GROWERS LLC, a Washington limited liability company; PINE CANYON LAND CO., LLC, a Washington limited liability company; ANDREW T. and BROOKY M. FEIL, a marital community of Washington citizens; MARC SPEARS, a Washington citizen; RYAN T. and TENNILLE VICKERY, a marital community of Washington citizens; SUMMER and SEAN SAHLI, a marital community of Washington citizens; STEPHEN SKYLSTAD, a Washington citizen; JOSH P. and LISA M. LAWRENCE, a marital community of Washington citizens; VICKERY ORCHARDS, INC., a Washington corporation; S & V ORCHARDS, LLC, a Washington limited liability company; LAWRENCE ORCHARDS, LLC a Washington limited liability company; and ANDY FEIL ORCHARDS LLC, a Washington limited liability company. NO. 19-2-00616-04 Defendants.

SUMMONS BY PUBLICATION

THE STATE OF WASHINGTON TO THE DEFENDANTS: SUMMER and SEAN SAHLI, a marital community of Washington citizens; and RYAN T. and TENNILLE VICKERY, a marital community of Washington citizens.

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty days after the 7th day of August, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff, DAVID GRAHAM and STARLA GRAHAM, and serve a copy of your answer upon the undersigned attorneys for Plaintiff, Jeffers, Danielson, Sonn & Aylward, P.S., at its office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The Plaintiff seeks a judgment awarding money damages and attorney fees and costs for breach of contract, unjust enrichment, and conversion. DATED this 7th day of August, 2019 JEFFERS, DANIELSON, SONN & AYLWARD, P.S. By: s/H. Lee Lewis LINDSEY J. WEIDENBACH, WSBA # 43523 H. LEE LEWIS, WSBA # 46478 Attorneys for Plaintiffs PO Box 1688 Wenatchee, WA. 98807-1688 (509) 662-3685 (509) 662-2452 Published in The Leavenworth Echo/ Cashmere Valley Record, Lake Chelan Mirror on August 7, 14, 21, 28 and September, 4, 11, 2019. #85836



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PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Trust Estate of **KENNETH A. MCELROY**, Deceased.
No.19-4-00259-04


NONPROBATE NOTICE TO CREDITORS
RCW 11.42.030

The notice agent named below has elected to give notice to creditors of the above-named decedent. As of the date of the filing of a copy of this notice with the court, the notice agent has no knowledge of any other person acting as notice agent or of the appointment of a personal representative of the decedent's estate in the State of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the decedent has not been issued to any other notice agent and a personal representative of the decedent's estate has not been appointed. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to the notice agent or the notice agent's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: August 21, 2019

The notice agent declares under penalty of perjury under the laws of the State of Washington on 21st day of August, 2019, at Wenatchee, Washington, that the foregoing is true and correct.

MARCIA M. HENRY
Notice Agent:
MARCIA M. HENRY
Attorneys for the Notice Agent:
DAVID J. BENTSEN
Address for Mailing or Service:
Speidel Bentsen LLP
7 North Wenatchee Avenue,
Suite 600
P.O. Box 881
Wenatchee, Washington 98807
Court of Notice Agent's Oath and Declaration and Cause Number:
Chelan County Superior Court
Cause No. 19-4-00259-04
Prepared By:
SPEIDEL BENTSEN LLP
By:
Russell J. Speidel,
WSBA No. 12838
David J. Bentsen,
WSBA No. 42107
7 North Wenatchee Avenue,
Suite 600
P.O. Box 881
Wenatchee, Washington 98807
(509) 662-1211
Published by The Leavenworth Echo/ Cashmere Valley Record on August 21, 28, and September 4, 2019. #85908



PUBLIC NOTICES


CITY OF CASHMERE SUMMARY OF ORDINANCE NO. 1278

On the 12 day of August, 2019 the City Council of the City of Cashmere, Washington passed Ordinance No. 1278. A summary of the content provides as follows:

ORDINANCE NO. 1278
AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON, AMENDING ORDINANCE NO. 1273 ADOPTING THE 2019 BUDGET, AND SETTING AN EFFECTIVE DATE.

Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815.

Published in The Cashmere Valley Record/ Leavenworth Echo on August 21, 2019. #85928



NOTICE OF TRUSTEE'S SALE

Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202, Seattle, WA 98104 Trustee Sale No.: WA-19-855146-SW Title Order No.: 190756767-WA-MSW Reference Number of Deed of Trust: Instrument No. 2446090 Parcel Number(s): 222005937045 Grantor(s) for Recording Purposes under RCW 65.04.015: ANDREW E GUZMAN AND CHELSEA D IRELAND, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): LAKEVIEW LOAN SERVICING, LLC Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Cenlar FSB I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 9/20/2019, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOT 9, WESTPARK 3RD ADDITION, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 7 OF PLATS, PAGE 60. More commonly known as: 210 MARIE AVE, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 10/12/2016, recorded 10/17/2016, under Instrument No. 2446090 records of CHELAN County, Washington, from ANDREW E GUZMAN AND CHELSEA D IRELAND, HUSBAND AND WIFE, as grantor(s), to FIRST AMERICAN TITLE INS. CO., as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. SOLELY AS NOMINEE FOR BAY EQUITY LLC., ITS SUCCESSORS AND ASSIGNS, as original beneficiary, the beneficial interest in which was subsequently assigned to LAKEVIEW LOAN SERVICING, LLC, the Beneficiary, under an assignment recorded under Auditors File Number 2462179 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$16,516.74. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$213,949.64, together with interest as provided in the Note from 10/1/2018 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 9/20/2019. The defaults referred to in Paragraph III must be cured by 9/9/2019 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 9/9/2019 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 9/9/2019 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 4/8/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sfh/hcc/fc/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcfc> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-19-855146-SW. Dated: 5/14/2019 Quality Loan Service Corp. of Washington, as Trustee By: Javier Olguin, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-855146-SW Sale Line: 800-280-2832 or Login to: <http://wa.qualityloan.com IDSPub #0153097 8/21/2019 9/11/2019> Published in The Cashmere Valley Record/ Leavenworth Echo on August 21 and September 11, 2019. #85181



HOT AND SIZZLING REAL ESTATE SIZZLE

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Run it till it sells \$100

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