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# Chaplain Maynard W. Atik Brings Memories of Tragedy and Message of Hope



Cashmere's 9/11 memorial improvements create a moving experience for all that have visited.

PHOTOS SUBMITTED BY SKIP MUNGAAS.

PHOTO BY BRANDI CHARLES.

Chaplain Maynard W. Atik

By BRANDI CHARLES

Long before he brought the crowd at this year's 9/11 Spirit of America Annual Remembrance Ceremony to it's feet, Chaplain Maynard W. Atik was compassionately caring for those brought to their knees by horrific tragedy. From Oct. 2001 to May 2002, he was a volunteer chaplain with the Red Cross and later at St. Paul's Chapel. Located directly across the street from the World Trade Center site. St. Paul's Chapel became a place for exhausted police, firefighters, construction crews, rescue workers and numerous others to clean up, rest and eat. In the days and months immediately following 9/11 the call was made for clergy to come and be of comfort to the weary and Mr. Atik answered the call.

Born and bred in Brooklyn,

New York, Mr. Atik graduated from St. Olaf College and Luther Theological Seminary. Having had many different experiences as a member of the clergy, it would be the events of 9/11 that would leave an indelible mark on him. He was living in Brooklyn at the time and was watching The Today Show when he first saw the news that a plane had hit the north tower.

Working as a volunteer chaplain in the months after 9/11 Mr. Atik remembers the "sad eyes" of the first responders. He recalls an occasion 10 years after 9/11 when he was visiting the Tower Footprints at the 9/11 Memorial and Museum. A firefighter and police officer approached him and said "I'm here for my partner who was younger and faster" he says that was all they needed to say.

His is a ministry of presence, often people just need to be heard and to know that there is someone willing to listen.

When discussing the September 11th Victim Compensation Fund, he stresses the need for not only the physical health of the first responders, but also a need for their mental health. If he were to be able to speak to a person who was there on 9/11 he says what he would ask of them would be "how has this affected you?" The reverence he has for those who served on that day is clear in his tone and recollection of events. We all remember where we were that day, but to have been a clergy member at the time, a person who others look to for guidance, must have been on a whole other level of responsibility and grief. Mr.

Atik credits the grief counseling that he has undergone with being of a great help to him in coping with the aftermath of 9/11.

Today Mr. Atik lives in downtown Edmonds with his wife Darleen. He is a proud father of two. His son David is a flight nurse who lives in San Diego and is married with two children. His daughter Kirsten lives in Seattle working as a communications director at the University of Washington and is married with two children. Quick to tell anyone who will listen that he is not a Yankees fan, he has ushered at T-Mobile park for the Mariners for the past 15 years. He also enjoys swimming and making Santa's out of clay.

To conclude his speech at the 9/11 Spirit of America Annual

Remembrance Ceremony he recited these verses from a hymn by Robert Wadsworth Lowry: "Through all the tumult and the strife, I hear that music ringing. It finds an echo in my soul, how can I keep from singing? No storm can shake my inmost calm, while to that refuge clinging. Since Christ is Lord of Heaven and Earth, how can I keep from singing?"

During this year's 9/11 Spirit of America Remembrance Ceremony Mr. Atik was presented with the Spirit of America Award and it was well deserved. For a man that has seen so much tumult in the wake of the horror we all felt that day, he is a true testament to the compassion and caring that can come out of tragedy, and to hear his first hand account of the heroism and strength that he witnessed is truly inspiring.

## Cashmere FFA Market Lambs



PHOTO SUBMITTED BY RUSTY FINCH.

Front: Left to Right Reserve Champion - Maddie Fadenrecht, Grand Champion - Neely Ovenell.  
Back: Isabel Fadenrecht, ElleSpears, Sydney Young, Sophie Graybill



SUBMITTED PHOTO.

Sydney Young & Keelauna Lloyd get ready to show their sheep. For local Fair results see page A2.

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## Cashmere Has Good Showing at First Meet of the Season

SUBMITTED BY JEFF KENOYER

Cashmere High School competed in the Manson Invitational cross country race on Saturday September 14. The meet was held on the gravel public walkways around Wapato Point resort and was five kilometers in length. With beautiful views of Lake Chelan and weather that was overcast

with temperatures in the lower 70's, the conditions were good for the first meet of the season. Girls results: There were 64 runners competing in the girls race. Seventeen were from Cashmere. There were six complete teams (teams with at least five runners). Team Scores: Cashmere 31, Cascade 75, Mariner 82, Royal City 91, Manson 105, Tonasket 143.



PHOTO BY GARY BÉGIN/NCW MEDIA.  
Adria Torrence (1572) finished 5th and Eleanor Nelson (1565) finished 3rd at the Manson invite on Saturday.

CASHMERE INDIVIDUAL RESULTS:		
The number in front of the name indicates the finishing position of each runner.		
2.	Sydney Smith	21:05.50
3.	Eleanor Nelson	21:35.84
5.	Adria Torrence	22:27.14
10.	Johanna Christensen	22:58.81
11.	Erin Kinser	23:14.74
14.	Tristan Hoffman	23:47.33
15.	Jessie Nixon	23:50.51
16.	Kylee Foster	23:53.33
18.	Ellie Martin	23:55.71
25.	Aliesha Dowell	24:59.72
30.	Hailley Larson	25:31.91
31.	Bella Fox	25:32.24
38.	Therese Martinez	26:46.96
42.	Jenna Reeder	27:48.81
47.	Willow Tonseth	28:48.41
48.	Carly Schoening	28:53.73
54.	Keelauna Lloyd	30:37.97

BOYS RESULTS:		
There were 115 runners and nine complete teams. Team Scores for the top five teams: Manson 46, Cashmere 68, Cascade 75, Brewster 96, Omak 117.		
1	Rob McManus	16:35.54
2	Sam Kinser	16:46.57
15	Felix Dotson	18:21.84
17	Dyllion Taylor	18:22.70
35	Henry Nelson	19:33.20
57	Eli Lyons	20:50.68
59	Oscar Oropeza	20:57.20
60	JJ Groner	21:03.61
62	Rolland Schmitt	21:14.12
67	Micah Guerin	21:27.40
71	Abram Zanol	21:38.80
79	Garrik Strong	22:13.29
83	Owen Newman	22:26.86
86	Gunnar Simmons	22:48.34
89	Sebastian Kelzenberg	23:07.15
90	Jackson Donald	23:09.44
91	Aidan Campbell	23:14.09
95	Drake Hesselschwart	23:19.53
104	Colton Duke	25:47.24
105	Easton Risdon	25:49.14
It was a good first meet for the Bulldogs. The next race is Saturday September 21st at the Wenatchee Invitational held at Walla Walla Point Park in Wenatchee.		



PHOTO BY GARY BÉGIN/NCW MEDIA.  
Sydney Smith finished second at the Manson Invite

## Preview for 2019 Cashmere High School Cross Country

By JEFF KENOYER

Cashmere girls won the 2018 Caribou Trail League championship by 19 points. Our fastest five girls (which are the runners that count towards the team score) all placed in the top eleven in the meet. Being first in the league championship meet qualified the girls to run at the State Championship meet in Pasco. At state, Cashmere girls finished eighth. We have six of our seven state runners back on the team this season so we do have some experience returning. Senior Eleanor Nelson has participated in three state meets. Juniors Syd Smith, Adria Torrence and Gabby Terrell-Lewis have run in two state meets while Junior Erin Kinser and Sophomore Tristan Hoffman have run in one state meet. Currently Cashmere has nineteen girls on the roster. It is our largest number of girls ever. There will be a lot of competition among the girls for the top seven spots on the team. The Caribou Trail League should be very competitive for the girls again this year. Only two girls that finished in the top 15 at the league championship meet graduated. There will potentially be 13 of the 15 top runners in the league returning. Cashmere girls have won the league meet the

last two seasons.

The Cashmere boys finished in third place at the league championship meet. Two boys finished in the top seven in the meet and earned a chance to run at the state championship meet even though the team itself did not qualify for the meet. Rob McManus finished 6th overall at the state meet and Sam Kinser was 37th. Both are on the team again this season.

Cashmere has twenty-nine boys on the roster which makes this our largest boys team ever. Junior Rob McManus and Senior Sam Kinser both have run twice at the state meet. Junior Dyllion Taylor ran at state as a freshman.

Based on potential returning athletes, Cascade will be the team to beat in the boys' portion of the league meet. They finished in second place at the State Championship meet. Six of their top seven runners are returning.

The top two boys teams and top two girls team will qualify for state this year. It should be an interesting league meet (Tuesday October 29th at Walla Walla Point Park in Wenatchee).

Former Cashmere state competitor, college athlete and 1st grade teacher, Kea Paton Yamamoto, is the assistant coach this season. Former head coach John Durham is returning as a volunteer coach this season.

## Influenza Update 2019

Every year, between 5-20% of Americans become ill from influenza, also called the flu. They suffer from fatigue, chest congestion, body aches and fever.

Most people with influenza recover within about 2 weeks, but in older people and those with health problems like lung disease, congestive heart failure or diabetes, influenza can trigger serious, even fatal complications, like pneumonia. According to the Centers for Disease Control and Prevention (CDC) between 12,000 and 79,000 Americans die from influenza-related causes every year, 90% of them being over 65 years old.

**Q: When's the best time to get a flu shot?**

Before it hits your community. The CDC recommends everyone 6 months and older should get vaccinated by the end of October.

Young children age 6 months through 8 years who need 2 doses of flu vaccine should get their first one as soon as the vaccine is available, and get the second one 4 weeks later.

**Q: How long does it take to be protected against the flu after getting vaccinated?**

It takes about 2 weeks to for a flu shot to become fully effective.

**Q: Will a flu shot last you the entire flu season?**

Your best protection from the vaccine kicks in at about 2 weeks and lasts for at least 4 months, after which it decreases gradually over time.

The peak flu season in the United States runs from October through March, with most infections occurring in February. If you are young and healthy, one shot provides protection for the entire flu season, even if you are vaccinated in early September.

**Q: Why do we need yearly vaccinations against influenza?**

Most viruses have stayed the same over the decades we've had vaccines against them, but influenza keeps changing its shape, making it harder for our immune system to protect us against it. Various influenza strains infect geese, chickens,



ducks, pigs and humans, and chance errors occurring while the virus is reproducing can create a slightly different copy. If that copy is better than the old one it replaces it.

**Q: Is this year's flu vaccine any different from last year's vaccine?**

Most human influenza is caused by one of two main types, called A strain and B strain. Influenza A strains are associated with pandemics and cause more severe symptoms and deaths than B strains.

The World Health Organization (WHO) keeps track of influenza patterns across the world with centers in Tokyo, Beijing, Melbourne, London and Atlanta, meeting each February to decide on the 4 strains best suited for the next influenza vaccine, usually two B strains and two A strains. This year they chose 3 of the 4 strains in February but delayed until March to select the final A strain.

Compared to last year's vaccine, both A strains have been updated while both B strains remain the same.

**Q: Is the 4-strain (quadrivalent) flu shot any better than the 3-strain (trivalent) vaccine?**

There is no clear evidence that the quadrivalent vaccine is more effective, although you get broader protection against influenza with 4 strains (two A and two B) than with 3 strains (two A and one B).

**Q: My pharmacy is advertising the "high dose" flu shot. Should I get that one instead of the "regular" formula?**

It's your choice. Since older adults with weaker immune systems get only about 50% of the protection of influenza vaccines compared to younger people, the FDA approved 2 trivalent formulations designed to increase effectiveness: a "high dose" influenza vaccine containing 4 times the concentration of

CONTINUED TO PAGE A4

## 2019 Chelan County Fair Results

<b>Swine</b> 3 Market Hog Call Backs 7 Showmanship Call Backs <b>Sheep</b> Grand Champion Market Lamb - Neely Ovenell - \$6.50/lb • Purchased by Martin's Market Reserve Champion Market	Lamb - Maddie Fadenrecht - \$15.00/lb • Purchased by 357 Golf Carts Grand Champion Showman - Maddie Fadenrecht FFA Supreme Sheep Showman - Maddie Fadenrecht Grand Champion Ewe Lamb
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- Isabel Fadenrecht Reserve Champion Ewe Lamb - Maddie Fadenrecht 7 of the 8 Market Lamb Call Backs 4 Showmanship Call Backs <b>Goats</b> Reserve Champion Goat Showman - Jalynn Darnell <b>Other</b> Grand Champion Mini Rex Rabbit - Brooke Arthur	Reserve Champion Showmanship Rabbits - Kailey Smith Reserve Champion Ag Mechanics Project - Carter Ball <b>Career Development Events</b> Livestock Evaluation - 1st Poultry Judging - 1st Tractor Driving - 1st Sweepstakes - 1st Horse Judging - 2nd
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CASHMERE VALLEY  
**RECORD**

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201 Cottage Ave, Suite 4  
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website:  
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e-mail:  
record@cashmerevalleyrecord.com  
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echoads@leavenworthecho.com

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**Cashmere**  
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**Contact information**  
**Publisher**  
Bill Forhan 509-548-5286  
publisher@leavenworthecho.com  
**Managing Editor**  
Gary Bégin 509-571-5302  
gary@ncwmedia.net  
**Advertising Sales Manager**  
Carol Forhan 509-548-5286  
carol@leavenworthecho.com  
**Advertising Sales**  
Lindsay Timmermans  
509-860-7301  
adexcl1@ncwmedia.net

**Reporter/Photographer**  
Reporter  
reporter@cashmerevalleyrecord.com  
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**Reporter**  
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**Front Office**  
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The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

**Corrections**  
The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next issue.

**News tips**  
Have an idea for a story?  
Call the Record at 509-782-3781

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**BULLDOG SCOREBOARD**

**FOOTBALL**  

September 13	Cashmere 42 vs. Sultan 7
September 20	Cashmere vs. Wapato at 7 p.m

**CROSS COUNTRY**  

September 21	Wenatchee Invite at Walla Walla Point Park
September 24	Okanogan Invitational at Okanogan Valley Golf Club

**SOCCER**  

September 24	Cashmere at Overlake at 4 p.m.
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**VOLLEYBALL**  

September 24	Cashmere at Quincy at 7 p.m.
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■ COMMUNITY CALENDAR

Wednesday

**Rotary Club**, Noon, Cashmere Presbyterian Church, 303 Maple St.  
Call President, Melissa Grimm, 860-1535.

**Cashmere Food Bank**, 2:30-4 p.m., Cashmere food distribution center, 109 “C” Railroad Ave. Call Jim, 509-741-7551. (2nd & 4th Wed. & Sat.)

**Cashmere Park and Recreation Committee**, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)

**The Underground Youth Group**, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street. Call Steffanie, 782-2825.

Thursday

**Caregiver Support Group**, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

**Free weekly community meal**, 5-7 p.m. Cashmere United Methodist Church Gym, 213 S. Division Street. Call 782-3811.

**Cashmere Sportsmen’s Gun Club**, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

**Cashmere American Legion Post 64**, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

**Cashmere American Legion Auxiliary #64**, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

Friday

**Evergreen Baptist Church Youth Group** (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

**Monitor Homemaker Club**, Noon, location varies. (3rd Fri.).

Saturday

**Bingo**, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

**Cashmere Food Bank**, 2:30-4 p.m., Cashmere food distribution Center, 109 “C” Railroad Avenue, for more information, call Jim, 741-7551. (2nd & 4th Sat. following Wed. of the same week, subject to change).

Sunday

**CHURCH:** See the church page for local service times and events.

**The Underground**, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

**Cashmere Wacoka Kiwanis Club**, 6:30 p.m., American Legion Hall, lower level. (2nd & 4th Mon.)

**Tillicum Riders:** 7 p.m. Chelan County Fairgrounds.  
Call Cindy, 662-5984. (1st Mon.)

**Cashmere City Council**, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

**Planning Committee Meeting**, 5 p.m. at City Hall (1st Mon. of each month).

**Cashmere Fire Department**, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

**Cashmere Fire Department**, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

**Cashmere School Board**, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Tuesday

**I.P.I.D. meeting**, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

**Ministerial Association**, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)

**Cashmere Chamber of Commerce**. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

**Buns, Books and Tea**, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

**Cashmere Public Library: 782-3314**  
**Call for other information if not listed.**

Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m.

Thurs., 11 a.m.- 8 p.m.

Sat., 9 a.m.-1 p.m. Sun., Closed.

**Events:**

Tues. & Wed., 10-10:30 a.m. **Story time Pre-K & up**

Wed., **Preschool Story time**, 10-10:30 a.m.

Wed., **Bilingual Story time**, 4:30-5 p.m. (last Wed.of every month)

Fri., **Baby/Toddler Story time**, 10:30-11 a.m.

**Cashmere Museum and Pioneer Village**  
Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.

**Chelan County Historical Society Board meets**, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.



**CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

September 6

05:54 **Civil**, 5025 Harnden Rd.  
07:51 **Welfare check**, 314 Woodring St.  
10:22 **Trespass**, Cotlets and Titchenal Ways.  
10:27 **Suspicious**, 5015 Harnden Rd.  
13:46 **Civil**, 9201 Nahahum Canyon Rd.  
14:59 **Property**, 112 Elberta Ave.  
16:11 **Hazard**, Old Monitor Rd. and Bridge St.

September 7

06:23 **Agency assist**, 6318 Flowery Divide Rd.  
09:47 **Theft**, 106 Titchenal Way.  
09:56 **Welfare check**, 1905 Mission Creek Rd. #A.  
10:46 **Civil**, 5301 Sunset Hwy.  
11:07 **Accident no injuries**, US Hwy. 2 MP 111.  
15:00 **Property**, 5700 Wescott Dr.  
16:27 **Traffic offense**, 6087 Pioneer Dr.  
19:26 **Disturbance**, 5700 Wescott Dr.  
20:01 **Suspicious**, Chapel St. and Pioneer Ave.

September 8

13:38 **Agency assist**, 110 E Pleasant Ave.  
13:53 **Civil**, 115 E Pleasant Ave. #3.  
13:58 **Suspicious**, 114 Aplets Way.  
18:30 **Attempt to locate**, 5700 Wescott Dr.  
21:15 **Accident no injuries**, 8650 Dryden Frontage Rd.  
21:22 **Accident no injuries**,

September 9

5700 Wescott Dr.  
21:39 **Traffic offense**, 329 Tigner Rd.

September 10

07:31 **Disturbance**, 201 Riverside Dr.  
14:23 **Harass/threat**, 100 Apple Annie Ave.

September 11

10:26 **Accident no injuries**, 6980 Olalla Canyon Rd.  
23:18 **Public assist**, 201 Riverside Dr.

September 12

11:52 **Public assist**, Mission Creek Rd. MP 4.



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■ SENIOR CENTER EVENTS

**Leavenworth Senior Center, 423 Evans St., Leavenworth**

**Events Calendar**

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

■ AA MEETING SCHEDULE

**Information numbers for AA:**  
**509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379**

**Sunday, 9 a.m.**, Leavenworth Senior Center, 423 Evans St.

**Sunday, 7 p.m.**, Leavenworth Senior Center, 423 Evans St.,

**Tuesday, noon**, First Baptist Church, 429 Evans St.

**Tuesday, 7 p.m.**, Light in the Valley, 8455 Main Street, Peshastin

**Wednesday, 7 p.m.**, Leavenworth Senior Center, 423 Evans St.

**Thursday, noon**, First Baptist Church, 429 Evans

**Friday, 7:30 p.m.**, Plain Community Church, 12565 Chapel Dr., Plain

**Information number for Alanon: 509-548-7939**

**Alanon Meeting Schedule**

**Monday, 7 p.m.**, United Methodist Church, 418 Evans St.

■ SENIOR CENTER MENUS

**Leavenworth Senior Center, 423 Evans St., Leavenworth**

**Events Calendar**

**September 20**, Friday Hot turkey sandwich, potatoes and gravy, yams, green salad, peaches, whole wheat bread, dessert.

**September 23**, Monday: French dip, veggie pasta salad, green salad, mixed melons, dessert.

**September 25**, Wednesday: Ham and cheese sandwich, potato salad, crunchy pea salad, mixed berries, dessert.

*Cashmere*

Friend of a Child Recognition

The Community is invited to a Recognition Program honoring Jan Sinnett as the 2019 “Friend of the Young Child”. Jan was the welcoming secretary at Vale Elementary School for the past 28 years. The dessert social and recognition program begins at 6:15 p.m., Monday, September 23. Cashmere American Legion Hall, 401 Sunset Ave, Cashmere. Kindly

RSVP to Wanda Riseland, 509-470-4705.(r38).

*Regional*

Wenatchee Walk To End Alzheimers

This will be a 2 mile walk on Saturday, September 21. Registration begins at 8:30 a.m. with opening ceremonies at 9:30 a.m., at Pybus Public Market this event will help to raise money for the ongoing research to find a cure for Alzheimers. (er38).

**Correction**

The picture of the people shucking corn for American Legion at the Chelan County Fair in last week’s paper were misnamed they are Billie and Jerry Maas.



**BUSINESS & SERVICE Directory**

Add your business or service to this directory: **548-5286**

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Smell the Roses and Praise God

Earlier this week, I took a moment to spend some time at the Wenatchee River. As I sat there, watching the river pass by and enjoying a moment of peace, I was reminded of the Christian's very unique relationship to nature.

Living in Washington, we are extremely blessed to be surrounded by natural beauty. Whether it be the rocky crags of Mount Cashmere, the greenery of the Columbia River Valley or the powdery snow of Mission Ridge, it is a true statement to say: This is God's country. Being surrounded by such picturesque views, I still find it strange how many people in our community still deny the existence of God. Although I understand the theological

answer as to why people reject God's existence (they are in love with their sin), I still find it hard to believe that a person can visit Mt. Rainer or spend time kayaking the Columbia River and still say "There is no God". Creation testifies to the glory of God and evidences his eternal attributes, divine nature and eternal power (Psalm 19:1, Rom. 1:20). When someone asks me to prove that God is real as I minister on the street, I simply say "Open up your eyes and look around." Yet for the Christian, our eyes have been opened by the Holy Spirit to see God in nature. When we look outside through our window and see the massive oak tree with its hundreds of branches, each

of them unique, and then follow along its trunk to see a woodpecker, searching for a meal, we should be able to recognize the work of God and rejoice. In spite of this world's fallenness, God has given us Creation to enjoy. Otherwise, why would he make it so beautiful? For example, why would God design the autumn leaves to turn a brilliant red or fiery orange, if not for us to marvel at their beauty and turn our praises toward the Master Artist and Creator? After all, since God is the Creator, he could have made those very same leaves (as well as this whole world) a drab grayscale but he didn't and I praise God for that. However, our enjoyment of Creation is not an end in itself rather it is a means to an end. As we enjoy God's handiwork and take in his artistry, it should draw us to worship him. I believe this is where the

ancient Celtic Christians had the right idea. Instead of locking the worship of God within ornate man-made cathedrals, they chose to worship in the open air, performing their church services underneath the shadow of a large stone Celtic cross, surrounded by the scenery of rolling hills and at times, the crashing waves of the ocean. There in those moments, those early believers recognized that God was immanent among them and that they were surrounded by his presence because his work was clearly on display. I can certainly attest to this in my personal life. Some of the dearest moments I have had with Christ were not in a church building, but rather alone, overlooking the Pacific Ocean from House Rock in Oregon. Likewise, some of the most powerful experiences in preaching I have seen were in places not covered by a roof with a steeple, but in the open air, with nothing separating the preacher from the clear blue sky. In our lives, we do need to take time to get out and see what God has done in this world—how he has designed it and sustaining it with his power. Our Father's world is meant to be tangibly experienced, taken in and enjoyed. So, this week, take time to smell the roses and then give God the praise and worship.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at [pastorjohnsmithebc@gmail.com](mailto:pastorjohnsmithebc@gmail.com).



Dr. Louise

CONTINUED FROM PAGE A2

the standard formula, and one containing squalene oil, an additive designed to increase the immune system's reaction. One trial showed these enhanced formulas boosted effectiveness by 24% compared to a standard trivalent vaccine, but the CDC doesn't recommend any particular vaccine formulation over another. These 2 options are available only in trivalent (3 strain) formulas and compared to the standard quadrivalent (4 strain) formula they can cause more redness and tenderness at the injection site, plus headache, muscles aches and fatigue.

**Q: What about the "nose spray" flu vaccine?**  
 The nasal influenza vaccine is approved for people age 2-49 years old. It contains live influenza virus and should be avoided in people taking immunosuppressant medications, who are pregnant, or have taken antiviral medication within the previous 48 hours.

**Q: How can I avoid being exposed to thimerosal in my influenza vaccine?**  
 Ask first. Because of convenience, nearly all

vaccines today are given as single-dose injections which don't contain or require any preservatives like thimerosal.

*Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. ©2019 Louise Achey*

October is  
Breast Cancer Awareness Month  
Are you a survivor?  
- From 1 day to many years -

On Oct. 2 we will publish our feature page of survivors, in our Breast Cancer Awareness Special Section, to help encourage the newly diagnosed.

There is life after cancer.

For additional information please contact Carol at 548-5286, ext. 6513 or [carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

To be included on the feature pages, fill out the form below or pick one up at our office.

Pick up forms and/or drop them off by Wed, Sept. 25

Please print information about yourself in the form below. Then submit the form, with your PHOTO, to The Leavenworth Echo

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Please submit this form by Wed., Sept. 25  
Submit your photo to [carol@leavenworthecho.com](mailto:carol@leavenworthecho.com)

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201 Cottage Ave.  
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NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com) no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com)

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Bringing the community to your door' isn't just our slogan... It's our purpose

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UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH  
103 Aplets Way • 782-2869  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Paster Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH  
303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

CASHMERE UNITED METHODIST CHURCH  
213 S. Division • 782-3811  
Worship & Sunday School at 11:00 a.m.  
Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.  
Pastor Lilia Felicitas - Malana

CHRIST CENTER  
Cashmere Assembly of God • 509-782-2825  
Worship Celebration & Sunday School 10 a.m.  
Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m.  
Junior High, Wednesdays, 6:30 p.m.  
Meet at - 206 Vine Street  
Lead Pastor, Steve Haney  
Children's Pastor, Andy Robinson  
Congregation Care Pastor, Joyce Williams  
Pastor Ian Ross, Director of Operations  
Steffanie Haney, High School Director  
[christcentercashmere.com](http://christcentercashmere.com)

GRACE LUTHERAN CHURCH  
Vine & Elberta Streets • 860-0736  
Worship 10:30 a.m.  
Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH  
222 Cottage Ave. • 782-1590  
Holy Eucharist 9 a.m.  
5th Sunday Morning Prayer 9 a.m.  
Deacon Carol Forhan - 670-1723  
Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH  
5837 Evergreen Drive • 782-1662  
Sunday School - 9:45 a.m.  
Morning Worship - 11 a.m.  
Evening Service - 6:00 p.m.  
Pastor John Smith [www.christforcashmere.org](http://www.christforcashmere.org)

DRYDEN

DRYDEN COMMUNITY CHURCH  
Hwy 2 at Dryden Ave. • 782-2935  
Sunday School 9:30 a.m. • Worship 10:45 a.m.  
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH  
8345 Stine Hill Rd. • 782-2616  
Worship Service, 10 a.m., Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

LEAVENWORTH

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"Where God's Word Remains The Pillar Of Truth"  
11025 Chumstick Hwy. • 548-4331  
Sunday School 9 a.m.  
Sunday Worship 10:30 a.m.  
AWANA (Youth Program) Weekly Bible Studies  
Wednesday 6:30 p.m. (school year)  
Pastor Todd James  
[www.cmbiblechurch.org](http://www.cmbiblechurch.org)

COMMUNITY UNITED METHODIST  
418 Evans Street • Leavenworth  
509-548-5619. Rev. Matt Gorman  
Sunday service 10 a.m.  
[www.leavenworthumc.org](http://www.leavenworthumc.org)

CORNERSTONE BIBLE CHURCH  
Leavenworth Grange Hall  
• 621 Front St. 548-0748  
• Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS  
10170 Titus Rd. (across from middle school)  
Church: 548-7667  
Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA  
"Reconciling Works Congregation"  
224 Benton Street • 548-7010  
Worship 9:30 a.m. w/coffee following  
[www.faithleavenworth.org](http://www.faithleavenworth.org)

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC  
429 Evans Street • 290-0686  
Sunday School, 9:45 a.m. • Worship, 11 a.m.  
Pastor Michael Brownell  
email: [mkb3123@gmail.com](mailto:mkb3123@gmail.com)

LEAVENWORTH CHURCH OF THE NAZARENE  
111 Ski Hill Drive • 548-5292  
Sunday Worship 9:00 a.m.  
Lead Pastor: Andy Dayton  
Youth Pastor, Kent Wright  
Pastor to Children & Families: Becky Goodman  
[www.LCN.org](http://www.LCN.org)

SEVENTH DAY ADVENTIST CHURCH  
10600 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 860-3997

SPIRIT LIFE CENTER  
210 Benton Street • 548-7138  
Sunday Worship 10 a.m.  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH  
3799 Fairview Canyon • 782-2601  
Church Service & Sunday School 9:00 a.m.  
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH  
8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

PESHASTIN ASSEMBLY OF GOD  
School and Lake St. • 548-7523  
Sunday Worship Service 10:30 a.m.  
Bible Adventures for kids at 10 a.m. sharp  
Pastor Jorge Torres

NEW LIFE FOURSQUARE CHURCH  
7591 Hwy. 97 - 548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: [newlifeliveavenworth@gmail.com](mailto:newlifeliveavenworth@gmail.com)  
FB page: [newlifeliveavenworth](http://newlifeliveavenworth)  
[www.newlifeliveavenworth.com](http://www.newlifeliveavenworth.com)





29th Annual  
Wenatchee River



Catch The Salmon Fest Fever

# Salmon Festival

Free Family Fun Nature Festival Saturday, Sept. 21<sup>st</sup>, 10-5 at the Leavenworth Nat'l Fish Hatchery  
Reptile Man, exhibits, food booths and Native American Village

www.salmonfest.org

The Leavenworth National Fish Hatchery is located off of Icicle Road, two miles south of the “Bavarian Village” of Leavenworth. Free Parking!

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Friends of Northwest  
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**Wenatchee River  
Salmon Festival 2019**

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Reptile Man,  
Isaac Petersen  
shows his love  
of reptiles and  
their love for him





SUBMITTED PHOTO.

Live on the Hatchery's Main Stage, Isaac Petersen comes from Monroe, Washington as an owner of Washington's only Reptile Zoo. Isaac and his father Scott have been long time educators and entertainers at the Main Stage of the Wenatchee River Salmon Festival. Isaac along with his father, Scott, a zoologist and educator, have been a top favorite education act for many years throughout the entire Pacific Northwest. They have performed with many types of reptiles and educated in more than 800 schools, festivals and other events. Come and see and touch your favorite reptile.

## Welcome!

Thank you for attending our 29th anniversary party!  
Visit the Friends booth and learn how to join the fun!

Friends of Northwest  
Hatcheries



We hope you and  
your family have  
a grand time at  
Salmon Fest!

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SALMON FEST SPONSOR

## SalmonfestEntertainment 2019

Salmon Fest Main Stage  
Saturday, September 21, 2019, 10 a.m. - 5 p.m. Admission is Free!

**Main Stage Schedule:**  
12:30 p.m. Welcome & Presentation to Poster Contest Winner  
1:00 The Reptile Man Performance  
2:00 Native American Processional to Stage  
2:15 River Ramble Presentations and Storytelling  
4:00 The Reptile Man



In this colorful 30-foot long nylon inflatable Salmon Tent, audiences will be entertained with a variety of meaningful stories. It's entertainment for the whole family in a unique setting.

## Welcome to the 29th Annual Salmon Festival!



PHOTO BY BRANDI CHARLES, NCW MEDIA, REPORTER.

Executive Directors, Corky Broaddus (right) and Hailey Croci welcome everyone to the 29th Wenatchee River Salmon Festival “Catch The Salmon Fest Fever”.

By BRANDI CHARLES

This year marks the 29th anniversary of the Salmon Festival at the Leavenworth National Fish Hatchery. Corky Broaddus has been a part of the festival for 22 years and talks with pride about what it stands for and how much it has grown. It was one of the first nature festivals in the country

and serves as a model for programs nationwide. What is unique about Salmon Festival is it promotes outdoor recreation while providing high quality natural resource education in a fun, family-friendly environment. The first two days of Salmon Festival are dedicated to the students. Over 2,500 children from more than 85

classrooms are expected to visit on Thursday and Friday. For many schools this will be the only field trip they take all year long so the staff aims to make their experience extra special. Salmon Festival is expanding this year and one of the highlights will be representatives from 20 Native American tribes; including the local Wenatchis, on hand to share a wide variety of knowledge and skills. Salmon preparation, drumming, dancing, basket making, canoeing and storytelling are just a few of the areas that will be covered by the tribal representatives. The participation of the Native American community is of the utmost importance as the fish hatchery is located on traditional Aboriginal lands. As a part of the local community since 1991 locals are well aware of the value of the of the Salmon Festival but the word has spread far and wide. The event has been the recipient of several awards over the years including the International Festival and Events Association's “Best Children's Program” award. Staff and volunteers work tirelessly year-round to make the festival happen. Corky Broaddus says that without the help of the volunteers the Salmon Festival would not happen. She made special mention of the high school

students that are eager to come and get their hands dirty every year to help out. This year Cascade High School will be receiving the Volunteer of the Year award, having worked to make the festival a success since it's inception. Broaddus says that every year she sees a number of visitors who came to the festival as children and high schoolers back to visit with their own families and that's one of the many reasons why she volunteers year after year. There are many organizations that partner with the Fish Hatchery to make Salmon Festival successful. The Chelan County PUD and their River Ramble activities will be available for students on September 19-20, with some also available on the free family day on Saturday. A few of these activities include the 30 foot long Salmon Storytelling Tent and a traditional drumming demonstration. The curators of the Salmon Festival want it to be an inter-generational experience where grandparents can come with the little ones and learn and play together. With so many distractions for young people that encourage them to sit and stare at a screen, Salmon Festival is a rare free opportunity for the whole family to have fun and learn new things while enjoying the great outdoors.

# River Ramble

LEAVENWORTH NATIONAL FISH HATCHERY  
SATURDAY • SEPT. 21 • 9 A.M. - 5 P.M.  
FREE FUN FOR ALL AGES

facebook.com/visitrockyreach or chelanpud.org/visitrockyreach



CHELAN COUNTY



## Salmon Festival Volunteer Award 2019



PHOTO BY CORKY BROADDUS.

Congratulations to Students of Cascade High School  
The Wenatchee River Salmon Festival is proud to announce that the Cascade High School Student Body has been named recipient of the prestigious Volunteer of the Year Award for 2019! From left, Vice Principal Rudy Joya and Cascade Discovery High School teacher, Travis Blue are proud of their students and school for contributing thousands of hours to Salmon Fest through its 29 years assisting festival staff, serving the public, and providing invaluable assistance to natural resource education specialists and schools throughout North Central Washington.

**Salmon Festival Bus Schedule**  
The bus will leave Wilkommen Park and Ride (behind the Leavenworth Safeway) every half hour, on the half hour. The first shuttle will depart Wilkommen at 9:30 a.m. and the final shuttle will depart Wilkommen at 5:00 p.m. with the exception lunch break for the driver that is scheduled from 12:30-1:00. The shuttle will drop off and pick up guests at the Hatchery on the quarter hour. The shuttle will travel to and from the event via East Leavenworth Road.

## THANK YOU SPONSORS

Friends of Northwest  
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CHELAN COUNTY



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29th Annual  
Wenatchee River



Catch The Salmon Fest Fever

Salmon Festival

Free Family Fun Nature Festival Saturday, Sept. 21<sup>st</sup>, 10-5 at the Leavenworth Nat'l Fish Hatchery

Reptile Man, exhibits, food booths and Native American Village

[www.salmonfest.org](http://www.salmonfest.org)

The Leavenworth National Fish Hatchery is located off of Icicle Road, two miles south of the “Bavarian Village” of Leavenworth. Free Parking!

Wenatchee River Salmon Fest, September 19-21, 2019

The Wenatchee River Salmon Festival invites you to the 29th year.

Don't miss this unique nature festival that has been awarded many achievements throughout the Pacific Northwest, including the “Best Children's Program” by the International Festivals and Events Association.

The Wenatchee River Salmon Fest is an annual event held at the Leavenworth National Fish Hatchery off of Icicle Road in Leavenworth, Washington. Over 3,000 north central Washington school children attend ‘School Days’, scheduled for Thursday and Friday, September 19 and 20.

Salmon Fest is an award winning event devoted to engaging visitors of all ages in fun-filled “edutainment”, a venue that is both educational and fun at the same time. Salmon Fest's mission is to connect people with nature and help to build discovery and appreciation of the diversity and importance of the great outdoors. Our

location within the stunning Icicle Valley is a prime spot to enjoy both nature's beauty and the interconnectivity of nature within our lives, and to gain an understanding of the cultural significance of salmon to all people. Recognized internationally for its educational excellence, Salmon Fest is located just off of Icicle Road at the Leavenworth National Fish

Hatchery, two miles south of the “Bavarian Village” of Leavenworth, Washington. Parking and entrance are free!

This year's event will feature an incredible Inter-Tribal program hosted by the Chelan PUD called “River Ramble at Salmon Fest”. Tribal educators and leaders, dancers and drummer, elders and youth will share

the cultural significance of salmon to the peoples of the Pacific Northwest. For more information, swim to our website: [www.salmonfest.org](http://www.salmonfest.org) or call 509.548.6662 ext. 226 and visit our FB page, as well.

Hosted by the Leavenworth National Fish Hatchery, The Okanogan-Wenatchee National Forest, Chelan County PUD and Friends of Northwest Hatcheries.



2019  
Wenatchee River Salmon Festival

Catch the Salmon Fest Fever

DON'T MISS IT:  
RIVER RAMBLE at  
SALMON FEST at the  
USFWS-Leavenworth  
National Fish Hatchery

FREE  
FAMILY DAY:  
Saturday,  
Sept. 21  
10 AM – 5 PM



GRAND PRIZE: Janelle Suarez-Zavala  
*John Newberry Elementary*



RUNNER UP: Cadigan Adam  
*Alpine Lake Elementary*



RUNNER UP: Ellie Parker  
*Washington Elementary*

FOR MORE INFORMATION:  
Visit us on , at [salmonfest.org](http://salmonfest.org) or call (509) 542-6662

Fun Fish Facts for You!

1. Did you know a female spring Chinook salmon can carry more than 4,000 eggs?

2. Salmon returning to the Wenatchee River travel 500 miles and over 7 dams from the Pacific Ocean to get to their place of birth here in Icicle Creek

3. 150,000 visitors have enjoyed Salmon Fest during these past 19 years

4. Fish can get sunburns

5. Bobby Beaver and Sammy Salmon, mascots of the Salmon Fest, have been hugged by 150,000 kids since the festival began in 1991

6. Swimming Mayflies may shed their skin as many as 27 times!

7. Caddisflies eats dead leaves and the fungi on the leaves may be a source of nutrition, much like peanut butter on bread

8. Vocabulary Words to Know:

a. Redd – nest dug in gravel by female salmon to put her eggs in

a. Anadromous – fish that migrate from fresh water to salt water and back to fresh water to

9. spawn

10. The oldest known salmon is 7 years old. Count the rings on a fish scale to determine their age....much like counting the rings on a tree

11. The oldest salmon fossil found is 50 million years old

12. 5 to 6 million years ago salmon had fangs, weighed over 500 lbs. and were ten feet long

13. The intricacies of a salmon's genetic code insist that the salmon always faces upstream into the current, so that when it navigates to the sea it swims tail first

14. When Lewis and Clark entered the lush Pacific watersheds in 1804, they discovered millions of salmon in the untamed wild Columbia River. At that time 15 to 20 million salmon lived in the pristine habitat of the mighty Columbia

15. We had 1,001 entries in this year's student Poster Contest!

16. The Salmon Fest won the “International Best Children's Program” from the International Festival and Events Association

Colorful characters greet children of all ages to the annual Salmon Fest

THE WASHINGTON OUTDOORS REPORT

By JOHN KRUSE

**THE PERFECT TIME OF YEAR FOR A HIKE**

There's something about September if you like to hike the mountains and forests of our state. Perhaps it's the crisp feel of the air in the morning in the lowlands and in the mountains throughout the day. Maybe it's the softer light that shows off the pastel of changing colors of the foliage to yellow and scarlet. Or maybe it's just the fact that hordes of summer hikers are by and large off the trails after Labor Day.

Whatever the reason, it's a good month to go hiking. One great destination this time of year is found at Stuart Lake in the Alpine Lakes Wilderness. The trailhead to Stuart and Colchuck Lake southeast of Leavenworth is a popular one, so much so the U.S. Forest Service had to institute a no-parking policy along the side of the gravel road leading to the parking lot. Having said that, if you can visit mid-week, you'll still find quite a few cars at the trailhead but surprisingly few hikers heading towards Stuart Lake as their destination. The reason? Most hikers are

heading up the trail 2 ¼ miles to Mountaineer Creek and taking a left on a trail that takes them to Colchuck Lake. This lake is a beautiful destination in its own right and also the gateway, via Aasgard Pass on the far side of the lake, to the Upper Enchantments that draw thousands of hardy visitors every year.

Of the hikers that stay straight on the trail to Stuart Lake you'll find many of them are climbers, not interested in spending time at the lake but instead, interesting in testing themselves on the granite

rock face of nearby Mount Stuart. That's why, even with a parking lot full of cars, you may find yourself alone or with very little company along the shoreline of Stuart Lake.

Take the time and linger over the picnic lunch you hopefully brought along to enjoy after the 4 ½ mile hike in with a 1,665-foot elevation gain from the trailhead. The views of the lake and towering mountains are amazing and at this time of year you'll see the changing colors of the larch trees turning from green to bright yellow to gold.

The fishing for cutthroat trout can be good too. Try casting a 1/8-ounce Roostertail,

Mepps or Promise Keeper spinner or if fly fishing, an attractor fly like a Royal Wulff to draw strikes. The trout population is healthy but not endless so if you want to keep a couple for a shore lunch over a gas stove that's fine but otherwise consider catching and releasing these fish that measure anywhere from 7 to 13 inches in size.

A Forest Service Recreation Pass is required in your vehicle for the Stuart Lake trailhead. You'll also need an overnight permit (available but in high demand) from the Leavenworth Ranger District Office or through an online lottery since Stuart Lake lies within the Enchantment Zone of the Alpine Lakes Wilderness. On the other hand, you only need to fill out a free permit at the trailhead and deposit the stub into the box there for a day hike.

**MORE SEPTEMBER HIKES**

Looking for other fall hiking opportunities? We reached out to Anna Roth with the Washington Trails Association to learn about some of her favorites which include:

**NE WASHINGTON – WHISTLER CANYON TRAIL** – This little-known destination

is located near Oroville. You'll burn some calories as you gain up to 3,000 feet of elevation along this 12-mile long trail which is part of the Pacific Northwest Trail. Its open to hikers and horses and offers stunning views of the Okanogan Valley and Osoyoos Lake along with a chance to see a variety of wildlife species from wild turkey to mule deer to mountain goats.

**OLYMPIC PENINSULA – QUINULT NATIONAL RECREATION TRAILS** – Located near Lake Quinault, enjoy a 4.25-mile round trip hike that takes you along an interpretive nature loop amongst giant Sitka spruce and western hemlock. Other parts of the trail follow the shore of Lake Quinault and alongside Falls Creek. This is a family friendly hike with only 350 feet of elevation gain.

If you go hiking this September remember there are several hunting seasons underway in our National Forests so hot pink and blaze orange are not only fashionable, but smart choices for hikers to wear. If you want other ideas about where to go hiking this fall, check out the online hiking guide at [www.wta.org](http://www.wta.org)

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A view of the Enchantments along the trail to Stuart Lake



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BUSINESS JOURNAL



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Profitable Flower Shop For Sale

Kashmir Gardens Florist, is a successful, well-known, respected business, and a Cashmere mainstay since 1949. Great growth potential! Owner retiring. Asking 35K. Includes inventory, equipment, and displays. Terms-cash. Building is for sale separately. **509-782-2071** [Kashmirgardensflorist@yahoo.com](mailto:Kashmirgardensflorist@yahoo.com)

FOR RENT

One bedroom apartment in Chelan. Year around. No pets. \$700 month includes all utilities. References. Deposit. 509-682-2460.

1 bedroom apartment, completely furnished in Manson. Private entrance. \$750/ month. Utilities included. No pets. No smoking. No drugs. Available immediately. 509-679-4900.



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Try the pet section on [NCWMarket.com](http://NCWMarket.com)



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ANNOUNCEMENTS


**Highly Capable Program**  
Brewster School District  
NOMINATE A STUDENT TODAY!  
Nominations are due by October 11th, 2019  
Please visit any Brewster School District office to get a nomination form or to submit a completed nomination form.  
**Students who are highly capable:**  
Highly capable students are students who perform or show potential for performing at significantly advanced academic levels when compared with others of their age, experiences, or environments. Outstanding abilities are seen within students' general intellectual aptitudes, specific academic abilities, and/or creative productivities within a specific domain. These students are present not only in the general populace, but are present within all protected classes according to chapters 28A.640 and 28A.642 RCW. (WAC 392-170-035)  
**Highly Capable Program Purpose:**  
Our purpose is to provide appropriate educational programs and services through instructional and curricular modifications to create educational opportunities for highly capable students which will maximize their individual potential.  
Questions? Contact Dianne Johnson at 509-689-2581 ext. 2610

**Programa Altamente Capaz**  
Distrito Escolar de Brewster  
NOMINA A UN ESTUDIANTE HOY!  
Las nominaciones deben presentarse antes del 11 de Octubre del 2019  
Visite cualquier oficina del Distrito Escolar de Brewster para obtener un formulario de nominación o para llenar un formulario de nominación.  
**Estudiantes que son altamente capaces:**  
Los estudiantes altamente capaces son aquellos que realizan o muestran potencial para desempeñarse en niveles académicos significativamente avanzados en comparación con otros de su edad, experiencias o entornos. Se ven habilidades sobresalientes dentro de las aptitudes intelectuales generales de los estudiantes, habilidades académicas específicas y / o productividades creativas dentro de un dominio específico. Estos estudiantes están presentes no solo en la población general, sino que están presentes en todas las clases protegidas de acuerdo con los capítulos 28A.640 y 28A.642 RCW. (WAC 392-170-035)  
**Propósito del Programa Altamente Capaz:**  
Nuestro propósito es proporcionar programas y servicios educativos apropiados a través de modificaciones instructivas y curriculares para crear oportunidades educativas para estudiantes altamente capaces que maximicen su potencial individual.  
Preguntas? Contactar a Dianne Johnson at 509-689-2581 ext. 2610

HAPPY ADS

ANNOUNCE IT IN THE CLASSIFIEDS  
AT NCWMarket.com  
**\*HAPPY BIRTHDAY**  
**\*CONGRATULATIONS!**  
**\*WILL YOU MARRY ME?**  
**\*I'M SORRY!!**  
*\*Happy Anniversary*  
Only \$15 for 30 days  
includes 3 photos

HELP WANTED



Receptionist/ Administrative Assistant

The Lake Chelan Mirror is looking for an outgoing person to serve as a receptionist/ administrative assistant, full-time, Monday-Friday in our Chelan office. Qualified applicants will answer phones, take orders for ads, keep circulation records up to date, prepare the daily cash receipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and software including Excel and Word, with good math skills and the ability to use a ten key adding machine. If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities this is the job for you. Dependability and dedication are important work skills for this rare opportunity. Interested applicants can apply at the Lake Chelan Mirror office at 310 E. Johnson Ave. 9 a.m.-5 p.m. or send their resume to P.O. Box 39, Leavenworth, WA 98826. EOE



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Leavenworth/Lake Wenatchee Specialists

John McKenna • 289-2280 Momi Palmieri • 433-2211  
Geordie Romer • 679-8958 Allyson Romer • 630-9898

HELP WANTED

**Bus Driver/ Operator**  
**Organization:**  
**Okanogan County Transit Authority (TranGO)**  
There is one (1) position available; Part-time (30 hours per week) based out of Okanogan, WA. This position is hourly non-exempt. Minimum Class B CDL with Passenger Endorsement is required. Compensation is \$19.06- \$27.13 per hour. Please visit [www.okanogantransit.com](http://www.okanogantransit.com) for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to [clerk@okanogan-transit.com](mailto:clerk@okanogan-transit.com).  
**Application Deadline:**  
Application review will begin September 27, 2019; open until filled.  
*Okanogan County Transit Authority is an Equal Opportunity Employer.*



CLINICAL MEDICAL ASSISTANT Full-time

Three Rivers Hospital is seeking a Medical Assistant to work in our medical clinic. This position performs essential tasks, such as patient intake, including vital signs and medication review; performs a variety of patient care tasks. High school graduate or equivalent, must have valid WA State MA License. One year experience in clinic practice setting preferred. Spanish Bilingual is preferred.  
Interested Candidates may apply in person or by mailing their resume to:  
**Three Rivers Hospital**  
Human Resources  
PO Box 577  
Brewster, WA 98812  
(509) 689-2517  
[www.threerivershospital.net](http://www.threerivershospital.net)  
[opportunity@trhospital.net](mailto:opportunity@trhospital.net)  
EOE

HELP WANTED



**Journalist Wanted**  
**The Lake Chelan Mirror**

Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:  
Publisher  
NCW Media, Inc  
PO Box 39  
Leavenworth, WA 98826  
or email to [Publisher@leavenworthecho.com](mailto:Publisher@leavenworthecho.com)



HELP WANTED

**Full and Part-Time Breakfast Catering Staff**  
The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions.  
Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.  
Apply in person.  
590 Hwy. 2  
Leavenworth.

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CROSSWORD PUZZLE

CROSSWORD

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- THEME: RAP ARTISTS ACROSS
- Same as Amir 6. Graduate degree
  - Rotisserie skewer
  - Wispy clouds
  - \*Run-DMC performed at "Live ", 1985
  - Elbow room
  - Portfolio content
  - Some special effects
  - Noncommittal response
  - \*N.W.A. songwriter turned actor
  - \*Marshall Bruce Mathers III
  - Last letter of Hebrew alphabet
  - Two-fold
  - Tit for
  - Serve soup, e.g.
  - Done at "inspiration point"
  - Eurasian mountain range
  - Jack of all trades' sphere of expertise
  - More painful
  - Little bit, in Mexico
  - Open-mouthed
  - Classic TV's Mr. Cleaver
  - Friend from Mexico
  - Power system
  - Batman's cave, e.g.
  - Ketchup, to some
  - \*a.k.a. Detective Tutuola
  - "To Kill a Mockingbird" author
  - Bangkok native
  - Yoga turf
  - \*She likes dollars, she likes diamonds
  - \*SAG and Golden Globe awards recipient
  - 2 halves of a diameter
  - Exchange for money
  - Watery-eyed
  - Turn upside down
  - To add, often used with "out"
  - Shockingly graphic
- "Cobbler, cobbler, \_\_\_ my shoe"
  - Up and down nod
  - Horace's poem
  - DOWN
  - South American blackish-purple berry
  - Catchall abbr.
  - Gaelic tongue
  - Not slouching
  - Something regularly observed
  - Debilitating spray
  - \*The Notorious one
  - Opposite of bonjour
  - Distance from wingtip to wingtip, e.g.
  - Pay as you earn tax system
  - Ballistic missile acronym
  - Golf peg
  - Expression of pleasure, pl.
  - Boss, in Swahili
  22. Vitruvian one
  - Ancient Roman silver coins
  - \*"The hate you give..." artist
  - Scent
  - Like unspoken agreement
  - \*Snoop's last name?
  - Loose hood
  - Cattle enclosure in African village
  - Chill-inducing
  - \*Beats by
  - Fireplace fodder
  - \*"Rap Battles of History"
  42. Possible allergic reaction
  - Bested
  - Sigma
  - Epsilon
  - Babble out
  - \*"Drake's tattoo of the The Beatles' " Road"
  - Blind
  - Port in Yemen
  59. Orange peel
  - Cleaning cabinet supplies
  - Wyatt Earp's card game
  - Desert quality
  - Jekyll's alter ego
  - Cuba Libre ingredient
  - Israel Kamakawiwo'ole's strings



HELP WANTED

City of Brewster  
Employment Opportunity  
The City of Brewster has an opening for a Seasonal Parks position. Duties include: All aspects of Park maintenance and Public Works, cleaning and other duties as required. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 a.m. to 3:30 p.m. with a half-hour lunch break. Wage for the Seasonal position is DOE. The successful candidate for the Seasonal position should anticipate the position will last until the end of this year. Generally, the position begins April 1 and ends September 30. Previous experience preferred, but not required. Criminal background check may be required, in addition to pre-employment drug testing. Random drug testing throughout the employment period may occur. Applicants must have a valid WA State Driver's License. Applications are available at [cityofbrewsterwashington.org](http://cityofbrewsterwashington.org), by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted until position is filled. EOE

The City of Brewster Police Department seeks applications from qualified candidates to fill the position of Chief of Police. Potential candidates should have experience working in or around small departments in small communities. The City seeks a community-oriented experienced and compassionate law enforcement officer willing to work in all facets of law enforcement services delivery including patrol, scheduling, meeting with the Mayor, City Council, and working with other City department heads. The City Mayor and Council are committed to continuing the tradition of making the City a safe place to live, work, and play. Qualified applicants should have a minimum of 5 years of law enforcement experience, leadership experience and/or academic credentials indicating the potential for success in a leadership role. The City of Brewster is located on the beautiful Columbia River in rural Eastern Washington, and has a population of 2,405. The Police Department consists of a total of 5 fully commissioned law enforcement officers, inclusive of the Chief. The salary is DOE and DOQ.

Please contact City Clerk/Finance Director, Misty Ruiz, at 509-689-3464 or at [misty.ruiz@brewsterwa.us](mailto:misty.ruiz@brewsterwa.us) or click here to obtain an application. Completed cover letters, applications, and resumes should be sent to the attention of Ms. Ruiz for review and consideration by Mayor Smyth. This position will remain open until filled.



The Cascade School District is seeking qualified applicants for the following position:

Cascade High School Winter Cheer Advisor

Fast Track application process and information can be found on our website at:  
[www.cascadesed.org](http://www.cascadesed.org)  
EOE

HELP WANTED



The Cascade School District is seeking qualified applicants for the following positions:

Substitute:  
Custodians  
Para Educators

Fast Track application process and information can be found on our website at:  
[www.cascadesed.org](http://www.cascadesed.org)  
EOE

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Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**  
Deadline Tuesday at noon **Quad City Herald**

**Your ad will appear online and in the newspaper for one low price.**

**Full and Part-Time Bedmaker, Laundry and Housekeeping**

Leavenworth Enzian Inn, is hiring for full and part-time Housekeeping / Laundry / Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 - 4:00 daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person  
Enzian Inn  
590 US Hwy. 2  
Leavenworth

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for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**  
Deadline Tuesday at noon for the paper **Quad City Herald**



NCW MARKET.COM  
CLASSIFIED ADS

GARAGE & YARD SALE

Covered yard sale at 3655 N.W. Cascade Ave., East Wenatchee. Unit #16. 9 a.m.- 5 p.m. Sept. 20 and 21. Lots of hand tools, with a roll around box. Like new electric 20 inch cut lawnmower with rearbagger, Weedwacker Electric George Foreman BBQ, Propane BBQ, Silverware, Electric mobility chair. Electric frying grill. Sorel men's boots, size 11. Emerson AC-DC radio. small wood table. Salt and pepper shakers. Costume jewelry. Art work. Beautiful mirror with outside trim and lots of miscellaneous.



**CLEAR SOME SPACE WITH A**

**Fill your pockets with \$\$ CASH \$\$**  
Let others know what items you are selling!

Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**  
Deadline Tuesday at noon **Quad City Herald**

**Your ad will appear online and in the newspaper for one low price.**

MOVING SALE

**Douglas General Store Closing Sale**

Gifts, antiques, collectibles, home and holiday decor, some furniture. Fridays, Saturdays, and Sundays until Christmas. 10 am to 6 pm all month. 15391 U.S. Highway 2 in Douglas (4 miles east of Waterville on Highway 2) 509-745-8287.

GENERAL MERCHANDISE

**ALJU Stove & Fireplace, Omak**

can take all your stress out of installing our wood, pellet and gas stoves, fireplace inserts, and fireplaces. Chimneys, hearthpads, chimney relining, gas venting, gas piping, repair and complete, code installation and advice year-around. 45+ years. Experience. Call Al Bosco, 509-826-2736 aljust \* 0550m

BOATS & TRAILERS



\$155,000

Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking. 808-298-1031.

PUBLIC NOTICES

**NOTICE OF DATE CHANGE PLANNING COMMISSION MEETING**

The Planning Commission's regular October meeting has changed to October 16, 2019 at 7 pm, City Hall - 700 Hwy 2, Leavenworth. The discussion will be on the Missing Middle. The public is encouraged to attend. Questions may be directed to Lilith Vespier, AICP, Development Services Manager, phone 509-548-5275 or email [dsmmanager@cityofleavenworth.com](mailto:dsmmanager@cityofleavenworth.com) Published in the Leavenworth Echo / Cashmere Valley Record on September 18, 2019. #86111

**CITY OF LEAVENWORTH**

On the 10th day of September, 2019, the City Council of the City of Leavenworth, Washington passed the following ordinance. A summary of the contents provides as follows: Ordinance 1588: An ordinance of the City of Leavenworth, WA adopting amendments to the Leavenworth Municipal Code Chapter 18.40 Planned Development District. A copy of the full text of the ordinance is available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in The Leavenworth Echo/ Cashmere Valley Record on September 18, 2019. #86133

**SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY**

In the Matter of the Estate of **MARY ELLEN ST. CLAIR**, Deceased.  
NO. 19-4-00182-04  
**PROBATE NOTICE TO CREDITORS**  
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

**DATE OF FIRST PUBLICATION: September 11, 2019**

PERSONAL REPRESENTATIVE:  
Susan Carter

ATTORNEY FOR PERSONAL REPRESENTATIVE:  
David Visser

ADDRESS FOR MAILING OR SERVICE:  
OVERCAST LAW OFFICES  
23 South Wenatchee Avenue  
Suite 320  
Wenatchee, WA 98801

COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00182-04  
OVERCAST LAW OFFICES  
By: David Visser, WSBA No. 41546 Attorney for Personal Representative.  
Published in The Leavenworth Echo/ Cashmere Valley Record on September 11, 18 and 25, 2019. #86114.

PUBLIC NOTICES

**NOTICE OF APPLICATION TO APPROPRIATE PUBLIC WATERS**

**TAKE NOTICE:**  
That Shuyler Productions, of Goldendale, Washington, on August 7, 2019 under Application No. S4-33236 applied to appropriate public waters, subject to existing rights, from the Columbia River at the rate of 0.33 cubic feet per second and 0.021 acre-feet per year, one day use, for recreational purposes, to fill a fishpond at the Wenatchee Valley Sportsmen Show.  
That the source of the proposed appropriation is located within SE1/4SE1/4 of Section 03, Township 22 N., R. 20 E.W.M., Chelan County, Washington. Protests or objections to approval of this application must include a detailed statement of the basis for objections. All letters of protest will become public record. Cash shall not be accepted. Fees must be paid by check or money order and are nonrefundable. Protests must be accompanied by a \$50 recording fee payable to the **Department of Ecology, Cashiering Unit, PO Box 47611, Olympia WA 98504-7611**, within 30 days from: **September 25, 2019**. Published in The Leavenworth Echo/ Cashmere Valley Record on September 18, and 25, 2019 #86157

**SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY**

In the Matter of the Estate of **ELAINE A. LARSEN**, Deceased.  
NO. 19-4-00279-04  
**PROBATE NOTICE TO CREDITORS**  
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

**DATE OF FIRST PUBLICATION: September 11, 2019**

PERSONAL REPRESENTATIVE:  
Kathryn M. Larsen

ATTORNEY FOR PERSONAL REPRESENTATIVE:  
David Visser

ADDRESS FOR MAILING OR SERVICE:  
OVERCAST LAW OFFICES  
23 South Wenatchee Avenue  
Suite 320  
Wenatchee, WA 98801  
COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00279-04  
OVERCAST LAW OFFICES  
By: David Visser, WSBA No. 41546 Attorney for Personal Representative.  
Published in The Leavenworth Echo/ Cashmere Valley Record on September 11, 18, 25, 2019 #86112

PUBLIC NOTICES

**NOTICE OF FIRST BUDGET HEARING**

The first budget hearing for the Town of Mansfield will be held Tuesday, October 8, 2019 at the Mansfield City Hall at 7:00 PM to afford citizens the opportunity to provide written or oral comments on the 2020 budget. Copies of the preliminary budget may be obtained from the City Clerk.

Published in the Quad City Herald September 19 and 26, 2019. #86164

**SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY**

In the Matter of the Estate of **ELMER T. CLOVEN, JR.**, Deceased.

NO. 19-4-00149-04  
**PROBATE NOTICE TO CREDITORS**  
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

**DATE OF FIRST PUBLICATION: September 11, 2019**

PERSONAL REPRESENTATIVE:  
Bradley E. Cloven

ATTORNEY FOR PERSONAL REPRESENTATIVE:  
David Visser

ADDRESS FOR MAILING OR SERVICE:  
OVERCAST LAW OFFICES  
23 South Wenatchee Avenue  
Suite 320  
Wenatchee, WA 98801  
COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00149-04  
OVERCAST LAW OFFICES  
By: David Visser, WSBA No. 41546 Attorney for Personal Representative.  
Published in The Leavenworth Echo/ Cashmere Valley Record on September 11, 18, and 25, 2019. #86113.



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