WEDDINGS North Central Washington Style

JANUARY 8, 2020 · VOLUME 113, No. 2 SINGLE COPY \$1.00

**CELEBRATING 113 YEARS • 1907-2020** 

New rates effective Jan. 1,2020

# **Council increases** miscellaneous fees and permits

By BILL FORHAN

Publisher

At the Dec. 9 city council meeting, council members voted unanimously to increase miscellaneous fees and permit charges.

Those fees as it turns out covers a lot of items. **General Licenses, Permits** 

And Miscellaneous Fees **Business License Initial** 

\$50.00, Renewal \$30.00, Failure to obtain \$250.00 Sign Permit: One - two

signs \$50.00, Three or more

Fireworks Permit -

Permit fee \$50.00 Vendor Permit - Quarterly \$150.00, Event \$50.00, Multiple Vendor \$50.00 plus \$10.00 per vendor

Special Use Permit -Permit fee \$20.00, Electricity fee \$20.00

Fire & Life Safety Permit - Occupancy permit \$20.00, On-site inspection \$80.00

Dog License Fees Spayed or Neutered \$10.00, Unaltered \$30.00, Late Fee \$10.00 Exhibit, Senior Citizen (62)/Disabled Discount 50%, Replacement dog tag No Charge, Registration of Potentially Dangerous Dog \$75.00, Registration of Dangerous Dog \$75.00, Guard dog license \$50.00

Portable Metal Carport Permit \$100.00

Fence Permit \$10.00 **Inspection Fees** - General Inspection Fee, \$100.00 per hr (1/2 hour minimum), Re-Inspection Fee \$100.00 per hr (1/2 hour minimum)

Miscellaneous Fees

**Delinquency Fee** (Utility and Misc.) \$25.00

Returned item fee \$25.00 New account service **charge** \$10.00

After hours call-out fee

Photocopies - \$0.15 (per

11 x 17 color maps - \$2.00 Brush Pick up

Semi-annual Pick up \$20.00 per frontend loader scoop (\$20.00 Minimum)

Special Brush Pick up \$35.00 per front-end loader scoop (\$35.00 Minimum) \$20.00 each additional scoop

Building permits and Development Fees are a complicated mix of administrative and environmental costs that are not easily listed without including something like "and other direct costs and expenses."

Anyone contemplating a major project should start with a consultation with the

Free Community CPR class kicks off 2020 training



Lennea Hopkins (in red), Carl Anderson and Carrie Barham practice adult CPR on a mannequin March 24 at a class taught by Cascade Medical in 2018.

SUBMITTED BY CASCADE MEDICAL CENTER

Learn how to save a life at a free community CPR class, 10 a.m. Jan. 26 at Alpine Lakes Elementary School.

The 6-hour class will focus on CPR and First Aid for children and adults, Stop the Bleed and AED use.

The class combines guided, handson practice with video instruction and certification by the American Heart Association.

Advance registration is required. Sign up by contacting Education Coordinator Lester Stoltz at lesters@ cascade medical.org.

The free community class is one of more than a dozen hands-on trainings offered by Cascade Medical's Emergency Medical team this year.

The schedule is posted online at

cascade medical. org/classes-training.Most classes are intended for healthcare providers and first-responders, such as fire personnel, law

enforcement and EMTs. The sessions include:

- Basic Life Support
- Advanced Life Support

■ Pediatric Advanced Life Support All trainings are free for Cascade Medical staff, but providers through-

Cascade Medical is a nonprofit, community-owned, critical access hospital that delivers extraordinary healthcare by taking more time with each patient and their families. Centered around primary care, the medical center also provides lab and screening services; physical, occupa-

tional and speech therapy; ambulance

service; emergency and acute care,

and inpatient rehabilitation.

ter. The cost, which varies by class,

covers certification fees, materials

and a certified instructor. Group dis-

counts are available. For details, email

lesters@cascademedical.org.

out the region are welcome to regis-

## Glazing Days 2020

Upper Valley Empty Bowls Festival - Glazing days for Empty Bowls begin on Friday, January 17, 12-8 p,m, and Saturday, January 18 through Tuesday, January 21 from 10 a.m. - 8 p.m., in the Woodpecker Room at the Sleeping Lady Mountain Resort.

All ages are welcome, no experience is necessary, and volunteers are on hand to offer advice. All proceeds go to the **Community Cupboard** food bank and a local art grant benefiting youth in Leavenworth. This event sells out fast, don't delay purchasing your tickets.



# Give NCW Brings in Record Number of **Donations for Nonprofits**

SUBMITTED BY JENNIFER DOLGE

The Community Foundation of NCW has awarded \$533,621 to 25 nonprofits across the region, with \$278,621 of that coming from public donations through Give NCW – a record number since the effort began in 2015.

The remaining amount comes from grants awarded by the foundation.

Give NCW is an online giving catalog comprised of 25 nonprofits who have received a Regional Impact Grant from the Community Foundation for a portion of their request, but need additional funds to meet their full goal.

Minimum donation to Give NCW is just \$10 and 100 percent of the donations go directly to the nonprofits – the foundation even takes care of the credit card fees - and all donations are tax-deductible.

"We started Give NCW to showcase the work of our region's nonprofits and give people an opportunity to support them easily, and at any level," said Beth Stipe, the foundation's executive director.

"It's a great way to learn about what's going on in your community, and be part of making it happen."

Give NCW begins each year on Thanksgiving Day through December 31st.

The Regional Impact Grant opens on June 1, 2020. To learn more and view

full 2019 results, visit www.cfncw.org. The Community Founda-

tion of North Central Washington's mission is to grow, protect, and connect charitable gifts in support of strong communities throughout Chelan, Douglas, and Okanogan counties.

Established in 1986, the Community Foundation manages \$85 million in assets through more than 500 individual funds and has awarded over \$35 million in grants and scholarships.

Local Groups receiving funding include:

	RIG*	Give NCW	Total
Cashmere Food Bank - General Support	\$9,000.00	\$9,692.20	\$18,692.20
Lake Wenatchee Fire & Rescue Volunteer Firefighters Association - AEDs	\$10,000.00	\$6,215.06	\$16,215.06
Wenatchee River Institute – Gen. Support	\$11,000.00	\$10,760.06	\$21,760.06

\*RIG - Regional Impact Grant



Need to Place an Ad? Looking for a job? **NCWMarket.com** 

Our Classified Ad Dept is open 24/7

Community Calendar ....

AA Meeting Schedule..

Sheriff Reports

Senior Center Menus......2



North Central Washington with a few Simple keystrokes.

BUSINESSJOURNAL

Business Directory. Classifieds Index Church Guide... Classifieds Opinion.

THIS WEEK

Wedding Directory.

Advertising flyers Safeway, Martin's IGA Market fresh



201 Cottage Ave. Cashmere, WA 98815 Phone: 509-782-3781

COMMUNITY Local, Regional Community News & **BOARD Events** 

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise your News & Events

Go to: www.NCWMARKET.COM · 24/7 Choose your category and pay for Print & Online at one time For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com

### **■ COMMUNITY CALENDAR**

### Wednesday

Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Melissa Grimm, 860-1535.

Cashmere Food Bank, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each

The Underground Youth Group, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street Call Steffanie, 782-2825.

### Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

Cashmere Sportsmen's Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

### Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

### Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

### Sunday

CHURCH: See the church page for local service times and events.

The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie. 782-2825.

### **Monday**

Cashmere Wacoka Kiwanis Club, 6:30 p.m. American Legion Hall, lower level. Call Mary, 782-2057. (2nd & 4th Mon.)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.). Planning Committee Meeting, 5 p.m. at City Hall

(1st Mon. of each month). Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-

3513. (3rd Mon.) Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.) Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

## Tuesday

I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561, (2nd Tues.)

Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

## **Ongoing events**

Cashmere Public Library: 782-3314 Call for other information if not listed.

Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m. Thurs.,11 a.m.- 8 p.m.

Sat., 9 a.m.-1 p.m. Sun., Closed.

**Events:** 

Tues. & Wed., 10-10:30 a.m. Story time Pre-K & up Wed., Preschool Story time, 10-10:30 a.m.

Wed., Bilingual Story time, 4:30-5 p.m. (last Wed.of

every month)

Fri., Baby/Toddler Story time, 10:30-11 a.m. **Cashmere Museum and Pioneer Village** 

Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m. Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

## ■ AA MEETING SCHEDULE

## Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center. 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans Friday, 7:30 p.m., Plain Community Church,

12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939 **Alanon Meeting Schedule** 

Monday, 7 p.m., United Methodist Church, 418 Evans St.

**Celebrate Recovery** Friday, dinner, 5:30 p.m., meeting 6:15 p.m. Leavenworth

Church of the Nazarene.111 Ski Hill Drive, Leavenworth.

Please contact us for questions: Dave and Nancy Bartholomew, 509-596-1510.

### ■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

### **Events Calendar**

**January 9**, Thursday: Biscuits & Country Gravy, sausage patty, hash browns, juice, fresh fruit, blueberry

January 10, Friday: Chicken Cordon Bleu casserole, rice pilaf, peas and carrots, garden salad, orange quarters, bread pudding.

Saturday and Sunday: No lunch.

January 13, Monday: Beef barley soup., cottage cheese, spinach salad, oranges, whole wheat bread or roll, dessert.

**January 14**, Tuesday: Ham, scalloped potatoes, roasted brussels sprouts, spiced salad, applesauce, whole wheat roll, dessert.

January 15, Wednesday: Hamburger stroganoff, green beans, Greek salad, banana, French bread, dessert.

### ■ SENIOR CENTER EVENTS

Leavenworth Senior Center, 423 Evans St., Leavenworth

### **Events Calendar**

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome,

No cover charge



## **CHELAN COUNTY** SHERIFF, FIRE & EMS REPORTS

20:08 Warrant, 6801 Dryden

Ave., Dryden

January 2

Brunner Ln.

Ave., Dryden 13:19 Harass/Threat, 8703

Dryden

Dryden

01:15 Suspicious, 219

02:30 Warrant, 8703 Alice

Alice Ave., Dryden

20:04 Burglary 115 E.

Pleasant Ave., #3

17:58 Civil, 8703 Alice Ave.,

20:03 Civil, 8703 Alice Ave.,

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

### **December 28**

08:10 Suspicious, 104 Pioneer Ave.

11:45 Theft, 104 E. Pleasant

12:49 Malicious mischief, US Hwy. 2 & Dryden Ave., Dryden

15:42 Suspicious, 313 S. Division St.

## **December 29**

17:14 Domestic disturbance, 241 Independence Way 17:50 Disturbance, 115

Mission Creek Rd., #C 23:09 Welfare check, 8703

Alice Ave., Dryden

## **December 30**

Weatherend Dr. 12:51 Theft, 6125 Hay Canyon Rd., #4

06:35 Agency assist, 5854

13:56 Trespass, 113 Cottage

## **December 31**

21:01 Fireworks, 5865 Pioneer Dr. 21:54 Traffic offense, 3619 Eels Rd., #7

23:35 Juvenile problem, 125 Elk View Lane, Dryden

### January 1, 2020 00:33 Theft, 115 E. Pleasant

Ave., #3 00:50 911, 6007 Goodwin

Rd., Bldg. D 09:04 Hazard, Pioneer Dr. &

Wescott Dr. 10:09 Malicious mischief,

6189 Pioneer Dr.

11:07 Hazard, 4098 Mission

Creek Rd. 16:42 Accident/no injuries,

4746 Sky Meadows Rd. 18:31 Theft, 115 E. Pleasant Ave., #3

# Cashmere

### **Cashmere Library Events**

A.T.L.A.S. (At Library After School). Every Thursday, 3:30-5 p.m.

Join us every Thursday afternoon at the library for STEM events, crafts, and games for school-aged children. (r 02).

# **BUSINESS & SERVICE Directory**

Add your business or service to this directory: 548-5286

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## **STORAGE**

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Tickets are selling quickly! Buy Now at LakeChelanWinterfest.com

# **OPINIONS / NEIGHBORS**

# The year matched the decade

2019 was an amazing year for investors. U.S. stocks gained nearly 30%, European stocks rose more than 25%, the Chinese stock market gained 22%, Japanese stocks rose nearly 20%, and gold climbed 17%

Even the bond market had a banner year, rising nearly 10%.

Similarly, the last decade made a lot of investors happy, as the S&P 500 tripled.

One major reason for the amazing performance of the stock market both in 2019, and over the decade, was simply a trick of timing.

As the decade began, we



Financial Opinion

BLACKBURN

Brad

were just digging out from the Financial Crisis. Similarly, as 2019 began, we were recovering from the last two months of 2018, when the S&P 500 dropped nearly 20%.

Had the decade started a few years earlier, or had the year started a few months earlier, the performance wouldn't be nearly as impressive.

Another similarity between 2019 and the decade was how strong the stock market was in the face of a merely decent economy.

While the stock market has tripled since 2010, our GDP only grew by a quarter. Similarly, in 2019, the S&P 500 gained 30%, while our GDP will be a solid, but unspectacular 2%.

So, what does all this mean for 2020 and the coming decade?

Unfortunately, when the stock market outperforms the economy, it essentially

steals gains from the future.

As a result, the next year and the next decade have very little chance of living up to their predecessors.

While it's been a great ride for investors, we are left with something resembling a bubble.

However, just because there's a bubble, that doesn't mean it will disastrously pop.

The best way to deflate a bubble is for the economy to catch up to the stock market.

That happened in 2018, which was the best economic year of the Trump presidency so far – and yet the

As strange as it sounds, that may be the best-case scenario for 2020.

If the stock market can tread water while the economy picks up speed, we'll look a lot better going into 2021.

Of course, the opposite is also true. If the economy weakens, the stock market will not be happy.

As for what the coming decade will bring, I won't even venture a guess.

However, my realistic hope is for more slow and steady growth, which has served us well.

It seems that slower growth leads to longer growth, as this has been the longest economic expansion in modern history.

The economy has steadily grown - without overheating. Perhaps that's the se-

Slow growth isn't exactly a great story for the stock market, especially with the stocks already overvalued. But, we're in an okay place right now.

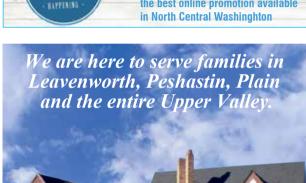
A lot of people have jobs and the economy has momentum. It's not a bad starting point.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor. Blackburn Financial is located at 121 Cottage Ave, Cashmere. He can be reached at 509-782-2600 or email him at brad@ blackburn financial.net

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Honoring the lives of residents in the Valley for over 100 years. You can always rely on our dedicated staff.

### NCW Media Inc.'s Obituary and Memorial Policy An obituary is a way for family

members to commemorate a loved one's life and to notify the larger community of the de-

historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person

A memorial is different from an obituary. An obituary is usually current while a memorial can be

For publication in the Cashmere Valley Record or The Leavenworth

while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

worthecho.com

# Christian and Self-Defense

# Should a Christian own a gun and use it to defend themselves?

This question has been posed to me several times in the past week and it was in response to what tragically happened in White Settlement, Texas.

On December 29th, a gunman entered the sanctuary of West Freeway Church of Christ and opened fire, killing two before he was stopped by Jack Wilson, a longtime member of the church and gun safety instructor.

Jack Wilson was able to draw his weapon and take down the gunman in one shot, invariably saving the lives of those in the sanctuary.

It is no doubt that a bad guy was stopped with a good guy with a gun.

However, how do we reconcile selfdefense with Jesus' own words in Matthew 5:39 where he says, "to turn the other cheek" and in verse 44 where he calls us to "love our enemies and pray for those who persecute you"?

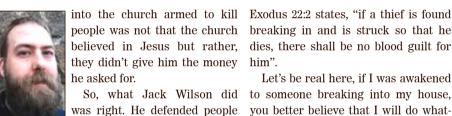
Well first off, we need to understand the context of what Jesus is teaching. Jesus is teaching about our response to religious persecution.

In other words, if I am persecuted because of my faith, I am not to retaliate. Instead, I am to pray for their conversion and repentance and seek to do them good in the hopes of winning them to Christ.

Even that persecution involves violence, I am to trust God and love my enemies, praying for them like Stephen, the first Christian martyr, "Lord, do not hold their sin against them" (Acts 7:60).

But not all violence is persecution. There are many things done with violence to Christians that have nothing to do with their faith. Case in point, what happened in Texas.

As more details about the shooter are coming to light, it has been revealed that the reason why he walked



from an evil act and although **AWALK** tragically three people lost their WITH lives, it could have been sig-**PASTOR** nificantly worse if Jack Wilson **JOHN** hadn't acted so speedily. **SMITH** 

Biblically speaking we have a right to defend ourselves and others from evil.

Rescuing people is a command that is taught in Scripture. For example, in Proverbs 24:11 says "rescue those who are being taken away to death; hold back those who are stumbling to the slaughter" and in Psalm 82:4, "rescue the weak and needy; deliver them from the hand of the wicked".

defending your home from intrusion.



breaking in and is struck so that he dies, there shall be no blood guilt for him".

Let's be real here, if I was awakened to someone breaking into my house, you better believe that I will do whatever it takes to protect my wife and family. I am certainly not going to stay in my bed and just pray him away. After all, God gave us reason and common

Men especially need to understand our call to rescue and defend. God in his design has given men a measure of strength to protect and even though our culture so adamantly is about tearing down the institutions of gender roles, there is still a faint glimmer of respect and admiration at seeing a man uphold his duty to be a defender.

Look at the popularity of comic book heroes for example. They are popular because they tell an old truth - a Biblical one - that those who have the strength and the ability to defend ought to do so and when they don't, we recoil and consider them rightly villainous and cowardly.

How and when to use force requires discernment. If it comes down to using deadly force to stop an assailant, it should only be done when it is the absolute last resort.

Lastly, it is not sinful to own a gun or even carry a gun. As Christians we recognize the State as the one who governs and makes laws and up to this point, we do have the right to bear arms according to the Constitution.

However, we should respect that right with wisdom, safety and ultimately faithfulness to God.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

## next week's issue. Funeral homes

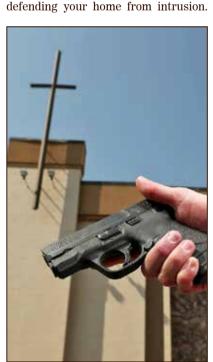
Obituaries are also used for

who has died.

Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the and chapels can submit obituaries by noon on Monday, except

Obituaries are priced per word

For information call 509-548-5286, or email editor@leaven-



# UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

## TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

## **CASHMERE**

**CASHMERE BAPTIST CHURCH** 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



**CASHMERE PRESBYTERIAN CHURCH** 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



**CASHMERE UNITED METHODIST CHURCH** 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana

CHRIST CENTER Cashmere Assembly of God • 509-782-2825

Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at - 206 Vine Street Lead Pastor, Steve Hanev **CHRIST**CENTER Children's Pastor, Andy Robinson Congregation Care Pastor, Joyce Williams Pastor Ian Ross, Director of Operations



Steffanie Haney, High School Director

### **GRACE LUTHERAN CHURCH** Vine & Elberta Streets • 860-0736 Worship 10:30 a.m. Pastor Robert Gohl St. James Episcopal Church

222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736

5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m.

**EVERGREEN BAPTIST CHURCH** 

Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org

## **DRYDEN**

**DRYDEN COMMUNITY CHURCH** Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m.

Pastor Steve Bergland MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616

Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

# **LEAVENWORTH**

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org



COMMUNITY UNITED METHODIST 418 Evans Street • Leavenworth 509-548-5619 • Rev. Matt Gorman Sunday service 10 a.m.

> CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

www.leavenworthumc.org

Church of Jesus Christ of Latter-Day Saints 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following Rev. Nancy Gradwohl www.FLCleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11:00 AM

> info@leavenworthbaptist.com LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292

Sunday Worship 9:00 a.m. Lead Pastor: Andy Dayton Youth Pastor, Kent Wright www.LCN.org

FLCleavenworth@gmail.com

www.leavenworthbaptist.com



### SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 Saturday Services Bible Study 9:30 a.m. • Worship 11 a.m.

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> Pastor John Romine www.lightinthevalley.org PESHASTIN ASSEMBLY OF GOD School and Lake St. • 548-7523

Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp **Pastor Jorge Torres New Life Foursqure Church** 7591 Hwy. 97 • 548-4222

Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com





# BULLDOG COREBOARD **CASHMERE GIRLS' BASKETBALL** Jan. 3 Cashmere 64 vs Chelan 24 **UPCOMING GAMES** Cashmere at Omak 5:45 p.m. Jan. 8 Cashmere vs Medical Lake 3:00 p.m. Jan. 11 **BOYS BASKETBALL** Jan. 3 Cashmere 72 vs. Chelan 51 **UPCOMING GAME** Cashmere at Omak 7:15 p.m. Jan. 8 Cashmere vs Medical Lake 4:30 p.m. Jan. 11 **BOYS WRESTLING UPCOMING GAME** Sky Valley Invitational – Sultan 9:45 a.m. Jan. 11 **GIRLS WRESTLING UPCOMING GAME** Lady Huskie Invite - Othello 5:00 p.m. Jan. 17

Hailey Van Lith, the Bulldogs scoring dynamo, drives the ball down court in their match against Chelan last Friday.

Reid Smith takes Reid Smith takes a shot in the game agianst Chelan Friday night in Chelan. The Bulldogs dominated the contest defeating the Goats 64 to 24.

3 An unidentified Cashmere wrestler An unidentified has his opponent in the pretzel hold and looking to force a pin at the Chelan Holiday Invite last Saturday.



## **Girls Basketball STATS**

Season to date							
Player	Points	Avg/game	Rebounds	Blocks	Steals		
Hailey Van Lith	257	32.1	83	7	24		
Grace Erdmann	50	6.3	50	5	7		
Grace Hammond	64	8.0	26	0	6		
Ali Ball	0	0.0	4	0	1		
Jalynn Darnell	0	0.0	0	0	0		
Millie Brunner	7	1.0	14	0	3		
Hailley Larson	0	0.0	3	0	1		
Peyton Brown	29	3.6	43	0	10		
Gabby Terrell-Lewis	4	0.6	1	0	0		
Riley Johnson	40	5.0	44	3	10		
Cameron Phillips	4	0.5	8	1	2		
	Cas	hmere vs La	Salle (OR)				
Player	Points	Avg/game	Rebounds	Blocks	Steals		
Hailey Van Lith	25	5	17	0	0		
Grace Erdmann	5	5	5	0	0		
Grace Hammond	8	0	2	0	0		
Millie Brunner	1	0	1	0	0		
Hailley Larson	0	0	1	0	0		
Peyton Brown	0	0	5	0	0		
Riley Johnson	11	2	4	0	0		
Cameron Phillips	0	0	3	1	0		

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### **GIRLS BASKETBALL** Varsity Basketball Standings

varionly basketban otanianings							
	Lea	gue	Overall				
	W	L	W	L			
Okanogan	3	0	9	0			
Cashmere	3	2	8	2			
<b>Omak</b>	2	1	6	4			
Chelan	1	2	5	3			
Cascade	0	4	1	8			

# **BOYS BASKETBALL**

### **Varsity Basketball Standings** League **Overall** 1 4 Okanogan 4 6 **Cashmere** 3 0 5 2

2

2

0

Cashmere Valley
DECORD

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### Phone: 509-782-3781 On the Internet

website: www.cashmerevalleyrecord.com e-mail: record@cashmerevalleyrecord.com advertising e-mail:

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Chelan Cascade

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The Cashmere Valley Record regrets any errors. If you see a error, please call 509-782-3781. We will publish a correction this page in the next issue.

## News tips

Have an idea for a story? Call the Record at 509-782-3781

# Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

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# 11/EDDINGS North Central Washington Style

# North Central

# Spring's a popular time of year for weddings

Spring is a popular time of year for weddings for a number of reasons. The weather gives you options not available during the potentially hot summer months or unpredictable winter and fall.

For the most part, you can count on spring's mild temperatures and steady weather patterns — especially in late spring. The spring also gives you flexibility when it comes to planning a bridal shower. Friends of the bride have long put their heads together to pull off a memorable shower experience that all involved parties remember for years to come.

Here are some of the most important things to remember when throwing a shower:

· Decide on a date that is ideal for all attendees usually a weekend day when getting off of work isn't an issue.

· Choose your venue and make sure you book it months ahead of time.

There's nothing worse that having to go to your backup plan just because you didn't plan ahead.

• Plan (and stick to) your budget. Set a budget for the entire event and make sure you follow it during both the planning and execution phases. Your fellow bridesmaids will likely pitch in to help you avoid overspending on this special event.

### **SHOWER IDEAS**

Below are some ideas for what kinds of spring bridal showers you can plan for your friend or family member. Don't forget to incorporate the bride's likes and dislikes into the festivities. For example, if the outdoors isn't really her thing, a daylong event filled with lawn games probably isn't your best bet. Be creative, be practical and most of all be fun.

### **SPA PARTY**

A spa bridal shower is a great way to relax the bride during this anxious time. Consider booking your local spa or hiring a couple of professionals to come to you. A DIY spa station could include a massage table, a facial space and a mani-pedi seat. Be sure to play relaxing music and deck your place out with soothing decorations.

### **FOOD PARTY**

What bride doesn't love food — especially healthy food to help her

Horseshoes is a time-tested lawn game perfect for all ages.

sampling throughout stay trim and fit for her special day? Set up a the shower.

food-themed party to let your guests indulge on deli sandwiches, cheese and crackers, vegetables and fruit salads.

### **PERFUME BAR**

If your venue allows it, a perfume bar is a unique addition to your bridal shower. This is a great complement to s spa location. Ask the company's management if they would permit you to put together a table area full of perfumes for

### **RECEPTION ENTERTAINMENT**

Lawn games let your guests wind down after your formal ceremony. They also make for great conversation and friendly competition that bring out the best in your friends and family members. Lawn games are not only fun but inexpensive, as well. You can even build them vourself. Decide which lawn games you're hoping to incorporate

and head to the hardware store for lumber and other necessities. Some of the most popular lawn games include bags, Frisbee golf and lawn darts. Make your own scoring systems and rules to make things more interesting.

© FOTOLIA

Here are a few more ideas:

**HORSESHOES** Horseshoes is a time-tested lawn game perfect for all ages. Minimal equipment is needed for setup, making it the perfect DIY lawn game for your

reception. You can likely find a horseshoe set at your local hardware or toy store. Or you could make your own by purchasing a few steel rebar rods about 1 inch thick and getting your hands on some actual horseshoes. Check in with family members who have horses or even your local horse veterinarian to see if they have any extras lying around.

You'll have legitimate horseshoe lawn game set up in no time.

### FOR THE KIDS

Let's say you plan on having four or five lawn games set up for the adults at your reception. This is a good number that allows rotation between games and includes plenty of guests in the fun. But what about the kids? Children's lawn games

can include pin-thetail-on-the-donkey, potato sack races or simply smaller versions of the adult games you have set up. Whatever you choose, be sure to assign someone to supervise the activity to ensure optimal safety.

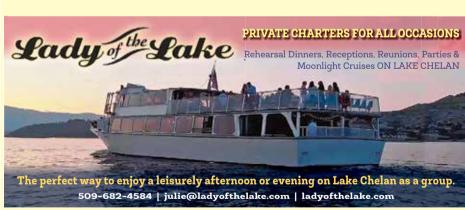
# The wedding dress

The wedding dress. So many hours of research, fitting and re-fitting for only a few hours of glory. But once your special day the gown can be a difficult choice for many brides. Should you keep it stored away as a memento of your wedding day or let it go?

## **KEEP IT**

When deciding to keep your gown, it's important to determine why. Are you hopcomes and goes, deciding what to do with ing to one day hand over your dress to your daughter? If so, keeping the gown in a basement, attic or back of the closet may not be an ideal storage option. Garment profes-









Garment professionals recommend you properly clean and store your gown for optimal life span.

sionals recommend you properly clean and store your gown for optimal life

it can lead to a ragged, faded garment after even a short period of time.

span. Simply shutting it

away and forgetting about

## **DONATE IT**

If you have no future plans to give away your dress to a family member or friend, why not donate it to charity? Organizations such as Brides Against Breast Cancer use donated dresses to put on their Nationwide Tour of Gowns effort, which raises funds to contribute to programs for cancer patients and their families. Check in with your localcharitable organizations or consignment

shops to see if there is a need for donated dresses in your area.

# **SELL IT**

Another option for your gown after your wedding is selling it to make back some of your own costs. This may be a great option if the dress is very valuable and if the company you bought it from has a flexible buy-back program. There are also a variety of online options for selling yourgown. Many companies buy and sell pre-owned wedding dresses. Just don't expect to get top-dollar out of these bargain services.



# Go green for your big day

According to a poll by the Clinton Global Initiative and Microsoft, 66 percent of millennials believe there is solid evidence of global warming, and about 75 percent say it is of human activity. In turn, these environmental advocates are taking action by planning weddings that rely less on disposable products and fossil fuels and more on sustainable practices that can lead to a healthier environment. Follow our suggestions below to integrate a little of this approach into your spring wedding.

### **CHOOSE EARTH-FRIENDLY VENDORS**

One of the most meaningful steps you can take is to enlist the services of Earthfriendly vendors. These businesses are committed to following environmentally sound processes when



© FOTOLIA

Companies across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities.

producing and delivering their products, which can range from paper flower bouquets to sustainable invitations. There are card companies that print their materials on 100 percent postconsumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them. Knowing you had a positive impact

on the environment in

your wedding planning will give you that extra feeling of satisfaction.

### **CHOOSE LOCAL VENUES**

The less distance you put between your church and reception hall, the less pollution you are inviting into the atmosphere through the burning of gasoline in the vehicles of your wedding party. This seems like a small step,



There are card companies that print their materials on 100 percent post-consumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them.

but consider how many cars will be traveling around town on the day of your wedding. Inviting 200 guests means you're probably also inviting 50 to 100 vehicles onto your community's roadways. That's a large carbon footprint you could lessen by keeping things confined to the same building or ones that are close in proximity.

### **RECYCLE YOUR FLOWERS**

companies Many across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities. By choosing to participate in such an arrangement, you are passing along some of the beauty of your wedding to even more people around you. These companies also keep your flowers out of landfills by composting them into usable materials for gardens and other uses. Look around in your area for these types of services or offer to do it yourself in collaboration with your local nursing homes or shelters.

# **Choosing performers**

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustrating exercise if you're not prepared for the search.

Before deciding on your final choice for music, ask some basic questions along with any others specific to your wedding.

Do you perform original music or play cover songs?

This is a question for a band you are consider hiring. You want to make sure their musical preferences match what you're looking for. Weddings are generally an atmosphere where cover bands may be a better fit, but this is up to you.

What is your price range, and can I get a quote on

**©FOTOLIA** 

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustating exercise if you're not prepared for the search.

paper?

Making sure you have a written quote will help resolve any confusion come payment time.

How many weddings have you performed for in

the past couple of years?

This answer may be one of the most important, as you want to make sure the company is experienced and up to the challenge.

Will you be providing the

equipment and song list?

Can you take requests? A "no" answer to any of these questions could lead to more work for you as you try to coordinate what will be played during your

Do you only play one

event per day?

You want to make sure you have the full attention of the musical act or DJ during your wedding.

Are you easy to get in touch with if I have questions throughout the music planning process?

A good musical act or DJ will surely answer "yes."

A good follow-up question is for a list of references just to make sure you can conduct a little follow-up research.

Do you also do announcements?

It's a great bonus to have your wedding band or DJ make announcements throughout the night. That's one less thing for you to worry about.



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# 2020 Wedding Directory Shopping Guide

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# Cake Chic Studio

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# **Cashmere Pioneer**

Village & Museum Celebrate this important day with your family and friends on the lovely grounds of the Cashmere Museum's charming Pioneer Village. Whether you are planning a wedding ceremony, or scheduling a photo shoot, this outdoor venue offers the perfect backdrop for an unforgettable experience. Weddings may be formal or informal, large or small, and equine friends are even welcome! The space includes a park-like setting, certified

kitchen, and a covered picnic pavilion. Near a number of popular reception spaces and just off Highway 2, our parking lot can accommodate shuttle buses. Please contact us at 509-782- 3230 or info@cashmeremuseum. org for more information.

## **Clarks Jewelry**

Family owned and operated since 1977. Clarks Jewelry, at 123 Palouse Street, Wenatchee, offers a vast array of wedding and engagement rings as well as watches and clocks. Although diamonds are our specialty, a variety of colored gems. including rubies, emeralds, sapphires and opals are also available to make that custom setting sparkle. Let us help you choose the gift that lasts forever. Complete jewelry services, including appraisals, watch and jewelry repairs and watch battery replacement are also available. For all jewelry needs, just give Mike or Angela a call at 509-662-8521 or stop by our showroom.

## DJ Shelda

Getting married? Having a party? If you want great music to energize your crowd and make your event memorable, then DJ Shelda is the perfect choice. With over 15 years under her belt, she brings knowledge, experi-

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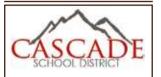
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The Cascade School District is seeking qualified applicants for the following positions:

Cascade High School Head Volleyball Coach

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EOE

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1	8	7	5	3	4	9	6	2
3	6	2	1	8	9	7	5	4
6	4	3	8	2	1	5	7	9
7	2	9	4	5	3	6	8	1
5	1	8	9	7	6	2	4	3

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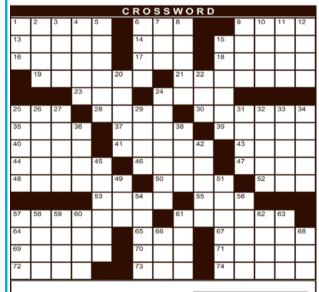
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# Crossword Puzzle



THEME: MOVIE CHARACTERS ACROSS CuraÁao neighbor

Lungful Not on a rolling stone 13. British unemployment checks

16. Opposite of liability 17. Napoleon Bonaparte or Louis

of snakes

30. Fear of flying, e.g. 35. Bun baker 37. "CliffsNotes," e.g.

\*She takes on PG&E

50. Blood-related problem 52. Ship pronoun 53. Diamond's corner

64. Love between AbÈlard and HÈloÔse 65. Pitching stat 67. Nostrils, anatomically speaking

69. Pine

14. Schiller's famous poem, e.g. 15. "Will comply" in radio communica-

Vuitton, e.g. 18. Embedded design 19. \*Teen with telescopic powers

21. \*Adventurous professor with fear 23. \*He played it in "Casablanca" 24. Sign of escape 25. Steampunk decoration 28. Thanksgiving tubers

39. Bound by oath

40. Nay, to a baby 41. Bread spreads 44. Sacrificial spot 46. Wedding promise? 47. Not yet final 48. Eats between meals

55. Be obliged 57. Name before X 61. \*Orphan who wanted more gruel 71. Novelist Wharton 72. \*Adopted orphan of Green Gables 73. Auction set 74. Like a disreputable neighborhood

1. Palindromic title 2. CISC alternative 3. \*Female Superman foe alongside

General Zod 4. Afrikaners' ancestors 5. Off course 6. First-rate
7. Nuptial agreement
8. Version of

 Nersion of a song 9. Mr. Bean's ride
 Paella pot 11. Diagnostic test
 Bean that rhymes with Goya Distance from side to side, pl

20. Insect in adult stage
22. Tiny bite
25. \*A barbarian
26. Convex molding Ladies and \_\_\_\_, for short \*a.k.a. The Mayor of Castro Street 31. \*Hutch actor in 2004's "Starsky &

32. \*Famous Frankenstein portrayer 33. Like Michael Collins
34. \*One of Miss Hannigan's orphans

36. \*Russell Crowe's Biblical role 38. \_\_\_\_ of the trade 42. Bar seat 45. Type of realistic baby doll 49. \*Pizzeria owner in "Do the Right

Thing" 51. Strings 54. Olfactory sensation 56. Avoid 57. Poet Angelou

58. Flock's affirmation 59. Bank's provision 60. Dry or salt 61. Brewer's kiln 62. Great Lake

63. Retired, shortened

68. Like a wallflower

66. Spanish river

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5

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

6

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### **Public Notices**

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq.108 1st Ave South, Suite 202, Seattle, WA 98104 Trustee Sale No.: WA-19-861496-SW Title Order No.: 190911378-WA-MSW Reference Number of Deed of Trust: Instrument No. 2215499 Parcel ence Number of Deed of Trust: Instrument No. 2215499 Parcel Number(s): 232033783580, 232033783586, 232033783587 Grantor(s) for Recording Purposes under RCW 65.04.015: LANCE HANSEN AND DIANNE HANSEN, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): U.S. Bank National Association, as trustee for Structured Adjustable Rate Mortgage Loan Trust Mortgage Pass-Through Certificates, Series 2007-8 Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Nationstal Mortgage LLC d/b/a Mr. Cooper I.NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 1/17/2020, at 10:00 AM The main entrance to the Chelan County Courrhouse, 350 Orondo St., Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certi-fied checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: THE NORTH 210.00 FEET OF THE FOLLOWING: THE EAST 50 FEET OF LOTS 1 THROUGH 6, INCLUSIVE, BLOCK 10, POWELL'S ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS PAGE 7, TOGETHER WITH THAT PART OF THE VACATED STREETS ADJACENT THERETO, ALL OF WHICH IS MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE PARTICULARLY DESCRIBED AS FOLLOWS: PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE INTERSECTION OF THE SOUTH LINE OF MCKITTRICK STREET, WHICH IS 20 FEET SOUTHERLY FROM THE CENTERLINE THEREOF AND THE ORIGINAL WEST LINE EXTENDED OF SAID BLOCK 10, WHICH POINT IS MARKED BY A STONE WITH A CROSS AND RUN THENCE EAST ON SAID SOUTH LINE OF MCKITTRICK STREET FOR 170 FEET TO THE TRUE POINT OF BEGINNING; THENCE CONTINUE ON SAID LINE 60 FEET; THENCE TURN RIGHT 90°04' AND RUN 419.6 FEET TO THE CENTERLINE OF VACATED FIRST AVENUE; THENCE TURN RIGHT 89°58' AND RUN 60 FEET ALONG SAID CENTERLINE: THENCE TURN RIGHT 90°02' AND RUN 419.5 CENTERLINE; THENCE TURN RIGHT 90°02' AND RUN 419.5 FEET TO THE TRUE POINT OF BEGINNING. SAID LEGAL DE-SCRIPTION IS NOW DESCRIBED AS PARCELS E, F AND G OF CHELAN COUNTY BOUNDARY LINE ADJUSTMENT 2016-007WE RECORDED NOVEMBER 01, 2016 UNDER AUDITOR'S FILE NO. 2447080, More commonly known as: 1313 MCKITTRICK STREET, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 11/22/2005 der Instrument No. 2215499 records of CHELAN County, Washington, from LANCE HANSEN AND DIANNE HANSEN, HUSBAND AND WIFE, as grantor(s), to FIRST AMERICAN TITLE INSUR-ANCE COMPANY, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR NATIONWIDE LENDING CORPORA-FION, ITS SUCCESSORS AND ASSIGNS, as original beneficiar the beneficial interest in which was subsequently assigned to U.S. the beneficial interest in which was subsequently assigned to U.S. Bank National Association, as trustee for Structured Adjustable Rate Mortgage Loan Trust Mortgage Pass-Through Certificates, Series 2007-8, the Beneficiary, under an assignment recorded under Auditors File Number 2498373 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$13,165.14. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$90,823.93, together with interest as provided in the Note from 10/1/2018 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 1/17/2020. The defaults referred to in Paragraph III must be cured by 1/6/2020 (11 days be-fore the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 1/6/2020 (11 days before the sale), or by other date as permitted in the Note on Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered The sale may be terminated any time after the 1/6/2020 (1 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Granton were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 7/31/2019. VII. The Trustee quirements were completed as of 7/31/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsower will be efforded an expert with the behalf as to those above. opportu 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day fol-lowing the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, in-cluding occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to me-diation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Com-

Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post\_pur-chase\_counselors\_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/gfh/hcc/fc/index.cfm?web\_listAction=search&searchstate= fices/hsg/isfh/hcc/fc/index.cfm?webListAction=search&searchstate=WA&filterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone:1-800-606-4819 or Website: http://nwjustice.org/what-clean Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-19-861496-SW. Dated: 9/13/2019 Quality Loan Service Corp. of Washington, as Trustee By: Javier Olguin, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-861496-SW Sale Line: 855 238-5118 or Login to: http://wa.qualityloan.com IDSPut #0156742 12/18/2019 1/8/2020 Published in The Cashmere Valley Record/ Leavenworth Echo on December 18. 2019, and January 8, 2020 #86173



### **PUBLIC NOTICES**

Notice is hereby given that the Upper Valley Park and Recrea-tion Service District Area is announcing its annual meeting dates for 2020. The committee meets four times annually with the meetings scheduled for Feb-ruary 13, May 14, August 13 ruary 13, May and November 14, August 13 12 beginning at a.m. in the confer at the Leavenworth 700 US Highway 2. c is invited to attend 9:00 in the conference meetings and make comment. Chantell R. Steiner Finance Director/ City Clerk City of Leavenworth Published in The Leavenworth Echo. Record on Januar 8. 2020. #86981

**Superior Court of Washington** For Chelan County
In the matter of the estate of Ronald Wayne Cline, Deceased. No. 19-4-00408-04

RCW 11.40.030)

named below has appointed as personal this estate. representative of the Any person having against the decedent must, before the time the claim be barred by any otherwise

applicable statute of limitations present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or his attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were menced. The claim must be

resented within the later of (1) thirty days after the persona representative served or mailed the notice to the creditor as under 11.40.020(1)(c); or (2) months after the date of publication of this Notice. If the claim is not presented this time frame, the claim is forever barred, except as wise provided 11.40.051 and 1 and 11.40.060.

against both the decedent's probate and nonprobate assets.

Date of First Publication: January 1, 2020. ROBERT D. CLINE, Personal Representative Attorney for the Personal

Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509)782-1111

Representative

probate and cause number: Chelan County Superior Court, Cause Number: 19-4-00408-04 Published in the Cashmere Valley Record/ The Leavenworth Echo on January 1, 8, 15, 2020. #86922.



# Rosacea: A chronic skin condition

I was dead wrong.

Whenever I noticed someone with bloodshot eyes, tiny broken blood vessels visible on their skin along with flushed cheeks, I would judge them. I would wonder, "do they drink alcohol regularly?" That's because I associated those skin changes with people who drank heavily, just like the actor and comedian W.C. Fields, who popularized his character of a chronically tipsy guy who bumbled his way through life. I had always assumed that the signs of flushing, red eyes and visible blood vessels on the face were the marks of the heavy chronic consumption of alcohol. And that his prominent, bulbous nose was unique to him.

But that wasn't true! W.C. Fields did drink frequently, but that wasn't why his face and nose looked like that. Instead, they were signs of his hav-

ing a chronic skin condi-

tion called rosacea.

Why do we mistakenly associate those facial characteristics with heavy drinking? Maybe it's because alcohol consumption can exacerbate rosacea symptoms. Drinking beer, wine or other alcohol can trigger a flare-up of the redness, red eyes, and tiny blood vessels appearing on your skin. But alcohol is not the most common trigger. Exposure to sunlight, emotional stress and hot weather are most likely to cause an exacerbation, or "flare".

Rosacea is a chronic skin condition that affects over 15 million Americans. It shows up in middle age, sometime after age 30, and is more common in those with extremely fair skin, like those of Irish or Scandinavian descent.

There's no cure for rosacea. Doctors also don't know what causes it. but the progressive skin damage can be limited by avoiding triggering conditions.

The early symptoms of rosacea are often overlooked because they start



slowly and increase over time. Most people experience an occasional redness on their cheeks, nose, forehead or chin which comes and goes, becoming redder and lasting longer over time. Along with flushing or rash, rosacea often causes small blood vessels to become visible on your face. As the subtle signs of rosacea become more pronounced and frequent, makeup will no longer cover it up.

Rosacea can also show up as "adult acne" with bumps or pimples developing on your face, with one exception: your pimples aren't blackheads. It can also affect your eyes, causing eve irritation like a feeling of grittiness in your eye, redness, a bloodshot appearance, even swelling of your eyelids. In severe cases, the tissue of your nose can swell and become permanently enlarged, like W.C. Fields' own large, round nose.

Although doctors don't know exactly what causes rosacea, there are some hints. Many people with rosacea have a higher concentration of a type of insect called a mite living on or near their facial hair and eyelashes. Called Demodex folliculorum, this mite feeds on dead skin cells and oils on your skin, but the importance of this in treating rosacea remains unknown.

Rosacea gets worse in certain situations, called triggers, with the most common trigger being exposure to the sun, which triggers flares in 80% of people with rosacea. Emotional stress and hot weather are triggers for 75% of rosacea sufferers.

Alcohol is a trigger for half of people with rosacea, which is probably why W.C. Fields had increasingly severe symptoms while drinking alcohol regularly. Other common triggers include heavy exercise, hot baths and hot tubs.

Since there is no cure, the best way to treat rosacea is to understand your own triggers and try to avoid them whenever

possible. Here are 6 Tips on Dealing with Rosacea: 1. Document your trig-

Keeping a symptom diary can help you figure out what your particular triggers are so you can avoid them.

2. Consult a dermatolo-

Dermatologists can prescribe prescription medications for rash and laser treatments for facial symptoms like visible blood vessels. If you have eve symptoms, it's important to seek medical advice to minimize damage to your corneas.

3. Use sunscreen.

The most common trigger for rosacea is sun exposure. Use sunscreens whenever you are outside during the day.

4. Be gentle.

If you have pimples from rosacea, avoid harsh acne products or scrubs, as they can trigger a flare.

5. Avoid exposing your skin to multiple products.

Minimize the number of chemicals you put on vour skin. For example, try using a moisturizer with sunscreen built in.

6. Keep your cool.

Hot weather, hot tubs and heavy exercise are common triggers of rosacea. Keeping a symptom diary can help you adjust your physical activities to minimize triggering flares while also keeping fit.

 $Dr.\ Louise\ Achey,\ Doctor$ of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedication-Insider.com for daily tips on how to take your medicine safely. ©2020 Louise Acheu

# Take control of your personal information

5 tips to maintain good credit health and keep your personal information safe

(BPT) - Understanding and managing your personal information is essential to achieving your life goals such as owning a home, financing an education, getting your next job or simply having the convenience of credit cards for everyday purchases.

Banks, landlords, employers and many others need to authenticate your identity and evaluate your creditworthiness to determine whether they can trust you to make payments if they lend you money. This credit behavior determines a person's credit score.

So, how do you take control of your personal information and maintain good credit health? Here are a few key tips for financial health empowerment:

Monitor your information regularly: According

to TransUnion's July 2017 Credit Literacy study, almost half of consumers thought checking your own credit score has the same effect as when a lender checks it. Fortunately, this is not the case. When you check your information, it is usually reported as a soft inquiry and ultimately does not impact your score. Checking your information regularly is encouraged and should be part of a habitual routine, much like regular exercise.

It's important to understand both what helps build credit and what negatively affects your credit. Once you are well-versed in your information, you are taking one important step toward being in control and can better inform your choices and be empowered to make the right decisions. There are many solutions available that provide easy access to your information, including TransUnion Credit Monitoring.

Make payments on time: Paying your bills on time and in full each month will show that you are reliable and more likely to pay back debts. Doing so will help grow your credit score, but remember, consistency is key. If you have missed a payment in the past, getting back on track and paying off debt should be a top priority. Having a positive history of on-time payments shows responsible behavior.

Don't use all your available credit: It is recommended to maintain a low credit utilization ratio, that is, how much of your available credit you're using at any given time. This suggests to creditors that you can use credit responsibly and do not rely on it too much. It is recommended that you use no more than 30 percent of your available credit.

Building credit takes time: Building and maintaining a track record takes time, responsible financial behavior and smart credit usage. Therefore, it is important to start early and understand the implications of your decisions. For example, closing your oldest credit card account could end up negatively impacting your score. However,

every situation is different, depending on a person's account history, fee structure or rates.

Protect your information: You have a vital role to play in controlling who has access to your information, and there are tools readily available to do this. Protecting your information from fraud is critical. As part of TransUnion's ongoing commitment to empowering consumers to understand and manage their information and achieve financial health, it offers a range of solutions. To complement credit monitoring, Lock Alert is a new, innovative feature that automatically sends an alert to members whenever a request for their locked or frozen credit report is made in connection with an application for new credit.

With the right information, tools and responsible financial decisions, you will be on the path to taking control of your information, leading to good credit health and the opportunity to achieve your dreams. For more information, visit TransUnion.com.

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