

## Building a more vibrant Cashmere

By BILL FORHAN  
Publisher

Mayor Jim Fletcher has called for a Community Workshop to discuss plans for redevelopment of 20 acres of city property along the Wenatchee River just East of town. The property was previously utilized for wastewater treatment lagoons, but is now available to be redeveloped for the benefit of the community.

The first meeting is scheduled for Monday, March 2 at 6 p.m. at Cashmere Riverside Center. All Cashmere residents and business owners are encouraged to attend. It is hoped that a citizen advisory committee can be formed to work with a design consultant, collect ideas and draft a comprehensive property plan for public review. It is important to note that this is a long term phased development.

Planning, environmental reviews, permitting and funding may take several years before any construction will begin.

For those unable to attend written comments can be submitted as follows:  
By email to: Mayor@CityofCashmere.org  
By regular mail: City of Cashmere, 101 Woodring St., Cashmere, WA 98815

## Dr. Kim Schrier visits Leavenworth Rotary



By BILL FORHAN  
Publisher

Washington's 8th District Congresswoman Dr. Kim Schrier held a mini-Town Hall at Leavenworth Rotary Club's Friday meeting. Dr. Schrier is in her first term as a Democrat representative. Her primary campaign issue was protecting and expanding the Affordable Care Act.

She lives in Sammamish with her husband and son. She is the only woman Doctor in the House of Representatives.

Schrier began her discussion saying she did not want to be political in her presentation. She just wanted to talk about issues she is working on and then take questions.

Schrier started out talking about the ACA saying that as a doctor and woman with a pre-existing condition, she is a Type 1 diabetic, she was concerned about the efforts to repeal the ACA. She said she was concerned that a lot of talk show hosts and lawyers were probably not the best people to be making decisions about health care policy.

"There are 26 million people in this country with pre-existing conditions that could not get health insurance before the ACA and every big policy change we have made in this country there is a first step and then additional steps to improve on it" said Schrier. "ACA was a very good first step but it needs many tweaks to make it better. I was concerned about the efforts to just toss it out the window"

Schrier went on to say we essentially have one insurance provider here and that means it's a monopoly. The ACA will compete with private insurance and bring costs down.

We have also initiated a bill which has already passed in the house giving Medicare the ability to negotiate the cost of prescription drugs.

"It is insane that the largest purchaser of medications in the world cannot negotiate prices yet must provide coverage for every prescription drug available," said Schrier. "That one change will save over a half a trillion dollars over ten years."

Schrier also said she has a vaccination bill that will address the issue of misinformation about vaccines and try to improve the vaccination rates.

Schrier said she is concerned about gun violence particularly among depressed teenagers. She is not sure why there seems to be a growing trend of depression among teenagers but we must begin to address the problem. There is a bill on Mitch McConnell's (Senate Majority Leader) desk to expand background checks to insure troubled teenagers are

identified before they get their hands on a gun.

Another thing Schrier ran on was a promise to root out corruption. She admitted that was an area she was having difficulty with but she and many of the new class of representatives have pledged not to take corporate PAC money. She did not want her constituents wondering if she voted in support of a bill because of donations from a corporate pack or because she thought the bill was in the best interest of the country.

In answer to a question about how do we get better cooperation between the parties on capitol hill Schrier said; "If you watch cable news all day you would assume that there are just a bunch of jerks in Washington who cannot get along and that we are just mad all of the time. That's not true. There are a number of bipartisan bills on Mitch McConnell's desk waiting to be moved forward. And I am not naïve, having 2 Republicans in support of a bill is not bipartisan. I'll give you a great example, there is a bill on McConnell's desk called the Farm Workforce Modernization Act. It does a number of great things to help with temporary farm labor for farmers all across the country. All of our Washington Representatives are in support of this bill."

In answer to a question on lobbyists Schrier said: Lobbyists don't know how to handle the new class of representatives that don't take money, but while we are concerned about the influence of money on policies, lobbyists are important. While we tend to cast them as bad, the reality is lobbyists often provide valuable insight to an issue. For example, if you have no lobbyists then organizations like The Alzheimer's Association doesn't have a voice in making important policy decisions.

In answer to a question about the insufficiency of provider reimbursements from Medicaid Schrier said:

This is one of the problems in our crazy mixed-up medical care system. Medicare does not pay enough and Medicaid is even worse. It would be nice to have transparency in billing so everyone knew exactly what things actually cost. We also need to address why health care in this country is so expensive and yet we get worse outcomes. The question you raise about the increasing need without the increase in funding is one of the great issues.

The great problem is that politicians are often more worried about their next election than about the long term implications of their decisions.

Congresswoman Kim Schrier, M.D. can be reached through her Wenatchee office at 850-5340

## Senate's bipartisan approval acknowledges hydropower's benefit to clean energy

I am very excited to share that the State Senate tonight approved my Senate Bill 6012, a hydropower tax incentive bill that helps acknowledge hydropower's important role in providing clean energy in Washington state. Securing improved tax treatment for hydropower has been a top legislative priority for me and hydropower supporters for the past couple of years.



COMMUNITY VOICES  
By BRAD HAWKINS

My first version of Senate Bill 6012 was introduced last year as an effort to promote equal tax treatment between hydropower clean energy sources and non-hydro clean energy sources, such as wind and solar. Securing passage of a hydropower tax bill from the Senate was a "heavy lift" and has been one of the most challenging efforts of my legislative career. In the end, after over a year of discussions involving different ideas, my colleagues and I were able to come to an agreement in the Senate.

I would like to thank Chelan County PUD General Manager Steve Wright and his staff, who have been working alongside me since the beginning of the 2019 legislative session on the issue of hydropower tax treatment. Steve even traveled over to testify for SB 6012 last year before the Senate Ways and Means Committee. Working on this issue has been quite a learning experience for everyone involved.

Brad Hawkins is our 12th District state senator representing North Central Washington in Olympia. Contact info: 360-786-7622 or brad.hawkins@leg.wa.gov.



The bill, approved today in an amended form, could significantly benefit Chelan County PUD and its customer-owners in the years ahead as they prepare for major modifications to existing generating units at both Rocky Reach Dam and Rock Island Dam. Representatives from Chelan County PUD have been working closely with me and our other 12th District legislators over the past several months to craft tax incentive legislation to benefit Chelan County PUD customers and our state hydropower system.

Senate Bill 6012 was approved with a 39-9 vote and included a compromise amendment co-sponsored by me and Senator Reuven Carlyle (D-Seattle), to provide an exemption from the state sales tax for utilities that refurbish hydroelectric plants with oil-free turbine blades, likely to improve environmental conditions by reducing oil impacts in the Columbia River. The tax exemption, as approved by the Senate, does not apply to the local portion of the sales tax, which is an important revenue source to



PHOTO SUBMITTED BY BRIAN ZYLSTRA.

During Apple Day at the Capitol in Olympia Tuesday, Washington apple industry officials met with the 12th District legislators. From left: Jennifer Witherbee, executive director of Washington Apple Education Foundation; Rep. Keith Goehner; Rep. Mike Steele; Sen. Brad Hawkins; and Toni Lynn Adams, communications outreach coordinator for the Washington Apple Commission.



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## COMMUNITY BULLETIN BOARD

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**Who:** Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.

**What:** Items pertaining to local events that are free or maximum charge of \$100 fee.

**Where:** Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com

Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

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or classifieds@leavenworthecho.com

## COMMUNITY CALENDAR

### Wednesday

**Rotary Club**, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Melissa Grimm, 860-1535.

**Cashmere Food Bank**, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.

**Cashmere Park and Recreation Committee**, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)

**The Underground Youth Group**, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street. Call Stefanie, 782-2825.

### Thursday

**Caregiver Support Group**, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (2nd & 4th Thurs.)

**Cashmere Sportsmen's Gun Club**, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

**Cashmere American Legion Post 64**, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August-June).

**Cashmere American Legion Auxiliary #64**, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August-June).

**Indoor Playground Cashmere**, 10-11:30 a.m., 7th Day Adventist Church, 507 Pioneer Ave. Contact: Kalen, 425-772-6507. (Every Thurs. except school breaks and March 5).

### Friday

**Evergreen Baptist Church Youth Group** (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

### Saturday

**Bingo**, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

### Sunday

**CHURCH:** See the church page for local service times and events.

**The Underground**, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Stefanie, 782-2825.

### Monday

**Cashmere Wacoka Kiwanis Club**, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (2nd & 4th Mon.)

**Tillicum Riders**: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

**Cashmere City Council**, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

**Planning Committee Meeting**, 5 p.m. at City Hall (1st Mon. of each month).

**Cashmere Fire Department**, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

**Cashmere Fire Department**, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

**Cashmere School Board**, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

**Chelan Douglas Republican Women**, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).

### Tuesday

**I.P.I.D. meeting**, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

**Ministerial Association**, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)

**Cashmere Chamber of Commerce**. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

**Buns, Books and Tea**, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

### Ongoing events

**Cashmere Public Library: 782-3314**  
Call for other information if not listed.  
Mon., Tues., Wed., and Fri. 9 a.m. - 6 p.m.  
Thurs., 11 a.m. - 8 p.m.  
Sat., 9 a.m. - 1 p.m. Sun., Closed.

**Events:**  
Tues. & Wed., 10-10:30 a.m. **Story time Pre-K & up**  
Wed., **Preschool Story time**, 10-10:30 a.m.  
Wed., **Bilingual Story time**, 4:30-5 p.m. (last Wed. of every month)

Fri., **Baby/Toddler Story time**, 10:30-11 a.m.  
**Cashmere Museum and Pioneer Village**  
Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.

**Chelan County Historical Society Board meets**, 7 p.m., Cashmere Museum, 600 Cottlets Way. Call 782-3230. (3rd Thurs.)

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

## AA MEETING SCHEDULE

### Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

**Sunday, 9 a.m.**, Leavenworth Senior Center, 423 Evans St.

**Sunday, 7 p.m.**, Leavenworth Senior Center, 423 Evans St.

**Tuesday, noon**, First Baptist Church, 429 Evans St.

**Tuesday, 7 p.m.**, Light in the Valley, 8455 Main Street, Peshastin

**Wednesday, 7 p.m.**, Leavenworth Senior Center, 423 Evans St.

**Thursday, noon**, First Baptist Church, 429 Evans

**Friday, 7:30 p.m.**, Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

### Alanon Meeting Schedule

**Monday, 7 p.m.**, United Methodist Church, 418 Evans St.

### Celebrate Recovery

Friday, dinner, 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene. 111 Ski Hill Drive, Leavenworth.

Please contact us for questions: Dave and Nancy Bartholomew, 509-596-1510.

## Cashmere

### Open House Meeting

Icicle and Peshastin Irrigation District will have an Open House-public meeting on February 26 at the Leavenworth Firehall from 6-8 p.m. (er9).

### GOP Republican Caucus Meeting

Join us Saturday, February 29, 10:00-11:30 a.m. at the Cashmere City Hall Council Chambers, 101 Woodring Street in Cashmere. Doors open at 9 a.m. For information, contact Marcy Collins, (509) 264-4163. (r9)

### 2020 Cashmere Royalty Pageant

Come see the 2020 Pageant at the Cashmere Middle School on Sunday, March 1, at 4 p.m. Tickets will be sold at the door, \$10/Adults, \$7/Students/Seniors. (r9)

## Leavenworth

### Empty Bowls Gala

Be the first to view the 2020 Auction bowls created by local artists and potters at the annual Upper Valley Empty Bowls Gala! This event will be held Sunday, March 1 from 5:30-7:30pm at the Icicle Ridge Winery in Peshastin. Join us an evening of art, wine, appetizers and music. Meet the featured artists and potters and raise funds for the Community Cupboard food bank with a \$20 suggested donation at the door. The Gala will be the initial opportunity to preview the artist bowls and platters for the online Upper Valley Empty Bowls Auction 8:00 a.m. March 11 through 10:00 p.m. March 18 at the Upper Valley Empty Bowls website: <http://uvenemptybowls.org> (er9).

## Regional

### Camp Fire Annual WoHeLo Benefit Luncheon

This year's Benefit

**CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

<b>February 12</b>	Fisher St., #115
08:46 <b>Animal problem</b> , 6854 Pioneer Dr.	<b>February 17</b>
<b>February 13</b>	07:57 <b>Civil</b> , 310 River St., #3
09:46 <b>Hazard</b> , Mill Rd. & Sunset Hwy.	14:56 <b>Alarm</b> , 121 Elberta Ave.
16:08 <b>Traffic offense</b> , US Hwy. 2 & Hay Canyon Rd.	<b>February 18</b>
<b>February 14</b>	No Report
10:17 <b>Agency assist</b> , 5268 Airport Rd.	<b>February 19</b>
11:01 <b>Civil</b> , 115 Cottage Ave., Sure to Rise	10:33 <b>Agency assist</b> , 113 Oak St.
12:33 <b>Welfare check</b> , 306 Woodring St.	13:08 <b>Parking/abandon</b> , 5352 Binder Rd.
14:34 <b>Accident/no injuries</b> , 201 Riverside Dr.	13:08 <b>Harass/threat</b> , 115 E. Pleasant Ave., #5
16:11 <b>Accident/no injuries</b> , 106 Titchenal Way, Chevron Station	17:02 <b>Theft</b> , 5398 Hughes Rd.
<b>February 15</b>	19:11 <b>Civil</b> , 4450 Old Monitor Rd., Monitor
13:50 <b>Public assist</b> , Monitor Area	<b>February 20</b>
<b>February 16</b>	11:00 <b>Parking/abandon</b> , 6000 Sunburst Lane
19:23 <b>Public assist</b> , 302	11:56 <b>Fraud/forgery</b> , 7420 Nahahum Canyon Rd.
	14:52 <b>Harass/threat</b> , 208 Cottage Ave., #3

## SENIOR CENTER EVENTS

### Leavenworth Senior Center, 423 Evans St., Leavenworth

#### Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome,

No cover charge

Luncheon will be held on Wednesday, March 4, at Noon at the Wenatchee Convention Center. The luncheon is free, however, donations will be accepted. For reservations, 509-663-1609 or email: [campfirencw@gmail.com](mailto:campfirencw@gmail.com) (er9).

### Community Foundation Scholarships

The Community Foundation of NCW is now accepting scholarship applications for students who plan to attend community college, university, or trade school in Fall 2020. The deadline is March 1 for most scholarships. For more information, call 509-663-7716 or visit [www.cfncw.org](http://www.cfncw.org). (er9)

### Wenatchee Business & Professional Women Celebrate the 100th Anniversary of Women Winning the Vote.

"Tea, True Womanhood & the Uppity Women" Join us with writer / author Susan Butruille and Women's Voices, March 18, RSVP by March 10. To register call or text Debbie Feist, 509-860-0659. or email [jdfeist@charter.net](mailto:jdfeist@charter.net) Lunch buffet \$25. Event starts at noon at Town Toyota Center 1300 Walla Walla Ave. Wenatchee. Begin registration at 11:45 a.m. (er9,10).

### Wenatchee Area Genealogical Society (WAGS) Presentation

WAGS will present "Lawyering Up: Court Cases Yield Genealogical Gold" on Monday, March 9, 2-4 p.m. at the Douglas County PUD Auditorium, 1151 Valley Mall Parkway, in East Wenatchee. Free to the public. For more information call 509-782-4046. (er 9,10)



## Smoking cigarettes and watching Captain Kangaroo

The above title – Smoking cigarettes and watching Captain Kangaroo – is exactly what the Millennial generation and other freeloaders expect to be doing if and when Bernie Sanders gets elected.

It portrays a life of freedom without any hassles, in other words, a false sense of a Shangra La that never existed. Family is everything, but that includes tough love. That means what it sounds like. Tough doesn't have to be cruel, but it must be firm.

Even if it is difficult to explain at the time of enforcement, it must be carried through nonetheless. Take the case of the tourist in New York City who once asked a stranger on the subway how he could get to Carnegie Hall. The stranger answered practice, practice, practice.

So it seems that even the lowly John Doe, forced to take a subway to work every day, understood the need for self-discipline. Practice indeed. Without blood, sweat and tears little in life gets accomplished.

When things go wrong in life remember to look in the mirror and come to your own epiphany. The person you are looking at is the responsible party for whatever you think is ailing you. I like to call it American Existentialism because it occurs in few, if any, other nations.

Only in America can lives be so drastically altered – for the better – by hard work, entrepreneurial endeavors and chutzpah, i.e., moxie, grit, determination. I once read a motivational truism that stuck with me for the last 40 years.



**APPLES TO APPLES**  
**GARY BÉGIN**  
NCW MEDIA  
MANAGING  
EDITOR

It had to do with intelligence, luck, natural abilities, etc. After going through a litany of positive qualities needed for success, the author finally reached this conclusion: Perseverance alone is omnipotent.

Try, then try again, then try again, then – guess what, try again. Failure is a gift from God because it is a learning tool meant to teach the lesson of perseverance. It would be helpful if the individual who is attempting to do whatever the goal may be to do so with new methods or perhaps a new attitude, but the point is the same – keep working at it.

The idea of a work ethic is exactly why Bernie Sanders cannot become the most powerful man in a country that was discovered, grown and literally built on pure grit.

How about we, as Americans loyal to the idea of the American dream, put our collective noses to the grindstone and remember, if freedom were truly free and easily attainable, then it is a false freedom and needs to be recognized as such. Bernie is the Pied Piper. Don't become just another rat following the path of cheese bits towards the cliff of Communism.

As comfortable as you might be in your current personal circumstances, for most of us, it still needs a sense of purpose to remind oneself that you weren't born on third base, but hit a triple to get there.

Managing Editor Gary Bégin can be reached at [gary@ncwmedia.net](mailto:gary@ncwmedia.net). His opinions are not necessarily those of NCW Media.

## LETTERS TO THE EDITOR

### Parents, Wake Up

Comprehensive sex education (CSE) sounds vague enough, but what is it really? The Washington legislature is pushing CSE as the latest and greatest mandated sex education program for public school children from kindergarten to 12th grade. Mutual masturbation to condom and oral dam use will be taught in a classroom format. It claims to do so in an age appropriate, culturally neutral, scientific way. But why? Have parents been beating down the legislators' and school boards' doors demanding CSE? Have the schools made the programs easily accessible to parents so they can see what the Teacher's Guide requires before the program is installed? Have there been public meetings where school board members answered questions from the public regarding this program?

The answer to all those questions for the Methow Valley School District is "NO". No debate or open discussion prior to the Planned Parenthood Get Real program being accepted into our school district. Access to the 600+ page Get Real program is not easy. (It should be posted on the school district website, or at least the Teacher's Guide should be.) The only school board meeting on CSE was a "listen only" meeting on Oct. 2019 where no questions were answered, and there have been no answers provided by the school board since.

Public school sex education is becoming a vehicle for teaching gender fluid ideology and indoctrinating children into sexual behaviors far beyond "age appropriate" or "culturally neutral".

Parents, wake up.  
**Chrystal Perrow**,  
Winthrop, WA

## SENIOR CENTER MENUS

### Leavenworth Senior Center, 423 Evans St., Leavenworth

**February 27**, Thursday: Dijon chicken breast, garden rice, cauliflower & chives, mixed greens salad, Mandarin oranges, whole wheat bread, dessert.

**February 28**, Friday: Pork chops, mashed potatoes, carrots, green salad, Waldorf salad, whole wheat bread or roll, dessert.

Saturday and Sunday: No lunch.

**March 2**, Monday: Tater tot casserole, cuke & tomato salad, apricots, whole wheat bread or roll, dessert.

**March 3**, Tuesday: Country style ribs, mac & cheese, peas and carrots, cabbage apple slaw, pineapple and cherries, whole wheat roll, dessert.

**March 4**, Wednesday: Salmon with dill sauce, wild rice, Mediterranean veggies, garden salad, Waldorf salad, whole wheat roll, dessert.



# OBITUARY

## John K. Perry

1922 – 2020



John K. Perry, self proclaimed "King of Ollala Canyon", died Sunday February 9, 2020.

John was born in Tonasket, WA on May 12, 1922 to Dover H. Perry and Leta M. Newell Perry Irwin. He resided in Tonasket throughout his school years. He married Mable R. Cooksey on April 5, 1942 in Seattle, WA.

John joined the Navy and spent most of his duty in the Atlantic, during WWII

John and Mable's first child, Mary Elizabeth was born in Seattle on February 4, 1943. Upon Navy discharge the small family moved back to Eastern Washington where Robert Kent was born on June 24, 1947 in Colville, WA. The next five children were all born in Coulee City, WA.

In October 1957 the family now complete, moved to Ollala Canyon (Perrydisse) northwest of Cashmere. John lived his next 60 plus years in the canyon having many cows, goats, sheep, pigs, chickens, turkeys, rabbits, ducks, dogs, cats, 1 horse and a pet deer.

John was a carpenter for many years working out of Local 2205.

John is survived by daughter Edith E. (Tom) Wolder of Missouri, sons Bill N. (Louise) of Cashmere, Monte A. (Gwen) of Phoenix, AZ, John D. (Cathy) of Cashmere, James C. (JoAnn) of Richland. One sister Lucy Boothman of Enderby BC and many grandchildren, great-grandchildren and great-great-grandchildren. Several special nieces and nephews. John is also survived by his second wife Susan's children, David, Derek, Michael, Maureen, Mari and Kelly. John was preceded in death by both of his wives, his brother Harry, son Robert K. and daughter Mary E. Scott (January of this year) and grandson Tanner J. Perry.

A family memorial will take place at the Ollala Oasis this summer.

A special Thank You to all medical staff at Central WA Hospital, and Joysee for her loving care and support in John's final hours.

## Help for those fearful

We are living in some exciting times.

But for many people, they are a time of great fear.

Fear has woven itself into the very fabric of our society. We are afraid of what the Federal government will do, people crossing over the border or the potential outbreak of measles because children aren't vaccinated. It seems in our day there is an innumerable number of things to be fearful of.

Now I want to stop here to make a point of clarification. I am not saying showing concern is the same as being fearful. The recent move by the House of Representatives regarding religious liberty do concern me as does the border crisis. However, fear takes it further whereas we lose focus and become paralyzed.

Contrary to the popular preaching point that there are not 365 commands to "fear not" (one for each day of the year). Yet the Bible has much to say about being afraid and provides us examples where fear has gotten the best of people.

One such instance is found within the book of Numbers. In Numbers 13, we read that the Israelites, who have fled the slavery of Egypt, sent out



A WALK WITH PASTOR JOHN SMITH

12 spies to scope out the land that God had promised them. They return to the expectant people and report that the land is "flowing with milk and honey" (Num. 13:27) and rich in produce. The land of Canaan sounds like a paradise but there is a problem: the inhabitants of the land are giants

and well-fortified.

The news spreads throughout the whole assembly and even though two of the spies (Caleb and Joshua) attempt to rouse the people to be courageous and believe God will give them the victory, it doesn't work. Instead, they turn on them and make preparations to go back to Egypt.

It is this moment of being frenzied with fear, God judges the Israelites and makes them wander in the desert for 40 years.

All because of fear, they missed what God had in store for them in the land of promise.

Fear does cause you to miss out on things.

But it is not enough to say "don't be afraid" because let's be honest, that is a lot easier said than done.

We need to recognize that the spirit of fear—which causes us to draw back and cripples us—does not come from the Lord. 2 Timothy 2:7 says, "for God gave us a spirit not of fear but of power and love and self-control".

When we are afraid, power, love, and self-control are things we desperately need in those moments to work through the fear and overcome it.

We need power to move forward and do the things we are afraid of. It is in those experiences of fear that we are so powerless but God in his amazing grace gives dynamic strength to have courage in the face of fearful circumstances.

We need love because when we are afraid, we do not respond to those around us in love typically. I know when I am overcome with fear, my attitude is negative and I say and do hurtful

things. Out of fear, we push people away and do not have a clear perspective.

Lastly, we need self-control because fear makes us do some pretty foolish things. It makes us irrational and we over-react. Self-control keeps us grounded so we are able to keep a steady course through this tumultuous world and not be shaken.

It is true that there is a lot in this world to be shaken up about, to be afraid of. However, you don't have to be incapacitated by fear. God gives his people precisely what they need to stand fearless in the day of trouble.

So, don't be afraid but instead, be strong and courageous and don't miss all that God has for you.

*Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.*



*We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.*

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### NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased.

Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died.

A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial

needs to be typed and emailed to [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com) no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement.

For information call 509-548-5286, or email [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com)

# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

### CASHMERE

#### CASHMERE BAPTIST CHURCH

103 Aplets Way • 782-2869  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church



#### CASHMERE PRESBYTERIAN CHURCH

303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)



#### CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811  
Worship & Sunday School at 11:00 a.m.  
Office Hours: Monday - Thursday  
10:00 a.m. - 1:00 p.m.  
Pastor Lilia Felicitas - Malana

#### CHRIST CENTER

Cashmere Assembly of God • 509-782-2825  
Worship Celebration & Sunday School 10 a.m.  
Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m.  
Junior High, Wednesdays, 6:30 p.m.  
Meet at - 206 Vine Street  
Lead Pastor, Steve Haney  
Children's Pastor, Andy Robinson  
Congregation Care Pastor, Joyce Williams  
Pastor Ian Ross, Director of Operations  
Steffanie Haney, High School Director  
[christcentercashmere.com](http://christcentercashmere.com)



#### GRACE LUTHERAN CHURCH

Vine & Elberta Streets • 860-0736  
Worship 10:30 a.m.  
Pastor Robert Gohl



#### ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590  
Holy Eucharist 9 a.m.  
5th Sunday Morning Prayer 9 a.m.  
Deacon Carol Forhan - 670-1723  
Vicar Rob Gohl - Cell - 860-0736

#### EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662  
Sunday School - 9:45 a.m.  
Morning Worship - 11 a.m.  
Evening Service - 6:00 p.m.  
Pastor John Smith [www.christforcashmere.org](http://www.christforcashmere.org)

### DRYDEN

#### DRYDEN COMMUNITY CHURCH

Hwy 2 at Dryden Ave. • 782-2935  
Sunday School 9:30 a.m. • Worship 10:45 a.m.  
Pastor Steve Bergland

#### MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 782-2616  
Worship Service, 10 a.m., Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

### LEAVENWORTH

#### CASCADE MOUNTAIN BIBLE CHURCH

'Where God's Word Remains The Pillar Of Truth'  
11025 Chumstick Hwy. • 548-4331  
Sunday School 9 a.m.  
Sunday Worship 10:30 a.m.  
AWANA (Youth Program) Weekly Bible Studies  
Wednesday 6:30 p.m. (school year)  
Pastor Todd James  
[www.cmbiblechurch.org](http://www.cmbiblechurch.org)



#### COMMUNITY UNITED METHODIST

418 Evans Street • Leavenworth  
509-548-5619 • Rev. Matt Gorman  
Sunday service 10 a.m.  
[www.leavenworthumc.org](http://www.leavenworthumc.org)

#### CORNERSTONE BIBLE CHURCH

Leavenworth Grange Hall  
621 Front St. • 548-0748  
Sunday Worship 10 a.m.

#### CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school)  
Church: 548-7667  
Meetings: Sunday - 10:00 a.m.

#### FAITH LUTHERAN CHURCH - ELCA

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Rev. Nancy Gradwohl  
[www.FLClavenworth.com](http://www.FLClavenworth.com)  
[FLClavenworth@gmail.com](mailto:FLClavenworth@gmail.com)

#### FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745  
Sunday Worship: 11:00 AM  
[www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
[info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

#### LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292  
Sunday Worship 9:00 a.m.  
Lead Pastor: Andy Dayton  
Youth Pastor, Kent Wright  
[www.LCN.org](http://www.LCN.org)



#### SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 860-3997

#### SPIRIT LIFE CENTER

210 Benton Street • 548-7138  
Sunday Worship 10 a.m.  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

### MONITOR



#### MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601  
Church Service & Sunday School 9:00 a.m.  
Pastor Lilia Felicitas - Malana

### PESHASTIN

#### LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

#### PESHASTIN ASSEMBLY OF GOD

School and Lake St. • 548-7523  
Sunday Worship Service 10:30 a.m.  
Bible Adventures for kids at 10 a.m. sharp  
Pastor Jorge Torres



#### NEW LIFE FOURSQUARE CHURCH

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Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)  
[www.newlifeleavenworth.com](http://www.newlifeleavenworth.com)

## CASHMERE VALLEY RECORD

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201 Cottage Ave, Suite 4  
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Phone: 509-782-3781

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Have an idea for a story?  
Call the Record at 509-782-3781

### Classified Advertising

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# FFA Week



Cashmere FFA

## Cashmere FFA: Busy spring - speaking, skill competitions, animal acquisition, plant sale

Here are some important spring FFA dates:

**March 3**, 6 p.m., Manson - FFA Creed Speaking Contest

**March 12**, 4 p.m., Cashmere - Sub District Novice Parliamentary Procedure, Public Speaking & Extemporaneous Speaking

**March 18**, 4 p.m., Wenatchee - Job Interview and Ag Sales Contest

**March 19**, 6 p.m., Cashmere HS - Fair Project Parent Meeting

**March 25**, 4 p.m., Chelan - District Speaking

and Leadership Contests  
**March 26-28**, Moses Lake - NCW Stockshow - Exhibit Livestock, Meats & Livestock, Judging Contests

**April 20**, 9 a.m. Chelan Fairgrounds - State FFA Environmental Natural Resources Contest

**May 6**, Spokane - State FFA Livestock Contest

**May 9**, 9 a.m., CHS Greenhouse - Community Plant Sale

**May 13-17**, Pullman - State FFA Convention

**June 9**, CHS - FFA Banquet

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## How you can get too much Magnesium

Last week 84-year-old Martha was walking to her mailbox when she lost her balance and fell over onto the sidewalk. Luckily, her next door neighbor was walking his cockapoo and saw the whole thing, calling 911 when she wasn't able to get back up.

Martha's head, heart, lungs, and kidneys checked out fine, but the magnesium in her blood was a little too high. Asked if she was taking any magnesium supplements, Martha said, "No, I only take a thyroid pill for my thyroid and a pain pill for my arthritis but it binds me up, so I take a laxative for that."

"Which one?"  
"It's in a blue bottle. Phillips®, I think."  
"Do you ever take anything for stomach acid, burning, or indigestion?"  
"Sometimes. I like the

mint flavored Mylanta® best."

"How about Epsom Salts? Do you ever use them?"

"Sure. I soak my feet sometimes when they ache. I've been doing that a little more lately. It seems to help."

Although she wasn't taking a magnesium supplement, Martha was getting magnesium through taking Mylanta® antacid, Phillips® Milk of Magnesia laxative and using Epsom Salts.

Magnesium is a vitally important mineral, essential for the function and maintenance of nerves and muscle as well as making new bone cells. Having too little magnesium interferes with correcting calcium or potassium deficiency and can lead to osteoporosis and high blood pressure, while too much magnesium causes diarrhea, muscle weakness and sedation.

Magnesium hydroxide is a milky liquid and a

major ingredient in the antacids Maalox® and Mylanta®. It's also the main component of Phillips Milk of Magnesia®. Magnesium is also sold as magnesium citrate, a clear, effervescent solution of magnesium with sodium bicarbonate and citric acid added to make it bubbly. Magnesium citrate is a laxative sold in small glass bottles as citrate of magnesia.

Magnesium citrate and hydroxide are salts of magnesium marketed as saline (salt-based) laxatives. Magnesium salts pull water out of your body and into your intestine as they go through, softening your stool and relieving constipation in as little as 30 minutes to 3 hours.

While these laxatives do their work inside your intestines, you can absorb some of the magnesium as well. Up to 20% of the magnesium in each dose of milk of magnesia or citrate of magnesia can be absorbed,

raising your magnesium level like Martha's.

Martha was also getting magnesium from her use of Epsom Salts. Magnesium sulfate crystals were originally obtained by evaporating the mineral waters found in the town of Epsom, England, which produced nearly pure magnesium sulfate. Today, Epsom Salts are produced by evaporating water from the sea. After extracting the more desirable sodium chloride (table salt) from seawater, the brine left over contains nearly pure magnesium sulfate (Epsom Salts).

Soaking in a concentrated salty solution of Epsom salts dissolved in hot water can help decrease swelling and relieve aches and pains. Magnesium chloride is also available as a spray to rub in for relief of muscle cramps. Your body absorbs some of the magnesium chloride through your skin as you spray it on or soak in it.

I find soaking in warm Epsom Salts very helpful when needing to remove a deep splinter. Instead of digging around after

it, soaking the area first shrinks and softens the skin around the splinter, making it much easier to see and remove.

**Here are 5 Tips on Take Magnesium Safely:**

**1. If you have kidney problems, avoid getting extra magnesium.**

Avoid magnesium-containing antacids and laxatives along with topical magnesium sprays if you have any kidney problems.

**2. Watch out for multiple sources.**

In addition to taking a magnesium supplement, your body can also absorb magnesium from other sources, like some antacids, liquid laxatives, Epsom Salts and magnesium sprays.

**3. Know the signs of getting too much magnesium.**

If you notice diarrhea, cramping, weakness or low blood pressure you may be getting too much magnesium, like Martha was.

**4. Pay attention to your laxatives.**

If you need a laxative on

**Ask... Dr. Louise**

a regular basis, try using powdered Miralax®, which works just as well as milk of magnesia or magnesium citrate but without the risk of absorbing extra magnesium.

**5. Don't mix magnesium with antibiotics.**

Avoid taking magnesium 1 hour before and 2 hours after certain antibiotics. Magnesium attaches directly to some antibiotics, keeping your body from absorbing them properly to fight off your infection.

*Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. 2020 Louise Achey*



# Cashmere Royalty Pageant

PHOTOS BY CRAIG FRANKLIN PHOTOGRAPHY

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**Shaelynn Fitzpatrick**

Shaelynn is being escorted by Nolan Grimmert, grandson of Joy and Art Arnold. Shaelynn is the daughter of two loving parents, Jamie and Mitchell Fitzpatrick.

Shaelynn loves trying new things; baking, photo shoots, walking her dogs, working at the 59er Diner in Cashmere, and watching the Seattle Seahawks. She has blossomed through her high school years as she is an average "A" student and has participated in Cashmere Varsity Cheer, Shrek the Musical, Yearbook, College

Readiness, CHS Talent Show, Girls Ensemble, and volunteered at the Kid Zone.

Her favorite hobby that she could never give up is dancing. She started at the age of 5 taking dance lessons from Fabulous Feet Dance Studio. Shaelynn competed in various dance competitions and won medals.

Shaelynn is most proud of her hard work in school. Shaelynn is looking forward to representing her hometown and school as upcoming 2020 Cashmere Royalty.



**Riley Yonaka**

Riley is being escorted by Garrett Smith, the son of Sean Smith and Janeen Smith. Riley Yonaka was born in Wenatchee and has been a lifelong resident of Cashmere. She is the daughter of David Yonaka and Jordan Lucky. Riley grew up on the family farm and was active in 4H. Now in high school she is a member of FFA and developed an interest in pursuing a career in large animal veterinary medicine. She hopes to attend WSU after high school and dreams of owning her own veterinary practice.

Riley is an enrolled member of the Colville Confederated Tribe. She has attended a class to learn native basket weaving

techniques and is studying Native American dances. Riley recently participated in an awareness walk for missing and murdered indigenous women.

Riley has had an entrepreneurial spirit from a young age. She made soaps and candles to sell and donated a portion of her proceeds to charity. Riley has been helping others before she started kindergarten by donating her hair to Locks of Love.

Riley's guilty pleasures include watching cartoons, eating chicken nuggets and hanging out with her young cousins. Riley is very excited for the opportunity to represent the community that she loves and calls home.

2020 Cashmere Royalty  
Sunday March 1, 2020

*Pageant*

Cashmere Middle School - 4:00 pm  
Tickets Sold at the Door  
\$10 Adults - \$7 Students/Seniors

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**BULLDOG SCOREBOARD**

**BOYS BASKETBALL**

Feb. 22	Cashmere 47 vs Newport 31
---------	---------------------------

**CASHMERE SCHEDULE**

1A Regionals & State Playoffs	Wenatchee High School
-------------------------------	-----------------------

**BOYS BASKETBALL**

Feb. 29	Cashmere vs Kings Way Christian 4 p.m.
---------	--

**GIRLS BASKETBALL**

Feb. 29	Cashmere vs Nooksack Valley 6 p.m.
---------	------------------------------------

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**GO BULLDOGS**



PHOTO BY ELI HANEY.

Brooks Elliot goes for 2 in a match against Newport. The Bulldogs won the match.

**Playoffs begin on Saturday**

By BILL FORHAN

The Boys Basketball team will be up against high scoring Kings Way Christian Knights of Vancouver. They have no experience against this team this season. The Knights are 19 and 5 and average 70 points per game while holding their opponents to 49.

The Bulldogs are 19 and 3 on the season. They have averaged 60 points per game while holding opponents to 44.

This is a loser out game for both teams.

The Girls Basketball team is undefeated on the season. They will go up against Nooksack Valley on Saturday. The Pioneers are 20 and 6 on the season with a scoring average of 58.3 points per game while holding opponents to 40.8.

Cashmere Girls are the number 1 seed for the tournament.

**CHIEFTAINS OF THE MONTH**

*Congratulations*

**Cashmere Middle School "Chieftains of the Month."**  
The students below were recognized for January.

**Left to Right:** Beaman Larson, Teagan Kerns, Carlos Martinez-Perez, Lucy Ray, Judah Leggett, Serena Sandhu, Raquel Pedraza and Gabe Hernandez

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• **Heritage Glen**  
665 NE 3rd Street, East Wenatchee  
• **Chelan Bluff**  
1135 S Bradley Street, Chelan

One adult household member must earn a minimum of \$4,582.50 per year in agricultural income, be retired from working in agriculture or be disabled from working in agriculture to qualify.  
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Positions include RV Park Registration Clerks, Office Lead, Putting Course Clerks, Marina Attendants, Parking Enforcement, Night Security, Greenskeepers, Office Workers, Cart Attendants, and Landscape and Maintenance Positions.  
Applications can be downloaded from the employment page on the City of Chelan's web site at: [CityOfChelan.us/employment](http://CityOfChelan.us/employment) or picked up at the Parks & Recreation Office at 619 W. Manson Hwy.

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- Kitty sounds
- Mesozoic one
- All thumbs
- "Who's Pieces?"
- "Life \_\_\_\_\_"
- Comic book cry
- Evening in Roma
- Boar's mate
- Bank deposit
- Actress Ali or singer Tim
- Flying saucers
- Yeah's opposers
- One of the Muses
- Ancient region of western Europe
- "Sweet bear"
- In a little while, old-fashioned
- Like a neon sign
- Fashion's "New Look" inventor
- Weasel's cousin
- Cash in credit card points, e.g.
- "Good grief!"
- The Old Man's turf
- Tucked in
- Sine \_\_\_\_\_ non
- "Gimme a break" bar
- "Egg with a surprise"
- Southwestern hut
- Step on it
- Small Asian ungulate
- What radiology and biology have in common
- Chihuahua's cry
- a.k.a. Ernest?
- Japanese money, pl.
- Blitzed

DOWN

- Similar to an adder
- View from a moving train
- Yesteryear
- Shopping \_\_\_\_\_
- Creates disorder
- Forever and a day
- "Hershey made the first American milk chocolate one"
- Belittle
- Have supper
- Tennis serving whiz
- Memorial Day solo
- "The \_\_\_\_\_ of Racing in the Rain"
- Fast and lively
- Increasing
- Location of ulna
- Hindered
- "Principal candy ingredient"
- Allowed into a bar, e.g.
- Past tense of will
- Glorify
- SI unit of mass
- Raja's wife, pl.
- Do penance
- "Famous fictional bar"
- \_\_\_\_\_ gin
- Smoke plus fog
- Baghdad resident
- Not strongly
- CEO's deg.
- Fertilized
- C2H5
- "J" \_\_\_\_\_ by #46 Across
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## THE WASHINGTON OUTDOORS REPORT



PHOTO BY JOHN KRUISE

The use of Personal Flotation Devices may become mandatory for anyone under 18 in a human powered boat in Washington – Nicole Lewis kayaking in the Columbia River near Bateman Island and Richland.

### The Politics Of Fish, Fishing And Boating

By JOHN KRUISE

The States of Washington and Oregon have taken a number of actions in the last week that will affect both our fish populations and those who fish for them. Here's a brief rundown of the four issues at the forefront this week:

**GILLNETS TO REMAIN IN THE COLUMBIA RIVER IN 2020:** The Directors of the Oregon and Washington Departments of Fish and Wildlife released a joint announcement on Valentines Day as to how salmon will be allocated between commercial and recreational anglers in the Columbia River this year.

The main thing that stands out in this announcement

is gillnetting will again be allowed on the mainstem of the Columbia River for fall Chinook, a practice that was supposed to end in 2019. The Northwest Sportfishing Industry Association and Coastal Conservation Association say this new rule opens the door to increased gillnetting on the river, a charge WDFW denies. All this comes at an inopportune time for



PHOTO BY JOHN KRUISE

Catch limits are being raised for bass and other warmwater species in 77 lakes across the state this year - Russell Johnston with an early spring largemouth bass from Downs Lake near Sprague.

WDFW which is hoping for support from the state legislature to fill a gaping 26-million-dollar budget shortfall.

**MANDATORY LIFE JACKETS?** Currently, personal flotation devices (PFDs) are required to be used by children under 12 in small boats but a bill introduced in the State House proposed making the wearing of life jackets

mandatory for boaters of all ages. The original bill (HB 2443) made this mandatory on a lot of powered fishing boats under 19 feet in length as well as drift boats, row boats, canoes, kayaks and stand up paddleboards (SUPs).

An amended bill that passed the State House now eliminates the length of the boat and now says PFDs would be required for anyone between the ages of 13 and 18 using a human powered watercraft except for competitive rowers, surfers and those on stand-up paddle boards if the user is tethered to the board with a leash or (and I'm not making this up) participating in yoga on a SUP in a designated swimming area or within 100 feet of shore.

There is no doubt this bill will save lives. However, some question whether our state government is acting too motherly by mandating the use of life jackets in vessels that may only be floating in two feet of water. The bill got its first hearing by the in the Senate on February 18th.

**SOME FISH ARE MORE EQUAL THAN OTHERS:**

In Washington State, cold-water fish such as salmon, trout and steelhead are definitely more equal than their warmwater brethren bass, walleye and catfish. In recent years limits were abolished for these warmwater fish on the Columbia River below Chief Joseph Dam to help with the survival of steelhead and salmon smolts. This will undoubtedly impact a world class walleye and smallmouth bass fishery on the Columbia sooner than later as anglers keep as many fish as they want.

Now the Washington Dept. of Fish and Wildlife has announced expanded limits for warmwater species in 77 lakes across

that state where salmon pass through as well as in all rivers and beaver ponds statewide. Those limits are:

- Largemouth bass: Change from 5 to a 10-fish daily limit; anglers must release fish between 12 and 17 inches, and only one fish may be over 17 inches.
- Smallmouth bass: Change from 10 to a 15-fish daily limit; only one fish may be over 14 inches.
- Channel catfish: Change from 5 to a 10-fish daily limit. No minimum size.
- Walleye: Change from 8 to a 16-fish daily limit; only one fish may be over 22 inches.

In the short term this will provide lots of meat for anglers who enjoy catching and keeping these fish. In the long term though, a number of quality fisheries will be turning into not-so quality ones soon as fish in both size and number are depleted. A few examples include Silver Lake in Okanogan County known for a great largemouth bass fishery, Osyoos Lake in Okanogan County which is one of the better smallmouth bass destinations in the state and the Palouse River in Southeast Washington where anglers go for big catfish in the spring.

As to whether or not these rules will significantly help salmon and steelhead which face a host of other survival issues? That remains to be seen.

**COLVILLE RIVER IS OPEN FOR YEAR AROUND FISHING:**

Last but not least, another rule change from WDFW returns year-round fishing to the Colville River from the mouth of the river at Lake Roosevelt upstream to the bridge in the small town of valley.

John Kruse – [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

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