

CASHMERE VALLEY RECORD

CELEBRATING 113 YEARS • 1907-2020



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Traffic Alert: Hay Canyon Road

SUBMITTED BY JILL FITZSIMMONS
PIO/Special Projects Coordinator
Chelan County Public Works

Motorists will see some increased truck traffic and minor traffic delays in the area of Hay Canyon Road and Sunburst Lane during the week of April 6. The increased truck traffic will be due to not only the West Cashmere Bridge Replacement Project but also ongoing work by Chelan PUD.

The county's contractor for the bridge project will be removing contaminated soil from about 2 acres at the corner of Hay

Canyon Road and Sunburst Lane, property the county purchased for the project. About 12 inches of topsoil will be removed and taken to the Waste Management landfill in East Wenatchee. The property is the site of a former orchard. The work may take up to two weeks. People in the area will see an excavator working as well as dump trucks traveling back and forth to the landfill.

Chelan PUD also will be working at the intersection, replacing electrical poles and wiring. The PUD has been working in the bridge's project area since January. The PUD

project currently has moved to the Sunburst Lane area, where distribution lines are being moved underground. Motorists should plan for one-lane, flagger-controlled traffic in the work area. Please plan for minor traffic delays, or avoid the area if you can.

Work should take three to four days before the project moves further down Vale Road. More information about the PUD's project, including a map and timeline of the work, is at www.chelanpud.org/learning-center/in-your-neighborhood/west-cashmere-%28goodwin%29-bridge

Neighbors and Chelan PUD work together to protect cultural site

Collaboration leads to moving power lines away from Peshastin Pinnacles

SUBMITTED BY KIMBERLEE CRAIG

WENATCHEE – Sandstone formations thought to be 46 million years old are gaining additional protection with plans to reroute two Chelan PUD transmission lines around Peshastin Pinnacles State Park. Construction is set to start in May.

The rocks are significant sites in Native American culture. Working together to protect them was paramount as Chelan PUD faced mandated upgrades to the lines that pass through the park.

"Because of the risk of damage to the rock formations, and because as good stewards we must care for the natural resources affected by our operations, we determined rerouting the lines outside the park is the most cost-

effective and preferred solution," said Steve Wickel, transmission engineering manager.

In 2010, new reliability standards required Chelan PUD to assess all of its transmission lines. Engineers found that the sections in the park needed replacing with taller poles due to inadequate clearance, Wickel said.

Working with members of the Confederated Tribes of the Colville Reservation, state parks officials, other agencies and neighboring landowners, Chelan PUD identified a new route for the taller poles, to run behind and around the park. (See attached map.)

Construction is set to start in May. The first phase will go through July 30, and then pause to reduce traffic during wildfire and harvest seasons. Work will resume Oct. 1 and plans are to finish by Nov. 30. If not finished, work would then resume in May

2021 until finished, Wickel said.

Potefco of Sumner, Wash., will build the 0.8-mile section of high-voltage lines for the \$2.4 million project.

The park, closed now due to COVID-19, will remain closed for the project duration.

Guy Moura, tribal historic preservation officer for the Confederated Tribes of the Colville Reservation, said the tribes and Chelan PUD have developed a good working relationship on this and other projects.

"This is a very significant site, a legendary site for the Colville Confederated Tribes," Moura told PUD commissioners at their meeting earlier this week. He thanked Jennifer Burns, PUD environmental/cultural program manager, in particular for her efforts to protect the pinnacles.

"We appreciate all the efforts on Jennifer's behalf to protect those rock formations, which really are

quite fragile," he said.

The collaboration also was cited by a national cultural preservation group as a key factor in awarding Chelan PUD the 2019 American Cultural Resources Association

(ACRA) Industry Award for its outstanding commitment to protecting cultural resources.

PUD Commissioner Dennis Bolz thanked all the parties involved for "exemplary" effort in working together. "Job well done," Bolz said. "Thank you very much to everyone on your efforts."



THE WASHINGTON OUTDOORS REPORT

Little Known Federal Lands Are An Outdoors Option

By JOHN KRUSE

Washington has enacted the strongest measures in the nation when it comes to limiting outdoor recreation. Following Governor Jay Inslee's "Stay Home, Stay Healthy" decree, agencies have closed access to all state public lands, boat launches and have even closed recreational fishing. Several federal agencies, notably the US Forest Service, have closed campgrounds, day use sites and even trailheads at the request of Governor Inslee as well.

It's understandable if you have a serious need to get out of the house and enjoy a dose of nature as a way of coping with the stress of this coronavirus pandemic. This week I've got a few suggestions about some places you can go to breath some fresh air while hiking, wildlife watching and maintaining

that all important social distance.

My suggestion? Heading to some federal public lands you may not have thought of visiting before. However, let's first talk about limiting your COVID-19 footprint so you don't contribute to the spread of this virus.

Talking to state officials over the last two weeks I've heard a similar message as to what Kelly Susewind, the Director of the Department of Fish and Wildlife, had to say when he announced the postponement of the youth turkey hunting season and early spring bear hunts in Washington: "Every stop for gas, food, or a restroom break can introduce the virus to areas it hasn't yet reached."

Keep in mind many people show little to no symptoms of having the coronavirus and you might actually be one of those people. With that in mind, consider making a trip where no stops for gas, food or restroom breaks are necessary before you reach your destination. What destination

would that be? This week, we are suggesting Bureau of Land Management lands in Central and Eastern Washington.

Bureau Of Land Management Lands Are Open With Some Restrictions.

Jeff Clark, the Public Affairs Officer for the Spokane District of the Bureau of Land Management (BLM) says, "There's about 425,000 acres of BLM lands in Eastern Washington. Despite being open, we do support Gov. Inslee's Stay Home-Stay Healthy proclamation so we're hoping people who enjoy our lands right now are not traveling far and that they are following CDC guidelines to stop the spread of COVID-19."

The following BLM Recreation Sites are closed to the public:

- Yakima River Canyon including the Umtanum, Big Pines, Lmuma and Roza Recreation Areas – Kittitas County
- Liberty Recreation Site and Campground – Kittitas County
- Chopaka Lake Campground –

Okanogan County

As of April 2nd, all other BLM lands were open for public use to include the following recreation sites:

- Boundary Dam (water access only) – Pend Oreille County
- Split Rock (at Palmer Lake) – Okanogan County
- Palmer Mountain – Okanogan County
- Lakeview Ranch and Pacific Lake – Lincoln County
- Coffeepot Lake and Twin Lakes – Lincoln County
- Douglas Creek – Douglas County
- Saddle Mountains – Grant County
- Fishtrap Lake and Folsom Farms – Lincoln County
- Hog Canyon Lake – Spokane County

Fishing may not be an option at these places right now but hiking, wildlife watching, and wildflower viewing along with getting some fresh air in some wide-open spaces certainly is. Before you go, check

the Oregon/Washington BLM website for coronavirus updates and restrictions www.blm.gov/oregon-washington. In addition to this, maps identifying BLM lands with more information about recreation sites can be found at www.blm.gov/visit.

Speaking of fishing, I received some questions about whether you can fish on Colville Tribal Lands right now. The answer is "No". The Colville Tribal Fish and Wildlife Commission closed non-member sport fishing on March 31st until further notice and entry on to the Reservation is restricted for non-members as well.

One other option for outdoor recreation? Bureau of Reclamation Lands. There are thousands of acres of these lands in Washington State, and many are adjacent to waterways. These lands are currently open for access but there is a catch. If the federal reclamation land is managed by a state agency like the Washington Dept. of Fish and Wildlife, the rules of that state agency apply which means no access. On the other hand, if the Bureau of Reclamation Lands are administered independently, you can access them. A good resource to check for this can be found at www.usbr.gov/pn/recreation/index.html and a handy resource for mapping public lands such as BLM and Bureau of Reclamation Lands can be found at <http://publiclands.org/>

One other important note. Restrooms (where available) may be locked and there likely is no garbage pick-up at these sites so pack out what you pack in and leave these places pristine for the next visitor.

John Kruse – www.northwesternoutdoors.com and www.americaoutdoorsradio.com



PHOTO BY JOHN KRUSE

Colorful basalt rock formations can be seen at Pacific Lake on BLM land in Lincoln County



PHOTO BY JOHN KRUSE

This herd of mule deer were not social distancing on Bureau of Reclamation land in Grant County

SHOP LOCAL

During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

THIS WEEK

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Crime is down, while profiteers exploit the masses

Sometimes a little humor can alleviate bad situations. This is my attempt at doing so:



APPLES TO APPLES
GARY BÉGIN
NCW MEDIA MANAGING EDITOR

I have a friend in New York and another in New Orleans and another in Detroit. They all report that muggings are way down as criminals are wary of getting fined for violating social distancing rules.

Here is one scene as described to me via Skype, where an older lady was accosted by an unemployed knish* cart vendor in Manhattan.

Mugger: "Excuse me ma'am, may I have your purse?"

Muggee: "Why certainly young man. Would you also appreciate this diamond ring?"

Mugger: "Yes ma'am. Can I also obtain that neckless and those earrings as well?"

Muggee: "No problem," said the octogenarian as she

advanced towards the thief.

Mugger: "Stop! Don't come any closer. You'll have to toss them to me. I don't want to get fined by that cop looking at us, afraid to get involved, as he has no personal protective equipment (PPE)."

Muggee: "Ok, but I throw like a girl."

Mugger: "I wasn't expecting Justin Verlander**, just don't throw me a curve."

And so it goes across the nation. Courtesy is back in style, crime is down, as few of the former muggers can carry on a conversation beyond, "Give me yo money!"

Even burglars, muggers and thieves are lowering their workload by staying home as the pawn shops they sell stolen goods to are closed. Now the most successful criminals must maintain an inventory of goods and have turned to hiring unemployed accountants and buying extra safes as their gun safes are

full. (Despite tax season, many number crunchers can't survive with exclusively online services.)

Another subset of criminals, not normally counted in the monthly statistics, are flourishing. They are scam artists selling everything by phone and internet and taking credit card payments the same way. These thieves are lazier than the on-the-street types and prefer to ride their LazyBoys to wealth and happiness.

Here is one example: "Hello, this is PPE Express. Can I interest you in some slightly used personal protective equipment?"

Certainly. Can I get several dozen? "Yes, by all means. What is your credit card number?"

Needless to say, but I must say it anyway to fill this ludicrous column, the phone scammers never send the victim (aka "the mark") any PPE at all. Those that do send the PPE are shipping them overnight and charging triple

the normal S&H (shipping and handling fees). When the PPE arrives, it is usually soggy with spittle and the zing has gone out of the little elastic bands that adhere them to one's face.

That's because they were used by nurses about 30 times before being discarded. Thieves are not afraid of dumpster diving to make a buck. This is just one example of a phone scam.

The internet is even worse because thieves just need a website to rake in the bucks. Millennials beware, though they think they are bulletproof. New evidence suggests that "youngsters" between 20 - 50 can get seriously ill, even die.

One such naive former day trader spent \$10,000 from his credit card buying a direct shipment of toilet paper (TP) which he earmarked to be resold to the local grocery store for triple the price.

The aspiring entrepreneur (profiteer) received the bulk shipment direct from the

factory, but it was single-ply and the bill was doubled, since he didn't read the fine print that stated: "Product and shipping prices are subject to "spot" costs plus 30%." He couldn't fight the charge and the company already had his credit card information.

He was just one of millions of would-be crooks declaring bankruptcy that month.

The grocery store did buy the TP, but refused to pay the asking price for single-ply.

He figured charging "spot" prices plus a little extra would work since that's what he did for gold and silver everyday.

Other profiteers, those who exploit customers by jacking up prices during a crisis, especially for needful commonly used products like TP, paper towels, bleach, alcohol (all types) and guns, are raking in huge margins or at least trying to. Many capitalistic democracies are not prosecuting these "white collar criminals" because they don't want to upset the private sector. Besides, these same companies are big donors to political campaigns.

Unfortunately, as of the writing of this article, all elections have been canceled and we are stuck with the "one we brought to the dance" - for the foreseeable future. It is a new government program meant for the "sustaining of democracy during crisis." We better get used to it since government programs, once started, are harder to get rid of than bad dreams or that song that just won't leave your head. "I've got friends in low places ..."****

*An enveloped pastry-like snack concoction, usually filled with gently spiced mashed potatoes and served hot, often from rolling or stationary vending carts on big city sidewalks. Eaten by hand. Vendors are now out of business everywhere.

**A famous currently unemployed Major League Baseball pitcher.

***Garth Brooks
Managing Editor Gary Bégin can be reached at gary@ncwmedia.net. His opinions are not necessarily those of NCW Media.

The stock market bounces back (a little)

This is a strange time to write about the stock market and the economy. The only story in the world that matters right now is a medical crisis with life and death ramifications. But, I'm not qualified to talk about the Coronavirus in



COMMUNITY VOICES
BY BRAD BLACKBURN

any way, except for the implications to the stock market and the economy. So, with deep respect to the humanity of the situation, here goes:

After one of the steepest dives ever, the stock market finally bounced back a little bit. However, the S&P 500 is still down more than 25%, and the Coronavirus is far from history. Even when it finally is history, the global economy will never be the same. That presents both risks and opportunities to investors... and to mankind.

The initial "Coronavirus Stimulus Package" was the spark that helped the stock market calm down. If there was ever a time for a massive, but temporary, government stimulus - this is it. I was surprised and impressed at the comprehensiveness of the package. Much of

what Congress put together actually made sense.

Between direct payments to families, beefed-up unemployment insurance, and cheap (and sometimes forgivable) loans for businesses, that should fill enough gaps to keep the

economy afloat for a few months. I sincerely hope that buys us enough time to improve our testing, treatments, ventilators, and everything else we need to manage a "steeper curve." We can't hold the virus off indefinitely, and we also can't keep showering the country with money indefinitely.

Of course, while massive government spending may save us now, it could also cause significant problems in the future. As a side note, this crisis sure makes me wish we hadn't been going trillions of dollars deeper into debt every year over the last decade during the longest economic expansion in history...

But we can't afford to be stingy now, and hopefully by throwing trillions of dollars at this, we can manage to limp through without too much long-term damage.

On the bright side, once we begin to put the Coronavirus behind us, the stage is set for a short-term economic boom. There will be months of pent-up demand from consumers who've been stuck at home. In addition to that, there's trillions of dollars in government spending, record low interest rates, and the cheapest gas in decades - it will be a great time to spend.

Even if America does make it through all this without any long-term damage, the rest of the world might not be so fortunate. Not only is America the richest country in the world, but the dollar is also the reserve currency of the world, which gives us the luxury to print money like no other country on earth.

Very few other countries have the resources to fight this virus as aggressively as we do. Even worse, in many places across the globe, fewer people have the resources to "socially distance" for weeks or months on end. That could make containment much more difficult. If the Coronavirus ravages the global economy, America will not come away unscathed. In the same way that the rest of the world recovered far less quickly than America after the financial crisis in 2008,

the global economy could be a drag on the American economy for years to come.

That may not be the only long-term consequence of all this. Huge swaths of the global economic system will never be the same. Global supply lines will never be the same. In addition, it's likely that higher taxes are coming. Further, I think we can expect major changes in our medical system. A

successful hospital can't have dozens of beds, nurses, doctors, and ventilators just waiting around for a disaster. However, a successful society can't NOT have those things. We're going to have to bridge that gap - and it won't be easy.

To that end, I hope we can come together over this. It's more clear than ever that politics and a functional government are not a game; there are real life

consequences. Also, I miss my friends, even the ones who are completely wrong. So, some good may come of this. I'm almost sure of it.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor at 121 Cottage Ave., Cashmere. He can be reached at 509-782-2600 or email him at brad@blackburnfinancial.net.

Can Zinc help fight the virus?

Zinc is an essential mineral that is essential to many key processes in our body. Zinc helps you synthesize DNA and other essential proteins. It also has a vital role assisting your immune system, in healing wounds, and helping you smell and taste your favorite foods and enjoy the aroma of flowers. Since your body cannot store zinc, you need to get it from your diet. The recommended daily allowance (RDA) of zinc is currently 11mg/day.

Oysters contain the highest concentration of dietary zinc. Other foods high in zinc include red meat and poultry. Crab, lobster, beans, nuts, dairy products, and whole grains are other good sources of zinc.

Zinc deficiency is more common in the elderly. According to one study looking at average daily zinc intake, adding up the zinc in both the diet and any supplements, 20 to 25% of older Americans get less zinc than they need.

You don't have to be elderly to be low in zinc. Vegetarians and people on "water pills" can also be zinc-deficient. When you take a "water pill" or diuretic, along with the extra sodium and water flushed out by the medicine, your body also eliminates more zinc.

Whole grains and beans

contain compounds called phytates as well as zinc. Phytates attach to zinc in food and interfere with your ability to absorb it from your gut. Vegetarian diets contain more phytates than typical diets because they contain more whole grains and beans along with less zinc-rich red meat and poultry. Some suggest that people eating a vegetarian diet may need up to 60% more zinc than recommended by the Food and Drug Administration's RDA.

Oral supplements of zinc can treat both zinc deficiency and Wilson disease. Wilson disease is a rare genetic condition in which your body to be unable to process copper, causing copper to accumulate in your liver and other organs. This causes liver failure and death if not recognized and treated. Oral zinc supplements treat Wilson disease by inhibiting copper absorption.

Zinc stimulates your immune system and inhibits viral replication. This makes it an interesting option in treating viruses like skin warts and the common cold.

One study looking at people who had at least 15 warts and who had failed conventional wart treatments divided them into 2 groups, one group taking oral zinc 10mg/kg (up to 600mg) daily,

and the other one taking a placebo. Sixty percent of those taking zinc had no warts left at the end of one month. Within two months, 86% were wart-free, compared with no improvement in the placebo group.

There are about 500 million colds per year in America, with an average of 2.5 colds per year for most Americans. Can zinc help treat the common cold?

YES! There is evidence proving that zinc supplements shorten the length of a cold and make its symptoms less severe.

The effect is most powerful when starting zinc within the first 24 hours of cold symptoms. You can shorten the length of a cold by an average of one day by taking zinc acetate lozenges containing 13mg of elemental zinc taken up to 6 times daily.

Zinc supplements interfere with the effectiveness of certain antibiotics by attaching to them, decreasing their absorption.

Fluoroquinolones like ciprofloxacin and levofloxacin and tetracyclines like minocycline and doxycycline should be taken at different times than zinc. To avoid a treatment failure by not absorbing the entire dose, you should take zinc at least 2 hours before or 4 to 6 hours after taking one of these

antibiotics.

Here Are 4 Tips on Taking Zinc Supplements:

1. Stock up beforehand.

Keep zinc lozenges on hand BEFORE your next cold, so you can start them as soon as you notice cold symptoms.

2. Start as soon as possible.

If at all possible, start taking zinc within the first 24 hours of noticing cold symptoms. The longer you wait, the less effective it will be in decreasing the severity and the length of your cold. The recommended dose

is one 13mg zinc gluconate lozenge up to 6 times daily for up to 6 days.

3. Don't mix zinc supplements with certain antibiotics.

Separate ciprofloxacin (Cipro®), levofloxacin (Levaquin®), tetracycline and doxycycline from zinc. Take zinc supplements either 2 hours before these antibiotics or 4-6 hours afterward.

4. Space out any iron and zinc supplements.

Zinc binds to iron tablets in the gut, preventing you from absorbing the iron. If you are anemic, separate taking iron tablets from zinc by at least

Ask...
Dr. Louise

2 hours.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. 2020 Louise Achey

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

March 27

Hwy., Jim's Auto

08:33 **Agency assist**, 304 Peshastin St., #B

09:32 **Welfare check**, Kinney & Stine Hill Roads

13:28 **Harass/threat**, 115 E. Pleasant Ave., #18

14:35 **Public assist**, 7055 Stine Hill Rd.

17:00 **Traffic offense**, Yaksum Canyon Rd.

March 28

01:30 **Accident/no injuries**, 5501 Tigner Rd.

16:12 **Civil**, 5781 Sunset

March 29

17:38 **Traffic offense**, 312 River St.

19:36 **Suspicious**, 3300 Blk., Red Apple Rd.

March 30

08:25 **Harass/threat**, 218 Elberta Ave.

11:05 911, 7050 Olalla Canyon Rd.

16:22 **Accident/no injuries**, 6011 Goodwin Rd.

19:16 **Civil**, 4630 E. Nahahum Canyon Rd.

March 31

14:43 **Suspicious**, 9120 Nahahum Canyon Rd.

15:14 **Accident/no injuries**, 200 Blue Star Way

20:50 **Domestic disturbance**, 5240 N. Cashmere Rd.

April 1

00:21 **Harass/threat**, 8115 Brender Canyon Rd.

15:17 **Public assist**, 241 Independence Way

April 2

09:40 **Theft**, 100 Pioneer Ave.

10:05 **Alarm**, 407 Aplets Way

15:36 **Welfare Check**, 108 Pioneer Ave.

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Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story?
Call the Record at 509-782-3781

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

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COMMUNITY CALENDAR

Wednesday

Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Melissa Grimm, 860-1535.

Cashmere Food Bank, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)

The Underground Youth Group, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street. Call Stephanie, 782-2825.

Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Cashmere Sportsmen's Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

Friday

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

Sunday

CHURCH: See the church page for local service times and events.

The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Stephanie, 782-2825.

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (2nd & 4th Mon.)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month).

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Tuesday

I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314
 Call for other information if not listed.
 Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m.
 Thurs., 11 a.m.- 8 p.m.
 Sat., 9 a.m.-1 p.m. Sun., Closed.

Events:
 Tues. & Wed., 10-10:30 a.m. **Story time Pre-K & up**
 Wed., **Preschool Story time**, 10-10:30 a.m.
 Wed., **Bilingual Story time**, 4:30-5 p.m. (last Wed. of every month)
 Fri., **Baby/Toddler Story time**, 10:30-11 a.m.
Cashmere Museum and Pioneer Village
 Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.
Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.

Cashmere

Cashmere Food Bank Donations

If you have donations for questions please contact Pam, 509-669-3159. (r15,16)

Gathering Community News

Hello neighbors, we would like to get some good news out in the papers since we do not have sports, or community gatherings or meeting right now because of the COVID-19 virus, but if you have any good news, pictures to share with the community please feel free to email it to reporter@cashmerevalleyrecord or reporter@leavenworthecho.com Stay well, stay strong, stay informed. (er15,16)

PEO Fashion Show and Tea

Due to the uncertainty of how long the COVID-19 Virus will be around, it was best that this year's Fashion Show and Tea that was rescheduled for June 4, will be cancelled until next year.

Thank you to all who have already sent in reservations and donations. If you have further questions please call reservations chair Sally at 503-421-2922. (er15,16).

NEW LOCATION AT
 270 9TH ST. NE SUITE 100
 EAST WENATCHEE
509.886.0700

During this challenging time, caring for our relatives, friends and neighbors takes on new meaning. Aging & Adult Care is here... to support communities with services and resources. Please contact us at (509) 886-0700.

• In-Home Care Options • Home-Delivered Meals
 • Family Caregiver Support • Help from Volunteers

AACCW has temporarily closed in-person services, but we can still assist you and your family by phone. Please call us at (509) 886-0700 for resources & services.

Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties
 Offices in East Wenatchee, Moses Lake, and Omak 1-800-572-4459 • aaccw.org

NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A memorial is different from an obituary. An obituary is usually current while a memorial can be written later. For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays. Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement. For information call 509-548-5286, or email editor@leavenworthecho.com

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509-782-2600 121 Cottage Ave Cashmere, WA 98815

Help Support The Cashmere Food Bank

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna, Cleaning supplies, hygiene products and toilet paper.

Distribution and days and times are 2nd and 4th Wednesdays, 2:30-4:30 p.m. A box of food will be given to you at curbside service, you are not required to show your ID at this time.

For further information or to make a cash donation call Pam, 509.669.3159

This ad sponsored by the Cashmere Valley Record

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Currently all Senior Centers are closed due to the CORVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, but only as a Take-out lunch. You must call 24 hours in advance to have your lunch ready to pick up from the Center. For meal pick up and information call: (509)548-6666.

April 9, Thursday: Spaghetti and meat sauce, Caesar salad, apricots, garlic bread, dessert.

April 10, Friday: Egg salad sandwich, minestrone soup, tossed salad, Oregon berries, dessert.

Saturday and Sunday: No lunch

April 13, Monday: Beef stew, green salad, peaches, biscuit, cereal bars.

April 14, Tuesday: Lemon baked fish, garden rice, glazed carrots, coleslaw, citrus salad, cornbread, dessert.

April 15, Wednesday: Broccoli chicken bake, red potatoes, garden salad, Waldorf salad, focaccia bread, oatmeal cookies.

JOE BROWN
J.C. BROWN LAW OFFICE
 200 APLETS WAY, CASHMERE
 782-1111

BUSINESS, REAL ESTATE,
 ESTATE PLANNING, AND PROBATE

SENIOR CANCELLED

Leavenworth Senior Center, 423 Evans St., Leavenworth

Events Calendar

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

BUSINESS & SERVICE Directory

Add your business or service to this directory: 548-5286

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Tumwater Drilling and Pump Inc.

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 Leavenworth, WA

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201 Cottage Ave., Cashmere

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Advertise on

STORAGE

NCWMarket.com

AA MEETING SCHEDULE

Information numbers for AA:
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

Friday, dinner, 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene. 111 Ski Hill Drive, Leavenworth.

Please contact us for questions: Dave and Nancy Bartholomew, 509-596-1510.

Open your heart

As we approach the celebration of our risen Savior, I am reminded of my many visits to Israel—particularly to the historical sites of the crucifixion and the garden tomb. Although standing inside that empty stone cave was a moving experience, what struck me most is that it is not at the cross that we celebrate, nor is at the tomb.

Indeed not! True celebration takes place in our hearts and our homes. It is in offering kind

words when we are irritated or anxious. It is in eagerness to serve others when we would rather serve ourselves. It is in voicing trust in God when our world has been turned upside down. It is in remembering that a crisis is God's reminder to reevaluate and realign our priorities. It is in moment-by-moment praise to God for his gift of eternal salvation. Let these words



JOYCE WILLIAMS

Pastor of Congregational Care
Joyce Williams is Pastor at Christ Center in Cashmere. She can be reached at 782-2869 or Christcentercashmere.com

be continually on our lips, for in them we will find strength for today, patience in frustrating circumstances, joy in trials, security in turmoil, and the secret to living in peace and hope: JESUS LIVES!

Get the word out
THE LEAVENWORTH ECHO
215 14th Street • PO Box 39 • Leavenworth
(509) 548-5286 • echo@leavenworthecho.com

Trust the Lord in Everything

The days we live in are full of questions and uncertainty. All of us, to a certain extent, feel as if the rug has been pulled out from underneath and we are just trying to figure out where our feet are going to land. Institutions that we once placed our trust in have all but jettisoned our confidence and now we are left wondering who or what can we even trust anymore.



A WALK WITH PASTOR JOHN SMITH

Yet, there is still one that we can trust in. There is still one, that we can have unshakable confidence in knowing that he will always be trustworthy.

Proverbs 3:5 says this, "Trust in the Lord with all your heart and do not lean on your own understanding." The verse presents a malady that every single one of us experiences—our natural propensity to trust in ourselves. How many times have we trusted in our understanding in any given situation and have come up wrong? Personally, too many to count. Even when we are given concrete data or factual evidence, our understanding is still very limited and finite. Due to our limitations as people, our knowledge is not exhaustive. To put it simply and as hard as it is to accept, we don't know all things at all times.

Understanding that having a bit of self-distrust may seem like a negative to some, the Scriptures present it as something positive. Recognizing the limitations of humanity, the Bible tells us to trust the Lord. We are exhorted and encouraged to set our complete and total reliance on him knowing who he is and how we are.

Admittedly, the task of trusting God with all our whole heart is difficult not only because of our natural bent to trust ourselves, but we live in this fallen world where trust is so easily broken. Add to that, the anxieties and stresses of the unknown future and we are left not only

with skepticism but downright unbelief.

Yet the more we trust God in the little things—those daily moments of faith—the easier it is to trust God in the big situations of life. Think of faith being exercised like a muscle. We don't immediately start benching 450 pounds, it is only through a consistent exercise that those muscles build up to that point. When we trust God to help us in the small activities, like making an important phone call, and we see him come through, that faith-building moment enables us to see and believe that God will be there for us in the middle of crises.

The exhortation to trust the Lord continues in Proverbs 3:6, "In all your ways acknowledge him..." It is not just in some areas of life that we acknowledge the Lord's presence or even those we deem as "spiritual". The Christian life is fully orbbed in this respect: That God is to be the center of every activity. From the mundane to the extraordinary, God is to be recognized and revered.

When we acknowledge him in his rightful place in

our lives, there is a direct result and it is found in the latter part of verse 6, "... and he will make straight your paths." Those who do not place their trust in the Lord nor honor him, the Bible considers their paths "crooked" and it will only lead them to disaster (Psalm 125:5, Prov. 2:15, 19). On the other hand, those who do trust and acknowledge the Lord, God straightens and corrects their path to give them a sure road to righteousness and peace. Being on the "straight and narrow" is not just about living a moral or clean life, rather it is fully trusting in God and having him first place in our lives.

In this time of uncertainty, what are you trusting in? Or, is your trust shaken because of the circumstances? The Lord is faithful to his people and has proven himself time and time again in your life. He has demonstrated a consistent faithfulness with the gospel being its apex. So, trust in him during this unprecedented time and look to his guidance as we navigate together through this difficult season.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

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OBITUARY

Wilma Dean (Rogers) Schroeder

November 6, 1942 - March 29, 2020
Wilma Dean (Rogers) Schroeder passed away in her home on March 29, 2020. Wilma was born on November 6, 1942 in Jonesboro, Arkansas to Otis Gilbert and Zetta Mae Rogers. In 1944 Wilma moved with her family to Monitor, Washington where her family worked in an Orchard. In 1946 the family moved to Cashmere when her father got a job at the Cashmere Mill. She attended Cashmere schools and enjoyed her time there graduating as valedictorian from Cashmere High School in 1961. Throughout high school Wilma, also known as "Willie", enjoyed working at Doane's Valley Pharmacy. Wilma often talked about how the pharmacy would celebrate her birthday by running an ad in the paper for 19 cent sundaes. "Willie's Birthday Sale". She always said, "I never worked so hard as I did on my birthday". After graduation she moved to Seattle with her good friend Julie (McCune) McCunn

where she attended Griffen-Murphey Business College. She graduated in 1962 and moved back to Cashmere where on October 6th of that same year, she married Daniel Lee Schroeder. In 1965, Wilma moved to Heidelberg, Germany to join her husband who was stationed there. While in Germany she gave birth to her daughter Pamela who was born in 1967. The family moved back to Cashmere in 1968 where they made their home. Wilma worked at Liberty Orchards Company, the home of Aplets and Cottlets, from 1977 until 2020. Wilma enjoyed her work and her life with her friends and family including her 4 grandchildren, and 3 great grandchildren. She was preceded in death by her parents, Otis and Zetta Rogers; her two brothers, Shelby Drexel and Charles Boyd Rogers; her sister, Melba Jean Brown; and her daughter, Tracy Leigh Schroeder. She is survived by her daughter, Pamela D Prpich of Cashmere, WA; her four grandchildren,



Luke (Lacey) Prpich of Wenatchee, WA, Matthew (Lyla) Prpich of Renton, WA, Cody Prpich of Waterville, WA, and Samantha (Bryce) Prpich of Ellensburg, WA; and her three great-grandchildren, Brantley, Piper and Theo.

The funeral will be set at a later date.

Please express your thoughts and memories on the online guestbook at jonesjonesbetts.com Arrangements by Jones & Jones - Betts Funeral Home.

OBITUARY

Michael Warren Moyles

Colonel USAF, Retired September 6, 1972 - March 27, 2020 (age 47)

Courageous to the end, Michael left his long battle with brain cancer behind and rose to the welcoming arms of his Heavenly Father, surrounded by the family he loved so well. Born on September 6, 1972, in Landstuhl Army Hospital to Warren and Julie (LePenske) Moyles, Mike spent his early years traveling through Europe with his family. During his high school years, Mike's family moved to Korea where many adventures awaited him. Mike was active in basketball, soccer, tennis, Tae Kwon Do, community theater, and chapel youth programs. He was an accomplished juggler and often entertained at local orphanages and all-school assemblies. He attained the rank of Eagle Scout, in addition to many academic honors, including placing first in state at a Seattle business technology competition.

Following graduation, Mike was awarded a National Air and Space Administration internship at the Smithsonian Institution in Washington, D.C. By fall 1990, he was recruited to the Air Force ROTC program at the University of Portland (Oregon) and entered their electrical engineering program with a minor emphasis in computer science. Upon graduation, he received his active duty commission to the U.S. Air Force and was stationed at Tinker Air Force Base, OK, as a 2nd Lieutenant, where he was involved in writing software for weather satellites.

Mike's career in the Air Force lasted 23 amazing years. He held many titles, which included: Communications System Acquisition Officer and Communications Systems Program Manager both at Scott, AFB, IL; Commander,

Mission Systems Flight, 92nd Communications Squadron and Executive Officer, 92nd Operations Group, both at Fairchild AFB, WA; Commercial Satellite Communications Operational Manager, United States Strategic Command, Offutt AFB, NE; Student, Space Systems Engineering, The Naval Postgraduate School, Monterey, CA; Chief, Force Enhancement Branch, Directorate of Plans and Programs, Headquarters, U.S. Air Force, The Pentagon, Washington, D.C.; Executive Officer, Directorate of Plans and Programs, Headquarters, U.S. Air Force, The Pentagon, Washington, D.C.; Commander, Computer Systems Squadron, Headquarters Air Education and Training Command, Randolph AFB, TX; Deputy Commander, 628 Mission Support Group, Joint Base Charleston, SC; Student, Air War College, Maxwell, AFB, AL; Chief, IT and Mission Services Division, U.S. Northern Command, Peterson, AFB, CO.

Having a successful career was not the only driving force behind Mike. His passion for faith, family and fitness is what he lived for. Mike was most comfortable speaking and teaching. His favorite places to speak were Officer's Christian Fellowship, Young Life, hosting bible studies, and the many churches that hosted him. If he wasn't speaking, he was reading, learning and writing Bible studies. He could captivate an audience within seconds. He was compassionate, articulate and animated. He always left the audience wanting more.

When he wasn't engaged in a theology discussion or lesson, he could be found exercising. This included running and hiking. He loved



the "great outdoors." His wife and daughter would accompany him on many hikes, and stood on the sideline to cheer him on in countless marathons.

He also loved traveling and NCAA basketball. Mike shared his love of Europe with his wife and daughter on a couple of different occasions, where they all fell in love with Switzerland. His passion for traveling will be carried on by his wife and daughter, as will his passion for all things Duke Blue Devils.

Mike was the most amazing husband, father, son, mentor and friend. He will be sorely missed.

Michael is survived by his wife, Angela Ruth (Birdsong) Moyles and daughter, Elizabeth Kay Moyles of Colorado Springs; mother Julie (LePenske) Moyles of Cashmere, WA; and sister, Kristin Elizabeth Janson, of Elk, WA.

Among the hundreds of tributes received from friends and co-workers, a favorite post from an airman colleague was "climb to glory, Sir!"

A memorial service is planned for a later date. In lieu of flowers donations can be made to the American Brain Tumor Association, Officer's Christian Fellowship, or Woodmen Valley Chapel.

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER
Cashmere Assembly of God • 509-782-2825
Worship Celebration & Sunday School 10 a.m.
Meeting at The Conservatory, back entrance of Apple Annie's
Underground High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at - 206 Vine Street
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Pastor Ian Ross, Director of Operations
Stephanie Haney, High School Director
christcentercashmere.com

GRACE LUTHERAN CHURCH
Vine & Elberta Streets • 860-0736
Worship 10:30 a.m.
Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
222 Cottage Ave. • 782-1590
Holy Eucharist 9 a.m.
5th Sunday Morning Prayer 9 a.m.
Deacon Carol Forhan - 670-1723
Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6:00 p.m.
Pastor John Smith www.christforcashmere.org

COMMUNITY UNITED METHODIST
418 Evans Street • Leavenworth
509-548-5619 • Rev. Matt Gorman
Sunday service 10 a.m.
www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 548-0748
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
Rev. Nancy Gradwohl
www.FLCleavenworth.com
FLCleavenworth@gmail.com

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
'Where God's Word Remains The Pillar Of Truth'
11025 Chumstick Hwy. • 548-4331
Sunday School 9 a.m.
Sunday Worship 10:30 a.m.
AWANA (Youth Program) Weekly Bible Studies
Wednesday 6:30 p.m. (school year)
Pastor Todd James
www.cmbiblechurch.org

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD
School and Lake St. • 548-7523
Sunday Worship Service 10:30 a.m.
Bible Adventures for kids at 10 a.m. sharp
Pastor Jorge Torres

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com



Place your ad online at NCWMarket.com or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

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information@nwi.net

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WALK-IN BATHTUB SALE! SAVE \$1,500

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- Ultra low entry for easy entering & exiting
- Patented Quick Drain™ Technology
- Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
- 44 Hydrotherapy jets for an invigorating massage

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Or visit: www.walkinbathtub.com/spm

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: NAME THE ANIMAL

ACROSS

- Spoil
- Delivery service
- Gallup's inquiry
- Madison Square Garden, e.g.
- One of the Tudors
- Pinkerton's gallery member
- Beneath, to a poet
- Bird-to-be
- Not slouching
- "Koko or Digit"
- "George or Marcel"
- Langley agency
- Can of worms
- Pine juice
- Up to the task
- Most recent
- Furnace output
- Gives a helping hand
- Veranda in Honolulu
- "European sea eagle"
- Waterwheel
- Ladder crosspiece
- "Valued for its down"
- Steelers' Chuck
- Genealogical plant?
- Treat for Dumbo
- Hoofbeat sound
- "To _____ is human"
- Jim Carrey's 1994 disguise
- Garden cultivator
- "Roger or Peter"
- "Rocket or Rascal"
- "Random" audience member
- Mozart's "L_____ del Cairo"
- Resin-producing tree
- Like haunted house
- Time delay
- City in Germany
- Not a bee
- Pilot's deadline
- Not those

DOWN

- Pirates on a plank?
- Black and white treat
- "Papa or Mama"
- Clown act
- Perennial garden flower
- Iris holder
- "Babe or Wilbur"
- Fraternity letter
- Politician's barrelful
- Curved molding
- Famous Australopithecus
- "the wild rumpus begin!"
- Hertz offering
- Labanotation founder
- Doesn't mix well with water
- Wilma and Fred's hometown
- "Dolly"
- Eagle's nest
- "Giant or Red"
- "Simba or Elsa"
- Queen of Hearts' pastry
- Accustom
- Not so crazy
- "Detroit mascot"
- Not quite an adult
- Perfect houseplant spot
- Luau greeting
- S. E. Hinton's "_____ Fish"
- Chi precursor
- Place for a square
- Furry scarf
- What's in your e-wallet?
- Actress Perlman
- Runs, as on TV
- Radar flash
- Indian music
- Yorkshire river
- Lode deposits
- Supreme Court number
- Make a seam
- *Tom or Sylvester

FREE! Savings include an American Standard Right Height Toilet FREE! (\$500 value)

WALK-IN BATHTUB SALE! SAVE \$1,500

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- Ultra low entry for easy entering & exiting
- Patented Quick Drain™ Technology
- Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
- 44 Hydrotherapy jets for an invigorating massage

Limited Time Offer! Call Today!
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Or visit: www.walkinbathtub.com/spm

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- *I'M SORRY!!
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HELP WANTED

City of Brewster
Employment Opportunity
Full-time year-round City Water Utility Operator position.

Duties include: All aspects of Public Works with emphasis on water distribution. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 AM to 4:00 PM with a one-hour lunch break. Wages: Full-Time positions are per Union Contract. Previous experience preferred, but not required. Criminal background check will be required, as will pre-employment drug testing. Random drug testing throughout the employment period may occur. Applicants must have a valid WA State Driver's License. Applications and job description are available at cityofbrewsterwashington.org, by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted until position is filled, preferably by April 17, 2020. EOE

CASCADE SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following position:

- Icicle River Middle School Bilingual Secretary starting 2020-2021 school year

Fast Track application process and information can be found on our website at:
www.cascadesd.org
EOE

Find us online at:
www.leavenworthecho.com
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HELP WANTED

WSU Colville Reservation FRTEP Extension Coordinator
Due to COVID-19 restrictions, we are extending the application process for this position.

Summary of Duties:
Provide outreach education in the areas of agriculture and natural resources on the Colville Reservation, as outlined in the goals, objectives and timeline of the USDA FRTEP grant project that funds this position, in cooperation with the WSU Colville Reservation Extension Team. This programming includes the development, organization, coordination, and implementation of programs and activities within the policies and procedures of WSU Extension. Official workstation is in Nespelem, WA. **Position closes 04/30/20** To apply, visit wsujobs.com/postings/51260_EEO/AA/ADA.

Writer/ Photographer

LAKE CHELAN MIRROR

Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:
Publisher
NCW Media, Inc
PO Box 39
Leavenworth, WA 98826
or email to Publisher@ncwmedia.com

www.ncwmedia.com
leavenworthecho.com

HELP WANTED

CASCADE SCHOOL DISTRICT

Highly Capable Program
Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/ or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/ guardian.

Nomination forms can be obtained from the Cascade School District website www.cascadesd.org under Programs and Highly Capable and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Icicle River Middle School by April 17, 2020 either by dropping them by the middle school, by email mjanski@cascadesd.org or by mail; 10195 Titus Rd. Leavenworth, WA 98826

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesidades educacionales únicas de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, altamente capaz program- (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/tutores legales.

Las formas para hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade (www.cascadesd.org) se encuentran bajo la pestaña del Programs and Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el 17 de abril, 2020, por correo electrónico mjanski@cascadesd.org o por correo: 10195 Titus Rd. Leavenworth, WA 98826. (WAC 392-170-035, WAC 392-170-036)

ARTS & CRAFTS

For Sale: Ashford 32" Rigid Heddle Loom, loom stand, assembled, with all parts, in Prime Condition! Also included: bench, clip-on light, additional shuttles, selvage weights, directions, and weaving books. \$400
For further information, see Ad online in NCWMarket.com.

BOATS & TRAILERS

\$155,000

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808-298-1031.

PUBLIC NOTICES

SUPERIOR COURT OF THE STATE OF WASHINGTON FOR CLARK COUNTY

Estate of **DONNA V. SINES**, Deceased.
NO. 20 4 00262 06

NOTICE TO CREDITORS
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of the first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

RITA F. GRUESBECK
32229 Weyerhaeuser Way
South Federal Way,
Washington 98001
Attorney for Personal Representative:
David R. Duncan
P O Box 5734
Vancouver, Washington 98668
Published in The Cashmere Valley Record/ Leavenworth Echo on March 25, and April 1, 8, 2020. #87544.

PUZZLE SOLUTION

5	3	6	8	4	1	7	2	9
1	4	9	7	2	3	5	6	8
2	8	7	6	9	5	3	1	4
9	5	3	2	1	4	8	7	6
7	6	2	3	5	8	4	9	1
8	1	4	9	7	6	2	5	3
3	7	8	1	6	2	9	4	5
4	9	1	5	8	7	6	3	2
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NEATH EGG ERECT
GORILLA MONKEY
CIA BAIT
SAP ABLE LATEST
HEAT AIDS LANAL
ERNE NORIA RUNG
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PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202 Seattle, WA 98104 TS No.: WA-19-872410-RM APN No.: 222005935145 16802 Title Order No.: 8760211 Reference Number of Deed of Trust: Instrument No. 2313770 Parcel Number(s): 222005935145, 16802 Grantor(s) for Recording Purposes under RCW 65.04.015: RICHARD E. DICKSON AND MARGIE J. DICKSON, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Bank of America, N.A Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Reverse Mortgage Solutions, Inc. I NOTICE IS HEREBY GIVEN THAT Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 5/8/2020, at 10:00 AM At the main entrance to the Chelan County Courthouse, located at 350 Orondo St. Wenatchee, WA sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from Federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, ALL THAT CERTAIN LAND SITUATED IN THE STATE OF WASHINGTON, COUNTY OF CHELAN, CITY OF WENATCHEE, DESCRIBED AS FOLLOWS: LOT 4, BLOCK 3, WESTPARK ADDITION, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 5 OF PLATS, PAGE 44. More commonly known as: 403 N MARILYN AVE, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 10/21/2009, recorded 10/30/2009, under Instrument No. 2313770 records of CHELAN County, Washington, from RICHARD E. DICKSON AND MARGIE J. DICKSON, HUSBAND AND WIFE, as grantor(s), to NORTHWEST TRUSTEE SERVICES, INC., as original trustee, to secure an obligation in favor of BANK OF AMERICA, N.A., A NATIONAL BANKING ASSOCIATION, as original beneficiary; the beneficial interest in which was subsequently assigned to Bank of America, N.A. the Beneficiary, under an assignment recorded under Auditors File Number 2489463 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: BORROWER(S) HAVE DIED AND THE PROPERTY IS NOT THE PRINCIPAL RESIDENCE OF AT LEAST ONE SURVIVING BORROWER AND, AS A RESULT, ALL SUMS DUE UNDER THE NOTE HAVE BECOME DUE AND PAYABLE. IV. The total sum owing on the obligation secured by the Deed of Trust is: the principal sum of \$147,249.21, together with interest as provided in the Note, Deed of Trust, or other instrument secured from 10/21/2009 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 5/8/2020. The default(s) referred to in Paragraph III must be cured before this sale date (if curable) to cause a discontinuance of the sale. The sale will be discontinued and terminated if the default as set forth in Paragraph III is cured. For monetary defaults, payments must be in cash or with cashiers or certified checks from a State or Federally chartered bank. The sale may also be terminated any time before the sale date set forth in this Paragraph if the Borrower, Grantor or holder of any recorded junior lien or encumbrance pays the entire principal and interest, plus costs, charges, fees and advances, if any, made pursuant to the terms of the Note, Deed of Trust and/or other instrument secured, and cures all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower and Grantor at the following address(es): NAME RICHARD E DICKSON, MARGIE J DICKSON, Reggie C Owens, Tommie J Owens, Juanita R Jacobs, Cecilia M Hernandez ADDRESS 403 N MARILYN AVE, WENATCHEE, WA 98801 by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. These requirements were completed as of 11/26/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor, and all those who hold by, through or under the Grantor, of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's Sale. X. NOTICE TO OCCUPANTS OR TENANTS - The Purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the Deed of Trust (the owner) and anyone having an interest junior to the Deed of Trust, including occupants who are not tenants. After the 20th day following the sale the Purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the Purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE OF YOUR HOME. In the event the property secured by the Deed of Trust is owner-occupied residential real property, you may be eligible for mediation, you have only 20 DAYS from the recording date of this Notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or website: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National website: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sfh/hcc/fo/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcf> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or website: <http://nwjustice.org/what-clear> If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The Purchaser shall have no further recourse against the Borrower, Grantor, Trustee, Beneficiary, Beneficiary's Agent, or Beneficiary's Attorney. Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note-holders rights against the real property only. The Trustee's Sale Number is WA-19-872410-RM. Dated: 12/27/2019 Quality Loan Service Corp. of Washington, as Trustee By: Maria Montana, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-872410-RM Sale Line: 916-939-0772 or Login to: <http://wa.qualityloan.com> IDSPub #0159408 4/8/2020 4/29/2020. Published in the Cashmere Valley Record/ The Leavenworth Echo on April 8, 29, 2020. #86926.

PUBLIC NOTICES

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN NO. 20-2-00073-04 SUMMONS
ROBISON ESTATE, LLC, a Washington limited liability company,
 Plaintiff,
 vs.
 THE HEIRS AND DEVEISEES OF CALVIN RICHARDSON, deceased; THE HEIRS AND DEVEISEES OF ELLA RICHARDSON, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in the complaint herein,
 Defendants.
STATE OF WASHINGTON TO: THE HEIRS AND DEVEISEES OF CALVIN RICHARDSON, deceased; THE HEIRS AND DEVEISEES OF ELLA RICHARDSON, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN:
 You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 1st day of April, 2020, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Robison Estate, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Michelle A. Green, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.
 Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named.
 DATED this 24th day of March, 2020.
 JEFFERS, DANIELSON, SONN & AYLWARD, P.S.
 By
 MICHELLE A. GREEN,
 WSBA # 40077
 Attorneys for Plaintiff
 PO Box 1688
 Wenatchee, WA 98807-1688
 (509) 662-3685/ (509) 662-2452

Published in The Cashmere Valley Record/ Leavenworth Echo on April 1, 8, 15, 22, 29, and May 6, 2020. #87570

DETERMINATION OF NONSIGNIFICANCE

Description of proposal: Comprehensive System Water Plan update. The purpose of the Water System Comprehensive Plan is to analyze the City's water system, identify improvements for the City's capital improvement program, meet current regulatory drinking water regulations, and ensure existing and future customers are provided with a safe and reliable supply of drinking water and fire protection.
 Key updated elements and requirements addressed by the plan include Water Demands, Policies and Design Criteria, Water Source and Quality, Water System Analyses, Operation and Maintenance, Water System Improvements and a Financial Program.
 The Washington State Department of Health (DOH) requires that the Water System Comprehensive Plan be updated every six years.
 Proponent: City of Cashmere
 Location of proposal, including street address, if any: incorporated areas of City of Cashmere and unincorporated areas of Chelan County Urban Growth Area (UGA). The location is primarily in Township 23N and 24N, Range 19E.
 Lead agency: City of Cashmere
 The lead agency for this proposal has determined that it does not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.
 This DNS is issued under 197-11-340(2); the lead agency will not act on this proposal for 15 days from the date below. Comments must be submitted by April 23, 2020.
 Responsible official: Steve Croci, Director of Operations
 Email: steve@cityofcashmere.org
 Phone: 509-782-3513
 Address: 101 Woodring Street, Cashmere, WA 98815
 Published in The Cashmere Valley Record/ Leavenworth Echo on April 8, 2020. #87623

PUBLIC NOTICES

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN
 In the Matter of the Estate of: MICHAEL L. STRUTZEL Deceased
 NO. 20-4-00086-04
 PROBATE NOTICE TO CREDITORS
 RCW 11.40.030
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in

PUBLIC NOTICES

RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's pro-

PUBLIC NOTICES

bate and nonprobate assets. Date of First Publication: March 25, 2020
 Personal Representative: Sondra K. Strutzel
 Attorney for Personal Representative: Steve D. Smith
 Address for Mailing of Service: 617 Washington Street Wenatchee, WA 98801 (509) 662-3551
 SONDRA K. STRUTZEL Personal Representative DAVIS, ARNEIL LAW FIRM, LLP
 Attorneys for Estate By: STEVE D. SMITH WSBA #16613
 Published in The Leavenworth Echo/ Cashmere Valley Record on March 25 and April 1, 8, 2020. #87562.

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Spring cleaning for spring allergies: 6 steps from the experts



BPT photo

When you spring clean to remove allergens, you can breathe easier plus enjoy a sparkling home.

BPT - As days grow longer and new blooms appear, it can only mean one thing: Spring is here and with it comes the task of spring cleaning. For people with allergies, spring cleaning does more than spruce up a home. When done correctly, it removes dust, mold, dander and other allergy triggers so you can feel your best.
 "There are specific things you can do while cleaning that can dramatically improve allergy symptoms," says Dr. J. Allen Meadows, allergist and president of the American College of Allergy, Asthma and Immunology. "When you spring clean to remove allergens, you can breathe easier plus enjoy a sparkling home."
 Meadows and the experts at ACAAI recommend these steps when cleaning for allergies. Before you begin, keep in mind that when you clean you come in contact with many allergens. You may want to take allergy medication beforehand and if your allergy is severe, consider wearing an N95 filter mask while dusting or scrubbing.
Step 1: Dust thoroughly
 Dust all surfaces in your home with a damp rag or microfiber cloth made for cleaning. Avoid using any kind of duster that simply kicks dust into the air. Additionally, clean vents and return registers to limit dust recirculating and finish by wet mopping tile and other hard flooring. Don't neglect the area under the beds, which can get dusty and should be cleaned of-

ten. Eliminating dust helps your home shine and also removes some of the most notorious indoor allergy triggers.
Step 2: Clean carpets
 Start by moving all furniture off the carpet. Then vacuum well with a cyclonic vacuum, which spins dust and dirt away floor, or a vacuum with a HEPA (high efficiency particulate air) filter. Meadows does not advise shampooing carpet, because it can cause dust mite eggs to hatch. If you are using diluted bleach and water solution for spot treatments or to kill mold, make sure someone other than the allergy sufferer does the cleaning because bleach can trigger asthma.
Step 3: Clean window treatments
 Window treatments like curtains and valances can be a magnet for dust and pollen yet are often ignored when it comes to cleaning. This spring, make sure to follow the manufacturer's recommendations and wash or dry clean window treatments. Remember, opening windows allows pollen and other allergens into your home, so during peak allergy season keep them closed, and whenever possible, use air conditioning in your car and home.
Step 4: Wash bedding
 Wash cases, pillowcases and blankets in water that is at least 130 degrees F. This temperature kills dust mites and effectively removes allergens. If bedding can't be washed at this hot temperature, place items in the dryer

for at least 15 minutes at 130 degrees or above. For children with allergies, do the same with their stuffed animals.
Step 5: Replace a ir filters
 At the start of every season change the air filter in your furnace. This helps the HVAC system run efficiently while also filtering out air particles -including allergens - to keep your home's air as clean as possible. Consider setting an alarm for every three months as a reminder and use filters with a MERV rating of 11 or 12. This is also a good time to clean the drip pans in appliances like the refrigerator.
Step 6. Control humidity
 Bathrooms, basements and tiled spaces are prone to mold, so spring is a good time to deep clean. A bleach cleaner works well to eliminate mold or make your own by mixing borax and water. Next, help prevent mold from developing through moisture control. Always run bathroom fans when bathing or showering, clean up any standing water immediately and use a dehumidifier if needed to keep humidity below 60%.
 "Spring cleaning is a great step in allergy control," says Meadows. "However, if you continue to suffer from allergy or asthma symptoms, see a board-certified allergist to help you control your symptoms and live the life you want. You can find an allergist near you at acaai.org/locate-an-allergist."

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