### CASHMERE VALLEY



APRIL 15, 2020 · VOLUME 113, No. 16 SINGLE COPY \$1.00

**CELEBRATING 113 YEARS • 1907-2020** 

## Small Business relief drowning in the swamp



Cashmere Valley Bank, one of the largest local banks in North Central Washington, is not participating in the Payroll Protection Program.

PHOTO BY BILL FORHAN

By BILL FORHAN,

Owner NCW Media

the small business relief program or Paycheck Protection Program (PPP). It's a program touted to jump start our collapsed economy by helping small businesses get some immediate funding to keep people employed.

The program started accepting applications April 3. At the rate this is going, the money won't be disbursed to the small businesses that really need it before it is too

The problem is finding a bank that is processing the applications. Locally, Cashmere Valley Bank

is not accepting applications. on their website for submitting acceptance policy with regard signature and several places need an application although it is not to this program, but as of this clear if you must be a current writing it appears that finding a

to process the application.

Washington Federal Bank The big story last week was is accepting applications and according to their website they do not require the applicant be a current customer of the bank. They do not have an online link for submitting applications but do have a link to get a call back. Washington Federal has branches in Leavenworth, Wenatchee and Chelan.

> Forbes magazine reports that as of April 5, Wells Fargo is not accepting any more applications. All of the other national banks are only accepting applications from businesses that have a current

active account with them. NCW Media is contacting North Cascades Bank has a link all local banks to assess their

bank customer in order for them lender will put the program out of the reach of most of the small businesses that need the help.

There are some online companies that are taking applications. For example, Kabbage is accepting applications. Although Forbes reports they are forwarding the loan applications for those who qualify to their "partner lenders." Many of these potential lenders are asking for information that is not required by the program. A clear sign that they are simply using this program to identify possible borrowers for their high interest working capital programs.

Here is what the SBA says is required:

The application form – SBA Form 2483 2 pages that require a initials.

Federal form 940 for 2019 – Shows

the total payroll for last year, payroll register for 2019 and 1Q of 2020.

A schedule of any shareholder of the business that hold more than a 20 percent interest.

A schedule of any other payroll related costs that you are claiming as part of your payroll costs. In Washington state there is no state income tax but unemployment workers compensation premiums could qualify. Any health insurance and retirement plan costs can be included.

Most lenders are asking for a copy of the applicant's driver's license although it's not clear this is required by the government.

Other lenders I have talked to not required and is a red flag applicant other loan products that are not part of this program.

This is a highly touted measure to get the economy moving and protect small businesses from financial collapse. The problem is it looks like lenders, who are the most important link to making this work, are not really behind it.

Time is of the essence in this program. It is intended to provide financial relief to small businesses and their employees. Unless the private sector banks can quickly process the applications and get the money into the local economy. Many local small businesses will shut down and unemployment claims will continue to soar.

Many small towns across the country only have one local bank. ask for other information that is These communities are primarily served by small businesses that that they are more interested in need this help. Without access getting the applications to sell the to a qualified lender these small businesses cannot access the help they vitally need.



National Guard soldiers help unload and distribute food at the Cashmere Food bank



PHOTO BY PAM LEIGHTON Cars line up to pick up a box of food from the Cashmere Food Bank

Cashmere Food Bank needs help

By Pam Leighton

This week the Food Bank gave out an unprecedented 125 boxes of food with the help of the National Guard and Chelan Douglas Community Action Council. Unfortunately, they ran out of boxes in the first hour. That meant several families did not get food. I had calls and text messages after 3:30 wondering what happened. We would normally be open until 4:30. Since there is such a high demand for help with food, we will be offering boxes every Wednesday during the Pandemic crisis. We need to get the word out to people that there will be food again every Wednesday, beginning at 2:30. The National Guard and CDCAC will be distributing at our same location. If you have questions please feel free to call 509.669.3159. To send cash donations a check can be made out to Cashmere Food Bank, PO Box 225, Cashmere, WA 98815. There is also a drop off cupboard at the Food Bank for non-perishable food donations.



### **During this difficult time** support your neighbors

Most local businesses offer curbside service or delivery



#### THIS WEEK

Sheriff Reports. Outdoors Report. Business Directory. Community Calendar ...

Community Bulletin Board ... 3

Senior Center Menus... AA Meeting Schedule.... Church Guide.. Walk with Pastor

Classifieds Index Classifieds **Advertising flyers** Safeway, Martin's IGA Fresh Market



201 Cottage Ave.

Cashmere, WA 98815

Phone: 509-782-3781

www.cashmerevalleyrecord.com



#### **Time Enough At Last**

By John Kruse

One of the best-known episodes from the classic television series, Twilight Zone", was about a bespectacled bookworm named Henry Bemis. All he wanted to do was read books undisturbed but life for this bank teller just got in the way. That was, until he emerged from a lunch break in a bank vault to find the world had come to an end thanks to a nuclear war and he was the sole survivor. This gave him the opportunity to

finally read all the books he

wanted. The episode "Time Enough at Last" ended with fate playing a cruel trick on Henry Bemis just as he was about to enjoy life in this

post-apocalyptic world. The story seems apt for anglers, hunters and outdoors enthusiasts in Washington who find they can't currently enjoy their passions of hunting and fishing or even getting outside to most of our public lands during this coronavirus induced lockdown. So, what's a hunter and angler to do? We've got a few suggestions for you focusing on routine maintenance tasks you have likely put off because of past time constraints!

**Firearms** Mainte-Hopefully you nance: clean your firearm after each outing to the range or into the field but let's face it, many shooters don't clean that firearm until the end of the season and in some cases, still haven't. There's no excuse to put that task off any more and your firearms will function far better and last longer for the effort.

Rod, Reel And Line: Most folks don't think of maintaining their reel or changing out their fishing line until they either lose a

fish when the line snaps or your fishing reel seizes up in the middle of a retrieve.

You can prevent both scenarios with a few easy steps that you really should do once a year. First off, take the spool off your reel (if it's a spinning reel) and then clean and lube the reel

well, getting out the grime that has likely accumulated there. They actually make reel lube for fishing reels but if you can't find that a synthetic oil lubricant will also help prevent rust and keep those gears and bearings working.

As for the line, change

that out once a year. Many spools come with a small piece of tape on the line. Îf vou have ever forgotten what pound test you have on that reel, you can remember by writing down the test on that tape along with the date

CONTINUED TO PAGE 4



### CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

#### **April 3**

15:16 Accident/no **injuries**, 305 1/2

Woodring St. 17:27 Noise, 201 Riverside

19:26 Welfare check, 817

#### **April 4**

Pioneer Ave.

12:14 Parking/abandon, 8840 Nahahum Canyon Rd.

12:28 **Alarm**, 105 Mission Creek Rd.

12:35 911, 420 Elberta Ave. 20:00 Welfare check, 5300

Wohlers Rd. 20:39 **Welfare check**, 5975

#### Webster Way April 5

02:07 911, 3619 Eels Rd.,

09:13 **Property**, 100 Apple Annie Ave.

09:27 Theft, 3620 Eels Rd. 10:55 Property, 6700 Blk., Hay Canyon Rd.

11:31 Public assist, 9000 Olalla Canyon Rd.

15:36 Traffic offense, Mission Creek Rd. & Binder

17:14 Domestic disturbance 319 Independence Way

#### **April 6**

07:56 Theft, 6125 Hay Canyon Rd., #16 15:48 Suicide threat, 4811

Yaksum Canyon Rd. 19:35 Suspicious, 6418 Hay Canyon Rd.

### **April 7**

10:43 Welfare check, 421

Norman Ave 11:08 Theft 100 Creekside

15:19 Harass/threat, 319 Independence Way

16:34 Suspicious, 4811 Yaksum Canyon Rd. 18:18 Injury accident,

15:23 **Burglary**, 8410 Main St.

9701 Nahahum Canyon

19:32 911, 9701 Nahahum Canyon Rd.

#### April 8

16:29 Miscellaneous, Olalla Canyon Rd. & N.

Dryden 17:24 Civil, 4630 E.

Nahahum Canyon Rd. 17:47 **Trespass**, 9640

Nahahum Canyon Rd. 18:08 Civil, 9150 Olalla

Canyon Rd. 20:50 Suicide threat, 7992

#### Brender Canyon Rd. **April 9**

08:30 Accident/no injuries, 5720 Vale Rd.,

**Hitching Post** 08:42 911, 304 Paton St.



# Shop Local

## Save Jobs

SAVE BUSINESSES

**Shop Online Order Takeout Buy Gift Certificates** 





**BROUGHT TO YOU BY:** 



#### G 0

#### © 2020 NCW Media, Inc.

201 Cottage Ave, Suite 4 Cashmere, WA 98815 Phone: 509-782-3781

#### On the Internet website:

www.cashmerevalleyrecord.com e-mail: record@cashmerevalleyrecord.com

advertising e-mail:

echoads@leavenworthecho.com

#### Office hours

Cashmere 5 p.m. Monday-Friday Leavenworth 9 a.m. - 5 p.m. Monday-Friday

#### **Contact information**

#### **Publisher**

Bill Forhan 509-548-5286 publisher@leavenworthecho.com

#### **Managing Editor**

Gary Bégin 509-571-5302

#### gary@ncwmedia.net **Advertising Sales** Manager

Carol Forhan 509-548-5286 carol@leavenworthecho.com

#### **Advertising Sales**

Lindsay Timmermans 509-860-7301 adexec1@ncwmedia.net

#### Reporter/Photographer

Reporter reporter@cashmerevalleyrecord.com

509-782-3781

#### Reporter

509-548-5286

### **Front Office**

Classified / Legal Notices classifieds@leavenworthecho.com

#### NCWMarket.com

Circulation 509-689-2507 1-509-293-6780

#### **Subscriptions** In Chelan County (yearly) - \$40

In State (yearly) - \$40 Out of State (yearly) - \$52

The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780

Washington Newspaper

Publishers Association Member

NCW Media, Inc. prints

on recycled newsprint

with soy ink. Please

recycle

The Cashmere Valley Record regrets any errors. If you see a error, please call 509-782-3781. We will publish a correction this page in the next issue.

#### News tips

Have an idea for a story? Call the Record at 509-782-3781

Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number

(for verification purposes only). Letters may be edited

for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you

letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses

or lists of individual names. Email your letters to publisher@leavenworthecho.com.

Corrections

### **Classified Advertising**

Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., 201 Cottage Ave., Suite 4 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-782-9074 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)

Postmaster: Send address corrections to: The Leavenworth Echo, P.O. Box 39,

Leavenworth, WA 98826-0039 Weekly rates:

## \$12.00 for first 30 words

50¢ each additional 5 words (over 30) Borders, bold words, headlines, logos and photos subject to additional charges.

**COMMUNITY BULLETIN BOARD** 

Regional Community News & **Events** 

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

to advertise vour News & Events

Another way Go to: www.NCWMARKET.COM · 24/7 Choose your category and pay for Print & Online at one time For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com

#### **■ COMMUNITY CALENDAR**

#### Wednesday

Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Melissa Grimm, 860-1535.

Cashmere Food Bank, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.

Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)

The Underground Youth Group, 6th-8th graders. Christ Center, 206 Vine Street. 6:30-8 p.m. Call Steffanie, 782-2825.

#### Thursday

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789 (1st & 3rd Thurs.)

Cashmere Sportsmen's Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

#### **Friday**

Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

#### Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904.

and events.

Sunday CHURCH: See the church page for local service times

The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825

#### **Monday**

Cashmere Wacoka Kiwanis Club, 6:30 p.m. American Legion Hall, lower level. Call Mary, 782-2057 (2nd & 4th Mon.)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month).

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)

Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.) Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)

Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion Contact President Ellie, 425-319-9869 (1st Mon. each

#### Tuesday

I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

#### **Ongoing events**

Cashmere Public Library: 782-3314 Call for other information if not listed.

Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m. Thurs.,11 a.m.- 8 p.m.

Sat., 9 a.m.-1 p.m. Sun., Closed.

**Events:** 

Tues. & Wed., 10-10:30 a.m. Story time Pre-K & up Wed., Preschool Story time, 10-10:30 a.m. Wed., Bilingual Story time, 4:30-5 p.m. (last Wed.of

every month Fri., Baby/Toddler Story time, 10:30-11 a.m.

**Cashmere Museum and Pioneer Village** Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.

Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

#### ■ AA MEETING SCHEDULE

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans Friday, 7:30 p.m., Plain Community Church,

12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

**Alanon Meeting Schedule** 

Monday, 7 p.m., United Methodist Church, 418 Evans St.

**Celebrate Recovery** 

Friday, dinner, 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene.111 Ski Hill Drive, Leavenworth.

Please contact us for questions: Dave and Nancy Bartholomew, 509-596-1510.

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.

#### Cashmere

### Gathering

### Community News

Hello neighbors, we would like to get some good news out in the papers since we do not have sports, or community gatherings or meeting right now because of the COVID-19 virus, but if you have any good news, pictures to share with the community please feel free to email it to reporter@ cashmerevalleyrecord reporter@ leavenworthecho.com Stay well, stay strong, stay informed.

#### Cashmere Food **Bank Donations**

If you have donations or questions please contact Pam, 509-669-3159. (r15,16)

#### PEO Fashion Show and Tea

Due to the uncertainty of how long the COVID-19 Virus will be around, it was best that this year's Fashion Show and Tea that was rescheduled for June 4, will be cancelled until next year.

Thank you to all who have already sent in reservations and donations. You will receive a call from the chairwomen about your reservation money and donations. If you have further questions please call reservations chair Sally at 503-421-2922. (er15,16).

#### Regional

The April 16 Cascadia Conservation District Regular Board Meeting is cancelled. A call-in only Special Board Meeting will be held on Friday, April 24 at 1:30 pm. More information and instructions will be available on our web site at cascadiacd.org or by calling the District at 436-1601.

#### The Dryden and Chelan transfer stations

are open to the general public on only Fridays and Saturdays, regular hours on both days. Hours vary at the two transfer stations. Hours are posted on our website: www. co.chelan.wa.us/solidwaste-management/pages/ transfer-stations

Also as a reminder, the drop-off brush sites at both transfer stations are closed at this time. Please use the brush site at Stemilt Organic Recycling Center www.facebook.com/ SORCWenatchee/

### NCW Media Inc.'s Obituary and Memorial Policy

An obituary is a way for family members to commemorate a loved one's life and to notify the larger community

of the deceased. Obituaries are also used for historical and ancestral

Memorials are another way of letting the community know about the life and memories of the person who has

A memorial is different from an obituary. An obituary is usually current while a memorial can be written later.

For publication in the Cashmere Valley Record or The Leavenworth Echo, an obituary or memorial needs to be typed and emailed to editor@leavenworthecho.com no later than 4 p.m. Friday for the next week's issue. Funeral homes and chapels can submit obituaries by noon on Monday, except holidays.

Obituaries are priced per word while the charge for memorial ads are by the column-inch. Cost of the obituary/ memorial is due at the time of placement. For information call 509-548-5286, or email

editor@leavenworthecho.com



#### ■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth **Currently the Leavenworth Senior Center is** closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for take-out and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509)548-6666 or email Leavenworthseniors@ amail.com.

April 16, Thursday: Pasta primavera with ham, spiced salad, fresh fruit tray, whole wheat roll, dessert.

April 17, Friday: Italian rice and beef, Caesar salad, cinnamon pears, garlic bread, dessert.

Saturday and Sunday: No lunch

April 20. Monday: Scrambled eggs and ham. O'Brien potatoes, stewed tomatoes, orange sauced peaches, waffle muffin.

April 21, Tuesday: Stuffed green pepper casserole, chopped 49'er salad, apricots, whole wheat roll, dessert.

April 22, Wednesday: Pork roast, stuffing and gravy, glazed carrots, Greek salad, applesauce, dessert.

#### **Help Support The Cashmere Food Bank**

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna, Cleaning supplies, hygiene products and toilet paper.

Since there is such a high demand for help with food we will be offering boxes every Wednesday at 2:30 p.m. during the Pandemic crisis. The National Guard and CDCAC will be distributing at our same location on Railroad Ave.

For further information or to make a cash donation call Pam, 509.669.3159

3h donation or to make gest donation or you can a dealth of the control of the co

## SENIO CANCELLED

Leavenworth Senior Center, 423 Evans St., Leavenworth **Events Calendar** 

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise

Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting

Tuesday, 1:00-3:00 p.m., Crafts

Thursday, 1:00-3:00 p.m., Square Dancing Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

#### **BUSINESS & SERVICE Directory** Add your business or service to this directory: 548-5286 STUMP REMOVAL DRILLING

#### Tumwater Drilling and Pump Inc. "Water Treatment Systems Built

to Your Individual Problem'

Free Water Analysis/Estimates Conveniently located on Hwy 2 across Tumwater from the Big Y Cafe in Dryden Drilling & Pump, nc. @ 9290 Hwy 2



www.tumwaterdrilling.com · email info@tumwaterdrilling.com

**EXCAVATION** 

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

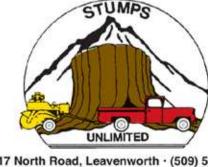
Complete Excavating Service



Licensed - Bonded - Insured

(509) 548-3489

Leavenworth, WA



Quick 'n Easy

Residential Stump Removal

10817 North Road, Leavenworth · (509) 548-8222 Kim & Rosalie Kozelisky icensed, Bonded, Insured · Cont. #UPPERVE200PI

STORAGE

#### DOWNTOWN CASHMERE MINI STORAGE

10x10-\$80 Per Month 8x14-\$90 Per Month

Secure Timed Keylock System •Burglar Alarm•



5x10-\$60 Per Month

•Mobile Platform Available•

201 Cottage Ave., Cashmere

### Missing the Assembly

the mandates regarding social distancing. travel restrictions, and the prohibition of social gatherings, it has forced churches to reevaluate their understanding of ecclesiology—what the ecclesiology—what church is and what does it do.

Many churches have opted to go virtual, offering their services online via live stream on social media. So, instead of getting ready for church and packing the family in the car to gather for worship, all one needs to do is turn on the computer, log into Facebook and you can have the worship experience in the comfort of your own home.

However, as amazing as modern technology is and how numerous people have been blessed and edified by watching services online, watching a live stream on your computer or phone is not church.

word "church" The by its very definition is a gathering of people. The word in Greek is ekklesia, which means "called out assembly" and the only way any of us can do church is if we assemble publicly to worship God. If you aren't able to gather or assemble with other brothers and sisters, then you aren't having church.

The potential pitfall

that will come out of this pandemic is you will have a whole host of people, that when the restriction is lifted, will feel perfectly fine staying home. After all, they have had weeks to develop a habit and understanding that they can achieve the same spiritual result online without going to church. It grieves me, that church leaders are reinforcing this tendency by telling people that they are doing church in their living room. Keep in mind, that those same leaders a few months ago would have discouraged people from sitting in front of a television or computer screen and calling it "church".

Now some might chide me, saying "We are the

church." and the church is a matter of being rather than going. I agree with that sentiment to an extent, but I find it rather difficult to "be the church" when you don't go to church or gather for worship.

Yes, we live in some unprecedented times and the day calls us to be wise and prudent as to how we conduct ourselves in light of this viral outbreak. We take precautions to not unintentionally infect anyone with COVID-19 but also, we should make every effort to not unintentionally signal that not gathering for public worship is acceptable.

We should take seriously the virus but also we should take seriously Hebrews 10:24-25 which state, "And let us consider how to stir up one another to love and good works, not neglecting to meet together, as in the habit of some, but encouraging one another, and all the more as you

see the Day drawing near."

We should mourn at the restrictions in place. Our hearts should grieve that churches have shut their doors and brothers and sisters are unable to gather together to worship. We should weep yearn for the and day when we can break bread with our brothers and sisters

at the Lord's Table and proclaim the death of Christ in communion.

How long will this restriction last? I have no idea. There is a part of me that wonders if it will ever be lifted. Furthermore, I wonder when churches in our nation will say "enough is enough" and then assemble to give praise and glory of God? I hope soon.

Until then, I urge that none of us settle into complacency and accept

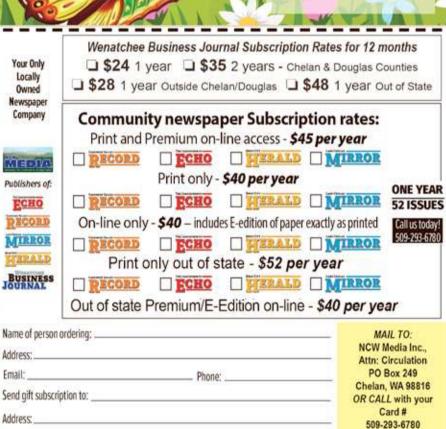
what we are doing now as "church". It's not. Besides, sitting on the couch looking at a screen cannot compare to looking into the eyes of your brother or sister in Christ or hearing them join with you **A WALK** in song. The cold WITH and deadness of a **PASTOR** digital screen cannot **JOHN** measure up to the

**SMITH** life and warmth that Body of Christ has to offer and so we should be even more diligent to fight against the temptation to believe that gathering together is unimportant or irrelevant when we have technology at our disposal.

I miss the church gathered and I hope you do

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.





Phone:

□ Visa □ Mastercard □ Discover □ AMEX

#### **Washington Outdoors**

CONTINUED FROM PAGE 1

it was installed and tape that on the inside of the spool (i.e. 10lb 2020).

Other Gear Maintenance: If you are a hunter vou may use decoys and this is the time to clean them and touch them up with paint. If you are a duck hunter you can also check the cords and weights on each decoy and replace the ones that have been lost.

Duck hunters and anglers use waders and now is the time to patch those leaks so you can actually stay dry the next time you wade into a lake or stream.

The Boat: With the vast majority of boat ramps closed this is the ideal time to make some improvements to your boat. Consider installing new rod holders or upgraded marine electronics. You could also set up some downriggers to use for salmon or lake trout. If you are not well versed in the use of downriggers check out the basics courtesy of Cannon Downriggers at www. cannondownriggers.com/ learn/downrigger-basics.

Online Learning: Downriggers are not the only thing you can learn about online. If you have been putting off taking that Washington State Boater's Education Course now is the time to take it www.boat-ed. com/washington/.

On the firearms side

of the house the sporting goods industry reports a lot of people have become first time pistol owners during this pandemic for home security purposes. Owning a firearm is one thing. Knowing how to use it in a safe and proficient manner is another. That's why a \$60 investment into the Basic Pistol Course being offered online by the National Rifle Association could be https:// a very good bet. basicpistol.nra.org/

Sorting And Organizing: Last but not least, head out to the shop or the garage and do some serious spring cleaning and organizing when it comes

to your fishing tackle and hunting gear. Think about it, you'll finally be able to find that perfect lure, those shooting glasses or that missing pair of pliers when you need them if you take the time to do this now.

Put it all together, and there is plenty to keep you busy during the next few weeks while we suffer together through our state closure of fishing and hunting. When things open again though, we'll be ready!

John Kruse - www. northwestern outdoors.comamerica out doors radio.com



jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years. You can always rely on our dedicated staff.

#### Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.

Paying by check?

Check enclosed:

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



FAX: 509-682-4209

EMAIL:

circulation@

lakechelanmirror.com

## UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you! TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

### CASHMERE

Email:

Credit Card number:

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m.

Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org

> CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.

#### Pastor Lilia Felicitas - Malana CHRIST CENTER

Cashmere Assembly of God • 509-782-2825 Worship Services are available ONLINE ONLY at 10 a.m. Sundays All updates on COVID-19 can be found at christcentercashmere.com/cc-updates Underground High School Group, ONLINE ONLY at 6 p.m. Sundays **CHRIST**CENTER Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregation Care Pastor, Joyce Williams Director of Operations, Pastor Ian Ross High School Director, Steffanie Haney



#### **GRACE LUTHERAN CHURCH** Vine & Elberta Streets • 860-0736

Worship 10:30 a.m. Pastor Robert Gohl ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736

**EVERGREEN BAPTIST CHURCH** 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m.

Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org

#### DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616

Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

#### LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org

COMMUNITY UNITED METHODIST 418 Evans Street . Leavenworth 509-548-5619 • Rev. Matt Gorman Sunday service 10 a.m.

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

Meetings: Sunday - 10:00 a.m.

www.leavenworthumc.org

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745

Sunday Worship: 11:00 AM Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Andy Dayton Youth Pastor, Kent Wright www.LCN.org



#### SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 Saturday Services Bible Study 9:30 a.m. . Worship 11 a.m.

SPIRIT LIFE CENTER

Fred Smith • 860-3997

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

#### MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor Lilia Felicitas - Malana

#### PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine

> www.lightinthevalley.org PESHASTIN ASSEMBLY OF GOD

School and Lake St. • 548-7523 Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp Pastor Jorge Torres

**New Life Foursqure Church** 7591 Hwy. 97 • 548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com



BUSINESSJOURNAL

CERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

**PUBLISHER'S NOTICE** ing in this newspaper is subject to the Fair
Housing Act, which
makes it illegal to advertise "any
preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information given. For more information call (509) 548-5286.



#### **O**RCHARDS & FARMS



We have buyers for your Pear, Apple and Cherry Orchards!

509-669-4500

information@nwi.net

UDOKU

3

5

4

6

1

ROSSWORD

5

8

4

SUDOKU

2

6

Fill in the blank squares in the grid, making sure that every

row, column and 3-by-3 box includes all digits 1 through 9.

5

9

American Standard

WALK-IN BATHTUB SALE! SAVE \$1,500

✓ Backed by American Standard's 140 years of

✓ Ultra low entry for easy entering & exiting
✓ Patented Quick Drain® Technology
✓ Lifetime Warranty on the bath AND installation,
INCLUDING labor backed by American Standard
✓ 44 Hydrotherapy jets for an invigorating massag

866-612-7490

American Standard

WALK-IN BATHTUB SALE! SAVE \$1,500

Backed by American Standard's 140 years of experience
 Ultra low entry for easy entering & exiting
 Patented Quick Drain® Technology

r Patented Quick Drain® Technology \* Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard \* 44 Hydrotherapy jets for an invigorating massaç

866-612-7490

4

9

2

8

4

Puzzle

1

#### FOR RENT

MIRROR



\_ake Chelan's Sunset Marina: Marina. 40 foot slip. Power, water, waste dump. Parking with coded gate for security. Clubhouse. month. Slip 808-298-1031.

R. V. Rental Space All utilities are included on this beautiful property near Safeway in Leavenworth. Great for motorhome or trailer with pickup. text/call

For infomation, text/ca 509-699-9337 or email: deehappysunshine@aol.com

Also go online and checkout NCWMarket.com

#### **S**TORAGE

Storage Units Available Reasonable rates Cut Rate Storage 782-1817 Office: 107 Railroad Ave. Cashmere, WA.



#### HAPPY ADS

ANNOUNCE IT IN THE **CLASSIFIEDS** 

AT NCWMarket.com

\*HAPPY BIRTHDAY

\*CONGRATULATIONS!

WILL YOU MARRY ME?

\*I'M SORRY!! \*Happy Anniversary

Only \$15 for 30 days

includes 3 photos

#### **HELP WANTED**

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth/ <u>Cashmere</u> Deadline Tuesday

at noon **Quad City Herald** 

Your ad will appear online and in the newspaper for one low price.

WSU Colville **Reservation FRTEP** Extension Coordinator Due to COVID-19 restrictions, we are extending the application process for this position.

Summary of **Duties:** Provide outreach education in the areas of agriculture and natural resources on the Colville Reservation, as outlined in the goals, objectives timeline the of USDA FRTEP grant project that funds this position. in

with cooperation the Colville Reserva wsiu Team. Extension tion programming This cludes the development, organization, coordina tion, and implementation of programs and activi-ties within the policies and procedures of WSU Extension. Official workation is in Nespelem, WA. Postion

closes 04/30/20 To ap ply,visit wsujobs.com/postings/5 1260 EEO/AA/ADA.



THEME: FAIRY TALE CREATURES

**ACROSS** \*Like many mythical creatures

Second mo.

Spill the beans Convex molding the President's Men

Ankle support, e.g. 16. Make a logical connection 17. \*E.T.'s craft?

23. Tucker of "Modern Family 24. Antonym of is

18. Des Moines native

19. \*Fire-breather \*Household spirit

25. \*Grimm's Queen 28. Tailor-made 30. Showing on TV 35. "All's well that

39. Punctuation mark

40. Seaport in Yemen
41. Hitching post?
43. Additionally
44. Poison ivy or Poison oak

46. One more than The Beatles

48. \*Mrs. Potts or her son Chip 50. Andrew Sean Greer's 2017 Pulitzer

47. Hold as a conviction

"\_\_\_ Now or Never
\*Horse's cousin

65. HHS agency 67. Relating to #25 Across

72. Lou of "Walk on the Wild Side"

64. Ascetic holy Hindu

61. \*One of the seven dwarfs

winner novel

55

52. Toast choice 53. Jack and Jill's water jug

69. Banana treat

71. Australian canid

70. Go bad

37. Golly!

## Windermere

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?

John McKenna · 289-2280 Momi Palmieri · 433-2211

Give us a call today! Geordie Romer • 679-8958 Allyson Romer • 630-9898

#### See all available properties at windermereleavenworth.com

#### **HELP WANTED** ACCEPTING

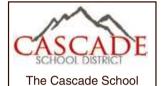
APPLICATIONS FOR LEAVENWORTH **COMMUNITY POOL LIFEGUARDS** 

The City of Leavenworth is now accepting applications for Certified Lifeguards or those willing to become certified. In addition to applicable certifications. job seekers possess must strong relations public and skills, communication along with the ability to understand and implement all rules related to the facility. Job applications are available download from the City's

website at:
https://cityofleavenworth.
com/employmentopportunities/

or by contacting City Hall at (509)548-5275. The City of Leavenworth is an equal opportunity

Applications will begin the review process on May 4, 2020.



District is seeking qualified applicants for the following position:

•Icicle River Middle School Bilingual Secretary starting 2020-2021 school year

Fast Track application process and information can be found on our website at: www.cascadesed.org



for your Furry friend?

DOWN

73. Card in the hole? 74. "The Forsyte

Like a zealous fan
 Regular attendee

4. Hipbone-related 5. Cuban music genre, pl. 6. \*Half-man, half-goat

7. \*Santa's helper 8. Splotches

9. Arch on a face 10. Croquet turf

25. \*Beauty's beau

31. Yellow brick one

34. \*Garden dweller

Finger move

49. Toni Morrison's "\_\_\_\_ 51. 1862 plots, for short

54 Prefix for below 56. Old photo color

57. Stalin's domain

61. Fill beyond full

62. Sound of passing bullet

66. \*Who Bugs Bunny talks to?

59. Not active 60. Past tense of chide

58. Back of the neck

38. Moneyed one

words

26. Empower

27. Dropsy

11. Popular smoothie berry 12. Well, to Sofia Loren

15. Relating to living organisms 20. Opposite of alpha 22. Genetic initials

32. Feeling worse than before 33. \*Like Curious George

45. Choose not to do something, 2

24. Parents hope to do this with values

29. \*Big Bad One

42. Pine product

1. Wisecrack

Try the pet section on NCWMarket.com

#### HELP WANTED

City of Brewster Employment Opportunity Full-time year-round City Water Utility Operator Water

position. Duties include: All as-pects of Public Works with emphasis on water distribution. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 AM to 4:00 PM with a one-hour lunch break. Wages: Full-Time posi tions are per Union Con tract.

Previous experience pre ferred, but not required. background Criminal check will be required, as will pre-employment drug testing. Random drug testing. testing throughout the employment period may occur. Applicants have a valid WA must State Driver's License.

Applications and job description are available at cityofbrewsterwashing-ton.org, by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted position is filled, preferably by 2020. EOE April 17

## Writer/ Photographer

Is looking for a talented photographer to writer/ report on the news of the Chelan Valley. Qualified applicants will cover city council, local boards, school high school sports and community events. Must be a good writer, photographer, and have excellent omputer skills and love attend community lto events. Must be a team willing plaver and work flexible hours. To apply send your resume and writing samples to:

Publisher NCW Media, Inc PO Box 39 Leavenworth, WA 98826 or email to Publisher@



leavenworthecho.com

#### **HELP WANTED**



**Highly Capable Program** Cascade School District is committed to identifying and providing for the unique educacommitted to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/ or broadly, so that deeply, and or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon sergening and assess. upon screening and assess-ment with the permission of their parent/ guardian.

Nomination forms can be obtained from the Cascade School District website Scriool District website www.cascadesd.org under Programs and Highly Capable and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at lcicle River Middle School by

April 17, 2020 either by dropping them by the middle school, by email mjanski@cascadesd.org or by mail; 10195 Titus Rd. eavenworth, WA 98826

El Distrito Escolar de Cascade está comprometido a identifi-car y proveer para las necesi-dades educacionales únicas de todos los estudiantes. En de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera am-plia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el grama, highly capable pro-gram- (Programa de alta capa-cidad), será basado en exáme-

Las formas para hacer una nominación se pueden obtener por la página de web del Dis-trito Escolar de Cascade \_\_\_\_\_\_ ⊑scolar de Cascade www.Cascadesd.org se en-cuentran haio !cuentran bajo la pestaña del Programs y Highly Capable) y en las oficinas escolares. Con en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia lcicle River para el 17 de abril, 2020, por correo electrónico mjanski@cascadesd.org o por cor-reo;10195 Titus Rd.

nes y evaluaciones con el permiso de los padres/tutores le

#### **PUZZLE** SOLUTION

Leavenworth, WA 98826. (WAC 392-170-035, WAC 392-170-036)







#### Have products or services for sale? Don't bury them in EBay or

Craig's List or park it by the side of the road. Your most likely buyer lives right here in North Central Washington

NCWMarket.com is a classified advertising service of NCW Media, Inc.

Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

The good news is:

It's available 24/7

FREE!

· Rates start as low as \$5 per month Google says we averaged 5,277 visitors

per month last year

You can have multiple photos even videos

You can protect your identity until you decide to respond to inquiries, OR

 You can include a map to your business · You can change the ad anytime you want as often as you want

We don't sell your email address or any of your personal information Our monthly subscription programs allow you

to change your ad entirely at no additional charge Place your ad now: NCWMarket.com



#### **APPLIANCES**

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at noon for the paper Lake Chelan Mirror Leavenworth

Deadline Tuesday at noon for the paper **Quad City Herald** 

Cashmere

#### ARTS & **CRAFTS**

For Sale: Ashford 32" Rigid Heddle Loom, loom stand, assembled, with all parts, in Prime Condition! Also included: bench additional clip-on light, shuttles, selvage weights, directions, and weaving books. \$400

further information, NCWMarket.com.

#### BOATS & **TRAILERS**



Sunset Marina, Chelan deep water slip with electric and water to slip. Waste dump. Clubhouse with showers lounge with TV, bar, and kitchen for members use. Lanai seating with pit and barbecue fire Slip B10 is best location. Secure parking 808-298-1031.

#### **Public NOTICES**

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of ROBERT MILES,

NO. 20-4-00094-04
PROBATE NOTICE TO
CREDITORS

below has been ap-as Personal Represennamed tative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of

limitations, present the claim in the manner as provided in RCW11.40.070by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or

mailed the notice to the creditor as provided under RCW 11.40.020 (1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW11.40.051

**RCW** and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonpro-

bate assets.

DATE OF FIRST
PUBLICATION: April 15, 2020

Personal Representative: Michael Miles
Attorney For Personal
Representative: David Visser
ADDRESS FOR MAILING OR
OVERCAST LAW **OFFICES** 23 South Wenatchee Avenue Wenatchee WA 98801

COURT OF PROBATE
PROCEEDINGS AND CAUSE
NUMBER: Chelan County Superior Court, No. 20-4-00094-0
OVERCAST LAW OFFICES By: \_\_\_\_\_\_ David Visser, WSBA No. 41546

Attorney for Personal Representative Published in The Leavenworth Echo/ Cashmere Valley Record on April 15, 22, and 29, 2020 #87639



#### **Public NOTICES**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY

In the Matter of the Estate

or: Fred W. Hackney, Deceased No. 20-4-01707-5 SEA **Probate Notice to Creditors** (RCW 11.40.030)

Representative Personal named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representat tive or the Personal Represen-tative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the

probate proceedings were commenced.
The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020 (1) (c) or

(c); or
(2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as other wise provided in RCW 11.40.051 and RCW 11.40.060 This bar is effective as to claims against both the decedent's probate assets and non-probate assets. DATE OF FILING WITH COURT: March 12th, 2020.

Robert M. Sifferman Personal Representative Attorney for Estate Robert M. Sifferman Address 2155- 112th NE Bellevue, WA 98004 Telephone (425) 454-5829
Published in The Cashmere Valley
Record/ Leavenworth Echo on
April 15, 22, and 29, 2020. #87635

SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN NO. 20-2-00073-04 SUMMONS

ROBISON ESTATE, LLC, a Washington limited liability company,

Plaintiff.

THE HEIRS AND DEVISEES OF CALVIN RICHARDSON, de-ceased; THE HEIRS AND DE-VISEES OF ELLA RICHARDdeceased; and ALL PERSONS OR PAR-OTHER TIES UNKNOWN, claiming any right, title, estate, lien or interest the real estate described in the complaint herein,

Defendants.

STATE OF WASHINGTON to:
THE HEIRS AND DEVISEES
OF CALVIN RICHARDSON,
deceased; THE HEIRS AND OF ELLA RICH-ARDSON, deceased; and ALL OTHER PERSONS OR PAR-TIES UNKNOWN:

hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 1st day of April, 2020, and defend the above entitled action in the above entitled court and appears. above entitled court, and answer the complaint of the plaintiff Robison Estate, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Michelle A. Green, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed complaint, which has been filed with the clerk of said court.

Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a against the unknown reirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named. DATED this 24th day of

March, 2020. JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

MICHELLE A. GREEN, WSBA # 40077 Attorneys for Plaintiff PO Box 1688 Wenatchee, WA 98807-1688 (509) 662-3685/ (509) 662-2452

Published in The Cashmere Valley Record/ Leavenworth Echo on April 1,8,15,22, 29, and May 6, 2020. #87570

Advertise

Advertise

dvertise



### Wearing hearing aids or earbuds increases the production of earwax, can block inside of your ear

The medical name for earwax is cerumen, which comes from the Latin word "cera," which means wax. Instead of wax, cerumen is a sticky liquid secreted by the cells of the skin lining your ear canal that helps protect your eardrum and has an antimicrobial effect. As it moves through your ear canal, earwax also attracts dust and dirt particles, sweeping them through along with it.

For some people, their earwax or cerumen will flake away as it reaches the outer part of their ear, never causing any trouble.

Wearing hearing aids or earbuds increases the production of earwax and can block inside your ear. Sticking cotton-tipped swabs or bobby pins into your ear canal doesn't remove earwax effectively and instead can create a waxy plug and pressure, discomfort, and hearing

The best way to remove ear wax is first to soften it so that it can either come out on its own or be flushed out.

There are two main types of products designed to remove cerumen: oilbased ear drops and water-based ear drops. Oil-based ear drops may contain olive oil, coconut oil, or almond oil, while water-based products can contain saline, hydrogen peroxide, glycerin, or docusate.

There isn't any single



best ear drop for ear wax removal. A recent systematic review of earwax removal products showed no significant differences between any of them.

According to a 2018 survey from US News and World Report and Pharmacy Times, 96% of American pharmacists surveyed recommend carbamide peroxide drops to soften ear wax, available as Debrox® or Murine®, while the other 4% recommended glycerin drops.

Carbamide peroxide releases oxygen when it contacts earwax, creating a foam that liquefies the cerumen. I have tried carbamyl peroxide products but stopped using them because they caused loud crackling and popping sounds and an unbearable tickling sensation inside my ear canal from the bubbling foam.

Ear drops containing docusate sodium (Waxsol®) are available in the United Kingdom (UK). Docusate is a non-prescription stool softener or lubricant laxative which pulls liquid into hard stools to make them softer and less painful to eliminate. It's believed that docusate does the same thing to dried, impacted cerumen.

In our clinic, we first fill the affected ear canal with liquid docusate sodium, leave it in there for 1 to 3 days to soften the cerumen, then flush out the ear canal with warm

I prefer a 2-step process using a 250mg capsule of docusate sodium to soften earwax because it's easy and effective. In Step 1, I snip a hole at the end of a capsule, squeeze its contents into my ear canal, then place a small piece of a cotton ball into it to keep the liquid in place before starting on the other ear. I usually repeat this routine 2-3 three times daily for a day or two before going to Step 2, flushing out my ears.

Once the cerumen has had time to soften, I gently flush it out into a sink with a small bulb syringe filled with warm water. One of my colleagues flushes her ears out during a warm shower.

I prefer positioning the nose of the bulb syringe along the top of my ear canal instead of in the middle because it helps more chunks of earwax to escape. Avoid "power washing" your ear canal; too much pressure can damage your eardrum.

Remove excess water in your ears by tipping your head and blotting with a towel, running a hairdryer on a low setting, or applying ear drops designed to remove water in your ear. I recommend Swim-Ear® with isopropyl alcohol and anhydrous glycerin to remove excess water.

Here Are 5 Tips to Remove Earwax:

1. Don't push cottontipped swabs, bobby pins, or rolled napkins into your

They force ear wax further inside your ear canal. leading to pressure, pain, and muffled hearing.

2. Ear drops or docusate sodium capsules can help soften cerumen.

It's often a trial and error process to find something that works for you.

3. Avoid using eardrops if you have ear pain, bleeding, or any discharge from vour ear. Call your doctor instead.

You could have an external ear infection, which requires a very different approach.

4. Don't use a Water Pik® or use high pressure with a bulb syringe.

Too much pressure can damage your eardrum or force fluid past it, triggering an inner ear infection.

5. Use warm water when flushing earwax.

Cold water is uncomfortable and can trigger problems with your balance.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How you Can Take Them Safely. Check out her new website The Medication Insider.com for daily tips on how to take your medicine safely. ® 2020 Louise

## How to stay healthy while social distancing

STATEPOINT COVID-19 has the public rethinking how they stay healthy -- both physically and mentally. Even those in good health can start to feel anxious and fearful when the words 'pandemic' and 'social distancing' are mentioned.

But can you stay active and mentally healthy while social distancing? The answer is a resound-

While routines have changed, it's critical that people keep exercising and eating nutritious meals, since the body is often able to better fight off illnesses when it's healthy and strong. Taking these steps helps fight off stress, which most people are experiencing right now in one way or another.

Here is some advice from Cigna chief nursing officer, Mary Picerno to help stay healthy, both physically and mentally, during this time.

• Get Outside: While it's important to limit physical interactions, getting outside for a run, walk or bicycle ride is a great way to boost endorphins and enjoy fresh air. Just make sure to maintain six feet between yourself and others. If weather or other reasons limit your ability to go outside, many companies and gyms are offering free online exercises right now. Endorphins have been found to reduce stress, increase feelings of happiness and help fight against depression.



(c) Kerkez / iStock via Getty Images Plus

Drinking plenty of water can help prevent dehydration. Not sure how much to drink? Many medical professionals suggest following the 8x8 rule, eight ounces of water eight times a day.

• Get Proper Nutrition: Add fruits and vegetables to your plate for colorful, nutrient-rich meals. Vegetables also are a good source of fiber. Eating well will help you feel better and give you energy to keep moving. Now is a great time to try that new recipe or food subscription box!

• Stay Hydrated: Drinking plenty of water can help prevent dehydration. According to the Centers for Disease Control and Prevention, dehydration can cause unclear thinking and mood swings. Not sure how much to drink? Many medical professionals suggest following the 8x8 rule, eight ounces of water eight times a day.

• Stay Connected: Just because you can't be with friends and family in person doesn't mean you can't stay in touch. Set up time to connect with video chats. phone calls and emails. Staying connected doesn't have to be high-tech. Have kids or just a kid at heart? Write encouraging messages on your driveway or in your windows for your neighbors, and postal and delivery workers.

• Know Your Options: One of the best ways to prepare is knowing what to do if you start to show symptoms. Cigna and many other health insurers are now waiving the costs of doctor visits related to a COVID-19 diagnosis as well as the cost of COVID-19 FDA-approved testing. To minimize your exposure, call or email your doctor or a local health system about a telehealth visit to be screened for COVID-19. The provider will then identify what steps you should take next.

• Get Support: Talking through concerns and fears can help put them in perspective and make you feel calmer. You may want to reach out for professional support if you're struggling. Cigna offers many resources and tools, including a 24-hour toll-free help line (1-855-287-8400) to speak with qualified behavior health clinicians, a webinar focused on managing anxiety, fears and concerns, and mindfulness podcasts (available in English and Spanish) focused on improving resiliency and stress management.

During this challenging time, taking care of your health should be a

## **AMBUSH AUTOMOTIVE BUYERS**

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



### Don't just 'park' your car on the side of the road with a 'For Sale' sign on it! 'Park it' on

#### NCWMarket.com for one low \$25 fee!

Fee includes:

- Up to 3 photos of your vehicle
- Video Unlimited description
- Google Map to your location (you can opt out)
- **Privacy Link** (interested buyers contact you through the site protecting your identity)