

CELEBRATING 113 YEARS • 1907-2020

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Who is running for Governor?

BY BILL FORHAN

Publisher

With a little over 3 weeks before the primary election. It is unclear who is running. The deadline for filing was May 15. The Secretary of State's office lists 37 candidates have filed although one has apparently dropped out as it has been lined out on the list.

Most media are reporting that Jay Inslee is the only Democrat(ic) candidate running, but SOS lists 5 who listed Democrat(ic) Party as their preference. We are attempting to contact the other four Democrat(ic) candidates but one has no contact information other than a snail mail address. Here is what we have been able to discover through an Internet search:

Dr. Cairo D Almeida is President of Government Employees Local 1121.According to his website Dr. Almeida's vision is, "Help the homeless get their basic needs met and provide the veterans and foster parents with more psychological support so they can exist and function within a society that does not understand how it feels to be different. Use the Affordable House Care Act (AHCA) to give the people an opportunity to recreate the middle class. Develop ways to improve the current infrastructure and put an end to the use of fossil fuel era. Support the use of new technology to create more jobs that takes into account women, LGBTQ, WOMXN, LatinX, people of color and other minorities. This vast and diverse society will help us achieve the green dream state for others to emulate. Eliminate all for profit jails and detention centers. Free bus pass to student that go to school at least parttime. Expand the light rail to every county and city that has 10,000 people or more. Put and end to the use of fossil fuel.

Omari Tahir Garrett is a long time Seattle Activist. He ran for Seattle City Council in 2015. He spent 21 months in prison for punching Seattle Mayor Paul Shell in the face with a megaphone in 2001. Among Garret's causes over the years is he calls for returning all land taken from the native peoples by colonialists. He says the American gun culture must be eliminated and he says without justice there can be no peace.

Don L. Rivers has never held public office. His statement from his campaign website says, "I am here for you, the people. Never have I waited on an elected seat to be a voice for the people. Regardless

of cultural beliefs or political point of views. I have worked with Republicans, Democrats and Independents on local and Federal Levels. I will be taking with me to Olympia, the 3 L's; Listen, Learn and Lead. Having the understanding that we have to work together and preserve our democracy. It has been an honor for me to serve across this world from Africa to Gaza Strip and beyond, as an Ambassador For Peace and Social Justice. I have over 40 years of experience working effectively across the aisle with elected officials. We Washingtonians have to recognize the world is watching us, we have set examples by embracing new beginnings. I will make sure that the voters in Eastern Washington know that their next Governor is working for them. It has always been necessary and compulsory for me to help the voiceless. Supplementary to giving a voice to all the people, my motivation to run for Governor is to break down practiced tribalism, while prioritizing the voice of the people in every county and in every city here at home. We will work on resolving severe issues, reminding us, to find value in a effective Government. After all, the most significant words of the United States Constitution is. "We The People".

Gene Hart has not held political office. He is a civil service employee and veteran from Bremerton. In his statement published in the Kitsap County voters pamphlet his statement is as follows: "Many activists and a state-sponsored working group are working on healthcare reform, here in Washington, our home. Coming to The People's desk for signature first, as Washington State Governor, I would most likely sign that reform, given my sense of it, as the next step for healthcare as an unalienable right.

We need our Robust Economy, rural and urban, to pay for our programs. Before, it was only good, fair reduced taxes for The Great Majority, followed by education, our state's Paramount Duty, as mandated by our Washington State Constitution and Target Zero transportation deaths and transportation major injuries before this decade's end. Our pandemical tsunami has changed the lay of the land.

Now We all require that rural and urban Robust Economy and good, fair revenue, yes Fair Taxes, family wage jobs, thriving independent, employee-owned businesses et cetera. In my mind, it really is Full Mobilization, All Hands, Non-Profits, Profits and Government needed, urged, coached and inspired. As Governor, Washington our home, I will establish a Kitchen Cabinet concept in Office of the Governor to educate and move

our People, our economy our society, Onward. We already have top quality, volunteers waiting in the wings.

This is our home. We want, We deserve more. Putting People First, Keeping People First. It short, I want the good, better and best angels of our nature, fully mobilized, not the ugly, worst and flawed earth angels of our nature. My apology for long-winded polemic, but you did press the on button and it worked.

The only limits to our realizations of tomorrows will be our doubts of todays. Let us move forward with strong and active faith. Adapted from FDR's last undelivered Warm Springs address. For more info, access

Realistically, none of these candidates stand a chance of defeating two term Governor, Jay Inslee, in the August 14 primary. But if you are a Democrat or even a Republican who cannot stomach voting for Inslee or President Trump these are some options you could select.

There are sixteen candidates who declared to be Independents, minority party candidates or stated they had no party preference. They also don't stand a chance of getting elected and will most likely be eliminated in the August 4 primary.

We will cover the 15 Republicans in the race next week and the other 16 candidates the week before the primary.







Don L. Rivers

Omari Tahir Garrett

Projekt Bayern announces cancellation of Oktoberfest

It is with great sadness that we announce the cancelation of the 2020 Leavenworth Oktoberfest due to the current COVID-19 restrictions. It goes without saying that this has been a trying year for all of us, but please know Projekt Bayern was doing everything humanly possible to keep the festival from canceling. Our biggest concern was over our Liquor permits being denied by the City and State. We held on hoping Chelan County would move through the Phases set forth by the State of Washington, but with little movement we decided to cancel the event to protect our patrons from losing their deposits for hotels and travel agendas. The safety of our guests and employees was also a huge factor

Our beautiful Bavarian city is breathtaking during the fall months with the brilliant colors of red, vibrant orange and golden yellow all backdropped by the Cascade Range. So, if you can keep your vacation plans, we guarantee you the hardworking Leavenworth business owners will welcome you with open arms for an utterly amazing visit.

We want to thank all our Oktoberfest Employees, Entertainment, Vendors and Loyal Patrons for your years of loyalty and hope that you will return next year for our 25th Anniversary of the Leavenworth Oktoberfest! We will have more details regarding the 25th Anniversary soon, but we plan to throw an Oktoberfest Celebration that will be unforgettable! The dates for the 2021 Leavenworth Oktoberfest are October 1-2, 8-9, &15-16. Please visit our website at www.LeavenworthOktoberfest. com for any further information.

The Leavenworth Oktoberfest is brought to you by Projekt Bayern, a non-profit organization. For more information on Projekt Bayern log onto www. projektbavern.com

Contacts: Steve Lord. Oktoberfest Chair or Amy Gustin Media/Sponsorships

Phone: Steve-425-445-6183 or Amy- 509-264-1852

Email: info@ Leavenworth Oktober fest.com

Bayern Projekt Board President- Cary Sanger

Oktoberfest Committee Chair-Steve Lord



CDHD Stresses Importance Of Masking-Up

SUBMITTED BY VERONICA FARIAS

Positive cases increase 37% since partial reopening on June 10, 2020

EAST WENATCHEE "Masking up is the next best thing to a vaccine right now," urges Chelan-Douglas Health Officer Dr. Malcolm Butler. "The Governor's decision to require everyone to wear a face mask in public, especially when social distancing of 6 feet isn't possible, was the right call," Butler added. Chelan-Douglas Counties are seeing a significant up-tick in new COVID-19 positive cases.

In an effort to identify the prevalence of mask-wearing in Chelan and Douglas county retail outlets, CDHD began spot checks to do physical counts of maskwearing for both retail business employees and customers. The first week of data-gathering revealed:

Collective Employee Masking Employees Wearing Masks Employees Not Wearing Masks



The data was collected at nine retail stores in Wenatchee and six stores in East Wenatchee. The surveys were done prior to the Governor's June 26 masking requirement. CDHD will continue to survey businesses throughout the two counties to determine the amount of compliance there is with the masking effort and to pinpoint ways to increase education and

Collective Customer Masking

ers Wearing Masks 🔹 Customers Not Wearing Mask



outreach efforts about the need for masking when in public.

"It's the air you share," Dr. Butler added. "We have got to get a handle on the spread of COVID-19 - not only to be able to move fully into Phase 2 of the State's Safe Start reopening plan, but also to protect our community." The Health District is partnering with local elected officials, Chambers of Commerce, law enforcement, the ecumenical community and other organizations to get information out to all sectors of Chelan-Douglas counties and to encourage public masking.

"We have heard concerns expressed that wearing a mask could prevent someone from getting adequate oxygen when they breathe," states Dr. Butler.

"The evidence simply isn't there. A proper fitting mask that covers both the nose and mouth may seem a bit foreign at first, but it does not block an individual's ability to breathe during normal activities." Washington State Department of Health recognizes that there are a few cases where masking may not be recommended, but they are very limited. For more complete information, please visit this link.

As we go into the Fourth of July holiday weekend when the temptation for group gatherings and a relaxation of COVID-19 safe practices may occur, Dr. Butler reminds us all: Be a protector - not an infector. For more information, visit www.cdhd.wa.gov/covid-19 and follow us on Facebook & Twitter.



During this difficult time support your neighbors Most local businesses offer curbside service or delivery



THIS WEEK

Opinion.. . 2 Senior Center Menus......3 AA Meeting Schedule.......3 Business Directory.... .3

Sheriff Report..... ... 3 Walk with Pastor.. . 4 Church Guide... 4

Classifieds Index Classifieds. .5-6 Advertising flyers Safeway, Martin's IGA Fresh Market





Cashmere, WA 98815 Phone: 509-782-3781

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www.cashmerevalleyrecord.com

CASHMERE VALLEY RECORD JULY 8, 2020

OPINION/COMMUNITY There is hope for the constitution!

In a rare unanimous Supreme Court decision the justices ruled presidential electors can be required to cast ballots for the candidate who wins their state's popular vote. The decision eliminates any Electoral College uncertainty as the U.S. heads toward a contentious election in November.

2

The court, in an opinion by Justice Elena Kagan, said that states stand on firm constitutional and historical ground in requiring that presidential electors must stick with the state's voterchosen candidate.

In recent years a divided American electorate have often argued that the electoral college was an outdated system for electing a President prompting many left leaning voters to push for their electors to vote their conscience. This would make those electors "super voters" in the minds of other voters.

Our Founding Fathers realized that electing a national President on the popular vote would

intentionally infecting

others with HIV

House Bill 1551 this session

that would reduce the

punishment for those who

intentionally infect another

with the HIV virus. It

would reduce the crime of

intentional transmission of

HIV from the felony crime

of assault in the first degree

down to a misdemeanor

or gross misdemeanor.

This is very concerning. If

someone intends to cause

bodily harm with a disease

like HIV, they should be

punished accordingly, not

get by with a slap on the

House Democrats passed

put small states at a disadvantage. Allowing large states to dictate the election of a President. In recent elections it is clear that without the control in place by the electoral college system. New York and California would decide who the President would be.

The issue came to a head most recently in the election of Donald Trump over Hillary Clinton. Trump won the vote in the electoral college while Clinton had a small majority in the national popular vote.

BILL FORHAN This was greatly Publisher disturbing to Clinton supporters who

called on electors appointed by their state to break rank and vote for Clinton over Trump. A few actually did just that.

With a court that is divided on most decisions 5-4. The justices came together to support the design as laid out in our Constitution by the Founding

Fathers. Bill Forhan can be

reached at 509-548-5286 or publisher@ leavenworthecho.com.



Goehner: 'We need to listen to the people'

SUBMITTED BY REP. KEITH GOEHNER

We need to listen to the people

This session, we have seen a number of bills that go against what the people of Washington are telling us. Below are some examples of the majority party not listening to our citizens.

Comprehensive sex education bill

(Senate Bill 5395): I have received thousands of emails against the comprehensive sex education legislation and very few supporting it. More than 600 people attended the public hearing in the House Education Committee to testify against it. Republicans debated the bill for more than six hours in the House.

Just last week, there were hundreds of people at the Capitol to protest the bill and request the governor veto the measure. Despite the public outcry, it is expected that the governor will sign the bill into law and all students will have to take an approved sex education class starting in the 2022-23 school year.

Office of equity

(House Bill 1783): This creates the Washington State Office of Equity. Everyone needs to be treated equitably, but this simply creates more state agency bureaucracy. It is difficult to determine why it is different than the

did not make it out of the Senate. This would have increased the costs of gas. diesel, goods and services, while having very little benefit for air quality. Washingtonians have made it clear how they feel about a carbon tax and a carbon fee, by voting against it twice already (I-732 and I-1631) in the last five years. More taxes on

business

Last year, Democrats passed massive new and increased taxes. The first bill passed this session was a business and occupation (B&O) tax increase, Senate Bill 6492, fast-tracked through the legislative process in 10 days. This legislation was to clean up the "free college" legislation passed at the end of the 2019 legislative session. This new law taxes an estimated 4,000 new businesses (14,000 total now, that employ 886,000 people) to bring in additional tax collections. since the bill they passed last year doesn't bring in enough to cover everyone that applied. Professions that would be impacted include health care providers, construction, and other industries that will just pass along the cost to consumers.

Penalties reduced for

I am also concerned with the parental rights aspect of this legislation. The bill would allow a minor as young as 14 years of age to receive treatment to

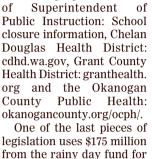
wrist.

avoid HIV infection without a parent or guardian's consent. Parents should be involved in a minor's health care decisions, especially something like HIV.

Coronavirus

As you are aware, the coronavirus (COVID-19) is rapidly spreading through Washington state and the country. Here are some links that may be helpful:

DOH website: doh. wa.gov/Emergencies/ Coronavirus, DOH: How



can I be prepared?, Office

state and local agencies to fight the disease, as well as \$25 million for a new COVID-19 unemployment account. It will allow employers who have employees receiving unemployment insurance benefits because of the virus outbreak to have those charges be reimbursed by the state. With the uncertainty surrounding the virus and the shutdown of our small businesses, we want to be mindful of the devastating impact this could have on them.

The legislation also allows the state Board of Education to grant emergency waivers to high school students who won't be able to meet certain graduation requirements if their schools are closed for an extended time. If you have questions, you can call the Washington State Department of Health (DOH) at 1-800-525-0127 and press #.

Operating budget

I voted against the supplemental operating budget. It addresses some important issues such behavioral health, homelessness and early learning. However, it spends too much, doesn't save enough, and is unsustainable, especially given the uncertainty and impact the coronavirus may have on our economy and communities. It spends most of the tax revenue windfall coming into the

state I mentioned in my last email update. We are not equipped to handle an impending economic downturn.

this With budget, spending has increased about 73% since 2013. The increase is not fiscally responsible. From the last biennium alone, spending has increased 20%. The budget passed on a party-line vote with all Democrats voting "yea" and Republicans voting "no."

Transportation budget

Unlike the supplemental operating budget, the supplemental transportation budget was bipartisan. We did face some challenges due to the shortfall caused by I-976, but both parties and chambers worked together to prioritize special needs transportation, ensure projects were taken off hold that had been paused the governor, and by make a minimal impact and to preservation maintenance.

Republicans had asked that the will of the voters be honored by implementing \$30 car tabs into law. While we were not able to get it through the legislative process, the court has upheld the initiative. We will still need to wait and see how the Department of Licensing and Department of Revenue move forward on this issue.

I would add, that we will be faced with some tough decisions ahead as we need to work on finding additional revenue

colleges, local governments and community projects where funding may be difficult to come by. It also focuses on stewardship projects protecting our farmlands, waterways and environment.

This year's budget addresses priority areas such as mental health and early learning. We were also able to secure funding for projects in the 12th District including:

• The Parkside Place Project in Wenatchee; Anderson road

infrastructure in Chelan; • Bridgeport irrigation in

Brewster: • Renewable hydrogen production pilot in East Wenatchee; and

Wenatchee Valley Museum and Cultural Center in Wenatchee.

Clean energy legislation dies in Senate

We pride ourselves on clean energy in North Central Washington. With that, I am disappointed my House Bill 2825 that would provide a tax incentive for those who use oil-free hydroelectric turbines did not make it through the legislative process.

It looked like we had reached an agreement in the last few days and it passed the House 93-4, only to die in the Senate. Our utility districts could have benefited from this oil-free technology as we continue to advance our clean energy hydropower system in North Central Washington.

many other commissions we already have in place in our state to ensure equality and equity issues. This flies in the face of voters who rejected Referendum 88, including a majority in our district.

Low-carbon fuel standard

(House Bill 1110): This passed the House, but



COURTESY PHOTO.

for future transportation infrastructure needs.

Capital budget

The supplemental capital budget is an important piece of our legislative process in advocating for projects that will benefit the communities in our district. It contains bricks and mortar type projects our K-12 schools, for

Stay in touch

While the legislative session is over, please remember I am your state representative year-round. I am available to answer your questions, listen to your ideas and help you navigate problems with state government. My district office phone number is 509-664-1274.

Republicans introduce plan for restarting economy

SUBMITTED BY WASHINGTON STATE GOP

OLYMPIA - Republicans in the state Senate and House of Representatives shared the first plan for safely restarting Washington's economy while state government's response to the COVID-19 emergency continues.

"Employers across our state are looking to government for a strategy that starts to take the brake off the economy. Republicans have come through with a safe and reasonable approach for beginning the recovery," said Senate Republican Leader Mark Schoesler.

We believe many sectors of our economy can operate safely, and employers have every incentive to take the precautions needed to guard the health of their workers

and their customers. We trust that if they have an opportunity to open their doors, they'll make it work."

Rep. Goehner

"Our state needs a comprehensive plan to restart its economy in ways that continue to emphasize the health of Washingtonians. No one has produced a plan until now," said House Republican Leader J.T. Wilcox.

Republicans have been working over the last months to come up with solutions. Employers and workers need reassurance in these uncertain times. They need to know there's a plan for them to come back, according to the GOP news release.

The Republican legislators' Safe Economic Restart Plan recommends three tiers of actions, starting with steps that may be authorized immediately

by Governor Jay Inslee. They include:

 Convene a Restart Task Force comprising legislative leaders, relevant executive-branch directors and representatives of the business and organized-labor communities. This group will chart a course toward allowing all Washington businesses to reopen, on a phased or limited basis as necessary, with COVID-19 protections for workers and customers in place.

• Allow operations to resume in economic sectors that fit one or more of these criteria: low-risk; personal health; environmental protection; aid to people who are elderly, physically challenged, or both; alternate quarantine locations: assisting businesses with tax-related requirements; and property protection. Examples are auto dealers,

solo landscape services, car washes, remodeling companies and contractors, residential construction. hairdressers and barbers, flower shops, RV parks, dentists, installers of home and commercial security systems, and accountants and tax preparers.

• Fully disclose the "metrics" that must be met before the governor's March 23 stay-at-home proclamation, which closed more than 230,000 businesses abruptly, can be lifted or amended. Knowing the standards will allow the people of Washington to act accordingly.

• Deliver on the massive testing capabilities promised by state health officials ahead of the business-closure order. Direct the appropriate state agencies to acquire antibody tests and work with employers to screen workers. Workers found to have the antibodies resulting from the COVID-19 infection will be immediately eligible for employment.

• Interface with the governor's Business Recovery Legislative Task Force and be prepared to support recommendations that are achievable, measurable and complementary.

• A moratorium on all state-agency rule-making not related to the current crisis. Rules are important. but at a time when many businesses are simply trying to survive, the making of new rules seems less than essential. Relief from rulemaking goes hand-in-hand with relief from taxes.

• Exempt small businesses from paving sales and business-and-occupation (B&O) taxes for one year.

• Offer state-government assistance to the many small businesses in Washington that do not qualify for federal emergencyassistance programs.

"We are looking forward to working with the governor and majority party to produce the best possible results for both our public health and our economic crisis," said Wilcox, R-Yelm.

"Republicans work for all of Washington, and we recognize how a strong economy makes for strong families and strong communities. Our state's economy was particularly strong before things caved in, and we believe it can get there again - and sooner if the governor and Legislature will support these very reasonable ideas," said Schoesler, R-Ritzville.

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Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise vour News & Events

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Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.

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DRILLING





SHERIFF, FIRE & EMS Reports

Accident/no

injuries, 304 Peshastin

12:30 Parking/abandon,

12:39 Noise, 5711 Sunset

19:36 911, 128 Cottage Ave.

20:12 Agency assist, Old

13:07 Public assist, 105

14:38 Trespass, 5304 Old

19:08 Civil, 105 Evergreen

20:12 Animal problem,

Warrant,

23:14 Agency assist, 700

17:43 Domestic distur-

bance, 306 Pioneer Ave.

5565

threat,

Evergreen Dr., #7

314 Cottage Ave.

Weatherend Dr.

9496 N. Fork Rd.

Riverside Dr.

Cotlets Way

Monitor Rd.

Dr., #7

21:51

July 2

Monitor Rd. & Bridge St.

6688 Pioneer Dr.

Riverfront Dr.

Hagman Rd.

Hwy.

July 1

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

10:31

St.

June 30

June 26

15:43 Civil, 5711 Sunset Hwy.

- 15:56 Civil, 4689 Brisky Canyon Rd. Accident/no 17:33 injuries, 300 Sunset
 - 07:54 Agency assist, 97 Hwy. 08:55 Public assist, 5955

June 27

- 13:07 Welfare check, 4867 Mission Creek Rd. 13:14 **Theft**, 115 E. Pleasant
- Ave., #3 18:30 Agency assist, US

Hwy. 2, MP 107, Dryden 22:03 Noise, 8650 Dryden Frontage Rd.

June 28

- 02:49 911, 200 Titchenal Way
- 11:54 Hazard, 6600 Blk., Stine Hill Rd.
- 11;59 Weapons violation, 8395 Main St., Dryden
- 17:40 Parking/abandon, 7950 Depot Rd., Dryden
- 22:52 Traffic offense, Pioneer Ave. & Tigner Rd.

June 29

- 20:19 Suicide Burglary, 305 08:16 Mission Ave 10:21 Fraud/forgery, 102 21:01 Suspicious, 201 Fasken Dr.
 - 'Bringing the community to your door' MEDIA isn't just our slogan... It's our purpose



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COMMUNITY CALENDAR

Go to: www.NCWMARKET.COM · 24/7

Wednesday

- Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Kris Taylor, 782-4300, Cell 679-0146
- Cashmere Food Bank, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.
- **Cashmere Park and Recreation Committee,** 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month
- The Underground Youth Group, 6th-8th graders. Christ Center, 206 Vine Street. 6:30-8 p.m. Call Steffanie, 782-2825.

Thursday

- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Cashmere Sportsmen's Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.
- Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. or every month, August -June).

Friday

Evergreen Baptist Church Youth Group (ages 13-20). 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19 Virus pandemic.

Sunday

- CHURCH: See the church page for local service times and events.
- Fhe Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

Monday

- Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (2nd & 4th Mon.) Tillicum Riders: 7 p.m. Chelan County Fairgrounds.
- Call Cindy, 662-5984. (1st Mon.)
- Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.). Planning Committee Meeting, 5 p.m. at City Hall
- (1st Mon. of each month). Cashmere Fire Department, Business management,
- 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)
- Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.) Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)
- Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st

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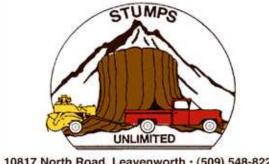


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SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth

Currently the Leavenworth Senior Center is closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for takeout and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509)548-6666 or email Leavenworthseniors@gmail.com.

- July 9, Thursday: Veggie lasagna, garden salad, Waldorf salad, garlic bread, dessert.
- July 10, Friday: Country fried steak, potatoes and gravy, corn, tossed salad, peaches, whole wheat roll, dessert.
- Saturday and Sunday: No lunch.
- July 13, Monday: Chili, 1/2 baked potato, vegetable tray, bananas and strawberries, cornbread, dessert.
- **July 14**, Tuesday: Turkey sandwich, potato salad, watermelon salad, pumpkin pie.
- July 15, Wednesday: Chicken stir fry, steamed rice, Asian style salad, Mandarin oranges, egg roll. Fortune cookies.

month).

Tuesday

I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)

Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).

Ongoing events

Cashmere Public Library: 782-3314 Call for other information if not listed. Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m. Thurs.,11 a.m.- 8 p.m., Sat., 9 a.m.-1 p.m. Sun., Closed. **Events:** Tues. & Wed., 10-10:30 a.m. Story time Pre-K & up

Wed., Preschool Story time, 10-10:30 a.m. Wed., Bilingual Story time, 4:30-5 p.m. (last Wed.of every month)

Fri., **Baby/Toddler Story time**, 10:30-11 a.m. **Cashmere Museum and Pioneer Village** Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m.

- Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

AA MEETING SCHEDULE

Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946

The phone number to call for the Zoom link to Leavenworth AlAnon meetings is 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans

Friday, 7:30 p.m., Plain Community Church,

12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

We will be meeting via Zoom weekly on Fridays at 6:30 p.m. Please email celebraterecovervlcn@gmail.com for more information.

Community

Thank you Cashmere Cashmere Food Bank wants to say a big "Thank You" to our community – for your donations of both food and money during this difficult season affecting us all. It is such an amazing display

of your ongoing care and generosity. You have always stepped up for us through the years, and we could not have delivered during the COVID-19 crisis without you. Our heartfelt gratitude goes out to the whole valley, having received donations from Leavenworth, Peshastin, Cashmere, Monitor and Wenatchee. So, on behalf of the Cashmere Food Bank, thank you for helping us ease hunger for vulnerable people in this troubled time! Vicki Hobbs, Cashmere

Tearing Down History

A WALK

WITH

PASTOR

JOHN

SMITH

Centuries-old statues and monuments are toppling around us and yet people are still not satisfied. Therefore, BLM Activist Shaun King is now calling on people to tear Christian down iconography beaccording cause, to him, they are symbols of "white supremacy" which promote racism and oppression.

As a nation, we should find the call to destroy Christian iconography and artwork disturbing. It is not because these objects have power in and of themselves. We, Christians, are not pagan in that we believe inanimate objects of stone or oil painted on canvas are living but rather we consider them symbolic of a historical Christian faith that has been passed down for generations. The destruction of these symbols is another evidence that the nation, in throes of rebellion, is seeking to remove any evidence of religious conscience and conviction that gave rise to America's birth.

Already we have seen churches vandalized and burnt down, stained glass destroyed and crosses removed from their edifices. In the debris, a new way in our country is being paved along with a new religion. From the smoke and ashes, this new religion has its own iconography, doctrine, creed of "Black Lives Matter" and and destruction of all things old. Antiquity, tradition, and history are diseases. Modernity. progressivism, and social justice are the

cure. Although this is new for America, the method of destroying historical objects significance, of especially Christian ones, is a timetested and effective way of moving a society

towards change. It is violent as it is expedient and looking back in history, this is precisely what happened in Communist Russia, China, and Fascist Germany. Each nation experienced a fundamental transformation that came by way of obliteration of history. Books were burned, statues of emperors and historical figures destroyed, and churches were leveled. Any hints of a period before the "movement" were erased so that a new history--a history according to them--could be written.

Getting back to the tearing down of Christian iconography in our present day, what makes BLM activists like Shaun King so eager to remove them is not because of some crusade against systemic racism but what these symbols actually depict: the Christian faith. Regardless of what color artisans portray Jesus and let me be frank, most depictions of Jesus aren't historically accurate to begin with, the fact remains, Christ is king and all will bow before him. Christianity exists in the world to proclaim "Jesus is Lord" and call people to repent and believe the gospel. It is because of that message and the consistent pointing to objective truth,

that makes the world full of Shaun Kings, so angry and rage against anything and everything that would embody that world view.

the According to Bible, nations rage at the authority of God (Psalm 2:1) and say "With our tongue we will prevail, our lips are with us: who is master over us?" (Psalm 12:4). That rage has fomented into what we are witnessing today, yet "He who sits in the heavens laughs." (Psalm 2:4). BLM and their ilk can shake their fist, protest, and even use the force of rhetoric and violence to tear down all things sacred. But ultimately it will be done in vain. The cross will always stand and its representation of the justice and mercy of God meeting in the death of Christ will continue to prevail in minds and hearts. In their want of destruction, they will end up destroying themselves but the Church will continue to build and the Kingdom of God will continue to advance.

Shaun King and all those who agree with him have issued out a threat of which we should take seriously. However, God has issued his own warning.

"Kiss the Son, lest he be angry, and you perish in the way, for his wrath is quickly kindled." (Psalm 2:12).

These are not empty words and must be heeded by all. Tear down a cross. burn down a building, shatter a glass window all you want, but that will never erase the reality that all must call upon Christ as Lord. To those who do, "Blessed are those who take refuge in him." (Psalm For the latest local news and advertising see the NCW Media websites...

leavenworthecho.com cashmerevalleyrecord.com qcherald.com **NCWB**usiness.com lakechelanmirror.com

CCSO promotes Musgrove to Chief of Patrol

Chelan County Sheriff's Office (CCSO) Patrol Sergeant Adam Musgrove has been promoted to Chief of Patrol, as of July 1.

Musgrove has been with the CCSO since 2012 and was promoted to Sergeant in 2017 and is currently a nightshift supervisor. He

also runs the Reserve Program for CCSO and is a Domestic Violence instructor. Musgrove has organized two Reserve Academies and one Citizens Academy and has served as a Field Training Officer and is close to becoming an FTO Instructor.

Musgrove created and runs the CCSO Santa's Stars program and has completed a course in Police Leadership. CCSO Sheriff Brian Burnett states, "Muserove brings some great leadership qualities to the Sheriff's Office and the Chief of Patrol position."



catechizes it's followers in the way of "No justice. No peace." This religion seeks to destroy all of its competitors and demands total and utter compliance. Domination is the game and to achieve it the method is massive upheaval 2:12) and I pray for Shaun and his followers that they will.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail. com.

Email:	- Phone:	PO Box 249
Send gift subscription to:		Chelan, WA 98816 OR CALL with your
Address:		Card #
Email:		509-293-6780 FAX: 509-682-4209
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Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome your These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

GRACE LUTHERAN CHURCH Holy Eucharist or Evening Prayer, 7 p.m., unless notified otherwise . Rev. Rob Gohl, 509-860-0736 . Summer church at the Mission Creek Community Center (No service, if it rains) Service on YouTube or Email link CashmereEpiscopalLutheranMinistries

ST. JAMES EPISCOPAL CHURCH Holy Eucharist or Evening Prayer, 7 p.m., unless notified otherwise Rev. Rob Gohl, 509-860-0736 Summer church at the Mission Creek Community Center . (No service, if it rains) Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries

EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. · Evening Service - 6:00 p.m. · Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. • Sunday Worship 10:30 a.m AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James • www.cmbiblechurch.org

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH

303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811 Vorship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 509-782-2825 Worship Services are available ONLINE ONLY at 10 a.m. Sundays All updates on COVID-19 can be found at christcentercashmere.com/cc-updates Underground High School Group, ONLINE ONLY at 6 p.m. Sundays **CHRIST**CENTER Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregation Care Pastor, Joyce Williams Director of Operations, Pastor Ian Ross High School Director, Steffanie Haney





COMMUNITY UNITED METHODIST 418 Evans Street • Leavenworth 509-548-5619 • Rev. Matt Gorman Sunday service 10 a.m. www.leavenworthumc.org

> **CORNERSTONE BIBLE CHURCH** Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

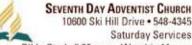
> **FAITH LUTHERAN CHURCH - ELCA** "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745 Sunday Worship: 11:00 AM Website: www.leavenworthbaptist.com info@leavenworthbaptist.com Email:

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Mark Miller Youth Pastor, Kent Wright www.LCN.org



Saturday Services Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 860-3997

> SPIRIT LIFE CENTER 210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor Lilia Felicitas - Malana

PESHASTIN

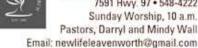
LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. **Pastor John Romine** www.lightinthevalley.org

NEW LIFE FOURSQURE CHURCH 7591 Hwy. 97 • 548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall

FB page: newlifeleavenworth









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689-3418.

5. Rains and snows

8. Words to live by

at the same time

6. D'Artagnan's sword

7. *Age of the youngest Olympian ever

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Lake Chelan Mirror **Quad City Herald** 682-2213 or call Leavenworth Echo **Cashmere Record** 548-5286

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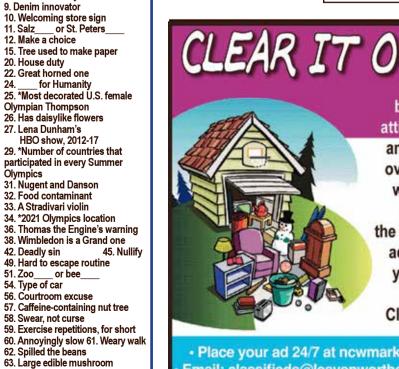
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- THEME: SUMMER OLYMPICS
- ACROSS . Stockpile 6. More of the same
- 9. One of Los Lobos 13. Orion's brightest spot
- 15. Spur on 14. A pop
- 16. Another name for a jack 17. Between E and NE
- 18. For all to see
- 19. * Location of the first
 - Summer Olympics
- 21. *____ test 23. Utmost degree 24. Allen Ginsberg's poem
- 25. Do this for cardio
- 28. Chesterfield, e.g. 30. Like "Extra!" news 35. Off-ramp
- 37. Barbequed slab
- 39. Right-hand page 40. Infamous Roman tyrant
- 41. Pandora's box contents
- 43. Socially inept one
- 44. Parachute material
- 47. Kill a dragon 46. And others 47. Kill a dr. 48. Prior to the present, prefix

- 50. Every which way 52. Swear words 53. Burst of wind 55. High affair 57. *Non-permanent addition to
- Olympic event roster
- 60. *Most decorated Olympian
- 63. Desire 64. Tom and Jerry, e.g. 66. Relating to hair 68. Skip the big wedding 69. Inquire 70. Key material 71. Bears' hands 72. House vote 73. Chain of bills
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- Chinese dynasty (1368-1644) Lab culture
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- Olympian Thompson 26. Has daisylike flowers 27. Lena Dunham's 29. *Number of countries that participated in every Summer Olympics 31. Nugent and Danson 32. Food contaminant 33. A Stradivari violin 34. *2021 Olympics location 42. Deadly sin 49. Hard to escape routine 51. Zoo____ or bee 54. Type of car 56. Courtroom excuse 57. Caffeine-containing nut tree
- 58. Swear, not curse

- 65. *Most decorated
- Olympic country 67. Whiskey grain

Legals

Public Notices

IN THE SUPERIOR COURT

OF THE STATE OF

WASHINGTON

IN AND FOR THE COUNTY

OF CHELAN

corporation;

Inc., a nonexistent corporation:

the UNKNOWN HEIRS AT LAW

OF KENNETH LAFOUNTAINE,

AND ALSO All persons or

Parties Unknown Claiming Any

Right, Title, Estate, or Lien, or

Interest in the Real Estate

SUMMONS BY PUBLICATION

THE STATE OF WASHINGTON

TO:

BRENDA

L.

aka

KING.

and the

thereof.

istent

herein,

Defendant

NO. 20-2-00412-04

the Complaint herein.

publication

Court,

VS

Plaintiffs,

NCW Media Newspapers

Furniture

We have excess office furniture available. Items left are 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx.

7' x 3 1/2' tall with removable shelves, A wood credenza and a free 4' x 4' white board All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for many years because we do not know the combination. It could include valuable material we don't know. For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on NCWMarket.com

Garage & Yard Sale

Huge Yard Sale Friday & Saturday, July 10-11, 8 a.m. to 3 p.m. variety of Α items, household, craft, sewing, decorating, Christmas and general stuff. 427 Orchard St Leavenworth



WITH A Fill your pockets with CASH \$\$ AD Let others know what items you are selling!

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Public Notices

2020-2021 Budget Hearing/Meeting to Adopt

The Cascade School District Board of Directors will hold a hearing on the 2020-2021 budget prior to the scheduled board meeting on Monday, July 20, 2020. The Hearing will begin at 6:30 p.m. via zoom DERYL J. KING and BRENDA L. (please see our website www.cascadesd.org and school THOMAS, husband and wife, board for the zoom meeting marital community link) with the regular board meeting to follow at 7 p.m. Any person may appear there and be heard for or against any part

ALPINE ACRES, Inc., a nonex- of such budget. THE Published in The Leavenworth Echo/ UNKNOWN SHAREHOLDERS Cashmere Valley Record on July 8, AT LAW OF ALPINE ACRES, 15, 2020. #352

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN Described in the Complaint GERALD R. MORO, a widowed person, individually and as Personal Representative for the

ESTATE of IDA MAE MORO, Plaintiff, THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER,

Alpine Acres, Inc., a nonexistent deceased; and corporation, the Unknown ALL OTHER Shareholders at Law of Alpine PERSONS PARTIES OR Acres, Inc., a nonexistent corpo- UNKNOWN, claiming any right, ration, the Unknown Heirs at title, estate, lien or interest in the Law of Kenneth LaFountaine, real estate described in the comand also All persons or Parties plaint herein, Unknown Claiming Any Right, Defendants. Title, Estate, or Lien, or Interest NO. 20-2-00362-04 in the Real Estate Described in SUMMONS

STATE OF WASHINGTON to:

YOU ARE HEREBY SUM- THE HEIRS AND DEVISEES MONED to appear within sixty OF DOROTHY P. WEAVER (60) days after the date of the deceased; and ALL OTHER this PERSONS of OR PARTIES Summons, to-wit, within sixty UNKNOWN:

(60) days after the 24th day of You are hereby summoned to June, 2020, and defend the appear within sixty days after above-entitled action in the the date of the first publication of and this summons, to wit, within sixty answer the Complaint of the days after the 10th day of June, Plaintiffs, Deryl J. King and 2020, and defend the above Brenda L. King, aka Brenda L. entitled action in the above enti-Thomas, husband and wife, and tled court, and answer the comthe marital community thereof, plaint of the plaintiff Gerald R. and serve a copy of your Answer Moro, and serve a copy of your upon the undersigned attorneys answer upon the undersigned of the Plaintiffs, at their office attorneys for plaintiff Jeffers, below stated; and, in case of Danielson, Sonn & Aylward, your failure so to do, judgment P.S., by Evan M. McCauley and will be rendered against you Matthew S. Hitchcock, at their according to the demand of the office below stated; and in case Complaint, which has been filed of your failure so to do, judgment will be rendered against you The object of this action is to according to the demand of the quiet title in Plaintiffs in real complaint, which has been filed estate in Chelan County, with the clerk of said court.

Under RCW 7.28.010, an action LOT 12, BLOCK 2, ALPINE to quiet title may be maintained ACRES, VOL. 7, P. 33-34, by any person in the actual pos-CHELAN COUNTY against the session of real property against claim of the Defendants and any the unknown heirs of a person known to be dead, or against DATED this 18th day of June, any person where it is not known whether such person is dead or DAVIS, ARNEIL LAW FIRM, LLP not, and against the unknown heirs of such person, and if it

How sweet do you like your iced tea?

"How sweet it is!" is a quote from the late comedian Jackie Gleason.

How sweet do you like your iced tea? Drinking tea over ice during the heat of the summer months is refreshing. Most places serve iced tea unsweetened and poured over a tall glass with a straw. You can drink it as is, or add the amount and type of sweetener you prefer. In the South, they serve "Sweet Tea", a version of iced tea that is sweetened while hot and before adding cold water and ice.

I used to make "Sun Tea" by placing tea bags in cold water and setting them out in the sun to steep. This practice has been called risky because the water gets warm but not hot, definitely below 100 degrees. That's warm enough to encourage yeast and bacteria to multiply, like letting homemade bread rise to allow the yeast to multiply. When you pour boiling water over tea, most bacteria don't survive.

You can also brew tea with cold water, in the refrigerator overnight. This method helps bring out the more subtle flavors of green teas and white teas.

When it comes to sweeteners, you have quite a few choices: liquid or powdered, natural or artificial, plain sugar or sugar alternative. Liquid sweeteners like honey, agave, molasses or simple syrups like those used to flavor lattes and other coffee drinks can also be used in teas. Powdered sweeteners include cane sugar, coconut sugar and various sugar substitutes.

When reaching for a packet of sweetener for your glass of iced tea, which color do you grab? White, pink, blue, yellow, or green? White packets contain cane or beet sugar, while colored packets contain non-caloric sweeteners. Pink packets have the sweetener saccharine,

Ask Louise

known as Sweet'N Low®, vellow packets contain sucralose or Splenda®, and blue packets have aspartame or NutraSweet®.

Green packets contain stevia, one of the newest calorie-free sweeteners. Stevia comes from a plant native to South America in the crysanthemum family and related to ragweed. Originally approved as a dietary supplement to improve blood pressure and diabetes control, stevia was approved for use as a food additive in 2008 and is marketed as the sweetener Truvia®. Stevia is also sold blended with other non-caloric sweeteners.

Sugar substitutes have been used for decades as food additives and are considered safe. You'd think that switching from using sugar to a non-caloric sweetener would help you lose weight and control your blood sugar, but that has not been consistently the case.

Non-caloric sugar substitutes help reduce cavities, but in certain people they can trigger increased blood sugar, just like regular sugar. One study showed that after meals including a food or drink sweetened with non-caloric sweeteners, the blood sugar of participants rose higher than expected and dropped back to normal levels much more slowly, a pattern called glucose intolerance associated with an increased risk of becoming diabetic.

Xylitol is a low-calorie sweetener extracted from natural sources such as corn. Because of its protective effect on tooth enamel, xylitol is added to sugarless gum and mints and is marketed as a sugar substitute for baking. Xylitol may be a dentist's

friend but it's a dog owner's nightmare.

Xylitol is deadly to dogs, causing very low blood sugar, liver damage, and liver failure. Xylitol triggers a dog's pancreas to pump out insulin. Without sugar to balance that extra insulin, their blood sugar drops so low they have seizures. There is no safe dose; even a small amount of xylitol can kill a dog.

Iced tea sometimes tastes bitter. During brewing, agitating the leaves of tea releases tannins into the water, turning it bitter. Luckily, there are several ways to avoid the astringent "pucker" of tannins in your iced tea.

Three ways to make a mellow glass of ice tea:

1. Don't dunk.

Avoid agitating your tea bag or tea ball when brewing hot or iced tea. Dunking your tea bag up and down in your cup encourages tannins to leach into the brew, making it bitter.

2. Choose a special blend.

Teas and teabags formulated especially for making iced tea are available from companies like Luzianne® and Lipton®.

3. Add a pinch of baking soda.

I was amazed at how this took the "bite" out of my ice tea! Decrease the bitterness of your ice tea by adding a pinch of baking SODA (not baking powder) to your tea bags right BEFORE you add any boiling water. This also helps your ice tea brew up clear instead of cloudy.

Dr. Louise Achey, Doctor of Pharmacy, is a 40year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for tips on how to take your medicine safely ®2020 Louise Achey

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Attorneys for Plaintiffs By:/s/ Michael G. Bradford MICHAEL G. BRADFORD WSBA No. 43169 617 Washington Street Wenatchee, WA 98801 Published in The Leavenworth Echo/ Cashmere Valley Record on June 24, July 1, 8, 15, 22 and 29, 2020 #342

with the Clerk of said Court.

Washington, described as:

one of them.

2020.

Public Notices

NOTICE OF **PUBLIC HEARING**

NOTICE IS HEREBY GIVEN EVAN M. MCCAULEY, that the Hearing Examiner for WSBA # 44285 the City of Leavenworth will hold MATTHEW S. a Public Hearing to consider and WSBA #51492 make a decision on a Variance Attorneys for Plaintiff (VAR) application. The Hearing PO Box 1688 will be held at 10:00 a.m, Wenatchee, WA 98807-1688 online via Zoom, Meeting ID: 821 1057 7541. Password: Published in The Leavenworth Echo/ number: 1-253-215-8782. VAR 2020-018: A variance request, submitted by Andy Barber (owner), to reduce the front property line setback from twenty-five feet to ten feet (LMC 18.22.060(A)); reduce parking requirements from 2 spaces to 1 space per 2,200 square feet (LMC 14.12.150(A)); allow 3 separate driveway access points (LMC instead of 14.14.150(C)(6); and to allow for all units of a proposed threeunit, multifamily townhouse to back out from the driveway directly onto Whitman Street (LMC 14.12.170(C)). The property is located at 303 Whitman St., Leavenworth, within the

Multifamily Residential zoning district, and identified by Assessor's Parcel Number: 241712815315.

The public is encouraged to attend via zoom; however, City Hall will be open for the public wanting to attend the hearing in person. Social distancing will be required for those in attendance and space may be limited. The public is encouraged to submit written comments prior to the hearing. Materials may be viewed by appointment only at City Hall, or on the City's Public Portal at https://bit.ly/2RMadlw. Questions may be directed to Maggie Boles, Development Services, phone 509-548-5275 or email planner1@cityofleavenworth.com

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shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named. DATED this 2nd day of June, 2020.

JEFFERS, DANIELSON, SONN & AYLWARD, P.S. By: s/ Matthew S. Hitchcock HITCHCOCK, Thursday, August 27, 2020, (509) 662-3685 (509) 662-2452

002321; Or the call-in phone Cashmere Valley Record on June 10, 17, 24, and July 1, 8, 15. #87859/221



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opportunities and public lands cash

By John Kruse – www. NORTHWESTERNOUTDOORS. COM AND WWW.AMERICAOUT-DOORSRADIO.COM

Sockeye Salmon Sockeye fishing opened on the Columbia River from the Highway 395 Bridge in Pasco to the Highway 17 Bridge in Bridgeport on July 1 and with a two fish limit angler interest is high.

Some 200,000 sockeye had passed over Bonneville Dam as of July 1. This is indeed a good run compared to last year's paltry returns but still about 8 percent below the 10-year average. Although the season is open now for Upper Columbia River anglers the best fishing won't happen for another week or two. As of July 1, only 22,580 sockeye had made it over Priest Rapids Dam.

The initial hot spot for this fishery will be just below Wanapum Dam south of Vantage though some anglers are already having good success above Rocky Reach Dam near Wenatchee. As the month progresses the hot spots will be just below Wells Dam south of Pateros, and in the Brewster Pool below the mouth of the Okanogan River. If you don't have a boat there are some opportunities to catch a fish from shore just above Rocky Reach Dam. However, trolling for sockeye is the best way to go.

Traditionally, trolling a bare red hook behind a flasher is what most people use to get bites from sockeye salmon. In recent years though, offerings like a Mack's Lure Cha Cha Sockeye Squidder with a small squid body below a mylar spinner in hot pink, red or orange have become go to offerings for many anglers



Courtesy John Kruse

Bob Loomis and I caught these sockeye fishing the Columbia River near Brewster a few seasons back.

to include Bob Loomis with Mack's Lure who helped design them. Loomis also recommends baiting the hook with a small amount of coon shrimp. The photo accompanying this article is proof that this works.

It's still too early to know if Lake Wenatchee will be open for sockeye fishing this year. Biologists like to see at least 27,000 sockeye heading to the lake before they open a season and it will be hard to get an idea as to how many fish are making the turn from the Columbia into the Wenatchee River until the middle of July.

Meanwhile, sockeye fishing remains closed below the Hwy395 bridge in Pasco to protect endangered Snake River sockeye salmon. As of July 1, only 88 sockeye had crossed Ice Harbor Dam on the Snake River east of Pasco.

Shad

It's been another strong run and for the second year in a row we are on pace to have over six million shad go over the fish ladder at Bonneville Dam again. For the next week or so a great place to fish for these sporty fish is on both the Washington and Oregon shores below John Day Dam where there is plenty of room to spread out. **Brewster Salmon Derby**

Cancelled

Even though summer

Chinook salmon fishing is opening on much of the Columbia River this month, the popular Brewster Salmon Derby has been cancelled. It wasn't a lack of salmon that did this event in though. Posting on Facebook, organizers said, "Covid-19 state and county mandated rules make it virtually impossible for us to safely hold a derby this year."

More money to counties from federal lands

The U.S. Department of the Interior announced this week that counties in Washington State will receive 24.1 million dollars from this year's Payment in Lieu of Taxes (PILT) program. These funds are allocated every year to individual counties, compensating them for the tax-exempt federal lands that lie within their boundaries. These lands include national forests, fish and wildlife refuges, national parks and Bureau of Land Management land.

This year counties are seeing a million dollar increase in the funds they are receiving across Washington State. The approximate funds received by each county in our region are:

Chelan County \$3,244,000 (\$150,000 more than last year)

Douglas County - \$164,600 (\$20,000 more than 2019)