

CASHMERE VALLEY RECORD

CELEBRATING 113 YEARS • 1907-2020



JULY 15, 2020 • VOLUME 113, No. 28
SINGLE COPY \$1.00

Fifteen Republicans vie to unseat Governor Inslee

By BILL FORHAN

For Republicans who are unhappy with state politics the August 5 primary election will be critical. There are 15 candidates running for Governor in an attempt to unseat Jay Inslee who is running for a third term. Republicans have been unable to field a winning candidate for governor since John Spellman won the election in 1985. The Republicans came closest in 2004 when Dino Rossi lost to Christine Gregoire by 133 votes. That election ended up in court over disputes about "newly found" uncounted votes from King County that put Gregoire ahead.

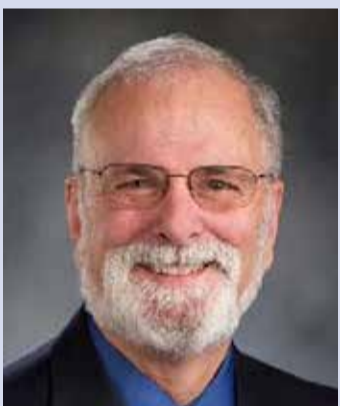
This year's primary ballot has set a state record for candidates running for governor. There is a total of 36 candidates. Next week we will review the minority party candidates.

Washington has been so blue in its politics over the years that the New York Times coined the word "Democratopolis" to describe the state.

In this time, where the Seattle streets have been taken over by radical groups calling for racial justice, it is a curious bit of Washington State history that a former slave, Horace Cayton, started and ran the Seattle Republican. A newspaper that would grow to become the second largest in Seattle.

In this primary, Republicans will have to choose wisely if they hope to turn the tide of Washington state politics. Below is short review of the 15 candidates running with a party designation of "Republican preferred". We have endeavored to provide a link to their websites in an effort to give you the opportunity to explore their positions more fully than space here will allow. They are provided in no particular order.

Phil Fortunato



Fortunato is currently a State Senator. He owns a landscaping and environmental business. Fortunato says, our state is at a crossroads. Washington faces rampant homelessness fueled by mental illness and addiction, out-of-control spending, a lack of adequate funding for transportation, the

human tragedy of the opioid crisis, and now COVID-19. Whoever you elect as governor faces an \$8 billion shortfall. This is not a time for on the job training. I am the only candidate with executive private-sector and legislative experience. I have an in-depth knowledge of budgetary issues and the effect that cuts have on education and the most vulnerable, especially veterans, seniors and the disabled. I want to put taxpayers first, restructure state spending, reduce regulations and the size of state government. Website: www.PhilForGov.org

Leon Aaron Lawson



Lawson is a small businessman from Shelton. Lawson claims allegiance to Where We Go One We Go All (WWG1WGA); a group of anonymous writers who wrote the book QAnon. He has never held political office. Lawson says, I was treated like a criminal growing up because I chose Marijuana over prescribed pharmaceuticals. But now the state picks and chooses who is allowed to sell and grow marijuana with its unconstitutional lottery that decriminalize it and stop the states theft. I am a small business owner who was targeted and attacked by the corrupt and negligent powers of the current administration

Tim Eyman



Eyman is a small business owner and tax activist. He describes himself as an innovative policy advocate whose tax initiatives have saved taxpayers \$43 Billion. He has never held political office. Eyman says, As Governor, I will serve you. I'll

reduce taxes, prioritize spending, grow our economy, guard your individual liberty, and protect your constitutional rights. For 22 years, I've fought for you with initiatives that cut taxes, strengthened our communities and made our streets safer. Imagine if Jay Inslee hadn't betrayed voters by breaking his campaign promises to veto taxes, raising them 30 times instead. Imagine if Inslee hadn't recklessly shut down thousands of small businesses, forcing a million people out of work, while letting mega-corporations remain open. Inslee's lockdown spared his allies but punished everyone else. Inslee's actions always benefit the special interests that bankroll him. Tim4Gov.com

Goodspaceguy



Goodspaceguy changed his name so you could find him on the Internet. He has run 21 times and survived the primary once. He says, your precious lives in this age of advancing, technological miracles I, Goodspaceguy, want to help raise our living standard. Believing a higher living standard is possible, I studied business and economics and have taken science as a lifelong hobby, command economy of force that is a heavy burden on taxpayers. We should move toward the voluntary, competitive, free market economy which uses profit to create jobs that are in balance with what consumers want. You consumers rule. https://colonizespace.blogspot.com

Martin L. 'Iceman' Wheeler



Over the last three years, Wheeler, a retired firefighter and former Roy resident of 42 years, has been planning a run for the governor's office. Wheeler says he believes he'll be the Republican candidate who will be able to flip the state red because he'll be an open, honest person who will advocate for agriculture, police, public safety and schools. https://www.wheelerforgov2020.com/

Raul Garcia



Dr. Raul Garcia is an immigrant from Cuba who has witnessed the demoralizing and devastating effects of socialism. He says, So why should you choose me, a doctor, to be the next Governor of Washington State? I need your vote so I can work for you, your family, your friends, and your community to promote a healthy and thriving state where citizens and businesses aren't burdened by overreaching policies, laws and taxes. As a physician, I've seen first hand what these burdens do to people. I'm invested in the health of our state, our residents and our businesses. I want to fight for YOU. As a non "career politician, I can and will work for you! I'm asking for your vote, are you ready for a change? www.DrGarcia4Governor.com

Anton Sakharov



As a refugee from the Soviet Union, Sakharov has seen the damage caused by too much government, too much regulation, and the importance of a balance of powers in maintaining a free and prosperous life. He says, He

will respect the will of voters, cut taxes, reduce bureaucracy, and uphold the Constitution and Individual Rights. He will drain the Olympia swamp and end the drug fueled and government enabled homelessness by holding agencies accountable to their budgets and outcomes. He will end government interference in our lives, the extreme liberal agendas pushed on our children and attacks on personal freedom. The Governor of Washington State should not be a career politician but instead a leader and executive manager who is working for the people. www.antsakharov.com

Nate Herzog



Herzog describes himself as an anti-Trump Republican who has supported sensible Democrats. He has never held political office. He says, It's time to end 36 Years of One-Party Rule. I support two-year terms for the Governorship.

If elected, I will step aside in 2022 so Washingtonians can elect a new Governor that November. I invite you right now to pause your reading, and visit ResetWA.org to learn my plans for advancing electoral reform, balancing our massive budget shortfall, and to fight COVID-19 to save lives and restore our economy.

Ian Gonzales



Gonzales says he brings a clean slate to politics. He has no affiliation with interest groups, lobbyists or large corporations. Gonzales says, I'm running for Governor because my generation

CONTINUED TO PAGE 2

Tri-county fairs pull the plug on 2020

Virtual shows and sales proposed

By MIKE MALTAIS

Staff writer

QUAD CITIES - Several flagships of the North Central Washington fall entertainment season will remain in port this year with recent announcements that the North Central Washington Fair in Waterville, the Chelan County Fair in Cashmere, and the Okanogan County Fair in Okanogan have been either cancelled or so recommended due to the coronavirus pandemic.

As of July 3, Okanogan County was in Phase 2 of the state's Safe Start Washington four-phase reopening program. Chelan

and Douglas counties remained in modified Phase 1-1.5 status. Phase 1 bans all gatherings while Phase 2 restricts gatherings of no more than five persons outside a family group. Phase 3 allows up to 50 people in a gathering but only Phase 4 permits unlimited numbers.

North Central Washington Fair
The North Central Washington Fair (NCWF) was first out of the chute with its cancellation alert which appeared on the NCWF Facebook site on June 10.

"It is with great disappointment that we announce the North Central Washington Fair will not take place this year," the posting said adding that Fair staff, Board and Douglas County Commissioners did their best to

find a plan that would work. "All possible avenues or changes were explored but none could solve the problems created by Washington's Safe Start reopening plan."

NCWF staff went to work on plans to organize a virtual livestock sale and now have Virtual Livestock Sale Rules and an Animal Registration Form on the Fair website, ncwfair.org. Participants must be residents of Douglas or Chelan counties or previous NCWF entrants. The registration deadline for the virtual livestock auction is July 15.

Rusty Finch in his ninth year as Ag teacher and FFA advisor for Cashmere High School has more than three dozen students

CONTINUED TO PAGE 2



COURTESY CHELANCOUNTYFAIR.COM
Chelan County Fair



Virtual Sale



COURTESY OKANOGANCOUNTYFAIRGROUNDS FACEBOOK
Okanogan County Fair



COURTESY NCWFAIR.ORG
NCW Fair

During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

THIS WEEK

Walk with Pastor.....4	AA Meeting Schedule.....5	Classifieds Index
Church Guide.....4	Community Calendar.....5	Classifieds.....6-7
Business Directory.....5	Sheriff Report.....5	Advertising flyers
Senior Center Menus.....5		Safeway



\$1.00

201 Cottage Ave.
Cashmere, WA 98815
Phone: 509-782-3781

www.cashmerevalleyrecord.com

Governor Candidates

and those that follow will reap both the benefits and the long term consequences of the decisions made by our current administration.

follow my run for the office of Governor of the great state of Washington! I am running a real grass roots effort for you to hire a blue-collar worker to look out for you!

crime and drug abuse have exploded and public health bureaucrats spent time pushing for heroin injection sites instead of preparing for a pandemic.

select few in the state's urban centers... I will reform our state's health care system by providing a public option. No one should

have to worry about the cost of health care. Penalizing tax-funded organizations and programs for not using enough funds. This leads to

wasteful spending which should be discouraged. https://www.facebook.com/Taylor-Grow-for-Governor

Cashmere Chamber decides to cancel annual auction

By BILL FORHAN

At a special emergency meeting on Wednesday, July 8 the Board of the Cashmere Chamber voted to suspend the annual banquet and auction as a result of the Covid virus.

result of the economic impact of declining tax receipts. For the months of April and May the county tax receipts had declined by 80%.

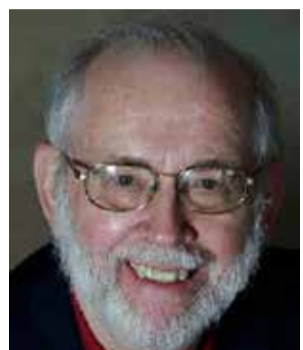
they traditionally gave to the auction. Unfortunately, the opportunity to gather and share a meal is just not possible.

For the latest local news and advertising see the NCW Media websites... leavenworthecho.com cashmerevalleyrecord.com gcherald.com NCWBusiness.com lakechelanmirror.com

Loren Culp



Culp is an Army veteran and sheriff of the city of Republic. He says, Attacks on religion, freedom of speech, due process and the 2nd Amendment are at an all-time high, while the State government ignores lawlessness in our major cities, invades our privacy and interferes in parenting.



Hirt lists his previous elected experience as High School Senior Class President. He is a retired Boeing engineer who has run 8 previous campaigns, not to win but to inform voters that Sound Transit should never be allowed to spend billions adding Prop 1 extensions to Central Link.

Matthew Murray



Murry says, My purpose will always be to better our lives collectively. In an email received on Saturday evening Murray said, "I don't really care if I win or lose! Just want to be left alone and this is done and finished."

Tylor Grow



Grow is a young man from Arlington, Wash. He has never held public office. He says, Over the past 35 years, Washington State has had an elected Democrat as Governor. With decades of empty promises and slow progress, look where it has led us.

Joshua Freed



Freed is the Mayor of Bothell. He says, Are you better off today than you were four years ago? Is it easier to find a job, keep your business open, walk safely in your community, educate your children and protect your family's health? Under this Governor unemployment has skyrocketed, homelessness,

Richard L. Carpenter



Carpenter says, I am hoping all my friends invite all of their friends to

Tri-county fairs

CONTINUED FROM PAGE 1

preparing NCW Fair livestock this year.

"We're just going forward," said Finch who was weighing and shearing sheep when contacted last Friday, July 3. "We have 27 kids showing pigs, another 10 with lambs, and four with goats."

While Finch concedes that a virtual show would not rise to the level of the real thing, still "there are enough people who want meat in their freezer" to produce profitable results for his students.

"We have lots of support," Finch said.

now getting into a 1.5 phase it became obvious that our county may not even move to Phase 4 until after our Fair."

CCF officials are busy on an alternate plan to accommodate youngsters who purchased fair animals.

"At the very least we will have some form of livestock sale... to help these kids get their livestock projects completed and the animals sold," the CCF posting said.

Chelan County Fair

In a June 11 announcement on its Facebook page the Chelan County Fair (CCF) officials advised that the CCF has been postponed for the 2020 season.

"All possible avenues or changes were explored but none could meet the requirements outlined in Washington's Safe Start reopening plan," the announcement said. "With Chelan County only just

Okanogan County Fair

The Okanogan Fair Advisory Committee (FAC) met in virtual session on Monday, June 29, and voted to recommend to the Okanogan County Commissioners that the fair not be held this year. In its place fair officials propose a two-day event where youngsters could show and sell their livestock, a quantity that includes 162 pigs, 68 sheep,

and 65 steers register for the fair so far.

District 2 Commissioner Andy Hover said he would discuss the FAC recommendation with fellow commissioners Jim DeTro and Chris Branch at the next regular commissioners' meeting on Tuesday, June 30, for a decision in early July. While several members of the community sent letters and voiced support to hold the fair as scheduled, Hover reminded the FAC that violating Safe Start mandates could threaten the financial support the county receives from the state.

One school that will not see any Okanogan County Fair entries this year, virtual or otherwise, is Pateros. Ag instructor and FFA advisor Lyle Blackburn said he went out on a limb earlier to caution his students of the possibility that the coronavirus pandemic that interrupted their school year might do the same to the fair. Apparently, Blackburn's advice was telling.

"I don't have a single student that is grooming livestock for the fair this year," Blackburn said.



Mitchell, Reed & Schmitt Insurance, Inc. Proudly offering service in Cashmere & the Upper Valley. 117 Aplets Way Cashmere (509) 782-2751 Sheri Norris Licensed Agent

Mask Up — Next Best Thing to a Vaccine. Face masks or face coverings are required in public. Maintain 6 feet of social distancing whenever possible. A face mask prevents spread of COVID-19 germs by 80%. You may be infected and spreading germs even if you aren't sick. Save lives and keep our businesses open! BE A PROTECTOR NOT AN INFECTOR. cdhd.wa.gov

CASHMERE VALLEY RECORD © 2020 NCW Media, Inc. 201 Cottage Ave, Suite 4 Cashmere, WA 98815 Phone: 509-782-3781 On the Internet website: www.cashmerevalleyrecord.com e-mail: record@cashmerevalleyrecord.com advertising e-mail: echoads@leavenworthecho.com Office hours Cashmere 9 a.m. - 5 p.m. Monday-Friday Leavenworth 9 a.m. - 5 p.m. Monday-Friday

Contact information Publisher Bill Forhan 509-548-5286 publisher@leavenworthecho.com Managing Editor Gary Bégin 509-571-5302 gary@ncwmedia.net Advertising Sales Manager Carol Forhan 509-548-5286 carol@leavenworthecho.com Advertising Sales Lindsay Timmermans 509-860-7301 adexec1@ncwmedia.net

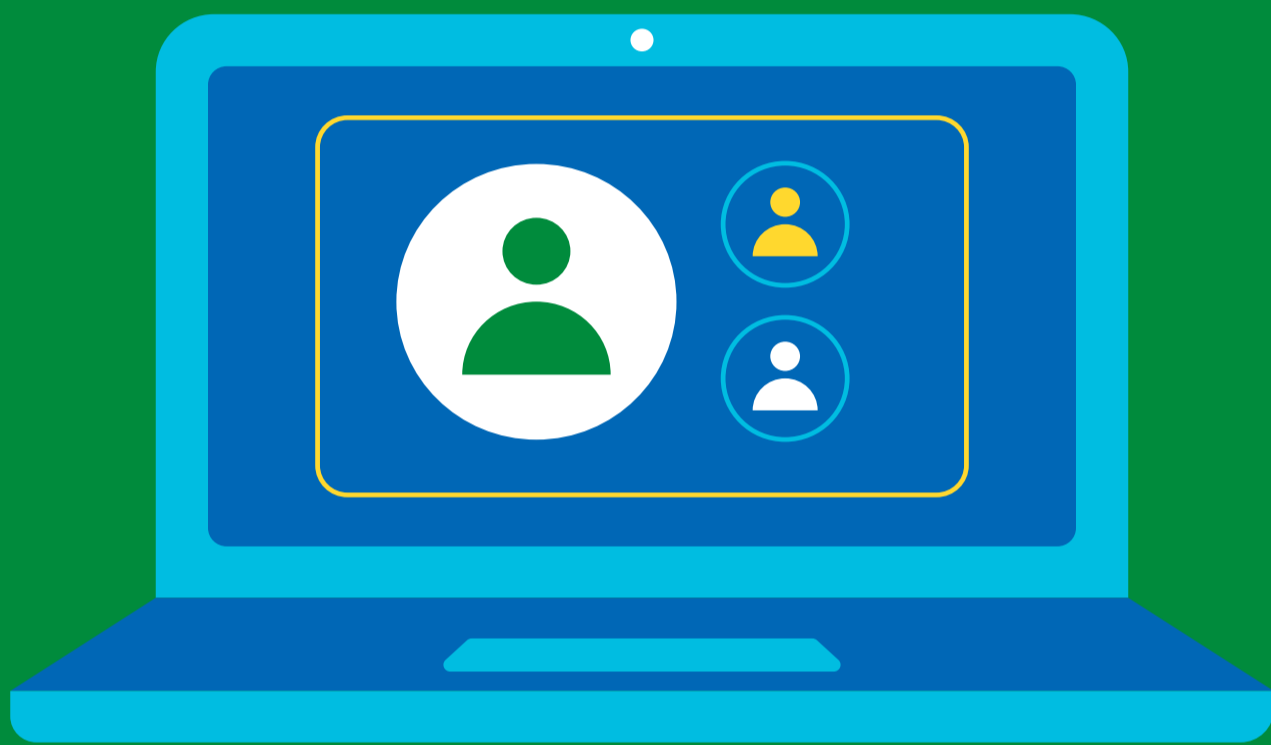
Reporter/Photographer Reporter reporter@cashmerevalleyrecord.com 509-782-3781 Reporter 509-548-5286 Front Office Classified / Legal Notices classifieds@leavenworthecho.com NCWMarket.com Circulation 509-689-2507 1-509-293-6780

Subscriptions In Chelan County (yearly) - \$40 In State (yearly) - \$40 Out of State (yearly) - \$52 The Cashmere Valley Record does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. Toll Free 1-509-293-6780 WNPWA Washington Newspaper Publishers Association Member NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

Letters policy The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publishers@leavenworthecho.com. Corrections The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next issue. News tips Have an idea for a story? Call the Record at 509-782-3781 Classified Advertising Classified ads can be placed during normal office hours by calling 509-548-5286 or emailing classifieds@leavenworthecho.com.

Cashmere Valley Record (USPS 092-600) is published every Wednesday by NCW Media Inc., 201 Cottage Ave., Suite 4 Cashmere, WA 98815 Telephone: 509-782-3781 Fax: 509-782-9074 Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) Postmaster: Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039 Weekly rates: \$15.00 for first 30 words 50¢ each additional 5 words (over 30) Borders, bold words, headlines, logos and photos subject to additional charges.

We didn't just
buy Frontier.
We're making
it better.



The Northwest deserves a better Internet and phone experience. We bought Frontier and are investing \$500 million in the network to provide the Northwest with faster speeds, more reliable connectivity and refreshingly great service for our customers.

hi, we're
ziply[™] fiber

ziplyfiber.com

OBITUARY

David Earle Twitchell

David Earle Twitchell, 78 of East Wenatchee died peacefully in his home on July 5 of complications following a stroke on May 24th.



Born in the Wenatchee Deaconess Hospital, January 17, 1942 to Lynn and Erma Twitchell of Cashmere, David grew up in Cashmere and graduated Cashmere High School (1960). He loved tennis and was an ace player on the CHS tennis team. David also loved to ski. He and Chuck Rank formed the Cashmere Ski Team of two and traveled to many PNW races (usually driven by David's father). In 1958 David won 1st Place in the Mt Spokane Lilac Downhill. In 1959, he won 2nd Place in the Talbot & Conway Sno-Cup Downhill. (This competition was a pre-cursor to the development of Mission Ridge). David was a fast skier - competing with no training other than guts, skill, and long skis.

In 1960, he attended the University of Washington, pledging the Delta Chi Fraternity. He attended Wenatchee Valley College and in 1962 joined the US Air Force, serving in the Cheyenne Computer Complex in Colorado Springs and at McCord AFB in Tacoma until his honorable discharge in 1969. After his discharge, he attended Seattle University, earning a bachelor's degree in Accounting. Returning to Cashmere, he worked at Schmitt Lumber Company, Pack River Lumber Company and on the family orchard. He later owned and operated a pesticide application business, Pests or Us Inc.

David also loved to golf. He was a Golden Era Member of Leavenworth Golf Course and won many golf trophies. His best win was when he teamed up with Dick Brender to win the 1999 Bavarian Golf Tournament by two-strokes.

David's most rewarding achievement was being a 37-year member, mentor, and sponsor in Alcoholics Anonymous.

David's generosity, unconditional friendships and humorous wit will continue to influence many lives beyond his. He will be missed by many communities.

He is survived by his brother Terry Twitchell (Dryden), sister Carol "Cookie" Twitchell Crosetto (White Swan) and their families; his best friend George "Speedo" Hiddleston; and his lifelong friend and cousin, Stuart Fetters.

If he could, he would express grateful appreciation to the team of doctors, nurses, case managers, PT's, social workers and more, who compassionately directed his health care while at Confluence Hospital. The family would also like to thank the very professional and compassionate Hospice Home Care Nurses who embraced his end-of-life care, dignified his passing, and brought comfort to him and to us.

A Celebration of Life will be held sometime in August which will be announced later. If you wish to donate to a charity in his memory or friendship, he would be honored.

OBITUARY

Thomas Michael Baldwin

Tom Baldwin of Cashmere Washington died on Thursday, June 18, 2020 at the age of 73 after a short battle with cancer. Tom leaves behind his wife Joan, of 52 years; his daughter Michelle East (Carl), two grandchildren, Peyton and Tanner; and his son Casey Baldwin (Shelley), and grandchildren, Landon, Colton, and Jamison.

Tom was born and raised in Ohio and graduated from The Ohio State University, where he met and married Joan. After graduation he joined the Army and was deployed to South Korea on the DMZ as a 1st Lieutenant in the Armored Division. Tom spent most of his career as a regional sales manager for FASCO Industries in Michigan, Missouri, Connecticut, and Colorado. After retiring at age 55, Tom and Joan moved to Cashmere to be near their children and grandchildren. Tom then began his own business: Edgewise - sharpening scissors and knives through-out Washington and Idaho.

While being a devoted husband, father, and grandfather, Tom's passion included traditional bowhunting and the history of archery throughout the world. He had a vast collection of traditional bows, books, magazines, and historical photographs. Nothing brought him more satisfaction than sharing his vast knowledge of the history of archery with others.

His hunting adventures took him from the Northwest Territories of Canada to South Africa and many places in between. He loved chasing bugling elk through the mountains in Idaho and Colorado and the tranquility of sitting in a whitetail deer stand on a farm in Michigan. However, he was most proud of his time spent above timberline in Colorado pursuing bighorn sheep and mountain goats. He would tell you that it was not the places he hunted or the pursuit of animals that were important, but the friends and family with which he shared those experiences. He had many life-long friends and exceptional hunting companions.

Tom will be well remembered for his kindness and generosity. He accepted volunteer leadership roles in organizations including the Cashmere Museum, Traditional Bowhunters of Washington, and the American Broadhead Collectors Club. He shared his passion for archery with countless youth teaching archery at various events including Apple Days, the Salmon Festival, Founders Day, and Burn Camp (a weeklong event for kids who have survived burn accidents).

The legacy of his honesty, dedication, love of family and enormous heart lives through the deeds and actions of those who knew him.

A memorial service will be held in May 2021 at Ingalls Creek Enrichment Center. Memorial gifts may be donated to the Cashmere Museum and Pioneer Village: www.cashmeremuseum.org/ 600 Cotlets Way, PO Box 22, Cashmere, WA 98815



To Mask or Not To Mask

"To mask or not to mask?", that is the question.

With the recent mandates coming from governor's offices all over the country about wearing masks, it is undoubtedly polarizing the nation.

Churches are not immune to this polarization either, with brothers and sisters dividing over face coverings. Some church members refuse to fellowship with others over the simple fact of where they stand concerning masks. But are masks the litmus test for fellowship? I must have missed the memo because I thought the only criteria for fellowship was faith in Christ alone.

But I digress. I hate masks. Not only because the science about



A WALK WITH PASTOR JOHN SMITH

them is debatable but also, they are dehumanizing. Our faces are given by God to express emotion and to communicate with each other about how we are feeling. It is impossible to do that when over half your face is covered. Additionally, masks have incited fear in the populace and when one doesn't wear one, they are viewed and treated as a threat to public health. I have heard so many stories of people being shamed publicly and accosted all because they weren't wearing a mask. I, too, have also been the victim of being harassed for not "masking up" and threatened with cops being called on me because I was supposedly "breaking the law".

So, should we wear masks or not?

My answer and I can't believe I am using an argument from the pro-abort playbook, is this: Your body, your choice.

Admittedly the Bible does not give a clear answer as to whether or not you should wear a mask. Sure, people will try to pull texts like "love thy neighbor" to support wearing a mask but the application for this issue is arbitrary at best. Some might believe that "loving thy neighbor" means not wearing one because they view the mask as a symbol of tyranny and therefore, out of love for neighbors, we shouldn't support oppression.

What I do know is that the Bible teaches that the Kingdom of God is not a matter of what we eat, drink, or even what we wear on our faces but of "righteousness and peace and joy in the Holy Spirit."

(Rom. 14:17). Masks are not an issue for the church to divide and break fellowship over and if we do, then we hold cheaply the unity that Christ died to procure.

As for me, I will wear a mask if it means I have the opportunity to share Christ with individuals who need him. For example, I minister regularly at a local retirement home where masks are required. How insensitive I would be and fail as a minister of the gospel if I refused to wear one and therefore prevent the access of individuals being blessed by the Word and encountering Christ in worship. At that moment, it is not about me standing up to tyranny but rather making sure these elderly saints are reminded of the presence of God in their last days on earth.

If you feel that you must wear a mask when you shop or go to church, then wear one. If you are convicted of

the opposite, more power to you. However, if we ever dare criticize or pass judgment on each other for where we stand on this issue, we should remind ourselves that we should not destroy the work of God for the sake of a mask. The unity of the church is far too precious for us to bicker with each other or assert our own way. We are called to be gracious and "do nothing from selfish

ambition or conceit, but in humility count others more significant than yourselves." (Phil 2:3).

To mask or not to mask? Regardless of where you fall on this, let whatever you do be done in love (1 Cor. 16:14).

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

Check the weathercams on the web before travelling over the mountain passes!

Find these links on our Web sites

www.leavenworthecho.com
www.cashmerevalleyrecord.com

BLEWETT PASS
U.S. Highway 97
click here to see webcam

SNOQUALMIE PASS
Interstate 90
click here to see webcam

STEVENS PASS
U.S. Highway 2
click here to see webcam

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

LOCALLY OWNED

JONES & JONES ~ BETTS
Funeral Home

302 9th St., Wenatchee • 662-2119 or 662-1561
jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years.
You can always rely on our dedicated staff.

Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.

Please call or email your church listed below if you need more information.
May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday
10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER
Cashmere Assembly of God • 509-782-2825
Worship Services are available ONLINE ONLY at 10 a.m. Sundays
All updates on COVID-19 can be found at christcentercashmere.com/cc-updates
Underground High School Group,
ONLINE ONLY at 6 p.m. Sundays
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Director of Operations, Pastor Ian Ross
High School Director, Steffanie Haney

GRACE LUTHERAN CHURCH
Holy Eucharist or Evening Prayer, 7 p.m., unless notified otherwise • Rev. Rob Gohl, 509-860-0736 • Summer church at the Mission Creek Community Center (No service, if it rains) Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries

ST. JAMES EPISCOPAL CHURCH
Holy Eucharist or Evening Prayer, 7 p.m., unless notified otherwise
Rev. Rob Gohl, 509-860-0736
Summer church at the Mission Creek Community Center • (No service, if it rains) Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. • Evening Service - 6:00 p.m. • Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
"Where God's Word Remains The Pillar Of Truth"
11025 Chumstick Hwy. • 548-4331
Sunday School 9 a.m. • Sunday Worship 10:30 a.m.
AWANA (Youth Program) Weekly Bible Studies
Wednesday 6:30 p.m. (school year)
Pastor Todd James • www.cmbiblechurch.org

COMMUNITY UNITED METHODIST
418 Evans Street • Leavenworth
509-548-5619 • Rev. Matt Gorman
Sunday service 10 a.m.
www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 548-0748
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11:00 AM
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9:00 a.m.
Lead Pastor: Mark Miller
Youth Pastor, Kent Wright
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com

COMMUNITY BULLETIN BOARD	Local, Regional Community News & Events	Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com	Another way to advertise your News & Events	Go to: www.NCWMARKET.COM - 24/7 Choose your category and pay for Print & Online at one time For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com
---------------------------------	---	---	--	--

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.

State Rep. Keith Goehner sounds off on fiscal wellness

By GARY BÉGIN
Managing Editor

NCW Media had a talk with 12th District incumbent State Representative Keith Goehner in early July. He faces Twisp's Adrienne Moore in the race. Here are his answers to our questions:

NCW Media: When/if you are reelected, what actions would you want the state legislature to do to help Washington companies to reopen?

Rep. Keith Goehner: The first action the legislature should take is freezing any discretionary spending in order to quantify the amount of revenue necessary to fund statutory functions of the State. At that point, we would then be able to determine how to modify the tax structure for businesses. Since B&O taxes are calculated on the gross sales, it should be reduced

to allow businesses to keep some of their revenue for stabilizing their business. We should give permit and license fees a reduced rate and not impose the projected unemployment rate increase.

NCW Media: Are grants, low interest loans going to be available?

KG: Although low interest loans and grants may be attractive, if the State has resources, it will also necessitate additional administrative costs. The most effective measure the State could take to help businesses is to minimize the State's involvement in daily operations. Businesses are built to be successful and given the freedom to operate, they will develop a business plan for succeeding.

NCW Media: Tell our readers what you feel is the most important issue for the next session and what you want to do to handle it?

KG: The most important issue for the next session will be building trust in the government, the physical environment and the economy. The State will have to prove that it has the best interests of all the residents in mind and budget commitments will need to reflect this. The public's concern around coronavirus will need to be satisfied in order for residents to feel safe and confident in resuming suspended activities. Until people have a sense of security in their surroundings, our lives will be affected. The economy, schools, childcare, assisted living, healthcare, and many other sectors will be experiencing challenges to ensure their ability to continue to provide services. The legislature will need to commit to addressing these concerns in a collaborative manner and be willing to take responsibility for the course that is set.

NCW Media: Anything else you'd like to say?

KG: The fiscal issue will be the most contentious issue in the upcoming session. While we are experiencing significant

revenue shortfalls, there are proposals for additional taxes for new programs. Our primary obligation is to fund the core functions of government and these must be addressed before any new commitments are made. We will be needing to look at our current revenue collection model and determining how we can protect ourselves from downturns in the economy. We can not continue on a "business as usual" path. This could be a good time to re-evaluate our tax structure to provide incentives and ensure consistency in revenue collection for the good of the taxpayer and the State.



BUSINESS & SERVICE Directory
 Add your business or service to this directory: 548-5286

DRILLING

Tumwater Drilling and Pump Inc.
"Water Treatment Systems Built to Your Individual Problem"

Free Water Analysis/Estimates
 Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2
Tumwater Drilling & Pump, Inc.
 548-5361
www.tumwaterdrilling.com • email info@tumwaterdrilling.com

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE SERVICE, SALT SALES

PEST CONTROL

STEVE'S PEST CONTROL
 Over 35 years of experience!

• Full Service Pest Control Available
 • Craw Space Repairs
 509-439-0358
glenhelmick@gmail.com

STORAGE

DOWNTOWN CASHMERE MINI STORAGE

5x10- \$60 Per Month
 10x10- \$80 Per Month
 8x14- \$90 Per Month

•Secure Timed Keylock System•
 •Mobile Platform Available•
 •Burglar Alarm•
 •Camera Surveillance•
782-8113
 201 Cottage Ave., Cashmere

EXCAVATION

Complete Excavating Service

Power & Water Systems
 Dump Truck & Dozer
 Drainfield Repair
 Free Estimates
 Septic Systems
 Road Grading

Upper Valley EXCAVATING
 Licensed - Bonded - Insured
 (509) 548-3489
 Leavenworth, WA

STUMP REMOVAL

Quick 'n Easy Residential Stump Removal

STUMPS UNLIMITED
 10817 North Road, Leavenworth • (509) 548-8222
 Kim & Rosalie Kozelisky
 Licensed, Bonded, Insured • Cont. #UPPERVE200PI

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

<p>July 3</p> <p>13:01 Public assist, 105 Evergreen Dr., #7 13:27 Fraud/forgery, 5565 Mill Rd. 20:08 Suspicious, 5740 Vale Rd.</p> <p>July 4</p> <p>02:09 Agency assist, US Hwy. 2, MP 115, Monitor 02:56 Recreational Stolen Vehicle, 201 Riverside Dr. 10:23 Welfare check, 4768 Brisky Canyon Rd. 21:19 Fireworks, 6125 Hay Canyon Rd., #6 21:27 Fireworks, 5700 Wescott Dr. 21:59 Fireworks, 700 Cotlets Way 22:04 Fireworks, 125 Riverfront Dr.</p> <p>July 5</p> <p>01:09 Fireworks, 4540 Kelly Rd., Monitor 07:31 Alarm, 3895 Ayers Rd., Monitor 10:37 Traffic offense, 6828 - 1st St. 14:38 Domestic disturbance, 318 Peshastin St. 17:25 Civil, 3601 Selfs Motel Rd. 18:46 Traffic offense, 300 Blk., Sunset Hwy. 22:11 Traffic offense, 925 Pioneer Ave. 22:42 Traffic offense,</p>	<p>Cottage Ave. & Maple St.</p> <p>July 6</p> <p>10:30 Accident/no injuries, Cotlets Way & US Hwy. 2 15:04 Disturbance, 4900 Nahahum Canyon Rd. 16:36 Theft, 200 Blue Star Way 20:39 Animal problem, 924 Pioneer Ave. 22:15 Suspicious, 102 Titchenal Way</p> <p>July 7</p> <p>09:23 Civil, 114 E. Pleasant Ave. 10:29 Civil, 105 Evergreen Dr., #7 13:58 Suicide threat, 3873 Zager Rd., Monitor</p> <p>July 8</p> <p>03:09 Noise, 6600 Blk. Flowery Divide Rd. 08:35 Disturbance, Aplets Way & US Hwy. 2 16:43 Agency assist, US Hwy. 2 & Aplets Way 20:08 Animal problem, 929 Pioneer Ave.</p> <p>July 9</p> <p>15:52 Domestic disturbance, 5832 Pioneer Dr. 16:18 Public assist, 4490 Brisky Canyon Rd. 21:30 Hazard, 700 Cotlets Way</p>
---	---

SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St., Leavenworth
 Currently the Leavenworth Senior Center is closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for take-out and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509)548-6666 or email Leavenworthseniors@gmail.com.

July 16, Thursday: Hot dog, baked beans, pea salad, garden salad, strawberry/rhubarb crisp
July 17, Friday: Fish and chips, coleslaw, peaches, garlic toast, dessert.
 Saturday and Sunday: No lunch.
July 20, Monday: Tacos, refried beans, Spanish rice, southwest salad, cinnamon pears, dessert.
July 21, Tuesday: Chef's salad, mixed melons, whole wheat roll, cereal bars.
July 22, Wednesday: Hamburger steak, sauced onions, mashed potatoes, green beans, tossed green salad, whole wheat roll, cherry crisp.

COMMUNITY CALENDAR

Wednesday
<p>Rotary Club, Noon, Cashmere Presbyterian Church, 303 Maple St. Call President, Kris Taylor, 782-4300, Cell 679-0146.</p> <p>Cashmere Food Bank, 2:30-4 p.m., Cashmere Food Distribution Center, 109 "C" Railroad Avenue, for more information, call Pam, 509-669-3159.</p> <p>Cashmere Park and Recreation Committee, 6:30 p.m., City Hall. Call 782-3513. (last Wed., each month.)</p> <p>The Underground Youth Group, 6th-8th graders. 6:30-8 p.m. Christ Center, 206 Vine Street. Call Stefanie, 782-2825.</p>
Thursday
<p>Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)</p> <p>Cashmere Sportsmen's Gun Club, 6:30-10 p.m. Shooting range on Turkey Shoot Road. Call Brian, 782-3099.</p> <p>Cashmere American Legion Post 64, 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).</p> <p>Cashmere American Legion Auxilliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).</p>
Friday
<p>Evergreen Baptist Church Youth Group (ages 13-20), 6:30-8 p.m., 5837 Evergreen Drive. Call 782-1662.</p>
Saturday
<p>Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19 Virus pandemic.</p>
Sunday
<p>CHURCH: See the church page for local service times and events.</p> <p>The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Stefanie, 782-2825.</p>
Monday
<p>Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (2nd & 4th Mon.)</p> <p>Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)</p> <p>Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).</p> <p>Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month).</p> <p>Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)</p> <p>Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Matt Brunner, 782-3513. (3rd Mon.)</p> <p>Cashmere School Board, 6:30 p.m., School District Office. Call 782-3355. (4th Mon.)</p> <p>Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).</p>
Tuesday
<p>I.P.I.D. meeting, 8 a.m., on Wescott Dr., Cashmere. Call Anthony Jantzer, 782-2561. (2nd Tues.)</p> <p>Ministerial Association, 8 a.m., Epledalen lunchroom. Call 782-7600. (2nd Tues.)</p> <p>Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)</p> <p>Buns, Books and Tea, Peshastin Book Club, Peshastin Library. Call Kathy, 509-433-1345. (3rd Tues.).</p>
Ongoing events
<p>Cashmere Public Library: 782-3314 Call for other information if not listed. Mon., Tues., Wed., and Fri. 9 a.m.- 6 p.m. Thurs., 11 a.m.- 8 p.m., Sat., 9 a.m.-1 p.m. Sun., Closed. Events: Tues. & Wed., 10-10:30 a.m. Story time Pre-K & up Wed., Preschool Story time, 10-10:30 a.m. Wed., Bilingual Story time, 4:30-5 p.m. (last Wed. of every month) Fri., Baby/Toddler Story time, 10:30-11 a.m. Cashmere Museum and Pioneer Village Sat., 10 a.m.-4 p.m., and Sun., Noon- 4 p.m. Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.) Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed. </p>

AA MEETING SCHEDULE

Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946

The phone number to call for the Zoom link to Leavenworth AIAnon meetings is 509-548-7939
 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

We will be meeting via Zoom weekly on Fridays at 6:30 p.m. Please email celebraterecoverylc@gmail.com for more information.

NCW MARKET.COM
CLASSIFIED ADS

Business Journal
ECHO RECORD MIRROR HERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

Administrative

Publisher's notice

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-527-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



5	2	3	1	8	7	9	4	6
1	6	7	2	9	4	8	5	3
8	4	9	3	6	5	2	1	7
6	8	1	5	4	2	3	7	9
4	9	2	7	3	6	5	8	1
3	7	5	8	1	9	4	6	2
2	5	8	9	7	1	6	3	4
9	1	4	6	5	3	7	2	8
7	3	6	4	2	8	1	9	5

WALK-IN BATHTUB SALE! SAVE \$1,500

Backed by American Standard's 140 years of experience
Ultra low entry for easy entering & exiting
Patented Quick Drain™ Technology
Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
44 Hydrotherapy jets for an invigorating massage

Limited Time Offer! Call Today!
866-612-7490
Or visit: www.walkintubinfo.com/spm

SUDOKU PUZZLE

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

						8	7	9		6
		7	2						5	
8										7
			4	2						9
	9	2						5	8	
3			8	1						
2										4
	1					3	7			
7		6	4	2						

Announcements

Lost & Found

LOST AND FOUND
can be placed in our local newspaper and online for **ONE week for FREE.** Limit 30 words

Leavenworth/Cashmere 509-548-5286
or
Lake Chelan Mirror 509-682-2213
or
Quad City Herald 509-689-2507

Deadline is Noon on Friday

Happy Ads

HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE

24/7 at www.NCWMarket.com

HAPPY BIRTHDAY CONGRATULATIONS!

WILL YOU MARRY ME?

HAPPY ANNIVERSARY
Only \$15 for 30 days includes 3 photos

Chelan-Brewster 682-2213 or Leavenworth-Cashmere 548-5286



Employment

Help Wanted

Full and Part-time Bedmaker, Laundry and Housekeeping

The Enzian Inn is hiring for full and part-time Housekeeping Laundry, Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9 a.m. and end between 2- 4 p.m. daily.

Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

Apply in person
Enzian Inn
590 US Hwy. 2
Leavenworth

Full and Part-Time Breakfast Catering Staff

The Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions.

Full and part time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person.
590 Hwy. 2
Leavenworth

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad online 24/7 at www.NCWMarket.com

It is easy, just register and pay online.

Print only?
Deadline is Monday by Noon for all papers:

Lake Chelan Mirror
Quad City Herald
683-2213
Leavenworth Echo
Cashmere Record
548-5286

Your ad will appear online and in the newspapers for one low price!

www.leavenworthecho.com
www.cashmerevalleyrecord.com

Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?
Give us a call today!

Carmen Bagdon - 237-2060
Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Employment

Well established retail outdoor store in Chelan is seeking a full time sales associate. This is a year around position for a person with a great personality who enjoys helping customers. Applicants should have good computer skills strong work ethic and be reliable and dependable. Lake Chelan Sports is open 7 days a week, please be prepared to work weekend hours. Apply in person with a resume at 132 E. Woodin Ave. or submit via e-mail to info@lakechelansports.com

Brewster School District is accepting applications for a Special Programs Secretary to work 210 days/8 hours per day providing secretarial and administrative support for the Federal Programs Director and other administrators. Starting date is August 10, 2020. Starting pay is approximately \$18.56 depending on experience.

Application and job description are available on the district's website under employment or by calling the district office 509-689-3418. This position is open until filled.

Advertise Advertise Advertise Advertise Advertise Advertise

548-5286 or 782-3781

YOU WILL Call Now! Call Now! Call Now! Call Now! Call Now! Call Now!

Work Wanted

RB's Custom Tractor Works

Disking - Tilling
Mowing
Hourly Tractor Work

Free estimates
33 years experience
Cell 509-679-2469
Bus license #602-781-946

For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and Collectibles by putting them in our classifieds.

Place your ad with pictures online 24/7 at NCWMarket.com

Just register and pay online and you are done.

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at Noon for all papers:

Lake Chelan Mirror
Quad City Herald
682-2213
or call
Leavenworth Echo
Cashmere Record
548-5286

Furniture

NCW Media Newspapers

We have excess office furniture available. Items left are 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza and a free 4' x 4' white board

All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for many years because we do not know the combination. It could include valuable material we don't know.

For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on NCWMarket.com

Garage & Yard Sale

Garage Sale

CLEAR SOME SPACE WITH A CASH \$\$ AD
Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only?
Deadline Monday at Noon for all papers

Lake Chelan Mirror
Quad City Herald
Call 682-2213

Leavenworth
Cashmere
Call 548-5286

Your ad will appear online and in the newspapers for one low price.

Real Estate

Orchards & Farms

WASHINGTON BROKERS

We have buyers for your Pear, Apple and Cherry Orchards!
509-669-4500
information@nwi.net

Rentals

Affordable Housing!
Immediate Availability
Rent based on income.

Immediate openings for 1 and 2 bedroom apartments

HUD vouchers welcome

Rent based on income. Must meet eligibility criteria. Background screening required: \$40.00/ adult

Call 509-683-1225 or 509-423-3539
E-mail: mansfieldmanorapartments@gmail.com

"This institution is an Equal Opportunity Provider and"

Employer.

Leavenworth Home for Rent

3 Bedroom, 2 Bath, great area with mountain view. \$2000 per month.
Call Mike, 509-699-3063

CROSSWORD PUZZLE

THEME: DR. SEUSS - ACROSS

1. On a cruise, 2 words
6. Horse poker
9. Deadly slitherers
13. Way to curl hair
14. *Today is gone. Today was fun. Tomorrow is another ____."
15. Islam's Supreme Being
16. Subway coin
17. Salve for Tin Woodman
18. Grim Reaper
19. *A ____'s Fine-Something-That-All-People-Need."
21. *Christmas Day will always be, just as long as we ____."
23. Structure named for 31st President
24. Indoor allergy trigger
25. Ship pronoun
28. H. H. Munro's pen name
30. Something or anything
35. Madam, to a cowboy
37. Dr. Jones, to his friends
39. Best not mentioned
40. Not in favor of
41. Myths and legends, e.g.
43. Ma V'Etre d's list
44. France's longest river
46. *I Can Read ____ My Eyes Shut!"
47. Use a beeper
48. In direct line of descent
50. Italian car maker
52. Equinox mo.
53. Coral barrier
55. Not a friend
57. *From there to here, From here to there, Funny ____ are everywhere."
60. *Unless someone like you cares a whole awful lot, Nothing is going to get better. ____."
63. Canine foe
64. However, poetically
66. Full
68. Up and about
69. Porridge grain
70. Say something
71. Start of a conclusion
72. Parental involvement org.
73. Popular garden flower

DOWN

1. *Step with care and great tact. And remember that life's A Great Balancing ____."
2. Turkey dance
3. Punjabi believer
4. Correct
5. Pause in breathing, pl.
6. *If you never did, you should. These things are fun and fun is ____."
7. "Wheel of Fortune" request, 2 words
8. Indian metropolis
9. Sheltered, nautically
10. BBQ side
11. Toupee spot
12. "Zip it!"
15. Countdown to Christmas
20. Inbox item
22. Chowdown
24. Middle of a torso
25. *A person's a person, no matter how ____."
26. Capital of Vietnam
27. Dine at home
29. *You're on your own. And you know what you ____."
31. Pipe smoker's tool
32. Letter-shaped girder
33. Polynesian kingdom
34. *Today you are you, that is truer than true. There is no one alive who is ____ than you."
36. Bog down
38. Sasquatch's Himalayan cousin
42. Elevator passage
45. Breadwinner
49. Race part
51. 50-50
54. Bar by estoppel
56. Related on mother's side
57. Baloney
58. Rwanda's majority
59. a.k.a. The Islamic State
60. Itty-bitty bit
61. ____ von Bismarck
62. Not quite an adult
63. Lattissimus dorsi, for short
65. *It's a shirt. It's a sock. It's a glove. It's a ____."
67. Wine quality

OMAHA STEAKS
SINCE 1977

GET THE GRILLER'S BUNDLE
INTRODUCTORY PRICE: \$79.99

4 (5 oz.) Butcher's Cut Filet Mignon
4 (4 oz.) Boneless Pork Chops
4 (4 oz.) Omaha Steaks Burgers
4 (3 oz.) Gourmet Jumbo Franks
4 (2.8 oz.) Potatoes au Gratin
4 (4 oz.) Caramel Apple Tartlets
Omaha Steaks Seasoning Packet

+ 4 MORE BURGERS FREE
THAT'S 20 COURSES + SIDES & DESSERT!

ORDER NOW! 1.833.406.1259 ask for 63281CXJ
www.OmahaSteaks.com/family588

Place your Help Wanted and find the best qualified local employee

• Place your ad 24/7 at ncwmarket.com
• Email: classifieds@leavenworthecho.com
• Call 548-5286

Legals

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN
 GERALD R. MORO, a widowed person, individually and as Personal Representative for the ESTATE of IDA MAE MORO, Plaintiff,
 vs.
 THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in the complaint herein,
 Defendants.
 NO. 20-2-00362-04
 SUMMONS

STATE OF WASHINGTON TO: THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN:
 You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 10th day of June, 2020, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Gerald R. Moro, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Evan M. McCauley and Matthew S. Hitchcock, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.
 Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named.
 DATED this 2nd day of June, 2020.

JEFFERS, DANIELSON, SONN & AYLWARD, P.S.
 By: s/ Matthew S. Hitchcock
 EVAN M. MCCAULEY,
 WSBA # 44285
 MATTHEW S. HITCHCOCK,
 WSBA #51492
 Attorneys for Plaintiff
 PO Box 1688
 Wenatchee, WA 98807-1688
 (509) 662-3685 (509) 662-2452

Published in The Leavenworth Echo/ Cashmere Valley Record on June 10, 17, 24, and July 1, 8, 15. #87859/221

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

DERYL J. KING and BRENDA L. KING, aka BRENDA L. THOMAS, husband and wife, and the marital community thereof,
 Plaintiffs,
 vs.
 ALPINE ACRES, Inc., a nonexistent corporation; THE UNKNOWN SHAREHOLDERS AT LAW OF ALPINE ACRES, Inc., a nonexistent corporation; THE UNKNOWN HEIRS AT LAW OF KENNETH LAFOUNTAIN, AND ALSO All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein,
 Defendant
 NO. 20-2-00412-04
 SUMMONS BY PUBLICATION

THE STATE OF WASHINGTON TO:
 Alpine Acres, Inc., a nonexistent corporation, the Unknown Shareholders at Law of Alpine Acres, Inc., a nonexistent corporation, the Unknown Heirs at Law of Kenneth LaFontaine, and also All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein.

YOU ARE HEREBY SUMMONED to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 24th day of June, 2020, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiffs, Deryl J. King and Brenda L. King, aka Brenda L. Thomas, husband and wife, and the marital community thereof, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiffs, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the Clerk of said Court.
 The object of this action is to quiet title in Plaintiffs in real estate in Chelan County, Washington, described as:
 LOT 12, BLOCK 2, ALPINE ACRES, VOL. 7, P. 33-34, CHELAN COUNTY against the claim of the Defendants and any one of them.
 DATED this 18th day of June, 2020.
 DAVIS, ARNEIL LAW FIRM, LLP
 Attorneys for Plaintiffs
 By: s/ Michael G. Bradford
 MICHAEL G. BRADFORD
 WSBA No. 43169
 617 Washington Street
 Wenatchee, WA 98801
 Published in The Leavenworth Echo/ Cashmere Valley Record on June 24, July 1, 8, 15, 22 and 29, 2020 #342

CALL FOR BIDS

City of Leavenworth
 2020 Leavenworth Pilot Project
 Date of Bid Opening:

NOTICE TO CONTRACTORS:
Bid Submittal: Sealed bids will be received by the City of Leavenworth at the Leavenworth City Hall, 700 U.S. Highway 2, Leavenworth, Washington.

The Bid Form will be received up to 2:00 p.m. on July 24th, 2020. Bids will then be publicly opened and read aloud. Bids received after the date and hour above stated will not receive consideration.

Project Description: The project includes the following work: This Contract provides for the improvement of Whitman Street. Work includes, but is not limited to, cleaning of existing roadway, grinding and smoothing, placement of HMA for Preleveling, placement of emulsified asphalt, placement of paving fabric, and paving full roadway width [+/- 24 feet] for approximately 700 linear feet. Starting at the intersection of Whitman and Evans Street and ending at the intersection of Whitman and Woodward Street. No roadway improvements are proposed for Evans or Woodward Street. Other construction activities include permanent pavement markings, traffic control, and other work, all in accordance with the attached Contract Plans, Contract Provisions, and Standard Specifications.

Engineer's Estimate:
 \$236,000.00

Questions: Questions about this project should be directed to:

Jackson Civil Engineering
 Devin Jackson, P.E.
 360-723-0381
 devin@jacksoncivil.com

Bid Documents: Bidders may obtain or access plans, specifications, and addenda for this project at:
 www.solicitbid.com

Rejection of Bids: The City of Leavenworth will have the right to reject any and all bids and in particular to reject a bid received after the deadline for bids due or bids that are not accompanied by the required Bid Security or Non-Collusion Affidavit or a bid in any way incomplete or non-responsive to the bid package.
 Published in The Leavenworth Echo/ Cashmere Valley Record on July 15, 2020. #493



What is a medical food

Several years ago, 85-year old Clarence asked me, "What do you think about the medicine Metanx®?" "Is it a supplement?"

"No, you need a prescription for it. It helps nerve pain in diabetics."

Metanx® contains L-methyl folate, a close cousin to folic acid. Although folic acid is considered a B vitamin, L-methyl folate is not classified as either a vitamin or food supplement. Instead, it's marketed as a medical food.

Medical foods are intended to address nutritional conditions that cannot be fixed by eating a healthy diet.

Some people have metabolic diseases that require specialized nutrients to keep them symptom-free. The Food and Drug Administration (FDA) created a particular category for products that address specific nutritional deficiencies: medical foods.

The first medical foods were unique formulas designed for infants with certain metabolic genetic diseases. Some babies needed particular nutrients added to their formula, while others couldn't safely consume certain dietary substances. Special foods were designed that provided key nutrients or didn't contain any troublesome compounds.

In recent years other products have crept in under this category, attracted by the lack of regulation required by the FDA.

To be classified as a medical food by the FDA, a product must meet several criteria. First, it must be a specific formulation instead of in its natural state. Next, it must be designed to be taken either as a pill or liquid by mouth or in a tube feeding to treat a medical condition with distinct dietary needs. Finally, although it doesn't require a prescription, medical foods are intended to be used only under the supervision of a physician.

Manufacturers of prescription and non-prescription (over the counter) medicines must first show the FDA that their product is safe



and effective before getting permission to market it.

Food supplement manufacturers are allowed to use statements on their labels about how their product supports particular organs or body functions. The FDA requires the following disclaimer statements on the labeling of all supplements: "This statement has not been evaluated by the Food and Drug Administration," and "This product is not intended to diagnose, treat, cure, or prevent disease."

Medical foods are very different. They seem more "official" or "trustworthy" because they are often sold only by prescription and marketed as a "natural" treatment for a specific disease state.

The truth? Products sold as medical foods are less trustworthy than medications or food supplements because they have even less oversight by the FDA.

Some examples of medical food products include Metanx® and Cerefolin NAC, which contain L-methyl folate, a close relative to folic acid. Metanx® is a one-ingredient product targeting diabetics with neuropathy. Cerefolin NAC® is marketed for memory loss and combines vitamin B12 and N-acetylcysteine with L-methyl folate.

Axona® is promoted as a memory booster for Alzheimer's dementia. It contains ketone bodies which the manufacturer claims may function as an "alternative energy source" instead of glucose to improve brain functioning and memory. There isn't any clear evidence to support this. Because Axona® is marketed as a medical food, its manufacturer isn't obligated to prove that it works.

Limbrel® contains flavonoids with antioxidant properties and is marketed people with osteoarthritis to

improve joint movement and mobility. There is no clear evidence that osteoarthritis is associated with any specific nutritional deficiency. In fact, the FDA received so many reports of Limbrel® causing problems like liver injury and pancreatitis that they asked the manufacturer Primus to stop making it.

Here Are 5 Key Facts About Medical Foods:

1. They are intended to treat a nutritional disease.
2. Medical foods are products designed to address diseases that create a nutritional deficiency that cannot be fixed by eating a healthy diet.
3. They don't improve dementia or diabetic neuropathy.
4. There is very little evidence that single-agent vitamin/nutritional supplements can improve dementia and diabetic neuropathy. However, eating whole foods like spinach, broccoli, and other fruits and vegetables have been shown to help.
5. Medical foods have very little regulation.

Medical foods are allowed to be marketed for a particular disease, yet don't have to show the FDA any proof that they are safe or effective.

4. They must be used under the supervision of a doctor.

Medical foods do NOT require a prescription but are supposed to be used only under the supervision of a physician.

5. Medical foods can be expensive.

Most are sold through the internet. Most medical food products cost at least \$60 per month, with the manufacturer advising you to try them for 4-6 months before expecting any noticeable benefit.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely.
 2020 Louise Achey

www.leavenworthecho.com

www.cashmerevalleyrecord.com

THE WASHINGTON OUTDOORS REPORT

North Cascades grizzly reintroduction off the table

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

Back in 2017 the U.S. Department of Interior rolled out a draft Environmental Impact Statement to the public, seeking comment on the idea of physically reintroducing grizzly bears back into remote portions of the North Cascades in Washington State. Several meetings were held from 2017 through 2019 where biologists and other staff members from the US Fish and Wildlife Service and National Park Service answered questions and allowed attendees to provide written comments for or against the plan.

Grizzly bears did once live in places like the Pasayten Wilderness Area and North Cascades National Park but according to the National Park Service, no grizzly bears have been seen in this region since 1996. Between 2010 and 2012 efforts were made to find evidence of grizzlies in the area but no confirmed evidence of their presence was found.

The Environmental Impact Statement envisioned several options ranging from no reintroduction (with hopes grizzly bears in Southern British Columbia would naturally migrate to the region over time) to proposals calling for 10 to 25



Courtesy U.S. National Park Service

A grizzly sow and her cubs in Glacier National Park.

or even 200 grizzly bears to be released into the United States portion of the North Cascades Eco-system over a five year span.

Many people (up to 80 percent according to Conservation Northwest) commented that they did want to see grizzly bears physically returned to the region. However, many residents in North Central Washington, especially orchardists and ranchers (who owned fruit trees and livestock that would draw in grizzly bears) were opposed, as were regional county commissions in Chelan and Okanogan County.

Another concern was

how far these bears could roam. According to the U.S. Fish and Wildlife Service, a male grizzly bear has a home range of 200 to 500 miles. Even under best case scenarios maps at one public meeting showed the potential range of transplanted grizzlies in the far northern reaches of the Cascades going all the way to Snoqualmie Pass and Interstate 90. With hordes of hikers and campers in the Central Cascades recreating in the Alpine Lakes Wilderness and adjacent National Forest lands, it seems clear grizzly bear interactions with humans (to include attacks) would be likely

to occur as they have in Montana and Wyoming in recent years.

On July 7, during a roundtable meeting with local government officials and stakeholders in Omak, Secretary of the Interior David Bernhardt announced his agency was abandoning plans to reintroduce grizzly bears into the North Cascades. US Representative Dan Newhouse from Pasco attended this meeting. In a press release he applauded the decision stating,

"Homeowners, farmers, ranchers, and small business owners in our rural communities were loud and clear: We do not want grizzly bears in North

Central Washington. I have long advocated that local voices must be heard by the federal government on this issue, and I am enormously grateful to Secretary Bernhardt for not only listening to our concerns and opinions, but for delivering this news in person, right here in North Central Washington."

Others, however, expressed disappointment. Chase Gunnell, Communications Director for Conservation Northwest, supported the reintroduction of grizzlies into Washington State. In response to Secretary Bernhardt's announcement he said,

"Despite today's news from the Trump Administration's Secretary of the Interior, we believe grizzly bears will eventually be restored to the wild backcountry of the North Cascades, their home for thousands of years, as action is legally required under the Endangered Species Act and federal grizzly bear recovery plans, and public support for restoring this native species remains strong."

As for the grizzly bears, for now, they'll have to get to the North Cascades on their own four legs. However, depending on who comes out on top as President in November, and what may or may not happen in the courts if lawsuits are filed, this issue could be on the table again soon.



Upgrading your 'ride'? we can help you sell your old one

• Place your ad 24/7 at ncwmarket.com

• Email: classifieds@leavenworthecho.com

• Call 548-5286

IGA Martin's MARKET fresh

CASHMERE: 130 Titchenal Way

OKANOGAN IGA MARKET

310 2nd Avenue South

Prices effective July 15-21, 2020

Fresh Berries!

Mix & Match

STRAWBERRIES 1 LB. CONTAINER	BLUEBERRIES 6 OZ. CONTAINER LOCAL	RASPBERRIES 6 OZ. CONTAINER
---------------------------------	---	--------------------------------

Your Choice 2/\$5

Local stores supporting local products. **LOCAL Equals FRESH**

ALL NATURAL PORK SPARERIBS MEDIUM

2.48 LB.

PRAIRIE FRESH NATURAL

St. Helens BEEF

LOCAL Equals FRESH

PREMIUM BEEF BEEF SHORT RIBS THIN CUT, TEXAS STYLE VALUE PACK

6.98 LB.

FRESH BONELESS SKINLESS CHICKEN THIGHS VALUE PACK

1.98 LB.

Beverage Sale!

Florida's Natural Juice
Selected Varieties 52 to 59 Oz.

3.48

Merchant's Craft Soda
Selected Varieties 12 Pack, 12 Oz. Cans

2/\$5

Langers Juice or Juice Cocktail
Selected Varieties 64 Oz.

2/\$5

Country Time or Tang Mix
Selected Varieties 19 to 20 Oz.

2/\$7

Crystal Light Drink Mix
Selected Varieties Makes 12 Quarts

2/\$6

La Croix Sparkling Water
Selected Varieties 12 Pack, 12 Oz. Cans

3.98

Kool-Aid Drink Mix
Selected Varieties .13 to .23 Oz.

4/\$1

Merchant's Craft Mixers
Selected Varieties 1 Liter Bottles

4/\$3

Arizona Tea
Selected Varieties 128 Oz. Bottle

2/\$6

Powerade Sports Drink
Selected Varieties 28 Oz.

68¢

Crystal Light On the Go Drink Mix
Selected Varieties 6 to 10 Count

2/\$5

Hint Infused Water
Selected Varieties 16 Oz.

3/\$4

Food Club Water
24 Pack, 16.9 Oz. Bottles

2/\$5

Gatorade Thirst Quencher
Selected Varieties 64 Oz.

2/\$4

Glissade Sparkling Water
Selected Varieties 8 Pack, 12 Oz. Cans

2/\$4



Order Online - Curbside Pickup
www.igamarketfresh.com

During this COVID -19 crisis, our team is working hard to keep our store clean and well-stocked for you. If we are out of advertised items, please accept our apologies. If you have any questions, please don't hesitate to ask us. We are here to serve you to the very best of our ability.