

CASHMERE VALLEY RECORD

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Cashmere Schools plan for fall school

By BILL FORHAN

Cashmere School District Superintendent Glenn Johnson and the staff at the Cashmere Schools have been weighing their options for opening school in the fall. That effort began in July with a survey to the parents of Cashmere students.

According to Johnson that survey revealed 70 percent of parents wanted their children back in the classrooms. Unfortunately, the Chelan County health district will not allow that until the incidence of infection drops below 75 per one hundred thousand population.

The Chelan Douglas Health District reports that there were 412 new cases reported in the last 14 days which equates to 533 per 100,000 population.

Johnson said that in July the School District sent a survey to all families with children in the school district. That survey outlined the following options for reopening the Cashmere Schools.

Cashmere School District Families

As our 2020-21 reopening schools planning process continues we are looking deeply at prior parent survey data, state and local health department guidance, and the voice of parent and staff planning committees. Below are three options for you to consider when thinking about the needs of your child and family. We understand changing guidance is still to come our way, and when it does, we will adjust our plans to follow the state and county guidelines. This is preliminary information only to help us plan, a registration process will be available by mid-August once all options are solidified. Thank you for your time.

Vale Elementary / CMS / CHS @ SCHOOL

This model of learning resembles the traditional school day while closely following the required Department of Health and Safety guidelines for reopening schools. Here is a brief description of Vale / CMS / CHS @ SCHOOL for the 2020-21 school year:

- All Department of Health

and Center for Disease Control guidelines will be followed

- School will run 4 or 5 days per week, onsite, with face to face instruction

- Class sizes will be reduced in order to meet the social distancing expectations

- Students and staff will wear face coverings at all times

- Some class offerings will be provided through online learning at home (Building specific)

- If onsite learning is not allowed at any point all students will move to "Vale / CMS / CHS @ HOME"

- Chromebooks will be provided for each student (2nd - 12th Grades, K-1 will be issued upon request)

- **Additional safety/health and schedule information will be provided specific to each building by mid-August

Vale Elementary / CMS / CHS @ Home

This model of learning is a



hybrid option of face-to-face and distance learning. This option is for families apprehensive about their child returning to school or if learning is not allowed to be face-to-face. This is a more rigorous and robust version of our previous learning that happened at home this past Spring. Here is a brief description of Vale / CMS / CHS @ HOME for the 2020-21 school year:

- Students will be assigned a distance learning teacher

- Frequent contact will be made via phone and, if needed, face-to-face

- Live and recorded lessons will be provided for Reading, Writing, Math, Science, and Electives (per building)

- Live classes will be held at assigned times of the day

- Attendance will be recorded

daily and grades will be assigned

- Technology devices and platforms will be utilized by students to receive instruction and submit assignments

- Chromebooks will be provided for each student (2nd - 12th Grades, K-1 will be issued upon request)

- **Additional safety/health and schedule information will be provided specific to each building by mid-August

Vale Elementary / CMS / CHS @ ONLINE

This model of learning is for those seeking an online, independent, homeschool learning platform. While students will hold their status as a student in the Cashmere School District, they will interact with the online teacher and platform, not a local teacher. More information on this will be available later.

Johnson mailed a letter to all parents last week outlining the schools' position at this time. That letter is shown as a sidebar story to this article.

Cashmere School District letter to parents

SUBMITTED BY GLENN JOHNSON, SUPERINTENDENT

Cashmere School District

Thank you for your continued patience as we navigate unprecedented and challenging times during the COVID pandemic. I fully understand the challenges we collectively face and I am thankful for the grace and patience you have shown since our sudden and unexpected school closure in the spring.

I'm writing to share with you some important information about our start to the 2020-21 school year. As you may recall, our priority when we began our return to school planning efforts was to maximize in-person instruction for students as much as possible, while still following state and local Department of Health guidelines. For the past several weeks, district staff have worked hard to create learning options that ensure a high-quality education while maintaining safety and health for all. However, we have recently

received a verbal directive from the Chelan Douglas Health District that the level of community spread of COVID-19 in the region is too high to be able to start schools in-person and health officials are recommending that we begin the year in a remote/distance learning model.

The Cashmere School District must follow state and local mandates related to health and safety. After extensive consultation with the Department of Health, Chelan County Health Officials and the district's insurance carrier, we have made the difficult decision to begin the 2020-21 school year in remote learning models - "Cashmere @ Home" and "Cashmere Online".

Please bear in mind that the "Cashmere @ Home" model will look drastically different from our overnight transition to online learning in the spring. Our staff worked incredibly hard to quickly deliver remote instruction virtually overnight and we learned a great deal this past spring.

As a result, we are committed to serving our students with a significantly improved remote learning experience this fall. These improvements include enhanced technology/digital tools to allow for livestreaming of lessons, clear and consistent student schedules that help students better manage their coursework and connect with teachers, clarity in remote learning expectations which will include daily attendance/grading, and more consistent and frequent communication with students and families.

For families interested in an online, independent home-school learning experience, "Cashmere Online" provides this alternative, while still allowing students to maintain their status in the Cashmere School District. "Cashmere Online" students will interact with an online educator and education platform facilitated by Edgenuity, a leading provider of K-12 online curriculum.

Please know that our ultimate goal is to facilitate a safe return

to the classroom for face-to-face instruction. District leaders and staff have worked hard to develop plans and protocols that support in-person education while maintaining the health and safety of all our students and staff. Once we receive permission to fully re-open, we are prepared to do so quickly and in the safest manner possible. Please know that we continue to advocate for and explore how we can safely offer some form of in-person instruction for those students who have barriers to their ability to receive remote/distance instruction.

It is our pledge to keep families informed now and in the future. More information will be coming out from individual schools, including informational letters and parent meetings via zoom. In addition, it is our intention to conference with each family prior to the start of school.

Again, thank you for your patience and understanding during these challenging times.

School, Stress, and COVID

How to Survive and Thrive This Fall

Summer vacation is almost over, which means families all over our community and nation are starting their annual "back-to-school" traditions.

Trouble is, there is absolutely nothing "traditional" about this return to school for anyone.

Not for parents juggling career obligations while keeping an eye on their kids' Zoom classes. Not for children, who enter another year of learning far from the norm. And certainly not for educators, creating multiple lesson plans in a shifting educational landscape they didn't ask for nor can control, and who may be juggling

educational needs for their children on top of that.

No doubt about it - we are all coping with extraordinary stress, and we will be for some time. So, how do we deal with this new family member in a positive way?

If you're looking for things you can do starting today, here are a few actions that will pay immediate dividends:



By MAXWELL MOHOLY, PH.D.

- Be aware that your kids' behavioral changes (e.g., more crying, irritability, changes in sleep, changes in appetite) may be due to increased anxiety and stress.

- Create as much structure and routine as you can, especially now that schooling will happen from home. Be consistent with bedtimes and wake times. Stick to a "school

schedule"; try to tackle schoolwork at the same time every day, get dressed like you're going to school, and have designated areas of the house that are for school. In other words, avoid just doing schoolwork in pajamas in the bedroom. Calendars work! Consider having something visual up that the whole family can refer to.

- Don't forget to move! Exercise

CONTINUED TO PAGE 3

Sales tax declines will cause limitations to projects

By KIRK BECKENDORF

Reporter

At the Aug 10th City Council meeting, Cashmere's Mayor, Jim Fletcher, announced progress has been made on dealing with the bio solids waste that is causing the significant sewage smell. He said that a large 40 ton truck has arrived. The bio solids will now be loaded directly onto the truck and then hauled away. However, there is still a large stock pile of waste, Fletcher said that the city would wait until cooler weather to dig into so that it can be hauled away. Fletcher said that stirring it up during warm weather will make the smell worse.

Fletcher provided the Council with a wide range of updates from previous meetings.

- He said he had spoken with Sheriff Burnett about the issue of speeding in town and the need

for more enforcement. Deputies will be increasing their presence and using radar to enforce speed zones. Fletcher added that the deputies will especially be in high profile areas to make people aware of their presence.

- Repairs have begun on the electrical wiring for the LED street lighting on one side of Perry Street.

- Sales taxes are down 19% from last year which amounts to about \$61,000. Retail sales actually increased, but taxes from construction and services decreased. With the decrease in city revenue the mayor said that the city will be less aggressive on taking on new projects and equipment purchases.

- Carlson asked for an update about the rate increase from the county for incarcerating criminals. He expressed frustration that the county

frequently increases the costs and the city has no input, but just has to pay the fees. Fletcher replied that the city needs to gain a voice at the table and that it is important for the cities within the county to collaborate. Council member Derrick Pratt, said the city should get a breakdown of expenses for each criminal. He was concerned that the county may be double dipping and charging both the city and the criminal. He asked how we can know if the charges are correct.

- A new timecard system has been implemented for all city employees, but Fletcher said that the new system will still not show where we are spending time on specific projects. According to Fletcher it is important to get to the right level of detail for monitoring of time and labor to best track expenses.

The Council reviewed 4

business items and voted on 3 of those. The 6 year Transportation Improvement Program was discussed. There will be a public hearing followed by a vote at the next Council meeting on Aug. 24th. Although it is considered a 6 year plan, Fletcher said it is actually updated every year. Pioneer, Sullivan, Sunset, Norman and Douglas Streets are the top priorities. Council member Daniel Scott asked about alleys. He said that the council had previously discussed those but that they are not in the plan. Fletcher said that he and the Director of Operations, Steve Croci, had discussed alleys but have not yet added them to the plan.

The Council unanimously voted to approve the Master Plan for the supervisory control and data acquisition (SCADA) system. The goal of the Master Plan for the technology information system is to prioritize staff time by identifying gaps in the technology

service, primarily related to the wastewater treatment facility.

In a related item the Council voted to authorize a contract with RH2 Engineering, not to exceed \$10,000, for SCADA support services. These services will focus on high risk operations such as; water chlorine level, chlorine gas, water turbidity, well pump operations, sewer pump station failure and to improve cyber security of the entire SCADA network.

The final business item approved an annual fee of \$6130, to renew a software license agreement with Aquatic Informatics. The software will help the city monitor its drinking water system. According to Fletcher, contractors will now be able to enter data directly into the system, which will sync with the city's billing system. He said the software will increase staff efficiency by reducing the time spent on paperwork and cleaning up data input errors.

SHOP LOCAL

During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

NCW MEDIA

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GET KIDS Back in school

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We all want to get back to a more normal routine, here's how you can help our Valley get there.



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For more information about fighting the spread of the COVID-19 virus, visit www.cdhd.wa.gov/covid-19.


#MASKUP #STOPHESPREAD

What about your obituary?

Writing my Mother's obituary was a lot more daunting of a task than I had realized. How do you encapsulate a life in 400 words or less, especially when it was so full of experiences and complexities? Of course, obituaries are but thumbnail sketches of the deceased—a summary of the person's life. They, on one hand, are not meant to be complete autobiographies yet on the other, they are to reveal what was foundational to the person who passed on.

As I typed about my Mother's life, I could not help but think about my obituary. There will come a day, when my wife, children, or those closest to me will be in the very same position that I was in, sitting in front of a computer tasked to publicly announce my passing and summarize my life in a few short words.

What will they remember about me? What will they say was the locus of my life—the main thing that I lived for?

In preparation to write my Mother's obituary, I read others to get an idea of what to say. I read of deceased school teachers, individuals who loved golf and were avid outdoorsmen, and military vets who died with honors to their credit. Not to say those things are unworthy of mention, but I hope that my family would say something more than "John Smith collected Sci-fi memorabilia."

I would want them to say that I lived with eternity in view. Moreover, I staked my entire life on the gospel and sought to glorify God in all things. Again, I would want them to talk about what really mattered in my life.

To ensure that happens, I need to live as if those things matter so that when it comes time to memorialize



A WALK WITH PASTOR JOHN SMITH

me, there will be no question.

Let's turn the questions, on you, reader. What would be the thing that sticks out in your life that people will remember? What do you live for?

Biblically speaking, there is only one thing that is worthy of living for and that is Jesus Christ. It's him who makes the individual life count. As C.T. Studd said, "Only one life, 'twill soon be past. Only what's done for Christ will last."

We live for so many little things like our jobs, money, and hobbies. Yet, those things come and go with time and at the point of death, they, in the long run, don't matter. The Bible teaches that we shouldn't live for things that "rust and moth will destroy" (Matt. 6:19) rather we should live for the eternal Kingdom of God and for the King that will never be dethroned. To live for the Kingdom of Christ reaps heavenly rewards that will never be taken away and will be remembered for all eternity.

In Paul's final letter to his young protégé, Timothy, he writes, "I have fought the good fight, I have finished the race, I have kept the faith" (2 Tim. 4:7). The way Paul lived, it was unmistakable what Timothy or anyone else for that matter, would remember him for. Paul lived contending for the gospel and expending every bit of himself to make Christ known in places where he wasn't. I can almost imagine when it came time to memorialize Paul that Timothy and those closest to him would echo his words from Philippians 1:21, and say, "Paul lived for Christ and now his death is gain."

So, what will they say when death finds you and you are ushered into eternity? Will you be remembered for how much you possessed or whom you possessed, namely Jesus Christ? I think it is a good exercise to examine our lives in light that one day it will be summarized by another and that we should be challenged to ensure that we live for what it is truly important.

Although trying to sum up the 72 years of my Mother's life was a challenge, looking back, she will be remembered for two things: her love for Jesus and her family.

Now that's something worth remembering.

*Pastor John Smith of
Evergreen Baptist Church in
Cashmere can be reached at
pastorjohnsmith@ecb.com.*

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103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
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Call for activities. Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours. Monday - Thursday
10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

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Worship Services are available ONLINE ONLY
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Community Center • (No service, if it rains)
Service on YouTube or Email link:
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Smith www.christforcashmere.org

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DRYDEN COMMUNITY CHURCH
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Wednesday 6:30 p.m. (school year)
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111 Ski Hill Drive • 548-5292
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Youth Pastor. Kent Wright
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CASHMERE VALLEY
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201 Cottage Ave, Suite 4
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On the Internet
website:
www.cashmerevalleyrecord.com
e-mail:
record@cashmerevalleyrecord.com
advertising@cashmerevalleyrecord.com
echoads@leavenworthecho.com

Office hours
Call Leavenworth Echo
for more information.
548-5286

Contact information

Publisher
Bill Forhan 509-548-5286
publisher@leavenworthecho.com

Managing Editor
Gary Bégin 509-571-5302
gary@ncwmedia.net

Advertising Sales Manager
Carol Forhan 509-548-5286
carol@leavenworthecho.com

Advertising Sales
Lindsay Timmermans
509-860-7301
adexcl@ncwmedia.net

Reporter/Photographer

Reporter
Reporter@leavenworthecho.com

509-782-3781
Front Office
509-548-5286
Classified / Legal Notices
classifieds@leavenworthecho.com
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Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next issue.

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Call the Record at 509-782-3781

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Legals

Public Notices

CITY OF LEAVENWORTH
PLANNING COMMISSION &
CITY COUNCIL
NOTICE OF JOINT MEETING

NOTICE IS HEREBY GIVEN that the Leavenworth Planning Commission will host the City Council in a joint meeting on September 2, 2020 at 6:30 PM (prior to the 7:00 Housing Workshop). The meeting will be held via ZOOM (visit City website notices or contact us for how to join the ZOOM meeting) or, with limited space, at the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington. The intent of this meeting is to provide a mid-year update on the 2020 Docket. Council members may also attend the Housing Workshop. If you are not able to attend the meetings but would like to provide comment or have questions, please contact Development Services within City Hall at 700 Hwy 2, Leavenworth, WA 98826; phone 509-548-5275; email dsmanager@cityofleavenworth.com Published in The Leavenworth Echo/Cashmere Valley Record on August 19, 2020. #690

SUPERIOR COURT OF
WASHINGTON IN AND FOR
CHELAN COUNTY

In the Matter of the Estate of RONALD CALVIN MESSER, Deceased.
NO. 20-4-00235-04

PROBATE NOTICE TO
CREDITORS

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: August 19, 2020

PERSONAL REPRESENTATIVE:
Jason Lee Messer

ATTORNEY FOR PERSONAL REPRESENTATIVE:
David Visser

ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES
23 South Wenatchee Avenue
Suite 320
Wenatchee, WA 98801

COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 20-4-00235-04
OVERCAST LAW OFFICES
By:
David Visser, WSBA No. 41546
Attorney for Personal Representative
Published in The Leavenworth Echo/Cashmere Valley Record on August 19, 2020, and September 2, 2020. #681



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Is Tylenol dangerous?

Question: I always take Tylenol® for fever or headaches because it doesn't seem to upset my stomach like ibuprofen does. I've thought that Tylenol® was safe because my doctor always recommended it for my children. However, my sister-in-law insists that Tylenol® is dangerous. Who's right, my doctor, or my sister-in-law?

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Tylenol® was first used as a pain reliever in 1893. Due to concerns about its ability to cause liver damage, it was used cautiously until 1949, when it became a widely accepted alternative to aspirin. Today, acetaminophen is the most popular non-prescription painkiller sold in the United States. It is considered safer than ibuprofen or naproxen for mild to moderate pain, just as long as you don't take too much.

The best way to take Tylenol® or acetaminophen



safely is to watch the TOTAL amount you take over the day and always stay below the maximum recommended dose. For healthy adults, the Food and Drug Administration (FDA) recommends no more than 4000mg per day of acetaminophen. That's equivalent to twelve regular strength acetaminophen pills at 325mg each, eight extra-strength pills at 500mg each, or six extended-release tablets at 650mg.

If you are over 60 years old, the FDA recommends a lower daily limit: 3100mg. You should take up to 3100mg per day if you have liver problems or drink more than 2 ounces of alcohol regularly. Two ounces of alcohol is equivalent to one 12-ounce beer, one glass of wine, or one shot glass of distilled spirits. 3100mg of acetaminophen is equal to nine regular strength 325mg tablets, six extra-strength 500mg pills, or four extended-release 650mg pills.

Most people taking too much acetaminophen are unaware of the danger

until they experience permanent liver damage. A big part of the problem is the popularity of acetaminophen with drug makers. Acetaminophen is an ingredient of over 200 over-the-counter products and the popular prescription analgesics Vicodin® and Norco®.

You'll find acetaminophen in non-prescription remedies for allergy, sinus problems, cough, cold and flu symptoms, and even sleeplessness. In 2005 alone, consumers in the United States purchased more than 17 billion doses of non-prescription products containing acetaminophen.

Over-the-counter remedies are not the only spots in your medicine cabinet that acetaminophen can lurk. The prescription pain medicines Vicodin® and Percocet® contain a potent narcotic pain reliever along with acetaminophen. The combination of hydrocodone and acetaminophen in narcotic pain relievers like Vicodin® and Lortab® is among the most frequently dispensed prescription medicines in the United States. In 2005, pharmacies filled 11 billion doses of this potent combination analgesic. Unfortunately, acetaminophen in your

prescription medication is easy to overlook. Instead of squeezing the word acetaminophen onto the prescription label, the abbreviation APAP or ACET is used instead.

Here are 5 ways to keep yourself safe when taking Tylenol® or acetaminophen for pain relief:

1. Know your max.

Be aware of the maximum daily amount of acetaminophen that's safe for you to take. For healthy adults, this is 4000mg over 24 hours (8 tablets of Extra-Strength); for others, it is less. Ask your doctor or pharmacist if you aren't sure.

2. Keep track.

Pay attention to how much acetaminophen you are taking. Acetaminophen is called paracetamol in Europe and some other countries. Look for it on the list of active ingredients of all your medicines, food supplements, and herbal remedies. If you take prescription pain medicine, watch for the abbreviation APAP or ACET, or ask your pharmacist if there is any acetaminophen in your prescription medications.

3. Take one at a time.

Don't take more than one medicine containing acetaminophen at

a time. Taking both a non-prescription and prescription product containing acetaminophen puts you at high risk of getting too much. Watch out when taking pain medicines from more than one medical provider such as a dentist, surgeon, ER doctor, or urgent care center.

4. Watch out if you have liver disease.

If you have liver disease, you may need to avoid taking acetaminophen or Tylenol® altogether. Ask your doctor how much acetaminophen per day is safe for you to take for fever, aches, or pain.

5. Avoid acetaminophen when drinking alcohol.

Protect your liver by avoiding acetaminophen altogether whenever you drink alcohol.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. ©2020 Louise Achey

THE WASHINGTON OUTDOORS REPORT

Try Camano Island for a summer getaway

BY JOHN KRUSE, THE WASHINGTON OUTDOORS REPORT

Camano Island offers an easy to get to vacation option away from the city through two saltwater state parks located within a mile of each other. Sitting just 67 miles away from Seattle and across two saltwater sloughs west of Stanwood, Camano Island is a rural getaway. There are no towns here, just a few crossings with stores, gas stations and cafes amongst the roads winding through woods, fields and pasture along with passing views of Puget Sound.

At the southwest tip of the island is Camano Island State Park and a mere mile north of it is Cama Beach Resort, which is also run by Washington State Parks. Both locations border Saratoga Passage, facing west towards Whidbey Island, but each park is unique in what it offers.

Camano Island State Park is a traditional 244-acre property. After passing the North Beach day use area you drive to the upper wooded portion of the park which includes two campground loops with 77 standard sites, five cabins sleeping up to six individuals each, and a group camp. If you enjoy hiking there are a number of short trails (three miles in total) allowing you to explore forested paths where sightings of birds, squirrels and rabbits are common. The most popular is a ½-mile interpretive loop, the Al Emerson Nature Trail, named after a former longtime park ranger.

A drive through the park takes you downhill to the day use area at Lowell Point. Here you'll find a busy boat launch and dock, covered picnic shelter and a number of picnic tables sitting above the high tide mark of the rocky beach. With 6700 feet of shoreline there is plenty of room to spread out along the beach. Many spend the day watching yachts and pleasure boats pass through Saratoga Passage, and sometimes a seal or orca whale will surface as well. Others launch kayaks or power boats and most of latter have crab pots. The crabbing here can be very good. Red rock crabs are



Courtesy John Kruse

ABOVE: The waterfront cabins overlooking Saratoga Passage at Cama Beach Resort.

RIGHT: Freshly boiled rock crab makes for a great campground dinner.

found in the shallow water while bigger Dungeness crabs are hauled up from deeper depths. Fishing is an option too, though there are restrictions this summer to protect Chinook salmon so you are limited to flounder, other bottomfish or the occasional coastal cutthroat trout near shore.

Cama Beach Resort, just to the north, is a converted 1930's fishing resort offering families the opportunity to stay in a cabin either right on the water, or a row back from the waterfront cabins. One unique thing about this setting is guest vehicles are not allowed in the cabin area. You either bring your belongings downhill from a parking lot with a wheeled cart or take a shuttle from one of the parking lots to the cabins below. This makes this area very kid friendly and fast friendships develop among children running or bicycling around the cabins or playing some of the outdoor games available here. Adults on the other hand, if not just relaxing, are often seen kayaking or paddling SUPs in front of the resort.

In addition to the cabins there is a volunteer run gift



shop (closed this summer) and the Center for Wooden Boats, which is open and dedicated to restoring and maintaining the types of wooden boats found at this resort during its heyday. In fact, you can rent a wooden rowboat or powerboat by the hour or for the day to explore the nearby waters or drop a crab pot (available for free with a full day boat rental).

If you are looking for a place to eat the Cama Beach Café in the parking lot area above the resort offers wonderful views of the Sound and excellent food. Breakfast choices include a family breakfast with all the fixings, Swedish pancakes, or hearty meat, cheese and vegetable filled omelets with seasoned potatoes.

Both state parks are pop-

ular. It's best to reserve a cabin as soon as it becomes available (nine months in advance of your stay). You can find out more and reserve online through the Washington State Parks website. <https://parks.state.wa.us/>

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



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