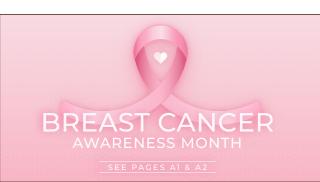
**CELEBRATING 113 YEARS • 1907-2020** 



OCTOBER 7, 2020 · VOLUME 113, No. 41 SINGLE COPY \$1.00

# City approves additional funding for Corona Virus relief

By Kirk Beckendorf

Cashmere reporter

Chelan County Chief of Special Operations, Jason Reinfeld, with the Chelan County Sheriff's Office, updated the Cashmere City Council about efforts to address speeding in the city. He told the Council that officers use their discretionary time for speed enforcement. According to Reinfeld, the department is aware that speeding on Olive Street is an issue and they are using officers and a radar trailer to address the problem. He said the Sheriff's Office used to have more funding to focus on speed enforcement but that that money is no longer available.

The Council unanimously passed amendments to accept an additional \$46,500 from the Coronavirus Relief Funds for Local Governments grant and to amend the agreement with the Port Authority to administer that funding. Mayor Jim Fletcher reminded the Council that the use of the funds is strictly regulated and is available for small business grants. He added that the funds must be spent by the end of November. Council member Daniel Scott asked if funds can be given to the food bank, museum or school district. Fletcher said that nonprofits are not eligible for the grant funds. However, he said that food distribution and expenses for distant learning is allowed, and that he would check on options for providing funds through the food bank, and funding options to support the school.

Council approved an

amendment to the budget, to replace and upgrade wastewater pumps at the city and museum lift stations. Director of Operations, Steve Croci, said the wastewater pump at the city lift station has failed, the new pump will cost \$41,759. One of the 2 pumps at the museum lift station has also failed but he recommended replacing both pumps with upgraded models, which will cost approximately \$30,000. Council member Dave Erickson asked Croci if it would be feasible to buy one pump now and another in a few years. Croci replied that that is an option but that he recommends fixing the problem now with new upgraded pumps. He said this would reduce safety issues and maintenance costs. Scott asked Croci to check and see if any rebates for the upgraded pumps would be available through the PUD.

Fletcher told the Council that he had received a letter about refinancing the wastewater treatment facility. By refinancing, the city could potentially save \$1.85 million in interest over 35 years. He said refinancing would require a new delegation bond ordinance and he would begin working on the process and would report back to the Council about different options for new bonds. Scott told Fletcher he would like to see different scenarios such as; the length of financing and public vs a USDA bond issue.

Kirk Esmond, Chair of the City Planning Commission (CPC), provided the Council with updates of the Commission's discussions regarding changes to the city's codes for Accessory Dwelling Units (ADU), short term rentals (STR) and to allow chickens on lots smaller than 1 acre.

The proposed draft definition of ADUs is "Accessory dwelling unit" means a separate dwelling unit integrated within or attached to a single-family dwelling, or one located as a detached accessory structure located on the same lot as a singlefamily dwelling." Esmond told the Council that the CPC wanted the Council's input on having both an application and annual fee for ADUs. A significant amount of discussion followed that focused on how the ADU code changes could impact potential parking issues, the need for a noncompliance penalty and the city's role in restricting what individuals can do with their own property. Fletcher reminded the Council of public opinions to protect qualities as a small city are very important. He said that "Changes to land use regulations need to consider the effects on our community qualities." Croci said he would take these topics back to the CPC to consider.

Esmond and Croci told the Council that the CPC had been evaluating the County's moratorium on STR and that Cashmere currently does not have any codes that regulate them. Croci said one approach would be to add some code that would only allow STRs in locations where the city allows hotels, he said this would prevent STR rentals from taking over entire neighborhoods, like has happened around Leavenworth and Manson. Scott said he liked



A sinkhole on the corner of Binder Road has resulted in a temporary road closure while repairs are made. Local residents are asked to find another route into the area and avoid the hairpin turn.

this approach and that he would also include, an owner must live on the property. Council member, Jayne Stephenson, said that she understands the concerns but she doesn't like the city telling her what she can do with her own property.

Previously a Cashmere resident asked the Council to consider revising the city code to allow chickens on lots smaller than 1 acre. The Council referred the issue to the CPC to study. Esmond said they had discussed benefits and drawbacks and were seeking input from city residents. Scott asked where do we draw the limit, what if a resident asks to have sheep, or horses or other animals.

In Progress Reports to the Council Fletcher said that the General Fund is in pretty good shape, although revenue in sales taxes have declined, so has the costs associated with opening the pool. He also said that Binder Road is closed due a sink hole that has formed.

As part of an upgrade to crosswalks, Croci said he is considering eliminating the crosswalk on Pioneer at School Lane rather than improving it. Instead he said he would like to put the resources into areas where more people cross the street. The Council agreed and member Chris Carlson said it is a blind corner and it is sketchy to try and cross there anyway. Croci said the project is grant funded and he will need to get permission from the grantor to make the change in the project.

# Leavenworth Youth Rise Up

Leavenworth youth at the youth-led climate march on September 25 that was part of the Global Day of Climate Action

SUBMITTED BY CHARLOTTE MASSEY

Young people from Leavenworth are taking action and making their voices heard in an unprecedented movement of youth engagement in North Central Washington. Leavenworth young people are leading the way by organizing protests like the Climate March on September 25, organizing youth-run candidate forums, and organizing for regional political campaigns.

Aidan Ringel, one of the organizers for the September 25 Climate March, explained why the rise in youth political participation is important. "Young people are the future and it's important for us to get our voice out there because politics is overwhelmingly older people and that isn't sustainable," he said.

Ringel first got involved in activism while participating in climate change protests during his exchange year in Germany, and he has tried to carry that enthusiasm back to Leavenworth. Now Ringel is part of the Sustainability Club at Cascade High school and is a Youth Organizer for the Future of the 12th, a group of young people who are organizing for Adrianne Moore's campaign for State Representative in the 12th District.

The Future of the 12th group of Youth Organizers has over forty active members from around the 12th District, spanning everywhere from Winthrop to Manson. Some organizers, like 14 year old Isabel Menna, will not yet be old enough to vote in November. Others, such

Calling All Scarecrow Hunters

SUBMITTED BY GINA IMPERATO Chamber Manager

Enjoy the fresh fall air and add this social distancing activity to your calendar. Each year over 100 scarecrows are displayed, enlivening the Downtown area and drawing visitors from around the region to take a stroll through town capturing photos, discovering the Cashmere community and enjoying the scenery as creations are on display. This year the town is back at it for the 8th Annual Scarecrow tour known as

Scare~Crazy in Cashmere! October 1st, self-guided scarecrow maps are available at the chamber office at 103 Cottage Avenue and participating businesses. As we social distance, a no contact map is available - QR Code sticker displays will be available to scan. As a reminder, mask up when entering stores or when not 6 ft. apart from others.

Enter the Grand Prize Giveaway by completing the map tour. Select scarecrows will be assigned a scarecrow badge, locate and record on your map. Turn in completed forms by October 31st. The Grand Prize Giveaway is comprised of items donated by participating businesses and will be on display at the Chamber. Winner will be randomly selected on November 2nd.

Scarecrows will be judged at an undisclosed date and time with awards given for the Grand Champion, Most Creative, Best Ensemble and Best Business Theme. Fans can participate by nominating a People's Choice award by viewing the "Scare~Crazyin Cashmere" Facebook page and voting for their favorite.

Winners will be announced on

November 2nd via Facebook.

Bring the family and spend the day in Cashmere enjoying the creativities of our locals as scarecrows fill our sidewalks, storefronts and neighborhoods. The ambience will leave you sharing with your friends that Cashmere has gone Scare~Crazy!



PHOTO SUBMITTED BY THE CASHMERE CHAMBER OF COMMERCE Can you locate this Scare-Crazy display?





PHOTOS BY CAROL FORHAN

These local Scare-Crazy exhibits can be seen on Cottage Ave. during the month of October CONTINUED TO PAGE A8

# **During this difficult time** support your neighbors

Most local businesses offer curbside service or delivery



# THIS WEEK

Breast Cancer Awareness.....A2-A3 Community Calendar ..... . A5 Community Bulletin Board....... A5 Business Directory....

Senior Center Menus..... Sheriff Reports..... . A5 Church Guide.... ..... A5 Regional News.....

**Classifieds Index** 





Cashmere, WA 98815

Phone: 509-782-3781

AA Meeting Schedule....

Classifieds.... Real Estate Guide ... **Advertising flyers** Safeway

www.cashmerevalleyrecord.com









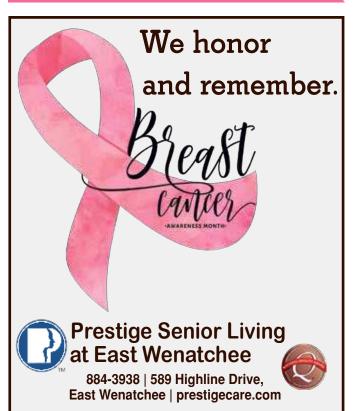




No One Fights Alone.



www.CancerSupportNCW.org





Kathy Bangsund Survivor: 25 years and 19 years. Occupation: The Dwelling Place



Diane Bateman Survivor: 18 years Occupation: Retired Leavenworth



Marjory Blake Survivor: 10 years, 6 months Occupation: Retired -Cascade



Pamela Brulotte Survivor: 5 1/2 years **Occupation**: Owner of Munchen Haus and Icicle Brewing Co. and Wellness Place Board member 2020

anticancer drugs or radiation

Palpable: Able to be felt.

shrink a tumor.

control disease.

given before surgery in order to

Progesterone: A hormone produced

by the ovaries and adrenal glands;

essential for healthy functioning of

**Radiation therapy:** The use of x-rays at very high doses to treat or

the female reproductive system.

Seroma: An accumulation of

Breast Cancer Information.

find breast cancer early.

www mammosite com

lymphatic fluid under an incision.

Content provided by MammoSite

Screening saves lives by helping

### **Breast Cancer Glossarv**

COMPILED BY CAROL FORHAN Survivor Educate yourself on these terms when your doctor talks to you about breast cancer

Adjuvant therapy: Treatment such as chemotherapy, hormonal therapy, or radiation used following surgery to cure, reduce, or control cancer. **Aspiration:** The use of a hollow needle and syringe to suction out fluid or cells from a cyst or tumor. Atypical lobular hyperplasia: Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobule Axilliary: In the armpit.

Benign: Not cancerous. Biopsy: Tissue or cells removed from the body and examined microscopically to determine whether cancer is present. Calcifications: Small calcium deposits in breast tissue that can be seen by mammography. **Carcinoma:** Cancer that arises from epithelial tissue (tissue that lines a cavity or surface); occurs often in

Chemo-prevention: The use of drugs or chemicals to prevent cancer. Chemotherapy: Treatment of cancer with powerful drugs that destroy cancer cells

Core needle biopsy: Use of a hollow needle to extract a sample of a lump or other suspicious tissue for examination. Cyst: A lump or swelling filled with

fluid or semifluid material.

Duct: A channel in the breast that carries milk from the lobule to the nipple during lactation. **Estrogen:** A female sex hormone produced chiefly by the ovaries. Estrogen receptor: A site on the surface of some cells to which estrogen molecules attach. False negative: Test results that incorrectly indicate that the tested disease or substance is not present.

Fibroadenoma: A benign, fibrous tumor commonly found in the breast Free radicals: Toxic atoms produced by chemical reactions within a cell. **Hematoma:** A swelling formed of blood. Infrequently occurs at the site of surgery, such as in a biopsy cavity after a lumpectomy. Hyperplasia: Excessive cell growth.

Infiltrating cancer: A cancer that has spread from its site of origin into surrounding tissue.

In situ: Latin for "in place." As part

of the term "ductal carcinoma in situ," it means that cancer cells exist and are still contained within the ducts of the milk-producing gland. **Lobules:** Milk-producing glands of the breast.

Lymphedema: An accumulation of lymph fluid in the arm, hand, or breast that may develop when lymphatic vessels or nodes have been removed or blocked by surgery, or after radiation therapy. It can appear immediately after treatment or many

Lymph nodes: Small, bean-shaped organs linked by lymphatic vessels. As part of the immune system, they filter out germs and foreign matter. Also called lymph glands. Malignant: Cancerous.

Metastasis: The spread of cancer cells from the site of origin to another part of the body. Metastases: Secondary cancers

that form after cancer cells spread to Neoadjuvant therapy: Therapy with Mammogram.

Finding cancer early may give you more treatment options, including Breast Conserving Therapy instead of a mastectomy.

Get your mammogram. Tell your friends, mothers, sisters, aunts and daughters to do the same. Be a Friend. Tell a Friend. Get Your

Information from American Cancer Society

# October is Breast Cancer Awareness Mont

CAROL L. FORHAN

Survivor

Pink Ribbons, Pink Shirts, walks, runs, fundraisers, and now in 2020 because of the COVID-19 we have virtual auctions, benefits, and other events that we hope will help raise more AWARENESS and money in our communities.

### What is so special about this month of October?

bring awareness of a special need and every disease or affliction now has a colored ribbon to commemorate their cause, whether it is Heart Month. Diabetes Month, Alzheimer's Month, and so on. October 1-31 is a campaign month intended to educate people about the importance of Early screening and Detection of Breast Cancer. But this month is personal for me. It was my personal fight with breast cancer at a young age that had no actual known cause. At the age of 43 I had my first mammogram, and I had just learned how to do breast self-exam by watching a TV program on self- exam. I had a close friend at the age of 39 years old diagnosed with breast cancer and she encouraged me to get a mammogram after I felt a lump in my armpit. I am so thankful for her encouragement because I felt she saved my life, as I was then diagnosed with Stage 2B-breast cancer with all of my lymph nodes involved on the same side.

Breast cancer effects 1 in 8 women who will get diagnosed with cancer in her lifetime, but some men actually can get breast cancer too. Many years of research has been done

cancer comes in many forms family, and my family and and stages. We know about the BRAC genes, but not all breast cancer is inherited and HER-2. Great strides have been made in research to find the cause and medicines and therapies are developed to kill the cancer cells. Some treatments can make one lose a breast(s), hair, self-esteem and dignity, and unfortunately some die.

We can replace a breast nothing, our hair will grow back as well as our self-esteem and dignity. Many women work through the process day by day, whether at a job or career and/ or keeping up a home, children, spouse, daily chores and just day to day living.

Many kinds of friendships develop, help encouragement from another survivor, and support groups may become a part of your life for now, (if you choose too.) We move on, some tell others of their survivorship some tell no one. When we do the survivors' page, in our NCW Media newspapers the first week of October, we are happy to show our smiling faces that we are surviving and thriving. If you know of someone that didn't tell then that is a personal choice and is respected.

Thirty years ago in October while living in Montana, as I mentioned before, I was diagnosed with breast cancer, with no known family history. I survived the treatments of surgery, Chemo and other drugs and therapies. I joined a support group, and called on a Reach to Recovery support person at the American Cancer Society, all while I still worked friends cared for me. Support is very important to recovery.

I recovered through a long process because of the best treatments available at the time and most of all my Faith. I promised God if I get through this I will always continue to be his servant. I became involved in research, funding, and education. After my final treatment, I started with a prosthesis or with a women's support group and It is like other months that reconstructive surgery or do I became an ACS Reach to newly diagnosed and her family understand what they will be going through. I continued to be an advocate for all women to get free education, and lowcost and free mammograms for the under-served. I became an advocate and president of a California organization associated with the Y-ME Breast Cancer National Organization headquartered in Chicago, now called \* Breast Cancer Network of Strength a 24-hour breast cancer hotline, 1-800-222-2141 and Networkofstrength.org, they have help in all languages.

> Breast Cancer was my #1 fighting cause and it still is. I just wanted to give back and help someone else through the process

> Though it is scary, Cancer does not have to be a death sentence, and cancer is not a one person disease, it affects the whole family.

> A few things that are very important to remember and you will be reminded especially in October Awareness Month.

Get a mammogram. Know your family history, if a relative like, mom, grandmother, aunt have or had breast cancer,

on this disease, and breast at 2 jobs, and cared for my depending on your age, recommended year is 45 or earlier if you have a family history and a consultation with your doctor. Learn to do breast self exam. While living in California, we were invited into the health classes in the schools to teach the young girls about breast cancer and self-exam. Contact your doctor or hospital and the American Cancer Society for free information, 1-

> 800-ACS, or www.cancer.org When or if you are diagnosed, you have the right to get a second is not always the answer, talk to your team of doctors and nurses, and other caregivers. BE an advocate for yourself, or take someone with you to be an advocate. Ask questions, do your research, but do not just rely on internet information, it can be misleading. There are also some great books and magazines vou can read. One of the best books about the breast anatomy and tons of information, is Dr. Susan Love's Breast Book. There are different therapies and opinions out there. Thirty years ago I was not expected to live "5" years. and years ago I heard the phrase "I want to see Breast Cancer eradicated in my life time", and it still hasn't been eradicated. I still have Hope and Faith that it will happen before my 4 granddaughters have to deal with it. I thank God everyday that I have another day to enjoy, by continuing my faith career as an ordained deacon in my church. A business owner, a community leader and supporter of many causes. Have Faith my friend, I will support you as well. Sincerely, Carol Forhan, 30 years, Surviving and Thriving!

During our 20 years of compiling the Breast Cancer Survivors' pages, many of these ladies have moved, no longer are participating at this time or have died. Our sincere Best

Joan Baldwin Gale Bates Carla Carey Bev Carlson Janice Clark Terri Clarke Floy Detwiler, M.D. Joy Fields Elsie Fogelstrom Carol Hanson Pat Hills Sonja Hurt Jordi Kimes **Dorothy Kellison** 

Wendi Krieg Verna Lotts Beverly Lobe V Gay Neese-Sweat Mary Ellen McKinney Jodi Ostrem Dorene Parise Elizabeth Peyrollaz Winnifred Pflugrath Kelley Rose Terri Scenard Kara Shephard **Dorothy Shipley** Camille Stemm

Wishes to all of our Survivors. Sad remembrances of those who have passed away either from the cancer or other causes throughout these twenty years.

> Wendy St. Germain **Dorothy Spanjer** Lori Vanderbrink Camieon Voss Julie Williams

\* In Memory of these ladies who have

passed away.

\* Grace Clausen

\* Jessica Green \* Mary Newberry

\* Marie V. Peck

\* Judy M.Peck-Cameron

\* Charlotte Turner





Carol L. Forhan Survivor: 30 years Occupation: NCW Media, co-owner & ad manager, Ordained Episcopal Deacon, and UVCares Board



Lisa Halseth Survivor: 5 years, 2 months Occupation: Wine, Hats/Toys, and Hi-Tech Specialis



Deborah Hartl Survivor: 13 years, 10 months Occupation: HR Director, Sleeping Lady, Trail runner



Rebekah Nugent Survivor: 13 years, 11 months Occupation: Retired



Kris Taylor Survivor: 12 year, 4 months. Occupation: Financial Advisor



Carolyn Wilson Survivor: 14 years **Occupation**: Leavenworth City

# Q: I'm starting radiation soon for breast cancer. How can I help keep the treatments from burning my skin?

During radiation treatments for cancer, nearly 8 out of 10 people will develop some form of skin irritation, called "radiation dermatitis". Radiation often creates redness and warmth to the area, much like having a mild rash. Skin may also become more sensitive to touch and feel "tight." As radiation treatments continue, skin will often feel "dried out", start itching, and can eventually peel off to expose raw, red patches that ooze a clear fluid.

Your skin is more likely to become irritated by radiation if you have another skin surface rubbing up against the skin being treated, like under large breasts or your armpits.

People who smoke, are diabetic, or who had a previous surgical procedure in the treated area are more likely to develop radiation dermatitis.

Post-radiation irritation tends to peak about a week after treatment. To reduce your risk of radiation dermatitis, treat your skin gently. Avoid rubbing or

COMPILED BY CAROL FORHAN

Survivor

The two main risk factors for

and getting older.

**Statistics** 

beeast cancer are: Being female

Breast cancer is the second most

common cause of cancer for

American women except skin

In the United States, one in 8

An estimated 276, 480 new

cases of invasive breast cancer

are expected to occur in women

additional cases of in-situ (non-

64% of breast cancer cases are

diagnosed at localized stage for

invasive) breast cancer.

in 2020, with an estimated 48,530

the ages of 20 and 39.

in her lifetime.

cancer, and the overall cause of

cancer death in women between

women will develop breast cancer

scratching the area being radiated. Drinking plenty of water and applying moisturizing cream to the area faithfully can help keep your skin from peeling.

It's okay to wash with soap. Washing your skin gently with mild soap and water has been shown to cause less skin reaction than just rinsing with water. Most patients starting radiation treatment are advised to use a "mild, non-alkaline soap, preferably unscented."

Unfortunately, there isn't much agreement about which soaps are best and no clear evidence that any specific soap is superior. Mild soaps like Dove®, Ivory®, or Neutrogena® are considered safe to use, while most experts agree that highly scented soaps such as Coast® and Irish Spring® should be avoided when undergoing radiation treatment.

deodorant or antiperspirant during treatment unless the skin of your armpit develops a

which the 5-year survival is 99%.

women in the United States with a

1 in 39 women (3%) will die. But

In the United States, breast cancer

is expected to be newly diagnosed

every three minutes, and a woman

will die from breast cancer every

Though rare, 2,620 new cases of

520 will die. Black men have the

highest breast cancer incidence

over all, Hispanic men have the

men in the U.S. is 68 years old.

Breast cancer in ethnic groups

African American women have a

lowest. Median age of diagnosis for

invasive breast cancer are expected to be diagnosed, in men in 2020.

Breast cancer in men

13 minutes.

there are 3.8 million survivors in

history of breast cancer. 42,170 or

There are more than 2.4 million

cut, scratch, or blister.

Applying a moisturizer after radiation sessions is one of the best ways to protect your skin from dryness, irritation, and skin breakdown.

Your skin consists of a series of layers of flattened cells that form a flexible, selfrenewing barrier that protects your body against exposure to infection and toxins. Deep in your skin, your cells start out nice and plump, then gradually dry out, creating thin, overlapping layers that are water-resistant. As the top layer rubs or flakes off, it exposes the next layer down,

the barrier function of healthy only traditional moisturizing

higher breast cancer death rate than

women of any other racial or ethnic

The risk of breast cancer increases

their 40's and 77 percent of women

American Indian/Alaska Native

females have the lowest breast

with age: About 18 percent of

diagnoses are among women in

with breast cancer are older than

50 when they are diagnosed.

White women have a higher

before age 40.

cancer

incidence of breast cancer than

African American women after age

40, while Africa American women

Risk and recurrence of breast

Postmenopausal women with early

breast cancer are at their greatest

have a slightly higher incidence rate

cancer incidence rates.

**Breast cancer and age** 

CeraVe® Moisturizing Cream has 3 essential ceramides. I compared it to my previous favorite, Arbordoun's Abundantly Herbal Calendula Cream because I wanted to decide for myself if the claims about ceramides were real or just good marketing. The CeraVe® was impressive! My skin absorbed it quickly, it didn't feel greasy, but it made my skin feel super smooth,

of mine is Arbordoun's Abundantly Herbal Calendula Cream, around \$15 for a 4-ounce jar. With olive oil, calendula, and lavender, Arbordoun's helps protect your skin from radiation damage. However, it takes a little time to absorb completely. I always let it soak into my skin for about 5 minutes before putting on clothes so the fabric doesn't stick to it.

after each radiation session and didn't develop any burns. **Here Are 5 Tips to Help Protect Your Skin During Radiation Treatment:** 

1. Avoid rubbing or scratching. Itching causes the urge to

scratch even when you sleep, so keeping your fingernails cut short and wearing cotton gloves or socks over your hands at night can really help. 2. Stay out of hot water.

Avoid using hot water or strongly scented soaps when washing or bathing. 3. Don't scrub.

Treat your skin gently. Avoid washing using harsh scrubbing tools like exfoliating cloths,

rough washcloths, or loofahs. Keep yourself hydrated. Irritated skin loses water

more quickly, making it feel dry and itchy. Drink plenty of water to help keep your skin well hydrated.

5. Apply a soothing

Support the barrier function of your skin by protecting it after each radiation treatment. Moisturizingcreamscontaining ceramides (CeraVe®, Curel®) or calendula can be incredibly helpful.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How

# Council, Law Enforcement

Check out her NEW website The Medication Insider.com for daily tips on how to take your medicine safely. ®2020 Louise Acheu

YOU Can Take Them Safely.

**LOCAL SUPPORT** \* Cancer Care of NCW, Inc. Our

House, Wenatchee: 663-6964 or email:cancare@nwi.net \* Wellness Place, Wenatchee, 888-9933. Support groups, and resources.

\* Cascade Medical, Leavenworth, 548-5815.

\* Confluence Health/Wenatchee Valley Medical, 663-8711 x 64100 Confluence Health, Breast,

Cervical and Colon Cancer Health \* EASE Cancer Foundation,

Cashmere: 860-1322 or www.easecancer.org

\* Lake Chelan Community Hospital, Chelan, 682-3300 \* Columbia Valley Community

Health, 662-6000 \* Three Rivers Hospital, Brewster, 689-2517

\* Family Health Center, Brewster, 509-422-7629, 800-660-2129

\* Seattle Cancer Alliance, 800-804-8824,

www.seattlecca.org **NATIONAL SUPPORT:** 

American Cancer Society, (ACS) 800-ACS-2345, www.cancer.org. Programs include:

I Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK Reach to Recovery, a one to one survivors' help program. New Birthday Campaign: Less Cancer, More birthdays. MoreBirthdays.com, Facebook and blog

OfficialBirthdayBlog.com or Cancer.org/circleofsharing. \* American Society for Therapeutic Radiology and Oncology. 703-502-1550, www.astro.org.

\* American Society of Plastic Surgeons, 800-514-4340, www.plasticsurgery.org.

\* AVON Foundation, www. avonfoundation.org \* Blood & Marrow Transplant

Information Network-Seattle. www.seattlecca.org/bmt, bmtinfoNet \* Breast Cancer Network of

Strength -24-hour breast cancer hotline 1-800-222-2141. Networkofstrength.org/ \* Dr. Susan Love Foundation for Breast Cancer

Research,1-310-828-0060 x 157 \* Living Beyond Breast Cancer, 855-807-6386, www.lbbc.org.

\* National Breast Cancer Foundation-1-972-248-9200, NationalBreastCancer.org \* National Coalition for Cancer

\* Susan G. Komen For the Cure, www.komen.org \* The Breast Cancer Alliance,

Survivorship, Cancerversary.org

www.breastcanceralliance.org

\* National Lymphedema Network,

1-510-809-1660, www.lymphet.org.

\* SHARE (Breast Cancer Hotline), 1-866-830-4576, 844-ASK-SHARE, or www.

sharecancersupport.org \* Vital Options International, 1-800-477-7666,

Philadelphia, PA 19106

www.vitaloptions.org \* Zero Breast Cancer:

1-415-507-1949, www.zerobreastcancer.org Free Cancer magazine: print and online: CancerToday, American Association for Cancer Research, 615 Chestnut St. 17th floor,

continuing the cycle. You can safely wear

Ceramide molecules support skin. A lower level of ceramide is found in dry, damaged skin than in healthy skin. Applying ceramide-rich creams can help heal skin damage. Lotions and creams containing these vitally important compounds can restore skin integrity faster than creams containing

even hours later. Another favorite moisturizer

You can also apply pure Aloe Vera juice directly to your skin for protection. My stepmother, Joyce, used Trader Joe's Aloe Vera Juice

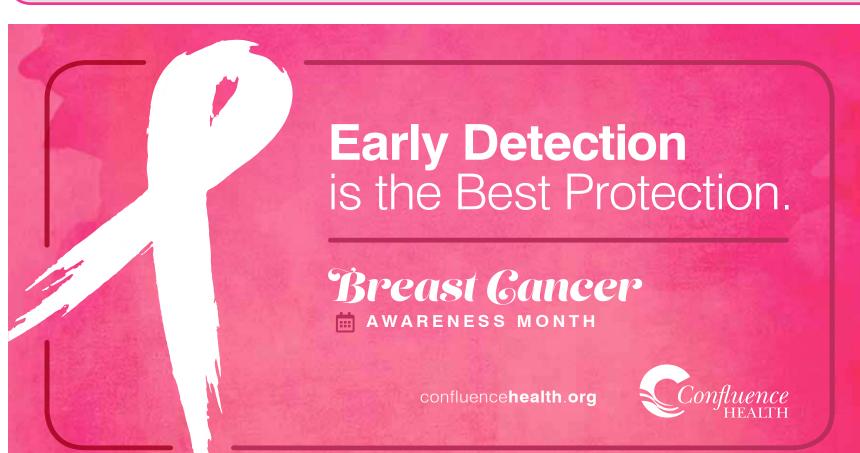
risk of disease recurrence during ie iirst rive years arter diagnosis. The absolute number and percentage of recurrences in the first five years after surgery is much highest than the following five to 10 years. Treatment received during these first five years is paramount in combating the disease.

**Early Detection** One of the earliest signs of breast cancer can be an abnormality that shows up on a mammogram before it can be felt. The most common signs of breast cancer are a lump in the breast, abnormal thickening of the breast, or a change in the shape or color of the breast. Finding a lump or change in your breast does not necessarily mean you have breast cancer. Additional changes that may also be signs of breast cancer include: Any new, hard lump or thickening in

any part of the breast/and armpit. Change in size or shape.

Dimpling or puckering of the skin. swelling, redness of warmul that does not go away. Pain in one spot that does not vary with your monthly cycle. Pulling in of the nipple, nipple discharge that starts suddenly and appears only in one breast. An itchy, sore or scaling area on one nipple. It is important for women to practice the elements of good breast health. It is suggested women obtain regular mammography screening starting at the age of 45, or earlier if you have a family history. Obtain annual clinical breast exams, perform monthly breast-self exams and obtain a risk assessment from a physician.

This information was acquired from the American Cancer Society, 1-800-ACS-2345. Or www.cancer.org. and The Susan G. Komen organization.





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# Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

# Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-782-3781. We will publish a correction on this page in the next

# On the Internet

website: www.cashmerevalleyrecord.com e-mail:

record@cashmerevalleyrecord.com Ad manager: carol@leavenworthecho.com

# **News tips**

Have an idea for a story? Call the Record at 509-782-3781

# **Services**

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

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Calendar Listings Noon, Friday **News Submissions:** Letters to the Editor: Noon, Friday Display Advertising: Noon, Friday

Legal Notices: Noon Friday Classified Ads:

Washington Newspaper **Publishers Association Member** 

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# Save America – reject the Democrat lies

**OPINION** 

sides of the political fence have decried the Presidential Debate as disappointing. Mostly, they were disgusted by the pugnacity, welcome to Trumpville.

Reading the commentary and watching the talk shows reveals neither side

was really influenced much by the combativeness of the event. The lame-stream media resorted to the usual condemnation of the President. While the conservative talk shows maintained their support of the President.

CNN, ABC and NBC continued to call Trump a racist because he wouldn't reject White Supremacists. It's unclear how often they expect him to do this. Clearly, they haven't been listening. Of course, none of them criticized Biden for failing to reject Antifa or BLM for their violent and racist activities around

One thing is clear from the debate. We are in a fight for the life of our country.

Listening to Biden, the only clear stand he took was you need to vote for him because Trump is the worst President the country has ever had. When asked to take a stand on any issue he was evasive. For example, when asked how he stood on the issue of packing the Supreme Court he refused to answer. When challenged he said if he took a stand that would become the issue. Exactly Joe. People deserve to know what you stand for if you're elected.



**BILL FORHAN** 

combative. It's not surprising given the way he has been treated ever since his election. Most of us would have lost patience about 2 years ago. Biden told him to shut-up,

called him a clown. He attacked Trump's efforts to address the Covid pandemic without spreading panic across the country. Democrats have refused to accept the results of the 2016 election and done everything they can to disrupt Trump's Presidency.

In the midst of all of that, Trump had his best line of the night. He pointed out that he had accomplished more in 47 months than Biden has accomplished in 47 years.

Of course, now the media criticizing Trump's performance as focusing too much on his accomplishments and not on what he planned to do if re-elected.

Biden did say the Democrat Platform is his platform. He is the Democrat Party.

So, let's take a look at the platform:

If you go to the Biden for President website you will find a section buried at the very bottom called "Joe's Vision." It is 48 separate programs to totally alter life in this country. It is far too long to address every issue here but it is big on taxpayer funded programs like:

• Free college tuition for every student whose family income is less than \$125,000

• Provide over \$50 billion

These questions are

distribution of wealth"

when in reality, the

wealth belongs to them

Redistribution of the

dollars for new government programs to support minority colleges.

 Massive new programs to limit weapons in the hands of private citizens and programs to hold gun manufacturers accountable for crimes committed by individuals.

Biden's climate and environmental justice proposal will make a federal investment of \$1.7 trillion over the next ten years.

• Biden's tax plan will raise corporate taxes to make sure corporations pay their "fair share." He doesn't define what constitutes a fair share.

Biden claims his massive spending program will be funded by eliminating Trump's massive tax cuts to wealthy corporations. Well, there is a big problem here. Let us just look at the total government tax receipts for the last ten years. According to the IRS, total tax Federal tax collections have grown steadily from \$2.7 trillion in 2010 to a record high in 2019 of \$3.5 trillion. They have grown from \$3.27 trillion during the last year of the Obama/Biden administration to \$3.5 trillion last year. An increase of just over 7 percent.

In other words, supply side economics works once again. When you lower taxes on the private sector business, government tax receipts increase. Employment increases and the economy flourishes. It was John Kennedy, a Democrat, who first made that case. Reagan proved it once again during his administration.

Despite their best efforts, Democrats have not been able



to destroy the effectiveness of President Trump's policies. Now Biden is trying to argue that his plan to enlarge the Federal Budget with billions of new programs for by reversing Trump's corporate tax policies.

Biden has no serious plan for raising the money to pay for his program. It is just like the Democrat claims that Republicans are out to destroy the Affordable Care Act. The reality is that it is not affordable. Remember when they promised it would save you \$2500 per year? Remember how they said the mandatory insurance program was not a tax? They lied.

The reality is government cannot create jobs. They never have. The only jobs they create are government jobs paid for with your taxes. In the process they eliminate competition from the for profit sector. The cost of living goes up.

The Democrats have nothing

to offer except more lies and increased control of your life. It is time to give them their walking papers. They once were honorable if somewhat misguided opponents that kept our government honest. They have become drunk with power and if given control of the Presidency, House and Senate, they will move quickly to insure they permanently change the system.

As a free people we must hand them an overwhelming defeat. Not just at the Federal level but at the state and local level as well. This is a shaping up to be the most important election in our history. Don't be fooled by the polls. They are propaganda from the elitists who are anxious to end the American experiment in self-governance.

Save America, Fire a Democrat.

Bill Forhan can be reached at 509-548-5286 or publisher@ leavenworthecho.com.

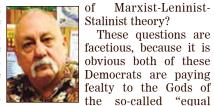
# Wealth Tax' proposed by Warren, Sanders is un-American

Senators Elizabeth Warren and Bernie Sanders have been busying their otherwise lazy hands and brains proposing a tax on the wealthiest Americans.

This is patently un-American. Our nation was built on the TOAPPLES ingenious inventions. business acumen and outright guts of a handful of people who had the nerve to invest

in great ideas and came out the other end of the tunnel with great results and revenue to match. these two Why are

miscreants using wealthy Americans as punching bags? Why are they chastising the idea that wealth is inherently Elizabeth drunk the Kool-Aid Warren were college professors us.



**APPLES** GARY BÉGIN

NCW MEDIA

MANAGING

money is an insane idea. Why bother even working if I can get an equal amount that the successful hard-working folks get? Why bother getting a degree if I can get the same pay as a scientist, engineer, mathematician or software

that earn it.

It should be noted that

and Bernie has always been a socialist so there should be no surprise about where their hearts and intentions are.

The question remains, why are they so adamantly opposed to a handful of Americans making real money from their ideas or cleverness in business?

Isn't the American dream all about making it to the top financially and thus achieving what is unachievable in about 95% of other countries?

Why do the Democrats, admittedly not all of them, hate the wealthy so? If it makes them feel better, give the poor "participation" awards for finishing their lives on welfare, food stamps or some other crutch our great tribe has deemed necessary for the former President Obama and survival of the weakest among

I feel for the homeless, I feel for the hungry, I feel for the least among us like any Christian should, but I cannot allow the penalizing of those who are successful. It makes no sense. Instead of penalizing the

successful in our midst, how

about we eliminate federal

funding of colleges that inculcate the cancer of "we all get everything for free" philosophy. How about Warren/Sanders

donate their salaries? They each get \$174,000 per year.

Literally millions Americans don't make that much after working for many years, but at least they are working and not asking for handouts.

Ask anyone to pledge 10% to their church and 40% to the local socialist/communist/ Democrat slush fund to redistribute. That leaves 50% to survive and plan their life and pay their bills.

Forget about vacations. Forget about 401k's. Forget about starting a new business and definitely forget about sending your kids to a decent university that actually teaches subjects the world so desperately needs like STEM. Welcome to the evil world

of equal treatment for unequal performance. Joe Biden might mean well, but he will be coopted and the lazy and stupid among us will reap the rewards of their ignorance and sloth.

Keep this in mind when the Commies take over thanks to inadvisable votes.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.



developer?

# Free

Keeping up with people submissions are printed as space is available.

Include a photo (opt.)

Send by: Noon on Thursday.

**Send to:** The Leavenworth Echo

Phone:

**Email:** 

Cashmere Valley Record 215 14th street Leavenworth, WA 98826

509-548-5286

carol@leavenworthecho.com or editor@leavenworthecho.com

specific instructions.

This tax planning

technique can be

particularly beneficial

in a year in with

significant tax events,

such as a large IRA

distribution, ROTH

conversion, sale of an

appreciated asset, or a

large bonus. Not only

do you get the benefit

of the tax deduction,

you get the deduction

In addition to

at a higher tax rate.

# What's so great about a Donor Advised Fund?

In a recent meeting, I suggested a client consider opening a Donor Advised Fund and they asked, "what's so great about them?". I mentioned they were a great

option for charitable giving flexibility in tax planning, and we moved on.

But as I consider the overall grandness of the Donor Advised Fund, it is important to

know that they offer something for nearly every giver.

As a result of the most recent tax reform, the standard deduction was increased to \$24,000 for married couples

and \$12,000 for singles. At those levels, many of us are unable to itemize our deductions and our charitable contributions no longer help us for tax purposes. While none of us are charitable purely because we get a tax deduction, the tax deduction is an incentive for us to give consistently, or perhaps just a little bit more.

Using a Donor Advised Fund to "stack your donations" is an effective charitable giving opportunity which allows you to make multiple years' worth of annual donations in one tax year.

When taking advantage of this tax option, you deduct the donation in the year of the gift on your tax return. You then have flexibility to have the invested money sent to the charity(s) of your choice, in the year of your choice.

For example, you could donate \$24,000 to a donor advised fund in 2019 and then send \$8,000 per year for the next three years to the charity(s) of your choice. The tax deduction would be taken in 2019 for the donation made to the donor advised fund plus any other itemized deductions (property taxes, sales tax, and mortgage interest) and the charity(s) would receive a donation over the next threeyear period according to your



By Kristine Loomis CPA, CVA, Managing Principal,

Cordell Neher & Company

charitable donation stacking, your donor advised fund (which grows over time) allows for purposeful giving as a family and allows you to pass along a legacy of charitable giving to your children. By investing in their donor advised fund, you will benefit from the tax deduction and have the option to donate to any qualified charitable organization on your own schedule.

Using the Community Foundation of NCW's Donor Advised Fund gives you the opportunity to maximize the benefits of charitable giving. It's easy, effective, and controlled giving with tax benefits. You can even make vour donation anonymous if

that's your preference. I encourage you to speak with your CPA, lawyer, or financial planner about these charitable giving options and how they can benefit you and those causes you care about!



COMMUNITY BULLETIN **BOARD** 

Local, Regional Community News & **Events** 

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.

What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com

Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise your News & Events

Go to: www.NCWMARKET.COM • 24/7

Choose your category and pay for Print & Online at one time For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at

Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.



# **CHELAN COUNTY** SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan  ${\bf County\, Sheriff's\, Office\, and\, RiverCom.\,\, The\, publisher\, cannot}$ certify the complete accuracy of the information provided.

### September 25

00:25 Trespass, 4705 Kelly

Rd., Monitor 02:23 Warrant, US Hwy. 2 & Hay Canyon Rd.

09:40 Scam, 58 Tibbets View Ln.

17:15 **Suspicious**, 300 Woodring St. 17:25 Welfare check, 307

# Independence Way

02:23 Theft, 115 E. Pleasant

September 26

Ave., #3 09:35 Civil, 6404 Sunburst Ln.

11:28 **Disturbance**, 5886 Sunburst Ln. 11:54 Theft, 5607 Sunset Hwy.

September 27 03:07 Noise, 303 S. Division St. 10:53 Malicious mischief,

125 Cottage Ave. 11:30 Alarm, 3895 Ayers Rd.,

Monitor 14:50 **Domestic** 

disturbance, 307 Independence Way

17:42 Weapons violation, Mill Rd. & Sunset Hwy. 18:23 Accident/no injuries,

6520 Flowery Divide Rd.

# September 28

17:37 Accident/no injuries, 3853 Old Monitor Rd. 18:04 Juvenile problem,

8703 Alice Ave., Dryden

# September 29

09:43 Hazard, BNSF XING, 084464L 13:01 Parking/abandon, 7363

Medicare Annual

**Enrollment Period** 

How will your plan

change? What are your

options for 2021?

TODAY

US Hwy., 2, Dryden

15:02 Accident/no injuries, 200 Valley St.

16:11 Fraud/forgery, 407 Aplets Way

18:45 Domestic disturbance, 3717 Bridge St., Monitor

### September 30

07:52 Trespass, 103 Railroad Ave.

17:23 Domestic disturbance, 5823 Sunset

Hwy. 18:48 Noise, 201 Riverside Dr. 18:51 **Alarm**, 305 Aplets Way 18:55 **Suspicious**, 200 Blk.,

Elberta Ave. 20:13 Theft, 214 Elberta Ave. 20:31 Extra patrol, Pioneer

Ave. & Tigner Rd. 21:43 Trespass, 5415 Binder Rd.

# **October 1**

11:50 Theft, 115 E. Pleasant

Ave., #3 12:12 Trespass, 113 Cottage Ave.

13:31 Attempt to locate,

Cottage Ave. & Vine St. 14:14 **Suspicious**, 201

Riverside Dr. 14:49 Traffic offense, US Hwy. 2 & Aplets Way

15:07 Civil, 6647 Dryden Frontage Rd., Dryden 16:19 Extra patrol, 4705 Kelly

Rd., Monitor 16:34 Theft., 201 Cottage Ave., #1. Weeds Cafe

16:55 Trespass, 5994 Goodwin

23:08 Noise. Dryden Ave. & Main St.

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# **■ COMMUNITY CALENDAR**

# Wednesday

Cashmere Rotary Club: Zoom meetings Noon, Call President Kris Taylor, 663-8604 for more information.

Cashmere Food Bank, 2:30-3:30, Cashmere Food Distribution Center, Riverside Park, for more information, call Pam. 509-669-3159.

The Underground Youth Group, 6th-8th graders. Christ Center, 206 Vine Street. 6:30-8 p.m. Call Steffanie, 782-2825.

### **Thursday**

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Cashmere Sportsmen's Association, open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.

Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).

Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).

# **Friday**

### **NO MEETINGS**

# Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19.

# Sunday

CHURCH: See the church page for local service times and events.

The Underground, youth group for high schoolers. 6 p.m., Christ Center. 206 Vine Street. Call Steffanie, 782-2825.

# **Monday**

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (No Meetings at this time due to COVID-19)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)

Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).

Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).

Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.) Cashmere Fire Department, meeting, 8 p.m., above City

Cashmere School Board Work Session, Zoom Meeting, 6:30 a.m. (1st Mon.)

Hall. Call Chief Cy, 782-3513. (3rd Mon.)

Cashmere School Regular Board Meeting, Zoom, p.m. (3rd Mon.) Schedule changes do occur. See: www.cashmere.wednet.edu. or Call 782-3355.

Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Icicle & Peshastin Irrigation Districts: Meeting change for Sept.and Oct.now at 5 p.m. Call Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net (2nd Tues.)

Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

# **NCW Libraries**

### Cashmere Public Library: 782-3314 You can order your books online at ncwlibraries.org or call

1-800-426-READ (7323) and pick up them up with curbside service on Monday, Wednesday and Friday 10 a.m.-2 p.m. and Tuesday-Thursday from 3-6:30 p.m. STEM and craft kits are also available for the children once a week and adult craft kits are also available once a month.

**Cashmere Museum and Pioneer Village** Call for more information 782-3230

Chelan County Historical Society Board meets,

7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

# ■ AA MEETING SCHEDULE

# Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946 The phone number to call for the Zoom link to Leavenworth

AlAnon meetings is 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans Friday, 7:30 p.m., Plain Community Church,

12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

**Alanon Meeting Schedule** 

Monday, 7 p.m., United Methodist Church, 418 Evans St.

We will be meeting via Zoom weekly on Fridays at 6:30 p.m. Please email celebraterecoverylcn@gmail.com for more information.

# ■ SENIOR CENTER MENUS

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www.springwaterinsurancegroup.com

# Leavenworth Senior Center, 423 Evans St., Leavenworth **Events Calendar**

Currently the Leavenworth Senior Center is closed. The meals on this menu will be available 3 days a week at the Leavenworth Senior Center, for take-out and home delivery meals.

FOR MEAL PICK UP: CALL 24 HOURS IN ADVANCE

(6) 1108 Springwater Ave.

Wenatchee WA, 98801

Formerly Senior Insurance Services

Dec. 7

TO RESERVE OR CANCEL (509)548-6666 or email Leavenworthseniors@gmail.com For information about the Home Delivered meal program, call

(509)470-0522. October 8, Thursday: No lunch.

October 9, Friday: Broccoli chicken bake, rice pilaf, garden salad, fruit salad, whole wheat roll dessert.

Saturday and Sunday: No lunch. October 12, Monday: Sweet & sour chicken over noodles, stir fry vegetables, Asian style slaw, tropical fruit, whole wheat roll,

dessert.

October 13, Tuesday: No lunch. October 14, Wednesday: Crunchy chicken salad sandwich, vegetable soup, pickled beets, chilled peaches, dessert.



BUSINESSJOURNAL

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FERALD

# Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

### **Administrative**

Publisher's notice

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which SWS-4988179 makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisenent in any subsequent issue No monetary refunds will be given. For more information call (509) 548-5286.



### Administrative

**Puzzle Solution** 



		7	5	6	4	1	9	3
4	3	6	8	9	1	7	5	2
5	1	9	2	3	7	4	6	8
6	5	1	9	2	8	3	7	4
7	4	8	3	1	5	6	2	9
9	2	3	4	7	6	8	1	5
8	7	2	1	4	9	5	3	6
1	9	4	6	5	3	2	8	7
3	6	5	7	8	2	9	4	1

# **Announcements**

# **Lost & Found**

Lost in Leavenworth a gold chain necklace with a crown charm attached. Reward if found. Very sentiment. Please call Penny. 885-0441.

# **LOST AND FOUND**

can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286

Lake Chelan Mirror 509-682-2213

**Quad City Herald** 509-689-2507

Deadline is Noon on Friday



# **Happy Ads**

HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR **CLASSIFIEDS** IN THE PAPER AND ONLINE

24/7 at www.NCWMarket.com

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CONGRATULATIONS!

**WILL YOU MARRY** ME?

HAPPY ANNIVERSARY Only \$15 for 30 days includes 3 photos

Chelan-Brewster 682-2213 or Leavenworth-Cashmere 548-5286

# **Employment**

**Help Wanted** 

**Find the Best** Qualified **Local Employee** in our Classifieds Ads.

Place your ad online 24/7 at www.NCWMarket.com It is easy, just register and pay online.

Print only? Deadline is Monday by Noon for all papers:

Lake Chelan Mirror **Quad City Herald** 683-2213 Leavenworth Echo Cashmere Record 548-5286

Your ad will appear online and in the newspapers for one low price!

City of Chelan **Employment** Opportunity

### **Shop Supervisor** /Mechanic

City of Chelan is accepting applications for the position of Shop Supervisor/Mechanic. Monthly pay range: \$4,471 \$5,37. Application deadline: October 21, 2020 or until filled. Go to www.cityofchelan.us for additional information and employment application.

Vacasa needs Runners in Chelan, Washington! Looking for our next rockstar to help create lasting vacation memories! Reliable transportation in the snow and weekend availability is a must!

This role pays \$19/ hour from 6/28/20 to 9/20/20, will revert to \$15/ hour after this period: PTO, health/dental/vision insurances available based on hours worked, 401k with 6% match and other discounts! Apply online at www.vacasa.com/careers or text Vacasa 97211

# **Help Wanted**

# THREE RIVERS HOSPITAL

MED/SURG RN **Full-time/ Nights** 

Three Rivers Hospital is in need of a Med/Surg RN perform general nursing duties in an acute setting with adequate supervision. Current WA State RN license and must have current BLS/CPR & obtain ACLS certification within one year. Rotating days and includes some weekends.

nay apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.

**Interested Candidates** 

threerivershospital.net opportunity@ trhospital.net EOE

Full and Part-Time Breakfast Catering Staff The Enzian Inn is searching for energetic service oriented individuals to join our

breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at

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Office furniture available. Items: 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable

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Your ad will appear online and in the newspapers for one low price.

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# Legals

### **Public Notices**

SUPERIOR COURT OF

WASHINGTON IN AND FOR **CHELAN COUNTY** In the Matter of the Estate of EMORY COURTLAND WEBBER, Deceased. NO. 20-4-00294-04 **PROBATE** NOTICE **CREDITORS** The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or Personal mailing to the Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as **RCW** provided under 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate nonprobate assets. DATE OF FIRST PUBLICATION: September 30, 2020

PERSONAL REPRESENTATIVE:

ATTÓRNEY FOR PERSONAL

Cheryl Lee Miller

REPRESENTATIVE:

Thomas Overcast ADDRESS FOR MAILING OR OVERCAST LAW

OFFICES 23 South Wenatchee Avenue, Suite 320, Wenatchee, WA 98801 OF PROBATE COURT PROCEEDINGS AND CAUSE Chelan NUMBER: County Superior Court, No. 20-4-00294-04 **OVERCAST LAW OFFICES** By:\_/s/\_Thomas D. Overcast Thomas D. Overcast, WSBA No. 14486 Attorneys for Personal Representative

Published in The Cashmere Valley Record/Leavenworth Echo on Sept. 30 and Oct. 7 and 14, 2020. #891



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### **Public Notices**

**TEK Construction, Inc., Dean** Irwin, 1980 W Bakerview Rd Bellingham, WA 98226-9133,

1.5 is seeking coverage under the in Washington State Department of Ecology's Construction Stormwater NPDES and State Waste Discharge

The proposed project, Leavenworth National Fish Hatchery, is located at 12790 Fish Hatchery Road in in Leavenworth in Chelan county. Leavenworth on bus line, all This project involves 1 acres of soil disturbance for Commercial con-

struction activities. All discharges and runoff goes to ground water.

Any persons desiring to present their views to the Washington State Department of Ecology regarding this Application, or interested in Ecology's action on this Application, may notify Ecology in writing no later than 30 days of the last date of publication of this notice. Ecology reviews public comments and considers whether discharges from this project would cause a measurable change in receiving water quality, and, if so, whether the project is necessary and in the overriding public interest according to Tier II anti-degradation requirements under WAC 173-201A-320.

Comments can be submitted to: ecvrewqianoi@ecy.wa.gov, or Department of Ecology Attn: Water Quality Program, Construction Stormwater P.O. Box 47696, Olympia, WA 98504-7696

Published In The Leavenworth Echo/ Cashmere Valley Record on September 30 and October 7, 2020. #883

# **Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE **COUNTY OF SPOKANE** 

In the Matter of the Estate of:

ANDREW D. HASTINGS, Deceased. NO. 20401345-32 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) (NTCRD) The person named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of imitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under

RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate nonprobate assets. ASHLEY SPRING Administrator

Attorney for Administrator DANIELLE PALM, WSBA #56332 Address for Mailing or Service: Danielle Palm Estates and Elders Law PLLC 23403 E. Mission Avenue Suite 113

Liberty Lake, WA 99019 509.252.5003 Published in The Leavenworth Echo/ Cashmere Valley Record on September 23, 30 and October 7, 2020. #851



# www.leavenworthecho.com www.cashmerevalleyrecord.com

# **Public Notices**

NOTICE OF PUBLIC HEARING ON CITY OF LEAVENWORTH PRELIMINARY 2021-2022 **BUDGET TO DETERMINE** PROPERTY TAX RATE / AD **VALOREM TAX** 

The Leavenworth City Council will hold a public hearing via Zoom Conferencing on October 27, 2020 at 6:45 p.m. at the Leavenworth City Hall on the City of Leavenworth preliminary 2021-2022 budget to review a possible increase in property taxes in review of the ad valorem tax for the 2021 year. Copies of the preliminary budget will be available on or before November 6, 2020 at Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 5:00 p.m., Monday through Friday by appointment only. The public is invited to attend said zoom conferencing hearing and make comment; for more information on zoom conferencing you may contact Chantell Steiner, Clerk at Finance Director/City

509-548-5275, ext. 123. Published in The Leavenworth Echo/Cashmere Valley Record on October 7, 2020. #940

### **Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY

> Estate of JAMES PAUL ZAPKE, Deceased. NO. 20-4-05436-1 SEA PROBATE NOTICE TO **CREDITORS** RCW 11.40.030

The personal representative named below has been appointed as per- DATE OF FIRST PUBLICATION: sonal representative of this estate. Any person having a claim against the decedent must, before the time By the claim would be barred by any GENE L. HALVERSON, JR. otherwise applicable statute of limi-Personal Representative tations, present the claim in the Address: manner as provided in RCW 4182 Chelan Hwy. 11.40.070 by serving on or mailing Wenatchee, WA 98801 to the personal representative or the personal representative's attor- Attorneys for Personal ney at the address stated below a Representative: copy of the claim and filing the orig- JEFFERS, DANIELSON, SONN & inal of the claim with the Court. The AYLWARD, P.S. claim must be presented within the By later of: (1) Thirty days after the TODD M. KIESZ, WSBA # 25975 personal representative served or 2600 Chester Kimm Road mailed the notice to the creditor as Wenatchee, WA 98801 under 11.40.020(1)(c); or (2) four months Wenatchee, WA 98807-1688 after the date of first publication of the notice. If the claim is not pre- CHELAN COUNTY CLERK'S sented within this time frame, the OFFICE claim is forever barred, except as Ms. Kim Morrison, Clerk otherwise provided in Section 11 of Chelan County Superior Court this act and RCW 11.40.060. This Chelan County Law & Justice bar is effective as to claims against Facility both the decedent's probate and 350 Orondo Avenue, Suite 501 non-probate assets.

Date of First Publication September 23, 2020

DAYNA PAPADAKIS, Personal Representative Attorney for Personal Representative: Yvette O'Connell Address for Mailing or Service: 7801 Green Lake Dr. N. Seattle, WA 98103 Published in The Leavenworth Echo/ Cashmere Valley Record on September 23, 30, and October 7, 2020. #862

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# **Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON **COUNTY OF CHELAN** IN PROBATE

PAULINE E. HALVERSON, Deceased. In the Matter of the Estate of

GENE L. HALVERSON, SR.,

In the Matter of the Estate of

NO. 20-4-00281-04 PROBATE NOTICE TO **CREDITORS** 

(RCW 11.40.030)

Deceased.

The Personal Representative named below has been appointed as Personal Representative of these estates. Any person having a claim against the decedents must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedents' probate and nonprobate assets.

September 23, 2020

RCW P. O. Box 1688

Wenatchee, WA 98801-2885 Published in The Cashmere Valley Record/ The Leavenworth Echo on September 23, 30, and October 7,





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# **Public Notices**

SUPERIOR COURT OF WASHINGTON IN AND FOR **CHELAN COUNTY** In the Matter of the Estate of JULIE ANN VAN REENEN. Deceased. NO. 20-4-00296-04 PROBATE NOTICE TO **CREDITORS** 

The Administrator named below has been appointed administrator of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate non-probate assets. DATE OF FIRST PUBLICATION:

October 7, 2020 ADMINISTRATOR Aaron Van Reenen ATTORNEY FOR

ADMINISTRATOR: David A. Kazemba ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES-NCW, PLLC 23 South Wenatchee Avenue, Suite 320

Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No.20-4-00296-04 OVERCAST LAW OFFICES-NCW, PLLC By: /s/ David A. Kazemba David A. Kazemba.

Published in The Leavenworth Echo/Cashmere Valley Record on October 7, 14, and 21, 2020 # 923

WSBA No. 48049

# **Public Notices**

SUPERIOR COURT OF **WASHINGTON IN AND FOR** 

In the Matter of the Estate of JESSIE W. BATEY,

# **CREDITORS**

been appointed 11.40.020(1)(c); or (2) to claims probate nonprobate assets.

DATE OF FIRST PUBLICATION:

ADMINISTRATOR:

ATTORNEY FOR ADMINISTRATOR:

ADDRESS FOR MAILING OR SERVICE: **OVERCAST LAW OFFICES** 23 South Wenatchee Avenue Suite 320

COURT OF PROBATE NUMBER: No. 20-4-00240-04

**CHELAN COUNTY** 

Deceased. NO. 20-4-00240-04

# PROBATE NOTICE TO

The Administrator named below has Administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as against both the decedent's

September 23, 2020

**Doug Batey** 

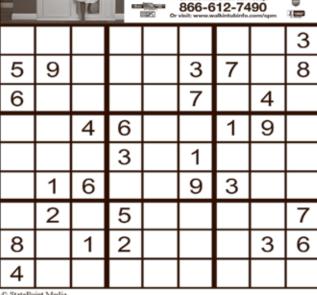
David Visser

Wenatchee, WA 98801

PROCEEDINGS AND CAUSE Chelan County Superior Court, **OVERCAST LAW OFFICES** 

David Visser, WSBA No. 41546 Attorney for Administrator Published in The Leavenworth Echo/ Cashmere Valley Record on

# September 23, 30 and October 7, 2020. #843 SUDOKU WALK-IN BATHTUB SALE! SAVE \$1,500 3



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

THEME: THE 1970s

ACROSS

18. Speck in the ocean
19. \*Fallen South Vietnamese capital

21. \*War movie and Oscar-winner

1. Muscular contraction

9. "That was close!" 13. Blood circulation organ

17. UN labor org.

23. Once around

30. Foliage vein

35. In fine fettle

24. Hippocrates' promise

25. Ribonucleic acid 28. Bakery unit

37. Scoop or skinny 39. Nephew's sister

41. \*ABBA's genre

43. Thailand money

44. Temporarily bar

50. Romanov ruler

53. It prevents objectivity

57. \*First U.S. space station

68. Does like some coffee makers

55. Brewed beverage

52. Give it a go

60. \*Mr. Jefferson

69. Tasseled hat

70. Not snail mail

72. \*Nicklaus' peg 73. Smartly dressed

71. Back talk

63. Nest for an eagle 64. Between Fla. and Miss.

66. Cold cream brand

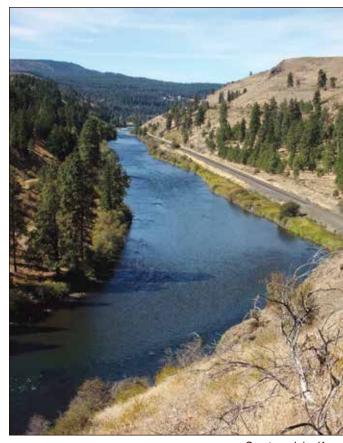
40. "Metamorphoses" poet

46. Way to fry 47. Jamie Fraser of "Outlander"

6. D.C. mover and shaker

14. FEMA provisions, e.g. 15. Not bob, to a boxer 16. Like a whistle?

# THE WASHINGTON OUTDOORS REPORT



Courtesy John Kruse

The Yakima River from the Thorp Highway.

# Blue Ribbon Trout and plenty of Coho

If you are looking for a highquality stream fishing experience for trout, look no further than the Yakima River, Washington's only Blue Ribbon trout stream. Flowing from Keechelus Lake near Snoqualmie Pass into the Snake River at the Tri-Cities, the river offers cold water fisheries in the upper river and warmwater fishing for bass, catfish and more in the lower section. The upper stretch of the

Yakima, flowing 75 miles from Easton to Roza Dam in the canyon below Ellensburg, is where the Blue Ribbon trout fishery exists. In this stretch all of the fishing is a catch and release affair. Rainbow trout are found throughout this part of the river, and there are cutthroat trout as well above Cle Elum. Not only are catch and release rules in effect, but selective regulations are too. No bait is allowed and lures may only have a single barbless hook. Having said that, 19 out of 20 anglers you see fishing the Yakima are fly anglers who come from all over the state to fish from shore or from drift boats, pontoon boats or rafts to hook into trout measuring from 8 to 18 inches or better

The strict management of this river has paid off. Since this area was designated as a Blue Ribbon trout stream in the 1990's by the Washington Dept. of Fish and Wildlife, trout populations have flourished. Outdoors writer Terry Sheely, writing about the Yakima River for Washington-Oregon Game & Fish Magazine 10 years ago, reported that in the canyon between Ellensburg and Roza Dam there were "1,129 rainbow trout per mile or one trout for every  $\bar{4}$  ½ feet of river." With that many fish present, it's not hard to have a good day of fishing.

Having said that, the Yakima doesn't always offer easy fishing. It is heavily pressured and skill is required when it comes to presenting a fly or lure in front of a trout to get it to strike. This is where reading the water comes into play and "matching the hatch" to offer flies that imitate a food source for the trout is a key to success.

As for what kind of flies you should use in October? The staff at the Ellensburg Angler Fly Shop suggests using cranefly, stonefly, caddis or blue wing olive imitations. Specific flies that are working right now include Pat's Rubber Legs in coffee, orange or black. Orange Chubby Chernobyls, Purple Haze and Pheasant Tail flies.

The Blue Ribbon stretch of the Yakima River is open to fishing all vear. There are numerous public access points for do-it-yourself anglers. If you want to learn the ropes of fishing the Yakima for the first time a guided trip could be a good investment. Several fly shops, many of them offering guided outings, can be found in Cle Elum and Ellensburg.

Coho Salmon Opportunities: The return of coho salmon up the Columbia River this fall has exceeded expectations. Some 90,000 adult salmon passed over Bonneville Dam as of Sept. 29, a 50 percent increase over the 10-year average return of 60,000 fish.

One place that fishes very well for coho is the Columbia River just off the mouth of the Klickitat. Try hover fishing cured salmon roe just off the bottom to entice strikes from both coho and fall Chinook salmon.

Other opportunities have come open too because of this strong Coho run. On the Upper Columbia between Priest Rapids Dam to Rocky Reach Dam near to six salmon a day until Oct. 15 (check the e-regulations for more details). The Icicle River near Leavenworth opened up for coho on Oct. 1 (a full month earlier than last year) as did the Lower Yakima River and even the Grande Ronde River (at least the Oregon part of it) has opened up for coho salmon; the first time this has happened in 40 years.

The bottom line? Now is not only a good time to go fishing on the Yakima River, but also an excellent time to go fishing for Coho salmon. Enjoy.

John Kruse – www. northwesternoutdoors.com and www.americaoutdoorsradio.com



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**52 ISSUES** 

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Not outside 20. Egg-shaped 22. Cash dispenser 24. Compensating equivalents 25. \*"The Mary Tyler Moore Show"

10. Saintly sign 11. Like never-losing Steven 12. Kind of nurse

1 Anatomical pouch

2. Plural of #6 Across

9. Boll weevil, e.g.

\_\_ 51, Nevada

4. \*"\_\_\_way to Heaven"
5. Feed beet

6. Some have a high tolerance for it

7. \*1973 \_\_\_\_ crisis 8. \*Oliver Sacks' "Awakenings" drug

26. Center of a church, pl. 27. Defendant's excuse 29. Black tropical cuckoo

31. "I call first \_\_\_\_!"
32. Undergo a chemical reaction 33. Blood of the Greek gods 34. \*First Lady, familiarly

36. Dutch export 48. \*"The Gods Themselves" author 38. South American wood sorrels 42. Talk like Demosthenes 45. Paso \_\_\_\_, CA

49. By means of 51. Go back into business 54. Behind a stern 56. Pleasant odor

57. Serum, pl. 58. \*Cheryl Ladd on "Charlie's Angels" 59. Golfer's dread

60. Fixed look 61. Flying bite 62. Blue pencil mark

63. Internet pop-ups \*"Enter the Dragon" star 67. \*"Rocky" star's nickname

# Youth Rise Up

CONTINUED FROM PAGE A1

as Stella Johnson, will be voting for the first time in the November 3 election.

Johnson helped found the Cascade High School Sustainability Club and coorganized the march on September 25. She wishes climate change was not a political issue.

"We offered the invitation to both Keith Goehner and Adrianne Moore [the two candidates for District 12 State Representative] to speak at our Climate March and Adrianne was the one who took the time to come out and show us her support." Johnson explains. "That's why so many young people support her."

Other Leavenworth young people are working to increase voter turnout among their peers through the newly formed nonpartisan organization, NCW Young Voters.

Youth voter turnout has historically been low, with only 35% of registered voters age 18-30 turning out in 2018 according to voter data. Common reasons young people do not send in their ballots are a lack of information on how to register, not having access to information on candidates, and feeling like their votes do not matter.

NCW Young Voters is addressing those barriers by running voter education campaigns and organizing youth-moderated candidate forums where young people can ask questions directly to the candidates running to represent them, including Goehner and Moore as well as the candidates for Washington Secretary of State, Gael Tarleton and Kim Wyman; and the candidates for Chelan County Commissioner, Dale England and Tiffany Gering.

Activate Leavenworth has continued organizing as well. The group formed after the Black Lives Matter March of Solidarity on June 5th that garnered a turnout of 1300 community members. Their most recent initiative was community support for the Cold Spring Canyon/Pearl Hills Fire-- the group collected donations from Leavenworth and drove them to Brewster and Bridgeport.

Ringel's advice for other young people: "Change starts in the streets but it is finished in Olympia or Washington, D.C. Find a candidate running at any level and volunteer for



NCW Young Voters' Candidate Forum with Keith Goehner and Adrianne Moore, candidates for Washington State Representative for District

12. Hosted by Charlotte Massey and moderated by Juan Mendoza-Tovar, Teresa Bendito, and Emma Skylstad.

their campaign. You can feel good not only because you helped get them elected but they will pass legislation that creates change that benefits causes you care about."

The September 25 Climate March was organized by Stella Johnson (12th grade CHS), Aidan Ringel (12th grade CHS), Heather Hayes (12th grade Wenatchee HS), Andreas Broxson (12th grade Wenatchee HS). Additional speakers included Allison (Allie) Ward (6th grade IRMS), Molly Renner- Singer (9th grade CHS), Braden Dilly (20 year old from Wenatchee), Rory Swoboda (12th grade CHS), Chelsea Murphy (Leavenworth community member), and Adrianne Moore (Candidate for Washington State Representative for District 12).



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Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



# New to our area? On vacation? UPPER VALLEY CHURCH GUIDE These churches welcome you!

# TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

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CASHMERE BAPTIST CHURCH

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CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



# CHRIST CENTER

Cashmere Assembly of God • 509-782-2825 Worship Services are available ONLINE ONLY at 10 a.m. Sundays All updates on COVID-19 can be found at christcentercashmere.com/cc-updates Underground High School Group, ONLINE ONLY at 6 p.m. Sundays **CHRIST**CENTER Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregation Care Pastor, Joyce Williams

Director of Operations, Pastor lan Ross

High School Director, Steffanie Haney



# **GRACE LUTHERAN CHURCH**

Morning Prayer, Evening Prayer or Holy Eucharist. Times and place will vary due to **COVID** restrictions Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries Contact Pastor Rob Gohl 509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH Morning Prayer, Evening Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.

Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

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School - 9:45 a.m. • Morning Worship - 11 a.m. Evening Service - 6:00 p.m. • Pastor John Smith www.christforcashmere.org

# DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore

# www.midvalley baptist.org LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. . Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James • www.cmbiblechurch.org



CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

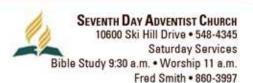
CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11:00 AM Website: www.leavenworthbaptist.com info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Mark Miller Youth Pastor, Kent Wright www.LCN.org



# SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

# MONITOR



# PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org

www.newlifeleavenworth.com

NEW LIFE FOURSQURE CHURCH 7591 Hwy. 97 • 548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth



# Celebrating Public Power through the generations



SUBMITTED BY RACHEL HANSEN

**WENATCHEE**, – Going through some old boxes this summer, Ray Taylor discovered a check he wrote on July 27, 1957 to Chelan County Public Utilities District #1. The amount was for \$1.80 – the cost of electricity for two months.

Taylor has been a Chelan County PUD customer-owner for 66 years, first as a newly wed when he and his wife Betty Lee rented their first apartment together, and then as treasurer of his church, First Baptist, as it built a new facility on Maple Street in Wenatchee.

Ray was working at the National Bank of Commerce when Chelan County PUD leadership walked in to buy Rock Island dam from Puget Sound Energy. The bank

buzzed with excitement as executives flew in from New York to arrange the financing.

A decade later, Ray and Betty Lee took their kids to the dedication of Rocky Reach in 1963. He still remembers the tours, festive food and high school band.

"One of the best things we've ever done in this county was to purchase the dams for ourselves, so the benefits would stay in the community," he said.

As we celebrate Public Power Week, Oct. 4-10, we want to honor our heritage as a nonprofit, community-owned utility. Your history is our history.

We look back with gratitude to a generation of community leaders who saw the value in public power. Imagine the

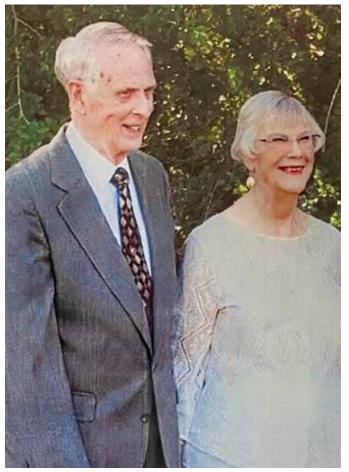
courage it took for a small, rural county to build, buy and operate three hydropower projects in the 1950s.

That investment now produces five-to-six times the amount of energy we need to serve our 50,000 customerowners. The surplus power is sold on the power market. The proceeds are reinvested back into Chelan County to improve the quality of life.

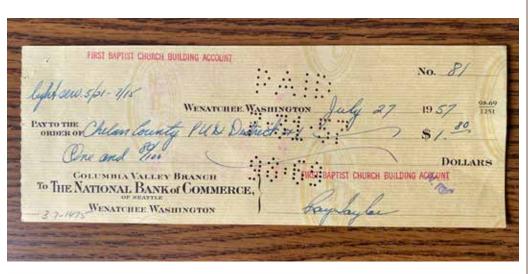
Thanks to those founding leaders, residents of Chelan County enjoy clean, reliable energy, with some of the lowest rates in the nation, as well as high-speed internet and quality parks and trails.

Ray Taylor went on to lead Chelan County Medical Services Corporation, the first nonprofit in the area to offer prepaid medical plans. When it sold to Blue Cross for \$2.1 million in the 1980s, he used the money to establish the Community Foundation of North Central Washington. That endowment has grown into \$65 million in assets – another example of an investment into the community that will pay dividends for generations to come.

During Public Power Week, we plan to feature more long-tenured customer-owners of Chelan County PUD. If you have a story to share, please contact us at rachel.hansen@chelanpud.org or (509) 661-4320.









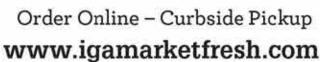
As your not-for-profit, community-owned utility, we're committed to providing clean, reliable hydropower and some of the lowest electricity prices in the U.S.













310 2nd Avenue South

During this COVID -19 crisis, our team is working hard to keep our store clean and well -stocked for you. If we are out of advertised items, please accept our apologies. If you have any questions, please don't hesitate ask us. We are here to serve you to the very best of our ability.

