



## Mudslide clean up on US 2 east of Leavenworth



PHOTOS COURTESY OF WSDOT.

Leavenworth – Clean up work on a mudslide that occurred east of Leavenworth required road closures of US 2 on Thursday. A mudslide, located near milepost 102 just west of Peshastin, caused mud and debris to overtop the guardrail and spill out into the road. The material on the road resulted in closure of the east bound lane on Monday, Jan. 4. WSDOT crews removed the debris on the highway and a barrier was put in place to hold back the rest of the debris. On Thursday, Jan. 7, maintenance crew for the Washington State Department of Transportation worked on cleaning up the debris. The work required closure of the roadway for twenty minutes at a time. Travelers between Leavenworth and Wenatchee encountered longer delays than normal travel on Thursday.

## Inslee announces ‘Healthy Washington–Roadmap to Recovery’

### State will shift to a two-phase system in accordance with regional case counts

**OLYMPIA** - Gov. Jay Inslee on Jan. 5 announced “Healthy Washington — Roadmap to Recovery,” a COVID-19 phased recovery plan. Beginning on Jan. 11, the state will follow a regional recovery approach with every region beginning in Phase 1. “No one was untouched by the effects of the pandemic in 2020; many have and continue to suffer through no fault of their own,” Inslee said during a press conference Tuesday. “We aren’t out of this yet, but we are close to turning the corner on COVID-19 and this third wave of infection.”

Washington has avoided overwhelming the state’s health care systems throughout this pandemic so far through rigorous safety measures, such as physical distancing and masking, as well as social and economic restrictions. This new recovery system aims to safely ease some restrictions while also maintaining crucial hospital capacity, ensuring care for Washingtonians that need it and paving the way for economic recovery.

The regions are mostly based on Emergency Medical Services (EMS) regions used for evaluating healthcare services. There will be eight regions of four or more counties, divided according to available health care services based on metrics such as hospitalizations, case data and disease mobility.

“Our intent is to ensure that regions, the communities within them, and our state as whole have

a balanced path toward recovery from the pandemic that relies on multiple key metrics that look at disease trajectory and health system capacity” said Deputy Secretary for COVID Response Lacy Fehrenbach. “This plan offers the start of clear way forward as we continue to slow the spread of COVID-19, while we get more people vaccinated over the next few months.”

Metrics  
A region’s phase will be determined by the Department of Health (DOH) in response to four metric requirements. The final metrics for regions were calculated on Friday, Jan. 8 and became effective Jan. 11.

To go forward from Phase 1 to Phase 2, regions must meet all four metrics:

Decreasing trend in two-week rate of COVID-19 cases per 100K population (decrease >10%)

Decreasing trend in two-week rate new COVID-19 hospital admission rates per 100K population (decrease >10%)

ICU occupancy (total — COVID-19 and non-COVID-19) of less than 90%

COVID-19 test positivity rate of <10%

To remain in Phase 2, regions must meet at least 3 metrics:

Decreasing or flat trend in two-week rate of COVID-19 cases per 100K population

Decreasing or flat trend in two-week rate new COVID-19 hospital admission rates per 100K population

ICU occupancy (total — COVID-19 and non-COVID-19) of less than 90%

COVID-19 test positivity rate of

<10%.  
Regions that fail to meet two or more of the above metrics will be moved back to Phase 1.

The metrics for each region will be updated on the Risk Assessment Dashboard every Friday. Dependent on a region’s metrics, DOH will move into a new phase — forward or backward — the following Monday.

DOH and local health departments reserve the right to move a region outside of this timing, and additional phases may be added as the state’s COVID-19 situation changes with continued vaccine distribution and other changes in public health response.

“Our goal is to reopen our economy safely, and to do it as quickly as

possible. Every week, we plan on tracking our ongoing progress in protecting our communities against COVID-19,” said Secretary of Health Umair Shah. “The governor’s new plan will allow all of us to understand what measures are being used for the path forward including

CONTINUED TO PAGE A6

### Healthy Washington - Roadmap to Recovery

Activities	Phase 1	Phase 2
<b>Social and At-Home Gathering Size — Indoor</b>	Prohibited	Max of 5 people from outside your household, limit 2 households
<b>Social and At-Home Gathering Size — Outdoor</b>	Max of 10 people from outside your household, limit 2 households	Max of 15 people from outside your household, limit 2 households
<b>Worship Services</b>	Indoor maximum 25% capacity	Indoor maximum 25% capacity
<b>Retail Stores</b> (includes farmers’ markets, grocery and convenience stores, pharmacies)	Maximum 25% of capacity, encourage curbside pick-up	Maximum 25% of capacity, encourage curbside pick-up
<b>Professional Services</b>	Remote work strongly encouraged, 25% capacity otherwise.	Remote work strongly encouraged, 25% capacity otherwise.
<b>Personal Services</b>	Indoor maximum 25% capacity.	Indoor maximum 25% capacity.
<b>Eating and Drinking Establishments</b> (includes bars, restaurants, cafes, etc. and no food remain closed)	Indoor dining prohibited. Outdoor dining, 11 PM close, maximum 6 per table, limit 2 households per table.	Indoor dining available 25% capacity, 11 PM close. Outdoor dining available, maximum 6 per table, limit 2 households per table.
<b>Weddings and Funerals</b>	Ceremonies are limited to a total of no more than 30 people. Indoor receptions, wakes, or similar gatherings in conjunction with such ceremonies are prohibited.	Ceremonies and indoor receptions, wakes, or similar gatherings in conjunction with such ceremonies are permitted and must follow the appropriate venue requirements, if food or drinks are served, eating and drinking requirements apply. Dancing is prohibited.
<b>Indoor Recreation and Fitness Establishments</b> (includes gyms, fitness organizations, indoor recreational sports, indoor pools, outdoor parks and hiking trails, outdoor campsites, outdoor K-12 sports, outdoor sports, outdoor personal training, indoor dance, no-contact martial arts, gymnastics, climbing)	Low risk sports (including dance, no-contact martial arts, gymnastics, and climbing) permitted for practice and training only in stable groups of no more than 5 athletes. Appointment based fitness/training-45-minute max session, no more than 1 customer/athlete per room or per 500/sq. ft. for large facilities.	Low and moderate risk sports competitions permitted (no tournaments). Fitness and training maximum 25% capacity.
<b>Outdoor Sports and Fitness Establishments</b> (includes fitness organizations, outdoor recreational sports, outdoor pools, outdoor parks and hiking trails, outdoor campsites, outdoor K-12 sports, outdoor sports, outdoor personal training, outdoor dance, outdoor motorports)	Low and moderate risk sports permitted for practice and training only (no tournaments). Outdoor guided activities, hunting, fishing, motorsports, parks, camping, hiking, biking, running, snow sports, permitted.	Low, moderate, and high-risk sports competitions allowed (no tournaments), maximum 200 including spectators.
<b>Indoor Entertainment Establishments</b> (includes aquariums, indoor theaters, indoor arenas, indoor concert halls, indoor gardens, indoor museums, indoor bowling, indoor trampoline activities, indoor casinos, indoor entertainment activities of any kind, indoor event spaces)	Private rentals/tours for individual households of no more than 6 people permitted. General admission prohibited.	Maximum 25% capacity. If food or drinks are served, eating and drinking requirements apply.
<b>Outdoor Entertainment Establishments</b> (includes zoos, outdoor gardens, outdoor aquariums, outdoor theaters, outdoor stadiums, outdoor event spaces, outdoor arenas, outdoor concert venues, rodeos)	Ticketed events only: Groups of 10, limit 2 households, timed ticketing required.	Groups of 15, limit 2 households per group, maximum 200 including spectators.

NOTE: Live entertainment is no longer prohibited but must follow guidance above for the appropriate venue. Long-term Care facilities, professional and collegiate sports remain governed by their current guidance/proclamations separate from this plan.

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THIS WEEK	
Horticulture 2021.....A2-A3	Sheriff Reports.....A5
Opinion.....A4	AA Meeting Schedule.....A5
Letter to Editor.....A4	Business Directory.....A5
Community Calendar.....A5	Church Guide.....A6
Senior Center Menus.....A5	Walk with Pastor.....A6
	<b>Classifieds Index</b> Classifieds.....A8-A9 Real Estate Guide.....A9 <b>Advertising Flyers</b> Safeway

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# Horticulture 2021

## Tree Fruit Days 2021 webinar series starts Jan. 18

By WSU TREE FRUIT RESEARCH AND EXTENSION CENTER

Join WSU Tree Fruit Extension for a webinar series Jan 18 to 22. This series is designed to bring you research-based information while maintaining your safety from Covid19. Each webinar is 30 to 50 min. Choose 13 webinars the topics that most interest you.

Nine sessions offer 1 pesticide update credit approved by WSDA and ODA (marked with an asterisk\*).

Co-sponsors NCW Fieldmen's Association, NW Pears, NW Cherry Growers Register at [treefruit.wsu.edu/events](http://treefruit.wsu.edu/events)

Contact: Tianna DuPont, WSU Extension, (509) 293-8758, [tianna.dupont@wsu.edu](mailto:tianna.dupont@wsu.edu)

**Jan. 18, 9 a.m. - Organic Apple Mildew Management\***, Ashour Amiri, WSU Plant Pathology. Using new research results to improve your powdery mildew management.

**Jan. 18, 10 a.m. - The Latest Fire Blight Research\***, Kerik Cox, Cornell; Ken Johnson, OSU; Kari Peter, PSU; Tianna DuPont, WSU

**Jan. 18, 1 p.m. - Selecting New Varieties.** Bill Dodd, Midwest Apple Improvement Association, Dr Brewster, Plant and Food New Zealand

**Jan. 19, 9 a.m. - Mating Disruption as a Basis for**

**Apple IPM\***, Don Thomson, Pacific BioControl; Coverage is Key in Apple IPM\* Gwen Hoheisel, WSU Extension. How MD works; competitive attraction. Higher populations are more difficult to control. Aerosol emitter BMPs. Potential of resistance. Coverage is essential and there are some key components that should be looked at this year to ensure that spray is reaching all areas of the canopy.

**Jan. 19, 11 a.m. - Codling Moth Apple IPM - Don't Forget the Basics, SIR Update\***, Betsy Beers, Matt Jones WSU Entomology. Success is influenced by weather. Monitoring basics. Rotate products. Virus in conventional IPM. Organic programs. Using cultural controls. Incorporating SIR into your IPM program successfully.

**Jan. 19, 1 p.m. - The Labor Piece of the Production Puzzle.** Karen, Lewis, WSU Extension. De-leafers, Cyclone, Scout, pedestrian orchards.

**Jan. 20, 9 a.m. - Pear IPM\***, Louis Nottingham, WSU Entomology. Key components to successful pear IPM programs. Latest research.

**Jan. 20, 10 a.m. - Using Honeydew Washing to Improve Pear IPM\***, Chris Strohm, WSU Extension. Case studies and research results from 2020.

**Jan. 20, 1 p.m. - Irrigating Pears for Quality.** Lee Kalsits, WSU Horticulture. This webinar will provide the latest research on irrigating pears for high quality fruit from WSU's Lee Kalsits.

**Jan. 21, 9 a.m. - X-disease and Little Cherry Virus\***, Scott Harper, WSU Pathology; Tobin Northfield, WSU Entomology; Louis Nottingham, WSU Entomology; Cody Molnar, WSU Extension. Symptoms and Sampling. New biology information: symptom types and biological effects per-variety. Vector ID, biology and management. New vector management study results. New vector management product trial results. Tree removal case studies.

**Jan. 21, 1 p.m. - Cherry Powdery Mildew Product Resistance\***, Gary Grove, WSU Pathology. Cherry mildew has been quickly evolving resistance to key fungicides in Washington. Dr Gary Grove will describe new research which has found that resistance to group 3 and 11 fungicides in all production regions as well potential as resistance in other groups.

**Jan. 22, 9 a.m. - Rodent Control for Orchards\***, Roger Baldwin, UC Davis. Efficacy of common and new rodenticides, burrow fumigants and repellents.

**Jan. 22, 10 a.m. - Apple Thinning\***, Poliana Francescato, Valent BioSciences. How PGRs and PGR-like compounds can manipulate two of the most common practices: fruit thinning and flower formation. Current and new products.

**Jan. 22, 1 p.m. - Matching Rootstocks to Seions and Varieties.** Jenny Bolivar, WSU Extension. Major characteristics of common rootstocks.

SEE WEBINARS ON PAGE B2

## Group viewing for Recertification Credits

By WSU TREE FRUIT RESEARCH AND EXTENSION CENTER

Washington State University is offering group viewing for their webinar courses. Webinars are suitable for pesticide applicators in turf, landscapes, agriculture, rights of way, industrial areas, and more. Interested parties may request to sponsor a group-viewing session. The approval process takes about two weeks.

For more information about this and to submit the request forms visit their website (<https://pep.wsu.edu/group-viewing/>). You can also email questions to [pest@wsu.edu](mailto:pest@wsu.edu) or call 509-335-2830.

## Cherry Institute to be Jan. 21

By WSU TREE FRUIT RESEARCH AND EXTENSION CENTER



Louis Nottingham, WSU Entomology; Cody Molnar, WSU Extension

This year's Cherry Institute will be a little different. Due to the current COVID-19 restrictions in place, the organizers have planned for an entirely virtual venue. Each individual program item is listed in our events calendar as well as being shown in the agenda below.

You will need to register for each webinar separately to attend. Links for registration are provided for each presentation. Each webinar is free and many qualify for pesticide credits.

**Jan. 21, 9:30-10:30 a.m. - X-disease and Little Cherry Virus\***, Scott Harper, WSU Pathology; Tobin Northfield,

Louis Nottingham, WSU Entomology; Cody Molnar, WSU Extension

**Symptoms and Sampling.** New biology information: symptom types and biological effects per-variety. Vector ID, biology and management. New vector management study results. New vector management product trial results. Tree removal case studies. To register for this webinar visit <http://treefruit.wsu.edu/event/lcd-webinar/> \*Qualifies for 1 pesticide update credit with WSDA approval.

**Jan. 21, 9:50 a.m. - Elec-**

tions

**Jan. 21, 10:10-10:50 a.m. - Q&A on X-disease and Little Cherry Virus.** Scott Harper, WSU Pathology; Tobin Northfield, Louis Nottingham, WSU Entomology; Tianna DuPont, WSU Extension

Join us for discussion questions and answers on X-disease and Little Cherry Virus biology and management.

To register for this webinar visit <http://treefruit.wsu.edu/event/lcd-webinar/>

**Jan. 21, 1:15-1:50 p.m. - Cherry Powdery Mildew Management & Fungicide Resistance Results\***, Gary Grove, WSU Pathology

Biology, cultural controls, spray rotations, and results

SEE CHERRY ON PAGE B2

## WSU Women in Agriculture Conference postponed for 2021

SUBMITTED BY WSU EXTENSION

The 2021 Women in Agriculture Conference has been postponed due to the health restrictions and safety requirements placed on events due to COVID-19.

According to Margaret Viebrock, WSU Extension Director in Chelan and Douglas Counties and Conference Coordinator, "this was a hard decision to make, because this event is a very popular gathering for women involved in

agriculture."

It is the largest event in the Northwest that addresses the needs of women farmers, aspiring farmers and women who support their family farms.

The Women, Farms & Food project began in Washington in 2005 with Washington State annual conferences offering speakers, practical advice, collaborative discussion, and networking opportunities. During the last 15 years this program evolved to a six-state conference presented through Zoom technology to as many as 40 locations with 650 women participating.

Since the first conference, the planning process has

always been women-driven. It is primarily planned, facilitated, and taught by women. The focus groups, planning teams and evaluations have and continue to say, "we want to meet and talk with other women farmers, find out more about what they do and how they manage their lives and we need good information to be successful." Women farmers face unique challenges with the demands of both the farm and family. Equally important is the challenge to take care of themselves and, potentially, to care for extended family.

"Many attendees say this is

SEE WOMEN ON PAGE B2

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# 2021 expected to be profitable for Northwest agricultural commodities

SUBMITTED BY NWFCS

SPOKANE – Northwest Farm Credit Services, the Northwest's leading agricultural lending cooperative, has released its quarterly Market Snapshot reports covering the state of major agricultural commodities in the region. Northwest FCS teams throughout Idaho, Montana, Oregon and Washington monitor conditions and report outlooks for commodities financed by the co-op.

All Market Snapshots are posted online at Industry Insights.

Northwest FCS' 12-month outlook for the agricultural

commodities most common in the Northwest are summarized below.

**Hay** – The 12-month outlook for the hay industry calls for slightly profitable returns. In 2021, the hay market will focus on modestly optimistic fundamentals. A weaker dollar favors exports, and higher prices for protein substitutes, like soybean meal, will provide tailwinds to hay producers.

**Row Crops**

**Onions** – Onions are forecast to provide break-even returns over the next 12 months. Supply and demand indicate prices could increase, yet producers are sensitive to contin-

ued COVID-19 restrictions in the food service industry.

**Potatoes** – Slightly profitable returns are expected for potato producers. Processors' demand for uncontracted potatoes is restrained as the COVID-19 situation continues to dampen restaurant demand for processed potato products, such as french fries.

**Sugar Beets** – Sugar beet growers should see profitable returns for the 2020-21 season. The USDA forecast suggests stocks-to-use ratios will continue to decrease from 14.2% in 2019-20 to 13.5% in 2020-21, a favorable ratio for Northwest producers.

**Tree Fruit**

**Apples** – Apple growers can expect to see slightly profitable margins. A smaller crop and solid demand should increase prices. However, sev-

eral quality issues have challenged growers this season. Quality will be a key driver of individual growers' profits.

**Cherries** – Overall, profitable margins are anticipated for cherry growers. Reduced supply coupled with strong domestic demand helped sustain high pricing, which will translate into strong margins for growers. However, those with measurable losses in tonnage may not have had enough fruit to capture returns and will be reliant on crop insurance.

**Pears** – The 12-month profitability index forecasts slightly profitable returns for pear growers. Although demand has been lackluster the last few years, increased pricing indicates demand may be finding some higher ground. Good quality will

also increase growers' returns.

**Wheat** – The outlook calls for slightly profitable returns for wheat growers. The USDA's projected 2020-21 season average farm price for all-wheat is \$4.50 per bushel. Current markets are showing a higher average of \$4.70 to \$4.80 per bushel from the 2019-20 season. High yields and government payments will partially offset otherwise break-even wheat prices.

**Wine/Vineyard** – Slight profits are expected for both vineyards and wineries, although it's a mixed bag for both. Lower grape yields and bulk wine supplies should support improved grape markets, but fundamental oversupply issues remain. Some wineries in the retail and direct to consumer chan-

nels are having record sales; however, wineries reliant on tasting rooms, events or other in-person sales are left with limited options to generate revenue.

About Northwest FCS

Northwest FCS is a \$13 billion financial cooperative providing financing and related services to farmers, ranchers, agribusinesses, commercial fishermen, timber producers, rural homeowners and crop insurance customers in Montana, Idaho, Oregon, Washington and Alaska. Northwest FCS is a member of the nationwide Farm Credit System that supports agriculture and rural communities with reliable, consistent credit and financial services. For more information, go to northwest-fcs.com.

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## WOMEN

CONTINUED FROM PAGE B1

the best conference for women farmers, because it presents practical information they can use right away," Viebrock said.

Program evaluations over the years have shown that women farmers have developed their farm vision to meet their financial, marketing and production goals. They have

improved their financial record keeping, now have a business plan and follow it, developed marketing skills, and can now use their financial records to analyze their profitability.

Farming is risky business and women farmers benefit from the support of other women. Many conferences have switched to a totally technology-driven event, and Viebrock added, "I felt we could not fulfill the major objective of offering women an opportunity to net-

work as they have consistently said is one of the main reasons they attend. Sitting together, sharing ideas and personal concerns, and offering solutions could not be accomplished virtually.

To stay connected with this program and other women in agriculture, women are encouraged to visit the website at [www.womeninag.wsu.edu](http://www.womeninag.wsu.edu) and add themselves to the Constant Contact list and join the Women in Ag conversations

on social media.

Many area farm businesses, women employed in the agriculture industry and financial instructions support the conference with their contributions to scholarships, speaker stipends, educational materials, and conference meals.

Businesses interested in supporting the 2022 conference and other educational opportunities for women farmers are encouraged to contact Viebrock at [viebrock@wsu.edu](mailto:viebrock@wsu.edu).

## WEBINARS

CONTINUED FROM PAGE B1

Overview of data of honey-crisp on different rootstocks. Case studies of success.

• Please note that in order to try to accommodate the ability to receive pesticide credits each webinar has individual registration. We apologize for the inconvenience.

• Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

## CHERRY

CONTINUED FROM PAGE B1

from a new pesticide resistance study. To register for this webinar visit <http://treefruit.wsu.edu/event/cherry-powdery-product-resistance/> \*Qualifies for 1 pesticide update credit with WSDA approval.

Horticulture Updates

• Matt Whiting, WSU Horticulture, WSU IAREC. ON DEMAND available at <http://treefruit.wsu.edu/education-training/expert-presentations/> starting Jan. 21, 2021.

• 2020 Northwest Cherry Season by the Numbers B.J. Thurlby, Northwest Cherry

Growers

Domestic Market: The Pandemic Powerhouse James Michael, Northwest Cherry Growers

Marketing Cherries Internationally During a Pandemic Keith Hu, Northwest Cherry Growers

ON DEMAND available at <http://treefruit.wsu.edu/education-training/expert-presentations/> starting Jan 21, 2021.

• Blue Orchard Bees for Improving Pollination

Theresa Pitts-Singer, USDA ARS

ON DEMAND available at <http://treefruit.wsu.edu/education-training/expert-presentations/> starting Jan 21, 2021.

• Orchard Systems for Labor Efficiencies and Profits

Greg Lang, Michigan State University

10-year summary of NC140 trial of TSA, KGB, SSA, and UFO canopy architectures comparison with economics and labor results.

ON DEMAND available at <http://treefruit.wsu.edu/education-training/expert-presentations/> starting Jan 21, 2021.

Contacts:

Cherry Institute, Northwest Cherry Growers: Kathy Keeth [cherryinstitute@wastatefruit.com](mailto:cherryinstitute@wastatefruit.com);

WSU Extension: Tianna Dupont [tianna.dupont@wsu.edu](mailto:tianna.dupont@wsu.edu) (509) 293-8758; Gwen Hoheisel [gwhoheisel@wsu.edu](mailto:gwhoheisel@wsu.edu)

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MIKE MAKES WRITE MIKE MALTAIS

Normally I confine this column to items of local interest involving issues germane to Quad City readers.

We are now officially the world's newest Banana Republic. Think about that a minute...

While that statement may disturb some, the astute among us can read between the lines to see what a financial windfall is coming for those who get in on the ground floor.

Amazon, there's a new investment afoot that will make you pale - or should I say "peel" - by comparison.

I almost hurt myself in the rush to get to my computer so I could dump all my Apple stock in favor of the new fruit that will soon be sweeping the nation.

Appleseed! I'm buying up banana stock while the rest of the country is still glued to their boob tubes and shaking their collective heads in disbelief over our new status.

Here we are smack dab in the middle of one of the world's largest fruit growers. (Don't tell anyone else, but I have it on good authority that a prominent local grower is

at this very writing laying plans to graft banana sprouts to every last apple tree in its inventory. They even have a name for the new hybrid: Banapple).

And get this...they are no longer burning the Amazon (the rainforest, that is) to raise cattle, palm oil and other such nonsense. Now it going to be all bananas. It's sort of a win-win for us.

The profits are going to be absolutely seismic! And you, loyal Quad readers, are among

the first to be let in on this little gem. I suggest that those of you who cannot afford a big investment right now - owing to the pandemic's financial hit - start small and plow up you back yards - and any adjacent parks, national forest, etc. - that may be handy and set in banana starts.

We are now officially the world's newest Banana Republic.

We are going to need a name for the third political party: Republican, Democrats, and? I will personally purchase a year's Quad subscription for the reader with the best submission. We've already tried Bull Moose, Socialist, Workers, Libertarian, Green, Tea (not Green Tea), Reform, Constitution, Unity...check out Wikipedia for the complete list,

so be original and creative.

Hint: It must be tasteful yet convey sufficient gravitas befitting a once-great nation.

And we're going to need a new flag. The good news? There is not a single one using the banana as a symbol. Imagine that. I'm thinking something catchy, yet dignified, like: Make America A-peeling Again, or, Careful, Don't Tread On My Peel, or maybe, Give Me Liberty or Just Give me Bananas. I sort of like this one.



PHOTO COURTESY REDBUBBLE.COM. Banana Flag

And we have not even addressed a revised Pledge of Allegiance. I never really understood "I pledge allegiance to the United States of America and to the republic for Richard Stands" anyway.

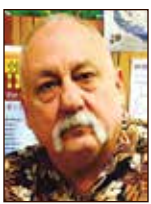
Up until now we were just run-of-the-mill war criminals thanks to that other great 21st century American leader, Dubya, who invaded and destroyed a sovereign nation - along with the Garden of Eden - on false pretenses and left us with the nation's longest running foreign conflict.

We are now officially the world's newest Banana Republic.

But we're all gonna be filthy rich! And isn't that what it's all about?

Republican Caucus may get tough on Inslee's budget proposals unless ...

WENATCHEE



APPLES TO APPLES GARY BÉGIN NCW MEDIA MANAGING EDITOR

The Washington Federation of Republican Women, in an "Issues and Strategies" pre-legislature 2021 Chelan-Douglas Republican Women meeting, heard from State Representatives Keith Goehner and Michael Steele on Monday, Jan. 4.

Approximately 33 people "attended" the virtual meeting hosted by Washington Federation of Republican Women and emceed by State President Dee Drewry of the Chelan-Douglas Republican Women.

State Rep. Goehner (R-Dryden) started the meeting off by stating, "It's difficult to get rural areas heard" in Olympia even though small towns are struggling to provide services to the citizens in their community.

Goehner noted there was a "disparity throughout the state" in regards to the way urban areas are favored when it comes to budget dollars and state services.

Goehner also said, "a new 'equity office,'" as called for by Governor Jay Inslee and the majority Democrat Party Caucus, "was not needed" and that "we don't need to expand government" however well-meaning by those advocates.

The former Chelan County Commissioner, now in his second term in Olympia representing the 12th Legislative District, said

he wants the state to recognize "small towns like Twisp and Cashmere" where revenues from sales tax are way down from 2019 and impacting services being provided to those communities.

Goehner's 2021 committee assignments include the Transportation Committee. He told the Zoom attendees that a bridge in the Methow Valley was one of nine bridges statewide that needed repair or replacing. Goehner said that alone would cost about \$100 million. He said about 300 bridges across the state were being assessed.

Goehner will also serve on the Environment and Energy Committee as well as the Local

Government Committee.

12th Legislative District State Representative Mike Steele, a former city of Chelan Councilman and now in his third year in Olympia, said, "We are fortunate to have Washington Secretary of State (SOS) Kim Wyman" as he felt she was "committed to integrity" vis-a-vis elections.

His remarks came two days before outdoor rally attendees in Washington, D.C. were accused of storming the Capitol.

Four people died, more than 60 were arrested and damage was done by those rioters managing to gain entrance to the Senate building and Congressional offices, including House Speaker Nancy Pelosi's office. Vice President Mike Pence had to

be evacuated for his own safety by the Secret Service.

Many have accused Trump, Sen. Ted Cruz of Texas and Sen. Josh Hawley of Missouri of encouraging the crowd of protestors. Trump has been claiming the 2020 Presidential election was fraudulently "stolen" by the Democrats and many state election officials. Washington State SOS Wyman has ensured voting machine, motor-voter, early voting, voting by mail, voter identification and voter registration rolls as well as final results were all done with the utmost integrity, according to Steele.

Rep. Steele stated the Governor has not responded to repeated requests by Republicans statewide to be included as part of the State

Legislature, to advise on executive orders issued by the Governor over the last year, most of which centered around health and safety mandates due to COVID-19.

"It's critical that the state legislature be involved," Steele said.

"The Governor will have to work with us" if he expects to get active participation and engagement to approve budget expenditures on such line items as the statewide broadband initiative," Steele said.

The Manson/Chelan native stated that Inslee should stop "flatly ignoring us" and that he should "tread lightly" since Steele has been appointed to the State Budget Committee.

Another attendee via Zoom was 25th District State Representative Kelly Chambers

(R-Pierce County) who said, "The Governor's budget does not reflect restraint due to a shortfall of revenues" from the COVID-19 economic disaster.

Steele has also been executive director for the Lake Chelan Chamber of Commerce for 15 years and is, by default, an expert on local business concerns.

He has been appointed to serve as the Ranking Member (lead Republican) on the House Capital Budget Committee, which considers funding for the construction and repair of public buildings and for other long-term investments, such as land acquisitions and transfers.

"It's an honor to take on this leadership role for one of our state's budgets," said Steele. "The long-term infrastructure investments made by this committee, especially during these challenging times, will help our communities to recover, grow, and thrive. I look forward to working with the other committee members to create an effective plan for our state."



Mike Steele



Kim Wyman



Keith Goehner



Jay Inslee

Keep reading NCW Media publications for updates on the 2021 State Legislature. Managing Editor Gary Bégin can be emailed at: Gary@ncwmedia.net. Comments received will be considered "on the record" and subject to publication as a "Letter to the Editor" in future NCW Media publications unless specifically requested not to

LETTERS TO THE EDITOR

To the Editor:

The December 30 Echo featured a column by Pastor John Smith entitled "Strong Men Needed." In it, Pastor Smith claimed that "a lack of strong leadership" has led to the "long slow breakdown of what it means to be masculine." Strong men, according to Pastor Smith, "have backbones and

righteous conviction, stand up for what is right," and are not "passive and overly agreeable."

A world of "effeminate" men, he says, has caused confusion, "emasculated" men, businesses shutting down, restriction of church worship, and people suffering.

I have two questions: 1. Might President Trump, who fits the

description of Pastor Smith's "strong man," be one of those responsible for allowing the pandemic to get out of control and causing millions to suffer, through his denial of the dangers of the Coronavirus, his bungling response, and strongly refusing to wear a mask? 2. Are the Trump-incited mobsters who attacked our Capitol on January

6 ones Pastor Smith considers "strong men" (and women)?

I prefer to think of strong people as those who strive to love one another, as Jesus directed his followers. I prefer to think of strong people as those who care for and protect one another by being careful not to expose others to Covid, wearing masks, keeping their

distance, and avoiding crowds. The strong people I know are teachers, grocery store clerks, caregivers for elders and children, artists and musicians who lift our spirits, ministers who comfort their people and protect them from COVID, public officials who apply science to their decisions, trash collectors, servers, clerks,

postal workers, professional journalists, health care providers, and bus drivers - all those who accept risks, care for others, and commit themselves to protecting one another and our country.

These qualities of strength have no gender.

Susan Butruille Leavenworth

Icicle Fund Increases Funding For New Grant Program

SUBMITTED BY TIFFANY BRINE

Operating Support Grants offered to Support Viability and Impact of Local Non-Profits

Leavenworth, Wash. - The Icicle Fund is now accepting applications for its new Operating Support Grants Program. The deadline is January 15th.

The Icicle Fund is changing its grant-making programs to better support its nonprofit partners in addressing

community impacts of COVID-19 and social justice awareness. With its 2021 Operating Support Grant Program, the Fund seeks to build a better, more equitable and inclusive future by supporting Arts, History, and Environment organizations whose work have durable impact in North Central Washington communities.

"NCW non-profit organizations have been really impressive in the many

ways they have adapted their services to local and regional needs in 2020. Their services are essential for the quality of life and well-being of our communities", says Icicle Fund Executive Director, Christine J. Morgan.

She continues, "The Icicle Fund Board of Directors, comprised of non-profit representatives and community members, decided to more than double the grant funding available in 2021 to

support the operational needs of organizations so they can continue to stay viable and impactful."

The Fund values organizations and initiatives that foster a collaborative atmosphere, connect people to place, and are aligned with the Icicle Fund mission to support art, environment and history in North Central Washington. The Fund believes that strong connections to the land and the communities in which we live

are nurtured through artistic expression and imagination, an understanding of our past, and experience in and love for our natural landscapes and wildlife.

Operating Support Grants are single-year, unrestricted grants of up to \$15,000 to support 501(c)3 or fiscally sponsored organizations that have an impact in the Arts, Environment, or History in Chelan, Douglas, Okanogan, or Grant Counties. The application deadline is January 15th and grant funds will be available in March. The River and Creek

Grant Programs will not be available this year.

The Icicle Fund was established by Harriet Bullitt more than 20 years ago and has since awarded \$40 million dollars to over 100 non-profit organizations. In 2019, Bullitt gifted her ownership of Sleeping Lady Mountain Resort to the Icicle Fund. As locals and guests visit Sleeping Lady, the Fund will be able to award even more grants to community organizations.

Additional information and application instruction can be found at www.iciclefund.org

Advertisement for Cashmere Valley Record containing contact information, subscriptions, letters policy, corrections, news tips, and classified advertising details.

**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

**Who:** Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.  
**What:** Items pertaining to local events that are free or **maximum charge of \$100 fee.**  
**Where:** Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com  
 Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise your News & Events

Go to: [www.NCWMARKET.COM](http://www.NCWMARKET.COM) - 24/7  
 Choose your category and pay for Print & Online at one time  
 For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com

**Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well.**

**BUSINESS & SERVICE Directory**

Add your business or service to this directory: 548-5286

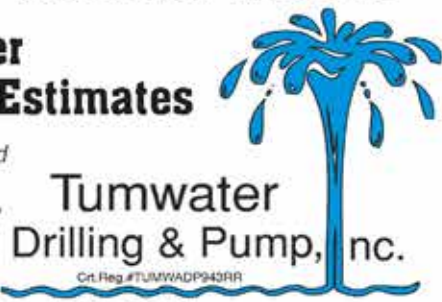
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**SENIOR CENTER MENUS**

**Leavenworth Senior Center, 423 Evans Street**  
 Currently the Leavenworth Senior Center is closed.  
 The meals on this menu will be available 3 days a week at the Leavenworth Senior Center, for take-out and home delivery meals.  
**FOR MEAL PICK UP: CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL (509) 548-6666. Seniors Age 60 & over suggested donation \$4.00. Under age 60 \$8.00 fee.**  
**January 14, Thursday:** No lunch.  
**January 15, Friday:** Pork chops, stuffing and gravy, zucchini tomato bake, garden salad, pineapple, dessert.  
 Saturday and Sunday: No lunch.  
**January 18, Monday:** Closed  
**January 19, Tuesday:** No lunch.  
**January 20, Wednesday:** Oven fried chicken, macaroni salad, 4-way veggie blend, spiced salad, orange quarters, whole wheat roll, dessert.

**CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS**

This report is compiled from records provided by the Chelan County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

**December 31**

05:43 Hazard, Olalla Canyon Rd., MP 1  
 09:23 Accident/No Injuries, 102 Blue Star Way  
 09:26 Alarm, 6555 Pioneer Dr.  
 11:39 Court order violation, 655 Sand Creek Rd.  
 12:29 Fraud/forgery, 5454 Binder Rd., #4  
 13:52 Unknown accident, US Hwy. 2 & Aplets Way  
 15:08 Welfare check, 9192 Olalla Canyon Rd.  
 18:51 Fireworks, 4280 Eels Rd.  
 20:27 Assault, 817 Pioneer Ave.  
 22:02 Fireworks, Cotlets Way & E. Cashmere Rd.

**January 4**

01:48 Suspicious, 6125 Hay Canyon Rd., #3  
 12:17 Public assist, 5402 Pine Flats Loop Rd., Dryden  
 12:24 Welfare check, 5125 Regan Rd.  
 15:40 Unknown accident, 4802 Brisky Canyon Rd.  
 18:13 Disturbance, 8650 Dryden Frontage Rd.  
 23:35 Disturbance, 403 Aplets Way

**January 5**

14:58 Welfare check, 100 Blk., Cottage Ave.

**January 1**

00:00 Fireworks, 413 Norman Ave.  
 00:07 Fireworks, 5883 Pioneer Dr.  
 01:59 Injury accident, 2255 Mission Creek Rd.  
 02:32 Agency assist, US Hwy. 2, MP 114, Monitor  
 09:14 Suspicious, 2255 Mission Creek Rd.  
 21:23 Fireworks, 8460 Main St., Dryden  
 23:09 Theft, 8703 Alice Ave., #4, Dryden

**January 6**

00:28 Alarm, 107 Cottage Ave.  
 02:16 Traffic offense, 300 Tigner Rd.  
 08:28 Parking/abandon, Flowery Divide Rd. & Stine Hill  
 10:02 911, 809 Pioneer Ave. #201  
 20:55 Accident/no injuries, 305 Cottage Ave.  
 21:09 Traffic offense, US Hwy. 2 & Red Apple Rd.  
 21:44 Court order violation, 102 Titchenal Way

**January 2**

No report/incidents

**January 7**

03:34 Traffic offense, 6100 Blk Hay Canyon Rd.  
 06:55 911, 206 Woodring St., #1  
 08:29 Littering, 3667 Zager Rd., Monitor  
 10:32 Public assist, 817 Pioneer Ave.  
 16:16 Suicide threat, 5923 Sunset Hwy.  
 17:45 Agency assist, 6125 Hay Canyon Rd., #4  
 19:24 Suspicious, 4300 Old Monitor Rd.

**January 3**

04:02 Alarm, 119 Cottage Ave., Doane's Pharmacy  
 14:46 Weapons violation, Hay Canyon Rd., MP 1  
 16:47 Domestic disturbance, 5941 Webster Way  
 22:31 Civil, 5339 Binder Rd.

**State Apple Blossom Festival fundraiser benefits virtual Royalty Pageant**

SUBMITTED BY WSABF  
**WENATCHEE** - The Washington State Apple Blossom Festival (WSABF) is doing a Fundraiser to offset cost for the "virtual" Royalty Selection Pageant. Since there will be no audience the Festival thought it would be a great support for the candidates to have "Fan Cutouts" in the audience. Cost is \$50 per "Fan Cutout". Your name will be listed as a Friend of the Festival sponsor in the Pageant Program, the Souvenir Program and the Apple Blossom website. Goal is to sell at least 400 cutouts. Go to [appleblossom.org](http://appleblossom.org) for the "Fan Cutout" link and how to send in your photo.  
 With Covid-19 restrictions the Royalty Selection Pageant, sponsored by Cashmere Valley Bank, will be virtual through the NCW Life Channel/Streaming/Facebook LIVE on February 27.

**Grange Building 1912** Submitted photo

The building that houses the present-day Agave Azul Mexican Restaurant on the southeast corner of Cottage Avenue and Woodring Street, was built by contractor H. L. Morley for the Cashmere Grange in 1912 for \$44,182.81.

WANT TO KNOW MORE about this building and all the businesses who occupied it?  
 Be a SPONSOR of the full page of this historical information.  
 Email Lindsay at [adexec1@ncwmedia.net](mailto:adexec1@ncwmedia.net) or call 860-7301 to find out more details for your sponsorship ad.

**COMMUNITY CALENDAR**

**Wednesday**  
**Cashmere Rotary Club:** Zoom meetings Noon, Call President Kris Taylor, 663-8604 for more information.  
**Cashmere Food Bank,** 2:30-3:30, Cashmere Food Distribution Center, Riverside Park, for more information, call Pam, 509-669-3159.

**Thursday**  
**Caregiver Support Group,** 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)  
**Cashmere Sportsman Assoc. (Cashmere Gun Club),** open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.  
**Cashmere American Legion Post 64,** 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).  
**Cashmere American Legion Auxiliary #64,** 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).  
**Underground Middle School** youth meet 7-8:30 p.m., in person, in the Conservatory. Call Kelsie Folden for more info. 782-2825

**Friday**  
**NO MEETINGS**

**Saturday**  
**Bingo,** 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19.

**Sunday**  
**CHURCH:** See the church page for local service times and events.  
**Underground High School** meet at 6 p.m., in-person, at the Conservatory, call Kelsie Folden for more info. 782-2825

**Monday**  
**Cashmere Wacoka Kiwanis Club,** 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (No Meetings at this time due to COVID-19)  
**Tillicum Riders:** 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. (1st Mon.)  
**Cashmere City Council,** 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).  
**Planning Committee Meeting,** 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).  
**Cashmere Fire Department,** Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)  
**Cashmere Fire Department,** meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)  
**Cashmere School Board Work Session,** Zoom Meeting, 6:30 a.m. (1st Mon.)  
**Cashmere School Regular Board Meeting,** Zoom, 7 p.m. (3rd Mon.) Schedule changes do occur. See: [www.cashmere.wednet.edu](http://www.cashmere.wednet.edu). or Call 782-3355.  
**Chelan Douglas Republican Women,** luncheon meeting, 11:30 a.m. Contact President Ellie, 425-319-9869 (1st Mon. each month).

**Tuesday**  
**Ice & Peshastin Irrigation Districts:** Call for day and time Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net (2nd Tues.)  
**Cashmere Chamber of Commerce.** Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

**NCW Libraries**  
**Cashmere Public Library: 782-3314**  
**You can order your books online at [ncwlibraries.org](http://ncwlibraries.org) or call 1-800-426-READ (7323).**  
**Open Hours** (limited services available to the public)  
 Mondays, Wednesdays, Fridays and Saturdays: 10:00 a.m.- 1:00 p.m.  
 Tuesdays/Thursdays: 3:00-6:30 p.m.  
 Curbside Pick-Up -patrons can still pick up items during this hour from our outdoor curbside pick-up table. The library will still remain closed to the public during this time.  
 Mondays, Wednesdays, Fridays and Saturdays: 3:00 - 4:00 p.m.  
 Tuesdays/Thursdays: 12:00 - 1:00 p.m. 300 Woodring Street. Call 782-3314, or online at [cashmere@ncwlibraries.org](http://cashmere@ncwlibraries.org)

**Cashmere Museum and Pioneer Village**  
 Call for more information 782-3230  
**Chelan County Historical Society Board meets,** 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)  
**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

**AA MEETING SCHEDULE**

**Information numbers for AA:**  
 The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946  
 The phone number to call for the Zoom link to Leavenworth AIAnon meetings is 509-548-7939  
**509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379**  
**Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.**  
**Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.**  
**Tuesday, noon, First Baptist Church, 429 Evans St.**  
**Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin**  
**Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.**  
**Thursday, noon, First Baptist Church, 429 Evans**  
**Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain**  
**Information number for Alanon: 509-548-7939**  
**Alanon Meeting Schedule**  
**Monday, 7 p.m., United Methodist Church, 418 Evans St.**  
**Celebrate Recovery meetings are on Zoom, Fridays at 6:30 p.m., email us at [this email address](mailto:celebratecoverylcn@gmail.com) for information and a link to the meeting**

# Faithfulness in 2021

In my office, I have four pictures hanging on my wall. Over my computer, I have William Tyndale, father of the English Reformation, who would ultimately give his life to translate the Bible into common English. To the left, a portrait of Martin Luther. On one wall, I have a picture of George Whitefield preaching in the open air to a crowd of unruly individuals. Adjacent to Whitefield, I have a scene of John Knox in the pulpit, thundering the Word of God to the Scottish Nobility.



**A WALK WITH PASTOR JOHN SMITH**

be burned just because you gave a common plowboy a Bible he can read, the command to be faithful to our Christian confession is universal.

Of course, the examples mentioned above are notable and unique to a specific time in history. For example, I don't think any one of us is going to testify before Scottish royalty anytime soon nor do I see us being hauled off to be burned at the stake; well, not just yet anyway. My point is that we cannot isolate faithfulness just to martyrdom or even doing great feats for the cause of Christ, it is much more mundane and ordinary than we realize. However, it is the ordinary endeavors of faithfulness that in my opinion, count the most.

One might find it strange in my choice of office décor as in that somehow, I am doing the Protestant version of venerating saints in iconography as my Roman Catholic friends do. However, each of these pictures represents a reality that we find ourselves in today and that is, difficult times call for faithfulness.

Tyndale, Luther, Knox, and Whitefield along with many others throughout church history, had to choose to be faithful in the face of difficulty. And yes, faithfulness is a choice. Every day, we have to make the choice to either honor and glorify God in what we say or do, or do the opposite, to esteem and serve ourselves. Every day, we hear the call "Choose you this day whom ye will serve..." (Jos. 24:15) and then face the consequences of the choice we had made.

2020 was a year of decisions concerning faithfulness. Many had to determine what precisely fidelity to God is concerning family, church, and our involvement within politics. "Do we obey God rather than man?" was the question I had to ask myself many times the previous year and I know that I wasn't the only one. With only days into 2021, I have a strong belief the question will be asked again and we will be pressed to answer.

Okay, but what does faithfulness look like in 2021? The way it looked in every year previous. Regardless of the year, we find ourselves in or the challenges we face, our call to remain steadfast remains the same. Whether we are facing down a corrupt royalty (Knox), recovering the gospel after centuries of it being buried under unbiblical traditions (Luther), preaching to disorderly crowds who want you dead (Whitefield), or even being tied to a stake to

Our day is full of the ordinary and the mundane and with that, full of opportunities to be faithful unto Christ. The reason these opportunities matter most is that much of what we experience is unseen by others and only observable to God. Take David for example, even before he slew the giant Goliath, vanquished the foes of Israel, and united a splintered kingdom, God considered David a man after His own heart (1 Sam. 13:14). In other words, David demonstrated a heart towards God and a commitment to Him when no one was there to witness or give him accolades. Another example is Abraham in Genesis 18:18-19. God considered him a chosen friend because he taught his family and his entire household the ways of God. Scripture does not record every moment or every detail of Abraham's life but from what we read from the passage mentioned, is that they were undoubtedly filled with moments where Abraham committed himself to teach and show his children the truth about the true and living God and he was commended for it.

As we begin 2021, there will be situations where you will have to make choices that reveal your commitment level to Christ. Those decisions may be big or small, but decision time will come upon us all in the coming year. I pray God gives us the strength to stand when we are called upon and remain faithful unto Him.

*Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at [pastorjohnsmithebc@gmail.com](mailto:pastorjohnsmithebc@gmail.com).*

## Roadmap to Recovery

CONTINUED FROM PAGE A1

when it makes sense to ease restrictions across the state."

All regions will begin in Phase 1, because of current metrics.

Phase 1, for the most part, aligns with restrictions current in place for most counties today, with a few key exceptions. Indoor fitness and outdoor entertainment, for example, were both previously prohibited, but will now be permitted with restrictions.

- Currently, all indoor fitness is entirely prohibited. DOH now believes that the state can safely allow appointment-based fitness and training where there is no more than 1 customer per room or 500 square feet for large facilities. This will allow gyms to schedule people wanting to come in to work out in a safe way to ensure activity during winter months. Masks and physical distancing are required.

- Outdoor entertainment establishes will be permitted to reopen in Phase 1, including zoos, outdoor theaters and concert venues, and rodeos, among other outdoor venues. Operation must be by ticketed event only with groups of 10 maximum with a limit of two households. Timed ticketing is required, as well as facial coverings and physical distancing.

- Indoor gatherings and indoor dining remain

prohibited. Outdoor dining with a maximum of six and limit for two households per table is permitted with an 11:00 PM close.

- Retail, worship services, personal services, and professional services — where remote work isn't available — are limited to 25% capacity.

Phase 2  
Once a region meets all four required health metrics, they will be permitted to move from Phase 1 to Phase 2. This phase sees some relaxation in regulations, but masks and physical distancing are still required statewide for all activities.

- Indoor social gatherings with people outside of the household begins being permitted in Phase 2 with a

max of 5 people from outside the household and limit of two households. Outdoor social gatherings maximum in this phase is increased to 15 individuals from two households.

- In Phase 2, indoor dining will be permitted with a maximum 25% capacity and an 11:00 PM close. All other indoor activities must also follow a 25% capacity limit. This includes retail, entertainment and groceries, as well as personal and professional services.

- Indoor fitness must also follow the 25% capacity limit.

- In Phase 2 moderate risk outdoors gain flexibility to have league games and competitions, which will help ensure opportunities for kids

to be active, which is especially important during winter months and as kids navigate virtual or hybrid schooling.

- Outdoor entertaining may host groups of up to 15 with the two-household limit and an overall 75 person maximum. Wedding and funeral ceremonies and indoor receptions may take place following the appropriate venue requirements. Food and drink service limited to restaurant guidance.

"It's a new year, and COVID-19 is no longer new to us," Inslee said. "We've learned a lot; we've struggled a lot; we've accomplished a lot. Washingtonians are undeterred. This battle continues, but the turning point is on its way."



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**Obituary & Memorial Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information  
Or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.**

*Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.*

**UPPER VALLEY CHURCH GUIDE** New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

**CASHMERE**

**CASHMERE BAPTIST CHURCH**  
103 Aplets Way • 782-2869  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

**CASHMERE UNITED METHODIST CHURCH**  
213 S. Division • 782-3811  
Virtual Zoom Service, Sunday, 11 a.m. until further notice.  
Pastor Lilia Felicitas-Malana

**CHRIST CENTER**  
Cashmere Assembly of God: 509-782-2825  
Worship Service Sundays 10:00 a.m., in-person, Conservatory  
@ Apple Annie's and on-line, [christcentercashmere.com](http://christcentercashmere.com)  
Underground High School Sundays 6:00 p.m., In-person, Conservatory  
Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory  
Lead Pastor, *Steve Haney*  
Children's Pastor, *Andy Robinson*  
Congregational Care Pastor, *Joyce Williams*  
Director of Operations, *Pastor Ian Ross*  
High School Director, *Kelsie Folden*  
Community Outreach, *Steffanie Haney*

**GRACE LUTHERAN CHURCH**  
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.  
Service on YouTube or Email link: [CashmereEpiscopalLutheranMinistries.org](http://CashmereEpiscopalLutheranMinistries.org)  
Contact Pastor Rob Gohl 509-860-0736 for more information.

**ST. JAMES EPISCOPAL CHURCH**  
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.  
Service on YouTube or Email link: [CashmereEpiscopalLutheranMinistries.org](http://CashmereEpiscopalLutheranMinistries.org)  
Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

**EVERGREEN BAPTIST CHURCH**  
5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. • Evening Service - 6:00 p.m. • Pastor John Smith [www.christforcashmere.org](http://www.christforcashmere.org)

**DRYDEN**

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 782-2616  
Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore [www.midvalleybaptist.org](http://www.midvalleybaptist.org)

**LEAVENWORTH**

**CASCADE MOUNTAIN BIBLE CHURCH**  
11025 Sunchstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service Office: 509-548-4331

**SEVENTH DAY ADVENTIST CHURCH**  
10600 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 860-3997

**SPIRIT LIFE CENTER**  
210 Benton Street • 548-7138  
Sunday Worship 10 a.m.  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

**MONITOR**

**MONITOR UNITED METHODIST CHURCH**  
3799 Fairview Canyon • 782-2601  
Virtual Zoom Service, Sunday, 11 a.m. until further notice.  
Pastor Lilia Felicitas-Malana

**PESHASTIN**

**LIGHT IN THE VALLEY COMMUNITY CHURCH**  
8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

**NEW LIFE FOURSQUARE CHURCH**  
7591 Hwy. 97 • 548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
FB page: [newlifeleavenworth.com](http://newlifeleavenworth.com)



# LAKE CHELAN WINTER FEST 2021



**JANUARY 15-18**  
[LakeChelanWinterfest.com](http://LakeChelanWinterfest.com)



Place your ad online at [NCWMARKET.COM](http://NCWMARKET.COM) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record  
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

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OMEGA NOAH ASIF  
COLORS USED EST  
MEAT ARE  
CIRCLES STAPLES  
ADORE KIN MOIRE  
PLAIT ERA ACTIN  
SERB WAG SHEET

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**Announcements**  
**Lost & Found**

**LOST AND FOUND** can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com)  
**Deadline: by Noon on Friday**

**WHAT'S HAPPENING**  
**EVENTS**  
Need to promote your event? Have you thought about [NCWMarket.com](http://NCWMarket.com) the best online promotion available

**Happy Ads**

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at [www.NCWMarket.com](http://www.NCWMarket.com)

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

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It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

**The Lake Chelan or Quad City Herald** or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) For

**The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Employment**

**Help Wanted**

**CASCADE SCHOOL DISTRICT**  
The Cascade School District is seeking qualified applicants for the following positions.

- Substitute: Teachers
- Emergency Teachers
- Para Educators
- Custodians
- Bus Drivers

Fast Track application process and information can be found on our website at: [www.cascadesed.org](http://www.cascadesed.org) EOE

**P.U.D. CHELAN COUNTY POWER**  
**SEASONAL PARKS MAINTENANCE POSITIONS** (closes 11:59 p.m. on 12/31/21)  
Openings in Chelan at Beebe Bridge Park. Full time hours, evening and weekends, April through Oct. or June to Sept. Visit our Website at [chelanpud.org](http://chelanpud.org) for complete details and to apply online. EOE, including disability/vets.



**Help Wanted**

Caregiver needed for immediate hire! Amada Senior Care is looking for compassionate, experienced, and reliable caregivers.

Our caregivers are the heart and soul of what makes Amada Senior Care great! We are looking for CNAs and HCAs that are up to the challenge of meeting our high standards of care and are committed to improving the lives of the clients we serve.

We are currently hiring a caregiver to staff a client in Chelan, WA

Schedule is as follows: Monday, Tuesday, Thursday, Friday 10:30am-6:30pm

RATE: \$22.50/hour

APPLY NOW: <https://careers.hireology.com/amadaseniorcare-oregonwashington/485403/description>

**OFFICE ASSISTANT/RECORDS CLERK**  
CITY OF CHELAN, WASHINGTON

City of Chelan is accepting applications for the position of Office Assistant/ Records Clerk. Please submit a complete application package, including: cover letter, resume and employment application to the City Clerk by mail at PO Box 1669, Chelan, WA 98816 or electronically to [pgallucci@cityofchelan.us](mailto:pgallucci@cityofchelan.us). Application materials are located on the City's website: [www.cityofchelan.us](http://www.cityofchelan.us) Applications will be accepted until 5:00 p.m. on January 29, 2021. Incomplete applications will not be accepted.

[www.leavenworthecho.com](http://www.leavenworthecho.com)  
[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

**Windermere Real Estate/NCW**  
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See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

**Help Wanted**

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It is easy to place your ad online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) Register and pay on our secure site.

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**Deadline: Friday by Noon for the following Wednesday issues of all newspapers.**

**Work Wanted**

House Cleaning and have references.  
Call 509-557-2151



**Place your Help Wanted and find the best qualified local employee**

- Place your ad 24/7 at [ncwmarket.com](http://ncwmarket.com)
- Email: [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)
- Call 548-5286

**For Sale**

**Antiques & Collectibles**

**Get cold hard cash for your Antiques and Collectibles by placing them in our classifieds.**

Place your ad with pictures online 24/7 at [NCWMarket.com](http://NCWMarket.com) Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline: Friday by Noon for all papers.

**Lake Chelan Mirror Quad City Herald** 509-682-2213 or email [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**Furniture**

**Office Furniture Items available:**

- 2 large wood desks with side desk attachment, One metal desk, one large all wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, wood credenza
- 2 fabric room dividers with metal legs.
- One large framed whiteboard
- All items only \$10 each. Cash and carry.
- Call to arrange a time to examine or pick up. All items located in Cashmere.
- For information call 548-5286 or Bill, at 509-670-1837.
- Also see photos on [NCWMarket.com](http://NCWMarket.com)

**General Merchandise**

**Cards for Sale**

To raise funds for the Royal Ladies of Autumn Leaves. Special Leavenworth card like: Wish you were here with me in Leavenworth. Happy Birthday from Leavenworth! and many more titles. No boxed cards. Thank you for your support. Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

**Advertise 548-5286 or 782-3781**

**Ice Storm!**

Getting ready for the ice storm!

1. WATER 2. WE'RE SAFE, SNUG AND WARM!

3. FOOD 4. LOGS 5. SHOVELS 6. SNOWBLOWERS 7. PIPES 8. PETS

**SNOWBIRDS** When we speak about human "snowbirds" we mean people who escape to warmer climates during the winter by traveling.

**By Another Name...**

GLAZE  
EVENT  
SILVER  
THAW

Whew! Almost there.

**Check the weathercams online before traveling over the mountain passes!**  
[www.leavenworthecho.com](http://www.leavenworthecho.com) | [www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

**STEVENS PASS** U.S. Highway 2 [click here to see webcam](#)

**BLEWETT PASS** U.S. Highway 97 [click here to see webcam](#)

**SNOQUALMIE PASS** Interstate 90 [click here to see webcam](#)



# THE WASHINGTON OUTDOORS REPORT

## New Year's resolutions for the outdoors enthusiast

By JOHN KRUSE, THE WASHINGTON OUTDOORS REPORT

Call it the silver lining of the COVID-19 pandemic... People are discovering or rediscovering the great outdoors. This means the outdoors will likely be a crowded place in 2021 as well. This means now is the time to plan your outdoor adventures for the year. With that in mind, what will you resolve to do outside in 2021?

Try Something New – If you haven't gone fishing or hunting before, this is a great year to try both and the Washington Department of Fish and Wildlife along with

local sportsman's groups host events throughout the year meant to introduce newcomers to these sports. If you are already an angler or hunter resolve to go after a new species. Perhaps you are a trout angler? If so, learn how to be a walleye angler. Trust me, after you taste fresh walleye, you'll thank me for this. Maybe you are a deer hunter. In that case, consider going turkey hunting for the first time or invest in a bird dog and take up waterfowl or upland bird hunting. If nothing else, you'll get a dog out of this resolution.

Be A Thrill Seeker – You can enjoy some incredible adventures in the Pacific Northwest at any age. One of those involves whitewater river rafting. Whether you raft relatively tame streams like the Skagit, Methow or



Courtesy Zoller's Outdoor Odysseys  
**Whitewater rafting on the White Salmon River.**

Grande Ronde, reliably fun roller coaster rides found on the Wenatchee or Tieton Rivers, or want to plunge over a small waterfall on the White Salmon, there are numerous companies that will take you out for the day and no expe-

rience is required. What you do need is a positive attitude, just a little bit of courage and the ability to paddle when your guide tells you to do so!

Want some more thrill-seeking adventures? They may not be in Washington, but they are within a day's drive. They include cave explorations at Lewis and Clark Caverns State Park in Montana or at the Oregon Caves National Monument, though COVID-19 restrictions will likely impact the guided tours at these caves for part of this year.

How about a 20-mile bike ride, all downhill, along an old rail line? You'll find that on the Route of the Hiawatha just off of I-90 at the border of Montana and Idaho. If you can pedal a bicycle, you'll love this experience which incorporates great scenery, a

whole bunch of history, and a real sense of adventure.

Push Yourself – Resolve to go deeper into the woods or wilderness this year. If you are a three-season hiker consider becoming a year-round one with the purchase of a pair of snowshoes or cross-country skis. Maybe you enjoy simple day-hikes. Resolve to get away from the crowds by exploring new, less popular trails or going a bit further than most do. Better still, invest in a lightweight tent, stove, sleeping bag and pad and go on a backpacking adventure.

Don't want to lug all of that stuff on your back? Then put it into a canoe or kayak. There are all sorts of lakes, rivers and backwaters to explore and paddling for the day or for an overnight boat camping getaway makes for a unique

experience.

Go Somewhere New – Last but not least, resolve to break the bonds of the familiar and go to a new place or two this year. Don't limit yourself to the destinations most people head to or one's you have visited or experienced for years. Instead of going to that popular state or national park, consider going to a county park, Department of Natural Resources or Bureau of Land Management Recreation Area. Explore national wildlife refuges and state wildlife areas you have never been to before. Try to find somewhere out of the way and under the radar. You'll may just fall in love with your new destination away from the crowds if you do.

John Kruse – [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

# My COVID-19 experience

My clinic received their first allotment of COVID-19 vaccine Monday morning of this week. Hooray! We started vaccinating our clinic staff the very next day. I received my first dose of Moderna COVID-19 vaccine this week, and yesterday my pharmacy student Albert and I administered vaccine to my co-workers as well as other front-line health care providers in my community, including 2 dentists, 12 dental assistants, plus physical and occupational therapists.

I've helped set up and run influenza vaccination clinics every fall for the past 10 years. Organizing COVID-19 immunizations is DEFINITELY more difficult.

The biggest difference is the vaccine itself, which is only available as a multiple dose vial. Influenza vaccine also used to be available only in multiple dose vials, each containing 10 doses. It actually takes longer to draw up each dose from the vial than it does to administer it. We could then put the remaining unused vaccine vial back in the refrigerator until the next time someone needed a flu shot.

For the past 5 years, single-doses of influenza vaccine without preservatives have been available, each one premeasured in a ready to use syringe, saving a great deal of time and trouble.

During our flu shot clinic, we checked the age of our client, selected either the regular or the over-65 years influenza formulation, removed the dose of vaccine already filled and ready in the refrigerator, attached the appropriate needle, then gently inverted it several times to make sure it was well mixed before administering it.

Giving COVID-19 immunizations is more complicated, because not only must each dose be drawn up individually out of the multiple dose vial, there is a time limit to using that dose. Once you take out the first dose of COVID-19 vaccine out of its vial, if it isn't given to someone within 6 HOURS, it must be



Dr. Louise Achey

discarded. Yikes! Washington State is delivering two COVID-19 vaccines to various sites around the state, one developed by Pfizer-BioNTech, and the other developed by Moderna. They are basically very similar in how they work and how effective they are.

Here are 6 Tips on COVID Vaccines:

1. COVID vaccines are amazingly effective.

Influenza vaccine effectiveness varies from 40% to about 60% in most adults. The older you are the less the vaccine protects you. To overcome this, influenza vaccine formulas are available for adults older than 65 years old.

Pfizer's vaccine provides about 50% protection after the first dose, starting about 2 weeks after it is given, with 95% protection from COVID within 1 week of receiving a second dose, due

3 weeks later. The Moderna vaccine gives around 80% protection within 2 weeks after the first dose, and 94% effectiveness 2 weeks after the second dose, given 4 weeks later.

2. Even if you get COVID despite being vaccinated, it will most likely be mild.

The 5% of people who got COVID-19 despite being immunized only had mild symptoms, not a serious infection requiring hospitalization.

3. Keep wearing your mask.

Since the vaccine study participants were tested for COVID only if symptomatic, we don't know whether either vaccine can prevent an asymptomatic COVID infection.

4. Serious allergic reactions are rare.

After giving the vaccine, you get a card with the vaccine information on it, PLUS a sticky note with the exact time the vaccine was administered. You are asked to stay under observation for 15 minutes, in case of an allergic reaction. One dental hygienist had a

severe allergy to shellfish and bee stings that required her to carry an Epi-Pen. She stayed for 30 minutes afterward, and had no problems.

5. Use the V-safe smartphone app.

Developed by the Center for Disease Control and Prevention (CDC), V-safe prompts you to report how you are feeling after your COVID-19 vaccine. It checks in with you every day for a week directly to the CDC, and if you self-report a serious side effect, someone from the CDC will contact you. It texts me a reminder each day for the first week, asking me how I am doing and will remind me when I am due for my final vaccine dose.

6. Be on time for your vaccine appointment.

Once a vial of COVID-19 vaccine is opened, each dose MUST be administered within 6 hours to avoid having to be discarded. There are 5 doses per vial for Pfizer vaccine and 10 doses per vial for Moderna vaccine. If you don't show up on time, the dose that is waiting for you can't be used past its 6-hour time limit.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How

YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. 2021 Louise Achey

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**Ice Storm!**

Robert Frost was a famous American poet. In "Birches," he wrote about swinging on the branches of birch trees. He described the way an ice storm weighs branches down with a coating of ice. Hmmm... Frost wrote about ice storms!

Read this aloud to "hear" the ice:  
"... Loaded with ice a sunny winter morning  
After a rain. They click upon themselves  
As the breeze rises, and turn many-colored  
As the stir cracks and crazes their enamel.  
Soon the sun's warmth makes them shed crystal shells  
Shattering and avalanching on the snow-crust—  
Such heaps of broken glass to sweep away..."

Getting ready for the ice storm:

1. have \_\_\_\_\_ stored in bottles
2. to listen to news and weather reports have a \_\_\_\_\_ with batteries
3. get plenty of fresh batteries for \_\_\_\_\_ and lanterns
4. store cans of \_\_\_\_\_ to eat
5. pile dry \_\_\_\_\_ for the fireplace
6. shovel \_\_\_\_\_ in buckets to spread later on ice
7. drain water from basement \_\_\_\_\_ so they won't freeze
8. kindly bring all \_\_\_\_\_ inside

Read the clues to fill in the puzzle!

We're safe, snug and warm!

logs sand food pipes radio flashlights pets water

Find and circle all of these "stormy" words:

snowsuit snowblower snowbanks snow tires glittering cold icicles snowplow ice sand frost wind frown gray glaze

GLITTERINGOPRSSNFG  
NSEQWFTGHYJKNINOP  
AQRCGTYHUNLCCGHOBFA  
SNOWBLOWERNOTEWURZ  
MEDFCRTGYKHLLOYSTKE  
ISKNECEQJHDFDMNUOGD  
BLOTTCOMBBDGKIOIUTR  
TENGKIBHBDIRSATSPOI  
JIOUGCSIJJEKFAOIHGD  
WTOJBFDCITROJHYFBCW  
LIUHGCDITIOKJHGRFO  
FRUOSTJCJTOIJKLMLN  
YHNMJIOULURSHOVELP  
VBNMKJHEIOOQADCFW  
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OKLPJUHNGSIUATFCDN  
SNOWBANKSRESSDFVBS

**CROSSWORD PUZZLE**

THEME: THE GRAMMY AWARDS ACROSS

1. Nothing-but-net in basketball
6. "Zip it!"
9. The \_\_\_\_\_ in Switzerland
13. Ann Patchett's novel "Bel \_\_\_\_\_"
14. "Mele Kalikimaka" wreath
15. Ten million, in India
16. Fire in one's soul
17. Crematorium jar
18. Trail follower
19. \*Artist with most 2021 Grammy nominations
21. \*Powerhouse Award 2020 winner with six 2021 nominations
23. \*\_\_\_\_\_ Sayer's "You Make Me Feel Like Dancing"
24. Pettifoggery
25. Lending letters
28. "Through" in text
30. Butcher's discards
35. Fortune-telling coffee remnant
37. Crew equipment
39. Asian goat antelope
40. "Polar Express" roof rider
41. Toughness
43. \*Two-time Grammy winner Kelly
44. Watch word?
46. \*Best New Artist nominee Cyrus
47. "Clueless" catch phrase
48. "Black Pumas" nominated record
50. Hand-me-down
52. NYC time zone
53. \*\_\_\_\_\_ Loaf, winner of one Grammy
55. Nirvana's "Come as You \_\_\_\_\_"
57. \*Post Malone's twice-nominated work
61. \*Venue of 2021 Grammy Awards
65. Dig, so to speak
66. Reunion bunch
68. Silk-patterned fabric
69. On Elsa of Arendelle's head
70. Historical period
71. Join the cast of, two words
72. Balkan native
74. Bed cover
73. Dog's greeting

DOWN

1. Union foe
2. Stuff for sale, sing.
3. Capital of Indiana, for short
4. Counter seat
5. "The Green \_\_\_\_\_"
6. Swerve
7. "I Can't Breathe" artist
8. Delhi language
9. Seed coat
10. Trickster in Norse mythology
11. Like "Dead Poets Society" school
12. Blood fluids
15. Winnowing remains, pl.
20. Salmon variety, pl.
22. Flying saucer acronym
24. Event attendance
25. Kind of committee, two words
26. Movie trailer, e.g.
27. He had no cause?
29. "\_\_\_\_\_ on Me" by Lady Gaga and Ariana Grande
31. Cheese on Peloponnese
32. "...when out on the lawn there \_\_\_\_\_ such a clatter..."
33. Large-eyed lemur
34. "Folklore" nominee and recipient of 10 Grammys
36. Nancy Sinatra's boots
38. Sinbad's seven
42. Semolina source
45. Cloth armband
49. Get the picture
51. Movie genre, pl.
54. Off killer
56. Longer than #70 Across
57. A and B, e.g.
58. Doing nothing
59. \*Katy Perry's 2013 Grammy-nominated song
60. Stewie Griffin's bed
61. Unforeseen obstacle
62. Low-cal
63. One of Great Lakes
64. Email folder
67. Composer Gershwin

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	7	8					4	5
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		7		8				
1	8						5	2
3		4						7
		2			5	6	3	

© StatePoint Media  
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Effective January 13–19, 2021

During this COVID-19 crisis, our team is working hard to keep our store clean and well-stocked for you. If we are out of advertised items, please accept our apologies. If you have any questions, please don't hesitate to ask us. We are here to serve you to the very best of our ability.

# Roast Sale



**PREMIUM BEEF  
BONELESS BEEF  
TRI TIP ROAST**  
**6.48**  
LB.

USDA CHOICE St. Helens BEEF LOCAL Equals FRESH



USDA CHOICE St. Helens BEEF LOCAL Equals FRESH



PRAIRIE FRESH NATURAL

**BONELESS BEEF  
BOTTOM ROUND  
ROAST**  
**3.98**  
LB.

**ALL NATURAL  
BONELESS PORK  
LOIN ROAST  
CENTER CUT**  
**2.48**  
LB.

**BUY A ROAST, GET** PLU# 1690  
**FREE PRODUCE**

**Buy any Roast  
3 Lbs. or Larger,  
& Get 1 FREE Bag  
of your choice of:**

- 5 Lb. Bag Russet Potatoes, or
- 3 Lb. Bag Yellow Onions, or
- 2 Lb. Bag Whole Carrots



**5 LB. BAG  
RUSSET  
POTATOES**  
Great in a Roast

**3 LB. BAG  
YELLOW  
ONIONS**  
Full of Flavor

**2 LB. BAG  
WHOLE  
CARROTS**  
Full of Nutrients

**Your NORTHWEST** **food club** **Sale!**  
*Great Savings!*

**Food Club  
Apple Juice**  
64 Oz.

**Food Club  
Peanuts**  
Original or Lightly Salted  
16 Oz.

**Food Club  
Instant Oatmeal**  
Selected Varieties  
13.3 to 15.1 Oz.

**Food Club  
Butter**  
Salted or Unsalted  
16 Oz. Quarter Cubes

**Food Club  
Sour Cream**  
24 Oz.

**Food Club  
Potatoes**  
Selected Varieties  
24 to 32 Oz.

**Your  
Choice!**

**2/\$4**

**Food Club  
Potato Chips**  
Selected Varieties  
8 Oz.

**Food Club  
Saltine Crackers**  
16 Oz.

**Food Club  
Chili Sauce**  
12 Oz.

**Food Club  
Cocktail Sauce**  
12 Oz.

**Food Club  
Hot Cocoa Mix**  
10 Count

**Food Club  
Pasta Sauce**  
Selected Varieties  
24 Oz.

**Your  
Choice!**

**2/\$3**

**Merchant's  
Craft  
Soda Pop**  
Selected Varieties  
2 Liter Bottles

**88¢**

**Food Club  
Gravy Mix**  
Selected Varieties  
7.5 to 1.25 Oz.

**5/\$5**

**Food Club  
Onion Mix**  
2 Oz.

**4/\$3**

**Wide Awake  
Coffee**  
Selected Varieties  
11 to 12 Oz.

**4.98**