CASHMERE VALLEY





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Traci Pierson retires



SUBMITTED BY EMILY WARD

Traci Pierson owner and teacher of Traci & Friends has decided it's time to hang up the teaching shoes. After over 30 years of teaching preschool and owning her amazing Childcare center Traci is ready to move on to the next chapter in life. After co-owning Cashmere Kids with a partner Traci decided to branch out on her own along with an awesome teaching team by her side.

Traci officially opened Traci & Friends on January 2, 2014, after a mere 2 months of remodeling and licensing, with some help from her wonderful family and parents of her class, and the rest is history. Traci & Friends has been a staple in the Cashmere community thanks to Traci and her drive to help others around her. Over 6 years ago Traci had the idea to make people who were struggling smile, and with that came the Happy Letters. Traci had her class start drawing beautiful pictures with uplifting words of encouragement and sent them to anyone in need, from patients at the Wellness place, Seattle

Children's Hospital and local Veterans. Traci is always looking for new ways to reach out to others and put a smile on their face, and that's the biggest lesson she teaches to her students. Community outreach is a main focus for Traci and her class, always looking for new ways to help someone in need. Traci decided that just because it was her time to retire that didn't necessarily mean the doors had to close for good, so she went to her longtime college and friend Joy Robertson owner and director of Teams Learning Center in Wenatchee and offered to sell the center to her. Of course Traci being the caring lady she is just couldn't leave her children and staff without a school or job. Joy was thrilled to buy the center and keep it going. Though Traci is no longer going to be teaching every day and making us all smile we will all do our best to carry on the Traci & Friends legacy, and keep making those beautiful Happy Letters! We love you Traci! Always remember our motto "Smiles are contagious" so go continue to spread them you awesome lady!

State Legislature to develop budgets for 2021-2023



The State Capital Budget provided substantial funding for the Goodwin Bridge replacement project currently under way and expected to be completed in 2021

The major focus of the current legislative session **Operating budget (\$54.2** billion for 2019-2021 – a

19.4% increase)

Transportation budget (\$10.5 **billion for 2019-2021**)

the construction and maintenance of state buildings, public schools

State Senate unanimously approves Senator Hawkins' utility wildfire bill

SUBMITTED BY SENATOR BRAD HAWKINS

OLYMPIA -- Legislation introduced by 12th District Sen. Brad Hawkins to implement recommendations by the Electric Utilities Wildland Fire Prevention Task Force on ways to prevent wildfires was approved today 46-0 by the Senate.

Senate Bill 5158 would direct state Commissioner of Public Lands Hilary Franz to work with the Utility Wildland Fire Prevention Advisory Committee to implement recommendations recently offered in this report issued in December 2020. According to Hawkins' proposal, this would be accomplished by Aug. 1 and the group's work would be maintained and updated on the Department of Natural Resources' website.

"I'm pleased the Senate has passed this important bill for my district and other wildfire-prone parts of

Continued to page 4



Chelan PUD's General Manager Steve Wright.

response systems. Our legislative team has been able to leverage the capital budget in the past several months and years to successfully fund many of our regional priorities, including the Wells Hall replacement for Wenatchee Valley College, Chelan County Emergency Operations Center, Twisp Civic Building, Winthrop Library, Wenatchee Valley Museum and Cultural Center, Wenatchi Landing sewer extension, Saddle Rock soil remediation, and a variety of recreation and park facility improvements.

is to develop and approve budgets for the 2021-2023 biennium. Our state budgets on a two-year basis and approves all three of budgets (operating, its transportation, and capital) in the odd-numbered years, such as 2021. The current state budgets cover the 2019-2021 biennium, which ends on June 30, 2021. All three

budgets usually receive approval in the final stages of the legislative session in April.

Washington state budget development

The state budgets are separate bills that need approval by the full Legislature before being delivered to the governor, similar to any other legislative proposal. Usually, the House and Senate each propose and approve their own versions of the three budgets and advance these proposals to the other chamber for consideration. These budget proposals are often compared with the governor's proposal. The two chambers then appoint their respective budget negotiators to discuss the differences between the budgets and come together on a final document for approval by the Legislature and governor.

COMMUNITY VOICES By Brad HAWKINS

The operating budget funds the day-to-day operations of the state, including early learning, K-12 education, higher education, health and human services, criminal justice, natural resources, and other areas. Balancing

the operating budget could be a challenge this year. As a result of past increased spending and reduced revenue, state economists are forecasting a projected budget deficit of nearly \$3 billion. While the most recent projected deficit is certainly bad news, the \$3 billion figure is actually based on a fouryear budget projection, impacting a four-year figure equivalent of over \$100 billion. By utilizing the state's \$2 billion Budget Stabilization Account - often referred to as the "rainy day fund" - and making some measured and modest reductions in programs, I believe lawmakers can achieve a balanced budget without tax increases. Others may use the revenue losses from the pandemic in an effort to justify increased revenues. Legislators will probably authorize the use of the Budget Stabilization Account with little disagreement. The big divide will be over whether to choose budget reductions or new taxes to make up the remaining difference.

The transportation budget funds

the construction and maintenance of the state transportation system, including the maintenance and preservation of roads, bridges, and ferries. This budget also funds the state agencies and commissions that serve our transportation system, including the Washington State Patrol, Department of Licensing, Department of Transportation, Washington Traffic Safety Commission, County Road Administration Board, Transportation Improvement Board, Transportation Commission, and Freight Mobility Strategic Investment Board. The budget also funds numerous previously approved road projects based on their construction schedules. The transportation budget also has its challenges. While the recent Initiative 976 was overturned by the state Supreme Court and will not impact transportation revenues, another court case involving fish-blocking transportation culverts will likely force the state to invest billions of dollars to fix them. It is unclear whether resolving this issue will impact current transportation projects, but it will likely affect future investments in transportation.

Capital budget (\$5 billion for 2019-2021)

The state capital budget funds

matching grants, higher education facilities, public lands, parks, and other assets. Over the years, several local projects have been funded in the capital budget. In recent years, the 12th District team has been able to generate big wins for our region through this budget, including the replacement of key infrastructure following tragic wildfires, the expansion of outdoor recreation opportunities that improve our economy and quality of life, and enhancements to key community

Sen. Brad Hawkins serves the 12th Legislative District, which covers much of North Central Washington.





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Митиаь ФОтана MORTGAGE

- lifestyle Too much exercise
 - in salt

good for anyone's bones, they are particularly concerning for those who are at higher risk women: postmenopausal affect men as well. While the Centers for Disease Control (CDC) reports 24.5% of women age 30, and bone mass slowly consultant for the California home before it was time for her booster.

How to navigate **Transitions of Care**

Sherry called me yesterday morning and asked, "How do I get Emma her booster shot of COVID vaccine? The nursing home says she'll have to go somewhere else."

I called the nursing facility to find out who gave her the initial COVID vaccine. They explained the vaccines were given by CVS, a pharmacy chain with a federal contract to immunize nursing home residents. CVS came and gave every resident their first COVID vaccination. Thev supposedly contacted anyone who had been discharged to register them for the booster. The company had just finished its last booster clinic the day before.

There are no CVS pharmacies in our area. I asked the nursing home for contact information to find out if CVS would be in any other nursing facilities in our area. Unfortunately, when I called them, no one could connect me with whomever was administering the COVID vaccine. They couldn't even tell me who I could contact to find out more. It was like CVS swooped into town, gave the vaccine to those nursing home residents, then left without a trace.

When I asked for a copy of Emma's COVID vaccine card, the nursing home said they didn't have it anymore. They explained that it had been mailed to Emma's POA. Unfortunately, my friend never received it, so we recreated one from the nursing home records on a blank COVID vaccine card, documenting the date, manufacturer, and site where Emma received her COVID vaccine.

SENIOR FOCUS A Guide to Healthy Living For Seniors and Others

Although Emma received the Pfizer COVID vaccine, our local pharmacies only have the Moderna vaccine. Is it okav if Emma gets a Moderna booster?

Yes. The Centers for Disease Control and Prevention (CDC) states that if someone residing in an assisted living or a nursing facility has moved, it is OKAY to get a booster with the Moderna vaccine even if the initial vaccine dose was from Pfizer and vice versa. Since they are both mRNA vaccines, the CDC states that it is acceptable.

The CDC now states you can delaygettingtheboosterbeyond the 3 weeks recommended by the manufacturer for the Pfizer COVID vaccine or the 4-week booster recommended for the Moderna vaccine. Up to 6 weeks is considered acceptable, especially in light of the recent weather-related delays in shipping the vaccines.

Here are 4 Ways to **Protect Yourself or Loved One During Transitions of** Care

1. Make a current list of all your medications, and keep it updated.

This is especially important when coming home from the hospital or nursing home. There may be changes or

Ask... Louise

> duplications during the time you or your loved one have been away.

2. Bring your discharge summary paperwork to your next medical appointment.

Doctor's offices are not always kept informed of what happens to you during a recent hospitalization. Bringing the latest information with you helps to keep everyone in the loop. 3. Ask.

With COVID restrictions making face-to-face discussions rare, misunderstandings are commonplace. Medical providers stretched for time and may not take the time to explain the plan of care.

4.Be a Squeaky Wheel. Speak up whenever something doesn't seem right to you. You may be the only one who notices an omission or discrepancy.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog The Medication Insider.com. **®2021** Louise Achey

3 top strategies to keep bones strong

(BPT) - Healthy bodies need healthy bones. Bones support our weight, protect our internal organs and provide a platform for our muscles to work. Unfortunately, we don't always treat our bones right. There are many common behaviors or attributes that weaken the skeletal structure, including:

My stepmother is going to

have her hip replaced next

week. After the surgery, she will wake up in a recovery room

and possibly stay overnight in

the hospital. Afterward, she'll be discharged directly back

to her home or to a skilled

nursing facility (AKA a nursing

home) for several weeks of

strengthening therapy, called

Each time she moves from

one health care setting to

another, her doctors and nurses must communicate any

vital information about her to

the next person. Each time she

moves from one care setting to

another is called a transition

Medical care is a lot like a

relay race. When the nurse or

doctor taking care of you goes

off shift, another transition of

care occurs, from them to the

medical professional coming

on shift. This "handoff" is where important information

about you can easily get lost,

leading to potentially serious

That's what happened

to Emma. My friend Sherry

accepted the responsibility

of being her widowed elderly

aunt Emma's medical power

of attorney, or POA. Emma

fell the first week of January,

breaking her hip, which

required surgery and several

weeks of rehabilitation at a

Emma received her first

COVID vaccine while a resident

of that nursing facility, then

discharged back to her own

local nursing home.

rehab.

of care.

problems.

- Smoking Drinking alcohol in excess
- Lack of exercise / sedentary
- Diets low in protein and high
- Genetics

While bad habits aren't people with osteoporosis or for the condition. Osteoporosis is a general weakening of bone structure that leaves a person at a much higher risk of fracture. It's typically associated with however, osteoporosis can 65 and older have the disease, the same is true for 5.1% of men in that age bracket. Essentially, everyone reaches peak bone development around declines as you age. "Healthy bones come from the right exercise and diet," says Leslie Bonci, registered dietitian and

Prune Board. "The good news is, the 'right' exercise can be fun, and a bone-friendly diet is loaded with delicious things to eat!" Here are three simple strategies for keeping bones strong.

1. Moderate exercise

The National Institutes of Health (NIH) recommends a moderate regimen of weightbearing exercise to support your bones. While the emphasis is on moderation, overdoing your exercise can lead to injuries that leave your bones in worse condition. Popular weightbearing exercises include walking, hiking, jogging, stair climbing and dancing. The NIH also recommends resistance exercises, or more often referred to as strength training. Every time you lift a weight, a small amount of stress is placed on your bones by your muscles. This stress essentially encourages bone-forming cells to hurry up and get to work.

grams of protein per pound of body weight per day. You also need plenty of fruits and vegetables, which are rich in bone-forming minerals like boron, manganese, magnesium, potassium and zinc. It is important to focus on getting these minerals from veggies and fruits, as mineral supplements are generally less beneficial. One fruit particularly rich in bonebuilding minerals is California Prunes. Not only do prunes provide boron and manganese, they're also rich in Vitamin K - another nutrient fundamental for bone mineralization. In fact, California Prunes have

are a whole food approach to healthy eating, as well as being readily available, economical, safe and - by all indications effective in supporting healthy bones. They're also an easyto-carry snack, and a versatile ingredient perfect for both sweet and savory recipes.

3. Maintain a healthy weight

Keeping your weight at a healthy level is particularly important for bone health. A low body mass index score (BMI) is considered a significant risk factor for bone loss, particularly in older people. This is because when a person is underweight, their body has fewer available resources for repairing bone. Conversely, a high BMI due to excess body fat has also been shown to be detrimental to your bones. The risks with high BMI are potential strain and fracture due to an over-taxed skeletal structure. To best determine what a healthy weight is for you, talk to your doctor. Anyone's bones can weaken over time, but, through healthy habits you can limit your risks of potential bone damage. So, the next time you go for a pleasant walk through your neighborhood or enjoy some sweet California Prunes, be proud of yourself. You're on the right track for keeping vour bones strong.

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· Running or not

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2. Modify your diet

Even with the right exercise a bone-supporting diet important. Calcium is and Vitamin D are the most familiar essential nutrients, and they are certainly a powerful combination, but, other nutrients are also needed to effectively build bone density. For starters, you need between 0.4 and 0.9

been of interest to bone health researchers for several years. "We're seeing an exciting 'prune effect' on bones," reports Dr. Bernard Halloran, bone health researcher and Professor Emeritus at the University of California San Francisco. "In a variety of unique research scenarios, California Prunes are consistently associated with a favorable bone response." Bonci agrees, explaining that prunes



6 Ways to Tell If You Have Enough Life Insurance

(StatePoint) If we've learned anything from 2020, it's that life can be unpredictable. Having sufficient life insurance can provide financial stability and security to loved ones during times of uncertainty.

Forty-one million Americans say they need life insurance but don't have it, according to LIMRA's 2020 Insurance Barometer Study. Others are insured but don't have enough coverage. If this describes you, your spouse or children could find themselves in a financial lurch, expected to pay off debts, loans and final expenses when you die, especially if you're the main source of income.

"Having insurance isn't just about financial protection," says Louis Colaizzo, senior vice president of Erie Family Life. "It also helps maintain some sense of normalcy for family members. Kids can continue their extracurricular activities, partners can maintain their lifestyle and families can stay in the home they know and love." So, how do you know if you have enough? An annual reminder to financially protect loved ones, here are six questions from insurance experts to help you find out.

1. Do you have enough to cover final expenses? Make sure you can accommodate funeral or burial expenses, end-of-life costs or unpaid medical bills. Otherwise, your family may be responsible for paying these. According to the National Funeral Directors Association, the national median cost of a funeral with viewing and burial for 2019 was \$7,640 – a steep sum many can't pay out of pocket without notice.

Will your family receive enough to cover income loss or debt? If you're your household's primary earner, you'll want to ensure you have enough money to maintain your family's lifestyle. For example, can your policy help pay off a mortgage or multiple car $loans \, in \, full \, or \, cover \, expenses$

like groceries? If not, your spouse or dependents might find themselves struggling, putting them at risk for foreclosure or other financial hardships.

- 3. Do you have dependents? A dependent is someone who relies on your income to make ends meet. According to the U.S. Department of Agriculture, the average cost of raising a child through age 17 is \$233,610, not including the cost of a college education. That's a big strain.
- 4. What kind of retirement do you want? How do you guarantee you'll have enough for the future and won't need a second career late in life to cover living expenses? One way is to tap into the cash value of a permanent life insurance plan and use it as supplemental income during retirement.
- 5. Do you have unique lifestyle considerations? Do you own a business or want to leave a legacy when you're gone?

Having an insurance plan will protect these assets and give you peace of mind that your money goes exactly where you want it.

6. What if your circumstances change (again)? Some life insurance companies, offer a Guaranteed Insurability Option rider to help with the quickly changing times, making it possible for you to purchase additional insurance later, even if circumstances deem you "uninsurable." This means the death benefit can be increased as your needs change but you won't have to answer medical underwriting questions -- a relief for many.

To revisit your life insurance policy, contact an independent Insurance agent who can discuss your personal options by visiting erieinsurance.com.

According to experts, one of the easiest ways to protect loved ones and their financial futures is to prepare for the unexpected.



Can You Recognize **Signs of Stroke? 10% OFF!**

(StatePoint) Many people are avoiding in-person doctor's visits to limit potential exposure to coronavirus -- or are simply ignoring health concerns altogether. However, when it comes to medical emergencies such as stroke, immediate medical attention is critical

The fifth leading cause of death in the U.S., stroke occurs every 40 seconds and it can happen to anyone, of any age, at any time. When 59-yearold Paul "David" Dyches had a stroke on the job this past August, he quickly realized something was very wrong.

"I never experienced a feeling like this before, and I knew we had to do something right away," says Dyches, who was experiencing classic stroke symptoms of weakness in his arms and legs. Upon his arrival at the hospital, he was evaluated via tele-neurology by experts over 150 miles away. After doctors confirmed he was experiencing a stroke, they delivered treatment immediately and he was able to be discharged the following day.

While in some cases quick action can help with recovery, statistics suggest that many Americans may be avoiding hospitals when they need them most due to anxieties surrounding the pandemic. A recent study published in "JAMA Internal Medicine" showed that emergency room visits to five major healthcare systems decreased by more than 40 percent as COVID-19 cases spiked.

As patients such as Dyches learning firsthand, are hospitals have a range of protocols in place to help keep patients and staff safe from coronavirus infection.

"The hospital staff set me at ease right away," says Dyches.

Beyond pandemic fears, one age-old barrier to seeking timely medical attention for stroke is simply awareness of signs and symptoms. While Dyches can credit himself with recognizing a classic symptom -- arm and leg weakness -- and reacting rapidly, only one in five U.S. adults are able to recognize 10 signs and symptoms of stroke, according to a nationwide survey*. What's more, nearly 70 percent of the survey respondents say they're knowledgeable about stroke, yet 62 percent falsely believe that signs of stroke come on slowly over a day or two, when in fact symptoms of

stroke can come on suddenly. Experts say that immediate medical attention, which is vital, relies on everyone learning and being able to recognize the BE FAST signs and symptoms of a stroke in themselves and others and calling 911 immediately. BE FAST stands for Balance, Eyes, Face, Arm, Speech, Time and refers to these signs of stroke: Balance: Sudden loss of

- balance Eyes: Loss of vision in one
- or both eyes Face: Face looks uneven or
- droopy **Arm:** Arm or leg is weak or
- hanging down
- Speech: Slurred speech,

trouble speaking or seems confused

Time: Immediately call 911 For more shareable information and resources, visit Strokeawareness.com, developed by Genentech Inc, a member of the Roche Group.

"I am a testament to the fact that emergencies like stroke don't stop for a global health pandemic," says Dyches. "Anyone who experiences stroke symptoms should call 911 and get themselves to the ER as quickly as possible."

BE FAST" was developed by Intermountain Healthcare, as an adaptation of the FAST model implemented by the American Stroke Association. Reproduced with permission Intermountain from Healthcare. C Intermountain Healthcare. All rights reserved.

*On behalf of Genentech, a nationwide Stroke Awareness Survey was conducted on March 25 – April 10, 2020 among 2,009 adults ages 35+ in the U.S.





How and Why to Improve the Fit of Your Mask

(StatePoint) As more Americans get vaccinated against COVID-19, vou may find yourself out and about more. Whether you're returning to the workplace or just getting a haircut, mask requirements may be in place in certain venues you frequent. New Centers for Disease Control and Prevention (CDC) recommendations highlight the importance of snugly fitting masks. The good news is that innovations are helping people secure the fit of their masks, and, at the same time, solve some of the most common complaints they have when wearing them.

"As we began to wear masks in 2020, we found ourselves frustrated by things like fogging glasses and slipping



masks. Our team has extensive experience solving healthrelated challenges and thought there had to be a way to address this," says Dave Franchino, cofounder at MaskTite, a company that makes a medical-grade, double-sided tape designed to adhere to the inside of a mask for a more secure fit.

Franchino, with his background in medical product design, set to work with his team to design a way to give people of all face sizes and shapes a fast and easy way to make every mask fit better. Made of skin-safe, medicalgrade, adhesive tape, MaskTite strips eliminate common mask problems like gaps, fogging glasses and slipping, and are sized for adults and children.

Here Franchino explains how to solve some of most common mask woes, some of which you've likely experienced:

Loose fit and slipping masks: Readjusting your mask when it starts to slip is not always possible, whether it's because you have your hands full of groceries or work tools or you simply want to avoid

the mask affixed to your face with tape can eliminate slipping when it matters most, and achieve a tighter fit, supporting the latest CDC recommendations.

Foggy glasses: The warm air of your breath escaping from the top of your mask can quickly make glasses foggy, causing a new hazard -- an inability to see. While it can be tough to find a mask that fits securely enough to eliminate fog, applying a solution like MaskTite to the inside of your mask means you can get a proper fit and better visibility, no matter what mask you're using.

Irritating straps: A tightfitting mask is great in many respects, but the straps can put a strain on the backs of one's ears. Plus, there are times when mask straps can simply be in the way, such as when you're getting a haircut. Securing your mask to your face with tape means you can go strap-free.

Waterproof and MaskTite hypoallergenic: strips can improve mask fit

including healthcare, schools, retail and restaurant settings, salons, offices, manufacturing and more. Packaged in a resealable, plastic pouch that's easy to throw into a pocket, purse, backpack or briefcase, they are currently available for sale through Amazon. MaskTite is made in the U.S. from U.S. materials. Learn more at MaskTite.com.

"From fogging glasses to slipping, nearly every issue that stems from wearing a mask is related to the mask's fit. For those spending a lot of time in a mask, at school, work or elsewhere, a good mask-wearing experience can make all the difference," says Franchino.





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OPINION

The war on free speech

There is a war going on in our country. It's not a shooting war yet. But it is becoming more violent every day. Besides the crowd that overran the Capitol building on Jan. 6, last year communities across the country

4

experienced mob violence that bordered on insurrection.

The problem is unless we begin to address the complaints that are growing increasingly divisive the path to civil war is likely to grow.

Both sides are contributing to this problem. There are no clean hands here.

parties The political continue to fan the flames with often irrelevant personal attacks on the character of their opponents, while excusing the same bad behaviors in their own ranks. The Media frames

every story in racial overtones continuing to spread the myth that America is a **BILL FORHAN** racist country. It is PUBLISHER just lazy journalism.

Left unable to answer the why question reporters fall back on racism every time.

I remember well the I have a Dream Speech by Martin Luther King. King said he dreamed of a country where a person was measured by the content of their character not the color of their skin. King was right, but the race baiters cannot resist the opportunity to diminish their opposition by calling them racist. Today I cannot remember a day that goes by where every news story doesn't begin with some attempt to characterize those involved by the color of their skin.

Yes, there are racists in this country. There are people who believe they are superior to others. People who believe they are smarter than everyone else. But to describe every white person as a privileged white person and every black person as a victim of our privileged white society is just plain wrong.

There are also people in our country who cannot support themselves. They do need some type of help.

Our government has been waging a "War on Poverty" since 1964 - almost 60 years ago. Can we truly say we have had any substantive impact on eliminating poverty?

Our government is the best in the world, but it is beginning to tear us all apart. The biggest problem is we have lost our ability to listen to each other. The legacy media, social media, and our own government leaders are working hard to eliminate any voices that do not agree with their own.

We must learn to listen to those challenging voices without demonizing them. It is one of our most important American values.

Our founding fathers set out to build a government "of the people, by the people and for the people." That means our government leaders must listen to us, respect us and work to represent us.

An amazing thing happened in Olympia this week. The Senate voted unanimously (46-0) to support Anti-SLAPP legislation. SLAPP is an acronym for Strategic Lawsuit Against Public Participation. The purpose of the act is to protect Media outlets and people like Tim Eyman against

lawsuits designed to silence them. It is now moved to the House of Representatives.

Politicians and activists whose only contribution to the debate is to call for censure or character assassination of their opponents must be called to account. They are not improving our collective lives or honoring the traditions that made this the best country on the planet.

If their ideas had merit, they could make their case with reason. They do not need to silence their opposition. They need to prove their point.

Given the toxic environment for different voices there are some things we can do to avoid more violent protests or outright civil war.

Our founding fathers were smart enough to know that historically great Democracies failed. So they incorporated a way for citizens to take back power from the government if it should ever begin to disregard the Constitution. Article V provides for a Convention of States to be called to reign in the power of the Federal Government. It takes 34 state legislatures to vote to call a convention of states. Once called each state gets one vote on the issues the Convention of States votes as amendments to the U.S. Constitution. For example, if the Convention of States votes to limit the terms of Federally elected officials then term limits are imposed. Congress does not get to vote. Eighteen states have already passed a call for a Convention of States. Seventeen more are considering it. It takes 34 states to call the convention. If you want to know more you can find information at: https:// conventionofstates.com/

Bill Forhan can be reached at 509-548-5286 or publisher@ leavenworthecho.com.

Eyman responds to state' lawsuit

In the past 22 years, by working together with our thousands of heroic supporters, we've qualified 17 statewide initiatives for a public vote. They all limited the governments' power over us and have saved taxpayers \$46.9 billion. By TIM EYMAN And our four 2/3-vote-

to-raise-taxes initiatives have saved taxpayers billions more by stopping and deterring tax increases.

VOICES

other initiatives While spend \$1.2 million to qualify, we averaged \$672K because we run a tight ship and I often risked my own money.

After two decades of effort, there's no denving that vehicle tabs and property tax increases are dramatically lower than they used to be. Judges vetoed those early initiatives, but the people's overwhelming vote pushed politicians to readopt them anyway. We've also accomplished this:

Government affirmative

action is prohibited · Performance audits of state and local governments by the

state auditor · Reduced the size of the King County Council from 13COMMUNITY politicians to nine

• Red-light ticketing cameras were banned

in numerous cities · Tax advisory votes allow voters to vote each November on the taxes imposed by the Legislature and they inform voters about how much they cost and how legislators voted

These amazing accomplishments happened despite fierce opposition from liberals controlling the Legislature, Governor, judges, and media.

Because I led those efforts and constantly kick the hornet's nest of big government, politicians and the press have all been gunning for me.

So in 2012, when a reporting complaint was filed against me by a disgruntled former vendor,

I knew what was coming – a witch hunt. And because the government had unlimited resources and I didn't, I knew I'd never survive it without assistance. So, I asked for help. As my attorney (former supreme court justice) Richard Sanders said, "Thousands of people voluntarily chose to help Mr. Eyman and his family there is nothing unlawful about that. People and businesses entered into voluntary

business relationships with Mr. Eyman – all of them were legal. Mr. Eyman never took money from anyone - he wasn't a signer on anyone's bank account except his own. In every instance, the money he received came from people who chose to voluntarily give it to him. And he consulted with professionals - why wouldn't he? - to ensure he was following state and federal laws.'

Democrat Attorney General Bob Ferguson spent nearly \$2 million of taxpayer money going after me, my family, friends, and supporters. That's more than all other reporting cases in the last 8 years combined!

Generous people responded to my pleas for help, recognized this injustice and abuse of power, and helped me fight back. Their checks were made payable to the "Tim Eyman Legal Defense Fund, "Tim Eyman & Family," and "Tim Eyman Watchdog for Taxpayers LLC" - none were campaign donations. Their voluntary assistance, plus our own savings, went toward paying the lawyers and financially surviving this brutal 8-year onslaught.

A year ago, Richard Sanders wrote: "During the recent mediation conference, the AG made clear their priority: the lifetime ban. They don't care about the money, they want to shut you down. When you told the mediator it was blackmail, you were exactly right. This whole thing is about breaking you so you give up and agree to the ban. But you refused. Good for you!

"After hundreds of hours of examining the facts and researching the AG's case against vou, it's clear to me you didn't violate any laws. You were never the committee's treasurer — professional CPA Stan Long was your committee's treasurer and he did not believe these transactions needed to be reported. He was right, the AG is wrong.

"Tim, in all my years on the court, I've never seen such a miscarriage of justice. Seven years of investigation? Harassment of your wife? Frankly, I'm astounded you're still functioning. Anyone else would've given up a long time ago. I admire your

commitment." As predicted, a Gregoireappointed judge in Thurston County's kangaroo court rubberstamped the AG, ignoring the law and the Constitution. Go to tinyurl.com/ Ferguson Hypocrisy to learn how the AG's bizarre claims are fundamentally flawed and reek of hypocrisy - "How Much Has Democrat Bob Ferguson personally profited from politics? Over \$2.8 million!."

to I'm committed

appealing these ridiculously unconstitutional restrictions on the First Amendment because if they get away with it with me, you could be next. To help with the appeal go to TimDefense.com.

While it gets appealed, despite the risks, I will continue fighting for taxpayers because our efforts are needed now more than ever. Politicians have an insatiable tax appetite and are hell-bent to impose income taxes, carbon taxes, and other taxes this session. We're committed to stopping them. To help us fight back go to PermanentOffense.com.

Ferguson's fascist 8-year jihad has cost me everything but I'm not going to let him slow me down. Because like President Trump said: "They're not after me, they're after you, I'm just in the way."

Tim Eyman is a longtime political activist, born and raised Yakima, a WSU graduate, who now lives in Bellevue. For more information, contact him at 425-590-9363 or tim.eyman@ gmail.com.

Padden Anti-SLAPP legislation passes Senate

Uniform Public Expression Protection Act would restore critical free-speech protections

SUBMITTED BY BOOKER STALL-WORTH

means to deny citizens their fundamental First Amendment free-speech rights or silence victims from exposing criminal activities," explained Padden, R-Spokane Valley. "At a time when civil debate of public issues is more important than ever, we cannot allow people Co-op's board of directors were sued by five co-op members over the board's decision to boycott Israeli goods. The defendants argued that the action was an illegal Strategic Lawsuit Against Public Participation (SLAPP) that should be dismissed as an attempt to chill

The state Supreme Court had rejected this claim and found the anti-SLAPP statute to be unconstitutional.

SSB 5009 would reinstate the anti-SLAPP law, the Uniform Public Expression Protection Act, permitting a special motion in court for

The proposal would make several changes to the act aimed at satisfying the concerns of the Supreme Court by adopting a "summary judgment" standard.

Several citizens and members of the press testified at the hearing for the bill that

the anti-SLAPP law is a vital tool used to protect free speech. The bill was supported by the Uniform Law Commission.

The measure, which also received the support of the Basel Action Network, the Motion Picture Association, Inc., Women in Film, and the Allied Daily Newspapers of Washington, now moves to the House of Representatives for its consideration.

OLYMPIA... Today the Senate voted 46-0 to approve Sen. Mike Padden's measure to help protect citizens, whistleblowers and members of the news media from frivolous lawsuits aimed at stifling freedom of speech and the discussion of legitimate public issues.

"The right to petition the court to address legitimate legal disputes is an important principle that should be protected, but our courts should never be used as a

to use expensive lawsuits as a weapon to silence or bankrupt others

"This measure has broad bipartisan support from citizen-activists on the left and the right, as well as members of the media. I am pleased to see it receive similarly bipartisan support in the Senate today."

Substitute Senate Bill 5009 addresses an important freespeech concern created by the May 28, 2015, ruling in the case of Davis v Cox, in which members of the Olympia Food

the board's public statements on an issue of public interest.



expedited relief against legal claims over public expression and allowing a court to award costs, litigation expenses, and reasonable attorneys' fees for prevailing parties.

Padden explained his bill would apply to civil lawsuits for communications in a government proceeding or the exercise of First Amendment rights, including freedom of speech, freedom of the press, the right to assemble or petition one's government, or the right of association.

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Wildfire bill

CONTINUED FROM PAGE 1

our state," said Hawkins. "Our state's electric utilities have shown strong support for this bill, which is very helpful. If our utilities and DNR can keep working together to implement these key recommendations to avoid wildfires and utility liability, that would be a huge benefit for our state and its PUDs.

"These recommendations are very important to many of my utilities, especially considering the 12th District's recent history of

devastating wildfires," added Hawkins. "It is important to keep the momentum going for this group, finalize its recommendations, and ensure ongoing communications with the Legislature.

"I'm very excited to be partnering with Chelan PUD and DNR on this bill. Commissioner Hilary Franz and her staff have been awesome to work with in past years and we accomplished some great things together in my first Senate term. I look forward to keeping that going this year as I begin my next term."

During Senate Bill 5158's public hearing in the Senate Ways and Means Committee on Feb. 8, Chelan County PUD General Manager Steve Wright provided key testimony and appreciates Hawkins' sponsorship of the bill. Wright said, "Commendation to Senator Hawkins. This is an important step to address the collaboration necessary to address a pervasive risk like wildfire that could impact everyone in Chelan County."

Franz previously spoke to the bill and her positive working relationship with Hawkins. Franz said, "A

big 'thank you' to Senator Hawkins and his leadership on this bill and to all the stakeholders who took time to be part of the task force during a year of uncertainty. We had long-overdue and difficult conversations that brought us to consensus on many issues that will support all our wildfire prevention work as well as post-wildfire processes. The recommendations in this bill will solidify our work and ensure we keep the momentum of the task force going."

Senate Bill 5158 now heads to the House of Representatives for consideration.

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CASHMERE VALLEY G $\left(\right)$

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Letters policy

The Cashmere Valley Record velcomes letters to the editor. A letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purpose only). Letters may be edited for length, cairty, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish list of business "Its official classor. Email wave latters to multisher @ name. Thank you retters will only be prime or organizations and events. We will not publish lists o or lists of individual names. Email your letters to pu

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Record at 509-782-3781

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COMMUNITY

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effort, please contact Tiffany at

to the Community Cupboard

food bank. Thank you for

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community.



NCW Library Virtual Events:

Remarkable Women of the Past Century

Writer Mayumi Tsutakawa presents five inspirational women in the arts and journalism in a free virtual talk at 7 p.m. March 4. Learn about the pioneering photographer Imogen Cunningham, Black American jazz musician Ruby Bishop, Chinese American artist Priscilla Chong Jue, leftist journalist Anna Louise Strong, and Native American linguist Vi Hilbert. Drawing on her own experience as an activist and writer, Tsutakawa explores how these women

inspired others and changed our state and our society.

NCW Virtual Reads With Imbolo Mbue

Bestselling author Imbolo Mbue presents a free virtual talk at 7 p.m. March 11. Mbue is the author of the New York Times bestseller, Behold the Dreamers, which tells the story of a young Cameroonian couple making a new life in New York just as the Great Recession upends the economy. The book won the PEN/Faulkner Award for Fiction, the Blue Metropolis Words to Change Award, and was an Oprah's Book Club selection. Please register at: info@ncwlibraries.org or Visit www.ncwlibraries.org for more information on all these programs and more.

GENERAC

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The Upper Valley **Empty Bowls**

Online Artist Bowl Auction, March 14-24., we have 25 amazing bowls decorated by local artists that will be auctioned off. Check our website www.uvemptybowls. org for details.

If you or your business



County Sheriff's Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

February 19

11:44 Accident/no injuries, 300 Blk., Mission Ave.

February 20

13:34 Attempt to locate, 9101 Olalla Canyon Rd. February 21

No Incidents

February 22

- 06:28 Traffic offense, US Hwy. 2, MP 109
- 11:38 Juvenile problem, 329 Tiger Rd., Cashmere High
- School 15:43 Traffic offense, 108 1/2
- Cottage Ave. 19:07 Welfare check, 100 Apple
- Annie Ave. 22:34 Noise, 318 Peshastin St.
- 23:05 911, 309 Independence Way
- 1976 HH BUILDINGS NFBA **STEEL & POST FRAME BUILDING CONTRACTORS** Your building can be customized just the way you want!

COMMUNITY CALENDAR

Wednesdav

Cashmere Rotary Club: Zoom meetings Noon, Call President Kris Taylor, 663-8604 for more information.

Cashmere Food Bank, 2:30-3:30, Cashmere Food Distribution Center, Riverside Park, for more information, call Pam, 509-669-3159.

Thursday

- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.
- Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.
- Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. (1st Thurs. of every month, August -June).
- Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. (1st Thurs. of every month, August -June).
- Underground Middle School youth meet 7-8:30 p.m., in person, in the Conservatory. Call Kelsie Folden for more info. 782-2825

Friday NO MEETINGS

Saturday

Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. No Bingo due to the COVID-19

Sunday

CHURCH: See the church page for local service times and events.

Underground High School meet at 6 p.m., in-person, at the Conservatory, call Kelsie Folden for more info. 782-2825

Monday

Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. (No Meetings at this time due to COVID-19)

Tillicum Riders: 7 p.m. Chelan County Fairgrounds.

- Call Cindy, 662-5984. (1st Mon.)
- Cashmere City Council, 6 p.m., City Hall (2nd & 4th Mon. of each month (unless a holiday, then Tues.).
- Planning Committee Meeting, 5 p.m. at City Hall (1st Mon. of each month unless a holiday, then Tues.).
- Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. (3rd Mon.)
- Cashmere School Board Work Session, Zoom Meeting, 6:30 a.m. (1st Mon.)
- Cashmere School Regular Board Meeting, Zoom, 7 p.m. (3rd Mon.) Schedule changes do occur. See: www.cashmere.wednet.edu. or Call 782-3355.
- Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Tuesday

- Icicle & Peshastin Irrigation Districts: Call for day and time Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net (2nd Tues)
- Cashmere Chamber of Commerce. Noon, everyone is

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02:33 Traffic offense, US Hwy. 2, MP 108, Dryden 15:14 Theft, 101 Cottage Ave., #A

Cedar St.

February 24

- 10:40 Traffic offense, 300 Blk., Peshastin St.
 - 18:31 Weapons violation, 500 Blk.,Cottage Ave.
 - 21:33 Harass/threat, 8650 Dryden Frontage Rd., #5

22:18 Accident/no injuries, 5693 Sunset Hwy.

February 25

13:21 Littering, near 400 Aplets Way, Country Boy's

20:14 Domestic disturbance, 106

February 23

01:13 Traffic offense, 106

Titchenal Way, Chevron

02:24 911, 306 N. Douglas St.

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invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. (3rd Tues.)

NCW Libraries

Cashmere Public Library: 782-3314 You can order your books online at ncwlibraries. org or call 1-800-426-READ (7323).

- Customers will be required to wear a mask, practice social distancing, and limit their visit to around thirty minutes, all of the library buildings will have a 25 percent occupancy limit. Library patrons who prefer minimal contact service, curbside pickup will continue to be offered at all branches. Service hours and availability plans to launch in March. Libraries will continue to offer a wide variety of resources and programs online at newlibraries.org and its Facebook page.
- Curbside Pick-Up -patrons can still pick up items during this hour from our outdoor curbside pick-up table. The library will still remain closed to the public during this time.
- 300 Woodring Street. Call 782-3314, or online at cashmere@ ncwlibraries.org

Cashmere Museum and Pioneer Village Call for more information 782-3230

- Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. (3rd Thurs.)
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, **ALANON, CELEBRATE RECOVERY**

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379 Sunday, 9 a.m., and 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, noon, First Baptist Church, 429 Evans St. Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Alanon Meetings, call 509-548-7939 Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery, Friday, 6:30 p.m. Email: Celebraterecoverylcn@gmail.com for information and link to the Zoom meetings.

COMMUNITY

The Equality Act

A WALK

WITH

PASTOR

JOHN

SMITH

With more individuals identifying with the LGBTQ+ movement than ever before and the general acceptance of alternative "lifestyles," our country is ready for the Equality Act to pass into law. The Equality Act is a piece of sweeping legislation that would amend the Civil Rights Act which will expand the definition of discrimination to include sexual orientation and gender identity.

What this bill is capable of doing to this country is absolutely unnerving and every Christian should be paying attention.

One of the consequences of the Equality Act is that it prohibits Christian-owned businesses from operating according to their deeply held religious convictions. According to the bill, business owners are forced to implement a strict pronoun policy, hire individuals that have made lifestyle choices that run contrary to a Biblical worldview, and ensure that their bathrooms, in effect, are open to all genders. In other words, if a business doesn't allow a man to go into a girl's bathroom, they could face lawsuits and federal fines until they either comply or shut down.

The Equality Act also undoes the Religious Freedom Restoration Act which protects religious organizations from litigation and ensures that our 1st Amendment right of freedom of religion remains. Yet, if the Equality Act does pass, churches will be mandated by the State to perform gay weddings, prohibited from preaching certain topics, and prevented from providing Biblical counsel regarding transgenderism and sexuality.

When the Equality Act becomes law of the land, any pastor who opens up their Bible and reads Romans 1:26-27 and calls homosexuality sinful, or Genesis 1:27 where only two genders are identified, would be charged for inciting hatred to the LGBTQ+ community and will be punished to the fullest extent of the law. And if you Christian, slip up and don't use an individual's preferred pronouns, you could lose your



job or worse. Even before the Equality Act, we have seen bakeries and floral shops fined, teachers losing their jobs, and medical professionals having their licenses revoked, all because they didn't follow the prevailing Zeitgeist in America which states that how a person feels matters more than biology or reality. The Equality Act

should concern you because if it passes, gone is the protection of religious liberty that has been foundational to our nation.

However, if it does pass, it doesn't change reality. God has created two genders (male and female) and marriage is the sacred institution between one man and one woman. Sexual immorality in any form and attempts to redefine and deviate from what God has deemed as "good" and "healthy" is sinful. Regardless, if anyone agrees, God has set the terms and definitions concerning gender and sexuality within the Scriptures and they are unchanging.

Our response to the erosion of religious liberty and the assault against the Biblical worldview is simple: Stand firm on what the Bible says. Come what may, the Bible is the final authority, and as Romans 3:4 says, "Let God be true and every man a liar." Wavering or avoiding clear teachings of Scripture, or apologizing for what the Bible says, is not loving the world well. And staying silent on this issue is not loving your neighbor either.

The Equality Act benefits no one. It destroys your neighbor's liberty, obliterates religious expression, and hurts the very people that it is claiming to help-the LGBTQ+. How are they hurt? The Equality Act reinforces the lie that sex is separate from gender and a life of self-fulfillment regarding sexual expression, apart from God's design, is the ultimate pursuit. As Christians, we don't rejoice at wrongdoing (1 Cor. 13:6) nor we, as Solzhenitsyn said, "live by lies." In a time like ours, we must be very clear on the truth and stand by those principles regardless of the cost.

At the time of writing this, the Equality Act has just passed in the House and now it moves into the Senate where it will be voted into law, unless God is merciful and intervenes. Pray for our nation and its leaders and prepare yourself and your churches to be ready for the time when it is criminal to say, "The Bible says ... '

Give NCW: A Hail Mary that Filled our Hearts

It was a long shot, a gamble-a Hail Mary even—but ultimately, a huge success. Last year's Give NCW campaign was unlike any of its predecessors. Typically, this crowdfunding campaign promotes 25 nonprofit organizations that have received grants from the Community Foundation and asks the public to donate online to increase the amount

of the grant awards. It runs from Thanksgiving through the end of the year and results have been steady: CFNCW usually puts in about \$225,000 and the



By Denise Sorom Director of Philanthropy at the Community Foundation of North Central Washington

nonprofits still needed help, so

gates: We invited any nonprofit in Chelan, Douglas or Okanogan

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usually community contributes roughly same amount.

But 2020 was different. The unrestricted dollars that we normally use for Give NCW had already been committed to emergency Covid relief grants. We knew this community had already done so much charitable giving to respond to the pandemic and feared it may be too exhausted to give more. But

what were we going to do? We decided to open the flood

County to participate in Give NCW as long as they were in good standing with the IRS and had received at least one grant from us in the past. We did not have any grant money to seed their awards; we just said "y'all come" and we will see what happens.

The result was phenomenal. Sixty nonprofits participated in the campaign representing the arts, environment, education and health and human service organizations throughout the region. Our Trustees committed \$90,000 to the campaign for matching challenges and this community stepped up as never before with an additional \$471,189. The campaign raised

a total of \$561,189 for the sixtv organizations - the highest amount ever raised through Give NCW! So while we may have thrown

that Hail Mary pass, it was you - our incredibly generous community-who caught it. Time and time again we are astounded by the generosity of the people of North Central Washington. Whether it is helping folks rebuild after wildfires, offering pandemic relief, or support for beleaguered healthcare workers, this community steps up to answer the call. Take for example, one donor who said of the experience of making donations through Give NCW: "I always look forward to Give NCW every year. It's a great reminder, especially when things are tough, of how many wonderful people there are in our communities. I'm proud to contribute in the little ways that I can. It really is a wonderful program." Or, another donor, "I really enjoyed watching the amounts increase for all the nonprofits. I also was amazed to see all the nonprofits out there that I had no idea existed. I probably would never have known about them if it were not for Give NCW." Furthermore, 61% of people who participated in Give NCW said they gave more than they normally do and 38% said they gave to nonprofits that were new to them.

We have witnessed this generosity for the better part of 40 years at the Community Foundation and we realize we have something special here. The more opportunities we offer for people to give - to help their neighbors - the more they give. We send a huge thank you out to everyone who participated in the 2020 Give NCW campaign and we invite you to discover all the ways you can be part of this community of giving at www. cfncw.org. Expect to see more "y'all come's" in the future!

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply.

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Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com



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210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org



Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com





CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

> LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292 Sunday Worship 8:30 a.m. and 10:00 a.m. Lead Pastor: Greg Appleby www.LCN.org

GRACE LUTHERAN CHURCH Morning Prayer or Holy Eucharist. Times and place will vary due to **COVID** restrictions. Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries **Contact Pastor Rob Gohl** 509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions. Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6 p.m Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 11025 Chumstick Hwy Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service Office: 509-548-4331

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church

> **CASHMERE PRESBYTERIAN CHURCH** 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana



CHRIST CENTER

Cashmere Assembly of God: 509-782-2825 Worship Service Sundays 10:00 a.m., in-person, Conservatory C Apple Annie's and on-line, christcentercashmere.com Underground High School Sundays 6:00 p.m., In-person, Conservatory Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregational Care Pastor, Joyce Williams High School Director, Kelsie Folden Community Outreach, Steffanie Haney

RECREATION

The Washington Outdoors Report



The author with a nice early season rainbow trout.

PHOTO BY DAVE KILHEFNER.

Hawkins cautious, Newhouse angry, Schrier 'applauds' federal wildland expansion

BY GARY BÉGIN

Managing editor, NCW Media WASHINGTON

Dan Representative Newhouse (R-WA), in a news release issued Friday, February 26, stated why he was opposed to the "massive federal land grab" and how it will impact counties already dominated by federally controlled property.

The release, "A Voice for Rural Communities: Standing Strong Against the Massive Land Grab," was adamantly opposed to the creation of more "wilderness" designated land.

Meanwhile, at nearly the exact same time, Rep. Kim Schrier had the exact opposite feelings and voted accordingly. "This legislation will protect and preserve our public lands, while also promoting outdoor recreation, a balance many Washingtonians will appreciate," she stated.

State Senator Brad Hawkins (R-East Wenatchee), representing Washington's 12th Legislative District (Chelan, Douglas, parts of Okanogan, Grant counties),

H.R. 803, a massive, partisan federal land grab package affecting lands and waters in Colorado, Arizona, California, and Washington. The bill creates 1.5 million acres of new wilderness (the most restrictive federal land use designation), permanently withdraws 1.2 million acres from mineral production, and expands nearly 110,000 acres of national monument land."

Schrier, a second term Democrat, issued her news release with the headline, "Schrier Applauds House Passage of Wilderness and Public Lands Act," and that she voted in favor of HR 803, the Protecting America's Wilderness and Public Lands Act."

Newhouse said, "The American people deserve to access our nation's public lands - not to be locked out of them. A wilderness designation does not guarantee the protection of these lands. In fact, in many cases, this designation can hinder our ability to properly care for them. This package will not only harm our energy independence, restrict public access and recreation on our lands, and increase the poor health of our nation's forests; but it will devastate rural communities in the West.' Schrier added, "This legislation will take steps to conserve public lands and waters and protect communities from the effects of climate change. Newhouse continued, "As a lifelong farmer, I have always considered myself on the front lines of responsible conservation efforts. My livelihood depends on the health of our lands and natural resources. Similarly, the livelihoods of ranchers, miners, foresters, and pipeline workers are also dependent on active, responsible management of our lands." Schrier continued, "We are facing an urgent climate crisis that is threatening our beloved public lands and resources. I want to make sure that my child and future generations will still be able to enjoy our state's treasured wild lands and rivers."

Newhouse concluded, "The partisan wilderness bill does more to hurt the lives and livelihoods of Americans in the West than it does to protect and conserve our public lands, and that is why I voted against it. We should be encouraging local conservation and preservation efforts - not topdown bureaucratic mandates that ignore the voices of the communities most impacted."

Hawkins stated, in an exclusive NCW Media interview, "I look forward to learning more about the bill and what lands, if any, in Washington state that could potentially be receiving a change in designation."

Hawkins took time out from his busy schedule to comment on the federal bill. "The Washington State Senate has been very busy in recent days advancing bills in Olympia as the state Legislature quickly approaches a critical deadline for passage of bills. As such, I do not usually follow individual federal legislation, except for much larger bills such as federal stimulus measures with funding back to the states." According to a federal map showing lands in Washington state owned or controlled by federal agencies, Chelan County is the second highest in the state with 85 percent of its land mass listed as federal. Only Skamania County in southwest Washington with 89 percent, is higher than Chelan. but it is half the size. Douglas County has 15 percent, Okanogan County 58 percent and Grant County with 16 percent. House U.S. of The Representatives passed the Democrat Party sponsored bill by a 227 - 200 majority, based mostly on party lines. It now goes to the Senate for approval, then to President Joe Biden for his signature, before it becomes law.

March Trout Fishing

BY JOHN KRUSE

March 1 is opening day for

trout anglers at the Tucannon Lakes near Pomeroy in Southeast Washington and at the Quincy Lakes in the Columbia Basin. Here's how things are shaping up: **Tucannon Lakes:**

According to Jason Towery, the owner of the Last Resort RV near Pomeroy, the Tucannon lakes are ice free. Blue, Spring, Rainbow and Deer lakes will all be stocked by Friday Feb. 26 with catchable sized trout and some jumbo-sized fish too. Towery expects the fishing to be very good at all of these lakes in early March. Towery had no information about when or if Watson or Big-4 Lake would be stocked. Big-4 Lake suffered damage from floods and a bridge to Watson Lake was blown out last year by these same floods. While there will be some holdover fish in Big-4 Lake, Watson Lake was drained last year and not stocked

In addition to trout fishing in the Tucannon Lakes, Towery suggests fishing the Tucannon River in March for steelhead too. If you are looking for a place to stay, the Last Resort RV opened on the 26th and there were still a few openings for the first two weeks of March. Find out

more at www.thelastresortrv. com

Quincy Lakes:

There will be no Quincy Lake Trout Derby this year but there will be a Youth Fishing Day at Burke Lake on Saturday, March 6. According to Cari Mathews, Executive Director of the Quincy Valley Chamber, "Starting at 7 a.m. Chamber staff and volunteers will be handing out gift bags to kids 15 and under at Burke Lake who are going fishing". There will also be some fishing poles given away that day during this drive-thru event. In addition to this there will also be a youth photo contest. The photo contest, featuring photos of kids with their opening weekend fish, will take place on the Quincy Valley Chamber Facebook page. Whichever pictures gets the most "likes" wins prizes to include a PlayStation 4, a remote-control drone, and more. Check out the Quincy Valley Chamber Facebook Page for more details.

As for how the fishing may be, Washington Department of Fish and Wildlife biologist Mike Schmuck says Quincy and Burke Lakes will both be good bets and should put out quality trout this spring. As of Feb 22, Burke was 40 percent ice free and Quincy had some open water too. With warmer weather and wind most of

the ice should be gone by the opener and boats should be able to launch at both lakes. The little hike-in lakes south of Burke Lake should offer additional opportunities for rainbows and there are a few big ones there too.

Lake Lenore:

Another body of water that opens up on March 1 is Lake Lenore between Soap Lake and Coulee City. Known for its large Lahontan cutthroat trout, Schmuck says the lake should have fishable open water for the opener. Schmuck says there are plenty of Lahontan cutthroat trout in Lake Lenore but angler catch rates have gone down in recent years. Part of this is because water clarity has become worse and many anglers are using the same techniques and offerings they've tried in the past when the water was clear. Despite the lower catch rates. Schmuck says the lake is still stocked with 70,000 fingerlings every fall and they have plenty of big cutthroat trout in the spawning area every spring. In other words, there are some big trout waiting to be caught at this selective regulation lake if you can figure out how to entice them to strike.

John Kruse – www. northwesternoutdoors.com and www. america outdoors radio.com



"Well, yes I am," I responded. Fully expecting they were a

commented late Friday night (Feb. 26) that, "I am a supporter of certain lands becoming public lands if they receive ample public input and community support. However, I do believe we need to be very thoughtful about transitioning private lands to public lands or further to designate certain lands as wilderness areas. This is especially the case in Chelan County where nearly 80 percent of its lands are public lands. This can lead to reductions in overall assessed valuation over time or tax shifts to remaining landowners. While I am not opposed to certain lands becoming public, taking on more public lands can create additional, cumulative responsibilities for our county governments and its taxpayers so we should be thoughtful about doing so and expect those partnering jurisdictions to adequately maintain their lands.'

Newhouse, representing Washington's 4th Congressional District, stated, "I spoke on the House floor last week in opposition to

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Managing Editor Gary Bégin can be emailed: Gary@ NCWMedia.net. Comments received may be subjected to publication as Letters to the Editor.



a Sunday afternoon in October.

I had rushed back from church and just sat down to watch the game of the week. My Denver Broncos were playing their most despised of opponents - the Oakland Raiders. My game was interrupted by a knock on my front door.

precisely the moment I met my daughters. It was 2:46 on

My wife had taken our two sons to help her with grocery shopping. So I had to get up from my game to respond to that irritating knock.

I opened the door to two attractive young women. They seemed surprised.

"You're a priest?" one queried.

couple of young evangelists looking to tell me about the gospel.

There was a sudden and distinctly deafening pause. "Can I help you?" I finally said.

They looked at each other. Then almost in unison burst out, "We think you're our father!"

In an instant twenty-three years of guilt and remorse overcame me. I could not help it. Tears poured out like a river. My heart began to pound and I could not hear a sound.

We looked at each other for what seemed like an eternity. None of us knowing what to say next, but I knew in my heart they were correct.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

ZOMBIE OUTBREAK **TICKET DRAWINGS**

Gather your supplies and weapons! Would you dare to fight a Zombie for \$1,000 CASH?

THURSDAYS & SATURDAYS IN MARCH





PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which says resum makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

B2

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Administrative

Puzzle Solution



Announcements

Do you have a SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY Add unlimited text and pictures, video for your online ad at www.NCWMarket.com Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions. The Lake Chelan or Quad City Herald or email mirrorads@ lakechelanmirror.com For The Leavenworth Echo or Cashmere Valley Record Call 509-548-5286 or email classifieds@leavenworth echo.com Employment

Happy Ads

Help Wanted

FULL TIME DENTAL ASSISTANT FOR LEAVENWORTH OFFICE Monday - Thursday. The position entails all aspects of chairside assisting and supporting our hygiene team. We are looking for someone with a great work and ethic а great personality. Experienced in Dentrix or Eagle Soft a plus. Please mail or drop off your cover letter and Resume to: Dr. Brad O'Brien 11//9 Hwy. 2, Ste. #201 Leavenworth, WA 98826 email or to drbradobrien@gmail.com

Brewster School The District is accepting applications for а Professional Medical Careers individual to teach within the classroom, laboratory/ or clinical settings and may entail fundamentals of nursing and care giving, critical thinking in nursing practice, legal, psychiatric, mother/ baby, pediatrics, health promotion and education, and medical nursing for children and adults. Courses currently include an afternoon session of approximately 15-20 students. In addition, to two morning classes.

Help Wanted

The complete job description and application are available on the district's website www.brewsterbears.org

Start Date: Fall of 2021

A complete application consists of the following: Letter of Interest

 Application Resume Copy of Nursing Degree/ License • Three current letters of recommendation This position is open until filled.

PATEROS SCHOOL DISTRICT K-12 PRINCIPAL

All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Job announcement and position description available online. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. First application deadline is 3/10/2021. Position open until filled. EOE

8 Windermere Real Estate/NCW Windermere Leavenworth/Lake Wenatchee Specialists Carmen Bagdon - 237-2060 Looking for real estate Momi Palmieri - 433-2211 in the Upper Valley? Geordie Romer - 679-8958 Give us a call today! Allyson Romer - 630-9898 See all available properties at windermereleavenworth.com

Help Wanted

Northeastern

University

We are looking to hire a

Personal Assistant to the

Director of Procurement

We are looking for a part

PERSONAL ASSISTANT.

takes a little of your time.

To be considered for this

must be detailed-oriented.

a problem solver, able to

work independently, and

have above-average

troubleshooting skills.

This job requires 2-3

hours access to the

The position requires

service skills orally. We

will train the right person.

Must be over 24 years of

If you are interested and

Mi.mcnamara87@gmail.com

for more details. Text at

1-617-586-2587.

need more information

excellent customer

age, be efficient and

dedicated.

contact:

internet weekly.

Basic computer skills are

also essential to this role.

organizational and

time, work from home,

It pays \$400 per week

plus benefits and only

position the candidate

NORTHEASTERN

Services of

UNIVERSITY.

Help Wanted



Three Rivers Hospital is currently accepting applications for the following positions:

Revenue Cycle Director - Full-time

Med-Surg RN -Full-time Days (Sign-on Bonus \$5,000)

Med-Surg RN -Full-time Nights (Sign-on Bonus \$5,000)

ER RN -**Full-time Nights** (Sign-on Bonus \$5,000)

Occupational Therapist - Full-time (Sign-on Bonus \$5,000)

Medical Lab Tech -Full-time (Sign-on Bonus \$1,500)

Interested Candidates may apply online or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www. threerivershospital.net opportunity@trhospital.net EOE

> Looking for a great, local employee? It is easy to place your ad

> > online 24/7 at

www.NCWMarket.com

Register and pay on our

secure site.

Want Print only for

The Lake Chelan Mirror

Quad City Herald,

Brewster

Call 509-682-2213

or email Meg at

mirrorads@lakechelan

mirror.com

OR

Leavenworth Echo

Cashmere Record

509-548-5286

or send email to

classifieds@leavenworth

echo.com

Deadline: Friday by

Noon for the following

Wednesday issues of all

newspapers.

For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and **Collectibles by placing** them in our classifieds. Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price. Deadline: Friday by Noon for all papers. Lake Chelan Mirror Quad City Herald 509-682-2213 or email mirrorads@lakechelan mirror.com or call The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworth echo.com

FREE **Office Furniture** Items that are now available: 2 large wood desks with side desk attachment. One nice metal desk. One large all wood conference table. A large counter approx. 7' x 3 1/2' tall with removable shelves. A 2-piece wood credenza One large framed whiteboard with chalk and eraser holder. Call to arrange a time to examine or pick up. All items located in Cashmere. For information call 548-5286 or Bill, at 509-670-1837 Also see photos on NCWMarket.com

Furniture

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LOST AND FOUND can be placed in our local newspaper and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworthecho.com or Lake Chelan Mirror 509-682-2213 or **Quad City Herald** 509-689-2507 or email mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday

vertis <u>dvertise</u> dvertise dvertise Advertise 548-5286 or 782-3781 Call Now! Now! Call Call Now! Now

Now

Mansfield School District is hiring for the following positions: Para-Educator, Bus Driver, Maintenance/ Grounds and District Secretary. To view job descriptions and download an application, access our website at www. mansfield.wednet.edu We are an equal opportunity employer.

Advertising Sales in Leavenworth Join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! This Candidate must be outgoing, personable, honest and knowledgeable on the computer. Training will also be given on our software.

Stop in The Leavenworth Echo 215-14th St. with a resume or call for an interview with Bill or Carol, 509-548-5286.

STEVENS

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The Cascade School District is seeking qualified applicants for the following positions.

Substitute: Teachers **Emergency Teachers** Para Educators Custodians **Bus Drivers** Food Service

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

> Clutter is like a weight around your neck. Extra CA\$H is not.



 Place your ad 24/7 at ncwmarket.com

• Email: classifieds@ leavenworthecho.com

Call 548-5286

The Cascade School District is seeking qualified applicants for the following position.

Elementary School Counselor

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



The Cascade School District is seeking qualified applicants for the following position.

Icicle River Middle School Principal

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

SNOQUALMIE

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General Merchandise

Moving Sale Everything must go !!

42 inch Sears riding mower with catcher, gas powered lawn edger, tow behind thatcher and two push mowers.

33 1/3 150 Vinyl records, singles and albums.

Glass patio table, Oster bread maker, vacuum cleaner, set of fireplace tools, one 26 inch Sears 10 speed and two 20 inch folding bicycles. Call 509-679-9318.



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> BLEWETT PASS click here to see

Classifieds/Public Notices

General Mercl				Ren	tals		Rentals	Rentals	Rentals	Legals
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American Standard 150 YEARS OF EXCELLENCE ENJOYING A NEW SHOWER							Wenatchee Housing Authority 1535 S Methow St	(309) 663-7421 (TBB	Quiet neighborhood	Mar. 3, and 10, 2021. #1629 Public Notices
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	9 3	7		⊢		—	the	The Call	(509) 863-7421	11.40.070 by serving on or mailin to the Personal Representative's Resident Agent who is also the
2	Ť	5	7	⊢		$\left - \right $	best		E 🗊	Personal Representative's attorn at the address stated below a co
7	+	3	<u> '</u>	6		\vdash		Place your ad 24/7		of the claim and filing the original of the claim with the court in whice the probate proceedings were
9	6	+	-	Ľ	4	\vdash	local •	at ncwmarket.com Email: classifieds@		commenced. The claim must be presented within the later of: (1)
© StatePoint Media							employee ^{le}	avenworthecho.com Call 548-5286 	EVENTS	Thirty days after the personal rep resentative served or mailed the notice to the creditor as provided
Fill in the blank	enuiproc	n tho n	ing mal	IN/I CIU	re mat é	WARV				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



THEME: MARCH MADNESS

ACROSS

__1 schools only _less but pennywise



Down 1. Singular of #1 Across 2. Rikers Island weapon 3. Burkina Faso neighbor 4. Himalayan mountaineer 5. Tarnish fair in love and war" 6. ' *School with most NCAA basketball titles 8. Choir member 9. Hammer part 10. Blunder 12. Sad, to mademoiselle 13. Radio studio sign 14. *Mid-major school that's become major powerhouse 19. Kind of ray 22. Is no longer 23. Arabian sailing vessels 24. Restart from seed 25. Uncredited actor 26. The Wise Men 27. Acting as a prompter 28. Snow impression 29. Eric Heiden's "shoe" 32. *Oklahoma State's super freshman Cunningham 33. Mixed breed puppy 36. *2021 NCAA Tournament location 38. What Edward Scissorhands does 40. Stout relative 41. Dream big 44. Ancient Celtic priest 46. Water nymphs 48. Fuzzy fruit, pl. 49. Deflect 50. Sanders' campaign slogan "Feel the 51. "National Velvet" author Bagnold 52. Expunge 53. Fail to mention

54. Scotia preceder 55. School-related org. 58. Liquor store pony



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RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: February 17, 2021. Personal Representative: Kevin McKinney Attorneys for the Personal Representative: Ryan A. Smolinsky, WSBA# 46521 Address for Mailing or Service Overcast Law Offices Attn: Ryan A. Smolinsky 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 20-4-00391-04 Presented by: OVERCAST LAW OFFICES By:/s/Ryan A. Smolinsky Ryan A. Smolinsky, WSBA No. 46521 Attorney for the Personal

Representative Published in The Leavenworth Echo/ Cashmere Valley Record on February 17, 24 and March 3, 2021. #1602



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