

Outreach Coordinator addresses council

Chelan Valley Hope reaches out to Bridgeport's under-resourced

By MIKE MALTAIS
STAFF WRITER



Courtesy chelanvalleyhope.org
CVH Executive Director Tamra Hively

BRIDGEPORT – Chelan Valley Hope (CVH), the 501(c)3 grassroots non-profit founded in 2009 to help the area's under-resourced residents, carried its message to the City of Bridgeport last month when the organization's new Outreach Coordinator, Maura Brown, addressed the regular meeting of the Bridgeport City Council on March 23.

Bridgeport Mayor Janet Conklin is a member of the Chelan-Douglas Homeless Advisory Committee and said getting more help, especially housing, for the city's residents in need is a priority issue for her.

"We don't really have any- place here," Conklin said of the city's housing shortage.

Brown came on board at CVH to deliver the message to outlying communities that resources are available.



Courtesy Maura Brown
CVH Outreach Coordinator Maura Brown

"We recently hired Maura Brown, a great community advocate, to specifically go to some of the more remote locations and make sure that people know we are here and willing to help," said CVH's new executive director Tamra Hively who assumed her role at the first of the year. "We will come to those that need assistance. Maura is working very hard to get information out to the communities by talking to community leaders, and by being there, in person, to offer assistance."

Hively said CVH is working with both the state Department of Commerce and Chelan County as a rural navigator site. CVH provides assistance to low-income families in Chelan, Manson, Orondo, Bridgeport, Waterville, Mansfield and Entiat.

"We work with the homeless or those at risk of becoming homeless," said Hively. "We do this by providing resource information regarding any and all housing options in the location people wish to live."

CVH provides rental assistance to keep people in their homes, assists with food, hygiene items, gas, utilities, and other needs.

"We have to have limits on the amount of assistance, but as long as people are trying to find or remain in housing, we do whatever we can to help," Hively said.

Since it began operations in 2009 CVH has:

- Partnered with numerous community support groups including Thrive Lake Chelan, Feed My Starving Children, Art With Heart, Back to School Fairs, among others.
- Served as a wildfire relief hub for the 2014 Carlton Complex and 2015 Chelan Complex fires.
- Stocked non-food essentials such as pet food, diapers, clothing, personal hygiene items, and more.
- Transported tons of donated items to displaced families.
- Helped clients plan or restore solvency.
- Provided emergency funds for rental assistance, utilities, gas, car repairs, medical care, clothing and more.
- Housed Manger Mall, English as Second Language classes, Salvation Army's voucher program, and host for community meetings.

"Many times those who live in poverty in rural Washington State are forgotten. It is not just urban areas that have homelessness," said Hively. "There are many people that live off the grid that are trying to survive with little to no help. We need to make sure they receive the same available services that others receive. Chelan Valley Hope will do everything possible to get that information out there, as well as provide assistance wherever possible."

To volunteer at Chelan Valley Hope call 509-888-2114. To learn more or to donate visit the CVH website at chelanvalleyhope.org. Donations can also be mailed to Chelan Valley Hope, P.O. Box 635, Chelan, WA. 98816

Easter Bunny will hop into Brewster, Mansfield

BRWSTER/MANSFIELD – The Easter Bunny toting treats and surprises will hop into at least two of the Quad Cities on Easter weekend.

Lynn Poole of the Mansfield Lions Club said her group will be one of the sponsors of an Easter Egg hunt on Main Street beginning at 10 a.m., Saturday, April 16.

Jamie Sluys, executive director of the Brewster Boys and Girls Club said BBGC will host its annual Easter celebration in the park but the event details were not available at press time. Check the Quad City Herald online at qcherald.com or the Brewster Boys and Girls Club Facebook site this week for more information.

USDA grant applications in the works

Bridgeport Planning Commission looks at junk car code upgrades

By MIKE MALTAIS
STAFF WRITER

BRIDGEPORT – Code subdivisions, USDA grant applications, the SR-173 Revitalization plan, and a new business development were among topics on the Planning Commission meeting agenda last Thursday, April 7.

Junk vehicles

The current Bridgeport Municipal Code (BMC) addresses junk vehicles under Title 10, Chapter 10.36, with respect to definitions, notices and court hearings, owner responsibilities, removal, disposal, violations, and penalties. That noted, residents, visitors, and city officials are still contending with and complaining about the numbers of junk vehicles within the city limits.

"The comment often heard from visitors is that we need to clean the city up," said city planner Kurt Danison, a member of the planning commission.

Among additions to the BMC's junk car subdivision is settling on a maximum

number of junk cars – those not in running condition or lacking a title -- allowed on a property. East Wenatchee, for example, has established that number at five for its uses and Danison thinks the City of Bridgeport may also arrive at a similar figure when the final recommendations are put to a vote by the city council. Danison said the commission is also working with the city's past two code enforcement officers to benefit from their experience and suggestions from the streets.

SR-173 Revitalization

The city's Community Revitalization for the SR-173 Corridor is making progress in the form of input from business owners who will feel the effects of the infrastructure upgrade. Danison said the city has hired a bilingual resident who is working with property owners to learn more about what they want to see happen with the project.

"We have printed 50 copies of the revitalization plan, half of those in Spanish," Danison said of the information gathering campaign.

Entry signs and parking lot

The commission is putting the final touches on a pair of USDA grant application for signage and the tree sculpture parking lot. One if for the city gateway signs, one destroyed in the 2020 Pearl Hill wildfire and the other veteran in need of replacement. The second grant will allow the city to complete the tree sculpture parking lot located on Foster Way Avenue.

"We have the parking area sign already," said Danison. "We don't want to install it before the parking lot is finished."

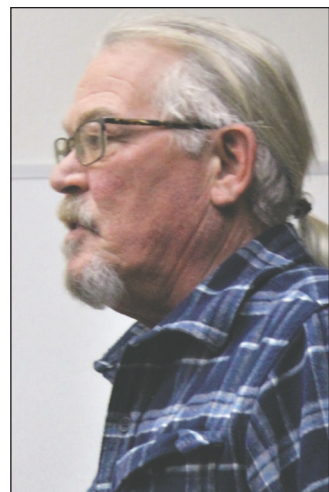
Phase 3 of the tree sculpture project will involve preservation of the sculptures themselves, said Danison.

"They're still in the ground and starting to deteriorate," Danison said.

The carved trees will need to be cut off at their bases, sealed, and mounted on concrete platforms similar to those at the city pool and the RV park.

Berryman Park grant

Danison the commission is also completing a USDA



City planner and planning commission member Kurt Danison

grant application by May 4 for Berryman Park renovations that will include restroom facilities, walking trail, tennis court, and playground equipment.

The planning commission meets at 5 p.m. on the first Thursday of the month at city hall. The Revitalization Committee meets an hour prior to the regular 7 p.m. monthly meeting of the city council on every third Wednesday of the month.

State provides \$3 million-plus

Upper Columbia United Tribes receive salmon reintroduction funds

(Editor's note: In August 2019, 30 spawning adult chinook salmon were released in the Columbia River above Chief Joseph Dam by the Colville Confederated Tribes and the Colville Tribes Fish and Game Department as a major first step to reintroduce the salmon to their native waters in the upper Columbia River system)

SUBMITTED BY UPPER COLUMBIA UNITED TRIBES

SPOKANE – The Upper Columbia United Tribes (UCUT) secured more than \$3 million in funding in the Washington State supplemental budget for salmon reintroduction in the upper Columbia.

These monies will go to three member tribes (Colville, Spokane, and Coeur d'Alene) to invest in efforts they are leading to restore salmon, revitalize tribal culture, and strengthen the region's economy by implementing salmon reintroduction activities in the Spokane and Columbia rivers and their tributaries. The majority of these funds will be provided through the Washington Department of Fish and Wildlife, according to the supplemental budget that was signed by Governor Inslee on March 31.

"The understanding that our old ones had when they put their pride aside and settled on our respective Reservations was that we would always be who we always were," said Hemene James, Secretary-Treasurer of the Coeur d'Alene Tribe and UCUT Chairman. "At the center of that was the



Mike Maltais/QCH

Colville Tribes councilman Andy Joseph releases one of 30 spawning adult chinook salmon into the Columbia River during the tribes' First Salmon Cultural Release in August 2019.

gift that the returning fish had always provided for us. We the Nations of the Upper Columbia River System have never forgot that most basic idea."

Salmon have been blocked from their historic habitat in the upper Columbia for up to 110 years due to the development of five hydropower dams without fish passage facilities in the upper Columbia Basin. Since 2015, the tribes in the upper Columbia have been leading an effort with state and federal partners to develop a phased approach to reintroduce anadromous fish to areas upstream of Chief Joseph, Grand Coulee, and Spokane River dams.

"Our ancestors were a river people, a salmon people, and we know it is necessary to bring back the salmon so our people can heal," said Carol

Evans, Chairwoman of the Spokane Tribe of Indians. "Passage will reconnect our people to the salmon spirit so we can heal. This is a great step in returning salmon to our waters and beginning the healing process."

After completing initial feasibility studies in 2019 as part of the (UCUT) Phase 1 activities, the UCUT organization and its member tribes developed the Phase 2 Implementation Plan (P2IP). The P2IP is a stepwise and scientifically adaptive approach to test the feasibility of restoring salmon to the upper Columbia River Basin that is focused on collaboration, cost effectiveness, and benefits to the entire region. The first several years of the 20-year implementation plan focus on fisheries research, developing local rearing facilities,

and expanding fish transport capacity to support current and future reintroduction activities. The funds provided by the State of Washington will enable the tribes to purchase needed research and transport equipment that will be used throughout the lifetime of Phase 2 implementation.

Last month, the UCUT organization and its member tribes, with the help and support of the U.S. Geological Survey and the Washington Department of Fish and Wildlife, kicked off the second phase of reintroduction with the implementation of a pilot study that involves releasing thousands of juvenile Chinook salmon throughout the upper Columbia blocked area so tribal scientists can learn how these fish move through the Columbia River's dam system during their migration to the ocean.

"The Upper Columbia Tribes and our partners are committed to leading this effort with sound science," said Jarred-Michael Erickson, Colville Confederated Tribes Natural Resource and Fisheries Committee Chairman and UCUT Vice-Chair. "Our approach to Phase 2 studies will ensure that we obtain the scientific information necessary for future decisions about restoring salmon populations in the Upper Columbia."

To learn more about salmon reintroduction efforts in the upper Columbia, including the UCUT's Phase 1 Report, please visit the UCUT organization's website at ucut.org/fish/restoring-salmon-upper-columbia-river-basin/.

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Courtesy Douglas County Fire District #4
A semi truck hauling a non-hazardous material left McNeil Canyon Road on April 4 and overturned, killing the driver, a 57-year-old man of Spokane.

Semi truck overturns on McNeil Canyon Road killing driver

MANSFIELD – The treacherous winding grade of McNeil Canyon Road that connects U.S. 97 near Beebe Bridge to WA-172 East claimed another victim on Monday, April 4, when a semi-tractor trailer driven by a Spokane man lost its brakes, left the road and overturned.

Douglas County Sheriff's deputies were dispatched at about 11:36 a.m. to the area around milepost 2 where the accident occurred. It was also reported that the semi's brakes were on fire.

"Deputies learned the semi had been driven downhill on McNeil Canyon Road and en-

tered a corner traveling at a speed too high to successfully negotiate the turn, the vehicle flipped over and came to rest on its top," said a Douglas County Sheriff's Department media release. "The driver, identified as Daniel F. Heberer, a 57-year-old man out of Spokane, who was the sole occupant, was deceased."

The Sheriff's report said the semi was hauling a non-hazardous material. The vehicle was removed to a location for further equipment inspection by Washington State Patrol to determine if equipment failure was a contributing factor.

Have a Community or Sports Story idea?

Contact
Mike Maltais
 at 360-333-8483 or
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Earn top District RPI ranking

Bears cage Tigers in a pair of 10-run-rule games

By MIKE MALTAIS
 STAFF WRITER

BREWSTER – The Brewster Bears varsity baseball team kept its solid grip on first place in District with a 10-0 win over the 1A Meridian Trojans last Thursday, April 7, to push its league record to 3-0 and 8-0 overall.

On Saturday, April 2, the Bears took both ends of a doubleheader against visiting Tonasket, 10-0, and 13-1, to illustrate why they are at the top of the District 6 RPI rankings. Head coach Todd Phillips liked what he saw in the first game against Tonasket. He said the players "looked sharp" and he was "extremely pleased with our approaches at the plate."

Phillips singled out AJ Woodward's pitching against the Tigers noting that he only allowed one base runner with 10 strike outs.

"(Woodward) was just dominate from the first pitch to the last," said Phillips. "First pitch strikes on all but two batters."

Phillips described the action of the five-inning game:

First inning: Tyson Schertenleib singled with one out, went to third on a failed pickoff attempt and scored on Reese Vassar's sacrifice fly.

Second inning: Woodward led off with a home run. Eric Ramirez walked, stole second and third and scored on a wild pitch.

Third inning: Schertenleib and Vassar hit back-to-back home runs to start the inning

Game 1

	1	2	3	4	5	R	H	E
Tonasket	0	0	0	0	0	0	1	5
Brewster	1	2	3	1	3	10	8	0

W-AJ Woodward (3-0). L- Joe Thornton. S-None. 2B-Brewster: Grant Baker (2); Tonasket: None. 3B-None. HR-Brewster: Tyson Schertenleib (2), Vassar, Woodward; Tonasket: None

The Contract
 Unveiling the healing power of forgiveness
 A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel Garcia Márquez was quoted as saying, "All human beings have three lives, public, private and secret."
 In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.
 Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.
 His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.
 The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook
 The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office 131 S. Apple Blossom Dr. Suite #109, Chelan, WA. 98816



Courtesy brewstersports/facebook
Bears pitcher AJ Woodward delivers from the mound.

bases. We answered in our half of the inning scoring three runs off walks and steals, a Grant Baker sac fly and a few passed balls.

Fourth inning: Wulf singled to lead off, stole second and advanced to third on a passed ball. Vassar walked and we pulled off a double-steal to score Wulf. Vassar did a great job of staying in the run-down to plate the run. Maldonado tripled and then scored on a wild pitch.

Fifth inning: We once again pushed to the ten-run limit when Baker was walked, stole second, and scored on a Burgett single. Braiden Westerdahl followed suit by singling and all three scored when Wulf homered for the first time in his high school career.

Game 2

	1	2	3	4	5	R	H	E
Tonasket	0	0	1	0	0	1	2	3
Brewster	4	0	3	2	4	13	7	3

W-Wulf (1-0). L- Samuel Spangler. S-None. 2B-None. 3B-Brewster: Maldonado; Tonasket: None. HR-Brewster: Wulf; Tonasket: None

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OBITUARIES

Wayne Maitland
June 8, 1925 - March 27, 2022

Wayne Maitland passed away March 27, 2022 at Apple Springs senior living in Omak, Washington.



Wayne was born at Lakeside, Washington, Chelan County, June 8, 1925, to Bessie Mozell Reynolds Maitland and Philip Lesley Maitland. He attended Chelan schools. On June 5, 1943 Wayne joined the Navy and was discharged seaman 1st class May 19, 1946.

On January 12, 1947 Wayne married his high school sweetheart, Lillian Leyda. They had two sons, Mike and Barry, and a daughter, Carol. They lived for a short spell in Union Gap and Chelan before moving to Pateros in 1950. Wayne worked in the orchards and drove fuel trucks for Ray Burgett before becoming Postmaster in July 1954. Wayne enjoyed hunting, fishing, boating on the Columbia River and Lake Chelan and traveling. After Wayne retired from the Post Office in 1981, he and Lillian had

many good years traveling and seeing the wonders of the United States. They always found pleasure with family and friends, old and new.

Wayne was preceded in death by his wife Lillian, parents, step-father Gordon Sines, sister Anna and brother Birchel. He is survived by his sons Barry and Mike, daughter Carol Rowland, 5 grandchildren, 3 great-grandchildren and numerous nieces and nephews.

A family gathering is being planned.

Robert L. Williams
September 5, 1930 - April 4, 2022

Robert L. Williams, "Bob", age 91, died on April 4, 2022, at the Lilac Estates Adult Family Home in Omak, Washington. Bob was born on September 5, 1930, in Loup City, Nebraska to his parents Leroy L. and Bernetta G. Williams. He grew up on those vast prairies until his teenage years. His family lived on a small farm and the children rode to school every day on their horses. He learned to love horses during those rides.



Bob and his family moved from Nebraska to Oregon, and then Washington. The family finally found Brewster, Washington home. There, Bob and Marjorie Anne Emerson met. Bob was 16 and Anne was 15. They married in 1950 and were married for 72 years.

Bob is survived by his wife Anne; his sons Ted (Cheryl) Williams and Chad (Martha) Williams; grandson's Jason and Jerod; and he has several nieces and nephews who will miss him.

Bob was an athlete. At Brewster High, he played 8-man football in the small B league and made the Wenatchee Valley College basketball team after high school.

Bob is preceded in death by his brothers; Dick Williams and Len Williams and his sister Shirley Hill.

After 30 years as an electrical worker with the Oroville P.U.D., he retired in 1983. He was also an EMT with the Oroville Fire Department.

In lieu of flowers, donations can be made to "Our House", 1708 Castlerock Ave, Wenatchee, WA 98801, 509-663-6964, or to a charity of your choice.

A Memorial Service will be held on Saturday, April 16, 2022, at the Trinity Episcopal Church in Oroville, Washington at 1 p.m. Marilyn Wilder will be officiating the service.

Bergh Funeral Service & Crematory is in care of arrangements.

OKANOGAN & DOUGLAS COUNTY SHERIFF, BREWSTER POLICE DEPT

Douglas County Sheriff

- April 1**
12:07 Agency Assist SR 173 MP 10, Bridgeport
14:16 Theft, 28 McCormack St., Bridgeport
21:57 Traffic Offense, 1513 Tacoma Ave. area, Bridgeport
22:29 Non-injury Accident, McNeil Canyon Rd. MP 4, Orondo
- April 2**
09:51 Parking/ Abandoned Vehicle, 316 S. Columbia Ave., Waterville
10:55 Agency Assist, 306 S. Central Ave., Waterville
15:59 Harassment/ Threat, 124 Fir Ave., Bridgeport
20:19 Suspicious Circumstance, 333 Walnut St., Mansfield
21:27 Trespassing, 13399 SR 17, Bridgeport
- April 3**
13:39 Extra Patrol, 8 Ray Ln., Orondo
17:35 Hazard, 801 E. Locust St., Waterville

- April 4**
11:36 Injury Accident, McNeil Canyon Rd. MP 2, Orondo
18:32 Public Assist, 1 Richards Ave., Bridgeport
- April 5**
05:07 Burglary, 1636 Columbia Ave., Bridgeport
- April 6**
14:10 Malicious Mischief, 104 Sun Cove Rd., Orondo
14:17 Registered Sex Offender, 12 Pine Hollow Dr., Orondo
16:10 Suspicious Circumstance, 15 Box Canyon Rd., Orondo
- April 7**
01:15 Suicide Threat, 417 N. Ash St., Waterville
12:58 Suspicious Circumstance, 21 Orondo Loop Rd., Pine Canyon, Orondo
16:39 Juvenile Problem, 306 S. Central Ave., Waterville
17:33 Burglary, 700 Fairview Ave., Bridgeport
17:39 Suspicious Circumstance, 2327 Rd. A NW, Mansfield
18:26 Malicious Mischief, 700 Fairview Ave., Bridgeport

Brewster Police Department

- April 1**
04:29 Burglary Alarm, W. Main Ave.
11:59 Domestic Dispute reported for subjects fighting in a white dodge extended cab truck, tearing it apart on the side of the roadway on SR 173 Hwy.
- April 2**
19:30 Domestic Dispute reported on North Star Rd. for a 16-year-old daughter getting aggressive and violent with the 14-year-old daughter.
21:38 Agency Assist requested at Pateros Mall for a male subject stealing drinks, being disorderly, and refusing to leave.
23:26 Nose Complaint reported on W. Hanson Ave. for loud music at a large party.
- April 3**
19:47 Agency Assist on Starr Rd. in Pateros requested by

a caller who punched his dad because he was defending himself.

- April 4**
00:11 ATM Alarm, W. Main Ave., Brewster
07:23 Assault, N. 5th Ave., Okanogan
09:52 Animal Problem, N. 6th St., Brewster
11:19 Stray Animals reported on S. 4th St. for two big unleashed aggressive pitbull mix dogs, caller concerned they could harm the kids.
17:18 Road Rage reported on S. Dawson St. and Hwy. 97 in Pateros for three cars, one white, one red, and one blue, chasing the caller and trying to take her out of the street.

- April 5**
21:04 Animal Noise reported on 6th St. for a 6-month-old puppy that was reported locked up and crying for the past 48 hours.

SEE SHERIFF ON PAGE A4

COMMUNITY BULLETIN BOARD

Tuesday, Wednesday, Friday Okanogan County Transportation & Nutrition meal delivery only

BREWSTER - There is no longer take out/pick up meals available at the Brewster Senior Center and service days have changed. At this time they are serving home delivered meals only on Tuesday, Wednesday and Friday. Seniors may call 509-826-7979 for more information and to reserve or cancel their meal. Suggested donation for those over age 60 is \$4. For those 60 and under the cost is \$10.

April 12-16 Senior Center Thrift Store - open Tuesday-Saturday

BREWSTER - The Brewster-Pateros-Bridgeport Senior Center Thrift Store is open Tuesday through Saturday, 10 a.m.-2 p.m. They have brought out their spring and summer wear, and the jewelry section is shining. Donations accepted when they are open. They are also the Brewster Visitor Information Center and the Brewster Chamber of Commerce

meeting room. Joyful Thai is cooking their wonderful cuisine on Thursdays from 11:30 a.m.-6:30 p.m. Eat in or take out.

April 13 Brewster Chamber to meet

BREWSTER - The next general meeting of the Brewster Chamber of Commerce will be held Wednesday, April 13, 6 p.m. at the Senior Center, 109 Bridge Street. Everyone is welcome and encouraged to attend. For information brewsterwachamber@gmail.com or Mike Mauk, 509-449-0605.

April 15, 22 Brewster bus trips

BREWSTER - OCTN takes Brewster area residents to Wenatchee, second Friday of the month. That next trip is April 15. The bus starts picking folks up at their homes at 7:30 a.m. Riders may request destination(s); medical appointments etc. On the third Friday of each month, April 22,

riders will be taken to Omak for the day. Riders request their destination(s). Wenatchee: \$12/boarding for General Public, \$6 suggested donation/day for Seniors (60 plus). Omak: \$5.50/General Public, \$2.75 suggested donation Seniors (60 plus). (509) 826-4391 to reserve your seat.

April 20 American Red Cross Blood Drive

Those donors who have received the COVID-19 vaccine will be asked which vaccine they received.

CHELAN - The next blood drive in the Lake Chelan Valley is Wednesday, April 20, 1-6 p.m. at the Lake Chelan United Methodist Church in Chelan, at the corner of Johnson Avenue and Emerson Street. To donate, simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo

device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements. Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

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Effective anti-COVID drug available in Washington for eligible patients

SUBMITTED BY WASHINGTON DEPT. OF HEALTH

OLYMPIA – Thousands of doses of a potentially life-saving COVID-19 drug are available in the state of Washington, and could potentially benefit those at highest risk for hospitalization and death from COVID-19.

Evusheld (tixagevimab co-packaged with cilgavimab) is a monoclonal antibody treatment that can provide protection against COVID-19. Provided via injection, it can be given to adults and children 12 years and older before infection with COVID-19. At present, those eligible to receive Evusheld include people who are moderately to severely immunocompromised or have had a severe allergic reaction to a COVID-19 vaccine.

Individuals interested in this treatment should talk to their health care provider to determine if they are eligible for Evusheld. If they are, they can work with their providers to find a facility where they can receive the injection.

“Statewide, our cases and hospitalizations are moving in the right direction, but there are still deaths from COVID-19 every day, and a rise in cases caused by new variants is always a possibility,” said Tao Sheng Kwan-Gett, MD, MPH, Chief Science Officer. “We want to make sure patients who are immunocompromised know about treatments like Evusheld. It could be a game-changer for those who need extra protection.”

People at high risk for severe disease from COVID-19 who are not eligible for Evusheld should ask their health

care provider about other antiviral and monoclonal antibody treatments for COVID-19 that are available by prescription only and must be given within the first few days of COVID-19 symptoms to be effective.

Evusheld was first released for use in December 2021 and was initially very difficult to access due to limited supply. Additional information on Evusheld for patients, parents and caregivers can be found at <https://aspr.hhs.gov/COVID-19/Therapeutics/Products/Evusheld/Pages/default.aspx>. More information on COVID-19 therapeutics can also be found at Washington State Department of Health’s at <https://doh.wa.gov/emergencies/covid-19/therapeutics>, and information for health care providers including a listing of sites where COVID-19 therapeutics are allocated can be found at

<https://doh.wa.gov/emergencies/covid-19/therapeutics/health-care-providers>

The DOH website, <https://doh.wa.gov/> is your source for a healthy dose of information. Find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connection.

THE WASHINGTON OUTDOOR REPORT

Outdoors round up

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

Palouse Country Catfish – Channel catfish are not highly sought after in the Pacific Northwest but they should be. As anyone from the South or Midwest will tell you, they can get big, fight well and taste great. Spring is prime time to fish for them on the Lower Palouse River near the confluence of the Snake River at Lyons Ferry.

Craig Dowdy, owner of YJ Guide Service, takes clients out onto the river every spring for Channel Cats. Dowdy says from mid-April through May is when the catfish come into this area. The catfish average 4 to 5 pounds and a really big one will go 25 pounds. As for bait, try fresh cut bait like rainbow trout. Dowdy says no scent is needed, just fresh bait.

Boat anglers do best here but you can fish from shore with success by hiking out along a jetty trail at Lyons Ferry State Park. If you are looking for a place to launch your boat you can do so at Lyons Ferry State Park or at the Lyons Ferry KOA right across the Snake River from there where camping is also available. If you are looking for a guided catfishing trip, go to www.yjguideservice.com

– The spring turkey hunting



Courtesy YJ Guide Service
A big channel catfish caught at the mouth of the Palouse River

season kicks off Friday, April 15 and the best place to go is Northeast Washington where more gobblers are harvested than anywhere else. If you are looking for public lands to hunt on biologists with the Washington Department of Fish and Wildlife suggest trying the LeClerc Creek and Rustlers Gulch Wildlife Areas. Other places with good turkey populations are near the Blue Mountains of Southeast Washington where the W.T. Wooten, Asotin Creek and Chief Joseph Wildlife Areas could be good hunting destinations. And then there’s Klickitat County. This is an overlooked destination by many but locals do quite well around here. You’ll find Klickitat gobblers on private timberlands around the Simcoe Mountains but you’ll want to contact those timber companies and find out what the process is to access them. If that’s too much bother the Klickitat Wildlife Area offers a decent public land opportunity.

–The spring turkey season runs through May 31. Only turkeys with a visible beard may be harvested. Three turkeys per season may be harvested but only two turkeys can be harvested in Eastern Washington or Klickitat County. Three turkeys can be taken in Spokane County.

Beverly Bridge Dedication – Washington State Parks dedicated the newly refurbished Beverly Bridge over the Columbia River south of Vantage on April 8. The railway bridge is part of the 285-mile-long Palouse to Cascades Trail that follows an abandoned rail line across a good portion of the state from Cedar Falls in Western Washington to the border of Idaho. Until now, bicyclists and hikers could not cross the railroad trestle but thanks to a 5.5-million-dollar appropriation during the 2019–2021 state budget cycle, the bridge was made safe and repurposed for use by trail users on foot, bicycle or horseback. In addition to being part of the Palouse to Cascades Trail, the Beverly Bridge is also part of the Great American Rail Trail, an effort to open a transcontinental rail trail for the 21st century. Find out more about the Palouse to Cascades Trail at <https://www.parks.wa.gov/521/Palouse-to-Cascades>.

John Kruse – www.northwesternoutdoors.com and www.americaoutdoorsradio.com

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SHERIFF

CONTINUED FROM PAGE A3

April 6

No local reports.

April 7

07:02 Vicious Animal reported on E. Griggs Ave. in Brewster for a mean german shepard that chases vehicles, the caller reported concern that it will go after school children.

Okanogan County Sheriff

April 1

No local reports.

April 2

16:38 Domestic Dispute reported on Pedersen Rd., Pateros.
16:56 Civil Dispute reported at Pateros Mall regarding a sold firearm that was on consignment.
19:30 Domestic Dispute reported on North Star Rd., Brewster for aggressive and violent teenage daughters.
21:38 Disorderly reported at Pateros Mall for a male subject stealing drinks, being disorderly, and refusing to leave.

derly, and refusing to leave.

April 3

15:07 Wildland Fire reported on Monse River Rd., Brewster
19:47 Domestic Dispute reported on Starr Rd., Pateros
17:18 Road Rage reported on S. Dawson St. and Hwy. 97 in Pateros for three cars chasing the caller and trying to take her out of the street.

April 4

No local reports.

April 5

09:15 Abuse reported on King

Rock Rd., Brewster

12:14 Non-injury Accident reported on Starr Rd., Pateros for a Nissan Pathfinder that went off an embankment and rolled.

16:40 Citizen Assist reported on Pedersen Rd., Pateros.

April 6

11:21 Fraud reported on Beach St., Pateros when a caller received multiple calls demanding money.

April 7

No local reports.

stcu

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Surgeons as 'Executioners': Chinese Doctors Committed Murder to Fuel Regime's Organ Transplant Industry, Study Finds

EVA FU

Hundreds of Chinese doctors and other medical workers have been acting as "executioners" for the state to sustain the lucrative organ transplant industry, a study published in a top U.S. medical journal has found.

They have procured organs from people who are not proclaimed dead, meaning they became the executioners.

Jacob Lavee, director, Heart Transplantation Unit, Sheba Medical Center, Israel

The study, published in the American Journal of Transplantation on April 4, reviewed more than 120,000 Chinese-language publications on organ transplants and identified 71 papers where physicians had carved out hearts and lungs from people for transplants without first conducting a test to establish brain death—revealing that patients were killed for their organs.

A total of 348 medical professionals or researchers, including surgeons, nurses, and anesthesiologists from 56 Chinese hospitals spread nationwide were co-authors to these 71 papers.

The problematic papers came out between 1980 and 2015, during which period there was no official voluntary donation system in place in China and few voluntary donors. The regime had claimed that most organs for transplant at the time came from executed prisoners.

But in the early 2000s, reports and research emerged that Beijing was forcibly harvesting the organs from detained prisoners of conscience.

These allegations were confirmed "beyond a reasonable doubt" by an independent people's tribunal in 2019, which determined that such atrocity has taken place for a long time on a substantial scale, with the persecuted faith group Falun Gong being a primary organ source.

In reaching its finding, the body, known as the "China Tribunal," rejected claims by the Chinese regime



Falun Dafa parade in New York on May 16, 2019.

that from 2015 all organs for transplant were sourced from an official organ donation system.

The spiritual group Falun Gong features moral teachings based on truthfulness, compassion, and tolerance, along with meditative exercises. It has been the subject of a sweeping persecution campaign since 1999, during which millions of adherents have been detained in various facilities across the country.

'Smoking Gun'

This new research is the first of its kind to uncover a "smoking gun" proving that doctors were killing people for their organs, said Jacob Lavee, co-author of the report and director of the Heart Transplantation Unit at the Sheba Medical Center in Israel.

In the Chinese publications flagged by the study, the doctors declared the prisoners they performed on to be brain dead, but other information revealed in the papers showed that this couldn't have been the case.

Confirming brain death is a lengthy process that typically takes hours, and one critical step involves turning off the ventilator to assess whether a patient can breathe on their own.

But the papers detail that Chinese



Falun Gong demonstrators dramatize an illegal act of paying for human organs during a protest in Washington on April 19, 2006.

doctors were still intubating the donors after pronouncing the purported brain death or immediately before the surgery. In some cases, the donor was ventilated by a face mask, indicating that no brain death assessment had taken place.

"They have procured organs from people who are not proclaimed dead, meaning they became the executioners," Lavee told The Epoch Times.

The findings appear to be accidental admissions on the part of the Chinese

doctors, he said.

"Somehow both the authors and their editors in the respective medical journals have forgotten to take out these incriminating details, which we have found," Lavee said.

If these papers were sent to Western medical journals, he noted, they "would have been rejected outright because of these sentences, because no editor of any decent journal would have published a paper that incriminates the authors in such deeds."

Such admissions stopped appearing in Chinese papers dated after 2015, but the abuse very likely has not stopped, according to the authors.

There's a possibility that Chinese doctors have stopped carrying out this practice. But it is far more plausible that they have become more discrete, according to Matthew Robertson, a China studies fellow at the Victims of Communism Memorial Foundation who co-authored the study.

He pointed to a 2014 research report by the advocacy group World Organization to Investigate the Persecution of Falun Gong (WOIPFG) that first highlighted alarming details revealed in Chinese medical papers, including the vast number of donors in prime health condition and how hospitals were conducting high volumes of major organ transplant surgeries in a single day.

The Chinese medical leaders likely took note of this report and told all the journals to stop publishing such details, suggested Robertson, who previously worked as a reporter at The Epoch Times.

"They keep an eye on what dissidents are saying, especially on this issue, which is very sensitive," he said. "And it would just take an email or some phone calls" to have those traces deleted, he said.

Out for Profit

Two years ago, Robertson and Lavee found that the official Chinese donation datasets match almost precisely to a mathematical formula, a sign that the Chinese regime likely systematically falsified its organ donation data.

WOIPFG had made hundreds of undercover phone calls to Chinese hospitals during the pandemic in 2020, during which some doctors promised organs in as quickly as a week. The unusually fast turnaround time—unheard of in other countries with established organ donation systems—suggested that Beijing was continuing the grisly practice, the group said.

Over the years, WOIPFG has carried out scores of undercover calls to Chinese hospitals in its ongoing probe into Beijing's forced organ harvesting practices.

Robertson said he had previously done a study into some of WOIPFG's call logs and concluded that they were authentic.

"They have a very distinct pattern over many years. And so I'm inclined to believe the content of the calls as well," he said.

For the hospitals, the rationale here is simple.

"It's a very profitable industry," Lavee said. "And if they can make profit out of it, while at the same time—as has been shown by the China Tribunal—taking care of the wishes of the Communist Party. That's a win-win situation."

DeSantis Signs 'No Patient Left Alone Act'

JANNIS FALKENSTERN

PUNTA GORDA, Fla.—Florida Gov. Ron DeSantis signed SB 988—The No Patient Left Alone Act—on April 6, guaranteeing Floridians the "fundamental right" of in-person visits with family members and other loved ones in health care facilities—even during a crisis.

The patient visitation rights measure requires that in-person visits be allowed in long-term care facilities, hospices, and hospitals, with a stipulation that no health care facility can ask for proof of vaccine status. It also allows visitors to hug their loved ones—something that wasn't permitted in the past two years.

During the COVID-19 pandemic, many terminally ill patients weren't able to be with their loved ones in end-of-life situations, something that the governor called "fundamentally wrong."

"I think when you look back over the past two years, one of the most heartbreaking elements of this was shutting people out of being with their loved ones at really critical times in their lives," DeSantis said at a press

conference in Naples, Florida.

The Republican governor said he and his staff have worked "very hard" with hospitals to tell them that—even though they understand that hospital staff wanted to mitigate COVID-19—you "can't just shut out all these human interactions for people who are in the hospital and have really difficult circumstances."

Charlene Miranda was one of those patients. Nine months after the birth of her baby, she was diagnosed with stage 3 breast cancer and was hospitalized "multiple times." During one of her stays, her condition was described as "borderline critical."

"I've always thought of myself as someone strong-willed—with a passion for life, zest, and a will to live. I can tell you being alone in the hospital without my husband almost made me lose that will to live," Miranda told the crowd. "I never want that to happen to anyone again. You know you get one life, and it's important to be able to share those moments—especially when you're in need of having your loved one with you."

Miranda's personal account caused the governor to "tear up" as he re-

called Florida First Lady Casey DeSantis's own battle with breast cancer.

"I would go with her to her chemotherapy, and when she was in the hospital ... I can tell you if I had not been there, it would have been more difficult for her," he said of his wife. "I know that this was something that was really meaningful to her."

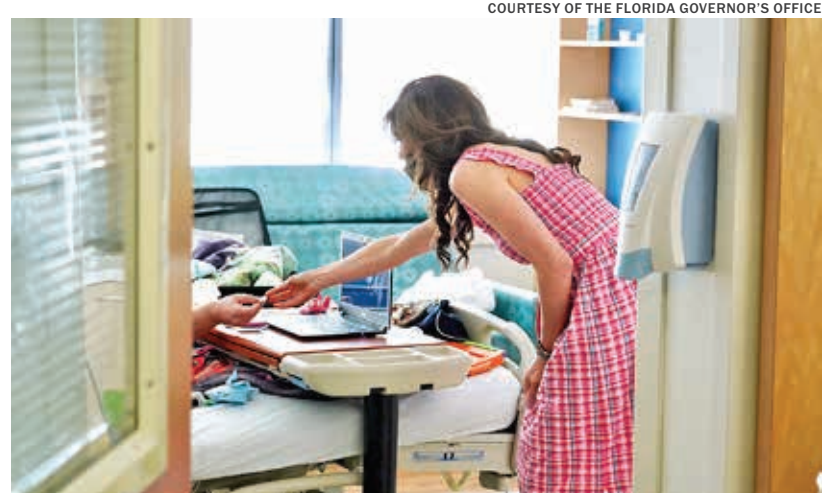
The governor went on to say that "isolating people is not healthy."

"Facilitating the connections that really make life worth living is something that is very important," he said.

SB 988 reads as follows:

"In-person Visitation; Citing this act as the 'No Patient Left Alone Act'; requiring certain providers to establish visitation policies and procedures within a specified time frame; authorizing the resident, client, or patient to designate an essential caregiver; requiring in-person visitation in certain circumstances; authorizing providers to suspend in-person visitation of specific visitors under certain circumstances, etc."

Florida Agency for Health Care Administration Secretary Simone Marsteller said health care facilities are charged with developing visitation



Florida First Lady Casey DeSantis visits with a youngster being treated for cancer at Wolfson Children's Hospital, shortly after her own cancer diagnosis.

policies that "ensure that individuals can designate an essential caregiver" and that this caregiver is allowed to visit no matter what."

Marsteller said health care facilities have 30 days in which to develop policies and put them on their websites.

"If those things are not done, they [health care facilities] are subject to being held in violation of the law," she said. "We will stand guard to make sure your fundamental rights are protected."

DeSantis said that COVID-19 is

"never going to be eradicated from the earth."

"Viruses circulate—it's going to be an endemic virus," he said. "So hopefully the clinical impacts are going to be less as we go forward."

In attendance with the governor was Florida Surgeon General Dr. Joseph Ladapo, who said denying people access to contact with loved ones is a "dehumanizing measure."

"So a crisis will never be a reason for us to treat other human beings as being less than human," Ladapo said.

"I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED." —Philip Lewis

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THE EPOCH TIMES

TRUTH and TRADITION

NIH Concedes It ‘Suppressed’ Wuhan Lab Genetic Data, But Disputes Watchdog’s ‘Deleted’ Label

Sequence data was removed from public access

MARK TAPSCOTT

A top National Institutes for Health (NIH) official concedes that the federal agency “suppressed” SARS-CoV-2 genetic sequencing information it received from a researcher working in China’s controversial Wuhan virology laboratory, but denies the data was ‘deleted.’

“In June 2020, in response to a request by the same researcher, the NCBI [National Center for Biotechnology Information] gave the sequence data the status of ‘withdrawn,’ which removes sequencing data from all public means of access but does not delete them,” Amanda Fine, the health agency spokesperson, told The Epoch Times in a March 31 email.

“NCBI subsequently reassigned the status of the sequence data to ‘suppressed,’ which means that sequence data are removed from the search process but can be directly found by accession number. This action to reassign the data was identified as part of NLM’s ongoing review into the matter. We are working to make more information available,” Fine told The Epoch Times.

Fine was responding to an Epoch Times news story prompted by a re-

port published on March 29 by Empower Oversight Whistleblowers and Research (EO), which was based on Freedom of Information Act (FOIA) responses the nonprofit government watchdog group received from the NIH.

“On June 5, 2020, a Wuhan University researcher requested that NIH retract the researcher’s submission of BioProject ID PRJNA637497 because of error. The Wuhan researcher explained ‘I’m sorry for my wrong submitting,’” EO said in a statement on March 29.

“BioProject ID PRJNA637497 is also referred to as Submission-ID SUB7554642. Three days later, on June 8th, the NIH declined the researcher’s request, advising that it prefers to edit or replace, as opposed to delete, sequences submitted to the SRA.”

SRA refers to the Sequence Read Archive, a data resource made available by NCBI that stores raw sequencing data.

On June 16, 2020, NIH officials reversed themselves and deleted the genetic sequencing data, as requested by the Wuhan researcher. That researcher was quoted by EO as explaining to NIH: “Recently, I found that it’s hard to visit my submitted SRA data, and it



The P4 laboratory at the Wuhan Institute of Virology in China’s central Hubei Province on April 17, 2020.

would also be very difficult for me to update the data. I have submitted an updated version of this SRA data to another website, so I want to withdraw the old one at NCBI in order to avoid the data version issue.”

After some discussion about what would be deleted, the NIH concluded the discussion by reassuring the Wuhan researcher that it “had withdrawn everything.”

Asked for a response to Fine’s claim that the information was “suppressed,” but wasn’t “deleted,” EO founder and President Jason Foster told The Epoch Times that NIH’s actions ensure that the SARS-CoV-2 genetic sequencing info is only available to the few individuals possessing its “accession number,” which effectively deletes the data from open access and research.

“NIH documents released with Empower Oversight’s report demonstrate that the sequencing data was deleted from public view by the NIH at the

request of the Wuhan researcher,” Foster said.

“Our report also details emails between professor Jesse Bloom and the NIH’s Steve Sherry from October 2021 that clearly indicate NIH retained copies ‘for archival purposes.’ Yet the emails demonstrate that NIH refused to share that data in an open, transparent scientific process sought by professor Bloom,” Foster added.

“The NIH should make more information available about each and every time it reassigned the status of sequence data and any information potentially relevant to the origins of COVID-19 should be made available for scientific inquiry,” he said.

Genetic sequencing data is critical to understanding the origins of SARS-CoV-2, the virus that causes COVID-19. The lethal virus was first detected in China in late 2019 and the first U.S. death attributed to it was reported in

California in January 2020.

In the more than two years since that initial U.S. death, nearly 1 million Americans have died from the virus, which prompted a nationwide lockdown that was initially slated in March 2020 to last only a few weeks, but then continued for months as officials struggled to cope with a flood of hospitalizations.

Chinese officials have insisted that the virus originated in an unusual bat-to-human transition at a meat market near the Wuhan Institute of Virology. The market sold bat meat, which is consumed by some humans in China. Coronaviruses are associated with certain bats found in western areas of China.

The Wuhan lab is known for conducting “gain-of-function” research funded indirectly by NIH through a New York nonprofit, the Eco-Health Alliance, that seeks to enhance the effects of coronaviruses.

Durham Asks Court to Compel Production From Clinton Campaign, DNC

ZACHARY STIEBER

Special counsel John Durham’s team on April 6 asked a federal judge to force Hillary Clinton’s presidential campaign and two other parties to hand over documents they claim are protected by attorney-client privilege.

The campaign, the Democratic National Committee (DNC), and research and intelligence firm Fusion GPS appear to be withholding documents that aren’t actually protected by the privilege, Durham’s team said in the filing, entered in the case against ex-Clinton lawyer Michael Sussmann.

Of the withheld materials, almost all “appear to lack any connection to actual or expected litigation or the provision of legal advice,” prosecutors told U.S. District Judge Christopher Cooper, an Obama appointee who is overseeing the case.

In fact, of the 1,455 documents being withheld by Fusion GPS, only 18 emails and attachments are said to involve an attorney.

The Clinton campaign, the DNC, and Fusion didn’t respond to requests for comment.

The documents in question are being sought for the upcoming trial of Sussmann, who was charged with lying to the FBI for going to a bureau lawyer in 2016 and falsely stating he didn’t hand over unsubstantiated claims about then-candidate Donald Trump on behalf of a client.

The claims were compiled with funding from the campaign and the DNC by former British spy Christopher Steele and Fusion GPS, which was founded by former reporters.

Sussmann and his lawyers have been pressing the judge to dismiss the case prior to trial, arguing that the lie about not bringing the information on behalf of a client wasn’t material to the information itself.



John Durham speaks at a conference in New Haven, Conn., on Sept. 20, 2018.

Only 18 emails of the 1,455 documents and attachments being withheld by Fusion GPS are said to involve an attorney.

Attorney-client privilege protects many communications between a client and their lawyer. Disclosure to third parties usually undercuts privilege claims.

In the new filing, Durham’s team pointed out that Fusion GPS co-founders Glenn Simpson and Peter Fritsch penned a book published in 2019, which means even if a valid privilege did once exist, it might have since been waived.

Prosecutors also noted that Fusion GPS operatives regularly communicated with reporters about their work, resulting in several stories before the 2020 election and a spate of others after voters hit the polls.

Further, the Clinton campaign (HFA) and the DNC have claimed privilege over communications

sent between Rodney Joffe, whom Sussmann was also representing at the time, and a Fusion operative, “despite the fact that no one from either the DNC or HFA is copied on certain of these communications,” prosecutors said.

The government subpoenaed information from the parties in 2021. Fusion GPS was paid by the Democratic entities through Perkins Coie, a law firm. The agreement was introduced as an exhibit in the case.

Many if not most of the actions taken by Fusion GPS employees “do not appear to have been a necessary part of, or even related to” Perkins Coie’s legal advice to the campaign and the DNC, Durham’s team said.

Prosecutors want to examine the communications in a private, in-camera setting “in order to resolve these issues and ensure that only legitimately privileged and/or attorney work product-protected communications and testimony be withheld from the otherwise admissible evidence and testimony that is presented to the jury at trial.”

The trial is currently set to start on May 16.

Lockdown States Drag Down Overburdened Labor Market

PETR SVAB

News Analysis

States that instituted more severe COVID-19 lockdowns have put a drag on recovery in a labor market desperate for hires.

With the onset of the pandemic in 2020, millions of Americans left or were forced out of the labor pool due to fear of the disease or government restrictions. The majority of them have since returned, but it appears there are still millions more on the sidelines, particularly in states that have clamped down on residents more harshly, according to data from the Bureau of Labor Statistics (BLS). In February 2020, before the main brunt of the first pandemic wave hit America, there were about 164.6 million people in the labor force, defined as those holding jobs and those who had looked for a job in the prior four weeks. That number dropped to a low of some 156 million in April 2020 and has since climbed back up to about 164.4 million this March.

But the labor force naturally grows by about 100,000 a month due to the growing population. During the years before the pandemic, it even outpaced this growth, pulling in people who previously weren’t looking for jobs. If the trend had continued, the country would have had about 3 million more in the labor force by now.

And those millions are sorely missing. Employers are trying to fill over 11 million jobs with only 6 million people seeking them, according to the latest BLS data. Labor shortages have been exacerbated by trillions in debt spending during the pandemic by the government, which boosted demand and undercut incentives to work, economists have noted. The labor force participation rate is down about 1.5 percent since February 2020, with the lockdown states particularly lacking.

In April last year, WalletHub ranked states based on the severity of lock-

downs, looking at 13 metrics such as mask mandates, business shutdowns, and school closures.

Based on that ranking, the states with more severe lockdowns (score below 50) saw their labor force participation this February more than 2.2 percent below February 2020 on average, adjusted for seasonality and state population.

States with less severe lockdowns (score above 50) saw their labor force participation drop down by less than 1.3 percent.

There are exceptions to the trend, however. Some of the most open states, Iowa and Wyoming, experienced pronounced drops in labor force participation, about 3.9 and 3.6 percent respectively.

On the other hand, Delaware, which underwent some of the most stringent lockdowns, had its labor force participation increase by almost 0.7 percent. Massachusetts, also profoundly restricted, has its labor force participation back to the pre-pandemic level. And Oregon, less, but also significantly restricted, saw the largest increase in labor force participation in the nation, nearly 3 percent.

Almost all of the more open states were headed through the pandemic by Republican governors, with the exception of Kansas and Wisconsin. Montana switched from Democrat to Republican in January 2021.

Almost all the states with more severe lockdowns were headed by Democrats, except for Massachusetts, Ohio, and Vermont. Virginia switched from Democrat to Republican in January 2022.

Vermont has suffered by far the largest drop in labor force participation, more than 8.5 percent. Gov. Phil Scott, among the most left-leaning Republicans, led the deep-blue state through perhaps the most stringent lockdowns in the nation. On the flip side, the state has nearly the lowest COVID-19-associated mortality.

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All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

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Administrative

Puzzle Solution

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Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMARKET.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or email mirrorads@lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record
Call 509-548-5286 or email classifieds@leavenworthecho.com

Employment

Help Wanted

PUBLIC WORKS WASTE WATER TREATMENT PLANT OPERATOR

The City of Leavenworth, an equal opportunity employer, is now accepting applications for a Waste Water Treatment Plant Operator with year-round benefits and retirement package. This position is a union covered position with salary range of \$4,744 - \$5,343/month. Starting salary depending on qualifications.

Requirements include a minimum education level of High School graduation to GED equivalence. A Class II State Certificate as a Wastewater Treatment Plant Operator and Washington Class C Driver's license are required. Knowledge of computer maintenance systems is desirable. See full job description for additional requirements. This position will require a drug and alcohol test. Job application and full job description are available at City Hall, 700 US Hwy. 2, from 9 a.m. to 4 p.m., via our website at www.cityofleavenworth.com or by contacting us at 509-548-5275. Position is open until filled. First review of applications will be on Friday, April 29th, 2022.

Help Wanted

The Cascade School District is seeking qualified applicants for the following positions:

Icicle River Middle School .5 FTE Art Teacher

Icicle River Middle School/Alpine Lakes Advanced Learning/Middle School AVID Teacher

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

The Cascade School District is seeking qualified applicants for the following position:

Mechanic

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Jewels Hair & Nails is looking a cosmetologist or barber to lease a station. \$400/ month. Please call Julie at 509-679-4764.

Teller/ CSR

Wheatland Bank seeks upbeat and energetic individual with outstanding customer service skills to work on a full-time basis, in our Chelan branch.

Will perform a variety of teller services such as greeting customers, processing deposits and withdrawals, customer account maintenance, and educating customers on bank products and services. Previous cash handling and customer service experience desired. This is a fully benefited position. Wheatland Bank
Email: hr@wheatlandbank.com
Equal Opportunity Employer

Help Wanted

Two Elementary Teachers
High School Health Sciences Instructor

Applications may be obtained on the district website, www.brewsterbears.org or by contacting the district office at 509-689-3418. These positions are open until filled.

PUBLIC WORKS WATER PLANT OPERATOR - WEEKENDS

The City of Leavenworth, an equal opportunity employer, is now accepting applications for a weekend Water Plant Operator with year-round benefits and retirement package. This position is a union covered position with salary range of \$4,744 - \$5,343/month. Starting salary depending on qualifications. Requirements include a minimum education level of High School graduation to GED equivalence. Must be able to obtain and maintain a Class B CDL within the first year of employment. Must obtain and maintain a Department of Health issued Water Treatment Plant Operator (WTPO) Level 1 license within twelve (12) months of employment. See full job description for additional requirements. Individual must be able to work weekends, holidays, and required overtime. Typical schedule for this position is Thursday through Monday, 6:00 am to 2:30 pm. Under direction from the Water Plant Supervisor, the Water Plant Operator will be assigned to assisting and completing projects for the maintenance of the water plant, wells, booster station, reservoirs, and day to day operation of the water plant. Although generally this position provides no direct supervision on a regular basis, the position may provide technical or informational guidance on a project basis. This position will require a drug and alcohol test. Job application and full job description are available at City Hall, 700 US Hwy. 2, from 9 a.m. to 4 p.m., via our website at www.cityofleavenworth.com or by contacting us at 509-548-5275. Position is open until filled. First review of applications will be on Friday, April 29, 2022

Help Wanted

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

Employment Opportunities City of Chelan Parks & Recreation

is accepting applications for seasonal employment positions covering General Parks maintenance, night security, parking enforcement and landscaping, RV Park, Marina, and Putting Course attendants, and Golf Course staff. See www.CityOfChelan.us/employment for job application instructions or pick-up application at the Chelan Parks & Recreation Office at 619 W Manson Hwy, Chelan.

Looking for a part-time job?

The Leavenworth Echo Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills. We will train you on our computer software. Pay depends on experience. Please email a resume to Carol@leavenworthecho.com or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. Equal Opportunity Employer.

Help Wanted

Orchard Manager

Large 'state of the art' apple and cherry planting in North Central Washington is seeking an orchard manager. Successful candidate must be able to oversee all facets of the orchard operation including, but not limited to:

- Cultural practices, labor management, safety and compliance, asset management.
- Determine, schedule and manager work assignments
- Oversee orchard personnel including crew leaders, equipment operators, mechanic and seasonal crews to ensure tasks are completed in a timely and efficient manner.
- Observe horticultural and pest management developments in the field.
- Assist with administrative responsibilities including record keeping, payroll, safety and compliance, human resource management and budgeting/expense management. Minimum of 5 years of orchard supervisor experience required. Candidate must have bilingual skills. Please email resume to charlie@agrimacs.com

Douglas PUD has an opening for: **Student Trainees at Wells Hatchery & Wells Dam** In the fields of fish health and industrial technology **\$15/hour** **Apply now at douglaspuud.org**

See MORE CLASSIFIEDS & PUBLIC NOTICES on Page B4

NCWMarket.com

RUN IT 'TILL IT SELLS

Housing sales are **HOT!**
Is your home getting the attention it needs!

Advertise your property on NCWMarket.com for one low fee!
\$100 fee includes:

- Up to 5 photos of your home & property
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Help Wanted

ACCEPTING APPLICATIONS FOR LEAVENWORTH COMMUNITY POOL LIFEGUARDS and SWIM LESSON INSTRUCTORS The City of Leavenworth is now accepting applications for Certified Lifeguards and Swim Lesson Instructors or those willing to become certified. In addition to applicable certifications, job seekers must possess strong public relations and communication skills, along with the ability to understand and implement all rules related to the facility. Job applications are available to download from the City's website at: <https://cityofleavenworth.com/employment-opportunities/>, or by contacting City Hall at (509)548-5275. The City of Leavenworth is an equal opportunity employer. Applications will begin the review process on May 4, 2022.

For Sale

Apparel

A Variety of Bavarian Clothing for Sale: PRICES REDUCED!
3 Bavarian-styled vests, sizes small & medium, 2 woolen and one velvet. \$15 each.
One Beautiful Bavarian, Loden-grey and green wool suit, size 44. A steal at only \$40
One pink and green dirndl with apron. \$15.
2 aprons, satin light blue and 1 copper-colored. \$5 each. One medium-sized long-sleeve white dirndl blouse. \$5.
3 girls' dirndls, sizes 6, 8 and 10. \$10 each.
Stop in to see items at The Leavenworth Echo 215-14th St. or call 548-5286 or Carol's cell:670-1723.

NCW MARKET.COM CLASSIFIED ADS

Garage & Yard Sale

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$
Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only?
Deadline Friday at Noon for all papers

Lake Chelan Mirror
Quad City Herald
Call: 509-682-2213

Leavenworth
Cashmere
Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

Vehicles

Trucks & Vans

Notice of Surplus Bus
The Bridgeport School District Board of Directors approved the following bus for surplus: Bus 7, 1999 Blue Bird, 40' Conventional bus with seating for 47 adults, mileage 152957.0. The bus is available for purchase by any public or private school district for 30 days. On May 16, 2022 the bus will be offered to the public. Bids will be accepted until Friday, May 20, 2022 at 3:00 p.m. Please submit sealed bids to: Bridgeport School District, Attn: Scott Sattler, Superintendent, 1400 Tacoma Avenue, PO Box 1060, Bridgeport, WA 98813. A minimum bid of 2000 is required. For further information contact the District Office at 509-686-5656 or ammartinez@bsd75.org.

Legals

Public Notices

SUPERIOR COURT, STATE OF WASHINGTON, COUNTY OF DOUGLAS
NUMERICA CREDIT UNION, Plaintiffs,
v. BERNARD E. JOHNSON individually and the marital community of BERNARD E. JOHNSON and JANE DOE JOHNSON, husband and wife, Defendants.
NO.

SUMMONS BY PUBLICATION

The State of Washington to the said Bernard E. Johnson and Jane Doe Johnson:

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 23rd day of March, 2022, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Numerica Credit Union, and serve a copy of your answer upon the undersigned attorneys' for plaintiff Numerica Credit Union, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. This is an action to recover on a Visa account and for defendants failure to pay. Dated this 16th day of March, 2022.

PHILLABAUM, LEDLIN, MATTHEWS & SHELDON, PLLC
By: /s/Benjamin D. Phillabaum
BENJAMIN D. PHILLABAUM, WSBA# 48089

1235 N. Post St, Ste 100
Spokane, WA 99201
Published in the Quad City Herald March 23, 30, April 6, 13, 20, 27, 2022. #3779

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON IN AND FOR THE COUNTY OF OKANOGAN
MIRIAM CARDONA Plaintiff,
vs.

LIVING ENVIRONMENTS OF WASHINGTON, INC., a Washington corporation, and assigns, A.B. HARTMAN, DAVID E. HARTMAN, DAVID HOENE, GARY F. LINDEN, and CHARLES W. MERTEL, and their respective heirs, devisees and assigns
Defendants.
No. 22 2 00076 24

A lawsuit has been started against you in the above-entitled court by the Plaintiff named above. The Plaintiff's claims are stated in the written Complaint, a copy of which is served upon you with this Summons.

In order to defend against this lawsuit, you must respond to the Complaint by stating your defense, in writing, and serving a copy upon the undersigned attorney for the Plaintiff within twenty (20) days after the service of this Summons, excluding the day of service (or within sixty (60) days if this Summons was served upon you outside the State of Washington), or a default judgment may be entered against you without notice. A default judgment is one where Plaintiff is entitled to what he asks for because you have not responded. If you serve a Notice of Appearance on the undersigned attorney, you are entitled to notice before a default judgment may be entered.

The originals of this Summons and Complaint have been filed with the clerk of the above-entitled court.

If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served in time.

This Summons is issued pursuant to Rule 4 of the Superior Court Civil Rules of the State of Washington. DATED this 25th day of February, 2022.

MINNICK-HAYNER, P.S.
By: /s/ Mona J. Geidl, WSBA #42455
Of Attorneys for Plaintiff
Published in the Quad City Herald March 16, 23, 30 and April 6, 13 and 20, 2022. #3752

Tips for taking medication and grapefruit safely

Q: There's a sticker on my prescription bottle that says not to eat grapefruit or drink grapefruit juice with it. I love grapefruit. Is it okay to have grapefruit juice for breakfast and take my pill in the evening instead?

Your medicine's "grapefruit effect" doesn't wear off that fast. After drinking a glass of grapefruit juice or eating half a grapefruit, it can take up to 3 days for its effect on medicine to wear off completely.

Penny is 87 years old and comes to our clinic every 6 weeks to have her blood thinner level checked. The blood test we do is called an INR. For her, the result should be between 2 and 3. Last month, she started having more bruising than usual. Her blood thinner level also changed, jumping from her previous level of 2.2 all the way up to 4.5. Why had her blood thinner level increased significantly? What was different?

Penny lost her husband 2 months ago and now only cooks for herself. Last month, she started eating fresh grapefruit sections several times a week. "It's easy to fix, and I love grapefruit."

I asked Penny to stop eating grapefruit. Once she did that, her blood thinner level dropped back to normal. Grapefruit and grapefruit juice can change the way your body absorbs certain medicines. This "grapefruit effect" was discovered by accident. In 1991, researchers wanted to find out if drinking alcohol while taking a blood pressure medicine called felodipine would change the level of the drug in the blood. They created a study that measured blood pressure and blood levels of the medication twice, once with alcohol in their blood and once without it.

To keep the participants from guessing whether they were taking actual medicine or dummy medicine, the researchers needed a way to disguise the taste of alcohol.

The researchers chose grapefruit juice to disguise the taste of the alcohol. Each participant drank a small glass of grapefruit juice with the medicine. Alcohol was added to the grapefruit juice in half of the doses.

Something curious happened. ALL of the study participants had lower blood pressures than the researchers expected. Not only that, but the blood levels of the medicine were nearly 50% higher than typical. They discovered that drinking alcohol didn't affect the blood level of felodipine, but drinking grapefruit juice did.

What did the grapefruit juice do to cause the blood level of the medicine to rise?

Grapefruit can change how medicine gets into your body. Although most pills dissolve in your stomach, they don't actually get into your bloodstream from there. Vitamins, minerals, nutrients, and medicines are transported into your bloodstream by your small intestine, lined with special cells and molecules working to make this happen.

One particular type of molecule is an enzyme called CYP3A4. Its job is to take apart and change the shape of certain medicines. Once this happens,



Dr. Louise

the drug stops working for you, and your body gets rid of it.

Grapefruit juice and fresh grapefruit contain natural compounds that neutralize the CYP3A4 enzymes lining your small intestine. Without these enzymes available to inactivate part of each dose, you will absorb more medicine.

This "grapefruit effect" is not consistent with everyone or with every medicine. Some medicines are more affected by the CYP3A4 enzyme than others. There are genetic differences in how many CYP3A4 enzymes we have and how active they are.

Eating one grapefruit or drinking 7 ounces of grapefruit juice can completely inactivate your intestinal CYP3A4 enzymes for up to 3 days. Like Penny discovered, if you take a drug that's affected by grapefruit and drink fresh grapefruit juice or eat grapefruit, the level of medicine in your blood can jump by 50%.

Here are 3 Tips for Taking Medication and Grapefruit Safely:

1. Check for the interaction. Medicines affected by grapefruit usually have a small sticker on the side of the prescription bottle.

2. Avoid fresh grapefruit.

One glass of fresh grapefruit juice can affect your medicine for up to 3 days. Unfortunately, you can't avoid the interaction by taking them at different times. When taking a medication with a grapefruit interaction, it's best to avoid grapefruit juice and grapefruit entirely. Grapefruit juice reconstituted from frozen juice doesn't affect medicines like fresh grapefruit or grapefruit juice.

3. It's safe to eat and drink most citrus fruit.

Although mostly seen only with grapefruit, two ounces of lime juice may increase the level of medication in some people. Oranges, lemons, and other citrus do not affect medicines.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog, *TheMedicationInsider.com*. 2022 Louise Achey



Looking for a home for your Furry friend?

Try the pet section on NCWMarket.com

WHAT'S HAPPENING

Need to promote your event? Have you thought about NCWMarket.com the best online promotion available

SUDOKU PUZZLE

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
VACATIONS promo code N7017
1-855-208-9533

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Place your Help Wanted and find the best qualified local employee

• Place your ad 24/7 at ncwmarket.com
• Email: heraldads@qcherald.com
• Call 689-2507

CROSSWORD PUZZLE

THEME: BEATLEMANIA ACROSS

1. In the Queen of Hearts' oven?
6. Indiana Jones' quest
9. Dance with leis
13. Sheikh, alt. sp.
14. Opposite of paleo
15. Hedgehog of movies and video games
16. Toilet, to a toddler
17. Pilot's estimate acronym
18. One deserving of respect?
19. "Like submarine"
21. "Abbey Road" location
23. Lobe location
24. Per person
25. To the ___ degree
28. "Twist and Shout" endearment
30. English confection
35. Wraths
37. Swarm like bees
39. Not taken and taken
40. Skiing helmet manufacturer
41. Homework assignment
43. Kamakawiwo'ole's strings, pl.
44. Thermoneuclear weapon
46. Type of list
47. Frost residue
48. "God, We Praise You" (2 words)
50. Redecorate, e.g.
52. What Carl Lewis did
53. Doctor's order
55. December 31st, e.g.
57. "Whisper words of ___"
60. "Please ___ Me," 1st album
63. Amusement
64. Rage
66. Scary movie consequence
68. ___ del Carmen, Mexico
69. Corn spot
70. Reach a goal (2 words)

71. Unit of heredity
72. Cry of alarm
73. Wipe out

DOWN

1. Cough syrup amt.
2. Greeting at sea
3. Blood vessel network
4. Ownership document
5. NASA's first space station
6. All over again
7. Retired, abbr.
8. Aussie bear
9. "I want to ___ your hand"
10. Editing arrow
11. Bank holding
12. Acronym, abbr.
15. Mister in Brazil
20. Speak from a podium
24. Hideous sight
25. "It's been a hard day's ___"
26. Social group
27. Roman king of Judea
29. "Starr's predecessor"
31. "Fabulous number"
32. Faquir, alt.sp.
34. Ruhr's industrial center
36. Not all
38. Like a full-fledged Mafia man
42. Cry of the Alps
45. The enlightened one
49. Barn sound
51. Nervous (2 words)
54. Inflict a blow
56. Truth or Dare player?
57. ___ E. Coyote
58. Persian Gulf country
59. Eye infection
60. Peephole glance
61. ___ good example
62. Chows down
63. Frugal driver's acronym
65. Fish eggs
67. Unidentified Jane

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Call or email us for details!

RECORD MIRROR HERALD

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509-682-2213
509-689-2507