



Cashmere FFA wins first ever “Virtual” State Apple Judging Contest

SUBMITTED BY RUSTY FINCH

Cashmere FFA Teams finished 1st and 2nd in the State FFA “Virtual” Apple Judging Contest on March 22. Competitors had to identify varieties from a list of 13 apples and pears in addition to common fruit blemishes such as codling moth, indenture, leaf roller or scale to name a few. Students also had to be familiar with sections of the Private Applicators Manual, calculate projected harvest dates and identify almost 30 different insects and mites that impact the fruit industry.

Tristan Hoffman who competed in the “in-person” competition in 2019 and placed 8th individually felt the virtual version was much more difficult. “Differentiating between

Galas, Braeburns, Cosmics, Honey Crisps, Pink Ladies and Fujis is not easy by picture!” There were 8 teams and over 30 members that competed.

The following 9 Cashmere students participated in the event			
Cashmere 1		Cashmere 2	
Maggie Finch	1st	Isabel Fadenrecht	2nd
Tristan Hoffman	3rd	Madison Jaeger	7th
Jonah Groce	4th	Riley Johnson	8th
Payten Heyen	5th	Greg Worley	
Mac Kelly	6th		



Mac Kelly, Maggie Finch, Riley Johnson, Tristan Hoffman, Isabel Fadenrecht, Madison Jaeger, Payten Heyen, Jonah Groce. Not Pictured - Greg Worley



Raquel Pedraza throwing the discus

PHOTO BY JEFF KENOYER.



Jonah Groce high jumping

PHOTO BY JEFF KENOYER.



Evan Pheasant throwing the discus

PHOTO BY JEFF KENOYER.

Cashmere FFA Creed Speakers Roll Through Sub-Districts



Korey Knoll, Anthony Zavala, Ivette Alvarado-4th, Faith Kert-2nd, Alia Kenoyer-1st, Molly Smith-5th, Rylie Harnden-3rd

SUBMITTED BY LIZZY WILLIAMS
Student Teacher

On Wednesday, March 31, 7 Freshman students from Cashmere High School competed in the Creed

Speaking Leadership Development Event. The FFA Creed was written in 1928 by E.M Tiffany expressing his strong beliefs in the agricultural industry and core values of citizenship and patriotism.

Students memorized and delivered this document as a public speech and answered one agricultural question relating to The FFA Creed. Cashmere students claimed all 5 berths into districts.

First Track Meet of 2021 Finds New “Supers”

SUBMITTED BY JEFF KENOYER

The results are in for the first track meet since the State Championships on May 2019 when Cashmere High School boys had two state champions and the girls earned medals in six events and broke school records in three of those events. Cashmere hosted five other schools on Wednesday April 14 under sunny skies. There were a lot of track and field rookies that competed in their first high school meet.

Track history was originally compiled by former head coach George Makela. Coach Makela began lists of times and distances that

record the results of the top marks earned by Cashmere High School athletes. The three lists included the top athletes of all-time, Super Sophomores and Fantastic Freshmen. We had several athletes that earned their way onto the lists performing well in the meet.

Complete meet results can be found at <https://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=415929&show=all>

Our next meet is Thursday April 22 at Peshastin with Cascade and Wenatchee.

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SHOP LOCAL

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

THIS WEEK			
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		Advertising Flyers	Safeway



\$100
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Cashmere, WA 98815
Phone: 509-782-3781

Cantwell, DelBene Legislation Would Build Affordable Housing Units in Washington State

SUBMITTED BY THE SENATOR
CANTWELL’S OFFICE

WASHINGTON, D.C. – As thousands of Washingtonians experience increasing housing insecurity and communities around the state face affordable housing shortages and high levels of homelessness, U.S. Senator Maria Cantwell (D-WA) and U.S. Representative Suzan DelBene (D, WA-01) have introduced legislation to increase investment in affordable housing, build tens of thousands of new affordable

units around the state, and provide more resources and stronger protections for at-risk groups.

“The State of Washington has an affordable housing crisis, and our experiences are all too familiar for so many communities in every state around the country,” Cantwell said. “Too many people are paying too much money to keep a roof over their heads, and the COVID-19 pandemic has only made the crisis worse. This bill will strengthen and expand our nation’s most successful federal housing program to build more than 66,000 new affordable units around our state and more than two million nationwide over ten years. We know this program works. Now is a critical time to invest in it to fight back against our affordable housing crisis and make sure we’re not leaving families behind.”

“Our nation’s need for more affordable housing is at an all-time high because of the COVID-19 pandemic. Congress should leverage the proven success of the Housing Credit to build more affordable housing units that will help more families find a safe place to call home,” said DelBene. “This legislation has earned the support of a bipartisan majority of the House of Representatives in the past. Now it’s time to get it over the finish line and increase affordable housing production across the country.”

In recent years, Washington state has experienced a severe housing affordability crisis. Between 2006 and 2015, the median income in the state increased three percent, but the median rent increased by 18%. Nearly 230,000 Washington households pay more than half of their monthly income on rent.

Among extremely low-income renters in the state, 68% pay more half or more of their monthly income on rent.

These trends were further exacerbated by COVID-19, as thousands of Washingtonians faced a loss of work, while rent prices for affordable housing units mostly remained steady or even increased during the pandemic.

The Low Income Housing Tax Credit is the country’s most successful affordable housing program. Since its creation, it has built or rehabilitated more than 3.5 million affordable housing units—nearly 90 percent of all federally-funded affordable housing during that time. Roughly eight million American households have benefitted from the credit, and its activity has supported 5.5 million jobs and generated more than \$617 billion in wages.

Prescribed Fire, Controlled Burning – What you Need to Know Now

ARTICLE BY BARBARA CARRILLO

Chumstick Wildfire Stewardship Coalition Communications Consultant

As summer approaches, we not only begin to think about backyard bbq’s and outdoor family vacations, but also about the fire season ahead. This is the time of year we begin to examine the areas around our house and property after the long winter and look for ways to protect our home and its perimeter from wildfire. As spring turns into summer, we are also reminded that smoke can again fill our valleys and communities in the coming months due to unexpected wildfires as well as due to prescribed fire or controlled burns.

What are the basic components of prescribed fire or controlled burning? We know that it causes smoke in our region which can be inconvenient but what are the benefits for controlled burning and how does it work?

Prescribed burning is a planned or controlled fire used to meet forest health management objectives in a specific area usually designated by federal, state and local officials as an area needing management due to years of fire exclusion. A forest needs periodic fire to become healthy again, to clear dead trees (standing and down), limbs, leaves, needles and shrubs and other competing vegetation on the forest floor so new seedlings, shrubs and trees can grow. A forest becomes unhealthy when trees become overcrowded and fuels build up and become dangerous. When fire burns too intensely and reaches tree tops it can crown and damage well-established trees or jump from tree to tree increasing the risk of larger fires. Successful prescribed burning remains on the ground and does not burn into tree tops and improves overall forest health and means fewer extreme wildfires.

What is the Wildland Urban Interface (WUI)? The Wildland Urban Interface or WUI is the zone of transition between wildland and human development. When a community is in the WUI, they are at an increased risk of catastrophic wildfire.

When fires develop in the WUI, they can damage homes, communities and basic infrastructure creating havoc and grinding these

CONTINUED TO PAGE A4

SAY

Thank You!

We all need to be reminded to say “Thank you” to all those in the front lines working to keep us safe and healthy, in everyday health and now especially during this time of the COVID-19 Virus.

Nurses Week is May 6-12

Need A Card of Thanks ? Have a name but no address to send a card? Call us and we will make an ad for you with a name of a nurse that you would like to say “Thank you” to.

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April 29 for May 5th issues

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is May 9 -15th

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Deadline:

May 6 for May 12th issues

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2 papers - \$18

Contact: Carol: 548-5286 or Carol@leavenworthecho.com

Lindsay: 860-7301 or Adexec1@ncwmedia.net

■ LETTERS TO THE EDITOR

I don’t want “the shot”, and no one can make me take one! Why can’t I jay-walk? As if that painted crosswalk would stop anything. “No shirt, no shoes, no service”, what a concept! I know how to swim, ergo, why do I need a life vest? Don’t even get me started on those insane seat-belt rules.

Now “they” tell me my son will be made to repeat the third grade! Just because “someone” (Big Brother) says he can’t read or write at some arbitrary, acceptable, level! Speed limits? Give me a break. I would tell you where to put that face mask, if I thought the paper would print it. A certain age to drive, a certain age to enter bars and taverns, a certain age to vote! A certain age to be able to be President of the United States, and yet no minimum IQ? Go figure!!

Peace and love,
Charlie Olinghouse
Cashmere
P.S. You asked for it, Gary!

CHELAN COUNTY SHERIFF, FIRE & EMS REPORTS

This report is compiled from records provided by the Chelan County Sheriff’s Office and RiverCom. The publisher cannot certify the complete accuracy of the information provided.

April 9	April 12	Evergreen Dr., #2 19:34 Traffic offense, 100 Blk., Chase Ave. 20:25 Suicide threat, 8703 Alice Ave., 14, Dryden 21:06 Disturbance, 8703 Alice Ave., Space 14 21:43 Alarm, 102 Titchenal Way
09:16 Trespass, N. Dryden Rd. & Williams Canyon 13:24 Parking/abandon, 300 Woodring St. 15:40 Property, 304 Railroad Ave.	06:25 Vehicle theft, 207 Perry St. 10:10 Domestic disturbance, 405 Pioneer Ave. 11:10 Welfare check, 319 Independence Way 12:03 Missing person, 311 Tigner Rd. 14:28 Suspicious 405 Pioneer Ave.	April 15
April 10	April 13	11:36 Agency assist, 8650 Dryden Frontage Rd. 12:51 Assault, 300 Aplets Way, Hometown Market 14:01 Agency assist, Cotlets Way & US Hwy. 2 17:12 Accident/no injuries, Mission Creek Rd. & Pioneer 20:03 Extra patrol, 107 Chase Ave. 21:47 Theft, 115 E. Pleasant Ave.
13:08 Welfare check, 7787 Stine Hill Rd., Dryden	April 14	
April 11	10:03 Vehicle theft, 405 Pioneer Ave.	
02:01 Noise, 127 White Birch Pl. 16:46 Animal problem, 510 Cottage Ave. 21:09 Agency assist, 127 Riverfront Dr. 22:24 Accident/no injuries, Pine Flats Loop Rd.	09:44 Agency assist, 809 Pioneer Ave., #106 18:46 Public assist, 105	

Actual models may vary

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RECORD

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Letters policy

The Cashmere Valley Record welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from nonprofit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to publisher@leavenworthecho.com.

Corrections

The Cashmere Valley Record regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story?
Call the Record at 509-782-3781

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286, by emailing classifieds@leavenworthecho.com or online at NCWMARKET.COM

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Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s).
Must provide: full name, city, phone number.
Items pertaining to local events that are free or minimum charge.

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Garage and Yard Sale Ads are paid events, please email those to classifieds@leavenworthecho.com or NCWMARKET.COM
For more info call: Leavenworth: 509-548-5286, Cashmere: 509-782-3781
Email to: editor@leavenworthecho.com or reporter@leavenworthecho.com

Contact the listed organizations or events for updates on the Covid-19 regulations.

BUSINESS & SERVICE Directory

Add your business or service to this directory: **548-5286**

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Cashmere

State Parks on Earth Day

Enjoy a Free day in Washington State Parks, no Discover Pass needed.

Earth Day River Clean Up

Celebrate the Earth by cleaning up along the Wenatchee River on Thursday, April 22, 4-6 p.m. Meet at Wenatchee River Institutes's parking lot at 4 p.m. Event will go for two hours, but you can leave when ever you would like.

Leavenworth

PEO Chapter JF Scholarships- Last Chance

Applications are still being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF. The purpose of the scholarship is to assist women in need of financial help return to higher education in an accredited university, college or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2021. Scholarship funds will be available by the Fall of 2021, and be sent directly to the school financial department

upon confirmation of enrollment. Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application form by contacting: Mimi Keller, Scholarship Committee Chair. mimikeller5@icloud.com

Chelan County District Court Account Relief Program

Chelan County District Court and District Court Probation are offering a limited time, unique opportunity for our citizens who have Chelan County District Court related debt currently in collections. This program will provide our community with a one-time opportunity to significantly reduce those accounts to enable a payoff. The program began April 15th.

Leavenworth Nutcracker Museum Board Opening

The Leavenworth Nutcracker Museum (a local nonprofit corp.) is seeking talented and/or experienced community member that would be interested in adding their skills and enthusiasm to the LNM Board of Directors. The board meets monthly and members are expected to volunteer on one or more committees. Direct inquiries to Briar Hoper, LNM Board President, 509-679-4478.

Chelan County District Court reduces fines

SUBMITTED BY JUDGE ROY AND JUDGE KYLE MOTT

Account relief program

Chelan county District Court and District Court Probation are offering a limited time debt relief program.

If you have account balances with Armada Corp from unpaid fines and fees ordered by Chelan County District Court, you may qualify to have your account balances significantly reduced.

This program begins on 04/15/2021 and ends 05/31/2021.

It is the court's intent to provide an opportunity to pay off your court fines and fees, probation costs as well as court ordered victim restitution at a greatly reduced cost.

Please call Armada Corp at 509-884-8000, Chelan County District Court at 509-667-6600 or Chelan County Probation 509-667-6656 with questions or to discuss your eligibility for this limited time program offering.

Help Support The Cashmere Food Bank

Items to donate are: Canned foods (not expired), Dry beans, peanut butter, tuna, Cleaning supplies, hygiene products and toilet paper.

Since there is such a high demand for help with food we will be offering boxes the 2nd and 4th Wednesdays from 2:30-3:30 p.m. during the Pandemic crisis. The National Guard and CDCAC will be distributing at our same location at Riverside Park.

For further information or to make a cash donation call Pam, 509-245-6464

Or you can write a check to: Cashmere Food Bank, PO Box 225, Cashmere, WA 98815

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COMMUNITY CALENDAR

Wednesday
Cashmere Rotary Club: Zoom meetings Noon, Call President Kris Taylor, 663-8604 for more information.
Cashmere Food Bank, open 2nd and 4th Wednesday from 2:30-3:30 p.m. Cashmere Food Distribution Center, Riverside Park, for more information, call Pam, 509-245-6464

Thursday
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Contact Carmen Gamble, 509-393-0789. **(1st & 3rd Thurs.)**
Cashmere Sportsman Assoc. (Cashmere Gun Club), open to the public for trapshooting 7-10 p.m.. Private rentals by appointment. Call Brian James, 782-3099.
Cashmere American Legion Post 64. 7 p.m., American Legion Hall, 401 Sunset Highway. Commander Ken Komro, 782-4973. **(1st Thurs. of every month, August -June).**
Cashmere American Legion Auxiliary #64, 7 p.m., American Legion Hall, 401 Sunset Highway. President Linda Ingraham, 679-0243. **(1st Thurs. of every month, August -June).**
Underground Middle School youth meet 7-8:30 p.m., in person, in the Conservatory. Call Kelsie Folden for more info. 782-2825

Friday NO MEETINGS

Saturday
Bingo, 6 p.m., American Legion Hall, 401 Sunset Highway. Call Wiley Collins, 888-1904. **No Bingo due to the COVID-19.**

Sunday
CHURCH: See the church page for local service times and events.
Underground High School meet at 6 p.m., in-person, at the Conservatory, call Kelsie Folden for more info. 782-2825

Monday
Cashmere Wacoka Kiwanis Club, 6:30 p.m., American Legion Hall, lower level. Call Mary, 782-2057. **(No Meetings at this time due to COVID-19)**
Tillicum Riders: 7 p.m. Chelan County Fairgrounds. Call Cindy, 662-5984. **(1st Mon.)**
Cashmere City Council, 6 p.m., City Hall **(2nd & 4th Mon. of each month (unless a holiday, then Tues.).**
Planning Committee Meeting, 5 p.m. at City Hall **(1st Mon. of each month unless a holiday, then Tues.).**
Cashmere Fire Department, Business management, 7 p.m., above City Hall. Call Chief Cy, 782-3513. **(3rd Mon.)**
Cashmere Fire Department, meeting, 8 p.m., above City Hall. Call Chief Cy, 782-3513. **(3rd Mon.)**
Cashmere School Board Work Session, Zoom Meeting, 6:30 a.m. **(1st Mon.)**
Cashmere School Regular Board Meeting, Zoom, 7 p.m. **(3rd Mon.)** Schedule changes do occur. See: www.cashmere.wednet.edu. or Call 782-3355.
Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. Contact President Ellie, 425-319-9869 **(1st Mon. each month).**

Tuesday
Icicle & Peshastin Irrigation Districts: Call for day and time Anthony Jantzer, cell, 509-433-4064 or tony.iid.pid@nwi.net **(2nd Tues.)**
Cashmere Chamber of Commerce. Noon, everyone is invited to attend as a guest. Call Executive Director, Gina, for meeting location, 782-7404. **(3rd Tues.)**

NCW Libraries
Cashmere Public Library: 782-3314
You can order your books online at ncwlibraries.org or call 1-800-426-READ (7323).
Customers will be required to wear a mask, practice social distancing, and limit their visit to around thirty minutes, all of the library buildings will have a 25 percent occupancy limit. Library patrons who prefer minimal contact service, curbside pickup will continue to be offered at all branches. Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page.
Curbside Pick-Up -patrons can still pick up items during this hour from our outdoor curbside pick-up table.
Monday, 10-7 p.m., Tuesday, 10-7 p.m., Wednesday, 10-7 p.m., Thursday, 10-7 p.m., Friday 10 -1 p.m. and 2-5 p.m., Saturday, Closed, Sunday, 1 – 5 p.m.
300 Woodring Street. Call 782-3314, or online at cashmere@ncwlibraries.org
Cashmere Museum and Pioneer Village
Call for more information 782-3230
Chelan County Historical Society Board meets, 7 p.m., Cashmere Museum, 600 Cotlets Way. Call 782-3230. **(3rd Thurs.)**
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379
Sunday, 9 a.m., and 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans St.
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Alanon Meetings, call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.
Celebrate Recovery, Friday, 6:30 p.m.
Email: Celebraterecoverylcn@gmail.com for information and link to the Zoom meetings.

Be the same person, no matter what

Sitting in my office, I am reminded of a story about Sisoës the Great. Sisoës was an Egyptian monk during the 5th century and a protégé of the Christian monastic movement’s father, Anthony the Great. Sisoës’ life was marked with prayer, often retreating to the rocky crags and caves that littered the desert. It was those moments with God, that forged within Sisoës a deep and abiding intimacy with Christ and an unshakeable Christian conviction.

Tradition tells us that the aged and dying saint was brought into a disciple’s home to be taken care of. As Sisoës lay on the bed, struggling to breathe and near death, a knock was heard on the door. Perceiving it to be Satan or an evil spirit to tempt him, he sat up in bed and answered, “Sisoës is the same man on the mountain top as he is in bed!” And with that, the unwelcomed guest never returned.

Our lives are filled with ups and downs. We can have seasons when we are on the mountain top--where we are close with God, feeling invigorated and refreshed by the Holy Spirit, and when sin loses all of its allure. Then in a moment, all of it can evaporate into a fading memory, and we are plunged into the darkest valley where the enemy assails



A WALK WITH PASTOR JOHN SMITH

us from every side, weakness overtakes us and we are constantly reminded of our fallenness and sin. In the valley, it is easy to succumb to despondency and temptation because of the overwhelming feeling of despair that we have been cut off from God. It is those valley experiences when our spirit is weakened and the flesh—our sinful desire—can manifest strongly, leading us astray and causing us to fall. To put it simply, it is easy to have faith in the mountain top but when you are in the valley, you are just struggling to survive let alone believe.

Much of our lives here are valley experiences. As the Psalmist says, we walk through the valley of the shadow of death (Psalm 23:4) and that darkness is pervasive. We experience pain and suffering daily. Life is full of innumerable challenges that we have to deal with. However, we can learn from Sisoës’ example that regardless of the situation, he was the same man, displaying a Christian consistency. Even at his lowest point, his faith remained strong, and was able to push back when the Devil attempted to cause his fall.

How do we get to a place where we remain steadfast even through the dark valleys of our lives? It begins by being devoted to Christ. Devoted, as

in, loving Jesus and yearning to be with him, and wanting to see his face. As Christians, we have not attached ourselves to a certain set of theological truths or merely hold to an orthodox confession. We have attached (or united, rather) ourselves to a person named Jesus who possesses the fullness of grace for sinners (John 1:16).

From devotion comes discipline because discipline without devotion can easily degenerate into oppression and drudgery. Christ is not a taskmaster. He is the lover of the soul of whom as Charles Wesley said, “emptied himself of all but love.” Because of that love for sinners, we participate in the Christian faith’s practical disciplines: prayers, reading the Scripture, acts of mercy, etc. As Peter said in his second letter to the church in Asia minor, “supplement your faith with virtue...” (2 Peter 1:5). In other words, contribute to your faith by adding to it character, moral excellence, and life disciplined. Much like natural supplements help the body’s overall health and weather times of illness, the spiritual supplements given to us by God are there for us to be spiritually healthy and able to withstand difficult situations.

Like Sisoës, we should all strive to say that we are the same on the mountain as we are at our lowest point.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmithebc@gmail.com.



Prescribed Fire

CONTINUED FROM PAGE A2

communities to a halt. Prescribed and controlled burning treatments help to prevent fires from spreading to the WUI areas by managing environmental conditions in forest lands nearby. Prescribed burning has been used for thousands of years and by many groups as a forest management tool. Indigenous people in North America used it to manage wildlands for a variety of resources including plants and game species prior to European settlement.

Fire Adapted Communities, and their networks throughout the US, are also an important

part of the equation. These communities have organized citizen groups who take actions to collaboratively protect infrastructure, buildings, landscapes and surrounding ecosystems in their communities to safely accept fire as part of the surroundings. Anyone can become a part of a community or network and it is a proactive approach to learning, engaging in and managing for wildfire on your community landscape. Since wildfire is a natural occurrence, we will never eliminate fire from our landscapes so we need to learn to live with fire. Fire adaptive communities plan how to live with fire before during and

after wildfire occurrences. Prescribed burning has a positive impact on our local and regional forests and communities and ensures a safer and healthier environment for everyone in the Northwest.

Learn more about prescribed fire, WUI’s and Fire Adapted Communities and other resources at the Chumstick Wildfire Stewardship Coalition website at <https://www.chumstickcoalition.org/before-the-fire-2>. Additional information on Fire Adapted Communities can also be found at <https://fireadaptednetwork.org/about/frequently-asked-questions/>

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Prepare for power outages with a Generac home standby generator

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FREE
7-Year Extended Warranty*
A \$695 Value!

Offer valid February 15 - June 6, 2021

Special Financing Available
Subject to Credit Approval

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

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Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one’s life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

Due to lifted Covid-19 state regulations, some churches will be opening up for in person services. Call the church of your choice to see any changes.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

CHRIST CENTER
Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
Apple Annie's and on-line, christcentercashmere.com
Underground High School Sundays 8:00 p.m., In-person, Conservatory
Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Steffanie Haney

GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.
Service on YouTube or Email link: [CashmereEpiscopalLutheranMinistries](https://www.youtube.com/watch?v=...)
Contact Pastor Rob Gohl 509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.
Service on YouTube or Email link: [CashmereEpiscopalLutheranMinistries](https://www.youtube.com/watch?v=...)
Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service
Office: 509-548-4331

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 8:30 a.m. and 10:00 a.m.
Lead Pastor: Greg Appleby
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com

Track

CONTINUED FROM PAGE A1



PHOTO BY JEFF KENOYER.

Anthony Zavala in the long jump

Cashmere boys that finished in the top three in each event

100 Dash	3rd	John Carney	12.97
200 Dash	2nd	Kyler Knoll	23.75 Personal Record
400 Dash	1st	Kyler Knoll	52.79 Personal Record
400 Dash	3rd	John Carney	1:01.05
800 Run	1s	Rob McManus	1:56.31 Personal Record
1600 Run	3rd	Garrik Strong	5:23.68
3200 Run	2nd	Garrik Strong	12:05.99
3200 Run	3rd	Hugh Wheeler	12:10.48
110 High Hurdles	1st	Kaden Miller	19.19 Fantastic Freshman
110 High Hurdles	2nd	Jonah Groce	20.39
300 Hurdles	1st	Jonah Groce	48.59
300 Hurdles	2nd	Kaden Miller	49.61
4 x 100 relay	1st	Maison Sims, Anthony Zavala, Ahren Campbell, Logan Collins	50.68
4 x 400 relay	1st	Kyler Knoll, Jonah Groce, Henry Varrelman, Rob McManus	3:56.91
Shot Put 1st	Evan Pheasant	37-8.5 Personal Record	4:43.48
Shot Put	2nd	Miguel Sanchez	37-7.5
Shot Put	3rd	Andres Hernandez	34-5 Personal Record
Discus	1st	Evan Pheasant	106-10 Personal Record
Discus	2nd	Miguel Sanchez	102-1
Discus	3rd	Andres Hernandez	92-0
Javelin	1st	Evan Pheasant	137-9 Personal Record
Javelin	2nd	Miguel Sanchez	136-9
High Jump	1st	Jonah Groce	5-10 Personal Record
High Jump	2nd	Henry Varrelman	5-4
High Jump	3rd	Kaden Miller	5-4
Pole Vault	2nd	John Carney	9-6
Pole Vault	3rd	Michael Acton	7-3
Long Jump	3rd	Kaden Miller	16-4
Triple Jump	2nd	Garrik Strong	29-0

How to Relieve Dry Eyes

Due to the COVID-19 coronavirus, I still wear a surgical mask every minute while at work, putting it on as I step out of my car into our clinic parking lot, and wearing it until opening my car door again to head home.

At my clinic we are expected to keep our masks on unless we are eating, drinking, or are alone in our office. After hours of exhaling into my mask, my eyes feel tired and gritty, like they have bits of sand in them.

Exposure to windy, dusty, or smoky conditions can trigger dry eye symptoms. Another common cause of dry eyes is taking medicines that interfere with making saliva and tear fluids, especially bladder control medicines, antidepressants, and heart medicines.

Tears help keep your eyes healthy by keeping the surface of your eye moist, lubricating the inside of your eyelids, and helping wash dust and foreign objects away. We make about 1ml (one-quarter teaspoonful) of tears every day. While most tear fluid evaporates directly from your eye, excess moisture can drain out through tiny holes in the inner corners of your eye called punctums.

Some diseases like Sjogren's syndrome cause dry mouth as well as dry eyes. Parkinson's disease can cause you to blink less frequently, reducing the lubricating effect of your tears. Bell's palsy is a temporary paralysis of the face, often affecting eye muscles, and can prevent an eye from closing all the way, allowing more tear fluid to evaporate.

Some strategies that can help relieve dry eyes include keeping yourself hydrated, increasing your environment's humidity, eliminating medications that are causing discomfort, taking Omega-3 fatty acids, and using eye lubricant drops and ointments. If you are on a medication that you suspect may be

causing your eyes to be dry, contact your doctor and ask if you can either have a trial off of it or switch to another medicine. Avoid dry, dusty conditions, and consider using a humidifier.

People who wear protective face masks may notice that their glasses fog up when they breathe out. To keep that to a minimum, when wearing a surgical mask, put it on so that the metal strip is across the top edge. Pinch that strip in so that the metal edge hugs your nose and upper cheeks. This helps direct your exhaling breaths out through the sides of your mask instead of the top, preventing your glasses from getting fogged up.

After I had LASIK surgery 20 years ago to correct my vision, they told me that I would probably need eye drops for the rest of my life. After carrying around a bottle of eye drops everywhere, I tried taking fish oil with Omega-3 fatty acids, which worked great and was far more convenient. Fish oil and flaxseed are good sources of Omega-3 fatty acids.

When choosing an eye drop for dry eye, consider how much lubrication you need. The more viscous the eye drop, the more lubricating it is, but also the more clumpy residue they will leave on your eyelashes.

Most eye drops contain a preservative to discourage infections. Those that don't are sold in single-use containers and are significantly more expensive. During the years that I wore contact lenses, I developed a sensitivity to two common preservatives used in contact lens solutions and lubricating eye drops: benzalkonium chloride and parabens. "Disappearing preservatives" are now widely available, which break apart when they contact your tear fluid. Personally, I find using an eye ointment very soothing,



but I only use them at bedtime because they make my vision blurry.

Here are 7 Tips to Help Relieve Dry Eye Symptoms:

1. Hydrate and humidify your surroundings.

Make sure you drink enough water and avoid dry and dusty conditions. Consider using a humidifier indoors.

2. Check your medicines.

Tell your doctor about your dry eye symptoms and ask if any of your medications could be the cause.

3. Try Omega-3 fatty acids.

Fish oil, flaxseed, and other Omega-3 supplements may relieve dry eye symptoms.

4. Use just one drop.

Adding more than one eye drop at a time only forces the extra out of your eye, wasting it.

5. Keep it clean.

Always wash your hands before using eye drops, and keep uncapped tips from touching any surfaces.

6. Choose eye drops with disappearing preservatives.

Disappearing preservatives are much less irritating than benzalkonium chloride, EDTA, or parabens.

7. Consider using eye ointment at bedtime.

Bedtime is the best time to use eye ointment to avoid having blurry vision.

Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Looking for clear answers to your medication questions? Check out her website and blog at www.MedicationInsider.com. 2021 Louise Achey

BOYS TEAM RESULTS		GIRLS TEAM RESULTS	
Cashmere	264	Cashmere	175.5
Okanogan	50	Okanogan	152
Tonasket	48	Omak	84.5
Oroville	37	Tonasket	67
Cascade Christian Academy	32	Oroville	7

Other Cashmere athletes that earned Personal Records or List finishes

200 dash	Aidan Campbell	26.68 Personal Record
3200 run	Ava Courtney	14:06.05 Super Sophomore
Shot Put	Derek Hughes	31-2.5 Personal Record
Discus	Raquel Pedraza	70-6 Fantastic Freshman

Cashmere girls that finished in the top three in each event

200 dash	2nd	Kaitlyn Bjorklund	28.18 Super Sophomore, All Time list
200 dash	3rd	Hailley Larson	29.07
400 dash	2nd	Kaitlyn Bjorklund	1:02.53 Super Sophomore, All Time
800 run	2nd	Ava Courtney	2:45.29 Super Sophomore
1600 run	2nd	Kylee Foster	5:52.18 All Time, Personal Record
1600 run	3rd	Madeline Hammond	6:05.69 Super Sophomore, All Time
3200 run	2nd	Kylee Foster	12:57.95 All time
3200 run	3rd	Tristan Hoffman	6:27.28
100 Hurdles	1st	Alayna Groce	19.46
100 Hurdles	2nd	Naomi Valle	22.08
300 Hurdles	1st	Elisa DeJesus	56.23
300 Hurdles	2nd	Naomi Valle	1:08.18
4 x 100 relay	1st	Elisa DeJesus, Joslyn Lucero, Izzy Lyons, Hailley Larson	54.13
4 x 200 relay	1st	Elisa DeJesus, Joslyn Lucero, Izzy Lyons, Hailley Larson	1:55.96
4 x 400 relay	2nd	Hailley Larson, Tristan Hoffman, Kylee Foster, Joslyn Lucero	4:43.48
Shot Put	1st	Raquel Pedraza	29-7 Fantastic Freshman
Javelin	3rd	Madeline Hammond	76-11 Super Sophomore
High Jump	1st	Alayna Groce	4-8 Super Sophomore
Triple Jump	2nd	Izzy Lyons	30-6 All Time, Personal Record
Triple Jump	3rd	Madeline Hammond	27-0

Cashmere Middle School

Congratulations Students of the Month!





Mari Smith, 5th grade

Hannah Cox, 5th grade



Rhett Kruiswyk, 6th grade

Autumn Todd, 6th grade

Erin Ireland, 7th grade



Freya Dronen, 7th grade

Hunter Collins, 8th grade

Lily Erdmann, 8th grade



Chris Garcia Maldonado, Remote Learning

Rylan Reiber, Remote Learning

Adrianna Herrera, Remote Learning

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509-682-2213 - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

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All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.



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Administrative

Puzzle Solution

9	2	6	1	3	7	5	8	4
5	3	7	2	8	4	9	6	1
8	4	1	6	5	9	3	2	7
7	5	8	9	4	3	2	1	6
6	9	4	5	1	2	7	3	8
3	1	2	7	6	8	4	9	5
1	7	3	8	9	5	6	4	2
2	6	9	4	7	1	8	5	3
4	8	5	3	2	6	1	7	9

A	M	A	S	S	G	N	P	A	D	A	M
F	E	N	C	E	N	O	R	S	T	E	L
A	S	T	E	R	A	D	O	T	O	D	O
R	A	I	N	B	O	W	M	A	R	M	E
A	D	S		A	C	R	E		C	E	R
S	O	P	S		A	I	D	E		T	E
K	N	E	E		M	O	I	R	A	S	E
E	N	A	C	T		T	O	I	L		T
R	A	K	S	H	A		U	N	I	T	K
V	I	V	I	A	N		W	I	N	S	L
R	I	M	E	S		F	B	I		E	T
P	S	A	L	M		R	A	N		T	O
M	A	M	A			A	D	D		S	P

Announcements

Lost & Found

LOST AND FOUND
can be placed in our local newspaper and online for **ONE week for FREE.** Limit 30 words

Leavenworth/Cashmere
509-548-5286
or email
classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email
mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday

Advertise
548-5286
or
782-3781

Happy Ads

Do you have a **SPECIAL EVENT COMING UP?**
HAPPY BIRTHDAY CONGRATULATIONS!
WILL YOU MARRY ME?
HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers.

It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald
or email
mirrorads@lakechelanmirror.com
For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email
classifieds@leavenworthecho.com

Employment

Help Wanted


Three Rivers Hospital is currently accepting applications for the following positions:

Med-Surg RN – Full-time Nights (Sign-on Bonus \$5,000)

OR Circulator Nurse (Sign-on Bonus \$5,000)

Medical Lab Tech - Full-time (Sign-on Bonus \$1,500)

Interested candidates may apply online or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

This job is located in Chelan, WA. It pays \$25-\$30 per hour
Busser/ Dishwasher Job
Responsibilities:
* Clear tables
* Take dirty dishes to dishwasher
* Dish wash
* Set tables
* Refill stations
* Assist wait staff

Call Kevin Brown
206-465-1047
Or email
info@sirensongwines.com

Help Wanted

Bus Driver/ Operator – Full-time
Organization:
Okanogan County Transit Authority (TranGO)

TranGO is looking for four (4) transit drivers; one full-time (36 – 40 hours per week) and one part-time (10+ hours per week) position based in Okanogan, and two full-time in Twisp, WA. These positions are hourly non-exempt.

Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation for full-time. Must have a minimum Class B CDL with Passenger Endorsement Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position.

E-mail your completed application to clerk@okanogantransit.com
Application Deadline: Application review will begin March 19, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.


The Cascade School District is seeking qualified applicants for the following position:

Icicle River Middle School Library Tech

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



The Cascade School District is seeking qualified applicants for the following position:

• Cascade High School Career & College Counselor

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



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Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Help Wanted



Retail Sales Assistant Manager position available.

Application period will be open until 4/30/21 Lake Chelan Sports is seeking a year around assistant manager and retail sales associate. We are open seven days a week and applicants must be available to work weekends.

Applicants must have retail apparel experience.

Salary will be discussed during interview.

Skills include:
• Understanding of sales principles and customer service
• Solid communication and interpersonal skills
• Ability to effectively communicate with customers, peers and management
• Team leader, take initiative and be a problem solver
• Ability to multi task, while being attentive to customers
• Good Computer skills and previous experience with retail
Point of Sale Programs
• Physical demands include: constant moving, lifting up to 50 pounds, talking, hearing and reaching
• Merchandising
• E-mail resume to info@lakechelansports.com or mail to P.O. Box 998 Chelan, WA 98816

Tender Loving Care (TLC) for Seniors, an affiliate of Chelan Valley Hope, is seeking a part-time (15 hours/week) Coordinator for this program.

This established program oversees 25-30 volunteers who provide nonmedical home visits and other support for vulnerable seniors in the Chelan Valley. Qualifications: college degree, health profession preferred, with 2 years experience in health care or social services. Contact the program for application and detailed job description: tlcprogram4@gmail.com or TLC for Seniors, PO Box 635, Chelan, WA 98816 or Kathy Miller at 509-687-3377 or 509-470-2843.

Help Wanted



Certified Occupational Therapist Assistant Full-time

Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/ or swing bed program is preferred. Current BLS.

Interested candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE



POWER BUSINESS TECHNOLOGY ANALYST (PBTA)

The PBTA analyzes, develops and implements a portfolio of integrated software systems, apps, processes and data models used to optimize energy mgmt. activities. Based on applicants' qualifications, this will be filled at level I, II, III or Sr (sr. pref.). Requires BS or equiv. and related experience. Go to <http://www.chelanpud.org/about-us/careers> for details and to apply. EO M/F/Disability/Vet Employer



Help Wanted

Boat operator needed on Columbia River near Chelan / Pateros. Must have a current boater card issued by Washington state. Individual needs experience operating a personal boat. Fishermen who have previously ran boats are well suited. Temporary position. Job lasts from approximately April 10 to June 20. Selected individuals will be able to work 20-40 hours per week at 8 hours per day, with a flexible schedules. Pay starts at \$14.00 per hour. More info and contact at 509 679-0384.

City of Chelan Parks & Recreation Seasonal Employment Opportunities

The city of Chelan Parks and Recreation Department is seeking qualified candidates to fill limited positions for the 2021 season. Positions include staffing for Office Lead, Lakeshore RV Park registration booth, putting course clerks, marina attendant, restroom maintenance, downtown landscaping and watering, evening security, parking enforcement, and golf course greens keepers. Applicants must mail their completed application packets to City of Chelan Parks & Recreation, PO Box 1669, Chelan, WA 98816. Positions range from 3 to 9 months and wages range from \$14 to \$17 per hour depending on position and experience. More information and employment applications can be downloaded from the City's web site at www.cityofchelan.us/employment.

Advertising Sales in Leavenworth

Join our sales team. If you enjoy helping our local businesses get their advertisements out to the communities we serve. We have the job for you! The right candidate must be outgoing, personable, honest and knowledgeable on the computer.

Training will also be given on our software. Stop in The Leavenworth Echo 215-14th St. with a resume or call for an interview with Bill or Carol, 509-548-5286.

RUN IT 'TILL IT SELLS

Housing sales are **HOT!**

Is your home getting the attention it needs!

Advertise your property on **NCWMarket.com** for one low fee!


\$100 fee includes:

- Up to 5 photos of your home & property
- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it



Help Wanted



Family Practice Nurse Practitioner or Physician Assistant


Three Rivers Hospital is seeking a Nurse Practitioner or Physician Assistant in our family practice clinic. Candidate must have a valid WA State NP or PA-C license. Minimum of five years' experience in a medical setting is required.

Sign-on bonus: \$5,000. Full-time benefits.

Interested candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Help Wanted



Cascade Mechanical is accepting applications for a full-time Service Technician. Must be able to perform a variety of technical tasks related to maintaining, repairing, and understanding sequence of operations to troubleshoot the HVAC equipment.


Requirements:

- * 2 years' experience working on HVAC equipment.
- * Universal EPA Certification
- * Electrical low voltage license
- * HVAC/R Technical Training

Excellent pay and Benefits. To join our growing team, apply online

cascademechanical.com or call 509-682-5923 to set an appointment to bring your resume or apply in person at 902 E. Woodin Ave. Chelan, WA 98816.

Help Wanted



Quality Director Full-time

Three Rivers Hospital is seeking a Quality Director to manage our quality program, including risk and compliance.

Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered.

Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving.

Attention to detail and a high moral integrity is crucial.

Interested candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Work Wanted



We now offer ... **Lawn Mowing and General Yard Maintenance** in the **Lake Chelan Valley, and Greater Wenatchee area.**

Need landscaping material?

Choose from 10 in house landscaping materials. **Pickup or we deliver visit: tcslingers.com** or **Call us today! 509-393-1244**



RB's Custom Tractor Works

Disking - Tilling
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Free estimates
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For Sale

Antiques & Collectibles

Get cold hard cash for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline: Friday by Noon for all papers.

Lake Chelan Mirror Quad City Herald
509-682-2213 or email mirrorads@lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record
509-548-5286
classifieds@leavenworthecho.com



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Garage & Yard Sale



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Fill your pockets with CASH \$\$ AD

Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only?
Deadline Friday at Noon for all papers

Lake Chelan Mirror
Quad City Herald
Call 682-2213

Leavenworth
Cashmere
Call 548-5286

Your ad will appear online and in the newspapers for one low price.

Legals

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In re the Estate of SALLY JEAN PORT, Deceased.
NO. 21-4-00017-04
NOTICE TO CREDITORS

The personal representative named below has been appointed and has qualified as the personal representative of this estate.

Persons having claims against the deceased must, prior to the time such claims would be barred by any otherwise applicable statute of limitations, serve their claims on the personal representative, or the attorney of record, at the addresses stated below, and file an executed copy of the claim with the clerk of this court within four months after the date of first publication of this notice, or within four months after the date of filing of the copy of this notice with the clerk of the court, whichever is later or, except under those provisions included in RCW 11.40.011 or RCW 11.40.013, the claim will be forever barred.

DATE OF FILING COPY OF NOTICE TO CREDITORS with clerk of the court: April 9, 2021

DATE OF FIRST PUBLICATION: April 14, 2021

Personal Representative: Jon Rex Port
1833 North Wenatchee Avenue
Wenatchee, WA 98801

Attorney for Estate: Kyle D. Flick
Attorney at Law
222 South Mission
Wenatchee, Washington 98801
(509) 662-3333

DATED this 9th day of April 2021.

LAW OFFICE OF KYLE D. FLICK, P.S.
By /s/ KYLE D. FLICK

KYLE D. FLICK, WSBA #14963
Attorney for Estate
Published in the Cashmere Valley Record/ The Leavenworth Echo on April 14, 21, 28, 2021. #1916

Public Notices

CITY OF LEAVENWORTH

On the 13th day of April, 2021, the City Council of the City of Leavenworth, Washington passed the following ordinances. A summary of the contents provides as follows:

Ordinance 1624: An ordinance of the City of Leavenworth, WA, amending title 10 Vehicles and Traffic to adopt a new Chapter 10.10 Residential Parking Zones.

Ordinance 1625: An Ordinance of the City of Leavenworth, WA, adopting certain revenue and expenditure appropriations in the 2021-2022 budget and ordinance #1623 for the City of Leavenworth. A copy of the full text of the ordinances is available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826.

Published in The Leavenworth Echo/ Cashmere Valley Record on April 21, 2021. #1928

Public Notices

PUBLIC HEARING NOTICE

Notice is hereby given that the Leavenworth City Council will conduct a public hearing on the Six-Year Transportation Improvement Plan, on Tuesday, May 11, 2021 at 6:45 P.M. via Zoom Conferencing, see details on final location/access via the City website at www.city-ofleavenworth.com. There are three ways to attend this Zoom meeting:

(1) hyperlink <https://us02web.zoom.us/j/86820969851?pwd=WDZFS2x4WHRSaTFVU0phVUI2cUJ4QT09>;

(2) Meeting ID: 868 2096 9851


Passcode: 443786; or,

(3) call + 1 253 215 8782 US (Tacoma)

The public is invited to attend said hearing and make comment.

Chantell R. Steiner
Finance Director/City Clerk
CITY OF LEAVENWORTH

Published in The Leavenworth Echo/ Cashmere Valley Record on April 21, 2021. #1939



Upgrading your 'ride'? we can help you sell your old one

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• Email: classifieds@leavenworthecho.com

• Call 548-5286

www.leavenworthecho.com

www.cashmerevalleyrecord.com

CROSSWORD PUZZLE

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THEME: FICTIONAL MOTHERS ACROSS

1. Build a collection

6. Economic measure acronym

9. "Beverly Goldberg's" schmoopie

13. Use an EpEe

14. Neither here ____ there

15. Tall ancient monument

16. Daisy-like bloom

17. Much of it about nothing?

18. Commotions

19. "She's 'Bow' to Dre in TV sitcom "Blackish"

21. "Mother to Jo, Meg, Amy and Beth March in novel and movie

23. Before tac

24. Ripped

25. Part of Super Bowl entertainment, pl.

28. Homesteader's measure

30. "Game of Thrones" Lannister and mother to Joffrey, Myrcella and Tommen

35. Douses

37. Adjutant

39. Article of faith

40. Genuflecting joint

41. "TV mother to Alexis and David, "friend" to Jocelyn Schitt

43. "Will be," as sung by Doris Day

44. Perform in a play

46. Load sixteen tons, e.g.

47. Peacock's pride

48. "Mowgli's adoptive mother

50. Apartment

52. Skeleton in a lock

53. Part of a jousting outfit

55. Spelling competition

57. "Mother to Carlton in "The Fresh Prince of Bel-Air"

60. "Well, I'm a-standin' on a corner in ____, Arizona," from the Eagles "Take it Easy"

64. Country's LeAnn ____

65. Hoover's agency acronym

67. Piano practice piece, e.g.

68. Church song

69. What Usain Bolt did

70. Poisonous substance

71. "Wife to Papa, mother to Baby

72. Sum it up

73. Go on a buying spree

DOWN

1. Way, way off

2. ____ Verde National Park

3. Naysayer's favorite prefix?

4. What bloodhound is after

5. Croatia's neighbor

6. Nibble away

7. Affirmative action

8. Movie trailer, e.g.

9. Elementary particle

10. "Claire Dunphy and Mitchell Pritchett's mother

11. Soothing lotion ingredient

12. Bell and Barker, e.g.

15. Christopher Kimball's "Milk ____"

20. ____'s razor

22. Part of a circle

24. Tiresome

25. Questioner

26. "Mamma Mia!" mamma

27. Do this or forever hold your peace

29. '80s band "Quiet ____"

31. Catch one's breath

32. ____ a peak

33. Bone-chilling

34. Europe's "boot"

36. Short for seconds

38. "She played Ricky Schroder's stepmom on "Silver Spoons"

42. Defendant's excuse

45. Religious belief

49. ____ Khan

51. Plural of #39 Across

54. Below, prefix

56. Impede

57. "Everywhere you want to be" credit card

58. Muslim holy man

59. Plural of velum

60. "Ellen, Scarlett's mother in "Gone with the ____"

61. Like the best accommodations

62. War god in Norse mythology

63. Make one's way

64. Dashboard acronym

66. "Kunis, Hahn and Bell as " ____ Moms"

SUDOKU PUZZLE

FREE DATE CHANGES ON 2021 TOURS*

BEST OF HAWAII FOUR ISLAND TOUR FROM \$2,599 TO \$2,349 12 days, departs prior-cruising

CRIMSON CANYONS & MESAS NATIONAL PARKS TOUR FROM \$1,749 TO \$1,499 10 days, departs Jun - Sep 2021

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*These date changes require up to 45 days prior to departure for land tours, up to 60 days prior to departure for cruise tours. Space and full payment conditions may apply. Please contact your agent. Based on double occupancy plus \$200 in taxes & fees. Single supplement and seasonal surcharges may apply. Add an airfare surcharge. When applicable, new bookings only, made by 12/31/21. Offer valid on new bookings only. Add your travel consultant for details.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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or MORE



198
LB.



198
LB.

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CHICKEN THIGHS
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LB.

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or MORE

CHICKEN
HINDQUARTERS
BONE-IN,
10 LBS. OR MORE

78¢
LB.

10 LBS.
or MORE

SPLIT CHICKEN
BREAST
PREVIOUSLY FROZEN
BONE-IN, VALUE PACK

98¢
LB.

MARKET FRESH
BONELESS CHICKEN
TENDERS
VALUE PACK

288
LB.

Market Fresh

PORK
SPARERIBS
BONE-IN
SINGLE PACK

288
LB.

BABY BACK
PORK RIBS
PREVIOUSLY FROZEN
SINGLE PACK

398
LB.

CHICKEN
DRUMSTICKS
OR THIGHS
10 LBS. OR MORE

88¢
LB.

BONELESS PORK
LOIN ROAST
WHOLE IN THE BAG

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LB.

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for Free

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COUNTRY STYLE
SPARERIBS
VALUE PACK

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SMOKED BACON
12 OZ.

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SEAFOOD NUTRIENT RICH

Effective April 21- 27, 2021



998
LB.



598
LB.



1198
LB.



798
LB.

PRODUCE SALE

Effective April 21- 27, 2021



Grapes Chile

188
LB.



298
EA.



128
LB.



198
EA.



88¢
EA.



128
EA.



128
EA.

128
EA.

2/\$5

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Nabisco Family Size Cookies
Selected Varieties, 12.2 to 20 Oz.



Offer valid April 21-April 27